



The Fairview Town Crier

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LETTER FROM THE PUBLISHER

It's Time for Change – for Me and the Crier

By Sandie Rhodes

Seems all of my contemporaries are saying the same thing these days: “Time to purge.” “I have too much stuff!” “I’m becoming a minimalist.” “I don’t have room for anything else.” “I don’t need anything else.” And especially appropriate entering this new year ... “*Out with the old, in with the new.*” This simple phrase intrigued me enough to Google it. Of all of the meanings found on the Web, the one on quora.com spoke to me. It was “to leave old things or ideas behind and start fresh with new things or ideas.” This may refer to physical objects such as furniture, old dishes, and ever-popular vintage items, or it can apply to relationships, mindsets and even time itself.

I remember scouring yard sales years ago in search of a treasure. What a great feeling when I found a “jewel” below market price. Score! Now, sale after sale has tables with “jewels” and I walk right by. I just don’t need anything else. A set of china that I would have coveted 10 years ago, is just more clutter to me now. My generation is finally becoming more utilitarian, more conscious of our overflowing landfills, and more aware that all our accumulated “stuff” just doesn’t mean a whole lot any more.

Time is what has meaning. Time with loved ones. Time lost with the passing of loved ones. Time never taken when an opportunity presented itself because we were too wrapped up in a project, too important to take a day off or too busy moving about to even realize we missed a rare moment, a precious moment, an irretrievable moment.

As we approach the last decade or two of our lives, time becomes the single most important thing in our lives, unless we’re

spinning too fast to have realized that. And we won’t find it at a yard sale, a big box store or even on Amazon.com. The lucky ones can just take time. The unlucky ones can grasp at it when it is out of reach, feeling desperate or frightened, but hopefully and finally they can find acceptance and peace.

So while we’re all getting hopped up to clean out the garage, psyched to drop off truckloads of clothing and excess “stuff” to our choice of charitable donation sites, and resisting the urge to stockpile our favorite items from Trader Joe’s — because you never know when they won’t have them any longer — let’s remember the thing we need most, the one item that we can’t buy more of, the thing we can’t replace: time. Take it now.

Stop the world and pick up the phone to call that friend who lives in your heart but not in your busy life. Take time to listen to your body. How are you feeling? If your answer is “not great” then give yourself the time to make a change. What makes you happy? Are you making (taking) time to do what makes your heart smile? You must, because when time runs out, there is no more, as we all come to realize at some point. As many of you read last month, Blair Clark, a man of great wisdom who wrote on this topic over his years as a columnist for the *Crier*, ran out of time after finishing his last column. It was his passing, along with too many other friends of late, that has made me realize that what I now need is time. Time to clean out my garage. Time to read a book or enjoy a movie on a weekday. Time to explore creative endeavors, travel, hobbies. Time to be with myself.

I have known more happiness and fulfillment over the past 15 years at the helm of this newspaper than I ever could have imagined when I moved to Fairview 17 years ago. I’ve met literally thousands of people from diverse backgrounds and beliefs and I have gotten something of value from every one of them. I never tire of hearing how folks “love the little paper,” how it “helps inform what’s coming up in the next weeks,” how important it is to you and how appreciative you are to have it.

And that brings me back to *time*. It’s time for me to transition into my next phase of life, and that involves retirement. I am so fortunate to have worked alongside so many talented and caring people over the years, and truly blessed by the writers who have helped fill our pages with worthwhile, inter-

esting, informative, and enjoyable stories. And then there’s all of you who take the time to send in photos, or accolades and tidbits, or volunteer or donate to keep us going. Each of you collectively make the *Crier* what it is, and what it will become. The one thing it will always be is *your* community paper.

So now that I’ve seemingly brought uncertainty to the front page of the first issue of 2018, let me assure you that I am healthy and well, I am not abandoning the *Crier* nor will the Board of Directors who oversee our nonprofit organization, and our “little” paper will continue to thrive, evolve and grow.

So what does all this mean? Turn to page 16 to find out.

Sandie

Christmas-y Crier Crew



The *Crier* crew got together for a festive photo. Two members who left the team in 2017 are pictured along with current staff: the *Crier*’s first office manager, Candi Yount, was off delivering cheer but sent her love (and picture, inset) and Lynn Stanley, who retired from copyediting in September (but not from Silverpoem Studio, where she continues to create art). Left to right (standing) are Annie MacNair, Clark Aycok, Lisa Witler; (sitting) Sandie Rhodes, Lynn Stanley, and Patti Parr.

We Have a Winner!



The winner of our 1939 Chipendale sofa raffle is Beth Philipsen at right with Nan Cole who graciously donated her upholstery skills. Beth opted to wait to select fabric to decide whether she will keep it or give it to her daughter and son-in-law who just bought their first house and are starting to pick out furnishings. When Beth is ready, she and Nan will take a fun road trip to find fabric! Thanks to all who participated in this fundraiser for the *Crier*.

CRIER LABELING IS TUESDAY, JANUARY 30TH, 10:30AM AT FAIRVIEW FIRE DEPT.

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**The Hub of Fairview and
Town Crier offices will be
closed Monday, January 1–
Sunday, January 7.**

Offices reopen Monday, January 8, 11 am

COMMUNITY EVENTS

JANUARY 4 (THURSDAY)



Celebration Singers Auditions

The Celebration Singers of Asheville Community Youth Chorus will hold auditions for singers grades 2 through high school. 5:30-6:30 pm. First Congregational Church, 20 Oak Street, Asheville. Please prepare a song and bring sheet music. For more info call 230-5778 or go to singasheville.org

JANUARY 8 (MONDAY)

Stitches of Love Meeting

New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville. All skill levels are welcome. 7 pm-9pm. For more info, call 575-9195. See page XX for more info.

JANUARY 9 (TUESDAY)

Foot Pains Solutions Lecture

5:15-6 pm. Lecture on the causes of many different types of foot problems; DIY treatments; and when to get professional help.

Pre-registered attendees can receive a free digital foot scan. Free but reservations required. Fairview Chiropractic Center, 2 Fairview Hills Dr., NC 28730 Call 628-7800.

JANUARY 10 (WEDNESDAY)



FAAL Monthly Meeting

The Fairview Area Art League will meet on 10 a.m. at The Hub. Members and others interested in the arts are welcome. Questions? (704) 975-0095. 1185 Charlotte Hwy, Suite G.

JANUARY 11 (THURSDAY)

Neuropathy Treatment Seminar

12:30-2 pm. You'll learn how you can get back to doing the things you love using a non-surgical, FDA-cleared neuropathy treatment program. Seminar by Fairview Chiropractic Center is free and lunch is provided, but you must call 628-7800 to reserve your spot. Ryan's Family Steak House, 1000 Brevard Rd., Asheville.

JANUARY 13 (SATURDAY)

37th Annual MLK Breakfast

The Martin Luther King, Jr. Association of Asheville and Buncombe County will host its annual Dr. Martin Luther King, Jr. Prayer Breakfast. Keynote address will be given by the organization's founder, Oralene Anderson Graves Simmons. Breakfast at 8:30 am, doors at 7:30 am. Tickets from \$15 to \$35. Crowne Plaza Resort, 1 Resort Dr, Asheville. For more info, contact 335-6896 or mlkjrassociationinasheville@gmail.com.

JANUARY 13 AND 14

Odyssey Co-op Seconds Sale

The Odyssey Co-op Gallery's Annual Seconds Sale, featuring over 60 artists. 11 am-5 pm. 238 Clingman Avenue. For more info, call 505-8707 or go to odysseycoopgallery.com/about.

JANUARY 15 (MONDAY)

Peace March & Rally/ Candlelight Service

A peace march and rally to commemorate Dr. Martin Luther King, Jr. will start at 11:30 am at St. James AME Church in Asheville, followed at noon by a march to City-County Plaza. At 6 pm, a candlelight service at Central United

Methodist Church's Fellowship Hall in Asheville will honor area citizens and organizations that have dedicated themselves to the cause of social justice. For more info, go to MLKAsheville.org.

JANUARY 16 (TUESDAY)

Avoiding Back Surgery Seminar

5:15-6 pm. Learn how you can avoid back surgery and technologies that can help with spine and extremity pain and disc problems. The seminar is free but reservations are required. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

JANUARY 17 (WEDNESDAY)

Americare 5th Anniversary

11am-3pm. Fairview's local pharmacy is celebrating their 5-year anniversary. 1185 Charlotte Highway. See ad on page 3 for more info.

JANUARY 18 (THURSDAY)

BCDP Women's Club Dinner

Monthly dinner meetings of the Buncombe County Democratic Party Women's Club. 6-7:30 pm. 951 Old Fairview Rd., Asheville. Dinner is catered and costs \$12.00. RSVP to buncombedemwomen@gmail.com.

COMMUNITY EVENTS

JANUARY 20 (SATURDAY)

Buncombe Democratic Party 2018 Kickoff

6-10 pm. Mission Health Conference Center at AB-Tech Asheville campus, 16 Fernhurst Dr. Activities will include live music, food (vegetarian options available), wine pull, silent and live auctions, guest and candidate speakers, and 2018 volunteer sign-up opportunities. See ad on page 4 for more information.

JANUARY 21 (SUNDAY)

Ethical Humanist Society Discussion

"Accountability, Equity and Inclusion" will be presented by Deborah Miles. 2-3:30 pm. 227 Edgewood Road, Asheville. For more info 687-7759 or go to EHSAshville.org.

JANUARY 23 (TUESDAY)

Knee Replacement Surgery Alternatives Seminar

5:15-6 pm. Learn how you can avoid knee replacement surgery utilizing state-of-the-art treatments. The seminar is free, but you advance reservations are required. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Drive.

JANUARY 26 (FRIDAY)

Knee Replacement Surgery Alternatives Seminar

12-2 pm. Learn how you can avoid knee replacement surgery utilizing state-of-the-art treatments. The seminar is free and lunch is provided but you must make reservations. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

JANUARY 30 (TUESDAY)

PTSD Treatment Seminar

5:15-6 pm. If you've had a concussion and find yourself struggling with symptoms such as headaches, dizziness, fatigue, irritability, anxiety, and more, you may be suffering from post-concussion syndrome. Advanced therapies may help. Learn more at this seminar. Fairview Chiropractic Center, 2 Fairview Hills Drive.

ONGOING EVENTS

Us TOO of WNC

A prostate cancer support forum for men, caregivers, and family members. 7 pm. First Baptist Church, 5 Oak Street, Asheville. No fee to attend. For more information, please call 242-8410 or email wncprostate@gmail.com.

Steep Canyon Rangers Come to Asheville



On January 27, local favorites Steep Canyon Rangers will be playing a show to celebrate the release of their new album, "Out In The Open."

The concert is at the ExploreAsheville.com Arena at the U.S. Cellular Center in Asheville, at 8 pm. Opening for the band will be River Whyless.

Tickets are available at ticketmaster.com or at 800-745-3000.

Embroiders' Guild

The Laurel Chapter of the Embroiders' Guild of America will hold its monthly meeting on January 4. The program will be the annual outreach to Project Linus, a local non-profit that provides blankets to children in crisis.

Cummings United Methodist Church, 3 Banner Farm Road, Etowah/Horse Shoe. Registration 9:30-10 am followed by a short business meeting and the program until noon. For more info call 243-6537 or 575-9195.

continued on page 4



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Happy New Year!



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COMMUNITY EVENTS

UR Light Center

Gentle Hatha Yoga with Karen Barnes. Thursdays, 10:30-11:30 am. \$10

Yoga with Catiana Bello. Sundays 10-11 am. \$10

For more information, call 669-6845 or go to URLight.org.

COMMUNITY CENTER EVENTS

Spring Mountain CC

Cane Creek Community Center Update

The Cane Creek Community hopes to be more of a community resource for 2018. If you live in the Cane Creek area, you are invited to the first meeting of the year on February 8 at 6:30 pm to plan for 2018. Attendees will discuss the types of activities and classes that you would like to see in the community center. All are welcome, including long-time members of the community, new members in the area, or friends who have not been involved. Residents are encouraged to come out, meet each other, and share ideas about the usage of the center.

In the past, the center has been a place for groups to meet for clubs, families to gather for baby showers, and community members to gather for classes. The center will look to hold gun safety classes, community safety meetings, and various events, such as a community yard-of-the-month contest.

For more info about the center, visit canecreekcommunitycenter.com. If you cannot attend the February 8 meeting, email your suggestions to canecreekcommunitycenter@gmail.com. To reserve the community center for your next event, contact Joyce Dotson at 768-2218.

807 Old Fort Road
springmountaincc.com

Community Leadership Meeting: Usually the first Tuesday of each month, 6:30 pm.

Quilting Bee: Meets every second Tuesday, 10 am-2 pm. Call 628-7900 or 628-1938.

Berrypickers' Jam: Tuesday evenings at 7 pm.

Slow Flow and Yin Yoga with Anna: Mondays from 6:15-7:30 pm. \$5-\$10 suggested.

Yoga with Sabrina: Thursdays from 6:15-7:30 pm. \$5-\$10 suggested.

PET EVENTS

Saturday, January 27. Take a tour of the Asheville Humane Society and Buncombe County Animal Shelter. This guided tour begins in the Adoption Center at 1:30pm and is free and open to the public. Learn more about Asheville Humane Society's programs and get a behind-the-scenes look at the Animal Care Campus.

Tuesday, January 23. Pilates with Puppies class. 6-7 pm at Asheville Humane Society. A basic Pilates class with puppies provided by AHS. \$10 fee donated to AHS. Pre-registration is required. Please visit ciscopilates.com for more information and tickets.

SAVE THE DATE

Tuesday, March 20

Save the Date for the Asheville Humane Society's 15th Annual Dine To Be Kind event. Restaurants that are interested in participating should contact ebouressa@ashevillehumane.org.

IDENTIFICATION STATEMENT

The *Fairview Town Crier* is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The *Fairview Town Crier* is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of the *Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 30.

FRIENDS OF THE LIBRARY JAMIE McDOWELL

ADULT PROGRAMS

Join renowned birding expert Simon Thompson as he presents the birds and ecology of Tanzania in East Africa. Tanzania supports one of the largest diversity of bird species in Africa with over a thousand species recorded. Simon will guide us through Selous Game Reserve (Africa's largest) and the rolling hills of Ruaha National Park and more.

In addition to the larger animals like lions, leopards and cheetahs, Simon will show us highlights that include many of Africa's unique and enigmatic birds. These include the Secretary Bird, Gray-Crowned Crane, Great-breasted Spur fowl, Shelly's and Coqui Francolin, Yellow-throated Sandgrouse, Tawny and Martial Eagles, Hadada Ibis, Rosy-patched and Long-tailed Shrike, and many more!

Refreshments served after by the Friends of the Library.

