



# The Fairview Town Crier

THE VOICE OF OUR COMMUNITY • FAIRVIEWTOWNCRIER.COM • NOVEMBER 2016 • VOL. 20, No. 11 • FAIRVIEW, NC



*Don't waste it!*

If you haven't voted yet, early voting runs through November 5. After that, you'll have to vote on Election Day, Tuesday, November 8. If you need more information such as where your voting location is, who is on the ballots, and so forth, you can find everything at the Buncombe County Election Services website at: [buncombecounty.org/Governing/Depts/election](http://buncombecounty.org/Governing/Depts/election)

If you prefer to speak with someone, call 250-4200, Monday-Friday, 8 am-5 pm.

Volunteers man the booths of the two major parties outside of the Fairview Library during early voting.



## You Saw a What?

"You just never know what you're gonna see in our sweet little town of Fairview!" says Betty Lynne Leary. And reading this note from her, we at the *Crier* have to agree.



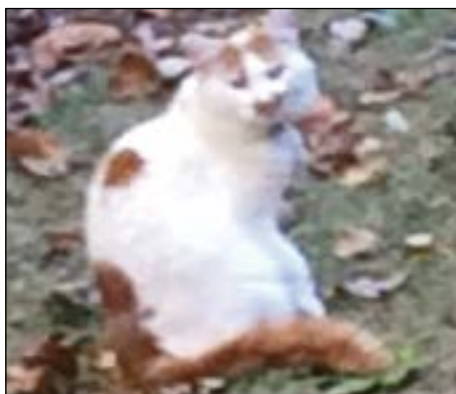
"I was driving on Charlotte Highway Monday morning about 8 am and passed what I thought, at first, was a possum dead in the center turn lane. As I passed, I did a double take because it was an armadillo! I couldn't imagine what an armadillo was doing in western NC so I turned around, pulled alongside and took his picture.

"I called my sister in Florida who is a wildlife biologist and, after some research, she told me that armadillos first started appearing in this area back in 2008. But she said the NC Wildlife Commission wants to hear about any sightings. So I gave them a call, and I was the third person that morning to report this poor fellow's demise in Fairview."

We're just a little nervous about what might be next.

## Is This Your Cat?

This lovely cat with collar and white and brown spots has been seen many times over the past 3 to 4 months by residents in the Southcliff Community near Reeds Creek Road off US Rt. 74. The right hind leg seems to be injured but so far he/she hasn't allowed anyone close enough to catch. If you recognize her or can help, (may be your outdoor cat?), call 279-6296.



## Found Duck

This attractive duck was found at the Tyco Electronics back parking lot in Fairview on Monday, October 10. He or she is super friendly. If you are missing your duck, call 712-8412.



## Missing Cat

A family had just moved from to the Emmas Grove area near the meadows in late September. When they brought their animals to the new home, their cat was so terrified that she took off and they haven't seen her since. They have filed a report with the Buncombe County Animal Shelter. Her name is Mittens. Please contact 582-6584.



## Handcrafted, Homemade Local Holiday Shopping



**Angela's Artworks Show & Sale**  
**Saturday, November 5, 9 am – 3 pm**

More than six artists with clay, jewelry, candies, painted ornaments, canvas bags, greeting cards, baby items, scarves and more. 106 Lytle Road, Fletcher, 778-1901.

**Annual Craft Fair at Fairview CC**  
**Saturday, November 12, 9 am – 3 pm**

Local and regional crafters and artists with Cary Art Guild guest potters. Everything is handcrafted. Book Sale by Friends of the Pack Library. Fairview Community Center, Charlotte Hwy adjacent to Fairview Elementary School. Call Wanda Lytle, 301-3932.

**Fairview Baptist Church Christmas Bazaar & Farmer's Market**

**Saturday, November 12, 9 am – 1 pm**

Booths include kitchen gifts, jewelry, teas, desserts, coffees, decorations, bath and beauty items, and canned local foods. Photo booth. Fairview Baptist Church, 32 Church Road, Facebook or 628-2908 or 231-5035.

**4th Annual Sugar Hollow Artisans Holiday Market**

**Saturday, November 19, 9 am – 4 pm**

Handcrafted holiday gifts include clay-works, felted journals, hand-dyed and felted items, books, calligraphy, goat milk soaps, chocolates, stitched baskets and children's things, collectible dolls, quilts, handbags, knit socks, art baskets and more. Lots of parking at High Meadow Events, 200 Sugar Hollow Road, Fairview. Follow the signs up the hill from Hickory Nut Gap Farm. All major credit cards accepted.



The Fairview Town Crier  
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Fairview, NC 28730

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Fairview, NC  
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Fairview, NC 28730

## COMMUNITY EVENTS

NOVEMBER 1 (TUESDAY)

### Prostate Cancer Support

Us TOO of WNC, a prostate cancer support forum for men, caregivers and family members meeting, 7 pm at First Baptist Church of Asheville, 5 Oak Street. Open discussion, free admission. For details, 242-8410 or wncprostate@gmail.com.

NOVEMBER 3 (THURSDAY)

### Different Strokes Players Open Night of the Living Dead-Redux

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cont’d... the mic or in their seats. Lyrics will be projected on the movie screen. Proceeds will support the Asheville Choral Society. 7 pm. For details and tickets visit fineartstheatre.com.

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### Garren Creek FD Turkey Dinner

GCFD’s annual home-cooked Turkey Dinner, 5:30–7 pm at the main station (10 Flat Creek Road, corner of Flat Creek and Old Fort/Chestnut Hill Roads). Everyone is welcome and donations are gratefully accepted. This event is a fund-raiser for the Auxiliary which supports fire fighters and rescue workers. For details call Elizabeth Simmonds at 669-2846 or 230-3986.

### Taste of Compassion Humane Society Charity Gala

Put your best paw forward at the “Night at the Moulin Rouge” fundraiser. Silent and live auctions, local vegetarian

cuisine and desserts, wine and local craft beer. 6–9 pm at Morris Hellenic Cultural Center, 227 Cumberland Ave. All proceeds benefit local animals. For tickets see ashevillehumane.org.



### Wanna Be a Beekeeper?

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9 am–12 pm (repeated 1–4 pm) to provide a basic comprehension to get started. Experienced beekeepers will be on hand with hives, tools, equipment and to answer questions. At the the Extension Office, 49 Mount Carmel Road, Asheville. Free but donations are invited to help defray costs. Seating is limited; register at wncbees.org.

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Spring Mountain Community Center will serve lunch to the community’s veterans and their families, 12 noon, 807 Old fort Road in Fairview.

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### One Stop Christmas Shop at Trinity Presbyterian

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Guests will enjoy a meal of pinto beans, chili, cornbread, fried potatoes, slaw, dessert and drinks, 4–7 pm at the Fairview FD Main Station, 1586 Charlotte Highway. \$8 per person, donations gratefully accepted.

### Christmas Bazaar and Farmer’s Market at Fairview Baptist



Yule love our myrrh-chandise at the Christmas Bazaar & Farmer’s Market, 9 am–1 pm at Fairview Baptist Church, 32 Church Road. Christmas Booths include gifts for the kitchen, jewelry, decorations, desserts, teas, coffees, bath and beauty and canned items by local farmers. Visit the “Say Cheese Photo Booth” and “The Jingle Rock Café” serving Jingle Bell Biscuit & Coffee for \$2, Hot Dogs, Chips and Drink for \$3. For details visit their Facebook page, Twitter or call 628-2908 or 231-5035.



### Asheville Holiday Parade — Saturday, November 19, 11 am–1 pm

The Asheville Holiday Parade rolls, dances and marches through downtown Asheville on Saturday, November 19, beginning at 11am. This year’s theme is “Light Up the Holidays — Celebrating 70

Years.” The parade features nearly 100 entries including marching bands, dance and cheer squads, nonprofits and businesses. The parade begins on Biltmore Avenue at Charlotte Street, traveling north. The performance stop, Parade Judges and TV cameras are located at Pack Square. The parade then travels west on Patton Avenue ending at French Broad Avenue. Asheville Humane Society will be marching with an adorable army of their adoptable dogs.

NOVEMBER 12–13 (SAT–SUN)

### River Arts District Studio Stroll

More than two hundred working artists in widely diverse media, including several from the Fairview area, welcome visitors to their studios in historic buildings along the French Broad River. Restaurants abound and a free trolley stops at all the studio clusters. 10 am–5 pm both days. For details visit riverartsdistrict.com.



*continued...*



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*Burton Helmick*

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**COME AND FINISH YOUR DREAM HOME**, shell of home on 2.76 acres with creek, totally private, borders 200 vacant acres, garage/workshop started, easy access. **\$140,000 MLS 3188995**



**31 ACRES, COZY CABIN, WELL & PUMP W GENERATOR**, long level ridgetop views, valley creek, trails thru-out, no close neighbors, no restrictions. **\$400,000**, will divide. **MLS 3155768**



**25 acres, ESTATE PROPERTY** in exclusive Fairview Forest, level plateaus, total privacy, long range view, huge old trees, thick vegetation, stream, community property w creeks, waterfalls, hiking trails and club house. **\$225,000, MLS 3218142**



**3.26 ACRES TOP OF THE WORLD!** Spectacular views of Reynolds, East Asheville and beyond! Close up views of Cedar Mountain. 5 minutes to Asheville, 10 minutes to downtown. **\$175,000 MLS 3136898**



**15 ACRES WITH 10 ACRES OF FENCED PASTURE**, Cane Creek Valley, up to 132 acres available, creeks, views, well, two septic, paved road, **\$495,000**, seller financing available **MLS 3208506**

**6TH ANNUAL BLUEGRASS OYSTER FEST**

**SUNDAY, NOVEMBER 20, 2-5 PM**

Rain Date is Sunday, November 27



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**Cape Fear Steamed Oysters \$5/plate**

Trout Lily Culinary Creations from our new chef, R. Alan Friedel, a bonafide Fairviewian!

**Whistle Hop Draft Beer and Urban Orchard Cider on tap**

**Wine sampling and sale**

**Music by The Berry Pickers Band**

Showcasing products from our new local vendors:

**Asheville Pretzel Company, Ulimana Chocolates and more!**




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Top Soil .....	\$40 / yard	3 – 5 River Rock.....	\$75 / bucket
Fill Dirt .....	\$20 / yard	3 Quarter River Rock.....	\$75 / bucket
Mushroom Compost.....	\$55 / yard	River Rock Pea Gravel .....	\$75 / bucket
Leaf Compost.....	\$50 / yard	Clean 3 Quarter .....	\$35 / yard
Pine Mulch .....	\$27 / yard	Road Bond.....	\$33 / yard
Double Ground Hardwood Mulch.....	\$28 / yard	50/50.....	\$50 / yard
Triple Ground Hardwood Mulch .....	\$30 / yard	Firewood.....	Call for price

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*continued...*

NOVEMBER 14 (MONDAY)

**WNC Knitters and Crocheters**

The WNC Knitters and Crocheters for Others will meet at New Hope Presbyterian Church, 3070 Sweeten Creek Road, 7–9 pm. All skill levels are welcome to create and donate handmade items to local charities; visit their new Facebook page “CharityKnitting4Others” to learn more. Call Janet Stewart at 575-9195.

NOVEMBER 15 (TUESDAY)

**UHNGCC Annual Thanksgiving Community Meal**

Upper Hickory Nut Gorge CC in Gerton will hold its annual Thanksgiving dinner at 6:30 pm. Turkey and dressing will be

**IDENTIFICATION STATEMENT**

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

**Editorial Policy:** The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 38.

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The Fairview Town Crier November 2016 5

# Conservative Candidate Sample Ballot

THIS DOCUMENT WAS NOT PRODUCED BY A BOARD OF ELECTIONS AND IS NOT AN OFFICIAL BALLOT. (2001-460, s. 3.)

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Sample Republican General Ballot Buncombe County, North Carolina		
* Please note that this is a composite of all districts in Buncombe County and not all names will appear on the ballot in your voting district. For a ballot for your district with all candidates go to <a href="https://vt.ncsbe.gov/voter_search_public/">https://vt.ncsbe.gov/voter_search_public/</a>		
PARTISAN OFFICES	NC Commissioner of Insurance	Board Of Commissioners District 3*
President and Vice President of the United States	Mike Causey	Robert Pressley (Unexpired term ending 2018)
Donald J. Trump and Michael R. Pence	NC Commissioner of Labor	Register of Deeds
US Senate	Cherie Berry	Patricia (Pat) Cothran
Richard Burr	NC Secretary of State	NONPARTISAN OFFICES
US House of Representatives District 10*	Michael LaPaglia	NC Supreme Court Associate Justice
Patrick McHenry	NC Superintendent of Public Education	Robert H. "Bob" Edmunds
US House of Representatives District 11*	Mark Johnson	NC Court of Appeals Judges (You may vote for ALL of the following)
Mark Meadows	NC Treasurer	Phil Berger Jr.
NC Governor	Dale R. Folwell	Hunter Murphy
Pat McCrory	NC Senate District 48*	Bob Hunter
NC Lieutenant Governor	Chuck Edwards	Richard Dietz
Dan Forest	NC House District 115*	Valerie Zachary
NC Attorney General	Frank Moretz	Board of Education At-Large
Buck Newton	Board Of Commissioners Chair	Amy Smith Wamsley
NC Auditor	Chuck Archerd	Board of Education Owen District
Chuck Stuber	Board Of Commissioners District 2*	Robert (Bob) Chilmonik OR Mark Crawford
NC Commissioner of Agriculture	Mike Fryar	Board of Education Roberson District
Steve Troxler	Board Of Commissioners District 3*	Laura Bowen OR Amy Churchill
	Joe Belcher	Soil & Water Conservation District Supervisor
		Jeff Foster

This Publication was paid for by the Buncombe County Republican Party

## FRIENDS OF THE LIBRARY

by Jaime McDowell

### Holiday Giving Tree

You can make the holidays bright for a child in Fairview! Our Holiday Giving Tree program places books in the hands of local children in need. Throughout the month of November, visit the Fairview Library and select a child from our tree. Purchase a new book (\$10 minimum retail value) and return it to the Fairview Library or donate \$10 and the Friends of the Fairview Library will do the shopping for you.



