



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

MAY 2017 VOL. 21, No. 5 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

Get FREE Butterfly Chrysalis ...

... when you register by May 19 for the Gardens of Fairview June 11th presentation on Butterflies. That's right, register in time and you'll receive a chrysalis from Bear and Butterfly Homestead when you attend the presentation. You can still register after that, but may not get a gift. Brochures and tickets available at Trout Lily Market, The Garden Spot and The Hub of Fairview. See ad on page 37 or visit GardensofFairview.com for more information.



Spring Mountain Litter Pickup: and the Winners Are...

By Ruth Atkins

During the month of March, some sixteen Spring Mountain volunteers donned orange vests and gloves to pick up 48 bags of litter along Old Fort Road. To make it more fun, we instituted the Spring Mountain Litter Awards. Here are some of the winners (and losers) in several categories:

Cleanest Properties

Between 992 and 1000 Old Fort Road, and 1034 Old Fort Road. Kudos to those residents!

Areas that Produced the Most Bags of Litter

Near Bear Trail and near Davy Crockett Rd. Please try not to win this category next year.

Youngest Volunteers

Spring Mountain 4-H Club members. Way to go!

Oldest Volunteers

Certain unnamed but spry 80+-year-olds with lots of spunk and community spirit.

Most Unusual Object Found

A stolen gun safe.



L-R: Paige Jordan, Holly Jordan, Cole Jordan, Tim Galyean, Matthew Galyean, and Kees Auer.

Most Stoic Volunteers

Maria and Keith Horton for picking up litter during a snowstorm.

Most Persistent Litterbugs

Someone who partially drinks a Mountain Dew, then caps it off and flings it out the window. And one who smokes Winston cigarettes in a box. Maybe the same person? You know who you are.

Most Sacrificial Volunteer

Jim Stilwell for picking up litter on his birthday.

Overall Winners

Everyone in Spring Mountain!

Hollywood Road Unregulated Landfill Update

The final phase of the Hollywood Road Unregulated Landfill remediation is taking place in May. Final cover materials will be installed on the first 4 phases and the excavation of phases 5 and 6 will be completed. This month the plateau for phase 7 will also be built. The project is on target to finish the end of May. Regarding the torn up road... this is the response received from the project engineer, Matt Aufman, of the Pre-Regulatory Landfill Unit, Inactive Hazardous Sites Branch, Superfund Section, NC Division of Waste Management:

"Video and photos documenting the condition of the road prior to the start of our remedy were recorded and our contractor met with the DOT to discuss the road condition. Repairs to the road will be made following our remedy. They are required to repair the road to its previous condition, at a minimum. No final plans have been submitted yet, since the work is not done and we want to account for any and all damage. I will keep you updated as to the status of the road repairs following the completion of the remedy."

For more information, visit: deq.nc.gov/about/divisions/waste-management/superfund-section/pre-regulatory-landfill-program.

MAY TEASER

What is this?

Our resident photographer Steve Fulghum obliged our whim this month by capturing this remarkable "thing" on an outing. Note the tiny "monsters" looming about.

Glve it your best shot and find the answer on page 38. We'd love to hear from you to know how many of our readers were stumped and how many got it. Drop us an email to let us know to contest@fairviewtowncrier.com



April Contest Winner

Congratulations to Becky Hines whose name was selected from among the almost 100 folks who found the little hidden phrase, "... they migrated here with the colonists."

Did you find it? It was a little tricky. It was in the Wild Edibles column by Roger Klinger on page 37. The phrase was in the first paragraph of the second column and read, "Like so many plants in North America, they (forsythia) migrated here with the colonists and took off, thriving and reproducing in their new habitats."

Pretty sneaky way for an editor to get you all to read the paper cover to cover isn't it?

READERS POV JANET PETERSON

Swarm Season is Here

Got bees? If you see a cluster of honeybees hanging on a tree branch, in a shrub or even on a fence, call one of these Fairview Beekeepers to come and collect them. We would love to give them a new home in one of our bee boxes. And don't be afraid... they are just resting while finding a new place to live. This is how honeybees reproduce and this happens several times a year, but mostly in the April and May here.

Call Janet Peterson at 628-1758, Scott Davis at 628-3537 or Ricky Manning at 275-2486.

You can also to wncbees.org and click on "I think I have a bee swarm!" Click on the swarm photo and it will take you to a form to fill out; the form goes to all Buncombe County Beekeepers who have agreed to be ready to catch a swarm. Or call the Buncombe County Agricultural Extension office at 255-5522 and they will direct you to the website form.



The Fairview Town Crier
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MAY 2 (TUESDAY)

Books & Bites Authors Luncheon

Kristy Woodson Harvey, author of *Slightly South of Simple*, *Lies and Other Acts of Love* and other Southern fiction best-sellers, is guest speaker at the Friends of the Mountains Branch Library fundraising luncheon at 11:30 am at Lake Lure Inn, 2771 Memorial Hwy. \$25 includes lunch. For reservations call 287-6392.

Sons of Confederate Vets Camp Meeting

The Sons of Confederate Veterans Camp (Cane Creek Rifles) meets at 7 pm at the Fletcher Fire Department. The group focuses on Confederate ancestry and Southern heritage. For details call 628-1376.

Prostate Cancer Support Meeting

Us TOO of WNC, a prostate cancer support forum for men, caregivers and family members, meets at 7 pm at First Baptist Church of Asheville, 5 Oak Street. Jon Stokes will present information on ZERO Cancer programs. Free. For information details call 242-8410 or visit wncprostate@gmail.com.

MAY 5 (FRIDAY)

Fairview Fire Department Barbeque Fundraiser

Smokey and the Pig Barbeque Fundraiser for the benefit of the Fairview

Firefighters will be held on Friday from 2–8 pm and Saturday from 10 am–6 pm or until they are sold out.

MAY 6 (SATURDAY)

Fairview Farmer's Market Opens

The season opens for Fairview Farmer's Market held in the parking lot of Fairview Elementary school, 9–1 pm every Saturday this year. For information, visit fairviewfarmersmarket.org.



Movie Night at HNGF

Hickory Nut Gap Farm begins their First Saturdays in Summer Movie Nights

with Willy Wonka and the Chocolate Factory, 6–9 pm in the Big Barn, 57 Sugar Hollow Road in Fairview. Admission \$6. First Saturday movie nights will run until October. For info call 628-1027 or visit hickorynutgapfarm.com.

Fairview Fire Department Fundraiser & Yard Sale

The pulled pork plate by Smokey & The Pig will be offered all day Saturday but there is also a yard sale of cool items donated to raise funds. Starting at 10 am at the Fairview fire house on Charlotte Highway.

Support the Fairview Fire Department Fire Fighters May 5 & 6

The fourth annual Smokey and the Pig Barbeque Fundraiser for the benefit of the Fairview Firefighters will be held on Friday from 2–8 pm and Saturday from 10 am–6 pm (or until they are sold out). Purchase plates of everyone's favorite pulled pork with two sides and you and your family gets a great meal and support the fire department... all the proceeds go to the firemen and EMS personnel. Desserts will also be available. There's going to be a live band to keep everyone in a party mood and a yard sale for browsing and shopping with proceeds going to the same cause.



MAY 7 (SUNDAY)

Celebration Singers Youth Chorus Concert

The Celebration Singers of Asheville community youth chorus will be performing their spring concert "Celebrating Ten Years of Song" at 4 pm at the First Congregational Church, 20 Oak Street in downtown Asheville. Admission is free but donations are gratefully accepted; the Singers rely on donations to support this wonderful group. For more information call 230-5778 or visit SingAsheville.org.

MAY 7 (SUNDAY)

Bob Travers' Student Art Show

The Hub of Fairview Art Gallery will feature an exhibit of Bob Travers' students' work from May 7 through May 31, with two special opening events; a daytime opening Sunday, May 7 from 3–5 pm sponsored by Americare Pharmacy/The Hub of Fairview and an evening reception on Friday, May 12 from 5–8 pm sponsored by Cool Mountain Realty. At The Hub at 1185-G Charlotte Highway In Fairview. (See page 31 for more information)

MAY 8 (MONDAY)

WNC Knitters/Crocheters for Others

The Western North Carolina Knitters and Crocheters for Others will meet at New Hope Presbyterian Church, 3070 Sweeten Creek Road, 7–9 pm. All skill levels are welcome. For details contact Janet Stewart, 575-9195.

MAY 9 (TUESDAY)



Monthly Meeting

The Fairview Area Art League will meet at 10 am at the Hub of Fairview, 1185 Charlotte Highway in the Americare shopping center. All artists and friends of the arts are welcome to attend and join the group. For info call 628-1422.

MAY 11 (THURSDAY)

Raising Children in a Wireless World

Mary Anne Tierney, RN, will describe how wireless radiation affects children's health and how to protect them in schools and in the home, 7–8 pm at the Fairview Public Library. Free; RSVP at Info@SafeTechKidsNC.org.

MAY 12 (FRIDAY)

Art Show Reception at Second Friday at The Hub

The Hub's Gallery room will feature an exhibit of noted artist/instructor Bob Traver's students' art through May 31. The monthly "Second Friday at The Hub" event is the evening reception from 5–8 pm and sponsored by Cool Mountain Realty. Enjoy wine/beer and appetizers. Come support these talented burgeoning artists. The Hub is at 1185-G Charlotte Highway In the Americare shopping center. For info, call 628-1422.

MAY 13 (SATURDAY)

Charlie Tefft Pottery Show

Kathy Fletcher is hosting a show and sale of pottery by Charlie Tefft of Summerfield, SC from 10 am–4 pm. His work is well known in the Greenville area and beyond. The show will be at The Fletcher's Barn, 201 Sugar Hollow Road in Fairview. For a look at the pottery, visit ctpottery.com

MAY 13–14 (SATURDAY-SUNDAY)

Old Tire Collection

Local nonprofit Asheville GreenWorks will host free tire collection in the Sears parking lot on Tunnel Road, 10 am–5 pm each day. Buncombe County residents are invited to bring any type of tire, on or off the rim, for free recycling.

MAY 19–20 (FRI-SAT)

"Luminous Liquid Layers" Art Workshop

Fairview's Fleta Monaghan's 310 Art in the River Arts District always has super art classes in a variety of mediums. This month Eric M. Scott of Journal Fodder Junkies plans an action-packed class in Liquid Acrylics and Mixed Media techniques. Work on canvases, journal pages and/or paper. For all levels. 10 am–4 pm both days, \$255. Riverview Station, 191 Lyman Street in Asheville. For details/to register visit 310art.com.

MAY 20 & 21 (SATURDAY & SUNDAY)

River Arts District Studio Stroll

The Studio Stroll welcomes visitors into the studios of over 200 artists who show, demonstrate and discuss their work throughout the weekend, from 10 am–6 pm each day. Restaurants and shops line the streets among the historic studio buildings along the French Broad River. Both the event and a trolley taking visitors to the studio clusters are free. You'll recognize quite a few Fairview community artists along the way, and the Town Crier's copyeditor Lynn Stanley and photographer Steve Fulghum at 375 Depot. For more information visit riverartsdistrict.com.

MAY 20 (SATURDAY)

The Lord's Acre Square Dance, Pot Luck & Auction Fundraiser

The annual fundraiser promises fun for all and a great connection to our community. There's a huge potluck (literally hundreds of dishes), a raffle, auction, live band and a called square dance. 5:30–9:30 pm at 26 Joe Jenkins Road, Fairview. (see page 6–7 for more details)

Fairview Baptist Church Annual "Fairview Day in May"

Fairview Baptist Church will hold their 14th annual "Fairview Day in May" from 10 am–2 pm in the Food Lion Parking Lot. (see page 26 for details)

MAY 21 (SUNDAY)

Ethical Society Meeting

"Eating Ethically: Confronting Moral Dilemmas and Different Views" will be presented by Rowdy Keelor, Community Outreach Coordinator at Brother Wolf Animal Rescue, 2–3:30 pm at the Friends Meeting House, 227 Edgewood Road, Asheville. All are welcome to attend. The meeting will further explore ways of communicating among those who fundamentally disagree. All are welcome to attend. Refreshments and informal discussion follow the meeting. Visit EHCasheville.org.

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Tuesday, May 9, 6–7:30 pm

Includes a demonstration of the actual equipment plus a Q&A time to be sure you get all the information you need!

Attendees will also receive a special offers plus a **FREE CONSULTATION**. Snacks and hors d'oeuvres will be served. Reservations are required.

Date: Tuesday, May 9, 6– 7:30 pm
Location: Serenity Spa
2 Doctors Park, Suite C
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Reservations: 628-7800

If you decide to purchase additional treatment, you have three days to change your mind and receive a refund.

THE ARTISTS OF **TRACKSIDE STUDIOS**
375 DEPOT STREET IN THE RIVER ARTS DISTRICT

invite you to the
SPRING 2017 STUDIO STROLL
Saturday May 20 & Sunday May 21, 10 am–6 pm
One Mile of Studios ~200+ Working Artists
Restaurants ~ Shops ~ Galleries ~ **FREE TROLLEY** to Studio Clusters

COMMUNITY EVENTS

MAY 26 (FRIDAY)

Stargazing at HNG Farm

All are invited to enjoy the starry spring night sky, 9–10:30 at Hickory Nut Gap Farm, 57 Sugar Hollow Road in Fairview. Popcorn, beer and other drinks will be available. The cost is \$6. Folks can bring their own blankets and chairs.

UPCOMING

Labeling the June Town Crier for Mailing 6/2

Research says it will make you happier! Volunteer labelers will be welcomed at 10:30 am at the Fairview Fire Department. If you've got an hour to spare, come and help your community paper get in the mail.

Fairview Area Art League Monthly Meeting 6/6

The Fairview Area Art League meets at 10 am at the Hub of Fairview, 1185 Charlotte Highway in the Americare shopping center. All artists and friends of the arts are invited to join the group.

ONGOING

Fairview Farmer's Market

The Farmer's Market is open every Saturday 9 am–1 pm from May–October in the Fairview Elementary School Parking Lot. For information, visit fairviewfarmersmarket.org.



Mountain Art Quilters' "Nature's Apothecary" Exhibit through 5/28

Several Fairview residents' work is included in this exhibition of

textile art focusing on studio art quilts and the exploration of the natural world that surrounds us. The Church Street Gallery (at the Central United Methodist Church, 27 Church Street, Asheville) will be open to the public on Sundays from 9 am–12:30 pm, during church services, for the duration of the exhibition. For details visit saqa.com.

Swannanoa Valley Fine Arts League Exhibit 5/12–7/9

Artists in SVFAL's show "Less is More" explore the possibilities of a limited paint palette by using no more than four colors in their works. Opening reception on Friday, May 12, from 5 to 7 pm at the Red House Gallery, 310 West State Street, Black Mountain. Open Tuesday–Saturday 11–5, Sunday 1–4. For details visit svfalarts.org.

At the Light Center in May

Saturday 5/6, 10 am–4 pm, Vortexes, Ley Lines & Grids: A Teaching of Sacred Ecology by Page Bryant. Cost is \$40.

Saturday 5/13, Starting at 2 pm, "Full Moon (Reiki) Healing Circle" with Odilia Forlenza. Suggested donation, \$19.

Saturday 5/27, 6:30 pm, New Moon Drum Circle outside near the labyrinth. Bring your folding chair and drum. Suggested donation, \$10.

Thursdays, 10:30–11:45 am, \$10/class. The Light Center is located at 2196 NC Hwy 9 South, Black Mountain. For information call 669-6845 or visit URLight.org.

New Moon Marketplace Outdoor Flea Market

First and third Saturdays, 8–1 ish. Always some great finds both inside and out. Vendors can set up a table for \$10. Just show up and pay.

Fairview Welcome Table Lunch

A community lunch every Thursday, 11:30 am–1 pm in the Community Room of Fairview Christian Fellowship, behind the Fairview Library. A donation of \$10 if possible. Visit their Facebook page or fairviewwelcometable.com.



Brain Tumor Support Group

Every third Thursday at MAHEC, 6 pm. Refreshments. Visit wncbraintumor.org.

SPRING MOUNTAIN COMMUNITY CENTER springmountaincommunitycenter.com

Free Exercise Classes: Janis Williams will lead Eccentrics classes for all ages and ranges of ability, 3–4 pm Mondays and Thursdays. Bring a floor mat if possible.

Community Leadership Meeting: Usually the first Tuesday of each month, 6:30 pm. We are now inviting nominations and volunteers for 2017 leadership positions.

Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Bring a project and your lunch. Quilters make various items to donate to worthy causes. Call 628-7900 or 628-1938.

