



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

SEPTEMBER 2017 VOL. 21, No. 9 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

Food and Fun at GertonFest IX

Upper Hickory Nut Gorge CC kicks off its 9th celebration of small town living at 8 am, Saturday, September 2, with home-baked cakes and pies, bread, cookies, candy and jams for sale until everything's gone; these goodies are great to take home or to a neighbor. The festivities continue through the day and include:

- 8-10:30am Pancake and sausage breakfast. Adults \$4, under 12 \$3
- 8 am-5pm Bid on silent auction items from local restaurants, shops, etc.
- 1-3pm First Annual Gerton Corn Hole Tournament
- 3pm Team spelling bee. \$10 to enter. Winner takes home \$50
- 4pm Trivia Bowl; 5 pm: Music
- 5-7pm BBQ and the trimmings. Eat in or take out. Adults \$8, under 12 \$6
- 6pm Silent auction winners announced

There's no need to sign up ahead of time, just come at any time and join the festivities for all or part of the day. The UHNGCC is located at 4730 Gerton Highway.

Fairview Elementary Fall Festival Discount Tickets Available This Month



Fairview Elementary School's annual Fall Festival will be held Friday, October 6 from 4-7pm on the FES ball fields. The festival features inflatables, carnival games, hayrides, raffle baskets, pony rides, food vendors, and much more.

Unlimited Pass wristbands can be pre-purchased beginning September 22 for the reduced rate of \$10 — that's a 50% off of the "day of" price of \$20. Children under two and adults are free. Tickets for the known-to-be amazing raffle baskets will again be only \$1 each, and will go on sale September 15. Passes and tickets may be purchased through any FES family or at the Fairview Farmer's Market held each Saturday.

The Fall Festival is one of only two fundraisers the PTA has each school year, and its the continued success is a result of the tremendous support given by our community. The committee is working hard to make this the best Fall Festival yet, and invite everyone to be a part of this fantastic event.

Democratic Hoedown

When: Saturday, September 23, 5-8pm

Where: Sherrill's Inn, 15 Clarke Lane in Fairview

Description: Pig Pickin' & Fixin's

Candidate Meet & Greet:

- Kenneth Queen (Congressional D10, 2018),
- David Brown (Congressional D10, 2018),
- Phillip Price (Congressional D11, 2018),
- Eva Lee (US Senate, 2020),
- John Ager (NC Congress, 2018)

Entertainment: Cane Creek Mud Dogs, Fairview Cloggers & Square Dancing

RSVP: Marnie Walsh at mprescottwalsh@yahoo.com or Betty Shotton at betty@LiftoffLeadership.com



Hollywood Road Update

All work has been completed on the remediation of the unregulated landfill located on Hollywood Road in Fairview. The contractor and sub-contractor took detailed video of the road before the project started and will be in contact with DOT to review the road. Some spots have been repaired already but the largest damage is right next to the road in one of the tight turns. The soil beside the asphalt got rutted out quite a bit, so that portion will be repaired for certain. The sub also made repairs as they went along to portions immediately adjacent to the site that were damaged during the extreme heat.

Eclipse 2017: A Wonder to Behold



Here Comes the Sun

As the sun begins to re-emerge from the shadow of the moon, the mountainous landscape of the moon can be seen as irregularities in the edge of the dark sphere.

Also visible in this enlarged image are the *prominences*, huge flares of gas in the corona; the largest, in the center, rises 12,000 miles high (to compare, the Earth is ~8000 miles wide).

Totality

At 2:37 in the afternoon, in a clear sky, the sun disappeared. An hour earlier the light on the ground and trees had become strange — not like sunset or sunrise, but an eerie, slow allover dimming. The wind rose and

the air cooled. The gradual darkening was suddenly complete. Birds became silent. Stars were visible. The corona flared, magnificent.

We were a small group of eclipse followers, standing in a field in Anderson, South Carolina with our fancy telescopes and cameras and totality-info apps on our cellphones, steps away from a comfortable hotel, a gas station, a Waffle House and a wide highway that would take us home the next day ... and for two minutes and thirty-seven seconds, as the corona blazed outward in a vast ring of flame, we stood watching, quietly, in awe... total awe.

— Steve Fulghum and Lynn Stanley

Photos taken by Steve Fulghum with a telescope-mounted camera.



The Fairview Town Crier
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COMMUNITY EVENTS

SEPTEMBER 2 (SATURDAY)

GertonFest IX

Upper Hickory Nut Gap Community Center. Full day of fun 8am–7pm: pancake breakfast, home-baked desserts, silent auction, spelling bee, corn hole tournament, BBQ, live music & more. (See front page for details)

Fungifest at Warren Wilson

All-day celebration of fungi with wild mushroom display, "Ask an Expert", guided walks, in-depth classes and vendors, 10am–5pm. For info visit AshevilleMushroomClub.com or fungifest2017.eventbrite.com

SEPTEMBER 7 (THURSDAY)

Fairview Business Association Meeting

At The Fairview Welcome Table lunch, 11:30–1pm, Fairview Christian Fellowship behind the Fairview Library.

How to Avoid Back Surgery

Fairview Chiropractic Center, 5:15–6pm, 2 Fairview Hills Drive, Fairview. Topics include: technologies to help with spine & extremity pain, disc problems; Class 4 Laser Therapy and Nonsurgical spinal decompression; new technologies from Europe and professional sports teams that may help avoid surgery. Reservation required. Call 628-7800.

SEPTEMBER 10 (SUNDAY)

Cane Creek Cemetery Association Meeting

Basement of Spring Mountain Community Center, 2:30pm. For info call Bruce Whitaker, 280-9533.

SEPTEMBER 11 (MONDAY)

Fairview Area Art League

FAAL meeting 10am at The Hub of Fairview, 1185 Charlotte Highway in the Americare shopping center. Planning for the upcoming Fall Outdoor Art Show and Sale will take place. Art appreciators and artists of all kinds are welcome to find out more about the show and the league. For info call 628-1422.

SEPTEMBER 14 (THURSDAY)

Books & Bites at Lake Lure Inn

Featuring Mary Ann Claud, author of *The Whirlygig*, 11am. \$25, lunch included. Call Mountains Branch Library for reservation: 287-6392.

SEPTEMBER 16 (SATURDAY)

My Voice, My Pen, My Vote: The Lives of Frederick Douglass

A free talk by Civil War historian/Yale University professor David Blight, 7pm. Lenoir-Rhyne University-Asheville, 36 Montford Avenue. Refreshments. RSVP susy.chandler@lr.edu or call 407-4263.

SEPTEMBER 17 (SUNDAY)

Ethical Humanist Society Meeting

Presenting "Conversations on the Middle East" with Said Abdallah and Cindy Osborne, 2–3:30pm. Friends Meeting House, 227 Edgewood Road, Asheville. For info call 687-7759 or visit EHSAsheville.org.

Gilliam Family Reunion

Broad River Community Center, 10:30am–4:00pm. For information call Jean at 628-2825.

SEPTEMBER 18 (MONDAY)

Medicare Choices Made Easy

The Council on Aging of Buncombe County has classes on Medicare enrollment, saving money and more, 10am–12pm. Reuter Family YMCA, 3 Town Square Blvd., Asheville. For information and classes being offered on other dates and in other locations, visit COAabc.org

SEPTEMBER 19 (TUESDAY)

Adult Kickball League

Tuesday evenings 6–9pm on Field 8, Buncombe County Sports Park. For individual or team registration plus details (including discount for early registration through 9/5), visit kickball.buncomberecreation.org

SEPTEMBER 20 (WEDNESDAY)

NC Stage Company Presents

King Mackerel and the Blues Are Running: Songs and Stories of the Carolina Coast. Showing through October 8. 7:30pm Wednesdays through Saturdays; 2pm Sundays. For info: ncstage.org

SEPTEMBER 21 (THURSDAY)

How to Avoid Knee Replacement Surgery

Fairview Chiropractic Center. Avoid surgery and medications with dangerous side-effects with state-of-the-art treatments to relieve knee pain. 5:15–6pm. 2 Fairview Hills Drive, Fairview. Reservation required. Call 628-7800.

SEPTEMBER 23 (SATURDAY)

Democratic Hoedown

Enrizing Democrats in our Mountains at Sherrill's Inn, 15 Clarke Lane, Fairview. 5–8pm. Candidate meet & greet, pig pickin', live music and square dancing. Presented by the Fairview Dem's Committee. Free. Email mprescottwalsh@yahoo.com or betty@liftoffleadership.com (See front page for more details).

Kingston Trio 60th Reunion Tour

Diana Wortham Theater, 8pm. For info: 257-4530 or visit dwtheatre.com

COMMUNITY EVENTS

SEPTEMBER 23 (SATURDAY) CONT'D

Blood Drive

Fairview Fire Department Support Operations, 9am–1:30pm. Located in the Training Room, 1586 Charlotte Highway. For appointments: 1-800-RED CROSS (800-733-2767) or visit redcrossblood.org, code Fairview.

NC Arboretum Carolina Craft Day

Celebrating traditional & contemporary Appalachian arts and crafts, 10am–4pm. Demonstrations and juried artists working in fiber, paper, clay, metal and wood. For info visit ncarboretum.org.

Kids Fishing Tournament

Lake Julian Park, 8–11:30am. For kids age 15 and under; \$10 per child which includes bait, snacks and hot dogs. For info visit buncomberecreation.org (See page 18 for more details).

NC Arboretum Monarch Butterfly Day

In partnership with Monarch Rescue to increase monarch butterfly awareness, 10am–2pm. Monarch releases & crafts. For more info: ncarboretum.org.

SEPTEMBER 29 (FRIDAY)

Labeling October issue of *The Town Crier*

Volunteer labelers welcome, 10:30am at the Fairview Fire Department. If you have an hour to spare, come help your community paper get in the mail. Kindly RSVP to Patti Parr, pattiparr@yahoo.com

SEPTEMBER 30 (SATURDAY)

Country Dance

Fairview Community Center, 1357 Hwy 74A. 7–10:30pm. (See "Classifieds" page 31 for more details.)

2nd Annual Asheville Coffee Expo

Free, Family-friendly coffee celebration, 10am–2pm: vendors, demos, roasters, barista competitions, and more. Ralph Street at the River Arts District. After party 3pm at The Burial Brewery. For vendors and info, visit Asheville Coffee Expo on Facebook.

