



The Fairview Town Crier

THE VOICE OF OUR COMMUNITY • FAIRVIEWTOWNCRIER.COM • MARCH 2016 • VOL. 20, No. 3 • FAIRVIEW, NC



Early Voting and Primary Information

Everyone should bring a photo ID, but if you don't have one and have a reasonable reason, you will still be allowed to vote. The most convenient location for early primary voting for most of our readers is the Fairview Library located at 1 Taylor Road in Fairview.

Early voting will be held Thursday-Saturday,

March 3-5, 10 am-6 pm; Monday-Friday, March 7-11, 10 am-6 pm; and Saturday, March 12, 8 am-1 pm. Regular primary election voting is March 15, 6:30 am-7:30 pm at regular precinct voting locations as follows:

- 60.2 Reynold's Fire Department, 1 Charles Lytle Lane, Asheville
- 60.4 Abiding Savior Lutheran Church, 801 Charlotte Hwy, Fairview
- 57.1 Skyland Fire Bishop Substation, 310 Williams Rd, Fletcher
- 39.3 Fairview Community Center, 1352 Charlotte Hwy, Fairview
- 39.2 Fairview Volunteer Fire Dept., 1586 Charlotte Hwy, Fairview
- 38.3 Trinity Of Fairview Church, 646 Concord Rd, Fletcher
- 38.2 Cane Creek Middle School, 570 Lower Brush Creek Rd, Fletcher
- 37.1 Garren Creek Fire Department, 10 Flat Creek Rd, Fairview

Most of our readership (except Gerton) is in Buncombe County, which consists of NC Senate voter District 48 and 49 as well as NC House Districts 114, 115 and 116.

If you are not sure of your voting district, whether or not you are registered, or have any other questions regarding early voting or voting in the Primary election, visit buncombecounty.org/governing/depts/election or call 250-4200.



New Moon Marketplace to Open in March

Need extra money or don't have the time to sell for yourself? New Moon Marketplace is currently accepting applications from vendors to sell their items in the new Fairview shop. Everyone, including potential vendors with antiques, oddities, art, handmade crafts or collectibles, is encouraged to stop by and check out the renovated space. Contact co-owners Nita at 606-5364 or Valerie at 279-7683 for space rental information and requirements or email newmoonmarketplace@gmail.com. The store is located at 1508 Charlotte Highway in Fairview (near Cane Creek intersection) and should be open in early March.

Help Bring Peyton Home

Sweet German Shepherd Peyton went missing on January 26 around 8 pm. Her owner said she went out to do her normal doggie thing but then she didn't come back. She is wearing a pink collar and is very friendly, but she is not micro-chipped and she does not have tags on. Peyton's worried owners live off Rocky Fork Road, off Old Fort Road in Fairview. Please call Kayla Childress at 260-4201 or 545-4951. Thank you for your help!



The Annual Fairview Fire Department BBQ Fundraiser is Saturday, March 12 from 10 am-6 pm at the Fairview Fire Department. This is the perfect time for you to show your appreciation for the ones who risk their lives to keep us all safe and sound. And all you have to do is enjoy Smokey & the Pig's succulent BBQ! Plates are \$8, and drinks and desserts also available. There will be raffles and gift baskets/gift certificates from local businesses at auction. And for your listening pleasure, Redleg Husky will perform. All proceeds go to the Fairview firefighters. So tell your friends and family and come out and help support our local fire department.

For more info or to make a donation, contact Tim Brewer at 242-1624 or visit [Facebook/SmokeyandThePigBBQ](https://www.facebook.com/SmokeyandThePigBBQ)



Fairview Farmer's Market Gearing Up for the Season!

The Fairview Farmers Market is currently organizing for another great community market in 2016. The market will run from May through October this year and has great support from vendors and the community to hold markets twice per month! The market will be in the same location in the Fairview Elementary School parking lot, right on highway 74.

The group is eager to welcome new vendors and encourages all local produce growers, artists and businesses to apply. They are in need of volunteers and sponsors to grow our community market. Anyone interested in selling, volunteering, or sponsoring the market, please contact them on [facebook/FairviewFarmersMarket](https://www.facebook.com/FairviewFarmersMarket), or email at fairviewncfarmersmarket@gmail.com or call 550-3867.



See page 17 for Easter egg hunts

New Train to Stop in Fairview

Whistle Hop Brewery is a small batch, family-owned brewery in Fairview. The Micellis have been brewing since last year but will be opening a tasting room/caboose tap house near Angelo's Restaurant in Fairview this spring. Tom and Gina (and their pups Gunner and Meeka) look forward to sharing their bold-flavored beers with the community. Follow their progress at [Facebook/WhistleHop](https://www.facebook.com/WhistleHop)

Still Life with Koi

In summer the beautiful koi in the pond at The Cove of Fairview swim lazily about in the sun-warmed water, forming and reforming graceful Zen poems as they flow. But in winter, how do they survive? "Their bodies mostly shut down," says Cove owner Frank Dixon.

"It's like they are in a trance. We stop feeding them usually in late November since this helps with their shutdown. With the cold weather recently, in combination with the fish not swimming, our water in the pond becomes clear, allowing for such a clear picture of them."



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COMMUNITY EVENTS

MARCH 1 (TUESDAY)
Prostate Cancer Support Group
Us TOO of WNC will meet at 7 pm at First Baptist Church of Asheville, 5 Oak Street. A clinical nutritionist from Mission Hospital is the speaker. Free. Call 273-7698 or wncprostate@gmail.com.

HNGF Whole Hog Butchery Class
Hickory Nut Gap Farm, 5–7 pm. \$55

MARCH 3 (THURSDAY)
Glengarry Glen Ross
Different Strokes! Performing Arts Collective opens an all-female produc-



tion of David Mamet's iconic play about sales agents who engage in unethical and illegal acts to sell undesirable real

estate to unwitting buyers. Thursday–Saturday evenings at 7:30 pm through March 19, at The Be Be Theatre, 20 Commerce Street, Asheville. Tickets online at differentstrokespac.org.

MARCH 5 (SATURDAY)
Cashore Marionettes at DWT
A magical, mesmerizing world of puppetry and storytelling features the creative genius of internationally renowned marionette artist Joseph Cashore. Matinée and evening performances. For info, visit dwtheatre.com.

MARCH 6 (SUNDAY)
Sip & Doodle St. Patrick's Party
3–5 pm. Decorations and Irish music will inspire everyone to paint anything Irish. Everyone is invited to have some Irish fun and take home a painting. \$25/person in Fairview. *All must register, no exceptions*, but sign up with a friend and enjoy a sip of the "Irish" on the house. Call 712-1288 or email sipanddoodle@gmail.com

HNGF Makin' Bacon Class
Hickory Nut Gap Farm, 4–6pm. \$60.

MARCH 7 (TUESDAY)
Trout Lily Mushroom Field Trip
Meet at Eagle Rock Farms in Swannanoa, 3 pm, to select logs to cultivate mushrooms. Also March 9. See page 15 or visit troutlilymarket.com

Talk on Plant Pollination
The free event features plant ecologist Tim Spira, professor emeritus of botany at Clemson University. 5:30–7 pm, A-B Tech Ferguson Center. Visit BRNN Facebook site for details.

HNGF Science of Brines and Marinades Class
Hickory Nut Gap Farm, 5–7 pm. \$55.

MARCH 12 (SATURDAY)
5K Fun Run/Walk
The 7th Annual Healthy Parks, Healthy You 5K Run/Walk will be held at the Buncombe County Sports Park in Candler, 8:30 am check-in, 10:30 race begins. Register online at tinyurl.com/hh4yts5 or at the event. Walkers may bring baby joggers; no dogs or bikes. Contact Jay Nelson, 250-4269 or jay.nelson@buncombecounty.org.

MARCH 12 (SATURDAY)
Fairview Fire Department BBQ Fundraiser
Annual BBQ Fundraiser by Smokey & the Pig from 10 am – 6 pm at the Fairview Fire Department. Eat in or take out BBQ plate is \$8. Raffles, auction and live performance by Redleg Husky. All proceeds go to Fairview Firefighters. For info or to make a donation, call Tim Brewer at 242.1624.

Make-a-Blanket Day
Project Linus will sponsor a Make-A-Blanket Day at Eliada Home, 2 Comp-ton Drive in Asheville, 10 am–2 pm, free and open to the public. Make no-sew fleece blankets, participate in an assembly line for quilt making, or join the knit/crochet circle to work on an individual project. All fabrics and supplies and refreshments provided. Contact Sharon Waltman, 645-7190, or Ellen Knoefel, 645-8800.

Reiki Healing at the Light Center
With Odilia Forlenza, 3 pm, 2196 Highway 9, Black Mountain. Donation suggested. Visit urlight.org.

COMMUNITY EVENTS

PANCAKE BREAKFAST AT SPRING MOUNTAIN, MARCH 19
Last month it was so cold we could hardly get out, so Chef Bill and his crew want to cook breakfast for you again on Saturday, March 19 from 7 to 10:30. In addition to pancakes, he plans to serve biscuits and gravy, eggs, and just about anything your heart desires. Those who made it last time said the blueberry pancakes were fabulous. Cost is \$7 for a full plate with à la carte pricing for separate items.



MARCH 12 & 13
Organic Growers School
The 23rd Annual Organic Growers School will draw thousands of gardeners, farmers, and foodies for a week-end of workshops at UNCA. The event



features classes for beginning backyard growers to advanced commercial farmers, plus a farm-to-table dinner, trade show, seed exchange, children's program and pre-conference events. There are also half-day, hands-on workshops with specialized instructors. For details and to register visit organicgrowersschool.org. one photo

MARCH 13 (SUNDAY)
Dinner at Hickory Nut Gap Farm
Guests will enjoy a special dinner prepared by Grove Park Inn chef

Philip Bollhoefer. 6–9 pm. For details visit hickorynutgapfarm.com or call 628-1027.

Sip & Doodle — Michael Angelo
Class runs 3–5 pm. All styles/subjects. No experience. \$25/person. Call 712-1288 or sipanddoodle@gmail.com

Dinner with the Doctor
Health concerns? Questions about dementia? A medical doctor will be presenting on these topics at 6 pm. Free alzheimer's screening. Event is free but you must call to make a reservation, 864-985-2908. 18 years or older only. Fairview Seventh-day Adventist Church.

MARCH 14 (MONDAY)
Knitters & Crocheters Meeting
The Western North Carolina Knitters and Crocheters for Others will meet at New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville, 7–9 pm. The group creates and donates handmade items to numerous local charities. All skill levels are welcome. Contact Janet Stewart, 575-9195.

MARCH 15 (TUESDAY)
Be Sure to Vote in the Primary
Community Watch Talk & Dinner
Covered dish at Upper Hickory Nut Gap Community Club, 6:30 pm. Speaker is Vince Griggs, Henderson County Sheriff's Department. Q&A after presentation on the Sheriff's Department and Gerton.

HNGF Nourishing Broths & Stocks 101 Class
Hickory Nut Gap Farm, 5–7 pm. \$45.

MARCH 17
St. Patrick's Day at Americare
Visit the pharmacy from 11 am to 2 pm for refreshments and prizes. 628-3121, americarepharmacy.net

4-H Club at Spring Mountain CC
Students age 5 –18, with an adult, will meet at the community center, 6:30 pm, to work on presentations and archery basics. Archery practice will be scheduled. SMCC is located at 807 Old Fort Road in Fairview. Call Mary Ann Auer, 712-6857 for more information.

CONTINUED

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SCOTT BISSINGER
COUNTY COMMISSIONER

VOTE for Scott in the Democratic Primary – District 2 March 15!!

"Scott has the background and experience to be a leader for everyone in Buncombe County."
-Van Duncan, Sheriff

"I am running for a seat on the Buncombe County Board of Commissioners to represent the communities of District Two and to shape the future of Buncombe County. Our county is facing many modern challenges involving growth, development, sustainable quality employment, protecting our citizens, protecting our resources, and the education and development of our young people. Only by establishing relationships and building partnerships can we address these issues and make Buncombe County the best place to live with our families." - Scott Bissinger

Paid for by Bissinger for Commissioner

COMMUNITY EVENTS

MARCH 18 (FRIDAY)

Color Me Goodwill
A fusion of fashion, art and food for a mission 6 pm at the Diana Wortham Theatre. Tickets are \$15 and include h'ors d'oeuvres, one drink and fashion show. Live flash painting during cocktail hour. See tickets.colormegoodwill.org.

MARCH 19 (SATURDAY)

Spring Mountain Shiners at The Joint Next Door
Don't miss this band of local legend playing Americana music and more. Starts at 8 pm. The Joint is located at 1185 Charlotte Hwy in Fairview. 222-2012 or Facebook/SpringMountainShiners



Open House at Hickory Nut Farm
Free samples all day and a tour of the farm with Jamie at 1 pm.

MARCH 20 (SUNDAY)


Annual Palm Sunday Luncheon
The fundraising luncheon will feature Greek food, music and dance. Food service 11 am–2 pm, takeout starts at 10:30 am. Phone 253-3754 to order. All are invited to the Holy Trinity Greek Orthodox Church, Morris Hellenic Cultural Center, 227 Cumberland Avenue, Asheville.

Ethical Society Meeting Presents Talk by Sonia Marcus
“Sustainability Through Mindfulness” will be presented by Sonia Marcus at meeting of the Ethical Humanist Society of Asheville, 2–3:30 pm at Asheville Friends Meeting House, 227 Edgewood Road, Asheville. Free. Discussion and refreshments follow the presentation. Visit EHSAsheville.org.

MARCH 26 (SATURDAY)

Pamper Yourself at FCC
Have a picture taken with a princess by J. Gillette Photography. Have a tarot card reading. Products from Jamberry, Nerium, Young Living, Pixie Pete Creations, Plexus, Thirty One, World

FIREARMS CLASS IN FAIRVIEW



Spring Mountain Community Center will conduct a Firearm Safety and Training class on Saturday, April 2, 8 am–5 pm. Class completion will meet some of the requirements for a Concealed Carry permit in Buncombe County. Bring your own firearm and ammo or bring 22 caliber ammunition for the shooting portion of the day. Cost is \$80 including lunch. Reservation and prepayment required (limited to 20 people). Call Bill Thompson, 712-9208 for information.

Easter on the Green

Annual Ingles event with age-specific egg hunts 2–5 pm, bouncy houses, photos with Easter Bunny and more. Raffle for prizes, proceeds to benefit the American Diabetes Association. 10 am–6 pm at Fairview Community Center, 1357 Charlotte Highway.

Easter Bunny at SMCC

An egg hunt plus games and refreshments, 2 – 4 pm. Bring a basket and hardboiled eggs to decorate. Free. Spring Mountain Community Club, 807 Old Fort Road, Fairview.

COMMUNITY EVENTS

Events at the Light Center

Sacred Celebration, 11 am, and Toning for Peace & Transformation, 1 pm, donation suggested. Equinox Concert, 3 pm, \$15 advance and \$20 at the door. 2196 Highway 9, Black Mountain. Visit urlight.org.

MARCH 28 (MONDAY)

Blood Drive at Berrington Village
Give the gift of life from 2:30–6:30 pm at Berrington Village, 1 Overton Way, Fairview. For details or make appointment call the Leasing Office at 239-2000.

APRIL EVENTS

April Rabies Vaccines
Dr. Leigh Ann Hamon of Cane Creek Animal Clinic is offering rabies vaccines for cats and dogs at \$10 for all of April. The clinic hours are Monday–Thursday, 8:00 am– to 5 pm. Please call the clinic at 628-9908 for appointment to avoid a long wait. CC Animal Hospital is located at 1548 Cane Creek Road in Fairview.

SPRING MOUNTAIN CC EVENTS

springmountaincommunitycenter.com
Monthly Meeting: Usually the first Tuesday of each month, 6:30 pm.
Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Bring a project and lunch. Quilters make aprons, quilts and placemats to donate to worthy causes. All experience levels welcome! Call 628-7900 or 628-1938.
Berrypickers' Jam: Tuesday evenings at 7:30. Bring your instrument, listening ear, and dancing feet to the lower level for a jammin' good time.

ACA Presents *Mary Poppins*

Asheville Christian Academy Fine Arts Department presents Mary Poppins, a musical, in April with 45 students, great sets, and flying sequences. Tickets go on sale Monday, March 7, at acacademy.org.

