



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

MARCH 2017 VOL. 21, No. 3 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM



Gardens of Fairview Tour

by Jim Smith

I have been fortunate over the years to spend time in Costa Rica; since 1985 I have been doing work there, getting to know wonderful people and seeing many great farms and gardens. It is a very diverse place, rich in fruits, climates, animals and birds. What has always been interesting to me is the farming agricultural base. People there remain close to the land; if land is not in farming and gardening, much of it is in natural forests and preserves. Costa Rica is also very aware of its place in history and as a natural destination for many visitors from around the world.

I share these thoughts with you as a way of explaining one reason for The Gardens of Fairview Tour — it is an opportunity for us in Fairview to reclaim the importance of gardening and farming in our area.

Many in our area do not have enough food, especially fresh food, both organic and local. Thanks to The Lord's Acre, Food for Fairview, The Welcome Table and other efforts, people are getting some help, but more is needed; part of the solution to hunger in our area could involve individually owned gardens or a shared gardening effort.

continued on page 30

Where Oh Where Might the Town Crier Be?



Just for fun, and to see who actually reads the paper from cover to cover, we've hidden our *Town Crier* guy in this issue. If you find him, email contest@fairviewtowncrier.com with your name, phone number and location of our guy. All who find him will be entered into a drawing for a gift certificate to a local business. Where we hid him and the winner will be posted on our Facebook page and in April's issue. Note: He may be small and turned any which way. Happy hunting.



Hollywood Road Landfill Update

We've gotten some inquiries asking for more information about what is happening at the former Hollywood Road landfill and why, so we will start this update with a little background.

From the mid-1960s to the mid-1970s, the 4+ acres of land next to Pleasant Grove Missionary Baptist Church on Hollywood Road operated as an unlined landfill. This was well before regulations were put in place to monitor for and support long-term safety at and around waste disposal sites.

The Pre-Regulatory Landfill Unit of the NC Department of Environmental Quality was established in 2009 to assess and minimize health risks at the more than 700 pre-regulatory landfills around the state. Testing done at the Hollywood Road site showed contaminant levels sufficient to warrant remediation, and the work underway is being done under this authority.

Late last spring, the Unit released a draft plan for how it would minimize drinking water and skin contact risks associated with the degrading of buried materials at the former landfill. Many area residents participated in the public comment period. While not all of our concerns were addressed, thanks to the many letters written by community members and friends the plan being

implemented today does include additional provisions designed to improve long-term monitoring around the site.

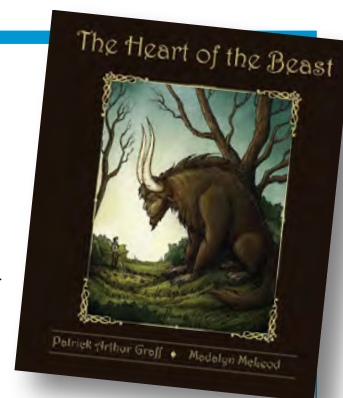
The remediation plan involves removing a portion of the waste and stabilizing slopes on which the required clear cutting that has taken place; installing permanent protective covering, including seeding with grass and shallow rooting plants; and implementing perpetual land use controls where the waste remains. So far, contractors have installed fencing, logged the site and completed grinding and disposal of the stumps. They've installed some of the erosion and sediment control features, including silt fences and diversion channels, and had several areas surveyed. Throughout February, contractors will be excavating and disposing of waste, grading the slopes and installing the protective cover system in 3 areas. The protective cover system consists of 12" of soil cover with a non-woven warning barrier (typically bright orange) on top of the soil cover. The barrier is used to prevent and expose any penetration into the waste area below, thereby limiting human exposure. They will then place 6" of amended soil on top of the warning barrier and seed the soil. Work is expected to continue through April.

continued on page 30

The Heart of the Beast

Local Author and Illustrator Combine Talents in New Book

Author Patrick Graff, working with illustrator and fine artist Madalyn McLeod, has published a beautiful and magical story for readers of all ages. *The Heart of the Beast* is in the form of an epic poem about a hero who must confront a strange monster, and does so with courage and audacity... and a little luck.



"This poem was the first thing I have ever done like this," says the author.

"The moral or theme is an idea that I have reflected on for many years, and so when I realized that I could try to express it in a story, from that point I feel as though the story sort of wrote itself. I remember when I was writing it I would walk around with a notebook waiting on each line to reveal itself, and I imagine I looked pretty odd to people when I would stop to record them! I knew right away when it was finished that I had to do something with the poem, and am grateful that I was able to work with Madalyn on this project and for her beautiful artwork to truly make this a special result."

Illustrator Madalyn McLeod adds, "I'm a local illustrator and fine artist. My artwork is usually centered around stories... mythology, folklore, and fairy tales. When I first read the *The Heart of the Beast*, I was just drawn into the story, and felt inspired to bring my own unique vision to life in the book. The story was a beautiful, conceptual epic poem, and I felt like there was a lot of depth to it. I also felt like there was a lot there I could work with, visually. The story is set in its own fantasy world, so I got to create a unique look and feel for all the characters and places. Over the course of 9 months, I have made over 40 ink and digital illustrations for the book. I've poured a lot of time and love into each one, and my hope for anyone reading the book is that my artwork will bring out what is special about the story, and really draw people in."

Both author and illustrator will sign copies of *The Heart of the Beast* at the Hub of Fairview's Second Friday event on **Friday, March 10, 5-7 pm** at 1185 Charlotte Highway (74-A). Copies of *The Heart of the Beast* will be for sale at a special local price of \$10 at The Hub.

SMCC Emergency Preparedness Forum

by Jim Stillwell

What if our area is hit by a major ice storm that knocks out our power for several weeks? What if a raging forest fire is moving rapidly toward my home? What if my car gets swept up in a flash flood? These are just a few "what ifs" most of us don't spend much time thinking about; however, these are real possibilities that can affect our community. How many times have we heard our news stations tell us to get plenty of bread and milk for an impending snowstorm?

The reality is that most of us only have enough food stored for a few days. What

would happen if our food supply were shut off? And what if you couldn't get water from the city, your well or spring? If you have a fire extinguisher at all, when was the last time you checked to see if it is holding a charge?

These and other questions will be discussed at the Spring Mountain Community Center's Emergency Preparedness Forum on **Monday, March 6 from 7-8:30 pm.**

I think about these things and others frequently because I've experienced a tornado and several hurricanes during my lifetime. The major thing I have learned is you have to be prepared and responsible

continued on page 30

The Fairview Town Crier
P. O. Box 1862
Fairview, NC 28730

NON-PROFIT
U.S. Postage Paid
Permit #100
Fairview, NC
28730

Postal Patron
Fairview, NC 28730

COMMUNITY EVENTS

MARCH 2 (THURSDAY)

Embroiderer's Guild Meeting

The Laurel Chapter of the Embroiderers' Guild America, 9:30 am–12 pm, Cummings United Methodist Church, 3 Banner Farm Road, Etowah/Horse Shoe, NC. Second session, special hardanger bell pull project. Contact Carol Foster 686-8298 or Janet Stewart 575-9195.

MARCH 4 (SATURDAY)

Trinity of Fairview Merchant and Craft Fair

Trinity of Fairview's Mission Team will host a Merchandise and Craft Fair, 8 am–2 pm at the Reynolds Fire Department. Local residents will showcase their arts and crafts and local business representatives will also have items to purchase. Vendors can rent a table for \$25. Please contact Jesse at 628-1188 x202 for more information or to reserve a space.

MARCH 4–5 (SAT–SUN)

Bee School 2017

A Beginning Beekeeping course will be held from 9 am–5 pm Saturday and 12:30–4:30 pm on Sunday, at the Folk Art Center Auditorium at Milepost 382 on the Blue Ridge Parkway. The curriculum is designed to cover everything a first-time beekeeper needs to know in the course of the first year of manag-

ing honeybee colonies. Presenters will include experienced beekeepers from the southern Appalachian area. Registration is open to the general public and is available online at chbr.org. Cost is \$45 per person.

MARCH 6 (MONDAY)

SMCC Emergency Preparedness Forum

Representatives from the Fairview Fire Department and other expert speakers will address emergency communication, food storage, self-rescue, special needs of the elderly and additional topics. 7–8:30 pm, followed by open discussion. For details, 275-3214 or jamesstilwell@bellsouth.net

MARCH 7 (TUESDAY)

Fairview Art League Meeting

After a well-attended and lively first meeting organized by Ellen Haack, a group of artists and art lovers will meet again at 10 am at The Hub of Fairview to further explore opportunities for a newly formed Fairview Art League. If you missed last month, be sure to make this one or contact Ellen at ellenhaack@gmail.com or 704-975-0095. There are exciting plans to both assist local artists and our community.

Dine to Be Kind

Many Asheville area restaurants including Avenue M, Native Kitchen, Roux,

Smokey Park Supper Club and Posana will donate 15% of their food and drink sales to Asheville Humane Society during the nonprofit's 14th Annual Dine To Be Kind event. Plan to dine out for breakfast, lunch, dinner or all three. Take out is included. Restaurant list at ashevillehumane.org/dine-to-be-kind.

Dr. Reilly Featured Speaker at Prostate Cancer Forum

Us TOO of WNC: a prostate cancer support forum for men, caregivers and family members will meet at 7 pm at the First Baptist Church of Asheville, 5 Oak Street. Dr. Edward Reilly of Fairview Chiropractic will speak. No fee to attend. For details contact 242-8410 or wncprostate@gmail.com.

Sons of Confederate Vets Camp

A new Sons of Confederate Veterans Camp (Cane Creek Rifles) will meet at 7 pm at the Fletcher Fire Department. The group's focus will be on Confederate ancestry and southern heritage. For details call 628-1376.

MARCH 9 (THURSDAY)

Act for America Speaker in Asheville

The Buncombe County Republican Women's Club will host speaker Angela Kimbril of ACT for America, 11:30 am–1:30 pm at The Olive Garden, 121 Tunnel Rd., Asheville. For details contact Lisa Baldwin, 243–6590.

MARCH 10 (FRIDAY)

Second Friday at The Hub

Once a month, The Hub features several of its local artists, authors and crafters. March will have artist Amy Flagler doing a painting demo, and author Patrick Graff and fine artist Madalyn McLeod discussing their new book, *The Heart of the Beast*, and signing purchased copies. Wine and light snacks will be served. The Hub of Fairview's Second Friday event is from 5–7 pm at 1185 Charlotte Highway (74-A). Call 628-1422 for information.

MARCH 11 (SATURDAY)

Spring Open House at HNGF

Free samples all day at Hickory Nut Gap Farm, 57 Sugar Hollow Road in Fairview; free farm tour with Jamie at 1 pm.

MARCH 11–12 (SAT–SUN)

Organic Growers School Spring Conference

The 24th Annual Spring Conference for farmers, gardeners, homesteaders, and sustainability seekers will be hosted by Organic Growers School, a local nonprofit, at the University of North Carolina in Asheville. The Conference will offer practical, region-specific workshops on farming, gardening, permaculture, urban growing and rural living; a trade show, seed exchange, silent auction, and children's program; three

on-farm, pre-conference workshops at an additional cost; and more than 70 90-minute classes per day. Details and registration online at organicgrowers-school.org or email rod@organicgrowersschool.org or call 680-0661.

MARCH 12 (SUNDAY)

Storytelling Concert with Becky Stone at Folk Art Center

Stories on Asheville's Front Porch, a free storytelling series, presents the storytelling concert "Tales from the Porch" at 2 pm at the Folk Art Center on the Blue Ridge Parkway. Sponsored by the Wilma Dykeman Legacy and the Southern Highland Craft Guild, local tellers' stories express the cultural legacy of our neighbors; featured storytellers are Kathy Gordon, Catherine Flaherty, RoseLynn Katz and Becky Stone, hosted by Tom Chalmers of "Listen to This." Tickets are \$12 in advance, \$15 at the door, and can be purchased at BrownPaperTickets.com.

MARCH 13 (MONDAY)

WNC Knitters and Crocheters for Others

The Western North Carolina Knitters and Crocheters for Others will meet at New Hope Presbyterian Church, 3070 Sweeten Creek Road, 7–9 pm. All skill levels are welcome. For details contact Janet Stewart, 575-9195.

MARCH 15 (WEDNESDAY)

Charcuterie Class At HNGF

Renowned chef and culinary leader Craig Deihl will conduct an in-depth class on charcuterie, 9 am–1 pm at Hickory Nut Gap Farm, 57 Sugar Hollow Road in Fairview. \$55. For more information visit hickorynutgapfarm.com.

MARCH 18 (SATURDAY)

Equine Vaccine Clinic at AC Reynolds

The AC Reynolds Future Farmers of America Club will hold a Vaccination Clinic for horses, mules and donkeys, 10 am–2 pm at the Junior Parking lot of the high school (next to the Covenant Church). A designated area for horse trailers will be provided. Please bring animals on leads. Spring vaccinations will be given at cost by Dr. Ted Wright of Cedar Ridge Animal Hospital. Donations will be gratefully accepted and used to help fund activities for the AC Reynolds FFA Club.

Project Linus Make-A-Blanket Day

The local chapter of Project Linus, a national organization that provides blankets to children in crisis, seriously ill or traumatized, will sponsor Make-A-Blanket Day from 10 am–2 pm at the Eliada Home, 2 Compton Drive, Asheville. Sewing skills are not necessary; all supplies will be provided. Volunteers who prefer to knit and crochet

COMMUNITY EVENTS

Fairview Farmers Market Update

The Fairview Farmers Market continues to grow and will return in 2017 **starting May 6**. This year, markets will be held every Saturday in front of Fairview Elementary School. Several new produce vendors have signed on to provide more regular availability of local meats, eggs, honey, fruits and veggies. The market team is also working diligently toward becoming a SNAP/EBT-eligible market, continuing their mission to improve access to local, healthy produce while cultivating community and supporting the health and nutrition initiatives of the Fairview Elementary School. Market organizers are actively seeking new vendors, musicians, sponsors (only \$100), community non-profit partners and volunteers. Please visit the new webpage, fairviewfarmersmarket.org, or call 550-3867 for more information.



are asked to bring their own projects. Chapter members will gladly accept finished blankets or donations of yarn, fabric, or gift cards. Refreshments will be provided. For details contact Sharon Waltman 645-7190 or Ellen Knoefel 645-8800.

MARCH 19 (SUNDAY)

Ethical Society Meeting

"One Nature Indivisible: A Natural Ethic of Wild Humanism" will be presented by Chris Highland at the Ethical Humanist Society, 2–3:30 pm at the Friends Meeting House, 227 Edgewood Road, Asheville, NC. All are welcome to attend. Refreshments and discussion follow the meeting. Visit EHCasheville.org.

MARCH 21 (TUESDAY)

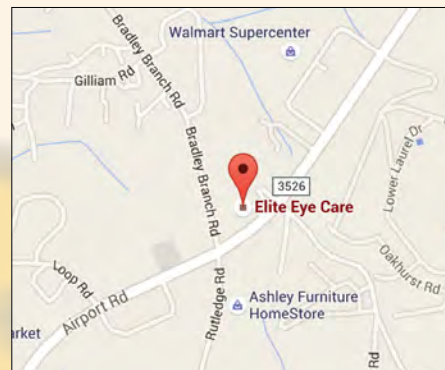
Whis is Myokenesthetics? at Marie's Essential Oils & Gifts

Join guest speaker Lucie Lasnier, RN of Mountain View Healing Hands to learn about Myokinesthetics, a muscle movement technique to correct and balance the nervous system. 6:30 pm, 911 Charlotte Highway, Fairview, 713-2798. For other scheduled March events at Marie's EO's & Gifts including an introduction to Essential Oils and Aromatherapy, an adult DIY Rollball class and a kids' DIY Saturday, see ad on page 25.

For more information on Myokinesthetics and guest speaker Lucie Lasnier, visit mountainviewhealinghands.com.



Dr. Haley Perry
has now moved to
Elite Eye Care in Arden



Now accepting new patients!
Call for your appointment today.
New phone number: 828-687-7500

ELITE EYE CARE
A MEMBER OF *VISION SOURCE*

140 Airport Road, Suite L, Arden, NC | 828.687.7500
www.visionsource-eliteeye.com

SHARE YOUR MEMORIES OF CAMP MARANTHA!

**Reunion for all kids and families on
Saturday April 29, 12-4 pm**

**Join us for an afternoon
of fun, food and tour of
camp! All are welcome.**

RSVP: 828-628-7954

or email

Camp4KidsNC@gmail.com



Scan Me!



COMMUNITY EVENTS

MARCH 27 (MONDAY)

SVFAL Paper Marbling Workshop

An introduction to marbling on paper by Ginny Moreland will cover the basic patterns, variations and experimentation with "freestyle" marbling. No experience needed. Registration fee: \$35 for Swannanoa Valley Fine Art League members, \$40 for non-members, plus a \$10 materials fee/person. At the Red House Studios, 310 West State Street, Black Mountain. For registration and more information, visit svfal.org Events.

PET EVENTS

Equine Vaccine Clinic at AC Reynolds HS

Saturday, March 18, 10 am–2 pm. The AC Reynolds Future Farmers of America Club will hold a Vaccination Clinic for horses, mules and donkeys.

Asheville Humane Society

14th Annual Dine To Be Kind Event Tuesday, March 7, all day. Participating restaurants donate 15-25% of their sales (take-out included). Details at ashevillehumane.org/dine-to-be-kind.

Low-Cost Vaccine and Microchip Clinic

Saturday, March 18, 2–5 pm. Hall Fletcher Elementary, 60 Ridgeland Road, Asheville.

LiveWell Expo at the WNC Agricultural Center (Davis Event Center)

9 am–1 pm; AHS information booth.

