



The Fairview Town Crier

THE VOICE OF OUR COMMUNITY • FAIRVIEWTOWNCRIER.COM • SEPTEMBER 2016 • VOL. 20, No. 9 • FAIRVIEW, NC

Fairview Elementary School Faculty-Staff Reunion Potluck

Calling far and wide...any Faculty and Staff who remember the old school!

"We only see each other at funerals ... that's got to change," says Janet Peterson. "You need to come if you remember May Pole dancing on the black-top; when snow days started with chains on the buses at 8 am, eating lunch at 9 am and then going home; when Mr. Sams would throw fireballs in assemblies; when they used chicken manure fertilizer on the back pasture and we had no choice but to open those tall windows; and when David Holt would come and practice his latest tall tale or banjo song. We shared a lot more happy times so let's remember them together and see what direction our lives have taken now." Bring a dish and lots of laugh-filled memories to share, and a few bucks for paper products, on **Sunday, September 18, from 2-6 pm** at Cloud 9 Farm, 137 Bob Barnwell Road, Fletcher. Janet Peterson (Shisler) is the hostess.

Sign up with Jennie Buckner, 628-1105. The event needs a Purchasing Committee for paper products and drinks (all will be reimbursed), a Setup Committee to come at 1 pm and a Cleanup Committee to stay until 6:30 pm.



From left: Bert King, Kathleen and Joe Kasben, Chris and Ron Bailey

Area Residents Invited to Event at Fairview's Historic Sherrill's Inn

Come meet area Democratic candidates on **Saturday, September 17 from 3-5 pm** at the historic Sherrill's Inn at 15 Clarke Lane/Hickory Nut Gap in Fairview. The Fairview Precincts Cluster of the Buncombe County Democratic Party will sponsor the event, which will include a silent auction of art, photography, crafts and other items. Refreshments will be served. Proceeds will benefit local Democratic candidates.

Sherrill's Inn is on the National Register of Historic Places, and has a long and storied history in county and state politics. According to John and Annie Ager, the current owners, their home was built in 1834. Throughout most of the 19th century it was a way-station for stagecoach travelers and cattle drivers on the "Hickory Nut Turnpike," which connected Rutherfordton and Asheville. In its distant past the Inn was host to both Presidents Millard Fillmore and Andrew Johnson. More recently Vice President Joe Biden has been a guest.

Fairview Democrats hope you will come meet your local candidates and elected officials in this beautiful historic setting. For more information join their group "Fairview Dems" on FaceBook.



Fresh in Fairview

by Ken Ulmer (photo by Greg Cheatham)

The school bell again rings at Fairview Elementary and the bountiful spread continues of artisan cheeses, locally-roasted gourmet coffee, and cupcakes so famous they've been nationally televised.

The school parking lot is home to the Fairview Farmers Market, which has now expanded from the first Saturday to the first and third Saturdays of each month, May through October, from 9 am to noon.

While the Fairview Farmers Market is its own nonprofit, it's well-rooted in the school. Greg Cheatham, Fairview's Phys Ed teacher, and Rob Elliot, a father of two students, got the market going a year ago. "The entire idea behind this is to get healthy, locally-grown and produced foods into the homes of our students," Greg says. "Walter Harrell of Imladris Farm donates jelly for us to sell, and proceeds support the school garden."

The Fairview Farmers Market furthers that mission by also supporting initiatives of the Fairview PTA and community programs such as Food for Fairview and The Lord's Acre.

"We have about 15 vendors at each market, from honey to eggs to meat to berries and everything from the garden," Greg told me. Fairview Farmers Market vendors have included Looking Glass and Cane Creek creameries, Cloud 9 and Flying Cloud farms, and meats from Hickory Nut Gap Farm.



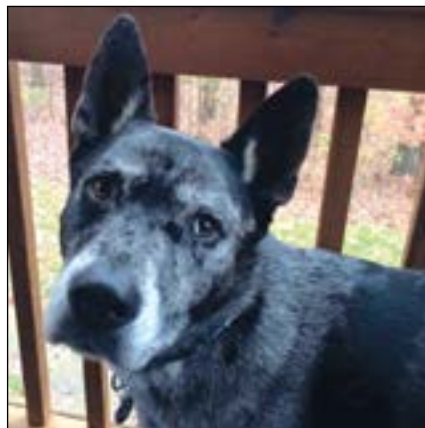
You can also nosh while you're looking through the delicious nibbles, maybe enjoy a cup of Dynamite Roasting coffee and a sweet treat from Ruth and Ranshaw. The bakery, located just west of the school on Charlotte Highway, has been featured on the Cooking Channel's "Unique Sweets." Each market also features some non-edible local creations including handmade jewelry and pottery.

You're even likely to get breakfast and a show. "We've featured bluegrass from the Cane Creek Mud Dogs, a teenage fiddler, the school chorus, even the Fairview Unicycle Team."

The next market will be **Saturday, September 3** in the parking lot across from Food Lion.

Ken Ulmer is a former TV weather guy, writer, boxer rescuer (dogs, not athletes), deputy chief of beer- and bacon-based events with Asheville Radio Group and host on Mix 96.5, and a Fairview dad. He wrote the above blog for The.com.

Missing Since February



Lost dogs on McGuffey Ridge Road in Gerton on February 3rd. Brisco is a large grey and black Catahoula/Shepherd mix with one multicolored eye. He has an orange and black patterned collar with tags. Loki is a large white Boxer/Pit bull mix with brown spots. He has an orange collar with no tags and a tie dye bandanna. He is microchipped. Both are friendly, neutered, adult males. Large Reward for each dog that is found/returned. No questions asked! If seen or found, please call 704-770-8625.

Lost Cat

This is Oreo, who belongs to a very sad little girl who lives on Sugar Hollow Road in Fairview. Oreo is just under a year old. The little sneaky kitty ran right past her young mistress and out the door. She is black and white, about 5-8 pounds, and answers to Oreo. She has been missing since June 29. Please call 358-8035 if you have seen her.



Editor's Note: There have been numerous black and white cats lost and found recently. The marking are critical for identifying. We're pleased to say, one of the cats from August's issue was reunited with its owner as a result of seeing the "Found" pic in the Crier.

The Fairview Town Crier
P. O. Box 1862
Fairview, NC 28730

NON-PROFIT
U.S. Postage Paid
Permit #100
Fairview, NC
28730

Postal Patron
Fairview, NC 28730

COMMUNITY EVENTS

SEPTEMBER 1 (THURSDAY)

Celebration Singers Auditions

Join the Celebration Singers of Asheville in their 10th successful year. Auditions for 2nd grade–high school from 5–6 pm at the First Congregational Church, 20 Oak Street in Asheville. Prepare a song and bring sheet music. For details call Ginger Haselden, Artistic Director, 230-5778 or visit singasheville.org.

Truth About Cancer Lecture

Fairview Chiropractic presents a discussion of cannabis, nature's epigenetic switches, peptides and healing with micronutrients; 5:15–7:30 pm, 2 Fairview Hills Drive. Free: \$5 donation invited for Care Partners. Call 628-7800 to reserve a seat.

Embroiderer's Guild Meeting

The Laurel Chapter of the Embroiderers' Guild America will meet from 9:30 am–12 pm to begin a two-part stumpwork embroidery project. At Cummings United Methodist Church, 3 Banner Farm Road, Etowah. All are welcome. Call Carol Gray, 335-0375 or Janet Stewart, 575-9195.

SEPTEMBER 2 (FRIDAY)

Family Movie Night

See box at right.

SEPTEMBER 3 (SATURDAY)

Fairview Farmer's Market

See front page

Gertonfest at UHNGCC

Upper Hickory Nut Gorge CC kicks off its 8th celebration of small town living at 8 am with a pancake and sausage breakfast, a silent auction of local merchants' gift cards (winners announced at 6 pm); home baked cakes and pies sale; at 1 pm a jigsaw puzzle race; at 3 pm a team spelling bee (\$10 fee/\$50 prize); trivia bowl at 5 pm (free); and Bob Stepp and Friends live music, 5–6 pm. Barbeque pork and chicken dinner throughout the day.

50th Shindig on the Green

Traditional and old-time string bands, bluegrass, ballad singers, mountain dancers and cloggers at Pack Square Park. Bring instruments, lawn chairs, family and friends. 7 pm. Free. For details visit folkheritage.org or call 258-6101x345.

Friday, September 2 Family Movie Night at SMCC

Balken Roofing's popular Outdoor Family Movie Night presents the last summer movie for this year, *The Sandlot*. Kids' activities begin at 7:30 pm and movie at dusk, at Spring Mountain Community Center, 807 Old Fort Road. Bring lawn chairs and blankets. Popcorn, drinks, and cupcakes available at a small charge.



SEPTEMBER 5–9 (MON–FRI)

First Responder Appreciation

Americare Pharmacy has a bag of cookies and a heartfelt “thank you” to first responders of the police, fire and EMS who stop by Monday–Friday. Americare is located at 1185 Charlotte Hwy.

SEPTEMBER 8 (THURSDAY)

Garren Creek VFD Meeting

The quarterly board meeting of the Garren Creek Volunteer Fire Department will be at 7 pm at the main station (10 Flat Creek Road). Residents are welcome.

SEPTEMBER 9 (FRIDAY)

Truth About Cancer Lecture

Fairview Chiropractic presents a discussion of cancer conquerors and their powerful stories of victory; 5:15–7:30 pm, 2 Fairview Hills Drive. Free: \$5 donation invited for Care Partners. Call 628-7800 to reserve a seat.

Art of Fermentation Workshop

Organic Growers School hosts “fermentation revivalist” Sandor Ellix Katz in a workshop, 9:30 am–4:30 pm at Warren Wilson College, Swannanoa. For details visit organicgrowersschool.org.

COMMUNITY EVENTS

SEPTEMBER 9 (FRIDAY) CONT'D

Music at the Joint Next Door

Bean Tree Remedy performs an eclectic mix. Visit The Joint Next Door's Facebook page for other entertainment.

SEPTEMBER 10 (SATURDAY)

Paws4Vets Motorcycle “Poker Run” Fundraiser

See page 30

Habitat ReStore Sale

Fall Customer Appreciation Sale features 25% off plus free hot dogs and soft drinks from 12–2 pm. ReStore is open 9–6 pm at 31 Meadow Road in Asheville, 254-5606, ashevillehabitat.org. See ad page 25.

SEPTEMBER 10–11 (SAT–SUN)

Auditions for Julius Caesar

Montford Park Players invites women or female-identifying people of all ages to audition for Shakespeare's *Julius Caesar* at the Hazel Robinson Amphitheater, 92 Gay Street, Asheville. Saturday and Sunday 2–5 pm, Monday 6–9 pm. For details, montfordparkplayers.org or 254-5146.

SEPTEMBER 11 (SUNDAY)

Cane Creek Cemetery Club Meeting

Meeting will start at 2 pm. Bring a chair. Contact Bruce Whitaker at 628-1089.

My Grandfather's Prayers Puppet Performance at Jewish Center

Puppeteer Lisa Sturz (formerly of Fairview) combines music, shadow puppetry, painted backgrounds and poetry to tell the story of Cantor Izso Glickstein in terms of Jewish faith and tradition in 20th century history. Discussion follows. 7 pm at the Asheville JCC, 236 Charlotte Street. For adults and older teens; free.

“Days for Girls” Sewing at SMCC

See page 30

SEPTEMBER 12 (MONDAY)

WNC Knitters and Crocheters for Others Meeting

The WNC Knitters and Crocheters for Others meets New Hope Presbyterian Church, 3070 Sweeten Creek Road, 7–9 pm. The group makes handmade items for local charities. All skill levels. Contact Janet Stewart at 575-9195.

SEPTEMBER 14 (WEDNESDAY)



Books & Bites Luncheon Features Author Rose Senehi

The Friends of the Mountains Branch Library are pleased to present their Books & Bites

Luncheon featuring local author Rose Senehi. *Carolina Belle* is Senehi's fifth book in her Blue Ridge series of novels set in our area. Woven throughout *Carolina Belle* is the history of Henderson County's apple orchards, many of which bear the names of the area's earliest settlers. 11:30 am at the Lake Lure Inn, 2771 Memorial Highway.

SEPTEMBER 15 (THURSDAY)

Veterans Home Buying Workshop

Weichert Realty will host a workshop to explain VA benefits when purchasing a home. Led by Cassandra DeJong, Realtor, and Whitney Lang from Movement Mortgage. 7 pm at 802 Fairview Road (River Ridge). Light refreshments and Q & A. Call 216-6060 to reserve a place.

SEPTEMBER 15 (THURSDAY)

HNG Farm Argentinian Dinner

The Asado dinner features Hickory Nut Gap Farm meats and the wines of Bodega Gratia. Four meats will be prepared in Argentine style and served with traditionally prepared sides, salads and empanadas. Catering by Dining Innovations. Purchase tickets (\$96 including gratuity/tax) at the store or hickorynut-gapfarm.com. For reservation, email kelsey.winterbottom@hngfarm.com.

SEPTEMBER 17 (SATURDAY)

Fairview FD Pancake Breakfast

Support Operations for the Fairview Fire Department will host a pancake breakfast, 7–11 am at the main station, 1586 Charlotte Highway. Breakfast of scrambled eggs, pancakes, biscuits and gravy, sausage, coffee and juice is \$8 a plate; donations welcome. Have a good breakfast and support our local firemen!

Fairview Farmer's Market

See front page

Sherrill's Inn Tour & Meet the Candidates

see front page

Matt Goddard, PA-C
Physician Assistant
is now a member
of our team
and available
for appointments.



Take advantage of our early office hours on Mondays.
No need to miss work or school.



Family Health Center *at* Cane Creek

Office Hours: Monday: 7:40am–5:00pm
Tuesday–Friday: 8:00am–5:00pm

628-8250

1542 Cane Creek Road, Fletcher, NC



Family Health Center *at* Cane Creek
services include:

- on-site pharmacist consultations
- newborn, pediatric and adult care
- same day sick visits
- fingerstick Coumadin clinic
- pregnancy/family-centered obstetrics
- well child visits
- family planning
- mercury-free vaccinations
- chronic disease management
- diabetes care
- school physicals
- medical acupuncture
- no-scalpel vasectomies
- skin biopsies
- lab procedures
- travel medicine
- hospital care

The community is invited to our

CUSTOMER APPRECIATION DAY

September 24, 11-4 pm

Food... Music... Face Painting... Inflatables... Prizes!

Prize drawing every half hour plus a grand prize drawing at the end of the day!

COME SEE OUR NEW EXPANSION!



Cool Mountain Realty & Construction

Appalachian Log Homes 828 628-3088

All Fairview owned and operated!

771 Charlotte Hwy in Fairview

COMMUNITY EVENTS

SEPTEMBER 17 (SATURDAY) CONT'D

Concealed Carry Class at SMCC

Spring Mountain Community Center Concealed Carry gun class completion will enable participants to meet part of the requirements for a Concealed Carry permit in Buncombe County. 9 am–5 pm; \$80 fee includes lunch. Reservations must be made for this program and will not be guaranteed until payment is received. Attendees need not bring a firearm unless they wish to use their own. Bring 22 caliber ammunition for the shooting portion of the day. Call Bill Thompson at 712-9208 for details and registration; attendance will be limited to 20 participants.

Webb's BBQ 5th Anniversary

See page 34

SEPTEMBER 17–18 (SAT–SUN)

Dahlia Show

See highlight box

SEPTEMBER 18 (SUNDAY)

Ethical Society Meeting

“Income and Wealth Inequality” is the topic of discussion by Professor Shirley Browning, chairman, UNCA Economics, at the Ethical Humanist Society of Ashe-

ville, 2–3:30 pm at Friends Meeting House, 227 Edgewood Road, Asheville. Free. Discussion and refreshments to follow. Visit [EHSAsheville.org](#).

Fairview Elementary Reunion

see front page

SEPTEMBER 20 (TUESDAY)

UHNCCC Covered Dish Supper

All are invited to the monthly meeting and community supper at Upper Hickory Nut Gorge Community Club in Gerton at 6:30 pm.

SEPTEMBER 22 (SATURDAY)

Local Cloth Project Handmade

see page 36

SEPTEMBER 24 (SATURDAY)

Corn Hole Tournament to Benefit Spring Mountain Community Club

Balken Roofing will sponsor a Corn Hole Tournament at 4 pm. Winners will be crowned via 2-person teams, blind draw, best 2 of 3 double elimination-style. Award ceremony to follow. Entry is \$10/player with proceeds going to SMCC. Refreshments and food available for a small donation.

Saturday/Sunday, September 17–18 National Dahlia Show

Exquisite dahlias from the US and Canada will be displayed at the 50th American Dahlia Society National Show at the Crowne Plaza Expo Center, Asheville, Saturday 1–5 pm, Sunday 8 am–3 pm. Member flowers on sale both days; show flowers on sale at 3 pm Sunday; prize flowers at 4 pm Sunday. Visitors are likely to see several Fairviewans with entries in the show. Free admission. For details, [carolinasdahliasociety.org](#).



Bring boards if you have them. 807 Old Fort Road, Fairview. Email info@BalkenRoofing.com (put Corn Hole in subject) with questions.

Cool Mountain Customer Event

Everyone is invited to stop by the Cool Mountain office at 771 Charlotte Hwy, 11 am–4 pm, for food, fun and prizes. See ad page 3.

BBQ Dinner to Benefit Old Sharon UMC

See page 30

Kids Fishing Tournament

The catch-and-release tournament (age 15 & under) runs 8:30 – 11:30

am. \$10 for bait, snacks and hot dog lunch. No license required; bring pole and adult. Prizes awarded. Registration on site.

COMING IN OCTOBER



Blood Drive at Spring Mountain Community Club, October 7

Save the date for the American Red Cross Fall Blood Drive. Donation times are 3–7:30 pm. Please call 280-9533 for a reservation but drops are also very welcome.

COMMUNITY EVENTS

COMING IN OCTOBER CONT'D

Shibori - Indigo Fabric Dyeing Workshop, October 8



A 3-hour workshop taught by Caroline Harper at Gap Creek Farms, on 4 techniques of the Ancient Japanese art of Shibori. Will make an indigo vat and dye 4 cotton napkins. Cotton will be supplied. Bring a snack/lunch, water, a hat and bug spray. Noon to 4 pm at Gap Creek Farms, 2040 Cane Creek Road, Fletcher. \$60; register online at [chidesigngraphics.com/services](#).

ONGOING EVENTS

Fairview Farmers Market

On the 1st and 3rd Saturdays, 9 am–12 pm in Fairview Elementary School's parking lot. For details see [Facebook.com/FairviewFarmersMarket](#).

Brain Tumor Support Group

Every third Thursday at MAHEC, 6 pm. Refreshments. Visit [wncbraintumor.org](#).

ONGOING EVENTS CONT'D

HNGF Friday Night Barn Dance

6–9 pm at Hickory Nut Gap Farm, 57 Sugar Hollow Road. \$5 admission; kids under 10 free. Dinner available 5-8 pm.

HNGF Sunday Brunch

Hickory Nut Gap Farm is launching its Sunday Brunch to be offered every week from 10 am–4 pm.

Welcome Table Lunch

Thursdays, 11:30 am–1 pm in the Community Room of Fairview Christian Fellowship, behind the Library. A donation if you can. Visit their Facebook page or [fairviewwelcometable.com](#).

Dining for Women

The Fairview chapter of the global poverty- fighting giving circle meets on the fourth Monday. For details visit Facebook page.

Yoga at the Light Center

Karen Barnes offers yoga classes on Thursdays, 10:30–11:45 am, \$10/class. The Light Center, 2196 Hwy 9, Black Mountain, [urlight.org](#).

ONGOING EVENTS

Spring Mountain Community Club Events

[springmountaincommunitycenter.com](#)

Monthly Meeting: First Tuesday, 6:30 pm.

Quilting Bee: Meets second Tuesday, 10 am–2 pm. Bring a project and lunch. Make aprons, quilts and place mats to donate to worthy causes. Call 628-7900 or 628-1938.

Berrypickers' Jam: Tuesday evenings at 7:30. Bring your instrument, a listening ear and a stomping foot to the lower level for a jammin' good time. Everyone welcome to join in.

Yoga: Monday 9:15–10:30 am; Thursdays 6:15–7:30 pm; \$5–\$10 suggested donation. Call 243-8432 or email sabrina.alison.mueller@gmail.com.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit [fairviewtowncrier.com](#) for details or to order online.

Editorial Policy: The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 38.



MINDY, WHO WAS ONCE HOMELESS, CAME TO GOODWILL FOR HELP. NOW SHE'S EMPLOYED AND HAS HER OWN PLACE TO LIVE.

THANK YOU

for donating that toaster oven.



At Goodwill, we sell your donated items to fund our employment and training programs – which help local people in our community find opportunity and jobs.

[goodwillnwc.org](#)



FAIRVIEW FARMERS MARKET 2016

New this year... twice per month!

1st & 3rd Saturdays
May 7 – October 15
9 am – noon.

Fairview Elementary Parking Lot

A non-profit organization of Fairview, NC residents working to provide the community with greater access to locally grown produce and goods.
[www.facebook.com/fairviewncfarmersmarket](#)

N
O
W
O
P
E
N



vintage stock furniture

Paint Classes~Paint~Custom Painting~Furniture



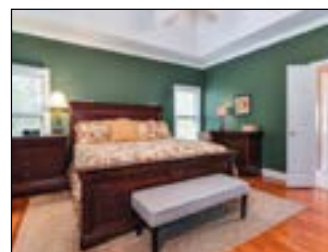
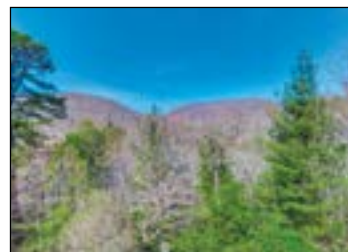
Large selection of furniture available in store
1148 Charlotte Highway Fairview, NC 28730
828-318-9166



[www.vintagestockfurniture.com](#)

Looking For A Fabulous Home In Fairview? Let Karon Korp Help You find It!

Beautiful Custom Home in Windsong Estates with Views!