Berrypickers' Jam: Tuesday evenings at 7 pm. Our beloved Berrypickers have moved the "jam" inside for the season. Bring your instrument, listening ear, and dancing feet to the lower level for a jammin' good time.

Yoga Classes: Mondays 9:30–10:45 am, Thursdays 6:15–7:30 pm; \$5–\$10 suggested donation. Call 243-8432 or email sabrina.alison.mueller@gmail.com.

PET EVENTS

HUMANE SOCIETY

Summer Hours — Asheville Humane Society will be open 11 am–7 pm Tuesday–Saturday from May through October.

PetSmart Adopt-a-thon Weekend Saturday–Sunday, May 6–7, 11 am–5 pm. PetSmart, 150 Bleachery Blvd, Asheville. Lots and lots of dogs and cats available for adoption.

Tour of Asheville Humane Society and Buncombe County Animal Shelter Saturday, May 27, 1:30 pm. Free and open to the public. Learn more about Asheville Humane Society's programs and get a behind-the-scenes look at the Animal Care Campus. Find out about volunteering some of your time to help out these deserving animals in need of a new and loving home. Located at 14 Forever Friend Lane, Asheville.

The 2nd Annual Paw It Forward Crowdfunding Campaign May 29–June 24. Join the campaign and raise funds for sick and injured animals at Asheville Humane Society. For details visit ashevillehumane.org and the Facebook page.

PET EVENTS

BROTHER WOLF

PetSmart Adopt-a-thon Weekend Saturday–Sunday, May 6–7, 11 am–5 pm. Brother Wolf will participate along with several other rescue organizations in this two-day festival celebrating animals finding new homes. 150 Bleachery Blvd, Asheville.

Adoption Event Sunday, May 14, 12–3 pm, Oskar Blues Brewery. Come on out to Oskar Blues in Brevard for a beer and to hang out with adoptable dogs. 342 Mountain Industrial Drive, Brevard.

Bike Night at Regeneration Station Thursday, May 25, 6 pm. Beer, live music, bike games, a silent auction, food, and more at Regeneration Station and Garage TRS' Bike Night to benefit the animals of Brother Wolf. \$10 suggested donation. Regeneration Station 26 Glendale Ave B. Asheville.



ADOPT PLEASE!

COMMUNITY EVENTS

Books & Bites Fundraiser with Author Kristy Woodson Harvey

The Friends of Mountains Branch Library in Lake Lure are excited to host the "It Girl" of southern fiction, Kristy Woodson Harvey, to speak about her new book "Slightly South of Simple."

The luncheon will take place Tuesday, May 2nd, 11:30 am, at the Historic Lake Lure Inn.

The event is a fundraiser for the Friends of Mountains Branch Library. Cost is \$25, and includes lunch. Call 287-6392 for reservations.



IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 39.



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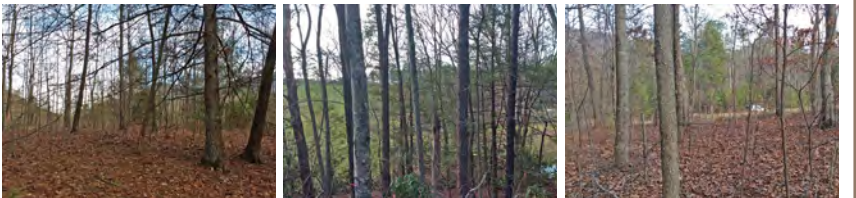
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Drovers Road Preserve is a place of natural beauty and unique value. A 110 acre conservation easement surrounds this neighborhood in the heart of beautiful Fairview. Located on the Drovers Road Scenic Byway.

- Nature trails
- Picnic pavillion
- Lookout tower
- Several small creeks to play in
- Nestled in an area of conservation properties and organic farms

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The Lord’s Acre Annual Square Dance

Come one, come all to the 9th Annual Square Dance and FUNdraiser, Saturday, May 20, 5:30–9:30 pm at The Lord’s Acre, 26 Joe Jenkins Road in Fairview.

Since 2009, The Lord’s Acre has continued to inspire new ways of living as a community and increasing food access. They don’t accept the “giver” and “receiver” labels of charity — everyone has something to give.

The Lord’s Acre family believes in weaving folk’s strengths, passions, talents, and creativity into solutions for problems like food security, loneliness, prejudice, and the isolation of modern society. And what better way to come together than to dance, share stories and learn more about how to get involved in your area.

It’s also the biggest potluck you’re ever likely to attend and so many wonderful donations from community businesses are up for grabs in the raffle. Each year talented friends and neighbors donate handmade wares, gift certificates, and wondrous creations for a raffle; a live band and a called square dance will keep the feet moving and toes tapping, and of course all are invited to bring a dish to share as part of The Lord’s Acre grand potluck feast.



The silent auction includes a plane ride over Fairview, as well as overnight vacation stays. The big item that will be live auctioned is a Chef’s Dinner for 8 at Chestnut restaurant in Asheville.

New this year is the generous participation of French Broad Chocolate Lounge who will have ice cream sandwiches and truffles for sale and a photo booth area where folks can take silly pictures to remember the occasion.

For those who are parched and over the age of 21, there will be Hi-Wire beer and Noble Cider for sale.

The Lord’s Acre staff and board members will guide visitors on tours through the garden.

Bring folding chairs and/or blankets, your potluck dish, and any financial support you’re able to contribute to help The Lord’s Acre to do this work of alleviating hunger, providing education, and changing lives.

Tickets will be available at the gate or at several Fairview locations. See details and RSVP on The Lord’s Acre’s Facebook page, www.facebook.com/thelordsacre.

The Great Lord’s Acre Multi-Prize Raffle!

The Lord’s Acre folks hope you’ll come to the Square Dance Fundraiser on May 20, but if you can’t make it, you can still purchase raffle tickets for any of the fabulous items listed below. Complete the ballot and bring it with payment to New Moon Marketplace (on 74A) or The Hub of Fairview/*Fairview Town Crier*, or purchase online at thelordsacre.org.

THE LORD’S ACRE 2017 RAFFLE BALLOT

Write the number of tickets you want next to each item. Tickets are 2/\$5, 4/\$10, or 10/\$20.

- 1 ___ Two Biltmore Tickets and a \$50 Gift Certificate to Corner Kitchen (value \$175)
- 2 ___ Bird Bath from BB Barns (value \$100)
- 3 ___ Hand Crafted Bench by Anne Tansey (value \$150)
- 4 ___ Dinner for 4 at Rhubarb (value \$200)
- 5 ___ Dinner for 8 by Maria Horton (value \$160)
- 6 ___ Looking Good Basket: Photo Shoot with Amelia Fletcher (value \$300)
- 7 ___ Japanese Maple Tree from Tom Ross/High Country Nursery (value \$150)
- 8 ___ Home Makeover: Master Carpet Cleaner, large framed mirror, gold framed painting, cherub art piece, potted plants (value \$250)
- 9 ___ Trail Ride for 6 with Annie Ager at Hickory Nut Gap Farm (value \$250)
- 10 ___ Love Your Pet Basket: 3 Days & Nights at Happy Tails, Woof in the Woods Gift Card & Cedar Ridge Animal Hospital Heartworm Test and year-long heartworm prevention (value \$375)
- 11 ___ Family Photo Shoot with April Tarjick (value \$100)
- 12 ___ Tickets for 4 to the Asheville Symphony Tickets (value \$200)
- 13 ___ Large Container Garden from the Garden Spot (value \$100)
- 14 ___ A Taste of Downtown for 2: Asheville Community Theatre tickets, Breakout Games, Kilwin’s fudge and ice cream, and Aloft bar gift certificate (value \$150)
- 15 ___ Happy Hour: Enter the Earth banded onyx platter, Whistlehop glasses, Imladris Farm jams, HNGF salami gift set (value \$200)
- 16 ___ Original painting by Mary Alice Ramsey (value \$150)
- 17 ___ Wellness Basket: Aromatouch Massage, Essential Oils, Diffuser, Trout Lily Market Gift Card, Farmer Jane soaps, Herbiary gift basket (value \$200)
- 18 ___ Bee Charmer Gift Basket and Artistically-painted Bee Box by Garden Guys (value \$200)
- 19 ___ Painting by Jen Rattigan (value \$150)
- 20 ___ Gift Basket of local products by The Hub of Fairview/*Fairview Town Crier* (value \$100)

CHOOSE HEALTH

Park Ridge Health’s dedication to health and wellness dates back to 1910 when it began serving the community as the first hospital in Henderson County.

Today, Park Ridge Health is home to more than **250 physicians and providers offering Primary and Specialty Care** choices to our family, friends and neighbors across Western North Carolina.

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ParkRidgeHealth

9TH ANNUAL

SQUARE DANCE

Family Pot Luck, Auction & Fundraiser

5:30–10 PM AT THE GARDEN

Off Rte. 74A East on Joe Jenkins Road (across from Angelo’s Restaurant). Look for signs.

SATURDAY, MAY 20

RAIN DATE may 27

SUGGESTED DONATION \$10 PER PERSON / \$25 PER FAMILY

Bring a dish for the huge Pot Luck Supper ...
Break bread with your neighbors ... Enjoy live, local music ... Take a whirl on the dance floor ...
Win fabulous/useful items in our Raffle/Silent Auction (from an airplane ride over Fairview to a chef’s dinner for 8 at Chestnut)

Be a part of something important!
Info/Auction preview at thelordsacre.org

Enjoy...

Join in the Fight Against Hunger!

Since 2009, The Lord’s Acre has raised over **67 TONS OF FRESH PRODUCE** to share with our neighbors through:

- Fairview Welcome Table
- Food For Fairview
- Fairview Share Market
- Green Opportunities
- Bounty & Soul!



Becky and Pat Stone Bring Stories and Songs

Renowned storytellers Becky and Pat Stone will come to the Library on Sunday, May 21 at 2pm to tell *Mountain to Sea Tales: Stories and Songs from Plum Nelly Everywhere*.

The program of stories and songs is great fun for people of all ages. This special program is free to all. Homemade refreshments will be served after the program courtesy of Friends of the Fairview Library.

Fairview Evening Book Club

The Evening Book Club will read *The Good Earth* by Pearl S. Buck in May, and meet for discussion on Tuesday, May 16 at 7 pm.

PROGRAMS AND EVENTS FOR KIDS

Dollywood's Penguin Players

The Penguin Players are coming to town to perform the sing-along play *Pretend*, based on the picture book by Jennifer Plecas. All

are invited to the library on Friday, May 19 at 3:30 for this free live performance.

Every year Dollywood sends out their Penguin Players to libraries throughout the region to put on a fantastic sing-along play for children of all ages.

LEGO Club

On Friday, May 5th at 3:30, join us for special builds, creative challenges, and a whole lot of fun. You bring your creativity, we'll provide the blocks!

Maker Space

Creative opportunities abound in our Maker Space! Self-directed activities will be available all month long for children and teens. Past activities have included black-out poetry, bookmark making, and grownup coloring. The station is always changing, so make sure to check out the latest project next time you are in the library.

PROGRAMS FOR THE WHOLE FAMILY

Storybook Characters On Parade

The library has invited the GoFigure Figurative Art Group to exhibit some of their storybook characters in the front display case during the month of May. Since 2013, GoFigure has interpreted children's books through dollmaking and displayed their dolls in libraries and schools throughout Western North Carolina. Visit the library all month long to see creations from Alice in Wonderland, Cloudy with a Chance of Meatballs, Fox & Socks, and many more!

COMMUNITY ANNOUNCEMENTS

Coming Soon... Summer Reading!

Mark your calendars for the Summer Reading Program June 1–August 31. The Library will have all sorts of fun activities and events to celebrate reading all summer long. More details coming soon....

ZOOM Attraction Passes

Buncombe County Libraries have teamed up with local attractions and museums to offer FREE admission for library card-holders with a ZOOM pass. Visit the Buncombe County Library website for more information and instructions on how to reserve a pass. Attractions include the Asheville Museum of Science, the Hands On! Children's Museum Hendersonville, the Western North Carolina Nature Center, and many more.

Teachers and Homeschool Parents' Research Requests

Have you seen the new Teacher Subject Request Form on the Library website? Fill out the form and our Library Staff can set materials aside for you, saving you time and energy. Best of all, the teacher request service is free! Please allow at least one week for materials to be selected. You will be notified by email when your resources are ready for pick up and they will be held in your name for one week. This service is absolutely free. The Library is happy to support our teachers and we look forward to working with you!

Used Book Sale

Visit the Used Book Store in the library for great deals on gently used books. All profits go to the Friends of the Fairview Library.

Library Closings

The Library will be closed for Memorial Day, Monday May 29.

NEW BOOKS

Adults

Into the Water by Paula Hawkins
16th Seduction by James Patterson
Robert B. Parker's Little White Lies by Ace Atkins
Astrophysics for People in a Hurry by Neil deGrasse Tyson
Men Without Women by Haruki Murakami
Beartown by Fredrik Backman
Come Sundown by Nora Roberts
Theft by Finding by David Sedaris

Kids

Ashes to Asheville by Sarah Dooley
Clayton Byrd Goes Underground by Rita Williams-Garcia
Gnome-a-geddon by K.A. Holt
Olivia the Spy by Ian Falconer
Rocket and Groot: Keep on Truckin' by Tom Angleberger

Storytimes

Mother Goose (4-18 months): Tuesdays at 11
 Bounce n' Books Movement (2-5 years): Wednesdays at 11
 Preschool (3-5 years): Thursdays at 11

First things first. I appreciate how many of you have stopped by to support this rather ambitious (and a little crazy) venture of mine to create one central place in the Fairview community where folks can send a fax, get a business card, buy a gift, place an ad, rent a room, appreciate art and more without having to drive to Asheville. And it is still evolving. Here's what's new:

New Hours: Starting Monday, May 1, we will be closing a half hour early. New hours are: Monday–Friday, 10 – 5:30 pm, later by appointment. Call us if you have a special need.

The Town Crier: Annie MacNair is fully entrenched and going at full speed with running the office side of the Crier. That includes the areas of administrative work, billing and classified ads, to name a few. She can be reached Monday–Thursday at 628-2211.

The Hub Art Gallery & Meeting Space: The meeting room is getting booked by a variety of groups who have found the convenience and affordability a real asset. We have seating and tables for up to 30 people, or an executive meeting set up for 6-8 and it's just \$25 per hour. Most fun recently was the graduation of magician Greg Phillip's Monday afternoon kid's magic class, Discover Magic. These kids learned so much over the past few months and had the confidence to each perform a special trick for parents and friends. As Greg explains it, Discover Magic is "a life skills course cleverly camouflaged as magic classes." The local artists' work hanging in the gallery will be taken down for the month of May to make room for acclaimed local artist and instructor Bob Travers Students' Art Show. The show opens for friends and family (and anyone else) on Sunday, May 7, 3–5 pm and is sponsored by Americare Pharmacy. There will be soft drinks and finger food. The following Friday, Second Friday at The Hub hosts the evening reception and open house, 5–8 pm. This event, sponsored by Cool Mountain Realty, will have wine, beer and appetizers. This is an opportunity to see the tremendous talent that lies waiting within many of us just waiting to be unleashed. Many of his students have won awards.



Rebecca aces her "Cow-boy Toothpick" trick.



The Hub Gift Shop: Lots of new things in the shop... all local, of course. Spring has us all thinking of plants so what's more fitting than these Pot Heads sculpted by Fairview artist Nels Arnold. Put a little jade plant grown by Ripley Hotch in it, or a candle. And for a quick hostess gift, these darling terrariums with candletops created by Teri Lu Bencar at only \$15 are just the trick.

Need something to make a bigger statement? These exquisite, wooden, turned bowls by David Cobb are even more special to hold and feel than to look at if that's possible. Ranging in size and wood types, they are an affordable gift for you or anyone else just as special. And remember, The Hub does gift wrapping.



The winner of the "flying off the shelf faster than I can order" award? Currently it is Looking Glass Creamery's Carmoolita Carmel Sauce. It's a winner in either Traditional or Bourbon Vanilla. Heard a well-known coffee shop drizzles it on its lattes. Personally, I think it

just makes any ice cream all the more special but I must say, fresh local strawberries dipped in Bourbon Vanilla Carmoolita is enough to make me feel like I'm on vacation!

The Hub Gift Baskets: Got new signature torquoise gift boxes and huge bows for gift baskets filled with local things. You can select from our local honey, caramel sauce, jams, soaps, etc. or add some of your own things. A custom local Mother's Day gift basket is a cool idea.