Please bring donated books unwrapped. The donations will be given to children at Fairview Elementary School. For more information, call 250-6484.

### Outreach to Hurricane Victims

Our friends in the eastern part of NC are still suffering the effects of Hurricane Matthew. With the hope of giving our friends there a tiny bit of cheer and normalcy, we're asking everyone who visits the Fairview Public Library over the next few weeks to stop by the "maker station" inside the library and make a bookmark using materials provided. Fairview Library staff will collect the bookmarks

and mail them to libraries in Edgecombe and Robeson Counties.

Staff at those libraries can give the bookmarks out to their patrons!

### Evening Book Club

This month the book club is reading *Bearwallow: A Personal History of a Mountain Homeland* by Jeremy B. Jones. Join us on **Tuesday, November 15, 7 pm** in the community room for a great discussion.



### LEGO Club

The LEGO Club is back for its second meeting **Friday, November 4 at 3:30 pm**. All kids from kindergarten and up are invited to join us for special builds, creative challenges, and a whole lot of fun. You bring your creativity, we'll provide the blocks!

All LEGO creations will be put on display at the library.

### Community Announcements

**Teachers and Homeschool Parents of Fairview** — Have you seen the new Teacher Subject Request Form on the library website? Fill out the form and our staff can set materials aside for you, saving you time and energy. Best of all, the teacher request service is free! Please allow at least one week for materials to

be selected. You will be notified by email when your resources are ready for pick-up, and they will be held in your name for one week. Again, this service is absolutely free. The library is happy to support our teachers, and we look forward to working with you!

**Fairview Community** — Are you interested in a Monday afternoon storytime? If so, what time and what age range would you like to see? We are considering creating a Monday afternoon storytime, and would love community feedback. Please drop by the library or



send us an email at [fairview.library@buncombecounty.org](mailto:fairview.library@buncombecounty.org) to let us know what you would like to see!

### Used Books for Sale

Gently used books are for sale just inside the library doors — great reading, great gifts, and a great bargain. All sale proceeds support the Friends of the Library programs for adults and children.

### NEW ARRIVALS

*Night School* by Lee Child

*Frantumaglia* by Elena Ferrante

*No Man's Land* by David Baldacci

*Turbo Twenty-Three* by Janet Evanovich

*Swing Time* by Zadie Smith

*Absolutely on Music* by Haruki Murakami

### Children and Teens Books

*Diary of a Wimpy Kid: Double Down* by Jeff Kinney

*The Amateurs* by Sara Shepard

*Iron Man: The Gauntlet* by Eoin Colfer

*We Found a Hat* by Jon Klassen

### Fairview Public Library

1 Taylor Road, Fairview • 250-6484

MON/WED/THURS/FRIDAY 10-6 PM

TUES, 10 AM-8 PM SAT 10 AM-5 PM

CLOSED SUNDAY

MOTHER GOOSE TIME (4-18 MO)

TUESDAYS, 11 AM

BOUNCE 'N BOOKS

(TODDLER, PRESCHOOL)

WEDNESDAYS, 11 AM

PRESCHOOLER STORY TIME (3-6 YRS)

THURSDAYS, 11 AM

*Children must be with a parent/adult*

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Extended Warranties  
Available!

#### 2009 FORD RANGER XL PICKUP



V6, Auto, A/C, AM-FM, ladder rack, utility bed cover, local trade!

Warranty included **\$7,995**

#### 2006 DODGE GRAND CARAVAN C/V CARGO VAN



V6, auto, A/C, AM-FM CD player, one owner!

Warranty included **\$6,995**

#### 2008 FORD F250 SD CREWCUT 4x4



6.4 Powerstroke DSL, auto, A/C, 4x4 off road package, bedliner, tow package.

Warranty included **\$25,995**

#### 2012 FORD E150 CARGO VAN



V8, auto, A/C, shelves and bins, PW, PDL, tilt, cruise, one owner!

Warranty included **\$17,995**

#### 2012 CHEVY EXPRESS G1500 CARGO VAN



4.3 V6, auto, A/C, bulkhead, very clean

Warranty included **\$14,995**

#### 2012 FORD E350 SD 11' READING CSV



V8, auto, A/C, AM-FM CD, ladder rack, all aluminum body.

**\$23,995**

CANDIDATE GUIDE  
★ 2016 ★

 NATIONAL CANDIDATES

**PRESIDENT / VICE PRESIDENT**

**Hillary Clinton & Tim Kaine**

**U.S. SENATE**

**Deborah Ross**

**U.S. HOUSE OF REPRESENTATIVES**

**Andy Millard** 10th District

**Rick Bryson** 11th District

 (COUNCIL OF) STATE CANDIDATES

**GOVERNOR**

**Roy Cooper**

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The Democrats listed below are committed to building a future we can be proud of in Buncombe County.

Learn more about these candidates at [buncombedems.org](http://buncombedems.org)

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**Drew Reisinger** Register of Deeds

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SENIORS IN THE SPOTLIGHT.....by Gayland Welborn

Donna Burton



Donna Burton (center) and her family.

Meet Donna Burton, this month's Senior in the Spotlight! Donna, a Fairview resident for 15 years, has lived an eventful life spanning two centuries and has witnessed some of the iconic events in American history. Born in Ohio in 1929 just weeks after the stock market crash that led to the Great Depression, Donna grew up poor. This early poverty did not prevent young Donna from having big dreams. After being published in the *Pittsburgh Sun Telegraph* at the age of 6 and reading about Annie Sullivan Macy, Helen Keller's teacher, Donna became convinced of two things — she wanted to be both a writer and a teacher. To that end, she attended the College of Steubenville (now the Franciscan University of Steubenville), where she received a Bachelor's Degree in Education, and Ohio State University, where she received her Master's Degree in the then relatively new field of Special Education. An interest in the struggle for civil

rights in the American South led her to Alabama. There, she participated in the March on Selma with Dr. Martin Luther King, Jr. She was a founder of the first school in the state for severely mentally handicapped African-American children at a time when no other school would admit these students. Following that, she began working at Tuskegee Institute (now Tuskegee University). There, she founded the Special Education department. Both of her children, Cassia and Tim, were born in Alabama. After receiving a government grant, Donna took a year's sabbatical to attend the Montessori Institute of Atlanta. Upon her return to Tuskegee, she founded a Montessori school on the Tuskegee campus — a school that remains open to this day.

**Triplet\* for Cassia on Vacation**

*I love that sunny, crinkly smile—  
I miss it when you're not around  
For even just a little while.  
I love your sunny, crinkly smile,  
I need your quiet, musing style  
To cheer me up when I am down,  
That sunny, crinkly smile of yours—  
When you're not here, I miss it.*

Donna Lisle Burton

\* A Triplet is a poem of eight lines, typically of eight syllables each, rhyming abaaabab and so structured that the first line recurs as the fourth and seventh and the second as the eighth.

**Fairview**

*The view is fair from here and as far  
as I can see.  
Over the blue grey mountains in the  
distance and  
when I step out onto my front porch  
and see Georgia driving the tractor  
in their scrumptious garden  
(that we are often the beneficiaries of  
and from which we have already  
been given  
two bell peppers and one banana pepper)  
these are fair views.*

*In how many towns can you see a  
corn field  
a few lots down from the post office where  
soon a sign will announce "Fresh Corn,"  
and he means fresh for if he hasn't enough  
ears picked when you stop by,  
he'll excuse himself a moment, go pick  
a few and bring them to you?  
That's fresh corn my friend.*

*Our grocery offers most anything any one  
could need (even lox and pickled herring!)  
and our pizza place has truly hand made;  
just like any tonky eastern city.  
And sometimes at night where we live  
where there  
are no street lights to mar the  
lovely darkness  
of our gravel road, I think  
this is the fairest of places, this Fairview,  
and I am happy to be one of its  
newest citizens.*

Donna Lisle Burton

continued on page 27

Fairview Real Estate  
SEPTEMBER 2016  
Market Report

List to Sales Price

95.6%

When pricing your property, you can expect someone to buy at 95.6% of list price on average. Percentage is up .17% over same period last year.

Average Days on Market

57

Compared to 79 last September. Days on market are down 27.8%. Buyers need to move more quickly than this time last year.

Change in Avg. Price

\$ 9.3% \$

Home values are rising so if you bought a house last August, your investment has grown. Average sales price is now \$353,319.

Median Sales Price

\$289k

Median sales price is up 20.6%. Lack of inventory is pushing prices up double digits.



LeAnn Bound

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Compiled from Carolina Mountains MLS

 DIXONPACIFICA  
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Sugar Hollow Artisans  
Holiday Market

Saturday, November 19, 9-4 pm

The Sugar Hollow Artisans are neighbors, friends, and fellow artists that put passion into creating pieces just for this one show. Several are members of prestigious guilds or show in galleries. All share an appreciation of nature and all living things and a love of our beautiful mountains. This is a very special event. You will love it.

ALL MAJOR CREDIT CARDS ACCEPTED!

200 Sugar Hollow Road in Fairview  
Plentiful parking. Follow signs up the hill from Hickory Nut Gap Farm

The Sugar Hollow Artisans...

Syb Adcock pottery • Vicki Bennett felted items  
Annie Cicale calligraphy / books  
Andi Elliot & Jen Elliott Farmer Jane Soaps  
Molly Hamilton stitched baskets / children's items  
Tim Fischer chocolates • Rebecca Kempson dolls  
Paddy Lynch felted journals / book covers  
Barbara Swinea quilts / handbags / knitted socks  
Matt Tommeyer baskets • Fran McDermott collages



John J. Lanning

John J. Lanning was born in Fairview on February 5, 1814. He was the son of Enos Lanning (1784-1865) and Margaret Barnhill, the daughter of William Barnhill. John was named after his grandfather, Revolutionary War veteran John Lanning Sr. (1757-1839). Lanning's grandmother was Sarah Whitaker Lanning (1768-1848).

John Lanning grew up on his father's farm in Fairview. Around 1841 Lanning married Annie Finney (1825-1906); the Lanning's first child was born in 1843. He was named John Enos Lanning after his father and grandfather. The Lannings decided to move to Gilmer County, Georgia, around 1846. They settled on the upper reaches of Turniptown Creek near the junction of Stover Branch. John Lanning built a one-room cabin near the banks of the creek.

That cabin became the home of seven people — John Lanning, his wife Annie and five children. They farmed and raised a few cattle and other necessities of life. John Lanning eventually increased his land holdings to 600 acres.

John Lanning died in Gilmer County, in 1879. His wife Annie died in 1906. Both are buried in the Lanning Cemetery in the Turniptown section of Gilmer County, Georgia.

John J. And Annie Finney Lanning had five children.

**John Enos Lanning** was the oldest child of John J. Lanning. He was born in Fairview in 1843. He enlisted in the Confederate Army on July 3, 1861 in Atlanta, Georgia. He served in Company D, 11th Georgia Regiment, Georgia Volunteer



John Enos Lanning who was killed in the Battle of the Wilderness.

Infantry. The 11th was part of George T. Anderson's Brigade, which served at various times with Field's, Hood's and Jones' Divisions and Longstreet's Corps in the army of Northern Virginia. John was killed on May 6, 1864 during the Battle of the Wilderness in Virginia. He was a corporal at the time of his death. John had never married.

**Joshua Thomas Lanning**, the second child of John and Margaret Lanning, was born on July 25, 1847 in Gilmer County. He married Mary C. Stewart on December 24, 1868. Mary was born on January 30, 1852, the daughter of Edward Stewart and Lucretia Andrews. They lived in Turniptown until Mary's death on October 28, 1890; she died one month after her last child was born. Joshua Thomas Lanning moved to Rome, Georgia, after his wife's death. He later moved back to Gilmer County, where he died on March 12, 1918. He and his wife are both buried in the Lanning Cemetery near Turniptown.



Joshua Thomas Lanning and family

**Susanna Miranda Lanning** was the third child of John and Margaret Lanning. She was born in Gilmer County in 1850. She never married and lived alone until she died on January 1, 1930. She is buried in the Lanning Cemetery.

**Frances Marion Lanning** was born on September 8, 1851 in Gilmer County. He married Sarah Melissa Henson, who was born on May 23, 1861 to Lloyd and Millie Henson. Frances M. Lanning alternated his time between Gilmer County and Rome, Georgia, where his ten children worked in the cotton mills. He died on March 2, 1929, and his wife Sarah died on May 17, 1937. Both are buried in Turniptown Baptist Church Cemetery.

**Margaret Adeline Lanning** was born in Gilmer County, Georgia, on Sept 3, 1865. When she was 15, she married John

Wesley Painter, who was born on January 30, 1860 to Austin and Elmina Mull Painter. Margaret Lanning Painter died on May 26, 1946 in Gilmer County. John Painter died in February of 1929. Both are buried in Turniptown Baptist Church Cemetery.

Local historian Bruce Whitaker documents genealogy in the Fairview area. You can reach him at 628-1089 or email him at [brucewhitaker@bellsouth.net](mailto:brucewhitaker@bellsouth.net).

Correction

Apologies from the Crier editing staff for not updating the title of the October column. It should have read "James Earnest and Ella Mae Ledbetter Morgan." We regret any confusion our error may have caused.

To Change the World

Margaret Mead famously said, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." That quote always comes to mind when I consider Food for Fairview's history. In 1999, a small group of people in this rural mountain community decided to work to end hunger where they lived and Food for Fairview was created.