Make this magnificent home your special place in the mountains! Great room with fireplace adjoins Chef's Gourmet Kitchen and formal dining room. Covered porch and expansive deckspace allows for wonderful entertaining. Master on main with spacious bath, two more guest suites w/private baths. Office/exercise area on the Terrace Level w/ separate entrance could be another bedroom. Workshop downstairs. Special places outdoors. Lovely community and lake. Very private, so convenient to town. **MLS# 3159057 \$749,000**



Darling Home in Popular 'Cliffs' Neighborhood



Location!Location! Wonderful family home in The Cliffs, close to town in Reynolds School district. Winter views w/ covered front porch made for morning coffee. NEW granite counters in sunny kitchen w/ eat in nook and bay window. Beautiful new walk in master shower. Low maintenance landscaping and nice back yard w/deck for PLAY! Cul-de-sac location, friendly neighborhood. Driveway just paved. PRE-INSPECTED! New carpet, fresh paint throughout. Cool breezes and light filled. See it today! **MLS #3193067 \$365,000**

3 Bedroom Eastwood Village Condo Now Available!



Contemporary Eastwood Village Condo with views, sunroom, granite counter tops. Great room has wood burning fireplace. Spacious master with soaking tub. Nice open floor plan. Light and bright. Minutes to town, with shopping and dining just a short stroll! Enjoy sunset views and nice, walkable neighborhood. Well maintained and ready to move in to! Two parking spaces with room for guests. HOA includes trash/water. Highly desirable development. **MLS# 3192362 \$210,000**



Helping you find the Perfect Place
to Call Home ...
828.231.0041
www.asheville Realty Group.com



Fairview Public Library

1 Taylor Road, Fairview
250-6484

MON/WED/THURS/FRIDAY 10-6 PM
TUES, 10 AM-8 PM SAT 10 AM-5 PM
CLOSED SUNDAY

MOTHER GOOSE TIME (4-18 MO)
TUESDAYS, 11 AM

BOUNCE 'N BOOKS
(TODDLER, PRESCHOOL)
WEDNESDAYS, 11 AM

PRESCHOOL STORY TIME (3-6 YRS)
THURSDAYS, 11 AM

Children must be with a parent/adult

Alaska: Nature, Culture & Economy

Fairview's Mike Green will present a program on the natural diversity, native cultures and economics of Alaska on **Tuesday, September 6 at 7pm** at the Fairview Library. Hear and see Alaska's stunning array of natural environments from the icy north slope to the rain forests of the southeast. Learn about the many indigenous cultures and the history of contact between them and the Russian and American settlers. Get an overview of Alaska's economy today as oil prices and production drop. Photos of Alaska's beautiful natural areas, its diverse people, and music and dance will be featured. Refreshments served afterward courtesy of Friends of the Library volunteers.



Library Day at the Nature Center

The library will be invading the Nature Center on **Saturday, September 3** for the second annual Library Day. Join us for live animal storytimes, crafts in the barn, a book character scavenger hunt and so much more! Stop by the library anytime between now and September 3 to pick up a coupon for discounted admission to Library Day. We hope to see you there!

I SPY at the Library

Lots of interesting things have been hidden in the Children's Department at the Library and are just waiting to be found! During the entire month of September all children can come play I SPY for a chance to win a free book.

LEGO Donations Needed

Fairview Public Library is starting a LEGO Club in October, and we are in need of LEGO donations. If you have any gently used LEGOs that you are willing to part with, please donate them to the library.

The LEGO Club will meet on the first Friday of each month at 3:30 pm, beginning on **Friday, October 7**.

Used Books for Sale

Gently used books are for sale just inside the library doors. They make great reading, great gifts, and are a great bargain. All sale proceeds support the Friends of the Library programs for adults and children.

Evening Book Club Returns

This month the book club is reading *Guests on Earth* by Lee Smith. Reserve

NEW ARRIVALS

Adult Nonfiction

American Heiress by Jeffrey Toobin

The Bridge to Brilliance: How One Principal in a Tough Community is Inspiring the World

by Nadia Lopez

The Rain in Portugal: Poems by Billy Collins

Adult Fiction

Commonwealth by Anne Patchett

The Hamilton Affair by Elizabeth Cobbs

Here I Am

by Jonathan Safran Foer

Children's Books

The Best Man by Richard Peck

Where Are You Going Baby

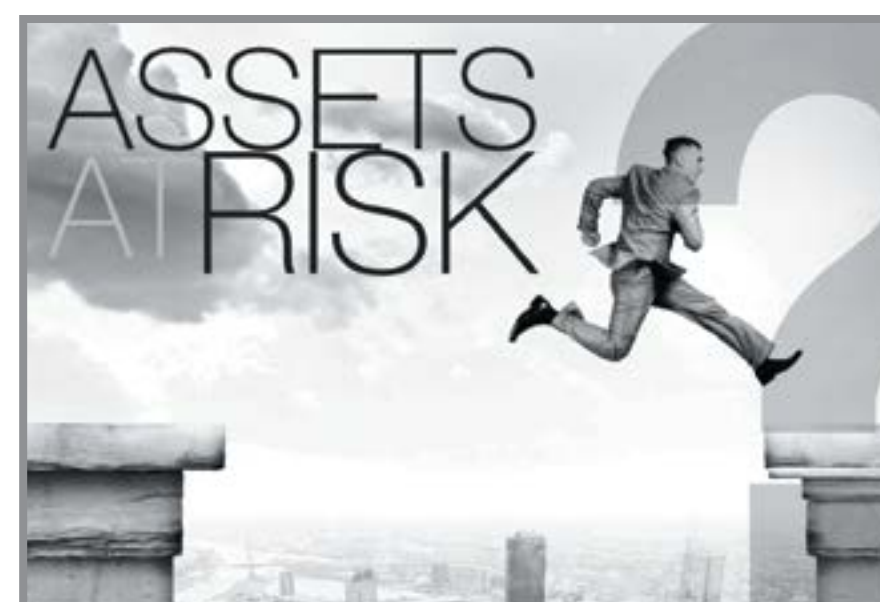
Lincoln by Kate DiCamillo

Fuzzy by Tom Angelberger

We Are Growing by Mo Willems

Goldenhand by Garth Nix

Star Wars Chewbacca Graphic Novel by Marvel



LEARN HOW TO PROTECT A PORTION OF YOUR ASSETS

If market volatility has made you flee for safety with your assets, it might be time to take another look at some available alternatives for a portion of your retirement savings. Fixed index annuities can offer tax-deferred savings, increasing income potential and a guaranteed stream of income you can't outlive.

JAMES DONALDSON

828.230.8168

FINANCIALLY COMPLETE
Wealth and Retirement Strategies • Financial Services
financiallycomplete.com



Save 15% OFF
Hot Pepper Products*

Daily Savings Club Members
Don't forget you save 5% off sale prices.

*Valid only at the participating store(s) listed. One discount per purchase. Offer not valid on previous purchases or sale items. Offer expires 9/18/16.



10 Crispin Court, Ste D-102, Asheville
828 687-9433 • www.wbu/asheville

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

Welcome Table News by Rob Kraich

Many of you know of our weekly community gathering and lunch, open to all. We have been serving lunch every Thursday from 11:30 to 1:00 for over five years and have served a total of 19,000 healthy meals. We are located just behind the Fairview Library in the lower level of Fairview Christian Fellowship Church. This is a free lunch, supported by donations "if you can, as you can."

But did you know that our all-volunteer group does much more? We listen to our community's needs, often at the weekly lunch, where we all have a lot to say! And we have begun several new programs to help our community.

New Programs

Fairview Elementary Backpack Program: Over four years ago we began providing healthy snacks to food-insecure students. This effort supplements Manna Food Bank's Backpack Program. So far we have delivered 11,000 snack-sacks to the school, and given the same students holiday cash gift cards as well.

Other Fairview Elementary Programs: Early in 2014, we made a commitment to supply clothing (sweaters, hats, gloves, underwear, socks), hygiene supplies (toothbrushes, toothpaste, shampoo, soap, etc.) and other items to Fairview Elementary's general clothing pantry. We also consistently provide Special Needs students with snacks and clothing.

Youth Meals Program: Earlier this year we began providing meals to support Fairview Baptist's youth programs, which do a great job of providing meals and community to our teenagers, especially the many kids in need. We are just getting started here,



but to date we estimate to have provided over 500 prepared meals.

Summer Family Meal Program: Last year we began providing several non-perishable to-go meals to families in need each week during the summer months.

Financial Support: Occasionally we have provided cash gifts to families and other community organizations focusing on Fairview's families in need.

Share The Harvest: Our great friends and supporters at The Lord's Acre seasonally supply a free vegetable market in conjunction with our weekly lunch. They pull up in a truck and supply the stand with veggies straight from their garden. The Lord's Acre won't even accept donations!

Who We Are

We are a Fairview nonprofit organization committed to community; we provide healthy food to deliver our message of caring for our neighbors. We fund no salaries; our volunteers do it all, generously donating countless hours of their time and energy. Many months of the year, US Forestry students pitch in, cleaning dishes and rubbing elbows with an eclectic mix of colorful local volunteers.

Our community lunch patrons consist of across-the-board age groups and persuasions, and all are welcome. In these summer months we average almost 100 lunch guests per week, and in our five-year history we have had at least one first-time guest every week. Barbara Trombatore is our Executive Director, and other board members are MaryDean Beland, Kent Campbell, Peggy Harrison, Betsy Milford, Joyce Painter, John Ager and Rob Kraich.

How We Fund Operations

Our operations are fully supported by weekly lunch donations, fundraisers, individual contributions and a few grants.

Our community partners help to keep our overall expenses low. Fairview Christian Fellowship generously provides our dining venue, kitchen facilities and child playground, though we are not part of the church. The Lord's Acre supplies a good portion of our vegetables, especially in the warm months. Area churches help by bringing weekly desserts. And we do a lot of grocery shopping at Sam's and local area groceries.

Our weekly lunch donations pay for a significant part of our overall costs. But we raise additional funds from various fundraisers, such as sales of plants, cookbooks and jellies, and Strada Restaurant has hosted dinner fundraisers on our behalf.

We are very thankful to occasionally receive cash contributions from kind individuals, as well as a few corporate grants. These individual contributions and corporate gifts are tax deductible, as we are an IRS registered non-profit 501(c)3.

These collective sources of community financial support have allowed us to grow and add the many other programs we are blessed to provide to our community.

How You Can Help

As we have expanded our operations to support community needs, we have stretched the limits of our volunteers and supporters. We don't ask for a major com-



mitment from volunteers. Any amount of your time is appreciated. With more help, we hope to implement other projects to help alleviate hunger, provide healthy food and meet other needs of those in our community who are really struggling.

We would gladly welcome additional volunteers to assist with any part of initial luncheon food prep (beginning at 10 am) and setup (1 pm) on Wednesdays, and volunteers are needed on Thursdays for final food prep (beginning at 9:30 am), food serving (11:30 am) and clean-up (1 pm).

Extra help on Thursdays with the dish washing would be most helpful. Hap-

pily, the Forestry students have all gotten summer jobs, but as a result now we do not have regular weekly help with the dishes. Even a commitment to wash or dry for just a little while each week, not all of the dishes every single week, would be welcome. Every little bit helps!

We would love to be more active in soliciting corporate grants, but we do not have a volunteer experienced in grant writing. Know of anyone that may be able to pitch in? It would not be a significant time commitment for someone who knows the ropes. Writing just an occasional grant would be great.

Similarly, we could really benefit from a better website design. Know of anyone experienced and willing to help?

A few area churches provide desserts on a schedule of once each quarter (four times a year), but we would greatly appreciate more church participation.

Lastly, we always appreciate individual contributions (which are tax deductible). Your financial support will allow us to do even more.

Please contact us with any questions or comments: Barbara Trombatore (230-4874), Mary Dean Beland (231-0265) or Rob Kraich (450-0293), and visit us on Facebook at facebook.com/FairviewWelcomeTable.



Offered by Nina Kis

"At closing, I'll donate a \$100 to YOUR preferred charity as my way of giving back to OUR community."

Biltmore Forest Charm and Elegance!

This 3,952 sf, well appointed home has been tastefully remodeled with exquisite workmanship to be warm and inviting. It features 4 bedrooms and 4.5 baths, a family room, and 3rd floor



guest suite w/ office and fireplace, plus a gourmet kitchen w/ 6 burner range, double ovens and cherry coffered ceilings. Extras such as a 5 camera monitoring system, generator and audio system. Peaceful and well landscaped yard. This is the one! **\$1,149,000**



Impeccably maintained 5,792 sf home in private Glen Merrill neighborhood is sure to please! With 4 bedrooms, 3-1/2 baths, den and bonus room, there is plenty of room to roam. Entertaining is easy with

a screened in porch off kitchen, a large family room with fireplace and the fully-finished lower level



"man cave" including theater room with surround sound. Master bedroom suite on main level. Beautifully landscaped. Zoned for TC Roberson school district! This is a must see! **\$795,000**

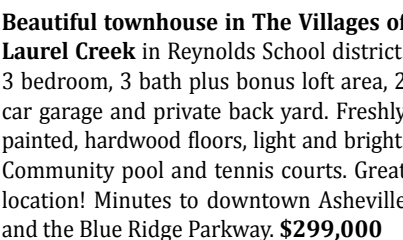
This 2,200 sf corner unit townhome is move-in ready! New kitchen w/ granite counters and S/S appliances, 4 bedrooms, 4 baths plus garage, hardwood floors on main level, freshly stained



front porch, plus back deck off of kitchen. Lower level with bedroom, and a full bathroom and laundry. Desirable Lake Julian Trails location. Zoned for top rated TC Roberson High School. Convenient location to Asheville, Hendersonville and Airport. **\$234,500**



Lovely Fairview home with full mother-in-law suite, or potential rental apartment. 3 bedrooms upstairs, 2 down. Enjoy views on the wraparound deck, or relax in the sun-room. Peaceful 1.2 acre lot with barn. Horses and chickens are welcome! Conveniently within walking distance to Spring Mountain Community Center. **\$275,000**



Nina Kis
828-242-8029
AshevilleNina@gmail.com



Corporate Relocation Specialist • President's Circle Winner • Chairman Circle's Gold Award
Distinctive Properties and Estates Award • Sponsor of Brother Wolf Animal Rescue

Check it out!

UnitedHealthcare

Health Plan (80840) 911-87726-04

Member ID: 999999999

Member: SUBSCRIBER BROWN

PCP Name: PROVIDER BROWN

PCP Phone: (999) 999-9999

APPROVED

APPROVED

APPROVED

CVS and WALMART do not take United Healthcare... but we do!

Fairview's Hometown, Locally Owned & Operated Pharmacy

Americare Pharmacy

Fairview Business Park
1185 Charlotte Highway
Fairview, NC 28730

Phone: (828) 628-3121
Hours: Mon-Fri 8am - 6pm
americarepharmacy.net

BEWARE! FALL IS ON ITS WAY! GET READY NOW!

Seeding and hydroseeding needs to be done before the ground temperature drops so a good root system can be established before winter. It is time to plant trees and scrubs and mulch. Also mulch your bulbs to protect against the cold of winter. Now is the time to get the rock patio and firepit built to enjoy the cool fall evenings. Why not go on now and get that driveway worked on, and ditches put in or cleaned out. Dont forget we do all types of grading, storm drain work and ridge-top ordinance. We are a fully-insured, licensed contractor and we show up the first time, and every time. Give us a call and we'll get er done..

FAIRVIEW LANDSCAPING

828 628-4080
2135 CANE CREEK ROAD IN FAIRVIEW
www.FairviewLandscaping.com

Build a Better Brain
Live a Better Life


APEX BRAIN CENTERS

Call us today at 828.708.5274 to learn about our unique Day of Discovery... your chance to connect the dots between your experience of life and your current state of brain and body health


ApexBrainCenters.com

8 The Fairview Town Crier September 2016

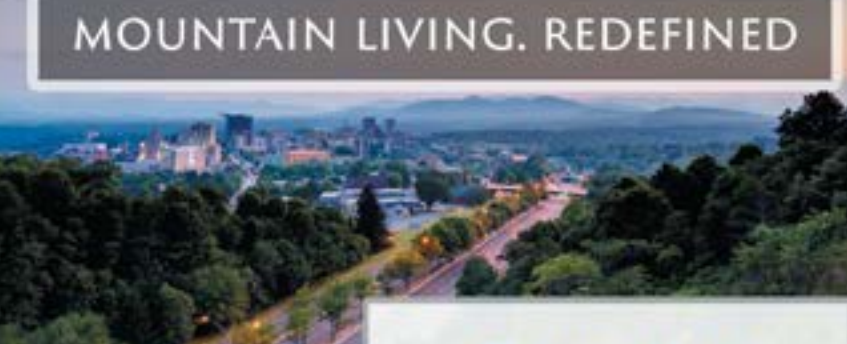


The Fairview Town Crier September 2016 9



Carolina MOUNTAIN SALES
A Wilkinson E&A COMPANY



MOUNTAIN LIVING. REDEFINED

CAROLINA MOUNTAIN SALES

ASHEVILLE & WESTERN NORTH CAROLINA'S PREMIER BOUTIQUE REAL ESTATE COMPANY.

10 BROOK STREET, SUITE 235
ASHEVILLE, NC 28803
(828) 277-5551

RANKED IN THE TOP 3 FIRMS IN ASHEVILLE FOR HIGHEST ANNUAL SALES IN 2015!

WWW.CAROLINAMOUNTAINSALES.COM

DISTINCTIVE PROPERTY SHOWCASE



85 ROANOKE ROAD | FLETCHER NC 28732
5 BED, 3.5 BATH WITH 2-CAR GARAGE | MLS: 3200945 \$345,000

- ~ BEAUTIFUL KINGSLEY MODEL
- ~ SOUGHT-AFTER RIVER STONE COMMUNITY, CLOSE TO I-26 & ALL SOUTH ASHEVILLE AMENITIES
- ~ SPACIOUS HOME WITH OVER 3100 SQ.FT
- ~ COUNTLESS CUSTOM UPGRADES THROUGHOUT THE HOME

- ~ SCREENED-IN PORCH
- ~ EXTRA STORAGE IN LAUNDRY ROOM
- ~ LARGE KITCHEN WITH GRANITE
- ~ OPEN FLOOR PLAN WITH FIREPLACE & HIGH CEILINGS
- ~ OUTBUILDING & PRIVATE, FENCED-IN YARD






I am your trusted neighborhood REALTOR® living and working in Fairview and dedicated to helping you find your Asheville.

- 14 year Real Estate Professional
- Certified Accredited Buyer Representative
- Strategic Pricing Specialist
- USAA Relocation Specialist
- ERA 2015 Circle of Achievement Awardee



D'ANN FORD
REALTOR® | BROKER

ABR **SPS**

CAROLINA MOUNTAIN SALES
10 BROOK STREET, SUITE 235
ASHEVILLE, NC 28803
(828) 774-0288
DFORD@CAROLINAMOUNTAINSALES.COM
DOROTHYANNFORD.COM

DAYS GONE BY..... by Bruce Whitaker

John Harper



Lot Harper (1781-1866)

John Harper was born in February 1756 in either Berks or Lancaster County, Pennsylvania. He was the son of Thomas Harper Sr. (1731-1822 ca.) and Mary Stenson (1726 ca-1761 ca). He was raised on his father's farm in Lancaster County. He had at least two brothers and at least one sister. John's mother, Mary Harper, died while John was still a young boy, and Thomas Harper was left to raise his young children by himself.

John Harper joined the American Army in late October or early November 1775. He was a private in the 1st Regiment of the Continental Army under Captain Jonathan Jones Company and Colonel DeHaas, Pennsylvania Regiments. John Harper spent his first winter in service at the disastrous siege of Quebec. He was also at the battle of Three Rivers in Canada.

Harper served under George Washington at the Battle of Trenton. At midnight on December 25, 1776, Harper was with George Washington when he crossed the Delaware River during a snowstorm. They landed nine miles north of Trenton early on Christmas morning and moved quickly southward to the city. The army attacked the city just before dawn to capture the town from the drunken British and Hessian soldiers who had been celebrating Christmas Eve. Harper received his discharge from the Army at Philadelphia in May of 1777.

John Harper married Barbara Struble around 1778. Barbara Struble was born in Pennsylvania in March 1756. John and Barbara Harper had at least six children, of whom four were born in Penn-

sylvania. In about 1791 John and Barbara Harper moved to the Jersey Creek section of Rowan (now Davidson County), North Carolina. John Harper's father Thomas Harper and brothers Thomas Jr. and Samuel moved to Jersey Creek at or around that same time.

Lot Harper (1781-1866), son of John Harper and the ancestor of all the Fairview Harpers (including myself), moved to Fairview in the mid-1790s. Lot was in his early teens at the time. He moved to the farm of Revolutionary War veteran Adam Cooper (1760-1830) and remained in the Coopers' home until he married Mariam Whitaker. This story is widespread in both the Harper and Cooper families; it is supported by the 1800 Buncombe County census, which list a male 16 to 26 living in the Adam Cooper home. Lot would have been 19 years old at the time. It was said that Lot served as a farmhand for the badly disabled (from war injuries) Adam Cooper. Why Lot left his parents as a young teenage boy to move to Fairview and live and work with Cooper has never been explained. Some thought Lot had a falling out with his parents John and Barbara Harper; others thought John Harper may have owed money to Cooper. Adam Cooper was from the same area of Pennsylvania as the Harpers and he may have been a relative of John Harper or his wife Barbara Struble.

John and Barbara Harper moved to Muhlenberg County, Kentucky, in 1814. They lived in the Hunt settlement of Quality Valley near Penrod. All of their children except Lot Harper moved to Muhlenberg County, Kentucky, at about the same time. In 1818, John Harper applied for a Revolutionary War Pension. It was eventually approved in 1821 and was retroactive to 1818. The pension was for eight dollars a year.

John Harper died in Muhlenberg County, Kentucky on September 4, 1834. His wife died a short time later. John and Barbara Harper had six children:

David Harper was born in Lancaster County, Pennsylvania around 1779. He married Lydia Engler. David died in Butler County Kentucky in 1850.