The Neighborhood History Project

The North Carolina Room and the Fairview Public Library are about to embark on a months-long mission to engage residents in preserving neighborhood history and the history of Fairview in a rapidly changing community. We will be collecting oral histories, photographs, maps, family histories, yearbooks and the like for archiving and preservation in the library. We want to collect the history of Fairview as told through its people.



How can you be involved? 1) Tell us your story! Your story is important. How did you end up in Fairview? 2) Show us your stuff! We are interested in photographs, architectural plans, maps, yearbooks, family histories, church directories, and many other types of ephemera. 3) Volunteer! Are you interested in conducting an oral history interview or helping to transcribe one? We'd love your help.

Fairview Evening Book Club

The Evening Book Club will read Independence Day by Richard Ford on Tuesday, January 16. In this sequel to The Sports-writer, Ford follows his middle-aged American everyman, Frank Bascombe,

through the transformative events of a Fourth of July weekend. This book won the Pulitzer Prize in 1996. Independence Day is a moving, peerlessly funny odyssey through America and through the layered consciousness of one of its most compelling literary incarnations, conducted by a novelist of astonishing empathy and perception. No sign up or registration is required to be a part of Evening Book Club, and you can join anytime.

Friends Meeting

The Friends of Fairview Library will meet Tuesday, January 30 at 7 pm at the Library. All are invited to attend.

KIDS PROGRAMS

LEGO Club

LEGO Club is back Friday, January 5 at 3:30 pm. Join us for special builds, creative challenges, and a whole lot of fun. For school-age kids and their parents. You bring your creativity, and we'll provide the blocks!

Maker Space

Creative opportunities abound in our Maker Space! Self-directed activities will be available all month for children and teens. Past activities have included decorating bandannas for shelter dogs, book cover selfies, and black-out poetry. The station is always changing, so make sure to check out the latest project when you are in the library.

Storytimes

Mother Goose (4-18 months): Tuesdays at 11
Bounce n' Books Movement (2-5 years): Wednesdays at 11
Preschool (3-5 years): Thursdays at 11.

TEACHERS & HOMESCHOOL PARENTS

The Fairview Library is here to support you in any way we can. As you move through the fall semester, be sure to check out the Teacher Subject Request Form on the Library website. Our librarians will pull books and other materials relating to any area of classroom study (e.g., ancient Egypt, seasons, and emotions) and then email you when they are ready to be picked up.

USED BOOK SALE

Visit the Used Book Store inside the library for great deals on gently used books. All proceeds from used book sales go the Friends of Fairview Library to support programs and projects throughout the year. Also please bring your gently used books to the library to donate to the Friends.

NEW BOOKS COMING IN JANUARY

Adult

Unbound by Stuart Woods (1/2)
Munich by Robert Harris (1/16)
Fall from Grace by Danielle Steele (1/23)
The Mitford Murders by Jessica Fellowes (1/23)
Still Me by Jojo Moyes (1/30)

BUNCOMBE DEMOCRATIC PARTY

2018 KICKOFF

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SATURDAY, JANUARY 20, 6-10 PM

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Beautiful 2 1/2 home, privacy, views, spring-fed solar panels heat the home; fireplace, wood furnace for backup. Heated floors upstairs, wraparound deck, 10 acres can be divided. Call Susan 828.301-1410. **\$332,500**

4,900 SQUARE FEET OF SUPERIOR CRAFTSMANSHIP



Soaring ceiling, stone fireplace, custom built-ins, windows galore w/ finished basement on 3 beautiful acres. 4/beds/4bath. www.youtube.com/watch?v=CFcZvIR5SI **\$600,000**

4 LOTS AVAILABLE



Great location in Asheville. Country living in the city. Lot#2 2.70 acres \$90,000. Lot #4 3.39 acres \$100,000. Lot #5 3.27 acres \$100,000. Lot #6 1.97 acres **\$77,000**

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NEW LOT WITH 360° VIEWS



1.79-acre lot with 360° long-range mountain views at 3,000 ft. Private, wooded lot. Build your dream home! Located between Hendersonville, Asheville, and Lake Lure. Call Sophia 828-691-0311. **\$59,000**

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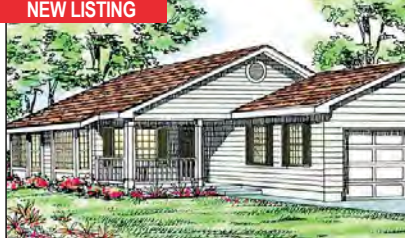
UNDER CONTRACT



Beautiful level property with close mountain views and pastoral views. Well and septic installed. 2 Outbuildings. Several building sites. Only 10min from Blue Ridge Parkway and Hwy 40. **\$79,900**

NEW CHARMING RANCH

NEW LISTING



3/2, Space-efficient ranch offers all the features you've been looking for. Master BR suite, full-size bath, walk-in closet, huge great room. New agnhood subdivision in the heart of Fairview. Many plans to choose from. **\$295,000**

LAND FOR SALE

NEW LISTING VIEWS! VIEWS! VIEWS! Beautiful lot ready to build your dream home. Septic installed, house site cut in, and driveway installed for your future home site with privacy and tranquility. **\$69,000**

4+ ACRES READY TO BUILD. Hike from your back door. Gravel driveway and existing building site. Long-range mountain views. Perked for 3 bd in 2008. Mature hardwoods, rhododendrons, lots of wildlife. **\$40,000**

UNDER CONTRACT 33+ ACRES ON GARREN CREEK w/ pasture, running creek, several mountain build sites w/ views. **\$189,000**

9+ ACRES TO DEVELOP w/multiple build sites or private estate. Off US 74 in Fairview, 10 minutes from AVL. Beautiful views, lots of wildlife. **\$228,000**

0.63-ACRE LOT IN MONARCH ESTATES in Fairview. Mountain views in quaint gated community. Rolling to level lot with different spots to build. **\$59,000**

NEW! 4-ACRE, PRIVATE WOODED PARCEL with beautiful laying homesite and excellent access. **\$75,000**. Owner will consider financing. Call Karen 828-216-3998

NEW! 2.41-ACRE "1-OF-A-KIND" developed homesite, well, septic, underground utilities, pond and creek. Gravel drive off paved road. **\$100,000** Call Karen 828-216-3998

NEW! GORGEOUS PARTIALLY CLEARED, level to rolling homesite in gated community. Stunning views, underground utilities, low HOA fees, easy paved access. **\$125,000** Call Karen 828-216-3998

NEW LISTING 0.88 ACRE OF WOODED MOSTLY LEVEL BUILDING, suitable for 1 level home. Year-round mountain views possible. Access paved and level. Call Karen 828-216-3998. **\$100,000**

NEW LISTING 0.74-ACRE MOUNTAIN VIEW piece ready to build. Creek runs through, priced to sell: **\$25,000**

NEW LISTING STUNNING 39-ACRE PARCEL with commercial potential. Pasture, woods, level, rolling & hilly, potential views. Stone entrance, creek, small stream, 2 ponds. City water & small box sewer treatment possible. Call Karen 828.216.3998. **\$2.5M**

7.7 ACRES, CREEK, DRIVEWAY, potential great view. Private, wooded lot in nice area of homes on large tracts, convenient to town. Call Karen 828.216.3998. **\$150,000**

0.87-ACRE CORNER LOT, paved access. Great topography for site preparation w/ mountain stream. Call Karen, 828.216.3998. **\$65,000**

UNDER CONTRACT 5 AFFORDABLE UNRESTRICTED LOTS totaling 3.25 acres — will divide. Call Karen 828.216.3998.

STUNNING RIVERFRONT LAND WITH HISTORIC GRIST MILL. Possible owner finance. Driveway and septic installed, site graded, pasture and mountain views. Call Karen 828.216.3998. **\$100,000**

GORGEOUS 2 ACRE PARCEL IN VALLEY potential for pasture & long-range mountain views. Pave access in new home area. Call Karen 828.216.3998. **\$135,000**

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FOOD FOR FAIRVIEW JEFF COLE

Looking at the Numbers

According to MANNA Foodbank, 1 in 4 children nationally do not get three meals a day. In the 16 counties of WNC served by MANNA, that number is 1 in 3. Taking that ratio into account and using different sources, there are anywhere from 201 to 302 local children (younger than 17 or 18) who do not get three meals a day. Our pantry was grateful to receive recently a donation specifically for the benefit of children.

There are several demographic and economic factors that inform these numbers.

In the 2010 census, Fairview had a population of 2,678, up 7.3 percent from 2000. There are multiple sources for the number

of people (5.4 percent or 9.5 percent) and families (8.1 percent) who are below the poverty level. Depending on the source, the number below the poverty level in Fairview is between 150 to 240. That corresponds to the numbers at our pantry on a typical Monday. There are 50 to 60 individuals who go through during the three-hour window the pantry is open, and they are receiving food for approximately 160 family members.

The estimated median house or condo value for Fairview in 2015 was \$229,659. It was \$113,600 in 2000. The median gross rent in 2010 was \$665. Of all the households in Fairview, 65.6 earn less than \$75,000, with 22.5 percent of that number earning less \$30,000. The median

per capita income in Fairview is \$23,548, which is only 81 percent of the \$28,889 figure for the state. The cost of living in Fairview is 9 percent higher than the state average. It is also 4 percent higher than the national average.

Health care is the profession employing the highest percentage of Fairview residents, at almost 20 percent. Salaries in this profession can vary widely across the board. The next two top professions (which do not vary as widely as health care) are accommodation at 16.4 percent and retail at 16.3 percent. Added together these two professions employ almost one-third of Fairview residents.

The bottom line to all this is that going hungry is a major contributor to ill health, particularly among children, and a new report reveals how long-lasting the damage can be. "Hunger and food insecurity are really damaging in terms of children's life chances," says Sharon Kirkpatrick, a visiting fellow at National Cancer Institute (NCI).

Additionally, undernourished children from 0 to 3 years cannot learn as much, as fast or as well. Lack of enough nutritious food impairs a child's ability to concentrate and perform well in school.

Food for Fairview is a Tax Exempt 501 © (3) Corporation. For more information about the organization, please call 628-4322.

FIRE DEPARTMENT ROBIN RAMSEY

With Board Members Re-elected, Looking to the Future

The annual meeting of the Fairview Volunteer Fire Department was held on December 4. The meeting resulted in a great report of the past year, and the community re-elected three board members. Those three are doing such a good job moving the department forward in a positive, fiscally responsible manner that the nominating committee felt they needed to continue their good work. We thank Bill Sevier, Jeff Payne, and Jerry Leatherwood for agreeing to continue to serve on the board.

Looking forward, the board has met and chartered a plan for 2018 based on current and immediate needs for the department, which runs on a smaller budget than most in the county. One area of interest is the ambulance service that started in 2013. We are fortunate to have an ambulance service so close to our homes. I continually hear how quick to respond and how professional the staff is, and how kind they are in an emergency situations. That stems from the staff being vested in this community. They truly care about their neighbors.

The department has two ambulances, and one is fairly old and smaller. Chief Scott Jones has sent in an official request to the Buncombe County Commissioners (FVFD) requesting a "surplus ambulance" be donated to the Department to replace the older/smaller model we have now. In 2016,



the ambulances had 1,059 calls for service. At press time, in 2017, they had 1,115 calls. Other departments in the county have received surplus ambulances in the past. During the last surplus distribution, we did not receive one — we've always purchased ours. Barnardsville just received one this year. FVFD would love to get a surplus ambulance. There is an uptick in calls, mainly due to having more residents and to the opioid crisis in our community.

The county commissioners will vote on the surplus ambulance on January 9. Feel free to call and thank your commissioners for their consideration on this matter. Or you email them: Brownie Newman, chairman, brownie.newman@buncombecounty.org; Mike Fryar, mike.fryar@buncombecounty.org; and Ellen Frost, ellen.frost@buncombecounty.org.

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.



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Were Jacob Reed and Johnson Ashworth Brothers? Part 1

The relationship between Jacob Reed and Johnson Ashworth was long and troubling. They got along well at times and their families where enemies at times.

Jacob Reed was born in Fairview, Buncombe County on February 15, 1802. He was the youngest of three illegitimate children born to Hannah Reed. Hannah Reed was born in Rowan (now Davidson) County, NC on Jan. 8, 1777. She was the daughter of Eldad Reed Sr. (1737-1806) and his wife Jane Whitaker (1745-1811). The Reed family moved to Fairview in late 1800 or early 1801. Their son John lived here several years then moved to Tennessee. Eldad Reed Jr. raised a family and became a prominent member of the community. Jane, William, Peter and Hannah Reed lived with their parents until they died. After Eldad Sr. and wife Jane died, William, Hannah, Jane, Peter lived together in their parent's home until they all died. Hannah apparently married a William Jones for a few years but then he left. Hannah went by the last name Reed until she died. Peter, William and Jane appear to have never married.

Hannah Reed had two children when she arrived in Fairview. The oldest, Susanna Reed, was born in Rowan (now Davidson) County on January 12, 1797. She married John Reed and lived on Ballard Creek, just off Old Fort Road, until her death around



Abner A. Reed (1823-1900), the son of Jacob Reed, with his daughter Lou Reed Bass.

1837. James Reed was born in Rowan (now Davidson) on April 15, 1799. He married Nancy Grant around 1819. James Reed lived with or next door to his mother Hannah, Aunt Jane and Uncles William and Peter until they died. He appears to have been the sole heir of all four.

Hannah Reed became pregnant with her

third child, Jacob Reed, shortly after her family arrived in Fairview. He was born in Fairview in February 1802. Jacob Reed lived with his mother, brother and sister and uncles and aunt until 1820. Jacob Reed bought 50 acres of land on Brindle's Creek (now called Reed Creek), which empties into nearby Ashworth's Creek. The land was located on what is now called Holly-wood Road. This raises a few questions. First, how did an 18-year-old bastard child get the money to buy the land? Second, his mother and the rest of his family lived on Gap Creek. That may seem a short distance away today but back then you had to walk or ride a horse or a wagon to get there. It would have taken hours. The land bordered or at least was very close to the Ashworth's farm. The same year as he bought the land, Jacob Reed married Fanny Williams. She was the daughter George Williams. George Williams lived in what was then Rutherford County. It is now the Broad River section of Buncombe County. This would be a short distance by car today, but it would be a very long walk or ride on a horse in 1820.

George Williams was the brother of John Williams (1775-1848), who married Mary Ashworth (1773-1865). Mary Ashworth was the daughter of John Ashworth Sr. and Nancy Ann Wood. George and John Williams were the sons of Edward

Until the 1880s, a mother who was unmarried and expecting a child... would be arrested. The mother would be asked the father of said child. She had two choices: name the father, who would then be arrested and forced to put up bond or her parents or other relatives would have to put up bond to ensure the county did not have to pay for the child's upbringing.

Williams Jr. and Liddy Wood, a sister to Nancy Ann Wood Ashworth. The Buncombe County Court of Pleas and Quarter Session Minutes show that John Ashworth was arrested and had to pay a fine for fathering a bastard child in 1802 which is the year Jacob was born.