Tragically, over the years, the number of people experiencing hunger has grown, yet Food for Fairview has continued to be an all-volunteer organization, funded almost completely by the individuals, churches, and businesses in Fairview. It is the tangible face of love.

In this season of thanksgiving, Food for Fairview has much for which to be grateful. We are blessed with a strong, supportive community and staffed by dedicated volunteers who make sure the pantry is open and the shelves are stocked. We are able every week to provide food and essential non-food items to clients.

What strikes me when I meet with the board and volunteers is the unwavering desire to do more, to better serve the people who use the pantry. It isn't about growth for the sake of growth, but rather awareness of how great the need and an understanding of the complicated emotions involved when one must seek help to meet a family's most basic needs.

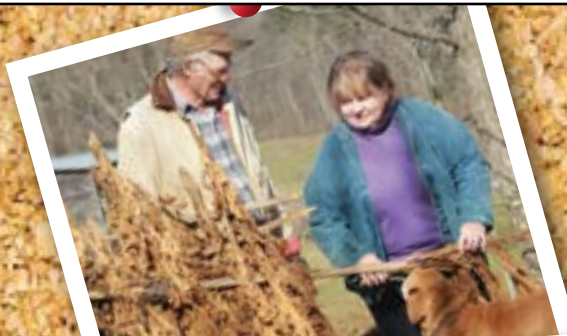


Many of you have recently received our fall giving request. The money you give to Food for Fairview goes directly to support the work of the food pantry and is especially needed as we near the winter months. We appreciate your support and generosity.

Food for Fairview is also currently seeking additional volunteers to help with food pickup and staffing the pantry. A few hours a week will make an immeasurable difference in the operations of the pantry and to the people it serves. Last year, Food for Fairview provided food assistance to 275 families with many of those recipients being children. One in four (26.1%) children in North Carolina experiences hunger on a regular basis. Families, who often must choose between food and medicine or transportation or utilities, depend on this community pantry. Please join in this effort to end hunger. If you or someone you know is interested in volunteering, please contact us at 628-4322. We need your help.

"Changing the world" is a grandiose phrase and one that, frankly, makes me a little uncomfortable, but I have experienced poverty and I know that a helping hand can, in fact, change lives and by extension, change the world. Thank you for being part of this work.

Donations may be made by mail to: Food for Fairview, PO Box 2077, Fairview, NC 28730, or online at [foodforfairview.org](http://foodforfairview.org). For more information call 628-4322.

For financial details about the organization call the State Solicitation Licensing Branch, 919-807-2214. For more information visit [foodforfairview.org](http://foodforfairview.org), email [food4fairview@gmail.com](mailto:food4fairview@gmail.com) or call 628-4322 and leave a message. Food for Fairview is a Tax Exempt 501 (C) (3) Corporation.



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Buncombe County Commission

[www.electnancynehlsnelson.org](http://www.electnancynehlsnelson.org)

**NANCY NEHLS NELSON,**  
LOGGING THE MILES FOR DISTRICT 2

"I've traveled hundreds of miles from Leicester to Fairview in my red pick-up truck to talk to voters as we get set to make Buncombe County even better on November 8th.

From Flat Creek to Fairview, Weaverville to Black Mountain and back again, I continue to hear your concerns. I've heard from people just like you, and the issues I've heard the most about are: ensuring our public schools are adequately funded; making sure everyone can access county services like the Family Justice Center and growing our county economy while protecting our quality of life and promoting smart land use.

Lifelong residents of Buncombe County and people who have chosen to move here alike have a love for our land and mountains and great hope in our potential. I believe in a county government for our community and for our people, and I'm willing to log the miles to make it happen."

— Nancy Nehls Nelson

Democrat for Buncombe County Commission District 2

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<sup>1</sup>A reverse mortgage is a loan that must be repaid and fees are typically higher than with a traditional mortgage. Homeowner must be over 62 years of age and live in the home as their primary residence. Borrowers continue to be responsible for certain ongoing costs such as property taxes, insurance, and general maintenance and failure to pay these could result in foreclosure.

<sup>2</sup>Consult your tax adviser about your personal situation. Reverse mortgages may affect eligibility for some government programs, specifically SSI and Medicaid.

**NMLS# 735562**

Insomnia

by Ed Reilly, BA, MBA, DC, CCSP, FIAMI, GT-C, Fairview Chiropractic Center

 Insomnia affects 60 million Americans, or about 1 in 4 of us. Some studies suggest the numbers are even higher, and that about one-third of us struggle with this condition. Women and people over 65 suffer disproportionately in relation to the general population. The CDC calls insufficient sleep a pressing public problem, yet answers about the causes of this widespread problem remain elusive.

Symptoms include difficulty falling asleep, waking up often during the night and having trouble going back to sleep, waking up too early in the morning and feeling tired upon waking.

Insomnia can be divided into two types, primary and secondary. Primary insomnia consists of having sleep problems that are not related to any other health problem or condition. Secondary insomnia occurs when an individual is suffering from some other mental or physical problem, such as depression or asthma, that contributes to poor sleep. Secondary insomnia can also occur when one is taking medications that might disrupt sleep, or due to substances one might be ingesting, such as alcohol or caffeine.

Insomnia can be further classified based upon how often it occurs and how long it lasts. Acute (short-term) insomnia can last from one night to a few weeks. Causes vary, but can include

significant life stress (such as job loss), illness, emotional or physical pain, environmental factors, medications and disruption in the normal sleep schedule (such as jet lag or changing shifts on the job). Chronic insomnia is defined as occurring at least three times a week for a month or more. It is caused by such things as depression, chronic stress, pain or discomfort that occurs at night.

The effects of insomnia during waking hours include sleepiness, general tiredness, irritability and problems with memory and concentration.

Typically, medications are prescribed for sleep problems. These medications may have side effects, which range from a “hung over” feeling, to heartburn to more serious ones such as dependency and addiction.

Practicing good sleep habits may help you alleviate insomnia. These include:

- Getting up and going to sleep at the same time each day
- Avoiding caffeine, alcohol, and nicotine before bed
- Getting regular exercise – but not too close to bedtime
- Avoiding heavy meals close to bedtime
- Making your bedroom comfortable
- Following a routine prior to going to bed each night

*continued on page 27*

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Limit Social Media Time

by Dr. Michael Trayford, Apex Brain Centers

 For some, social media make up a significant part of their occupation. For other people it can be an obsession that can cause problems in their daily life and career. Social media in your personal life can cause a significant amount of stress as well. There are so many things happening in the realm of social media, and it impacts your brain function. You need to find a healthy balance.

Socialization and interaction with other human beings can have significant benefits for the brain. But social media often creates a false sense of interaction; these sites give you a sense that you’re interacting with others, although there is often little quality stimulation in the interaction. Good “connection” hormones like oxytocin are being replaced by stress hormones such as adrenaline and cortisol, especially as social media interactions related to politics and other hot-button issues become more polarized.

Facebook is a parallel universe that cannot, and should not, replace normal healthy social interaction. It pulls people away from normal, healthy interactions and relationships, which are critical to development and maintenance of the growing and aging brain.

In the last decade or two we’re starting to see evolutionary shifts in the brain that haven’t occurred in the last several hundred thousand years; many are relat-

ed how our brains pay attention to things and how we respond to stress. Rapid shifting of attention and lack of substance with personal interactions is in fact changing the architecture of our brains.


While these outlets can be valuable for business or keeping in touch with friends and family, when it starts to become a lifestyle that takes the place of healthy interaction, it can be a serious problem on multiple levels.

A study was done in which people went 30 days without hitting the “Like” button on Facebook. The study measured several quality-of-life parameters; each person reported their quality of life improved through the course of the study, simply by not hitting the like button. Imagine what would happen if you took a break from these outlets for extended periods of time on a regular basis. When you set up these habits, your brain simply starts to work better.

It’s important to look at all of these outlets and how much time you spend on them. It’s a good habit to allow yourself to check your social media at specific times of the day, limited to about 30 minutes per day.

Dr. Michael Trayford is a Board Certified Chiropractic Neurologist and co-founder of APEX Brain Centers utilizing cutting-edge technology and strategies to optimize brain function. More at ApexBrainCenters.com.

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Why Is Fish So Important to Us?

by Benjamin Gilmer, MD, MAHEC Family Health Center at Cane Creek

 At every well visit, I make an effort to reinforce with my patients the importance of eating more fish. They are always surprised that I recommend two servings of fish weekly. On average, most of us eat one serving about every two weeks. Why do we need so much? I was reminded of this answer after reading an article in the *New York Times* this week entitled, “Why is fish good for you? Because it replaces meat?” The article reminds us that fish, especially oily, darker-fleshed fish like salmon and herring, are rich in heart-healthy, polyunsaturated omega-3 fatty acids. These are the “good” fats that our body depends on. Our official dietary recommendations suggest that we should consume about 8 oz. of a variety of fish, about two meals, each week. In addition to the lean protein, fish is packed with vitamins and minerals such as Vitamin D and B, iron, iodine, selenium and zinc.

Compared to red meat, which has been linked to an increased risk of some cancers, fish contains about the same amount of protein as a T-bone steak but significantly less fat — 1 vs. 18 grams. In addition, the caloric intake is about half of red meat. The article goes further to describe that the iron in seafood, known as heme iron, is more easily absorbed compared to iron from plant sources.

As a food source rich in protein and loaded with good omega-3 fats, it is no surprise that there are cardiovascular ben-

efits from eating fish. A 2007 study in the *Journal of the American Medical Association* described the following results: Modest consumption of fish (e.g., 1-2 servings/wk) reduces the risk of coronary death by 36% and total mortality by 17%. The study reiterates that dietary guidelines urge adults to consume 250 milligrams per day of the omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). An 8-oz. portion of salmon or tuna will provide you almost a week’s supply of these good oils.

If you are a woman who is pregnant or breast-feeding, you are urged to eat as much as 12 oz. of seafood to improve infant outcomes, but should be careful of fish high in mercury. The FDA recommends avoiding king mackerel, tilefish, shark and swordfish, and limiting tuna.

It can be argued that people with Northern European ancestry have adapted over the millennia by eating large amounts of fish. My great, great grandfather from the Isle of Skye probably ate fish almost every day. From an evolutionary biology perspective, his physiology adapted to this large source of good fat and produced less of his own cholesterol. The modern-day Gilmers, who are not eating fish daily, interestingly all have high cholesterol and increased risk of heart disease.

Although more expensive, I encourage you to eat more fish and consume oils rich in omega-3’s, including olive oil as part of the Mediterranean diet. To my children’s chagrin, I’m trying to get my family to try fish twice weekly!


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*Four generations of my family have been born and raised here in Fairview. And as my family and I sit down at our Thanksgiving table to celebrate our loved ones, past and present, and the tranquility of our beautiful mountains, we wish you and yours a very Happy Thanksgiving, as well.*



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**Must See Inside Photos**  
**\$121,000 2 Harwood Road in Barnardsville**

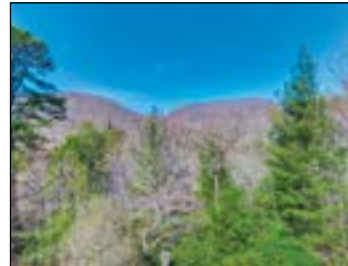
2 Beds/2 Baths, Split Bedroom Plan. Both baths have beautiful ceramic tile showers/floors, Huge 1-year old Trane HVAC Unit, metal roof 4-years old, new laminate floors, renovated kitchen. Must see photos of inside!!! **MLS# 3222477**





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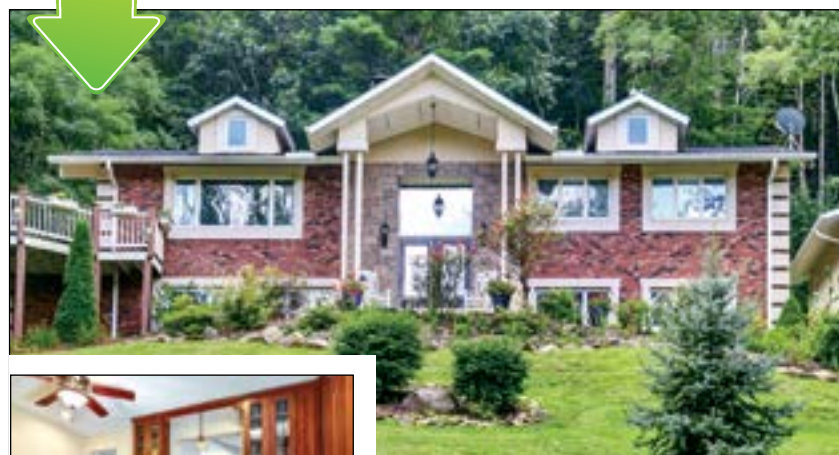


## Find Out More About the Fairview Real Estate Market

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## WEATHER CORNER

by Tom Ross, Meteorologist



We certainly have had interesting early fall weather across our mountains. We are still quite dry. We did pick up some badly needed rain in early October with about half an inch of rain from tropical moisture.

### Matthew Left Us High and Dry

Damages from Hurricane Matthew in coastal communities from Virginia down through Florida will be in the billions; the total damages are still being calculated. Rainfall with Matthew was the highest across North Carolina, with totals exceeding 17 inches in a few spots south and east of Fayetteville. This is quite similar to what happened last year in the eastern Carolinas, with over 2 feet of rain in just four days across the midlands and eastern South Carolina. Last year the mountains picked up nearly a foot of rain from late September through early October. That total is a far cry from the meager rainfall of less than an inch or so we received over the same period this year.

