



THE VOICE OF OUR COMMUNITY

# The Fairview Town Crier

JULY 2017 VOL. 21, No. 7 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM



## A Fourth of July Contest

We've heard from so many readers that they have enjoyed our little contests and puzzles we've been running this year, so we thought Independence Day was an appropriate topic to warrant its own contest. So: scattered throughout this issue are five different objects associated with the 4th of July: a **hotdog**, a **firecracker**, **fireworks**, **balloons**, and an **American flag**. It is your job to find them — all of them. Send an email to [contest@fairviewtowncrier.com](mailto:contest@fairviewtowncrier.com) with all five items described as follows: 1) item name, 2) page number, and 3) location on page. Include your name and cell/home number. Deadline to enter is July 14. Winner will be announced on July 17. Prize will be a gift bag of local products from The Hub of Fairview. *Note: All objects are found within the editorial content of the paper, not in the ads.* **Good luck!**

## A Message from the Sheriff's Dept.

The Buncombe County Sheriff's Office has been made aware of reports on social media sites from a motorist reporting someone impersonating a law enforcement officer in the Fairview community. The incident involves a Dodge Charger following the reporting party closely, putting on their bright lights, and activating blue light before speeding off. The Sheriff's Office advises anyone driving that is unsure that the person attempting a traffic stop is actually a law enforcement officer, to turn their interior lights on, and motion that they are attempting a stop at the next exit if on the interstate; or at the next, safe, parking lot or side street. If motorists are not comfortable executing those actions, they should call 911, and relay their concerns to the dispatcher, complete with their location, the make and model of the car they are driving, and a description of the car that is attempting to make the traffic stop.

*Per NC General Statute 20-130.1 (c), "It is unlawful for any person to possess a blue light or to install, activate, or operate a blue light in or on any vehicle in this State, except for a publicly owned vehicle used for law enforcement purposes or any other vehicle when used by law enforcement officers in the performance of their official duties." If motorist suspect that someone is impersonating a law enforcement officer they should contact the Sheriff's Office as soon as possible.*

## LOST PHONE

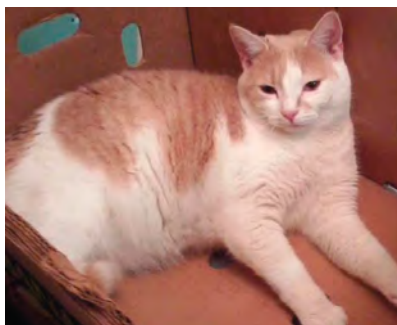
Lost Samsung with fluorescent orange/pink cover on Highway 74 between Mine Hole Gap and Emma's Grove Road. Last seen June 14. If found please call 691-5097.



Tan/white cat, Jamie. Missing from Garren Creek Road area since May 28. Has small shaved area on top back. Please call 828-674-4580 if spotted.

## MISSING CATS

Black cat with white, Arte. Missing from near Hollywood Road in Fairview since June 12. If anyone has information, please call 828-280-8270.



## CORRECTION

The Fairview Welcome Table's policy on donations is always "Pay as you can, if you can." Last month, the *Crier*, in an effort to conserve space, overcondensed the statement of this policy and in doing so misrepresented it in two instances. We apologize for the misstatements and any confusion they may have caused.

**The Hub of Fairview and Town Crier offices will be closed Monday, July 3rd – Saturday, July 8th**

Offices reopen Monday, July 10, at 10 am

**AUGUST ISSUE DEADLINE IS JULY 10!** Labeling of August issue is Tuesday, August 1, at 10:30 am at the Fairview Fire Department.



## 2017 FOURTH OF JULY EVENTS



### MONDAY, JULY 3<sup>RD</sup>

**LAKE LURE** The Independence Day festival begins at noon at Morse Park Meadows near the beach with ice cream, funnel cakes, and more — until fireworks at dark over the lake with seating at the pavilion. Preferred seating for a fee on the new beach deck is available. (On July 4th, fireworks will be at Rumbling Bald Resort for their owners and guests, but others may view from boats on the lake.)

**GROVE PARK INN FIREWORKS** Celebrate in grand style at the annual 4th of July Celebration. Enjoy the resort's firework display, live music all around the resort, and a multitude of activities designed for the whole family. Visit [omnihotels.com/hotels/Asheville-grove-park/things-to-do](http://omnihotels.com/hotels/Asheville-grove-park/things-to-do).

### TUESDAY, JULY 4<sup>TH</sup>

**PACK SQUARE PARK — DOWNTOWN ASHEVILLE** Join in the fun starting at 2 pm at the Ingles Independence Day Celebration. Children's activities, bouncy house, and Splashville Fountain, 2–6 pm. Live music starts at 4 pm. Beer and wine available for purchase. Fireworks at 9:30 pm. Bring chairs or blanket to picnic. Buy from food trucks of nearby restaurants. Parking available in nearby decks, on the street, or in private lots. No outside alcohol, coolers, or pets.

**LAKE JULIAN PARK** The Lake Julian fireworks display is one of the largest in the area. Show starts at dark, but come early. Bring blankets and lawn chairs; there are picnic tables, grills, a sand volleyball court, horseshoe pits, boat rental, and a playground. Bring a picnic! Parking at Estes Elementary School across Long Shoals Road from the Lake Julian entrance. Lake Julian Park is a tobacco-free facility. The event is free.

**ASHEVILLE TOURISTS BASEBALL GAME & FIREWORKS** The fireworks double feature begins with the game at McCormick Field, then a spectacular fireworks show. Get tickets in advance since the game will sell out ahead of time. Visit [theashevilletourists.com](http://theashevilletourists.com).

**MONTREAT SMALL TOWN PARADE** Montreat will host the All-American Small Town Parade at 10:30 am. It's a long-time local favorite. Get there early to see the short, but fun parade.

**BLACK MOUNTAIN** Family fun & fireworks beginning at 7 pm.

**HENDERSONVILLE** Fireworks display at dark, viewable from downtown, with free live outdoor music, 7–9 pm. 201 South Main (visitors center).

The Fairview Town Crier  
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## COMMUNITY EVENTS

JULY 1 (SATURDAY)

### Movie Night at HNGF

Watch **Back to the Future** at Hickory Nut Gap Farm, 7-9pm. \$6 admission, kids 4 and under free. Dinner and drinks available.

JULY 3 & 4 (MONDAY & TUESDAY)

### Independence Day Celebrations



See front page for schedule of 4th of July events in our area.

JULY 7 (FRIDAY)

### Fairview Library Lego Club

Special builds, creative challenges, and lots of fun. 3:30pm. Bring your creativity—library supplies the blocks. For more information see page 6, "Friends of the Library."

JULY 7 (FRIDAY) CONTINUED

### HNGF Barn Dance

Blues Dancing with Jesse Barry & The Jam at Hickory Nut Gap Farm, 6-9pm. \$6 admission, kids 4 and under are free. Dinner and drinks available.

JULY 8 (SATURDAY)

### Fairview Library Reading Event

Star Wars Extravaganza, 2pm. For more information see page 6, "Friends of the Library."

### Compost Demo

11am-2pm, Buncombe County Master Gardener volunteers run a compost garden to teach visitors composting techniques and to provide information. Several systems are at work including a worm composting bin. The Master Gardeners group use research-based information provided by the NC State University Extension Service. Jesse Israel & Sons Garden Center, WNC Farmers Market, 570 Brevard Road, Asheville. Also offered on July 22.

JULY 11 (TUESDAY)

### New Sons Confederate Veterans Camp Meeting (Cane Creek Rifles)

Meets at Fletcher Fire Dept., 7pm. Learn about your Confederate ancestors. Call 628-1376 for more information.

JULY 11 (TUESDAY) CONTINUED

### Fairview Area Art League

Meeting at 10am at The Hub, 1185 Old Charlotte Highway. Interested in finding out more about this newly formed Art League? Please come to the meeting or call 704-975-0095.

### Fairview Business Association Member Meeting

Meet outside at The Joint Next Door, 1185 Charlotte Hwy, Fairview. Meeting starts at 6pm with social networking afterwards. Snacks provided. A casual good time to check out the FBA.

JULY 13 (THURSDAY)

### Flower Workshop

Learn everything about flowers from growing to arranging at Flying Cloud Farm. Third in a series of six workshops. Everyone takes home flowers. Workshop is \$50. Call Annie at 768-3348, or visit flyingcloudfarm.net.

JULY 14 (FRIDAY)

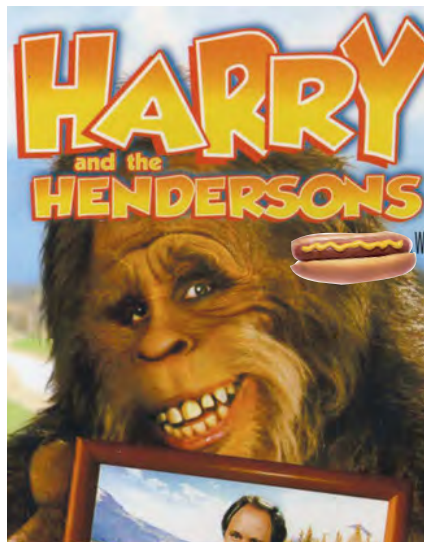
### Art Show Opening Reception

Swannanoa Valley Fine Arts League 50th Annual Juried Members Art Show. Reception 5-7pm. Show runs until September 3 at The Red House, 310 W. State St. Black Mountain, next to Monte Vista Hotel, US Hwy 70. svfalarts.org.

JULY 14 (FRIDAY) CONTINUED

### HNGF Barn Dance

Square dance with the Haw Creek Sheiks at Hickory Nut Gap Farm, 6-9pm. \$6 admission, kids 4 and under are free. Dinner and drinks available.



### Outdoor Family Movie Night

Balken Roofing presents **Harry and the Hendersons**. Kids' activities start at 7:30pm and movie begins at dusk. Pizza, popcorn, drinks, snacks, and cupcakes available at a small charge. Bring lawn chairs and blankets. This is a great family event right here in your community.

## COMMUNITY EVENTS

JULY 15 (SATURDAY)



### Christmas in July Craft & Vendor Expo

Do your Christmas shopping early at the Fairview Community Center, 1357 Charlotte Highway. From 9am-2pm, shop for arts, crafts, LuLaRoe clothing and lots more. First 35 shoppers get a free gift bag. See ad on page 17 for full info.



### Ballroom/Country Dance

All are welcome to the Fairview Community Center, no experience or dance partner necessary. One-hour 2-Step lesson 7-8pm, open dancing 8-10:30pm. Waltz, East Coast Swing, Cha-Cha, West Coast Swing, Triple-Two, Nightclub and Polka. Showcase dance performance by the Starr Dancers. Dance \$10, lesson \$5. To register visit [danceforlife.net/book-online](http://danceforlife.net/book-online). Click "Group Services." Select July 15 "Ballroom/Country Dance" or contact Richard at 505-1678 or [naturalrichard@mac.com](mailto:naturalrichard@mac.com).

JULY 16 (SUNDAY)

### The Big Crafty

A juried craft show featuring work from local artists, located at Pack Square Park, downtown Asheville, 12-6pm. Rain or shine. For information about vendors, etc. visit [bigcrafty.com](http://bigcrafty.com).

JULY 20 (THURSDAY)

### Foot Pain Solutions

A Workshop at Fairview Chiropractic Center, 5:15-6pm. Free lecture; causes of foot problems, do-it-yourself treatments and when to get professional help will be discussed. Preregister to receive a free digital foot scan. Reservations required. 628-7800.

JULY 21 (FRIDAY)



### Downtown After 5

The Asheville Jazz All-Stars headline with a mix of danceable Funky Soul Jazz — a favorite of the summer. Original songs plus covers. The Rock Academy band opens, giving young musicians the opportunity to meet, play and learn from seasoned musicians. Located at the north end of Lexington Avenue, Asheville, every 3rd Friday of the month through September. [ashevilledowntown.org](http://ashevilledowntown.org).

JULY 21 (FRIDAY) CONTINUED

### HNGF Barn Dance

Two-Step with Texas T & The Tumbleweeds at Hickory Nut Gap Farm, 6-9pm. \$6 admission, kids 4 and under are free. Dinner and drinks available. For more information visit their website at [hickorynutgapfarm.com](http://hickorynutgapfarm.com) or stop by their Facebook page at [facebook.com/hickorynutgapfarm](https://www.facebook.com/hickorynutgapfarm).

JULY 21-23 (FRIDAY-SUNDAY)

### Southern Highland Craft Guild 70th Anniversary Fair

Fine craftsmanship from Maryland to Alabama, honoring the history of handmade. Featuring new elements that showcase the talent and skill of guild members. At the US Cellular Center in Asheville Friday & Saturday, 10am-6pm and Sunday 10am-5pm. Visit [craftguild.org](http://craftguild.org) for more info.

JULY 22 (SATURDAY)

### Compost Demo

11am-2pm, Buncombe County Master Gardener volunteers teach composting techniques and provide research-based information from the NC State University Extension Service. Jesse Israel & Sons Garden Center, WNC Farmers Market, 570 Brevard Road, Asheville.

JULY 23 (SUNDAY)



### Beginner's Weaving Workshop

Come get your weave on with local weaver Jenny Purdy's beginner's weaving class, 2-4pm at The Hub

of Fairview, 1185-G Charlotte Hwy. All materials included: loom, yarn, craft bag. No experience required. Everyone will take home their started tapestry to finish at home. Preregistration required by July 11 in time to order materials.



For more info and to register, call The Hub of Fairview at 628-1422 or email [thehuboffairview@gmail.com](mailto:thehuboffairview@gmail.com)

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Americare opened its retail pharmacy over 5 years ago but we've been servicing the long-term care community for 20 years. There are still some who may not know about the services and special assistance we provide as a privately-owned, local pharmacy. We stock many over-the-counter and prescription medications, wellness products, and medical/surgical supplies. **And we can special order most any items you might need and have them in stock quickly.** Every one of our staff is committed to helping our customers gain knowledge of their own unique needs about medications, and to help them by identifying prescription-related problems before they might occur. A long-time client sent this testimonial after Teresa and Evelyn went above and beyond recently.

— Patrick and Sandi Bryant



Pharmacist Teresa Pearman graduated from the Medical University of SC, Charleston. Her husband, Jason, is a fireman with the Swannanoa Fire Department. This connection led the way to another match made in heaven. Americare was able to offer lower prices on medical supplies and special order items, and now is the supplier for all the Fire Departments and EMS Trucks in Buncombe and other nearby counties.

Evelyn Gore is more than the smiling face behind the desk when customers stop at the pick up window. She is Americare's lead data entry person and is responsible for entering all of our orders. Evelyn's husband, Michael, is a Pharmacy Tech at Mission Hospital. Evelyn is Filipino and after 20 years in the States, is proud to have gained her U. S. Citizenship in 2014.



I have used Americare Pharmacy since they opened in Fairview. Their service is second to none. Teresa and Evelyn always are pleasant and friendly.

I had a difficult situation recently and they made calls and quickly worked it out for me. I appreciate their professionalism and recommend them to everyone I know in Fairview.

We are lucky to have such a good company right here in our community.

— Charley Keever



Phone: (828) 628-3121  
Hours: Mon-Fri 8am - 6pm  
Website: [americarepharmacy.net](http://americarepharmacy.net)

Fairview's Hometown,  
Locally Owned & Operated  
Pharmacy

Fairview Business Park  
1185 Charlotte Highway  
Fairview, NC 28730



## COMMUNITY EVENTS

JULY 25 (TUESDAY)

### Fairview Library Reading Event

Snakes Alive, 2pm. A hands-on science program created to provide insight into the lives, habits and characteristics of reptiles – especially snakes. For information, see page 6, “Friends of the Library.”

JULY 27 (THURSDAY)

### Essential Oils Class 201

Marie Forney is offering a free class on the benefits & uses of essential oils. 7pm at The Hub of Fairview, 1185-G Charlotte Hwy. For info, 713-2798.

### Park Ridge Health Education Series

Presenting “Dispelling Myths About Back Pain: A Good Life with a Bad Back” 6–7pm. If you’ve been told you need to “learn to live with your pain”, come hear Laura Fleck, MD’s practical approach to symptom management. To register 855-774-5433 or visit prhevents.com.

JULY 28 (FRIDAY)

### HNGF Barn Dance

Zydeco with Zydeco Ya Ya at Hickory Nut Gap Farm, 6–9pm. \$6 admission, kids 4 and under are free. Dinner and drinks available.

JULY 28/29 (FRIDAY/SATURDAY)

### Hickory Creek Players Summer Performance

See the world premier of *Dinner at Aunt Katherine’s* at the Upper Hickory Nut Gorge Community Center in Gerton. Play begins 8pm, doors open 7:30pm. Tickets \$15, for purchase at the door.