Until the 1880s, a mother who was unmarried and expecting a child or already had an illegitimate child would be arrested. The mother would be asked the father of the said child. She had two choices: name

the father, who would then be arrested and forced to put up bond to see that his child was cared for and thus would not have to be supported by the tax payers; or her parents or other relatives would have to put up bond to ensure the county did not have to pay for the child's upbringing. What fool did away with that law?

The John Ashworth who had to pay the bastardy bond was most certainly John Ashworth Jr., who was born in 1775. He would have been 27 at the time. His father, John Ashworth Sr., was born in 1735. He would have been 67 years old at the time of Jacob's birth. That was considered a very old age at that time. The average life expectancy was around 42. John Sr. died three years later in 1805 at age 70. I assume John Sr. had already hung up his hat at that age.

Jacob Reed and his wife Fanny Williams had two sons: Ramie Roderick W. Reed born around 1821; and Abner F. Reed born around 1823. Jacob Reed's first wife Fanny Williams died not long after Abner Reed was born. Jacob Reed's two sons appear to have lived with him and their Williams grandparents. After he married, Jacob Reed appears to have very little to do with the Reeds, including his mother. I went to see Ramie Reed's granddaughter Nina Painter Camp when she was in her mid-nineties. She said that Abner and Ramie were staying with their grandmother when she ran out

of sugar. She was making cakes for some sort of party they were going to have, and she sent Abner and Ramie to borrow some sugar from a neighbor down the road. On their way home to their grandmothers, Abner wet his finger and stuck it in to the sugar. He then put his finger in his mouth and licked off the sugar. When they got home to their grandmother, Ramie told her what Abner did. Their grandmother went into to a fit of rage. She got so furious that she had to lay down on the bed. She died a couple of minutes later. Ramie's granddaughter Nina laughed and said she died over a finger of sugar. This would have had to be their grandma Williams because their grandma Hannah Reed was still alive over 30 years later.

Jacob Reed remarried in the early 1830s to Mary "Polly" (1804-1898). I believe she was a sister of Jacob's first wife and thus was a Williams. Nelia Morgan Merrill said Polly Reed and Henry Casey's wife were relatives. When George Williams died in 1846, Jacob Reed and Henry Casey oversaw his estate. George Williams had only daughters, so his sons-in-law would handle his affairs.

Part 2 will be in next month's Crier.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net

Cookies, New Systems, Chromebooks, and Vacations

Clearing browser history and data manually or automatically can help reduce tracking cookies. Of course, each browser has its own method and to save space, I suggest that you Google or search the internet for "clear browser history" and the name of your browser (Firefox, Chrome, Internet Explorer, Edge, Chrome – or another browser you use).

I like to use the metaphor of getting used to a new car whenever someone says they cannot get used to an updated program or operating system. When you really want to use a new tool, you might complain but you still learn how to use it, as you know it will help you accomplish a given task more quickly or better.

Batteries

Microsoft has improved app-specific battery usage in Windows 10. Go to Settings > System > Battery > Battery Usage by App, where you can find how much battery specific apps are using. This also is where, per app, you can (counter-intuitively) uncheck the box that lets Windows decide when the app can still run in the background.

Chromebooks

Chromebooks are wonderful and often inexpensive laptops, but two common

software packages don't run on them. But now one of them, Office, is finally available for an increasing number of Chromebooks on the Google Play Store. Just beware, if your screen size is larger than 10.1 inches, you will need an active Office 365 subscription.

Vacations

Vacations often lead to overflowing inboxes when you get back – that is, if you are actually doing what you are supposed to do on a vacation and not working. However, you might be able to manage it better by first telling people via an email autoresponder that you will be back a few days later than you really plan on. Do not start new projects a few days before you leave. If you can swing it, at least check in a few minutes every other day to weed out spam and forward emails to those who can handle your tasks while you are gone. And if you can set filters for certain very important people, learn how to implement that to avoid missing things that should not be missed.



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FEATURE RAY SPANJERS

The Lithium Experience Part 1: Mojave Desert

As a geologist I have worked for 37 years in the exploration, mining and processing of industrial (non-metallic) minerals in the US, South America, Canada and Africa, including 17 years evaluating lithium deposits. In my work travels I have met many interesting people from a variety of cultures and continents, but none like Mad Mike Hughes, limousine driver extraordinaire and pilot of the Flat Earth Society steam-powered rocket. But before I discuss Mad Mike, a primer on lithium is in order.

My most exciting and challenging work involves the element Lithium (Li), the lightest metal on earth. Lithium has become an important part of our lives with the explosion of cell phones, electric vehicles and battery-operated tools, all of which use lithium batteries as the power source. Tesla's demand for lithium for its cars and batteries is the main driving force in lithium-exploration activities worldwide.

Albemarle and FMC, two of the largest producers of lithium products, mined massive open pit spodumene deposits until the 1990s near Bessemer City and Kings Mountain, NC, where they have lithium chemical plants today. From 1960 to 1990 large deposits of lithium dissolved in salt brines were developed in Chile and Clayton Valley, Nevada. Brines are more economical to process than the hard rock spodumene. Salt brines occur in arid environments like the western US and the Andes Mountains of Chile, Argentina and Bolivia (the Lithium Triangle), where low annual precipitation, low humidity and high evaporation rates are used to concentrate the lithium in large solar evaporation ponds.

My recent lithium exploration work has taken me to Bristol Dry Lake near Amboy, CA, in the Mojave Desert. The project site is located near several National Wilderness areas: the Mojave National Preserve and Joshua Tree National Park. Drilling crews work around the clock to sample the brine at specific intervals in the drilling process for lithium. The winter season is comfortable now but the summer months bring temperatures up to 124 degrees and dangerous dehydration conditions.

Now back to Mad Mike. He announced in late November that he is going to prove that the earth is flat. He planned a series of launches from Amboy in his homemade rocket. I met him on my way to the drill site while he was preparing his craft for the first flight. News of the launch attempt drew international coverage, and Amboy's normal population of a dozen or so inhabitants, plus any tourists visiting Roy's famous Route 66 stop, swelled to several hundred. The attendant at Roy's Café complained that "he had to work 8 hours that day" due to the crowd.

Unfortunately, Mad Mike ran into regulation problems with the Bureau of Land Management (BLM), military and FAA. Before Mike knew it, he ran out of vaca-



Drilling for lithium brine at Bristol Lake, Amboy, CA.



The author with "Mad Mike" Hughes reading the *Crier* as Mike prepares to launch the Flat Earth Society rocket.



Above, Roy's Café on historical Route 66, Amboy, CA. Amboy is located at the ★ on the map at right.

tion and had to return to his job before the launch. I hope he is successful in the near future as there are several hundred commemorative t-shirts sitting in Roy's Café. ■

Next month, Ray will continue his story about working with lithium in the Andes and Africa.

Ray Spanjers is a consulting geologist working on a lithium brine project near Amboy, CA.



10 Ways to Start Your New Year Right

Expand your thinking with new experiences in 2018. Each day of the new month, commit to doing something new. Exercise differently, listen to a different genre of music, greet new people or take a different route to work. Step outside your comfort zone!

Make a commitment to fitness.

Don't just make a resolution – you'll never make it to February. Join a gym that has classes or hire a personal trainer. Build a community around fitness that will help keep you accountable and help support a healthier you.

Build value every day. People create relationships with those they trust. Do something every day that helps build the trust and reliability that people are searching for in others.

Practice the “one-a-day” principle. You can't make everyone happy every day. The easiest way to create happiness for others is to focus on one person a day. Find a customer, colleague or relative and do something special for them today.

Create an environment fostering your success. You might not even realize to what extent you are influenced both positively and negatively by people and things around you. Surround yourself with those that make you happy and make you laugh. Laughter and optimism are the most powerful medicines.

Write your top 10 goals for the year and post them around your house and work space. Having goals in your head is not the same as having goals that are written down and visible. You will hold yourself to a higher level of accountability when you can see your goals every day.

Do something that scares you.

Live a little bit. Get out of your comfort zone. Who knows—you might like it!

Have gratitude. I often think I need some new gadget or piece of clothing, but when I clean out my house or organize I realize how much I already have. We have so many things at my fingertips that you can sometimes forget to be thankful for what you have.

Schedule a date night. Make time to spend a few hours each week with your spouse or significant other. Making time for them will help remind you why you love them and how much you care about them.

Slow down to speed up. Take 30 minutes each day and slow down to think, plan and visualize your day and week ahead. This will give you an opportunity to become aware of your biggest opportunities and help you smartly achieve your goals.

Bryan Gennett, DC, is a state and national board certified physician with advanced training as a chiropractic sports physician. Call Fairview Chiropractic Center at 628-7800 for a no-cost consultation.

It's Complicated: Prescription Insurance 101

It is no secret that there are a lot of differing opinions about healthcare, but there is one thing that we can all agree on: it's complicated. We have created a system that is challenging for even seasoned providers to navigate. As a pharmacist, I encounter questions about prescription insurance every day. Here are some of the basics about medication coverage.

Private Insurance

Private insurance plans are those such as Blue Cross Blue Shield, Aetna, Humana, United Health Care, etc. All of these plans are different. They may have different premiums, cover a different level of services in your doctor's office or hospital, and have different preferred medications. These plans may also often have deductibles. Deductibles are set dollar amounts that patients are required to pay out of pocket before your insurance will start paying. This is in addition to your monthly premiums. Problems with deductibles often arise when it comes to medications because a plan may say that it covers a certain medication but in reality you'll have to pay the full amount until you have met your deductible. In addition, every plan can choose to cover different medications. Many of us have experienced our doctors

prescribing a medication not covered by our insurance. Because there is no standardization in the private insurance arena, it can be very difficult for your healthcare team to know what is most affordable.

Medicare

Medicare is our national insurance plan. It is available to anyone in the US who is older than 65. Sometimes people who are younger than 65 can also apply to have Medicare because they have a disability. What some people do not know, however, is that the most basic form of Medicare does not cover any medications. In order to have insurance for your medications through Medicare, you must separately purchase a Part D plan. These insurance plans are similar to private insurance in that they can have deductibles and all cover different medications, which, again, can make it difficult to get the right medication.

Medicare Part D plans are often more complicated because they include the “donut hole.” Beneficiaries enter the donut hole when they have used their insurance to pay a certain amount of money toward their medications. After that point, the insurance will stop paying anything

continued on page 30

2018 Medicare Changes

Most of you probably know that every year Medicare's benefits are subject to change. These changes affect deductibles, copays and coinsurances. This year is no different but fortunately they are relatively minor. For those who have supplements, these costs will be automatically absorbed by your plans. Medicare Advantage beneficiaries should consult their plan's Evidence of Coverage for their 2018 cost sharing. The real story, however, is your monthly Part B premium changes.

“Hold Harmless” Provisions

There's good news and bad news concerning this year's premiums. The standard monthly premium for Medicare Part B enrollees will be \$134 for 2018, the same amount as in 2017. However, a statutory “hold harmless” provision applies each year to about 70% of enrollees whose increase in premium must be lower than the increase in their social security checks that will increase by 2 percent in 2018 due to the Cost of Living adjustment (COLA). People who were held harmless against Part B premium increases in prior years will have a premium increase in 2018.

Who is Affected?

Part B enrollees who were held harmless in 2016 and 2017 will see an increase in their Part B premium from the roughly \$109 they paid in 2017. About 42 percent of all

Part B enrollees who are subject to the hold harmless provision in 2018 will pay the full monthly premium of \$134 because the increase in their checks will be greater than or equal to an increase in their premiums up to the full \$134. Approximately 28 percent of all Part B enrollees are subject to the hold harmless provision in 2018 and will pay less than \$134 because the increase in their check will not be large enough to cover the full Part B premium increase.

The 30 percent of all Part B enrollees who are not subject to the “hold harmless” provision will pay the full monthly premium of \$134 in 2018. Medicare Part B enrollees not subject to the “hold harmless” provision include beneficiaries who 1) do not receive Social Security benefits; 2) enroll in Part B for the first time in 2018; 3) are directly billed for their Part B premium; 4) or are dually eligible for Medicaid and have their premium paid by state Medicaid agencies, and those who pay an income-related premium.

To find out which group you are in, contact the local social security office at (866) 572-8361.



Mike Richard is president of Prime Time Solutions. If you prefer a trusted local agent, feel free to call for a no-obligation consultation: 628-3889 or 275-5863.

NEW HOURS AT THE HUB Starting this month, the hours will change to 11 am to 5 pm, Monday to Friday. If you have a special circumstance or need, please call us at 628-1422 and we'll do what we can to accommodate your need.

FESTIVE FRIDAY'S FUN FESTIVE FOTO BOOTH stayed active throughout the weeks until Christmas. Anyone who stopped by to shop or look around was dressed up and became a victim of the Foto Bomb. Below at left is one of the professional shots taken by “lifesaver” photographer Steve Fulghum, on the makeup evening of Festive Friday, of Mandy and Walker Overstreet getting into the spirit. Mandy makes all of the natural soap, moisturizer and wellness products for Mandelin Naturals (photos below at right). These go great in gift baskets.

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What Goes Up Must Come Down – But When?

Some are still up but beginning to droop. Some have been there since last year; some from years before.

I'm talking about Christmas lights and decorations. On my travels, I got to see the tree go up in Rockefeller Center just a few weeks ago in New York City. And I got to see the window displays at Macy's in New York City and on the Miracle Mile in Chicago.

And locally, there are the three camels and wise men projected on the side of the barn in Old Fort. I saw my favorite one in Fairview the very first time I visited my grandkids in their new home. It's right at the top of Garren and Flat Creek roads by the Red Barn. There is the huge Merry Christmas display with a nativity scene. I wouldn't mind if that one stayed up all year!

I love lights. After all, lights are part of my work on stage. Heck, I have some multicolored ones I leave up on my back porch all year.

There seems to be no rule on when they should go up. As I traveled this season, I saw many going up the day after Halloween. But I want to know the protocol for when they should come down.

I know in many places election and political signs have to come down 10 days after elections. In the land of fruits and nuts (California) you can get a \$250 fine if your lights are up after Groundhog Day. Growing up in LeRoy, NY, the heart of the



Snow Belt, we were more practical. We didn't take them down till it got warm, and that was around June!

I don't know if there is an answer for this. What factors come into play at your house? Do your lights look like they have just been put up or are they barely hanging on? Do they still sparkle and shine or have some of the lights gone out?

And speaking of sparkle, the Urban Dictionary has a name for people who leave their lights up all year. They're called "nerkels," which is a combination of "nerd" and "sparkle."

So I guess for us people who live here, we must be Fairkles!