Lot Harper was born in Pennsylvania on November 23, 1781. He moved to Fairview and married Mariam Whitaker (1786-1824). She was the daughter of Peter Whitaker Sr. (1733-1815) and Mariam F. Kent (1745-1826). Lot Harper was married again to Susannah Whitaker (1777-1866), the sister of Lot's first wife. Lot died on October 13, 1866 in Fairview. He and both his wives are buried in Cane Creek Cemetery in Fairview.

Mary Harper was born in Pennsylvania around 1788. She married Samuel Wiseman.

Lucy Harper was born in Pennsylvania about 1790. She married Elijah Hunt in 1816 in Kentucky.

John D. Harper was born around 1795 in Rowan (now Davidson) County, NC, and married Charity Lynn in Kentucky. He died in 1826.

Jeanette "Jane" Harper was born around 1797 in Rowan (now Davidson) County, NC. She married George Penrod in Kentucky. She died in 1885.

Local historian Bruce Whitaker documents genealogy in the Fairview area. You can reach him at 628-1089 or email him at brucewhitaker@bellsouth.net.



Complex businesses need simple solutions.

Nationwide, a Fortune 100 company, is one of the largest and strongest diversified insurance and financial services organizations in the U.S. and is rated A+ by both A.M. Best and Standard & Poor's. We work tirelessly to provide our commercial customers in 46 states the insurance solutions they need to build secure financial futures.


Learn how I can help protect your business.

*Fortune Magazine, 2015 / A.M. Best, 2015 and Standard & Poor's, 2015
Products underwritten by Nationwide Mutual Insurance Company and its subsidiaries. Insurance products are subject to underwriting. Please contact your agent for more information. Products and services not available in all states. Nationwide Insurance is a service mark of Nationwide Mutual Insurance Company. ©2015 Nationwide Insurance.




Nationwide
is on your side

Nationwide Insurance
McKinney Insurance Services, Inc.
Phone: (828)684-5020
www.mckinneyinsuranceservices.com



You've Spent a Lifetime Preparing for Retirement. Now What?

To develop a retirement income strategy that works for you, contact your Edward Jones financial advisor.



Stephen M Herbert,
AAMS®
Financial Advisor

1185 Charlotte Highway Suite I
Fairview, NC 28730
828-628-1546

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

TO YOUR HEALTH

Can You Avoid Knee Replacement?

by Ed Reilly, BA, MBA, DC, CCSP, FIAMI, GT-C, Fairview Chiropractic Center



Knee replacement surgery dates back to the 1970s. The number of people who have gotten knee replacements, and are projected to do so in the future, is staggering. According to the federal Agency for Healthcare Research and Quality, knee replacements tripled among people aged 45-64 between 1997 and 2009. In 2009, the Centers for Disease Control and Prevention says 676,000 people, or 213 for every 100,000 Americans, had the surgery.

An American Medical Association study noted that more than 3 million Medicare patients ages 65 or older received artificial knees from 1991 to 2010. Of the total number of knee replacements in 2010, 244,000 seniors received the surgery. Rates of post-surgical infections and complications also increased.

Between 5 - 15% of knee replacements need to be “redone” for various reasons; it’s a common enough occurrence to have its own name: revision surgery.

Why Avoid Knee Replacement?

If you are under 50, there is a likelihood based on age expectancy that you will require a second one. Also, I believe that in the next 5-10 years or less, effective stem cell treatment may be available.

Choosing knee replacement or alternative options depends upon pain level, mobility and lifestyle. Can you sleep through the night? Can you get around your house? Can you do the simple

things that make life meaningful? If the answer is no, then elective knee replacement surgery or a nonsurgical effective option should be considered.

Are There Effective Alternatives?

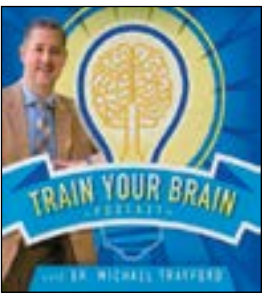
We have helped about 100 patients improve the quality of their lives and avoid or delay knee replacement, using advanced therapies often used as a first line of treatment in Europe. Effective alternative treatment involves finding out what the knee pain generators are; rarely does all the knee pain come from the arthritis in the knee joint, but is often a combination of accumulated (nerve-dense) scarring in the knee, chronic inflammation, decreased blood and oxygen reaching the joint and facilitated nerve ending.

Using advanced therapies that involve rapid scar tissue release, Graston therapy, Class 4 laser to decrease inflammation and increase blood flow to the knee joint, radial shock wave therapy to soften painful bone spurs, electrotherapy to calm chronically irritated nerves and bone-healing pulsed electromagnetic therapy, we have been able to improve the quality of life for the majority of patients we have seen with severe knee arthritis. Many people are grateful that they can do the things they want to do while avoiding surgery and the extensive post-surgery rehabilitation that is required. There are effective alternatives.

Reach Dr. Edward Reilly at 628-7800, drreilly@fairviewdc.com, or fairviewdc.com.

Smaller, More Frequent Meals for a Better Brain

by Dr. Michael Trayford, Apex Brain Centers



Research has shown that we as Americans eat way too much. The average American calorie intake is off the charts compared to other countries. A report published in the UK’s *Daily Mail* found that on average Americans eat 3,770 calories per day.

The FDA recommends a daily caloric intake of 2,000 calories per day for women and 2,500 for men. If the average American is taking in 3,770 calories per day, some are nearly doubling their caloric needs. Some countries in the developing world are starting to adapt to a more Westernized diet, and are starting to face the same issues we see in America — increased rates of diabetes, heart disease and other obesity-related issues.

Eating smaller, more frequent meals has key benefits. Since your body has less to digest, you’re using less energy to break down the food and providing a steady supply of fuel to your brain.

Also, your brain cannot store fuel. It doesn’t store sugars like your muscles or other parts of your body do. So, it needs a steady supply of energy to maintain normal function throughout your day.

If you’re eating big meals with nothing in between, you will have very high spikes in your blood sugar followed by very low troughs as your body approaches a semi-fasting state. These peaks and valleys in your blood sugar levels can re-

ally have a tremendous impact on your brain. This is why you might crash after eating a big meal, because your blood sugar rises and falls quite rapidly when calorie intake is very high and nutrient density low.

The best way to start is to continue eating breakfast, lunch and dinner, but reduce the calorie content of each of those meals. Also, focus on higher protein, quality fats and lower “empty” carbohydrate intake. Add small, healthy snacks in between meals to both combat minor feelings of hunger and maintain a steady supply of energy to the brain.

At the same time, don’t skip meals in an effort to lose weight. It’s not uncommon for people to skip breakfast in the morning in hopes that it will help them lose weight. This actually has the opposite effect and may very well cause a gain in body fat and weight.

By eating smaller, more frequent meals you keep your brain supplied with a steady source of fuel and you will have a lot more energy and a lot less fatigue. Your clarity of thought, focus, attention and other cognitive abilities will also improve.

Dr. Michael Trayford is a Board Certified Chiropractic Neurologist and co-founder of APEX Brain Centers utilizing cutting-edge technology and strategies to optimize brain function. More at ApexBrainCenters.com.

OF INTEREST TO SENIORS by Mike Richard

’Tis the Season



No, not that season — the Annual Enrollment Season, also known as Annual Enrollment Period (AEP) for Part C Medicare Advantage and Part D Rx plans. The AEP begins in earnest on October 15 and ends on December 7, but the preliminaries commence on October 1. That’s when the details of the next year’s plans are unveiled. For those who already have a Medicare Advantage or Part D plan, you should be receiving the ANOC, or Annual Notice Of Change, for your coverage. Please read it because it will determine what coverage you’ll be locked into (or out of) next year.

What Changes Can I Make?

- Change from Original Medicare to a Medicare Advantage Plan.
- Change from a Medicare Advantage Plan back to Original Medicare.
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan.
- Switch from a Medicare Advantage Plan that doesn’t offer drug coverage to a Medicare Advantage Plan that offers drug coverage.
- Switch from a Medicare Advantage Plan that offers drug coverage to a Medicare Advantage Plan that doesn’t offer drug coverage.
- Join a Medicare Prescription Drug Plan.
- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan.
- Drop your Medicare prescription drug coverage completely.

Please note that any changes made during the AEP become effective on January 1 of the following year. You may apply as many times as you wish, but the last application received by Medicare determines what your final coverage will be.

Can I Change My Mind?


Medicare has provided a Medicare Advantage Disenrollment Period (MADP) from January 1-February 14 to rescue you.

- If you’re in a Medicare Advantage Plan, you can leave your plan and switch to Original Medicare. Your Original Medicare coverage will begin the first day of the following month.
- If you switch to Original Medicare during this period, you will have until February 14 to also join a Medicare Prescription Drug Plan to add drug coverage. Your prescription drug coverage will begin the first day of the month after the plan gets your enrollment form.

You can’t:

- Switch from Original Medicare to a Medicare Advantage Plan.
- Switch from one Medicare Advantage Plan to another.
- Switch from one Medicare Prescription Drug Plan to another.
- Join, switch, or drop a Medicare Medical Savings Account Plan.

Mike Richard is president of Prime Time Solutions, Inc., an insurance agency serving people across the Southeast specializing in senior insurance products since 1998. Reach Mike at 628-3889 or 275-5863.



“Let me guide you *Home*”

Dawn McDade

kw
KELLERWILLIAMS

www.dawnmcdade.com 828-337-9173 dawnmcdade@gmail.com

\$199,000 3 Bed/2Bath 1197 Charlotte Highway, Fairview

UNDER CONTRACT TAKING BACKUP OFFERS!



Original hardwood floors. Unfinished basement with fire-place. Sliding glass doors in kitchen lead to level backyard that backs up to woods. Inside access to basement, double garage. Make this home your own! **MLS 3196489**

\$194,000 Five acres 241 Bob Barnwell Road, Fletcher

Fairview near Cane Creek. All usable land with creeks throughout. Private drive. 200 protected acres behind property. Mostly cleared to build with wooded area. Several outbuildings to remain on upper portion. **MLS 3173801**

REDUCED



\$130,000 Great Sized Home 40 Green Vale Drive, Leicester



.75 Acres with Artesian Well! Huge fenced yard, year-round views. New water heater and recent HVAC and roof. Walk-in closets, large side porch, small workshop, split bdrm plan, laundry room, den and sewing room. **MLS# 3205737**

\$252,900 New construction! 101 Springside Road, Asheville

Stone’s throw from TC Roberson. Sensational kitchen, split bedroom plan, back deck, 2-car garage, laundry room leading into kitchen, tons of storage space in attic and much more! Builders 1-year home warranty. **MLS 3178786**

UNDER CONTRACT TAKING BACKUP OFFERS!



\$68,000 Pristine Property 9999 Burnett Reeves Rd., Leicester



Cleared and ready for stick built or modular home! Gravel road and private well. Beautiful views from top of property; winter views facing Burnett Reeves. Well kept neighborhood. Great opportunity! Don’t miss out. **MLS 3149518**

TOENAIL FUNGUS?



FDA Approved Laser Therapy in Fairview!

No drugs and no side effects!

Testimonial from a satisfied patient of Dr. Reilly’s

“I have been dealing with toenail fungus for 10 years. It would never really go away no matter what fungus treatment or medication I tried. Four treatments of Laser 4 therapy eliminated all the residual fungus in my nails and the affected nails are growing out. Anyone struggling with nail fungus should give Laser 4 therapy a shot. You’ll be glad you did!”

— E. P.

Call today!

628-7800

ASHEVILLE Neuropathy & Class 4 Laser CENTER

If you decide to purchase additional treatment, you’ll have three days to change your mind and receive a refund.



Asheville Contracting Services, LLC

- Additions
- Remodels
- Custom Decks
- Custom Cabinets
- Reclaimed Wood
- Drainage Systems
- Tile
- Custom Showers
- Green Building
- Security Systems
- IT Services
- Vacation Home Maintenance



AshevilleContracting.com

828.785-8788 Office • 865.989-5644 Cell



STEAM MASTER

Carpet and Upholstery Cleaning

Grout Cleaning • Mold Experts

24-Hour Emergency Water Extraction

We are specialists in insurance work!
(We can bill insurance company directly)

7 Truck-Mounted Units • 20 Years in WNC!

FREE ESTIMATES & NO HIDDEN COSTS!

828 628-9495

Certified / Licensed / Insured

Veteran & Family owned & operated by Larry & Cindy Harrington

Angles list

facebook

www.SteamMasterWNC.com

VISA

DISCOVER

Cool Mountain Realty

YOUR HOME TOWN REALTOR

List with us!

We need listings!

828.628.3088 office | 771 Charlotte Hwy in Fairview | www.coolmountainrealty.com | www.cool-mountain.com

Karen Cernek

Rick Jaynes

Murphy Kanupp

Jenny Brunet

Allen Helmick

Burton Helmick

Susan Lytle

Wanda Treadway

NEW LISTING WITH GREAT POTENTIAL!



Quaint country home. 3bd/2bth with detached garage. One level living on 1.02 Acres. Freshly painted and move in ready. \$220,000.

IMMACULATE LOG CABIN ON 2 ACRES



Beautiful Western Cedar log cabin on 2.92 acres. 3bd/2bth w/ lots of extras. \$700,000
www.youtube.com/watch?v=9oQvDAUIJRA

REDUCED 4 BD HOME ON 6 PRIVATE ACRES



Spacious home on 6 acres, end of the road private lot. Barn/workshop. 4b/2bth. \$365,000

LAND FOR SALE

Nice Level to Rolling 1.13 acre property in a quiet location in Fairview. 2-stall barn w/ tack room. Nice long-range mountain views. \$50,000
7.7 Acres with creek, driveway and potential for great view. Private, wooded lot in nice area of homes on large tracts, convenient to town. \$150,000 Call Karen Cernek 828.216.3998

Nature Lovers Dream, Quality, cedar post & beam home on 8.3 acres, level to rolling land. Garden spot, walking trails and end of road privacy 20 min. from Asheville. \$400,000. Call Karen Cernek 828.216.3998

Ready to Build? Private wooded 3.5 Acre parcel, driveway roughed in and approved for 4 bedroom septic. Paved access and potential year-round views only \$60,000. Call Karen Cernek 828.216.3998

2 Beautiful Lots in Leicester One on 0.63 acres on a cul de sac with 3 bedroom septic installed without a pump and one on 0.62 acres with a septic perk on gentle rolling hills, year-round views. Each lot is priced at \$19,900. Call Rick Jaynes 828.713.7626

Mostly Level Lot with Views. Level, paved access at end of road, adjoins large equestrian estate. Low development costs make this a great deal at \$60,000. Call Karen Cernek 828.216.3998

Reduced 5.4 Acres 10 minutes from Asheville. Beautiful lot with city water. \$90,000. Call Karen Cernek for details at 216.3998.

36 acres, 15 acres of pasture in Fairview. Views, spectacular sunsets behind Mt Pisgah and Little Pisgah. Many sites to build your private estate or family retreat. Hardwoods and rhododendrons. \$420,000.

Established 50 Acre Subdivision with 24 home-sites, 3 homes and 20 other lots. Stone entrance, paved road, underground utilities, water feature and pond. **Newly reduced to \$500,000.** Call Cassandra DeJong for more information 828.216.6060

11.68 South Facing Acres Driveway cut into property, several building sites to choose from, creeks, a spring, and an antique apple house. \$250,000.

4 acres, 2 creeks rolling to level with view potential, lightly wooded lot on dead end road. 15 minutes to Asheville \$90,000 Call Karen Cernek 828.216.3998

.79 Acres with sewer and water, paved access easy to build on. Only \$25,000. Call Karen Cernek 828.216.3998

Nice Lots to Build in Fairview Pointe 1.69 Acres. Lovely wooded lots for your dream home \$45,000.

Views Overlooking Cane Creek Valley Three lots sold separate or together. Great views with rolling to level lots...Call the office for pricing.

BEAUTIFUL LARGE FAMILY HOME



2 Story 4bd/2.5bth 3500 sf home with garage. Beautiful views in a great neighborhood and access to great schools. \$499,000

NEWLY WATCHED 15 ACRES WITH 2 HOMES



Breathtaking views from the covered porch. Separate 1b/1bth mother-in-law suite and separate 2-car garage on 15 private acres. 2 beds/2 baths in main house. \$385,000

REMODELED FARM HOUSE ON 2+ ACRES



Beautiful acreage with 3bd/1bth farm house. Rolling pasture land with two stall Barn on the property. \$225K w/ 10K allowance to finish the renovations.

GREAT VRBO INVESTMENT PROPERTY



Two magnificent Appalachian style log homes tucked in private, secluded valley on 150 acres. View the virtual tour at youtube.com/watch?v=oZP30n8KAQg \$2,500,000.

PRIVATE OASIS ON 2+ ACRES



Fabulous Mountain Home in a private setting. Open Floor Plan w/ vaulted ceilings. 10K allowance at closing to replace flooring. 3b/3bth. \$225,000.

NOT YOUR AVERAGE RANCHER!



REDUCED! Open floor plan with fireplace, move in condition, above average finishes on 1 private acre with detached wood shop. \$200,000. Call Karen Cernek 828.216.3998

BEAUTIFUL 1700 SF HOME



Beautiful remodeled 1726 Sq Ft Home. 3bd/2.5bth in a great community. Covered front porch in a private setting. Carport and detached storage/workshop area. \$100,000



WALK TO LIBRARY, GROCERY, BANK, POST OFFICE & ICE CREAM! LAND/HOME PACKAGES STARTING IN THE MID 300'S!

Lot #	Acreage	List Price
Lot 1	0.57 acres	UNDER CONTRACT
Lot 2	0.98 acres	\$79,000
Lot 3	0.57 acres	SOLD
Lot 4	0.83 acres	\$69,000
Lot 5	0.86 acres	SOLD
Lot 6	0.83 acres	\$69,000
Lot 7	1 acre	UNDER CONTRACT

COMPUTER BYTES..... by Bill Scobie

Summer Roundup



Don't Pay Ransom

Ransomware, that malicious infection on your computer that encrypts and holds hostage your data, can affect quite a few businesses. Luckily there is a site that pulls together many of the tools and advice to help if you fall prey to this nasty attack. Check out nomoreransom.org and do it before you need to.

Oldsters Rule ... Sometimes

I love any study that reminds anyone born before the early 1980s that millennials are not perfect with all technology. A recent study, sponsored by Dropbox, shows that many older adults are actually less frustrated by having to use a variety of different devices and machines in their work compared to the younger set. One theory is that younger people may be expecting the same type of screen interaction they are used to in their personal life and get frustrated with older style interfaces at work sites.

Hot Tips

During the summer you have to be careful about leaving computers, tablets and smartphones in the car during the day or even leaving them in direct sunlight in the house. They can overheat; luckily some devices, like the iPhone, will tell you when they are too hot and will not run until you let them cool down. Certain cases can interfere with cooling. Since some batteries get

hot as they charge, you may need to open up the case. Of course, some apps and games will also heat up your device, but at least those you can quit with flicks or taps.

Windows 10 Extensions

In Windows 10 Anniversary Update (that big, one-year update to Windows 10), the Microsoft Edge web browser is finally supporting extensions or plugins. You can now add functionality like Ad Block Pro, LastPass and more. You install them through the Windows Store by opening the Store, selecting Apps from the menu and going down to Extensions for Microsoft Edge. Over the next few months more extensions should be showing up in the Windows Store.

Minimal Macs

People with older Mac and iOS devices like iPads and such might want to check out Apple's minimum hardware requirements for their next version of assorted operating systems; generally a Mac should be no older than 2010 models and iOS devices should be iPhone 5 or newer, or iPad 4 and up, iPad Mini 2 and up, and iPad Air or newer. More information on new features for Sierra for Mac is at apple.com/macOS/sierra-preview/ and for iOS 10 at apple.com/ios/ios10-preview/.

Questions? Call Bill Scobie of Scobie.Net, fixing computers and networks for small businesses and home. 628-2354 or bill@scobie.net.

FOOD FOR FAIRVIEW..... by Vicky Ballard

A Harvest of Generosity

I recently read findings from the Brookings Institute on the growth of poverty in the US from 2008–2012. As is often the case, the lag between data collection/analysis and publication of findings is quite long. It is no secret that poverty increased with the financial collapse of 2008 or that the recovery has been slow and many, many people continue to suffer from the impact of the recession.

The report indicates not only an overall increase in poverty, but an alarming spread of areas of concentrated poverty Asheville has one of the highest rates of food insecurity in the nation, but it was suburban areas that experienced the most rapid rise in poverty. Cities saw a 21% increase in high-poverty neighborhoods during this four-year period, but in the suburbs high-poverty populations grew by 105%. This statistic certainly bears out the increased need that Food for Fairview has seen over the past several years.

Since it was established in 1999, Food for Fairview has worked to meet the needs of local families. Our pantry serves people within the Fairview zip code, a restriction ensuring that members of our community will receive the help they need. Volunteers give generously of their time every week to staff the pantry, pick up food, stock shelves and run the organization. Donations from local individuals and businesses provide a sound foundation for the services provided by the pantry. And never has that been more apparent than over the past few months.

Earlier this year, Food for Fairview undertook a much needed renovation to the pantry and the community responded

to the request for financial support with overwhelming generosity, wholly funding the project. In the late spring, Food for Fairview again asked the community for support for the summer program for kids, which is an annual program to help families replace school breakfasts and lunches (and school supplies and materials for those same students.) Once more, the response was overwhelming.

Every month the kindness of the people of Fairview is demonstrated in unstinting donations, notes of support and hours of committed service. And every month, I am blessed to witness the best in humankind.

As we enter the season of harvest, please keep in mind that if you or someone you know needs help with food, Food for Fairview's pantry, in the lower level of the Community Center, is open Mondays from 3-6 pm.

Food for Fairview's pantry depends upon donations of food, pet food, hygiene items, and money for the ongoing work of providing food and personal items to our clients. Please contact us for information on how you can help. Your donations make an exponential difference in the lives of friends and neighbors

Donations may be made by mail to Food For Fairview, PO Box 2077, Fairview, NC 28730, or online at foodforfairview.org. For more information on our organization, please call 628-4322.