JULY 29 (SATURDAY)

### Saturday Seminar presents: Pesticide Labels-How to Interpret Them

Presented by Craig Mauney-Area Specialized Agent, Agriculture. 10am-noon, Mountain Horticultural Research Station, 455 Research Drive, Mills River. Free. Registration requested call 255-5522.

AUGUST 1 (TUESDAY)

### Labeling the August issue of The Town Crier

Volunteer labelers welcome, 10:30am at the Fairview Fire Department. If you have an hour to spare, come help your community paper get in the mail. With 8–10 people it’s just an hour and it’s all done. All volunteers: kindly RSVP to Patti Parr, pattiparr@yahoo.com or call the Crier’s office at 628-2211 for information.

ONGOING IN JULY



### New Moon Marketplace Flea Market

1st and 3rd Saturday (7/1 & 7/15), 8am–1pm-ish. Always some

great finds inside and out. Vendors can set up a table for \$10. Just show up and pay.

### Fairview Farmer’s Market



The Farmer’s Market is open every Saturday 9am–1pm. Fairview Elementary School parking lot. For information visit fairviewfarmersmarket.org.

### Fairview Welcome Table Lunch

A community lunch every Thursday, 11:30am–1pm in the Community Room of Fairview Christian Fellowship.

located behind the Fairview Library. Visit their Facebook page or fairview-welcometable.com.

ONGOING IN JULY

### BCDP Women’s Club Dinner

Monthly dinner meetings are held the 3rd Thursday of the month, 6–7:30 at the Buncombe County Democratic Party HQ, 951 Old Fairview Rd., Asheville. Dinner catered by Artisan Catering, \$12. Information and RSVP at buncombedemwomen@gmail.com.

### Reynolds/Fairview Scrabble & Cribbage Club

Meets Wednesdays, 12:30– 4:30pm at Mountain Mojo Coffee Shop, 381 Old Charlotte Hwy in Fairview. Contact 216-7051.

### WNC Knitter and Crocheters for Others

Meets 2nd Mondays, 7–9pm at New Hope Presbyterian Church, 3070 Sweeten Creek Rd. All skill levels welcome. Contact Janet Stewart, 575-9195.

### Pritchard Park Summer Series

Tuesdays 5:30–7:30pm, Hoop Jam, produced by Asheville Hoops. Wednesdays 6–7pm, LEAF Global Citizen’s Dance & Art Series. Thursdays

## COMMUNITY EVENTS

6–8pm, Pritchard Park Singer/Song-writer Series. Fridays 6pm, Asheville Drum Circle. For more complete information, go to ashevilledowntown.org.

ONGOING IN JULY

### Brain Tumor Support Group

Meet every third Thursday at MAHEC, 6pm. Refreshments. Visit wncbraintumor.org.

### At the Light Center in July

**Saturday 7/8**, 10am–Noon. *Trail Work Day* and 2–4pm, *Intro to Reiki and Healing Circle* with Odilia Forlenza. Suggested donation: \$19.

**Saturday 7/15**, 7–9pm, *Symphony of Serenity* with Kennedy OneSelf. A sound healing meditation. \$15 pre-purchase/\$20 at door.

**Saturday 7/22**, 2–4pm, *Find the Keys that Unlock your Ascension* with Rev. Heidi Peck. Suggested donation \$15; 6:30–8pm, *New Moon Drum Circle at the Labyrinth*. Facilitators Jonna Rae Bartges and Nicholas Andrea. Suggested donation \$10. For information call 669-6845; urlight.org.

PET EVENTS

### ASHEVILLE HUMANE SOCIETY

**Saturday & Sunday 7/1–2**, Adoption weekend at Petco Asheville/Brevard Road.

PET EVENTS CONTINUED

**Saturday 7/15**, Yoga with Cats, 10–11am. Asheville Humane Society, 14 Forever Friend Lane, Asheville. For tickets and registration visit facebook.com/events/138986183315923.



**Tuesday 7/18**, 6:30–8pm, Beer City Behavior at Blue Ghost Brewing Company, 125 Underwood Road, Fletcher. Grab a beer and enjoy a discussion on dog behavior. Dogs welcome.

**Saturday 7/29**, 1:30–2:30pm, tour the Asheville Humane Society and the Buncombe County Animal Shelter, 14 Forever Friend Lane, Asheville.



**Sunday 7/30**, 11am–2pm, Low-Cost Vaccine/Microchip Clinic at Asheville Humane Society, 14 Forever Friend Lane, Asheville. For information call 761-2001 or visit their website at ashevillehumane.org.

### IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

**Editorial Policy:** The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 39.



# Summer is Flying By

## \$5 off \$25

\*Valid only at the participating store listed. One discount per purchase. Offer not valid on previous purchases. Offer expires 7/31/17.



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### Sunday, July 23

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# Drovers Road PRESERVE



## SEVERAL HOMESITES TO CHOOSE FROM



Drovers Road Preserve is a place of natural beauty and unique value. A 110 acre conservation easement surrounds this neighborhood in the heart of beautiful Fairview. Ten lots are available with 1.6 to 8+ acres, from \$210,000 to \$265,000.

- Nature paths
- Picnic pavillion
- Lookout tower

- Several small creeks to play in
- Nestled in an area of conservation properties and organic farms

**CAROL FISK**  
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carolfisk@beverly-hanks.com

**CHRISTIE MELEAR**  
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christiemelear@beverly-hanks.com

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## Happy 4th Y'all!

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**The "Cottage" has furniture and more!**

1508 Charlotte Hwy in Fairview  
**www.newmoonmarketplace.com**  
**contact@newmoonmarketplace.com**



PROGRAMS AND EVENTS FOR KIDS

Summer Reading Program

The Buncombe County Public Library offers its Summer Reading Program from June 1–August 31. To celebrate reading in the summer, the library will be hosting fun-filled programs and events all summer long and also giving away a free book to any child who visits the library just 4 times this summer.

To earn a free book, each child must come to the library and pick up a special summer reading bookmark. Each time they visit the library between June and August, they bring the bookmark with them to collect a stamp. Once they have collected all four stamps they can pick out a book to keep forever.

SUMMER READING EVENTS

July Events

To check out the full schedule of Summer Reading activities, visit the Buncombe County Library website Events Calendar. All events are free and open to the public.

Star Wars Extravaganza

Saturday, July 8, 2 pm. You and your family are invited to make a recycled-materials robot, create a nebula painting, take a selfie with a cool Star Wars background and much more.

At this annual event for kids of all ages, costumes are encouraged but not required.

SNAKES ALIVE!



**Snakes Alive** is a hands-on science program created to provide insight into the lives, habits, and characteristics of reptiles – especially snakes!

Join us at the Library on Tuesday, July 25, 2pm.

LEGO Club

On Friday, July 7, at 3:30 pm, join us for special builds, creative challenges and a whole lot of fun. You bring your creativity; we'll provide the blocks!

Maker Space

Creative opportunities abound all summer long in our Maker Space. Self-directed

activities will be available for children and teens. Past activities have included black-out poetry, book cover selfies and grown up coloring. The station is always changing, so make sure to check out the latest project next time you are in the library.

Library Closings

The library will be closed on Tuesday, July 4 for Independence Day.

Storytimes

Mother Goose – Tuesdays at 11  
Bounce n' Books – Wednesdays at 11  
Preschool Storytime - Thursdays at 11

NEW BOOKS IN THE LIBRARY

Adults

*Wired* by Julie Garwood (7/4)  
*The Reason You're Alive* by Matthew Quick (7/4)  
*House of Spies* by Daniel Silva (7/11)  
*Two Nights* by Kathy Reichs (7/11)  
*Down a Dark Road* by Linda Castillo (7/11)  
*The Late Show* by Michael Connelly (7/18)  
*A Distant View of Everything* by Alexander McCall Smith (7/18)

Kids and Teens



*Serafina and the Splintered Heart* by Robert Beatty comes out Monday, July 3. Don't miss the third installment in the bestselling series set at the Biltmore Estate.

Book Sale at the Library

The Friends of the Fairview Library Book Sale is always grateful to accept donations from the community.

If you have any gently-used books, CDs, or DVDs that you would like to donate to the book sale, drop them off during open hours at the circulation desk. Receipts will be provided upon request.

Disable, Reveal, Summarize... and Turn it Off!

By now, you might have an extra computer or laptop lying around the house. Put it to use as your guests' or grandkids' computer so you don't have to worry about changes made to your computer behind your back. It will lessen your stress, as will turning on the guest network feature in your Wi-Fi router, if you have that capability.

Use the Windows Task manager in Windows 10 to disable programs that start up automatically from slowing down the boot-up process. Right-click on the Task Bar along the bottom of the screen, then select Task Manager. When the Task Manager opens, you might have to click on More Details in the lower left. Then click on the tab across the top, labeled Startup. Here you can disable things that automatically load while Windows starts up. Things you disable are not uninstalled, making it easy to re-enable them if you get over-zealous. You will have to restart the computer for these changes to take effect.

Shortened URLs, like those from bitly, are increasingly common, especially in scam emails. But you have no way of revealing where they go without clicking on them. However, you could copy that shortened URL into the website <https://unshorten.it/> and you will see a preview of the site, along with an assessment of its safety as provided by Web of Trust.

On the Mac, there is a hidden feature to summarize long blocks of text, Go into

System Preferences, then Keyboard. Click on the Shortcuts tab, then click on Services in the left column window. Scroll down the right column, looking for Summarize under the section for Text. Check it and close out of System Preferences. Now, you should be able to highlight a block of text, click on the name of your application (up by the black Apple logo) and look under Services for Summarize. It may not be perfect but it is worth a try.

If you find you are running out of space for photos on your iPhone and you don't really want to pay for iCloud storage, then consider the Google Photos app. It will upload your iPhone photos to your Google account, and Google offers free unlimited space for photos up to 16 megapixels each. Read more at <https://www.google.com/photos/about/>.

When nothing else turns off your computer, you can always press the power button for five seconds until all lights go off, then turn it back on. It may take a bit longer to boot up, since it's checking files and such. If this becomes a regular occurrence, though, there is likely something else wrong and you should have it checked out.



Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or [bill@scobie.net](mailto:bill@scobie.net)

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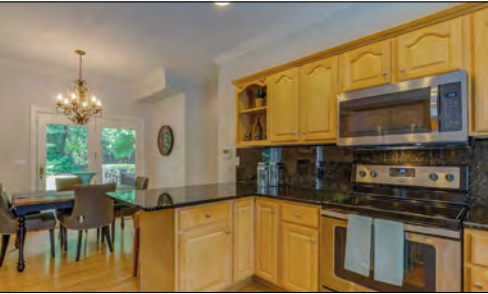
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## Harper’s Soapstone Mine

Everyone has heard of gold mines, silver mines, diamond mines, copper mines, and lead mines, but one of the most important mines to the average person in earlier times was a soapstone mine. Lot Harper’s farm, located at the present site of Fairview Elementary School, covered much more land than the school property. It spread west to around Emma Grove Road and east to the Hot Dog King. The hill on Charlotte Highway between the *Fairview Town Crier* office and the school was known as Harper Hill. Everyone who attended Fairview School has likely heard that there is soapstone on the property, but has probably not cared much about it.

Lot Harper (1781-1866) mined and sold the soapstone on his property his entire adult life. Soapstone is a soft rock that feels slippery or soapy to the touch and is very easy to cut or carve. The stone is nonporous and nonabsorbent, resistant to heat, acids and alkalis, and has a high heat capacity. Eight thousand years ago, Indians in what is now called California traveled in canoes from the mainland 60 miles to San Clemente Island to obtain soapstone, which they needed to make bowls used for cooking and for carving effigies.

Scandinavians used soapstone to carve molds for casting metal objects such as knives and spearheads, skills that brought them out of the Stone Age and enabled



Above, Lot Harper mined and sold soapstone his entire adult life. Right, using chalk on the surface of a soapstone tombstone like the one pictured here helps to reveal the carved words.

them to be the Viking raiders you see on the History Channel. Soapstone tablets over five thousand years old have also been excavated in Greece and on the Island of Crete, and they can still be easily read. Egyptians made scarabs and other amulets out of soapstone, and Assyrians carved their early seals and signets out of it.

**Cane Creek Cemetery in Fairview is not only one of the oldest cemeteries in Western North Carolina, but one of the most well marked, and it is because of Lot Harper’s soapstone mine.**



The famous statue of Christ the Redeemer, 120 feet tall and on top of a mountain overlooking Rio de Janeiro, Brazil, is made of soapstone. Since it is heat resistant and durable, and does not conduct electricity, soapstone is often used to hold high-voltage equipment and wiring; the electric panel at the Cos Cob power plant

near Greenwich, Conn., is made out of large slabs of soapstone.

Cane Creek Cemetery in Fairview is not only one of the oldest cemeteries in Western North Carolina, but one of the most well marked, and it is because of Lot Harper’s soapstone mine. It was the 1880s before there was a tombstone maker in Buncombe County; until then if you wanted a tombstone for a loved one you had to go order it and haul it back in a wagon to Fairview from Charleston or Savannah or Augusta. Very few people could afford to do this. Thanks to Harper’s soapstone mine, a person could easily cut out at slab of soapstone and cut a person’s name and dates on the stone with a knife or chisel. You may say you can’t read a

*Continued on page 38*

## New Book by Lee Pantas Features Our Region’s Wild and Furry Animals

Fairview artist and author Lee James Pantas has a new book, *Wild & Furry Animals of the Southern Appalachian Mountains*, which is now available in bookstores and gift shops throughout the southern mountains. Locally, signed copies can be purchased at the Hub of Fairview located at 1185 Charlotte Highway.

The book has been printed in two formats, a larger hardcover coffee table version for \$24.95 and a smaller softcover version at \$18.95; the latter is perfect for young readers and as a field guide.

The Southern Appalachian Mountains, stretching from West Virginia to Alabama, are home to an amazing and diverse group of mammals, from the astonishing Star-Nosed Mole to the adorable Southern Flying Squirrel, from the mythical Black Bear to the playful River Otter.

Pantas’ book features his exquisite pen and ink drawings as well as basic scientific information and fun facts about all of the mammals, both large and small, that are likely to be encountered in the mountains, as well as some of the rarest and least likely to be seen.

Well known in the Asheville area as an artist and guidebook author (see sidebar), Pantas also has an educational background in biology and ecology, and has brought this scientific expertise forward in support of his



artwork in producing a book of enchanting and wonderful creatures sure to appeal to all ages.

More information about the book can be found on his art website, leepantas.com.

### Pantas’ WNC Regional Guide also Available

Lee Pantas also wrote and illustrated the best-selling *The Ultimate Guide to Asheville & The Western North Carolina Mountains*.

The book is a wonderful resource for visitors and locals alike. The latest edition covers more than 70 cities, towns, and villages, featuring the best from the foothills to the mountains.

There are 250 mountain attractions covered, including accommodations, restaurants, outdoor recreation, festivals, craft beer breweries, and wineries, events, day trips, kids’ activities, and real estate information.

The newly updated, signed edition is available at The Hub of Fairview at 1185 Charlotte Highway.



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LOT 5	0.86 ACRES	\$7 <del>SOLD</del> 0
LOT 6	0.83 ACRES	\$69,000
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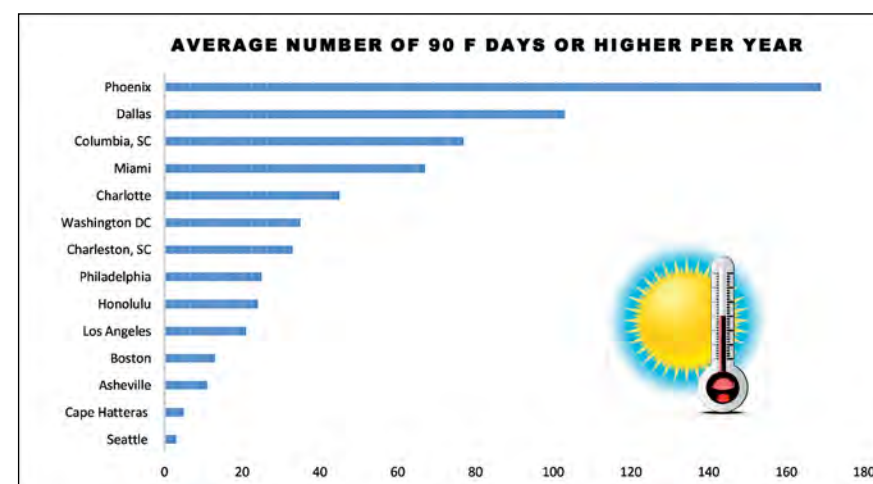
**7+ BEAUTIFUL, PRIVATE ACRES** in the Old Fort Road Community. Mature hardwoods, rhododendrons, mountain laurel, small stream. Long-range mountain views, multiple build sites. Call Susan Lytle 828.301.1410.