These massive rainfall events, which have been to our south and east, are so dangerous because flowing water powerfully sweeps all obstacles out of its path. On average, U.S. flooding kills more than 100 people a year – more than any other single weather hazard, including tornadoes and hurricanes. The average flooding toll has increased in recent decades while deaths from tornadoes and hurricanes have dropped.

## Matthew Missed Us, but Winter Won't

Almost half of all flash-flood deaths are connected to stream crossings or high-way travel. Victims often underestimate the power of water when driving into flooded areas. It takes only 18 inches of water to float a typical vehicle.

Between 1975 and 2000, over 170,000 people were killed by floods. Flooding kills people in every region of the world. The count of flood deaths is highest in South America, Southern Asia and Eastern Asia. Central Africa, Japan and Western Europe each account for less than 0.6% of flood deaths.

### On into Winter

Turning more to winter weather, remember November 2014? We had snow falling on November 1, with the Asheville airport recording 3.2 inches

of snow – a new daily record.

In any given November about an inch of snow falls across the area. In terms of temperatures, average high and low temperatures start out about 64° F at the beginning of the month and fall to 54° by month's end. The low temperatures drop from 40° on the first of November to 32° on the last day of the month.

In terms of what to expect this winter, you have many choices to pick your favorite prognosticator -- from the woolly worm or the Farmer's Almanac to a more scientific choice: NOAA's long-range winter forecast. Another good local source is Ray's Weather, forecasting for the Western North Carolina region.

We will take a closer look at the winter forecast next month; meanwhile stay warm and hope for some more rain or even snow to help out our growing deficit of moisture.

*Meteorologist Tom Ross managed NOAA's Climate Database Modernization Program during his 25-year career at the National Climatic Data Center (NCDC) in Asheville. He was a senior weather forecaster at Accu Weather in Pennsylvania. Tom teaches classes on weather that HAS and climate at various local venues.*



## NOVEMBER'S TRIVIA ANSWER

*What is wind chill and how is it calculated?*

Many formulas exist for wind chill because, unlike temperature, wind chill has no universally agreed upon standard definition or measurement. All the formulas attempt to qualitatively predict the effect of wind on the temperature humans perceive. Weather services in different countries use standards unique to their country or region; for example, the U.S. and Canadian weather services use a model accepted by the National Weather Service. Wind chill temperature is defined only for temperatures at or below 50° F and wind speeds above 3.0 mph. As the air temperature falls, the chilling effect of any wind that is present increases. For example, a 10 mph wind will lower the apparent temperature by a wider margin at an air temperature of -4° F than a wind of the same speed would if the air temperature were -14° F.

For more information see: [en.wikipedia.org/wiki/Wind\\_chill](http://en.wikipedia.org/wiki/Wind_chill)

## DECEMBER'S TRIVIA QUESTION

*How likely are we to have a White Christmas?*



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# INSOMNIA?



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## BEHIND THE LENS

by Ken Abbott



I have the privilege of writing this column because of the photographs I made at Fairview's Hickory Nut Gap Farm, for my book and exhibit, *Useful Work*. However, in many ways that project

is not typical of what I do in the rest of my work. More typically I photograph in neighborhoods and towns — houses, yards, and gardens, as well as commercial and industrial areas, and the natural spaces scattered within and around them. This kind of work is usually described as "human landscape" photography, as distinguished from scenic nature photography, which is what most people assume you do when you say you photograph the landscape.

In my work I look for evidence of the ways we interact with our world — social, communal, natural, and commercial. A friend once said she'd seen me wandering around a neighborhood with my camera. She described what I was doing as "prowling around." I was fine with this description, but the way I would describe it is that I walk or drive around looking for details of houses and yards, empty lots, parking lots, commercial spaces — things that surprise or de-

light me sometimes because of juxtapositions or irony, but many times because of the quality of the light or color, or other formal elements.

Sometimes the resulting pictures are, I think, quite beautiful and at least personally significant, even if not scenic. Almost always my subjects are trees, houses, lawns, shrubs and flowers, fences, cars (sometimes rusty), trains, trucks, semi-trailers, people (yes, even people), pets, trash and junk, graffiti, whatever. These things are not usually spectacular, and almost always in themselves they don't say anything obvious about the people living or working in these places, or anywhere. What I hope is that these ingredients become parts of good photographs (in something like the way ordinary words, taken from our daily lives, can become poems), and that the photographs will, as new things, have deeper meanings.

Primarily, then, I photograph for the sake of making good pictures — because I am interested in photography. Truthfully, I am more interested in photography than I am in any kind of history or social studies, an interest you might assume from the things that are in the pictures. I think this is true of many photographers (especially so-called fine art photogra-

**Purchase Ken Abbott's book, *Useful Work: Photographs of Hickory Nut Gap Farm*, from the *Town Crier* and 50% of sales will be donated to the paper.**

## My Privilege



Grace McAbee with Annie Ager at the kitchen sink in the Big House.

phers) whether they admit it or not. Photographers are interested in the phenomenon of photography — the occasionally miraculous fact of how pictures look.

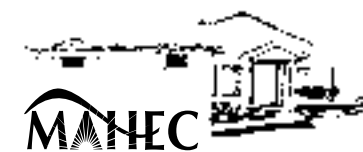
In order to pursue their interests, photographers can be insistent and pushy, and definitely nosy. Perhaps the best photographers are the ones that also have an ability to charm and endear themselves to people, especially strangers, while seeming safe and non-threatening. Believing in and having passion

for what you do and being moved in the moment by what you see creates a kind of intensity that encourages people to take a chance on you and trust you. People respond to passion, and to the vulnerability it takes to reveal that passion.

*Ken Abbott received his MFA in photography from Yale in 1987, and a North Carolina Arts Council Fellowship Award for his photography at Hickory Nut Gap Farm in 2006. Reach Ken via [kenabbottphoto.com](http://kenabbottphoto.com).*

Flu season is here and runs through May

*It's time for a flu shot!*



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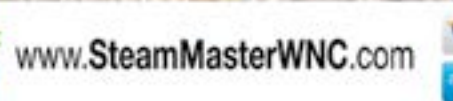
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# For Love of Guitars

by Chris Rhodes

With a background in music sales at Dunham’s Music House and McFadden Music, and then a career in the insurance industry, Fairview resident Randy Hughes decided to leave all that behind to start a new business. He wanted a different set of challenges to fit his lifestyle and to answer the question, “If you could do anything for a living, what would it be?” Thus he began the journey that would lead to his current career. He was already a talented guitarist, an experienced salesperson and had a lifelong desire to be helpful to others. Adding to this was a strong yearning to work his own hours and be closer to his family.

Soon all the pieces fell into place. His love of music and ability to play gave him a special understanding of what an ideal guitar should sound like and how to improve not only the tone, but the playability. Randy started a guitar repair service and soon became certified to work on all the major brands of instruments for musicians from every walk of life.

High on a ridgetop in Fairview sits his repair shop, nestled next to his comfortable home. Since 1995, Hughes Stringed Instruments has been a well-known resource for guitarists and players of fretted instruments of all kinds on the local, national and international scene. His reputation for skillful, innovative repairs and enhancements is well warranted, and he has indeed worked miracles on several of my own guitars.

## And Now, Creating New Guitars

Having been successful with their repair business, Randy and his son Will are now undertaking something new and exciting. With much planning, investment and forethought, they’ve decided to manufacture their own line of guitars – Hughes Guitars. While they both continue with repairs, creating and designing instruments will no doubt also fulfill their creative and artistic needs.

So where does one start imagining a new breed of guitar when it seems every idea under the sun has already been created? How much artisanship and imagination, not to mention logistic and technical abilities, would be required



Will and Randy proudly display the finished CEM2.

to pull this off? Fortunately, the partnership of Randy’s expertise and Will’s mechanical engineering training gives them more than enough smarts to accomplish their goal.

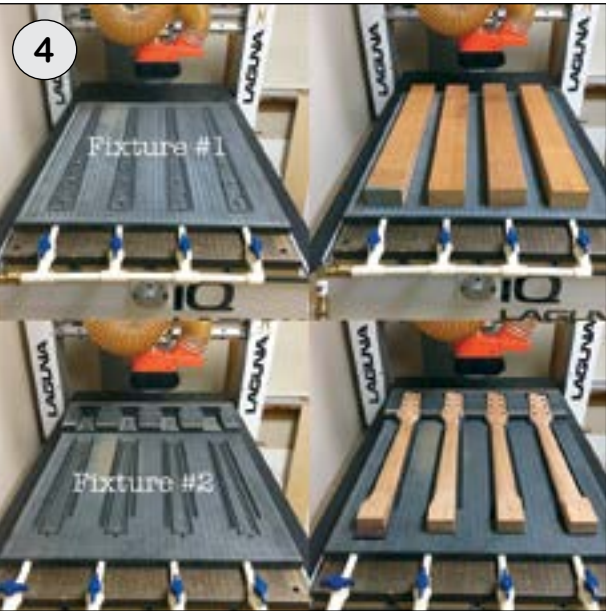
I asked them what would make their line unique; both replied they wanted to create high-quality, solid-body, custom electric guitars. “To make them right” is how Randy put it. Throughout his years

of dissecting every make and brand of guitar, he discovered countless “built-in” design flaws that Hughes Guitars seeks to remedy. I can tell you firsthand from seeing the prototypes myself, the design and craftsmanship are top-shelf. These axes (as some guitar player call them) are as good as anything I’ve ever seen in any catalog, showroom or music expo.

Specifically, Hughes Guitars will start

with two models: the CEM-1 with a carved arch top, and the CEM-2 with a flat top. Only the highest-quality select woods, electronics, hardware, paint and finishes are incorporated into each guitar. Hand-picked mahogany, maple, rosewood and ebony are the wooden elements, with added touches of mother-of-pearl and abalone. The frets are stainless steel instead of the usual nickel/silver,

Below: part of the milling process on the back of the guitar body.  
Right: the different stages of the body being milled.



## PHOTO CAPTIONS

1. Honey burst stain on the first CEM2-de-luxe (chambered mahogany body with flamed maple top)
2. Spraying the CEM2 model in the paint booth
3. CEM2 body after milling
4. Before and after of necks being milled on vacuum fixtures built by Will that hold down the wood on the CNC machine
5. Two necks in construction with fingerboards ready to be glued on

for durability. A choice of custom pickups, switches, tuning heads, paints or finishes can be special ordered to create the guitar of one’s dreams. And each instrument purchased includes a very cool, sturdy, soft-shell case that can be slung over your back.

## A Unique Building Process

I found the manufacturing process to be particularly interesting. Will has developed a system for cutting wood and metal components on site with a high-tech Computer Numerical Controller that is programmed to accurately cut parts down to the micro-millimeter. This ensures that once a design is perfected, all parts will be identical for consistency, saving labor costs down the road. But there is still quite a bit of carving, sanding and assembly that must be done by hand. Their process is a synergy of computer precision and finely honed luthier skills. In addition, they have built a state-of-the-art, climate-controlled painting and finishing booth with air, oil and dirt filtration systems. This is required to produce a flawless sheen on an instrument’s body. With the investment of time, knowledge and facilities, Hughes Guitars will have everything they need to make and assemble the instruments right there in that cozy shop perched high up on that hill.

Marketing of the new line will proceed slowly but surely. One instrument has been sold and 32 are on order. In linear time, it takes about three months to complete each guitar. Once their small “assembly line” gets rolling, they will be able to work on multiple guitars simultaneously. The most time-consuming part is the painting process, as it takes 15 or more coats to finish each guitar. Down the road, they plan to sell their line through high-end dealers, but special orders will be accepted.

Looking ahead, if all goes well, Randy and Will hope to expand their line to include jazz arch tops and fully acoustic designs. All this has been a realization of a dream for both of them, and I believe that the sky is the limit for quality guitars like these. Imagine... right here in little ol’ Fairview, North Carolina.

For more information, visit [hughesguitarsandrepair.com](http://hughesguitarsandrepair.com) or call 628-9777.



A CEM1 in natural mahogany



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**YOU ARE HERE** ..... by Blair Holland Clark

### Half Full



I was looking through the extensive old t-shirt section of my closet in preparation for a messy home project and found a faded blue one my niece gave me years ago. On the back of the t-shirt are two small words, "Half Full," referencing the cup half full, cup half empty approaches to a life journey. I have been quietly proud of the fact that my niece sees me as a cup-half-full kind of person.

The t-shirt reminded me of something my mother always used to say to me: "You will hit your stride one day." She meant that one day I would walk the paths on my journey with more confidence, more effectively and with a more natural rhythm. My mother's statement helped me soldier on when I was struggling with school, relationships, work and other issues. "Half full" and "hit your stride" are similar statements in a way, saying that regardless of any downside of today, there is also a lot of potential for things to improve.

Early on my journey, I had a half empty/fearful part of me that believed "I cannot fail if I never try." That part of me heard my mother's words as a kind of reminder that I was maintaining my "underachiever" status. I still get twinges of that half empty/fear of failure way of thinking.

Perspectives gained over the course of my journey, however, helped me see the component parts of challenges. This perspective is like the scene in the *Matrix* movies where the main character easily dodges bullets because he can finally see the source program behind them. One key that has helped me move from fear of failure to problem solving has been understanding that each challenge has more to it than what can initially be seen or perceived. A "component parts" perspective allows for life to be considered as a tapestry that informs rather than robs hope. Fear dissipates in the face of more understanding of the parts. Your glass becomes half full.

In some ways we are living in a half-empty world where success and failure are often defined for us. We are graded on whether we win depending upon the size of our home, the success of our children or how insulated we are from the problems of this world; this half empty world can be self-focused as "everyone for him or herself."

We're made to believe there is some scoring system, starting in school, where grades and/or athletic skills set up future pecking orders. The success/failure perspective is perpetuated by advertising firms, peers, political candidates and some organizations that tap into our fears instead of encouraging us to develop and use our compassion and critical thinking skills. (Critical thinking is disciplined thinking that is clear, rational, open-minded and informed by evidence).