For information, visit foodforfairview.org, email food4fairview@gmail.com or call 628-4322 and leave a message. Food for Fairview is a Tax Exempt 501 (C) (3) Corporation.

ATTENTION VETERAN HOME BUYERS

A VA home loan is designed to provide special benefits to eligible Veterans and their families when purchasing a home. Featuring 100% financing, low rates, and no monthly mortgage insurance, VA home loans are a huge benefit to our military. Realtor Cassandra DeJong and Whitney Lang of Movement Mortgage are co-hosting a workshop to explain VA benefits when purchasing a home.

Thursday, Sept. 15
7 – 8 pm

Weichert Realtors
802 Fairview Road, Asheville

RSVP
828 216-6060 We Honor Veterans

Weichert Realtors
Unlimited
Cassandra DeJong,
Broker

MOVEMENTMORTGAGE
NMLS#: 39179 (www.movement.com/whitney.lang)
Whitney Lang, Loan Officer
NMLS#100715

SHIBORI & INDIGO BEGINNER WORKSHOP

Saturday October 8, 12 – 4 pm

During this 3-hour workshop, you will learn to make and maintain a non-fermented indigo vat and dye 4 cotton napkins to learn the dyeing properties of indigo and 4 techniques of Shibori — a Japanese ancient practice (Kumo, Itajime, Arashi and clamping).

Gap Creek Farms, 2040 Cane Creek Rd., Fletcher — 803.467.2800
Visit www.chidesigngraphics.com/services to register

Cane Creek Concrete INC

Stamped, Colored & Custom Concrete

Insured Free Estimates

Driveways - Walkways
Patios - Pool Decks - Slabs
Steps - Curbs
and MUCH more...
Removal & Replacement
828-230-3022
www.canecreekconcrete.com
** Accredited Better Business Bureau member **

AA Diamond Tile

NC Licensed Building Contractor

Shower leak? Call us!

For all your bathroom and kitchen remodeling needs. Why call a plumber, contractor, electrician or more when one can do it all?
Over 35 years experience. Call Ron at 828 450-3900



Local agents, local knowledge.

Serving the real estate needs of Black Mountain, Montreat,
Asheville and the Swannanoa Valley since 1999.



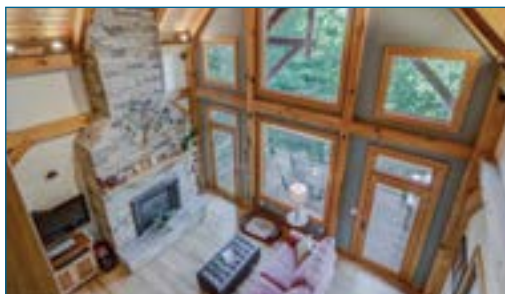
Our Asheville location is
conveniently located in
Eastwood Village across
from Ingles on Highway 74.

4 Olde Eastwood Village, Unit 201 | 828.298.1540 | greybeardrealty.com

Homes and Land for Sale



0.61-acre lot in Cane Creek area of
Fairview with easy paved road access
\$45,000 *MLS NCM562601*



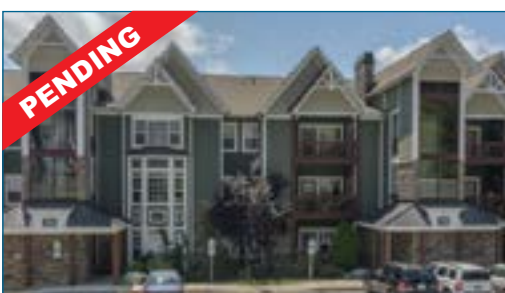
3-bedroom custom timber frame home
in Swannanoa on Smokey Mountain Drive
\$519,500 *MLS 3189948*



1.12 acres of land in Mills River
\$89,000 *MLS NCM 591295*



4-bedroom home on .71 acres in Asheville
with close proximity to downtown
\$419,000 *MLS 3170768*



1-bedroom/1-bath condo within 5
minutes of downtown Asheville.
\$149,000 *MLS 3203573*



14-unit apartment complex in Arden.
6 units new, 8 in excellent condition.
\$1,550,000 *NCM 593278*

Looking for a property management company?

Greybeard's Property Management division manages over
350 vacation and long-term rentals in the Asheville area.

Learn more at greybeardrentals.com or call 855.923.7940.



WEATHER CORNER

by Tom Ross, Meteorologist

Summer Rainfall... Feast or Famine



Sometimes the weather gets a bum rap; however the following weather quote is quite telling, "Don't knock the weather. If it didn't change once in a while, nine out of ten people couldn't

start a conversation." That is quite true here in the mountains of Western North Carolina, at least the part about the weather changing.

Taking a look at the last couple of months, we couldn't buy any rain in June, with landscapes turning dusty and brown and increased sightings of crunchy brown lawns. The pattern started to change in July with rainfall in most places about average, and we saw an increase in thunderstorms and rainfall across the region. In August, those brown lawns and wilting landscapes gave way to lush lawns and vegetation and even some mold and mildew if one wasn't careful. In fact, in the first half of August, I had more rain than I got during the entire two months of June and July.

One of the reasons for the sharp increase in rainfall in late July and August has been a switch in our prevailing winds both at the surface and aloft. In the early part of summer we had more of a west to northwest flow of winds both aloft and at the surface. This pattern

tends to favor warm to hot dry days with little thunderstorm activity.

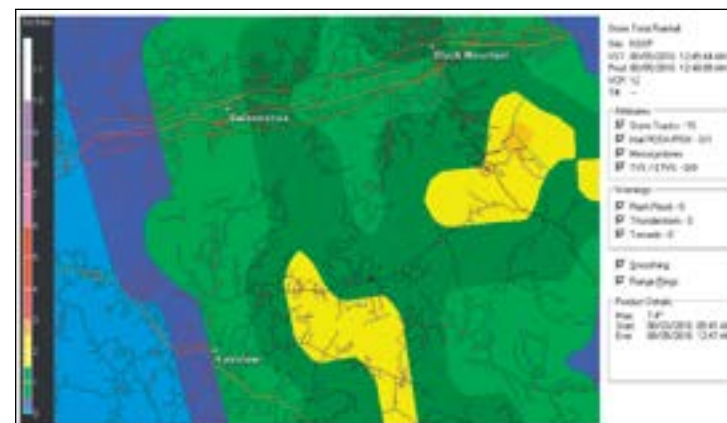
However, in late July and August that pattern started to switch and favor a more southeast to southerly pattern, which draws in more moisture from the Atlantic and Gulf. This usually leads to an increasing amount of showers and thunderstorms. If you combine this with the fact that the air coming in from the south and east is traveling uphill or rising as it hits the eastern spine of the Appalachians this provides extra uplift, or as we say "upward motion," which increases and enhances the rainfall as that uplifting air hits the escarpment and mountains east of the French Broad River Valley. This extra uplift, light upper-level winds, and heating cause heavy rains, thunderstorms and flash floods.

One such event affected part of the region during the beginning of August, dumping the heaviest rain east of High-

way 74 toward Old Fort, Lake Lure and Marion. Looking at the chart below, which is the radar estimate of storm total rainfall, the rainfall amounts increase from west to east across the region as seen by the color scale on the right of the image. Less than one half of an inch of rain generally fell east of Highway 74 to more than 3 inches of rain south of Black Mountain. The time duration is shown on the lower right of the image. This pattern stayed with us most of August and certainly eased or erased many of the drought concerns we had in June.

Looking ahead to September, we will see a change to fall. Get set for that change, because it will come with cooler temperatures. Normal high and low temperatures at the beginning of the month are 80F and 60F, dropping to 72F and 50F by month's end, and it is not unusual to have a couple of nights in the 40s.

However, the big wild card for September, as seen by our trivia question, is hurricanes. This is the month historically with the most activity in the Atlantic Ocean basin. Usually the peak of the hurricane season occurs in September and corresponds with low wind shear and warmest sea surface temperatures, and has an average of four tropical storms a year of which two become hurricanes. The month also has the highest probability of a hurricane making landfall — every two out of three.



AUGUST'S TRIVIA ANSWER

What were some of the worst floods recorded in recent memory across the French Broad River valley due to decaying hurricanes or tropical storms?

The worst in recent times was the famous flood of September 2004, when the Asheville and greater WNC region was severely affected by remnants of three hurricane systems, most notably Hurricanes Frances and Ivan. The result was torrential rainfall leading to major and record-breaking flooding, causing over \$200 million in damages for WNC in just two weeks. In all, I recorded 27.4 inches of rain for the month at my home near Echo Lake in Fairview. The majority of that rainfall was from these tropical systems. I doubt that I will ever see that amount of rain again in just one month.

SEPTEMBER'S TRIVIA QUESTION

What are frost/freeze dates and how do they work?

Meteorologist Tom Ross managed NOAA's Climate Database Modernization Program during his 25-year career at the National Climatic Data Center (NCDC) in Asheville. He was a senior weather forecaster at AccuWeather in Pennsylvania. Tom teaches classes on weather and climate at various local venues.



FAMILY CARE
of Fairview

*"Where you
are treated like
a member of
our family."*

We are committed to providing compassionate, quality care to patients in a timely manner. Our health professionals are dedicated to helping people realize their full potential with their health, lifestyle & attitude. We want to help our patients in the journey to be healthy and strong. Let us be your partner in health!

Diana Bradley, MD
Paul Chang, MD

Rebecca Clemenz, MD
Frederick McIntyre, PA-C

136 Charlotte Highway, Asheville, NC 28803 | (828) 296-0880
Monday-Thursday, 8:30am-6:00 pm; Friday 8:30am-3:00pm
www.fcfairview.com



Have you had...

Fire, Smoke or Water Damage?
If so, we provide expert cleanup service 24/7

You may have other issues you might not realize are important.

Carpet, Flooring and Upholstery
When was the last time you had your carpet, area rugs or upholstery cleaned? Years? Never? There are likely things lurking such as food and drink spills, pet accidents, allergens, skin cells and dust mites. Carpets are also a source of **microbial growth**. Did you know tile grout is notorious for growing **mold**? Not all **mold** is black and may not be noticeable.

Indoor Air
Do you smell anything different when you enter your home? When did you last check your air ducts? Even though you have air filters on your return vents, antigens can form in ducts. **We can run an air sample test for a reasonable price!**

Crawl Space
When was the last time you looked under your home? Do you have sufficient insulation to reduce your heating and cooling costs? Has an animal used some of the insulation to make a comfy home? Worse yet, has one died there? Dampness can also lead to odors and **mold**.

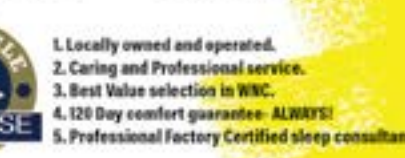
Let Rainbow help you have a healthy, happy home!

828-333-6996
rainbowintl.com/asheville
Independently owned and operated

TRIPLE PLAY



S BLVD. 303 AIRPORT ROAD
NC 28792 ARDEN, NC 28704
9000 828-687-2618



1. Locally owned and operated.
2. Caring and Professional service.
3. Best Value selection in WNC.
4. 120 Day comfort guarantee- ALWAYS!
5. Professional Factory Certified sleep consultant

The Fairview Town Crier September 2016 19

AVOID KNEE REPLACEMENT!

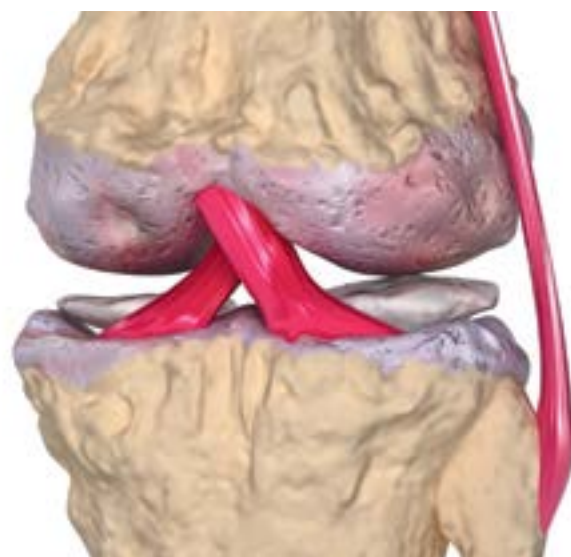
Non Surgical!
Highly Effective Treatment
Not Available Anywhere Else!
Advanced Treatments!

**Knee Decompression
Traction Therapy**

**Acoustic Wave
Therapy**

**Class 4 Laser
Therapy**

**Advanced Nerve
Electrotherapy**



A Few Testimonials

Kathy wasn't able to straighten or bend her leg for any time. Laser treatments and Graston therapy worked wonders. Within 2 weeks of starting treatment, she has more movement and less pain!

Dorothy had knee pain and edema in her calves, ankles and feet and had been homebound for 2 years. Multiple doctors ultimately recommended knee replacement, surgery and injections. Graston Therapy, nutritional therapy and pulsed electromagnetic therapy (PEMF) helped so Dorothy is able to live an active life.

Yvonne was in excruciating knee pain and after treatment, she can run up and down stairs!

As a nurse, Kay needs to be on her feet. After a bad miniscus tear, physical therapy and surgery were recommended. She chose another option and after 6-10 treatments of Class 4 Laser and Graston therapy, kinesio taping and nutritional therapy, Kay is out of pain.

Call for an always free "Avoid Knee Replacement" consultation!



828 628.7800 • 2 Fairview Hills Drive
www.FairviewDC.com

If you decide to purchase additional treatment, you'll have three days to change your mind and receive a refund.



Edward Reilly, DC

**Graston Myofascial
Release Therapy**

**Powerful
PEMF Therapy**

**Infrared Light
Therapy**

YOU ARE HERE

by Blair Holland Clark

Seeking Clarity



Today in the cool morning, before this unusual summer's powerful heat established itself, the air tasted clean from the most recent summer storms. Water-laden, deep-green leaves and

field grasses joined with the scarlets, blues and yellows of the seasonal flowers saying "thank you" to the summer storms. This is a time when baby birds are leaving their nests and their parents sing protective songs that are different from the mating songs of spring. In a brief moment of clarity I added my "thank you" to the scene.

We are given our birthrights, our parents or caregivers, and our genetics as well as the places, time and space for our journeys. We add our own contributions by making choices that push and pull us through each day. Our choices are made weighing a cadre of factors, each one seeking to move to the head of the line and achieve the status of "deciding factor." It is easy to understand why we might forget to step back from the push and pull sometimes to simply seek clarity, and give thanks for our humanity.

Clarity is defined as clearness of perception or understanding, freedom from indistinctness or ambiguity. Our humanity, in this context, is the word for the qualities that make us human, such as the ability to love and have compassion, to be creative and not be a robot. This humanity is the part of us capable of making choices inside or outside of our routine.

As humans we are creatures of habit. Routines can create efficiencies on our journeys. When we make good use of those efficiencies, they allow us time for love, compassion, and creativity as well as time to weigh different choices.

Routine that becomes habit can also leave us lazy and resistant to anything new or different from what we have already experienced. We can begin to seek sameness. We can lose touch with our humanity. We can become more like robots responding to our programming, drawn in by whichever sales pitch insinuates itself into our beliefs.

There have been a lot of movies about robots or computers endowed with artificial intelligence taking over the world. Some who fear the future believe these movies foretell a time when humanity will be subservient to machines. I believe these movies may be metaphors for the potential consequences of losing touch with our humanity, of bleak journeys without love, compassion, creativity and choice.

Loss of love could leave us filled with hate or anger. Loss of compassion could leave us cruel or indifferent. Loss of creativity could leave our journeys bland and stagnant, as we steadfastly hold on to past beliefs, thoughts, feelings and actions.

Many of the media reports we are exposed to seem to focus on stories about the loss of humanity. They are stories about hate, anger, cruelty or indifference in people seeking their own version of sameness. Since the media covers what

people want to see and hear, it would seem that many individuals in our society are engaged by stories about loss of, or at least limited access to, humanity.

This loss or limited access to our hu-

Loss of love could leave us filled with hate or anger. Loss of compassion could leave us cruel or indifferent. Loss of creativity could leave our journeys bland and stagnant, as we steadfastly hold on to past beliefs, thoughts, feelings and actions.

manity seems to create a Dr. Jekyll-Mr. Hyde component in our society. We are able to hold compassion, love, creativity and choices on some paths on our journeys such as family or friends (and, judging from social media, dog or cat videos).

But when it comes to other paths such as certain relationships, politics, immigration, wealth, poverty, race, law enforcement, sexuality, gender identity, regulations and the environment, jobs and taxes, globalization and isolation, we seem polarized and detached from our humanity. Even religion, spirituality and faith seem to be susceptible to hate, anger, cruelty, indifference and the seeking of sameness.

Here are two questions that may be worth asking yourself:

Do I want to increase access to my humanity — to love, compassion, creativity and choice?

How have I purposely practiced accessing my humanity?

Every day you make choices about when, whether and where you access your humanity. Seeking clarity could help you see some of the polarized versions of your self, your Dr. Jekyll and Mr. Hyde. You may become more aware of today's choices and probable outcomes of those choices.

You've had historical experiences that have had the most impact on your journey so far. Asking yourself why those experience had such an impact may offer you insight into your beliefs, thoughts, feelings and actions with regard to clarity and your humanity. Remember, you may always choose to avoid seeking clarity or access to your humanity.

There are many roads to clarity. A breath of fresh cool air, listening to nature, paying attention to your surroundings, art, meditation, stepping outside of your routine, and spiritual pursuits are just a few. Simply repeating the words "thank you" or "teach me" over and over may help with clarity and access to your humanity should you choose to pursue it.

You are here.

Blair Clark is a Licensed Professional Counselor Supervisor and author of Answers to What Ails You (AWAY). Reach him through Facebook or email copy@fairviewtowncrier.com.

Time to Clean Out the Garage?



We provide various sized waste containers to suit your clean up needs.

**Mitch Contracting
Company**

828 252-0694

www.MitchContracting.com



**FOR 10 YEARS
WE'VE BEEN
HELPING YOU
LIVE THE
RETIREMENT
YOU ENVISION**



Over the past decade, we've helped over 400 families reach their retirement goals with customized financial plans, low total cost investment portfolios, and ongoing professional investment advice.



To schedule your no obligation consultation call (828) 398-2802 or visit ACT-Advisors.com

37 Haywood St., Ste. 200, Asheville, NC 28801

Advisory services offered through ACT Advisors, LLC, a registered investment advisor.

Same Face, New Heart at Community High School



Umbrellas are useful outdoors, but when our students are sitting in class, we expect the roof to do its job! At the present time that is not the case at Community High School in Swannanoa, and at our August meeting, the School Board approved an architect and construction manager to overhaul the facility.

Community is our alternative high school, serving students from across Buncombe County and Asheville City. With about 140-200 students at any given time, Community High class size is usually at least half the national norm; there is an on-site childcare center, and the classes and curriculum are designed to help students with many different needs to get back on track to graduation. It's a vital resource for our school system.

Community's beautiful building was built in 1926 as Swannanoa High School. When Charles D. Owen High School opened in 1955, Swannanoa High

closed and the building then served as the middle school for the eastern part of the county before becoming the alternative high school.

Today, the building is in rough shape. Not only does the roof leak into the third floor classrooms, but the building needs rewiring, there are moisture issues in the basement, and the only source of cooling comes from window air conditioners that break down on a regular basis. Without an elevator, the school is not accessible to students who can't climb stairs. On cold days, the old-fashioned radiators interrupt the teachers with their clanking, shaking, and rattling.

Repairing all that's wrong with this building is simply not an option; it would cost more to fix it than to build a new school. So a creative team came up with a hybrid option, which retains the beautiful old facade and gym, and adds a modern classroom wing and cafeteria.

Principal Jeff Conard makes no bones about it: "We have been in need of a new school for some time. Our students, staff

and I are thrilled that BCS is proceeding with plans for the new Community High School. We could not be any more excited. We look forward to its completion!"

If all goes as planned with the design process, we hope to begin the work immediately after the coming school year. It will be a phased construction process, so that we can continue teaching Community High students without interruption.

Personally, I could not be more thrilled that we are moving forward with the Community High project. Some of our most at-risk students attend this school. We need to make sure that they have a facility that will help them get to the finish line, and not make it harder. These students should be a top priority, and their school should reflect it. This is what education is all about.

Reynolds District Events

- Monday, September 5**
LABOR DAY HOLIDAY
- Monday-Tuesday, September 12-13**
Fairview Elementary Open House and Book Fair, 5:30-7:15 pm
- Saturday, September 17**
Fairview Elementary Farmer's Market, 9 am-12 pm
- Thursday, September 22**
Oakley Elementary PTO Open House/ Parent Meeting, 6-7:30 pm
- Wednesday, September 28**
EARLY RELEASE DAY
- Friday, September 30**
Oakley Elementary PTO Fall Festival

Fairview Preschool Begins Sixth Year

Fairview Preschool is enrolling now for two fall 2016 classes. The 3-year-old, 4-year-old and Pre-K class day begins at 8:30 am and ends at 12:30 pm; the 2- and 3-year-old class meets 8:30 am-12:15 pm.

Two-day or three-day class options are now offered on Monday, Wednesday and Friday. The school offers a developmentally age-appropriate, hands-on learning environment.

For details or to schedule a visit go to fairviewpreschool.org or call Chris Lance, 338-2073.



A.C. Reynolds Welcomes New Faculty

by Debbie Ebner

As A.C. Reynolds High School begins its 61st school year, the school welcomes a terrific group of new teachers to the already strong faculty team. The school has a well-earned reputation in our community for its commitment to the success of all students by providing an education that empowers students to become well rounded, productive adults, prepared to positively contribute and thrive within their local and global communities.

Principal Doris Sellers says "I welcome each of our new teachers to A.C. Reynolds High School. They join a qual-

ity faculty of committed educators on our campus who continually work to provide our students the best education and extracurricular opportunities. I look forward to a wonderful year at A.C. Reynolds High School in the academics, athletics, and the arts." The school is well known for this "three As" philosophy and continues to shine in each of these areas with numerous student awards and achievements every year.