ONGOING EVENTS

Fairview Farmer's Market

Open every Saturday 9am–1pm through October in the Fairview Elementary School parking lot. For info visit fairviewfarmersmarket.org

Fairview Welcome Table Lunch

A lunch every Thursday, 11:30am–1pm in the Community Room of Fairview Christian Fellowship, located behind the Fairview Library. Visit their Facebook page or fairviewwelcometable.com

WNC Knitters/Crocheters for Others

Meets 2nd Mondays, 7–9pm at New Hope Presbyterian Church, 3070 Sweeten Creek Rd. All skill levels welcome. Contact Janet Stewart, 575-9195. Facebook: CharityKnitting4Others.

ONGOING EVENTS CONT'D

Buncombe County Democratic Party Women's Club Dinner

BCDP monthly dinner meetings are held the 3rd Thursday of the month, 6–7:30 at Democratic Party HQ, 951 Old Fairview Rd., Asheville. Dinner by Artisan Catering, \$12. Information and RSVP at buncombedemwomen@gmail.com

Buncombe County Republican Women's Club

BCRWC meets each 2nd Thursday, 11:30am–1:30pm at the Olive Garden, 121 Tunnel Road, Asheville. September's speaker is Anglican priest William Martin on the topic of separation of church and state. For info email lisabaldwin4kids@gmail.com

Prostate Cancer Support Meeting

Us TOO of WNC for men, caregivers and family members, meets the first Tuesday of the month. In september it is the 7pm. First Baptist Church of Asheville, 5 Oak Street. Open discussion. For info call 242-8410 or visit wncprostate@gmail.com

ONGOING EVENTS CONT'D

Reynolds/Fairview Scrabble & Cribbage Club

Wednesdays, 12:30 to 4:30pm at Mountain Mojo Coffee Shop, 381 Old Charlotte Hwy, Fairview. Contact 216-7051.

Brain Tumor Support Group

Every third Thursday at MAHEC, 6pm. Refreshments. Visit wncbraintumor.org.

BEAR Closet

Fairview Sharon United Methodist Church operates a Baby Equipment and Resource (BEAR) Closet for newborns–5 year olds. 1st and 3rd Mondays of the month, 3–5pm. Free clothing, shoes and baby equipment to benefit pregnant women and people preparing for a baby. Volunteers and donations of clean, like-new or new clothing and equipment are needed.

THE LORD'S ACRE

Wednesday Volunteer Night. Dig in and learn more about gardening while sharing in the experience of growing in community, 6pm–8pm. Email susan@thelordsacre.org with subject 'Wednesday Night Volunteer'. The Lord's Acre garden, Joe Jenkins Road, Fairview. For info visit Thelordsacre.org

Continued page 4



CO-PAYS and PREMIUMS and TIERS
Oh My!

Making sense of Medicare can be scary, but we are here to help answer all of your questions!

Americare Pharmacy

Phone: (828) 628-3121
Hours: Mon-Fri 8am - 6pm
Website: americarepharmacy.net

Fairview's Hometown,
Locally Owned & Operated
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Fairview Business Park
1185 Charlotte Highway
Fairview, NC 28730

Medicare Part D is prescription drug coverage. It can be confusing to understand. The Open Enrollment dates are October 15– December 7 this year. Our pharmacists are all available to you to evaluate your current coverage and to review new options that might work better for you based on your specific medication needs.

Call us at 628-3121 to arrange an appointment.



Drovers Road PRESERVE



Located on the Drovers Road Scenic Byway, Drovers Road Preserve is a place of natural beauty and unique value. A 110 acre conservation easement surrounds this neighborhood in the heart of Fairview farm country. **10 homesites are available with 1.6 to 8+ acres, from \$210,000 to \$265,000.**

- Nature paths
- Picnic pavillion
- Lookout tower
- Several small creeks to play in
- Nestled in an area of conservation properties and organic farms

CAROL FISK
828-674-0441
carolfisk@beverly-hanks.com

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828-776-1986
christiemelear@beverly-hanks.com

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COMMUNITY EVENTS

HICKORY NUT GAP FARM

hickorynutgapfarm.com

All events free for kids 4 & under.

Friday 9/1, 6–9pm: **Blues Dance Night** featuring Jesse Barry & The Jam. \$6.

Saturday 9/2, 6:30–9: **Movie Night** featuring *The Karate Kid*. \$6.

Friday 9/8, 6–9pm: **2 Step Dance Night** with Texas T & The Tumbleweeds. \$6

Saturday 9/9, 11am–4pm: **Barbecue Fest**. \$7

Friday 9/15, 6–9pm: **Square Dance** with The Haw Creek Sheiks. \$6

Friday 9/22, 6–9pm: **Square Dance** with The Cane Creek Hellbenders. \$6

Sunday 9/24, 11am–4pm: **Fairy Party-Autumn Celebration**. \$10

Friday 9/29, 6–9pm: **Swing Dance Night** with Sparrow & Her Wingmen. \$6

SPRING MOUNTAIN COMMUNITY CENTER

springmountaincc.com

Friday, September 8 Outdoor Family Movie Night Kids' activities beginning 7:30pm, movie begins at dusk. Pizza, popcorn, drinks, snacks, cupcakes available at a small charge. Bring lawn chairs and blankets.

Thursday Yoga Classes Thursdays 6:15–7pm; \$5–\$10 suggested donation. Call 243-8432 or email sabrina.alison.mueller@gmail.com

SPRING MOUNTAIN COMMUNITY CENTER

Mondays in the Garden Meet Jim and help work in the SMCC garden, 5–7pm.

Tuesdays in September Concert Series Beginning at 7:00pm, enjoy an eclectic music mix from the Berry Pickers, or bring your instrument to jam. Refreshments available for a freewill offering. For info contact Jim Stilwell, jamesstilwell@bellsouth.net.

Quilting Bee Meets every 2nd Tuesday, 10am–2pm. Bring a project and your lunch. Quilters make items to donate to worthy causes. Call 628-7900 or 628-1938.

THE LIGHT CENTER EVENTS

urlight.org or call 669-6845

Saturday 9/9, 2–4pm: **Reiki Healing Circle** with Odilia Forlenza.

Friday 9/15, 7–9pm: **A Musical Portrait of the Soul** with Rev. Faerie Elaine Silver and Richard Shulman.

Saturday 9/16, 10–Noon: **Trail Clean-up** with volunteers.

Saturday 9/23, 2–4pm: **Open Your Chakras** with Rev. Heidi Peck.

Saturday 9/23, 6:30–8pm: **Drum Circle at the Labyrinth** with Jonna Rae Bartges and Nicholas Andrea.

Sunday 9/24, 2:30–4:30pm: **Autumnal Equinox Concert** with Richard Shulman.

PET EVENTS

Asheville Humane Society
ashevillehumane.org

Saturday 9/9, 12–5pm at Salvage Station, 468 Riverside Drive, Asheville. **Mix 96.5's Dog Day Afternoon**, adopt-a-thon, music, food trucks, craft beer and more.

Sunday 9/10, 12–5pm. **4th Annual Doggie Dip** at the Recreation Park Pool. Proof of current vaccinations & spay/neuter required. For info & tickets: www.ashevilenc.gov/parks

Saturday 9/16, 10am–2pm. East Asheville **Hard-2-Recycle** collection at Madden Ace Hardware, 2319 US-70, Swannanoa. Accepting electronics, batteries, small appliances, etc. for the Habitat ReStore. For list visit asheville-greenworks.org/hard-2-recycle1.html

Friday 9/22, 3–9pm. **Outdoor event for people & dogs** at The Hop Ice Creamery, 167 Haywood Road. Happy Trails Doggie Ice Cream for pups.

Saturday 9/23, 1:30–3pm. Tour Asheville Humane Society and the Buncombe County Animal Shelter.

Brother Wolf
bwar.org

Saturday 9/2, 2pm. The Country Club of Asheville, 170 Windsor Drive, Asheville. Activities and adoptable dogs.

Friday 9/8, 5pm. The Country Club of

Asheville, 170 Windsor Drive. **Tapas on the Terrace** & adoptable dogs.

Saturday 9/9, 12–5pm. **Dog Day Afternoon** puppy party with games & activities at The Salvage Station, 468 Riverside Dr., Asheville.

Sunday 9/10, 12–3pm. **Petco Gold Adoption Day**. 825 Brevard Rd, Asheville.

Saturday 9/16 & Sunday 9/17, 11am–4pm. **PetSmart Adoptathon Weekend**, 150 Bleachery Blvd, Asheville.

Saturday 9/23, 12–3pm. **Adoption Event** at Highland Brewing, 12 Old Charlotte Hwy, Asheville.

SAVE THE DATE

OCTOBER 6 (FRIDAY)

Fairview Elementary School Fall Festival.

4–7pm on the school's ball fields.

OCTOBER 22 (SUNDAY)

Fairview Area Art League Outdoor Sidewalk Art Show.

1–5pm at The Hub of Fairview.

NOVEMBER 11 (SATURDAY)

Fairview Community Center Craft Show and Book Fair 9am–2pm

DECEMBER 2 (SATURDAY)

Fairview Community Center Breakfast with Santa 8–10am

COMMUNITY EVENTS

Help for Houston

Our hearts go out to all of those Texas and Louisiana who have been affected by Hurricane Harvey. So many are without food, water, shelter or power. Below is a list of groups that can use our support at this time in particular.

American Red Cross – redcross.org; 800-RED-CROSS; or text the word HARVEY to 90999 to make \$10 donation

The Salvation Army – helpsalvationarmy.org; or 800-SAL-ARMY

The United Way – uwtexas.org/hurricane-harvey; or text UWFLOOD to 41444

The SPCA of Texas – spca.org

The SPCA of Louisiana – la-sPCA.org

The Houston Humane Society – houstonhumane.org

The Louisiana Humane Society – news.humanela.org

Our thoughts and prayers are with all of the victims and those who have rushed to assist.

Critical Shortage of Blood at Red Cross Please Donate

The American Red Cross is facing a critical blood shortage and has issued an emergency call for eligible blood and platelet donors of all blood types to give now and help save lives.

Blood donations have fallen short of expectations for the past two months, resulting in about 61,000 fewer donations than needed and significantly diminishing the Red Cross blood supply.