## WEATHER CORNER TOM ROSS

## Hitting 90° and Beyond

In last year's July column we looked at the highly variable number of 90-degree days that occur in Asheville each year. In terms of a warm summer, one measure is the number of days the temperature reaches or exceeds 90°F. In any given year, the number of days that temperature is reached is about 10 days or so. Looking at the records, we have also had some years with no 90-degree days; the last time that occurred was back in 2009. In fact, we have had four years since 2000 with no 90-degree days. In contrast, the year with the most days of 90 degrees or higher was 1952, with 32. The longest consecutive string of 90 degrees or higher was in 1977, with 16 days from July 6 through July 21, and our most recent string of 90 degrees or higher days was back in 1993 from July 3 through July 12.

We are going to revisit the 90°F benchmark in this column, but this time we'll look at it in just a little different way, by comparing the annual number of days the temperature on average equals or exceeds



Number of 90°F or greater for various US cities. As you can see, because of our elevation, we have several fewer 90° days per year than most cities up and down the Eastern seaboard. Phoenix, Ariz., takes the cake with nearly 170 days that the temperature equals or exceeds 90°F.

90°F. Most cities on the graph have records spanning longer than 50 years, so the data is fairly complete for most areas.

## June Trivia Answer

*What city or cities hold the record for the highest daily and monthly average temperature in July?* Actually, it is almost a three-way tie among Kuwait City, Kuwait; Ahwaz, Iran; and Death Valley, CA. All three locations have an average high of 114° to 116°F in July, with the average July nighttime low dropping to 86-88 or so. The daily average temperature is close to or a little higher than 100°F.

We will see what the rest of summer will bring in regard to the 90s, but on average, meteorological summer is defined as the three warmest months on average, which are June, July, and August, so we are now right in the midst of summer. One of the factors that can promote heat waves of 90-degrees-plus days is the lack of beneficial rainfall and afternoon thunderstorms. It's possible we could get into a pattern where the atmosphere is "capped," meaning warm and stable with a lack of daily showers and thunderstorms. This allows the solar

radiation to really warm us up, with little moisture and cloudiness to take the edge off the heat. In terms of moisture, we had a decent run of precipitation through May, but later in the summer our precipitation becomes more spotty and disorganized with most of the rain that falls coming from scattered thunderstorms rather than organized cold fronts. Last year in mid-June, we ran a deficit of four–five inches of rain, but this year, due to the wet spring, we have about a three-inch surplus; however, that situation can quickly change, depending on the specific weather pattern.

Next month, we will talk a bit more about the hurricane season of 2017. As we did last year, we had an early tropical storm in April 2017 and activity can crank up quickly in late summer.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

## July Trivia Question

Is there any truth to the weather folklore saying "every fog in August will lead to a snowfall the following winter?"

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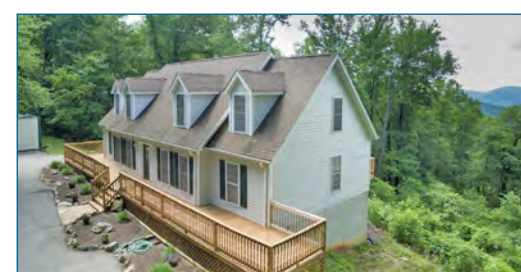
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## TO YOUR HEALTH ED REILLY

### My Aching Feet! Plantar Fasciitis

I got started on my road into the chiropractic profession when I developed a foot problem while training for the 1982 New York City marathon. I failed conventional treatments and had to stop training due to foot pain just six weeks before the race. I was referred to a sports injury-trained chiropractor, and he enabled me to run the marathon without any problems.

Plantar fasciitis (pronounced "PLAN-ter fash-ee-EYE-tus") is one of the most common causes of foot or arch pain. The plantar fascia is the flat band of tissue (ligament) that connects your heel bone to your toes. It supports the arch of your foot. If you strain your plantar fascia, it gets weak, swollen, and irritated (inflamed). Then your heel or the bottom of your foot hurts when you stand or walk.

Plantar fasciitis is common in middle-aged people, but it also occurs in younger people who are on their feet a lot, like athletes or soldiers. It can happen in one foot or both feet. Repeated strain can cause tiny tears in the ligament (fascia), and these can lead to pain and swelling.

#### Causes

- Your feet roll inward too much when you walk (excessive pronation).
- You have high arches or flat feet.
- You walk, stand, or run for long periods of time, especially on hard surfaces.
- You are overweight.



- You wear shoes that don't fit well or are worn out.
- You have tight Achilles tendons or calf muscles.

#### Symptoms

Most people with plantar fasciitis have pain when they take their first steps after getting out of bed or sitting for a long time. You may have less stiffness and pain after you take a few steps. Your foot may hurt more as the day goes on. It may hurt the most when you climb stairs, walk on concrete, or after you stand for a long time. Self-treatments for plantar fasciitis include cushioned insoles, icing, NSAIDs (non-steroidal anti-inflammatory drugs), and stretching. If these measures don't help, the next step is to consult a health professional.



Dr. Reilly is past president of the NC Chiropractic Association. [dreilly@fairviewdc.com](mailto:dreilly@fairviewdc.com), [fairviewdc.com](http://fairviewdc.com), 628-7800.

## TO YOUR HEALTH IRENE PARK

### Your Pharmacist Does What?

Chances are when you think of a pharmacist, you think of someone standing behind a tall counter: the Keeper of the Medications. For decades, this was the pharmacist's primary role. However, that role is changing, and you may now see your pharmacist more involved in your healthcare than you ever imagined. Pharmacists are now trained to offer unique clinical perspectives on healthcare to make sure medications are safe and effective.

Today's pharmacists complete much more education than you might think. Most earn a four-year bachelor's degree before starting pharmacy school. Nearly all pharmacy schools are an additional four years, with at least one dedicated to clinical rotations where students work with patients in community pharmacies, hospitals and doctor's offices. Upon graduating, students receive a Doctor of Pharmacy or "PharmD" degree. Ever heard someone refer to a pharmacist as doctor? That's why!

After pharmacy school, graduates can work right away after passing state license and law exams. However, it's becoming more common for pharmacists to complete one to two years of residency training, similar to physicians' residency training. This training prepares pharmacists to serve in clinical roles where they have more interactions with patients and physicians, and can develop a deeper understanding of medications, usually in a specialty area. This extra

training allows pharmacists to integrate into the patient's healthcare team to bring another level of quality to their care.

In the community pharmacy setting, more pharmacists are getting involved with medication management. They might meet with patients one-on-one to review meds for appropriateness, safety and effectiveness. These pharmacists communicate with doctors to ensure any issues are addressed.

In the hospital, pharmacists often serve on different teams, making rounds with doctors to make medication recommendations. Pharmacists in hospitals are often involved behind-the-scenes, working on complicated dose calculations and checking orders for appropriateness and safety.

You might also see pharmacists in your doctor's office. Pharmacists in this role meet with patients one-on-one to help with complex medication regimens, manage chronic diseases, and monitor high-risk medications. In North Carolina, many pharmacists in doctors' offices have special permission from the Medical Board and Board of Pharmacy to independently write prescriptions for certain meds, often helping to streamline patient care.

The role of the pharmacist is certainly evolving to help your providers in the ever-complicated healthcare system.

Irene Park, PharmD, MAHEC Family Health Center at Cane Creek

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Friendship

I recently went to the beach with my best friend (my wife) and 2 of our dogs. We enjoyed typical hot sunny days, one great rainy reading day and some cooler, breezy, clear days after the storms passed. We gave ourselves the gift of long beach walks, watched and listened to the crashing waves, splashed in the warm ocean water and explored a little beach town. It was not a time for productivity. It was a time for slow, special moments with my best friend and with my other best friend — whose name is Today.

This friend I call Today has contributed to my journey. Yes, the unit of time created by one rotation of this planet is my friend. I've heard the words "One day at a time" throughout my journey, but it's taken many of these units of time for me to learn to embrace each Today.

Friends (including Today) don't always act the way I thought they would. Some days I am not all that good a friend either, at least until Today and I find our rhythm once again.

I spent years without a full appreciation of the true power of a new day. I haven't always savored the unique tastes offered in each day, choosing instead to isolate myself in protective layers of routine. As I've learned to call

Today my friend, I've found it easier to be vulnerable to flesh and blood friends; this vulnerability can unlock the potential for serendipity and hidden richness. I can choose to be more present in the space between us. Attitude has a big impact on how the space between friends feels and how we all connect to Today.

One way of considering attitude is found in a Zen saying, "assuming the poise of a dying man." It is the poise of knowing what is important and what is not, of being accepting and forgiving. The idea is simple. Death or dying can help clear away the "who said what to whom" details of your journey so that you can focus on what really matters, gain perspective and become more present. The space between us becomes richer and access to what matters most increases.

An attitude of presence may also be accessed through the child inside you, who approaches each day with a sense of wonder and curiosity about what the day might bring. The challenge for each of us is applying wonder, curiosity and knowing what matters to this day. You must decide who your teachers, guides and examples will be when you wake up to Today.

Although days may seem similar, each one offers something new. If you

feel a need to be more present on your journey, you may want to try this personification ritual, (Personification means giving physical or human characteristics to ideas, thoughts or inanimate objects). You can give 1 minute or 30 minutes to a morning and evening ritual, whatever makes it possible for you to perform it consistently. This is the ritual to perform:

- 1 When you first put your feet on the floor in the morning, greet your new friend Today with a smile and words you'd reserve for a close friend.
  - 2 Remain with the experience until your friend Today smiles back at you.
  - 3 Use some of your waking moments to appreciate your friend Today.
  - 4 With your feet on the floor again as you prepare for bed, smile again at your friend Today and share a knowing moment as you let go and say good night.
  - 5 Repeat each day.
- You Are Here.*



Blair Clark is a Licensed Professional Counselor Supervisor and author of Answers to What Ails You (AWAY).

Friend's Smile

*No alarm clock sang a wakeup song  
before my feet touched the floor  
I'm just looking forward to seeing  
the familiar face of this shiny new morning  
I feel no sense of urgency, more a longing to reconnect  
to let the dawning day open me to possibilities  
warming myself in the surprise of this new friend's smile*

*I will create fresh ways to join this smile,  
to know each coming moment  
to write a new page of discoveries  
while embracing this friend called Today  
Each experience with this unit of time/friend  
will add to who I am*

*All Todays eventually wind down  
showing a different side  
with long shadows, sunset, and moonlight  
Each evening my friend tells me to  
let go of the lists, embrace the love  
and find a place to put any remaining fears*

*Slowly I will to surrender this day's impressive moments  
allowing myself to be tucked in by nature's joyous sleep  
I will meander through the darkness on jumbled dreams  
eventually opening my sleep-filled eyes  
placing my feet on the floor, ready  
to fill in another pristine blank page*

*I will open the coming day's gifts  
with the excitement of the child in me  
and the wisdom of a soul that has written many pages  
hopefully learning more ways  
to return this close friend's smile*

Are You Ready, Fairview? Goat Yoga: It's a Thing. Really.

Though I don't really consider myself a terribly trendy person, I do try to be aware of the new ones, if only to hang on to the tattered shreds of my youthful self — as if being in the know about such things will make me seem somehow more alive in general. (I'm now beginning to understand why my mother and her 90-something friends would tell each other "Look alert! The kids are watching!") And courtesy of my daughter, Alicia DiDonato, I've just recently discovered a hot **New Thing** that might just be a good fit for Fairview.

While I was visiting Alicia and her family last month in Mesa, Arizona, she casually mentioned that she was making plans for a babysitter for the upcoming Saturday so that she could go with a friend to a "Goat Yoga" class. "Excuse me, a *what* Yoga?" I said, certain that I had misunderstood or that it was an acronym for some new-mother exercise routine. (Why yes, I do have an absolutely adorable ten-month-old grandson, and thank you for asking.)

But no — it's goats. Goats and yoga. You bring your mats out to the goat farm, strike a pose, and the goats just hop on. The owners of AZ Goat Yoga socialized and trained the goats to interact with guests, opened their property to yoga and new-experience enthusiasts, and soon they were welcoming a hundred or more yogists per class. Goat yoga is therapeutic, they say, and helps relieve the daily stresses of life — "How can you be sad when there is a goat walking by?" A question for the ages if ever there was one.

By now you surely see where I'm going with this, Fairview. This seems like a perfect opportunity to get trendy! Chuck Campbell and Sarah York out at Moore's Pond Farm, those baby Alpine goats would look so pretty on top of a tower of yoga students... and why stop at goats? John and Annie Ager over at Hickory Nut Gap Farm, I saw a photo on your Facebook page of a whole crowd of cute baby piglets; two or three of them would easily add up to about one small goat for a Piglet Pile-on.

Now, I'm not going to consider here whether we actually *want* to be trendy. There are many downsides, we all know, to going viral these days. But it's still fun to know that if we wanted to — we definitely could!

*Note: all Goat Yoga pose names are the sole invention of the author and should not be blamed on the business owners, or the goats.*

Meowga — Yoga with Cats — July 15

Get your yoga on with Adi of Hot Yoga Asheville and...yep, CATS! All cats are available for adoption for free or at a greatly reduced price. \$10 minimum donation. Proceeds go to Asheville Humane Society. The class is 10–11am at the Humane Society in their conference room.

You must reserve a spot in advance, so sign up today! Contact AHS at 761-2001.



Alicia DiDonato and a yoga partner.



Alicia and friend Sarah Aber demonstrate the Goat Tower.



Primary position with one goat.



Another friend, the lovely and limber Dena Berg, achieves the Rising Goat Bridge position.

ALL PHOTOS: MEGAN CYR, CYRIOS PHOTOGRAPHY

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## Just ask these former patients!

Mark came to us with foot pain after he'd been to doctors and massage therapists who had no answers. Dr. Reilly diagnosed Mark with plantar fasciitis and heel spurs and recommended Graston Therapy and Class 4 Laser treatment. After only a week or so, he began to feel better. Great news, especially since he'd been seeking relief for nearly 2 years!

Carol came to us in immense foot pain after suffering for over 7 months. She could barely walk or manage her daily activities. After diagnosis of plantar fasciitis and heel spurs, she was treated with Class 4 Laser and Graston and she was pain-free and back to her normal routine.

Heidi came in with Achilles pain. She played tennis in spite of the pain but wanted to get a proper diagnosis and someone to correct it. After only half of her treatment program, she was nearly 100% better! She said, "I can't wait to get back out on the courts!"

**Class 4 Laser • Graston • PEMF**  
**Acoustic Wave • Rehab Orthotics**  
**Rock Tape • Manipulation**



## Make the Blue Ridge Green

I grew up in Florida, where the opportunity to see anything more than a couple of miles away was hard to come by. Real views had to wait for college in Virginia and then my time in the Army in Arizona. From the foothills of the Huachuca Mountains I could see Mexico to the south and Mt. Graham 85 miles to the north. Asheville air is not quite that clear. We are home, after all, to the Blue Ridge Mountains. Blame it on the trees.

The volatile hydrocarbons that the trees exhale condense into aerosols that scatter light. This scatter fills in distant shadows that would otherwise give the mountains their visual detail. Even clear air, however, scatters light, so that distant Mt. Graham in dry desert Arizona was still a pale blue on the horizon.

These scattering processes have two useful characteristics for photographers who want to take images of our mountains with greater distant detail. The first is that blue light scatters much more strongly than red light (which is why the Ridge is Blue as well as the sky.) The second is that much of the scattered light is polarized, meaning that its electric field oscillates predominately in one plane, particularly at 90° sun angles.

Let's start with simple color. A filter passing red wavelengths can block most of the blue scattered light, as shown in Figure 1, taken looking west from Flat Top Mountain in Fairview towards Rich Mountain 30 miles away in Brevard.

Every digital camera has built in red,

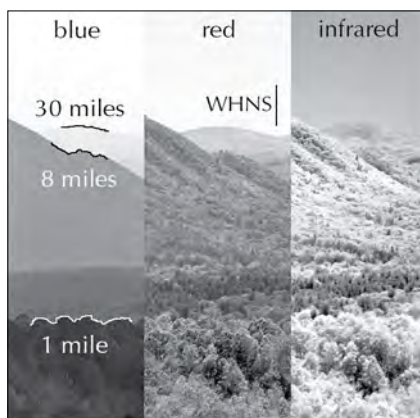


Figure 1: Effect of color

green and blue filters, which give us the RGB channels we can access in Photoshop. Looking at just the blue channel (the slice on the left) shows very little detail even in the relatively close ridge at 8 miles. The red channel, on the other hand, shows a lot of shadow detail at 8 miles and some in the intermediate ridges at 18 and 24 miles. Adding an infrared filter which only passes light at wavelengths longer than those in the RGB red channel reveals details even at 30 miles. It helps that leaves, especially of maples, are particularly reflective in the infrared, so that they appear white.