Please join the school in welcoming its new faculty members to the Reynolds Community and Big Green Country!



Front row: Nick Chianese (In-School Suspension & Head Wrestling Coach), Hollie Evans (Spanish), Holly Duncan (Special Education), Lieutenant Colonel Dave Wise (JROTC), Teresa Edwards (Health Science), and Hagan Johnston (Social Studies). 2nd row: Leigh Ray (English), Jennifer Beam (Special Education) and Amanda Lampley (English). 3rd row: Jessica Bragdon (Science) and Austin Sluder (Social Studies). Back row: Kaitlyn Mattiace (Math), Daniel Davis (Marketing) and Joseph Martin (Special Education).

Ray's Landscapes
828 628-3309 office
828 279-5126 cell

Our services include:

- Residential landscape design
- Stone patios and walkways
- Retaining walls — stone and wood
- New lawn seeding
- Sod installation
- Mulches and compost
- Fertilizing
- Aeration

Located in Fairview

Call Ray's Landscapes today!
INSURED & LICENCED CONTRACTOR

www.RaysLandscapes.com

NC and IRS Tax Problem?
Call us.
We can help.

Monday – Friday
9 am – 5 pm
with flexible evening/weekend appointments available

Perry A. James, CPA, PC
CERTIFIED PUBLIC ACCOUNTANT
828 628-2000
1185 Charlotte Highway in Fairview

Silas's PRODUCE
841 Charlotte Hwy
Family-owned and operated.
Fresh produce grown locally and in the Southeast.

Apples • Pumpkins • Mums
and still lots of local Vegetables

We accept Credit Cards and EBT

Prime Time Solutions, INC
Mike Richard PRESIDENT
SENIOR MARKETING SPECIALIST

"Folks don't care how much you know... until they know how much you care."

Independent agent representing companies offering:

- Medicare Supplements
- Medicare Advantage
- Hospital Indemnity
- Dental, Vision, Hearing Plans
- Life & Health Insurance
- Long-Term Care Insurance
- Hospital Indemnity Plans
- Final Expense Insurance
- Catastrophic Illness Plans
- Annuities
- Part D Plans

cell 828.275.5863
home 828.628.3889
toll free 888.800.5992
fax 828.628.0133
email wmrichard@bellsouth.net

Now is a great time to refinance

Home values are up and mortgage rates remain low! Now is a great time to refinance and lower your monthly mortgage payment or shorten the overall term of your loan – saving you thousands of dollars over the life of your home loan.

Act now! Talk to a mortgage specialist today to explore your options.

ASHEVILLE SAVINGS BANK
Let's make it happen

Member **FDIC**
800.222.3230 | AshevilleSavingsBank.com

Is someone trying to tell you something?

You're ready for summer ... but is your air conditioner?

AIR CONDITIONING.....\$85

Each additional unit is \$75, includes dual fuel configurations. Excludes zone systems, humidifiers, dehumidifiers and ERV's

INCLUDES:

- Check coils
- Check blower(s)
- Check power/controls
- Check contactors
- Check condensation drain
- Replace filter (1" main filter included)
- Check thermostat

For scheduled A/C check only; repairs are extra.

- Residential & Commercial HVAC Mechanical Services
- Control Systems
- Wireless Control Systems
- Mechanical Maintenance Contracts
- Refrigeration

CONTROL SPECIALTIES
Since 1983! — of Asheville

Contact Us Today! | 828-628-4323 | www.csanc.com
99 Pond Road, Asheville, NC

Save the Date for FES Fall Festival

by Melissa Lacy, FES PTA Communications Coordinator

Mark your calendars! The Fairview Elementary School's annual Fall Festival will be held *Friday, October 7 from 4-7 pm* on the FES ballfields.

The festival will include inflatables, carnival games, hay rides, raffle baskets, pony rides (new!), food vendors and much more.

Unlimited Pass wristbands can be pre-purchased beginning September 26 for the reduced rate of \$10, and will be \$20 the day of the festival. Raffle tickets for the amazing baskets will once again be \$1 each and will go on sale September 16. Passes and tickets may be purchased through any FES family or by visiting our table at the Farmer's Market, held the first and third Saturdays of the month.

The committee is working hard to make this the best Fall Festival yet! One of only two fundraisers the PTA has each school year, the continued success of this event is a result of the tremendous support given by our community. To find out how you can help, follow us on **Facebook@fairviewelementaryPTA** or email us at **pta@fairviewelementary@gmail.com**.



We invite everyone to be a part of this fantastic event. Please consider becoming a sponsor, donating an item for a raffle basket, or volunteering your time. Thank you in advance for your generous support and we hope to see you on October 7!

ReStore

Saturday, September 10
9AM - 6PM

FALL CUSTOMER APPRECIATION SALE

25% OFF EVERYTHING
Free hot dogs & soft drinks from 12-2pm

31 Meadow Road, Asheville | 828.254.6706 | ashevillehabitat.org

TRAVELOGUE

by Mary Ritler

The Rhine River

It didn't seem real until a silver box arrived by mail with a red Viking River Cruises logo. It contained our travel documents, and we were actually headed to Europe for a Viking Longship Cruise along the Rhine River, from Amsterdam through Germany and France into Switzerland. From the various advertisements we'd seen, I had visions of leisurely days spent sipping wine and relaxing on deck as we floated down the river and took in the scenery. And, that did happen, but on only one afternoon of our 11-day tour!

My first lesson in European geography came when my husband, Bill Petz, explained that we were headed under power UP the river not down. This was not a float with the current trip, as the Rhine River flows north, not south.

Viking's tag line is "explore the world in comfort," and we did. We might have been traveling up the river by power, but we often asked each other, "Are we moving or docked?" because the ship's movement was so smooth. Viking also excels in personal service, fabulous food and beautiful accommodations.

Back to that leisurely float and wine thing. We did spend one afternoon on the top deck enjoying libations while cruising the "Middle Rhine," a UNESCO (United Nations Educational, Scientific and Cultural Organization) World Heritage Site. With more than 50 castles and castle ruins along the riverbank, on top of the hills and even on islands in the middle of the river, the scenery was breathtaking. At one point where the Rhine narrows and is at its deepest, the Lorelei Rock rises out of



the water. Legend has it that the beautiful maiden Lorelei lured sailors to their death with her sweet songs.

So what did we do the rest of the time? We walked along cobblestone streets dating back to the first century to explore canals, windmills, museums, cathedrals, restaurants, brew houses, wineries, castles, universities and so much more. We took in the serendipity along the way, finding a neighborhood lending library on a sidewalk in Amsterdam and a 14th century hotel still in operation named the "Hotel Ritter" in Heidelberg. We visited Kinderdijk, Cologne, Koblenz, Strasbourg, Alsace, Freiburg and other amazing villages in between.

That silver box expanded our world.



PHOTO CAPTIONS

1. Deep in the earth beneath the Domaine Hering winery are huge barrels where the wine rests. The cool space remains at a steady temperature all year long with no artificial heating or cooling equipment. In keeping with the artistic culture we found everywhere we traveled, the taps on the barrels have elaborate carvings of intertwined fish (inset).
2. Mary turned a corner in Heidelberg, Germany, and was surprised to find the "Hotel Ritter," which has been in operation since 1592. The hotel originally housed the knights who protected the king. "Ritter" means knight in German, and Mary's great grandparents immigrated from Germany.
3. If there is dirt, there is a garden. Flowers bloom all along the walkways and sidewalks. Even a spot as small as a square in front of a basement window bursts with heather.
4. Nature – and art depicting nature – surprised us all along the Rhine. Swans glided peacefully along the riverside, and every so often we came around a bend to see a mural such as this painted on the side of a warehouse building in what seemed to be the middle of nowhere.
5. Cologne, Germany, takes great pride in its Kolsch beer, which is served ice cold in skinny glasses brought to the tables in a circular holder called a wreath. Here a German university student and tour guide presents a large wreath of beer and a small wreath of flavored schnapps shots.
6. Bill is a collector of art exemplifying the Green Man, a mythical character from Celtic and other traditions. He's a bit like the father of the forest. We found numerous examples of Green Man carved into pedestals and spires of both cathedrals and castles across the region. This one was on the Heidelberg Castle, built in the early 13th century and abandoned over 300 years ago. The castle is still home to a 250-year-old wine vat shaped from 130 oak trees that once held 50,000 gallons of wine!



Morticia 2-year-old brown/orange tabby mix. She would do best in a home with adults who will give her the space and independence she desires. Morticia will show her appreciation with loving nudges and purrs.

HUMANE SOCIETY



Rupert is a handsome 1-year-old neutered male pomeranian mix. He weighs about 18 pounds, is very smart, housebroken, crate trained, good on a leash, loves swimming and playing with other dogs. Rupert has graduated from the New Leash on Life program.

ANIMAL HAVEN



Ava is a sweet, playful kitty who loves to cuddle. She has been great with two small dogs, with even a little playing. Email keli.keach@gmail.com for information.

BROTHER WOLF

Humane Society Events

Petsmart Adopt-a-Thon – *Saturday, September 17, 11 am–5 pm and Sunday, September 18, 11 am–3 pm*, 150 Bleachery Blvd., Asheville.

Low-Cost Vaccine and Microchip Clinic – *Saturday, September 24, 11–2 pm*, Woodfin Community Center, 11 Community Street. *Clinics are subject to change; please refer to ashevillehumane.org for updates.*

ADOPT ME!



Hershey (above) and Miss Piggy (below) are a bonded pair of beautiful 7-year-old Dachshunds who must be adopted together. Both are very sweet, Hershey is more shy and depends on Miss Piggy. They need a home with no children under 14.

CHARLIE’S ANGELS



Bruno is a 5-year-old pit bull terrier who has charmed everyone and is an Outward Hound favorite! He loves riding in cars, will scarf down any size or flavor treat that is offered and knows basic commands like sit, stay, down, etc. He is well-behaved, walks incredibly well on leash and does not react to other dogs or people on the trails. Please come visit handsome Bruno in the adoption center today!

BROTHER WOLF



Rosalie is a 9-month-old min-pin/terrier mix, housebroken and crate trained, weighs 17 pounds, and is very smart. She likes the company of other dogs and is good with cats. She loves to play but also to cuddle.

ANIMAL HAVEN



Sasha is a 2-year-old shepherd/boxer mix who enjoys playing with other dogs during our doggie playgroups. Her previous family said she is an escape artist, so she needs someone who can keep a watchful eye on this adventurous girl!

HUMANE SOCIETY



Larry is an adorable 4-month-old bunny who has been raised with lots of handling. Email dthtarheel@aol.com to learn more.

BROTHER WOLF

Ouch!

by Charles H. Lloyd, DVM, Fairview Animal Hospital

According to the American Veterinary Medical Association, there are an estimated 70 million dogs living in the United States. Millions of people (most of them children) are bitten by dogs each year. The Center for Disease Control reports that from 2003–2012, dog bites were the 11th leading cause of non-fatal injuries to children ages 1–4, 9th for ages 5–9 and 10th for ages 10–14. Also, the American Humane Society reports that 66% of bites among children occur to the head and neck. Most of the dog bites to children are by dogs that the children know.

Children, the elderly and postal carriers are the most frequent victims of dog bites. Yes, dogs bite the postman; in fact the US Postal Service reports that 6,549 postal employees were attacked by dogs in 2015 (an increase of 14 percent from the previous year). As a result of medical expenses related to dog bites, insurance companies paid out over \$483 million in dog bites claims in 2013.

Now that we have made the dog the bad guy, let’s not forget that the cat is not guilt-free in this matter. In fact, cat bite wounds can be very serious because of the potential of severe complications from infections. Anyone who is bitten by either a cat or a dog should see their doctor and start a preventive course of antibiotics. There was a case of a man in Toronto who was bitten by his own cat. He recovered from the initial local infection but later developed sepsis (blood infection) that spread throughout his body. The sepsis resulted in an aneurysm in his aorta and after six weeks from the time

of the bite the man died as a result of the complications from the infection started by the cat bite. Individuals who are immune compromised (infants, elderly, cancer patients, HIV positive, diabetics, etc.) are especially vulnerable to organisms transmitted by bite wounds as was the case with this man.

One of the more common causes of bite wounds involves your own personal pets. Many thousands of people end up in the emergency room when they

Cat bite wounds can be very serious because of the potential of severe complications from infections. Anyone who is bitten by either a cat or a dog should see their doctor and start a preventive course of antibiotics.

are bitten by their own pet as they try to break up a fight between animals. It is never a good idea to try to break up a fight, because the animals involved can bite you without even knowing that they bit you instead of the other animal. This can also be the case if you are trying to render first aid after the fight. Even the most docile pet (or wild animal) can bite you if they feel threatened or are in pain.

Remember, do not break up fights between animals, and if you are bitten please seek medical attention to start needed medication.

Motorcycle“Poker Run” Fundraiser to Benefit Paws4Vets

Paws4Vets, an organization that provides trained service dogs to veterans of the US military, will be the beneficiary of a “poker run” on *Saturday, September 10, 9 am–3 pm*, beginning at the Harley Davidson of Asheville, 2 Patton Cove Road, Swannanoa. The “poker run” features a motorcycle ride with designated stops where riders pick up playing cards; the rider with the best hand at the end of the ride wins.

The event is designed to raise awareness and funds to train service dogs and show for veterans with mobility issues, PTSD and other disabilities. All funds raised at this event will go to Paws4Vets in honor of Asheville native Dustin Baker, an Air Force serviceman injured overseas, and his service dog Nolen, who helps Dustin with his mobility and with his PTSD.

Dustin and Nolen will be at the event to show what service dogs can do and answer any questions about the organization.

Included with the \$20-per-bike ticket will be a BBQ lunch, raffle ticket for a door prize, and live music. Eddy Fox from 99.9 Kiss Country will be there to help emcee the event. There will also be a 50/50 raffle and silent auction. Even if you are not a bike rider, you’re invited to come out and get a BBQ lunch for \$10.

All proceeds go directly to the service dog program. To learn more about the organization, its clients and the dogs, visit paws4people.org. For event details contact jodieamathews@gmail.com or 400-1669.

Charlie’s Angels Needs Supplies and Volunteers

by Sue Bargeloh

Charlie’s Angels Animal Rescue is in need of grain-free wet dog food, Purina Dog Chow (kibble) and dog treats for its rescue dogs. Our rescue cats need Fancy Feast canned kitten food. If you’d like to donate any of these items, they can be dropped off at the rescue, which is located at 5526 Hendersonville Road in Fletcher (beside Smiley’s Flea Market). We are happy to provide receipts for your tax-deductible donations if requested.

Charlie’s Angels also needs volunteers to help at the Front Desk of our shelter. Front Desk volunteers work 1–4 hours per week greeting the public coming to the rescue to look for adoptable animals.



Training for this work is provided, and work schedules are very flexible based on volunteer’s personal schedules and preferences. Our current need includes a need for volunteers at any time on Saturdays, and for additional volunteers to help for a few hours in the afternoon/evenings on other days of the week. For more information or to become a volunteer, please contact suebargeloh@yahoo.com. For more information about Charlie’s Angels in general, please go to our wncanimalrescue.org.



ELENA
THE GROOMER
Professional Groomer

*Free Tooth Brushing
and Coat Conditioner
with first visit*

*Plus...Discount on Pet
Families of Two or More*

828 628-4375
1185-E Charlotte Hwy, Fairview



**FAIRVIEW ANIMAL
HOSPITAL**

SERVING FAIRVIEW SINCE 1984!

Open Monday–Friday
8 am – noon
1 pm – 5:30 pm

Saturday
9 am – noon

828 628.3557

New – laser therapy available!
Emergency service provided by
REACH 828 665-4399

867-A CHARLOTTE HIGHWAY IN FAIRVIEW



**Fairview
Kennels**
BOARDING & GROOMING

Open
Mon–Sat
8–6 pm &
Sun 4–6 pm

- 24-hour loving care
- Private playtime included
- All breeds and personalities accepted
- Inspections welcome

Owned by Bob & Kay Sutter
Managed by
Jeana Sutter-McClure

628•1997 | FairviewKennels.net
FairviewKennels@gmail.com | 1923 Charlotte Hwy (2 miles east of Cane Creek)



Cane Creek Animal Clinic
Leigh Ann Hamon, DVM

We are not just a veterinary practice.
We are a veterinary relationship!

828.628.9908
1548 Cane Creek Road in Fletcher

Friends2Ferals — A Community Service for the Feline World

by Lynn Stanley

“It was simply that the need was obvious, and nobody else was stepping up. If no one else is doing it, someone has to take it on. You can’t expect other people to do everything.” — Nancy Schneiter

In late July, the Town Crier received a request from a volunteer with the group Friends2Ferals. It seems someone called about a feral cat that was living around Food Lion. Friends2Ferals went and placed two humane traps in the hopes of catching the cat so they could have it neutered and assess its health and other needs. This is what Friends2Ferals does, and they cover four counties in WNC.

Later the volunteer went back and found that someone had taken the traps. The Crier was asked to publicize the theft in the hope of getting the traps back, as they are expensive and the group operates on a shoestring.

Within 3-4 days of publishing the August issue with a small blurb about the stolen traps, the Crier received calls and emails offering to replace the traps, an offer to cover the cost of new traps, and several hundred dollars in donations.

Well, this just amplified our knowledge that our community is made up... mostly... of generous, caring folks. And we knew we had to get more information about the important (and often thankless) work that Friends2Ferals does.

“The need was obvious,” says Nancy Schneiter, founder of Friends2Ferals, a small local organization with a big heart and a big job — supporting the health and welfare of cats living in groups in

the open, unaffiliated with specific human families. Nancy has been an active proponent of animal welfare in our community since moving to Western North Carolina, and in Indiana before that, and in 2007 she was quick to step in and create a program to fill that need.

Caring for Cat Communities

Friends2Ferals’ mission is to humanely trap, neuter and then return community cats to their colonies, a program commonly called TNR; the service operates under the umbrella of the Humane Society of Buncombe County. Nancy emphasizes that “community cats” is a better name for these cats than “feral,” because many of the cats are lost or abandoned, not born in the wild.

“Community cats” is a better name for these cats than “feral,” because many of the cats are lost or abandoned, not born in the wild.

Some cat colonies are already well known, some are reported by neighbors, animal control services or veterinarians. Friends2Ferals sets out humane traps near colonies or where stray cats have been reported; the captured cats are then transported to the Humane Alliance Spay/Neuter Clinic, which performs the surgeries, inoculates for rabies and treats any obvious medical problems as well. After being kept by F2F volunteers for a day or two to heal, the cats are returned to their environment. Kittens are fostered and socialized for 3-4 weeks by



volunteers, then sterilized; they are then returnable or adoptable, as are adult cats determined to be lost or stray domestics.

The program now averages 40 cats a week delivered to Humane Alliance. Since its inception in 2007, 10,800 cats have been assisted by Friends2Ferals, 90% by spay/neuter procedures and the rest through other medical support.

Benefits Expand Outward

But the benefits of the TNR program aren’t limited to the community cat population. Sterilization reduces the number of strays in shelters, increasing the chances for adoption for the rest. In each of the last three years, there has been a 9% decrease in the number of kittens brought into local shelters, which means a significant savings in resources and a better chance for adoption for other shelter animals.

And in the wild, sterilized cats fight less, spray less and are healthier, so they are less troublesome for their human neighbors.

Friends2Ferals also gives assistance to the kind folks who provide food, water and shelter to the cat colonies, and in 2010 Nancy began to expand the program to include assistance for those who need help with spaying or neutering their cats. The TNR work now makes up 60-70% of F2F’s work, and the remainder goes to assist cats’ local and medical caregivers.

How We Can Help F2F

Friends2Ferals is a small, local nonprofit that receives no financial support from Buncombe County. Donations and volunteers are always gratefully welcomed.

continued page 35

JUST PERSONAL

Congratulations Grand Master Roger Jones



Grand Master Roger Jones was inducted into the U. S. Martial Arts Hall of Fame as a “Living Legend” on July 23 at the Crowne Plaza Hotel, Addison, Texas. This great honor not only pays tribute to GM Roger Jones, but to Karakido Karate and his lifelong efforts to have Karakido Karate become a leading system in the martial arts industry. His dream is realized at last.

Roger trained under the 3rd generation of the Father of Modern day karate, Gishin Funakoshi. Under O’Sensei Carl Smith (2nd generation Gishin Funakoshi) Roger was one of four students promoted to Black Belt. Grand Master holds black belts in Judo, Aikido, Shotokan, Taekwondo, Seishinkai, TaiChi (black belt equivalent), Ueichi Ryu, Hokkyryu/Jujitsu and Sei ShinkaiShito Ryu (training under Masutatsu Oyama) and a weapon master under Grand Master Roy Williams.

continued page 35

Congratulations to Airman Autumn Berry



Airman Berry graduated from basic training at Lackland Aurora Air Force base in San Antonio, Texas on July 15.

She is now in tech school in the United States Air Force at Lackland for her job training as a Loadmaster.

Audrey grew up here in Fairview and graduated from A. C. Reynolds High School in 2014.

Congratulations to Airman Autumn Berry from her mom and dad, Lisa and Ken Berry, and brother Nate!

Candidate Reception

A reception for Nancy Nehls Nelson (in blue), candidate for Buncombe County Commissioner, District 2, was held on July 17 at the home of Ann Kunkel (left) and Dave Harney (plaid shirt) of Fairview. Local residents in attendance participated in Nancy’s Notepad Gatherings, a format where Nancy answers questions, provides campaign issues information, and gathers residents concerns regarding Buncombe County.



Audrey Meigs Attends Leadership Summit

In July, 275 girls from around the world gathered in Washington, DC, for the fifth annual Girl Up Leadership Summit. Girl Up is a program of the United Nations Foundation. The delegates took part in three days of trainings and workshops, heard from expert speakers, and led an official lobby day on Capitol Hill.

Audrey Meigs, a rising sophomore at A. C. Reynolds High School, attended the summit. Meigs is the daughter of Dr. Thomas E. “Ted” Meigs and Karen Wallace-Meigs of Fairview. On Capitol Hill, the young women advocated for the Girls Count Program, an effort to get an accurate accounting of girls born worldwide, as well as for education for girls around the world.