Town Crier readers may give the gift of life at the Fairview Volunteer Fire Department on Saturday, Sept. 23, 9 am–1:30 pm, at 1586 Charlotte Highway. Call the Red Cross at 800-733-2767 or visit redcrossblood.org with sponsor code *Fairview* to make an appointment.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues are delivered free on or about the first of every month to 8,400+ households in Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions are \$30 per year and will be mailed First Class on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 31.

Raffle to Benefit Town Crier



Just look at this grand old dame! She has great bones, original down cushions, and it's a safe bet she was a real beauty in her youth. But, like so many of us of a "certain age," she could use a nip and a tuck to look her best.

Well she, and you, are in luck! We're going to raffle off this lovely Chippendale-style lady — expertly refurbished to the winner's taste — with the proceeds to benefit the *Fairview Town Crier*. Through October 31, for only \$25 you can purchase a chance to win her, all nipped, tucked, and redone in a brand new outfit. And you get to pick the outfit to match your décor!

The winner will get a newly rebuilt and upholstered sofa in the choice of his or her fabric. (Fabric choice is limited to \$25/yard unless the winner is willing to contribute the additional cost of more expensive fabric.) Whatever it takes — re-tied springs, new cushions, new fabric — it will be done by a professional upholsterer. We'll plot the progress on our Facebook page until the grand dame is all spruced up. Stop by the Town Crier's office at 1185 Charlotte Highway (in The Hub) or donate online at fairviewtowncrier.com.

The Crier is a 501 (3) c non-profit.

Timing counts when it comes to your social security benefit

Social Security can be one of your most valuable retirement assets. The decision of when you start taking your benefit impacts how much you'll receive.

Call or visit today, and learn how your decision impacts your overall retirement income strategy.

Final decisions about Social Security filing strategies always rest with you and should always be based on your specific needs and health considerations. For more information, visit the Social Security Administration website at www.socialsecurity.gov.

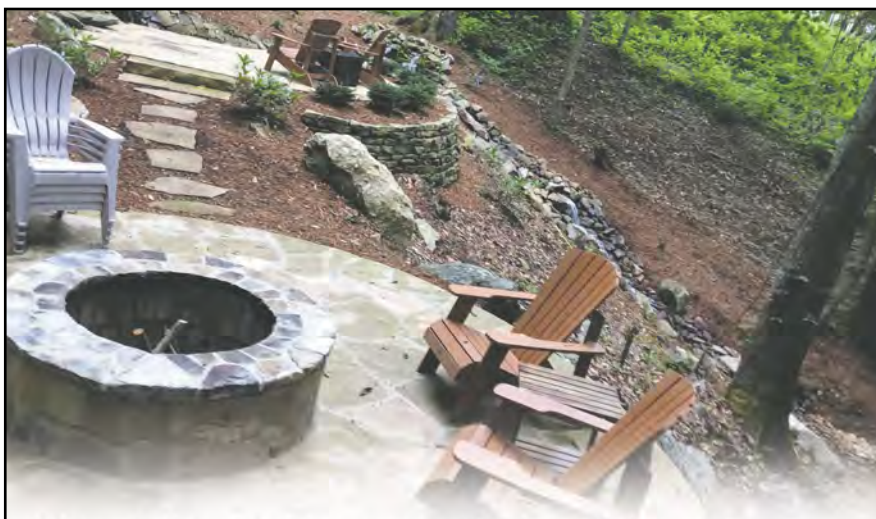


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\$165,000

Lovely 2 bedroom (+ office currently used as a 3rd bedroom), 2 bathroom home in the Fairview community – minutes from schools, shopping, etc. This home is in great shape with a covered front porch, tons of parking, an outbuilding, and a huge, fenced yard. Vaulted ceilings, a fireplace, an open kitchen, and two living areas complete this beautiful, 1,637 square foot home.



For more information or to schedule a showing, contact



(828) 771-2396

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PROGRAMS AND EVENTS FOR ADULTS

Audubon Presentation

All are invited to learn more about how to help protect habitats and build resiliency for birds threatened by climate change.

The Friends of the Fairview Library present the *The Wood Thrush Connection*, a short film about the climate-threatened Wood Thrush, on Tuesday, September 12 at 7pm. Kim Brand, a Forsyth Member and Audubon North Carolina staff member featured in the film, will be at the Library to comment and answer questions.

Last year, one Wood Thrush's migration journey created an incredible connection between North Carolina and Belize. The film follows this bird's journey from North Carolina to Belize and illustrates the inspiring work of the conservation heroes working to protect Wood Thrushes. Produced by the Climate Listening Project, a visual and storytelling project, the video features Forsyth Audubon and the Belize Audubon Society sharing stories of why they're dedicated to protecting the Wood Thrush everywhere it lives. The Friends of the Fairview Library will provide refreshments after the program.

Fairview Evening Book Club

The Evening Book Club begins a new season of reading on Tuesday, September 19 at

7pm with a lively discussion of *Americanah* by Chimamanda Ngozi Adichie. BookPage has described this book as an "emotionally riveting love story, as a profound meditation on race and as a revealing exploration of the immigrant experience. It succeeds —



beautifully — on every level."

No sign up or registration is required to be a part of Evening Book Club, and you can join any-time. So why should you?

- It's FREE!
- You can

meet new people

- You get to read good books
- There are always lively discussions and good debates
- You get to read outside the box
- It's a reason to turn off the TV
- You can take a break and get out of the house
- Everyone's welcome
- You'll learn something new
- It's FUN!

PROGRAMS AND EVENTS FOR KIDS

What Do Librarians and Otters Have in Common?

They will both be at the Nature Center in early September for the 3rd annual Library

Day at the Nature Center! Join us as Buncombe County librarians invade the Nature Center with live animal storytimes, crafts, book character scavenger hunts, and so much more. The event is on Saturday, September 2 from 10 am–3 pm at the Western North Carolina Nature Center.

Wait, there's more! Pick up a free raffle ticket at any Buncombe County Public Library from now until the day of the event, and bring it to Library Day to be entered into a drawing for a chance to win a basket full of book/nature lover treats!

LEGO Club

On Friday, September 1 at 3:30 pm, join us for special builds, creative challenges, and a whole lot of fun. You bring your creativity; we'll provide the blocks!

Maker Space

Creative opportunities abound all summer long in our Maker Space. Self-directed activities will be available for children and teens. Past activities have included blackout poetry, book cover selfies, and grown up coloring. The station is always changing, so make sure to check out the latest project next time you are in the library.

NEW BOOKS COMING IN SEPTEMBER

Adults

Secrets in Death by J.D. Robb (9/5)

Proof of Life by J.A. Jance (9/5)

The Western Star by Craig Johnson (9/5)

The Golden House by Salmon Rushdie (9/5)

Enigma by Catherine Coulter (9/12)

A Column of Fire by Ken Follett (9/12)

The Girl Who Takes an Eye for an Eye by David Lagercrantz (9/12)

Forest Dark by Nicole Krauss (9/12)

Teens

Be sure to check out Alexandra Duncan's *Blight*. Duncan's first two books, *Salvage* and *Sound*, were fantastic hits, and she has just come out with her third book. Plus she's a librarian for Buncombe County, so it doesn't get better than that!

Teachers and Homeschool Parents

The Fairview Library is here to support you in any way we can. As you start a new school year be sure to check out the Teacher Subject Request form on the Library website. Our librarians will pull books and other materials relating to any area of classroom study (e.g. ancient Egypt, seasons, emotions, families) and then email you when they are ready to be picked up.

Used Book Sale

Visit the Used Book Store inside the library to get some great deals on gently used books. The Friends of the Fairview Library Book Sale is always accepting donations. If you have any gently used books, CDs, or DVDs that you would like to donate to the book sale, drop them off during open hours to the circulation desk. Receipts can be provided upon request. All profits from the Book Sale go to the Friends of the Fairview Library.

Edge, Word, Gmail and iPhone News

Resetting web browsers is often a great way to fix issues with your web browsing, resetting takes things back to original conditions. Soon Edge users in Windows 10 will be able to reset that web browser without much difficulty. If you have the recent "Fall Creators" update, one of the most recent big updates to Windows 10, reset Edge: First quit Edge, then open Settings, Apps and Features; find Microsoft Edge, select it, then Advanced Options, then Reset. Note that resetting Edge does get rid of cookies, history and saved passwords. At least your Favorites won't be cleared out.

Related to resetting Edge is just clearing out history and cookies without going through the whole reset process. In Edge, click on the Settings menu, the three horizontal dots in the upper right corner just a bit below the X to close Edge. At the bottom of this menu, click Settings, then find and click on Clear Browsing Data. Check what you wanted cleared and click the Clear button. You don't yet get to say how far back in time things will be cleared — it just clears all.

The word out on Edge, Microsoft's replacement for Internet Explorer, is that it finally might be decent and not too limited. It might be time to mix it in for those only using Chrome and/or Firefox.

Soon the latest version of Word, as part of coming updates to Office 365, will be

able to read your documents out loud. I know you might say that you can already do this with other accessibility features built into Windows 10 and Apple's OS X, but this won't force you to turn those on, if all you want is for Word to read to you. This feature will be under the Review tab, in an update coming sometime in late fall.

Gmail can store a lot of email, but if you get many large attachments, those can eat up quite a bit of the free 15 GB you get for email and Google Drive. Google can search your emails not just for topics and senders but also for size of email. When you are logged into gmail.com, click in the search box, on the right side of that search box there is a drop down triangle you want to click on. That reveals many search options, including the ability to search for emails with attachment or emails larger than a particular size. Once you find those emails you can delete them, maybe after you have downloaded the needed attachments.

iPhone users may be excited to learn that iOS 11, due out this fall, will have a one-hand keyboard, potentially useful with the larger iPhones when you have smaller hands.



Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or bill@scobie.net

TODAY MAY BE THE START OF A BETTER LIFE

As you get older, little things can add up and keep you from enjoying life. A Reverse Mortgage¹ could help by turning your home equity into additional income to help pay for healthcare, bills, home repairs or other little expenses. Benefits also include:

- Eliminates any existing mortgage
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- Proceeds may be tax-free²
- Interest rates may be lower than other options
- A Reverse Mortgage may also be used to purchase a new primary residence

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¹A Reverse Mortgage is a loan that must be repaid and fees may be higher than with a traditional mortgage. Borrower must be over 62 years of age and live in their home as their primary residence. When you no longer live in the home, the loan balance becomes due and payable by the borrower or borrower's heirs and the balance may be greater than the current value of the home. Value of estate inheritance may decrease over time as proceeds are disbursed. Borrower continues to be responsible for certain ongoing costs such as property taxes, insurance, and general maintenance and failure to pay these could result in foreclosure. Failure to live in the home for a period longer than allowed by the loan agreement may also result in foreclosure.

²Consult your tax advisor about your personal situation. Although a Reverse Mortgage loan generally does not affect eligibility for Social Security and Medicare, needs-based government programs such as Medicaid may be affected.



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Joseph and Catherine Creasman Stroup

Joseph Stroup was born on May 2, 1776 at the German community on Hoyle's Creek in Lincoln County, North Carolina. He was the son of Adam and Catherine Alexander Stroup. Joseph's grandfather, Jacob Stroup, had moved the family from Maryland to North Carolina after Mason and Dixon resurveyed the line between Maryland and Pennsylvania; Stroup's Maryland deeds were not any good after his land was found to be in Pennsylvania.

Joseph Stroup was four years old when General Cornwallis and his detested "lobsterbacks" camped near the family's home in Lincoln County. Stroup's father, grandfather, and uncle grabbed their guns and went to fight the British. Cornwallis and his men were so cruel and treated the residents around little Joseph's home so badly that even though he was a fifth generation American, he refused to speak one word of English the rest of his life, though he understood English well. He would only speak German and made his wife translate what he said in to English. His wife was Catherine Creasman, whom he married on September 14, 1798, in Lincoln County.

The Creasmans were also a German family that had moved from Hampshire County, Virginia, to Lincoln County. Joseph and Catherine Stroup moved to Buncombe County around 1807. The German Creasman and Ingle families also moved to Buncombe around the same time. They settled

in the Riceville section of Swannanoa. The Ingle family soon moved to Leicester but the Stroup and Creasman families remained in the Riceville section of Swannanoa. Joseph Stroup built his home on Bull Creek. According to Foster Alexander Sondley's writings, "on Swannanoa, Mr. Stroup successfully grew the first wheat in Buncombe County." Stroup dammed up Bull Creek and built a mill above it. He then built a two-story house above the mill. Stroup donated the land to build a school on Riceville Road and sent all his children, both boys and girls, to the school. This was unusual at the time, as people generally did not send girls to school. The school was still in use as late as the 1880s. Stroup's great-grandson Paul Clifton Stroup attended the school during that period.

Stroup's farm covered more than 1,000 acres of land, where he grew corn, barley, rye, and wheat. He was said to have been the first person in the area to grow sorghum cane, and he built the first molasses mill in the Riceville section of Swannanoa. He had a machine shop at his mill where he would make gears, farm tools, and pots and pans.

The Riceville area had no church when Stroup moved there. Raised a Dunker Baptist, he built the first church in Riceville; it was called Stroup's Chapel. The church was located adjoining what is now incorrectly called Riceville Presbyterian Cemetery.

Jesse Clark married Joseph's daughter



Mary Stroup Harper, 1813-1894

Nancy and became Stroup's partner in his mill. Joseph Stroup's grandchildren called him "grandsire." Stroup's teenage grandson James lived with his Stroup grandparents to help them out in their old age.

Joseph Stroup made his last trip to Ashe-

ville on February 6, 1851. He did not believe in wills, so he deeded the last of his land to members of his family on that day. Alfred Head, Stroup's nephew, wrote in a letter to his mother Elizabeth Stroup Head in 1851, "Old Uncle Joseph is poorly and



most of the time confined to his bed."

Joseph Stroup died on August 13, 1851. He was buried at Stroup's Chapel Cemetery (now called Riceville Presbyterian Cemetery). Catherine Creasman Stroup, Joseph's wife, died in 1864 and was buried beside her husband. Catherine was a charter member of Berea Baptist Church.

Joseph And Catherine Creasman Stroup had eight children.

Elizabeth "Betsy"

Betsy Stroup was born in Lincoln County

on August 19, 1799. She married William Shope (1788-1872) and died in Swannanoa on April 15, 1872. Both are buried at Piney Grove Cemetery.

Henry

Henry Stroup was born on October 3, 1802 in Lincoln County, married a woman named Barbara and died in 1870.

Sarah

Sarah Stroup was born in 1807 in Swannanoa, married Archibald Ray and died after 1858.

Nancy Jane

Nancy Jane Stroup was born on November 29, 1811 in Swannanoa and married Jesse

Clark (September 14, 1811-January 1870; he died of TB). She died on May 19, 1892.

Mary

Mary Stroup was born in Swannanoa on November 29, 1813. She married Peter Harper (1810-1891), son of Lot Harper (1781-1866) and Mariam Whitaker (1786-1824). They lived across the road from Fairview Elementary School. Mary died in Fairview on May 27, 1894; Peter and Mary Stroup Harper are buried in Cane

Creek Cemetery.

David

David Stroup was born in 1815 in Swannanoa, married Mary Porter and died in 1870 in Swannanoa.

Silas

Silas Stroup was born on August 19, 1817 in Swannanoa. He married Susan Harper Henry (December 11, 1812-June 1, 1894); she was also a daughter of Lot Harper and Mariam Whitaker. Susan Harper's first husband was Ephraim Henry, who went out west and was never heard from again. Silas

and Susan Harper Stroup lived on Cane Creek. Silas died in Fairview on November 4, 1896; both he and Susan are buried in Tweeds Chapel Cemetery.

Delaney

Delaney Stroup was born in Swannanoa and died as a child.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net

Concealed Carry Firearms Class Scheduled

Spring Mountain Community Center will conduct a Firearm Safety and Training class on Saturday September 16, 2017. Completion of the class with enable participants to meet part of the requirements for a Concealed Carry permit in Buncombe County. Hours for the class are from 9 am to 5 pm. Cost is \$85. which includes lunch.

Reservations must be made for this program and will not be guaranteed until payment is received. Please call 828 778-0279 for more information and to ensure your place in class, as attendance will be limited to 20 participants.

It is not required that those attending bring a firearm unless they would like to shoot their own weapon. Please bring 22 caliber ammunition for the shooting portion of the day.

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LOT 5	0.86 ACRES	\$71,000
LOT 6	0.83 ACRES	\$69,000
LOT 7	1 ACRE	\$71,000

WEATHER CORNER TOM ROSS

September is Peak Hurricane Season for the United States

A picture is worth a thousand words and the graphic shown in this month's article depicts the historical frequency distribution of hurricanes and tropical storms for the last 100 years according to NOAA.

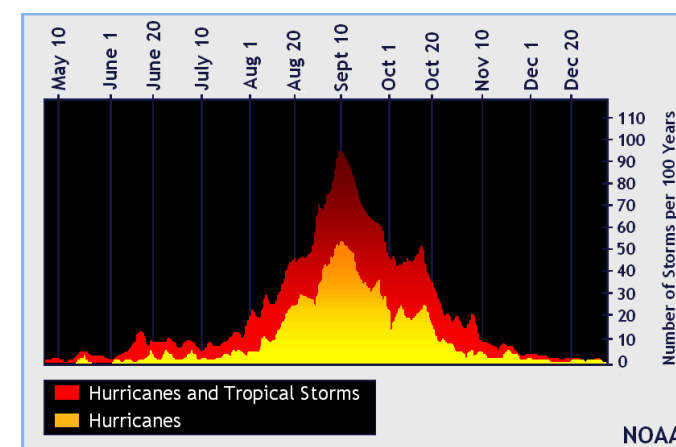
The official hurricane season for the Atlantic Basin (the Atlantic Ocean, the Caribbean Sea, and the Gulf of Mexico) is from 1 June to 30 November. As seen in the graph, the peak of the season is from mid-August to late October, with the highest number of storms occurring around September 10. However, deadly hurricanes can occur anytime in the hurricane season. As mentioned last month, it's not how many storms you have but how many make land-fall in the U.S. that counts. Nevertheless, the graph points out that we are in the midst of the Hurricane season, and it is best to keep track of all these storms. NOAA's National Hurricane Center is the organization responsible for keeping us all informed and can be found at nhc.noaa.gov.

What a Difference a Year Makes

Turning to our current weather and climate across the region, what a difference a year makes. Last year in late summer we could not buy rain and were in the midst of a drought. Remember our brown yards and crunchy grass because of the lack of rain? Well, that pattern has certainly turned around. I can actually say that the slogan

"Cool, Green Asheville" has had more truth this year than last, and we are heading into the fall with a precipitation surplus, not anything like what we had to deal with last year.

Another feature of September weather is the "end" of the summer. Actually, meteorological summer — which is defined by the three warmest months of the year, June, July and August, has already ended. The amount of solar radiation, hence the length of day, starts out at 12 hours 54 minutes on the first of the month and is down to 11 hours 50 minutes by month's end — a decrease of an hour or so of daylight. The temperatures also show a marked decrease as well



and follow the trend of decrease heating; normal high and low temperatures start out at 80 F for a high and 60 F for a low and drop almost 10 degrees on average, to 72 F

August Trivia Answer

What is the main instrument used by Hurricane Hunters to collect data?
During flight, weather data is continuously collected and sent to the National Hurricane Center via satellite. While penetrating the eyewall, a weather instrument called a dropsonde is released to determine maximum winds at the surface, and another "sonde" is released in the eye to detect the lowest pressure at the surface. This instrument gathers data including wind direction and speed, pressure, temperature, and humidity from the plane's altitude to the water's surface, creating a vertical profile of the atmosphere. After exiting the eye, the a vortex message — including latitude and longitude of the center as well as maximum winds, maximum temperature, and minimum pressure — is created.

for a high and 50 for a low by month's end.

On a forecast note, we have enjoyed quite a few cool spells this summer thanks to cooler air or a trough in the eastern half of the U.S. making inroads over part of the Carolinas from time to time. In contrast, the western states were quite hot this summer because of an upper level ridge over portions of the Rockies and the Southwest a good part of the summer. If this pattern holds, with a trough in the east and a ridge in the west, it could lead to a colder fall and winter — or at least portions of those seasons — but we may be getting ahead of ourselves at this point. More on the winter outlook in the October and November reports.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

September Trivia Question

What is the mechanism of why low clouds so often form in the valleys between our mountain ridges?