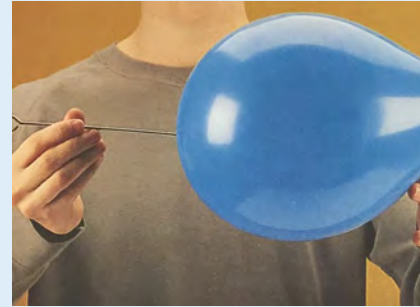
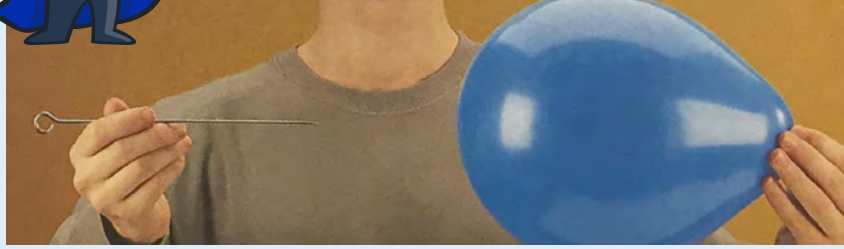
Have a great New Year!

Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com



GREG'S MAGIC TRICK

Magician blows up a balloon and pushes sharp needles into it without popping it!



Method: an easy-to-do miracle. You need some balloons, clear scotch tape, and long, sharp needles! (Get mom or dad or grandma and grandpa to help with sharp objects!)

Before showing to audience. Blow up balloon, tie a knot, and then place about a two-inch piece of tape near the top of balloon. (You can place several pieces if you are going to do more than one needle.)

To Do: pick up blown-up balloon and hold in one hand, and hold the needle in your other hand. Push needle(s) into the pieces of tape. After needles are in balloon (you can do one or a few) remove them, showing the balloon is unharmed. Toss balloon up and pop it as it comes down. And now take a bow!

What Is an Audubon Important Bird Area?

When considering a particular tract of land for conservation, the Southern Appalachian Highlands Conservancy (SAHC) looks at a variety of "conservation values," such as water sources, habitat, agricultural soils, connectivity to other protected lands, and more.

You may have read about conservation priorities and protected lands included in Audubon Important Bird Areas and wondered, 'What is that?' When evaluating the conservation potential of a property, Important Bird Areas (IBAs) help us understand what bird species might make their homes there.

"Audubon North Carolina has identified 96 IBAs in North Carolina comprising 4.9 million acres," says Curtis Smalling, Director of Conservation for Audubon NC. "These are places that are known to provide essential habitat for one or more species of birds at some time during their annual cycle of breeding, migrating or wintering. Designations are based on data-driven population levels of priority species."

IBAs are part of a global initiative to identify, monitor, and protect sites critical for the conservation of birds. As the US partner for BirdLife International, Audubon leads efforts across the nation to map and monitor IBAs, and they work with 19 international partners to coordinate efforts throughout the western hemisphere. IBAs are places crucial for threatened or endangered birds,

species concentrated in one habitat type, species with small ranges, or large groups of birds. Depending on criteria, they can be designated for state, continental, or global importance. IBAs help set science-based priorities for habitat conservation.

"Nearly all of North Carolina's IBAs include public lands, land trust conservation lands, and land owned or managed by private citizens," continues Smalling. "The IBA program is not a regulatory initiative and places no restriction on land use or activities. Audubon staff work with managers of IBAs to support bird and habitat monitoring, habitat management, and education and advocacy efforts focused on birds."

In the Fairview area, the Chimney Rock-Hickory Nut Gorge IBA covers 14,517 acres. Designated a state-level priority, it reaches from Tater Knob, Ferguson Peak and Blue Ridge Pastures down to Chimney Rock State Park and Lake Lure. This IBA has been identified as one of the only nesting sites in the state for peregrine falcons, and 18 species of warblers, including cerulean warblers, are known to breed within the site.

Further north, surrounding a section of the Blue Ridge Parkway northeast of Asheville, the Bull Creek IBA covers 5,004 acres that support one of NC's most significant populations of cerulean warblers as well as hooded warbler, Blackburnian warbler, and more. SAHC holds multiple conservation easements within this globally

significant IBA, including a portion of the Weaverville watershed.

Maps and contextual information about IBAs in Western North Carolina and East Tennessee help SAHC make decisions about conservation priorities and habitat management. The nonprofit land trust's 10-county service area spans across IBAs with state, continental, and global priority. "Virtually every conservation planning entity in the state recognizes that IBAs are

priority sites for long-term protection," adds Smalling. "The IBA program has become a dynamic 'blueprint for conservation' in North Carolina."

For more information about IBAs, visit: audubon.org/important-bird-areas

Angela Shepherd is Communications Director of the SAHC in Asheville. She can be reached at 253.0095 ext. 200 or by email at sahc@appalachian.org. To join in saving the places you love, visit Appalachian.org.

Sustainable Forestry Initiative Honors Locals

The fifth annual Root Cause Awards, celebrating achievement in the local forest products industry and sustainable forestry, were announced at Highland Brewing on December 20.

This year's awards highlighted important issues facing our region's forests and the people and organizations that are working on them.

The Mountain Valleys Resource Conservation and Development was the recipient of the Sustainable Forestry Award for their work in sustainably managing forests through their Firewise Communities Protection Program.

BarkHouse and its owners, Chris and Marty McCurry, were given the Support of Local Wood Products Award in recognition of their efforts in promoting local forest products and supporting jobs in the forest products industry.

Forester Ed Hicks was the recipient of the 2017 Lifetime Achievement Award in recognition for his lifetime of work managing forests.

Root Cause is committed to raising awareness in the southern Appalachians for the practice of sustainable forestry. Its director, Lang Hornthal, is the former owner of Appalachian Designs.

Marie Forney W.A. 166101

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Out with the Old and In with the New – But Slowly

Many of our readers are aware that the *Fairview Town Crier* took up residence in a larger space shared with The Hub of Fairview in November 2016. I started The Hub to extend resources available within our Fairview community. Now folks can send a fax, make a copy, pick up a gift basket of local products, find locally crafted gifts, get them wrapped, add a card, enjoy and purchase fine art, rent an attractive, functional room for meetings, workshops or social gatherings, and more. The Hub is not going to close, although it may change. (More on that in the next issue).

Beginning with this new year, I will man the *Crier* and The Hub office on Wednesday, Thursday and Friday, and Annie MacNair will work Monday, Tuesday and Wednesday. There will be

new hours of 11am-5pm but, as always, please contact us if you have a special need, and we will try to meet you earlier or later to help if we can. This new arrangement will actually expand the *Crier's* hours to the community.

I will no longer physically sit at the computer putting the newspaper together each month, designing ads or editing copy. That's all going to our new production team, **Clark Aycock** and **Lisa Witler** (husband and wife), who have been working behind the scenes in various capacities for well over a year now. Annie MacNair, our bookkeeper for the past two years, will continue in that capacity and also keep her office manager role. Patti Parr, who took over organizing volunteers for our monthly mail labeling party, will also remain in her position.

Sometime between late spring and July 30 (my 68th birthday), I will retire from being in the office entirely. Someone new will be running The Hub and rental room. She will maintain the basic services for the community and will be adding her own touch to the gift shop. You will meet her in the near future (either in the *Crier* or in The Hub), but for now we are focusing on the transition of the *Crier*. I expect to remain as Publisher and Managing Editor for the next several years, to maintain continuity and responsibility for the administration and financial aspect of running the business, but will be doing so from home.

I will be available to everyone for brain picking from my archival memories of 15 years of the *Crier* and hope to get back to doing some interviews

and writing more features for the paper, which is how I got started working for the *Crier* in the first place. Under the tutelage of then-editor Michael Cochran, I was given writing assignments and went out into the community to meet people and write about them. I loved doing that and look forward to more time to do it again. And, of course, I will bop around town and in and out of the office just to say hello. I make this decision to retire with a heart full of appreciation for the many rewarding experiences afforded me over the years. And also with the commitment of ensuring the *Crier* continues to highlight the best of our community and to serve each of you equally.

And now, please meet our 2018 team, whose capable minds, hands and skills will guide the paper into the future.

CLARK AYCOCK

Editor

copy@FairviewTownCrier.com



Clark is the man. All things start with him regarding what goes into the paper. If you have an event for our calendar, it goes to him. If you have an article or notice that needs to reach the community, it goes to him. If you have a photo to submit to our "On The Road" section, it goes to him. If you have an idea for a story or a column, it should go to Clark. He will disseminate incoming information to those who need it (including me). Any submissions sent to anyone other than Clark at his copy@fairviewtowncrier.com email just may not make it in. You can also call him at (914) 419-1100. Says Clark, "I look forward to learning even more about this great community."

LISA WITLER

Art Director

ads@FairviewTownCrier.com



Lisa controls the look of all things that go into the paper. That starts with paid advertisements, feature stories, columns, photos, etc. If you need help with the design of an ad, Lisa is your person. If you need an update to an ad previously run in the *Crier*, send it to Lisa and you'll receive a proof to approve. If you've got a photo to go with a story and it's the size of a postage stamp, Lisa can either explain how to send it larger or she can source an alternative picture that will work as well. All advertising materials should be sent to Lisa at ads@fairviewtowncrier.com, or give her a call at (914) 419-0041.

ANNIE MACNAIR

Bookkeeper/Manager

office@FairviewTownCrier.com



Annie is the place to start if you need information, whether it be on advertising rates, classified ads, subscriptions, finding an old copy of the *Crier*, or even if we have any more pecans available from the Garren Creek Fire Department. Annie is also the liaison to me, set firmly in place to protect me from un-retiring by filtering those queries that really need my attention. All questions should be sent to Annie at office@fairviewtowncrier.com.

PATTI PARR

Volunteer Coordinator

pattiparr@yahoo.com



Patti is the saint who organizes the other saints that stick labels on our papers that get mailed to homes in Fletcher, Gerton and Reynolds. If you'd like to help out, email her or just show up at the Fairview Fire Department at 10:30 am on labeling day.



ME Soon Retired

I'm around Wednesday to Friday until I retire in the summer. And then...who knows. Hiking anyone?

The Days Are Getting Colder – But Also Longer

December started off with a bang as a southern storm that originated in the Southwest was able to spread a swath of snow from south Texas up across the Appalachians and drop 9 to 12 inches of snow across our region. The final month of the year also featured a couple of cold snaps as well as quite a bit of volatility in temperatures from day to day.

The preliminary data for 2017 shows that temperatures again averaged above normal most of the year, with the average monthly temperature for the year about 2.6 degrees above the normal of 55.5. The warmer-than-average months were the ones that were usually the coldest: January and February, which averaged about 7 degrees above normal. In contrast, August was slightly below normal and maybe December, as well. We also had five days with high temperatures at or above 90 degrees, which is about four days below the long-term average of nine days. In the Fairview area, most places received over 60 inches of precipitation this year and the wettest locations closest to the escarpment in the eastern part of the county are approaching 70 inches as of year's end. In contrast, last year we had 40 inches with brown lawns and drought conditions.

Here are a couple of fine quotes about January or winter to ponder as we start 2018.

"The shortest day has passed, and whatever nastiness of weather we may look forward to in January and February, at least we notice that the days are getting longer. Minute by minute they lengthen out. It takes some weeks before we become aware



Our local area received 9 to 12 inches of snow.

of the change. It is imperceptible even as the growth of a child, as you watch it day by day, until the moment comes when with a start of delighted surprise we realize that we can stay out of doors in a twilight lasting for another quarter of a precious hour." —Vita Sackville-West

"There is a privacy about it which no other season gives you. In spring, summer and fall, people sort of have an open season on each other; only in the winter, in the country, can you have longer, quiet

stretches when you can savor belonging to yourself." —Ruth Stout

"There are two seasonal diversions that can ease the bite of any winter. One is the January thaw. The other is the seed catalogues." —Hal Borland



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

CUT HERE

STORM EMERGENCY CONTACT LIST

Some numbers to keep on your refrigerator that will be useful in an emergency.

POWER COMPANIES

Duke Energy Progress
800-419-6356

Duke Energy
800-POWERON

French Broad Electric
800-222-6190

PHONE SERVICE

AT&T
877-737-2478

Charter Communications
888-438-2427

Frontier Communications
877-462-8188

CABLE

Charter Communications
888-438-2427

GAS

Public Service Company of NC (PSNC)
877-776-2427

INTERNET SERVICE PROVIDERS

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877-737-2478

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ROADS

DOT (County roads)
298-0390

City of Asheville
251-1122

WATER

Asheville Water Department
251-1122

EMERGENCY SHELTER

All area residents: dial 211

WEATHER WONDER



What is Cold Air Damming (CAD) and how does it affect our weather?

Cold air damming, or CAD, is a meteorological phenomenon that occurs in our area. The setup for this weather is when a cold polar or arctic high pressure area builds across the Great Lakes into the mid- Atlantic area to our north. The clockwise circulation around the high pressure area to the north is from the northeast to east-southeast.

This flow around the high pressure causes the air in the lower levels of the atmosphere to flow uphill and bank against the eastern slopes of the Appalachians. This banking flow around the high forms a barrier flow that funnels the cool air down a stretch of land east of the mountains. The higher the mountain chain, the deeper the cold air mass becomes lodged to its east, and the greater impediment it is within the flow pattern and the more resistant it becomes to intrusions of milder air.

This flow of air is uphill from areas to our east, and this cool flow along with approaching low pressure can cause persistent low cloudiness, such as stratus, and precipitation such as drizzle; or if it is cold enough in the winter, freezing rain can develop, which can linger for as long as 10 days.

QUESTION of the MONTH



Which flower or flowers can bloom in our area in February?

EVERY LOVE, TEEN REPORTER

Crushes

Being a teenager stinks sometimes. School is full of people who either you don't like or who don't like you, and part of the reason is the suffocating reality of hormones. This month's article is about having a crush. Trust me, I know a bit about that. Even if it's just the he-loves-me-not parts.

As much as it hurts sometimes, getting crushes is part of being human. The feelings are so strong you may wonder if you're going a little crazy. If you look up "science of having a crush" on your web browser, it turns out there's plenty of research to explain why having a crush can feel pretty mind-altering. And that's normal – it's not just you.

When the weight of why-must-my-heart-do-this-to-me gets too strong, you need to calm down and breathe. When I get down, my routine is both easy and useful. First, I will get all my responsibilities done as soon as possible. Then, when I get home from school, I put on a specially selected mini-playlist of songs. It's full of bouncy and depressing songs about love and heartbreak. Imagine the heart-wrenching mix of "Burn" from Hamilton followed by "Call Me Maybe." Who says it has to make sense? Lastly, I do something that relaxes me, like reading while drinking apple cider, taking a bath, or eating ice cream.

Here's the truth of the matter – the nitty-gritty, the basics: crushes can be awful, but sometimes they can be awesome, especially when it turns out that he or she likes you back. Never, ever feel like you have to change in order to get a guy or

girl to like you. If you think that's the only way they'll notice you, then they aren't worth your time. You deserve someone who makes you smile even when you feel awful, somebody who makes you feel loved and special.