Brother Wolf

Adoption Event Saturday, March 4, 12–3 pm. Petco, 825 Brevard Rd, Asheville

Adoption Event Sunday, March 5, 12–3 pm. New Balance Outlet, Asheville Outlets, 800 Brevard Rd, Suite 728

Adoption Event Saturday, March 11, 12–3 pm. PetSmart, 150 Bleachery Blvd, Asheville

Adoption Event Sunday, March 12, 12–3 pm. Pet Supermarket, 244 Tunnel Rd, Asheville

Adoption Event Saturday, March 18, 12–3pm. Altar'd State, Biltmore Park Town Square, 19 Town Square Blvd, Asheville

Adoption Event Sunday, March 19, 12–3pm. Bold Rock Hard Cider, 72 School House Rd, Mills River, NC

Annual Food Truck Showdown Saturday, March 25. WNC Agricultural Center, Heritage Circle, 1301 Fanning Bridge Rd, Fletcher

Bike Night at Regeneration Station

Thursday, March 30, 6 pm. Beer, live music, bike games, auction and food to benefit the animals of Brother Wolf. \$10 suggested donation. Regeneration Station, 26 Glendale Ave B, Asheville

ONGOING

Fairview Baptist Fundraiser Pie Sale through 4/16

To raise funds for their 2nd Annual Youth Retreat, Fairview Baptist Church will fill same-day or advance orders for Chocolate, Lemonade, Million Dollar and Peanut Butter pies. \$10 each; pick up at the church, 32 Church Road. For details and ordering visit Fairview Baptist on Facebook or Twitter or call 231-5035.

Organic Gardening Workshops at SMCC 3/4–3/25

SMCC presents a series on Organic Gardening, Saturdays at 9:30–11:30 am. For interested gardeners 15 and older; fee by donation, suggested \$10. Workshops in March are:

March 4, Getting Ready to Plant; March 11, Planting the Garden; March 18, Fruits in the Garden and Landscape; March 25, Composting. For details contact Jim Smith, Education and Garden Coordinator, at jimsmith1945@gmail.com.

Scrabble and Cribbage at Mountain Mojo

The Scrabble & Cribbage Club meets every Wednesday from 12:30–4:30 pm at Mountain Mojo Coffee Shop, 381 Charlotte Hwy at the top of Mine Hole Gap. Call 216-7051 for information.

Welcome Table Lunch

A community lunch every Thursday, 11:30 am–1 pm in the Community Room of Fairview Christian Fellowship, behind the Fairview Library. A donation of \$10 if possible. Visit their Facebook page or their website at fairviewwelcometable.com.

Asheville Symphony Mozart Festival 3/10–3/19

The Asheville Symphony announces the return of the Asheville Amadeus festival. Grammy Award-winning violinist Midori is the festival's headlining soloist and artist-in-residence. The popular 2015 weeklong event has been expanded in 2017 to a 10-day festival inspired by Mozart's life and music. For festival details and tickets visit ashevilleamadeus.org.

Dining for Women

The Fairview chapter of the global poverty-fighting giving circle meets on the fourth Monday of each month. For details visit Facebook page.

Yoga at the Light Center

Yoga classes on Thursdays, 10:30–11:45 am, \$10/class. 2196 Highway 9 South, Black Mountain. Visit urlight.org.

Brain Tumor Support Group

Every third Thursday at MAHEC, 6 pm. Refreshments. Visit wncbraintumor.org

Spring Mountain Community Center

springmountaincommunitycenter.com

Free Exercise Classes: Janis Williams will lead Eccentrics classes for all ages and ranges of ability, 3–4 pm Mondays and Thursdays. Bring a floor mat if possible.

Community Leadership Meeting:

Usually the first Tuesday of each month, 6:30 pm. We are now inviting nominations and volunteers for 2017 leadership positions.

Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Bring a project and your lunch. Quilters make various items to donate to worthy causes. Call 628-7900 or 628-1938.

Berrypickers' Jam: Tuesday evenings at 7 pm. Our beloved Berrypickers will move the "jam" inside for the season. Bring your instrument, listening ear, and dancing feet to the lower level for a jammin' good time.

Yoga Classes: Mondays 9:30–10:45 am, Thursdays 6:15–7:30 pm; \$5–\$10 suggested donation. Call 243-8432 or email sabrina.alison.mueller@gmail.com.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 30.

Happy Spring



Do you need to sell your home or find a new one?
Call me, Carol Holcombe

Your Fairview native Realtor® that once sold you plants!

828.779.8748 • carolmillerholcombe@gmail.com



Fairview Kennels
BOARDING & GROOMING



Open
Mon–Sat
8–6 pm &
Sun 4–6 pm

- 24-hour loving care
- Private playtime included
- All breeds and personalities accepted
- Inspections welcome

Owned by Bob & Kay Sutter
Managed by
Jeana Sutter-McClure

628-1997 | FairviewKennels.net

FairviewKennels@gmail.com | 1923 Charlotte Hwy (2 miles east of Cane Creek)

CLOSING SALE

MOUNTAIN RUG MILLS

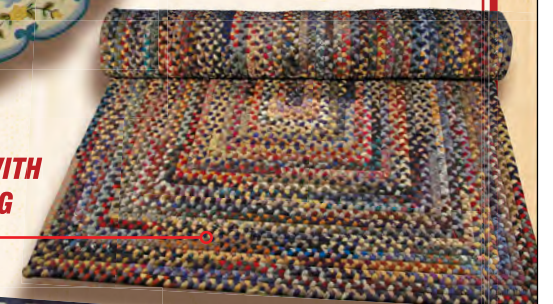
Our goal has been to make, without question, the best rugs and carpets that can be made. And after 43 years, we are closing and liquidating our entire inventory at huge discounts!

50% OFF



NEW ZEALAND WOOL
HAND-HOOKED RUG

HAND BRAIDED WOOL
CLOTH HAND LACED WITH
HEAVY NYLON CORDING



NEW ZEALAND WOOL
HAND-HOOKED RUG



NEW ZEALAND WOOL
YARN BRAIDED RUG



Mention this ad for an extra **15% OFF**



Monday–Friday
9 am–5 pm or call
for an appointment for
individual attention

609 N. King Street
Hendersonville, NC
Phone (828) 698-0410

www.mountainrugmills.com

Allen Burton Team.com

Fairview Realtors for 32 Years!

Cool Mountain Realty
828 329-8400

We've Sold 100s of Homes and 1000s of Acres

Allen Helmick

Burton Helmick

BUILDER'S DUPLEX HOME, 4200 sq ft, 3 acres, private, wooded, level plateau setting, custom kitchen, marble, tile, wraparound glass porch, separate apartment downstairs, **\$450,000**, MLS 3188435

29+ PRIVATE/SECLUDED ACRES, long road frontage with many homesites, creek, BORDERS 90 ACRE NATURE CONSERVANCY PROPERTY, **\$305,000**, MLS 3248664

50 ACRES IN CANE CREEK VALLEY, 10 acre level to rolling pastures, 40 wooded acres with riding trail to ridgetop, many home-sites, **\$1,200,000**, MLS 3208439, will divide 15 acres for **\$495,000**, MLS 3208506

TWO ACRES, 3.5 MILES TO I-40, ABOVE ROAD SETTING with views of Cedar Cliff, Asheville and beyond!! Paved drive, **\$125,000**, MLS 3149444

TWO ACRES, PAVED STATE ROAD, AREA OF BEAUTIFUL HOMES and estates, views overlooking the Cane Creek Valley, **\$79,900**, MLS 3250948

6.23 ACRES, ESTABLISHED NEIGHBORHOOD of beautiful homes, south facing, large trees, several home-sites, 5 minutes to school, post office, shopping, etc. **\$89,900**, MLS 3208933

Pleasant Grove Baptist Church

I ran across some 25-year-old back issues of the newsletter *Garren Goodies* recently. David Gilbert, a cousin on the Garren side, published a Garren newsletter back in the early 1990's, focusing on the history of the family. David died at a relatively young age and no one took up the newsletter after his death. In the January 1992 issue David published a Garren view of the early history of Pleasant Grove Baptist Church. It highlighted the role the Garren family played in the founding and early life of the church, and contained what was basically an account of the founding and early events of the church, and I thought it would be of interest to the Fairview community at large. The following is a history of the founding of Pleasant Grove Church without the heavy concentration on the Garren family.

Sunday Meetings

A group of the older people on Garren Creek began meeting on Sundays in a log cabin near the present site of Pleasant Grove Church. They were led by Buford Earley (1872-1941). A short distance away another group of people was gathering at Sugar Hollow on Sundays. This was of course before automobiles, and what seems a short distance today was a long walk back then, especially for the elderly. The two groups of worshipers decided to join and start a Baptist church. This was

the beginning of Pleasant Grove Baptist Church.

Members of the Baptist churches from around the community met on September 5, 1891 and voted to establish a Baptist church on Garren Creek. They asked Broad River, Bearwallow, Cane Creek, Spring Mountain and Middle Fork to send their eldership on the first Sunday in October 1891 to help them organize the church.

Members of the Baptist churches from around the community met on September 5, 1891 and voted to establish a Baptist church on Garren Creek. They asked Broad River, Bearwallow, Cane Creek, Spring Mountain and Middle Fork to send their eldership on the first Sunday in October 1891 to help them organize the church.

The group met on October 3, 1891. The following churches sent representatives: Bearwallow sent Reverend Fielden Cook



From Left, Front: Eli Garren (1853-1930), Luciller Williams Garren (1856-1930); Back: J. Henry Garren (1881-1952), Fred Garren (1887-1923) and Maude Garren McBrayer (1884-1951)

Hamrick and J.M Hamrick; Middle Fork sent R.M. Prior and I.W. Wilson; Spring Mountain sent Thomas L. Guffey (1840-1922), William Wright and I.C. Mitchell; Broad River sent David O. Clements and William Searcy; Cane Creek (now Fairview Baptist) sent Alfred H. Pinkerton (1833-1919) and Alfred Searcy. They organized a presbytery, electing Rev Fielden C. Hamrick moderator and J.M Hamrick clerk. Following discussion they organized a church made up of 27 members. They voted to name the church Pleasant Grove Missionary Baptist Church.

First Officers

Reverend Fielden C. Hamrick was elected the first pastor and W.H Early and J.C. Robertson were elected as deacons, to be ordained on Oct 31, 1891. W. Robertson was elected the first church clerk and J.C. Robertson was elected the first church treasurer. The church appointed a building committee consisting of J. Fletcher "Fletch" McBrayer (1850-1931), Marion Ownbey (1860-1945), J.C. Robertson, Jasper Vess and Eli Garren (1853-1930). Jasper Vess and Eli Garren were Mormons before the Buncombe County machine unofficially and illegally outlawed the religion.

J. Fletcher McBrayer deeded one acre of land to the church on Sept 13, 1893. The church elected Eli Garren deacon and church clerk on December 15, 1894. He held

both positions for 36 years until his death on November 26, 1930; on that date A.G. Garrett, Joseph Dotson and L.B. Moore were also elected deacons.

On July 3, 1896 the church appointed another building committee with Solomon Sumner (1854-1939) as foreman and Eli Garren, J.B. Camby, J. F. McBrayer and J.R. Suttles as members.

Pleasant Grove Baptist Church Cemetery

Pleasant Grove Baptist Church voted to build a church on the land donated by J. Fletcher "Fletch" McBrayer, who donated another acre of land to the church on November 5, 1903. This land became the Pleasant Grove Baptist Church Cemetery.

Reverend James O. Wall was elected pastor of Pleasant Grove Church on March 20, 1909. Ceborn E. Dalton (1859-1927), M.S. Camby and John B. Morrow were elected deacons of the church on April 16, 1919. John B. Morrow held the job for 44 years until his death in 1963.

Ewald Kirstein donated land to Pleasant Grove Baptist Church in June of 1963 for the building of a parsonage. The building of the parsonage started in July 1963 and it was finished that year.

Local historian Bruce Whitaker documents genealogy in the Fairview area. Contact: 628-1089, brucewhitaker@bellsouth.net.

WNC'S COMMERCIAL TRUCK CENTER!

1021 Charlotte Highway, Fairview, NC // 828-222-2308

www.HIGHCOUNTRYTRUCKANDVAN.com

Family owned for over 40 years!

Easy Financing! Low Rates! Extended Warranties Available!

2012 RAM 3500 HD ST CREWCAB 4 x 4

Cummins DSL, 6 spd manual, A/C, PW, PDL, tilt, cruise control, bedliner, tow pkg, keyless entry and more!

\$29,995

2009 CHEVY SILVERADO LT EXTCAB 4 x 4

5.3 V8, auto, A/C, AM-FM CD, PW, PDL, tilt, cruise, bedliner, tow pkg, and more!

Warranty included \$16,995

2010 E350 12-PASSENGER VAN

5.4 V8, auto, rear A/C, AM-FM CD, tilt wheel, cruise control, and more!

Warranty included \$15,995

2016 CHEVY EXPRESS G2500 CARGO VAN

4.8 V8, auto, A/C, AM-FM stereo, very clean!

Warranty included \$22,995

2008 CHEVY EXPRESS G2500 CARGO VAN

4.8 V8, auto, A/C, tilt, cruise, bulkhead, and shelves!

Warranty included \$12,995

2014 CHEVY SILVERADO K1500 EXTCAB 4 x 4

PW, PDL, tilt, cruise, toneau cover, running boards, tow pkg and much more!

Warranty included \$20,995

WESTERN CAROLINA PHYSICAL THERAPY

Outpatient Orthopedics, Balance & Vestibular

We'll help you Get Better... Faster... Close to Home!

Post-Op Joint Rehab Torn Rotator Cuffs Balance Improvement Treat Dizziness Back Pain Knees Stop Vertigo Hips

REHAB LOCAL!

226 Charlotte Highway Eastwood Village in Reynolds

828 298-0492

WesternCarolinaPT.com

Medicare • BCBS • Tricare • UHC Crescent • Veterans • Work Comp Auto Accidents • Same Day Discounts

DISTINCTIVE PROPERTY SHOWCASE

103 WILLOW FARM ROAD | FAIRVIEW, NC 28730

4 BED, 6.5 BATH WITH 3-CAR GARAGE | MLS: 3221548 \$1,199,000

~ GATED COMMUNITY OF THE WILLOWS
~ OPEN FLOOR PLAN
~ CHEF'S KITCHEN
~ THE LOWER LEVEL HAS TWO BEDROOMS, HUGE FAMILY ROOM, OFFICE & WORK OUT AREA
~ THE UPPER LEVEL BOASTS TWO MASTER SUITES, PLAY ROOM & LIVING SPACE

~ WINDOWS & DOORS BY JELD-WEN
~ GORGEOUS VIEWS, MULTIPLE DECKS OF BRAZILIAN HARDWOOD
~ ENTERTAINERS DREAM! HOME WIRED FOR SOUND THROUGHOUT
~ ONLY 10 MINUTES FROM DOWNTOWN ASHEVILLE

D'ANN FORD REALTOR® | BROKER

ABR SPS

CAROLINA MOUNTAIN SALES
10 BROOK STREET, SUITE 235
ASHEVILLE, NC 28803
(828) 774-0288
DFORD@CAROLINAMOUNTAINSALES.COM
DOROTHYANNFORD.COM

Slick ICE (Image Composite Editor)

At the Women's March on Asheville a few weeks ago I had to duck my head as a woman standing next to me swept her cell phone over the crowd to get a panoramic image. It was the only way to capture the full sense of the size of the crowd. I admit I did not know (then) how to do it with my big DSLR camera. My *Crier* deadline was approaching, so I emailed my good friend and expert photographer Dan Klimek to ask, "Go with Microsoft ICE" (Image Composite Editor) was his suggestion, "it's free." Dan has a GigaPan motorized camera mount to grab images to the left and right and up and down, so he has put real money into the process. Google "Dan Klimek GigaPan Andromeda" to see an image of his farmhouse on the coast of Maine combined with images looking high up into the dark rural skies.

You'll notice immediately in Dan's image that you can't map the inside of the celestial sphere onto a rectangular flat screen or page without distorting it at the edges. If you force the image to be rectangular the image itself appears distorted, like the reflection in a bubble. That's why Greenland always looked like it should rule the world, being so much larger than the US in my old encyclopedia maps. Now imagine trying to slide multiple rectangular images together to make a panorama. Each one would look like a bubble. No problem: the good folks in the Microsoft Research Computational Photography Group have done the math for you — or most of it.

You still have the problem of avoiding parallax when you take the images. Hold out your thumb and look at it with one eye closed, then the other. The background shifts relative to your thumb because the images are "taken" from different places. That's parallax. Thus the woman at the March was doing it wrong by holding the camera at arm's length and sweeping; no math can cleanly stitch images together if they're taken from different places. Just rotate your cell phone about a vertical axis going through its tiny lens.

With a large DSLR lens it's a bit trickier. The spot to rotate the lens around to avoid parallax is the "entrance pupil." Hold your camera out and look into the front of the lens. You see a sharp image of the diaphragm stop, illuminated from behind by light coming into the camera through the eyepiece. My camera has a button to stop the

lens down to judge the depth of field before a photograph is taken. Set the stop to something like f/16, look into the lens and press the button. The circle gets smaller. That circle defines the position from which an image is taken. It will not move side to side when the camera is rotated about the correct point for a panorama. For the obsessive sorts, there are attachment plates that hold a camera and lens at the right position over a rotating tripod head to make perfect panoramas.