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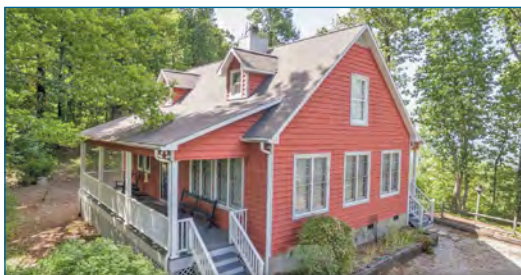
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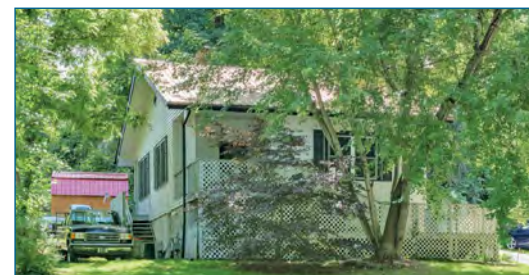
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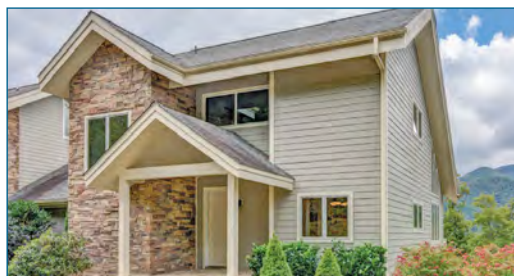
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Kindness

The other day a kind friend took me to the Fairview library since I'm not driving anymore. Our library is such a sweet place to spend time. As we were leaving a lady in the parking lot said to my friend, "Would you like a flower?" My friend replied, "Sure." So the lady got a lilac from her car and gave it to my friend. Next we went to the Flying Cloud Farm self-service roadside stand. We got some vegetables and a flower and put money in the pipe. Someone had left four dollars on the counter so we put that in the pipe as well. We also went to see a labyrinth that is basically open to the public.

My friend was impressed by the kindness and trusting nature that appears to be prevalent in Fairview. With all of the unkind things I see and hear about in this world I felt proud to know kindness and trust are alive and well in Fairview.

One of my son's memorable lines when he was young came after he would accidentally break something. His initial response was usually some amount of regret or sadness. Then he would get a look in his eyes that would eventually spread to his mouth and a smile as he offered, "Papa fis it." I've always been proud of my critical thinking/problem solving skills and ability to fix things. The more physical capabilities ALS takes from me, the more family, friends and neighbors have been taking a shift and staying with me during the day when my

wife is at work. They mow the yard, help out, take me places and help me with meals. I have home health coming as well. Letting others, "fis it" (be kind to me) is a skill I need to work on.

One interpretation of the seven deadly sins says envy is the opposite of kindness. Envy means we're being judgmental about who deserves what, including good and bad things. The full benefits of kindness may elude us on our journeys if we continued to judge who is worthy of kindness.

Kindness is an important element of mindfulness practice, which is a component of self-empowerment and self-determination. Mindfulness practice effectively allows you to be present and focused on this moment rather than being distracted by yesterday's events or anxiety about tomorrow. The only time you can really be kind is today, in this moment.

Showing kindness does not make you weak or gullible — giving and receiving kindness shows strength of character. Kindness is not just something you do for someone else. It is actually something you do to add value to your journey. How someone chooses to respond to your kindness may take on less importance when viewed in this way. In order to get the value added from kindness, it may require you to open your heart, accepting differences, eliminating envy and the need to receive credit for your kindness.

Kindness is not a get-into-heaven-free

Showing kindness does not make you weak or gullible — giving and receiving kindness shows strength of character.

card. It can help you feel connected to your journey and the journeys of others. So how do you work on your kindness practice? Do you stop being selfish? Probably not, especially if kindness is a selfish act designed to add value to your own journey and not some kind of competition.

Some in our society believe in "connection through exclusion" in the sense of narrowing down the pool of people who may be judged worthy of connection and kindness. "Connection through acceptance," on the other hand, offers a way to broaden or add value to your journey. If kindness is indeed a selfish act designed to add value to our own journey, then it would seem to make sense to seek ways to increase the pool of people to whom you offer kindness or from whom you receive it. Interestingly, it is when you feel disconnected and needy that you may benefit most from giving or accepting kindness.

Self-kindness helps you feel connected to those around you in healthy, positive ways. So if someone takes advantage of you or hurts

your feelings in some way, self-kindness can help you recognize your own contribution to the experience. Next you may evaluate your own beliefs, feelings and behavior and consider why you were vulnerable to this person's words or actions. Anger and defensiveness can give power to the person you perceived as unkind, leaving you feeling disconnected and vulnerable, which is an important time to give and/or receive kindness. Without self-kindness you may find yourself angry, defensive and acting in ways you regret later.

Withholding kindness from yourself or from others because you don't know if you or they "deserve" kindness is the ultimate waste of time. Increasing your kindness pool offers real added value when you may need it most.

Here are some questions, and one request, that you may find helpful to developing your kindness practice.

1. Whom do I envy or exclude from my kindness practice?
2. When was the last time I was kind?
3. How did it feel to be kind?
4. What value did it bring to my Journey?
5. Teach me.

You Are Here



Blair Clark is a Licensed Professional Counselor Supervisor and author of *Answers to What Ails You (AWAY)*.



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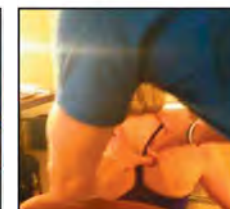
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I had been suffering from lower back pain for over three months and the drugs I was taking to ease the pain, were not helping. Seeing a chiropractor helped me in multiple ways...I don't have the back pain anymore, I can bend over better, and most importantly, my attitude has changed. Thanks to Dr. Reilly I'm less crabby! I suggest anyone with similar conditions, visit a chiropractor!

— Chuck B.

I came to Dr. Reilly for excruciating back pain that was making it difficult for me to walk. I had the pain for approximately 1-1/2 weeks prior to coming in the office. Dr. Reilly adjusted my spine and manipulated my lower back. The next day I was pain free. I was able to walk a lot easier after the adjustment. I had previous back surgery in May 2013 and physical therapy on my shoulder more recently. I would highly recommend a consultation with Dr. Reilly.

— Daniel B.

I suffered with lower back pain for years and had good results with chiropractic years ago. My friends told me how Dr. Reilly of Fairview Chiropractic Center had helped them and I decided to call. Dr. Reilly explained my condition in terms I could understand and laid out a treatment plan designed just for me. I followed this plan and today I am out of pain. After my course of care I find I am able to do things without pain that I previously could not do — housework, yard work and even brushing my teeth. I have more energy throughout the day to do activities that were limited before due to pain. If anyone is putting off getting care for any reason, pick up the phone and call Dr. Reilly, it is worth the effort.

— Bernice C.

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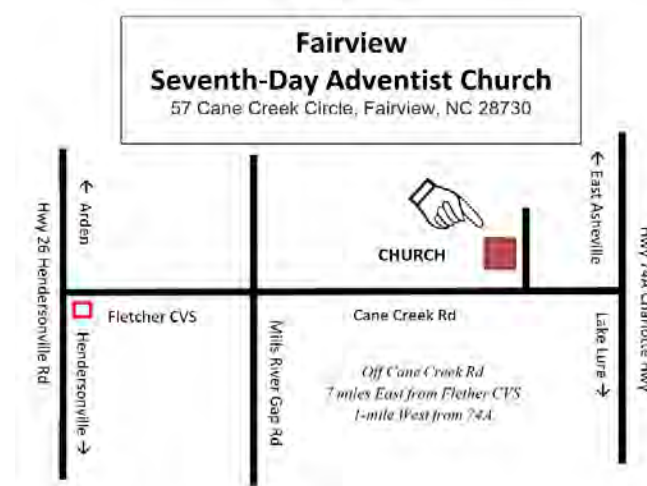
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TO YOUR HEALTH AMY SANTIN

Colon Cancer Screening

Is your doctor bugging you about getting a colonoscopy? Do you wonder whether you really need one? Isn't there another test? Do you need to be screened for colon cancer at all? The answer is YES, at least to the last question. This issue has been on my mind recently as a patient of ours who had been resistant to recommendations for screening finally agreed and was found to have an early, treatable form of colon cancer. Since the patient had no symptoms whatsoever, who knows how far the cancer could have progressed before being detected if they had not had a routine screening test.

Screening tests are recommended because they're able to detect precancerous lesions and early cancers at a stage when they're still treatable. Colon cancer is a slow-growing cancer that if detected early has a high cure rate. If detected late it is often fatal. Colon cancer is the second-leading cause of cancer death in the United States. Almost 50,000 people in the U.S. will die from colon cancer this year.

Most medical groups are in favor of beginning screening at age 50 in "average risk" people and continuing through age 75. Earlier screening is recommended for high risk groups.

The test that is most frequently recommended in the United States is a colonoscopy. Colonoscopies are recommended every 10 years if the results are normal, or more frequently if abnormalities are detected. In this procedure a scope with a

Colon cancer is the second-leading cause of cancer death in the United States.

camera on the end is introduced through the rectum and advanced through the entire colon allowing for real-time visualization of the walls of the colon.

There are other tests available that are shown to reduce your risk of dying from colon cancer. The most commonly used alternatives are stool-based tests. The most basic is called a fecal occult blood test. In this test, the patient places a sample from three different bowel movements on a card given to them by their health care provider. The patient brings this back to the office or sends it back in the mail.

So which test is best? Colonoscopy has the best overall outcome data but the others are very close. This needs to be weighed against the potential harms, costs, and patient preferences. In the end, the best test is the one that will get done! So talk to your healthcare provider about colon cancer screening and which test is right for you and remember that any test is better than no test at all.

Amy Santin, MD, is a family care physician at MAHEC Family Health Center at Cane Creek

TO YOUR HEALTH ED REILLY

Back Pain vs. Back Disease: Do Back Problems go Away on Their Own?