The North Carolina delegation to Girl Up met with Congress members and staff. Senator John McCain saw them, asked about their effort, talked about his efforts to prevent human trafficking, and asked for a picture with them. Audrey is standing beside Senator McCain.

Have a special occasion, accomplishment or family event to share with the community?

Email by the 10th of the month to copy@fairviewtowncrier.com

**RICHARD KILLIAN CONSTRUCTION**
QUALITY CUSTOM BUILT HOMES

**UNLIMITED RESIDENTIAL LICENSED CONTRACTOR**

40 YEARS EXPERIENCE
LOCAL FAIRVIEW BUSINESS
CUSTOM WORK FEATURED IN THIS OLD HOUSE LOG CABIN LIVING MAGAZINES



828.775.3039
KILLIANRL700@GMAIL.COM
RICHARDKILLIANCONSTRUCTION.COM

**CEDAR RIDGE ANIMAL HOSPITAL AND EQUINE SERVICES**

Margaret Moncure, DVM
Ted Wright, DVM
Sarah Hargrove, DVM
Full Service Small Animal Hospital and Mobile Equine Care
Open M – F 8 – 5
Sat 9 – 12

184 Charlotte Highway
(directly across from AC Reynolds High School)
828 575-2430 | www.cedarridgevet.com

**Flying Cloud Farm**
the farm stand is open all fall and is full of amazing produce from our farm... peppers, tomatoes, potatoes, garlic, winter squash, flowers, and more!

**1860 Charlotte Highway • Fairview NC • flyingcloudfarm.net**

**Allen Helmick**

**Barton Helmick**

AllenBurtonTeam.com

Fairview Realtors for 32 Years!

Cool Mountain Realty
828 329-8400

We've Sold 100's of Homes and 1000's of Acres

**BUILDER'S DUPLEX HOME**, 4200 sq ft, 3 acres, private, wooded, level plateau setting, custom kitchen, marble, tile, wraparound glass porch, separate apartment downstairs, **\$450,000 MLS# 3188435**

**COME AND FINISH YOUR DREAM HOME**, shell of home on 2.76 acres with creek, totally private, garage/workshop started, easy access, **\$140,000 MLS# 3188995**

**12 UNIT APARTMENT COMPLEX**, 4.35 acres, 100% fully occupied, High rental demand Fairview area, 8-2 BR and 4-3 BR units with excellent sun exposure and beautiful view, built in 2004, first time on market. **\$1,200,000, MLS# 3202104**

**25 acres, ESTATE PROPERTY** in exclusive Fairview Forest, level plateaus, total privacy, long range view, huge old trees, thick vegetation, stream, community property w creeks, waterfalls, hiking trails and club house. **\$225,000, MLS# NCM594117**

**3.26 ACRES TOP OF THE WORLD!** Spectacular views of Reynolds, East Asheville and beyond! Close up views of Cedar Mountain. 5 minutes to Asheville, 10 minutes to downtown. **\$175,000 MLS# 3136898**

**3 ACRES, LEVEL TO ROLLING PASTURE & WOODS**, new driveway being built, beautiful creek, 1 1/2 miles to Hwy 74A, near schools, shopping, post office, etc, 15 minutes to Asheville. **\$110,000 MLS# 3158112**

WORSHIP & COMMUNITY OUTREACH

Eblen Charities’ Walk, Run, or Roll Fundraiser

Eblen. You’ve seen the name on convenience stores around town and may be aware that there is a charitable organization by the same name, but you might not be sure what they do or how you can get involved. From the time Joe Eblen, President of Biltmore Oil Company, founded the organization in 1991, Eblen Charities has grown from one program supporting 300 families each year to more than 70 programs assisting thousands of families today. All money raised stays right here in Western NC.

Eblen provides school supplies to children, prom dresses to girls who otherwise could not afford to attend their proms, heating assistance to families, eyeglasses to those without, dental clinics, and many, many other much-needed services. While your financial support is always much needed and appreciated, and volunteers are always welcome, one special upcoming event might be of interest to all you athletes out there, whether you’re an almost Olympian or a weekend warrior.

On *October 8*, Eblen will be holding its 16th annual Walk, Run, or Roll event beginning at 8:30 am on the main AB Tech campus on Victoria Road. Runners, walkers and cyclists, regardless of ability level, are invited to participate in either a 5K or 10K event. In addition to the run, there will be a DJ, a kids zone, awesome door prizes, and more. It’s fun event for the whole family!

Sign up individually or get together a group of friends, family members or coworkers and form a team. Registration is \$15, which includes participation, a grab-and-go lunch and a t-shirt. Register online at brownpapertickets.com/event/2586103. Online registration closes on October 5.

We encourage you to raise as much money as you can from your own individual or business sponsors. Businesses are also invited to participate. Door prize donations and corporate sponsors are needed. There are three levels of sponsorship — Silver (\$250), Gold (\$500), or Platinum (\$1,000). For information, contact Cassia Imholz at 864-325-2001 or Heather Wright at 412-1078.

You Too Can Be a Blanketeer!

The local chapter of Project Linus, a national non-profit organization which donates handmade blankets to children in crisis, is seeking volunteers to create blankets. The new “blanketeers” can contribute knitted, crocheted, quilted, no-sew fleece or flannel blankets.

Over the past 16 years the local chapter has distributed over 57,000 handmade blankets to 12 WNC counties. Contact Ellen Knoefel, chapter coordinator, at 645-8800.

Old Sharon Church Fundraiser

The community is invited to a BBQ dinner fundraiser for the old Sharon United Methodist Church on *Saturday, September 24, 4–6 pm*. The church was built in the 1800’s and used for worship until 1966 (when the new church was built beside Food Lion). Donations to keep the church, grounds and cemetery maintained will be welcome. For information contact Shirley Nesbitt at 628-4625.



“Days for Girls” Sewing Meet

Bring your sewing machine and your enthusiasm. The local branch of Days for Girls, a volunteer project to sew sanitary kits for women and girls in Africa and other regions so that they can continue to attend work and school without embarrassment, will meet *Monday, September 11, 10:30 am* at Spring Mountain Community Center. For details call Maria Horton at 778-0279 or email her at daylightasheville@gmail.com.

ON THE ROAD



Lake Erie, Pennsylvania

Sittin’ on the dock of the bay... Presque Isle bay on Lake Erie, that is. Town Crier Office Manager Candi Yount catches up on hometown news while enjoying a Lake Erie sunset.



Niagara Falls, Canada

Heath Norman took a vacation with his mama and sister in Niagara Falls, Canada. He brought along his recent Fairview paper to stay connected to his hometown news. Heath is seen standing in front of Horseshoe Falls.



Somewhere in Fairview

Secret members of the Ladies Aid Society gathered for their annual pool party. A good time was had by all.

Take the Crier on Your Next Trip!

Pack an issue of the *Crier* in your suitcase right now so you’ll have it on your next trip. Then send us a photo of you reading the paper and include a little bit about where you are. Email to copy@fairviewtowncrier.com and we’ll print it!



ENTER TO WORSHIP
DEPART TO SERVE

Fairview Baptist Church

32 Church Rd
PO Box 1339
Fairview, NC 28730
828 628-2908
www.fbc1806.org
contact us
@fbc1806.org

SUNDAYS
Morning Life Groups 9:45 am &
Sunday Worship 11 am
Evening Life Groups & SPK Kids 6 pm

WEDNESDAYS
Family Night Supper 5:45 pm
A.M.P. Ministry 6:15 pm
Team Kids – X180 – High School – Adults
Wednesday Night Worship 7 pm

Calvary Baptist Church

“Calvary Will Make A Difference”

Located Conveniently
off Hwy 74 in Fairview

Worship Times:
Sunday: Sunday School – 10:00 AM
Morning Service – 11:00 AM
Evening Service – 6:00 PM
Wednesday Evening – 7:00 PM

www.calvaryoffairview.org

Great Wall

CHINESE RESTAURANT

TAKE OUT ONLY

4 Olde Eastwood Village Blvd.
Hwy 74A, Across from Ingles

828.298.1887 or 828.298.1870
☎ ☎ ☎ ☎ fax: 298.1859

Open Sun–Thurs: 11 am–10 pm
Fri–Sat: 11 am– 10:30 am

NEW!

Dieter’s Menu!
Sauces on the side.
No oil. No salt. No fried.

SJ Jung Studio
Artist: Rosa Jung

554 Old US 74 Hwy in Fairview
828-767-2536
Wed–Sat 11 am–4 pm or by appointment
www.sjungstudio.com

Asheville Tree Ninja

Tree Trimming & Removal
Storm Clean-up • Views Cleared
Tree Safety/Damage Assessment
Cabling, Bracing & Crane Removal
Stump Grinding • Fully Insured

MATT SIEBERT

828.582.4815 • AshevilleTreeNinja.com
treeninja.avl@gmail.com

Artist Illustration of your Home

Local Artist
Pencil or
Pen & Ink
Great Gift

Jim Stilwell.com
(your home illustrated)
828-275-3214

Fairview Christian Fellowship

Affiliated with the Presbyterian Church in America

Worship 10:00 am
Pastor: Rusty Harper
628-1044

www.fcfpca.org

Located on Old U.S. 74—the log church on the hill
next to the Fairview Library

Pleasant Grove Baptist Church
455 Hollywood Rd., Fairview

Phone: 628-2032
Pastor: Ron Roberts

We invite you to come worship with us.

“A mission-minded community-based church.”

Sunday School 9:45
Worship 10:45
Children’s Church 10:45
Evening Worship 6:00
Wednesday Evening 7:00

Dena Frizell LMT

**FAIRVIEW
MASSAGE
& Bodywork Therapy**

216.1364
1622A Charlotte Highway in Fairview
www.Fairview-Massage.com

Client-Based Massage in a
relaxed Fairview setting.
Using a blend of Swedish & clinical
massage techniques, each massage
is tailored to relieve tension and
stress...eleviate pain, tingling and
tightness... and restore circulation
for an overall sense
of well-being and
optimal health.
by appointment only

*a clinical massage should not only heal
but lead you to a place of serenity and peace.*

Affordable Auto Detailing

We make your car sparkle!

CALL Robert OWNER
828 273-8812
cleanwheels2@att.net

A & B POOLS and More, inc.

SERVING BUNCOMB COUNTY
SINCE 2011

Amanda & Brian Barry
in Fairview

828 279•5744

abpoolsandmore.com

SERVICE
REPAIR
LINERS
EQUIPMENT
CHEMICALS

FAIRVIEW

Health & Retirement Center

828 628.2800
3016 Cane Creek Rd., Fairview
Fleshers.net

- Medical Care
- Nursing/Rehabilitative Care
- Variety of accommodations
- Assisted Living
- On-site pharmacy

A family caring for families since 1954

Trinity of Fairview

A LOVING CHURCH SERVING A LOVING CHRIST

Rev. Stacey Harris

Sunday Worship Services
9:00am and 11:15am • Small Groups 10:10am
Wednesday Worship Services 6:30pm

828-628-1188 646 Concord Rd, Fletcher
www.TrinityoffFairview.com

**Abiding Savior
Lutheran Church**

“United in Christ.Welcoming All!”

Rev. David Eck, pastor

9:45 am Sunday School
11 am Worship

801 Charlotte Highway, Fairview
www.abidingsaviorlutheranchurch.org

Mike Surrett

Landscaping Services & More!

- Lawn Care • Firewood • Tree Cutting/Removal
- Carpentry • Painting • Repairs • Small Jobs
- Privacy Fences • Pressure Washing
- Foundation Sill Plates & More!
- Free Estimates • Insured
- Moving

828 628-2918 • 828 230-8494 cell
surrettm@bellsouth.net

**BASEMENT • CRAWL SPACE
WATERPROOFING**

Moisture & Mold Control • Restoration
Drainage • Retaining Walls • Erosion Work

GUARDIAN PROPERTY SERVICE

699-6262 David Hill
guardian.wnc@gmail.com

Licensed/Insured/References • Doing Business Since 1997

THE DECK DOCTOR

Is your deck ready for
Summer?

Pressure Wash • Mold/Mildew Removal
Sealant/Stain Packages
Custom Deck Construction & Repair
Screen Window/Door Repair
Got Wood?

Call today for a **FREE** Checkup 828.231.5883
Award winning Angielist.com affiliate since 2010

CINDERELLA CLEANING SERVICE

RESIDENTIAL • NEW CONSTRUCTION • REMODELS
COMMERCIAL • REAL ESTATE • APT HOMES
VACATION RENTALS • PROPERTY MGMT
MOVE IN OR OUT • TURN-KEY READY
CONCERGE SERVICES • SECURITY
HOUSE/PET SITTING • LIVE-IN OPTION

INSURED & BONDED

MARIE FORNEY 828.713.2798
CINDERELLACLEANINGSERVICE94@GMAIL.COM

Dee Trivette Autumn Swafford
OWNER/STYLIST/ NAIL TECH STYLIST

**Creative Touch
HAIR & NAIL SALON**

WALK INS WELCOME!
628-0401•1346A CHARLOTTE HWY-FAIRVIEW

GALLOWAY MASONRY

brick black stucco
water proofing

RICK GALLOWAY 828 776-4307

**Moose Ridge
DESIGN & CONSTRUCTION**

Bob Lund in Fairview
828 777-6466

“Anything short of a house!”

CC FLOORING

Home of the Floor Doktor

Hardwood • Tile • Carpet • Laminate • Vinyl
Sanding & Refinishing

828-654-9142
www.CCFlooring.net

246 Old Airport Road, Fletcher
ccflooringprofessionals@gmail.com

ALL SEASONS
HEATING & AIR CONDITIONING

828 651-9998
3861 A Sweeten Creek Road
Arden, NC. 28704
www.allseasonsnc.com

Morgan Peilly
828 776-1728 cell
morgan@allseasonsnc.com

T. P. Howard’s Plumbing Co., Inc.

90 Number Nine Road, Fairview

KOHLER **MOEN**

Buy it for looks. Buy it for life.

Pat Howard
President
pwh@tphowardsplumbing.com

Phone: (828) 628-1369
Fax: (828) 628-0130
Web: www.tphowardsplumbing.com

Balance of Power: Judicial Checks on Political Power in North Carolina



In designing the American Constitution, our founding fathers carefully avoided setting up any political body that could exercise unchecked power. The Executive branch (the president and governors), the legislative branch (House and Senate), and the Judicial branch (courts) are set up to keep each other in political balance, and to prevent the tyranny they had despised at the hands of King George III. The relationship between these institutions can be messy and contentious. Our constitution also created a messy relationship between the federal government and the state governments.

Of late, federal court cases have overthrown a series of laws passed by the North Carolina General Assembly, especially laws that concern election issues. Last February, a federal court ruled that the congressional districts (electing members of the US House of Representatives) were unconstitutional because they relied primarily on race in determining political boundaries. Just recently, the court ruled with similar logic regarding the districts drawn for our state legislature in Raleigh. The courts also ruled that the 2013 NC Election Law was unconstitutional.

Political districts must be drawn every 10 years. That is the reason we have a census. It is the responsibility of state legislatures to draw those lines, and the majority party in power usually tries to “game the system” to protect their power (gerrymandering). Some states now try to remove politics in this process by establishing Districting Commissions, which would at least have the benefit of saving litigation costs, and more importantly provide an election system with more integrity. I support this reform, as do many others in both parties. The North Carolina districts drawn after the 2010 elections were considered some of the most gerrymandered in the US. The strategy was to pack African-American voters into urban districts, so that they could be removed from voter rolls in suburban and rural areas.

In February, the courts ruled against the US congressional districts, causing a last-minute redrawing of the maps and delaying the vote for the US Congress until June 7. Just recently, the NC House and Senate districts met the same judicial fate for essentially the same reasons. However, this ruling came too late to re-draw the maps, and the November elections will proceed unchanged. In both cases, the court found that race was the primary factor in how the districts were drawn.

Since 1965, Southern states, because of their history of African-American voting disenfranchisement, have had to submit voting laws to the courts for approval. In a landmark Supreme Court Case on June 25, 2013, this process was ended. On the next day, the NC General Assembly pushed forward a comprehensive overhaul of state voting laws. It included a Voter ID requirement, a shortening of early voting days, the end of same-day registration during early

voting and a prohibition of out-of-precinct voting on election day. The question before the court was the motive of the General Assembly: prevention of voter fraud or vote suppression of African-Americans?

The courts found that leaders of the General Assembly specifically researched the voting habits of African-American voters and tailored the law accordingly. For that reason, it was struck down. The court concluded, “Because of race, the legislature enacted one of the largest restrictions of the franchise in modern North Carolina history.” Governor McCrory has asked the Supreme Court to “stay” this decision for the November elections. Also, as Election Boards organize early-voting sites, county-by-county battles are now taking place. These sites can be made less convenient for certain voters, like college students, to sway turnout.

One other bill, HB 1021, has come up already in this campaign, and it sheds further light on the role of the courts in providing judicial review of legislation. HB 1021 started its journey in the House as an effort to set up an Innocence Commission to determine if there were inmates serving time when new evidence (DNA or other) might prove their innocence. I voted for that bill. When the bill went to the Senate, the contents were gutted and replaced with legislation involving sex offender constraints. Since this bill already had passed the House, even with completely different intentions, it came back to the House for an up or down “concurrence” vote. And it came back near the end of the session. I find these legislative maneuvers to be harmful to the process of good governance. I asked my lawyer friends how I should vote, because I knew that my vote on this issue could provide great fodder for campaign attacks. They explained to me that the current NC law had been struck down by the courts, and that this bill was an amateurish effort to address the complaints of the court. Furthermore, they said it was really a bill to help Sen. Newton in his election for Attorney General and would also be ruled unconstitutional in the courts. With this advice, I voted not to concur. Our legislative process ought to be held to a higher standard.

While our balance of powers system of government can be slow and cumbersome, it does provide relief from political overreach and bad legislation. Politics is a “contact sport,” and the courts often serve as referees.

The examples that I have given in this article are all high-profile North Carolina laws that have been struck down in the courts, despite the state spending over \$9 million in their defense.

As always, I am honored to be your representative in Raleigh.

John Ager's Contact:
NC House of Representatives
16 West Jones St, Room 1004,
Raleigh NC 27601-1096
John.Ager@ncleg.net or jagerhng@gmail.com
628-2616 / 713-6450 cell

Your Legacy is in Your Hands



Unless you keep close track of obscure holidays and observances, you probably didn't know that August was “What Will Be Your Legacy? Month.” You might want to use this particular month as a useful reminder to take action on what could be one of your most important financial goals: leaving a meaningful legacy.

A legacy isn't simply a document or a bunch of numbers — it's what you will be remembered for, and what you have left behind that will be remembered. It's essentially your chance to contribute positively to the future, whether that means providing financial resources for the next generation, helping those charitable organizations whose work you support, or a combination of both.

To create your legacy, you'll need to do some planning. And you can start by asking yourself a couple of key questions:

What are your goals? When you think about leaving a legacy, what comes to mind? First and foremost, you may well want to leave enough money to help your own grown children meet their financial goals. After that, you probably have other things you'd like to accomplish. Perhaps you want to provide resources for your grandchildren to attend college? Or set up a scholarship at your own alma mater? Give financial support to a cultural, social, religious or scientific group? By thinking about your goals and putting them on paper, even in an informal sense, you'll be taking the important first step in leaving the legacy you desire.

How can you turn your goals into reality? If you don't take concrete steps, your legacy won't materialize. The most important step to take is to create a comprehensive estate plan. Your estate plan can be quite involved, because it may involve several legal documents, such as a will, living trust, health care power of attorney, and so on. In creating these materials, you will need to work with your legal and tax advisors because estate planning is definitely not a “do-it-yourself” endeavor.

You probably shouldn't wait until you are deep into retirement to take action because developing the necessary documents and arrangements can take a fair amount of time — and you'll want to make these preparations when you're in good mental and physical health. Also, the longer you wait to set up your estate plan, the less likely it will be that you've communicated your wishes clearly to your family members, who may end up unsure about what you want and what their roles are in carrying out your plans — and that's an outcome you certainly don't want to see.

In fact, clear communications are essential to developing a successful estate plan. You should not only tell your family members — and anyone else affected by your estate plan — what you are thinking of doing but also inform them about the professionals with whom you are working and the locations in which you are storing any vital documents, such as your will.

So, do what it takes to launch that legacy.

Written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, 628-1546 or Stephen.herbert@edwardjones.com.

Market and Economic Outlook: A Vote of Confidence



For much of the remainder of 2016, the headlines and a great deal of our attention will be focused on the 2016 presidential election, which can distract us with the barrage of promises and heightened political drama. Against that backdrop, however, we must strive to remain focused on our long-term investment plans.

We propose a vote of confidence in the economy, the market, and most importantly, in our ability as investors to remain focused on our long-term goals. A vote of confidence is about trusting our assessments of the opportunities — and risks — that may lie ahead, formulating a solid investment plan, and sticking with it through the ups and downs we may face in the coming months and beyond.

Our emotions were tested at the start of 2016, and again in late June. The S&P 500 had its worst start to a year ever; then, after coming back to within 3% of a new all-time high, met new opposition as the UK voted to leave the European Union. Yet, two weeks after the vote and the volatility in the markets, the S&P 500 was back in positive territory — up over 4% for the year. This resilience has kept this bull market going, and the S&P 500 is expected to potentially post gains by year end.

For the rest of 2016, we maintain confidence in our existing forecasts, with some minor adjustments. Periods of volatility are also anticipated throughout the rest of this year, but the expectation remains that we will not enter a bear market or economic recession. Here are some of the key influential factors to be watching for:

- **Federal Reserve (Fed) rate hikes.** The forecast for Fed rate hikes in 2016 has been reduced from two to one, with additional rate increases next year.
- **International growth uncertainty.** We are looking for clarity around future global growth, due to Brexit, the impact of the US dollar, China's debt problem, and earnings growth in Europe and Japan.
- **Corporate America investments.** A pickup in economic growth and an energy sector turnaround may boost companies' investments in their future growth, an element that has been lacking recently.
- **Oil, dollar, and earnings turnarounds.** These three turnaround stories are key for the rest of 2016. Should the drags from oil prices and the US dollar continue to ease, an earnings rebound may occur in the remainder of the year.