Coming Soon: Teen Advice!

The staff at the *Crier* and I think that an advice column would be an interesting addition to the paper. If you have crush problems, school problems, life problems, or anything you feel comfortable asking about, send it in! Here are the only rules: first, don't send in homework; I won't do it. Second, don't use the real names of other people you write in about. Third, please note that I'm not a professional; I am a teenager. Finally, please don't put in anything inappropriate. I look forward to hearing from you! (Note: This is for kids and teens only. No adults!)

Email your questions to: office@fairviewtowncrier.com, with "Ask Avery" in the subject line. Or mail questions to: Ask Avery, c/o *The Fairview Town Crier*, PO Box 1862, Fairview, NC 28730. The Editor reserves the right to choose and edit all submissions for publication. As a matter of policy, the *Crier* does not publish anonymous submissions; however, for this column we will use a first name or initial (please specify which) for the sake of privacy.



Avery Love is an eighth-grader at A.C. Reynolds Middle School. She lives in Fairview with her mom, dad, and sister Zoe.

Young Lawyers Take Second Place



The Mock Trial Team from Cane Creek Middle School took home second place in the finals of the Middle School Mock Trial State Competition in Raleigh on December 16. Competing against nine other schools from around the state, the Cane Creek team took part in three trials that took several hours to complete. Accompanying the team were Marianne McEvoy, a social studies teacher, and their coach and mentor, Charles Palmer.

STUDENT OF THE MONTH: SAM CHEATHAM



The January A.C. Reynolds student of the month is Sam Cheatham.

Reynolds' drama teacher Robert Goodson nominated Sam, writing:

"Sam is a fantastic student both in and out of the classroom. He is a role model, leader, hard worker, and maker of puns. He brings a smile to everyone's face, and exemplifies Rocket Pride daily."

What does Rocket Pride mean to Sam? "To me, it means having school spirit, community spirit, and loving the school name all of us in Rocket country represent."

Sam's fondest memory of high school "was being a part of Father Knows Best, the 2017 fall show. I got to meet new people and improve my acting skills and friendships in the presence of positive and talented people."

If Sam could fast forward his life and choose any profession for himself, he says he would choose to be an actor.

Congratulations, Sam! All of us here at the *Crier* wish you all the very best!

Fairview Preschool Celebrates Christmas, Prepares for Spring Semester



Fairview Preschool has had such a wonderful fall semester and joyous Christmas time at school. Everyone is excited to be back at school and looking forward to a great spring semester. We have welcomed some new students and still have one opening in our 2s/3s class.

Call the school at 338-2073 to schedule a class visit. For info, go to fairviewpreschool.org.

Congratulations, Graduates!

The following students from Fairview and Fletcher graduated from UNC Asheville in December.

Andrew Samuel David Allen: Bachelor of Arts in New Media, Magna cum laude, University Scholar, Distinction in New Media

Carol Ann Barnwell: Bachelor of Arts in English, Concentration in Literature

Stephanie Laura Cabral: Bachelor of Science in Management

Trevor Justin Hall: Bachelor of Science in Accounting, Minor in Management

Vanessa Tichelle Jones: Bachelor of Arts in Mass Communication.

Rebecca Elizabeth Wilson: Bachelor of Arts in Anthropology

New State Budget Brings Big Price Tag for Smaller Classes

With all the disagreement about public education in today's environment, there's one thing we can all agree on. Smaller class sizes are better for students. There's simply no question about it. We can also all agree that smaller classes cost more in personnel expenses, in building space and in classroom supplies. In recent years, the NC Legislature has brought this quandary to the forefront for every school system in the state, including Buncombe County.

It all started with the 2016-17 NC budget, passed by the Legislature on July 1, 2016. This budget included a provision that school systems must significantly shrink class sizes in kindergarten through third grade for the 2017-18 school year. With no funding to support this effort, this change would have had severe negative impacts on local school systems.

JANUARY CALENDAR

- TUES, JAN 2** Schools reopen
- MON, JAN 15** MLK holiday
- TUES, JAN 16** Fairview Elementary Spirit Day at Local Joint 7-9 pm
10% of proceeds will be donated to FES
- WEDS, JAN 24** Teacher Work Day

Recognizing these challenges, Representatives McGrady, Elmore and Malone introduced House Bill 13 in January 2017. This bill, while still requiring school systems to shrink class sizes and providing no extra funding to do so, eased the transition by instituting a two-year phase-in period for class sizes (see chart). The final HB 13 passed on April 27, 2017.

Larger Impact

In Buncombe County Schools, we were able to meet the 2017-18 requirements by adjusting class schedules across the system (shifting some funding from middle and high schools to the lower grades), adding one half-time music teacher and requesting two waivers for non-core classes. The financial impact for next school year will be far larger.

In planning for these changes, the school system must address two separate challenges: the personnel cost (which will continue into future years) and the facilities cost. For core classroom teachers alone, we project that the cost will be over \$2.5 million to add the salary and benefits for the new teachers needed to meet these class size requirements. And we'll also have to add instructional assistants as well as PE, art and music teachers. It appears the total cost will easily top \$3 million in recurring additional personnel costs.

Then we must create additional classroom space. This means converting computer labs (no longer needed since

HB 13 CLASS SIZE REQUIREMENTS

GRADE	2017-18 SCHOOL YEAR		2018-19 SCHOOL YEAR	
	AVERAGE	MAX/CLASS	AVERAGE	MAX/CLASS
K	20	23	18	21
1	20	23	16	19
2	20	23	17	20
3	20	23	17	20

every student will have a personal device provided by the school), dividing larger classrooms into two where we can and/or providing modular classrooms if there is not space within the building. At this time, \$675,600 is the estimated capital cost to provide additional classroom furnishings/equipment, renovation and modular placement across the system. We expect to cover this cost by requesting additional state lottery funds and potentially deferring other approved maintenance projects.

Four elementary schools in Buncombe County have been designated as "Critical Projects," meaning they will require more work to create adequate classrooms to meet the new requirements. One is Fairview Elementary, where we will divide the former computer lab into two classrooms, equip a modular classroom and provide additional materials and supplies for several other classrooms. The total cost is

estimated at \$105,000 to \$128,260.

There are rumors the legislature may discuss additional funding for this mandate when they convene in May. But that will be too late! The legislature convenes on May 16 and our budget for next is due to the County Commissioners on May 15, 2018.

You Can Help

Please contact our local legislators and urge them to take up this matter while they are in Raleigh this month so that they can consider changing the funding formulas to help school systems create improved learning environments for our students. Thank you!



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

Reynolds High School Announces Mini-Grant Recipients

By Karen Wallace-Meigs

The A. C. Reynolds High School Parent-Teacher Support Organization (PTSO) is delighted to announce its most recent mini-grant recipients. Mini-grants are funded through parent, faculty and community contributions each year and totaled more than \$2,000 in awards for 2017-18. Several teachers researched and wrote mini-grant requests, promoting educational innovation, opportunity, best practices and recognition for students across disciplines. The following teachers have received mini-grant funding from the PTSO for the 2017-18 school year.

Mr. Abromitis's three Anatomy classes have received funding for special laboratory supplies to benefit 141 students.

Mr. Furlow will be able to purchase Competition University to prepare students for district, state and national DECA competitions.

Ms. Choi won funding for weekly shopping trips for her students to practice cooking and life skills and to enter their annual gingerbread house in the GPI National Gingerbread House Competition, where they won first place in the Youth Category.



Mr. Smith received funding to offset a bit of the costs for his All-District Band members, typically 40 students, to attend the overnight training and rehearsals at Western Carolina University.

Ms. Smith sought and received funding toward the cost of honor cords and refreshments for the annual CTE honors reception. Typically, 60 to 80 students are honored and their families are invited to this spring event.

Mr. Kuster received funding to purchase horticulture books to benefit 50 to 60 students.

Ms. King of the ACRHS Preschool

received funding for a new, safe outdoor playhouse.

Finally, the PTSO funded Zip-Grade for 50 teachers, a technological innovation allowing them to give timely feedback to students.

Principal Doris Sellers says of the mini-grants, "I would like to thank the A.C. Reynolds High School PTSO for their generosity in providing teacher mini-grants for classrooms. In very tight budget times for schools, the PTSO mini-grants allow teachers to plan engaging lessons with materials that would normally not be provided through normal budget resources. I am very fortunate to serve a school where

our community stands behind everything we do for students so that we can fulfill our mission of success for all students." PTSO President Alex Diez adds, "It is incredibly rewarding to see our parents endorse the teacher grant program. They can give confidently, knowing 100% of their donation goes directly back into the school."

Karen Wallace-Meigs is vice president of the A.C. Reynolds Parent-Teacher Support Organization.

Gingerbread Winner!



This is the gingerbread house that PTSO mini-grants helped to fund for Ms. Choi's class. This gingerbread house, in honor of Ella, the ACRHS Exceptional Children's Department's service dog, took first place in the Youth Category at the 25th Annual Grove Park Inn Gingerbread House Competition. Yes, it's actually made of gingerbread. Amazing!

Rabies Cases Declining in Humans, But You Should Get Your Pets Vaccinated

Rabies is a virus that can affect any warm-blooded animal (mammals). The virus is spread primarily through the saliva of the infected mammal. The most common source of infection is through bites from the diseased animal. Once infected by the virus, death is almost certain for all mammals except humans. When people are exposed, it is imperative that they seek medical attention immediately so they can receive rabies post-exposure treatment (including post-exposure vaccines).

In North Carolina the main carrier of rabies is the raccoon, followed by foxes and skunks. Over the years, in NC there

has been a dramatic shift in the number of cases. In 1990 there were only 10 cases in the whole state, but in 2003 there were 769 cases, with 70 of those in Buncombe County. Fortunately, the numbers are declining. In 2016, there were 251 for the state and only seven in Buncombe county (1 bat, 1 beaver, and 5 raccoons).

Although the number of rabies cases in animals across the country is in the thousands, the number of human cases is extremely small. According to the Center of Disease Control, 23 cases of human rabies have been reported in the United States in the past decade (2008-2017). Eight of these were contracted outside of

the US and its territories. Usually the cases from outside the country are related to US tourists bitten by rabid dogs. (Since rabies is a huge problem in China, even with people, before the 2008 Olympics in Beijing there were drastic measures to reduce the stray dog population in areas where the Olympics were held.)

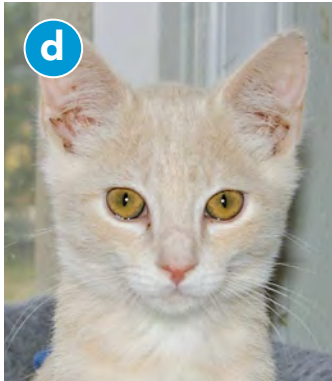
In the US, most human cases arise from exposures to rabid bats. Because of this, anyone who does a lot of caving (spelunking) should consider being vaccinated for rabies. It is also a good idea for anyone who has repeated exposure to wildlife to be vaccinated.

Rabies is easily prevented through vac-

cination. Rabies vaccines for puppies and kittens (also any animal that has not been previously vaccinated or can show documentation of vaccination) are good for one year. In adult animals that have been previously vaccinated the vaccine is good for three years.

Please be sure and check with your local veterinarian about rabies vaccination as it can differ with local ordinances as to the time duration. Also make certain to vaccinate your pets for rabies as required by law.

Charles Lloyd is a Doctor of Veterinary Medicine at Fairview Animal Hospital.



a. Jake is a 6-year-old, laid-back, wiggly-butt Boxer type. He is smart, loves car rides, enjoys taking walks or hikes and playing with other dogs. Animal Haven

b. Magee is a 9-year-old boy who would love nothing more than to curl up in your lap! He's a chatty guy who enjoys the company of people. If you're looking for a snuggle buddy, Magee is the cat for you! Asheville Humane Society

c. Ella is a 10-year-old retriever mix who was surrendered to us with a large mass on her hip. Our friends in the A-B Tech Veterinary Program were able to surgically remove the mass, and now Ella is healing and ready for adoption! She has lived with cats and dogs in her previous home, and she knows how to sit, lay down, shake, and leave it on command! Asheville Humane Society

d. Moose is a buff-colored domestic short-haired kitten! He was born in August and is a sweet boy looking for someone to love him. Charlie's Angels

e. Waylon is a 6-year-old lab who also enjoys the water and playing fetch or tug. He is an energetic dog learning about the world and building confidence daily. Animal Haven

f. Mocha, a one-year-old, is a fun, playful, enthusiastic collie girl who is always ready for an adventure. She loves playing with the other dogs and playing in the water. She is a quick study and very affectionate. Animal Haven

g. Frick is a mixed terrier boy born in June and is a lovable bundle of puppy. He's partially blind but he appears unfazed by his handicap. He's gentle, super sweet, and very affectionate. Charlie's Angels

Local Animal Shelters and Rescue Organizations	Animal Haven of Asheville 299-1635 animalhaven.org	Asheville Humane Society 761-2001 ashevillehumane.org	Brother Wolf Animal Rescue 885-3647 bwar.org	Charlie's Angels Animal Rescue 885-3647 wncanimalrescue.org
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How to Tempt Winter Birds to Your Feeder

Winter is an excellent time of the year to familiarize yourself with the more common birds found in the mountains of Western North Carolina. One quick and easy way to do this is to set up a simple bird feeder, fill it with seed and sit back and wait for the action to begin.

Starting to feed birds can be as simple or as complicated as you wish. The rules are simple and the rewards are great. For the outlay of just a few dollars, you can attract many of our seed-eating birds up to the windows and decks of your house, where they can be observed feeding, displaying and protecting their feeding areas.



Top, American Goldfinch; above, Tufted Titmouse. Photos by Simon Thompson

The main reason that we feed birds is that it is an enjoyable pastime. We like to watch the birds coming to our feeders, and it is definitely fun as well as being educational. There is little evidence that feeding birds enhances the wild populations, but bird watchers spend over a billion dollars a year on bird seed alone. Most feeding is done in the winter months, and this is the time of year that finding food can be diffi-

Watching the different species visit the feeding station gives us insight into the often hidden world of bird behavior, and that is a real treat.

cult for many birds. Insects are either dead or dormant, and for a bird, the choices are to stay and search for food or to fly south where food is still abundant. Seeds from trees, shrubs, weeds and grasses provide much of the winter food for the remaining birds, and this food choice makes it easier for us to provide extra sustenance for many species.

Black or oil sunflower seed is by far the most widely eaten seed. This small packet of energy is the favorite food for many species, including chickadees, titmice, nuthatches, grosbeaks and cardinals. There are, of course, other seeds that are preferred by other birds, and a good selec-

tion will ensure that a variety of species will visit your feeder during the winter months. Mourning Doves prefer cracked corn and millet. American Goldfinches and Pine Siskins prefer the fine seeds of nyjer or thistle, and special feeders can be obtained that prevents spillage of this relatively expensive bird food.