Four out of five people suffer from back pain at some point in their lives; it is the second most common reason for visits to the doctor's office. Most cases of back pain are mechanical or non-organic, i.e., not caused by serious conditions, such as inflammatory arthritis, infection, fracture, or cancer. According to the World Health Organization, back pain is an epidemic that traditional medical interventions appear inadequate to control.

What Causes Back Pain?

The back is a complicated structure of bones, joints, ligaments, and muscles. Sprained ligaments, strained muscles, ruptured discs, irritated nerves, and deconditioned supporting muscles can all lead to chronic back pain.

While sports injuries or accidents often cause back pain, sometimes the simplest of movements can also have painful results. In addition, arthritis, poor posture, and obesity, as well as unhealthy habits such as smoking or failing to hydrate the body properly, in addition to psychological stress, can cause or complicate back pain. Minor injuries usually heal within one or two days, but often some pain continues.

Will the Pain Go Away on its Own?

A recent five-year prospective study showed that when back pain is not treated, it may

go away temporarily but will most likely return. The study shows that in more than 33 percent of people with low back pain, the pain lasts more than 30 days; only 9 percent of people with pain lasting more than 30 days were pain-free five years later.

Another study looked at all the available research on the natural history of low back pain. The results show that when ignored, back pain does not go away on its own, but continues to affect people for long periods after it begins.

Preventing Long-Term Back Pain

If back pain does not resolve quickly, it may result from mechanical problems that a doctor of chiropractic can address. Many chiropractic patients with relatively long-lasting or recurring back pain feel improvement shortly after starting chiropractic treatment.

Some back pain, however, is indicative of a more serious underlying health issue. Inform your chiropractor or medical doctor immediately if you have bladder or bowel problems or significant weakness in your extremities.



Dr. Reilly is past president of the NC Chiropractic Association. drreilly@fairviewdc.com, fairviewdc.com, 628-7800.

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Floyd Hargus: Speaking of Heroes

The troop ship Sterling Castle was about 300–400 miles out from the Statue of Liberty, on its way across the Atlantic toward a Europe locked in war. It was 1944 and Floyd Hargus was on that ship, he remembers, “on deck with the whole company, taking exercises,” when “a U-boat tried to get us.” The Sterling Castle’s crew started rolling the depth charges overboard, barrel after barrel exploding far below, “and I think we got him.”

That was Mr. Hargus’s first experience of a war that would take him through England to France and on into Germany itself, a war in which he earned the Bronze Star and of which his memories and stories are still fresh and powerful. He also has an amazing album of photos and other memorabilia that bring his experiences to life.

Mr. Hargus’s company docked in Liverpool, then went on to Manchester, where they lived in Quonset huts for a week until they went into France. Their company moved east, past Paris and toward Germany’s western border. It was the beginning of the Battle of the Bulge, the Allied effort to break the last German offensive campaign in its western theater. The Germans had launched a surprise attack and the Allies were racing to meet and repulse them.

The Battle of the Bulge was a huge battle. “If you stopped to think about it, it was pretty worrisome,” he said ... but they were too busy moving forward to stop and reflect.

The American company drove east, through the dark along roads lined with trees, to the French town of Marche.¹ They brought three of the 105 Howitzers they called “The Cannons” and the heavy wire-to-wire field telephone switchboards that were used at the time. Mr. Hargus remembers that the Germans had much lighter switchboard equipment — nine pounds to the Americans’ 75-pound units — a significant difference when you have to carry them from place to place during a battle. And it was a huge battle. “If you stopped to think about it, it was pretty worrisome,” he said ... but they were too busy moving forward to stop and reflect.

The battle won and his Bronze Star earned, Mr. Hargus and his fellow soldiers crossed the Siegfried Line² and entered Germany. His album’s striking photographs of that period illustrate both well-known and less noted aspects of that war. There is



Floyd Hargus above, and at right

a photograph of him standing in front of a concentration camp, one of three camps in the area where, he said, “they were dying a thousand a day;” the American troops had to stop their forward march and take care of the surviving prisoners, capturing the German personnel and calling medical personnel in from all over. Another photo, taken in Waldorf, Germany, which his company was patrolling after the fall of the Third Reich, shows children scavenging for food. A postcard in the album is a reminder that in Holland on leave he encountered Dutch children who would exchange the postcards “or a box of matches or something small like that” for food to take to their families.

There is a photograph of him standing in front of a concentration camp, one of three camps in the area where, he said, “they were dying a thousand a day.”

Another unique memory has a tragicomic feel. After the war was officially over, the town where his company was stationed was “an open town... you could fraternize with anyone you wanted.” So when a German townsman stopped him and asked for a little gas for his motorbike, Mr. Hargus gave him some. The man then “went off on his motorbike and got a pig somewhere.” Not wanting have to share his find, he then asked Mr. Hargus to kill the pig for him... quietly, so the neighbors wouldn’t find out. “Well, that made me mad...” because there was just no good way to kill that pig quietly. But the family was hungry, and so, over the man’s strenuous objection to the noise, Mr.



Hargus shot the pig and moved on.

Floyd Hargus is a modest man, as true heroes tend to be. His stories center on others’ lives and on his observations of history, not on his own personal achievements. There are other medals saved alongside his Bronze Star — three stars for the three major campaigns in which he served and a combat infantry badge, among others — but he didn’t dwell on those. He did say, with a twinkle in his eye, that he was quite proud of that Combat Infantry Badge — “I got five dollars more a month for that one!”

His brother Alan Hargus “is a real hero,” Floyd Hargus says. Born in 1943 and 19 years younger than Floyd, Alan Hargus fought in Vietnam — “He was in Recon, the most dangerous job there is” — and has numerous medals to show for his courage as well.

One thing he did very much want us to include here is the story of his brother Alan Hargus. “He’s a real hero,” Floyd Hargus says. Born in 1943 and 19 years younger than Floyd, Alan Hargus fought in Vietnam — “He was in Recon, the most dangerous job there is” — and has numerous medals to show for his courage as well. Again,

true heroes tend to praise others instead of themselves, and we suspect that Alan Hargus would say much the same about his older brother Floyd. Floyd Hargus was born in Old Fort in 1924; his father worked for the CC&O Railroad. Military service runs in his ancestry — his great-great-grandfather Calvin Duncan fought for the South in the Civil War while Duncan’s brother fought for the North. Mr. Hargus married Betty McCone Hargus when she was 16 and they were together for 63 years until her death in 2012. He has three children: Philip, the oldest, lives in West Virginia, Rick is in Fairview, and Joyce lives in Hendersonville. “All my children went to school here at Reynolds,” Mr. Hargus said, “and Rick played basketball for the Reynolds team.” He has a deep affection for Fairview and the surrounding community and services. “The VA Hospital,” he said, “is the finest hospital I’ve ever been in. They saved my life about three times.”

It was an honor and a privilege to talk with Floyd Hargus and be able to tell some of his remarkable story. Though he would brush off talk of heroism — except when it applies to his brother — he did say “It’s good to be remembered.”

We will absolutely remember you, Mr. Hargus, and we thank you for allowing us to share your story with our Crier readers.

Lynn Stanley is the Fairview Town Crier’s copy editor.



C First Lieutenant Chester A. Hargus, son of Mr. and Mrs. Fred E. Hargus of Asheville Rt. 6, is stationed with the Army 9th Infantry Division in Vietnam as a rifle platoon leader since March 1. He attended Asheville-Buncombe Technical Institute before entering service in 1966. He



A. Mr. Hargus’s Bronze Star and other medals awarded to him. The three stars (top left of oblong medals) commemorate the three major campaigns in which he served; the bottom medal featuring a rifle is the Combat Infantry Badge and the one he is most proud of.

B. Family photo: mother Annie Watkins Hargus, Clyde Watkins held by Nora Duncan Watkins, unidentified small boy, great grandfather Will Duncan.

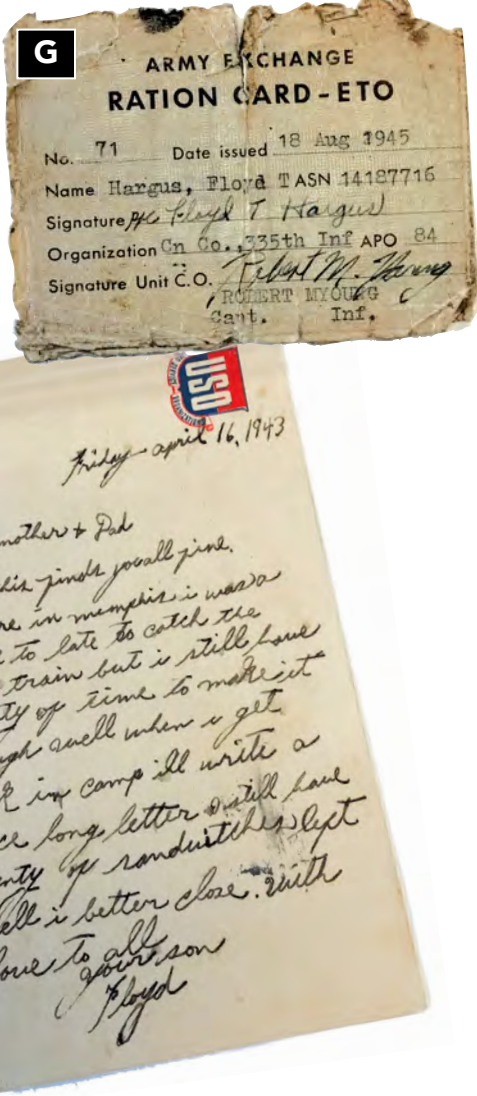
C. Alan Hargus, Floyd Hargus’ youngest brother, who served in Vietnam about whom Floyd says, “He’s the real hero!”

D. Floyd Hargus on guard in front of concentration camp entrance. When his platoon arrived, they found so many thousands of people barely alive they halted their mission to provide medical relief before moving on.

E. After the war while on leave, Mr. Hargus encountered one of the Dutch children that would trade little trinkets and postcards for any bit of food to bring home to their families. This was one of the cards.

F. Letters sent home from the front. Mail was heavily redacted during the war, and even after the war Mr. Hargus and his friends often used code phrases for certain events that were still classified. Glenrock Station is now a part of the River Arts District complex of studios and businesses.