With the pecking order set, fear encouraged, compassion discounted and critical thinking skills squelched, we are vulnerable to anyone who claims to have answers and offers to think for us. As a result many are left feeling inadequate, empty and searching for direction.

Thankfully, new perspectives are always available to us. Critical thinking skills can be honed at any age. Love, kindness, compassion and generosity given or received can help us see past the half empty, "scoreboard" version of this world to view the component parts and possibilities available to us. Moments of joy can find their way into our journey as we more clearly consider the power of teamwork, perseverance, sharing hope and faith that the sun will come up again.

Developing new perspectives and improving critical thinking skills lets us act outside of our routine, breaking old patterns, seeing component parts of issues as we weave our own tapestries. Each day can become another opportunity to feel more confident and effective and to "hit our stride" individually and collectively.

Grades, advertisements and political rhetoric may inform us, but they don't define us. With a little determination and practice, we can transform messages that try to intimidate, label, frustrate or frighten us into simple component

parts of our bigger, half-full journeys. We can see the natural tapestries of beauty that surround us. The possibilities can be limitless.

Here are some techniques to help develop critical thinking skills, reduce your fears, see your glass as half full and "hit your stride":

1. Suspend judgment while checking the validity of what you think you know or what someone has told you.
2. Look for and recognize the existence of multiple perspectives and consider taking them into account as component parts.
3. Examine implications and consequences of your beliefs, no matter how long you may have held them (especially beliefs that produce frustration and fear), before taking action.
4. Allow your beliefs to evolve as awareness grows.
5. Use reason and evidence to resolve internal and external disagreements, instead of artificial scoreboards or talking heads.
6. In the light of new information, challenge your beliefs when they no longer stand up to the evidence.

You are here. PLEASE VOTE.

*Blair Clark is a Licensed Professional Counselor, Supervisor and author of Answers to What Ails You (AWAY). Reach him through Facebook or email [copy@fairviewtowncrier.com](mailto:copy@fairviewtowncrier.com).*



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Sixth Graders on the Field?



What could be more complicated than middle school? Puberty hits like an oncoming train. Physical changes. Emotional changes. Social changes. Everybody developing and learning at their own rates, and girls often towering over the boys. In my estimation, middle school teachers deserve a special medal. As do the kids.

At our October work session, the Board of Education learned about a new potential twist for middle schools: the state Board of Education has opened the door for sixth graders to participate in all athletics except football, leaving it up to each school district to decide whether or not to allow it. What are the opportunities and barriers for our school system? And how should we proceed? These were the topics of this October work session.

If Buncombe County Schools had a straight elementary-middle-high school structure, the decision would be much easier. But we have four intermediary schools, which complicates the picture immensely. As BCS Athletic Director David Ball explained in our session, even this structure is likely workable for most of our intermediary school sixth graders. For three of our intermediary schools, it is a short walk or bus ride from the intermediary to its sister middle school.

In our Reynolds district, the situation becomes more complex.

At Reynolds Middle, the smallest middle school in the county, offering sixth graders the opportunity to compete would actually benefit the school, because ACRMS often faces the challenge of having enough kids to field a team. Dr. Jamie Johnson, principal, also said, "Allowing sixth grade students to be involved would provide structured access to improve skills, access to a qualified coach, and allow them to participate on a competitive team. The year of earlier access could help level the playing field for many of our disadvantaged students."

And then there's Cane Creek. Unlike any other school in the County system, Cane Creek straddles two of our districts. Kids from Fairview Elementary arrive at CCMS in sixth grade, and then go on from Cane Creek to Reynolds High School. Students from Avery's Creek, Estes, and Glen Arden Elementary schools, however, attend Koontz Intermediate School for fifth and sixth grade. Then the Glen Arden alumni go on to Cane Creek for seventh and eighth, while the Estes and Avery's Creek alumni go to Valley Springs Middle. All of these Roberson District students then go on to TC Roberson for high school.

If we welcome sixth graders to participate in athletics, it would mean *all* sixth graders across the county would be eligible to try out, whether they attend a middle school or an intermediate school. If the intermediary sixth graders join teams at the middle school they'll attend as seventh graders, that means

that some Koontz sixth graders will compete for Cane Creek (nearly eight miles away), and others will compete for Valley Springs. Cane Creek coaches and staff would be responsible for sixth graders who don't attend the school, and the transportation costs alone could be nearly \$5,000 per year.

Cane Creek principal Karen Barnhill recognizes the complexity and is cautiously optimistic: "There are numerous logistics that we would have to work out for our school, but we are committed to doing so in the event they are allowed to participate. If they are not allowed to participate, CCMS will continue to provide activities for the sixth grade students in an effort to make them feel part of the middle school setting."

In addition to these questions of budget, transportation, student supervision and fairness across our system, we also need to plan carefully so that coaches and other school personnel have the training they need if we are to make this significant change. Sixth and eighth graders would be competing on the same teams; we don't have the resources to create sixth-grade-only teams. If we make this change, we need to be fully ready so that all our students will be safe.

What are the next steps? The Board agreed, informally, that our staff should move ahead to explore solutions to the challenges that we already know about, as well as others that might arise. Our current plan is to vote on next steps in January, with a potential for sixth grad-

ers to participate in the spring 2017 athletic season. But if we're not fully ready, we'll defer the decision. Again, the top priority is student safety.

Questions for Cindy? Please email [cindy.mcmahon@bcsemail.org](mailto:cindy.mcmahon@bcsemail.org).

Reynolds District Events

**Saturday, November 5**  
Reynolds High Band Mattress Fundraiser, 10 am-5 pm

**Tuesday, November 8**  
Teacher Work Day (Election Day)

**Thursday, November 10**  
Cane Creek Career Fair, 9:30 am-3 pm (If anyone would like to represent their career and share it with the students, please contact [steve.sandman@bcsemail.org](mailto:steve.sandman@bcsemail.org).)

**Friday, November 11**  
NO SCHOOL — Veteran's Day

**Tuesday, November 15**  
Countdown to Kindergarten, Asheville Outlets, 4-6 pm

**Friday-Saturday, November 18-19**  
Reynolds HS Fall Theater Production, *You Can't Take it With You*, 7 pm

**Monday, November 21**  
Bell Chorus at the Asheville Mall Giving Tree, 4:30 pm

**Wednesday-Friday, November 23-25**  
NO SCHOOL — Veterans Day

**Tuesday, November 29**  
All County Band Concert, North Buncombe HS, 7 pm

SCHOOL, SPORTS, KIDS

FES Fall Festival Shines, Even in the Rain

by Melissa Spruill

Fairview Elementary's Annual Fall Festival is truly a rain or shine event! The festival had to be moved indoors this year due to the weather but the rain couldn't dampen our spirits! The PTA would like to thank all those who helped to make the Fall Festival a success by donating items, money or time. A big thanks also goes out to everyone who came out and enjoyed the festival in spite of the rain! We hope that everyone had a great time. We would like to take this opportunity to thank our Diamond, Platinum and Gold Sponsors. We appreciate everyone's support so very much. We couldn't do it without you!

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Fairview Preschool Visits HNG Farm



Fairview Preschool students are loving the beautiful fall days! We have been eating snack and lunch outside. The preschoolers and families recently visited Hickory Nut Gap Farm for a fall field trip. For more information on Fairview Preschool please visit our website at [fairviewpreschool.org](http://fairviewpreschool.org).

PJ Campbell is ACRH Student of the Month



The *Fairview Town Crier* and A.C. Reynolds High School are pleased to announce that PJ Campbell is the October 2016 Student of the Month.

PJ's AP Language teacher Alex Grubb said this about him: "PJ is an athlete and an excellent scholar. He's always polite and cheerful and will attempt any task you give him, even if it's outside his comfort zone. I was very proud of how much PJ grew as an AP English student last year (getting a 5 on the exam!), even though English 'isn't his thing.' "

PJ is an offensive lineman for the Reynolds High School football team, and he also plays on special teams as a kickoff return player. When asked what Rocket Pride means to him, PJ said, "It's how you conduct yourself on and off the field. You don't do anything dumb."

FES Children's Artwork Wants to Go Home

An Important Notice for Art Lovers and Sentimental Folks

Fairview Elementary School is trying to reunite former students with their artwork! If your child, or someone you know, had their artwork chosen to be hung in the school/principal's office years ago, they can now pick these framed beauties up from FES. These special pieces created by students were typically chosen

at the end of year awards ceremonies at FES going back to 1990. Please help us spread the word. There is a list of students names with art pieces in the office. You can call the school and ask if your name is on the list. We are sure it would thrill some of these former students and/or their families to get these pieces back!

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**Tiny** is a female Chihuahua around 4 years old and about 15 pounds. She loves to snuggle and give kisses and is pretty laid back, getting along great with foster brothers and sisters. She is potty trained, well behaved and very pretty.

**CHARLIE'S ANGELS**



**Allie** is a lovely 2-year old medium haired cat, chipper, outgoing and great with kids and other cats! Come hang out with Allie at the Brother Wolf Adoption Center.

**BROTHER WOLF**



**Balboa** is a handsome 3-year old boy with a ton of joyful energy and would love to go on long walks, running, or on hikes — exercise is one of my favorite things, and he's happiest when he gets lots of it.

**BROTHER WOLF**



**Percy** is a 2-year-old male/neutered mix breed resembling a Rhodesian Ridgeback without the ridge, well mannered and loves car rides. He is being trained at Craggy Correctional Center in the New Leash on Life program.

**ANIMAL HAVEN**

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**Brother Wolf** 885-3647 or wncanimalrescue.org

**Charlie's Angels Animal Rescue**

885-3647 or wncanimalrescue.org

**Humane Society** 761-2001 or ashevillehumane.org



**Molly** is a 7 years young, spayed female Lab/Retriever mix weighing about 35 pounds. She loves to talk, not bark! She gets along well with other dogs, loves long walks and car rides.

**ANIMAL HAVEN**



**Dizzy Dukes** is a sweet 4-year-old Calico cat. She has a neurological condition that in no way affects her ability to play and desire for companionship. She loves to be petted and got along well with another cat.

**ASHEVILLE HUMANE SOCIETY.**



**Max** is a 6-month-old male/neutered Lab mix that will be a pretty good size (50-60 lbs). Loves playing with other dogs and going for long walks or hikes, and is in the New Leash on Life program at Craggy Correctional.

**ANIMAL HAVEN**



**Paige** is a 1-year-old spayed/female Pointer mix, extremely sweet and gentle, medium sized and needs to put on a few pounds. She is good with other dogs but not sure about cats yet, and she is in the New Leash on Life program.

**ANIMAL HAVEN**



**Starr** is a three month old domestic short hair, born March 28 in the same litter as Tinkerbelle. She is white with black patches. Starr is very affectionate, loves to play and gets along well with other cats.

**CHARLIE'S ANGELS**



**Tinkerbelle** is a three month old domestic short hair, born March 28. She is white with black patches. Tinkerbelle is very affectionate, loves to play and gets along well with other cats.

**CHARLIE'S ANGELS**



**Anthony** (AKA Gentle Giant) is a big, easy-going bunny who is friendly to all. Contact dthtarheel@aol.com

**BROTHER WOLF**

## INSOMNIA

*continued from page 12*

If you find none of these things helps, and you want to avoid drugs such as Ambien and their dangerous side effects, you might consider trying neurofeedback. Recent studies, including one at Johns Hopkins University, suggest that that the brains of insomniacs may be in a constant “on” state, continuing to operate at high levels when they should be dialing down to recharge at night. Neurofeedback helps regulate this pattern, returning the brain waves to a pattern in the normal range and allowing for restful sleep. In a study published in the *Complementary Therapies in Medicine\**, patients who tried a neuro-

feedback procedure called Alpha-Stim CES demonstrated an average increase of 43 total minutes of sleep time after only five treatments.

\*Lande, R. Gregory and Gragnani, Cynthia, “Efficacy of cranial electric stimulation for the treatment of insomnia: A randomized pilot study.” *Complementary Therapies in Medicine*, 2013, 21 (1): 8-13

*Dr. Edward Reilly is past president of the NC Chiropractic Association and team chiropractor for the ACRHS football team. He is board certified as a chiropractic sports physician, and in Graston Technique, spinal decompression traction and acupuncture. He has served Fairview since 1998. He can be reached at 628-7800, dreilly@fairviewdc.com, or fairviewdc.com.*

## DONNA BURTON

*continued from page 9*

Cathy Smith-Bowers, to learn more about poetry as an art form and how to be published. With Smith-Bowers’ encouragement, Donna began to submit poems for publication. She has been published in such literary magazines as *Main Street Rag*, *Atlanta Review*, *Kaliope*, and many others. In 2013, her poem, “Blue Ridge Identity,” was published in the “coffee table” book *Blue Ridge Parkway Celebration – Silver Anniversary Edition*. After self-publishing two books, her third book, *Letting Go*, was reprinted by local independent publishing house, Pisgah Press. A fourth book of poetry, *Way Past Time for Reflecting*, is slated to be released by Pisgah Press later this year. Her children, grandson Dean, and husband Alan often serve as her muses.

Aside from exploring these relationships, the hills of her beloved Ohio and

reminders of her students over the years, her great love of the beautiful North Carolina mountains figures prominently in her work. She also wants everyone to know how much she enjoys living in Fairview. “I just love it; the mountains, the temperature and I love my neighbors,” she states. Today, at 86, she continues to write and occasionally gives readings of her poetry at a variety of local venues. *Letting Go* and her soon to be released book are available at [pisgahpress.com](http://pisgahpress.com) and [amazon.com](http://amazon.com).