LPL Research's recent report, the *2016 Mid-year Outlook*, provides the “vote of confidence” that the current economic recovery and bull market may continue through 2016 and beyond, with the investment insights and market guidance for what may lie ahead for the rest of this year. To download a copy of the report, visit [ACT-Advisors.com](#).

Doug English is a CERTIFIED FINANCIAL PLANNER™ practitioner with ACT Advisors. His Asheville office is located at 37 Haywood St., Ste. 200, Asheville 28801.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual security.

At HNG Kitchen, our menu features meats from our farm & produce grown by local farmers in our community.

HICKORY NUT GAP Farm

Lunch 11-4 Friday Dinner 5-8 Sunday Brunch 10-4

VISUAL EYES OPTOMETRIC
is now
Elite EYE CARE
O. D., P. L., L. C.

140 Airport Rd., Suite L, Arden, NC | 828.687.7500
Between Acropolis Pizza and Octopus Garden

Thomas Dental Care
Cosmetic and Family Dentistry

D. Scott Thomas, DDS, PA
Eastwood Village, Suite 102
(Hwy 74, Across from Ingles)

New Patients Welcome!

Phone: 828.299.8960 • Fax: 828.299.8961
www.ThomasDentalCare.net

WALK AND TALK WELLNESS

Obstacles keeping you from the next level? Lacking motivation or direction? Need to bounce ideas off someone?

WALK & TALK WELLNESS IS FOR YOU.

Get outside for a Walk and Talk session with Trainer Jolene. Problem solve together, get direction and support, and hear the honest truth about where you are and how to get back on track.

Let's get outside, walk, and talk about what's next!

828-216-8134

FOR ALL YOUR INSURANCE NEEDS
HOME & AUTO & LIFE INSURANCE
MEDICARE PLANS • COMMERCIAL & SMALL BUSINESS
OBAMACARE & OFF MARKETPLACE HEALTH INSURANCE

TROUT INSURANCE
More Value for Your Insurance Dollars

WE'VE GOT YOU COVERED!

Call Butch Greene 828-338-9125
Your Personal Consultant at No Cost to You
Butch@TroutInsurance.biz

In Person Appointments or Remote Application

TIME FOR SOME SPRING CLEANING FOR YOUR COMPUTER?

Things not working the way they should? You might need some basic spring cleaning, or a simple upgrade. Or, is it really time for you to get that new computer? I can help with that, too!

Clean up your computer with 10% off service charge!

Bill Scobie 628-2354 | bill@scobie.net

THE LAW OFFICE OF Cynthia A. Strom, PA

CYNTHIA A STROM
CONCENTRATING IN
SOCIAL SECURITY DISABILITY

- Disability Insurance Benefits (DIB)
- Supplemental Security Income (SSI)

"I can help you or someone you know who is disabled but denied benefits."
CALL TODAY FOR A FREE INITIAL CONSULTATION.

1-877-751-7550 828-296-7550
188 Charlotte Highway, Asheville, NC www.strom-law.com

McCRARY STONE

BIG GRAY ROCK EATERS

Residential & Commercial

Local family business since 1968!

Crushed Stone & Gravel
828 649-2008

BUSINESS

Webó's BBQ Celebrates Fifth Anniversary With Benefit Lunch

Webó's BBQ invites the community to eat well while supporting a local charity at their 5th anniversary fundraiser on *Saturday, September 17, 10 am-3 pm*, at 800 Fairview Road in the River Ridge Shopping Center.

Webó's will host a fun day of food to thank the local community for its patronage. To kick off the celebration, Webó's will offer a \$7 lunch plate that includes Webó's famous BBQ pulled pork, baked beans, coleslaw and a dinner roll.

All proceeds will go to the Asheville Buncombe Community Christian Ministry (ABCCM) as another way to thank the community for its support. Co-owners Wendell and Bonnie Kurtz — the "We" and the "Bo" of Webó's — selected ABCCM for its excellent work helping local veterans, families and individuals in need. ABCCM's mission is to be "churches working together to serve their neighbors," and it has served thousands of people since its beginning in 1969.

The restaurant normally is open only Tuesday through Friday, 11 am to 6 pm, but they're opening their doors especially for the party. This one-day-only event is expected to draw a crowd, as the restaurant has nurtured a devoted following through the years.

Webó's BBQ started as a take-out only stand beside a gas station on Swannanoa River Road in 2011. In 2015, it moved to its current location and now can seat up to 60 people. The front half of the dining area regularly fills up at lunchtime.

Webó's BBQ serves a full range of BBQ meats and sides, with sandwiches starting as low as \$4.90. Smoked on the premises, the meat and sauces attract diners from all over the city. Its proximity to I-240 makes it convenient for anyone traveling through.

According to Wendell Kurtz, "BBQ has always been my passion, and I love seeing people happy." On September 17, he'll get to satisfy both his passions. Mark the date on your calendar for a fun, festive feast. There may be other surprises as well.

For more information, contact Wendell Kurtz of Webó's BBQ at 298-1035.



Fairview Artist Matt Tommey Accepted Into Prestigious Show

Fairview artist Matt Tommey will be among 125 of the nation's top contemporary artists participating in the prestigious Charlotte Contemporary, an annual art, design and fashion event. Charlotte Contemporary features some of the nation's top contemporary artists offering their latest work in a variety of media.

Matt Tommey is a world-class sculptural basketry artist and teacher working in the River Arts District. Since the mid-1990s he has been creating art baskets that reflect the rustic elegance of nature. These days, his woven art created from locally harvested bark, vines and branches is featured in some of the most beautiful homes in the country.

Charlotte Contemporary will be open in Liberty Hall at the Park Expo Center, 800 Briar Creek Road, Charlotte, from October 14-16.



JULY FAIRVIEW REAL ESTATE STATISTICS				
		High \$	Low \$	Avg \$
Houses listed	21	1,700,000	89,000	500,129
Houses sold	13	649,000	213,500	352,138
Land listed	20	995,900	25,000	239,401
Land sold	3	160,000	8,000	67,667

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). **Cool Mountain is hosting a Customer Appreciation event on Saturday, September 24, 11 am-4 pm.** Stop by for some food, fun and prizes!

Our agents at Cool Mountain Realty would love to help you with your purchase or sale of real estate. Email Jenny Brunet at coolmnt1@gmail.com or call 628-3088.



August Member's Picnic

Our annual picnic had to be rescheduled to the following week due to a bad rain forecast. It was unfortunate as there were only 16 people who attended. Those who were there enjoyed a great day and got to see all of the improvements made at Cloud 9 Farm, including a new bocce court.

September's Member Meeting

In September, the FBA will have a lunchtime meeting rather than evening. It will be on **Wednesday, September 7, 11:30 am - 1 pm** at Trout Lily Market & Cafe. If the weather is good, we'll eat outside. Lunch will be a buffet including several main dish choices, salad, dessert and drink for \$5 per member (sandwich can be substituted). Please RSVP to fba.members@gmail.com so we know how much food to prepare. Susan Bost, owner of Trout Lily, will be donating 10% of lunch sales to The Lord's Acre!

October Member's Meeting

The October meeting will go back to an evening time slot. It will be **Monday, October 10, 6 pm** at Spring Mountain Community Center and will be hosted by Solo Tube.

FBA Nametags

If you do not have an FBA nametag yet, this is the time to order. They are magnetic, attractive and only \$10. They allow other members to identify you and your business at meetings and events. Please email Lisa Pelly at fba.treasurer@gmail.com or stop by the Crier office to order and pay.

Website Slide Show

Send in a photo to add to the slide show on our website. Send a photo of yourself and/or staff in front of your sign or with your equipment, uniform or whatever can identify you and your business. Email to fba.webmaster@gmail.com

Facebook Page

Search for Fairview Business Association on Facebook and join the group. We post reminders about meetings and events and members can post promotions, updates and recommendations to fellow members as well as the public at large. If you've done business with another member, post it here. Snap a photo of a finished job or a happy customer and post on Facebook page. The best advertising is a personal recommendation and if you people can see a photo of you, it's almost like they know you.

Join at FairviewBusiness.com or send \$60 check to FBA, PO Box 2251, Fairview, NC 28730.

Or join at the Town Crier office, 1185F Charlotte Hwy, Monday-Friday, 1-5 pm or at a meeting.

FBA Voicemail – 585-7414

Grand Master Roger Jones *continued from page 29*

Roger was on the board of NASKA (North America Sport Karate Association); a founding member of DOJO organization and DOJO Hall of Fame; 1969 U.S Champion, Southeast Championship in Forms (kata) and Fighting (sparring), and Texas Black Belt Champion that same year in Tae Kwon Do. He was nominated for a berth on the U.S National Karate Team to "World Games" in Manila. Those who know Roger, be sure to ask him about the qualifying he was required to perform for the World Games — it's an interesting story.

Roger has touched and influenced many lives over the years, and many right here in Fairview as Grand Master of Karakido Karate school. Also, in recent years, as an artist (something he dabbled in over the years). He teaches painting classes at the school.

For more information on tart classes, or enrolling in Karakido Karate classes under Grand Master Roger Jones, please contact him at 712-1288. Karakido After School program (K.A.S.P) is now enrolling for back to school.

Friends2Ferals *continued from page 28*

Volunteer help is particularly needed for trapping and transporting cats to and from Humane Alliance. F2F's quirky old van, affectionately named Christine after the Stephen King novel's car with a mind of her own, is on her last legs and can't keep up with the need, so more willing wheels — quirky or not — would be greatly appreciated.

Volunteers may also choose to foster kittens during the period before their sterilization surgeries. F2F provides cages, food and everything else for the 3-4 week period before the kittens are spayed/neutered and released or adopted.

Donation of cat and kitten food is also a huge help to the approximately 20 people who have taken it upon themselves to feed and sustain the various cat colonies. Those who foster kittens can always use kitten chow, canned cat food (paté is best for tiny kittens), wee-wee pads, paper towels and linens of all sorts. Gift cards and gas cards for transporters are also great. F2F volunteers will gladly pick up donations if desired, or they can be dropped off at the *Town Crier* office.

Monetary donations are of course also welcome and are tax deductible. Donations may be made to Friends2Ferals and sent to Nancy Schneiter, PO Box 2532, Asheville, NC 28802.

To find out more about the program and the ways we can step up and help fill this need, call Friends2Ferals at 505-6737 or email friendsferals1@gmail.com.

KEEP IT LOCAL with FBA Members

Aquarium Sales The Evolved Fish782-4254	The Garden Spot.....691-0164
Artists/Artisans Appalachian Designs628-9994 Mountain Glass Werks.....424-1077 Silverpoem Studio782-7984	Marketing Promotion Printing PostNet of Central Asheville298-1211
Art Classes Beads & Beyond222-2189	Markets Farm Stores CSAs Cane Creek Asparagus & Co628-1601 Flying Cloud Farm.....768-3348 Hickory Nut Gap Farm.....628-1027 Silas' Produce.....691-9663 Trout Lily Deli & Cafe628-0402 Troyer's Amish Blatz280-2381
Auto/Truck Sales High Country Truck & Van222-2308	Medical Services Anger Management/ Therapist on Call/Maggi Zadek628-2275 Apex Brain Center681-0350 Fairview Chiropractic Center628-7800 Flesher's Fairview Health Care Center628-2800 Park Ridge Health South Avl681-5327 Skyland Family Rehab Center277-5763 W. Carolina Physical Therapy298-0492
Banks & Financial Planning Edward Jones628-1546	Monuments Martin Monuments298-2
Building/Maintenance Services AA Diamond Tile.....450-3900 All Seasons Heating & AC651-9998 Aqua Pump Services450-3900 Balken Roofing628-0390 Cane Creek Concrete230-3022 Control Specialties628-4323 Daylight Asheville778-0279 Mr. Sandless.....620-5964 Vintage Remodeling.....628-1988	Newspaper Fairview Town Crier.....628-2211
Business Services An Extraordinary Writer.....490-4455 Covan Enterprises298-8249	Non-profits Charlie's Angels Animal Rescue704-506-9557 Food for Fairview628-4322 The Lord's Acre Hunger Garden .628-3688
Cleaning Services Asheville Housekeeping Serv.....582-1252 Cinderella Cleaning Service713-2798 Rainbow International333-6996 Steam Master Carpet & Upholstery Cleaners628-9495	Pest Removal Bugtec LLC777-1577
Computer Services Scobie.Net.....628-2354 MacWorks.....777-8639	Pet Services & Supplies Elena the Groomer.....628-4375 Fairview Kennels.....628-1997
Contractors/Builders Asheville Contracting785-8788 Bostic Builders.....606-6122 Cool Mountain Construction778-2742 Moose Ridge Design & Const.777-6466	Pharmacy Americare Pharmacy628-3121
Education/Instruction Advanced Edu. Tutoring Center...628-2232 Fairview Preschool.....338-2073	Property Management/Pet Sitting Rent-a-Home of Asheville.....676-6764
Electric & Sound Engineers Taylor Webb Electric & Sound.....712-4839	Real Estate Sales Allen-Burton Team.....329-8400 Terri Balog, Keller-Williams702-9797 Sandy Blair, Realtor/Broker768-4585 Cool Mountain Realty.....628-3088 Lynelle Flowers, Exit Realty337-3077 Greybeard Realty.....778-2630 Nina Kis, Keller-Williams.....242-8029 Judy Stone, Buyer's Agent210-4663 Melissa Webb, Exit Realty712-4838
Emporium/Flea Market New Moon Marketplace.....222-2289	Restaurants Confections Catering Brewskies628-9198 Subway Fairview & Reynolds.....628-3080 The Local Joint338-0469 Piazza Wood Fired Oven.....298-7224
Equipment Rental & Repair Services Carolina Equipment Rental628-3004 Ed's Small Engine Repair.778-0496	Saw Mills Sunrise Sawmill.....277-0120
Eyecare Center Elite Eye Care.....687-7500	Veterinarians Cane Creek Animal Clinic.....628-9908 Cedar Ridge Animal Hospital575-2430 Fairview Animal Hospital.....628-3557
Home Inspections Mountain Home Inspections.....713-9071	Wellness/Healing/Massage Blue Mandala275-2755 Do Terra Wellness Advocate713-2798 Dream Roper.....209-8981 Fairview Massage & Bodywork...216-1364 Mountain Medicinal Massage....333-0089 Mountain View Healing Hands628-1539 Pure Addiction Soaps & Salves865 403-9994 Virtu Skin & Body.....367-9099
House Rentals – Short Term/Vacation Cabin in Asheville348-5488 Cloud 9 Relaxation Home.....628-1758 Sabél Apartments.....232-1042 The Cove at Fairview628-4967	Insurance Financially Compete230-8168 Gloria Berlin Agency/Allstate298-2483 Prime Time Solutions.....628-3889 Stovall Financial Group.....275-3608 Tammy Murphy Agency299-4522 Trout Insurance338-9125 Asheville Stone.....628-ROCK Beam's Lawn & Landscape.....778-4282 B & B Tree Service.....778-1987 Fairview Landscaping628-4080 Ray's Landscapes.....628-3309

sandwiches • wraps • gluten-free • supplements • organic wine • local beer

We're here to supply your needs for local goodness. Fresh deli foods, drinks, snacks, beer & wine, groceries, wellness products and more!

628.0402 • 1297 Charlotte Highway • troutlilymarket.com

SAVE 20¢ PER GALLON WITH EVERY CAR WASH

GREAT DELI FROM THE Local Joint

EBLEN SHORT STOP

828 628-9888
1185 Charlotte Highway Fairview

Webó's BBQ

Pork • Chicken
Beef Brisket
Sausage • Turkey
Ribs on Friday!

Open
Tues-Friday
11 am – 6 pm
Eat In or To-Go
298-1035

River Ridge Shopping Center
800 Fairview Road, Suite C8 (Next to Hamrick's)

ROOT CAUSE Local Sourced Products

Appalachian DESIGNS

BUILDING COMPONENTS
STAIRS AND RAILINGS
FOREST PRODUCTS
RUSTIC FURNITURE

Please call for appointment
828 628-9994
www.appalachiandesigns.com
12 Smith Farm Road Fairview

Local Cloth’s Project Handmade

The third regional fashion show of wearable art, presented by Local Cloth Inc., will be held *Thursday, September 22, 7 pm* at the Folk Art Center on the Blue Ridge Parkway. Fairview will have three fiber artists featured in the show: Molly Hamilton, Paddy Lynch and Vicki Bennett will all be represented with handmade garments, locally designed, using locally sourced materials. Textile artists and garment designers from within a 100 mile radius of Asheville will show 42 juried garments and accessories at Local Cloth’s Project Handmade 2016: Elements of Nature.



Annie's Frock, made by Molly Hamilton, from cotton grown, ginned, spun, and milled in the Carolinas

Project Handmade’s goal is to inspire and encourage local artists to showcase their creative visions of handmade fashion, incorporating materials and resources sourced within the region’s fiber and textile arts community.

Vicki Bennett, Chair of this year’s fashion show, says that “For many of the same reasons that it is important for us to source our food locally, there are very good reasons for supporting our local fiber economy. In a time when there is so much cheap “disposable” clothing made under poor labor conditions in distant countries, Local Cloth’s goal is to show that we can, indeed, go from

“Farm to Fiber to Fashion” within our own 100 mile fiber shed.”

Tickets are now on sale. General admission tickets are \$20 and can be purchased online at localcloth.org. A limited number of VIP tickets for priority seating are \$30, and can be ordered by emailing: info@localcloth.org, or calling -222-0356.

THE LORD’S ACRE..... by Susan Sides

Hope



This political cycle has taken its toll, I’ll be honest. The daily news doesn’t help. And while I can’t say that my ultimate hope comes from a garden, I can say that I have a vision of what *could be* that does involve growing plants, people and, yes, hope.

What could be — in place of the polarization of political parties, generational division, isolation, fear, suspicion, cynicism, loneliness, and every type of hunger imaginable — is something I see in very intentional spaces I call “gardens in community.” Now these gardens in community are not your typical community gardens, and in these gardens it doesn’t much matter what you grow, how the work is parceled out or where the food ends up. What does matter is the purpose and intentionality behind the thing. These gardens have as their main crop the relationships they cultivate.



wisdom of elders and the urgency of youth

- the redevelopment of agricultural literacy
- our sense of beauty, and even our sense of taste.

In addition, such garden spaces have been shown to:

- decrease crime
- improve property value
- lower health costs
- build community leaders
- create a community focal point
- preserve cultural heritage
- and much more.

I’m convinced that if communities across the country could catch even a glimpse of what is possible when it comes to “gardens in community,” such spaces would be highly sought after and considered as essential an investment as good roads and good schools.

Restore, Renew and Regenerate

I’ve been playing around with adding some R-words to this phrase and I like the sound of “restorative,” “renewal” and/or “regenerative gardens in community.”

Definitions for these R-words include: 1) the act or process of returning something to its original condition; 2) the act of bringing back something that existed before; 3) the act of returning something that was stolen or taken; 4) the replacing or repair of something that is worn out, run-down, or broken; 5) the act of making new again; and 6) restored to a better or higher state.



These definitions sound like something we could all use right about now. So what do we restore, renew and regenerate in such intentional spaces? For starters:

- people – neighbors, families and individuals
- our physical health
- our emotional and mental healing — both collectively and individually
- the breaking down of socio-economic and cultural barriers
- the lost art of civic and civil discourse
- intergenerational connections — the

Tell Us About Yours!

I hope you were as inspired by the first Fairview Garden Tour as we were. From a few beds to a few acres, Fairview is buzzing with folks growing food, flowers, herbs and beauty.

The Lord’s Acre would love to hear about yours. Drop us an email at thelordsacre@gmail.com and include a photo or two if you can. We’d love to put your tips, thoughts, inspirations, questions or creative ideas on our Facebook page.

WILD EDIBLES..... by Roger Klingner

Rose of Sharon



Autumn’s glory will be on the horizon soon enough, but summer is still alive and well in the mountains and with all the rain in the last 2 months, everything from wild mushrooms to flow-

ers in the meadows and forests are abundant, happy and lush.

Some plants take us right back to childhood; one old-time favorite in cottage gardens around the world is the glorious shrub Rose of Sharon, *Hibiscus syriaca*. Rose of Sharon comes in a multitude of colors, and we are particularly fond of a beautiful periwinkle blue and soft pink double that we grow on our farm in Fairview.

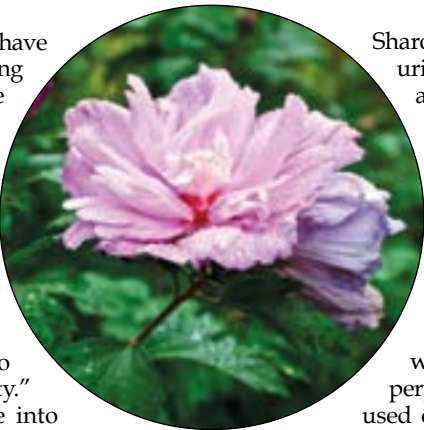
Rose of Sharon is a perennial shrub and a member of the Malvaceae family, which also includes the giant and stunning hibiscus and a number of native wildflowers. Some species can be a bit invasive, and there are many places where they have escaped into the wild and grow like hedgerows along fences and in open fields.

My mother and grandmother loved these flowering shrubs, which seem to bloom forever and so prolifically; they always seem loaded with hundreds of flowers that continue to open every day, sometimes blooming into early autumn.

One of the things I love about exploring the infinite universe of wild edible plants and mushrooms is that so often, one can be familiar with a flower or plant for a lifetime and one day discover that all along it is not only beautiful but also a delicious edible or medicinal plant. That happened this spring with forsythia flowers and recently with Rose of Sharon. We have about a half dozen shrubs on our property and we love them all, but I had no idea how edible and useful they were.