G. Floyd’s ration card.



Fairview Elementary Food Drive Benefits Food for Fairview

Fairview Elementary School begins classes August 28, and the first big event at the school will be the Food for Fairview food drive from September 18 through September 22. This is Food for Fairview's biggest drive of the year, and has in past yars become a friendly competition among the different grade levels.. During the week-long food drive, Food for Fairview volunteers will go to the school every afternoon to collect donated food, take it to the pantry to be counted, sort it and stock it on the shelves of the pantry. The class with the most donations will

receive a reward that will be chosen as the drive develops. Food for Fairview, an all-volunteer organization supported almost entirely by donations from individuals and businesses within Fairview, serves about 160 individuals each week. The pantry is open on Mondays from 3-6 pm. Food for Fairview is a Tax Exempt 501c(3) Corporation. Donations may be made by mail to Food for Fairview, PO Box 2077, Fairview, NC 28730, or online at foodforfairview.org. For more information please call 628-4322.

Fairview Preschool Enrollment Continues

Fairview Preschool opens September 5 for its seventh season. The school offers children many learning opportunities through hands-on activities in a variety of learning centers. Enrollment for the 2017-2018 school year is still open. Please call 338-2073 or email info@fairview-preschool.com as soon as possible to schedule a class visit.



Kids' Fishing Tournament at Lake Julian Park

Lake Julian Park Kids' Fishing Tournament will take place on Saturday, September 23. The semi-annual event is open to all children ages 15 and under and is sponsored by Buncombe County Recreation Services. The Tournament begins at 8:30 am and the last fish will be measured at 11:30 am Registration will be on site, beginning at 8 am the day of the tournament. The cost for the Tournament is \$10 per child, which covers fishing bait, snacks and a free hot dog lunch at the conclusion of the tournament. No fishing license is required for children under 16 years of age. Participants bring their own pole. This is a Catch and Release event. Lake Julian Park will supply a bucket for each competitor's catch. After the fish has been weighed and measured, it will be released back into the lake. Fishing is allowed anyplace inside the Lake Julian Park boundaries. No boat fishing is allowed. All children must be accompanied by at least one adult. Prizes will be given for the biggest fish, the smallest fish and the most fish caught. Children will be grouped into one of five age categories and prizes will be awarded in each category. Competitors in every age group will also have an opportunity to show off their casting skill anytime during the Tournament. Casting poles and targets are provided by Lake Julian Park. There are prizes for the winners of the casting competition too.

Fairview Student Graduates from UNC Asheville

Lindsi Johnson Jones graduated in August from the University of North Carolina Asheville, earning a joint Bachelor of Science degree in Engineering with North Carolina State University, with a concentration in Mathematics. Lindsi was also a University Research Scholar. Congratulations and best wishes to the graduate. To see the full list of graduates, go to http://news.unca.edu/articles/unc-asheville-announces-summer-2017-graduates.

A New Face at Fairview Elementary: Principal Angie Jackson

And just like that, the new school year is underway! While the Board of Education approved many new principal assignments across Buncombe County Schools for this year, we only have two new principals in the Reynolds District: Stanley Wheless at Reynolds Middle (formerly ACRMS Assistant Principal) and Angie Jackson at Fairview Elementary. Since Dr. Jackson is new to our district, I wanted to take this opportunity to introduce her to the community. Jackson grew up in Spruce Pine in Mitchell County, a little over an hour from Fairview. "My mother and father had a strong commitment to education and the importance of school," she said of her growing-up years. "These beliefs and values were instilled in both my sister and me at a very early age." This interest continued throughout high school, where she quickly learned through her work with preschools and youth groups that the most meaningful way to learn a topic was to actually teach it. "I loved the fact that children always ask the most interesting questions, challenging and prompting you to dig a little deeper to learn even more," she said. "I love to learn and this drive and commitment to education guided me through high school and college." Knowing she wanted to major in education, Jackson chose UNC-Asheville for her undergraduate studies. And once she landed here, she knew this was where she wanted to settle. Her first job after graduating was at Weaverville Primary, but she didn't rest on her laurels. While teaching kindergarten and first grade there, Jackson continued her education at Western Carolina, earning a Master's degree in education and a degree in School Administration. With this degree, she was able to move up and become Assistant Principal at Glen Arden Elementary, where she worked for four years. From there she moved to a principal position at Black Mountain Elementary, and then became principal at Hominy Valley in 2005. While at Hominy Valley Jackson continued her own learning, earning a doctorate in Educational Leadership. And the learning continued still further when she and her husband welcomed their new daughter in 2008. Their family moved to the Reynolds community in 2012, and they still live here. Superintendent Tony Baldwin noted Jackson's good fit with Fairview, saying, "Mrs. Jackson has earned a reputation throughout her career as a highly effective principal especially in the area of instructional leadership. I have no doubt that she will continue the tradition of excellence Fairview Elementary is known for."



Angie Jackson and family

Agreeing with Baldwin's praise of Fairview, Jackson added, "In my role as principal, I bring a strong commitment to continue the long tradition that Fairview has established in providing an excellent education for every child. I am excited that my daughter will attend FES and have the opportunity to explore the numerous learning opportunities that our school offers. I am honored to be a part of such a dedicated staff and supportive community." Please join me in welcoming Angie Jackson to Fairview Elementary!

Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

September Calendar for Reynolds Schools	
MON, SEPT 4	Labor Day Holiday
TUES, SEPT 12	Fairview K-2nd grade Open House & Book Fair 5:30-7:30 pm
THURS, SEPT 14	Fairview 3rd-5th grade Open House & Book Fair 5:30-7:30 pm
MON-FRI, SEPT 18-22	Food for Fairview Food Drive, Fairview Elementary
THURS, SEP 21	Early Release Day
TUES, SEPT 26	Reynolds High Open House & Community Night 6-7:30 pm
THURS, SEPT 28	Cane Creek Open House Cookout 4:30-6 pm Reynolds Middle Rocket Tailgate Open House 4 pm Oakley PTO Open House & Title I Meeting 6-7 pm

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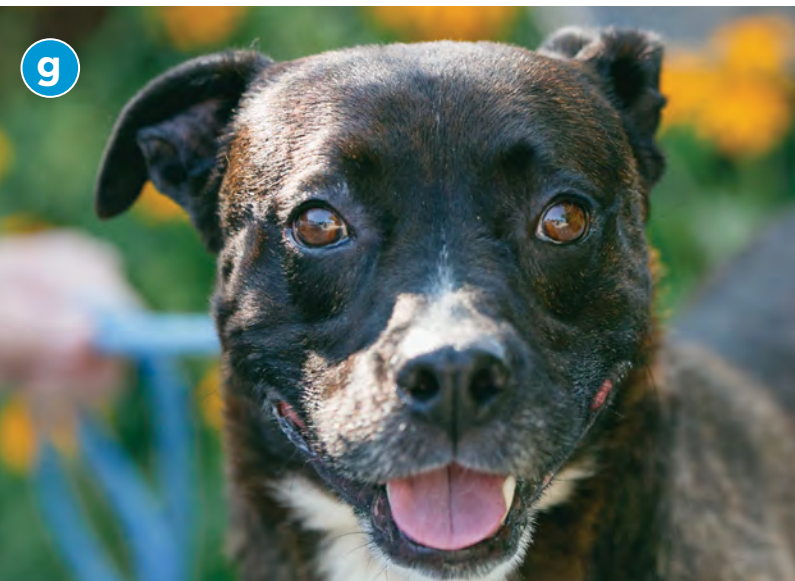
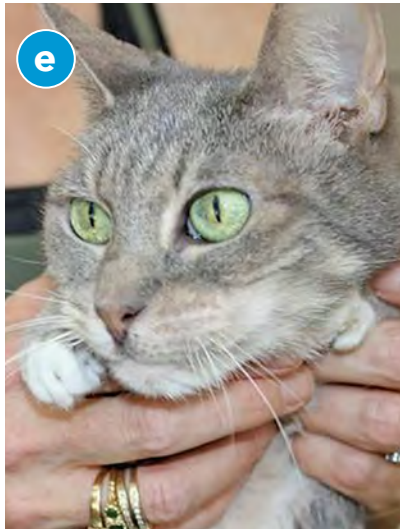
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a. Luna is a sweet dog, very affectionate. She loves her doggie bed goes easily into her crate. She is very friendly, loves to be outside, and enjoys a nice walk, Luna is about nine years old and house trained. She did well with cats in her foster home, and enjoys the company of other dogs. Please contact Patti and Yossi pattiposner@gmail.com. *BWAR*

b. Thelma and Louise are fancy little aquatic turtles currently residing in a loving foster home. Contact Ruth at r.byerly01@gmail.com to find out more. *BWAR*

c. Agnes is a lively, beautiful bunny born around January 2017. She's a type of hare, very long, between six-eight pounds. She loves running, playing with toys, and getting treats! After minor surgery for a lesion on her face, she's cautious and doesn't like being held just yet, but she loves being petted. Contact Laura LauraCambyMcCaskill@yahoo.com to learn more. *BWAR*

d. Frank is the cutest piglet, the runt of the litter but very smart and energetic, and will talk to you with adorable squeaks. He uses his litter box 90 percent of the time but would be easy to teach to go outside. A sensitive guy who warms up to new people and situations slowly, he will climb all over you once he gets to know you. He's extremely well crate-trained. Contact Julie Jewlz4884@gmail.com for info. *BWAR*

e. Dakota is a sweet old lady needing a retirement home. She likes to play with little stuffed animals and is quite spritely, even at 11! She also gets along well with children, dogs, and other cats. Contact her foster mom at 828-702-4100. *BWAR*

f. Charlotte is a compact and playful mixed breed, about eight months old. She is submissive and enjoys the company of all, and is a graduate of New Leash on Life. She is well versed in basic obedience, crate trained, housebroken and very well socialized. *AHA*

g. Barney is a 10-year-old Terrier mix whose people had to move and couldn't bring him along. His previous owners say Barney lived with children. Although he's a senior, Barney still has plenty of energy and loves going on walks! *AHS*

h. Speedy the guinea pig comes to the front of the cage and squeals to beg for food whenever her foster mom opens the fridge or crinkles a bag. Contact Janet at ecochristian@yahoo.com to learn more about Speedy. *BWAR*

YOUR PET DEAN HUTSELL

Overweight Pets

In 2016, a survey conducted by the Association for Pet Obesity Prevention, established by Ernie Ford, DVM, found that 59% of cats and 54% of dogs were designated as overweight or obese. This translates into 41.9 million dogs and 50.5 million cats that are at risk for overweight health issues. It's true, our dogs and cats are fed some of the best-formulated foods available, and the result is they are putting on the pounds. The health risks for overweight pets remain the same as for people — arthritis, diabetes, pancreatic issues, impaired immunity, heart and lung disorders and high blood pressure. These risks all lead to shorter lives.