ONGOING EVENTS

Welcome Table Lunch
A community lunch every Thursday, 11:30–1 pm in the Community Room of Fairview Christian Fellowship, behind the Fairview Library. A donation of \$10 covers those who cannot afford it. Visit fairviewwelcometable.com or visti their Facebook page.

Spring Adult League Kickball

The Buncombe County Sports Park hosts games March 29–June 7. Register until March 18 or until filled. Register at buncombecounty.org/parks or email jay.nelson@buncombecounty.org or 250-4269.

Embroidery at Folk Art Center

“Through the Needle’s Eye,” a national exhibit by The Embroiderers’ Guild of America of original beaded artworks by Sue Osterberg and other juried works will be displayed at the Folk Art Center, 382 Blue Ridge Pkwy, until May 8. Visit southernhighlandguild.org/folk-art-center.

Mushroom Log Innoculation Workshops at Trout Lily

On Monday, March 21 and 28, and Wednesday, March 23 and Thursday, March 31. Take one of these workshops and learn how to grow mushrooms. You will inoculate a log that you have brought or can purchase at workshop. See page 15 for more information or visit troutlilymarket.com.

Brain Tumor Support Group

Every third Thursday at MAHEC, 6 pm. Refreshments. Visit wncbraintumor.org.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.
Editorial Policy: The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and more information, see page 38.

2016

Jordan Burchette

Buncombe County Commission - District 2

Christian.

Conservative.

Republican.



"I have been blessed to call Buncombe County home for my entire life. I am thrilled to have the opportunity to raise my family here!

Sadly, Growing debt, irresponsible spending, and progressive policies are creeping into Buncombe County. These Liberal policies hurt small businesses, kill jobs, and damage the local economy. I believe that Christian, Conservative values work and I'm running to fight for our values!

We can do this together and I ask for your support.

Let's bring Buncombe back!"

Jordan Burchette for Buncombe County Commissioner - District 2

www.jordanburchette.org • Facebook: Jordan Burchette for Buncombe County Commissioner • Twitter: @jsburchette



A FUSION OF FASHION, ART AND FOOD FOR A MISSION

Friday, March 18 • 6PM

Diana Wortham Theatre at Pack Square

Tickets \$15 • Tickets.ColorMeGoodwill.org



ELECT

NANCY NEHLS NELSON

Buncombe County Commission

www.electnancynehlsnelson.org


☒ Protect the health and well-being of all citizens and ensure that county services are available and accessible to District 2.

☒ Support excellence in our public schools.

☒ Represent and serve all people in the district as a full-time commissioner.

☒ Keep the county economy strong and protect our quality of life by promoting smart land use.

Follow Elect Nancy Nehls Nelson on Facebook



Vote for Nancy in the Primary Election on March 15!

PAID FOR BY ELECT NANCY NEHLS NELSON

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The Fairview Town Crier March 2016 5

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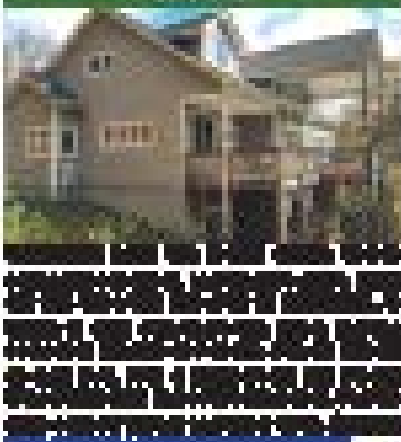


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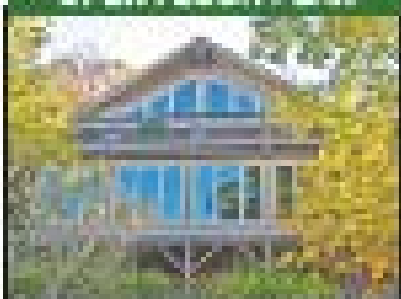


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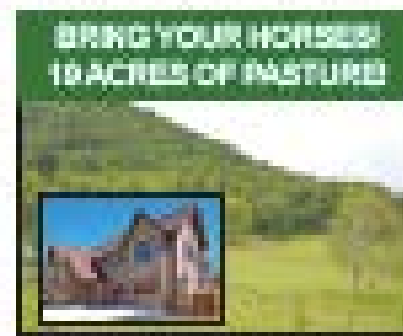
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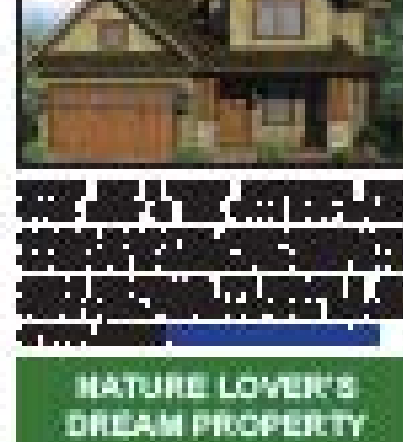


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Four Million Pounds Of Food

Buncombe County's Work to End Hunger in 2015

MANNA FoodBank would like to recognize and thank the Buncombe County partner agencies and food industry donors for their unwavering dedication to



ending hunger for the residents of Buncombe County, where 1 in 6 residents face food insecurity and 1 in 4 children are living in food-insecure homes.

MANNA FoodBank works with a network of partners – food pantries, soup kitchens, church ministries, homeless shelters, youth programs and other food support organizations – to supply food to residents across 16 Western North Carolina counties.

In 2015, the MANNA partner agencies, including our local Food for Fairview and Trinity of Fairview Food Pantry, distributed a grand total of 4,168,680 pounds of food to Buncombe County families seeking emergency food support.

MANNA's top donor list includes Fairview's Food Lion and Hickory Nut Gap Farm.

The MANNA Food HelpLine

In 2014, MANNA FoodBank extended its ability to provide food assistance by

starting the Food HelpLine, a free resource for any Western North Carolina resident looking for affordable access to nutritious food. MANNA's friendly helpline team can assist with determining FNS eligibility, applying for benefits, or recertifying eligible FNS recipients. The MANNA Food HelpLine is available Monday-Friday, 9 am-4 pm at 800-820-1109, toll free.



FOOD FOR FAIRVIEW

by Vicky Ballard

From the New Executive Director

A few weeks ago, I was privileged to sit down with members of Food for Fairview's Board of Directors to discuss the position of Executive Director. Having worked as an ED of a non-profit, I admit I was a little wary of an all-volunteer, service-oriented organization. I told myself I should not have too many expectations.

Minutes in, I was hooked. Here was a group of people who were dedicated, sincere, and genuinely committed to making a difference. Equally impressive, they were well organized and efficient. As they talked about Food for Fairview, and its history, mission and community, my wariness evaporated and I discovered I really wanted to do this work.

I was thrilled to be offered the position and humbled when I spent time in the pantry during open hours (Mondays 3-6 pm) and saw the actual work being done. In this client-choice pantry, families and individuals choose the food and hygiene products they need, and volunteers provide information and assistance. The atmosphere was relaxed, friendly and warm. It was, in the best and truest sense, an expression of community.

It is the generosity of individuals and businesses that makes Food for Fairview possible. We are especially grateful to Food Lion, not only for its weekly donations of produce and baked goods, but for the tremendous effort the staff puts into generating customer participation in the holiday food box drive. Food Lion donated 1,800 boxes, more than any other store in the region, to brighten the holidays for many neighbors. Many thanks to store manager Scott Prince and all of the employees at our local Food Lion.

Before I became involved with Food for Fairview, I knew about the organization in a vague sort of way. I was aware of the donation boxes. I saw the articles in the *Town Crier*. I gave to the Food Lion holiday box program. I was glad there was a local organization working to stop hunger, but it was peripheral to me. And maybe that's how it is for you, too. Life is busy, and a holiday food box or some items left at a food drop don't really register as significant. Yet those seemingly small actions make big differences in the lives of the clients of Food for Fairview.

Winter is especially hard for many people. Resources are stretched to meet heating costs, and some people have reduced hours or loss of work. Food for Fairview works to see that members of our community do not go hungry. We particularly need donations of hygiene items, meals with meat such as stews and hearty soups, and tuna.

Your donations are never too small.... Every dollar will make an exponential difference! If you would like to assist, we invite you to visit foodforfairview.org, where your gift can be conveniently made by credit card or PayPal. If you prefer, please mail your donation to: Food for Fairview, PO Box 2077, Fairview, NC 28730.

See page 17 for another way to help!

Visit foodforfairview.org, contact food4fairview@gmail.com or 628-4322. Food for Fairview is a Tax Exempt 501 (C) (3) Corporation.



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PRIVATE 6.23 ACRES lush forest land, S/W facing, rimmed by protected land. 15 mins to Awt. ML# 521436 \$100,000



RARE PASTURE ACRES in lovely Cane Creek Valley, orchard, creek, pond site. ML# 524588 \$142,500 firm



OKOBOJI WILDERNESS 2.28 acres, exclusive neighborhood, sunset views, home site on ridge. ML# 3136740 \$125,000



10 WOODED, PRIVATE ACRES in Hickory Nut Cove, horse trail connects to 100's of conservation acres. ML# 580004 \$110,000



7.48 PRIVATE AND SECLUDED ACRES in Fairview. Views, no HOA, no shared road maintenance. ML# 3124700 \$100,000



50 ACRE EQUESTRIAN PROPERTY w/ 10 level to pasture areas, 2 barn sites with septic & electric, deeded gravel road. ML# 524514 \$1,200,000

Robert Clingman Clayton

Robert Clingman Clayton was born in the Cane Creek section of Fairview on April 13, 1850. He was the son of Lambert C. Clayton and Elizabeth “Eliza” Burgin.

Robert’s father Lambert was born in Iredell County, NC, on August 4, 1807, and when both parents died he was forced to go live with his older brother, who worked for John Burgin Sr. (1774-1837). The Burgins lived near Old Fort in Burke (now McDowell) County. Lambert Clayton was indentured to John Burgin until he was 27 years old. Lambert later married Burgin’s daughter, Elizabeth “Eliza” Burgin, born Sept. 3, 1817. The couple moved to what is now Henderson County, NC.

Robert Clayton’s parents used the money to buy a farm on Cane Creek in Fairview. Lambert Clayton soon became one of the wealthiest men in Fairview.

When John Burgin Sr. died three years later, he left \$1,000 to Eliza. That was a huge amount of money at that period of time. Robert Clayton’s parents used the money to buy a farm on Cane Creek in Fairview. Lambert Clayton soon became one of the wealthiest men in Fairview. In 1840, the Claytons owned five slaves.

Eliza was born with her left hand missing. Despite this, she was still able to sew, knit and spin. She had what was called a “bird clasp,” which she clamped to a table. This clasp held her cloth, which

allowed her to sew with one hand.

When the Civil War broke out in 1861, Lambert Clayton owned 11 slaves and was a wealthy man. Robert Clayton’s three oldest brothers, John, George Marion and William Benjamin, had to fight in the Civil War. Robert was too young to serve.

Lambert Clayton was devastated by the war both economically and mentally. Then a large flood struck Fairview in 1866, washing away most of Lambert Clayton’s crops. Lambert couldn’t deal with the disaster. He got his rifle, tied a string to the trigger and killed himself. Lambert Clayton’s suicide left 16-year-old Robert, his 10-year-old sister Sarah and his handicapped mother Eliza to fend for themselves.

Robert married Nancy Elizabeth Young on November 18, 1875. Nancy was born on April 29, 1855. She was the daughter of James Edmundson Young (1830-1897) and Hannah Garren (August 3, 1834-June 23, 1868) and the granddaughter of David Garren (1801-1894) and Margaret Whitaker (1807-1891). Robert and Nancy Young Clayton had five children.

Nancy died on August 14, 1887 after 12 years of marriage. Her death left Rob-

ert with five young children under the age of 11. The children were in school, and their teacher was Elizabeth “Lillie” Cornelia Young. Lillie was born on July 9, 1866. She was a first cousin of Robert’s first wife Nancy Young and daughter of William Riley and Sarah Elizabeth Sherrill Young. Lillie had attended her

cousin’s wedding to Robert Clayton 12 years earlier. Robert married Lillie Young and they had six children. The children were not only half brothers and sisters to the first wife’s children but second cousins as well.

Clayton sold his farm to his nephew Dr. Hall Fletcher. He moved two and a half miles down Cane Creek to the former farm of his first wife Nancy’s grandparents David and Margaret Whitaker Garren. This is where the current Taylor Ranch is located. Uncle David Garren’s old rock well house is still standing on the site.

Clayton sold this farm to Dr. E.W. Grove around 1920. Grove planned to make it into a western-style ranch, but the project, called the Circle B Ranch, was a failure. North Carolina grass does not cure in the winter like grass out west, so the cattle had nothing to eat in the winter and had to be fed on bought

hay and grain, which was unprofitable.

Robert and Lillie Clayton moved to Asheville. Robert Clayton was a staunch Democrat, as former slave owner families generally were. He served on the Buncombe County Commissioners as a Democrat from 1890 to 1892, 1894 to 1896, and 1904 to 1910. He was a member of the commission that approved and erected the Buncombe County Home, or “Poor House” as it was called, in 1906, in the Erwin Hills section of Leicester. It was a working, self-sufficient farm. Poor people and the less severely mentally impaired were sent there, and many stayed there until they died. The County Home Cemetery was dug up for a new football field at Erwin High School in the early 1980s.

Robert Clingman Clayton died in Asheville on August 30, 1931. Elizabeth “Lillie” Cornelia Young Clayton died on January 28, 1931. Robert and his first wife are both buried at Sharon Cemetery in Fairview.

All of Robert Clayton’s children were born in Fairview.

- Children of Robert C. Clayton and first wife Nancy Young:**
- Annie Victoria Clayton was born in October 1876. She married Arthur G. McDowell.
 - Helen I. Clayton was born in 1878 and married Dr. Cicero McCracken (September 19, 1868-December 8, 1942). Helen died in 1920. Both are buried in Cane Creek Cemetery in Fairview.
 - Lawrence Cuhlbert Clayton was born

by Bruce Whitaker

by Lauren Biehl

A Trip to the Amazon

Take a trip with birding expert Simon Thompson through the legendary Amazon Basin, which carries 20% of all the



fresh water in the world. Simon spent a lot of time hiking and birding along the Peruvian Amazon rain forest trails, traveling the rivers, streams, and canopy walkways through the treetops. Join us for photos and experiences from this trip on *Tuesday, March 1, 7 pm.*

Become an EcoExplorer

Scientists need your help in studying plants and animals everywhere, including your own backyard! Join us



Local historian Bruce Whitaker documents genealogy in the Fairview area. You can reach him at 628-1089 or email him at brucewhitaker@bellsouth.net.

on *Thursday, March 17, 4-5 pm*, for an introduction to ecoEXPLORE, an initiative by The North Carolina Arboretum and the Buncombe County Library System. A special emphasis will be placed on botany, the study of plants.

Participants receive a free hand lens and can earn a botany badge and a free pass to the Mountain Science Expo on April 9 at the Arboretum. Recommended for ages 8 to 13, but all ages are welcome.

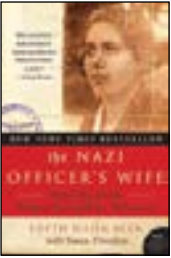
Tax Help at County Libraries

Throughout March and early April, AARP, in cooperation with the IRS, NC Department of Revenue, Council on Aging and Buncombe County Public Libraries, is offering free tax preparations for taxpayers with low and moderate income, particularly those aged 60 and older. For libraries offering this service visit buncombecounty.org/Governing/Depts/Library and choose Events Calendar.

Fairview Public Library
1 Taylor Road, Fairview
250-6484
MON/WED/THURS/FRIDAY 10-6 PM
TUES, 10 AM-8 PM **SAT** 10 AM-5 PM
CLOSED SUNDAY
MOTHER GOOSE TIME (4-18 MO)
TUESDAYS, 11 AM
BOUNCE 'N BOOKS (TODDLER, PRESCHOOL)
WEDNESDAYS, 11 AM
PRESCHOOLER STORY TIME (3-6 YRS)
WEDNESDAYS, 11 AM
Children must be with a parent/adult

Book Group

Fairview Library’s book club will meet on *Tuesday, March 15 at 7 pm* to discuss *The Nazi Officer’s Wife* by Susan Dworkin.