As well as providing seed for seed-eating birds, beef suet is another good winter food for woodpeckers, titmice and chickadees. Commercially produced suet cakes will attract the aforementioned species. Even the normally shy Pileated Woodpecker can be encouraged to approach close to the house with a tempting basket of suet. This is best placed into an ani-

mal-proof wire basket and either hung from a tree limb or fastened to the main tree trunk. As well as supplying food for birds, it is important to offer water. Even during the coldest winter, birds need to drink, and fresh water may bring in birds that no not normally visit bird feeders. However, during the colder months, the water is likely to freeze over, and a small electrical bird bath heater can be useful in keeping the water open. Again, this can be purchased from a good bird feeding store in your area. Change the water on a regular basis to keep it fresh and scrub periodically with a mild soap solution to prevent algal buildup. The same maintenance should be used to keep the bird feeders clean. Again, these should be cleaned regularly with soap and water or a mild bleach solution. Rinse them well and allow the feeders to dry before refilling them with seed.

None of this basic maintenance requires a great deal of effort, and the reward can be a pleasure to all of us. As well as just watching the different species that visit the feeding station, we get the chance to have some insight into the often hidden world of bird behavior, and that is a real treat.

Simon Thompson has lived in WNC for the past 20 years. He owns and operates his own birding tour company, Ventures Birding Tours. birdventures.com. If you have birding questions, please drop him an e-mail at the above site.

Buncombe County Rangers Can Manage Your Forest

Do you need help with planting a forest on your property or developing a plan to manage a forest as a long-term investment? The Buncombe County Ranger's Office of the NC Forest Service can help.

Establishing your next stand of trees or forestland, also known as reforestation, provides opportunities that may include future income from timber harvests and non-timber practices, improved and diverse wildlife habitat, and much more. The Forest Service can provide a forest management plan that outlines a landowner's property objectives, and there is financial assistance available for those interested in starting or improving a forest through state and federal cost-share programs.

A forest management plan may also qualify a landowner for a reduction in taxes under the present use value program. Depending on what type of plan the landowner needs, they can either be of no charge or \$5 per acre.

Landowners should speak with the ranger's office for more details on these programs and other means of realizing additional income. Costs for reforestation vary depending on site conditions after timber harvest, the terrain, geographical location and size of the area. In most cases, site-preparation and reforestation activities are available at a cost from the Forest Service.

For more info, contact 686-5885 or robert.michael@ncagr.gov. The Forest Service also has more than 50 different species of pine and hardwood seedlings for purchase. To check availability, call (888) 628-7337 or go nc-forestry.stores.yahoo.net.



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FES Destination Imagination Fundraiser

Now through February 10, you can drop off used or new shoes to help with expenses for the Fairview Elementary School's Destination Imagination teams.

The Destination Imagination (DI) program is a fun, hands-on system of learning that fosters students' creativity, courage and curiosity through open-ended academic challenges in the fields of science, technology, engineering and mathematics, fine arts and service learning.

Covering Expenses

Fairview Elementary School teams will earn funds based on the total weight of the pairs of shoes collected, and that money will help with expenses for participating in the program. Shoes must be clean and in good, wearable condition. And they must be bound either by tying



the laces together or wrapping them in rubber bands. You can drop off shoes at the entrance to the school and near the concession area by the gym or at a vendor

fair at the Fairview Community Center on February 10.

Funds2orgs

All donated shoes will then be redistributed throughout the Funds2Orgs network of micro-enterprise (small business) partners. Funds2Orgs works with micro-entrepreneurs in helping them create, maintain and grow small businesses in developing countries where economic opportunity and jobs are limited.

Proceeds from the sales of the shoes collected in shoe drive fundraisers are used to feed, clothe and house those families.

The *Crier* has featured the efforts of FES Destination Imagination teams many times, most recently in our May 2017 issue.

For more information, email fairviewelementary.di@gmail.com.

Stitching Charity Group Seeks New Members

Stitches of Love (formerly the WNC Knitters and Crocheters for Others-Arden) is a group of talented people who have created and donated over 20,000 handmade articles to local charities in the past 10 years.

They now also want to create and donate hand-sewn articles such as quilts of all sizes, fleece blankets, fleece hats and scarves and lap robes. Their next meeting will be January 8 at New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville from 7 pm to 9 pm.

All skill levels are welcome. If interested, contact Janet Stewart at 575-9195.

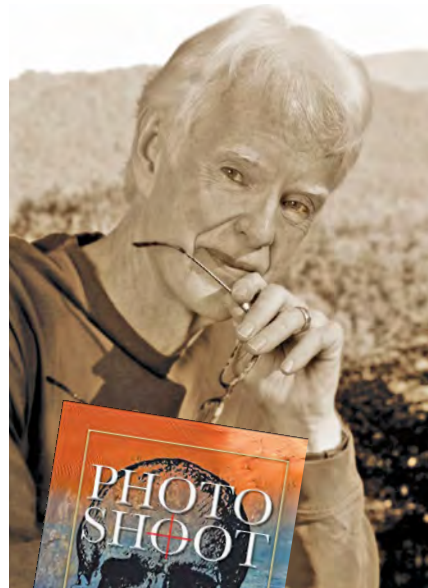
Local Author Publishes Second Book

Back in 2014, Fairview author Jon Michael Riley told the *Crier* that he wished he could have a book signing at Malaprop's in downtown Asheville. He published his first book, *Dream the Dawn*, and got his wish.

Riley has now reached a new milestone with the publication of his new book, *Photo Shoot*, which is the second book in his Channey Moran series.

The book brings readers face to face with Somali pirates who have kidnapped American sailors. Riley based the plot on the 2009 hijacking of the MV Maersk Alabama, which was the first major American vessel taken by Somalis.

The new book is available at amazon.com, Barnes & Noble, Kobo, Indie-bound.org and iBookstore.



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ON THE ROAD



Becky Lloyd, founder of Signs for Hope, was reading the *Crier* in Tegucigalpa, Honduras at the Happy Hands (Manos Felices) Christian School for Deaf Children. They were celebrating pre-school and basic education (9th grade) graduations. To learn more about these students and their teachers, contact Becky at bekyblloyd@gmail.com.

Post Office Provides Solution to Missing Mail

The *Crier* has heard of several residents missing mail and in some cases being confident that mail and/or packages have been stolen.

The U.S. Postal Service is offering a valuable new program available for residences: Informed Delivery.

After a simple online registration, the Post Office will send an email each morning with a PDF image of all mail that has been scanned at the local post office and is out for delivery on that day. You will know in the morning exactly what should be in your mailbox in the afternoon.

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How Can You Improve Your Financial Fitness This Year?

If one of your New Year's resolutions is to get healthier, you may already be taking the necessary steps, such as improving your diet and increasing your exercise. Of course, physical fitness is important to your well-being – but, at the same time, don't forget about your financial fitness. Specifically, what can you do to ensure your investment situation is in good shape?

Healthy Living

Here are a few “healthy living” suggestions that may also apply to your investment portfolio:

• **Build endurance.** Just as exercise can help build your endurance for the demands of a long life, a vigorous investment strategy can help you work toward your long-term goals, such as a comfortable retirement. In practical terms, this means you will need to own some investments with the potential to provide long-term growth. These are the investments that, ideally, you can hold on to for decades and eventually reap the benefits of capital appreciation. Of course, growth-oriented investments, such as most types of stocks, will rise and fall in value over the short term, and there's no guarantee of profits, or even preserving principal. But if you choose wisely, and you've got the patience and discipline to

hold on to your investments through the market's ups and downs, you may well be rewarded.

• **Maintain an ideal “weight.”** You can help yourself stay healthy by maintaining your ideal weight. This can be challenging – as you know from the recently finished holiday season, it's easy

To enjoy your life fully, you'll want to take care of your physical and financial health.

to put on a few extra pounds. And, just as inadvertently, your portfolio can tack on some unneeded weight, too, in the form of redundant investments. Over time, you may have picked up too many similar investment vehicles, resulting in an overconcentration, or “flabbiness,” that can work against you, especially when a market downturn affects the asset class in which you're overloaded. So, you might be better off liquidating some of your duplicate, or near-duplicate, investments, and using the proceeds to help broaden your investment mix.

• **Get proper rest.** Many studies have shown that we need adequate rest to stay

alert and healthy. In your life, you've probably already found that if you over-tax your body, you pay a price in your overall well-being. If you look at your investment portfolio as a living entity – which, in a way, it is, as it certainly provides life to your goals and aspirations – then you can see that it, too, can be weakened by stress. And one of the main stress factors is excessive trading.

If you're constantly buying and selling investments in an attempt to boost your returns, you may rack up hefty fees, commissions and taxes – and still not really get the results you wanted. Plus, if you're frequently moving in and out of different investments, you'll find it hard to follow a unified, long-term strategy. So, confine your trading to those moves that are really essential – and give your portfolio a rest.

To enjoy your life fully, you'll want to take care of your physical and financial health – and, as it turns out, you can make similar types of moves to help yourself in both areas.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

Quentin Miller to Run for Sheriff

Quentin Miller, a sergeant with the Asheville Police Department, will run for Buncombe County Sheriff in 2018.

Miller graduated from Asheville High School in 1981 and then joined the army, where we met his wife of 31 years, Karen. They have six children and nine grandchildren and have fostered more than 100 children since 2005. He has been with the APD since 1994. He served as a member of the department's original community policing unit, “PACT,” where he received the Officer of the Year and Overall Regional Award for initiating a street ministry and midnight basketball program for at-risk youth. He also led a job training program for unemployed community members and ran a summer camp for at-risk youth for nearly a decade.

“I'm running for Sheriff to bring modern policing techniques to Buncombe County to strengthen community policing and increase accountability and public safety. I will work to ensure deputies and corrections staff are trained to address a wide variety of challenges including the opiate epidemic and a growing mental health crisis,” says Miller.

The primary election for this seat will take place on May 8, 2018. For more info on Miller, go to quentinforbuncombe.com.



Gratitude for the Old North State

With the final passing of the holiday season, I wanted to think about the many ways that the North Carolina government makes a difference in our lives here in Fairview. But first, you need to know that the General Assembly is scheduled to re-convene on January 10 for yet another special session. We are expected to debate several constitutional amendments, which would be voted on by the citizens of our state in 2018. The court system has been under a lot of scrutiny, and there are political forces in Raleigh who would like to see judges appointed rather than elected in North Carolina. Merit appointment could work well if the politics can be wrung out of the process, but so far that does not look like the approach that will be taken. The separation of powers between the three branches (legislative, executive, judicial) is a fundamental strength in the American structure of governance, and must be defended at all cost.

I am expecting there to be some legislation dealing with the environmental problems of the Cape Fear River. The NC Department of Environmental Quality (DEQ) has reached a settlement with Chemours Corporation over the discharge of GenX into the drinking water of millions of people. Little is known about this chemical, but it is believed to be a carcinogen at some level of contamination.

Water purification plants have been unable to find filters to protect water consumers from GenX.

What needs to be resolved in January is the HB 13 K-3 class size crisis, which you can read about in detail in Cindy McMahon's School Board report in this issue of the Crier. I will be reporting on the January Special Session next month, including other issues that may emerge.

Returning to my search for gratitude, let me begin by saying that North Carolina was once one of the poorest states in the United States. Political leaders in the past saw the benefit of collecting taxes to build transportation infrastructure (roads, airports, seaports, railroads) and to provide quality public education and a university system that would enhance the earning power of families and attract businesses to the state.

The NC Department of Transportation has been active in Fairview during the past year. The curvy mountain road on which I live, 74A, saw a major upgrade of guardrails, as did other roads in our community. There has been concern about guard rail design, especially the ends of each section. We see a lot of accidents, especially when the roads are slick, and I am grateful for the large expense of making the highway safer.

NC DOT also spent a lot of money on re-paving 16 of our secondary roads in Fairview, at a cost of about \$1.7 million.

Garren Creek Road was especially in need of work. Unlike many states, there are no county-owned roads in North Carolina. Our state manages the second most miles of roads next to Texas, a testimony to past and current infrastructure spending by the legislature. And the DOT is gearing up for the most expensive project in Buncombe County, as the I-26 connector gets underway.

Road infrastructure costs taxpayers a lot of money. Just count the signs on the side of the road as you drive to town. Roadside signs cost between \$200 and \$300 for labor, sign and post. Revenue to cover these costs comes from fuel taxes we pay when we gas up. Our state tax tends to be higher than our neighbors (I try to fill up when I am in South Carolina). In large part, that is because we have so many miles to maintain, and growing cities that need new roads. There is a looming shortfall in gas tax revenue because cars are more fuel efficient.

Unlike most states, North Carolina teachers are paid their basic salary by the state, not by local property taxes. Buncombe County, in general, is responsible for building and maintaining school buildings. Fairview School, Cane Creek and Reynolds middle schools and Reynolds High School are dependent on millions of dollars coming from Raleigh for supplies

and payroll. Charter school teachers are also paid from the state budget, and increasingly even private schools receive state voucher money to educate North Carolina students.

Finally, the old Fairview landfill was found to be an environmental hazard. It was located on Hollywood Road near Pleasant Grove Church, and operated from the 1960s to 1976 by Buncombe County. It was unregulated by any modern standards, and anything and everything was dumped there, including by yours truly. The Department of Environmental Quality has had to create a program called PRLF (“pre-regulatory landfill” program) to deal with hundreds of problem dumps like the one in Fairview. One well near the site was contaminated at an unsafe level. At a cost of \$2.7 million, the Fairview landfill is now fully remediated.

There are many other state dollars coming to Fairview, and it is easy to overlook the efforts of your state to provide for a safer and better educated Fairview for everyone. Please contact me with any issues you have with North Carolina government.



Rep. John Ager, District 115 North Carolina House of Representatives. Contact john.ager@ncleg.net or 713-6450

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Teresa Pearman Wins Ugly Sweater Contest



Americare Pharmacy recently held its annual Ugly Sweater Contest and this year's winner is pharmacist Teresa Pearman.

Every Monday, all staff members pull out all stops to try to top the others in wearing the ugliest, tackiest sweater ensemble.

Customers vote on Americare's Facebook page for the winner. We at the *Crier* wonder if the voting was rigged because this photo of owner Patrick Bryant seems like he could have taken first place.



NOVEMBER FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	8	1,750,000	224,000	644,206
Homes Sold	18	999,000	150,000	462,366
Land Listed	4	499,000	39,900	204,475
Land Sold	8	449,000	32,500	219,375

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

BUSINESS SHORTS

Congratulations to Cody Ryan of **Smokey Mountain Custom Detailing** on 10 years of detailing cars in our community. They are located at 373 Church Road in Fairview and are open Monday to Friday 8 am-7 pm. Call for an appointment or for information on gift certificates, 423-2408.