The correct spot is never the usual tripod screw, which is almost directly under the image sensor. If there are no objects close by, however, just rotating about the tripod screw is fine. That's what I did for the panorama below, taken with just two images and processed with ICE. I haven't cropped the top so you can see the distortions ICE had to make the images line up along their

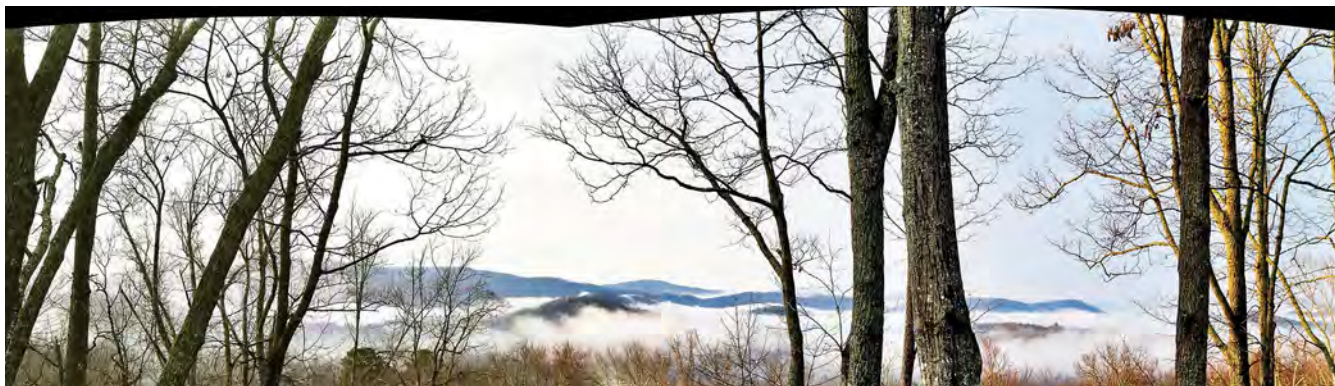
common edge. Even in the full-resolution combined image I haven't been able to see the "stitched" joint between the two images. Doing this with ICE was almost trivial.

Artists combined photos into montages long before digital stitching. Google "David Hockney photographic montage." He used Polaroids laid out beside and atop each other to create panoramas. Some combined different viewpoints of important details like faces of people. He called them "joiners." Add "mother" to your search to see how he handled even a straightforward portrait.

A great artist's vision can transcend even the simplest construction methods.



Steve Fulghum holds a Ph.D. in physics from MIT. His work is in Asheville's River Arts District and at stevefulghum.com.



Make a "Not-To-Do" List

Many make To-Do lists loaded with tasks, errands, and projects that they intend to take care of during the course of the day, or at some reasonable point in the future. If you're like most, you get a few things done, then transfer what's left over to yet another list.

Typically, these lists wind up getting filled with so many incomplete tasks that they become daunting. It can even get to the point where your bloated *To-Do* list is a major source of stress. If something isn't getting done, it may be due to procrastination, or it's simply something that is not that important. Leaving trivial items on your *To-Do* list bogs down your brain capacity and starts causing you to feel things like worry and fear, which are the two most damaging emotions for the brain.

I encourage all my clients who love lists to keep a *Not-To-Do* list. This type of list can actually have several different uses. Initially it acts as a garbage can of sorts where you can dump meaningless tasks that probably shouldn't have been on your *To-Do* list in the first place.

This turns your *To-Do* list into an exercise in prioritizing. It forces you to sit down and think about what you really need to get done, what you might want to do, and what really isn't that important. Then you can sharpen your focus and execute the important tasks in your life with fervor. You'll find that only a fraction of the tasks on your list are truly high priority! The other aspect of a *Not-To-Do* list is to

serve as a reminder of bad habits you want to avoid. It might be eating too much sugar, having one too many drinks, or smoking. Writing down bad habits that you know you shouldn't continue can be an empowering way to break negative cycles in your life.

It can also be a tool to help you identify sources of stress. You might include things on the list like "[not] getting angry in traffic today" or "[not] letting my annoying co-worker get to me." A *Not-To-Do* list can be a very powerful stress management tool!

Many modern-day taskmasters like Tim Ferris advocate *Not-To-Do* lists. It allows them to be much more proactive and productive than the traditional *To-Do* list. At the same time, it also allows them to tap into greater depths of creativity and innovation, because they're no longer bogging down their brain with things that are simply not that important.

Sit down and brainstorm about what is not serving you well on your current lists, and in your life in general. Then compile a *Not-To-Do* list. You might find that it will become more important than your *To-Do* list. This is a really powerful tool to ramp up your brain for peak performance, wherever that lies for you.



Dr. Trayford is a Board Certified Chiropractic Neurologist. More at ApexBrainCenters.com

Pneumococcal Vaccines

Best approach to prevention of the disease

Many adults are at risk for pneumococcal disease. Pneumococcal bacteria can spread from person to person by direct contact with respiratory secretions like saliva or mucus; people can also carry the bacteria in their nose and throat, and can spread it without feeling sick.

Vaccination the Best Way to Prevention

Each year in the United States, pneumococcal disease kills thousands of adults, including 18,000 adults 65 years or older. Numerous adults require admission to the hospital each year because of the disease. It can cause severe infections of the lungs (pneumonia), bloodstream, and lining of the brain and spinal cord. The best way to prevent pneumococcal disease is by getting vaccinated.

Q: Who is at the greatest risk for pneumonia?

A: Adults 65 years or older, children younger than 5 years old, people who have underlying medical conditions (like asthma, diabetes, or heart disease), and people who smoke cigarettes are at greatest risk.

Q: How can I prevent the spread of the disease?

A: Healthy living practices such as washing your hands with soap and water, cleaning

surfaces that are touched often, coughing or sneezing into a tissue or into your elbow or sleeve, limiting contact with cigarette smoke, and treating and preventing chronic disease are all ways to prevent the spread of pneumonia.

Q: Are there vaccines against pneumonia?

A: There are also two vaccines that can prevent pneumococcal disease:

- PCV13 (pneumococcal conjugate vaccine) provides protection against the 13 serotypes responsible for most severe illnesses.
- PPSV23 (pneumococcal polysaccharide vaccine) currently recommended for use in all adults who are 65 years or older and for persons who are 2 years or older and at high risk for disease. It is also recommended for use in adults 19 through 64 years of age who smoke cigarettes or who have asthma.

Most private health insurance policies cover these vaccines. Check with your insurance provider for details.

Matt Goddard is a Physician's Assistant at MAHEC Family Health Center at Cane Creek

SPINAL STENOSIS?

Leg Pain? Back Pain? Neck Pain? Arm Pain?

HELPING WHEN NOTHING ELSE DOES!

Using advanced treatments...

Non-surgical Spinal Decompression

Hako-Med Nerve Therapy

Class 4 25W Laser Therapy

PEMF Therapy

CALL FOR AN ALWAYS FREE CONSULTATION

628-7800

Fairview Hills Dr., Fairview • fairviewdc.com

If you decide to purchase additional treatment, you have 3 days to change your mind and receive a refund.

We love wee people!

- well child visits
- same day sick visits
- newborn, pediatric and adult care

Family Health Center at Cane Creek

Office Hours: Monday: 7:40am – 5:00pm
Tuesday – Friday: 8:00am – 5:00pm

628-8250

1542 Cane Creek Road, Fletcher, NC

Fairview's Hometown, Locally Owned & Operated Pharmacy

PREVENTIVE MEDICINE IS THE BEST MEDICINE!

Now filling prescriptions • ALL Insurances accepted • Price matching

Overwhelmed trying to manage your handful of medications?

If you or a loved one are living at home and have trouble remembering what pills to take when, we can help with a personalized prescription packaging solution.

Fairview Business Park
1185 Charlotte Highway
Fairview, NC 28730

Phone: (828) 628-3121
Hours: Mon-Fri 8am - 6pm
americarepharmacy.net

Are you ready to make your move?

LET'S MAKE IT HAPPEN!

Work with someone who is...

EXPERIENCED... PROFESSIONAL... SUCCESSFUL!

*Keller Williams Top Producer**

*In either Listing, Closing or Written Volume.

**August 2016
September 2016
October 2016
December 2016
January 2017**

Nina Kis 828-242-8029
AshevilleNina@gmail.com

kw
KELLER WILLIAMS

Corporate Relocation Specialist • President's Circle Winner • Chairman Circle's Gold Award
Distinctive Properties and Estates Award • Sponsor of Brother Wolf Animal Rescue

Spinal Stenosis Therapies

Spinal stenosis is a narrowing of the spaces in the spine that causes pressure on the spinal cord and nerves. About 75% of stenosis cases occur in the lower back (lumbar spine) and the in the neck (cervical spine). The narrowing of the spine associated with stenosis frequently causes compression of the nerve root, which can cause pain that radiates down the back of the leg or arms while one is standing or walking.

Many Causes

The causes of spinal stenosis are many, including degenerative disc disease, arthritis, instability of the spine or spondylolisthesis. Stenosis often appears in those who have a long history of back problems, and frequently the unusual leg symptoms are what lead to the diagnosis of stenosis. Symptoms can also include frequent falls, general clumsiness, pain and difficulty walking, numbness, tingling, or a "hot and cold" feeling in the legs. Diagnosis is somewhat difficult as the symptoms can be the same as those of other back-related issues; an MRI is the gold standard for proper diagnosis.

Treatment includes changing one's posture, nonsteroidal medications such as aspirin and ibuprofen, epidurals and rest. As a last resort, surgery is recommended. However, recent years have seen surgical options suggested more frequently.

Spinal fusion surgery, which is being recommended with increasing frequency for spinal stenosis, consists of joining or fusing two or more vertebrae in the spine. While such surgery has long been considered necessary after injury, infection or a tumor, there is not a lot of clear research showing benefits for other spinal problems, including stenosis. Indeed, a study at the Rush University Medical Center in Chicago concluded that, for spinal stenosis patients, the surgery may not be worth the substantial costs.

Recovery time

For those who do elect to have spinal fusion surgery, recovery time typically ranges from two to six months, and 20 percent of patients 80 and over require discharge to a skilled nursing facility, according to a results of a study published in the *Journal of the American Medical Association* in 2010.

Nonsurgical methods such as spinal decompression traction therapy and laser therapy, as well as nutritional and weight loss therapies, show promise in helping those with stenosis.



Dr. Reilly is past president of the NC Chiropractic Association. dreilly@fairviewdc.com, fairviewdc.com, 628-7800.

Are You a Dual Eligible?

Medicare Disability

Many people think that you must be at least 65 to get Medicare. However, if you are under 65 and are disabled, you may qualify for Medicare Disability, which is federally funded. The vetting process takes 24 months, but if you qualify full Medicare benefits will be available to you through Medicare-approved healthcare providers. You are still expected to pay the Part B and Part D Rx plan premiums. The qualifications are primarily based on the health conditions that prevent you from working.

Medicaid

This state-run program funded by federal, state and county governments. It is primarily based on the income and assets of the individual and is tied to the currently established poverty level. To receive Medicaid for the blind or disabled, a doctor must evaluate you. If you receive Supplemental Security Income, you are eligible for NC Medicaid and need not apply. Medicaid offers benefits not normally covered by Medicare, such as nursing home and personal care services. A caseworker at your local county Division of Social Services (DSS) office can help you determine eligibility. Other help is available, so if you don't qualify for Medicaid, you might for other benefits. Visit ncdhs.gov for information.

Just What is a Dual Eligible Anyway?

A Dual Eligible is someone eligible for both

Medicare Parts A and B and full Medicaid benefits. If you have Medicare and full Medicaid coverage, most of your health care costs are likely covered. You can get Medicare coverage through Original Medicare or a Medicare Advantage Plan (Part C). If you have Medicare and full Medicaid, you'll get your Part D prescription drugs through Medicare. You'll automatically qualify for Extra Help paying for Medicare prescription drug coverage (Part D). Medicaid may cover some drugs and other care Medicare doesn't cover. Medicaid never pays first for services covered by Medicare; it only pays after Medicare, employer group health plans, and/or Medicare Supplement (Medigap) Insurance have paid.

... But They Don't Cover Everything Special Medicare Advantage plans called Dual Special Needs Plans (DSNP) are available only to Dual Eligibles and have robust dental benefits including dentures, hearing aid benefits, gym memberships and over-the-counter pharmacy allowance as well as other benefits not covered by Medicare or Medicaid. Because Dual Eligibles have a continuous open enrollment, these plans are available to them all year long. Please call me if you have any questions.



Mike Richard is president of Prime Time Solutions. Contact: 628-3889 or 275-5863.

A Funbelievable Life... Fairview Edition

I just got back from a week of programs in Las Vegas. While there I got to see several friends' shows as well. Vegas, the land of magicians and their secrets.

They say magicians "never reveal their secrets." "There is truth to that, but it's not exactly accurate, as you will see from a recent conversation I had while building a new trick. I had stopped at a local shop to have some work done.

"A Gonk-U-what?" he asked.

"A Gonk-U-Lator," I answered. I was in my creating mode. You see, many magicians buy their props at magic shops or online. But most of the things I use in my programs are custom designed and built by me for specific uses and clients. I was building a new "pipe-dream" illusion for my upcoming summer library shows "Build a Better World" and for a corporate motivational speech I was writing.

Lots of times I get some of what I need at big box home improvement stores.

Secret Keepers

But... many times what I need are the hands of artisans. Machinists, welders, chrome platers, printers, blacksmiths, woodworkers, painters, graphic artists... any number of people who can help with my projects. And I prefer local artisans; they seem to understand the value of "keeping secrets!"

First I talk to them to see if they'll be a good fit for the project, and then next to see if they will keep my secrets. We don't enter into a formal signed document that a David Copperfield would use; it's more of a handshake and a chuckle when they find out what I want.

When I am out looking for things and people I need, I call it "expediting," a term I learned from an elderly Illusion builder, a Kentucky Colonel who taught me to create magic.

While "expediting" recently, I needed a machinist. I first checked online and discovered MDS, what I thought was a Machine Shop just "down the mountain" from me. Woo-hoo, local! When I called Steve, the owner, he told me about the "machine shop." He explained how they specialize in being one of the only shops in the area that can "weld just about any metal to any metal." No small feat in the welding trade, specializing in TIG Welding.

Steve went on to explain something that took me by surprise. The business was actually MDS Motorsports, on Ballard Creek Road, a speed shop that builds hot rods for people that want to "go fast!" They specialize in performance fabrication for complete drag cars, plus custom chassis work, rear end fabrication/narrowing, custom headers, forced induction, nitrous sales/installation, NOS bottle refills and engine and transmission building services. Whew! They sure are your "One stop chassis shop!"



Greg and his Gonk-U-Lator



MDS Motorsports speed shop

And the cars... whoa, the cars! Sweet-looking rides in varying states of completeness. Nice.

Steve told me he opened MDS because he wanted out of the rat race. He got tired of sitting at a computer all day and wanted something different, so he opened the Speed Shop in 2003.

When I arrived at MDS with my "Gonk-U-Lator" parts I met Mike, one of Steve's machinist/mechanics. Mike got my piece done in less than an hour! And when I went back to pick it up I met Steve in person. Nice guy, great vision for cars and a great "little" machine shop... a business that will be assisting me on all my future metal projects! Local definitely works!

As for the Gonk-U-Lator, it's a name I picked up from an old TV program that I grew up with. Drop me or *The Fairview Town Crier* a line if you know where it came from. (No Googling!)

And I hope you continue to join me on my adjustment to the move to Fairview.

After all, it is a Funbelievable life!

Greg Phillips is a professional speaker, magician and comedian. Contact Greg@GregPhillipsMagic.com or MountainMagicAcademy.com

Looking For A Fabulous Home? Let Karon Korp Help You find It!



409 Oak Tree Lane



100 Cliffview Drive



Old Eastwood Village



2174 Riceville Road, \$535,000 MLS#3205447

Thinking of selling your home? Choose a proven sales leader!



828.231.0041
www.ashevillerealtygroup.com

Helping you find the Perfect Place to Call Home...





Complex businesses need simple solutions.

Nationwide, a Fortune 100 company¹, is one of the largest and strongest diversified insurance and financial services organizations in the U.S. and is rated A+ by both A.M. Best and Standard & Poor's². We work tirelessly to provide our commercial customers in 46 states the insurance solutions they need to build secure financial futures.

Learn how I can help protect your business.

¹Fortune Magazine, 2015 ²A.M. Best, 2015 and Standard & Poor's, 2015

Products underwritten by Nationwide Mutual Insurance Company and Affiliated Companies. Home Office: Columbus, OH. Policyholder's financial condition, underwriting, guidelines, review, and approval. Products and discounts not available to all persons in all states. Nationwide is the Nationwide Mutual Insurance Company. All trademarks and service marks are service marks of Nationwide Mutual Insurance Company. © 2015 Nationwide. (700-016-1010) (03/16)



Nationwide
is on your side

Nationwide Insurance
McKinney Insurance Services, Inc.
Phone: (828)684-5020
www.mckinneyinsuranceservices.com

GOT TOO MUCH STUFF?



10 YARD CONTAINER
8' x 11' x 4'



20 YARD CONTAINER
8' x 22' x 4'



30 YARD CONTAINER
8' x 22' x 6'

We may be able to help you. We have 10, 20 and 30 yard roll-off waste containers for residential, commercial and industrial use. They work great for construction and demolition material and our fast delivery and pick-up service helps to get your project done in a timely and efficient manner. We serve the Buncombe and surrounding counties.

For information on prices and services, give us a call.

Mitch Contracting Company

828 252-0694

www.MitchContracting.com



GreyBeard REALTY

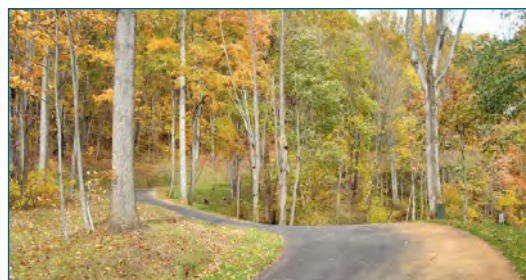
Local agents, local knowledge.

Serving the real estate needs of Black Mountain, Montreat, Asheville and the Swannanoa Valley since 1999.