NEW ARRIVALS

A Man Without a Shadow
by Joyce Carol Oates

The Poison Artist
by Jonathan Moore

Warriors of the Storm
by Bernard Cornwell

The High Mountains of Portugal
by Yann Martel

Breakdown
by Jonathan Kellerman

Brotherhood in Death
by J.D. Robb

All the Birds in the Sky
by Charlie Jane Anders

You Should Pity Us Instead:
Stories by Amy Gustine

Find Her by Lisa Gardner

Robert B. Parker’s Blackjack
by Robert Knott

The Making of a Lady
by Anthony Wayne

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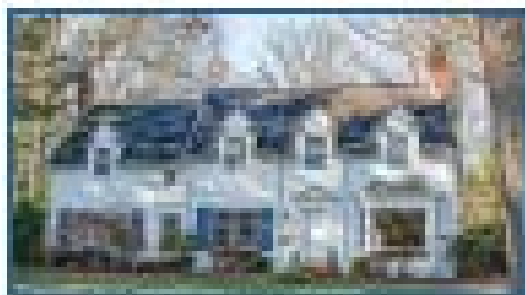
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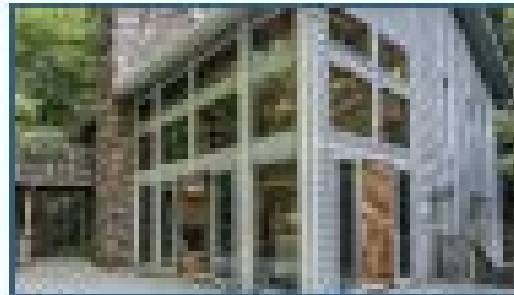
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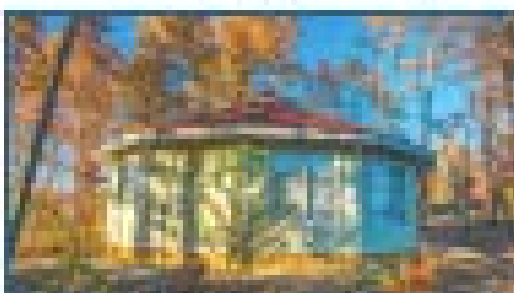
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TO YOUR HEALTH

Living Healthier and Longer

by Ed Reilly, BA, MBA, DC, CCSP, FIAMI, GT-C, Fairview Chiropractic Center



We are losing the war in the battle against chronic illness and the promotion of health, wellness and longevity. Cancer, diabetes and cardiovascular disease statistics confirm that.

The US spends, on average, \$9,000 per person on health care, but we rank last in life expectancy among industrialized nations. Healthcare today has become the management of acute or chronic conditions and has little to do with promoting wellness or increased longevity. Medications manage or slow the progression of the above conditions, but rarely is a cure anticipated.

What Can You Do?

I have talked before about making food choices for health and getting an exercise program started that includes resistance and cardiovascular activities. The food industry has figured out how to hook you on delicious foods by manipulating the ingredients to hit the emotional pleasure centers of the brain. To regain control, stop eating processed food and drink half your body weight in ounces of water per day. If you need more prompting about making changes to your American diet, read *Salt, Sugar, Fat* by M. Moss.

Secondly, there is considerable evidence that correctly prescribed, high-quality supplements can play a large role in promoting health and reduc-

ing the effects of chronic illness. The Life Extension Foundation (LEF.org) makes several recommendations:

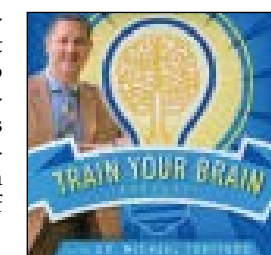
Supplement your diet with a multivitamin/multinutrient formula; ingest plenty of omega-3 fatty acids; maintain optimal CoQ10 blood levels; optimize your Vitamin D blood levels; optimize mitochondrial function; restore youthful hormone balance; preserve brain function; support bone health; for men, maintain healthy prostate function; for women, support breast health; and inhibit inflammation with curcumin. There is considerable evidence behind each of the above recommendations.

Finally, I have been using various types of Pulsed Electromagnetic Frequency (PEMF) therapy devices in my office for over three years and have observed remarkable results helping a wide range of challenging conditions. These devices generate healing energy frequencies that can restore our cells' internal health. Combined with optimal nutrition, this therapy can be highly effective in improving health.

Dr. Edward Reilly is past president of the NC Chiropractic Association and team chiropractor for the ACRHS football team. He is board certified as a chiropractic sports physician, and in Graston Technique, spinal decompression traction and acupuncture. He practices at Fairview Chiropractic Center and can be reached at 628-7800, drreilly@fairviewdc.com, or fairviewdc.com. He has served Fairview since 1998.

Organize Your Week... and Create a To-Not-Do List

by Dr. Michael Trayford, Apex Brain Centers



Organization is important for several different reasons. When you stop to think about it, the opposite of organization is chaos, and chaos is synonymous with stress. When we look at the pillars of effective brain training — cognitive, physical, metabolic, and lifestyle factors — we see how stress relates directly to lifestyle factors. Many of these come with at least some level of personal control.

Organization is an important factor for managing stress and making sure your brain experiences as little unnecessary distraction as possible. If you're living by the seat of your pants and organizing your day by countless Post-It or digital notes, it can bog you down. Also, when you're not accomplishing things, it gives you a sense of fear and worry, because you're not completely doing the things you feel you are supposed to be doing.

A lack of organization can be a significant challenge in your life. Simply crossing things off of your to-do list doesn't mean that you are organized. To a certain degree, it actually makes more sense to sit down and write a "To-Not-Do" list. Sometimes you can look at your current to-do list and find things that have been on there for months, if not years. If you're not doing those things, then it probably means they are not all that important.

Getting control of your thoughts and energies by having a to-not-do list can actually be quite liberating. It can even start to eliminate some of the fear and worry that comes from not getting everything done.

There is a great deal of research that shows us how fear and worry are the two most damaging emotions to the human brain. They contribute to the production of significant amounts of stress hormones. These hormones circulate through the body and can actually cause damage to certain parts of the brain that allow us to learn. They can even damage connections that have been made in the brain. The more we do to eliminate those two emotions, the better off our brains will be.

Some people might find that taking 10 or 15 minutes on Sunday evenings to organize their week can be incredibly powerful. You don't have to go into precise detail. Simply prioritizing and putting your top tasks for the week in order can take a great deal of stress out of the week ahead. It can also help you think better, sleep better and interact more efficiently with friends, family and coworkers.

Dr. Michael Trayford is a Board Certified Chiropractic Neurologist and co-founder of APEX Brain Centers utilizing cutting-edge technology and strategies to optimize brain function. Learn more at ApexBrainCenters.com.



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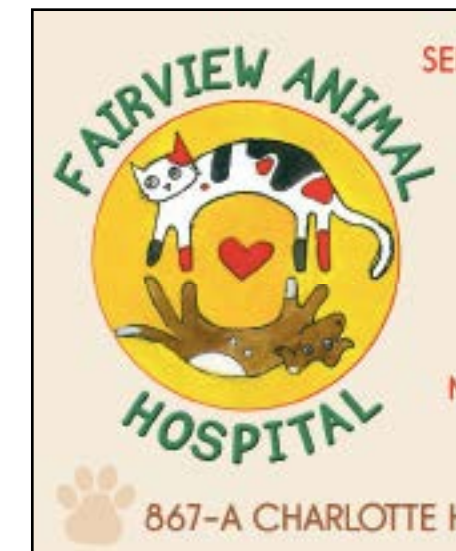
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Zika Virus: What We Know and What We Have to Learn

by Irene Park, PharmD, MAHEC Family Health Center at Cane Creek



The Zika virus is the latest epidemic to make the headlines, not only in the United States but around the world. Despite the recent wave of media attention, the Zika virus was actually discovered decades ago, making it even more surprising that we still know so little about the virus and how it is spread.

The Zika virus is a vector-borne illness, meaning it is spread from person to person by mosquito bites. There are many other diseases that are transferred this way, including Dengue fever and Chikungunya. Fortunately, these viruses have had limited reach in the United States. However, we are learning that Zika is different in that it may be transmitted by sexual intercourse or blood transfusions as well as by mosquitoes.

For many years after Zika was initially discovered it was thought to be fairly harmless. Only about 20% of people infected will actually have any symptoms. These symptoms are usually fairly mild and include fever, joint pain, rash, and bloodshot eyes. Luckily, symptoms usually only last for a few days to a week, and people rarely die from Zika infections. It is unclear ex-

actly how long Zika lives in the blood after an infection or in people who do not have symptoms, but experts think the infection lasts about one week.

Zika has made news headlines recently, despite not causing severe illness or death in infected adults, because of its possible association with birth defects in infants whose mothers were infected while pregnant. In particular, these babies were being born with abnormally small heads, a condition called *microcephaly*. Some of these babies have been born

otherwise healthy, but microcephaly has been linked to other neurologic disorders that pose a risk for infants later in life. In Brazil, there have been over 4,800 babies reported to have been born with abnormally small heads. Stud-

ies about whether Zika truly caused this birth defect are still ongoing, so it is difficult to say exactly how high the risk is for pregnant women with Zika.

While we have learned a lot about Zika infections in the last few weeks, there are still many unanswered questions. Even though we are reasonably sure that Zika remains in the body for only a week or so, some countries with widespread outbreaks are recommending that women avoid getting pregnant for up to two

years after visiting their country. However, it's still unclear if exposure to the infection at some point continues to carry risk for future pregnancies. It is also unclear if there is a certain stage of pregnancy during which the Zika virus has a higher chance of causing microcephaly.

During this time of international emergency over the Zika virus, the best thing to do is focus on prevention. Especially for women who are pregnant or trying to become pregnant, careful planning of trips to countries with known Zika infections is necessary. If possible, trips to Central and South America should be delayed. For women who are trying to become pregnant, various health organizations recommend delaying pregnancy anywhere from one week to two years after returning home, depending on the organization and affected country.

Since the majority of Zika cases are transmitted through mosquitoes, insect repellent while traveling in infected areas is essential. Photo cdc.gov.



Since the majority of Zika cases are transmitted through mosquitoes, insect repellent while traveling in infected areas is essential. Photo cdc.gov.

al intercourse and blood transfusions, other recommendations to limit the spread of the virus include using condoms or abstaining from sex. To prevent transmission of Zika through blood transfusions, people who have traveled to countries affected by Zika should wait at least 28 days after returning to donate blood.

Internationally, we have discovered a lot of new information about an old virus taking the spotlight around the world. A Zika infection, which is fairly mild in most adults, may go on to present a huge public health challenge for babies being born today. The risk of microcephaly and the associated neurologic concerns are enough to warrant preventive steps in the US and around the world.

We learn more about Zika every day; for the most up-to-date information, visit the CDC website atcdc.gov or talk to your healthcare provider.

Workplace Eye Safety Month

by Dr. Brittany Love, Visual Eyes Optometric



March is Workplace Eye Safety Month. According to the National Institute for Occupational Safety and Health, about 2,000 eye injuries occur every day, around 90% of which could be prevented with the proper safety eyewear!

The most common eye injuries come from chemicals or foreign objects cutting or abrading the front of the eye, known as the cornea. The cornea can also be burned by steam, UV or infrared radiation exposure, visible light, or lasers. At high velocity or force, some objects actually penetrate the eye and can result in permanent vision loss.

In addition, many health care workers, laboratory staff, janitorial workers, animal handlers and other medical-related workers are exposed to infectious disease or blood-borne pathogens through exposure to the eye by direct contact via blood splashes, respiratory droplets from coughing, or touching the eye with contaminated fingers or other objects.

Protective eyewear such as safety glasses, goggles, face shields, or full-face respirators should be used whenever an eye hazard is present. The type of eye protection is dependent on the type of activity being performed, circumstances of exposure, other protective equipment being used and individual vision needs.

Some occupations at high risk of eye injury are construction, manufacturing, mining, welding, auto repair, plumbing, electrical work, carpentry, and others.

Prescription and non-prescription safety lenses and frames, made to withstand greater force than regular eyeglasses, can be used for general working conditions where there may be flying particles present. Additional protection can be provided from side-shields or a wrap-around design. Goggles are also impact-resistant and protect eyes from flying particles and chemical splashes, shielding the eye from threats coming from any direction, as they have a secure shield entirely around the eye. Face shields protect from chemicals, heat, and blood-borne diseases. Helmets are used for protection when welding or working with molten materials. Safety goggles should also be worn under face shields and helmets that might need to be lifted, and for the most protection.

All safety devices should be custom-fitted to the individual's face and eyes and should be maintained regularly. Dirty and scratched products create reduced vision and glare that can contribute to accidents.

Wearing eye protection and having other safety measures in place can protect your eyes and prevent potentially permanent vision loss. If you sustain an injury to your eye, call an eye care professional as soon as possible for treatment, especially if there has been a loss of vision, blurred vision, pain in the eye, or loss of peripheral vision.

Dr. Brittany Love practices at Visual Eyes Optometric, located on the corner of Charlotte Highway and Cane Creek Road.

by Mike Richard

Did You Hear?



Here's a question for you: Which of the following can be defined as "an insurance that pays everything that Medicare does not pay": Medicare supplement, Medigap, Medicare Advantage, or Medicare Part C? I'll give you a hint: this is a trick question. The answer is none of the above. I sense a lot of head-scratching going on out there, so allow me to explain.

What It Is

First, Medicare supplement and Medigap are two names for the same thing. It is an insurance purchased from a private insurer to cover certain gaps in Original Medicare Part A & B coverage, such as deductibles and co-pays. It does not, however, cover every expense even if you have the Plan F that is supposed to "cover everything."

You see, even though you have your doctor and hospital gaps covered, it doesn't cover dentures or normal dental care, hearing aids or eyeglasses except after cataract surgery, or things that Medicare doesn't approve, such as alternative treatments (acupuncture, chelation therapy, vitamin therapy and the like) or anything that isn't considered medically necessary.

Remember that with the exception of hospitalization, no supplement covers prescription drugs either. You need a separate Part D drug plan for that.

What It Is Not

Secondly, Medicare Advantage and Medicare Part C are also two names for the same thing. Medicare Advantage or Part C is Medicare coverage considered to be equal to or better than Original Medicare Parts A & B and are offered through private insurance companies under contract to Medicare. In effect it is the privatization of Medicare.

As such, it is *not* a Medicare Supplement. It *substitutes* for or *replaces* Original Medicare Parts A & B but doesn't supplement it.

These plans also contain "gaps" like co-pays and coinsurances or deductibles that I will refer to as "cost sharing" to avoid confusion. A Medicare supplement insurance policy works only with Original Parts A & B and its gaps and will not work with Medicare Part C and

Is there such a thing as an insurance that pays everything that Medicare does not?

its cost sharing. Moreover, there isn't a policy that will cover these cost-sharing payments that are your responsibility to pay. Some of the plans available also have Rx coverage, basic dental care, allowances for eyewear and discounted hearing aids, but not all do.

Other coverage is available to help reimburse uncovered costs for all of these, regardless of the plan, which I will address next time.

Mike Richard is president of Prime Time Solutions, Inc., an insurance agency serving people across the Southeast specializing in senior insurance products since 1998. Reach Mike at 628-3889.

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Make a Picture



Despite its reputation for being complicated, unlike the other fine arts, photography does not require years of practice and instruction to master. This has been true since the introduction of “The Kodak,” but modern developments in the technology of cameras plus changes in the way images are being presented makes it more true today than ever.

Cell phone cameras have gotten so good, for instance, that usually when people ask me for advice about buying a camera I tell them to just use their iPhone! That camera is so good and so simple – you can photograph in low light or different lighting situations, and you get great images. And the big-



Ken Abbott’s new book, *Useful Work: Photographs of Hickory Nut Gap Farm*, is available at Hickory Nut Gap Farm Store, Trout Lily, and the *Town Crier* office, as well as online and in downtown stores. **If you purchase the book from the *Town Crier* office, 50% of sales will be donated to the paper.**



When you release the shutter you get a flat, time-frozen facsimile of the stuff you framed, and you get to present that in a variety of ways – sometimes printed, but these days more likely posted to your favorite social networking site. All cameras, from the simplest to the most complex, do this thing, and in pretty much the same way.