But we want a green Blue Ridge in a color photograph! For that we turn to a polarizing filter which can block the polarized scattered light and still pass the unpolarized

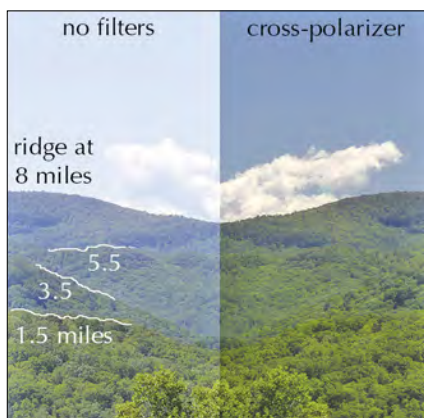


Figure 2: Effect of polarization

colored light from the mountainside.

In Figure 2 the left slice is an image without any filtering, taken looking south from Flat Top Mountain on a very clear day. Without the polarizer, the successive ridges at 2-mile intervals are still easily distinguished by an increasing blue haze.

The right slice shows the result with the polarizer, which has been rotated (in its slip ring) to an angle that minimizes the brightness of the blue sky for maximum scattered light blocking effect. The successive ridges are much more difficult to see and the white clouds stand out.

The latest version of Lightroom and Photoshop also have a new image processing filter which they call "dehaze." It can subtract different amounts of blue from

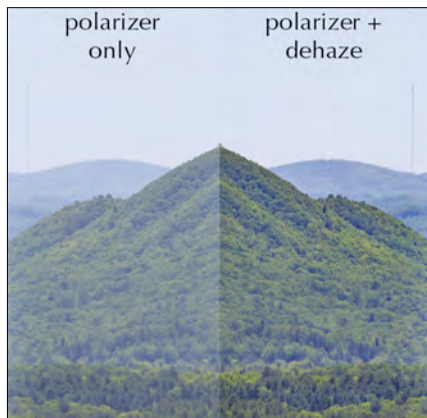


Figure 3: Effect of dehaze filter

different areas of the image.

This technique uses the darkest pixel in a local area to estimate the amount of light scattered into the camera along the path from the camera to that position in the scene. The trick is that even the deepest mountain shadows are not really black, so choosing the amount of blue to subtract includes a bit of educated guesswork. Note how much the contrast of the WHNS tower on the horizon has been improved. Try it out on your next Blue Ridge image. Make those ridges green.



Steve Fulghum holds a Ph.D. in physics from MIT. His work is in Asheville's River Arts District and at [stevefulghum.com](http://stevefulghum.com).

## Charles Robert Werle

Charles Robert "Chuck" Werle died in April at age 81. The Fairview Town Crier family is saddened at the loss of a wonderful author, friend, and dedicated volunteer labeler.

Chuck was born in Flint, MI, and was a journalism graduate of Michigan State University, and a member of Swannanoa United Methodist Church. He and his wife, Kathleen, had three sons, Jeff, Mark, and David.

After serving in the army, Chuck pursued a career as a sports writer and public relations professional. Before retiring to Asheville, he was voted outstanding public relations executive in Chicago by both chapters of the Public Relations Society of America (PRSA), served as President of the Chicago Chapter of the PRSA, and was later chosen for the PRSA National College of Fellows in 1992.

An avid golfer, in retirement Chuck completed a lifelong dream to play golf in all 50 of the United States (plus Finland, the United Kingdom, the Virgin Islands, and Canada). Chuck also enjoyed writing and completed two books: *From Tee to Green*, about golf in Western North Carolina; and *A Lifetime in Reverse: What's on Your Bucket List?* An active member of Swannanoa United Methodist, he faithfully served meals to needy families at the Welcome Table for many years.



Chuck loved sports and involved his family and friends in countless sporting events, and family vacations included memorable trips all over the country. Chuck really lived life to its fullest and shared much joy and many laughs with family and countless friends.

He is survived by his former wife Kathy, his sons Jeff and Dave, and his four grandchildren, Madison, Destiny, Hannah and Joe.

## ON THE ROAD: AUGUSTA, MAINE



To keep up with Fairview happenings, Aurora Keeler reads the Fairview Town Crier in Augusta, Maine, where she will spending the summer through Labor Day working as a travel nurse.

Thanks so much for taking us with you, Aurora!

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of Fairview

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Over 30 vendors!  
Saturday, July 15  
9am – 2pm

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## Sand Volleyball League Now Open

Summer is here, and what a better way to soak up the sun than with volleyball?

Buncombe County Recreation Services will host a Summer Sand Volleyball league open to adults of all skill levels. Competition is fun and friendly as teams go head-to-head to claim the title of Mountain Beach Volleyball Champions. Come be active, stay healthy, join friends, and meet others in this relaxed atmosphere.

Online registration is open through July 10 at [volleyball.buncomberecreation.org](http://volleyball.buncomberecreation.org). Registration is \$35 per person; fees include

a team shirt. Both individuals and already-formed teams may register; rules require that teams have a minimum of six players and that all teams have at least two female players on the court at all times.

Games are played on Tuesday evenings beginning July 11 at 6:30 pm on the Buncombe County Sports Park Beach (more reasonably known as the sand volleyball court).

For additional information contact Buncombe County Recreation Services at 250-4260 or [parks@buncombecounty.org](mailto:parks@buncombecounty.org).

## Free Tai Chi Classes Offered in Fletcher

Anyone can learn Tai Chi Practice, a gentle exercise that consists of sequenced moves practiced in a slow, continuous manner. Medical studies have shown up to 48% balance improvement, 15-20% gain in muscular strength with regular, ongoing practice.

A new class will begin Monday, August 7, 1:30 pm at Fletcher United Methodist Church, 50 Library Road in Fletcher. All classes are free for SilverSneakers members and one free Intro Class for others.

A \$5-\$10 donation is suggested for ongoing non-SilverSneaker participation. Attendees should wear supportive shoes and comfortable, loose-fitting clothes.

For more information call 329-9022 or visit [taichiforhealthylives.com](http://taichiforhealthylives.com).



## Outward Hounds Hike Club Lets the Dogs Out

Outward Hounds Hiking Club (OHHC) is a great way for the dogs in Brother Wolf Animal Rescue's care to get a break from the hustle and bustle of the adoption center, and get the necessary exercise to help them stay physically and mentally fit. It's also a great way for humans to stay fit and do a good deed at the same time.

The club meets every Wednesday, Thursday, and Sunday at 10 am at the BWAR adoption center at 31 Glendale Avenue. Popular destinations include Montreat's Rainbow Road Trail, Bent Creek, Lake Powhatan, and Carrier Park. Hikes are moderate to strenuous and usually three- five-miles long with a return around 1 pm.

All hikers must be at least 16 years old and 18 to hike with a dog of their own. Hike leaders will assign dogs based on hikers' experience and capabilities.

Before joining the club, hikers must complete a volunteer application at [bwar.org/volunteer](http://bwar.org/volunteer), and sign up for an orientation (must attend orientation within two months of your first hike). Participants also need to review guidelines and tips for club hikers at the OHHC Hike-Tip Sheet on the BWAR website.

Visit the Club's Facebook page or website for more information. Note: hikers must leave their own pets at home but will be giving a fabulous adoptable dog a day to remember!

## PARK RIDGE HEALTH EDUCATION SERIES presents "Dispelling Myths About Back Pain: A Good Life with a Bad Back."

If you have been told you need to "learn to live with your pain", this event is for you.

Park Ridge Health Neurologist, Laura Fleck, MD dispels the myths about lower back pain and shares her logical and practical approach to manage your symptoms and take back your life.

Thursday, July 27 | 6-7 p.m.  
Park Ridge Health Laurel Park

BACK PAIN IMPACTS 80% OF ADULTS IN THE U.S.

- Leading reason for missed work
- #2 Reason for doctor visits

Call 855.PRH.LIFE (855.774.5433) or visit [PRHevents.com](http://PRHevents.com) to register today!

**ParkRidgeHealth**  
FOUNDATION IN SPINE HEALTH

Once again I must say how much I appreciate the support of folks who have stopped by to say hello and check out this fairly new venture to create a central hub in our area. Of course, *The Fairview Town Crier* is the center of The Hub but there are quite a lot of other things going on here that keep evolving to make The Hub a "go to" place for our readers and our community.

Here's what's new:

**New Hours:** Monday–Friday, 10 – 5:30 pm — later, earlier or Saturday by appointment. Call us if you have a special need.

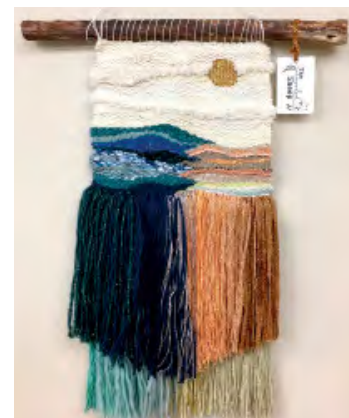
**The Town Crier:** Annie MacNair wears a lot of hats at the Crier. Annie has handled billing for two years but has taken on additional areas of responsibility including classified ads, subscriptions, donations and handling events that get posted into our monthly calendar. Annie can be reached Monday–Thursday at 628-2211. If you've got an event you'd like to get posted in the paper, the deadline is no later than the 15th of the month and info should be emailed to [events@fairviewtowncrier.com](mailto:events@fairviewtowncrier.com). If you're emailing Annie about other things, use [office@fairviewtowncrier.com](mailto:office@fairviewtowncrier.com).

**The New Blue Drop Box:** We at The Hub/Crier aim to make life as easy for our people as possible which is why we now have a bright, shiny, big blue dropbox on the outside wall. If you're an insomniac and want to drop something off at 2am, just use the box. We check it every morning. We also have

a newspaper display box outside so you can pick up a copy any time of the day or night. And really, qe've heard some people still don't know where we are. We are here.



**The Hub Art Gallery:** The gallery is hung with some awesome new art, all by local artists of course. We're thrilled to have pieces by four different artists of Trackside Studios in the River Arts District plus quite a few other local talents. You'll have to stop by and enjoy a Zen moment of two in the gallery. It's good for the soul and you just might find the perfect piece to enhance your home. Note: Due to almost everyone running off to the beach, cooking out or just hanging out in their hammocks, The Hub will not have Second Friday in July. We'll likely be back with it in August.



### The Hub Meeting/Event Space:

We've got a few workshops booked that will be great fun. On **Sunday afternoon, July 23, 2-4pm**, Jenny Riddle of The Unravelled Sheep is offering a Beginner's Weaving Class. It's too good to be true but the fee of \$35 covers a loom, yarn, instructions and even a cute craft bag to hold your project. Jenny's weavings are at The Hub and here's a sample of her work. See the Calendar page 3 for how to register. I'll be taking this class for sure.

And new to The Hub... we're now selling DoTerra Essential Oils. There's a sampler group so you can smell them before buying. And if you're nt sure what to do with essential oils, mark your calendar

for **Thursday, July 27 at 7 pm**. Marie Forney of Marie's Essential Oils and Aromatherapy is offering a fre class at The Hub on the "Benefits & Uses" so you can learn of all the magic EO's can provide for wellness.

The room has seating and tables for up to 30 people, or an executive meeting set up for 6–10. It's just \$25 per hour or can be rented by the half day or full day (or evening). Email [thehuboffairview@gmail.com](mailto:thehuboffairview@gmail.com) or call 628-1422 for booking and information.

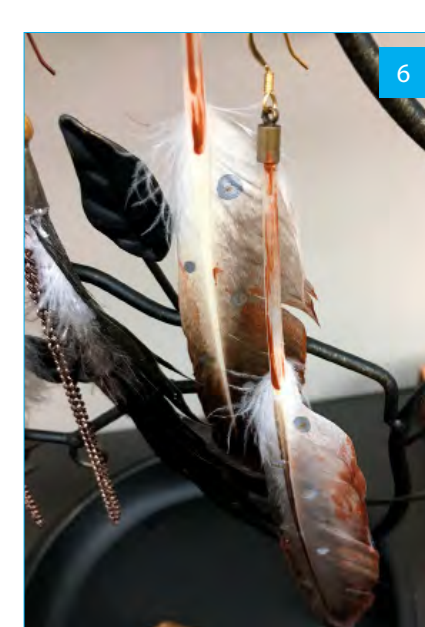
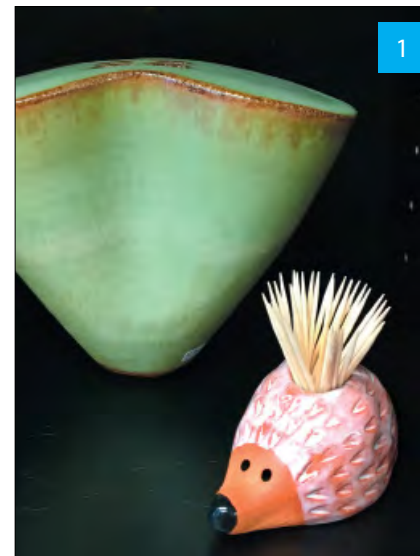
**The Hub Business Center:** Doing lots of cool design and printing jobs lately. Outdoor signs for Drover's Road Preserve, an intricate form for a local medical practice, postcards for Cool Mountain Realty, and new business cards for quite a few. Here's a few samples. If you don't know what you need or want, I can help. Been a marketing pro and graphic designer for X#&? years now so I've got a lot of experience.



Also, we can now offer a really cool product... jigsaw puzzles made from your favorite photo. We can make them with fewer pieces or create a real puzzle that will take some time to put together. Can't wait to get my first order in on one of these. Great birthday, wedding, baby or just about any-time gift.



**The Hub Gift Shop:** Bill Scobie, our computer guru, was in last week and noticed we had different things than the last time he was at The Hub. "Well, yes, Bill," I said. "The Hub gets new merchandise weekly and sometimes daily." "Who knew?" he exclaimed. Well, now everybody knows. We do move things around a lot but really do get new things all the time. Our jewelry artists routinely bring in new things, take out others that have been here for a bit. Same goes for our other products. So rather than go on and on with a lot of words (just like an editor isn't it?), let's look at some pictures!

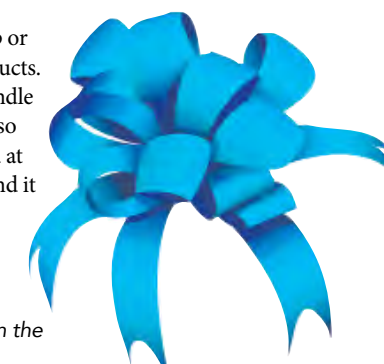


1. Patricia Van West makes these adorable hedgehog toothpick holders, and 2. firecracker vases. That's right, she puts a firecracker in the pot and blows it up before firing! 3. Lee Pantas' new book and time-less guide and other local author's works. 4. We now have Inladris Farms jams, too. 5. Need a quality one-of-a-kind wallet or leather bag... Flossy's are amazing. 6. And a new jewelry artist, JL Rogers touches her Native American heritage in everything she creates including hand-painted feather earrings.

**The Hub Gift Baskets:** We can gift wrap or make a gift basket or box with any of our local products. You can add some of your own things or we can handle it all. We've also got several new lines of local cards so you'll be all set with the "one stop shopping" offered at The Hub. Our motto of the day... "Put a bow on it and it becomes special!"

Stop by if you haven't already. And by the way, we even have farm fresh eggs most days.

The Hub is located at 1185-G Charlotte Highway in the Americare center, 628-1422.





# NC Insurance Commission Awards High Rating to Fairview Fire Department

On June 19, North Carolina Insurance Commissioner Mike Causey visited the Fairview Fire Department to offer his personal congratulations to the firefighters, Chief Scott Jones, staff and board members on achieving a Class 3 District fire suppression rating.

Ratings range from 1 to 10, with 1 the highest possible. Of the 1,531 fire departments in North Carolina, only 61 have a Class 3 rating; in Buncombe County only Skyland, Asheville, and now Fairview Fire Departments are rated Class 3.

"I'd like to congratulate Chief Jones for the department's performance and for the hard work of all the department members," said Commissioner Causey. "The citizens in the Fairview Fire District should rest easy knowing they have a fine group of firefighters protecting them and their property in case of an emergency."

The ratings are decided based upon the State Fire Marshal's required regular inspections. Among other things, the routine inspections look for proper staffing levels, sufficient equipment, proper maintenance of equipment, communications capabilities and availability of a water source.