Our Asheville location is conveniently located in Eastwood Village across from Ingles on Highway 74.

4 Olde Eastwood Village, Unit 201
828.298.1540 | greybeardrealty.com



214.54 acres in Maggie Valley/Jonathan Creek area. Price reduced!
\$1,075,000 MLS 3220837



3 BR/3.5 bath townhome in Burnsville gated community near Mt Mitchell Golf Course. \$439,000 MLS 3220929



West Asheville commercial space for sale off of Haywood Road.
\$799,000 MLS 3220812



5 bedroom 5 bath Gateway Mountain Home with 4+ private acres and beautiful long-range views. \$889,000. MLS 3232898



3 bedroom 3 bath custom A-frame home in Gateway Mountain with great views of Lake Lure. \$595,000. MLS 3239865



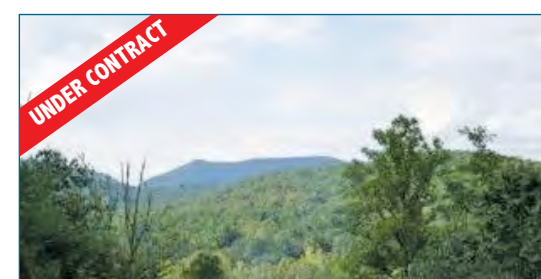
6-bed, 5.5-bath historic renovated 1950s lodge. 29 acres with 2 ponds and a stream.
\$999,000 MLS 3198929



2 acres with easy lake access in Lake Lure.
\$59,900 MLS NCM586427



2 BR/2 bath townhome with a 2 car garage, level entry in South Asheville.
\$222,000 MLS 3227220



1.21-acre lot in Fairview off Emma's Grove Rd. Convenient to Asheville with year round views
\$55,000 MLS 3217623

Looking for a property management company?

Greybeard's Property Management division manages over 350 vacation and long-term rentals in the Asheville area. Learn more at greybeardrentals.com or call 855.923.7940.

COMPUTER BYTES BILL SCOBIE

Searching, Surfing, Sending

Facebook may be finally making it just a bit easier to see all of their settings that control privacy: they have now put together a Privacy Basics (www.facebook.com/about/basics) that will lead you through their Privacy Checkup of your basic settings.

Look This Way

Another alternative to Photoshop that runs on Mac or PC and is free is Krita at www.krita.org/. Apart from letting you edit images, it has tools to more easily let you paint and create digital artwork. Have fun creating.

Even though Google became a verb some years ago, there are other search engines with different advantages. DuckDuckGo.com is a favorite for not tracking any information. For video search alternatives to YouTube, there is vimeo.com, and Yahoo does rather well as an alternative for image searches at www.imagesearch.yahoo.com. You can even search for sound effects at www.findsounds.com.

Surfing and Sending Safety

Public WiFi networks are pervasive and tempting to use, but there are steps you should take to keep your device and internet traffic safe. When using any network other than one you trust, always turn off file and printer sharing. If you are joining a network in Windows, always set it to public. Always turn off WiFi as soon as you are done. Make sure that you are using SSL (Secure Socket Layer) and that the web address starts with https, especially on any site you are logging into. Luckily, most

common social media sites have moved to SSL-based logins. Also, consider using your own smartphone as a hotspot for safer browsing; just avoid streaming long movies.

If you need to encrypt a file before you send it, try Whispily, www.whispily.com. It lets you encrypt a file and share it out through Dropbox, Google Drive or Microsoft's OneDrive; you can even add a PIN or password to further protect that file.

Sealed With a Kiss

With email, don't neglect the closing, as it may have an equally important effect on getting a reply. Boomerang, a company that makes email productivity programs, has studied email closings to see what differences they elicit. Business emails that ended with "thankful closings" like "thanks in advance" got the highest response rate. See www.blog.boomerangapp.com/2017/01/how-to-end-an-email-sign-offs/.

There are options to organize email; you can always just keep everything in the inbox and search for what you need, or try using priority folders in addition to the inbox: Today, This Week, This Month, and Informational. As new messages come in, sort them by when they need to be handled, or trash them.



Bill Scobie fixes computers and networks for small businesses and home.
628-2354 or bill@scobie.net

FOOD FOR FAIRVIEW VICKY BALLARD

Fairview Elementary's Food Drive

Throughout the year, Food for Fairview is the recipient of tremendous generosity and kindness. Individuals, churches, civic groups, and businesses provide both money and food to keep the pantry operating. We are always humbled by the munificence of these donors, but never more so than when Fairview Elementary School sponsors a food drive for Food for Fairview.

This year, the drive took place from January 30–February 3, and again we were overwhelmed by the generosity of the students. Even with a snow day on January 30, the combined total of food and money donated was the equivalent of 2293 pounds of food!

The teachers and staff of Fairview Elementary were extremely supportive, cheerfully taking on the extra work of a weeklong food drive. Food for Fairview's volunteers went to the school every afternoon, collected the food, took it to the pantry, counted, sorted and stocked the donations.

This particular food drive is good-naturedly competitive, with the different grade levels working to bring in the most food. All students are to be commended for their kindness and effort. This year, it was the Kindergarten level bringing in the most donations. Congratulations to these Kindergarten teachers and their students: April Barton, Katie Edwards, Rebecca Reeves, Keri Riccardi, and Caitlin Sullivan.

The class with the most donations receives a "reward" program from Food for

Fairview. On February 9, science educators from the new Asheville Museum of Science brought the Museum's inflatable dome to Fairview Elementary School. This immersive program allowed students to experience the nighttime sky and learn about constellations through stories and myths.

I'm constantly heartened by the way the community supports the pantry. The Fairview Elementary School food drive has demonstrated that the generosity of this community will continue with the next generation. Thank you, Fairview Elementary School!

Food for Fairview is an all-volunteer organization, supported almost entirely by donations from individuals and businesses within our community. The pantry is open on Mondays from 3–6pm and volunteers ensure that everyone who visits is served. If you or someone you know needs help with food, please visit. We're here to help.

Food for Fairview's pantry depends upon donations of food, pet food, hygiene items and money for the ongoing work of providing to our clients. Your donations make an exponential difference in the lives of friends and neighbors.

Donations may be made by mail to: Food For Fairview, PO Box 2077, Fairview, NC 28730, or online at foodforfairview.org.

Food for Fairview is a Tax Exempt 501 (C) (3) Corporation. For more information on our organization, please call 628-4322.

STEAM MASTER

Carpet and Upholstery Cleaning

Grout Cleaning • Mold Experts
24-Hour Emergency Water Extraction
We are specialists in insurance work!
(We can bill insurance company directly)
7 Truck-Mounted Units • 20 Years in WNC!

FREE ESTIMATES & NO HIDDEN COSTS!
828 628-9495

Certified / Licensed / Insured
Veteran & Family owned & operated by Larry & Cindy Harrington

INSTITUTE OF INSPECTION CLEANING AND RESTORATION CERTIFICATION
Angie's list
facebook

www.SteamMasterWNC.com

VISA
MasterCard
Discover

Let your child grow with us

NOW ENROLLING PRESCHOOL

Trinity Of Fairview

Education of Biblical Proportion!

Discounted early registration fee until March 31

Trinity of Fairview

Check us out on Facebook: [facebook.com/tofpreschool](https://www.facebook.com/tofpreschool)

CALL: Nichole Young at 828-628-188 ext. 208, or email weekdaykids@trinityoffairview.org.

Lions and Lambs

One of the characteristics of the winter of 2017 has been the degree and frequency of weather changes. For example, January was a warm month with temperatures averaging about 44 degrees F, which was about 7 degrees above normal; but even though it was warm it fell far short of the warmest January back in 1950, which had an average temperature of 50 degrees F.

In contrast, January 2017 was also snowy in that we had some cold air and a storm from the Gulf of Mexico that dropped about 7–8 inches of snow across the area. In January we received about 4–5 inches of precipitation, which for most of us was near or a bit above normal and quite helpful in alleviating some of the drought conditions.

See-saw Pattern

This winter, and I believe at least through a good part of April, we will see a continua-

tion of this see-saw pattern of warm/cold resulting in contrasting air masses across the area, with mild periods followed by colder Canadian air. These air mass changes are usually accompanied by strong cold fronts and great differences in temperature. Ahead of these fronts, it can be in the balmy 60's and even 70's followed by a drop into the 30's the following day. We should see a lot of this back and forth temperature change over the next month or so.

It's Not Unusual

These strong temperature changes are also associated with pressure changes across these strong cold fronts. These pressure gradients also create strong winds, which are greatest in the first 12–24 hours after the passage of a strong cold front. Strong north-westerly winds occasionally gusting to greater than 50 mph across the valleys, and possibly hurricane force (75 mph) at the ridge tops, can topple trees and lead to numerous power outages across parts of the area. It is not unusual to have this happen at least several times each winter and spring.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.



Is there any truth to the saying “If March comes in like a lion, it will go out like a lamb?”

It is in Earth's middle latitudes, between roughly 30° and 60° North and South, that a significant portion of “weather” can be said to happen; that is, where it may be warm, sunny, and calm one day and cold, overcast, and stormy the next. This is the zone where weather folklore seems to work best. The old saying, “In like a lion, out like a lamb” has always seemed a straightforward enough proverb: when March starts, it's still winter, and by the end of the month spring has begun in the Northern Hemisphere. However, spring has just sprung and in many places winter isn't really over yet. Because of increasing solar radiation received in March, average daily temperature changes quite a bit as well. On March 1 we receive 11 hours, 26 minutes of sun with an average high and low of 54/31 F; by the 31st we get 12 hours, 33 minutes of sunshine with an average high/low of 63/38 F. March also averages 4–5 inches of precipitation, and we can get some heavy snow if the pattern is just right. In fact, 10 of the largest 25 snowfalls have fallen in March. One of the most famous was the Blizzard of 93, March 12-14, when 1½-2 feet of snow fell, with some drifts to 4 feet.

Spring is Coming

Reminder: I end these articles with the phrase “You Are Here,” like the words on maps you see in malls, rest stops and other gathering places. Knowing where you are to begin with can obviously help you plan and get where you want to go. Now imagine a map of your own personal life journey with all the roles (I call them paths) you play, (parent, employee, son, daughter, traveler, student of faith, etc.) Once you know “you are here,” you can choose whether you want to stay, keep going in the same direction (stay the course), or alter that course. A part of knowing where you are on your life journey includes assessing the life tools you currently possess and your skill in using those tools, and then determining what tools you still need to add to your tool kit. Practicing using your tools also improves your chances of getting where you want to go. This is your life journey. With a little faith and practice using these self-empowerment techniques, you can make progress.

For years I drove to Rutherford County from Asheville a couple of times a week for work. The first color of late winter came from redbuds sprinkled between the browns of winter dormancy. Regardless of what was going on in my work-cluttered mind, the redbuds spoke to me. Forsythia yellow was usually close to the redbuds in the race to add color. They both connected me to the joys of the changing season. When I no longer had to

drive 30,000 miles a year, I planted forsythia and two nice redbud trees in my yard. They help me to stay in touch the joy of seasonal changes and to recognize my movement through time and space. I enjoy winter's short days, long nights, rest and renewal. I look forward to spring with its promises of new life as well as its call to action.

The Ant and the Grasshopper

Agrarian societies used winter to fix tools, share body heat, use some of the stores from fall harvests and help less fortunate neighbors, because their roles could be reversed the next year. The fable of the Ant and the Grasshopper comes to mind for some reason. The fable supports the virtue of hard work — or does it? The ant prepared well for winter while the grasshopper did grasshopper things. When winter came, the starving grasshopper begged the ant for help and the ant refused. The fable was first told around 600 BCE, and there is still a debate as to whether the ant was virtuous, and/or selfish and uncharitable.... “We are here.”

The message of new life we see this spring offers us an opportunity to again assess our priorities. Potentially life-sustaining choices will be made as we venture outside more and are confronted with our evolving needs and the needs of our neighbors. Springs call to action may also include counting our blessings and finding ways to feel more connected.

People come from all over the world just

The first official day of spring is March 20. Consider these questions when assessing where you are.

- What seasonal message are you hearing?
- How are you gaining connectedness?
- How are you pursuing happiness?
- What life tools have you acquired and which ones do you still need to acquire?
- What are the most important paths on your journey and where are you on those paths?
- Are you headed where you want to go?
- What are the redbuds and forsythia saying to you this year?
- How are you practicing/pursuing self-empowerment?

to look around western North Carolina and experience our land, water, air and diverse people. You might say we are a new kind of agrarian society here; the bounty of the land is once again sustaining many of us simply by attracting people who want to connect to its beauty and spend money doing it. We have hard choices to make about this land, water and the air as well as about human potential. The next time you see the purple of the redbud or the yellow of the forsythia, you may want to consider some of the many ways you can be connected to spring's call

to action and its message of new life here in the mountains.

“Walkabout”

All of us are both aided and influenced by technology, but the many options for personal growth that exist in our environment beyond technology can open new opportunities for self-empowerment. I encourage you to put your phones and other devices away for a moment and take time to get out and try something the aboriginal Australians call a “walkabout.” Explore your journey within the majesty of western North Carolina's land, water, air and people; perhaps try to see it all again for the first

time. When you see, smell, taste, hear and feel the world around you, while joining with your neighbors, you give yourself the opportunity to connect at deeper levels and truly experience the joy of the seasonal message.

You Are Here.



Blair Clark is a Licensed Professional Counselor Supervisor and author of *Answers to What Ails You (AWAY)*.

FAIRVIEW LANDSCAPING

828 628-4080
2135 CANE CREEK ROAD IN FAIRVIEW

It's time to call us for your mulching and installation needs. We will do all the winter debris cleanup and get you ready for spring. Are you having a hard time getting to where you need to go due to washed out gravel roads or driveways? We can fix that problem. We can completely redo it or scrap and gravel it. We can clean out the ditches, install culverts so water will stay in the ditch and not on the road or driveway. We can also take care of drainage problems. We install catch basins and all types of storm drains. We are a licensed contractor and we are fully insured. [So give us a call and we will get 'er done.](#)

www.FairviewLandscaping.com

New Moon Marketplace

Open Tuesday–Saturday, 10–6
Open Sundays 12–6 mid March
828.222.2289

a great place to shop for an ever-changing selection of antiques, collectibles, vintage signs, jewelry, pottery, clothes, gifts and more.

1508 Charlotte Hwy in Fairview
www.newmoonmarketplace.com
contact@newmoonmarketplace.com

Now accepting vendor applications!

Follow us on Facebook for Daily Deli Specials and Soup of the Day!

TROUT LILY DELI & MARKET
Artisan Pantry since 1986 Local Roots

Grab one of our new **Sicilian Pesto Chicken** Paninis, Barbecue Tempeh Sandwiches or a fresh Cobb salad from the case! Plus we can always custom make your deli item to suit your taste! Freshly made hot soup daily!

NOW OPEN AT 7 AM and awaiting making your dream breakfast from our selection of fresh ingredients, including **local** and **organic**!

628.0402 • 1297 Charlotte Highway • troutlilymarket.com

Once upon a time, there was a
dirty carpet.
Now, there's just a memory.

828-333-6996
rainbowintl.com/asheville
24/7 Emergency Services
Water, Fire, Mold, Smoke, Odor & Encapsulation

Cleaning and restoration services to help you live Happily. Even after.

FAMILY CARE of Fairview

“Where you are treated like a member of our family.”

We are committed to providing compassionate, quality care to patients in a timely manner. Our health professionals are dedicated to helping people realize their full potential with their health, lifestyle & attitude. We want to help our patients in the journey to be healthy and strong. Let us be your partner in health!

Diana Bradley, MD
Paul Chang, MD

Rebecca Clemenzi, MD
Frederick McIntyre, PA-C

136 Charlotte Highway, Asheville, NC 28803 | (828) 296-0880
Monday–Thursday, 8:30am–6:00 pm; Friday 8:30am–3:00pm
www.fcfairview.com

Registration Open for The Montford Moppets

The Montford Park Players has opened registration for its popular summer program, The Montford Moppets. The 2017 Moppets will be taught by regular actors and directors at Montford Park Players, Jeff Catanese and Ashleigh Goff. Last year The Moppets performed some of Shakespeare's most-beloved scenes with modern translations by the tweens and teens themselves. This year they'll perform a shortened version of Macbeth. The final

presentation of the show will precede Montford's premiere of the classic Peter Pan on August 11, 12 and 13. Mr. Catanese says, "The audiences who witness how a group of kids can grasp and perform such complex subject matter are in awe. The kids who join The Moppets really come to work. But we have a lot of fun at the same time." Registration for The Montford Moppets can be done online by going to montford-

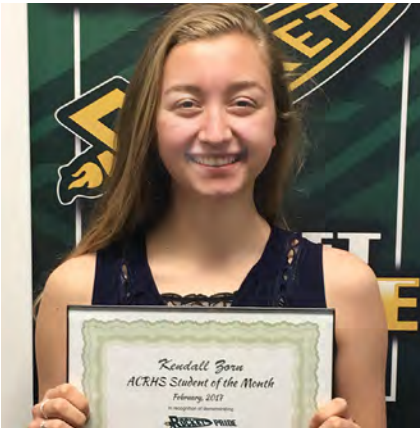
parkplayers.org/montford-moppets, and is open to kids from 9 to 17. The number of students who can participate is limited, so Montford Park Players urges parents to take advantage of the "Early Bird Special" rate before June 1. For details parents can contact Montford Park Players' Education Director Cary Nichols at cary.nichols@montfordparkplayers.org, or call 254-5146. Deadline for registration is July 24.

March is Multicultural Month at Fairview Preschool

March is International/Multicultural Month at Fairview Preschool, and special guests are coming to school from countries including India, England, Nigeria, Costa Rico, Congo and Hong Kong to cook, play musical instruments of their countries and talk about children and schools around the world.