The Hub Business Center: Been swamped with designing and producing business cards, brochures, rack cards, car magnets, branded labels and stickers, menus for Fairview Pizza and even the new entrance sign at Drovers Road Preserve in Fairview. I love being able to help our local businesses community. We've got two very experienced designers (myself being one of them), and years and years of marketing and writing skills, so we can handle just about anything. We take it from concept to print. We've just added a variety of card stocks including recycled and color edged. And no offense, but if I hear "I got it at Vista Prints" once more when someone can't come up with their logo to put on a sign or brochure, I'll just scream.

The Hub is located at 1185-G Charlotte Highway in the Americare center, 628-1422.



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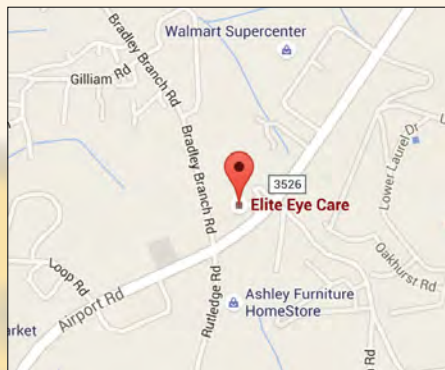
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A Good Ol' Boy is Good to Know

It's been nearly a year now that I've been here in Fairview. Well, that's not really true. While I did bring my last truckload from Florida here and got it unloaded in May of last year, I immediately left on my Spring/Summer tour, which kept me on the road with magic shows through August. As a matter of fact, I'm writing this from the road at the start of this year's tour. Traveling can be both a blessing and a curse. True, I get to see new places and meet new people, but there's nothing like our mountains and Fairview as it transitions from winter to spring and then to summer! As I was driving, I was listening to the radio and the theme from *The Dukes of Hazzard* came on. That made me think of the term "Good Ol' Boys," which made me think of my neighbor Keith!

"Good Ol' Boy" Defined

The Urban Dictionary gives the following definition for a Good Ol' Boy: "A Southern born boy who is country to the core. He likes to hunt and knows a little about a lot, and in some cases knows a lot about a little. He carries one knife in his pocket and another in his boot. Drives a truck and listens to country. A hard working, honest gentleman, who prefers the simple life." That's Keith. He grew up in Fairview and knows all the back roads, short cuts, and moonshiners' paths. He knows the mountains like the back of his hand.



"Good Ol' Boy" Keith

When I have a problem it's Keith I go to first. When the power flickered at the house, Duke Energy couldn't give me a good explanation as to why. It was Keith who explained that our power comes over Black Mountain, the lines are pulled through lots of trees, and the wind plays havoc with the lines even if there is no wind at the house. When I discovered moles in the yard and began my online research on how to get rid of them, it was Keith who suggested I not

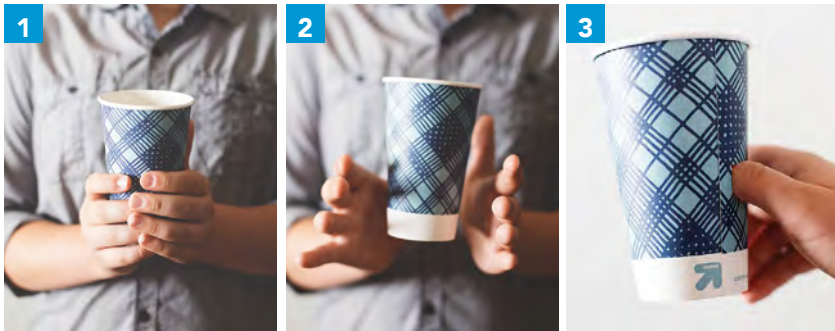
Good Ol' Boy (n): A Southern born boy who is country to the core. He likes to hunt and knows a little about a lot, and in some cases knows a lot about a little. He carries one knife in his pocket and another in his boot. Drives a truck and listens to country. A hard working, honest gentleman, who prefers the simple life.

The Urban Dictionary

get traps but instead get rid of the grubs that the moles fed on — safer and more sure-fire. And when I broke out in a rash that covered my chest, arms and legs it was Keith who diagnosed it when my own doctor couldn't. They tried treating it with steroids and creams to no avail. It was Keith who told me "that's just Poison Oak," and suggested I "get some Dawn soap and wash up with that." Within a couple days of

Dawn-washing the rash cleared up. Keith even showed me where in the yard the Poison Oak is located and the best way to get rid of it.
 Getting Things Done
 Keith knows many of the places that I need to find in Fairview to get stuff done. It was Keith who told me about Mountain Variety Hardware at 807 Charlotte Highway. According to their Facebook Page, the store carries hardware, tools, plumbing, propane, small engine parts, and a "variety" of other things. They have been serving Fairview for over 30 years. That's no small task in this day and age.
 When I took in my weed whacker to get it tuned, Paul the owner told me I could wait for it, so I walked around the store and man oh man, it was like a trip back in time! Not only did they have the advertised stuff but also I found parts and pieces to create several tricks for the new season, a 55-gallon drum for a burn barrel, and some plastic drums to make my grandkids a train. All on a suggestion from Keith as to where to get my lawn tool repaired.
 And while I'm away from Fairview for the next couple of weeks, it's Keith who'll be watching over the homestead for me. I'm grateful for real neighbors, something that I didn't have for the nearly 30 years I lived in Florida, and I'm really grateful Keith's a Good Ol' Boy.

The Floating Cup



This is a trick I do regularly, and thought I could easily teach it here. I use it to fool people and my grandkids ask for it every time we go to a restaurant that serves Styrofoam or paper cups. I call it "The Floating Cup" (real theatrical, I know!)
 EFFECT: Take a cup between your hands and slowly move your fingers away. The cup remains suspended and slowly floats around. You then "land" the cup, crumple it up and throw it away!
 SECRET: By checking out the photos above you see how to begin by holding the cup (1) then show the cup floating (2) and the secret (3). Prepare the cup by first making sure it's empty and then pressing your thumb through one side of the cup to make a hole. Set the cup on the table until you're ready to perform.
 PERFORMANCE: Pick the cup up and hold as shown. (1) Place thumb into the prepared hole and move fingers away making cup "float;" (2) "Land" the cup, being careful to not expose the secret. Remove cup from thumb, crumple and toss away! Voilà!



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Blackwater Burt

I just spent three days paddling with Burt Kornegay on the Little Pee Dee, a flatwater, blackwater stream in coastal South Carolina (it's close to the ocean and near the South Carolina/North Carolina border). What a quirky, odd, almost peculiar adventure. Who knew that there was such a thing as running blackwater? Seriously. Whitewater, yes, but blackwater?

Yet there is. Only you're not running Rapids, you're running "slow-pids." Or more accurately, you're not dodging rocks, you're dodging trees. Or more accurately still, you're not dodging trees, you're trying to squiggle your way through them. Again, seriously!

Tree Running Master

It turns out that Burt is a master at running trees, and that I suck. Really suck. When it comes to whitewater, he and I go down the same rivers and I can comparatively hold my own. Blackwater? He's King Kornegay, His Royal Graceness. I am the Court Jester, Paddler of Lard Bottom.

Thanks to last fall's Hurricane Matthew, the Little Pee Dee is crowded with large fallen oaks, lying straight across the river, sometimes two, three, or four together. Sometimes a log is deep enough that you can, with speed, pull yourself over it. Sometimes it is high enough that, if you duck very low, you can squeeze under it. Some-



Plenty of tree dodging on the blackwater "slow-pids."

times you can wend around its great root ball, a vertical disk of dirt and roots that may be ten or twenty feet tall. Sometimes if you line up parallel to the tree (perpendicular to the river), you can squeeze, pry, or thwack your way through the smaller branches and emerge to open water on the other side.

Or at least Burt can. Me? Not so much. Some of this was due to our boats. Burt has a lean, clean Mad River Guide, I an old, seen-better-days Old Town Appalachian.



The limb in the back of Pat's canoe was a gift from the tree tangle just upstream.

Burt's is shorter in length than mine. Burt's is thinner than mine. Burt's is shorter in height than mine. And Burt's is even shorter underwater (has less draft) than mine. So he squeezes under logs I can't, rides over logs where I jam stuck, makes turns that I can't make, and squeezes through wooden crevices that are Katy-bar-the-door for me. He called my boat Lard Bottom, and every time it got wedged snug between two cypress knees (those knobby root protrusions I used to think were beautiful) that he

had just glided—blithely—between, I had to agree with the name. Did I mention that LB was slower than his canoe, as well? I watched Burt glide down the river, stroking, ruddering, stroking, ruddering, relaxed (ahhh), enjoying the surprised wildlife scattering before him — while I was cramming my paddle first on one side then on the other in a vain and unending attempt to catch up (aghhh). And when I did catch up, when I did, there would be another fallen tree, one that



Just a small obstacle.

Burt would somehow belly dance his boat through and I'd then get stuck on (once I got so stuck under a tree, right at my hips, that for a moment I wasn't certain I'd get out until the river dropped). By the time I finally did get free, he'd be long gone around the next bend, enjoying some frolicking wonder of nature. If I was lucky, I'd get there in time to see the splash. "River otters," Burt'd say happily. Heck, he'd go out of his way to find a maze of trees. He often took "cut-throughs,"

short cuts around bends, short cuts frequently packed with arboreal bewildermments. I finally figured this out. "You like running trees, don't you?" I asked. "I love it," he replied. But, alas, poor carpenter that I am, I cannot entirely blame my tool. (I love you, Appalachian. You are a true friend.) The truer part of the truth is it's actually quite a skill Burt, and presumably other blackwater masters, have. One: He is an artist at deciphering the

wooden riddle — finding tiny little twisty lines through downright roadblocks of trees. Honestly, I can't count the number of times I looked at a river-wide barricade worthy of the battle scene in *Les Miz* and exclaimed (silently, of course), "Well, we sure ain't getting through that!" The next thing I knew, B'rer Burt had jumped out of the briar patch and was happily thumping his blade on the other side.


Two: There truly is a lot of skill and experience to running wood, skill that, white-colored-water paddler that I am, I never anticipated — and surely don't have. Knowing how to handle a long, straight-tracking boat through twists tighter than any slalom course is an art, a true, if little-known, paddler's art. Interestingly, part of it involves going slow, very slow. Any momentum going into one of these tree-trunk parallel maneuvers is just going to keep you going downstream (into said tree trunk) once you turn your boat. Instead, Burt would languorously wisp his way beside the tree, as if it was a loved but sensitive dog, asleep by his feet, that he didn't want to disturb. Is he truly a Log Whisperer? Did I see his lips move? I don't know. You'd have to get Burt to share his techniques (if the sly old beaver would). I couldn't figure them out. I was too busy picking twigs and poison ivy vines out of my hair. If the gold standard for canoeing

Burt is an artist at deciphering the wooden riddle — finding tiny little twisty lines through downright roadblocks of trees.

whitewater is having a "dry hair day," surely a "dry foot day" would be its blackwater equivalent. Dry feet? I paddled three days with good Brother Burt. I now have three pairs of Smartwool socks currently drying on the line. And Burt? I offered to help wash twigs, leaves, Spanish moss, and other detritus out of the bottom of his boat at the end of the trip the way I just had mine. After all, my feet were already wet, and his — well, you know. What did this mahatma of maneuvering think of my offer? He very gently replied, "Pat, don't take this wrong, but I don't think you need to."

Pat Stone is the editor of Greenprints magazine.




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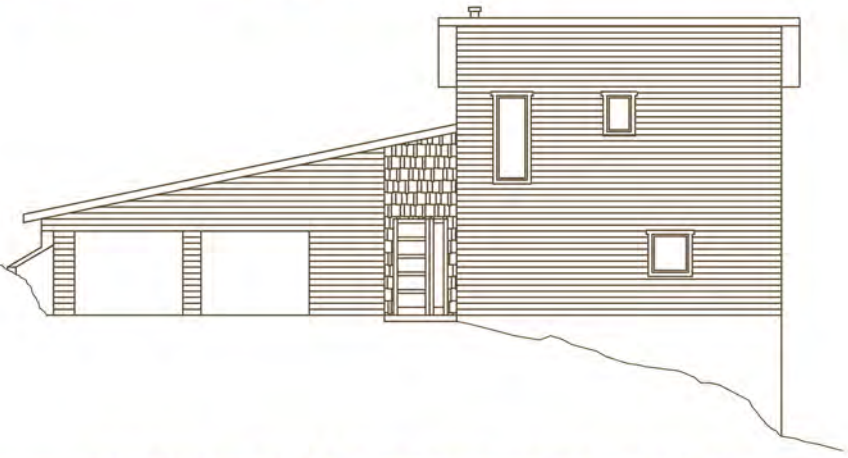
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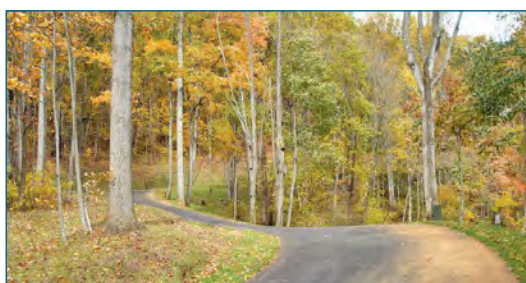
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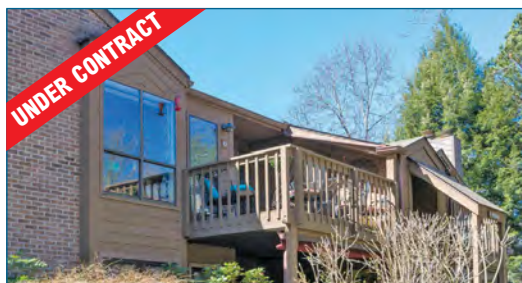


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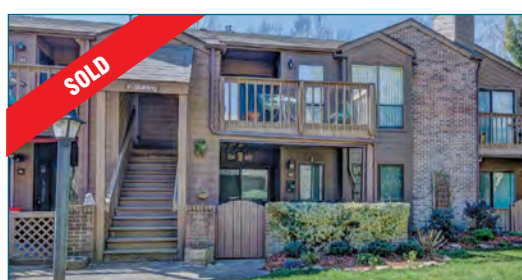
Spacious 3-bed, 3.5-bath log home with year-round views located in the Gateway Mountain Development. \$689,000 MLS 3263929



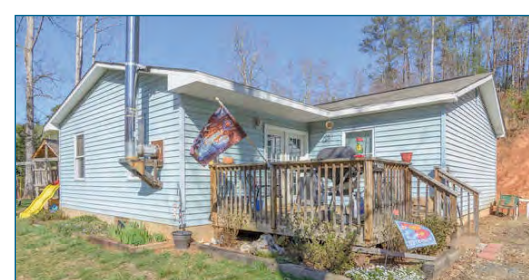
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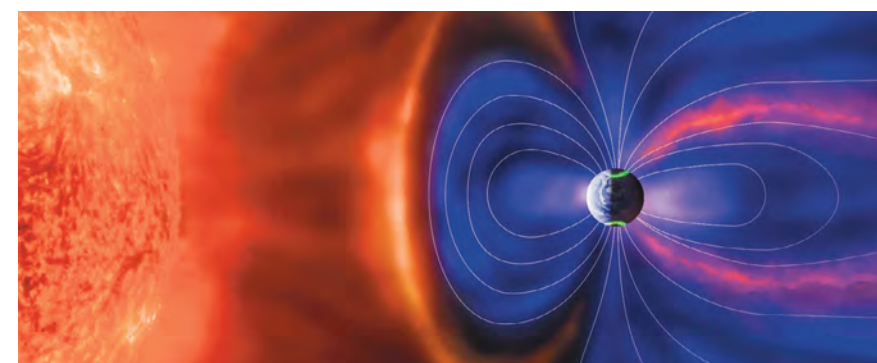
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WEATHER CORNER TOM ROSS

On the Road to Summer

We really start to march toward summer with May's average temperature generally in the mid 70's and average low in the low 50's. While we can still have an unusual late season frost, many years we don't. However, the old adage "Plant your tomatoes around Mothers Day" is pretty good advice for our area. The combination of warmer spring temperatures along with rising soil temperatures supports a more vigorous growth of tomatoes and other warm season crops for the rest of this year's growing season. We average about 5 inches of rain for the month, with rain falling on an average of 12 days. In any given May we get between 7-10 thunderstorms. We actually got some decent rains in the last month or so, with



6-8 inches of rain in the region during March and the first part of April. Take a look at NOAA's Climate Prediction Center (CPC) cpc.noaa.gov for some hints on the upcoming summer weather patterns.