**Class 3 Rating Leads to Lower Insurance Rates**

In an earlier letter to Chief Jones, Commissioner Causey commended the department for their dedication and commitment to making "your community a safer place to live." He also emphasized another important



**"The citizens in the Fairview Fire District should rest easy knowing they have a fine group of firefighters protecting them and their property in case of an emergency."**

**—North Carolina Insurance Commissioner Mike Causey**



ant aspect of the higher rating: it can significantly lower homeowners' property insurance rates in that fire district.

"Citizens may not be aware that the rating of their responding fire department directly impacts their property insurance calculations," Commissioner Causey said. He reiterated during his visit that homeowners in the FFD responding area should alert their insurance providers to this change.

Fairview Fire Chief Scott Jones emphasized that gaining the higher rating was a team effort: "We could not have accomplished this without the hard work and support of our Command Staff, paid and volunteer staff, Board of Directors, Support Ops Team, our Mutual Aid Departments and most importantly, the Fairview Community. Our staff, in conjunction with our Board of Directors, worked very hard in preparation for this inspection."

Chief Scott continued, "The Fairview Community has a Fire Department that they can be proud of! The Board of Directors work extremely hard to improve many aspects of the department, as well as continually being good stewards of the department funds. Our

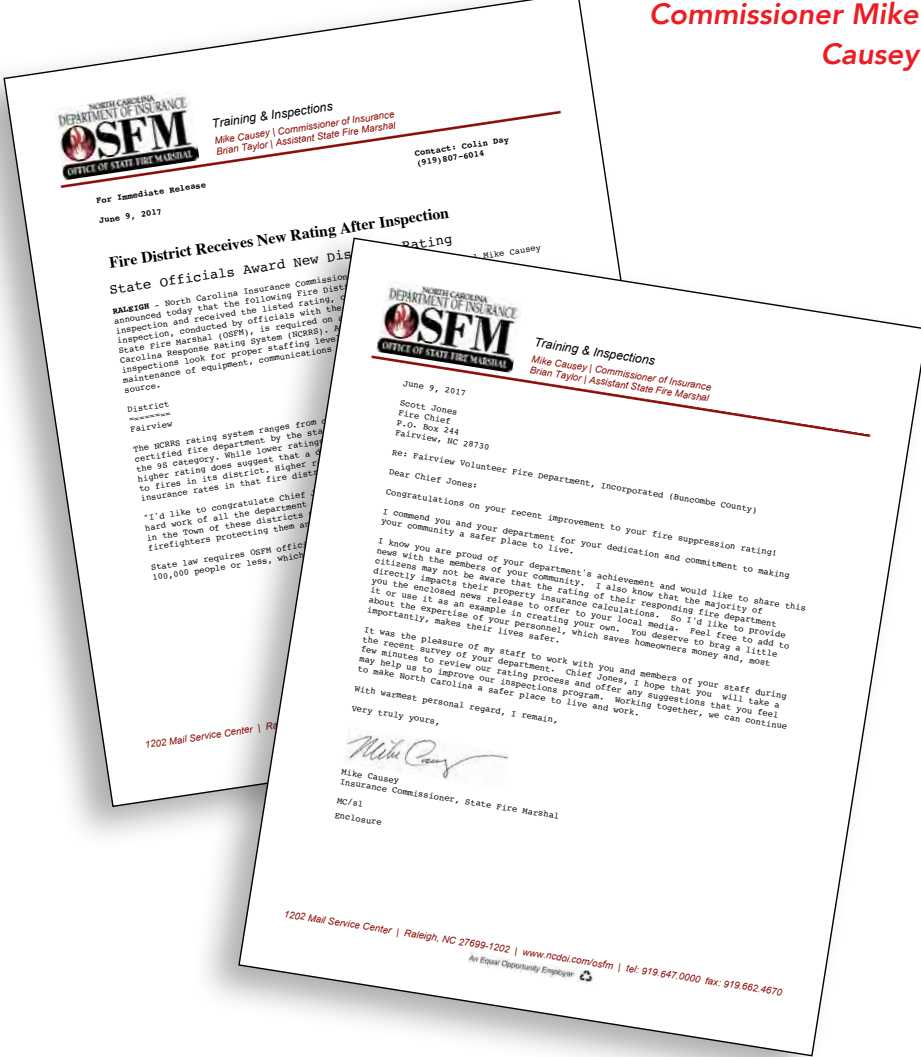
paid and volunteer staff work very hard, day in and day out, with inspections, training, maintenance, etc. in order to maintain and improve our ISO Rating, as well as improving our services to this community."

**Community Support**

The Chief added, "I am very honored and proud of everyone who worked very hard for this new and improved ISO Rating. This new ISO rating will reduce Insurance Premiums for many properties in the Fairview Fire District. We want to thank the Fairview Community for your continued support."

Commissioner Causey stayed to talk a while with the firefighting team, staff and board members, commending them further on their support during the recent fires.

Several board members recalled the base camp's request not for water but for "socks and towels" and the Fairview community's quick response to those needs. After sampling one of Ruth & Ranshaw's wonderful cupcakes and posing for a photo with the FFD family, Causey headed back to Raleigh, leaving a justifiably proud and deserving group of dedicated fire professionals to continue their essential work.



1. NC Insurance Commissioner Mike Causey congratulates the FFD
2. Commissioner Causey, center, with the FFD team
3. The Fairview Fire Department team.
4. Commissioner Mike Causey talks with Tony Robinson, Fire Rescue Training Supervisor from Gastonia, and Fairview Fire Chief Scott Jones.
5. The commissioner detailing a conversation for Fire Department Admin Monica Lytle.

PHOTOS BY BARRY SMITH, NC DEPARTMENT OF INSURANCE



**Garren Creek VFD Receives FEMA Grant**

The Garren Creek Volunteer Fire Department is pleased to announce the award of a FEMA Assistance to Firefighters Grant.

The FEMA grant will allow the Garren Creek VFD to acquire a new self-contained breathing apparatus (SCBA).

The SCBA equipment will provide important safety protection for firefighters and will be compatible with the apparatus used by other county departments.

Use of the SCBA equipment will allow automatic and mutual aid among the departments — a vital component of Buncombe County's successful firefighting efforts.



Fairview Students Achieve UNCA Chancellor's and Dean's Lists

Congratulations to the following students from Fairview whose grade point averages have placed them on the Dean's and Chancellor's honors lists:

Chancellor's List

Katie Alexandria Ownbey  
Matthew P. Rose  
Melinda Kaye Schueneman

Dean's List

Andrew Samuel David Allen  
Jessica Ann Hooker

Rachel Nicole Killian  
Aaron Ries Kohatsu  
Logan Keith Ponder  
Megan Elizabeth Russell  
Brittany Paige Weber  
Sara Elizabeth Williams

The Chancellor's List is made up of full-time students who have achieved a 4.0 grade point average. The Dean's List is made up of full-time students who have achieved between a 3.5 and 3.99 grade point average.

May UNCA Graduates from Fairview and Gerton

The following students from Fairview and Gerton graduated from UNC Asheville in May:

Fairview

Matthew P. Rose Bachelor of Science in Accounting, Minor in Management, Summa cum laude, Distinction in Accounting

Brittany Paige Weber Bachelor of Arts in Sociology, Distinction in Sociology

Gerton

Rhiannon Joline Brown Bachelor of Science in Chemistry

Kevin Nicholas Carballo Bachelor of Science in Music Technology

Sarah Caitlin Carballo Bachelor of Arts in Mass Communication, Minor in Environmental Studies

TRICK/PUZZLE | GREG PHILLIPS

Can you walk through a piece of paper?

This is more of a puzzle than a magic trick, but it's fun to do. The magician asks the audience if anyone thinks he can cut a piece of regular paper with a hole big enough for him to walk through.

Then the magician snips a piece of paper along the lines on the template (he can either use the template or memorize the snips) and walks through the giant hole that's created!

NOTE: I suggest that even if the magician memorizes the snips, he or she still have a printed template handy, just in case they forget when they're in front of an audience.

Supplies

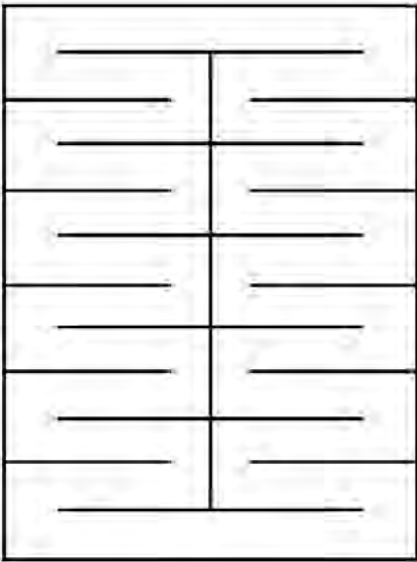
- piece of paper (construction paper works well as it's a bit sturdier) with or without the template printed on it (depending on if magician memorizes the snips)
- scissors

Preparation

Print out the Template and practice snipping it, stretching it out and walking through it a few times.

Performance

Ask the audience if they think you can cut a hole large enough to walk through



in a regular piece of paper. Cut the template out as quickly as possible (you don't have to be perfectly on the lines. Stretch the paper apart carefully and walk through it. You can hand the template out to the members of the audience so they can try it too!

Greg Phillips is a professional speaker, magician and comedian. Contact Greg@GregPhillipsMagic.com or MountainMagicAcademy.com

Congratulations to Adelaide Grindle



Adelaide C. Grindle, Agriculture/Equine Business Management and Veterinary Medicine.

Adelaide Grindle is proud to announce that she completed her freshman year at Isothermal on the Dean's List. "I would like to thank everyone for their love and support while I follow my dreams and continue my education in Agriculture/Equine Business Management and Veterinary Medicine. A special thank you for financial support to Gerton Community Scholarship Foundation, Community Foundation of Hendersonville, Robert and Vivian Edwards Scholarship Foundation and my family," wrote Adelaide.

School Nutrition Matters in Buncombe County

School lunches get a bad rap. But can you imagine if it were your responsibility to make sure that over 24,000 students get a healthy breakfast and lunch five days a week so they can focus on learning? It's a big job, and one of the most important in our school system.

The School Nutrition program was a recurring theme at our June 1 Board of Education meeting, beginning with Dr. Tony Baldwin's Superintendent's comments. Dr. Baldwin reminded us that when the school year nears its close, principals become more concerned about unpaid lunch debts and seek ways to help families remember to pay off these balances before the end of school. These debts can truly add up in a school system as large as ours: as of June 1, the total unpaid meal debt district-wide was \$42,459.

The principal at Haw Creek Elementary recently announced that in order to participate in Field Day, students must have paid off any balance in the cafeteria. This announcement led to controversy, and the principal and parents worked together to make sure all students could participate in Field Day after all. Dr. Baldwin addressed this situation directly, saying "I believe that I speak strongly for this board and our district that we must identify strategies to recover the unpaid meal debt that do not put students in the middle." He went on to point out "the significant amount of time and effort our principals and staff spends

to contact parents regarding this legal debt," including helping families complete the necessary paperwork to receive free or reduced price meals. Dr. Baldwin also thanked the many nonprofit organizations and churches that help our families in need.

School Nutrition next came up during the Good News portion of the School Board meeting, with the announcement of several awards. First, it was announced that four elementary schools in Buncombe County earned the School Nutrition Golden Key Achievement Award; winners were Barnardsville, Leicester, Estes, and Weaverville Elementary Schools. This is a state award designed to recognize great accomplishments in a single school cafeteria. It honors nutrition programs that maintain high quality and align with USDA standards and professional development for cafeteria staff.

Next, Director of Child Nutrition Lisa Payne informed the Board that the USDA recently announced its gold and silver "Turnip the Beet" winners, national recognition for programs that offer healthy meals during the summer months and go above and beyond to ensure their meals are both nutritious and appetizing. Only 41 programs across the country received this award, and Buncombe County was one of only ten in the nation recognized at the "Gold" level of excellence.

Free summer meals will be available at 20 sites in Buncombe County this year, including Spruce Hill Apartments in the Reynolds

District, where they will offer lunches from 12:15-1 pm Monday through Friday. "Buncombe County Schools is excited to begin our summer feeding program June 14, 2017," Payne said. "We are proud to partner with our community and state partners to ensure that no child in Buncombe County is hungry. Feeding children in the summer helps to guarantee that they return to our school system nutritionally sound and ready to learn." Thanks to the No Kid Hungry free texting service, anyone interested may text "Food" to 877-877 to receive a return text with information about Summer Meal sites nearby. Please help get the word out about this vital program!

Finally, during the Action portion of the agenda, the Board of Education voted to increase lunch fees by ten cents for the 2017-18 school year. This brings the full-pay price to \$2.45 at the elementary level and \$2.75 or \$3.20 (for "extreme meals") at our middle and high schools. This increase was necessitated by the USDA, which requires school nutrition programs to generate enough revenue to pay their costs. Free breakfast will still be offered to all students across Buncombe County, and reduced price lunches will remain at \$0.40.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

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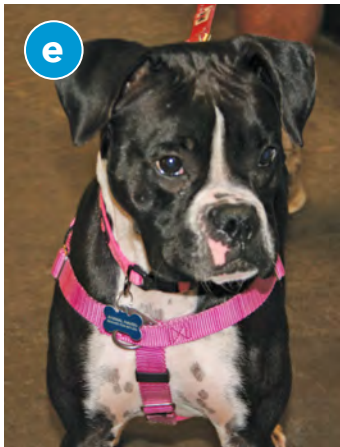
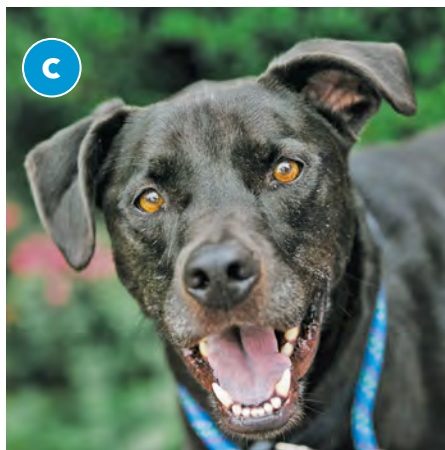


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## ADOPT ME!

**a. Benjamin** is an orange and white domestic short-haired cat, a big boy — about 16 pounds and six years old, a settled adult cat with many years of companionship ahead. He is FIV positive so he would have to be an indoor-only cat in a home where there are no dogs or other male cats. *Brother Wolf*

**b. Zoe** is a one-year-old spayed female black and tan Doberman mix, on the large size but just as friendly as can be. She is in the summer class of the New Leash on Life program. *Animal Haven*

**c. Boss** is a handsome six-year-old Retriever mix whose previous owners could no longer keep him. He lived well with other dogs. *AHS*

**d. Quill**, a sweet little 10-month-old male guinea pig, currently resides in a loving foster home. Contact Hilary at [ulti25@gmail.com](mailto:ulti25@gmail.com). *Brother Wolf*

**e. Riley** is a 3-year-old female spayed Boxer, a friendly and happy wiggle-butt eager to please and loving to cuddle up. She's in the New Leash on Life program. *Animal Haven*

**f. Frank the Tank** is a very food-motivated little pig. He's working on trusting humans and can be petted while he is eating. He loves his foster home's dog and cat and is being litter box and crate trained. Contact Julie at [Jewlz4884@gmail.com](mailto:Jewlz4884@gmail.com). *Brother Wolf*

**g. Professor Puffy Pants** is looking for a permanent place to strut his stuff. *AHS*

**h. Ariel** is a lovely calico domestic short-haired kitten born on March 26. She's a little shy but is very sweet. *Charlie's Angels*

**i. Lucky** is about nine, a solid guy weighing 90 lbs. He is leash and crate trained, smart and gentle. He likes to take slow walks and cuddle. He'd do best in a home with older, considerate kids because of his size. *Brother Wolf*

**j. Bugsy** is a nine-month-old neutered male Terrier mix, a short stout guy weighing in at 39 pounds. He's in the New Leash on Life program. *Animal Haven*

**k. Goddess** is a five-year-old female terrier mix who arrived at the shelter as a stray. The volunteer groomer found her to be friendly, cooperative for grooming, and trusting, coming right to the front of her doggie condo to greet the groomer and snuggling with her. All in all she seems like a well-socialized little dog who likes to be with people. *AHS*

See page 4 for Pet Events

### Local Animal Shelters and Rescue Organizations

**Animal Haven of Asheville**  
299-1635  
[animalhaven.org](http://animalhaven.org)

**Asheville Humane Society**  
761-2001  
[ashevillehumane.org](http://ashevillehumane.org)

**Brother Wolf Animal Rescue**  
885-3647  
[bwar.org](http://bwar.org)

**Charlie's Angels Animal Rescue**  
885-3647  
[wncanimalrescue.org](http://wncanimalrescue.org)

## YOUR PET DEAN HUTSELL

### Beware of Snake Season

Our mountains are home to a large wildlife population; two venomous snakes, rattlesnakes and copperheads, are part of that population and they pose a risk to us and to our pets. If we are aware of the risk of a possible snake encounter, we can be prepared by being proactive.