In February the school held its annual Trike-A-Thon to raise money for St. Jude's Children's Research Hospital. The students loved that members of the Fairview Fire Department visited the school to talk about bike safety.

Fairview Preschool is now taking applications for Fall 2017 and the 2017-2018 school year. Call 338-2073 or email info@fairviewpreschool.org to schedule a visit during school sessions.



Kendall Zorn is ACRHS Student of the Month

The Fairview Town Crier and AC Reynolds High School are pleased to announce Kendall Zorn as the March student of the month. Kendall's math teacher Wendy Wheeler had this to say: "Kendall comes to class each day with a great attitude and a smile on her face. She is kind and helpful to everyone. Kendall is an outstanding student. She puts for her best effort in all that she does. She takes responsibility for her learning by asking questions about homework and classwork, volunteering to put problems on the board for class discussion, and working well with others during group work. Her work is always neat and complete. She is all-around awesome!" Congratulations, Kendall!

Students on the Move: Early College in China

When a small voice says, "You can do this!" sometimes you need to listen. That's what Dr. Donna Lanahan, new Principal at Buncombe County's Early College, learned this year. She thought, "I'd like to do something bold — I'd like to send one or two of our students all the way to China."

It seemed impossible that Dr. Lanahan could send even two students from this small, unique, AB Tech-based high school program to the other side of the world. But she had grant funds, she had the support of our school system, and with other faculty and school leaders, they found a way to make it happen. But it wasn't just one or even two students: thirteen students and two teachers made the multi-city trip.

At our February School Board meeting we were privileged to hear a presentation from two of the thirteen Early College students who traveled to China in January.

Kimberly Guevara and Sam Carlson, the two student presenters, could not have been more enthusiastic about the experience. They told us all about it, including the eight universities and seven corporations that they visited over the course of their twelve days there. In addition to these opportunities to connect the worlds of education and work in China, they saw important cultural landmarks, including the Confucius Temple and Nanjing Massacre Museum. They learned about water conservation, geology,



hotel management, videogame production and much, much more.

What we heard from these two students, though, was not just a travelogue. This was clearly a life-changing experience. They were exposed to more than Chinese culture: they made friends with fellow student travelers from Australia and the Netherlands as well. Sam said, "This experience changed us as students and as people. I see a lot more opportunities outside of the U.S., and I'm interested in going back for an internship or even for college."

Dr. Lanahan echoed this perspective, saying "BCEC students were immersed not only in Chinese culture and language, but they were able to make curricular connections with science, technology, arts and history. Students and teachers alike were able to explore what it means to be ready for international colleges and careers. This trip to China and other global education opportunities like it provide students in Buncombe County with promising new perspectives on our world and their futures."

With international trips, dual language classes, cultural programs and many other opportunities, Buncombe County Schools places a particular emphasis on global education for our students. The newly adopted Direction for our school system is as follows: "Our students will become successful, responsible citizens in an ever-changing global society." As Superintendent Tony Baldwin stated at the meeting, "Global education is now more important than it's ever been. Thanks to emerging technologies, we have new bridges between Buncombe County and countries around the world. How can we expand these opportunities?"

"This experience changed us as students and as people. I see a lot more opportunities outside of the U.S., and I'm interested in going back for an internship or even for college."

—Sam Carlson, student presenter

Dr. Lanahan and her team found a way to dream big and make that dream a reality. I hope we can find many other such wonderful opportunities in the Reynolds District and across all Buncombe County Schools.

Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

Trinity of Fairview

Don't let summer sneak up on you... Register NOW for Summer GROW Program for kindergarten through 5th grade

For information, visit trinityoffairview.org or facebook.com/tofweekdaykids Call us at 628-1188, ext. 208 or email weekdaykids@trinityoffairview.org

Trinity of Fairview Church 646 Concord Road Fletcher

GROW their Faith. GROW their Friendships. GROW their Minds.

Horseback Riding Arts & Crafts • Pottery Theater • Singalongs

Let your child to have fun this summer at Hickory Nut Gap Farm Camp learning how to do things and having a wonderful time! No matter what skill level or interests a child has, HNGF Camp has activities to let each excel in a nurturing atmosphere. Each day's activities are varied and include horseback riding, swimming, arts and crafts, and more. Camp is open to boys and girls age 6 to 13 with dropoff at 9 am and pickup at 4 pm.

FIVE WEEKS AVAILABLE:

WEEK 1 • JUNE 19-23

WEEK 2 • JUNE 26-30

WEEK 3 • JULY 3-7

WEEK 4 • JULY 10-14

WEEK 5 • JULY 17-21

One-time registration fee of \$25

Cost for each week of camp is \$450

HURRY! APPLICATIONS DUE MAY 29!

828.273.6236 or 828.628.2616

www.hickorynutgapfarmcamp.com

Seed & Suet SALE

Your Birds and Budget Will Love It.

Save Now

20 lb. Bags of Bird Seed and Cases of Suet Cakes*

Daily Savings Club Members Don't forget you save 5% off sale prices.

*Valid only at the participating store(s) listed. One discount per purchase. Offer not valid on previous purchases or sale items. Offer valid thru 3/12/17.

Two Asheville locations:

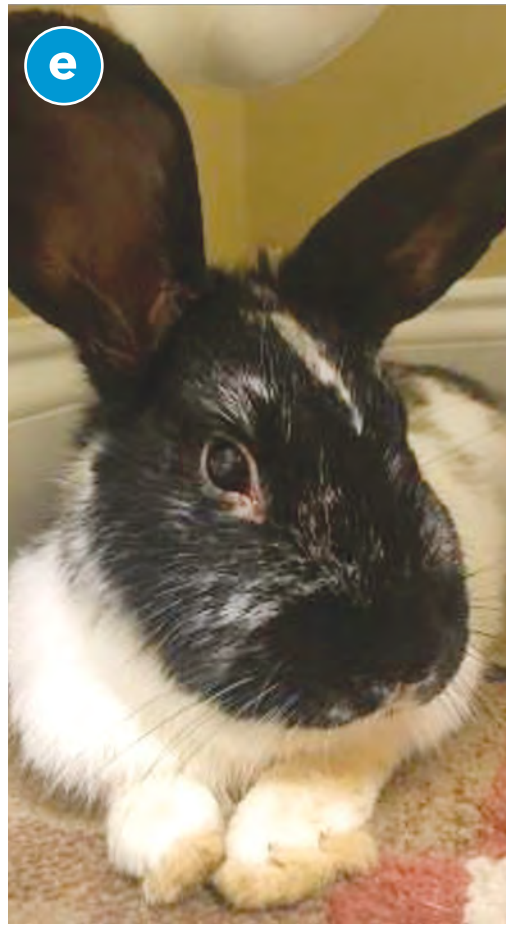
10 Crispin Court, Ste D-102 • 828 687-9433

946 Merrimon Ave #120 • 828 575-2081

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

March Calendar for Reynolds Schools

- March 3, 5 pm** Fairview Flyers Unicycle Team at the Southern Conference
- March 7, 6 pm** Reynolds High Rising 9th Parent Night
- March 8, 6 pm** Cane Creek Parent Night for Nesbitt Discovery Academy & BC Early College
- March 9 EARLY RELEASE**
- March 9, 7 pm** Reynolds High Spring Choral Concert
- March 10** Regular School Day (due to snow make-up, this is no longer a Teacher Work Day)
- March 13-14** Bell Elementary Indoor Planetarium
- March 14, 6-8 pm** Bell Elementary STEAM Night
- March 16, 5 pm** Oakley Elementary Reading Curriculum Night
- March 16, 7 pm** Reynolds High Band Pre-Festival Concert
- March 25, 3 pm** Fairview Flyers perform at WLOS Health Expo, Ag. Center
- March 25, 9 am** Reynolds High Band Craft Show
- March 27, 6 pm** Cane Creek Parent Night for incoming students
- March 30 EARLY RELEASE**



ADOPT ME!

a. Pete is a Spaniel/Corgi mix and super affectionate. He loves to explore, go on walks, be the center of attention, but is not house trained and not good with children. *Charlie's Angels*

b. Chorizo is a beautiful young cat. He loves to play with cat toys, chase a laser pointer or climb a cat tree; he is curious and always likes to be around his people. Chorizo does well with other cats his size or larger and ignores dogs but probably would prefer a home without small kids. He has excellent litter habits. Contact yuliyabates@gmail.com for more information. *BWAR*

c. Addy is an energetic and petite 2-year-old Pit Bull mix. Volunteers gave her rave reviews after taking her on Hiking Hounds outings, and she has gotten along well with other dogs. Addy enjoys getting endless tummy rubs and she is an expert at playing fetch. *AHS*

d. Calico Yes, Calico is her name as well as her incredibly gorgeous color palette! She's a domestic short-hair, born on June 1st. She likes to take a moment to smell your hand if you offer to pet her then there's no stopping how appreciative she is. Her fur feels like silk so you'll enjoy it as much as she does! She's a very special sweetheart! *Charlie's Angels*

e. Artex was found in a barn and had a few wounds that needed stitches. He's really smart; he's learned litter box etiquette very quickly. Still a little scared but loves to be held and will cuddle right up to you. Contact [Cristina, cbboston1@catamount.wcu.edu](mailto:Cristina_cbboston1@catamount.wcu.edu), for more information! *BWAR*

f. Nidorina, a sweet little female guinea pig, currently resides in a foster home. To learn more, contact Athena_akinch1@aol.com. *BWAR*

g. Barney is a sweet and loving dog. He is pretty high-energy, but is starting heartworm treatment soon, so he must get used to more rest. He's often content to curl up and go to sleep, but he sometimes gets puppy-like bursts of energy. *BWAR*

h. Thelma and Louise are a bonded pair of red-eared sliders currently residing in a loving foster home. Contact r.byerly01@gmail.com for more information. *BWAR*

i. Nimah is a 3-year-old female cat who would be a great companion. She is playful, affectionate and has excellent litter box habits, adjusted quickly, and got along with other cats in her foster home environment. *AHS*

Local Animal Shelters and Rescue Organizations

Animal Haven of Asheville
299-1635 or animalhaven.org

Brother Wolf
885-3647 or wncanimalrescue.org

Charlie's Angels Animal Rescue
885-3647 or wncanimalrescue.org

Humane Society
761-2001 or ashevillehumane.org

See *Community Events* section, starting page 2, for *Pet Events*.

PET VET DEAN HUTSELL

Noise Aversion in Dogs

Here comes an early spring for us, according to the results on Ground Hog Day. Spring weather produces rains accompanied by lightning and thunder, and this is probably one of the biggest causes of the fear reaction in dogs. The behaviors resulting from thunder phobia cause distress to pets as well as their owners. Pets with noise aversion can become destructive and highly agitated; they may hide, seek out their owner, or in some instances run away from home.

Developing Phobias

Histories on pets have shown that those experiencing fearful noises when young

were more likely to develop phobias as they matured. The initiating causes could be anything associated with the noise. For example, during a storm where an animal is afraid of thunder, the other sounds of rain — wind, clanging bells, wind chimes, water running down the gutter and changes in light — were shown to initiate fear as well. Also, changes in the barometric pressure, air quality and even their owner's behavior can be stimuli that precipitate a fear episode and cause the pet to panic.

Treatment for noise aversion has changed over time; modification of the pet's behavior coupled with medication is now being used most often. Medications can work wonders for controlling the symptoms; however, dosing at the correct time can be a problem, as many storms are unpredictable and owners are not always at home. A clear and consistent behavior modification format should be put into place along with any medication so the pet can be taught to relax and not panic when adverse stimuli occur.

Behavior problems associated with noise can be corrected, but it takes commitment by the owner and continued involvement to achieve results. Change doesn't happen immediately and it can take many months to see improvement.

Medication Considerations

A special note regarding medication used for noise aversion in dogs: Zoetis has brought to the market a medication named Sileo, which is dosed usually 30 to 60 minutes before the anticipated noise stimulus. It can be used for any noise phobia in healthy dogs but it is not available for cats. It comes in a special dosing package and is easy to administer. The most significant drawback to this medicine, as well as all the other medications used for noise aversion, is onset of action. However, this medication shows promise and can be given in anticipation of storms, fireworks, and noise from discharging firearms.

Dean Hutsell is a Doctor of Veterinary Medicine at Fairview Animal Hospital

Your Birthday Wish Will Help Animals in Need

The Asheville Humane Society is now offering a new opportunity to help local animals. Leading up to your birthday, you can create your very own campaign to raise funds for the animals at Asheville Humane Society. Donations will provide them with essentials of care and enrichment.

"Birthdays are a celebration of life, and we hope animal lovers will consider pledging their special day (or month) to help our homeless pets begin a new life of their own," said Meredith Riddick, communications and digital fundraising manager at AHS. "Giving an animal a second chance is the most meaningful birthday gift you could ever receive."

Birthday campaigners are invited to set up their personalized page online and use social media and email to request donations as birthday gifts. Setting up a page is quick and easy using everydayhero.com, a secure fundraising platform. Those interested can sign up anytime; instructions to set up the page will be sent one month before your birthday... and campaigners who raise \$100 or more will receive an Asheville Humane Society hat. Sign up and pledge at signupgenius.com.

FOR THE BIRDS SIMON THOMPSON

Our Three Nuthatches in WNC

A small nasal trumpet-like sound emanates from the bare woodlands, followed by some light tapping and some more nasal call-notes. A pair of White-breasted Nuthatches flies into view. These small birds of gray, black and white coloring are common and widespread in our deciduous forests and are easy to attract to our feeding stations. Just fill a feeder with sunflower seeds and White-breasted Nuthatches, along with Tufted Titmice and Carolina Chickadees, are sure to be among the first visitors to this new food source.

We have all three species of eastern nuthatches in Western North Carolina. These include the aforementioned White-breasted — the most common and the largest of the three species in our area. The small and very cute Brown-headed Nuthatch is mostly restricted to the pine forests of the Coastal Plain and Piedmont, with a small population here in Buncombe County restricted to areas around UNCA and Weaverville. The third nuthatch is the lovely northerly Red-breasted Nuthatch. This widespread bird occurs throughout the northern hardwood and spruce-fir forests from Alaska to Labrador, and has a small range that extends down the Appalachians into Northern Georgia. It's also the most migratory of the 3 species, with individuals having strayed at far as Western Europe.

We are all familiar with woodpeckers and how they feed by climbing vertically up tree trunks. Nuthatches can do the same, but also have the unique ability to walk down the tree headfirst as well. This is particularly useful as the bird creeps around looking for insects in the bark crevices.

North America has four species of nuthatches — the three eastern ones plus the Pygmy Nuthatch from the western United States. Surprisingly, no species are found in South America, but additional species occur from Western Europe and North Africa east into China and south into Southeast Asia as far as Indonesia, though they don't make it across Wallace's line into Australasia.

Back here in Western North Carolina, both the White-breasted and Brown-headed Nuthatches are resident throughout the year,



White-breasted nuthatch, Red-breasted Nuthatch

but, as I mentioned earlier, the Red-breasted Nuthatch is a strongly migratory species. It reacts to the seasonal change and the shortening food supply by moving south.

This smaller and more colorful cousin of our familiar White-breasted Nuthatch breeds at higher elevations throughout the Blue Ridge, at the junction of the northern hardwoods and spruce-fir ecosystems. As you take a walk at this elevation during the appropriate season, you can often hear the slow "beep, beep, beep" of the Red-breasted Nuthatch, a sound I liken to the slow reversal notes of a forklift truck! This winter has seen a moderate invasion of this attractive species throughout the southern US, with many being seen as far south as mid-Georgia.

Red-breasted Nuthatches are easily distinguished from the larger White-breasted Nuthatch by their smaller size, reddish-brown underparts and a white supercilium that stretches above the eye. They also have a black eye-line and cap and gray upperparts.

The smaller Brown-headed Nuthatch is quite uncommon in our area of the mountains; it seems to be restricted to certain pockets of Virginia and White Pine in the northern section of Buncombe County. There are usually a couple of pairs at either the Elisha Mitchell Audubon's Beaver Lake Bird Sanctuary or in the pines along the shores of Beaver Lake. They are smaller than both of the other nuthatches, have brown heads and have a very distinctive "squeaky toy" vocalization.

All three nuthatches regularly visit bird feeders, and in the appropriate areas it may be possible to see all 3 species at the same time — always an enjoyable sighting of these very charismatic birds.

Simon Thompson owns and operates Ventures Birding Tours. Contact VenturesBirding@gmail.com.

Flying Cloud Farm

It's time to think about a Farm or Market CSA share for the 2016 season. Visit our website for details. www.flyingcloudfarm.net

1860 Charlotte Highway • Fairview NC • flyingcloudfarm.net

ON THE ROAD



John Kledis of Fairview and his son Joe kept up with hometown news while on a fishing trip to the South Island of New Zealand.

SMCC to Acquire New Land

The Spring Mountain Community Center hopes to close on land next to its current site by May 1 of this year, and a big question is how the land will be used by the Center.

A series of planning sessions have been scheduled to help decide how the community might use the land. All interested are invited to join with others on Thursday, March 9 at 5:30-7:00 pm in the upper building of the Center to help start the planning process. There will be several sessions to make sure all in the community have a say.

Fairview Baptist Pie Sale Continues Through March

To raise funds for their 2nd Annual Youth Retreat, Fairview Baptist Church will fill same-day or advance orders for their delicious Chocolate, Lemonade, Million Dollar and Peanut Butter pies.

Fairview Baptist Church will partner with Camp Good News for the "Meet with God" Youth Retreat for middle and high school students. Many students are counting on the kindness of the community for its support through the Pie Sale, which will continue until Easter, April 16.

The cost of each pie is \$10.00 and can be ordered on the same day or in advance for pick up at Fairview Baptist on 32 Church Road.