New year, new look. **Delia Design** has been in business in Fairview for 10 years but has re-branded as **Magnet Creative Group**, offering comprehensive solutions for marketing products or services. They continue to work toward building long-term relationships with clients. The same team remains in place, and they continue to offer the same products and services, from logos and branding to print and digital design, promotion, and print production. Check out the new website at magnetcreativegroup.com or call Tony Delia at 280-1184.

The Hub of Fairview and **The Fairview Town Crier** have new hours: Monday to Friday, 11 am-5 pm and by appointment. Call Sandie or Annie at 628-1422 (The Hub) and 628-2211 (The *Crier*). There is also a blue drop box on the wall outside that will accept payments, questions or submissions 24/7.

Whistle Hop Brewery will be open throughout the winter with the following hours: Thursday, 4-10 pm, Friday, 3-10 pm, Saturday, 12-10 pm, and Sunday, 12-9 pm. They will have their new 10-barrel brew system in place for 2018 and will be increasing batch size to have more of their own beers. Food trucks and live music will continue throughout the winter. Thursday is Jazz night, 5-7pm, and there will be live music Saturday and Sunday, 4-6 pm.

Randy Wood of **The Fairview Barbershop** announces the addition of a new barber, Chris Bryson, who started in early December. Chris has 10 years experience and is originally from Arden. Added to Randy's 41 years of experience, that's over 50 years of barbering expertise right here in Fairview. Stop by any Monday through Friday at 821 Charlotte Highway and give Chris a good old Fairview welcome.

Festive Fairview Friday got blasted off the calendar due to the big snow-storm that no one seemed to predict. The event featured four local businesses and was held the following Friday but lost some momentum, as they say.



Welcome New Members

- Ken and Lisa Slechter of SECO Electric
- Mark Rountree of Rountree Productions

The Fairview Business Association has grown and evolved over the many years since it was founded. We've taken a try at different business projects, such as doing a trade show, having a coffee "Meet & Greet," etc., and what we've found is that networking and socializing with local business folks works best for actually bringing new customers to our members. When folks can put a face to the name, they remember you. And our community is made up of mostly people who want to support each other and who will choose a neighbor business before a "Yellow Pages" business every time.

And that's the value of attending a meeting now and then. We have them on different days and even different times. To get the most for your membership, you should pop in once in a while and let everyone recognize your face and get to know you and what you do.

No Member Meeting in January

Over the years poor attendance at our January meetings has made us realize it's just not a good time to hold a meeting and so we have opted to skip January meetings. All of us are focusing on the operations of our businesses as we start a new year. It is a time to reflect on what has worked, what could work better, and so on.

December FBA Holiday Party

What a great turnout we had! Starting with the appetizers, followed by a delicious buffet dinner prepared by Barbara Tromatore of The Welcome Table, followed by a cool band led by singer Dulci Ellenberger (thanks for the tip, Lisa Witler). Unfortunately, the FMA folks just weren't in a late-night party mood that night, so things broke up early. Everyone did stick around for prize drawings donated by most of the member businesses in attendance. Everyone was thrilled. Another person thrilled and somewhat overwhelmed was FBA President

You can also mail your \$60 check payable to FBA to: Fairview Business Association, PO Box 2251, Fairview, NC 28730 or drop it by the The Hub/*Town Crier's* office at 1185-G Charlotte Highway, Monday–Friday, 10 am-5:30 pm (cash/check only). A fourth option is to join at a members' meeting.

Sandie Rhodes, who is stepping down a year early and handing the reins over to the capable hands of Justin Purnell. Seems Janet Peterson, Frank Dixon and other members of the Executive Committee got an idea and called upon member Alan of Mountain Glass Werks to create a plaque to bestow on Sandie for her years of service to the FBA. She was brought to tears and will enjoy the beauty of the stained glass piece



along with the kindness and appreciation from her fellow members for years to come.

Time to Renew or Join!

Your \$60 yearly membership includes:

- Listing in the Directory at right printed every month in the *Town Crier*.
- Displaying business cards on the bulletin board outside of the Fairview Post Office.
- Listing on fairviewbusiness.com (logo, photo and link to email and/or website).
- Networking events throughout the year.
- Opportunity to host a member meeting.

Visit fairviewbusiness.com to join online via Pay Pal or your credit card. Be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications.

TIME TO RENEW MEMBERSHIP



KEEP IT LOCAL with FBA Members

Accounting/Bookkeeping	Landscaping/Excavating/Nurseries
My Office Wizard 242-0390	Asheville Stone 628-ROCK
Architecture	Fairview Landscaping 628-4080
Rueger Riley 407-0437	Lucas McCain Lawn/Landscape 691-0333
Artists/Artisans	Ray's Landscapes..... 628-3309
Mountain Glass Werks 424-1077	The Garden Spot..... 691-0164
Silverpoem Studio 782-7984	Legal Services
Auto/Truck Sales	Legal Shield 606-6442
High Country Truck & Van..... 222-2308	Markets Farm Stores CSAs
Financial Planning/Mortgages	Cane Creek Asparagus & Co..... 628-1601
Union Home	Flying Cloud Farm 768-3348
Mortgage Bankers..... 243-4687	Hickory Nut Gap Farm 628-1027
Edward Jones 628-1546	Silas' Produce 691-9663
Building/Maintenance Services	Troyer's Amish Blatz..... 280-2381
AA Diamond Tile 450-3900	Medical Services
All Seasons Heating & AC 651-9998	Anger Management/Maggi Zadek .. 628-2275
Balken Roofing..... 628-0390	Apex Brain Center 681-0350
Cane Creek Concrete..... 230-3022	Avora Health 505-2664
Daylight Asheville..... 778-0279	Fairview Chiropractic Center 628-7800
SECO Electric..... 298 9732	Flesher's Fairview Health Care 628-2800
Vintage Remodeling..... 628-1988	Skyland Family Rehab Center 277-5763
Business Services	Monuments
Asheville SCORE 367-7570	Martin Monuments..... 298-8282
Crunch Media 384-2330	Newspaper
OMH Solutions (Wellness)..... 214-7827	Fairview Town Crier 628-2211
PostNet of Central Asheville 298-1211	Non-profits
The Hub of Fairview..... 628-1422	Food for Fairview 628-4322
Cleaning Services	The Lord's Acre Hunger Garden 628-3688
Cinderella Cleaning Service 713-2798	Pest Removal
Rainbow International..... 333-6996	Bugtec LLC..... 777-1577
Steam Master Carpet &	Pet Services & Supplies
Upholstery Cleaners..... 628-9495	3 Bs Inn – Bed, Breakfast
Computer Services	& Biscuits..... 625-4926
MacWorks 777-8639	Elena the Groomer..... 628-4375
Scobie.Net..... 628-2354	Fairview Kennels..... 628-1997
Contractors/Builders	Little Friends Pet Sitting 808-4350
Appalachian Log Homes..... 628-3085	Pharmacy
Asheville Contracting 785-8788	Americare Pharmacy 628-3121
Bostic Builders..... 606-6122	Photography Services
Cool Mountain Construction 778-2742	Highlander Unmanned Drones 777-0719
Moose Ridge Design & Const..... 777-6466	Real Estate Sales
Richard Killian Construction..... 775-3039	Allen-Burton Team 329-8400
Dance Lessons/Events	Terri Balog, Keller-Williams..... 702-9797
Dance For Life 505-1678	Sandy Blair, Realtor/Broker..... 768-4585
Education/Instruction	Cool Mountain Realty..... 628-3088
Advanced Educ. Tutoring Center..... 628-2232	Lynelle Flowers, Exit Realty 337-3077
Fairview Preschool..... 338-2073	Greybeard Realty 778-2630
Rising Star Magic/Comedy/	Nina Kis, Keller-Williams..... 242-8029
Motivational Speaker 321-626-2622	Justin Purnell, Town &
Mighty Oaks	Mountain Realty..... 551-3542
Montessori School..... 338-0264	Restaurants Breweries Distilleries
Emporium/Flea Market/Gift Shop	Brewskies..... 628-9198
New Moon Marketplace..... 222-2289	Fairview Pizza..... 338-5039
The Hub of Fairview..... 628-1422	H&H Distillery..... 338-9779
Equipment Rental & Repair Services	Mountain Mojo..... 333-1776
Carolina Equipment Rental..... 628-3004	Nachos & Beer..... 298-2280
Ed's Small Engine Repair..... 778-0496	Subway of Fairview/Reynolds..... 628-3080
Event Entertainment	The Local Joint..... 338-0469
Rountree Productions..... 412-656-4792	Whistle Hop Brewery 231-5903
Eyecare Center	Saw Mills
Elite Eye Care..... 687-7500	Sunrise Sawmill 277-0120
Flooring – Retail and Commercial	Solar Systems
CC Flooring 712-1671	Sugar Hollow Solar 776-9161
Home Inspections	Tattoo Parlors
Mountain Home Inspections 713-9071	Touch of Grey Tattoos..... 778-2742
House Rentals – Short Term/Vacation	Veterinarians
Bearwallow Cottage 712-2651	Cane Creek Animal Clinic..... 628-9908
Cloud 9 Relaxation Home 628-1758	Cedar Ridge Animal Hospital 575-2430
Sabél Apartments..... 232-1042	Fairview Animal Hospital..... 628-3557
Sunset Hollow Vacation Rental 768-0120	Wellness/Healing/Massage
The Cove at Fairview..... 628-4967	Dream Roper 209-8981
Insurance	Fairview Massage & Bodywork..... 216-1364
Financially Complete..... 230-8168	Marië's Essential Oils 713-2798
Gloria Berlin Agency/Allstate..... 298-2483	Mountain View Healing Hands..... 628-1539
Prime Time Solutions..... 628-3889	Relief Licensed Massage and
Stovall Financial Group..... 275-3608	Bodywork Therapy, LLC..... 333-0089
Tammy Murphy Agency..... 299-4522	Women's Resale Clothing Store
Trout Insurance..... 338-9125	Clothes Mentor 274-4901

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More than Just Gardening Help Needed

Want to volunteer at The Lord’s Acre but not get your hands in the dirt? We dearly need folks who will organize crews to help us with all types of occasional work. As the season winds down we thought we’d give you a menu of ways you can do just that.

Over the past nine years, a very small handful of board members have done most of these tasks. If they were freed up to focus on growing and distributing food and providing education, they could do so much more and not risk burn out. That’s where you come in. We hope you’ll look over this list (you may even want to make some additions to it) and see if you and a few friends might be willing to take something on for a bit. I can guarantee your help will allow us to do so much more. Thanks for being the best community ever.

Equipment Maintenance and Upkeep Crew

We have a tiller, a riding lawnmower and an older tractor that occasionally need repair or upkeep. Even the non-mechanized equipment sometimes needs help – the wheelbarrow with a flat tire or the cart with a missing part. It would also be a huge help to have folks winterize our equipment.

Road Crew

If you’ve been to the garden you know the gravel road to the garden is a bit rough, to say the least. This is where folks who have and like to run big equipment really shine. The road occasionally needs grading, maybe a culvert or two, and some gravel.

Structures Crew

Sheds, intern bunkhouses, fences and gates – there are structures that sometimes need a little repair here and there. If you’re skilled and willing, we’d love to be able to call on you for these quick fixes. We can even let you know when we’re building another structure. It’s always great to have folks who know which end of a tool to hold.

Garden Docents Crew

On Wednesday nights during the season, volunteers show up between 6 pm - 8 pm to work in the garden. It’s hard for us to keep an eye out for new folks to say hello, make them feel welcome, show them around and get them going on a task. We’d love to have a rotating crew of docents to help regulars get signed in while watching out for those first-timers.

Medicinal Herb Garden Crew

We have a medicinal herb garden and are seeking an ongoing partnership with a local herb company. For a while, Red Moon Herbs worked with us, but our liaison’s work load picked up so we’re looking for that special person who has a passion for seeing that herbs get in the hands of those who need them. An herb company could have plant material from our garden hopefully in exchange for some of the products going toward helping those in need. This crew can also weed, mulch and tend the plants, if so desired.

Electrical Crew

One of our board members is an electrician but he could certainly use some back up from time to time. Our electrical needs aren’t many or often but when we need help we need experts.

Greenhouse Specs Crew

We need a passive solar greenhouse and we have a board member who’s willing to help work on getting the specs for it but he could use some help. We have two local models we’re interested in. In order to get a grant, we need materials and price lists. If this kind of thing excites you, we’d love to talk. If you’re interested, you can even help see it to completion if we get the grant.

Weekly Green Opportunities Delivery Crew

We’re looking for someone who will be in charge of finding and reminding a crew of folks to come pick up herbs and gourmet items to take to Green Opportunities Kitchen Ready Program in downtown Asheville. You could even time it to have lunch at their pay-what-you-can lunch.

Mowing Assistant

Fairview resident David Fletcher has mowed the garden and surrounding areas once a week for about eight years during the growing season, and we know he could use someone(s) to take one or two weeks a month. We have a riding mower and the job takes less than an hour.

Self-Guided Tour Project

We’ve crafted the wording and a rough map of the garden and would love to turn that into a one-page sheet or brochure so folks can tour the garden even when we’re not around. If you have skill and interest in such things, we’d love to work with you.

Events at the Garden Crew

Between spring and fall, we’ve always dreamed of hosting monthly events at the garden, such as an open stage, a talent show, star gazing, a poetry slam, a pie-making contest and more. If you’d love to see that happen and have the interest and skill to pull together a crew of like-minded folks to plan and get the word out, you’d be bringing a lot of happiness to your community.

Dump Run Crew

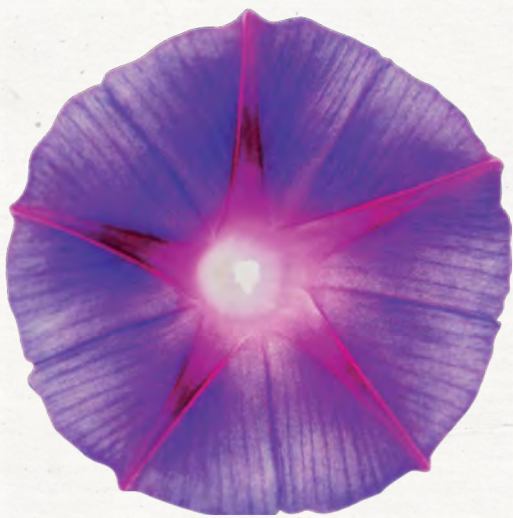
Twice a year or more it would be wonderful to have folks call us when they’re making a run to the county dump. We typically don’t have much to add but it’s an enormous help not to have the make the 1.5-hour round trip and pay the fee.

Weekly Garbage Pickup

Our garden manager takes home the intern/garden garbage and recycling once a week to put in her personal pickup at home. It would be wonderful to have someone to take that on.

If you have questions or are interested in helping with one of these crews please write us at info@thelordsacre.org.