The GOES Weather Satellites

This month we will take a look at some recent developments in satellite meteorology. The Geostationary Operational Environmental Satellite-R Series (GOES-R) is the next generation of geostationary weather satellites. There are four satellites in the series: GOES-R, GOES-S, GOES-T and GOES-U. The GOES-R Series Program is a collaborative development and acquisition effort between the National Oceanic and Atmospheric Administration (NOAA) and the National Aeronautics and Space Administration (NASA) to develop, launch and operate the satellites.

The GOES-R series satellites will provide continuous imagery and atmospheric measurements of Earth's Western Hemisphere, total lightning data and space weather monitoring to provide critical atmospheric, hydrologic, oceanic, climatic, solar and space data. They will provide images of weather pattern and severe storms as frequently as every 30 seconds, which will contribute to more accurate and reliable weather forecasts and severe weather outlooks. GOES-R's environmental data products will support short-term weather forecasts and severe storm watches and warnings, maritime forecasts, seasonal predictions, drought outlooks and space weather predictions. GOES-R products will improve hurricane tracking and intensity forecasts, increase thunderstorm and tornado warning lead time, improve aviation flight route planning, provide data for long-

term climate variability studies, improve solar flare warnings for communications and navigation disruptions and enhance space weather monitoring.

GOES-R is now known as GOES-16 since it reached geostationary orbit, and will transition into operations immediately following an extended checkout and validation phase of approximately one year. NOAA's mission is to ensure that data from its satellites is precise, accurate, and widely available, so before GOES-16 becomes operational, it must go through an exhaustive testing phase, wherein its instruments are checked and re-checked using measurements from a vast range of verified sources. Now that the data has begun to flow, GOES-16 and its team of experts on the ground are ready to embark on another major milestone — the GOES-16 Field Campaign. During the next three months, a team of instrument scientists, meteorologists, GOES-16 engineers and specialized pilots will use a variety of high-altitude

continued on page 38

May Trivia Question

Fort Yukon, Alaska, eight miles north of the Arctic Circle, holds the Alaska state record for the warmest temperature. How hot was it and when did it occur?

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Protecting Against “Tech Support” Scams

As the Community Outreach & Crime Prevention specialists for the Buncombe County Sheriff’s Office, we continue to seek opportunities to share information for your protection. Scams and frauds aren’t new, but new technology opens up other avenues the scammers may use. We are being made aware of more and more citizens being exposed to and taken by the “Tech Support Scam.”

How does it start?

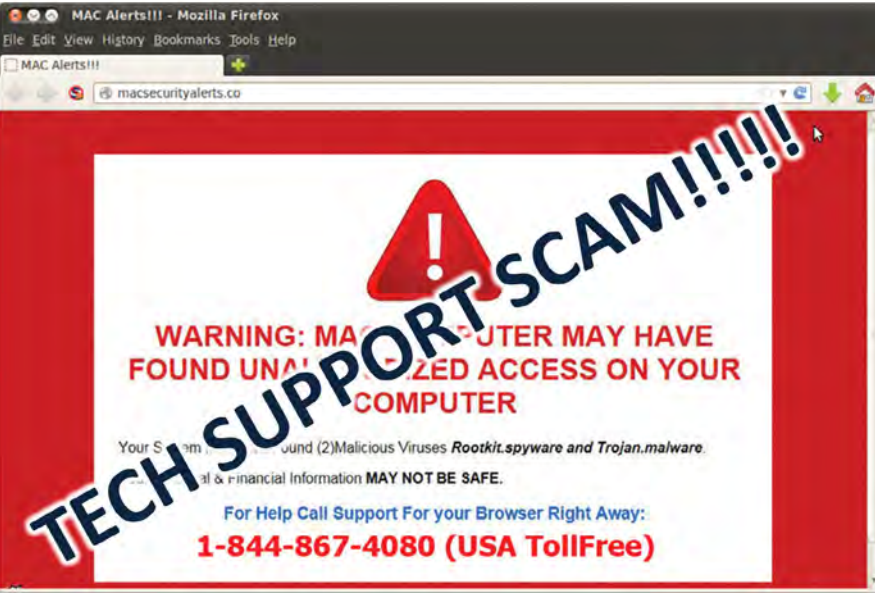
You are browsing around the internet on your PC or Mac and a “Pop-Up” or webpage appears (Fig 1). A voice and text may be warning you that your computer:

- has been compromised;
- Is infected with a virus, spyware or malware;
- has accessed inappropriate material; and/or
- is releasing data such as credit cards, banking and other personal information.

Yikes! That method is used to instill fear and the scammers certainly have your attention. You try to close out the pop-up or page by clicking on the X but nothing happens. You try closing the browser tab, but nothing happens except for an escalating series of popups and voice warnings. You will likely even start seeing what appears to be your mouse pointer moving on its own. Even the cursor movement is a part of an animation sequence written into the page and really isn’t your mouse moving. The display of information looks real, including company logos and possibly formats and colors that match normal warnings.

The Scammer Offers to “Save the Day”

The pop-up contains a 1-877 or 1-800 number to help fix the problem, but that number connects to the scammers. You will likely be asked for credit card information and pay a fee for “tech support.” Whether you pay or not, the scammer will guide you through giving permissions for them to take over your computer. Once you allow access he or she will gather personal information, attempt to access money management soft-



ware or even install software that records every bit of activity on your keyboard including when you type passwords. It can be just the beginning of your losses and aggravation.

Many individuals who have lost money to this scam report that the scammer calls back within the next few weeks. If they can fool you once they just might be able

The scammer wants you to act on fear instead of taking time to evaluate the matter and become suspicious of the scam.

to fool you again. A new twist on the story and they give you hard earned money another try.

What NOT to do

The biggest rule of all is, do NOT call the number. Once engaged, a skilled scammer can fool people who think they are too intelligent to fall for such deceit. In fact, some scammers specifically target confident individuals.

Typically all one needs to do on a PC is press Ctrl-Alt-Del, select task manager then shut down the browser’s process. On a Mac, press Command-H, and you can tell if the dialogue is in your browser or the computer



Do NOT click on buttons within the dialogue. That action may install a virus, spyware or other software that can lock your computer and “hold it for ransom” until you pay a fee. That type of scam is referred to as “Ransomware.”

What to do

Typically all one needs to do on a PC is press Ctrl-Alt-Del, select task manager then shut down the browser’s process. Once the browser is restarted, do not restore previous pages, and the scamming pages will likely be gone with no further problem. If you are not sure how to do the Ctrl-Alt-Del option, just shut your computer down and restart.

On a Mac, press Command-H, and you can tell if the dialogue is in your browser or the computer (Fig 2).

There are many options related to different systems and browsers. Having a smartphone or other computer by your side to search for ways to handle your options will prove very helpful. Be patient and research before each action. The scammer wants you to act on fear instead of taking time to evaluate the matter and become suspicious

of the scam.

If you allowed the scammer access to your computer, there will likely be more problems that need to be repaired by good virus software or a real computer support technician. I personally steer clear of tech support subscriptions or any other websites that offer such services. I would recommend finding a local computer repair service if needed, or it’s always nice having a tech-savvy, trustworthy friend to help you out.

There are literally hundreds more tips we would like to share to keep you and your property safe. On that point, our best saying may be “Engage with the Sheriff’s Office, not the scammers.” Get involved with a Community Watch program, join your neighbors and us on Nextdoor.com, link with us on Facebook by searching @ BCSOCrimePrevention, or call us at 250-4427 for crime prevention related needs. Spread the word!

Larry Pierson is a sergeant in the Buncombe County Sheriff’s Office

Encrypting, Erasing, Blocking

Hands off my History

With all the recent concern about ISPs (internet service providers) being allowed to sell their customer’s data, it is good to see what you can do and understand what ISPs are currently saying. Some major ISPs, such as Verizon, AT&T and Comcast, have already come out saying they will not sell their own customer’s data (I suspect it is more valuable to them that way, and they can always change those terms). So you should just test your safety level at <https://www.letsgetsafe.org/> part of the <https://www.fightforthefuture.org/> project.

Also, use Electronic Frontier Foundation’s HTTPS Everywhere plugin <https://www.eff.org/https-everywhere> to try to make sure you are using an SSL (Secure Socket Layer encryption) website version, if they are available. It is much harder for an ISP to know what you are doing at a site that is using SSL; all they will know is that you went there.

Finally, although not a perfect solution, more people are exploring VPNs (Virtual Private Networks) to carry their Internet traffic beyond the data-gathering eyes of their ISP. Besides, a VPN should always be used when using public Wi-Fi hotspots, especially at airports, hotels, and convention centers.

If you want to set up email encryption in Apple’s Mail application, take a look at this

helpful article: <https://www.macosobserver.com/tips/quick-tip/mac-os-using-email-encryption-apples-mail/>

Dumping the Data

Safe disposal of data on solid-state drives (SSDs) is a little different than with conventional drives. With conventional drives, you could reformat it with software that wrote zeros across all the platters or physically destroy it by drilling holes. For reasons I don’t quite understand, erasing an SSD doesn’t work, but you can encrypt it and then throw away that encryption key; then nothing is readable. You might need to use a Serial Advanced Technology Attachment (SATA)-to-USB cable to handle a drive that you have pulled from a computer.

In Windows, if you don’t have a Pro version, you can download Veracrypt at <https://veracrypt.codeplex.com/> (note that it is hosted with codeplex, which will be shutting down by the end of this year) On a Mac, you would use the Apple-provided FileVault. The important trick is to make sure you encrypt the correct drive — not that it would be bad to encrypt your regular drive anyway.

Deaf and Blind

Taping over the camera on a computer still leaves the microphone open. In Windows, you can use the Device Manager to disable that internal microphone, located under

the section called “audio inputs and outputs.” This works fine unless you already have some kind of Remote Administration Software (RAT) maliciously installed.

Laptops Hate Saunas

Laptops don’t belong near steam sources, like dishwashers. A tale of caution — many people use their laptops in the kitchen, likely placing them on the counter above the dishwasher. While the dishwasher is running, especially during the drying cycle, it will exhaust out a lot of vapor. If a laptop is anywhere near that moisture and its fan(s) are running, that vapor will get pulled in and over time corrode the internals. You might not notice anything wrong until you gently bump that laptop and a several little internal connections all fall apart.

Workflow is Now Free

iOS Workflow is a great productivity tool that is now free after Apple acquired it earlier this year. It can help you automate



tasks on an iPhone or iPad and is available through the App Store. With a little bit of work, you could take an image from Photos, convert it, then upload it. More information is at <https://workflow.is/>

Warnings and Reminders

Windows Vista is no longer supported by Microsoft, and the same is true for nearly all other software makers. Microsoft ended their support on April 11, so for safety’s sake you should figure out how to upgrade on the Internet.



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Deflame Your Body

Do your joints swell and ache all the time? Do you feel bloated a lot?

Have you been diagnosed with an autoimmune disorder? Do you get a lot of allergies? Have asthma? Feel tired and sick a lot? Would you like to possibly reduce your risk of cardiovascular diseases, Alzheimer's, Parkinson's, Multiple Sclerosis, cancer, diabetes? Want to slow down the aging process — maybe? If you answered yes to any of these questions you may want to investigate how to reduce your body's inflammation level, and it can be done naturally.

Inflammation within our bodies has been identified as a fundamental cause of numerous health conditions from premature aging to heart disease as well as many types of autoimmune disorder. Inflammation literally heats up our bodily tissues, causing them to break down faster.

How Does it Happen?

Think of the blood running through our arteries as circulating cooling fluid for our bodies. It has good and not-so-good stuff floating around in it, stuff such as cholesterol which can either nourish or hurt our bodies. If we eat too much of certain foods, like those in a typical American diet, the not-so-good stuff increases in our blood and literally heats up our bodies, causing problems; this is the concept of "inflammation" in our blood. One measure of

these floating inflammatory particles is a substance called c-reactive protein.

Certain foods inflame, and changing the diet is key to reducing inflammation in our bodies. Culprit foods include grains, trans fats, many oils, soda, soy, dairy, grain-fed meats, and sugar. These foods cause inflammation because they cause an imbalance in essential fats in our bodies.

Two Key Essential Fats

The two key essential fats involved in inflammation are omega-6 and omega-3 fats. Our bodies need both in a ratio of 4:1 omega-6 to omega-3, but in the typical American diet this ratio is way out of balance in the range of 30:1. When this ratio is so out of balance excessive omega-6 fats are converted in our bodies into an inflammatory chemical which heats up our blood and bodies.

Knowing what to eat and then making modifications to your diet can radically influence a whole range of health conditions. To learn more about how to deflame your body, go to the excellent website deflame.com, or contact me via the information below.



Dr. Reilly is past president of the NC Chiropractic Association. dreilly@fairviewdc.com, [628-7800](tel:628-7800).

One Month Closer

Will You Sink or Swim?

Last month, I began documenting the final six-month journey to my 65th birthday in September... MY day of reckoning. Now I'm not one to call much attention to my birthday (funny how that happens when you get older), but this one's going to be different. I'm getting a BIG present whether I want it or not — MEDI-CARE! I decided to share this with my readers when I began receiving advertising from companies, groups, and agents seeking to woo me with their Medicare product offerings that I affectionately called "it." A distress call from a reader confirmed my expectations as to what lies ahead. She'll be 65 in June and was being deluged by "it," she was confused, desperate, and wanted my help. As for my situation, I'm one month older than my wife, Marilyn, so it appears that she and I are in the outer edge and heading into the eye of a perfect storm. The question is: will we sink or swim?

Taking Stock

The first thing that must be done to weather this event is to take stock of the situation and plan accordingly. In my case, I must plan for both of us. I'm currently a dependent on Marilyn's group health plan, which includes Rx coverage, and she's planning to work past 65. She will not carry over any health benefits from her employer when

she retires. We're both within 6 months of our birth month and are currently in good health despite a major health event I had last year.

What Are My Options

There are time frames that must first be considered. I know that because we're within the 6-month open enrollment for Medicare supplements, we can get one now and there'll be no health questions. However, since we're outside of the 3-month open enrollment for Medicare Advantage (Part C) and Medicare Rx (Part D) plans, we'll have to wait until then if we want to enroll. I also know that supplements and Medicare Advantage plans are only available for those who are or will be on Medicare Part A & B, and that we'll be automatically enrolled in Medicare Part A hospital coverage but will have the option to delay enrollment in Part B doctor's coverage. There could be late enrollment penalties and other consequences if we make the wrong decision. So, the first fork in the road is: do we or don't we delay Part B? Stay tuned for the answer next month.



Mike Richard is president of Prime Time Solutions. Contact: [628-3889](tel:628-3889) or [275-5863](tel:275-5863).

Southern Appalachian Highlands Conservancy's Work Since the 1990s

For more than two decades, the Southern Appalachian Highlands Conservancy (SAHC) has been working to protect forests, streams and farms in the readership area of the Fairview Town Crier. Since completing their first conservation easement here in the late 1990s, SAHC has protected more than 1,500 acres in the area.

Why? To help preserve important agricultural resources, water quality and scenic views, as well as habitat and connection to heritage.

"Fairview is blessed with spectacular mountain vistas, rich farmland, and unique plant and wildlife habitats; we are so fortunate that SAHC has been proactive in working with local landowners in recent years to permanently protect these valuable natural resources that make our community so special," says Popsie Lynch, Fairview resident, landowner of a conservation easement property, and SAHC Trustee.

These protected lands tell a story of this beautiful countryside as well as connection to shared history. Over the last couple of decades, a growing amount of land in the area has been protected with conservation easements, through which landowners retain private ownership of their land while voluntarily protecting conservation features like agricultural soils and headwater streams. The increasing popularity of conservation easements as a land protection tool may be an indication of growth in understanding — about what a conservation easement is and what it does — as well as a reflection of landowners' concern and deep love for their land.

"We are fortunate to work with so many landowners in Fairview who have managed their land so well over the years," says SAHC Executive Director Carl Silverstein.

The first conservation easement in Fairview was on 65 acres on Flat Top Mountain in 1999, protecting a forested mountain tract that contains large hemlocks and 5,394 linear feet of streams.

Also that year, descendants of forestry pioneer D.L. Moser protected 170 acres of coves and ridges, including virgin old growth forest, in the Swannanoa Mountains. A graduate of the Biltmore Forest School, the first school of forestry in North America, D. L. Moser was employed as the first forest warden at Mt. Mitchell State Park. His education and experience helped with early forest restoration efforts on Mt. Mitchell; Moser replanted approximately 100 acres of forest on state property. His legacy and passion for the health of the land lives on in his family.

"Our family has a long tradition of care and stewardship of the land," said Irene Moser, landowner and granddaughter of D. L. Moser. The Moser family property, protected by conservation easement with SAHC, has been owned by the same family since the 1930s and managed with a strong conservation ethic.