The Fairview Baptist Pie Sale team is grateful for the community's help in making change that matters in the lives of the students.

For more information or to order, visit Facebook, Twitter or call 231-5035.



The land can have many uses, but the idea is to seek what can work best with the land along the creek. The first session will be directed toward coming up with an overall statement that can be a guide for making decisions in the future. Once this is decided, suggestions for use will be discussed and the best options will be determined.

All are invited to join in helping to plan this new addition to the SMCC. For more information, contact jimsmith1945@gmail.com or call 864-313-5106.

New Rental Contact for Spring Mountain Community Center

Jean Robbins will take over from Bruce Whitaker as the new rental manager at Spring Mountain Community Center. She will help with all rental questions and oversee the calendar; contact her at 233-5601.

There are three areas that can be rented at the Center: the upstairs main meeting area, the lower level meeting area and the outside picnic pavilion.

Many thanks to Bruce Whitaker for his service to SMCC and best wishes for enjoying his much-needed rest from calls.

A Short Story About Fingernails by Peg Rhodes

When I was a very little girl I had a bad habit of biting my fingernails. My mother and aunts were after me all of the time, begging me to stop. They said it was not ladylike and might even abuse the tips of my fingers. I knew they were right, but it was a habit. Many times I made a sincere pact with myself, vowing not to ever bite a single nail again, but without realizing it I would find myself chewing away.

It was depression time when funds for non-necessary things were non-existent. In desperation, my mother promised to buy me a beautiful manicure kit with everything needed to produce handsome fingernails, but only if I had the courage to quit.

This must have made an impression on me, and with super will power, I broke the habit. It was difficult, but I did stop biting my nails and won my charming prize. I finally grew long, shiny pink nails that extended beyond the ends of my plump little fingertips.

When I was 12 years old, I became interested in listening to Miss Ida Peete's phonograph. I would sit on the floor by the machine, open the small mahogany doors and listen over and over to my favorite violin piece, "The Rondino," played by the great Venetian violinist, Fritz Kreisler.

My home was always filled with music. Mother was a pianist and teacher, my father a singer, my sister an exceptional pianist, but to me, the sound of a stringed instrument was different. I decided I would die happy if I could ever play that solo on a violin. Finally the great day arrived when I was taken to the Memphis Conservatory for my first violin lesson with a fine teacher, Genevieve Headlee. It was prearranged that she had a small violin and bow for me to try. My first violin lesson was at hand. I was widely excited and a little scared of this new experience, but had dressed carefully in my Sunday dress, and had my fingernails looking their stylish best.



The author and her beloved violin.

Miss Headlee told me a lot about violins, pointing out their carved scrolls and pegs, and then tested me to match tone pitches to see if I had a good "ear." She played for me and showed me how to hold the instrument and bow. It was a thrill to run the bow over the open strings and to hear that sweet sound. I was happy that my dream was coming true, but suddenly Miss Headlee went to her little closet

and came out with a pair of small silver scissors. She then said, "My dear, you have beautiful nails and I know you are proud of them, but you must cut off those long fingernails at once." I was shocked.

"What? Cut off my lovely shiny pink nails? Impossible!" Miss Headlee kindly explained that if I really wanted to play the violin, the fingernails had to go and my nails would need to become very short (and to my idea, very ugly!)

So it was a painful decision that I made that day, one that has lasted all the rest of my life. With tears, I chopped them off — a memory I have never forgotten. Over time, as I progressed and began to play some pretty violin music, I realized that making "fiddle" music was worth the sacrifice.

Today I am a very old woman, turning 96 this March, and after a busy and happy career of teaching, and performing sonatas, concertos and chamber music in symphonies, I know it was a good decision.

Today I no longer play and I finally sold my wonderful Italian violin because I wanted someone else to make it sing. Now I look at my old wrinkled hands with blue veins, and arthritic knuckles, and though my fingers are still supple, I no longer play violin... but once again, my nails extend longer than my fingertips. It proves that there is a time and place for most everything.

EDITOR'S NOTE: This short essay was written in February by my much-loved and respected mother-in-law, Sara Margaret Mitchell Rhodes. It was just something she dashed off and emailed to me and a few friends, as she does from time to time. I felt it was an appropriate way to say, Happy 96th Birthday Peggy Rhodes — on March 12. You are an amazing woman whose life makes beautiful "music" that plays on and on and continues to inspire.

Trinity of Fairview
Rev. Stacey Harris
A LIVING CHURCH SERVING A LIVING CHURCH

Sunday Worship Services
9:00am and 11:15am Small Groups 10:10am
Wednesday Worship Services 6:30pm

828-628-1188 646 Concord Rd, Fletcher
www.TrinityoffFairview.com

Calvary Baptist Church
"Calvary Will Make A Difference"

Located Conveniently
off Hwy 74 in Fairview

Worship Times:
Sunday: Sunday School - 10:00 AM
Morning Service - 11:00 AM
Evening Service - 6:00 PM
Wednesday Evening - 7:00 PM

www.calvaryofffairview.org

Need a quick gift?
How about a custom gift basket of all local products!

HUB
OPEN M-F 10-6 pm
628-1422

1185 Charlotte Hwy
next to Americare Pharmacy

Artist Illustration of your Home

Local Artist
Pencil or
Pen & Ink
Great Gift

Jim Stilwell.com
(your home illustrated)
828-275-3214

Moose Ridge
DESIGN & CONSTRUCTION

Bob Lund in Fairview
828 777-6466

"Anything short of a house!"

DISCOUNT MOWING & ODD JOBS

20% discount for Seniors,
Single Parents and Churches!

Call Steve for a FREE ESTIMATE!
704-813-6368

Fairview Christian Fellowship
Affiliated with the Presbyterian Church in America

Worship 10:00 am
Pastor: Rusty Harper
628-1044

www.fcfpc.org
Located on Old U.S. 74—the log church on the hill
next to the Fairview Library

Fairview Baptist Church

32 Church Rd
PO Box 1339
Fairview, NC 28730
828 628-2908
www.fbc1806.org
contact us @fbc1806.org

SUNDAYS
Morning Life Groups 9:45 am &
Sunday Worship 11 am
Evening Life Groups & SPK Kids 6 pm

WEDNESDAYS
Family Night Supper 5:45 pm
A.M.P. Ministry 6:15 pm
Team Kids - X180 - High School - Adults
Wednesday Night Worship 7 pm

Wanda McElrath

828.691.6700
Convenient Fairview Location

Auto Titles • Boat Titles • Trailer Titles • Property Easements,
Deeds • Power of Attorneys • Wills • Probates, Etc.

NOTARY PUBLIC

BASEMENT • CRAWL SPACE WATERPROOFING
Moisture & Mold Control • Restoration
Drainage • Retaining Walls • Erosion Work

GUARDIAN PROPERTY SERVICE
699-6262 David Hill
guardian.wnc@gmail.com

Licensed/Insured/References • Doing Business Since 1997

ALL SEASONS
HEATING & AIR CONDITIONING

828 651-9998
3861 A Sweeten Creek Road
Arden, NC 28704
www.allseasonsnc.com

Morgan Pelly
828 776-1728 cell
morgan@allseasonsnc.com

Dee Trivette Autumn Swafford
OWNER/STYLIST/ NAIL TECH STYLIST

Creative Touch
HAIR & NAIL SALON
WALK INS WELCOME!
628-0401 • 1346A CHARLOTTE HWY • FAIRVIEW

Pleasant Grove Baptist Church
455 Hollywood Rd., Fairview
Phone: 628-2032
Pastor: Ron Roberts

We invite you to come worship with us.
"A mission-minded community-based church."

Sunday School 9:45
Worship 10:45
Children's Church 10:45
Evening Worship 6:00
Wednesday Evening 7:00

T. P. Howard's Plumbing Co., Inc.
90 Number Nine Road, Fairview

KOHLER MOEN SHOW HOUSE

Pat Howard
President
path@tphowardsplumbing.com

Phone: (828) 628-1369
Fax: (828) 628-0130
Web: www.tphowardsplumbing.com

GALLOWAY MASONRY

• BRICK
• BLOCK
• STUCCO
• FOOTINGS
• CULTURED STONE

828-776-4307

FAIRVIEW Health & Retirement Center

828 628.2800
3016 Cane Creek Rd., Fairview
Fleshers.net

• Medical Care
• Nursing/Rehabilitative Care
• Variety of accommodations
• Assisted Living
• On-site pharmacy

A family caring for families since 1954

Asheville Tree Ninja

Tree Trimming & Removal
Storm Clean-up • Views Cleared
Tree Safety/Damage Assessment
Cabling, Bracing & Crane Removal
Stump Grinding • Fully Insured

MATT SIEBERT
828.582.4815 • AshevilleTreeNinja.com
treeninja.avl@gmail.com

Great Wall
CHINESE RESTAURANT

TAKE OUT ONLY
4 Olde Eastwood Village Blvd.
Hwy 74A, Across from Ingles

828.298.1887 or 828.298.1870
fax: 298.1859

Open Sun-Thurs: 11 am-10 pm
Fri-Sat: 11 am-10:30 am

NEW!
Dieter's Menu!
Sauces on the side.
No oil. No salt. No fried.

Here's Your Retirement "To Do" List

At this time of year, your life is probably more hectic than usual — so you may have assembled an impressive "to do" list. This can be a helpful tool for organizing your activities in the near future — but have you ever thought of developing a "to do" list for long-term goals, such as a comfortable retirement? If not, you may want to think about it — and here are a few list-worthy items to consider:

- Examine — and re-examine — your planned retirement age. You may have long counted on retiring at a certain age, but are you sure that this goal is the best one for your overall financial situation? Think about it: If you like your job, and you stayed at it for just a few more years, you could significantly boost the funds in your 401(k) or other retirement plan, and you might even be able to delay taking Social Security, which, in turn, would result in larger monthly payments.
- Put a "price tag" on your retirement lifestyle. When you retire, do you want to travel the world or stay at home pursuing your hobbies? Will you truly retire from all types of work, or will you do some consulting or take up part-time employment? Once you know what your retirement lifestyle might look like, you can better estimate your costs and expenses — and this knowl-

edge will help you determine how much you need to withdraw each year from your various retirement accounts, such as your IRA, 401(k) or other employer-based plan.

- Be aware of retirement plan withdrawal rules. It isn't enough just to recognize how much you need to withdraw from your retirement plans — you also must know how much you must withdraw. Once you turn 70½, you generally have to start taking money out of your traditional IRA and 401(k). These required minimum distributions, or RMDs, are based on your account balance, age and other factors, but the key word to remember is "required" — if you don't withdraw the full amount of the RMD by the applicable deadline, the amount not withdrawn can be taxed at a 50% rate.
- Review your health care situation. When you turn 65, you will likely be eligible for Medicare, but you'll want to become familiar with what it does — and doesn't — cover, so you can establish an annual health care budget. And if you are planning to retire early, which might mean losing your employer-sponsored health insurance, you will need to be prepared for potentially large out-of-pocket costs.
- Think about long-term care. One ser-

vice that Medicare doesn't cover — or, at best, covers only minimally — is long-term care. If you faced an extended stay in a nursing home, the costs could be catastrophic. A financial professional may be able to help you find a way to reduce this risk.

- Develop your estate plans. Estate planning can be complex, involving many different documents — such as a will, a living trust, power of attorney, etc. — so you'll want to work with a legal professional to ensure you're making the right

choices for yourself and your family.

By checking off these items, one by one, your retirement "to do" list will eventually get "done." And when that happens, you may find yourself pretty well prepared to enjoy life as a retiree.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

JANUARY FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	13	1,195,000	244,900	553,969
Homes Sold	7	650,000	158,000	322,706
Land Listed	11	985,000	40,000	197,636
Land Sold	2	269,000	85,000	177,000

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

Slow Start to the 2017 Long Session

The 2017 Long Session in Raleigh is off to a slow start. With a Democrat as Governor, and a veto-proof Republican General Assembly, there has been a lot of back-and-forth political jockeying. Governor Cooper has been pushing hard for a repeal of HB2, aided by threats from the NCAA to deny North Carolina hundreds of lucrative sporting events over the next six years.

After the debacle of the failed HB2 special session in December, another attempt at repeal has been presented, but neither Senator Burger nor Speaker Moore have so far shown any public support for repeal. Rep. McGrady has introduced HB186 as a compromise repeal, and as of this writing it is not clear whether this bill will satisfy those boycotting North Carolina, or whether enough House members will vote for it.

Bogged Down

Senate confirmation of Roy Cooper's agency heads, one of the surprise limits on his power passed in December, is bogged down by legal proceedings and political bickering. All in all, with the fireworks in Washington dominating the news cycle, state politics may not be getting the attention by North Carolina voters that it warrants.

North Carolina remains fiscally sound as we enter 2017. Our economy continues

The General Assembly is fully committed to creating an educational program that has every child reading by the end of third grade.

to grow and diversify. In our current fiscal year (which ends on June 30th, 2017), state revenue should exceed the conservative estimates made last summer by more than \$552 million. Much of that increase stems from the recent increase in the number of jobs in North Carolina, leading to an increase in payroll taxes. (There is always the chance of an April surprise with these numbers, and we all know what happens in April.)

More Demand for Services

However, more jobs means more people moving to our state and more demand for services. North Carolina schools are growing along with the jobs, and will eat up much of the surplus. With inflation at 2.1%, Cost of Living Adjustments (COLAs) will cost another \$270 million. We also expect that North Carolina has another large bill looming to pay for Hurricane Matthew and the fires here in the West.

School Class Size

One of the first items on our Agenda is to address a serious policy issue that was created in the budget. The House and Senate could not agree on K-3 funding last summer, and left the mandate that class sizes would be reduced. While this is a laudable goal, implementation of the changes (and hiring more teachers) would require firing many art, music and PE teachers.

Moreover, school systems would need many more classrooms for the coming school year. Building costs are the responsibility of County government. House Bill 13, which will allow for local flexibility with class sizes, passed unanimously in the House and, hopefully will have passed the Senate by the time this article is published.

The General Assembly is fully committed to creating an educational program that has every child reading by the end of

third grade. Trying to balance the costs of teacher assistants, class size and ancillary teachers will be a large part of our budget debate this year. The General Assembly will also form an important task force to review and reform the various funding formulas for public education in response to a Program Evaluation Department study of the issue.

Climate Change and Income Inequality

There remain two large issues facing our state and nation, issues we will be wrestling with for the foreseeable future: climate change and income inequality. And then there are some interesting tiny issues that come up in the General Assembly. One bill would make it illegal to drive a car with a pet on your lap! Another bill would name a state feline: the bobcat. And yet another marginal bill would set in motion a referendum to allow North Carolina to secede from the United States.

Please contact me with your concerns or issues you might have with state services.



*Rep. John Ager, District 115
North Carolina House of
Representatives*

John Ager

NC House of Representatives

16 West Jones St, Room 1004
Raleigh NC 27601-1096

John.Ager@ncleg.net
jagerhng@gmail.com

628-2616 / 713-6450 cell

HICKORY NUT GAP Farm

Saturday, March 11th

Spring Open House!

Free Farm Tour at 1pm. Samples All Day

Let us cater your lunch meeting!

Open 9-6 Daily hickorynutgapfarm.com 828.628.1027

CEDAR RIDGE ANIMAL HOSPITAL

Margaret Moncure, DVM
Ted Wright, DVM
Sarah Hargrove, DVM

Full Service Small Animal
Hospital and Mobile
Equine Care

Open M – F 8 – 5
Sat 9 – 12

184 Charlotte Highway
(directly across from AC Reynolds High School)

828 575-2430 | www.cedarridgevet.com

Cane Creek Concrete INC

Stamped, Colored & Custom Concrete

Insured
Free Estimates

Driveways - Walkways
Patios - Pool Decks - Slabs
Steps - Curbs
and MUCH more...
Removal & Replacement
828-230-3022
www.canecreekconcrete.com

**** Accredited Better Business Bureau member ****

Marie Forney W.A. 166101

Marie's Essential Oils & Gifts dōTERRA

OPEN
Fri 9-5 & Sat 10-2
and by App't.

March Events

What is Myokinesthetics & Benefits?
Lucie Lasnier, RN, NCTMB, HTP, CATT
6:30 pm, Tuesday, March 21

What are EO's?
6:30 pm, Thursday, March 9 & 23
6:30 pm, Monday, March 13 & 27

DIY Adult Rollballs
6:30 pm, Tuesday, March 7 • Friday, March 17

Kids DIY
11 am, Saturday, March 25

828.713.2798 • 911 Charlotte Hwy • PO Box 103 • Fairview
MydoTerra.com/MarieForney

Asheville Stone & Grading, Inc.

828.628.ROCK • Cell 828.691.6288 • WNCStone.com
1003 Charlotte Hwy (across from Dollar General)

Thomas Dental Care
Cosmetic and Family Dentistry

D. Scott Thomas, DDS, PA
Eastwood Village, Suite 102
(Hwy 74, Across from Ingles)

New Patients Welcome!

Phone: 828.299.8960 • Fax: 828.299.8961
www.ThomasDentalCare.net

POSTNET

Your Neighborhood Business Center.

15% OFF*
PRODUCTS + SERVICES

Located between Walmart & Kohl's
129 Bleachery Blvd., Ste. B
Asheville, NC 28805

828.298.1211
nc117@postnet.com
postnet.com/nc117

DESIGN PRINT SEND

*excludes postage + promo items. must present coupon at time of purchase.

FAIRVIEW ANIMAL HOSPITAL

SERVING FAIRVIEW SINCE 1984!