Snake habitat is everywhere and snakes blend well with their surroundings. Because they blend so effectively with their environment, rattlesnakes and copperheads are difficult to see, and an animal can have an accidental encounter with little or no notice. Rattlesnakes have a rattle on their tail that gives a distinctive warning when threatened

and thus warns intruders of their presence. This warning is to let the intruder know to back off and leave the area. A copperhead, however, gives no warning of its presence, and when threatened it will strike and deliver a bad bite.

#### Taking Precautions

Many people and pets have had to learn from experience about venomous snakes; to avoid such a painful learning experience, educate yourself regarding these two snakes and take precautions to avoid bites. Try to minimize places around the home that snakes may find attractive — brush piles, rock piles and weedy areas all provide a



protective cover, and gardens of all types provide a home for snakes. Wear protective clothing and use a stick or tool to move vegetation away when working in these areas.

#### Rattlesnake Vaccine

The rattlesnake vaccine, *Crotalus Atrox toxoid*, is a preventive vaccination given initially in a two-dose vaccination series. The first vaccine is followed by a second vaccine 30 days later; a yearly booster is also recommended. In some cases, a pet may receive an additional dose four to six months into the year depending on the area's climate. The vaccination stimulates a pet's immunity and will lessen the effect of the toxins in snake venom. The rattlesnake

vaccine also gives cross-protection for copperhead venom.

Strongly consider this preventive vaccine for your pet if it is at risk.

#### Update Regarding Canine Flu

The virus has surfaced once again in North Carolina and it is recommended that all dogs that travel with other dogs, attend dog shows, frequent dog parks or go to day care or boarding facilities receive a preventive vaccination. Contact your veterinarian regarding this and other preventive vaccinations.

Dean Hutsell is a Doctor of Veterinary Medicine at Fairview Animal Hospital.



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Ted Wright, DVM  
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## Fairview Vacation Bible Schools

**Emma's Grove Baptist Church** will host a summer fun Kids Camp VBS the week of July 11-14 from 6-8:30 pm.

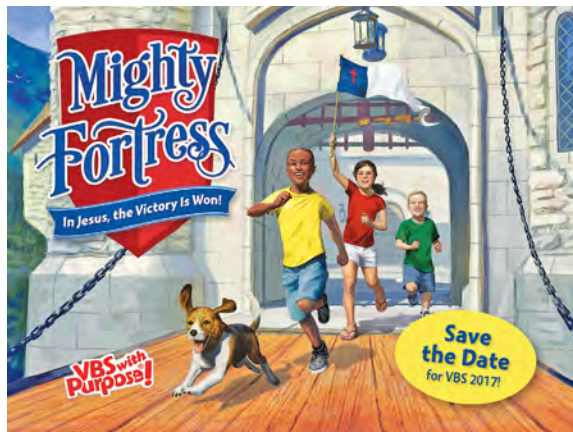
The theme will be "Where Kids Build Their Lives On The Rock: JESUS!" All are invited to join the fun at Emma's Grove Baptist Church, 417 Emma's Grove Road.

For more information, call 628-1953, email inquiries@emmasgrovebaptist.org, or visit Facebook.

**Fruit Of Labor Worship Center** will host "In Mighty Fortress" VBS, where children will learn that in Jesus, the victory is won. They'll look into the Bible and explore five Bible accounts about God, our Mighty Fortress, and the victory Jesus has won for all.

Registration is open for grades K-5 and ages three through five, through Sunday July 23-Friday July 28, 6-8 pm, at 611 Emma's Grove Road. Bible schoolers will sing fun songs, do crazy crafts, eat yummy snacks, play awesome games and more.

For more information, visit Facebook or call 231-6068.



## Free Meditation Programs in Fairview



Meditation can help alleviate stress, reduce strain in relationships and bring about better physical health. Each year people in the Asheville area are offered the rare privilege of meditating with Sri Sri Sri Shivabalayogi from India. Swamiji, as he is called by those close to him, is a true Yogi whose mission is to introduce people of all faiths to meditation. Swamiji offers his meditation programs as a friend without any personal obligation; no one needs to leave their own spiritual practices or change their lifestyle. He simply encourages one hour of Meditation daily.

Meditation programs in Fairview will be conducted on Sunday, July 16, 6pm at Dhyana Mandir, 70 Cedar Mountain Road. Sessions will also be held in Asheville on July 13 and 15.

All meditation programs are offered free of charge. They include a brief introduction, one hour of meditation, singing spiritual songs, arthi rituals and an opportunity to speak with Swamiji individually to receive his blessings and guidance.

To learn more about Swamiji and his meditation tour events visit shivabalamahayogi.com. For information about local programs call Carla at 299-3246 or Jana at 329-9022.



## The Lord's Acre Share-the-Harvest Market Now Open

The Lord's Acre Share-The-Harvest Free Market has opened for the season on a limited basis. The Market is held on Saturdays from 10am-12 noon next to the Fairview Library.

For this sharing market, gardeners from anywhere are encouraged to donate extra food they've grown. Donations may be brought by the market before 10am on Saturdays or ahead of time by visiting thelordsacre.org/connect-with-us/ and making arrangements.

Vegetables, herbs, flowers, fruit — all donations are welcome. Gerton, Fairview and Reynolds folks — EVERYONE — ANYONE — all are invited to stop by and pick up a bit of produce from your neighbors.

As the garden progresses and more produce is available the Market will grow to its full size. Any home gardeners who have extra produce are welcome to bring their extras to share at the Market as well.

## Council on Aging Offers Heat Relief for Seniors

The annual Heat Relief program at The Council on Aging of Buncombe County is now open, and the Council has fans for distribution.

Fans are available to any Buncombe County resident aged 60 and older or to persons under age 60 who have a disabling health condition.

A very limited number of air conditioners are also available. A doctor's note indicating a medical reason for an air conditioner is required.

To request a fan or air conditioner, call the Council on Aging at 277-8288 and ask to speak with Ed Dennis.

For more information on The Council on Aging and various programs and resources available to seniors, visit their website at www.coabc.org.



## Food For Fairview's New Executive Director Jeff Cole



Food for Fairview is pleased to announce the appointment of Jeffrey H. Cole of Fairview as its new volunteer executive director.

Jeff is a native of central Illinois who retired with his wife to the beautiful mountains of Western North Carolina in 2010. Prior to retirement, Jeff spent more than 30 years in the banking industry. In retirement, he enjoys playing basketball in an over-50 league at the YMCA, working on home improvement projects, and for the past two years, volunteering at Manna Food Bank. He looks forward to meeting and working with all of the generous donors, local businesses, and volunteers who make Food for Fairview such a special part of our community.

Food for Fairview is a Tax Exempt 501 (C) (3) Corporation. For more information, please call 628-4322 or email food4fairview@gmail.com.

**Fairview Christian Fellowship**  
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## Living Within Conserved Lands — What’s it Like?

Living within or surrounded by conserved land provides certain advantages — like protected views, stable slopes and places to enjoy outdoor recreation. Conservation easements aren’t just for animal habitat or agricultural crops — the natural amenities they protect help enhance quality of life for landowners and neighbors alike.

“It’s like living in your own national park, with the hiking trails and wildlife,” says Allen Little about living in the Drovers’ Road Preserve community, which contains 110 acres protected by conservation easement with the Southern Appalachian Highlands Conservancy (SAHC). “It’s very serene. We frequently see wildlife, and being able to go hiking without having to drive somewhere is very special.”

Allen and his wife Jill built the first home in Drovers’ Road Preserve and have particularly enjoyed the central concept of the community — keeping it natural. Since 2003, SAHC has protected the common areas of the community, including a diversity of plants, wildlife habitat and seeps and creeks totaling 14,449 linear feet of stream corridor.

### A Community Planned for Conservation

“The amount of land under conservation easement and the way the home sites are clustered make this a good example of a developed conservation community,” said Hanni Muerdter, SAHC’s Conservation Planning and Stewardship Director. “Water runoff management features, like bioswales (landscape elements designed to concentrate or remove silt and pollution from surface runoff water), were integrated into the design, and the residents are acting as

**“I’ve got this land and feel responsible for using it in a productive manner. It’s a win-win for everyone. We love it and intend to keep the property the way it is.”**

**—Chuck Schwarz**

good land stewards by being conscientious about addressing things like invasive species and modifying their trail system to improve water quality.”

The conservation easement on the Drovers’ Road Preserve protects particular “conservation values” (property features that are important for conservation purposes) including Carolina Hemlock bluffs (Carolina Hemlock is a rare watch list species), riparian corridors, Chestnut Oak Forest with potential old-growth trees, five NC Natural Heritage Watch List species, floodplain soils and cultural remnants which provide a connection to the past.

Here, the focus on nature and the natural amenities of the land, rather than constructed amenities, encourages residents to take time to appreciate and enjoy their surroundings. “The way they incorporated natural rock and stone, and have been very careful with preserving trees, makes for a very secluded, comforting feeling,” says homeowner Mick McClung. “You can enjoy views and wildlife watching from the observation tower, or get really amazing views from the overlook at the very top of the property.”

After considering a number of places, Mick and his wife chose to live in Drovers’ Road Preserve because of the ‘back-to-nature’ amenities — simple but significant for those who enjoy the out-of-doors. He particularly appreciates the trail system designed within the common area. Within Drovers’ Road Preserve, individuals can create their own hike combinations because the trail system consists of a series of interconnected trails, not just individual walking paths. “I put in steps down from my backyard right to the hiking trails, so I can step outside and just start hiking. It’s beautiful,” he says. “We can hike for miles, and there are a variety of trails — ones that I find challenging as well as more accessible, par-



Hikers overlooking the protected lands including Drover’s Road Preserve.



The original entrance to Drover’s Road Preserve on 74A near Hickory Nut Gap Farm. Hiking trails extend up the mountain.

tially paved trails. It’s an amazing resource, and well worth it.”

That’s high praise coming from McClung, who has also hiked in the Great Smokies, Germany, Italy, and the Himalayas. He finished hiking the Appalachian Trail last year, completing the world-renowned scenic trail in sections over the past eight years. He describes it as an amazing experience, despite almost dying in a freak ice storm on Mt. Lafayette with 100-mile-plus winds and blowing rime ice.

### Appreciating Conservation for the Views

Chuck and Jane Schwarz relocated to the Fairview area from Houston and purchased one of the remaining farms of what once was the Kirstein Farms on Kirstein Road and Garren Creek Road.

“We were ready for a change,” says Chuck. “It’s lush and green, the people are friendly, and we fell in love with it here.” One of the reasons they chose to purchase the farm was because of the spectacular view of surrounding

protected lands. SAHC holds conservation easements on almost 500 acres on Little Pisgah Mountain.

“The view from my house is pretty spectacular,” adds Chuck, “It looks up at Little Pisgah and down to the valley. It’s so dynamic to look at — just amazing all year round. For it to have been developed would have spoiled it.” They deeply appreciate the fact that much of the surrounding landscape has been permanently conserved, and also wanted to help maintain the rural, agricultural character of the area. It was important to them to keep the farmland in agricultural production, and they allow three-four acres of the farm to be used by Greg at New Moon Herbs.

“I’ve got this land and feel responsible for using it in a productive manner,” says Chuck. “It’s a win-win for everyone. We love it and intend to keep the property the way it is.”

This sentiment is clearly shared by all these landowners, and it bodes well for the future preservation of these ancient and beautiful mountain lands.



One of the natural bridges at Drover’s Road Preserve.

### The Green Growth Toolbox Helps Grow Greener Communities

According to the North Carolina Wildlife Resources Commission, North Carolina is facing unprecedented population growth, with an expected 3 million new people moving to the state over the next 20 years. In light of this prediction, North Carolina’s challenge is to build nature-friendly communities that conserve wildlife habitats alongside new development. This is a challenge that planners, developers, and biologists must meet together. Green Growth is a nature-friendly way of developing communities. It means protecting a community’s important natural assets while building new homes, businesses, and shopping centers.

The Wildlife Resources Commission’s Green Growth Toolbox offers some solutions for the rapid loss of forests and fields — including suggestions on meeting the challenge to “build nature friendly communities that conserve wildlife habitats alongside new development.” Local land use policies that balance natural resource protection with land development will create communities that, fifty years from now, are attractive, sustainable, and desirable places to live.

The Green Growth Toolbox is a technical assistance tool designed to help communities plan for growth in a way that will protect important species and habitats, generate economic and social dividends and enhance recreational opportunities. The Toolbox consists of a handbook, GIS dataset, and website that will help communities

- understand where important wildlife habitats are located in a community;
- create land use plans and policies that balance future development with natural resource protection; and
- design development projects that will protect wildlife habitat alongside built areas.

Local governments and partners can sign up for a daylong training workshop and request technical guidance on topics such as creating habitat conservation maps,

integrating green growth goals and objectives into land use plans and designing nature-friendly development projects.

To learn more about Green Growth and the Toolbar visit [ncwildlife.org](http://ncwildlife.org) or email [greengrowth@ncwildlife.org](mailto:greengrowth@ncwildlife.org).



Mick McClung, president of the Drovers Road Preserve POA. Photo by Hanni Muerdter



Everyone benefits when conscientious land owners work with conservancy groups to protect not only the history but the future of their land.

For information about Fairview land in conservancy, read past articles available at [southernappalachian.wordpress.com/tag/drovers-road-scenic-byway/](http://southernappalachian.wordpress.com/tag/drovers-road-scenic-byway/)

For information about available lots at Drovers Road Preserve, contact Christie Melear, 776-1986 or Carol Flisk, 674-0441 of Beverly-Hanks & Associates.

### ABOUT SOUTHERN APPALACHIAN HIGHLANDS CONSERVANCY

Since 1974, the Southern Appalachian Highlands Conservancy has protected over 69,000 acres of unique plant and animal habitat, clean water, farmland and scenic vistas of the mountains of North Carolina and Tennessee. In addition to preserving land, their conservation work includes guided hikes, volunteer workdays, educational workshops, and farmland access initiatives. For more information, visit [www.appalachian.org](http://www.appalachian.org).



“BEAR” Down and Feed Those Birds!

In 2014 after purchasing a Wild Birds Unlimited store in Hendersonville, we made the vacation home we’ve had since 2009 in Fairview Downs into our permanent residence. Heidi had worked in Wild Birds Unlimited for a number of years, and I worked in the health care industry before joining her as an entrepreneur. Since then we have bought two more stores in Asheville. We love it!

Heidi and I love the spring and summer months up here in Western NC. The birds are busy, the bird babies are coming, the hummingbirds are back and the weather is beautiful. There is no greater pleasure than having our feeders out where we can see them from various windows in the house and observe the bird happiness. We get so many great customers in our stores telling us their bird stories and we love hearing them.

But there is also another story that comes up quite often — “The bears broke my bird feeder!” That story quite often leads to the next comment — “I’m going to take my feeders in for the summer.”

Feed the Birds, not the Bears

Birds hate to see that, since they are busy with babies to feed; they are also molting and experiencing potentially environmental impacts that limit food in nature (such as drought). Although in general, birds find a lot of their food in nature, up to 80 percent, it is still very important for them to

will become important later). In addition, bears have a great memory (also important for later in the discussion).

Hot Bird Foods

How do we take advantage of some of these bear characteristics to discourage the bear from visiting our bird feeders? Well, we can create a food environment that is distasteful

Bears need to consume 20,000 calories per day (about 6,000 acorns). Much of it is supplied by nuts such as acorns, hickory nuts, walnuts, and beechnuts.

to the bear, and the bear will remember it. Try using “hot” bird foods. These are foods that are very high in capsaicin, the ingredient found in pepper oils such as haba­nero. Interestingly, we hear quite often from our customers that they tried cayenne pepper on their bird food or around their bird feeder, but it did not discourage the mammal in question. Did you know that haba­nero pepper has seven times more capsaicin than cayenne? Yes, and that heat is *really* tasted by the bear — remember that large mucous membrane area we mentioned earlier?



have a reliable source of high quality foods throughout the year, foods that contain a healthy mix of protein, fat, and calcium. So how does a bird lover feed the birds and not feed the bears (or raccoons or squirrels for that matter)? It’s important to know thine enemy — in this case, the bear!

Bears are quite interesting and some facts about them help in our bird-feeding dilemma: Did you know that bears need to consume 20,000 calories per day (about 6,000 acorns)? Much of it supplied by nuts such as acorns, hickory nuts, walnuts, and beechnuts. In what is called a “high mast” year lots of acorns are available, and we like that because the bears stick to a smaller region of wandering and eat acorns instead of setting out to find other foods.