This quality is photography’s basic miracle, and it’s enough to have made it one of the most ubiquitous, accessible, and powerful art forms we have. I’ve taught photography on and off over the years, and the most interesting pictures always come from the beginning photo classes – from students who haven’t set out to do anything in particular with their cameras or their careers, but are just looking around the world, and taking a camera along.

I encourage you to do the same. Use whatever camera you have to do a little looking, framing, contextualizing, re-contextualizing, making something – making a picture.

**For more of John Szarkowski’s writing, look for the opening essays in his books, Looking at Photographs, The Museum of Modern Art, New York (March 1, 2009), or The Photographer’s Eye, The Museum of Modern Art, New York; Reprinted edition (March 1, 2007).*

Ken Abbott received his MFA in photography from Yale in 1987, and received a North Carolina Arts Council Fellowship Award for his photography at Hickory Nut Gap Farm in 2006. Reach Ken via kenabbottphoto.com.

Confessions of a Reformed Litterbug

by Ruth Atkins

True story. When I was a youngster, my brother and sister and I used to roam about the farm, wandering wherever seemed interesting at the time, looking for anything that might grab hold of a kid’s imagination. On one particular occasion, we had decided to push the limits of our parents’ stated boundaries, and we were at the end of the pasture down the hill by the road, way out of sight of the house. I don’t remember my exact age in years but clearly my mental age was abysmally low at that point in my young life.

While exploring, we had come upon quite a trove of used beer cans and bottles, scattered along the roadside fence line. Somewhere at the edge of my newly emerging conscience, I had felt that there was something not quite right about this – unknown strangers had left their trash on *our* property! After a quick war council, we had come up with a plan.

We each began to gather up an armload of the offensive items. Well, it was a very long walk back to the house, uphill, and there were so many of the cans and bottles that clearly we would have to make several trips. Hmmm... quickly we came up with Plan B. With absolutely no remorse, because we never thought deeply enough to realize what we were doing, we carefully flung all the debris clear across the road and onto someone else’s property! Out of sight, out of mind.

At this point, I’m sure you’re gasping at my disgustingly childish shortsightedness. But do you ever, with absolutely no remorse, because you never think deeply enough to realize what you’re doing, fling debris out your car window onto someone else’s property? Out of sight,

out of mind? Stop littering! You’re acting childishly. And someone is going to have to pick up after you.

But I digress. Let me finish my story. Once back at the house, we reported to our mother what we had done. Amazingly, she didn’t “whup” us, but she did send us back down the hill with bags to

Do you ever, with no remorse, fling debris out your car window onto someone else’s property? Out of sight, out of mind?

gather up all the litter that was now in our neighbor’s pasture and haul it back up to the house for proper disposal. Lesson learned.

And by the way, maybe as an annual act of penance on my part, but hopefully just because I learned my lesson, Spring Mountain Community Center is sponsoring its annual Roadside Litter Pickup on **Saturday, March 26 at 10 am**. Meet us at the Center (807 Old Fort Road in Fairview). We will supply you with trash bags, protective gloves and orange vests. Help us pick up trash until noon, then join us for lunch at the Center.

If you can’t be present that day, call 628-1625 for a supply of bags, gloves, and vests. You can fill your orange bags any time before the end of March, leave them along the road, and we’ll arrange for proper disposal.

Join your neighbors, friends, and family to pick up after others who haven’t learned their lesson yet.

Learn How to Cultivate Mushrooms

To all farmers, gardeners, arborists, culinary enthusiasts, please do yourselves a favor and cultivate mushrooms! Mushrooms are food and medicine from one source; they play an integral role in developing and maintaining healthy organic soil and plants. Appalachian-grown mushrooms are gaining in popularity as the local food movement thrives. In fact, many of our indigenous varieties can be obtained and cultivated for personal or commercial reasons.

Western NC forests are teeming with fungus! In our temperate rain forest ecosystem, fungi play a major role. Most people are familiar with mushrooms as decomposers; however mushrooms bring vitality to plants as well. Nearly all plants have some from mycorrhizal relationship, in which fungi interacts symbiotically with the roots of the plants.

Many mushrooms are edible to humans and delicious, too! Modern science has confirmed that many non-poisonous mushrooms, including the most common “button” mushroom found on store shelves, contain anti-cancer properties.

Walking through our local forest you might stumble upon a flush of the common Sulphur Shelf mushroom, also known as Chicken of the Wood, named for its distinct appearance and flavor. Another forest mushroom you might find is Ganoderma Tsugae, or Reishi. This mushroom is highly medicinal, although it is not as palatable as Chicken of the Wood because it has an incredibly bitter flavor and a hard, woody texture. Reishi decomposes the native Eastern Hemlock tree, which is

currently dying off rapidly from blight caused by the Woolly Adelgid beetle. Both of the aforementioned mushrooms can also be cultivated!

Historically, people all over the world foraged for mushrooms; however cultivation was seldom practiced. Japanese are notable for having cultivated Shiitake mushrooms for centuries using a “wild simulation.” Modern tools and techniques have made it possible to farm mushrooms in an outdoor environment, so for the past 30 years outdoor mushroom farms have flourished.

An increasing number of WNC farmers find that gourmet mushroom cultivation is feasible and viable. Outdoor mushroom farming is not only effective and manageable, but also can be integrated into a garden or forest farm with ease. Shiitake mushrooms are the second most popular edible mushrooms to that of the classic button mushroom.

Mushroom farming requires much observation, strategy, upfront labor, patience, and care. But the reward is high with the right tools and knowledge gourmet mushroom cultivation is exciting, profitable, and accessible.

In upcoming gourmet mushroom cultivation workshops, you can gain the confidence to grow mushrooms in your own backyard, in your garden, or on your farm!

Gourmet Growing Workshops

- *Selecting Logs for Mushroom Cultivation*, 3-5 pm at Eagle Rock Farms, Swannanoa. March 7 or 9.
- *Mushroom Log Inoculation Workshop*, 3-5 pm at Trout Lily Market, March 21, 23, 28, or 31.



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St. Patrick's Day Party
Sunday, March 6, 3 pm

Sip & Doodle

Must make reservation!

Bring a friend and have a sip of the "Irish" on us!

St. Paddy's Day decor and Irish music to inspire! We'll paint anything "Irish" – Landscapes, clover, or even Leprechauns!

Everyone goes home with a painting!

Sunday, March 13 • 3-5 pm – Michael Angelo Class

We paint a variety of subjects in any style. No art experience necessary!

All classes \$25 per person!

We supply all materials — paint, canvas, brushes, instruction and inspiration. You supply your beverage (alcoholic or not) and snacks

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sipanddoodle@gmail.com





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Student of the Month

The Fairview Town Crier and A.C. Reynolds High School are pleased to announce that Averi Arrowood is the February Student of the Month.

Her nominating teacher, Michelle Smith, had this to say about Averi: "Averi has excelled in several CTE [Career and Technical Education] courses. Her Un-weighted GPA is 3.6. She has taken 9 CTE classes throughout high school and has earned her CNA credential in Nursing Fundamentals and also earned her NC Career Readiness Credential. Averi has been involved with the CTE Internship for 2 semesters at Fairview Elementary working with first graders. Her supervising teacher is very complimentary of Averi's work ethic and interaction with the children. Averi has played softball for 4 years, was in the homecoming court, and you will see her at almost all sporting events to support all the teams."

Averi plans to attend Appalachian State in the fall and, following her passion for young children, will study elementary teaching or pediatric nursing. Her senior project was focused on the No Child Left Behind education law, arguing that children with special needs should not be required to take the same tests as mainstream education students.

Because of her exemplary CTE attendance record and GPA, Averi meets the requirements for recognition in the CTE Honors Ceremony which will take place in May. Many, many congratulations to you, Averi!



Find Your Cookies with Girl Scout Cookie App

Through early March, girls from Girl Scouts Carolinas Peaks to Piedmont (GSCP2P) will be seen at local cookie booths selling the popular treats.

To find cookie booth locations, download a free app called Cookie Finder to smartphones and tablets, for both iOS and Android. All money generated from the Girl Scout Cookie Program stays in the local area to help fund various program and troop activities. For more details, email cookies@girlscoutsp2p.org.

Fairview Preschool Now Enrolling for Fall 2016

A pre-K readiness class for 5-year-olds and a class for 3- and 4-year-olds are available Monday, Wednesday, and Friday mornings from 8:30 am-12:30 pm. A 2- and young 3-year-old class is held two or three days per week on Monday, Wednesday, and/or Friday from 8:30 am-12 pm. For more information visit, go online to fairviewpreschool.org or call director Chris Lance at 338-2073.



ACR Seeks Sponsors for Music for the Sole 5K

AC Reynolds High School invites businesses and individuals to participate as sponsors for the second annual Music for the Sole 5K, to be held **June 4 at 9 am** at A.C. Reynolds High School.

The purpose of this event is to raise funds for ACRHS's growing band program to help the students and director develop a truly competitive band while keeping participation as affordable as possible for all.

In addition to their musical and fund-raising endeavors, students in the music program are required to maintain good grades and to participate consistently in practices, performances and competitions.

AC Reynolds band parents' association has 501 (c)(3) status pending. For details and sponsorship forms please visit buncombe.k12.nc.us and search Music for the Sole.

AC Reynolds Bands Fundraising Events

Saturday, March 19: Yard Sale at Reynolds Fire Department, 10 am-2 pm, rain or shine. For table rentals and more details contact acreynoldsband@gmail.com.

Tuesday, March 22, 5-8 pm: Chik-Fil-A Fundraiser night at the Tunnel Road location. Please let the servers know as you order that you are supporting ACRHS bands.

Local High School Robotics Team Wins NC State Championship



Fairview student Nolan Scobie and his team are going to San Antonio, March 9-11, to compete at the FIRST Tech Challenge Super Regionals. FIRST Tech Challenge teams (10+ members, grades 7-12) are invited to design, build, program, and operate robots to play a floor game in an alliance format.

Our local teens of Team 7300, Guzzoline, had a fantastic day February 20 at the NC State Championship, winning 1st Place in the NC State Championship Alliance, in addition to winning the top award available: 1st Place Inspire. They also won the 2nd Place Promote Award and were finalists for three other awards: the PTC Design Award, the Connect Award, and the Think Award. They now have two beautiful State trophies and an enormous 1st Place Inspire banner to display in their workspace at A-B Tech. Each student received two medals (one for Winning Alliance, one for 1st Place Inspire) and hearty congratulations from the judges.

They have a lot of details to work out and work to do to take their robot (and their whole game) to the next level at the South Super Regional Competition. Follow them on facebook.com/ashebots and see if they make it to the World Competition in Missouri in April. Individuals and companies can support the team at ashebots.org/donate

Civil Air Patrol Honors Brayden Lewis

Brayden Lewis of Fairview has been recognized by the Civil Air Patrol (CAP) for achieving the Billy Mitchell Award, one of the most prestigious honors that a cadet in CAP can earn, and a new rank of Second Lieutenant that accompanies the award. Only 15% of all CAP cadets earn the grade of Second Lieutenant.

The Civil Air Patrol, the longtime all-volunteer U.S. Air Force auxiliary, operates a fleet of 550 aircraft and performs about 85 percent of continental U.S. inland search and rescue missions.

Lewis is a homeschooled student who has a particular interest in history and a talent for music; he is proficient on several instruments and plays piano at his church's services. He has been interested in aircraft for as long as he can remember, and became interested in CAP because of its association with the Air Force. His goals include reaching the grade of cadet colonel and earning his solo wings through his squadron's flight academy.

Congratulations to this outstanding young man.



Cadet Commander, Captain Jacob Davis (left), congratulates newly promoted Cadet Second Lieutenant Brayden Lewis.

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Mining for Meaning in the Annual Audit



The word “audit” sounds ominous, doesn’t it? It calls to mind stern-faced government officials knocking on the front door, briefcases in hand. Many people think that if you’re being audited, it means you’ve done something wrong. But this is often not the case.

An audit is an important tool for businesses, government, nonprofit organizations, and, yes, school systems, to get an outside perspective on how well we’re following the rules of accounting, as well as our overall financial health. In the case of Buncombe County Schools, the 2014-15 audit (presented at our February 4, 2016 School Board meeting) was conducted by Johnson Price Sprinkle CPAs. They had lots of support from our finance staff, led by chief finance officer Deborah Frisby and assistant finance officer Roger Warren.

So how are we doing? In financial language, we always hope for an “unmodified opinion” from the auditors, also known as a “clean audit.” The 2014-15 Comprehensive Annual Financial Report (CAFR) indicates that our auditors did issue this positive opinion. This tells us that the financial reports fairly represent the financial position of all of our activities. Another good sign about our school system’s strong financial management is that we received Certificates of Excellence from the Government Finance Officers Association and the Association of School Business Officials International,

based on the CAFR.

However, as Robert Browning wrote, “A man’s reach must exceed his grasp, else what’s a heaven for?” We’re not yet perfect. With over 195,000 transactions annually, it is not surprising that human error occasionally comes into play. For the 2014-15 year, there were six “findings,” indicating areas where the auditors found mistakes that needed to be corrected. These findings have already been fixed.

That answers the question of how well

We always hope for an “unmodified opinion” from the auditors, also known as a “clean audit.”

we’re crossing the t’s and dotting the i’s, but what about the overall financial health of Buncombe County Schools? Comparing our annual income and expenses, does it look like we’ll be financially sustainable for the long haul, so we can continue to educate the students of Buncombe County?

The first place to look in answering this question is at our “net position.” According to the CAFR, Buncombe County Schools’ total net position (our “net worth”) decreased by \$33,874,167, or 11.39%, in the 2014-15 year. At first glance, this looks like a complete financial crisis. What in the world happened?

The last bullet on this same page of the report explains that the change in position is due to a change in how we are required

to report pensions earned by our current employees for when they retire. We are now required to report these expenses as a liability, making it look like we will actually have to pay these amounts when our employees retire. However, it is the state of North Carolina that pays pensions, not local school systems. This reporting change makes our “net position” look far worse than it actually is.

A second indicator of our financial health is the “fund balance.” This is the school system’s rainy day fund, a critical cushion to protect us in case of emergency. In fact, the Buncombe County School Board has a policy that requires us to have at least one month’s expenses as a “stabilization reserve.” As of June 30, 2015, there was \$6.5 million in the fund balance above the required stabilization amount. Last year, BCS needed to use \$1.5 million of our fund balance. It looks likely we will need to do so again this year. We’ll need to keep a close eye on our income and expenses, as well as advocating for more funding at the state and local levels, in order to keep our financial position strong for the long term.

Though financials can seem a little dry, the truth is that they can make or break our school system. To view the 2014-15 CAFR, visit the Buncombe County Schools website at buncombe.k12.nc.us/Page/137.

And please continue to advocate to your local and state legislators to support our public schools!

Questions for me? Please email Cindy.McMahon@bcsemail.org.

Reynolds District Events in March

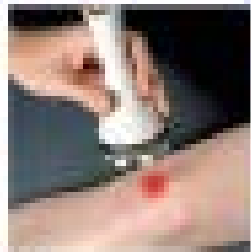
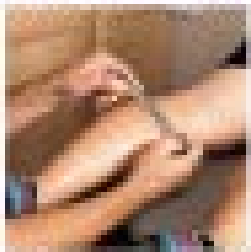
- Tuesday, March 1**
Reynolds Spring Choral Concert, 7 pm
All County Strings Concert, 7 pm, at Erwin High School
- Thursday, March 3**
Reynolds High Pre-Festival Band Concert, 6 pm
Oakley School Improvement Team Meeting, 11 am
- Saturday, March 5**
“Fairview Flyers” Unicycle Team to perform at Southern Conference
- Tuesday, March 8**
Bell Elementary STEAM night, 5:30 pm
- Thursday, March 10**
Fairview School Improvement Team, 3 pm
YMCA Healthy Food Truck at Oakley, 3:15 pm
- Saturday, March 12**
Destination Imagination Tournament at Blue Ridge Community College (all day)
- Thursday, March 17**
Reynolds High Chorale Pre-NY Preview Concert, 7 pm, First Baptist Church
Oakley Parent’s Advisory Council, 8:30 am
- Tuesday, March 22**
Fairview Kindergarten Orientation, 5:30 pm
Bell Kindergarten Orientation, 6 pm
Bell Kindergarten Tours, 9 am & 10 am
- Spring Break March 25 – April 1**

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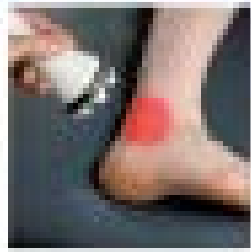
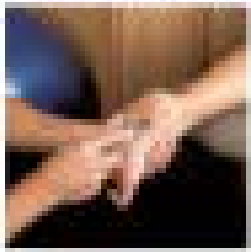
DELAY OR AVOID KNEE OR HIP REPLACEMENT,
BURSITIS/TENDONITIS, ITB SYNDROME

Since Dr. Reilly has been treating me, the pain I felt in my knee (runner’s knee) has been able to strengthen or heal my leg for any length of time. The Graston Laser Treatment and Graston Therapy has worked wonders. I have been able to start running again. I have been able to start working out and feel great.