Legacy



Jim Carillon took a poetry writing class at UNCA last fall. He’s also involved with the Lord’s Acre, so we thought this was a great spot to run one of the poems he sent to us. – *The Editors*

*The interns had already cut and stacked the long green stalks
Before I arrived and laid them to rest in a large pile near the tool shed.
My task to cut these into smaller sections and haul them by wheelbarrow
To a composting row we began last week near the still thriving okra.*

*As usual at this community garden I started this all too sedentary task in earnest,
Hoping to soon move on to heavier chores that would involve me with the other volunteers.*

*At first, I didn’t recognize most of the long green plants below my feet
Save for a few heavy-headed sunflowers with their even heavier bamboo-like stalks.*

*Perhaps at least with them I could find a few seeds to pocket and take home
To add to our birdfeeder outside the window near my wife’s desk.
Although the heads of these sunflowers were fringed in their familiar bright yellow petals
The centers of these behemoths were now barren with their plentiful seeds long gone.*

*The more numerous other plants were unfamiliar to me in this piled state of refuse.
Easier to cut than the sunflowers they narrowed quickly to finer and finer branches
With bright red berries fruiting the top of these equally tall stalks —
Clearly not like the vegetable plants I have moved many times to other compost piles.*

*And then there it was – one late blooming flower that had not yet turned to berries:
Bright purple and variegated, infinitely more interesting, more complex than the sunflowers.*

*Hewn before it could ever produce its intended offspring, and all-the-more glorious
In its delicate beauty shared one last time with this too busy helper.*

*Pausing for just a moment while admiring this surprisingly beautiful flower, I began to wonder:
When I too am soon cut down and my financial stalks are divided among worthy
Compost piles (this garden among them), will there be anything familiar in my body of work?
With my own seeds dispersed, will I leave only sturdy reliable yet seemingly barren sunflower stalks?*

Or will I too leave a surprise that lures another busy helper to pause and smile?

Winter Trees and Delicious Teas

The first snow of the season descended upon our beloved mountains, surprising us all. Instead of a dusting, we received close to a foot of beautiful snow and it was the kind of storm that was pure artistry, as every branch and twig was coated with stunning white beauty and grace. There is nothing like a good snowstorm, especially in December, as it awakens the holiday spirit deeply inside me, provides a perfect insulating blanket for the earth, and feeds all the trees, shrubs and gardens with minerals from the sky and moist waters.

The morning after, I bundled up and walked the property with my camera, drinking in the beauty of winter and marveling at the wonderland surrounding. I noticed a sassafras tree seedling by the border of the woods – its top was bright green, giving it away immediately. I also saw the Spicebush trees with their dormant little buds tucked under snow along the branches and also spotted a few black birch trees with their telltale ebony-colored tree trunks glistening with an extra luster in contrast to the snow.

These three trees are common in the mountains and forests of the Blue Ridge and they are relatively easy to identify in

Winter is a time for quiet reflection and inward journeys and nothing is better than a cup of fresh tea on a cold, icy night.

the winter. Each of these trees also make a wonderful tea even in the midst of winter with temperatures into the teens and snow on the ground.

Sassafras (*Sassafras albidum*) and spicebush (*Lindera benzoin*) are shrubby trees and both are members of the laurel family. Tree identification in winter can be a real challenge, but sassafras is fairly easy to find with its textured bark and telltale bright green tops on the branches and saplings. The root is used for tea, and it can be dug all winter and preserves extremely well, as it is loaded with volatile, aromatic oils that smell like strong root beer. Small sapling roots release themselves fairly easily from the ground, but many times the joke is on us as they are often connected to a hidden, old root ball that will not budge. I wash the dirt off the roots and bring water to a boil. I add the roots and let it boil for a few minutes and then steep until cooled. It makes a delicious tea, and I like it sweetened with either maple syrup or honey. In my cupboard, I also keep a jar of dried, pulverized sassafras leaves, which is traditionally used as part of the “file seasoning” for traditional gumbo. However, it is a nice addition to many soups and stews, giving it a subtle flavor and serves as a thickening agent.



Top left, black birch trees grow much taller than sassafras or spicebush.

Above, black birch twigs can be harvested all winter. Just add boiling water and enjoy some delicious tea.



Left, spicebush can be hard to identify in the winter, but the big giveaway is the aroma from a broken twig, which has a lemony citrus smell.

Below, tree identification in winter can be a challenge, but sassafras is fairly easy to find with its textured bark and telltale bright green tops on the branches and saplings.



and one simply adds a handful of them to boiling water. Let cool and then enjoy! Black birch twigs are also a great addition to special sauces for meat dishes providing unique flavors. One can use black birch twigs as “chewing sticks” on a winter hike. They are one of the earliest alternatives to our contemporary toothbrushes, and the volatile oils inherent in the tree are especially good for the gums.

The winter solstice is upon us and the light is dwindling in the late afternoons;

but one can be reassured that ever so slowly the light always returns and broadens daily in our lives. Winter is a time for quiet reflection and inward journeys and nothing is better than a cup of fresh tea on a cold, icy night.

Contact Roger at rogerklinger@charter.net.

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Diane Morris.....	713-1678	Surrett, Mike, Contractor	230-8494
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Fairview Chiropractic Center	628-7800	Cane Creek Middle School	628-0824
Fairview Kennels	628-1997	Fairview Elementary.....	628-2732
Fairview Landscaping.....	628-4080	Reynolds Middle School	298-7484
Family Care of Fairview	296-0880	Reynolds High School	298-2500
Fleshers Healthcare	628-2800	POST OFFICES	
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Galloway Masonry	776-4307	Fletcher Post Office.....	684-6376
Great Wall Chinese Takeout ...	298-1887	Gerton Post Office.....	625-4080
GreyBeard Realty	298-1540	COMMUNITY CENTERS	
Guardian Property Service	699-6262	Cane Creek CC.....	768-2218
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High Country Truck & Van	222-2308	Spring Mountain CC.....	233-5601
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		The Lord’s Acre Garden.....	628-3688
		Meals on Wheels.....	253-5286

It’s Complicated: Prescription Insurance 101

continued from page 12

toward medications until you have spent a certain amount of your own money out of pocket, kind of like a second deductible.

North Carolina Medicaid

Medicaid is a state-level program that provides insurance to those that cannot afford insurance otherwise. Medicaid is very different from private insurances and Medicare when it comes to medications because it has a standard formulary of medications that are covered and provides clear guidelines about when they will cover medications that are not on that formulary. They also do not have a deductible. And because it is designed for lower-income groups, the copays are often much more affordable than some private insurances or Part D plans.

Resources

Fortunately, there are some resources to help if your insurance is not covering your medications. First, when you sign up for an insurance plan other than Medicaid you will be sent a packet of information that includes a formulary. This is simply a list of medications that your insurance will cover to some extent (remember your deductible!). Keep this document handy as it can be enormously helpful to your healthcare provider and help eliminate any delays in getting you the medication you need.

For many expensive brand-name medications, those with private insurance also may have the option of using a copay assistance card. These cards are applied to your

copay to bring it down to a more affordable price. You can apply for most of these programs very quickly online. Unfortunately, anyone with government insurance (Medicare or Medicaid) does not qualify.

Medicare patients who are having trouble affording the copay for their medications may also qualify for another government program called “Extra Help.” This is available to Medicare patients who meet certain income requirements, and this assistance can bring medication copays down to as low as \$1. The Council on Aging in Buncombe County is an excellent resource to determine if you qualify and help you apply.

There are resources for folks without prescription insurance as well. Almost all drug manufacturers will offer brand-name medications for free to patients without insurance if they meet income requirements. There is often an application process and requirements for proof of income to enroll in these programs, but they are an excellent resource for patients who cannot afford a prescription plan and their medications.

There are also coupon cards that can be used with any kind of insurance. These are programs such as GoodRx (goodrx.com). These cards vary in the amount of help offered but can be useful if none of the options above are available.

Irene Park Ulrich is a Doctor of Pharmacy at MAHEC Family Health Center at Cane Creek.

The Fairview Town Crier

The voice of our community since 1997

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Submissions

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the *Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The *Fairview Town Crier*. Email editor@fairviewtowncrier.com or mail to *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The *Fairview Town Crier*. Include name, address, and phone. Email editor@fairviewtowncrier.com or mail *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730.

CLASSIFIEDS

FOR RENT

COMMERCIAL BUILDING right on Charlotte Hwy in Fairview. 1300 sq ft. \$1295. Potential for restaurant, brewery, many possibilities, nice outdoor space along the creek, additional parking available. Up fit to suit. Cool Mountain Realty, 779-4473.

FOR SALE

BATTERY-DRIVEN TRAILER DOLLY FOR SALE. Used once. Purchased new for \$1,500. Selling for \$1,000 or best offer. Call 828-505-6458.

FOR SALE (LAND)

FAIRVIEW—WON’T LAST. 3 acres+, quiet, stream, perked for 3 bedrooms. REDUCED from \$79,900 to \$59,900. For directions call owner: 575-4952.

WANTED

REAL ESTATE AGENTS! Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

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FAIRVIEW QUICKBOOKS & ACCOUNTING MEETUP GROUP QuickBooks Teacher - On Site. You learn how. Farms half price!

Brenden 828.242.0390 Lecture Series: Credit Card Processing with Square, January 10 (Wednesday), 1-2PM at The Hub of Fairview. meetup.com/Fairview-Quickbooks/

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20 YEARS EXPERIENCE serving the WNC community. Tax, bookkeeping, payroll, consulting, Business and Personal. Local references. 338-0314.

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ALL CONSTRUCTION SERVICES

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ART CLASSES — Age 14 to Adult. Beginner to Advanced Instruction in various mediums, styles and subjects taught by nationally recognized artist, Bob Travers in Fairview location. For more information on classes, visit bobtraversart.com or call 776-6376.

YOGA

YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZOELLER. An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class.

NOTICES

NEW SONS OF CONFEDERATE VETERANS CAMP (Cane Creek Rifles) meeting at Fletcher Fire Department, Tuesday, January 2 at 6 pm. Find out about your Confederate ancestors and southern heritage. For more information, call 628-1376.

 CUT HERE



Did you know The Town Crier is a non-profit newspaper? Yes, it is and it brings community news and events FREE to every mailbox and PO Box in Fairview and Gerton and part of Fletcher and Reynolds every month... that’s over 8,400 households. Public support is critical to our maintaining this status which allows us to mail at a discounted rate. Your support also helps us keep our office open, which in turn supports other non-profits, community and civic organizations. We appreciate your support, when you can, with whatever you can give. We love our community and want to hear from you so drop us a line from time to time. Or call any day, Monday – Friday, 10 – 5 pm, 628-2211

Donation Form

Happy to help with my tax-deductible donation to the Fairview Town Crier.

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ADDRESS _____

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☐ CASH IS ENCLOSED CC # _____ EXP _____

☐ SEND RECEIPT SEC CODE _____ BILLING ADDRESS ZIP _____

MAIL TO: Fairview Town Crier, PO Box 1862, Fairview, NC 28730, drop in blue drop box outside office at 1185–G Charlotte Highway in Fairview or donate securely online at FairviewTownCrier.com

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THE FAIRVIEW TOWN CRIER January 2018 31



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The Fairview Town Crier 2018 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

BLACK AND WHITE DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$317	\$347	\$376
Half Page	\$191	\$214	\$231
Quarter page	\$109	\$128	\$139
Eighth page	\$65	\$82	\$92
Business card	\$45	\$55	\$60

Nonprofit ad rate is 20% off applicable rate. Note: 1x ads are payable in advance.

SAVE MONEY: On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

CLASSIFIED ADVERTISING RATES

Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). All classifieds ads must be prepaid. Notices and personal ads not selling anything are free.

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WEST IN COUNTY! Need lots of space? 3 BR, 3.5 bath, brick, private 2+ acres, HOME WARRANTY, fam rm, 2 FPs, bonus rm, cov front deck, patio, 3-car gar on main, add'l gar in bsmt, *MLS#3336635, \$559,900!*



FAIRVIEW! 4.78 flat acres on Cane Creek Rd in the heart of Cane Creek Valley, property is not in the flood zone, has a well & septic tank - buyer to verify, 330 ft of road frontage, *MLS#3296048, \$425,000!*



NORTHWEST IN COUNTY! Spacious home w/4BR, 2.5 bath on 1.55 acres, full bsmt (some finishing), 2-car gar, deck, HOME WARRANTY, siding, sec sys, LR w/ gas FP, *MLS#3263712, \$359,900!*



LEICESTER! New home, 3 BR, 2.5 bath on .64 acres, kitch w/SS appliances, granite countertops, HW and tile, cov front porch, large open rear deck, 2-car gar, full bsmt, 2 ht pumps, *MLS#3320486, \$355,000!*



RICEVILLE! Immaculate brick home on level .84-acre lot, 3 BR, 2.5 baths, full unfinished bsmt, wonderful kitch w/dual ovens, den w/FP, heated sunroom, HOME WARRANTY, *MLS#3324002, \$354,000!*



ARDEN! 2 BR on 1.38 level acres zoned R-3, perfect for multiunit, HOME WARRANTY, fenced yard, cvred porch, back deck, carport, near Ingles & Mission Pardee, *MLS#3321190, \$310,000!*



WEST! 3 BR/2.5 bath, 1.5-story home, master on main, FP in spacious living room, den in bsmt, cov front porch & rear decks, quiet subdivision close to schools, *MLS#3342836, \$275,000!*



SOUTH-ROYAL PINES! Charming 2 BR, 2 bath, level .32 acre lot, lg living rm, rock FP, updated kitch w/bfast bar, HOME WARRANTY, huge patio, fenced back, outbldg, *MLS#3341756, \$220,000!*



SOUTH! Wonderfully private 9.54 acres in Hoopers Creek, close to AVL & Hendersonville, wooded, quiet, cascading creek w/waterfalls. Surveyed into 4 lots or suitable for mini estate, *MLS#3186397, \$137,000!*



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RESULTS!

Timberwood	Pending in 13 days
Winding Way	Pending in 34 days
Ridgeway Dr	Pending in 14 days
Bramblewood	Pending in 27 days
Blalock Ave	Pending in 35 days
Campground Rd	Pending in 4 days
Oregon Ave	Pending in 1 day
Mitchell Ave	Pending in 2 days
Mtn. Meadow Circle	Pending in 8 days
Rotunda Circle	Pending in 28 days
Fairfax Ave	Pending in 7 days
Liberty Rd	Pending in 39 days
Melody Ln	Pending in 29 days
Richmond Ave	Pending in 3 days
Lakewood Dr	Pending in 7 days



SWANNANO! Large open front deck & rear deck, level fenced yard, being sold "as-is", 3 BR, FP in Living Room, vinyl siding, close to schools, detached 2-car gar, great fixer upper, *MLS#3314706, \$119,900!*