Bears have a tremendous sense of smell and taste; they have nasal mucous membranes 100 times greater than humans (this

Birds are not mammals and can’t taste the heat. In fact they eat peppers found in nature and it’s good for them. Even better, there are bird foods you can buy that contain haba­nero, such as: suet cakes, plugs and cylinders, as well as sunflower seeds processed with the oil. If you prefer, buy the hot juice bottled and coat your own seed blend. Although nothing is guaranteed with our bear friends, the point is to create that distasteful eating experience for the bear, so that given its great memory, it might just decide not to revisit your food source.

There are other things to consider as you manage your bird feeding while bears are present. Bears are attracted to food sources that have a scent. Quite often a bear will stumble upon bird feeders while chasing down scents from barbecue grills, pet food, compost and garbage, so keep a tidy yard and tidy bird feeding station; try using a



tube type feeder with a tray attached so seed does not fall to the ground, and use sunflower chips or safflower. Fill feeders with as much seed as you think will be eaten by the birds in a single day — don’t over fill. Hang your bird feeders up high on a wire or device that can be lowered and raised; bring your feeders in at night and put them out early the next morning. Use 150-pound test wire and have the bottom of the feeder at about 12’– 13’. See some designs at myfwc.com/wildlifehabitats/managed/bear/wild-life-feeders.

Some systems are available to buy if you do not want to engineer them yourself. Also becoming more common is the use of electric fencing around the feeder station, as illustrated at bearsmart.com/docs/ — see MFWP-ElectricFenceGuideBears.pdf. Or if

you have a setup like we do, with multiple feeders on a second level deck, you can wrap the deck posts, or trees, with aluminum or stainless steel to stop the bear from climbing. Feeding the birds is such a fun and therapeutic hobby, so whether you’re an avid bird feeder already or considering taking up the hobby, don’t give up too quickly on summer bird feeding. It’s important for the health of our feathered friends and it is possible to create an environment in your yard where those pesky bears will simply choose another food source because your particular “restaurant route” is really yucky! Enjoy, and keep feeding those birds.

Steve and Heidi Muma own Wild Birds Unlimited of Asheville and Hendersonville, Asheville.wbu.com, 687-9433

CUT HERE

THANK YOU FOR YOUR HELP!

Did you know The Town Crier is a non-profit newspaper? Yes, it is and it brings community news and events FREE to every mailbox and PO Box in Fairview and Gerton and part of Fletcher and Reynolds every month... that's over 8,400 households. Public support is critical to our maintaining this status which allows us to mail at a discounted rate. Your support also helps us keep our office open, which in turn supports other non-profits, community and civic organizations. We appreciate your support, when you can, with whatever you can give. We love our community and want to hear from you so drop us a line from time to time. Or call any day, Monday – Friday, 10 – 5 pm, 628-2211

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MAIL TO: Fairview Town Crier, PO Box 1862, Fairview, NC 28730, drop in blue drop box outside office at 1185–G Charlotte Highway in Fairview or donate securely online at FairviewTownCrier.com

Due Diligence

As I continue to chronicle my journey toward Medicare eligibility, let’s start by recapping some due diligence I’ve done along the way.

Eligibility

First, what are Medicare rules? Medicare tells me that even though my birthday is in the middle of the month, my eligibility begins on the first day of my birth month. However, if your birthday is on the 1st, your Part A & B would have started on the 1st of the previous month; that’s important to know when coordinating Medicare and employer plans.

Second, when can I apply for a supplement or Advantage plan if I want one? Medicare rules say I must be enrolled in Parts A & B to purchase any plan and will be given an open enrollment to up to 6 months prior and 6 months after my eligibility date for a supplement; I will have 3 months before, the month of, and up to 3 months after that date for an Advantage plan. The earliest a plan can be effective is on my eligibility date.

Thirdly, what plans are available in my area? Here in Buncombe County, Medicare supplements are offered by many companies, but the plan benefits are the same for each; but Medicare Advantage is offered by only a handful of companies and the benefits are different for each. Unlike supplements, which are available statewide regardless of where you live, Advantage types and avail-

ability vary from county to county.

Do Your Homework

My next step, which I outlined in last month’s article, was to take stock of my situation. This required some homework, since I’m a veteran and covered on my wife’s employer’s group health plan.

The VA has various ways to apply for benefits: online at va.gov/healthbenefits/ or by phone to the VA Medical Center enrollment department in Oteen, 298-7911. Vets, they will ask for a copy of your Report of Separation From Active Duty Form DD-214, so make sure you find that first. It will take 5 to 10 business days to get the results back. Having VA benefits could change my choice of Advantage plans, and might also determine whether I even need a supplement. Also, VA benefits are subject to needs analysis rules based on income so even if I make too much, the reduced benefits might not meet my needs.

I haven’t heard back from the VA, so when we get together next time I’ll report on that situation as well as how my current health plan will affect my decision making. I can help you as well if you wish. Just give me a call.



Mike Richard is president of Prime Time Solutions. Contact: 628-3889 or 275-5863.



# Five Reasons Not to Be a “Do-It-Yourself” Investor

These days, you can go online and invest, for modest fees. You can also visit various websites for research and watch numerous cable shows for investment recommendations. So, why shouldn't you be a “do-it-yourself” investor rather than work with a financial professional?

Actually, there are at least five good reasons why a financial advisor can help make you a better investor.

A financial advisor can:

**Ask the right questions** — If you try to invest on your own, you may find yourself asking the wrong questions, such as: “What's the ‘hottest’ investment out there?” A financial professional can help frame better questions, such as: “Given my individual risk tolerance and long-term goals, which investments should I consider to help me build a balanced portfolio?” In other words, a financial professional can help you ask the questions that can lead to better results.

**Look at your situation objectively** — No matter how hard you try, you won't be able to take all the emotion out of your investment choices. After all, your investment success will play a large role in some key areas of your life, such as your ability to enjoy a comfortable retirement. Consequently, if you think you're not making the progress you should with

your investments, you may be tempted to make a hasty decision to give your portfolio a “jolt.” Frequently, though, such choices can backfire. When it comes to investing, it's better to invest with your head, not your heart. A financial advisor can analyze your situation, assess your risk tolerance and make appropriate recommendations.

**Show a deeper understanding of investment research** — You can look up many types of financial data on your own. But do you know how to put all these pieces together into a cohesive picture? A financial professional, with years of experience and training, is generally more capable of finding the research sources and making the most sense out of the results.

**Put experience to work in making portfolio recommendations.** Even if you've been investing for many years, you might be surprised at all the underlying influences that should go into making investment decisions. But a financial professional understands market patterns, the nature of diversification and other factors necessary in helping you make the right choices for your situation.

**Spend time looking for opportunities** — Even if you enjoy the process of investing, the chances are quite good that you can't spend as much time on it as a financial professional. That means, among



other things, you aren't constantly on the lookout for new investment opportunities. Nor are you always looking within your own portfolio for opportunities to rebalance or make other adjustments that can help you move forward toward your goals. But when you work closely with a financial advisor, he or she is exploring the financial markets for new investment prospects while regularly reviewing your portfolio for possibilities of upgrading quality, increasing diversification or making adjustments in response to changes in

your life.

The “do-it-yourself” route may be fine for home repairs. But when it comes to managing your investment situation, there are benefits to working with a professional.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com. Member SIPC.

# How to Spend \$23 Billion: Part Two

The 2017-2019 North Carolina budget, after compromise, has now passed the House and the Senate. Known as Senate Bill 257, it will be sent to Governor Cooper and no doubt vetoed. Then it will come back to the General Assembly and the veto will be overridden. At that point SB 257 will become the law of North Carolina, all \$23 billion worth of it.

As this legislator sees it, the budget is a blueprint for the priorities of the majority (Republican) leadership. Like most legislators, I spent many hours trying to read through it. My democratic caucus spent three more hours hitting the high points with members of the fiscal research staff. I had a pet project or two I was interested in, and glad to see in the budget. First of all, there was \$200,000 for the Hemlock Restoration project. That program has made some real progress in slowing down the hemlock adelgid that has decimated our forests in the mountains. Second, the Hickory Nut Gorge Trail system, part of which is on our farm, was officially designated a State of North Carolina Trail. That will help greatly as we fund-raise to complete more miles of trail. It includes the Trombore and Bearwallow Trails and other trails in the vicinity of Chimney Rock State Park.

Other local projects are as follows. The number of medical school students trained at the Mountain Area Health Education Center in Asheville will increase at a cost of \$15.6 million over two years. Buildings at the

former JEC (Juvenile Evaluation Center) in Swannanoa will be renovated to provide a lockup for women (a CRV — Confinement Response to Violation) who have served time but violated the terms of their probation. NC Highway 208 in Madison County will be widened at a cost of \$3.5 million; it is unusual for a highway project to appear in the budget, bypassing the priority stipulations of the Department of Transportation. The non-profit educational program Muddy Sneakers will once again receive \$500,000 to take our school kids out into the woods for hands-on learning. Four million dollars have been earmarked for the Asheville Regional Airport, for capital improvements and debt retirement. And finally, the Setzer Fish Hatchery near Brevard will be renovated.

The budget delivers \$530 million in tax cuts on top of other tax cuts in past budgets, and who does not like tax cuts? The income tax “standard deduction” will be raised from \$17,500 to \$20,000 for married couples, shielding that amount from taxation for all taxpayers who do not itemize. The state tax rate will be reduced from 5.499% to 5.25%, and the corporate tax rate will go from 3% to 2.5%. These rates will go into effect for the 2019 tax year. The loss of revenue will magnify out over the following years, hitting approximately \$1.078 billion by 2020. Cam Newton will save \$59,000, the rest of us not so much. Whether or not these cuts are prudent or fiscally sound for a state enjoying population

growth is a major point of discussion between the political parties here in Raleigh.

North Carolina teachers, their salaries still lagging in national averages, will receive an average raise of 3.3% for 2017/18 and a total of 9.6% over the biennium. Principals' salaries, currently ranked 50th in the nation, will be targeted with larger increases in this budget. There are some bonuses built in for veteran teachers and elementary teachers whose students score well on reading and math tests; they will not, however, receive a tax credit the governor had in his budget that would cover the cost of classroom supplies, which they will continue to have to pay for out of their personal funds. Finally, state employees (not including legislators!) will receive a \$1,000 pay raise and retired state employees a 1% cost of living adjustment (COLA).

One disturbing trend in this budget is the large number of “special projects,” more commonly called “pork.” Rockingham County (Sen. Berger) and Cleveland County (Speaker Moore) are conspicuously rewarded. There are pages and pages of these items in this budget, often doled out to powerful Republicans. Sometimes, Democrats are offered a deal for their yes vote on the budget. And yes, the Democrats doled out the pork when they were in charge as well. But this budget is larded way beyond the normal bounds, and these expenditures did not appear in any of the earlier budgets, either House or Senate. Minority Leader Jackson said, “You're the

Golden State Warriors of pork...” As for me, I do not think these expenditures are necessary, and while political people can go home to their districts to crow about “bringing home the bacon” (a pork product!), I would expect and demand more discipline if I were in charge of the process. The North Carolina General Assembly has low approval ratings, and pork spending is part of the reason. As I said on the House floor, “Mr. Speaker, I cannot support a budget that treats the North Carolina taxpayer with such disdain.”

There were a few other disappointments for me, which I would label as unnecessary political spite. The Department of Environmental Quality budget was slashed, even as the state is struggling with a new chemical discharge in the Cape Fear River. More to the politics, Governor Cooper's budget was cut by almost \$1 million a year, and Attorney General Josh Stein (also an elected Democrat) lost \$10 million in his budget! He will be forced to fire 130 employees who fight fraud and abuse in North Carolina.

Thank you for taking this short and incomplete tour of our budget, and once again I feel honored to serve my beloved Fairview community.



Rep. John Ager, District 115 North Carolina House of Representatives

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Edward Jones Adds Financial Advisor



Edward Jones Financial Advisor Stephen Herbert announced today that a second financial advisor, Leslie Apple, has joined their office in Fairview. “I’m very impressed with Leslie Apple, and I’m sure my clients will be, too,” Herbert said. “Edward Jones prides itself on providing the best service possible to those investors who choose to do business with us. Leslie will help provide the high level of service investors in Fairview have come to expect from us as well as extend our services to new investors.” “I’m looking forward to working with Stephen and meeting investors in this area,” Apple said. “I’ve come to admire his professionalism, and I believe working with him will make me a better financial advisor,” she added.

MAY FAIRVIEW REAL ESTATE STATISTICS				
		Max \$	Lowest \$	Average \$
Homes Listed	34	1,250,000	120,000	476,844
Homes Sold	24	869,000	110,000	398,765
Land Listed	19	2,215,000	47,900	292,629
Land Sold	12	480,000	39,500	115,667

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember Cool Mountain Realty has been in Fairview for 13 years and its agents have been selling in our area for 33 years. Keep dollars in your local community's economy.

BUSINESS SHORTS

**RUTH & RANSHAW BAKERY** will be closing at the end of the summer. According to their Facebook page: “Our little yellow house is up for sale. Built in 1948, this property has a storied past filled with lots of small businesses and local families. Just off of Charlotte Highway in the heart of a wonderful community. Could be sold with or without a fully certified commercial kitchen. Any interested parties please reach out to us at via email at RuthAndRanshaw@gmail.com.”

**SMOKEY & THE PIG UPDATE** Lots of folks have been stopping by the new building on 74A to see if they are open yet, so we made a call to Tim Brewer to find out. “Things are moving along, just not as quickly as we thought,” Tim said. “We are planning a hard opening for August 1st with a soft opening a week or so before. Putting some final touches, getting a water heater and water hydrant installed and then electricity.” See you next month for some of that famous BBQ!

Hollywood Road Update

As of mid-June: The first 4 phases are complete and grass is growing nicely. The crews are currently working on phases 5–7, which are being completed simultaneously. The subcontractor resumed hauling waste offsite starting on June 20, so there was an increase in truck traffic. This is due to more waste needing to be removed than was anticipated as a result of various site conditions. There was only a small amount compared to earlier in the year, but it did require an increase in traffic. The subcontractor was notified to remind the truck drivers to watch their speed along Hollywood Road.

The eastern edge of the top [phase 7] platform near the church has been completed and seeded. The crews are still on target for an early–mid-July completion date. There will probably be increased truck traffic in about 2 weeks or so, as they are going to be hauling some additional waste for disposal. After the plateau is completed, the last thing the crews will be doing is reworking and covering the ditch along Hollywood Road, as waste extends out to the road. They will be re-grading the ditch to cover the waste and protect it from human exposure while still allowing for water flow.



Welcome New Members

- Richard Cicchetti of *Dance For Life*
- Wendell Howard of H&H Distillery

Members

Know what 100 local businesses have learned? It pays to network and get to know the fellow business folk within your own community. The FBA is 95 members and counting. We had 44 members at the last meeting and several guests who plan to join. Hope you'll join us at on June 8 or subsequent meeting to find out what we're all about.

Next Members' Meeting

The next Member's meeting will be on **Tuesday, July 11** at The Joint Next Door, 1185 Charlotte Highway in Fairview. Meetings start at 6 pm and finish by 7 pm with social networking afterwards. Because this is a restaurant, please do not bring beverages or snacks. Snacks will be provided and members can purchase drinks of their choice. Weather permitting, we will be outside. We will get to enjoy the atmosphere and learn of any new plans in the works.

Future Membership Meetings

**Friday, August 4 @ Cloud 9 Farm**  
137 Bob Barnwell Road in Fletcher

**Thursday, September 7 Lunch @ The Welcome Table**

596 Old US Highway 74, Fairview

**Tuesday, October 10 @ Whistle Hop Brewery** 1288 Charlotte Hwy

**Monday, November 13 @ The Hub**  
(hosted by 3 different members)  
1185 Charlotte Hwy, Fairview

**Monday, December 4 @ Highland Brewing** FBA Holiday Party

Why Join the FBA?

All FBA members live or do business within our community. When you choose a local business, you help our community thrive... and your community thrive.

Membership in the FBA is only \$60 a year with many benefits including:

- Listing in the Directory at right, which is printed in the *Fairview Town Crier* each month
- Opportunity to display business cards in the enclosed case on the bulletin board outside of the Fairview Post Office.
- Listing on FairviewBusiness.com including a logo, photo and link to your email and/or website.
- Networking events at member meetings and social gatherings throughout the year.
- Opportunity to host a member meeting.

Joining couldn't be easier. Visit the FBA website and join online, securely, via Pay Pal or your credit card. All membership communications are done via email so be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications.

You can mail your \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730.

You can also stop by the The Hub of Fairview/*Crier's* office at 1185-G Charlotte Highway in Fairview, Monday–Friday, 10am – 5:30pm and join in person (cash or check only). A fourth option is to join at any members' meeting.