After 2000, the growing popularity of Asheville and surrounding areas led to increasing subdivision and conversion of rural lands and historic family farms for residential development. SAHC continued working with interested landowners to permanently protect land for habitat, forest health and scenic beauty — and began a Farmland Program

specifically oriented to help protect vital agricultural soils. Between 2000 and 2010, SAHC protected over 300 acres at Hickory Nut Gap Forest and along the Drovers' Road Scenic Byway, and they completed the first agricultural conservation easement project in Fairview to protect 83 acres at Hickory Nut Gap Farm.

"Something we all agree on in Fairview is that we want to protect our rural landscape and rural way of life," says landowner and NC General Assembly Representative John Ager. "Conservation easements make sure our farms and mountain views can be enjoyed by our grandchildren and beyond. I am proud of my role in preserving Hickory Nut Gap Farm and other special land in our community, in partnership with Buncombe County and the Southern Appalachian Highlands Conservancy."

Working with multiple landowners over the last two decades, SAHC has protected a significant portion of land surrounding Hickory Nut Gap and the Drovers Road Scenic Byway near the continental divide, and at Blue Ridge Pastures, which offers stunning views into Hickory Nut Gorge. They also protected 490 acres on the iconic peak of Little Pisgah Mountain, which rises to the east above the Gap and the Gorge.

Since 2010, SAHC has worked with interested landowners to protect farmland visible from the drive along US Hwy 74-A (Drovers' Road Scenic Byway), including 60 acres on Camby Mountain and a series of fertile bottomland tracts bordering Ashworth Creek.

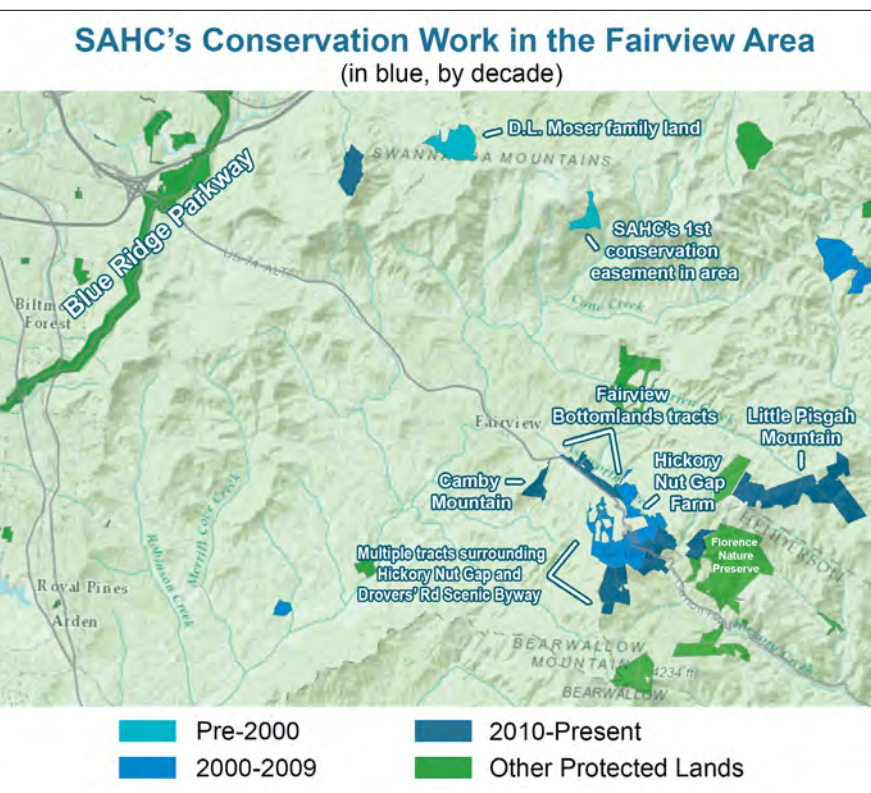
Bill Lynch, landowner of a portion of the conserved Fairview bottomland tracts, wanted to protect the land passed down from his grandfather, Dr. James Lynch.

"In the mountains, these fertile bottomlands as pretty rare, so it was our pleasure to be able to protect it and have it conserved forever," says Bill. "It was a personal commitment — a great opportunity that we jumped at — that our families' property could be conserved at the same time. What small part was ours to conserve was once part of my grandfather's farm."

Although Bill grew up in town, he has memories of visiting the farm frequently and of his grandfather's prize-winning Herefords. The 100+ acre farm from his grandfather's day has been divided by inheritance to different family members; several of these parcels are now permanently protected by conservation easement with SAHC, including land owned by Bill's cousin, Popsie Lynch.

"Looking down over the generations, I think he would be pleased that these parts of his old farm will now remain farmland forever," says Bill. "We thought it was important to conserve it now because those prime soils take so long to form. Everywhere you go you can see the prime bottomlands not being farmed anymore or being converted into development. We were very glad to be able to protect a small piece of it."

Bill has had a lifelong interest in agriculture, growing family gardens and working at the Biltmore Estate for 30 years. He retired a few years ago from his position as Production Manager at the Biltmore Winery. Now, Bill enjoys cultivating grapes on his conserved



The aerial photo shows some of the protected lands indicated in the lower right corner of the map including the Fairview Bottomlands and various tracts at and surrounding Hickory Nut Gap/Drovers' Road Scenic Byway. Photo SAHC and Southwings

parcel of land. Produced under the moniker "Bel Aire Farm," which hearkens back to the name of his grandfather's farm, Bill processes his table grapes into fresh, 100% grape juice available at an honor-system stand. His is also considering experimenting with cherry production. Bill and his wife Kitty lease a few acres of the protected land to Flying Cloud Farm, and he thinks his grandfather would be pleased that it is continuing in active agriculture.

"Conservation of the land is very important for us because we lease all of our farmland," says Annie Louise Perkinson, farmer and owner of Flying Cloud Farm. "It's a great opportunity for us and a benefit for future farmers. If young farmers have to buy the land they're working, they have to use all their money just for the purchase. Leasing conserved land is a good opportunity for us because we are able to build up the business and invest in infrastructure. Plus, having the farmstand right along the Drovers Road Scenic Byway is important in making us accessible to the community. Direct marketing is very important for small farmers; it enables us to be in charge of the product from seed to sale."

Flying Cloud Farm offers organic vegetables, berries and cut flowers direct from their farmstand, through CSA (Community Supported Agriculture) shares and at several local tailgate markets. Their farm business supports the family plus four full-time seasonal employees, and they offer apprenticeships for training future farmers with hands-on experience. For more information, visit flyingcloudfarm.net.

"Since this land is conserved, it will remain a beautiful place to drive by — but it will also be producing food and providing jobs for young people," adds Annie. "It is not just scenic land; it's working land."

SAHC is continuing to work on conservation efforts throughout the Fairview area, and across the Southern Appalachian highlands in Western North Carolina and east Tennessee. Conservation can help continue the long legacy of connection to the land in this region, where people are drawn to enjoy the bucolic beauty of the area. But conservation doesn't stop at just a pretty view; these lands, especially the fertile agricultural lands with rich, prime soils, have been protected as working lands for future generations. Find out more at Appalachian.org.



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¹Fortune Magazine, 2015 ²A.M. Best, 2015 and Standard & Poor's, 2015
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TEACHER SPOTLIGHT: Joann Hamrick

By Lorelei Kane

Teachers are among the unsung heroes in every community, but they deserve to be recognized and appreciated by all of us. Even if we don't have children of our own, teachers touch all our lives in some way. After all, they help shape our future generations whose growth and safety affect each and every one of us.

In this issue we introduce you to one of the amazing teachers in our schools, and in upcoming issues we'll highlight more of these true superheroes so everyone can get a chance to know them a little better.

This month I'd like to introduce you to Joann Hamrick. Ms. Hamrick has been at teacher at Fairview Elementary School for the past 23 years; she has taught kindergarten, 1st and 2nd grades and currently teaches 1st grade. She did spend one year teaching in middle school but realized her passion was early elementary classes.

Ms. Hamrick is a native North Carolinian who grew up in Swannanoa, graduated from Owen High School and then attended Mars Hill University where she got her bachelor's degree in elementary education. She is married, her husband is a teacher at Owen High and they have two children, one currently a junior at NC State University and one a junior at Owen.

Childhood Dreams

Ms. Hamrick had dreamed of being a teacher since she was six years old and would give her stuffed animals spelling tests. She was also inspired by the fact that her mother was a teacher's assistant.

She adores teaching elementary-aged students and says they are full of fun and energy and it is a joy to witness their growth and see their independence and personality develop in the early years. One of her favorite parts of being a teacher is the relationships she develops with her students and the fact that years later her students will come back to visit and share their fond memories of being in her classroom.

When asked about her favorite memories, Ms. Hamrick choked up a bit as she said that kids come into class at the beginning of the year not knowing how to read but at the end of the year, they will look at



her and say with pride in their voices, "I've got this, Ms. Hamrick!"

Ms. Hamrick loves teaching. She says that it's a hard job but fulfilling and challenging at the same time, and that one of the main challenges teachers face is trying to reach every child and meeting all their different needs. "It keeps you on your toes," she said.

She spends all day at school, from 7am until 5pm, and then takes work home with her, not just during the school year but also during the summers. Summers are spent figuring out what supplies will be needed in the coming year and planning out the curriculum for her new group of students.

Why does Ms. Hamrick teach? She loves children and has a deep desire to help others. And the smile on her face as she talks about her students and about teaching reflects that love and commitment she has towards her profession. She would like to invite people to come see what teachers do and to spend time in the classrooms, and be ready to be put to work. Extra hands, hearts and help are always welcome.

We thank you, Ms. Hamrick, for your dedication to your students and to the community.

ABYSA Offers Soccer Camps for Summer 2017

Asheville Buncombe Youth Soccer Association FUNdamentals Soccer Camps offer eight weeks of camps for kids 4-14 this summer.

The FUNdamentals method enriches children's passion for soccer while teaching techniques for future success. Half-day camps are available for kids 4-6 (9 am-12 pm) with full-day camps for children 7-14 (9 am-4 pm). Early Bird drop off and lunch are available.

FUNdamentals staff is made up of former and current pro and college soccer players and coaches. Campers are placed in proper age groups to ensure they benefit from developmentally appropriate activities, teaching, and competition. All campers receive a participation award and a t-shirt upon completion of the week.

Visit abysa.org/camps/fundamentals, or call 299-7277, ext. 305.



FES Students Present Play on the Biology of Feelings



Wyatt Reimels, Ava Martin, Natalie Meadows, Paige Marino, Francesca Frayne and Leo Lagutin pretend to be squirrels in "survival mode."

During the first week of April, Fairview Elementary School presented *Amy Gdala Joins the Cortex Family*, a play illustrating the biological basis of feelings.

One of the school's counselors, Katie Wohlford, wrote this play for students to perform so they could educate parents about what they have one been learning in their Friends and Feelings class.



STUDENT OF THE MONTH

Yana Babek is ACRHS Student of the Month

Yana Babek is the A.C. Reynolds High School student of the month. Yana's art teacher, Mary Briden, nominated her, saying "Yana is a talented artist, musician, and high-achieving academic student. Her attitude toward life's obstacles is inspiring. She leads by example among her peers, and she deserves recognition for her many accomplishments."

Congratulations, Yana!

F.E.S. D.I. Teams Bring Home the Medals in Recent State Tournament

In the state of North Carolina, Fairview Elementary School sent six teams of creative problem solvers to the NC Destination Imagination Tournament in March, which was held at Blue Ridge Community College. All teams earned medals. Two of the five competitive teams placed second in their categories and three teams have qualified to advance to the Global Finals to be held May 21-24 in Knoxville, Tennessee. One of those teams also earned the prestigious Renaissance Award for high creativity.

The teams are holding many fundraising opportunities to help pay for registration fees and expenses during the 5 day tournament. Krispy Kreme doughnuts will be sold on Friday May 5, 12, and 19 from 7:15 - 7:45 am in the school parking lot. Pre-orders from the community are welcome. There are also great raffle prizes at only \$1 per ticket for items from local sponsors. Another raffle for 4 Disney World 1-day "Park Hopper" tickets (\$648 value) are 3 for \$10. For tickets, email fairviewelementary.di@gmail.com. There will be over 20 chances to win. Like us on Facebook at Fairview Elementary School Destination Imagination to see pictures of our creative problem solvers and upcoming events! Destination Imagination is a 501© (3) non-profit and donations are tax deductible. Questions about the FES DI program should be directed to Melissa Spruill, the DI coordinator at FES. Donations are also appreciated:

FES DI c/o Fairview Elementary School

1355 Charlotte Highway

Fairview, NC 28730

For information on the D.I. program, visit www.destinationimagination.org

L - R: Avery Brown, Hannah Brown, Riley Brown, Noah Shaw, Lily Stewart. Not pictured, Team Managers Molly Stewart and Robbie Brown



Skits Without Scripts, Improvisation, 3-Peat

This team of 3rd and 5th grade story builders and improvisers worked their magic and earned 2nd place in their category by creating three hilarious improv skits. The team was given a story prompt they'd never seen before, and chose 3 genres and stock characters at random. They made props that they used brilliantly within each skit. They spent a good part of the school year researching and practicing. Every team member (and both team managers) were new to the DI program this year, but brought a special talent for improv, a love of humor, and a willingness to "try anything" with their team. After the competition, 5th grader Lily said, "I'm a kid who loves to act, and wants to continue as I grow up." Improvisational acting is difficult, but these five kids made it look fun and easy.

L-R: Conrad Robertson, Christopher Bell, Gavin Hooks, Abigail Marlowe, Piper Sales. Not pictured, Team Manager Scott Bell



D.I. Decoders, Scientific, "Top Secret"

This team of five 4th and 5th graders, participated in a challenge requiring them to research and apply methods from cryptography and steganography to reveal a secret message and encrypt, then decrypt, a secret word provided by the judges during their performance. They also created a gadget appearing to be an everyday item, but with an unexpected purpose. Team members Christopher and Gavin said they "learned how to use lots of power tools and building techniques" while creating two "Team Choice Elements." These were a 7x8 foot book with scenes and backdrops and a computer made of recycled materials that was the portal that transported the characters from one parallel galaxy to another. This was a very difficult challenge that required a lot of research, creativity and building know how, but these 5 scientists, working at SMART (Secret Missions Are Terrific) laboratories, were up for the challenge. They placed second in their performance and had the highest instant challenge score in their challenge division.



L-R: Gabe Mashburn, Jayden Kadiyah, Jarod Marsingill, Kyleigh Dehart, Job Brown, Jacob Marsingill. Not pictured Team Managers Allison Brown and Shanna Dehart

Circus With No Purpose, Technical, "Show and Tech"

This team of seven 3rd, 4th and 5th graders created a show with an opening and headlining act and technical effects. They created an "out of this world experience," complete with a rap for the opening act, and an astronaut magician who just couldn't seem to get a trick to work, but did manage to move the stage to everyone's surprise. These children took on their challenge full force, creating a fun script, colorful scenery and a stage made of scrap recyclable materials that moved up and down using a metal lever. Thanks to their team work, innovative ideas and creativity, they received 2nd place at State and 1st in their category for Instant Challenge, scoring higher than all elementary and most middle and high schools in the tournament. Team member Job remembers, "We decided to build a "scissor lift" type of stage, but instead of using hydraulics, Logan designed a lever to push it up."

L-R: Isabella Richard, Trapper Alonso, Caleb Cole, Graham Carter, Lincoln Rogers, Jonathan Cruz Estrada, Sara Barlowe. Not pictured, Team Manager Melissa Spruill



Freedom Fighters, Project Outreach, Ready, Willing & Fable

This team of seven 3rd, 4th, and 5th graders chose to honor veterans and their families as their community service project. They organized, planned and led school mates in projects such as creating "Red Poppy" veteran cards, presenting a Veteran's Day program and playing Bingo with residents at the Black Mountain Veteran's Home, hosted a breakfast for deployed military family members with handmade "Blue Star Banners." During these projects, they researched and interviewed the men and women they met. Fourth grader Jonathan told his team mates how excited he was to speak with a veteran in his own language. The man spoke Spanish while reminiscing about the boys in his own neighborhood who enlisted the day after Pearl Harbor was attacked. He told Jonathan, "None of those boys came back home, but I couldn't wait to join a few years later. I'd do it all again for this country of America." To team was required to build an "impact prop," so they designed a 7-foot-tall "Uncle Sam" that spread its wings mid performance to become a flying American Eagle. They were also required to have a character that changes as a result of being impacted by their project. They chose to represent themselves as a "Flander's Field Poppy Plant" that sprouts, grows and blooms, because they themselves had grown more respectful and knowledgeable of veterans and their families while serving in this project. This team is still going strong, and plans to beautify the WWI and Vietnam Memorial in front of Fairview Elementary School.