*Gayland Welborn is a retired school principal and the new Aging Services Outreach Specialist for the Council on Aging of Buncombe County. As the Services Specialist serving the Fairview community, he is trained in community services that can help adults age with choice, including direct services provided by the Council on Aging and other community agencies. To make a home appointment or at the Spring Mountain Community Center, call 277 – 8288 or visit COABC.org.*

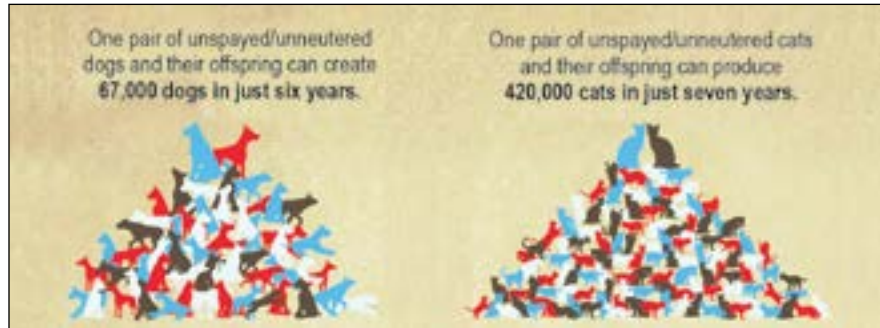
## Neuter Your Friend

by Charles Lloyd, DVM, Fairview Animal Hospital

Neuter your friend — your pet, your friend. According to the American Veterinary Medical Association (AVMA), every year millions of unwanted dogs and cats, including puppies and kittens, are needlessly euthanized. By having your pet neutered you can do your part to prevent unwanted puppies and kittens. Neuter is a unisex term. The exact term for the surgery of a male is castration and for the female is spaying. In castrating a male, the testicles are removed. In most cases, when spaying a female, the ovaries and the uterus are removed (the pro-

More importantly, early spaying does away with potential medical problems such as uterine infections and mammary cancer. And contrary to popular belief, it is not best to wait for your pet to go through a heat cycle or for them to have a litter first.

As a result of castrating male dogs or cats you greatly decrease the chance of them roaming and being that unwanted male caller. Research has shown that you can add two years to a male cat’s life by having him castrated, as it will tend to make him stay at home more. When a



cedure is called an ovariectomy). The surgeries prevent unwanted litters and also some of the unwanted behaviors that can be linked to the reproductive hormones.

By spaying female dogs or cats you eliminate their undesirable “heat cycles,” thereby eliminating the associated mess and behavioral problems (fighting, vocalization, urinating in undesirable places, etc.). Not only that, but it also helps to do away with unwanted male callers.

male dog or cat roams, it will be exposed to more diseases, involved in fights and hit by cars — all not good things. And most importantly, castrating a male pet greatly reduces the chance of prostate issues, testicular cancer and even perianal tumors that are fed by the male hormone.

Remember, neuter your friend so that you and your pet can have a long and happy life together. Consult your veterinarian or the local spay/neuter clinic for the proper time to neuter your pet.



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Appalachian Designs — A Fine Opportunity

In 1997, Lang Hornthal was 27 years old, living in Raleigh and trying to figure out how to grow his new business, Appalachian Designs. Since starting the business three years earlier in a back yard, Lang was now traveling to log home shows and selling his unique brand of log furniture and railings all over the Southeast. One thing was becoming clear — that his customers liked the outdoors, particularly mountain and lake living. Much of what he sold was being delivered to places throughout Western North Carolina and it was clear he needed to be closer to his customers.

The Road to Fairview

So, after traveling to several towns, Lang decided on Asheville — or so he thought. He still needed a workshop he could afford, and that was easier said than done in Asheville. Then he saw an ad for a house for rent in Fairview on Miller Road that included a backyard workshop. It was perfect. There was plenty of workshop space and a great rustic home that he could live in and use as a showroom. That location served him well for a few years until the need to grow could not be ignored.

Wanting to stay in Fairview, he looked high and low for a new place and was about to give up, until one day Franklin Sides at the post office told him to try Smith Farms. If any of you are familiar with the enormous chicken barns found there, you know space was no longer an issue. In 2009 Lang moved Appalachian Designs to its current location on the farm, and he has loved the serenity and beauty of Smith Farms ever since.

The Root Cause of it All

And now, almost 20 years later, Lang finds himself at a new intersection of his life with equal excitement. He is now also the Executive Director of Root Cause, a sustainable forestry and local forest products advocacy group. Inspired by ASAP's work with local farms, Root Cause was started with the mission of continuing this region's storied history of wise forestry management. The Birthplace of Modern Forestry seemed the right place to promote how modern forestry techniques can strengthen our forests and create a viable forest products industry which can continue to support our region.



Lang's creative energy was gravitating towards Root Cause, so much so that he decided to go back to school and pursue a Master's in Sustainability Studies through the graduate program at Le-noir-Rhyne University in Asheville. Al-



most two years later, he is close to finishing and wondering what lies ahead. One thing is clear, and it is that Lang's professional woodworking days are drawing to a close. This was not a decision made lightly, but one that he is at peace with and know is the correct one.

Both Root Cause and his pending degree, Lang says, have highlighted the importance of sustaining both the environmental and economic viability of our region. "We are blessed to have an abundance of natural resources that will continue to draw people to our beautiful communities. In order to keep it that way, the citizens of Western North Carolina will need to be mindful of our behaviors and the decisions we make on a daily basis.

"Fairview to me," Lang continues, "is truly what sustainability is all about. Both long-time families and newcomers

like me, continuing to work together for the good of the community in an effort to sustain Fairview for future generations."

And the Opportunity Awaits ...

It is with future generations in mind that Lang appeals to anyone out there with an interest to consider continuing the legacy of Appalachian Designs. If you enjoy working with your hands and have the skills to manage and potentially grow the long-established and very successful business, there is an opportunity here for the right person. Please feel free to contact Lang with questions or for more information, see the online listing at [tinyurl.com/hv26p9y](http://tinyurl.com/hv26p9y).

Lang can be reached via email at [lang@appalachianandesigns.com](mailto:lang@appalachianandesigns.com) or at 628-9994. He is hopeful that the right person is out there who can take his business and turn it into something even better.

announcing ...



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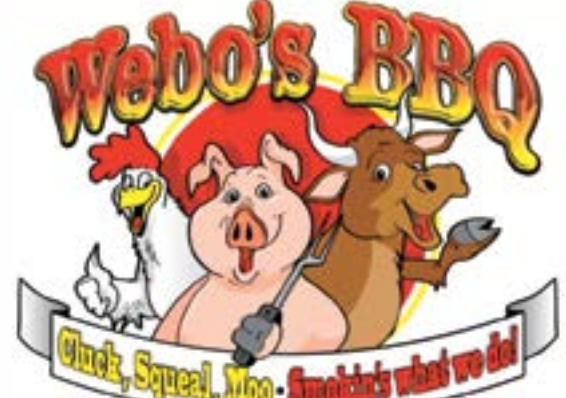
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WORSHIP & COMMUNITY OUTREACH

Thanksgiving Dinners

**Garren Creek FD Turkey Dinner**  
Saturday, November 5, 5:30-7 pm at the main station  
(10 Flat Creek Road, corner of Flat Creek and Old Fort/Chestnut Hill Roads). Everyone is welcome and donations are gratefully accepted.

**Fairview Fire Department Poor Man's Supper**  
Saturday, November 12, 4-7 pm at the Fairview FD Main Station,  
1586 Charlotte Highway. \$8 per person, donations gratefully accepted.

**UHGCC Annual Thanksgiving Community Meal**  
Tuesday, November 15, 6:30 pm.  
Highway 74 in Gerton  
Turkey and dressing will be provided; guests please bring sides.

**Bethany United Methodist Church  
Annual Community Thanksgiving Meal**  
Saturday, November 19, at 5:30 p.m. Everyone is invited.  
212 Bethany Chrch Rd, Fairview

Project Linus  
Volunteers  
Needed to Make  
Blankets

The local chapter of Project Linus, a national non-profit organization which donates handmade blankets to children in crisis, is seeking volunteers to create blankets. The new "blanketeers" can contribute knitted, crocheted, quilted, no-sew fleece or flannel blankets. Over the past 16 years the local chapter has distributed over 57,000 handmade blankets to 12 counties in WNC, but there is still always a need.  
Contact Ellen Knoefel, chapter coordinator, at 645-8800 for more information.

The Angels  
of Fairview  
8th Annual Holiday Meal Drive

Tax deductible donations accepted until December 21. \$50 buys a complete meal for a family of 4-6 people (10-12 pound turkey, 2 side dishes, rolls and a dessert).  
Angels of Fairview is a non-profit group of community members who want to make a difference. Families in need are identified through the counseling departments of Fairview and Cane Creek Schools. In addition to providing holiday meals, they assist families with power bills, car repairs, eyeglasses, clothing, and gas/restaurant cards for families with a loved one in the hospital. Several victims of house fires have benefitted from their assistance. Angels of Fairview is able to fund its endeavors because of generous donations. They are very thankful for your continued support of Angels of Fairview and more importantly OUR community! Contact Ron Gortney at 775-7750, Laura Booth at 216-6002 or Katherine Demetris at 712-4069 with any questions. Checks made payable to Angels of Fairview should be mailed to PO Box 94, Fairview, NC 28730 (or given to your child's teacher).

ON THE ROAD

Alaska

"Fairview is always on our mind." Here are Pat Rouse and husband Chuck in Alaska during the summer getting caught up with the *Town Crier*. Father Jack Kelly and Brother Brian Weaver still live in Fairview and Pat and Chuck are there about four months out of the year. Pat's mother was a Guffey but they lost her in 2014 — much family history along that creek bank. "We love the community and it remains friendly and homey just like when I grew up there in the '50s and '60s, finally moving away in '71."



JUST PERSONAL



Soon-to-retire Chairman of the Board of Commissioners David Gantt joined Nancy Nehls Nelson, who is running for commissioner, at a town hall meeting at the Reynolds Fire Department on October 13. Gantt spoke of Nancy's long dedication to conservation and her many accomplishments in that arena. A lively Q&A session followed.



Sophia Flore Nelson's dad Jonathan Nelson couldn't be prouder of his daughter after (and before!) she was voted Miss Congeniality by the A. C. Reynolds High School Court.

Editor's Note: We hope we haven't embarrassed Jonathan or Sophia but we couldn't resist pulling this delightful image from Facebook. The Nelsons were my neighbors for many years and one of my first encounters was when mom Christine Nelson rang our doorbell to welcome us to the neighborhood. The thing I remember even more than the home-baked cake she brought to us was her little girl, Sophia, who she balanced on her hip as she chatted with me. At that time Sophia was an adorable 2-year-old with the whitest, curliest hair I ever did see. I feel lucky to have had this family as neighbors and to have watched Sophia grow into such a lovely young woman... and we're proud of her brother Parker who is serving our country in the U.S. Army. Congratulations!

— Crier Editor, Sandie Rhodes

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## FINANCIAL FOCUS

### Estate Planning Tips for Blended Families

by Stephen Herbert



Most of us need to do some type of estate planning, but it's especially important if you are part of a "blended" family. And the best time to start is now — before these plans need to be implemented.

Estate planning can be complex, so you will need help from a qualified legal professional. But here are a few general suggestions that can be suitable for blended families:

**Update beneficiary designations – and think about multiple beneficiaries.** Update the beneficiary designations on your retirement accounts and insurance policies to reflect the reality of your blended family. These designations can supersede the instructions you provided in your will. So if your will states that your current spouse should inherit your assets, but you had named your former spouse, or a child, as the primary beneficiary of an IRA, then your former spouse or your child – not your present-day spouse – will indeed receive the IRA. To ensure that "everyone gets something," you could name your current spouse as primary beneficiary and your children from a previous marriage as equal contingent beneficiaries. But the primary beneficiary will receive all the assets and is free to do whatever he or she wants with the money. To enact your wishes, you can name multiple primary beneficiaries and designate the percentage of the asset each beneficiary will receive.

**Create a living trust – and consider a professional trustee.** A living trust can help you avoid the time-consuming and costly process of probate, while giving you great freedom to determine how, and when, you want your assets distributed. After you pass away, the trust, if structured properly, can provide your surviv-

ing spouse with income for life; then, after your spouse dies, your children from an earlier marriage would receive the remainder of the trust.

So far, so good. However, issues can arise if you name your surviving spouse or one of your children as the "successor trustee" who will take charge of the trust upon your passing. Your spouse, acting as successor trustee, could choose to invest only in bonds for income, but if he or she lives another 20 or so years, the value of the investments within the trust will probably have diminished considerably – leaving your children with very little. Conversely, if you name one of your children as trustee, the child could invest strictly in growth-oriented investments, leaving your surviving spouse with greatly reduced income. To be fair to everyone, you may want to engage a professional third-party trustee. This individual, or company, is not a beneficiary of the trust, is not entitled to share in the assets of the trust, and, ideally, should have no "rooting interest" in how proceeds of the trust are distributed.

**Consider a prenuptial agreement.** When it's time to settle an estate, a prenuptial agreement can help avoid disputes among members of a blended family. If you and your new spouse have agreed to keep your assets separate so that each of you can pass an inheritance to your own children, you need to spell out that separation in your "prenup," your will, your living trust and any other relevant estate-planning arrangements.

Above all else, share your estate-planning intentions with members of your blended family. You may not be able to satisfy everyone, but through open communications, you can help prevent bad feelings — and unpleasant surprises. *Written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, 628-1546 or Stephen.herbert@edwardjones.com.*

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## RALEIGH REPORT

by John Ager, District 115 North Carolina House of Representatives

### For the Love of Country, Please Vote



Take heart my friends, the 2016 election will soon be over! The ghosts and goblins can return to their haunts, and we can all get back to working on building up our families, our communi-

ty, our great state and our nation!