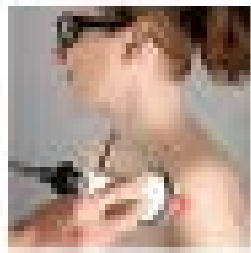
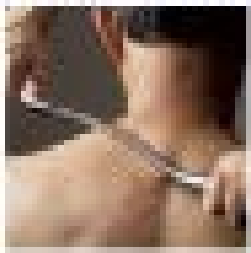
RELIEF FOR PLANTAR FASCITIS, HEEL SPURS,
SHIN SPLINTS, ACHILLES TENDONITIS

I have injuries that got worse from doing the usual run cycle. I tried Graston Laser Treatment, physical therapy and other treatments. Dr. Reilly used the Graston Laser Treatment and Graston Therapy. I was able to get back to work and feel great.



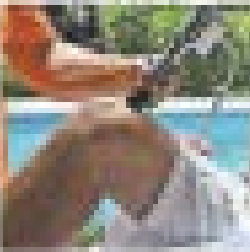
ROTATOR CUFF PAIN, FROZEN SHOULDER,
SHOULDER BURSITIS, TENDONITIS RELIEF

When I started experiencing a shoulder problem it began gradually and eventually it became so bad that I had to stop working. Dr. Reilly used the Graston Laser Treatment and Graston Therapy. I was able to get back to work and feel great.



“Sometimes I forget I even have a problem.”

FROM HAPPY PATIENTS:



I was told I needed an immediate knee replacement. I was supposed to wait until surgery. The first treatment I received was so good that I was able to walk and feel great. I was able to get back to work and feel great.



I came to Dr. Reilly with a foot problem. I was told I needed surgery. The first treatment I received was so good that I was able to walk and feel great. I was able to get back to work and feel great.

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Easter Services

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Palm Sunday, March 20: Worship 11 am, *Blessing of the Palms and Holy Communion*
Maundy Thursday, March 24: Worship 7 pm, *Remembering the Last Supper*
Good Friday, March 25: Worship 7 pm, *The Seven Last Words of Christ*
Easter Sunday, March 27: Easter Breakfast and Egg Hunt 9:45 am, Worship 11 am.

Trinity of Fairview

Trinity’s Annual Easter Egg Hunt will be held on *Saturday, March 26, 10 am*, 646 Concord Road. The event is open to the community.

Calvary Baptist Church

Sunday School will meet at 10 am and Morning Service will be held at 11 am. The church is located at 33 Jeremiah Boulevard in Fairview.

Emma’s Grove Baptist Church

Friday, March 25 at 7pm there will be a “Black Friday” Service.
Easter Sunday, March 27: Sunrise Service at 7 am followed by a breakfast in the Family Life Center.
The Easter Worship Service is at 10:30 in the sanctuary.

Summer SHARE Program

Trinity of Fairview Baptist Church announces their Summer SHARE Program, where rising 1st-6th graders will participate in Science and Math enrichment classes, a summer long service project and exciting themed field trips. Children will also worship in a weekly Bible study as well as going to local pools and parks. It will be a summer to remember! The program is available for five or three days a week, 7:15 am–6 pm. For details and registraton form visit trinityoffairview.com.



Equine Therapy Benefit

Sensibilities Day Spa has chosen the veterans and at-risk youth equine therapy project “Heart of Horse Sense” as this year’s beneficiary of Sensibilities Cares, a program dedicated to giving back to the community. On *Tuesday, March 15*, Sensibilities will donate 20% of its sales to this grassroots non-profit organization that provides Therapeutic Horsemanship to veterans and their families and to at-risk youth.

Heart of Horse Sense was founded in 2003 by Shannon Knapp to rescue horses from abuse and neglect and to partner these horses with people who could benefit from the unique therapeutic opportunity horses offer. It is a 501c3 charitable tax-exempt organization.

Sensibilities Day Spa has two locations, at 59 Haywood Street in downtown Asheville and 43 Town Square Boulevard in Biltmore Town Square.

Coping With a Sinkhole ... and Creating Community

By Jill Preyer

On Tuesday, December 29 at 7:55 am, my daughter and her family drove out of our neighborhood after a week’s visit. Later that morning, I discovered they were the last car out of Cliff View Drive for the next eight days!

Our neighborhood, The Cliffs, is about 35 years old and has 47 homes winding up the mountain just below Berrington Village apartments off 74A. The previous night, December 28, Fairview and Reynolds were hit hard with an intense rainstorm that washed out culverts and left roads and parking lots covered with mud and debris. The old 2-inch culvert under the only road into our development, Cliff View Drive, was completely washed out, leaving a 6-inch cavity under the roadway and making passage over it unsafe. The sinkhole grew to 4 feet in diameter and 16 feet deep.

What followed this disaster was truly inspiring. Some folks had left early for work and their cars were on the “outside” of the hole, but many more were home. Some neighbors were out of town since it was the week between Christmas and New Year’s, and they were shocked to find they could not drive up to

their homes upon their return.

Although everyone was surprised by this extreme inconvenience, no one became irate. Instead, the entire neighborhood pulled together to deal with our situation. Huntley Construction and Davis Civil Solutions company began construction on a temporary one-lane road the very next day. Steel plates were brought in so that we could walk across the abyss until the road would be completed eight days later.

Our Homeowners Board sprang into action. Engineers were consulted, emails were sent out detailing every step of the progress, and a shuttle system was established. Neighbors with cars “outside” loaned their vehicles, and we signed up for two-hour shuttle shifts to drive others to CVS and Ingles for emergency supplies. On-call shuttle service was provided on the “inside” to drive people up and down the mountain. Neighbors signed for UPS packages at the base of the street, walked them



all across the steel path, put them in their cars and delivered all the packages. Others called Waste Pro and the *Asheville Citizen Times* and other papers to stop services. The shuttle system worked flawlessly, but its biggest benefit was getting neighbors together, many of whom had never met before.

On New Year’s Eve, it was clear we weren’t going out, and one generous family invited the neighborhood for a “shut-in” spontaneous potluck party at their home. It was fabulous fun, and we were all safely home by 10 pm. Neighbors went out walking, chatting, exercising themselves and their dogs, and watching the progress on the temporary road. Another family proposed a second potluck dinner

on Sunday night (after six days of isolation) and it too was a huge success. There was only good humor and gratitude that we did not lose power and a new sense of being a tight-knit community.

Being stuck at home for eight days was a blessing. Not being able to go anywhere, I took advantage of the calm days. No running around to do errands, no volunteer work, no shopping, no eating out or going to a movie. Instead there was time and peace. Time to clean out closets, time to read, time to really spend with my neighbors, some of whom I had just met.

We still do not have a permanent road. When our hardworking board carefully prepared an emergency homeowners meeting, the neighborhood showed up, understood the engineer’s report and the board’s extraordinary efforts, and expressed their gratitude by ratifying the large assessment needed to build a new road.

We had a crisis but in the midst of it we discovered that we are more than a collection of houses — we are a community.

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Worship Times:
Sunday: Sunday School – 10:00 AM
Morning Service – 11:00 AM
Evening Service – 6:00 PM
Wednesday Evening – 7:00 PM

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9:00am and 11:15am Small Groups 10:10am
Wednesday Worship Services 6:55pm

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Morning Worship & Children’s Church - 11:00 a.m.
Youth - 5:00 p.m. Children’s Choir - 5:00 p.m.
Evening Worship - 8:00 p.m.
Wednesday - Prayer Meeting/Youth/TeamKids - 7:00 p.m.

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Phone: 628-2032
Pastor: Ron Roberts

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Spring

by Charles H. Lloyd, DVM, Fairview Animal Hospital

Tulips. Pollen. Azaleas. Pollen. Dog-woods. Pollen. While spring brings beautiful colors to our area, it also brings other things that are not so nice.

Anybody who spends any amount of time outdoors in the spring will know how much pollen can be in the air. How many of you have found your car covered in pollen?

Your pets can suffer from allergies as a result of pollen the same way people can. Dogs suffering from allergies most commonly experience intense itching – irritated skin and shaking/scratching of their ears. Cats tend to experience more re-

spiratory issues. Some cats can even experience severe asthmatic attacks which, if not treated, can result in death.

If you feel your pet is suffering from springtime allergies please contact your veterinarian.

Anytime you use any chemicals (fertilizer, pesticides, etc.) be sure and read the directions and follow them accordingly to safeguard your pets.

Other springtime issues are more related to plants and products that are used on your plants. Anytime you use any chemicals (fertilizer, pesticides, etc.) be sure and read the directions and follow them accordingly to

safeguard your pets. Even if you use a lawn service, be sure and check with

them to determine if there are any hazards to your pet.

There are some plants that you need to keep your pets away from. Foxglove and oleander can cause serious heart problems if your pet ingests them. Lily of the Valley, yew and castor bean can be very poisonous. If you have a question about a specific plant, you can visit the American Society for the Prevention of Cruelty to Animals' website or use their smartphone app, ASPCA Animal Poison Control Center. These resources not only lists plant poisons but also foods, medications, weather-related issues and household hazards dangerous for your pets.

As you enjoy your springtime beauty, be sure to safeguard your pets so they too can enjoy spring with you.

Rabies Vaccines

Dr. Leigh Ann Hamon at the Cane Creek Animal Clinic will be offering rabies vaccines for cats and dogs at \$10.00 for the entire month of April. The clinic hours are Monday, Tuesday, Wednesday and Thursday from 8:00 a.m. to 5:00 p.m. To ensure that you will not have a long wait, please call the clinic at 628-9908 for the best available times.

Dine to Be Kind

On March 8, over 50 participating Asheville area restaurants are donating 15% of their food and drink sales to Asheville Humane Society during the nonprofit's 13th annual Dine To Be Kind fundraiser. The community is encouraged to dine out (or order to-go) for breakfast, lunch, dinner or drinks at participating restaurants to help homeless local animals.

Participating restaurants are listed at ashevillehumane.org.

A Trim in Time

by Dr. Karen Gellman, DVM, PhD, courtesy of DogsNaturallyMagazine.com and ithacapetwellness.com

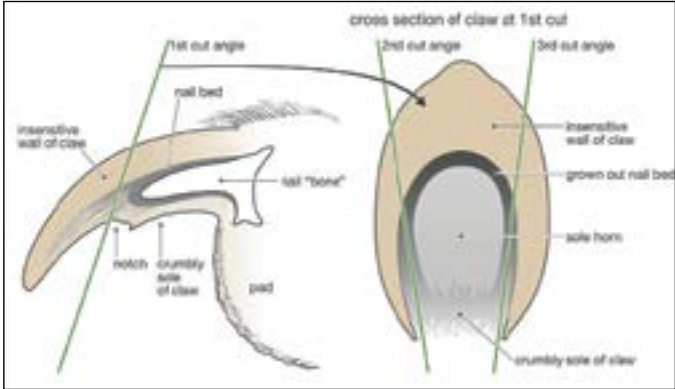
Nothing brings a guilty look to the face of a dog owner faster than asking how often they cut their dog's nails! Even really conscientious owners, who go to great lengths for their dog's social lives and nutrition, often admit, "Not as often as I should." Why is this true? And why does it matter?

The most common reasons for avoiding nail trims are that the owner is afraid of "quicking" the dog or the dog

upon information from nerves in their feet to move through the world and process gravity accurately. For millions of years, wild dogs have run long distances while hunting, and worn their nails short. The only time their toenails touch the ground is when climbing a hill. So a dog's brain is evolutionarily programmed to associate toenail contact with being on a hill, and he shifts his body posture accordingly: leaning forward over his forelimbs, up the imaginary hill reported by his toes. Since the hill is not real, a secondary compensation with his hind limbs is necessary to avoid a face-plant. This abnormal, compensatory posture can be called "goat on a rock" because it brings their

paws closer together under their body. Normal, neutral posture is a nice show dog "stack," with vertical legs, like a table. Recent research shows that standing with limbs "camped in" is hard work to maintain. These goat-on-a-rock dogs get over-used muscles and eventually over-used joints – especially in their hind limbs – making it difficult to jump in cars, climb stairs, and even hard to get up from lying down. Cutting toenails short can be like a miracle cure for your dog, whose hind end has become painful, weak and over-used.

That's the why. Now for the what and how. Toenail maintenance requires a trim every two weeks. If you can hear nails click on your kitchen floor, they are much too long. But don't despair: the technique shown here will make short work of getting your dog's nails



1. Structure of a dog's toenail and cutting angles.

fusses and creates bad feelings around the procedure. Nail cutting becomes an event surrounded by angst and drama. For very active dogs, who run all day long on varied surfaces, cutting nails may not be necessary. But among city or suburban dogs, excessively long toenails are more common than not.

So what's the big deal? The first consequence of long toenails is painful feet. When a dog's toenails contact hard ground, like your kitchen floor, the hard surface pushes the nail back up into the nail bed. This either puts pressure on all the toe joints, or forces the toe to twist to the side. Either way, those toes become very sore, even arthritic. When the slightest touch is painful, your dog will fuss when you pick up a paw to cut nails.

The second consequence of long toenails is more serious. All animals rely

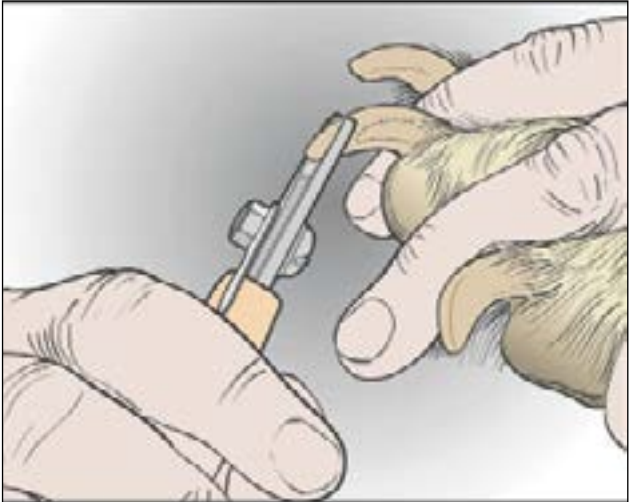
back to their correct shape. The concept is easy – trim around, never across the quick, which is actually your dog's finger (Figure 1). Once the insensitive nail is thinned out, and not supporting the quick, the quick will dry up and recede, allowing more shortening. Each dog's nails are different, but commonly, very long toenails become dry and cracked, with a clear separation of the living tissue and the insensitive nail. With the technique illustrated here, amazing things are possible.

Always start with very shallow cuts, with the clipper almost parallel to the part of the nail you are cutting (Figure 2). In some dogs, the sensitive tissue is very near the surface and in others, fur-

keep the order of toes consistent, this will be a good maintenance schedule, giving every toe a trim every 16 days. Short toenails are critical to your dog's health and soundness – failure is not an option!

Thanks to holistic vet Dr. Judith M. Shoemaker – visit her online at Judith-Shoemaker.com – for teaching this method to lucky colleagues and dog owners around the world.

Dr. Karen Gellman is known worldwide for teaching and researching on posture, biomechanics and holistic veterinary medicine. She practices at The Wellness Center for Pets in Ithaca, NY. Visit ithacapetwellness.com.



2. Start with shallow cuts almost parallel to the nail.



3. Separate toes with your fingers; hold paw gently.



4. Use a rotary grinder to "sharpen the pencil."

ADOPT ME!