L-R: Sophia LeVoie, Sabrina Almaguer, Garin Gosnell, Andrew Moore, Haley Hooks, Leighton Hudson, Logan Sutton, and Maija Skibo (absent: Amanda Maj). Not pictured, Team Managers Sharon Conner and Stephen Moore.



Stars on the Rise, Primary Non-Competitive Team, "Save the Day"

These nine 1st and 2nd graders learned how to work cooperatively as a team, to vote on ideas and to put those ideas into practice. This was a great opportunity for them to learn about time management, simple and complex machines and how to create performances. In front of a live audience, they presented an original, team created play called "The Villains of Mongolia." In addition to designing an impressive vehicle using cardboard and colored duct tape, they wowed the audience and appraisers with their own costume designs. (Parents were "verboden" to help with these costumes and props!) 2nd grader Sabrina claims that "D.I. will help me get a job in the future, because I've learned how teams work together to build towers."



L - R: Anna Stone, Brady Clausen, Clyde Lovelace, Josiah Carter, Addy Bishop, Kate Dickman, Abby Berwernitz. Not pictured, Team Managers Teresa Dickman and Mallisa Howard

Fire and Ice, Fine Arts, "Vanished"

This team of 3rd, 4th and 5th graders earned the coveted "Renaissance Award" for high creativity at the recent State D.I. Tournament by designing/creating

an intricate, under-the-sea background and colorful costumes from recycled trash items. Team members, Addy and Kate both remarked that the sewing and knitting skills learned would help them become costume designers and make clothes for their grandchildren when they grow up. The team created a performance about how the world would be affected if color were removed. They showed excellent stage presence, which helped earn them a first-place win in their division. Their well-researched presentation brought to light how global warming is affecting our world and how we can all make lifestyle changes to help minimize our impact on the environment. They will now take their solution and perform, inform and compete with teams from around the world in the Global Destination Imagination Finals.

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All Students Deserve to Learn

Immigration is a hot topic. No matter your place on the political spectrum, your blood pressure is likely to rise when talk turns to travel bans, Immigration and Customs Enforcement (ICE) raids, or a wall on the border with Mexico. Feelings run high on all sides.

What's not debatable, though, is Buncombe County Schools' responsibility to all students in our district, regardless of their immigration status. In the Plyler vs. Doe case of 1982, the US Supreme Court ruled that undocumented students have the same right to attend public schools as do US citizens and permanent residents. In fact, undocumented students in the US are obliged to attend school, just like everyone else. The same is true for students who were born here (and are therefore US citizens), but whose parents are not citizens and don't have legal residence in this country.

As a result of the Plyler ruling, schools may not deny admission to any student on basis of immigration status, nor may we require students or parents to disclose their immigration status. The law is clear: the schools' job is to help students learn and succeed.

Recent increased attention to immigration issues has intensified the fear among immigrant families in Buncombe and beyond, and children are not immune. They bring the fear to school, and it interferes with their learning.

Brenda Flores, mom of daughters at Cane Creek Middle and Fairview Elementary, shared the parent perspective: "There are many, many parents who would love to be more involved in day-to-day educational and recreational needs of their student and their school but do not out of a sense of fear. Fear of being reported and fear of repercussions against their children – however baseless these fears are, they are fears we deal with."

Norma Duran Brown, Erwin District Family Outreach Specialist, explained that the situation can be quite complex for immigrant families: "Immigrant students and even those students born here from immigrant parents navigate two worlds, with expectations that sometimes can collide. As we know more about adverse childhood experiences, we need to be aware of the special circumstances surrounding all our students and how those

circumstances impact behaviors and academics. Their success and our success will depend on our knowledge, awareness and response."

Students are wondering: Will my parents be there when I get off the bus today? Who will take care of me if they get taken away? Will I have to leave my teacher and friends and go back to where my family came from? These fears make it hard to focus on addition and subtraction, not to mention solving a complicated calculus problem.

What can Buncombe County Schools do to help these students feel safe so they can focus on learning?

Compassionate Schools

Several years ago, Buncombe County Schools was awarded a federal grant for a "Compassionate Schools" initiative. This program prepares staff and faculty to support students who have experienced traumatic events and are living with chronic stress. Students learn thinking and problem-solving techniques, as well as how to self-regulate and manage stress. This approach, which starts with teachers, counselors, and school personnel understanding where a student is coming from, helps us to mitigate the fear factor so that students can focus on learning.

Know Your Rights Workshops

Buncombe County Schools has partnered with Pisgah Legal Services to offer "Know Your Rights" workshops. At two workshops in April, parents learned the importance of creating care plans for their children in the unlikely

event of ICE raids and detention. Attendees also learned that schools are "sensitive locations" where ICE raids do not occur.

Board Resolution

At the April 6 meeting of the Board of Education, we unanimously passed a resolution affirming Buncombe County Schools' vital role in educating all children, including those from immigrant families. This resolution recognized that over 76 different languages are spoken in the homes of our Buncombe County students, that our policies prohibit harassment and bullying based on ethnicity or national origin, that schools are designated by the federal government as "sensitive places where any enforcement actions should be avoided," and that we are committed to the success of all students that we have the privilege of educating. To my knowledge we are only the third School Board in NC to pass such a resolution.

The reality is that concerns about immigration and family safety are beyond the scope of what our schools can solve. These are much larger national and community challenges. But within our schools, we will continue to help students feel safe and secure so that they can prepare to become successful, responsible citizens in an ever-changing global society.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

What Did I Miss?

Early to bed, early to rise makes a man [person] healthy, wealthy and wise." Aristotle shared a version of this around 350 BC. It was John Clarke in 1649 who stated it the way we know it today. "Early to bed, early to rise" is still good advice. Wisdom, however, may be a little harder to come by, since it requires experiences and knowledge gained, as well as the development of insight and good judgment.

When I was 5 years old I watched my older brother, who turned out to be a science teacher, bring home all kinds of different objects like rocks and bugs. My parents would say "What a little scientist you are." When I copied him my parents responded by asking, "Why do you have rocks in your pocket?" The different responses didn't upset me, but they did make me curious about why people respond the way they do. I believe I've gained some insight into human behavior as a result of my curiosity.

When I was 20 my brothers refused to work on my old Galaxy 500 any more. Having no money, I had to learn about cars. At 28 I became a home owner and ended up renovating and maintaining many fixer-uppers, learning about plumbing, electrics, carpentry, painting, appliances, landscaping, and patience. My travels to several countries taught me about different cultures. As a son, husband, and parent I learned about love and evolving relationships.

In June I turn 65, so I now have 64 years worth of experiences and observations. I'm still curious and like to think of myself as a Jack-of-all-trades — and certainly a master of none. I learn better if I get enough sleep. The entire journey has helped me to be a better problem solver, which I think is part of good judgment. I've discovered that one disadvantage of wisdom gained is that it makes it harder to ignore my own foibles. It is almost as if I have accidentally become a "grownup," or as I have come to call it, "the curse of competence." Wisdom brings understanding, and it also seems to take away excuses.

Mastery and Self-Improvement

Some Native American tribes subscribe to a thing called mastery: instead of focusing on winning and losing, they focus on self-improvement. My wife tells me I am competitive, which is true, since I come from a large family with six children close in age, and most of us male. I know that when I focus more on self-improvement I gain more knowledge, have greater insight and exhibit better judgment. To address things like my competitiveness I have developed a "wake up" ritual that uses a humbling affirmation/prayer reminding me that I'm a perpetual student of the world. I wake up and say "Teach me," since there is obviously so much that lies beyond my current understanding. I try to end my day asking myself,

"What did I miss?" recognizing that I don't always have the good sense to gain the knowledge and insights I'm offered.

When I say, "What did I miss?" I am concerned with cues I missed from people close to me, or a potential new perspective I was exposed to but not open to at the time. I may have missed them because of my competitiveness, dulled senses, faulty thinking or believing. This unfortunate reality assures that some wisdom will always remain beyond my understanding. Gaining wisdom often seems to involve acknowledging limitations and finding ways to be open when knowledge and new perspectives pass my way. I do have the option of challenging or rejecting new perspectives, but first I need to acknowledge them.

We all have various distractions impacting our ability to acquire wisdom. The distractions can include emotional distractions, defensive distractions, limited or distorted information distractions, limited time distractions and many more. Fear and anger are some of the strongest emotional distractions. "I want to hold on to what is familiar," "Don't try to confuse me with new information," "I need to win" and "It's their fault" can be strong defensive distractions. "I know enough" and "It was good enough for..." can be information distractions. "I'm just too busy to think about it" is a very real distraction. Intolerance for others' ways

of seeing the world is a big one in today's society. All these distractions can limit our access to varied experiences, knowledge and insight, which limits our ability to solve some of the problems we face locally and globally.

Neuroplasticity

Fortunately there is something called neuroplasticity — scientists have discovered that our brains are actually highly adaptive, which means that with a little effort we can all gain more wisdom. Consider the following:

- Get enough sleep.
- Create a morning humbling ritual/affirmation/prayer of encouragement to learn something new today.
- Pay attention to what I call road signs or opportunities to learn today.
- Share love today.
- Tell someone what you learned today.
- Create an evening ritual reviewing what you learned, paying special attention to road signs that help keep you humble and challenge your old ways of thinking and believing — today.

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Blair Clark is a Licensed Professional Counselor Supervisor and author of Answers to What Ails You (AWAY).

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Fairview Baptist Church Hosts "Fairview Day in May"

Fairview Baptist Church will hold their annual "Fairview Day in May" Saturday, May 20, 10 am-2 pm in the Food Lion Parking Lot. The church started its "Fairview Day in May" 14 years ago as a thank you to the community. They will offer a free car wash, hot dog dinner, face painting and blood pressure checks. All are invited for a day of fun and fellowship. For details visit Facebook, Twitter or fbc1806.org or call 231-5035.

Fairview's Welcome Table Has Many Opportunities to Help

If you haven't shared a meal with your neighbors at a Thursday Welcome Table lunch, you've been missing something for sure. Each week, volunteers shop, prep, prepare, serve and clean up for as many as 100 or more local folks just so they can get a good, healthy meal and share in community. If you can afford it, a donation is expected. If not, no worries. You can always pitch in to help in a variety of ways.

For the last couple of months the Welcome Table has had to use paper plates and paper table covers since they don't have a consistent kitchen crew and they lost both of their linen washers — one moved and one had major surgery. That's right, real dishes, silverware and tablecloths was the norm! They would love to start using "real" plates and table cloths again but need a few people to step in and volunteer — even for one week a month and one or two weeks a month for dish washing. Please stop by and let them know if you can help or call 230-4874.



Volunteers Needed for Meals on Wheels... But They Did Find a Driver!

The Asheville-Buncombe Meals on Wheels program was able to find a volunteer driver to cover the Fairview area since the need was promoted in the last issue. However, there are many ways to volunteer besides delivering the actual meals.

Meals on Wheels needs help in the kitchen, in the office, or at special events like Santa for Seniors or the Pet Food Program — and time and schedule are flexible. Meals on Wheels operates Monday through Friday to deliver meals to homebound Buncombe County seniors age 60 and older.

If you have a few hours to help, please email Marita. Alexander@mowabc.org or call 253-5286.



Join the Project Linus Blanketeers

The local chapter of Project Linus, a national non-profit organization that donates handmade blankets to children in crisis, is seeking volunteers to create blankets.

The chapter distributes handmade blankets to 12 counties in Western North Carolina, and has donated more than 61,000 blankets over the past 19 years.

A donated blanket can be quilted, crocheted, knitted, no-sew fleece, or flannel and must be new. Blankets may be dropped off at:

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1245 Sixth Ave
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For more information, contact Ellen Knoefel, chapter coordinator, at 645-8800.

Minutes of the Quarterly Conference, Part Two

Methodist Church South, Holston Conference, Swannanoa Circuit

The Swannanoa Circuit of the Methodist Church included Haw Creek, Swannanoa, Black Mountain, Fairview, all of southeast Buncombe County east of Sweeten Creek Road, and continued south to Hooper's Creek. The name of the circuit was later changed to the Cane Creek Circuit. The Methodist churches included in the district were: Tabernacle in what is now Black Mountain; Davidson's Chapel in Swannanoa; Bethesda in Haw Creek; West's Chapel on Sweeten Creek; Sharon, Tweed's Chapel and Brush Creek in Fairview; Sales School House (which I assume was at the foot of Mine Hole Gap on Gashes Creek,

The material in most of the conference minutes are, as my great Uncle Tom Davis used to say, "as dry as an old cucumber."

now called Reynolds); Patty's Chapel on Hooper's Creek; and Ball's Chapel, whose location I do not know.

The material in most of the conference minutes are, as my great Uncle Tom Davis used to say, "as dry as an old cucumber." Some of the material is witty, however, and other information is valuable, such as the notations of the deaths of church members. In the days before death certificates, if a person did not have a tombstone these notations might be the only record of when someone's relative died.

The 3rd Quarterly Conference for the Swannanoa Circuit was held on May 10, 1879 at Davidson's Chapel in Swannanoa. The general state of the Swannanoa Circuit was said to be "not the most prosperous," and church attendance was not what it should be. The minutes stated that there had been

40 adult baptisms, 50 accessions, one death and 2 transfers by letter. The Conference listed the amounts each church had raised to support the ministry: Davidson's Chapel \$8.00, Bethesda \$1.85, West's Chapel \$5.20, Tabernacle \$2.00, Patty's Chapel \$11.25, Ball's Chapel \$3.50, Sharon \$3.00 and public collections \$3.94. The total amount collected was \$43.54. The proceeds were divided thus: Pastor J.S. Kennedy received \$8.70 and Pastor W.B. Pickens received \$34.84 — apparently Pickens was a four times better preacher than Kennedy.

A church trial was held at Sharon Methodist Church on July 24, 1879, after the church held its normal religious service. Following the service the church Trial Committee was called by the "P.C." (person in charge?). The committee took their seats and the charges were read. Samuel Young was appointed to prosecute the charges. The names of the members being charged were; Jesse Williams, Lizzie Reed, Mary Harper and Rosa Harper, all of whom were either my cousins or married to my cousin or both.

Jesse Williams and Mary Harper were present to face the charges against them. Jesse Williams was charged with drunkenness. He said he had drunk drams but had not been drunk and could drink when he wanted to, if he could get it. He said he did not think it was doing wrong. J. G. Young was called to testify. Young said he saw Jesse Williams in Asheville on the third day of August 1878 drunk. He said Williams was so drunk he could not get on his mule without being helped.

Mary Harper was charged with dancing. She said that she had danced and was not sorry for it. She gave no sign of repentance. Lizzie Reed did not attend but was charged with illegal cohabiting. Rosa Harper did not attend but was also charged with dancing.

The committee consisting of J.M. Plumblee, G.W. Livingston, W.L. Clayton, P. B. Cunningham and William Mitchell found all four guilty and expelled them from the Church.