Open Monday–Friday
8 am – noon
1 pm – 5:30 pm

Saturday
9 am – noon

828 628.3557

New - laser therapy available!
Emergency service provided by
REACH 828 665-4399

867-A CHARLOTTE HIGHWAY IN FAIRVIEW



Sweat Equity

What do you do when the family farms 600 acres? If you are born into that family, you work, and you start at an early age. That was the case with Michael Wells of Cane Creek. “Some of my earliest memories are tractor-related,” he recalls, “and the earliest I can remember plowing fields by myself was at 6 years old.” Family farming has surely changed over the years. There really was a time when all cows were grass-fed, no one had heard of growth hormones and most families grew a garden. Everyone carried a gun in the back window of the pickup truck, and yes, that truck was driven to school every day. Those early memories shaped a generation that grew up with work — not because work was socially acceptable, but because it was necessary for the family to survive. Fairview residents still see remnants of the old equip-

ment sitting in sheds, equipment that has likely not moved since... well, not since the parents passed on. Although Mr. Wells has been away from the farm for 40 years, there is something about the smell of freshly-tilled spring ground that has motivated him to carry on the tradition of tilling the land. “Grandpa Wells was a trader and a preacher, so he and the community bartered,” he says. And bartering is just what he has in mind with the offer he has made to “Till For Vegetables.” *Hate tilling, but love vegetables? There are people who grew up on the farm and enjoy the tillage but hate the gardening. If you're willing to barter vegetables for work, call Michael Wells at 713-8404 for an appointment to get your garden tilled for spring planting. No cash accepted. Payment in veggies only!*

Data in the Garden: Smartphone Scannable Plant Tags

Dennis Duffy and his wife Nancy are entrepreneurs in very different fields, but they’ve now teamed up on a new offering for home gardeners. Nancy is a garden designer, avid gardener and the proprietor of Muddy Boots Garden Design for fifteen years; Dennis is a marketing consultant and software developer who’s been the publisher of Carolina Runner for over ten years.

Muddy Boots

The Duffys’ new collaboration is called Muddy Boots Plant Tags, a web-based software application to help gardeners keep records about their plants and gardens. It’s simple to use and allows gardeners to keep journal notes, record information about their plants and upload pictures, and it’s integrated with an interactive QR-coded plant tag that can be scanned with a smart phone. It’s an innovative way for gardeners to do what they’ve always done: make notes, keep garden records, label plants, and organize pictures of their garden to tell a story. Gardeners can access their collected information from their computer, tablet and phone, so they can have their plant details with them right out in the garden.

For more information on the Muddy Boots plant tag, visit muddybootsplantags.com.



Local farms receive WNC AgOptions grants

WNC Agricultural Options has awarded 35 farm businesses a total of \$201,000 in grants to diversify operations. Congratulations on receiving these awards in Buncombe County go to Cloud 9 Farm, Flying Cloud Farm, The Culinary Gardener, S.D. Morgan Farms and Franny’s Farm.



Welcome New Member • Tom Micelli of Whistle Hop Brewery

Next Members’ Meeting
Curious about the FBA? Best way to get your questions answered is to attend a monthly Member’s Meeting. The next meeting will be **Thursday, March 9**, at Nachos & Beer in Reynolds. Meetings start at 6 pm and are finished by 7 pm. Since the venue is a restaurant, members can order food to enjoy after the meeting during the social networking.

Upcoming Membership Meetings

April 6 @ Cool Mountain Realty
771 Charlotte Hwy

May 10 @ Steam Master
3082 Cane Creek Road

August 4 @ Cloud 9 Farm
137 Bob Barnwell, Fletcher

September 7 Lunch @ The Welcome Table
596 Old US Highway 74, Fairview

November 13 @ The Hub (hosted by 3 different members)
1185 Charlotte Hwy, Fairview

Membership Dues

If you haven’t already renewed your membership, please do so immediately. On March 10, any members who have not renewed their membership will be archived from the website and deleted from the directory at right.

Members can renew at the meeting, online at fairviewbusiness.com or at The Hub of Fairview/Town Crier office, Monday-Friday, 10–6 pm.

Why Join the FBA?

All FBA members live or do business within our community. When you choose a local business, you help our community thrive... and your community thrive.

Membership in the FBA is only \$60 a year with many benefits including:

- Listing in the Directory at right which is printed in the Fairview Town Crier each month
- Opportunity to display business cards in the enclosed case on the bulletin board outside of the Fairview Post Office.
- Listing on FairviewBusiness.com including a logo, photo and link to your email and/or website.
- Networking events at member meetings and social gatherings throughout the year.
- Opportunity to host a member meeting.

Joining couldn’t be easier. Visit the FBA website and join online, securely, via Pay Pal or your credit card. All membership communications are done via email so be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications.

You can mail your \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730.

You can also stop by the The Hub of Fairview/Crier’s office at 1185-G Charlotte Highway in Fairview, Monday–Friday, 10 am – 6 pm and join in person (cash or check only).

A fourth option is to join at any members’ meeting.

It will be the best small investment you can make this year.



MEETING & EVENT VENUE

- Perfect for workshops, meetings, classes, gatherings
- Convenient central Fairview location
- Large conference table for smaller meetings
- Six folding tables and 30 chairs for larger groups
- Kitchen and private bathroom
- Business center with copier, fax, etc. available
- For rent by the hour, half day or full day!



For information, call the Hub at 828-628-1422

The Hub of Fairview 1185-G Charlotte Highway, Fairview, NC, 28730

KEEP IT LOCAL with FBA Members

Aquarium Sales

The Evolved Fish 782-4254

Artists/Artisans

Appalachian Designs 628-9994
Mountain Glass Werks 424-1077
Silverpoem Studio 782-7984

Auto/Truck Sales

High Country Truck & Van 222-2308

Banks & Financial Planning

Edward Jones 628-1546

Building/Maintenance Services

AA Diamond Tile 450-3900
All Seasons Heating & AC 651-9998
Balken Roofing 628-0390
Cane Creek Concrete 230-3022
Control Specialties 628-4323
Daylight Asheville 778-0279
Mr. Sandless 620-5964
Vintage Remodeling 628-1988

Business Services

Covan Enterprises 298-8249

Cleaning Services

Asheville Housekeeping Service 582-1252
Cinderella Cleaning Service 713-2798
Rainbow International 333-6996
Steam Master Carpet & Upholstery Cleaners 628-9495

Computer Services

Scobie.Net 628-2354
MacWorks 777-8639

Contractors/Builders

Asheville Contracting 785-8788
Bostic Builders 606-6122
Cool Mountain Construction 778-2742
Moose Ridge Design & Const 777-6466
Richard Killian Construction 775-3039

Education/Instruction

Advanced Edu. Tutoring Center 628-2232
Fairview Preschool 338-2073
Greg Phillips Magic/Comedy/Motivational Speaker 321-626-2622
Mighty Oaks Montessori School 338-0264

Electric & Sound Engineers

Taylor Webb Electric & Sound 712-4839

Emporium/Flea Market

New Moon Marketplace 222-2289

Equipment Rental & Repair Services

Carolina Equipment Rental 628-3004
Ed’s Small Engine Repair 778-0496

Eyecare Center

Elite Eye Care 687-7500

Gift Shop/Handcrafted/Vintage

New Moon Marketplace 222-2289

The Hub of Fairview 628-1422

Home Inspections

Mountain Home Inspections 713-9071

House Rentals – Short Term/Vacation

Bearwallow Cottage 712-2651
Cabin in Asheville 348-5488
Cloud 9 Relaxation Home 628-1758
Sabél Apartments 232-1042
The Cove at Fairview 628-4967

Insurance

Financially Complete 230-8168
Gloria Berlin Agency/Allstate 298-2483
Prime Time Solutions 628-3889
Stovall Financial Group 275-3608
Tammy Murphy Agency 299-4522
Trout Insurance 338-9125

Landscaping/Excavating/Nurseries

Asheville Stone 628-ROCK
Fairview Landscaping 628-4080
Ray’s Landscapes 628-3309
The Garden Spot 691-0164

Legal Services

Legal Shield 606.6442

Marketing | Promotion | Printing

PostNet of Central Asheville 298-1211
The Hub of Fairview 628-1422

Markets | Farm Stores | CSAs

Cane Creek Asparagus & Co 628-1601
Flying Cloud Farm 768-3348
Hickory Nut Gap Farm 628-1027
Silas’ Produce 691-9663
Trout Lily Deli & Cafe 628-0402
Troyer’s Amish Blatz 280-2381

Medical Services

Anger Management/Therapist on Call/Maggi Zadek 628-2275
Apex Brain Center 681-0350
Fairview Chiropractic Center 628-7800
Flesher’s Fairview Health Care Center 628-2800
Park Ridge Health South Avl 681-5327
Skyland Family Rehab Center 277-5763
W. Carolina Physical Therapy 298-0492

Monuments

Martin Monuments 298-2

Newspaper

Fairview Town Crier 628-2211

Non-profits

Charlie’s Angels Animal Rescue 704-506-9557
Food for Fairview 628-4322
The Lord’s Acre Hunger Garden 628-3688

Pest Removal

Bugtek LLC 777-1577

Pet Services & Supplies

Elena the Groomer 628-4375
Fairview Kennels 628-1997
Little Friends Pet Sitting 808-4350

Pharmacy

Americare Pharmacy 628-3121

Property Management

Rent-a-Home of Asheville 676-6764

Real Estate Sales

Allen-Burton Team 329-8400
Terri Balog, Keller-Williams 702-9797
Sandy Blair, Realtor/Broker 768-4585
Cool Mountain Realty 628-3088
Lynelle Flowers, Exit Realty 337-3077
Greybeard Realty 778-2630
Nina Kis, Keller-Williams 242-8029
Judy Stone, Buyer’s Agent 210-4663
Melissa Webb, Exit Realty 712-4838
Purnell Real Estate 551-3542

Restaurants | Confections | Catering

Brewskies 628-9198
Fairview Pizza 776-6705
Subway Fairview & Reynolds 628-3080
The Local Joint 338-0469
Piazza Wood Fired Oven 298-7224
Whistle Hop Brewery 231-5903

Saw Mills

Sunrise Sawmill 277-0120

Veterinarians

Cane Creek Animal Clinic 628-9908
Cedar Ridge Animal Hospital 575-2430
Fairview Animal Hospital 628-3557

Wellness/Healing/Massage

Blue Mandala 275-2755
Dream Roper 209-8981
Fairview Massage & Bodywork 216-1364
Marie’s Essential Oils & Gifts 713-2798
Mountain Medicinal Massage 333-0089
Mountain View Healing Hands 628-1539
Pure Addiction Soaps & Salves 865 403-9994

Doing it Differently

Gardening is great for folks who are easily bored, like me. No season is ever the same. Actually, no day is ever the same. That can frustrate the heck out of interns who sometimes think gardening is linear. Nothing could be further from the truth. Gardeners and farmers are orchestrating billions of living things and natural cycles that either work together or not, to create the food that feeds us. Sometimes it feels like a symphony. Other times it feels like herding cats. Or should I say flea beetles. Add to that the fact that we're always looking for ways to experiment and improve what we do, and there's never a dull moment.

Last night we attended a regional small farmer's roundtable discussion through our local CRAFT (Collaborative Regional Alliance for Farmer Training) organization, and we came home with even more ideas and improvements to try in 2017. Following are a few of the ideas we hope to play around with:

Mikroclima

After an article in the *Town Crier* on our trip to Sweden, a reader contacted us wanting to help us access Mikroclima, an amazing fabric growers use that keeps out insect and mammal pests and lasts longer than a similar product called Proteknet. Mikroclima is not available in the U.S. so we are ordering it from NZ.

Organization

We're going to purchase clear plastic storage containers and use them to hold everything we need for various jobs such as working the pantry market, harvesting, planting, etc. That way we can grab one container and be less likely to make multiple trips for things we forgot.

Compost

Some of our compost will be made differently this year. We'll use chickens to turn and help break down some garden scraps, and we're creating some round compost piles out of 3' X 16' hog panels (Southern States) by clipping the ends into a circle. These should be easy to unclip and move, making it easier to turn the piles.

Entrance Changes

Our beautiful hickory tree exudes juglone through its roots; juglone is a chemical that inhibits many crops from growing. As the tree grows, its negative influence on the garden increases, so we are considering growing only unaffected crops such as flowers and some herbs in that section at the south gate.

Laminated Posters

Many farmers talked about using laminated pages they create to streamline work. Examples include a daily chores check list, directions for harvesting each crop, which tools are used for which purposes, visuals

We'll bet that if you grow food on any scale you feel the same itch to try something new each season, whether that's an unusual crop, a method you saw in a book or on a garden tour or your own crazy — I mean creative — idea.

for interns and safety and self-guided tour brochures for the general public.

Animals

At a fall farm tour in Madison County we saw a rabbit cage sitting on top of a metal watering trough where the droppings were collected. This seemed like a very simple solution for creating a worm bin underneath potential meat rabbits.

Pathways

Veteran's Healing Farm in Hendersonville uses deep mulch on their pathways and up the sides of their beds. During the extensive drought last year, they rarely had to water, and they attribute that to this technique. After 3 years they've convinced me to give it a try. I've held back because

our situation is completely different from theirs in many ways — not only do they receive tons of free wood chunks, they also own a strong chipper which they use to re-grind the chunks into chips. But this winter our new Garden Assistant, Amy Miller, is scouting hard for free wood chips so we can give this method a try on at least part of the garden.

We'll bet that if you grow food on any scale you feel the same itch to try something new each season, whether that's an unusual crop, a method you saw in a book or on a garden tour or your own crazy — I mean *creative* — idea. We'd love to hear what you're up to and we hope you come by this year and see what's working and what's not at The Lord's Acre.

If you want to receive our E-newsletter, you can sign up on our website, and if you want to attend our Wednesday volunteer nights from 6–8 pm and our once-a-month potlucks afterwards, send me an email and we'll get you on that list. Contact information is below. We'll start volunteer times sometime in April after the time change and whenever the weather has potential.

Until then, we hope you'll join us in growing food and growing community in 2017.

Susan Sides is Executive Director of The Lord's Acre, www.thelordsacre.org, susan@thelordsacre.org

Hostas: Queens of the Shade Realm

As I write this, it is a windy 18 degrees, and earlier this morning a light snow was falling, whereas yesterday it was 65 degrees and sunny! One can smell and taste the essence of spring as it begins to descend; the natural world is always changing and this spring is no exception. Our first daffodils opened up on January 26, a record for us, and although our winter has been much warmer on the whole, wild fluctuations seem to be the new norm as our climate shifts and changes. But spring is in the air and the weeds are coming up everywhere; it is the changing of the seasonal guard as we shift from winter's starkness into the emerging springtide of blossoms and delights.

Wild mustards and chickweeds are abundant, as are the unstoppable wild onions. Soon the earth will begin to open up more fully and we will be greeted with the amazing regeneration of nature's bounty. From a distance, I thought I saw hostas popping up in the leaf mulch and was worried, because each year when we get protracted early warm spells, many plants emerge and some like hosta open their leaves too soon, only to get burned by a harsh cold night. Fortunately, it was yet another batch of daffodils, but I'm keeping a close eye as it won't be long until the hundreds of hostas we have planted in our landscape emerge.

For decades I've loved hostas and called them the Queens of the Shade Realms since



The forgiving hosta boasts hearty leaves and beautiful blossoms.

they're so diverse in their forms and beauty, and so forgiving, hardy and adaptable in the landscape. In Virginia, I once found a huge clump I had dug in the fall two years prior and had left above ground, hidden behind a massive rhododendron; even after two hot summers and two seasons of cold, snow and ice, it was full of leaf and flower. We grow about 20 varieties of hostas and I am always dividing and spreading them around or donating them to friends. I love the leaves and the summer flowers, as do the hummingbirds we so adore.

All the years I had grown hostas, I never knew they were edible, not to mention delicious, until recently I discovered they have been prized and cultivated for centuries as a food source in Japan and China.

The young shoots, leaves and flowers are all edible, and can be eaten either raw or cooked. In Japan, edible hostas are referred to as "urui"; traditional ways of serving them range from steamed or boiled to fried in tempura or eaten raw. With a flavor that

reminds me of lettuce and asparagus, they can easily be substituted in salads. Hostas belong to the family Asparagaceae, known for other famous relatives such as agave, yucca and of course, asparagus.

To harvest, select shoots that are young and tender, as older leaves are bitter and tough. It's best to do this in the morning when the plant is most succulent. Leaves can be sautéed, added to stir fry, or used as a substitute for lettuce wraps. Hosta flowers are not only beautiful and abundant but also edible and these can be used as colorful garnishes or nibbles. While they are safe for human consumption, hostas are toxic to horses, cats and dogs.

It is possible to harvest the whole first flush of leaves of an established hosta without killing the plant; ornamental hosta growers will sometimes "mow" their plants to get a second flush of fresh leaves; we've done this many times after early hard frosts burned the first flush of foliage. Flower buds are also edible. The Montreal Botanical Garden lists all spe-

cies as edible; however, I have some concern about the word "all" given the vast numbers of cultivars. So, as with all new, try a small piece first to ensure there is no allergy.

Young hosta leaves can have a slight bitterness, so they pair well with a light sesame oil sauté with soy sauce. They are also terrific in stir fries. The chunkier hosta leaves are better boiled briefly and used as a vegetable.

Hostas are an ideal permaculture forest crop given their preference for shade and their ease of growing and propagating. Woodland habitats rich in organic matter such as leaf mold are ideal, and they like moisture — which may be one of the reasons slugs seem to like them so much! I have seen some references indicating they are good to plant under apple trees, as each plant secretes chemicals that helps the other thrive.

In Japan, hostas are prized as sansai or "mountain vegetables," a class of plants that are usually gathered wild from the mountain and is considered to be particularly strong in vitality. I haven't found any studies about their nutritional value but suspect that given their vitality and vigor, it is likely that they are not only tasty but loaded with minerals, vitamins and certainly fiber.



Contact Roger at rogerklinger@charter.net.