It will be the best small investment you make this year.

KEEP IT LOCAL with FBA Members

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Silverpoem Studio .....782-7984  
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Balken Roofing.....628-0390  
Cane Creek Concrete.....230-3022  
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The Hub of Fairview.....628-1422

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**Emporium/Flea Market/Gift Shop**  
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The Hub of Fairview.....628-1422

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Tomato – “Plump Thing with a Navel”

Ah, the glorious tomato. Its scientific name is Lycopersion Lycopersicum, which means “wolf peach.” For more than 200 years people in Europe were afraid to eat it, partly because it’s in the Solanaceae family, which includes some very poisonous plants, and partly because the tomato is not mentioned in the Bible. The most popular garden vegetable in America, tomatoes originally came from Peru, where their Aztec name translated into “plump thing with a navel.”

More interesting tomato facts:

- There are around 10,000 – 25,000 tomato varieties worldwide.
- The biggest tomato fight in the world takes place each year in a small Spanish town called Buñol and involves some 40,000 people throwing 150,000 tomatoes at each other.
- The Largest tomato on record was grown in Oklahoma in 1986, weighing 7 lbs. 12 oz. and making enough sand-wiches to feed 21 people.
- Tomatoes can be red, pink, orange, purple, nearly black, yellow and even white.
- China is the world’s largest producer of tomatoes.
- The average American eats around 24 pounds of tomatoes each year.
- Tomatoes keep longer if you store them with the stem down, and they taste better if you do not refrigerate them. They also rapidly lose their Vitamin C if sunlight can reach them while they’re stored.
- They can be ripened off the vine by putting them in a paper bag or wrapping them in paper along with an apple.

Tips for Growing Healthy Tomatoes

Many folks don’t realize that tomato plants are either determinate (their height is determined) or indeterminate (the height is not determined, meaning they can grow and grow and grow). It helps to know this when choosing varieties.

It also helps in places like Western North Carolina, where early and late blights are a given, to know which varieties are most resistant to disease. Many folks rightly love being able to grow luscious heirloom tomato varieties, but we’ve found that most of them do not stand up to blight as well as some of the newer hybrids being bred by Randy Gardner out of NC State, who works at the Mountain Horticultural Crops Research & Extension Center here in Mills River. We grow his Mountain Magic, Mountain Merit, Plum Regal, Mountain Fresh, Mountain Majesty and more, and they consistently outlive any other varieties

we trial. (Note: hybrid is NOT the same thing as GMO.)

Cultural controls we use to help prevent disease:

- Cover the ground around your tomatoes with something to avoid soil splash, which causes early blight. We’ve used spoiled hay, straw, cardboard with mulch and landscape fabric.
- Cut off all lower branches that touch the ground as the plants grow. It’s not uncommon for our plants to be pruned up to a foot from the ground.
- Don’t hem them in. Tomatoes need airflow to protect from diseases. Plant tomatoes 4 ft. apart if they’re determinate, 5 ft. apart (or more) if indeterminate, and at least 5 ft. apart if cherry.
- Never touch your tomato plants when they’re damp — it spreads diseases.
- Water from below whenever possible. Keep leaves dry.
- Drip irrigation is best but using a watering wand will work.
- To sucker or not to sucker — that is the question, and the choice is up to you. There are pros and cons to both.
- Use disease resistant varieties.

• Don’t weed near your tomatoes and shake the soil off the roots of the weeds. Likewise, don’t weed-eat or mow near your tomatoes. If soil is flung across the leaves of tomatoes it cuts the leaves and injects early blight.

• When plants begin getting disease, harvest them, or work with your healthiest plants first so you don’t spread disease.

• Disinfect pruners/wash your hands between plants if you want to be careful about spreading disease from one plant to the other.

• Feed tomatoes when you plant them and again several times during the season. You can incorporate fertilizer into the top inch of the soil around the base of the plant and/or use foliar feedings. Many organic growers spray a fish emulsion dilution on tomato leaves once every week or two.

• Tomatoes need consistent water. They’ll crack if you water or it rains after they’ve been dry for too long, so keep the moisture levels as consistent as possible. Drip irrigation works great on tomatoes.

• Plant tomatoes in an inexpensive hoop house to keep their leaves dry and prevent soil splash.

It’s amazing the contortions we go through to grow this fussy plant. Here’s hoping for a great tomato year for us all.



the Lord's Acre



### Square Dance Gratitude from The Lord’s Acre

We are so grateful to all who shared their time, resources, energy and compassion to make our annual fundraiser and community gathering a success. If you were able to attend, we hope you were one of many to enjoy a plate of homemade food in the potluck, a local beer generously donated by friends at Hi-Wire Brewing and Green Man Brewery, as well as scrumptious local cider from Noble Cider.

The Shiners certainly got everyone’s toes tapping and our live caller kept a smile on everyone’s faces, young to old. Nothing compares to watching a community come together around a shared belief and worthy cause to talk, enjoy a meal, dance and celebrate life.

And after a turn or two on the dance floor, everyone enjoyed dessert from the shared potluck table, as well as sweets generously donated from our friends at French Broad Chocolates.

Special thanks go to the generous raffle and silent auction donors:

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Ground Ivy

Last month we participated in the annual Gardens of Fairview Tour, which was a grand success. During the tour, three different people picked a sprig of a plant found everywhere in the lower gardens and asked me, “What is this plant, and how can I get rid of it?” I had them crush the leaf and smell the strong, spicy almost oregano-like aroma and explained that the tiny little plant they had in their hands is called Ground Ivy or Creeping Charlie, *Glechoma hederacea*, a tough, tenacious member of the mint family that spreads like a carpet along the ground and, because it roots at the nodes, survives mowing and always comes back. The genus *Glechoma* is derived from the Greek word *glechon*, which describes a type of mint. The species *hederacea* means “resembling ivy” and is derived from *Hedera*, the Latin name for ivy.

Ground Ivy is not native to North America; it was brought here by the colonists due to its medicinal and culinary uses, and then the plant just took off into the landscapes of the New World.

Many Common Names

Ground Ivy has many common names including Run-Away Robin, Gill over the Ground and Cat’s Foot, but my favorite is Lizzie Runs Around the Hedges, because that’s exactly what the plants do around our berry gardens — they form a mass running completely around the borders. I use a hoe to keep them at bay in the shrubs and either mow or burn the edges for control. One other interesting historical common name is Alehoof, which literally translates to mean “ale herb”; prior to the introduction of hops, Ground Ivy was used by English countrywomen who commonly added it to



their ale or beer to clarify it and add a bitter flavor.

This custom seems to have died out following the introduction of hops to England in the 17th century, but considering the recent craze in specialized craft breweries around Asheville, it might be a

Many people confuse Ground Ivy with its cousins purple dead nettle and henbit; the latter two also have somewhat scalloped leaves, but are more upright in stature and are clump-forming, and henbit has more heart-shaped leaves, whereas Ground Ivy stays much lower to the ground and will



ripe time for reintroducing this particular old ritual from Europe.

Ground Ivy exists throughout North America in all regions except for desert areas, and as a member of the mint family it has square stems and opposite leaves.

spread like a carpet.

Ground Ivy leaves are typically 3/4-one inch across but may reach two inches on plants grown in fertile soil; the stems themselves can reach 15 feet! Ground Ivy’s tiny flowers are also more of a blue hue compared to the purple, lavender colors of henbit and dead nettle, and the aroma is much spicier and more aromatic than either of its mint cousins.

Becoming Friends

One other plant that causes confusion and misidentification, especially before it flowers, is the common Veronica or Persian Speedwell, which also grows like a carpet and has tiny blue flowers, but it does not have creeping stems that root at the nodes. Speedwell stems are round and the plant is poisonous. Once you become friends with these plants and truly get to know them, it becomes easy to distinguish them all from one another.

Ground Ivy can tolerate sun but truly thrives in moist, shady areas and loves disturbed soils like those found in garden beds. The plant is edible and in the early spring it can be used as a cooked vegetable like spinach or added to other greens. Even in midsummer, I have thrown a few sprigs into my wild mushroom sautés when taking people on my wild edible walks, as I like the spicy pungent herb flavors. Ground Ivy can also be used as a tea or added to soups.

Ground Ivy is very high in iron and rich in Vitamin C. Both ancient and modern herbalists have used Ground Ivy to treat

kidney disorders, coughs, and ringing of the ear disorders. I have also encountered a few reports that cited using either the dried leaf or juice as a snuff medicine to relieve sinus headaches. Further, a 1986 laboratory experiment showed that ursolic and oleanolic acids from the herb inhibited the Epstein-Barr virus and protected mouse skin from induced tumor growth. Ground Ivy has also been shown to have antioxidant properties. The universe of wild plants holds many mysteries and vast untapped potential in the fields of medicine and healing.

Garlands for All

In the Middle Ages, ritual use of ground ivy was popular and the plant was often woven into crowns and garlands to be worn on Midsummer’s Eve. Since the runners of these plants are so long and the small flowers are pretty, it’s a natural choice for a garland for children and like-minded adults as well!

So lie down on the ground and get to know this common little mint; if you take a hand lens or magnifying glass and look closely at the small flowers, they are remarkably beautiful, and when enlarged resemble a gorgeous orchid. Take a nibble of the young leaves or try adding a dash of them to your summer tea.



Contact Roger at rogerklinger@charter.net.



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**Harper’s Soapstone Mine** *continued from page 8*

darn thing on those old tombstones in the cemetery, but if you rub chalk or flour on the tombstones you will find that you can read almost everything engraved on each stone — the stones may be dark, but with chalk the surface of the stone will become light and the words carved in the stone will remain dark and readable.

Soapstones were used for many things. The stone is easy to cut with a crosscut saw or an ax. High heat does not damage it, and it does not crack or crumble when water or other liquids are poured on it. Soapstone was used to line fireplaces to keep the house from burning down and to hold the heat of the fireplace long after the fire went out; every home contained soapstone bricks. During the winter they were placed next to the fire, and at bedtime they would be wrapped in flannel and taken to bed. They would not catch the bed on fire and would hold heat all night long. On cold winter days, soapstones were also heated and wrapped and placed at the driver's feet in buggies, wagons and even early cars before they had heaters. Mantels were often made

from soapstone, and food was cooked on soapstone hearthstones because it not only maintained heat but kept food like corn bread from sticking. Homemade wood cook stoves were often made with soapstone as well.

During the Revolutionary War soapstone was used for molds to make bullets. Holes were cut and shaped like a bullets in the soapstone, lead was poured in and a soap-stone top was placed on top of the mold and clamped down with wood. As early as five thousand years ago, American Indians used soapstone to make bowls for cooking andslabs to cook on, pipes to smoke and ornaments to wear. Some tribes even used soapstone to make arrowheads and tomahawks.

Today finely ground soapstone is used in the manufacturing of certain types of paper, paint and lubricants, and in dressing leather. Perfumed soaps and talcum powder contain soapstone as well.

Soapstone may seem of little value today but for thousands of years it was very much needed and used.

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**1185-G Charlotte Highway**

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Mailing address: P.O. Box 1862, Fairview, NC 28730

**www.fairviewtowncrier.com**

**CLASSIFIEDS / ADVERTISING / SUBSCRIPTIONS**

**OFFICE MANAGER** Annie MacNair, office@fairviewtowncrier.com

**MANAGING EDITOR** Sandie Rhodes, editor@fairviewtowncrier.com

**COPY EDITOR** Lynn Stanley, copy@fairviewtowncrier.com

**LAYOUT EDITOR** Lisa Witler, lisa@fairviewtowncrier.com

**EVENTS** Annie MacNair, events@fairviewtowncrier.com

#### Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the *Town Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Town Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

#### Editorial Policy

The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The *Fairview Town Crier*. Email editor@fairviewtownncrier.com or mail to *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted. All letters may be edited and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The *Fairview Town Crier*. Include name, address, and phone. Email letters to editor@fairviewtownncrier.com or mail to: *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730.



**BALLROOM/COUNTRY DANCE** at Fairview Community Center, 1357 74A, Fairview. Saturday, July 15th 7–10:30pm. Everybody welcome. No partner necessary. 1-hour two-step lesson from 7-8. Open dancing 8-10:30. Dance to Two-Step, Waltz, East Coast Swing, Cha-Cha, West Coast Swing, Triple-Two, Nightclub and Polka. Showcase dance performance by the Starr Dancers. Dance- \$10; Lesson- \$5; Dance & Lesson package- \$15. Register online: www.dance-forlife.net/book-online. Click "Group Services". Select July 15th "Ballroom/Country Dance". Or contact Richard to register: 505-1678, visit danceforlife.net, email naturalrichard@mac.com.





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# Fairview Town Crier

## 2017 Deadlines

**Editorial deadline is always the 10th!**  
**Advertising Deadlines**

August	Mon	7/10	7/17	8/2
September	Thur	8/10	8/17	9/4
October	Mon	9/11	9/18	10/2
November	Tues	10/10	10/17	11/1
December	Fri	11/10	11/17	12/4
January 18	Mon	12/11	12/18	1/3

**Classified Ads**  
**Deadline for Classified ads is always the 21st of the month before.**

The minimum cost is \$10 for 20 words and 25¢ per word thereafter. Call Annie at 628-2211, M-F, 1-5 pm or email office@fairviewtowncrier.com.

**Classified ads must be prepaid in order to run.**



**KELLERWILLIAMS.**  


**Jim Buff, CRS**  
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 email@jimbuff.com  
 86 Asheland Avenue  
 Asheville, NC 28801



**Put Success on Your Side... Call Jim!**

**Fairview Resident Since 1992**



**FAIRVIEW!** 3 BR, 3.5 baths, private 1.19 acre lot w/ views, amazing ktchn w/stainless appliances, master ste on main w/study, gas FP, family rm, 2 ht pumps, 2-car gar, lg wraparound deck, *MLS#3279639, \$499,900!*



**NEW LISTING! LEICESTER!** Immaculate 3 BR, 3 bath brick home on 1.05 acres, gas logs, walk-in closets, huge garage space, HOME WARRANTY, long range mtn views, *MLS#3289371, \$469,000!*



**MARS HILL!** 28 acres w/very well maintained home, HW floors, massive rock FP, open staircase/balcony, home warranty, unfinished bsmt, wraparound porch w/ views, 2-car gar, *MLS#3216149, \$449,000!*



**NORTHWEST IN COUNTY!** Spacious home w/4BR, 2.5 bath on 1.55 acres, full bsmt (some finishing), 2-car gar, deck, home warranty, siding, sec sys, LR w/ gas FP, *MLS#3263712, \$370,000!*



**FAIRVIEW!** 3 BR, 2 bath home on .75 acres, re-modeled w/new HW floors, paint, kitchen cabinets, granite countertops & appliances, full unfinished bsmt, 2-car garage, *MLS#3282382, \$349,900!*



**WEAVERVILLE!** 3 BR 3.5 bath, office, cov rear deck, patio, pool, fenced backyard, home warranty, 2-car gar on main + gar in bsmt, den w/FP, fam room in bsmt *MLS#3273008, \$339,000!*



**NORTH!** Immaculate move-in ready home on 1.27 acres, 3 BR, 3 bath, custom kitchen cabinets, home warranty, covered deck, gas FP, 2-car gar, *MLS#3277173, \$330,000!*



**NORTHWEST IN COUNTY!** 3 BR, 2 bath well built home, 1.15 wooded acres, HOME WARRANTY, office, private w/nicely landscaped yard, unfinished basement, *MLS#3249598, \$249,900!*



**LEICESTER!** 5 private wooded hilltop acres, 2 BR, 2.5 bath home, gorgeous setting, lovely views, huge great room, 2-story rock FP (gas), HOME WARRANTY, office, *MLS#3154545, \$239,000!*



**HENDERSON COUNTY!** Buy 1 get 1 free! 3 BR, 1.5 bath, 2.98 acres, addl 1 BR cabin, great rm, patio, HOME WARRANTY, private loc, great invstmnt prop, live in 1, remodel the other, *MLS#3278341, \$239,000!*

**RESULTS!**

Timberwood .....Pending in 13 days  
 Winding Way .....Pending in 34 days  
 Ridgeway Dr.....Pending in 14 days  
 Bramblewood.....Pending in 27 days  
 Blalock Ave .....Pending in 35 days  
 Campground Rd .....Pending in 4 days  
 Oregon Ave .....Pending in 1 day  
 Mitchell Ave.....Pending in 2 days

Mtn. Meadow Circle .....Pending in 8 days  
 Rotunda Circle .....Pending in 28 days  
 Fairfax Ave .....Pending in 7 days  
 Liberty Rd.....Pending in 39 days  
 Melody Ln.....Pending in 29 days  
 Richmond Ave .....Pending in 3 days  
 Lakewood Dr .....Pending in 7 days