The election of 2016 has been one of the most unusual in my lifetime, and I believe that, when we look back on it in years to come, it will be viewed as one of the most important. North Carolina, as a battleground state, is at the center of this election. Our votes matter a great deal both for national and state candidates. Unfortunately, the tone of this election has discouraged a lot of voters. Our job as voters is to separate the wheat from the chaff and make the best decision we can, remembering that ads by their nature are not reliable sources of information. I am hoping that voter dissatisfaction will translate into enacting some election reforms in our state, including an end to gerrymandering.

North Carolina has been changing from a rural state to a more urban one for decades, and this change seems to have brought with it an ever-increasing amount of dysfunctional political competition between urban and rural North Carolinians. We seem to have forgotten that rural and urban residents depend upon each other. It is certainly true for our family farm, Hickory Nut Gap Farm. This experience has taught me not only to be an advocate for the rural life of self-reliance and independence,

but also to recognize that our business plan relies upon our relationship with the owners and patrons of restaurants and grocery stores in town.

Here on the farm, we have our own water system that requires attention from time to time, especially now with the lack of rain. When the water in our house stops, we trudge up to the spring and clean it out or get the fallen tree off of the pipe. It is my responsibility and mine alone. In town, when the water quits, or runs a funny color, you have to call the water department. A community water system is one of the infrastructure essentials that make city life possible. And that requires political leadership.

City life has many benefits: jobs, transportation, diversity, income, communication, entertainment and sports, to name a few. In our increasingly complex high-tech world, city life is alluring. All over North Carolina and the world, people are seeking their fortunes in the cities. Mountain life here was once dominated by small farms where, when times were hard, you could be self-reliant and

grow your own food and cut your own wood. When city jobs dry up, however, as they did in 2008, mortgages go into foreclosure and families go bankrupt. Rural farmers need fewer government services, but living in town is different. Unfortunately, these differences contribute to a great urban/rural political divide that affects our state politics. There needs to be a concerted political effort that will encourage and enable both ways of life — urban and rural — to thrive in North Carolina. This begins by recognizing and celebrating our dependence upon each other.

Much of our political discord stems from such misunderstandings as how people live in the country as compared with how they live in cities, and I think we can all agree that for this and other reasons, governmental decision-making has become dysfunctional. I was taught by my parents that once the election was over, those in office should stop campaigning and start working together to craft legislation to strengthen our government

of, by and for the people. My hope is that this will happen again in this election year.

Job #1, however, is to be sure you vote. We have a few early voting days left, and I would strongly recommend that you go to the Fairview Library or another designated early-voting site, and cast a ballot. You can register to vote at that same site, except on election day, if you bring an ID with your current address. If you vote on election day, you have to vote at your precinct.

By voting, you are a true patriot, willing to sort out all the clutter of information sent your way and help determine the governing values and priorities of Buncombe County, North Carolina and the U.S.

Your North Carolina vote in this year's election is especially valuable, and some day you can tell stories about the crazy election we had back in 2016. Be sure that your participation is a part of your story. For all of our wars as a country, we are still the "beacon on the hill" showing the way for democracy and freedom to a troubled planet.

I have certainly been proud to represent Fairview in the North Carolina House, and look forward to returning if it is the will of the people.

#### John Ager's Contact:

NC House of Representatives  
16 West Jones St, Room 1004,  
Raleigh NC 27601-1096  
John.Ager@ncleg.net or jagerhng@gmail.com  
628-2616 / 713-6450 cell

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Friedel Joins Trout Lily

Trout Lily is excited to introduce Alan Friedel as their new deli manager. Alan is a Fairveiu resident and an Earth Fare alum with a background in culinary arts. He owned his own bakery for six years and has been a chef at Earth Fare for three years, with a concentration in breakfast and lunch hot bar. He will be bringing those skills to Trout Lily and helping with the store’s new breakfast program.

As of Nov. 1, Trout Lily will open at 6 am.



Chugging Along! Whistle Hop Opens Soon

by Ken Ulmer



It may be the back of the train, but you might still think of it as a club car. The Whistle Hop Brewing Company’s Fairview Tap-house, built in and around a real caboose, is set to open later this month. The precise date depends on when all the construction is finished, but conductor/brewer Thomas Miceli says he expects to welcome patrons very soon.

“My family members have always been train nuts,” he explains. “My parents rescued three cabooses when they were being scrapped out in the mid ’90s. ... and Number 518604 was restored for the taphouse.” His parents have recently purchased another three rail cars. One of them is an old boxcar that will one day be used for a Whistle Hop expansion.

“We hope that Whistle Hop will help build the already beautiful character of the area, and also be a fun and unique place for locals and visitors to come together,” Thomas says. He grew up in Fairview, and is now part of the community’s growing craft food and beverage industry.

So what’s on tap for the grand opening? “There are currently around 20 styles,” Thomas says. “Considering our batch sizes are small and our taproom

holds eight taps, we’ll be rotating beers frequently.”

Some of Whistle Stop’s creations will be available at Trout Lily’s Oyster Fest on November 20th. In the meantime, work continues on the platform/deck where the beers will soon be served at the bright red caboose, overlooking US 74-A near Angelo’s Restaurant. Keep watching this space for boarding time and date.

Ken Ulmer is a former TV weather guy, writer, boxer rescuer (dogs, not athletes), deputy chief of beer- and bacon-based events with Asheville Radio Group and host on Mix 96.5, and a Fairview dad. He wrote this blog for The828.com.



SEPTEMBER REAL ESTATE STATISTICS FOR FAIRVIEW

			High \$	Low \$	Avg \$
Houses listed	15	950,000	71,900	366,553	
Houses sold	15	480,000	78,000	297,717	
Land listed	12	800,000	29,900	246,800	
Land sold	5	130,000	25,000	74,500	

Cool Mountain Realty provides the real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local.Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community’s economy.



Welcome New Members:

• David Jordan, Legal Shield

• Erin Roberts, Mighty Oaks Montessori School

• Sandie Rhodes, The HUB of Fairview

November Member’s Meeting

The next meeting will be *Thursday, November 10, 6 pm* at Western Carolina Physical Therapy located at 226 Charlotte Hwy in Reynolds. The meeting starts promptly at 6 pm; tour and social networking at 7 pm. Bring a snack or beverage to share.

December Holiday Party

Save the date of *Monday, December 5* to enjoy the FBA’s annual party held at Highland Brewing Company. Great food, music and comraderie to celebrate

a great year. The cost is \$10/member and guest (2 tickets). Additional guests are \$20/person. Tickets price includes light appetizers, buffet dinner with assortment of food including vegetarian options, and salad. There will be a cash bar with beer and wine. **You must make a reservation and should prepay before the end of November.** Send an email to *fba.members@gmail.com* to make your reservation or stop by the *Town Crier* office at 1185-G Charlotte Highway to prepay.

FBA Name-tags

If you do not have an FBA name-tag yet, this is the time to order. They are magnetic, attractive and only \$10. They allow other members to identify you and your business at meetings and events. Please email Lisa Pelly at *fba.treasurer@gmail.com* or stop by the Crier office at 1185 Charlotte Highway to order and pay.



The October Member’s Meeting was hosted by Solatube and held in the newly renovated meeting room at Spring Mountain Community Center. It is a beautiful, bright space with a full kitchen and it can be rented. See page 38 for contact). Below was a photo from last December’s Holiday Party. Don’t miss out — make your reservation now!



JOIN NOW AND GET MEMBERSHIP FOR 2016 AND ALL OF 2017, TOO!

Join at FairviewBusiness.com or send \$60 check to FBA, PO Box 2251, Fairview, NC 28730.

Or join at the Town Crier office, 1185F Charlotte Hwy, Monday-Friday, 1–5 pm or at a meeting.

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Beads & Beyond ..... 222-2189

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Edward Jones ..... 628-1546

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Cane Creek Concrete ..... 230-3022  
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Looking Glass Wins

Of the eight North Carolina cheesemakers submitting 47 cheeses in the NC State Fair competition in Raleigh, Fairview’s Looking Glass Creamery came away with two first place and one second place prizes. The first prize winners were Looking Glass’s Drovers Road Cheddar and Ellington soft ripened cheese, and Bear Wallow took second place in the hard cheese category. Congratulations to our local creamery!



Local Author Holds Book Signing



pm at Grateful Steps Publishing Company, 333 Merrimon Ave in Asheville. *Fallow* is available for download on Kindle books, online everywhere in hardcover, softcover and e-book, and at Barnes and Noble and soon, at Americare Pharmacy.



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A Time to Reflect

It’s November and the growing season at The Lord’s Acre is just about over. The hardy overwintering vegetables are tucked in for the winter and the cover crops have been sown. Plant debris that can harbor insect pests has been composted or burned. Tools are cleaned and stored for the winter. Seeds are labeled and packed away, protected from the elements and hopefully safe from mice and other hungry wildlife. Final notes are complete, which will help guide choices for next season about the varieties that did particularly well or poorly, the produce people most enjoyed or requested, and items to replace or repair. The new seed catalogs (very exciting — you backyard gardeners understand!) have not yet arrived. So, what’s a gardener to do?

This year, I’m spending some of the extra time in my day reflecting about these last seven months as a TLA intern. I came here from Wisconsin for several reasons. I wanted to be of service in a more-or-less full-time volunteer role. I’ve been blessed so much in my life that it seemed like the only proper response was to try to give back a little for all the grace I’ve enjoyed. Learning more about the nuts and bolts of how non-profit organizations operate as well as developing my knowledge of small-scale farming methods were also big draws. Another practical benefit was the chance to live in this area for a while. It’s a part of the country of which I had little experience up until this point, and since I am considering where to settle down in the next year or so, I wanted to check it out. The mission of TLA and all



the good things that I heard about the community and the internship experience from former interns sealed the deal for me. I knew back in December of 2015 that this was where I wanted to be and fortunately, I was accepted.

I’m happy to say that I got everything I had hoped for. But as so often happens, there was much more that came out of the experience that I couldn’t have predicted and which made it an immensely rich time in my life.

First and foremost, I learned volumes from the people around me about what it means to give from the heart — selflessly, tirelessly and without the desire for recognition or reward. I have been consistently amazed and humbled by the ways that people contribute to TLA without being asked, and always with a smile. All sorts of folks of all ages and abilities show up to dig beds and weed in the garden on volunteer night. A group of extremely dedi-

cated and cooperative individuals do the hard and sometimes challenging work required of the Board of Directors. Others mow the grass, build structures, plow the field, maintain equipment and infrastructure, donate supplies and funds, bring coffee to warm cold hands on an April morning or chocolate to sweeten the day, deliver produce, and so much more.

And it’s not just the volunteers at TLA who have floored me with their generosity. The people who prepare, serve and clean up at the Welcome Table are a marvel. That weekly event is unlike anything I’ve ever experienced and is a treasure of life in Fairview, in my opinion. The food is nothing short of gourmet (and requires the work of a meal of that quality!) and everyone is so warm and welcoming, it’s like walking into your mother’s kitchen through and sitting down with several dozen of your relatives for lunch.

Similarly, the folks who manage and staff the weekly Food For Fairview distribution site show up eager to help out those who rely on the pantry to make ends meet. They always have a tent and table set up for the TLA staff and lend a hand loading and unloading the truck, too. That’s service above and beyond the call of duty.

In the end, one of the most valuable things I learned from being here and working with these different groups is some of what it takes to build a great community. It takes people willing to give of their time, talent and treasure. They not only contribute a lot, but their giving inspires others to do likewise. Generosity is contagious. It requires a willingness to

accept people for who they are; to look beyond differences of politics, belief, background or ability and see instead — your neighbor. It means valuing relationships over just about everything else and living that value by sharing the burdens of work until there are so many hands involved that it hardly seems like work anymore.

The fun that I had and camaraderie I felt in the garden was so powerful that it’s hard to even think of what I did every weekday morning as work. Don’t get me wrong — it was often hard, physical labor and it was sometimes cold, buggy, wet, or uncomfortably hot. But those things hardly matter when compared to the friends that I made and the common sense of purpose and connection that I felt being with other volunteers, interns and staff.

As I said, I came here in part to give back, but I came away even more blessed. I will always be immensely grateful for the deep conversations, hearty laughter, and light-hearted fun I enjoyed. I will never forget the celebrations, the intoxicating sights and smells of the garden and the local landscape, the fabulous food and even the transformative struggles I shared with many wonderful and diverse individuals.

I hope y’all will keep doing what it takes to maintain and strengthen this vibrant community. Your kids will thank you for it.

*Jackson Zimmerman is a radical farmer, traveler and educator from southwestern Wisconsin. His dream is to live his “one wild and precious life” (thank you, Mary Oliver) fully, authentically and gracefully and to love his neighbor as himself.*

Beautyberry



Many years ago I was bushwhacking through a field in the Shenandoah Valley where I lived, and I came across a mass of unusual, berry-laden shrubs growing in the moist field. The shrubs were covered with unbelievably brilliant purple berries growing in mass clusters and I was amazed, as I had never seen berries with such a luscious purple color.

The shrubs turned out to be American Beautyberry (*Callicarpa americana*) and they filled my heart with joy. There were thousands of these tiny porcelain-like berries in dense clusters, cascading in every direction, and I felt as if I had discovered some new treasure in the wild. Purple is a favorite color of mine and these berries are an electric purple.

For many years I had no idea the berries were edible, so I used them in flower arrangements every fall; people were always amazed by their color and graceful, unusual beauty. One Japanese friend called them a “purple waterfall” and used them in her Ikebana arrangements.

Then one day while researching these lovely shrubs, I found out the berries were native and also edible. The first time I ate a few, I was surprised by their delicate sweetness and the delightful crunchy texture of the hard little berries. Since that day, I have eaten many a beautyberry every fall and have found many recipes for beautyberry jelly, which I have yet to try.