Lawn Care / Handyman

Bahnson Lovelace
828.242.2410

25 years experience
residential / commercial

Plumbing • Flooring • Painting
Bathroom Remodeling • Tiling
Punch list items — small things
around the house!

AA Diamond Tile
NC Licensed Building Contractor

Shower leak? Call us!

For all your bathroom and kitchen remodeling needs. Why call a plumber, contractor, electrician or more when one call can do it all?

Over 35 years experience. Call Ron at 828 450-3900

ELENA THE GROOMER
Professional Groomer

Free Tooth Brushing
and Coat Conditioner
with first visit

Plus...Discount on Pet
Families of Two or More

828 628-4375
1185-E Charlotte Hwy, Fairview

Prime Time Solutions, INC

Mike Richard PRESIDENT
SENIOR MARKETING SPECIALIST

Independent agent
representing companies offering:

- Medicare Supplements
- Medicare Advantage
- Hospital Indemnity
- Dental, Vision, Hearing Plans
- Life & Health Insurance
- Long-Term Care Insurance
- Hospital Indemnity Plans
- Final Expense Insurance
- Catastrophic Illness Plans
- Annuities
- Part D Plans

cell 828.275.5863
home 828.628.3889
toll free 888.800.5992
fax 828.628.0133
email wmrichard@bellsouth.net

Cane Creek Animal Clinic
Leigh Ann Hamon, DVM

We are not just a veterinary practice.
We are a veterinary relationship!

828.628.9908
1548 Cane Creek Road in Fletcher

CC FLOORING
Home of the Floor Doktor!

Hardwood • Tile • Carpet • Laminate • Vinyl
Sanding • Refinishing

828.654.9142
www.CCFlooring.net
246 Old Airport Road, Fletcher

SAVE 20¢ PER GALLON
WITH EVERY

CAR WASH

GREAT DELI FROM

THE Local Joint
FAIRVIEW NORTH CAROLINA

EBLEN SHORT STOP
828 628-9888
1185 Charlotte Highway
Fairview

McCRARY STONE

BIG GRAY
ROCK EATERS

Residential &
Commercial

Local
family business
since 1968!

Crushed Stone & Gravel
828 649-2008

ADVERTISER'S LIST — CLIP AND SAVE

AA Diamond Tile.....	450-3900	& Gifts	713-2798
A&B Pool.....	279-5744	McCrary Stone	649-2008
Allen Burton Group.....	329-8400	McKinney Insurance.....	684-5020
All Seasons Heating & AC	651-9998	Mitch Contracting.....	252-0694
Appalachian Tropicals.....	222-2225	Moose Ridge	
Americare Pharmacy	628-3121	Construction	777-6466
Apex Brain Center.....	708-5274	New Moon Marketplace.....	222-2289
Asheville Stone.....	628-ROCK	PostNet of Asheville.....	298-1211
Asheville Tree Ninja	582-4815	Prime Time Solutions	275-5863
Bahnson Lovelace,		Rainbow International	333-6996
Handyman/Lawn care.....	242-2410	Ray's Landscaping	279-5126
Buff, Jim, Keller Williams.....	771-2310	Scobie.net.....	628-2354
Beverly Hanks,		State Farm Insurance	
Christie Melear.....	776-1986	Tammy Murphy	299-4522
Cane Creek Animal Clinic	628-9908	Steam Master Carpet	
Cane Creek Concrete.....	230-3022	& Upholstery Clean.....	628-9495
Carolina Mountain Sales.....	277-5551	Stilwell & Stilwell	275-3214
CC Flooring.....	654-9142	Surrett, Mike Contractor.....	230-8494
Cedar Ridge Animal Hospital		The HUB of Fairview	628-1422
and Equine Services.....	575-2430	Thomas, Scott, DDS.....	299-8960
Charlie's Angels		TP Howards Plumbing Co.....	628-1369
Animal Rescue.....	606-4335	Trout Lily Deli & Cafe	628-0402
Cinderella Cleaning Service ..	713-2798	Western Carolina PT.....	298-0492
Cloud 9 Farm.....	628-1758	Wild Birds Unlimited.....	687-9433
Cool Mountain Realty	628-3088		
Creative Touch.....	628-0401		
Eblen Short Stop	628-9888		
Edward Jones Investments...	628-1546		
Elena the Groomer	628-4375		
Elite Eyecare	687-7500		
Fairview Animal Hospital	628-3557		
Fairview Business			
Association	681-1029		
Fairview Chiropractic			
Center	628-7800		
Fairview Kennels	628-1997		
Fairview Landscaping	628-4080		
Family Care of Fairview.....	296-0880		
Financially Complete	230-8168		
Fleshers Healthcare	628-2800		
Flying Cloud Farm.....	768-3348		
Galloway Masonry	776-4307		
Guardian Property			
Service	699-6262		
Great Wall Chinese Takeout ..	298-1887		
GreyBeard Realty	298-1540		
Hickory Nut Gap Farm.....	628-1027		
High Country Truck & Van	222-2308		
JP Wellness.....	216-8134		
Kis, Nina - Keller Williams.....	242-8029		
Korp, Karen, ARG.....	231-0041		
MAHEC Family Health	628-8250		
Marie's Essential Oils			

LANDFILL REMEDIATION
FROM PAGE 1

Another question that's been asked is whether the community could use the wood chips created from the tree and stump grinding. We spoke with the project coordinator, and unfortunately, the answer is no. First, there is the concern for potential liability. Extensive and expensive testing would need to be conducted to ensure the wood chips were free from contamination, and the Unit does not have the budget for this testing. In addition, OSHA regulations prohibit the public from entering the site. This means even if the wood chips were clean, they would need to be hauled to a central facility for distribution. This option was determined not to be feasible.

Update from February:

During the first week in February, the subcontractor removed and stockpiled waste from Phase 1 and 2 and graded it to the correct slope. They began hauling waste offsite, as well. Waste was then removed and hauled for the next few weeks and installation of the cover sytem on Phase 1 was begun. The increased truck activity will continue into March. Crews were excavating and hauling waste offsite at the same time as they were importing truckloads of cover material.

We are committed to keeping you informed about this project and are happy to hear your thoughts and concerns directly. Email Kelly Koney at kmkoney@msn.com or reach out to the *Town Crier* office located in the Hub of Fairview, 1185-G Charlotte Highway, 628-1422.

GARDENS OF FAIRVIEW FROM PAGE 1

The Gardens of Fairview Tour was designed to show what was being done in Fairview, to foster appreciation for the diversity and inspire others to garden, and to grow some of their own food, herbs, and flowers in gardens of any size or complexity.

Last year's Tour brought an opportunity to work with Spring Mountain Community Center on Old Fort Road. With the SMCC board's approval, a Fall garden was started with six people, and funds donated by the Community Center, as well as individuals and businesses in our area. This Garden shows great promise for those who do not have space or a lot of time — to join together and garden, to demonstrate that even a small plot can be beneficial, and ultimately to provide food for others who cannot garden. SMCC has acquired land this winter where the garden might expand, and several workshops and workdays are planned for the spring.

SMCC EMERGENCY PREPARED-
NESS FORUM FROM PAGE 1

These and other questions will be discussed at the Spring Mountain Community Center's Emergency Preparedness Forum on **Monday, March 6 from 7–8:30 pm.**

I think about these things and others frequently because I've experienced a tornado and several hurricanes during my lifetime. The major thing I have learned is you have to be prepared and responsible for yourself first in order to help your family and community. If you are caught unprepared it can lead to panic and worse. Conversely, no one can ride out an emergency by themselves without the help of a community.

The forum will address many of these issues and more. Fairview Firefighters will describe their role and procedures for handling emergencies and disasters, and will explain how we can work with EMS to make their jobs easier by making ourselves and our homes less vulnerable before and during an emergency.

Other experts will present valuable information on topics such as ham radio and emergency communications; emergency food preparing and storing; care for the elderly, disabled and disadvantaged, and self-rescue. A Q & A session will follow the presentations.

This forum is open to all who are interested in starting an emergency plan for their community. I envision this meeting to be a first step in connecting communities in and around Fairview to be better prepared.

CLASSIFIEDS

FOR SALE

SEASONED HARDWOOD FIRE- WOOD. Log length. 2-3 cords. 779-0228

GAS DRYER FOR SALE; works great! Bought new in 2013 ~ \$300. Serious inquires only. Contact Belinda @ 230-2879

1990 BEAUTIFUL OAK WURLITZER PIANO with storage bench. Excellent condition. Will need tuning. 299-4308

WANTED

REAL ESTATE AGENTS! Thriving, established local real estate firm in need of experienced agent. **Lots of leads furnished!** Call 828-628-3088.

SERVICES

CONSTRUCTION/HANDYMAN

HOME IMPROVEMENT Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

SMALL CONSTRUCTION / REPAIR Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

GRADING/ROAD MAINTENANCE

SHELTON TRACTOR WORKS. ROAD MAINTENANCE, post holes, dig out for storage buildings and retaining walls, tilling. Free estimates. 779-0490

HOME CARE / CNA

COMPANION/CNA available for Private Duty, In-Home Care. CPR, Hospice Certified. 15 years exp. with excellent references. Flex. hours, 24-hour shifts available. Dependable, non-smoker. Call 400-1699 cell.

HOUSECLEANING

TRADITIONAL/GREEN CLEANING. Experienced, references available. Flexible days and hours. Call Ana at 582-1252.

LAWN/LANDSCAPING

JUAN WORX LAWN SERVICE. Mulching, trimming, mowing, landscaping, trees and gutter cleaning. Call today to get bid. Insured 712-3488.

PRAYTOR'S LANDSCAPING & GRADING - Landscape installation, Grading, Lot clearing, Retaining Walls, Excavating, Licensed septic system installer. Matt Praytor (828) 674-4339.

LAWN/LANDSCAPING CONT'D

NESBITT LAWN MOWING – Basic lawn mowing, weed eating, blowing, mulching. Free estimates. Call Matthew Nesbitt 243-4759 or 338-5148.

COMPLETE LAWN MAINTENANCE. General cleanup, mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444

MASSAGE THERAPY

MASSAGE THERAPY, CRANIOSACRAL THERAPY. 573 Fairview Road, www.NaturalHealingBodywork.com \$70/hour. 828.407.0842

OFFICE EQUIPMENT REPAIR

FACTORY TRAINED TECHNICIAN W/25 YEARS' EXPERIENCE can repair your copier, FAX, printer or computer. Software upgrades, compatibility and virus issues resolved. Reasonable rates, free estimates. 702-7054 Thefix-it-lady.com

PET / HOUSE SITTING

EXPERIENCED PET SITTER WITH AAS DEGREE IN VETERINARY MEDICAL TECHNOLOGY. Visits and overnight stays. Excellent references Littlefriendspets.com, 808-4350.

ADORABLE TLC PET BOARDING/ SITTING. Reasonable rates. Local home. References. 216-7051.

PERPETUAL CARE PET SITTERS in-home pet sitting. Bonded & Insured. All pets and livestock. 215-2119.

LIVING HARMONY PET SITTING Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit livingharmoniypetsitting.vpweb.com or call Gretchin DuBose, 582-3363.

PLUMBING

RANDY THE PLUMBER has 35 years experience. All types of home repair at reasonable prices. "I can fix it!" 216-2081.

WINDOW WASHING

FELIX THE WINDOW WASHER will make your windows shine. Residential and commercial. References. 398-8977

CLASSES

ART

ADULT ART CLASSES - Beginner to Advanced Instruction in various mediums, styles and subjects taught by nationally recognized artist Bob Travers. For information or to register visit bobtraversart.com or call 776-6376.

DOG OBEDIENCE/TRAINING

THE OBEDIENCE CLUB OF ASHEVILLE is accepting enrollment in spring classes (March 30-May 25) for puppy and adult dogs. Certificates are available for purchase of classes as a gift. Classes will be held in the Fairview Community Center. Call 255-9997 or visit our website at obedienceclubofasheville.org

MUSIC

EXPERIENCED PIANO TEACHER convenient location on 74A in Fairview. Artistic teaching. Children through adult. Free interview lesson. Call Suzan at 777-0061.

YOGA

YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZOELLER. An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and any questions you may have. Cost is \$10 per class.

NOTICES

NEW SONS OF CONFEDERATE VETERANS CAMP (Cane Creek Rifles) forming at Fletcher Fire Department, Tuesday, March 7 at 7 pm. Find out about your Confederate ancestors and southern heritage. For more info call 628-1376



Cane Creek
1370 Cane Creek Road, Fletcher
To Rent: 768-2218

Fairview
1357 Charlotte Highway
To rent: 338-9005 or email
fairviewcommunitycenter@gmail.com

Spring Mountain
807 Old Fort Road
To rent: call Jean at 233-5601

Upper Hickory Nut Gorge
Highway 74A in Gerton
To rent: call Margaret Whitt at 625-0264
or email mwhitt@du.edu

celebrating 20 years!

The Fairview Town Crier

THE VOICE OF OUR COMMUNITY™

OFFICE OPEN MONDAY – FRIDAY 1–5 PM

1185-G Charlotte Highway

628-2211

Mailing address: P.O. Box 1862, Fairview, NC 28730

www.fairviewtowncrier.com

OFFICE MANAGER / ADVERTISING / SUBSCRIPTIONS

Candice Yount 628-2211 | office@fairviewtowncrier.com

MANAGING EDITOR Sandie Rhodes, editor@fairviewtowncrier.com

COPY EDITOR Lynn Stanley, copy@fairviewtowncrier.com

LAYOUT EDITOR Lisa Witler, lisa@fairviewtowncrier.com

BILLING Annie MacNair, annie@fairviewtowncrier.com

Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the Town Crier's editorial policy. All submissions will be edited for clarity, style and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Town Crier reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted. All letters may be edited and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address and phone. Email letters to editor@fairviewtowncrier.com or mail to: Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

Computer Sluggish?

Things not working the way they should?
You might need some basic cleaning, or a simple upgrade.
Or, is it really time for you to get that new computer?

I can help with that, too!



Bill Scobie

628-2354 | bill@scobie.net

Clean up your computer with 10% off service charge!



Find your way to savings.



Tammy Murphy Ins Agcy Inc
 Tammy Murphy, Agent
 135 Charlotte Highway
 Asheville, NC 28803
 Bus: 828-299-4522

Save an average of \$464*

Stop here for great rates with
 America's #1 car insurance company**.
 Give me a call today.

Like a good neighbor, State Farm is there.®



*Average annual per household savings based on a 2015 national survey of new policyholders who reported savings by switching to State Farm.

**Based on A.M. Best written premium.

1005000.1 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company – Bloomington, IL

Fairview Town Crier 2017 Ad Deadlines

Editorial deadline is always the 10th

Issue	Deadline Day	Date	Hard Deadline	In Mail
January	Mon	12/12	12/19	1/2
February	Tues	1/10	1/17	2/1
March	Fri	2/10	2/17	3/1
April	Fri	3/10	3/17	4/3
May	Mon	4/10	4/17	5/3
June	Wed	5/10	5/17	6/5
July	Fri	6/12	6/16	7/3
August	Mon	7/10	7/17	8/2
September	Thur	8/10	8/17	9/4
October	Mon	9/11	9/18	10/2
November	Tues	10/10	10/17	11/1
December	Fri	11/10	11/17	12/4
January 18	Mon	12/11	12/18	1/3

**FOR AD RATES AND ADDITIONAL INFORMATION
 CALL 828.628.2211 OR VISIT FAIRVIEWTOWNCRIER.COM**



Jim Buff, CRS
 828 771-2310
 www.jimbuff.com
 email@jimbuff.com
 86 Asheland Avenue
 Asheville, NC 28801



Put Success on Your Side... Call Jim!

Fairview Resident Since 1992



FAIRVIEW! Immaculate, brick home on private 1.32 acres, four bedrooms/three full + three half baths. HOME WARRANTY, gorgeous large kitchen, two fireplaces, two laundry rooms, covered and screened back deck, two-car garage on main PLUS two-car garage in basement. MLS#3224741, **\$679,900!**



MARS HILL! 28 acres w/very well maintained home, HW floors, massive rock FP, open staircase/balcony, HOME WARRANTY, unfinished bsmt, wraparound cov porch w/views, 2-car gar, MLS#3216149, **\$469,000!**



LEICESTER! 5 private wooded hilltop acres, 2 BR, 2.5 bath home, gorgeous setting, lovely views, huge great room, 2-story rock FP (gas), HOME WARRANTY, office, MLS#3154545, **\$279,000!**



NEW LISTING! North! 3 BR, 2 bath well built home, 1.15 wooded acres, HOME WARRANTY, office, private w/nicely landscaped yard, unfinished basement, call James Mullis @ 338-8585, MLS#3249598, **\$263,900!**



SOUTH! Wonderfully private 9.54 acres of land in Hoopers Creek, close to Asheville & Hendersonville - surveyed into 4 lots or suitable for gorgeous mini estate, MLS#3186397, **\$137,000!**



SOUTH EAST! Approximately 3 private, level acres in convenient location, no restrictions, creek on property, currently an income producing property, MLS#3219453, **\$99,000!**



NORTH ASHEVILLE! 1.12 Beautiful acres in a luxury gated community, clear te trees and see all the way to Tennessee, MLS#3190875, **\$89,900!**

RESULTS!

TimberwoodPending in 13 days
 Winding WayPending in 34 days
 Ridgeway DrPending in 14 days
 BramblewoodPending in 27 days
 Blalock AvePending in 35 days
 Campground RdPending in 4 days
 Oregon AvePending in 1 day
 Mitchell AvePending in 2 days

Mtn. Meadow CirclePending in 8 days
 Rotunda CirclePending in 28 days
 Fairfax AvePending in 7 days
 Liberty RdPending in 39 days
 Melody LnPending in 29 days
 Richmond AvePending in 3 days
 Lakewood DrPending in 7 days