The unopened flower buds are delicious sautéed in stir-fries and the opened flow-

ers make wonderful garnishes that are beautiful, nutritious and delicious. The flavor is mild and a little bit like okra in texture, which means somewhat slimy or mucilaginous, but I like it. As I am a Northerner, okra was never used in our kitchen, and I thought I didn’t like it until a friend from North Carolina who was a marvelous potter and chef explained that I simply had not had it prepared properly. Once I tasted it fried or pickled I was hooked, and even though I haven’t found recipes yet, I wonder whether Rose of Sharon’s buds could turn into tasty pickles. The young emerging leaves can also be used as salad greens and the roots



are edible as well but I have no interest in digging them up, as they are too beautiful in the landscape and on my table!

Native to Asia, Rose of Sharon is wildly popular in Korea. The flower is called “mugung-hwa” in Korean — which translates into “flower of eternity.” The leaves are made into tea. These shrubs arrived in Europe in the 1500s and, like many plants, were brought to North America where they are now well established nationwide.

All parts of the shrub are either edible or medicinal. I mentioned the slimy, mucilaginous properties of the flowers; these substances are wonderful medicine, as the mucilage protects, soothes, and heals mucous membranes within our bodies.

When we ingest plants like this and they reach the large intestine, they are partially broken down by our bowel flora and become “pre-biotic,” which means the substances feed the good flora within our guts. Rose of Sharon is beneficial for heartburn, ulcers, colitis and IBS, which have become more prevalent in western culture due to diets high in processed foods and chemical cuisine, along with excessive usage of antibiotics, all of which destroys many of these beneficial flora within our bodily systems. Rose of

Sharon is also helpful for urinary tract infections, as it reduces swelling and has a soothing impact upon the inflamed membranes. The leaves and flowers can be used as a demulcent: drying the flowers or leaves, then adding a tiny amount of water creates a slippery lotion that can be used on burns, insect bites and rashes. Several herbalists recommend adding the powder to body butters, tooth powders and herbal oils.

Who would have thought that this supremely useful flowering shrub has grown in my gardens for my entire life and only now am I discovering how useful and delicious it is! I think it’s time to plant a few more varieties on our land, as there are so many gorgeous colors to choose from, and these shrubs are tough, hardy and basically carefree. Recently, I was in Wilkes County and I saw what I thought was a cluster of unusual crepe myrtle trees, each about 15 feet tall with thick, trimmed woody trunks. I was amazed to discover that they were giant Rose of Sharon shrubs that had been pruned over many years, and the effect was stunning.

So enjoy these beautiful flowers and common shrubs, and savor the splendid gifts of summertime in the mountains.

Contact Roger at rogerklingner@charter.net.

Asheville Stone & Grading, Inc.



828.628.ROCK • Cell 828.691.6288 • WNCStone.com
1003 Charlotte Hwy (across from Dollar General)

Lawn Care / Handyman

Bahnson Lovelace
828.242.2410



25 years experience
residential / commercial

HIGH COUNTRY Truck & Van Inc.

WNC'S COMMERCIAL TRUCK CENTER!

1021 Charlotte Highway, Fairview, NC // 828-222-2308
www.HIGHCOUNTRYTRUCKANDVAN.com

Family owned for over 40 years!

Easy Financing! Low Rates! Extended Warranties Available!

2012 TRANSIT CONNECT XLT	2015 TRANSIT T250 130" LOW ROOF CARGO VAN
 <p>53K miles, one owner, five-passenger seating, ladder rack, PW, PDL, tilt, cruise and more.</p> <p>Warranty included \$13,995</p>	 <p>14K miles! PW, PDL, tilt, key-less entry. Factory Warranty.</p> <p>\$22,995</p>
2007 EXPRESS G3500 EXTENDED CARGO VAN	2009 SILVERADO K3500 EXT CAB 4x4 DUALY
 <p>Quigley 4x4 conversion, full set of shelves and ladder rack. RARE FIND!</p> <p>\$18,995</p>	 <p>26K miles! One owner! Auto, A/C, AM-FM CD, tow package.</p> <p>Warranty included \$26,995</p>
2006 F550 SD 11' GRAVEL DUMP TRUCK	2013 NISSAN FRONTIER S KING CAB
 <p>70K miles, rollrite electric tarp, cruise, tilt, tow package. One owner.</p> <p>\$25,995</p>	 <p>2.5 4 cyl, auto, A/C, AM-FM CD, Leer bed cover.</p> <p>Warranty included \$13,995</p>

Advertiser's List Clip & Save

AA Diamond Tile.....	450-3900	Mattress Man.....	299-4232
A&B Pool	279-5744	McCrary Stone	649-2008
ACT Advisors.....	398-2802	McKinney Insurance	684-5020
Affordable Auto	273-8812	Mitch Contracting.....	252-0694
All Seasons Heating & AC	651-9998	Moose Ridge Construction.....	777-6466
Allen Burton Group.....	329-8400	Perry James, CPA.....	628-2000
Appalachian Designs.....	628-9994	PostNet of Asheville.....	298-1211
Appalachian Tropicals.....	222-2225	Prime Time Solutions	275-5863
Americare Pharmacy	628-3121	Rainbow International	333-6996
Apex Brain Center.....	708-5274	Ray's Landscaping	279-5126
Asheville Contracting.....	785-8788	Richard Killian Construction..	775-3039
Asheville Savings Bank	250-7061	Scobie.net.....	628-2354
Asheville Stone.....	628-ROCK	Silas' Produce.....	Visit Us
B&B Tree Service	778-1987	Sip & Doodle	712-1288
Bahnson Lovelace, Lawncare..	242-2410	S.J. Jung Studio	767-2536
Buff, Jim, Keller Williams	771-2310	State Farm, Tammy Murphy ..	299-4522
Beverly Hanks, Christie Melear	776-1986	Steam Master Carpet	
Cane Creek Animal Clinic	628-9908	& Upholstery Clean.....	628-9495
Cane Creek Concrete.....	230-3022	Stilwell & Stilwell.....	275-3214
Carolina Mountain Sales.....	277-5551	Strom, Cynthia A., PA Atty.....	296-7550
CC Flooring	654-9142	Surrett, Mike Landscaping.....	230-8494
Cedar Ridge Animal Hospital		The Cove at Fairview	628-4976
and Equine Services.....	575-2430	Thomas, Scott, DDS.....	299-8960
Charlie's Angels Animal Res.	606-4335	TP Howards Plumbing Co.....	628-1369
Cinderella Cleaning Service ..	713-2798	Tree Ninja.....	582-4815
Cloud 9 Farm.....	628-1758	Trout Insurance	338-9125
Control Specialties.....	628-4323	Trout Lily Deli & Cafe.....	628-0402
Cool Mountain Realty	628-3088	Troyer's Amish Blatz.....	280-2381
Creative Touch.....	628-0401	Vintage Stock Furniture	318-9161
Deck Doctor	231-5883	Webo's BBQ.....	298-1035
Dawn McDade, Realtor	337.9173	Western Carolina PT	298-0492
Eblen Short Stop	628-9888	Wild Birds Unlimited.....	687-9433
Edward Jones Investments ..	628-1546	PUBLIC SERVICE:	
Electric Guitar Shop.....	628-1966	Sheriff's Department.....	255-5000
Elena the Groomer	628-4375	Fairview Fire Department.....	628-2001
Elite Eyecare	687-7500	Garren Creek Fire Dept.....	669-0024
Fairview Animal Hospital	628-3557	Gerton Fire & Rescue	625-2779
Fairview Business Assoc.....	681-1029	SCHOOLS:	
Fairview Chiropractic Center.	628-7800	Cane Creek Middle School	628-0824
Fairview Kennels	628-1997	Fairview Elementary	628-2732
Fairview Landscaping	628-4080	Reynolds Middle School	298-7484
Fairview Massage		Reynolds High School.....	298-2500
and Bodywork	216-1364	POST OFFICES:	
Family Care of Fairview.....	296-0880	Fairview Post Office.....	628-7838
Financially Secure.....	230-8168	Fletcher Post Office	684-6376
Fleshers Healthcare.....	628-2800	Gerton Post Office	625-4080
Flying Cloud Farm.....	768-3348	COMMUNITY CENTERS:	
Galloway Masonry	776-4307	Cane Creek CC	768-2218
Guardian Property Service	699-6262	Fairview CC	338-9005
Goodwill Industries of NUNC	Visit us!	Spring Mountain CC	280-9533
Great Wall Chinese Takeout ..	298-1887	Upper Hickory Nut Gorge	625-0264
GreyBeard Realty	298-1540	MISCELLANEOUS:	
Hickory Nut Gap Farm.....	628-1027	Fairview Town Crier	628-2211
High Country Truck & Van	222-2308	Fairview Business Assoc.....	338-9628
JP Wellness.....	216-8134	Fairview Farmers Market.....	550-3867
Kis, Nina - Keller Williams.....	242-8029	Fairview Library	250-6484
Kobe, Karen, ARG	231-0041	Food for Fairview	628-4322
Lawncare/Handyman		The Lord's Acre Garden	628-3688
Bahnson Lovelace	242-2410	Meals on Wheels	253-5286
Looking Glass Creamery	458-0088		
MAHEC Family Health	628-8250		



Upper Hickory Nut Gorge Highway 74A in Gerton

To rent: call Margaret Whitt at 625-0264
or email mwhitt@du.edu

Fairview

1357 Charlotte Highway
To rent: 338-9005 or email
fairviewcommunitycenter@gmail.com

Spring Mountain

807 Old Fort Road
To rent: call Bruce at 280-9533

Cane Creek

1370 Cane Creek Road, Fletcher
To Rent: 768-2218

The Fairview Town Crier

THE VOICE OF OUR COMMUNITY™

OFFICE OPEN MONDAY – FRIDAY 1 – 5 PM

1185-F Charlotte Highway (office)

628-2211

Mailing address: P.O. Box 1862, Fairview, NC 28730

www.fairviewtowncrier.com

OFFICE MANAGER — ADVERTISING / SUBSCRIPTIONS

Candice Yount 628-2211 | office@fairviewtowncrier.com

MANAGING EDITOR: Sandie Rhodes | editor@fairviewtowncrier.com

COPY EDITOR: Lynn Smith Stanley | copy@fairviewtowncrier.com

LAYOUT EDITOR: Clark Aycock | clark@fairviewtowncrier.com

BILLING: Annie MacNair | annie@fairviewtowncrier.com

Subscriptions are \$30 per year (Mail check to address above).

Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the Town Crier's editorial policy. All submissions will be edited for clarity, style and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Town Crier reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted. All letters may be edited and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address and phone. Email letters to editor@fairviewtowncrier.com or mail to: Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

FLEA MARKET

NEW MOON MARKETPLACE many outdoor vendors, antiques, new items, collectables, dishes, glassware, jewelry, hand-crafted items, and so much more. Outside booth \$10/table. Saturday, Sept. 17, 8 am - 2 pm, on the corner of 74A and Cane Creek. 1508 Charlotte Hwy in Fairview. Also, September 3, same hours. See Facebook page for more info.

FOR RENT

CHICKEN HOUSE/BARN on 14 acres in Cane Creek area for rent. Barn is 2,400 sf with water. Electric available. \$200/month for chicken house. \$100/month for pasture or \$250/month for both. 274-1123 or 777-9177

FOR SALE

2008 SUZUKI DL650 VSTROM MOTORCYCLE. 33,000 miles. Very good condition. 115 liter storage, Givi hard-cases, centerstand, Givi crashbars, highway pegs, first gear tank bag. \$3,800. Call or text -231-7540

'96 FORD TAURUS, 4 door, 6 passenger, 130,000 miles. Starts and runs good. \$800. Firm. Cash only. 216-1545

MOVING SALE – Washer, dryer in excellent condition \$400, sofa in new condition \$300, full-size mattress and box springs in new condition \$300, wooden dresser for \$150, computer desk for \$100, table & chairs for \$200. 490-2078

FOR SALE – HOUSE

3BR, 2BA HOUSE, Appx. 2,000 sf. on ½ acre. 55 Enoch's Way, off Cane Creek Road. A.C.Reynolds/Cane Creek Middle/Fairview Elementary School District. \$239,900. Call 545-4804.

HELP WANTED

GENERAL LABORER Knowledge of basic hand tools. Must pass drug and background screening. Motivated and reliable. Must have vehicle with insurance, and valid NC driver's license. Hours will vary. Call 785-8788.

RENTAL NEEDED

Seeking one bedroom apartment in Fairview. One person, one dog, one cat. Great rental references. Call or text -773-9984.

SEPTEMBER 2016 CLASSIFIED ADS

SERVICES

CONSTRUCTION/ HANDYMAN

LET'S MAKE IT EASY AND EFFORTLESS TO SOLVE PROBLEMS and maintain your home. All handyman services offered from semi-retired contractor/carpenter. Call Jim, 778-0726, 10% Senior Discount.

SMALL CONSTRUCTION / REPAIR Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

HOME IMPROVEMENT Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

GRADING/ROAD MAINTENANCE

SHELTON TRACTOR WORKS. ROAD MAINTENANCE, bushhogging, post holes, dig out for storage buildings and retaining walls, tilling. Free estimates. 779-0490

HOME CARE / CNA

COMPANION/CNA available for Private Duty, In-Home Care. CPR, Hospice Certified. 15 years exp. with excellent references. Flex. hours, 24-hour shifts available. Dependable, non-smoker. Call 400-1699 cell.

HOUSECLEANING

TRADITIONAL/GREEN CLEANING. Experienced, references available. Flexible days and hours. Call Ana at 582-1252.

HOUSEKEEPING/ERRANDS

ATTN: RETIREES! HOME AID, laundry, light housekeeping, chores, dr. appts., errands, etc. Insured, 24 hr schedule, excellent references, reasonable rates. Call Ellen, 628-0189

LAWN/LANDSCAPING

COMPLETE LAWN MAINTENANCE. Summer cleanup, mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444

NESBITT LAWN MOWING – Basic lawn mowing, weed eating, blowing, mulching. Free estimates. Call Matthew Nesbitt 243-4759 or 338-5148.

LAWN/LANDSCAPING

continued..

PRAYTOR'S LANDSCAPING General Landscaping, Grading, Retaining Walls, Plantings, Mulch, Erosion Control, Drainage Work. Please call 674-4339 or email mattpraytor@yahoo.com.

PET / HOUSE SITTING

PERPETUAL CARE PET SITTERS in-home pet sitting. Bonded & Insured. All pets and livestock. 215-2119

LIVING HARMONY PET SITTING Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit living-harmonypetsitting.vpweb.com or call Gretchin DuBose, 582-3363.

EXPERIENCED PET SITTER WITH AAS DEGREE IN VETERINARY MEDICAL TECHNOLOGY. Visits and overnight stays. Excellent references Littlefriendspets.com -808-4350

CREATURE COMFORTS PET & HOUSE SITTING SERVICE Experienced, reliable, and loving pet care provided in your home while you're away. Available for long term house sitting. Excellent refs. 458-4927.

ADORABLE TLC PET BOARDING/ SITTING. Reasonable rates. Local home. References. 216-7051

PLUMBING

RANDY THE PLUMBER has 35 years experience. All types of home repair at reasonable prices. "I can fix it!" 216-2081.

WINDOW WASHING

FELIX THE WINDOW WASHER will make your windows shine. Residential and commercial. References. 398-8977

WRITING

GOT A STORY OR A GREAT EXPERIENCE? I'll write it for you. Jim Stramler, ExtraordinaryWriter.com 490-4455

CLASSES

ART

ART CLASSES ON WEDNESDAY EVENINGS, 6-8:00 PM, by painter Roger Jones. \$25/Class. Call Roger at 712-1288 for info on these classes.

DOG OBEDIENCE

DOG TRAINING – THE OBEDIENCE CLUB OF ASHEVILLE is accepting enrollment in fall classes (September 15-November 3) for puppy and adult dogs. Certificates are available for purchase of classes as a gift. Classes will be held in the Fairview Community Center. Call 255-9997 or visit our website at obedienceclubofasheville.org

MUSIC

EXPERIENCED PIANO TEACHER convenient location on 74A in Fairview. Artistic teaching. Children through adult. Free interview lesson. Call Suzan at 777-0061.

WELLNESS

YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZOELLER. An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and any questions you may have. Cost is \$10 per class.

TRADITIONAL/GREEN CLEANING. Experienced, references available. Flexible days and hours. Call Ana at 582-1252.

NOTICES

VOLUNTEERS NEEDED: FOOD FOR FAIRVIEW. Relief driver w/truck for food pickups. Monday afternoons and Thursday mornings as needed. Will not be every week. Two pantry assistants. Help with all pantry functions. Weekly Mondays 2:00-6:00 pm and Thursdays 8:30 am-12:00 noon. Please call -626-4322 for more information.

ARTISTS & CRAFTERS: Do you create quality gift items? We are opening a small local business that will have high traffic and we are looking for locally-crafted, homemade or home-cooked items that are small enough to be shipped and suitable as gifts. We will display and sell your creations on consignment for a reasonable percentage of sales. Only items that are professionally crafted and not available all over town will be considered. Call 280-8270 for more information.

CLASSIFIED ADS! ONLY \$10 FOR 20 WORDS!
25¢ per word thereafter!
Call Candi at 628-2211, Monday-Friday, 1-5 pm

Find your way to savings.



Tammy Murphy Ins Agcy Inc
 Tammy Murphy, Agent
 135 Charlotte Highway
 Asheville, NC 28803
 Bus: 828-299-4522

Save an average of \$464*

Stop here for great rates with
 America's #1 car insurance company**.
 Give me a call today.

Like a good neighbor, State Farm is there.®



*Average annual per household savings based on a 2015 national survey of new policyholders who reported savings by switching to State Farm.

**Based on A.M. Best written premium.

10050001 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company - Bloomington, IL

The Fairview Town Crier 2016 Advertising Rates

The Town Crier is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Town Crier office, Fairview Library and retail establishments throughout the community. A PDF version including all ads is posted on our Facebook page and website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES

Full Page Color	12X = \$330	6X = \$358	1X = \$385
Half Page Color	12X = \$214	6X = \$236	1X = \$253
Quarter Page Color	12X = \$132	6X = \$148	1X = \$160
Eighth Page Color	12X = \$94	6X = \$110	1X = \$122
Business Card Color	12X = \$60	6X = \$70	1X = \$75

BLACK DISPLAY ADVERTISING RATES

Full Page BW	12X = \$302	6X = \$330	1X = \$358
Half Page BW	12X = \$182	6X = \$204	1X = \$220
Quarter Page BW	12X = \$104	6X = \$122	1X = \$132
Eighth Page BW	12X = \$62	6X = \$78	1X = \$88
Business Card BW	12X = \$40	6X = \$50	1X = \$55

NONPROFIT AD RATE IS 20% OFF APPLICABLE RATE.

NOTE: 1X ads are payable in advance. **SAVE MONEY:** On an annual or 6 month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

CLASSIFIED ADVERTISING RATES

Minimum \$10.00 for 20 words; 25¢ per word thereafter
 [example: 27 word ad would be \$11.75.]

All classified ads must be prepaid.

Notices and personal ads not selling anything are free.

All print classified ads run online for free at
www.FairviewTownCrier.com



Jim Buff, CRS
 828 771-2310
www.jimbuff.com
email@jimbuff.com
 86 Asheland Avenue
 Asheville, NC 28801



Put Success on Your Side... Call Jim!

Fairview Resident Since 1992



NORTH! 27 beautiful acres w/2 ponds, stocked rushing trout stream, includes 2 homes, 4 BR 3 bath home w/office additional 2nd 2 BR 2 bath home, amazing property, absolutely gorgeous, **MLS#3175105, \$625,000!**



SOUTHEAST! Spacious home on 1.07 acres, 4 BR, 2 baths, rock FP, den, rec room, finished bsmt, lg master BR, sauna in master bath, deck, cov porch, in-ground pool, garage, **MLS#3158406, \$429,999!**



NORTH! Beautiful 3BR, 3 Bath, amazing views, great kitchen, 2-car gar, lge craft rm, cov porch, encl. side porch, full bsmt easily finished, HOME WARRANTY, private, wooded setting, **MLS#3121644, \$349,900!**



NORTH! 5.6 acres rolling farmland w/ immaculate home, lg MBR/bath w/jetted tub, wraparound cov front porch, 2 car gar in bsmt, detached gar w/bonus room, barn & outbuildings, **MLS#592684, \$325,000!**



LEICESTER! 5 private wooded hilltop acres, 2 BR, 2.5 bath home, gorgeous setting, lovely views, huge great room, 2-story rock FP (gas), HOME WARRANTY, office, **MLS#3154545, \$299,000!**



NORTH! Serene 17.67 acres w/ private hiking trails. Move in ready 3 BR 2 bath home, open floor plan, HOME WARRANTY, private & peaceful, fire pit, bold creek. Call Elizabeth Akins @ 712-2469, **MLS#3193153, \$280,000!**



CANDLER! 3 BR brick home, HW floors/carpet, appx 1.75 acres, awaiting survey, detached 2-car gar, full unfinished bsmt, HOME WARRANTY, city water available per seller, **MLS#3188634, \$240,000!**



ARDEN! Lovely home located in nice area of homes, 3 BR, 2 baths, HOME WARRANTY, family room w/FP, sunroom, vaulted ceiling, garage, **MLS#3180418, \$235,000!**



MADISON COUNTY! 6 acres w/nice 1.5 story home, covered front porch, fifteen min to Weaverville, very convenient location, **MLS#3162276, \$209,900!**



NEW LISTING! East in county! 3 BR, 2 bath brick home, large kitchen, vaulted ceilings, skylights, 2 decks, garage, bamboo floors, **MLS#3201316, \$150,000!**

RESULTS!

TimberwoodPending in 13 days
 Meadowbrook Ave.....Pending in 5 days
 Winding WayPending in 34 days
 Ridgeway Dr.....Pending in 14 day
 Bramblewood.....Pending in 27 days
 Blalock AvePending in 35 days
 Campground RdPending in 4 days
 Oregon AvePending in 1 day

Mitchell Ave.....Pending in 2 days
 Mtn Meadow CirclePending in 8 days
 Rotunda Circle.....Pending in 28 days
 Fairfax AvePending in 7 days
 Liberty Rd.....Pending in 39 days
 Melody Ln.....Pending in 29 days
 Richmond AvePending in 3 days
 Lakewood DrPending in 7 days