Don is a male boxer mix approximately 5 years old. He is a strong, active boy, who does best with female companion dogs who like to play as hard as he does. Don might be a little much for young children and cats, but otherwise, would make a great family dog.

CHARLIE'S ANGELS



Dorie is a sweet black and white angel, about 4 months old, was injured when she was very young. Her pelvis is slightly tilted and the tip of her tail is missing, but two veterinarians have said she'll manage very well. She's got spunk and nothing seems to slow her down...she goes a mile a minute, just loving to play!

CHARLIE'S ANGELS



I'm **Brinks**, a feisty Terrier/Pekingese mix. I weigh about 15 pounds, am two years old, and am neutered. I have a very friendly personality with people and other dogs. I am enrolled in the New Leash on Life program at Craggy Correctional Center but am looking for my new family and home now!

ANIMAL HAVEN

Pedro is an adorable, 4-year-old Dachshund/Terrier mix. When he first came to Asheville Humane Society, he was timid and fearful, but has blossomed in a foster home. Now he enjoys playing in the yard, going on walks and is learning basic commands. With a patient family, this shy guy will reward you with lots of love!

HUMANE SOCIETY



Meet **Loki**! If you're looking for an active, playful friend, 5-year-old Loki is the feline for you! She is very soft and petite and loves to play "chase the string." She has a wonderful purr and likes to greet you with a chirp. Loki is ready for a family to entertain!

HUMANE SOCIETY



LOCAL ANIMAL SHELTERS AND RESCUE ORGANIZATIONS

Animal Haven of Asheville 299-1635 or animalhaven.org

Brother Wolf 885-3647 or wncanimalrescue.org

Charlie's Angels Animal Rescue 885-3647 or wncanimalrescue.org

Humane Society 761-2001 or ashevillehumane.org

January 2016: Snow, Snow and More Snow



The snowstorm on January 22-23 dropped between 11 and 14 inches of snow across the Fairview area, and was the eighth heaviest official snowfall on record. This was the most substantial snowfall in almost a year – since 9 or 10 inches fell in February 2015.

The January 2016 storm left a mantle of white from northern Alabama to across the northeastern states, many of which received 2 to 3 feet of snow. The record amount of snow from the January storm goes to Mount Mitchell, which picked up an incredible 66 inches of snow.

The chart below lists the greatest snowfalls for the area, based on data from Asheville city and airport, which has the longest continuous records back to 1869. However, there is also

an unofficial snowfall of 26-33 inches reported on Dec. 5-6, 1886.

Looking ahead, last month I mentioned to be ready for some winter, and we certainly got it – temperatures well below normal for several weeks with a cold flow of air from central Canada. I believe that pattern will ease somewhat in March.

We also have time and the length of daylight on our side. In March, we gain almost an hour of daylight and increasing solar radiation. This addition starts our temperatures on an upward track, with normal highs and lows at 54° and 32° at the beginning of the month and rising to 63° and 37° by month's end. Daylight Savings Time begins on March 13. However, remember that in March we can also get snow, as shown



on this month's chart. Still, any snow that falls in March usually melts quickly due to the increasing amount and duration of solar radiation.

Meteorologist Tom Ross managed NOAA's Climate Database Modernization Program and was involved in educational and community outreach during his 25-year career at the National Climatic Data Center (NCDC) in Asheville. He was a senior weather forecaster at Accu Weather in Pennsylvania. Tom currently teaches classes on weather and climate at various venues in Western North Carolina.

MARCH'S TRIVIA ANSWER

What are March snowfall extremes?

That question can be answered by looking at the chart to the left that highlights our eight highest snowstorms. The highest March snowfall was 18.2 inches from the Blizzard of 1993. While the Asheville airport reported just 18.2 inches from that storm, many folks reported snowfall approaching the 2-foot mark. Looking at the table in more depth, out of the eight largest snows, six occurred both in January and March while there was only one each in December and February.

APRIL'S TRIVIA QUESTION

How fast do raindrops fall?

Always a Warm Welcome at This Table

Two Fairview volunteer firemen share a laugh in the far corner. By the window, a young woman and her three small children are just sitting down to eat, the little ones determined to clean their plates so that they can have one of the homemade desserts on display. Near the front of the room sit an older couple, talking quietly. People are streaming in, some leaving whatever donation they can in the receptacle by the door, and some needing to pass it by until they are better able. People greet each other warmly; all are welcome.

It's a bit before noon downstairs in the Fairview Christian Fellowship church behind the Fairview library, and the Wel-

come Table is continuing its mission of providing the community with lunch ... and love.

Volunteers are always needed and cherished on Wednesdays and Thursdays. If you can help, please call 628-2809 or email barbdwyre@aol.com.



JANUARY FAIRVIEW REAL ESTATE STATISTICS

		High \$	Low \$	Avg \$
Houses listed	15	1,195,000	94,500	426,660
Houses sold	11	1,300,000	144,900	388,499
Land listed	21	749,000	27,000	111,019
Land sold	2	315,810	72,500	194,155

Active military and veterans comprised nearly a quarter of all home buyers last year, according to the National Association of REALTORS® 2015 Profile of Home Buyers and Sellers report. Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). The agents at Cool Mountain support our veterans and will strive to accommodate your needs! They are located at 771 Charlotte Highway in Fairview. If you have questions about real estate in our community, email Jenny Brunet at coolmntn1@gmail.com or call 628-3088.

Taking Risk



I was the brother who took the risks while the other siblings watched. In my early years I wanted to experience life when opportunities presented themselves, but in my 60s, life seems to lure me into the comfort of what I know. There is much to be said for comfort, but I have been asking myself, "What does my risk-taking look like at this point on my journey?"

The word "risk" can be associated with words like danger, exposure, liability, uncertainty and hazard. Wild people take risks. However, there is another side of risk – let's call it mature risk – that may be a door to possibility, opportunity and openness to the unknown.

I was talking to my son the other day about risk and he told me a story about seeing people running in parks around Asheville a year ago and thinking, "Those people are different. They are wasting their time. What could possibly make someone do that?" Then after some health-related concerns, he tried jogging and walking one day, then another day. Now he is up to 5 or 6 miles a day. Recently when running he looked around at the other joggers in the park and thought, "I am one of those people."

We spend years developing our autopilot to handle the repetitive parts of our journey. Most autopilots are risk-averse and don't like to take on new things. That's often why we develop a bucket list of things we put off over the years. We can do it now. Join a new quiet rev-

olution. Go beyond the danger, exposure and uncertainty aspects of risk-taking and focus on possibility, opportunity and openness to the unknown.

Try thinking about how your own truths, groups, activities and ways of thinking came to be. Practice accessing that part of you capable of acting outside your routine in non-threatening ways and see what new perspectives arise:

Move to the different chair. Use a different door to enter your home. Drive a different way home. Warm up the part of you capable of acting, feeling or thinking outside your routine; new perspectives can be informative, if you pay attention.

At the end of each day, recognize one mature risk (way of thinking, activity or understanding) you added to who you are. Share your mature risk with one other person on your journey.

Who are the "joggers in the park" on your journey who are different from you? Take five minutes a day to learn about a "different" group, activity or way of thinking. Listen to someone who thinks in a way that is different and wait until they are finished talking before you form an opinion.

Join the quiet, mature risk-taking revolution. You may find yourself living with a new definition of risk and a renewed sense of connection and peace on your journey. You are here.

Blair Clark is a Licensed Professional Counselor Supervisor and author of "Answers to What Ails You (AWAY). Reach Blair through Facebook or by emailing copy@fairviewtowncrier.com.



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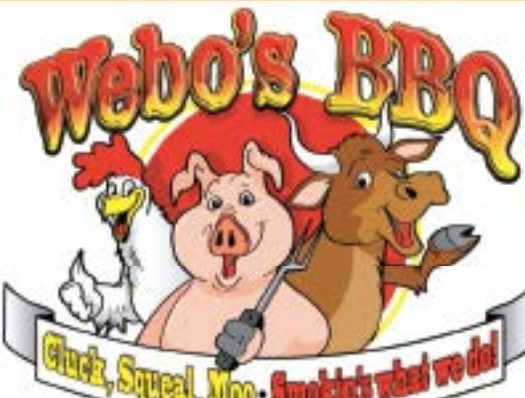


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How Should You Respond to Market “Correction?”



As an investor, you may be gaining familiarity with the term “market correction.” But what does it mean? And, more importantly, what does it mean to you?

A correction occurs when a key index, such as the S&P 500, declines at least 10% from its previous high. A correction, by definition, is short-term in nature and has historically happened fairly regularly – about once a year. However, over the past several years, we’ve experienced fewer corrections, so when we have one now, it seems particularly jarring to investors.

How should you respond to a market correction? The answer may depend, to some extent, on your stage of life.

If You’re Still Working

If you are in the early or middle parts of your working life, you might not have to concern yourself much about a market correction because you have decades to overcome a short-term downturn. Instead of selling stocks, and stock-based investments, to supposedly “cut your losses,” you may find that now is a good time to buy more shares of quality companies, when their price is down.

Also, you may want to use the opportunity of a correction to become aware of the need to periodically review and rebalance your portfolio. Stocks, and investments containing stocks, often perform well before a correction. If their price has risen greatly,

they may account for a greater percentage of the total value of your portfolio – so much so, in fact, that you might become “overweighted” in stocks, relative to your goals, risk tolerance and time horizon. That’s why it’s important for you to proactively rebalance your portfolio – or, during a correction, the market may do it for you. To cite one aspect of rebalancing, if your portfolio ever does become too “stock-heavy,” you may need to add some bonds or other fixed-rate vehicles. Not only can these investments help keep your portfolio in balance, but they also may hold up better during a correction.

If You’re Retired

After you retire, you may need to take money from your investment accounts – that is, sell some investments – to help pay for your cost of living. Ideally, however, you don’t want to sell stocks, or stock-based vehicles, during a correction – because when you do, you may be “selling low.” (Remember the most common rule of investing: Buy low and sell high. It’s not always easy to follow, but it’s still pretty good advice.)

So, to avoid being forced into sell-

After you retire, you may need to take money from your investment accounts — that is, sell some investments — to help pay for your cost of living. Ideally, however, you don’t want to sell stocks, or stock-based vehicles, during a correction — because when you do, you may be “selling low.”

ing, you need to be prepared. During your retirement years, try to keep at least a year’s worth of cash instruments on hand as well as short-term fixed income investments. By having this money to draw on, you may be able to leave your stocks alone and give them a chance to recover, post-correction.

And it’s important to maintain a reasonable percentage of stocks, and stock-based vehicles, in your portfolio, even during retirement – because these investments may provide the growth necessary to help keep you ahead of inflation. Consequently, as a retiree, you should have a balance of stocks and stock-based vehicles, along with fixed-income vehicles, such as bonds, certificates of deposit, government securities and so on.

Being prepared can help you get through a correction – no matter where you are on life’s journey.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, who can be reached at 628-1546 or Stephen.herbert@edwardjones.com.

Church Goes Solar with Sugar Hollow Solar

First Congregational United Church of Christ (FCUCC), of Laurel Park, and Sugar Hollow Solar, of Fairview, are kicking off a project to install 60 solar panels on the church roof. The initiative, which is being funded by 70 individuals and families from the church and surrounding community, will supply more than 50 percent of FCUCC’s energy needs, yielding potential savings of up to \$3,500 per year and saving 489 tons of carbon dioxide over the system’s lifetime.

“We’re gratified to support First Congregational in its commitment to being a responsible steward of the earth,” said Phelps Clarke, co-owner of Sugar Hollow Solar. “This is our initial project with a church, and we believe that First Congregational’s donation-based approach provides a great way for non-profits to go solar. We hope that others follow their lead to help our communities transition to a low-carbon model.”



First Congregational’s solar panel task force (l to r, Roger Smith, Milton Stewart, Jeannie Stewart, Melissa Melum, Bob Miles, Nancy Irving, and Mark Fagerlin).

Finish Line Motorworks

Finish Line Motorworks is a family-owned and operated automotive service and restoration shop located right here in Fairview. They have been



in business since 2014 and have built a reputable team of progressive, forward thinking service professionals to meet the needs of the community.

Team member Molly Corcoran said, “Our team consists of honest, ethical individuals who strive to ensure satisfaction.”

Finish Line Motorworks services all makes and models, including classic and late-model vehicles from a basic oil change or tune-up to a major mechanical overhaul and custom exhaust work. They also offer full body repair from that unfortunate accident, including custom paint services.

Finish Line participates with auto insurance companies to ensure collision repairs are as hassle-free as possible. And mobile diagnostic services, including vehicle transportation, are offered within a 15-mile radius for an additional fee.

Finish Line Motorworks is located behind The Local Joint at 1183 Charlotte Highway in Fairview. They invite the community to stop by the shop and check out some of their current projects, as well as meet their friendly team! For more information about their specialty restoration services, or to get an estimate, call 575-9894 or visit finishlinemotorworks.com.

A New Creamery in Fletcher?



Driving down Cane Creek Road, one might notice a new sign that reads “Cane Creek Creamery.” Seems this just may be an expansion by Cane Creek Valley Farm, which is located at 1448 Cane Creek Road in Fletcher.

Jeremy and Amanda Sizemore manage the fourth generation farm, which is certified organic. According to their website, they sell dairy and eggs, flowers, fruits and berries, fresh herbs, meat, fish and fowl, and vegetables.

We’ll keep our eyes and ears open to see what materializes in regards to Cane Creek Creamery, which was registered with the state in late January. In the meantime, you can visit their website at canecreekorganics.com to keep up with their news.

Keep It to Yourself



Privacy, Please!

Configure Windows 10 privacy settings while upgrading to Windows 10 and you will be ahead of the game. Using the Express Settings screen, though a few minutes quicker, turns on a lot of information sharing to Microsoft’s benefit. So, instead, click on the Customize settings choice as you are welcomed in the “Get going fast” window; you should click off all of the suggested choices, only leaving on the SmartScreen filter if you are planning on using Internet Explorer or the new Microsoft Edge web browser. These settings can always be modified later by going into Settings then clicking on Privacy.

Be My Guest

Enable Windows 10 guest account to provide a basic account for friends to use on your computer without messing up your own space or letting them install software you don’t want. Use that one-line search box just to the right of the Windows button, lower left of the screen. Click into that search box, type the word “guest” and look for the search result. Turn guest account on or off. Click on the Guest account name and when prompted to turn it on, click Yes. Repeat this when you want to turn back off the guest account. The guest account will be another user name available when you turn on your computer, or when you switch accounts.

Don’t Tell!

Things to *not* share on social media – it’s common sense, but don’t post the dates you will be “on vacation,” don’t post insider business information or pending announcements, don’t complain about your boss or co-workers, don’t brag about activities that might haunt you later, and also consider whether it is wise to brag about some new expensive purchase. Just remember, once it is on the web, it will never be private again.

In the Mood

Change your mood in Windows 10 by playing with Themes: choose Settings, Personalization, and click on Themes, then Theme Settings. Click “Get more themes online” and prepare to spend the next hour or so downloading all the different themes you want to use when changing your mood.

IFTTT, It’s easy!

“If This Then That.” try ifttt.com to speed up or automate how you use different services and websites, especially if you have to act on information from one site and put it in another. Using recipes, you can trigger things to happen on one website based on what is happening on a different site. Look through the list of public recipes to see what others are doing – and you just might realize you are now a programmer.


Questions? Call Bill Scobie of Scobie.Net, fixing computers and networks for small businesses and home. 628-2354 or bill@scobie.net.

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A View of America



Annie and I are in Ankara, Turkey visiting our Navy son Eric and his family. Being in another country makes you think about what is special about the US. Moreover, North Carolina has a primary coming up on March 15th, and it will be time to vote about our future. My goal is to talk about why so many of us are proud and hopeful about our country and what we have accomplished as a diverse people in over two centuries. By establishing our government of, by and for the people, we set off on a course to bring freedom to a new land unhindered by the old politics of Europe.

The American Revolution overthrew the monarchy of George III and the tyranny he was inflicting on the citizens of his 13 American colonies. Monarchies rule with the interests of the royal elite at heart. Their rule is often propped up by the consent of a religious institution, in this case the Church of England. They rule giving monopoly rights to corporations like the East India Company, forc-

ing the colonists to buy tea only from this company while charging a hefty tax. The Boston Tea Party was an attack on this arrangement — what we might call crony capitalism today. “Taxation without Representation” became the slogan of the American Independence movement, and with its unlikely victory the world would witness a brand new form of government.