American beautyberry is also sometimes called “French Mulberry,” which seems like a strange juxtaposition, since they seem far removed from mulberry fruits on every level and don’t even exist in France.

Beautyberry is in the *Vervain* family of plants, which includes lantana. Its name comes from the Greek word *kalli*, which means “beautiful,” and *karpos*, meaning “fruit.” These deciduous shrubs are native from Florida into the lower Northeast states, and they seem to prefer moist soil rich in leaf compost; over time they can grow in masses that are quite stunning to behold. These shrubs can grow to 10 feet high but usually hover around 6 feet at maturity. Their inconspicuous flowers appear in the summer, but come the turn of the seasonal clock, the purple berries seem to appear suddenly. Birds love the berries and will feast on them even after they have dried and turned into tiny shriveled purple raisins. Squirrels, raccoons, possum and foxes also enjoy eating these tiny fruits of the forest.

Native Americans used all parts of beautyberry as medicine, often making a tea for the treatment of rheumatism, dysentery and stomach aches. Both the roots and the berries were used in ceremonies and the bark from the stems was used to treat skin rashes and itches.

Another interesting characteristic of beautyberry’s history is that many tribes used beautyberry as a fish poison. One of the amazing features of beautyber-



ry is that it has a long history as being a superb folk remedy as an insect repellent. In Mississippi, farmers would take branches of beautyberries, crush them and place them on the harness of their horses to repel deerflies and mosquitoes. USDA researchers say that beautyberry may be as effective as DEET, and compounds have been isolated from the

It amuses me that there are a number of references that list beautyberry as a poisonous shrub, but it simply is not true. Many sources state that the berries may be edible but do not taste good, but that’s not my experience. However, some references report people getting mild stomach upset from eating the berries so, as with all foods, wild or domestic, it’s a good idea to experiment with small quantities to see how your body reacts.

Autumn in our beloved mountains is such a time of beauty and grace. The dogwood trees are turning red, as are Virginia creeper vines snaking up the tall trees, and it seems to be an abundant year for acorns, chestnuts and walnuts. This morning I decided to take a brief walk through the gardens and migrated over to the mature beautybush by our pond — I had moved it twice to give it the room it needed — and it is laden with electric purple berries. As I held a cluster of berries in my hand, I marveled at their luminosity in the early rays of morning sunshine, and I popped a few into my mouth. Once again, I savored their sweet flavor and unique crunchy texture.

There is a movement here in the Southeast called the “Green Scene” and one of their mottoes printed on T-shirts and bumper stickers advocates “eat something wild every day.” Now that’s a prescription I can adhere to in life, and today, my first wild treat of the day was from the purple spectrum of life, and it was a delicious treat.

Contact Roger at [rogerklingner@charter.net](mailto:rogerklingner@charter.net).

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## Advertiser's List Clip & Save

AA Diamond Tile.....450-3900	McCrary Stone.....649-2008
A&B Pool.....279-5744	McKinney Insurance.....684-5020
ACT Advisors.....398-2802	Mitch Contracting.....252-0694
Affordable Auto .....273-8812	Moose Ridge Construction....777-6466
All Seasons Heating & AC ....651-9998	New Moon Marketplace.....222-2289
Allen Burton Group.....329-8400	Perry James, CPA.....628-2000
Appalachian Designs.....628-9994	PostNet of Asheville.....298-1211
Appalachian Tropicals.....222-2225	Prime Time Solutions.....275-5863
Americare Pharmacy.....628-3121	Rainbow International .....333-6996
Apex Brain Center.....708-5274	Ray's Landscaping .....279-5126
Asheville Contracting.....785-8788	Richard Killian Construction...775-3039
Asheville Savings Bank .....250-7061	Scobie.net.....628-2354
Asheville Stone.....628-ROCK	Silas' Produce.....Visit Us
B&B Tree Service .....778-1987	Sip & Doodle .....712-1288
Bahnson Lovelace, Lawncare...242-2410	S.J. Jung Studio .....767-2536
Buff, Jim, Keller Williams .....771-2310	State Farm, Tammy Murphy ..299-4522
Beverly Hanks, Christie Melear 776-1986	Steam Master Carpet
Cane Creek Animal Clinic .....628-9908	& Upholstery Clean.....628-9495
Cane Creek Concrete.....230-3022	Stilwell & Stilwell.....275-3214
Carolina Mountain Sales .....277-5551	Strom, Cynthia A., PA Atty.....296-7550
CC Flooring.....654-9142	Surrett, Mike Landscaping....230-8494
Cedar Ridge Animal Hospital	The Cove at Fairview .....628-4976
and Equine Services.....575-2430	The HUB of Fairview .....628-1422
Charlie's Angels Animal Res. 606-4335	Thomas, Scott, DDS.....299-8960
Cinderella Cleaning Service..713-2798	TP Howards Plumbing Co.....628-1369
Cloud 9 Farm.....628-1758	Tree Ninja.....582-4815
Control Specialties.....628-4323	Trout Insurance .....338-9125
Cool Mountain Realty .....628-3088	Trout Lily Deli & Cafe.....628-0402
Creative Touch.....628-0401	Troyer's Amish Blatz.....280-2381
Deck Doctor .....231-5883	Vintage Stock Furniture .....318-9166
Dawn McDade, Realtor .....337.9173	Webo's BBQ.....298-1035
Eblen Short Stop.....628-9888	Western Carolina PT.....298-0492
Edward Jones Investments...628-1546	Wild Birds Unlimited.....687-9433
Electric Guitar Shop.....628-1966	PUBLIC SERVICE:
Elena the Groomer .....628-4375	Sheriff's Department.....255-5000
Elite Eyecare .....687-7500	Fairview Fire Department.....628-2001
Fairview Animal Hospital .....628-3557	Garren Creek Fire Dept.....669-0024
Fairview Business Assoc.....681-1029	Gerton Fire & Rescue .....625-2779
Fairview Chiropractic Center. 628-7800	
Fairview Kennels.....628-1997	<b>SCHOOLS:</b>
Fairview Landscaping .....628-4080	Cane Creek Middle School ....628-0824
Fairview Massage	Fairview Elementary .....628-2732
and Bodywork.....216-1364	Reynolds Middle School.....298-7484
Family Care of Fairview.....296-0880	Reynolds High School.....298-2500
Financially Secure.....230-8168	
Fleshers Healthcare.....628-2800	<b>POST OFFICES:</b>
Flying Cloud Farm.....768-3348	Fairview Post Office.....628-7838
Galloway Masonry .....776-4307	Fletcher Post Office .....684-6376
Guardian Property Service ....699-6262	Gerton Post Office .....625-4080
Goodwill Industries of NWNC Visit us!	
Great Wall Chinese Takeout..298-1887	<b>COMMUNITY CENTERS:</b>
GreyBeard Realty .....298-1540	Cane Creek CC .....768-2218
Hickory Nut Gap Farm .....628-1027	Fairview CC .....338-9005
High Country Truck & Van ....222-2308	Spring Mountain CC .....280-9533
JP Wellness.....216-8134	Upper Hickory Nut Gorge .....625-0264
Kis, Nina - Keller Williams.....242-8029	
Kobe, Karen, ARG.....231-0041	<b>MISCELLANEOUS:</b>
Lawncare/Handyman	Fairview Town Crier .....628-2211
Bahnson Lovelace .....242-2410	Fairview Business Assoc.....338-9628
Looking Glass Creamery .....458-0088	Fairview Farmers Market.....550-3867
MAHEC Family Health .....628-8250	Fairview Library .....250-6484
Mattress Man.....299-4232	Food for Fairview .....628-4322
	The Lord's Acre Garden.....628-3688
	Meals on Wheels .....253-5286



## Upper Hickory Nut Gorge Highway 74A in Gerton

To rent: call Margaret Whitt at 625-0264  
or email mwhitt@du.edu

## Fairview

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## Spring Mountain

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To rent: call Bruce at 280-9533

## Cane Creek

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To Rent: 768-2218

# The Fairview Town Crier

THE VOICE OF OUR COMMUNITY™

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**628-2211**

Mailing address: P.O. Box 1862, Fairview, NC 28730

**www.fairviewtowncrier.com**

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**Subscriptions are \$30 per year (Mail check to address above).**

## Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the Town Crier's editorial policy. All submissions will be edited for clarity, style and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Town Crier reserves the right to reject editorial or advertising it deems unfit for publication.

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## FOR RENT

**FAIRVIEW STORAGE UNITS.** Large units (10 x 20). 1612 Charlotte Highway, next to Fairview Fire Department. For more information, call David Beck. 230-4087

## FOR SALE – MISC.

**PRINCESS HOUSE GLASSWARE.** Glasses, dishes, vases, cake plates, and more. These are stock items never used. Great Christmas/hostess gifts! 684-5143.

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**1999 Mazda B2500 truck.** Manual trans, 134,200 miles. Good condition, well maintained. \$1800. Call 545-0353.



## GARAGE/ YARD SALE

**HUGE MULTI-FAMILY** yard sale **Saturday, November 12** from 8 am to noon. Fairview Business Park (Americare Pharmacy store complex). Christmas items, clothes, household items, etc.

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**WOOD-BURNING COOK STOVE** in good working condition. Call 828-625-1356

# NOVEMBER 2016 CLASSIFIED ADS

## WANTED CONT'D

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**PRAYTOR'S LANDSCAPING** General Landscaping, Grading, Retaining Walls, Plantings, Mulch, Erosion Control, Drainage Work. Please call 674-4339 or email mattpraytor@yahoo.com.

## SERVICES CONT'D

**NESBITT LAWN MOWING** – Basic lawn mowing, weed eating, blowing, mulching. Free estimates. Call Matthew Nesbitt 243-4759 or 338-5148.

**COMPLETE LAWN MAINTENANCE.** Fall cleanup, mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444

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## CLASSES CONT'D

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## NOTICES

### ARTISTS/CRAFTERS/ETC.

**WANTED: unique, smaller gift-type items or food things, there is an opportunity to have them featured in a new, high-traffic Fairview shop.** Items should be shippable. Consignment with prompt payments. Call 628-1422

### REQUEST FOR BIDS

**THE WILLOWS SUBDIVISION,** located off of 74 A, is accepting bids for the **2017 landscaping needs of the common grounds.** Typical services needed are: mowing, pruning, weed control, and mulching. Please contact Bart Austin, president of the Willows Hoa, for any questions or to submit your bid. 828-273-1942 or [bartaustin@bellsouth.net](mailto:bartaustin@bellsouth.net).

### VOLUNTEERS NEEDED

**FOOD FOR FAIRVIEW.** Relief driver w/truck for food pickups. Monday afternoons and Thursday mornings as needed. Will not be every week. Two pantry assistants. Help with all pantry functions. Weekly Mondays 2-6 pm and Thursdays 8:30 am-12 noon. Please call 628-4322 for more information.

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## The Fairview Town Crier 2016 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Town Crier office, Fairview Library and retail establishments throughout the community. A PDF version including all ads is posted on our Facebook page and website for online viewing. Free ad design available.

### COLOR DISPLAY ADVERTISING RATES

Full Page Color	12X = \$330	6X = \$358	1X = \$385
Half Page Color	12X = \$214	6X = \$236	1X = \$253
Quarter Page Color	12X = \$132	6X = \$148	1X = \$160
Eighth Page Color	12X = \$94	6X = \$110	1X = \$122
Business Card Color	12X = \$60	6X = \$70	1X = \$75

### BLACK DISPLAY ADVERTISING RATES

Full Page BW	12X = \$302	6X = \$330	1X = \$358
Half Page BW	12X = \$182	6X = \$204	1X = \$220
Quarter Page BW	12X = \$104	6X = \$122	1X = \$132
Eighth Page BW	12X = \$62	6X = \$78	1X = \$88
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# kw

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**NORTH Asheville 3BR, 3 Bath, amazing views, great kitchen, 2-car gar, big craft rm, cov porch, end. side porch, full front easily finished, HOME WARRANTY, private, wooded setting, ML#38229644, \$389,900**



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**LEICESTER 5 private wooded hilltop acres, 2 BR, 2.5 bath home, gorgeous setting, lovely views, huge great room, 2-story rock FP (gas), HOME WARRANTY, office, ML#38229644, \$289,900**



**NEW LISTING!** Fairview! 3 BR, 2 bath home in quiet community, two room stone FP, attached 2-car gar, HOME WARRANTY, gorgeous private .82 acre lot, rear deck, ML#38229748, \$239,900



**HENDERSON COUNTY! 6 acres white 1.5 story home, covered front porch, silver trim to Waco/Asheville, very convenient location, ML#38229626, \$289,900**



**NEW LISTING!** Convenient Arden location, 3 BR, 2 bath on corner lot, all on one level, cov, concrete drive, close to schools and shopping, ML#38229715, \$184,900



**NEW LISTING!** Fairview! 213, 4 BR, 2 bath w/rd home, custom kitchen cabinets & countertops, HOME WARRANTY, new flooring, impressive master bath w/gorgeous walk-in, ML#38229788, \$145,900



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### RESULTS!

Timberwood .....	Pending in 13 days	Mitchell Ave .....	Pending in 2 days
Meadowbrook Ave .....	Pending in 5 days	Mtn Meadow Circle .....	Pending in 8 days
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Ridgeway Dr .....	Pending in 14 day	Fairfax Ave .....	Pending in 7 days
Bramblewood .....	Pending in 27 days	Liberty Rd .....	Pending in 39 days
Blalock Ave .....	Pending in 35 days	Melody Ln .....	Pending in 29 days
Campground Rd .....	Pending in 4 days	Richmond Ave .....	Pending in 3 days
Oregon Ave .....	Pending in 1 day	Lakewood Dr .....	Pending in 7 days