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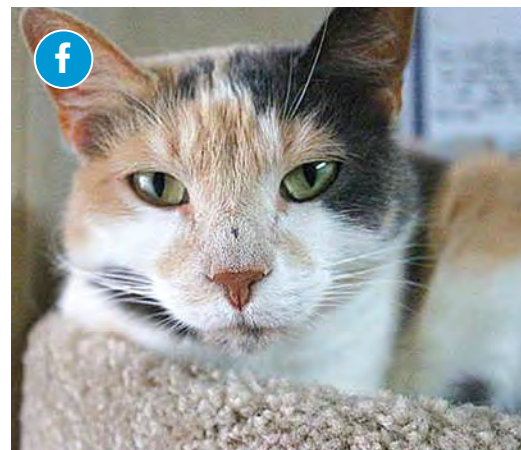
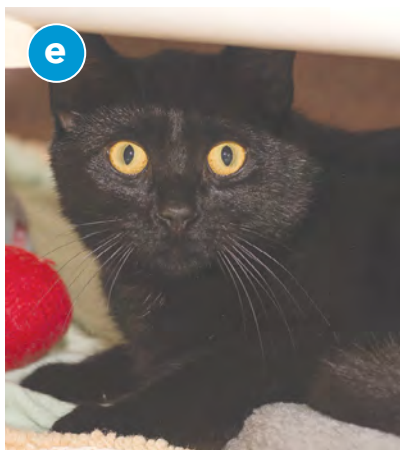
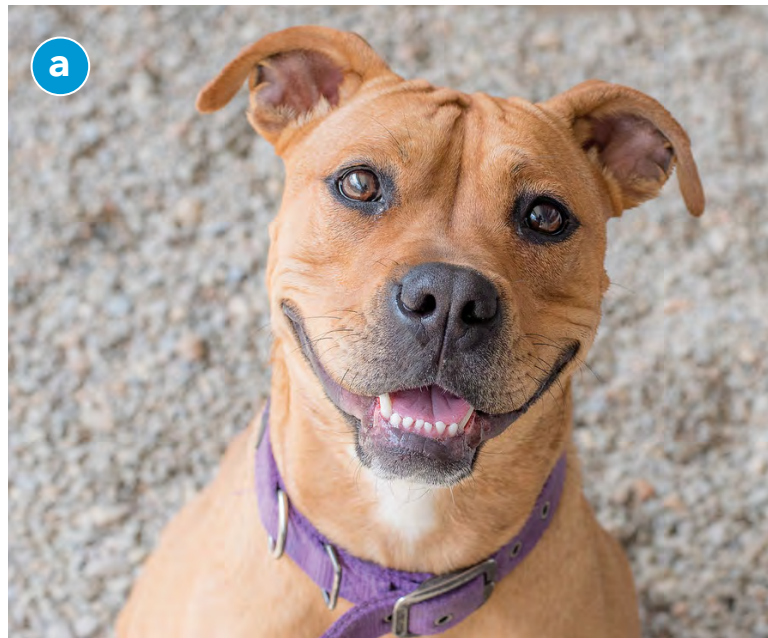
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a. Shelby is an adorable one-year-old Terrier/Boxer mix who likes going on her daily walks. She loves attention, treats and she really enjoys belly rubs. We have observed her playing well in doggie playgroups at the Adoption Center. *Human Society*

b. Louie is a handsome, slender, 1 ½-year-old hound mix. This gorgeous boy is at the Brother Wolf Animal Rescue adoption center.

c. Rasputin is a huge, handsome guinea pig, about five years old. Contact his foster mom at Laburrell1@catamount.wcu.edu today to learn more about robust Rasputin. *BWAR*

d. Honeysuckle is a super-sweet, healthy bunny who has been socialized and handled a lot. She doesn't like to sit still very long but loves to use humans as a jungle gym. If you would like to learn more about Honeysuckle please e-mail Raechel at callahanrb@gmail.com. *BWAR*

e. Jerry is a one-year-old black kitty who came to Asheville Humane Society as a stray. He is very playful and loves to bat around his toys, and he just needs a calm companion to play with him.

f. Dilly is a beautiful dilute calico lady who was found living on the streets. Her favorite things are Will Smith, catnip, watching *My Cat from Hell*, toys, strings, and cuddles. Come meet Dilly at the Adoption Center in Asheville. *BWAR*

g. Gargamel is a sweet domestic short-haired gray Tabby born sometime during the summer of 2016. She loves to play hide and seek, is curious and affectionate. *Charlie's Angels*

h. Pete is a 1½-year-old adorable and sweet Corgi mix who absolutely loves his people. He needs a special home, however, because he sustained a back injury not long ago so needs to be in a home with no stairs. The injury could reoccur if he is required to step up or down. Pete will need to be an only pet as he gets jealous when others are getting attention and does not share his food or a treat. Considering his back and food issues, Pete needs a home with no children. He loves to play and go on walks. *Charlie's Angels*

Local Animal Shelters and Rescue Organizations

Animal Haven of Asheville
299-1635
animalhaven.org

Brother Wolf Animal Rescue
885-3647
wnanimalrescue.org

Charlie's Angels Animal Rescue
885-3647
wnanimalrescue.org

Asheville Humane Society
761-2001
ashevillehumane.org

See Community Events section, starting page 2, for Pet Events.

PET VET DR. DEAN HUTSELL

The Pet Food Extravaganza

Make a trip to the grocery store, pet store, or pet boutique and you will find an array of pet diets. There are so many choices that it is difficult to decide which is best for our pets. Labeled ingredient sources and percentages of protein, carbohydrate, and fat are similar when compared, and pricing varies even though the foods may have the exact same percentages by the label. In addition, the current marketing of pet foods touts grain-free and gluten-free as something pet owners should consider when picking a food.

Nutrition is important to all animals, and a diet lacking in nutrients is directly related to health. Poor quality ingredients in food cause poor pet health. The six basic nutrients needed are water, protein, fats, carbohydrates, vitamins, and minerals. The ingredients of a pet food must contain these in proper amounts to provide a balanced diet.

Today, many pet owners are influenced by pet foods marketed as grain-free. Are pet foods with grains as an ingredient bad? The answer is no. Whole grains are a healthy source of carbohydrates and contribute essential fatty acids, vitamins and minerals that are necessary nutrients, as well as fiber. Grain-free foods do contain carbohydrates, but the source of carbohydrate in those formulas is likely potatoes, sweet or regular, and other starch sources like peas, lentils, beans, and cassava. These ingredients con-

tain less fiber.

For those who like the gluten-free aspect in pet foods, consider the fact that while in people gluten intolerance is an inherited autoimmune disease and it is important for those afflicted to avoid all gluten-containing products, it is extremely rare for dogs to have gluten intolerance and in cats it hasn't been documented at all.

Food Allergies

Of all pet allergies that have been documented, 90 percent are not food related, but food allergy does occasionally occur in pets. Allergy to the grain component in pet foods is not very common; most food-allergic pets are sensitive to the animal protein ingredient in the food, such as beef, chicken, pork, or milk component.

In conclusion, selection of a pet food for our pets is a difficult one today mainly because there are so many choices and many specialty pet food formulas that appeal to us. Since we want our pets to eat well we can be attracted to these specialty diets. Talk to your veterinarian about your pet's diet and how to choose one for its life stage.

Some key information in this article is included courtesy of K.M. Burns, MS.

Dean Hutsell is a Doctor of Veterinary Medicine at Fairview Animal Hospital



A New Way To Help the Humane Society Save Lives

If you want to help homeless animals, but don't have time to volunteer, consider signing up for Asheville Humane Society's Birthday Campaigns.

One month before your birthday, the Humane Society will send you everything you need to set up and prepare for your very own campaign to raise funds for the animals at Asheville Humane Society! In a few simple steps, you can set up your digital campaign profile and share it with friends and family via social media and email. They know you're a huge animal lover, but you probably don't need another "I just want to drink coffee and pet my dog" mug. Instead, spend your birthday week campaigning for the at-risk animals of our community!

Your birthday donations will provide medical care, food, blankets, toys, and much more to our shelter pets who are waiting for their forever homes.



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The Crier Loves Hayden Clayton!

Janet Clayton writes, "This is my three-year-old daughter Hayden Clayton. When she sees the Crier come in the mail she can't wait to get her hands on it. She knows I have to read it first and then she gets "her newspaper." Thanks, Hayden, from the whole Crier family!

ON THE ROAD

Bruce Whitaker with magician Darren Romeo and his lovely assistant in Pigeon Forge, Tennessee. Mr. Romeo has a show at the Smoky Mountain Opry Monday – Saturday at 8:15 pm.



Tribute to Willie, 1981–2017



Willie passed away Tuesday April 11. He was born wild in the high desert in Lancaster, CA, 36 years ago.

Fairview resident Cody Ryan was Willie's loving daddy for 29 years, and Claudia and Rick Leech let him live on their Church Road property, by the big red barn that used to be the dairy. Many thanks to all Willie's friends and neighbors who gave him treats as they passed by.

Here's a poem one particular friend wrote in Willie's honor:

*You now are at home, where all the white donkeys roam freely.
The Angels have a new friend his name is Willie.
For many years you lived here on Church, atop the hillside each day on an adventurous search.
The sound of your happy bray could be heard each day,
knowing a snack or a friend was on the way.
Your big long ears with that white fancy coat, made you quite special unlike other folks.
You had many animal friends that shared the land with you,
lambs, horses, ponies, cats and goats too.
Families who loved you and cared for you year-after-year.
You brought them great joy, laughter and tears.
We'll meet once again when our time on earth is through,
you will be waiting to greet us always like you do.
We know you are safe in the heavens above,
Jesus now has you, in his arms to love.*

Join the 90th Birthday Celebration for Sarah Brown Hagan

All are invited to bring a favorite dish and share in an evening of love, joy, and fun to celebrate the birthday of Sarah Brown Hagan.

Saturday, May 27 at 5 pm
Trinity of Fairview Fellowship Building
646 Concord Road, Fletcher

Bob Travers Student Art Exhibit at the Hub, May 7-31

Bob Travers has earned international renown for his exquisite wild-life paintings, but he is also well known in and around these mountains as a dedicated and inspiring teacher. His art classes in Fairview and Black Mountain are tailored to meet the needs of the individual student according to their level of knowledge and experience, and the subject matter is based on each student's area of interest. Looking at their diverse and exciting work, it's clear that his students are all thriving and growing in their art under Bob's supervision.

This year we will have a uniquely local opportunity to enjoy and be amazed by the talent of these students. The Hub of Fairview will host an exhibit of student work from May 7 through May 31, with two special opening events; a daytime opening Sunday, May 7 from 3–5 pm sponsored by AMerica Pharmacy and an evening reception on Friday, May 12 from 5–8 pm sponsored by Cool Mountain Realty.

The Hub of Fairview's gallery 1185-G Charlotte Highway in the America shopping center.

For more information on Bob Travers visit bobtraversart.com; for the Hub, visit thehub-fairview.com and their Facebook page, or call 628-1422.



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Diversify with Bonds (Even If Rates Are Low)

If you've needed a mortgage or another type of loan over the past several years, you've probably appreciated the historically low interest rates we've experienced. But if you've wanted to own fixed-rate investments, such as bonds, you might have been less pleased at the low-rate environment. Now, interest rates may be moving up somewhat, but even if they don't hit the heights we saw in previous decades, you can still gain some key advantages from owning bonds.

Big Benefits

One of the biggest benefits provided by bonds is their ability to help you diversify a stock portfolio. Stocks and bonds often move in different directions — in fact, the same economic or political forces that can be bad for stocks might be good for bonds, and vice versa. Consequently, if you own a reasonable percentage of bonds, you may not be as vulnerable to the impact of those inevitable downturns in the stock market. Keep in mind, though, that diversification can't guarantee profits or protect you against losses.

Of course, the other major attribute of bonds is the regular income they provide through interest payments. Unless the issuer defaults — an event that's generally unlikely, assuming you

...holding your bond until maturity can help you plan to meet specific goals; for example, if your child will be starting college in five years, you can buy a bond scheduled to mature at the same time, providing you with an influx of cash you can use for tuition and other school expenses.

purchase quality, "investment-grade" bonds — you can count on receiving the same payments for the life of your bond. Then, once your bond matures, you'll get back the original principal, again assuming the issuer doesn't default.

The ability to receive regular payments may help improve your cash flow and possibly help you avoid selling stocks to meet unexpected costs, such as an expensive car repair. And holding your bond until maturity can help you plan to meet specific goals; for example, if your child will be starting college in five years, you can buy a bond scheduled to mature at the same time, providing you with an influx of cash you can use for tuition and other school expenses.

Interest Rate Movements

Still, despite the benefits of diversification, steady income and the repayment of principal, you may find it hard to ignore the relatively low interest rates you're seeing on your bonds. This is especially true if market rates rise, causing the value of your bonds to fall. (Investors won't pay you the full price — that is, the face value — of your bonds when they can buy new ones issued at higher rates. So, if rates have risen and you want to sell your bonds before they mature, you'd have to offer them at a discount.)

One way of coping with interest-rate movements is to build a "ladder" of bonds of varying maturities. When

your short-term bonds mature, you can reinvest the proceeds in newly issued bonds that may offer higher rates, while your longer-term bonds continue to pay you greater income. (Generally — but not always — longer-term bonds carry higher interest rates than short-term bonds.)

Diversifying Holdings

Even within this type of bond ladder, though, you will want to diversify your holdings among different types of bonds from different issuers. In any case, be sure to evaluate whether a bond ladder and the securities held within it are consistent with your investment objectives, risk tolerance and financial circumstances.

Don't ignore bonds when constructing and maintaining your investment portfolio. No matter what interest rates are doing, you'll find that bonds can play an important role in your portfolio.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

Crossover Day in Raleigh

Crossover Day, as I write, looms before me on April 27th and will have passed when you read this. It's the day most bills must pass either the House or Senate or wait to be reintroduced in 2019. The week of Crossover tends to be a frenzy of committee meetings and long bill-passing Sessions (often late into the night) in the General Assembly. As a legislator, trying to keep up with the volume of bills and give them fair attention is daunting. For the citizens of North Carolina, there's a great risk of poor legislation with unintended consequences getting pushed through in the deadline's reckless atmosphere.

Adding to the agenda for the upcoming week will be two override votes precipitated by Governor Cooper's vetoes. The two bills vetoed are HB 239 and SB 68.

HB 239 reduces the Court of Appeals from 15 judges to 12. Proponents of the bill argue that the court workload has diminished, justifying fewer judges; opponents point out that three current judges are reaching mandatory retirement age, and all three are Republicans. Governor Cooper, a Democrat, would name the replacements.

SB 68 relates to an effort by the General Assembly to merge the state elections board and the state ethics board. Prior to this bill, the state board of elections had a majority of its members from the party of the governor. Also, county boards of election had three members, two of the party of the governor. SB 68 would make the state boards eight mem-

bers, four from each party, with the Republicans chairing during the years of presidential elections. A three-judge panel has already struck the first version of this new board down, and SB 68 is a second try. Since the General Assembly has a veto proof Republican majority, it is very unlikely that the governor will be able to sustain these vetoes.

More Bills to Watch

Another bill to watch is HB 500, a bill I co-sponsored. Since prohibition, North Carolina has put limits on how much beer a local brewery can sell. Currently, the limit is 25,000 barrels. Once a brewery hits that threshold, its products must be sold by independent distributors. With the growth of so many craft breweries in North Carolina, companies are now hitting that limit. They believe, as do I, that the current system is anti-competitive and anti-free enterprise. HB 500 raises the limit to 200,000 barrels. However, the wine and beer distributors spent \$1.5 million in campaign donations, and last week legislators in committee voted to keep the cap at 25,000.

HB 662, the Carolina Cares bill, would be a homegrown Medicaid Expansion program bringing billions of federal dollars to our state. There's no other bill in Raleigh that would have a larger effect on regular families, expanding health care to perhaps half a million of our most distressed citizens. Medicaid Expansion would shore up the budgets of rural hospitals, which must serve

a high percentage of uninsured patients. So far, Republican leadership has been discouraging on moving this bill forward, but the benefits are so enormous I am hoping the logjam will start to break up.

On the local scene, let's look at SB285: the Asheville District bill. You might recall the drama surrounding this bill on Sen. Apodaca's last day as senator last summer. His replacement, Sen. Chuck Edwards, wants to rectify this embarrassment for his mentor. To be clear, I believe local election methods should be decided by local voters, not mandated from Raleigh. The city of Asheville has gone about trying to determine whether or not districts would be acceptable, and that process should be allowed to play out. Raleigh imposed a new district voting system on Greensboro, and just recently the courts struck it down. I'll be keeping an eye on SB285.

Other important local bills to watch will be Chuck McGrady's effort to once again give Henderson County more control over the Asheville water system, and HB13, which would allow funding flexibility for local school systems. HB13 passed the House unanimously, but has languished in the Senate. The Senate wants lower class sizes, something I would normally support. But the way the last budget bill was written, school systems would be mandated to hire more teachers to achieve the lower class size at the expense of hiring Art, PE and Music teachers. HB 13 would let schools continue to hire auxiliary

teachers. Having fewer students in a class also means schools will need more classrooms, a huge capital expense for large school systems like Buncombe County.

Being in the minority party makes it hard to get bills passed, but I have introduced several that may be of interest. HB678 requires that private schools receiving vouchers (opportunity scholarships) be accredited. HB679 will fully fund our drug rehabilitation centers, including the one in Black Mountain, in the face of the opioid crisis. HB680 would allow conservation easements to specify, at the request of the landowner, that farmland must remain in agriculture. HB813 would allow military veterans living in North Carolina to have their military retirement exempt from state income tax. HB733 would create a system to register ginseng gatherers as a way to better control the over harvest of this regional resource. And finally, I would like to see the minimum revenue for a farmer to receive sales tax exemption lowered from \$10,000 to \$5,000. If you like following bills in the General Assembly, please go to www.ncleg.net.

And finally, congratulations to Coach Greg Cheatham, Fairview Elementary School Teacher of the Year.