And yet, when our Constitution was ratified, there was a fear of “mob rule.” Could President Washington command the respect of a monarch? The Electoral College was set up as a buffer against an election gone wrong. The common man was once again feared and disenfranchised.

The elections of Jefferson and Jackson, however, brought a new democratic spirit, and Americans grew more comfortable with freedom for the less privileged. For so long, these classes had been powerless in Europe, and a powerless people have only one recourse: rebellion.

The paradox of a country proclaiming that all men are created equal, yet with enslaved black workers, dominated political rancor up until the Civil War. So much blood was spilled in that war, and yet once again freedom won the day, and slavery ended while the union prevailed. The long road of African-American freedom had just begun, and 150 years later we are still working for that

more perfect union of peoples.

In the late 1800s, huge corporations were created, employing thousands of workers. Many of these workers were immigrants. The Know Nothing political party arose to fight immigration, especially immigrants coming from Eastern Europe. Could the American system accommodate those ethnic groups in her cities? And could the American worker get a fair shake competing for jobs with so many others? And could workers in general gain rights in the workplace? Once again the country faced turmoil with labor strikes and violence.

Labor troubles bred a new suspicion of the powerful corporation, and Theodore Roosevelt brought into play trust-busting to break up monopolies, as in a Tea Party of another form. We went to war twice in the 20th century in

the name of democracy, and the world witnessed the rise of a new power. Our soldiers from all walks of life fought furiously for American values.

In between the wars, our nation faced the devastating Great Depression. President Franklin D. Roosevelt used all of the powers of government to help families survive. Even though we still debate the effectiveness of the New Deal, we can all agree that it gave people jobs and hope for a better life.

In the Sixties, the Civil Rights movement arose under the leadership of Mar-

tin Luther King Jr. to fight once again for freedom, and it ended the Jim Crow era. The Women’s Rights movement arose as well to break down occupational constraints and role models. People with disabilities also benefited from a new commitment to better integrating many citizens with challenges into our society.

Americans have always believed in the limitless power of individuals, if only they could be freed from artificial constraints. Even the African-American community, representing the most challenging integration of people in our history, has produced the most success stories of members of their race across the world. And by unleashing the abilities of women, we have unleashed the capabilities of whole generations of people.

Education of “The People” — all of the people — has driven the American experience in innovation and productivity. Pushing freedom past its current boundaries is in large part the story of our nation. Our young people now are pushing for an expansion of LGBT rights, and the courts have been agreeable. Once again we wrestle as Americans with the limits of social restraint and the possibilities of freedom.

Finally, we must glory in the freedom to worship that is a large part of this story. By not establishing a state religion, we have witnessed an amazing range of religious expression in the United States, allowing an individual to follow his or her own conscience.

Freedom is not just an empty word, but an active part of our American experience.

Being in another country makes you think about what is special about the US.

John Ager’s Contact:
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JUST PERSONAL.....

Ronnie Yount Promoted to Major in Civil Air Patrol

In ceremonies on Thursday, January 28, Fairview resident Ronnie Yount was promoted from Captain to Major in the Asheville Squadron of the Civil Air Patrol. Major Yount currently serves his squadron as Executive Officer and Mission Pilot.

With a membership of over 60,000 nationwide, the Civil Air Patrol is the official auxiliary of the United States Air Force. Taskings for the CAP include Search and Rescue, Homeland Security and Disaster Relief, with ongoing missions directed to aerospace education and cadet programs. Cadets are youths 12-18 years of age who have a desire to serve their community and nation.

Ronnie Yount is also owner of AA Diamond Tile and Construction and lives in Fairview with his wife, Candice, Office Manager of the *Fairview Town Crier*. For more information on the Asheville Composite Squadron, go to ashevillecap.org. Congratulations and best wishes to Major Yount.



Gillaaron “Gill” Houck

Gillaaron “Gill” Houck passed away on Thursday, February 25, 2016.

He is survived by his devoted wife, Betty Houck; his son, Joshua Houck; his daughters, Amy Johnson (Troy), Misty Petak (Rod), Hope Lam (Gavin); and his grandchildren, Trey, Walker, Ashley, and the newest one on the way, Liam; and his brothers, Bob Houck (Marsha) and Dan Houck (Joie); and his nieces and nephew, Jessica Martin (Michael), Jasmine Houck, and Chris Houck; and his great nieces, Callie and Emmalyn, and great nephews, Parker and Rowan, and another one on the way.

Gill graduated from Avondale High School in Avondale Estates, Georgia, in 1965, then served in the Marine Corps. After his service, he went on to perform as an actor and for the majority of his life served as a small business owner.

To everyone who knew him, he was larger than life and full of “Little Known Facts,” some of which may be true. *Did you know that he was the first person to sell hermit crabs as pets to a pet store in Key West?* As a member of the famous Fairview “Flying Rock Band,” he was able to bring his hippie roots to life by sharing stories of his hitchhiking trip to Woodstock while doing spot-on imitations of Johnny Mathis and Burl Ives. However, we all knew his real talents: a high-tech redneck and an actor – “starring” in the likes of *The Dukes of Hazzard*, *Wise Blood*, *Laughing at the Moon*, and more. You most



Editor's Note: Gill Houck was a special friend to me. I knew him as Santa. I knew him as a raspy, powerful rock 'n roll singer. I knew him as a friend. Gill was always there to help in any way needed. He and the Flying Rock Band played several fundraisers for *Town Crier* at no charge. They also played many other community fundraising events... all for free. Gill and the other band members just really enjoyed the heck out of singing rock 'n roll – and sing it they did. But the most important thing in Gill's life was always, without a doubt, his family first and all children second. The world will miss you dear Santa, as will I. — Sandie Rhodes

Debra Marie “Debbie” Sherlin

Debra Marie “Debbie” Sherlin, 49, of Fairview, passed away peacefully on February 11 at the JF Keever Solace Center with her soulmate by her side. Debbie is preceded in death by her father, Paul James Sherlin and sister, Wanda Morrow.

Debbie is survived by her soulmate caregiver of 15 years, Kenny Harwood; loving mother, Jean Pauline Reese; son, Phillip Gilliam; sisters, Donna Galloway (Mark) of Fairview, Amanda Burris of Oteen, and Krystal Burris of Fairview; nieces Brandee, Haven, Autumn, Kelsey; nephews Scotty, Jimmy, and Brent.

Debbie enjoyed rescuing cats and she loved her pets. A graveside service was held on Sunday, February 14 at Cane Creek Cemetery in Fairview and Pastor Jesse Looney officiated the service. A special thanks to Susan Seithel.

Thank You!

Thank you everyone who shared in the loss of Debbie Sherlin. If you gave money to help me with funeral expenses, or sent a note or text, mail or called... it was so needed to help us get through this difficult time... for a second time in two months. Debbie’s sister, Wanda Morrow, died on November 27, 2015. Keep us in your prayers and thoughts as we go forward without our loved ones.

— Jean Reese (Mom)

likely knew him as “The Santa” everyone knew and loved — with or without his Santa suit — bringing joy to thousands of girls and boys, young and old, for over 20 years in Asheville and beyond.

He was a long-standing Santa for Biltmore Forest Country Club, the Biltmore Estate, Asheville Mall, and he led the Asheville Holiday Parade for two years. He was also in the Carolina Mountain Christmas Spectacular at Biltmore Baptist Church, but his favorite Santa role was working with foster children in Asheville. Above all, he was an outstanding husband, father and grandfather.

Gill thoroughly enjoyed the online services of Biltmore Baptist Church in Arden. And now, while he may not have been ready to go, we know he is thrilled to be with his Lord and Savior, Jesus Christ.

His family and friends gathered on Monday, February 29, in the Fellowship Hall of Biltmore Baptist Church for a Celebration of Life Service.

In lieu of flowers, the family suggests gifts be directed to your local foster care centers or the Online Ministry of Biltmore Baptist Church. A Facebook page has been started where friends may leave their memories of Gill: [Facebook/Happy Trails Tributes for Gill Houck](https://www.facebook.com/HappyTrailsTributesForGillHouck).



A Visit To Alsace, Part 1

By Jill Scobie

My husband Bill and I had the wonderful opportunity to visit with old friends in Alsace in October. We have known each other since my exchange student days when I spent the summer of 1982 with the Mesenbourg family, who had 5 children; in recent years we have several times hosted the son of one of my French “sisters.”

We arrived in Dorlisheim, France, in mid-October and spent our days exploring the countryside, the small towns, and Strasbourg, the city that has mixed Germanic and French cultures for centuries and has been the seat of the European Parliament since 1952.

Home base was the tiny town of Dorlisheim, which boasts a château, built in 1714, that belonged to counts and barons until it passed into public domain in 1999. Dorlisheim celebrates its vineyards and its association with the Bugatti family, founders of the company that has produced some of the best engineered, fastest cars in the world. There is also a quaint home/business on the main street that upon further inspection reveals a door lintel bearing the symbol of the Holy Roman Empire, dated 1572! On the main entry road into neighboring Molsheim stands the impressive medieval Tower of Blacksmiths, which is where the residents have affixed a war memorial to the American soldiers of World War II who liberated their town from Nazi occupation in November 1944. The town is also the site of a beautiful former butcher’s house (1)

constructed in 1525 that is now a restaurant: the Metzigg.

Traveling south, we hiked through vineyards to castle ruins in Ribeauvillé (2) and Ortenbourg, and toured the Château of Haut-Koenigsbourg (3), beautifully reconstructed in 1900. We also visited the convent and holy site of Mont Sainte-Odile (4) which was constructed in the early 17th century, restored in 1853, and still functions today as an abbey.

Another day we visited the Ecomusée d’Alsace, (5), a village of reconstructed and furnished typical homes, businesses and exhibits of popular art representing the culture and history of Alsace from 1850-1950. Although our visit was in mid-October, we were lucky enough to see a couple of storks standing in rooftop nests. These large rooftop dwellers normally fly south in August and September to winter in the savannas from Kenya and Uganda and south to the Cape Province of South Africa. There has been a concerted Europe-wide effort to reintroduce white storks, and the birds have made a decent comeback since the early 80s, when my hosts were unable to find a single stork to show me.

A visit to Alsace would not be complete without spending a few days in Strasbourg. The historic city center was named a UNESCO World Heritage site in 1988, and one could spend weeks exploring all the city has to offer.

We spent our first morning absorbing facts and admiring art and artifacts at the Musée d’Histoire de Strasbourg.

We particularly enjoyed one painting showing a river jousting tournament from 1666, a sport still practiced in parts of France today, and another showing the first visit by King Louis XIV in 1681, which clearly shows in the background the tallest building in the world at that time: the Cathedral of Strasbourg. The museum covers local history from the

13th through 20th centuries over three floors and features a 1:600 scale replica of the entire city circa 1727. The museum also does an impressive job of conveying the particular difficulties faced by Strasbourg natives under the Nazi regime’s occupation.

See the April issue for part 2.



Membership Renewal

If you haven’t renewed your membership, your membership has been suspended on the website and you have been removed from our member list at right. To rejoin, log into fairviewbusiness.com and pay online or mail a check for \$60 (see yellow box below) or drop off at *Town Crier* office 24/7 (use drop slot in window).

Welcome New Members

- Ana Ortega, Asheville Housekeeping Services
- Taylor Webb Electric & Sound

February Member Meeting

We had a good turnout despite some nasty weather at Visual Eyes Optometric. Members got to meet Dr. Love, the newest addition to the practice, and learn a bit more about what they offer.

March Member Meeting

The next FBA Member’s Meeting will be at Hickory Nut Gap Farm’s new kitchen/restaurant at 57 Sugar Hollow Road in Fairview. Meeting starts promptly at 6 pm followed by social networking at 7 pm. Members will learn about HNGF and all they have to offer.

Mark Your Calendar

Mark your calendar now for these upcoming member meetings:

April 11 — Teresa Bradley’s Clinic, Park Ridge Health South Asheville

May 10 — Troyer’s Amish Blatz

June 9 — Fairview Welcome Table Lunch Meeting at 11:30 am

Get Involved!

Why not? Just a few hours a month! At least come to a meeting. Every quarter we now have a lunch meeting!



Above: Dr. Perry and Dr. Love with staff members hosted the February Member’s Meeting.

Below: FBA Members pose for a photo during the social networking part of the February Member’s Meeting.



Interested in Learning More about the FBA?

Come to any Member Meeting and check us out. We’re a good group of your neighbors in business and we have all learned first-hand the value of networking in a relaxed, professional atmosphere. Join at FairviewBusiness.com or send \$60 check to FBA, PO Box 2251, Fairview, NC 28730. Or join at the Town Crier office, 1185F Charlotte Hwy, M-F, 1–5 pm. FBA Voicemail – 585-7414

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Seams of Gold

by Lynn Stanley

A slip, a crash, and it’s broken. The first lopsided and completely beloved bowl your grandson made in pottery class and gave you for your birthday years ago. What now? Superglue will mend but won’t restore; the cracks you added will always be there, marring the original delight of the gift.

But what if you turn that idea upside down? Is there another way to repair that bowl, a way that will say much more about the value of that bowl to you than a simple gluing back together? A way to honor a golden memory?

The Japanese art of Kintsugi is the practice of fixing broken pottery with gold or silver, leaving a highly visible joinery. Kintsugi is based on the idea that things break — no matter how carefully we handle them, sometimes they do still break — and that the act of repairing them emphasizes and increases their value rather than detracts from it; the repair becomes part of the history of the object and its owner.

No matter how carefully we handle things, sometimes they do still break — and the act of repairing them emphasizes and increases their value rather than detracts from it.

quires the broken pieces to be rejoined with a mixture of lacquer and gold or silver powder. The seam, either smoothed flat or left raised, is then buffed to a bright shine. Some Kintsugi artists embellish the seam by continuing the pattern of the original piece; and if a fragment is missing, the artists will sometimes fill the space with the lacquer-metal mixture. This meticulous repair process itself honors the reborn piece.



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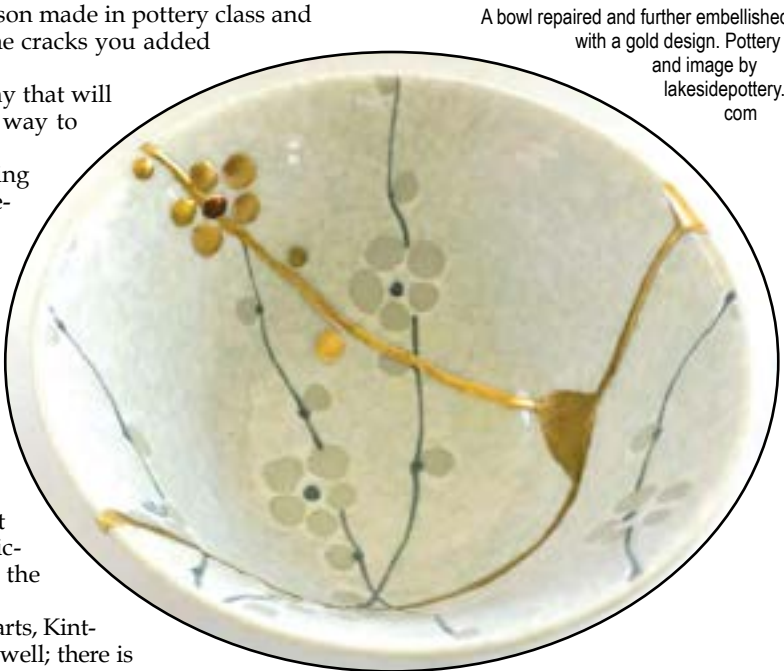
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A bowl repaired and further embellished with a gold design. Pottery and image by lakesidepottery.com



FAR LEFT: Kintsugi repair of a drinking cup. Photo by Pomax, permission through Creative Commons

NEAR LEFT: A vase with missing fragment replaced with gold. Pottery and image by lakesidepottery.com.

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CONSERVATION

by Angela Shepherd

The Northern Saw-whet Owl

A native species of owl that lives at higher elevations in the Southern Appalachians, the Northern Saw-whet is the smallest owl in the eastern United States, measuring 7 to 8 inches tall including the tail.

They have a widespread range across the country but are very secretive, so their population trends are hard to track. More common in the northern

The Saw-whet has a distinctive call from which it gets its name; when alarmed, it emits a cry that sounds like a saw being sharpened on a whetstone.

SAHC’s Roan Stewardship Director, Marquette Crockett, has heard the distinctive call of the Northern Saw-whet at Carvers’ Gap, a popular access point for the Appalachian Trail in the Highlands of Roan. Soaring to more than 5,000 feet, the Roan Massif is SAHC’s flagship conservation focus area. It contains globally significant ecosystems that provide habitat for an amazing number of imperiled species. The well-known grassy balds, rhododendron gardens and rich spruce-fir forests are also treasured for outdoor recreation.



Northern Saw-Whet Owl
Photo by Kameron Perensovich, 2012

“I think Saw-whets are really special because in this region they are only found at the highest elevations,” said Crockett. “While doing a research project in the Highlands of Roan, we were fortunate to observe a baby Saw-whet, who poked its head out of a nest box to see what we were doing. They’re fascinating birds, and extremely cute!”

The Northern Saw-whet depends on dense forests for winter survival, but will use grassy balds and other open-

United States, Saw-whet owls take refuge in the higher elevations of the Appalachians in the south. Their habitat includes high-elevation spruce-fir forest, and breeding populations have been found in areas protected by the Southern Appalachian Highlands Conservancy (SAHC) — such as the Mt. Mitchell area in the Black Mountains and in the Highlands of Roan on the NC/TN border.

ings for hunting, primarily deer mice. With a huge attitude for such a small bird, they are very curious and not intimidated by people — and have even been known to fly down and perch overhead at a campfire!

This year, as part of the “For Love of Beer & Mountains” Partnership with Highland Brewing Company, SAHC will lead a guided group hike into Northern Saw-whet habitat. Highland’s newest seasonal brew, Saw-whet Saison, is named in honor of this diminutive, charismatic native owl.

Check **Appalachian.org** or follow us on Facebook for future details!

About Southern Appalachian Highlands Conservancy: Since 1974, the Southern Appalachian Highlands Conservancy has protected over 69,000 acres of unique plant and animal habitat, clean water, farmland and scenic vistas of the mountains of North Carolina and Tennessee. In addition to preserving land, their conservation work includes guided hikes, volunteer workdays, educational workshops, and farmland access initiatives. For more information, visit www.appalachian.org.



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March Planting

Depending on your elevation and what side of the mountain you live on, the dates given in this column for planting seeds directly into the garden, starting seeds indoors and planting transplants into the garden may need to be tweaked a bit, or tended toward one end of the range of dates rather than the other.

Also, if you see March 15th as the last suggested date for planting something and it is March 16th, don't let that trouble you. If in doubt, experiment to see what works in your particular micro-climate.

Hardening off

Even if you purchase transplants, you should take them through the paces of “hardening off” to prepare them for their new outdoor home.

Hardening off consists of moving plants outdoors for a portion of each day to gradually get them accustomed to cooler temperatures, direct sunlight and mild wind. This gradually strengthens the plants and readies them for full-time life outdoors.

Below are step-by-step instructions given by Norma Rossel, quality assurance manager for Johnny’s Selected Seeds.

- Harden off gradually, so that seedlings become accustomed to strong sunlight, cool nights and less-frequent watering over a 7–10 day period.
- On a mild day, start with 2–3 hours of sun in a sheltered location.
- Protect seedlings from strong sun, wind, hard rain and cool temperatures.
- Increase exposure to sunlight a few additional hours at a time and grad-

ually reduce frequency of watering, but do not allow seedlings to wilt. Avoid fertilizing.

- Keep an eye on the weather and listen to the low temperature prediction. If temperatures below the crop’s minimum are forecast, bring the plants indoors or close the cold frame and cover it with a blanket or other insulation.
- Know the relative hardness of various crops. Onions and brassicas are hardy and can take temperatures in the 40s. After they are well hardened off, light frosts won’t hurt them. Warm-season crops such as eggplants, melons and cucumbers prefer warm nights, at least 60°. They can’t stand below-freezing temperatures, even after hardening off.
- Gradually increase exposure to cold.
- After transplanting to the garden, use a weak fertilizer solution to get transplants growing again and to help avoid transplant shock. Be sure to water plants after hardening them off. We use a weak solution of fish emulsion at the proper dilution.

Hardy plants, such as cabbage, broccoli, lettuce, kale and collards, can be hardened off when the outside temperature is consistently above 40°.

Half-hardy plants such as tomatoes, peppers, eggplant, squash and most summer crops may be hardened off starting at 45°.

Signing up for the Lord’s Acre newsletter (thelordsacre.org/newsletter) is the best way to keep up with volunteer times, children’s programs and special volunteer needs.

March Planting Dates

March 1–15, Seeds Started Indoors:	
Lettuce	Plant out around 4/15
Eggplant.....	Plant out 5/15 or later
Tomatoes	Plant out 5/15 or later
Peppers	Plant out 5/15 or later
Basil.....	Plant out 5/15 or later
Parsley	Plant out 4/15 – 5/15
Early cabbage	Plant out around 5/5

March 1–15, Plant Directly Into Soil:	
Peas, Spinach, Mustard, Turnips, Carrots, Kale	

Vegetable Planting Signs in Nature, and Phenology Guide

Beans: Plant beans when lilac is in full bloom, also cucumber seeds and squash seeds.

Beets: Plant beets when lilac is in first leaf and dandelions are in bloom; also carrots, cabbage family crops, lettuce, and spinach.

Broccoli: Plant broccoli starts outdoors when lilacs first begin to leaf out and dandelions are in bloom.

Cabbage: Plant cabbage and cabbage family crop starts (broccoli, Brussels sprouts) when lilacs first begin to leaf out and dandelions are in bloom.

Carrots: Plant earliest carrots when lilac is in first leaf and dandelions are in bloom. Can succession plant through July.

Collards: Plant spring collards when lilacs first begin to leaf out and dandelions are in bloom.

Corn: Plant corn when apple blossoms begin to fall and oak leaves are the size of a squirrel’s ear.

Cucumber: Plant cucumber seeds when lilac is in full bloom and when the blooms just start to fade; also bean seeds and squash seeds.

Eggplant: Transplant eggplant when irises bloom and daylilies start to bloom; also melons and peppers.

Lettuce: Plant spring lettuce when lilac is in first leaf and dandelions are in bloom.

Melons: Transplant melons when irises bloom and daylilies start to bloom or after May 15.

Peas: Plant peas when daffodils and forsythia are in full bloom.

Peppers: Transplant peppers when irises bloom and daylilies start to bloom or after May 15.

Potatoes: Plant potatoes when the first dandelions bloom, through June 15th for succession plantings

Spinach: Plant spring spinach when lilac is in first leaf and dandelions are in bloom.

Squash: Plant squash seeds when lilac is in full bloom and just as the blooms fade, between May 15 and July 15.

Tender, warm-season summer crops: Plant tomatoes, peppers, eggplant when you see new growth on grapes.

Tomatoes: Plant tomatoes when daylilies start to bloom or lily-of-the-valley plants or flowering dogwood are in bloom or any time after May 15.

Join the Fairview Garden Tour

by Jim Smith

The First Annual Garden Tour of Fairview is being planned for Saturday, June 4 from 9:30 to 3:00.

There are currently two sponsors of the tour: Trout Lily Market and Deli and The Garden Spot. Both will be offering specials that day, and portions of their proceeds for the day will go to the Garden Tour.

One of the participants will be Jerry Donoghue on Old Fort Road. Jerry is the founder of Asheville Compassionate Communications Center in Asheville.

I talked with him about his interest in gardening, and he mentioned several things that got him involved. He first

felt inspired to garden so he could provide his own food needs. For him a garden is more nutritional; gardening also puts him in touch with the process-

es of soil, natural cycles, protection of bees, and beauty of growing flowers, herbs and vegetables. He was eager to engage in the process, learning systems of production and, since he likes learning new things, doing a lot of research and then testing ideas out.

Jerry feels that gardening helps him be more grounded and in better balance with his life and work – he now embraces this as a major part of his life, health, and experience.

Join us in sharing your experiences in gardening. There are many ways, many insights, and many outcomes. This way we



Curly Dock

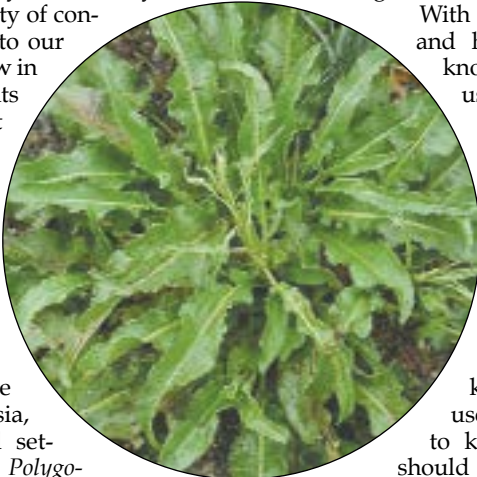


Winter finally arrived after the holidays and gave us all a good late January snowfall and enough substantial hard freezes to provide a respite from the growing season, kill off garden bugs, and bring great nourishment to our good earth. Even the hardiest kale that wasn’t covered had its foliage die back, but many plants like wild mustard greens and yellow dock seem unstoppable even in single-digit nights, ice and snow.

Yellow or Curly dock (*Rumex crispus*) is one of those plants that is superb in its ability to not only survive but thrive in a wide variety of conditions – and when they get onto our garden beds, watch out! They grow in leaps and bounds into huge plants with monstrous tap roots that somehow always seem to break when we try to dig them up. In addition, when mature, each plant is loaded with dense seed clusters that eventually turn a rich chocolate brown color when ripe, and since the birds love them they spread them throughout the land.

These tough biennial plants are native to Europe and western Asia, brought over with the colonial settlers. Yellow dock is part of the *Polygonaceae* family, which is also called the Buckwheat family. Yellow dock have curled, lance-shaped alternate leaves reaching 10 inches in length, and can grow from 1 to 4 feet tall. The long yellow taproots are somewhat carrot-shaped, often forked, and the deeper the yellow-orange color, the more potent the medicinal qualities of the root. Yellow dock is an opportunistic plant that grows in a wide variety of habitats, including disturbed soil, waste areas, roadsides, fields, meadows, shorelines, and forest edges.

Curly dock roots are dug for medicine in the fall but only the young, tender leaves are eaten, usually after blanching thoroughly and changing the water. The seeds are considered edible as well; when ripe and brown, they are easy to gather in quantities, and many foragers recommend grinding both the chaff and seed together to make crackers, as the seed is difficult to separate from the chaff and by grinding it all up together, you simply get more fiber.



The late, great Euell Gibbons would dig the roots and layer them in soil indoors along with dandelions, to force growth in winter. This apparently yielded small, rainbow-colored translucent leaves that were quite tasty. Next winter I may give it a try. I also plan on gathering young, tender dock leaves this spring to make an Armenian dish I discovered called “Aveluk Salad” in which the blanched, chopped leaves are sautéed with onions, parsley, coriander, garlic, basil, walnuts, and vinegar.

With so many plants and herbs, the key is knowing what parts to use, when to harvest, and how to prepare them properly. The leaves are a bit tart and sour due to the presence of oxalic acid, so they should be blanched in boiling water or added to salads in small amounts. Dock leaves are high in vitamin A, iron, potassium and protein. However, if you are prone to kidney issues, this plant should be used sparingly, as it may contribute to kidney stones; lactating mothers should also use caution, as chemicals in the leaf and root may act as a laxative in infants.

The roots generally are not considered very edible; however, they contain 35% tannin and are highly medicinal, and also produce a mustardy brown dye. The early settlers to North America boiled yellow dock mixed with vinegar and applied it to poison ivy rash and as an antidote to stinging nettles. The Iroquois used tea made from the roots to treat upset stomach, kidney problems, and general bowel problems. Many tribes used the herb topically by applying the mashed root to sores and swellings. It has also been used in salves to treat psoriasis and scalp issues.

In India, the juices from the roots are used for toothaches, while the powdered root is used for gingivitis. The Maoris of New Zealand chew the leaf, then apply it to wounds, which they claim will heal without scarring. In the West, the root is often used for treating anemia, due to its high level of iron. It can be powdered and giv-

en in capsules, often in combination with stinging nettle. Curly dock contains ingredients called *anthraquinones*, which have shown some promise in slowing cancer growth.

Curly dock is just sending out some new growth in a recent warmer spell, and as I dig them out of our established gardens, I look forward to experimenting with some new recipes and approaches to utilizing this tough, resilient, wild, edible plant.

Plants and mushrooms hold vast hidden reservoirs of yet undiscovered medicine for treating human illness, and we would be wise to examine carefully our ancestral knowledge of these plants and healing practices from around the globe.

Contact Roger at rogerklingner@charter.net.



ON THE ROAD



Sodom, North Carolina

Ginny Callaway took a trip down memory lane last month when she drove to Sodom in Madison County, North Carolina. She brought a copy of the *Town Crier* to keep herself “grounded” in her home community while she was remembering the early days of how she got here. She recounted that story, “From Santa Barbara to Sodom ... How a California Girl Became a Carolina Gal” in the January issue of *WNC Magazine*. (see link at end).

“From Santa Barbara to Sodom” retells Ginny’s adventure moving from her home state of California to Asheville in 1973 with her husband, David Holt, who was in search of real mountain music. It’s an inside view of how they started their life together in the mountains of North Carolina.

The photo of Ginny was taken in front of the barn of Dellie Chandler Norton’s, who was a ballad singer and central figure in Ginny’s story. Check it out.

www.wncmagazine.com/feature/from_santa_barbara_to_sodom

Las Tunas, Cuba



A group from First Baptist Church of Asheville, including Fairview and Reynolds residents Judy Hamrick, Scott Bell, Daniel Lewis and interpreter Stan Dotson, traveled on a mission trip in January to their partner church, Elohim Baptist Church in Las Tunas, Cuba. Pictured are (back) Judy Hamrick, Scott Bell, Daniel Lewis and (front) Orlando and Yariel of Elohim, and interpreter Stan Dotson

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NEW LISTING: Wakefield! Delightful 3 BR, 2 bath brick home on 1.77 beautiful acres, private, fenced backyard, FP in LR, lg workshop, outbdg, HOME WARRANTY, carpet, ML56577036, \$329,000



WEAVERVILLE: Immaculate 3 BR, 2.5 baths, tons of natural light, partial finished basement, car front porch, perfectly car back deck, private backyard, property bordered by 2 streams, 2-car gar, call Michael Hansen @ 703-7904, ML56573100, \$295,000



NEW LISTING: Wakefield! 1.5 story townhouse in convenient Hamberg Crossing, 3 BR, 2.5 baths, vaulted ceilings, 2-car gar, private location in development, ML56574789, \$279,900



FAIRMONT: Come sit and relax in your own hot tub on the car front porch of this 4 BR, 3 bath Cape Cod home w/private, majestic Mt. views, beautiful rock FP, massive game room, cool kids, beautiful landscaped yard, ML56679270, \$380,000



NEW LISTING: Wakefield! Great 2 BR, 2 bath home w/year around views, great location, privacy, add living area in front soon to be completed, HVAC system to be installed prior to closing, ML56574207, \$300,000



CANDLER: 3 acres close to schools and shopping, road & right-of-way in place, perfect for mini estate or vacation home, private with top, ML56380983, \$67,500



LEICESTER: 12 approximately 1 acre, gorgeous lots in nice area of newer homes, paved roads, convenient to Asheville, Leicester & Wakefield, ML56576902, \$400,000

RESULTS!

Overlook Dr.....	Pending in 7 days	Fairfax Ave.....	Pending in 7 days
Noble Rd.....	Pending in 7 days	Hanover Rd.....	Pending in 13 days
Cameila Lane.....	Pending in 27 days	Pisgah View Rd.....	Pending in 21 days
Lakewood Dr.....	Pending in 7 days	Elk Mountain Rd.....	Pending in 8 days
Weldon Way.....	Pending in 24 days	Blalock Ave.....	Pending in 35 days
Richmond Ave.....	Pending in 3 days	Beech Spring Dr.....	Pending in 5 days
Mitchell Ave.....	Pending in 2 days	Lynwood Ave.....	Pending in 6 days
Max Street.....	Pending in 7 days	Meadowbrook Ave.....	Pending in 5 days