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New Album Released by Zoe & Cloyd

Popular duo Zoe & Cloyd have released their second full-length album, *Eyes Brand New*. The work combines their emotive song-writing and signature harmonies and show-cases the breadth of their collective musical spirit, seamlessly combining original folk, country, old-time and bluegrass with sin- cerity and zeal. Zoe & Cloyd's debut recording, *Equinox* (2015), was met with high acclaim, and the pair has continued to gain momentum with a first-place win at the prestigious FreshGrass Festival Duo Contest as well as with performances at MerleFest, Music City Roots, and more. Natalya Zoe Weinstein comes from a musical family: her father is master jazz pianist and her grandfather, originally from Russia, was a professional klezmer musi- cian. She is an accomplished fiddler in a variety of styles as well as an inspired singer and songwriter. John Cloyd Miller is well known for his haunting mountain voice as well as his instrumental prowess and award-winning songwriting. A twelfth-generation North Carolina native, his Appalachian roots run deep. Asheville Appearance Several concerts have been scheduled in June throughout North Carolina, including a performance at the Chautauqua History Alive Festival on June 19th at A-B Tech in Asheville. For more information, concert tickets, and to purchase *Eyes Brand New* and their debut album *Equinox*, visit their website at zoeandcloyd.com.



Local Artist Wins Award at Festival

Ceramic artist Michael Hamlin of Gerton was honored with an Award of Distinc- tion for the aqua raindrop vase (seen in the photo) at the prestigious Winter Park Sidewalk Art Festival in Winter Park, Florida, this past March. He was selected for this honor in part for his aesthetic and knowledge of glaze chemistry. Michael's work can be seen and purchased locally at The Hub of Fairview and New Moon Marketplace.



Natural Healing Bodywork Opens

Natural Healing Bodywork LLC has opened a new office in the community. Owner Sonja Pezzelle, LMBT, moved to the Reynold's community this past year from south Florida where she practiced Massage and CranioSacral Therapy for many years. Sonja provides therapeutic bodywork for wellness and relaxation with sessions customized to meet the individual needs of her clients. She is excited to bring her business to the beautiful mountains of North Carolina. The office is located at 573 Fairview Road, Suite 7, Asheville. Appointments can be scheduled conveniently on the website at NaturalHealingBodywork.com.



Marie's Essential Oils & Gifts' "Lifestyle Medicine"

Marie's Essential Oil's May guest speaker is Jeremy Pettit, PA, who will be talking about "Lifestyle Medicine" on Thursday, May 11 at 6 pm. The presentation is free and everyone will have an opportunity to learn a bit about aromatherapy and using essential oils as part of daily health routine. Marie also offers other presentations and interactive workshops for adults and children every month and a listing can be found on their Facebook page, Maries Essential Oils & Gifts. The shop carries great gift items such as diffusers, DoTerra EO's, DIY body scrubs, DIY foot soaks, DIY bug repellent and handmade soaps. The shop is located at 911 Charlotte Highway in Fairview, 828 723-2798.

MARCH FAIRVIEW REAL ESTATE STATISTICS				
		Max \$	Lowest \$	Average \$
Homes Listed	31	1,600,000	120,000	549,768
Homes Sold	22	697,500	71,000	351,649
Land Listed	20	765,000	28,000	161,173
Land Sold	13	600,000	25,000	100,808

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.



Welcome New Members • Dave Kachman of CC Flooring (returning member) • Lucas Hall of Lucas McCain Lawn & Landscaping

Next Members' Meeting Know what 93 local businesses have learned? It pays to network and get to know the fellow business folk within your own com- munity. The FBA is 93 members and count- ing. Hope you'll join us at the next meeting to find out what we're all about. The next Member's meeting will be Thurs- day, May 10 at Steam Master Carpet & Upholstery at 3082 Cane Creek Road in Fairview. Meetings start at 6 pm and finish by 7 pm with social networking afterwards. Steam Master will proudly give a quick tour of their new facilities after the meeting. The expanded space allows them to have drop off of area rugs as well as their onsite cleaning expertise. No need to bring a snack or bever- age as Larry and Cindy Harrington said they have it covered.

Future Membership Meetings June 8 @ The Garden Spot/Asheville Stone 1003 Charlotte Highway in Fairview July 11 @ The Joint Next Door 1185 Charlotte Highway in Fairview August 4 @ Cloud 9 Farm 137 Bob Barnwell Road in Fletcher September 7 Lunch @ The Welcome Table 596 Old US Highway 74, Fairview November 13 @ The Hub (hosted by 3 different members) 1185 Charlotte Hwy in Fairview

Why Join the FBA? All FBA members live or do business within our community. When you choose a local business, you help our community thrive... and your community thrive. Membership in the FBA is only \$60 a year with many benefits including: • Listing in the Directory at right, which is printed in the Fairview Town Crier each month • Opportunity to display business cards in the enclosed case on the bulletin board outside of the Fairview Post Office. • Listing on FairviewBusiness.com including a logo, photo and link to your email and/ or website. • Networking events at member meetings and social gatherings throughout the year. • Opportunity to host a member meeting. Joining couldn't be easier. Visit the FBA website and join online, securely, via Pay Pal or your credit card. All membership com- munications are done via email so be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications. You can mail your \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730. You can also stop by the The Hub of Fairview/Crier's office at 1185-G Charlotte Highway in Fairview, Monday-Friday, 10 am - 6 pm and join in person (cash or check only). A fourth option is to join at any mem- bers' meeting. It will be the best small investment you can make this year.

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Garden Report



In the Garden Proper

- Amy Miller (garden assistant) and I have been hard at work getting spring crops in. We’ve planted lettuce, carrots, peas, cabbage, collards, kale, potatoes and onions. Amy is such a gift and will be excellent at managing TLA in 2018.
- We’ve had 5 groups come out so far have already donated several bushels of kale to Bounty & Soul.
- Rachael Brylawski is our new intern and she’s knowledgeable, kind, grateful, hard-working, sharp and willing.
- Franklin and Steve have been working on general repairs on the well house and intern housing, and Franklin’s plowed the potato fields.
- Susan and Franklin are working on finalizing plans for the new irrigation system courtesy of the Vanderbilt Family Foundation (thanks to Advisory Team member Annie MacNair and a local, anonymous couple).
- We’ve purchased a large order of edible trees and bushes to plant, plus new wheel-

barrows, magnifying glasses and tools for the SPROUTS program, thanks also to the Vanderbilt Family Foundation.

- We held our spring ATeam (Advisory Team) meeting March 29, thanks to help from Kelly Koney & Jim Carilon.
- Asheville Mulch Yard donated a dump truck load of compost and we’re using free mulch Wagner Tree Experts donated (thanks to Amy Miller).

Elsewhere

- Said, Steve, Jessica, Robin and Susan attended a “Dismantling Racism” workshop hosted by Nonprofit Pathways, and we’re invited back this month for round two.
- Several university students from Duke and Elon interviewed us for their theses — each thesis pertained in some way to the impact of gardens that give.
- We talked to Doug Long from Florida, who represents 800 Methodist churches, to give him the information he needed to hopefully persuade these folks to create a network of gardens that give.

Fairview Area Vegetable Planting: May

Vegetables that can be planted from seed

Bunching onions aka scallions	you can cook with them!
Bush & pole beans	Turnips our favorite is Hakuri, so sweet you can eat them raw
Mustard greens	Lettuce choose heat tolerant varieties (see below)
Potatoes white or colored	Chard comes in a variety of gorgeous colors
Sweet potatoes after May 25th	Scallions & leeks
Beets for something new, Chioggia is one of our favorites, as are most golden varieties	Corn
Carrots choose a main season crop	Parsnips
Radishes varieties are endless and	

Vegetables that can be planted from ‘starts’ (seedlings)

Cucumber	Basil
Summer or winter squash	Celery
Lettuce	Nightshade family after May 15 (peppers, tomatoes, eggplant, tomatillos)
Onion family	
Melons	

Vegetables that can be started indoors May 15th is our last frost date so after that most things can be planted outdoors

Cucumber	Onion family
Summer or winter squash	Tomatoes for a late crop
Summer lettuce varieties	
Bibb Buttercrunch, Summer Bibb, Speckles	Bowl, Amish Deer Tongue, Green Ice, Tropicana, Green Star, Oak Leaf, Red Sails, Ruby, Lollo Rossa
Crisphead Michelle, Nevada, Sierra, Teide, Concept	Romaine Little Gem, Parris Island Cos, Jericho, Green Towers, Sweet Valentine, Manoa
Iceberg Anuenue, New York, Great Lakes, Summertime, Ithaca, Minetto	
Leaf Black Seeded Simpson, Salad	

Flowers that can be planted from seed

Sunflower	Zinnia	Nasturtium
Larkspur	Borage	Marigold
Bachelor button	Cosmos	
Annual poppy	Hyacinth bean	

Graphics created by Freepik.com



Cleavers

Some plants seem to have a sense of humor; cleavers are among these green wonders of nature’s diverse bounty that has been in my life for nearly 40 years now, and they always amuse me. My first introduction to cleavers (*Galium aparine*) was on a hike in Virginia with a good friend who was my first wild foods mentor. Mark reached down and picked a long vine-looking plant that was growing at the edge of the woods and threw it at me —it immediately stuck to my jeans and I laughed out loud. When I looked more carefully at the plant, I noticed its symmetrical beauty and whirled leaves and felt the rough texture of the tiny, nearly invisible little hooks; it was sticky but not piercing like thorns, and it clung to my arm, my shirt or pants.

I had seen this plant many times but hadn’t paid attention, which is what happens when humans like my younger self see some plants as “weeds” that just seem to grow everywhere. And then we wake up, look more closely and learn that the common little plant we once ignored has an amazing history and a wide variety of uses. Nature is truly wondrous in its intricate complexity and marvelous adaptations that feed its ongoing drive to propagate our planet’s varied life forms, and cleavers are a good example of the inherent ingenuity

Cleavers can be used to treat a variety of skin ailments, minor wounds, and burns. They can be brewed into a tea and used as a facial toner or ingested to support the lymphatic system. The tea may also be used to treat dandruff and itchy scalp. Cleaver tea may also be used as a natural deodorant.

within the natural world.

Other common names for cleaver are Goose grass (geese love to eat it), everlasting friendship, stickjack, and goosebill. The Greeks called it “man loving” due to its clinging tendencies. Cleavers are in the *Rubiaceae* family, the same family as coffee, and the small fruits can be dried and roasted as an herbal coffee substitute, although I haven’t tried this yet.

The genus name *Galium* comes from the Greek word meaning “milk,” and the species name *aparine* means “to seize” because another relative of this plant was used to curdle milk. Cleavers are herbaceous plants with square stems that can reach three-four feet with whorls of six-eight narrow leaves, tiny star-shaped white flowers, and small globular fruits that also have hooks on them to stick to animals and help spread the seeds. Cleavers are native to Europe, Asia, and Africa, but have naturalized throughout much of North America. The young spring leaves and stems can be eaten as a cooked



Cleavers



Galium Aparine

pot herb vegetable and are also fully edible raw, but the texture and abrasive, prickly nature are a turn-off for many folks, myself included, other than a nibble here and there of an especially tender new shoot.

Historically cleavers have been used as medicine to treat a variety of skin ailments, minor wounds and burns. The plant material would be crushed and made into a pulp and used to treat poisonous bites and stings or made into a poultice and applied directly to the skin areas. Cleavers have also been brewed into a tea and used as a facial toner or ingested to support the lymphatic system, as it is believed to be a blood purifier and help remove toxins from the body. There are also many references to the tea being used to treat dandruff and itchy scalp conditions. One of the more interesting references I have found is using cleaver tea as a natural deodorant.

In Ancient Greece, Dioscorides made reference to Greek shepherds gathering the barbed stems together and using them as a coarse, rough sieve to strain milk, and the same usage is reported in Sweden. Throughout Europe, people would dry the foliage and use it to stuff mattresses as the clinging hairs on the stems make it easy to stick together and form large bundles that would hold together well and form a good bedding straw. The roots of cleavers also can be used to make a red dye.

Cleavers thrive along woodland borders and in waste places with disturbed soil, and as a result often show up in people’s gardens. As the plants become older, since they are laced with silicon, they become too tough for humans to eat. Several Canadian provinces list cleaver as a noxious weed and in the US, a number of states including New York and Maryland prohibit or restrict the sale of cleaver seed. However, I have never heard of anyone ordering and growing cleaver, since it seems to grow quite well on its own. The reality is that it’s a plant that is here, likes where it grows and is likely to do quite well despite any attempts to restrict its presence in our lives. So one might as well learn to enjoy it, use it

in sautés as a cooked green and celebrate its unique beauty and varied uses.

A favorite saying about cleavers in the wild is that “you don’t find cleavers, they find you,” and once it finds you, it grabs hold of you and is an excellent hitchhiker. It’s a plant well worth knowing, whether you investigate it on your own or if you happen to come home one

day and find a little patch of cleaver clinging to the bottom of your britches!



Contact Roger at rogerklinger@charter.net.



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- The Hub of Fairview 628-1422
- The Garden Spot 691-0164
- Fairview Farmers Market

Questions?
Visit GardensofFairview.com or call Jim at 864.313.5106

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</			

TEASER OF THE MONTH: WHAT IS IT?



This month's teaser was a closeup of a Flowering Dogwood center.

On the front page, the photo is about 5X magnification
Individual dogwood flower: one of about 2 dozen in the central inflorescence or “flower head.” It is bisexual with four greenish-yellow bracts which open to expose the central pistil surrounded by four, pollen-producing stamens. Note the small critter on the top bract and another just to the right of the stamen on the right.

At left above, the photo is about 1X magnification
Dogwood inflorescence or “flower head,” consisting of about 2 dozen individual flowers covered by four bracts of which only a few have opened to show the central pistil and four pollen-producing stamens.

At right above, the complete “flower”
Dogwood “flower” which is four white bracts surrounding the central inflorescence of about 2 dozen real flowers. Some of these have opened in this image to show their four, greenish-yellow bracts surrounding the central pistil and four pollen-producing stamens.


Photos and research by Steve Fulghum, physicist, photographer and Town Crier columnist. His work is in Asheville's River Arts District, The Hub and at stevefulghum.com.

WEATHER — ON THE ROAD TO SUMMER *Continued from page 17*

planes, ground-based sensors, unmanned aircraft systems (or drones), the International Space Station and the other satellites to collect measurements across the United States. One of the best sites on the web to view current satellite data is the following: weather.msfc.nasa.gov/GOES/

As part of my daily routine, I check out this site and look at the current imagery. This site has the capability to zoom in and select an area of the country to view satellite imagery and then to also loop them in an animation. You can also zoom down to the Carolinas and, in the map drop-down box, have the option to select “county.” This will bring up either a single image or a loop of images to highlight the counties in the Carolinas.

Some links to the project: goes-r.gov/mission/fieldCampaignBegins.html
nesdis.noaa.gov/goes-r.gov/multimedia/goes-16DataAndImagery.html



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

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To Rent: 768-2218

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Upper Hickory Nut Gorge
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NEW SONS OF CONFEDERATE VETERANS CAMP (Cane Creek Rifles) meeting at Fletcher Fire Department, Tuesday, May 2 at 7 pm. Find out about your Confederate ancestors and southern heritage. For more info call 628-1376

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Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the Town Crier's editorial policy. All submissions will be edited for clarity, style and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Town Crier reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted. All letters may be edited and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address and phone. Email letters to editor@fairviewtowncrier.com or mail to: Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

38 THE FAIRVIEW TOWN CRIER May 2017

THE FAIRVIEW TOWN CRIER May 2017 39



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 Blalock AvePending in 35 days
 Campground RdPending in 4 days
 Oregon AvePending in 1 day
 Mitchell Ave.....Pending in 2 days

Mtn. Meadow CirclePending in 8 days
 Rotunda CirclePending in 28 days
 Fairfax AvePending in 7 days
 Liberty Rd.....Pending in 39 days
 Melody Ln.....Pending in 29 days
 Richmond AvePending in 3 days
 Lakewood DrPending in 7 days

Fairview Town Crier 2017 Ad Deadlines

Editorial deadline is always the 10th

Issue	Deadline Day	Date	Hard Deadline	In Mail
June	Wed	5/10	5/17	6/5
July	Fri	6/12	6/16	7/3
August	Mon	7/10	7/17	8/2
September	Thur	8/10	8/17	9/4
October	Mon	9/11	9/18	10/2
November	Tues	10/10	10/17	11/1
December	Fri	11/10	11/17	12/4
January 18	Mon	12/11	12/18	1/3

Classified Ads

Deadline for Classified ads is always the 21st of the month before.

The minimum cost is \$10 for 20 words and 25 cents per word thereafter. Call Annie at 628-2211, M-F, 1-5 pm or email office@fairviewtowncrier.com.

Classified ads must be prepaid in order to run.