Limiting calories our pets consume leads to leaner healthier pets with longer lives. Exercise combined with the proper dietary intake is best. It is also important to realize that there are different life stages that require different dietary formulas. Pets' weight can be monitored by comparison charts that show body shape and size from very thin to grossly obese. These pictorials offer a visual that allows owners to see their pet's weight range; Adjustments to diet and exercise can then be made to affect a weight loss or gain. "A cat is not a dog and a dog is not a cat."

Have you heard that one before? They are not the same when it comes to food and should be fed diets formulated for them. Appropriate diets for each life stage are available from many different pet food



manufacturers, but choosing the right one for your pet can be overwhelming. Discuss diets with your veterinarian. In general, most diets formulated in the United States are good, especially those from well-known companies. However, there are formulas that will not provide every pet with the dietary requirements it needs.

Pets that gain weight need to be evaluated; medical screening to rule out a medical cause is wise. Modification of formula, quantity consumed and exercise may be all that is needed, but consult with your veterinarian to determine the best course of action.

Help your pets to be at their best. Give them an appropriate diet for each life stage. Provide them with regular exercise. Seek medical attention if the pet "just can't lose the weight." A trimmer pet leads to a healthier pet and a longer life.

Dean Hutsell is a doctor of veterinary medicine at Fairview Animal Hospital

OF INTEREST TO SENIORS MIKE RICHARD

I Did It!

GLAD THAT'S OVER! I've Finally Joined the Ranks!

Well, this will be the final installment chronicling my march into "Medicaredom." By the time you read this, I will have received my vaunted, red-white-and-blue Medicare card. Yes, I've finally joined the ranks of the millions of Medicare minions. Whoo! Whoo! My much-anticipated card is displayed prominently on my desk, reminding me that I'm really turning 65! It may sound a bit masochistic, but it is a reminder to be grateful to have made it this far (a lot of folks haven't), and to be receiving the benefits paid for by my hard-earned FICA tax "contributions" over the years.

My New Medicare Card

As I study my new Medicare card, I notice that my Medicare number is my social Security number followed by a letter, which in my case is a T. Now, I've always assumed that it signified that my Medicare number is "temporary," since I received it before the effective date, that being the first day of my birth month. Not so. I did a little digging and found out that it meant I was drawing no Social Security benefits, which is true. I've seen a lot of A's signifying "Wage Earner" and B's signifying "Wife drawing on a Husband's record" over the years, but little did I know that this was just the tip of the Beneficiary

Identification Code iceberg. There are 103 of them! Who knew? My wife and I had a chuckle at this one: DY — Fifth surviving divorced wife. No, really! You learn something new every day. Apparently, Medicare's got every situation covered.

The Dreaded AEP

I've purposely kept this edition light-hearted and hoped you enjoyed the ride with me. Next month we'll once again tackle a more serious subject: the looming Medicare Advantage Annual Enrollment Period October 15–December 7. October 5 will be of particular interest to BCBS members because BCBSNC has lost its contract with Mission Health Systems, which will no longer be in network for BCBS MA plans after that date.

A note to all MA and Part D plan members: please look for AND READ your Annual Notice of Change, arriving in your mailbox around the beginning of October; it has lots of important info about your plan.



Mike Richard is president of Prime Time Solutions. Contact: 628-3889 or 275-5863.



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ABCCM Launches New Veterans Support Network

Asheville Buncombe Community Christian Ministry (ABCCM) has announced, a major expansion of its Veteran Services of the Carolinas ministry with the launch of NCServes-Western, a coordinated network providing support and information for veterans, active service members and their families in 12 Western North Carolina counties. The new network linking more than 40 agencies and providers will connect veterans with services in areas including health care, housing, education, job training, and legal and financial counseling.

Active duty, National Guard, Reserve Service members as well as veterans and their families who reside in the Western North Carolina region are eligible for support from the network. All individuals who have served in the military regardless of age, era, branch or discharge status are eligible for support from the coordination center. Although some services have limiting eligibility criteria, network care coordinators strive to find an appropriate local resource.

ABCCM's other services for veterans include the Veterans Restoration Quarters for homeless male veterans and Steadfast House for homeless women, including female veterans, and their children. Both facilities are transitional housing programs that provide residents with basic necessities, access to the VA and case management support that leads to jobs in living-wage careers, stable housing and self-sufficiency.

Veterans, military members and families in need of assistance or more information should visit western.america-serves.org or call 1-855-WNC-VETS (1-855-962-8387).

A Food for Fairview Volunteer's Week

This month I want to provide a glimpse into the operation of the all-volunteer Food for Fairview organization. Food for Fairview is basically neighbors assisting neighbors in the Fairview community. Each week a rotating crew of twenty-eight loyal volunteers serves approximately 45 families in the Fairview area.

The week starts with assisting clients on Monday afternoon from 3 to 6 pm. One volunteer takes the client's name and number of persons in the family, while other volunteers assist the clients as they make their choices in the pantry. The people loading the selected pantry items into the clients' vehicles are also volunteers, and for the most part they got there much earlier in the day to set up the tent coverings and tables. They also drove to the local Food Lion Grocery Store, a significant contributor to Food for Fairview, to pick up donated and purchased items. One of the Monday afternoon volunteers is located in the gym and distributes The Emergency Food Assistance Program (TEFAP) supplement food packages. Last, but certainly not least, is another volunteer, the Pantry Manager, who keeps it all organized and running smoothly.

The Pantry Manager's responsibilities do not end on Monday afternoon.

The Pantry Manager's responsibilities do not end on Monday afternoon. The Pantry Manager places an online order with MANNA FoodBank that is picked up on Tuesday morning at MANNA by another volunteer. The Pantry Manager and other volunteers, some of them the same volunteers who were at the pantry on Monday afternoon, head to MANNA on Tuesday morning to shop

for additional items to be distributed at and take them to the pantry. Starting at 8:30 am Tuesday morning, the items obtained at MANNA and those brought by volunteers from storage are placed on the pantry's shelves in preparation for the pantry's opening the following Monday.

An all-volunteer organization can always use some outside help from time to time. During the first week of August, the Asheville Youth Ministries and an additional similar group from Florida were in the pantry to give it a thorough cleaning. They took everything off the shelves, cleaned the shelves and underneath the shelving, then put everything back on the shelves.

With the upcoming food drive at Fairview Elementary School, volunteers will be going to the school every day to collect the donated food. They will take it to the pantry, count it, sort it, and stock it on the shelves.

By the time you read this article two Food for Fairview programs will have ended. The first is the Summer Kids' Program, designed to provide kid-specific items for summer meals when children will not be in school. The second program provides grade-specific school supplies for which a parent must sign up their children. This year 60 kids were signed up and on the first day the supplies were distributed, 34 children in 17 families received school supplies.

One additional note: The pantry will be closed Monday, September 4 for the Labor Day holiday.



Food for Fairview is a Tax Exempt 501 (C) (3) Corporation. For information on our organization, please call 628-4322.

Jeff Cole is the Executive Director of Food For Fairview



St. George Island, FL

Rebekah Shaw visited Saint George Island, on the Florida Gulf Coast near Apalachicola, on a vacation with her family. Rebekah says "I had a great time."



Aran Islands, Ireland

HelenRae Charbonneau, Richard Feltham, Chuck Brodsky and Anne Charbonneau visited Inis Oirr in the Aran Islands in County Clare, Ireland.



Agnes Laughter Celebrates 90th Birthday

On Saturday, August 26, Agnes Marlowe Laughter celebrated her 90th birthday with family and community at the Pleasant Grove Baptist Church Fellowship Building. She was married for almost 60 years to John R. Laughter (deceased in 2005) and has lived her entire life in Buncombe County. She has two children (Aubrey Laughter and Darlene Laughter-McNair), five grandchildren and five great-grandchildren.

Ms. Laughter is a very active woman and loves gardening, quilting, crocheting, stamping and embroidering dresser scarves, as well as many other interests.

Fairview Christian Fellowship
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www.fcfpc.org
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contact us @fbc1806.org

SUNDAYS
Morning Life Groups 9:45 am &
Sunday Worship 11 am
Evening Life Groups & SPK Kids 6 pm

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Nathan and Robin Ramsey Receive NC Governor’s Highest Honor



Congratulations to Nathan and Robin Ramsey, who have both been awarded the highest honor bestowed by North Carolina governors, the Order of the Long Leaf Pine. The award is given to citizens who have made significant contributions to the state and their communities through their exemplary service and exceptional accomplishments. Those named to The Order become North Carolina “Ambassadors” with their names and award dates recorded on a roster maintained by The Order of the Long Leaf Pine Society. Then-Governor Pat McCrory signed the

awards in December 2016 before leaving office, Robin Ramsey explains. “April Riddle, his Western Field Representative, held on to the orders until we were finally together at a meeting. This was my last meeting at A-B Tech as a Trustee, and Nathan was giving a presentation to the Board from Mountain Area Workforce Development. April worked with Dr. King [A-B Tech President] to present the awards at this meeting. Even though I knew about Nathan’s he did not know about mine.” Nathan Ramsey has served his community and state as an elected official and by

serving on boards and commissions locally and across North Carolina. Robin Ramsey has served on numerous boards and commissions in Buncombe County and on the state level as well. Both Ramseys support Helpmate, Eliada Home, Asheville

Humane Society, UNC Asheville and many other worthy causes. Robin is the Chair of the Board for Asheville Humane Society, is involved with the Children’s Welfare League, A-B Tech Foundation and Women in Philanthropy.



Dad, Kelsey, Mom, Sherry, Kristy, Keaton, Kayla, Randy, Kendall

Happy 50th Anniversary to the Lankfords!

Celebrating 50 years in the 50th state: Larry and Lois Lankford will celebrate their 50th wedding Anniversary on November 4, but the couple celebrated early with a family trip to Hawaii. They traveled with their daughters Sherry Watson and Kristy Davis, son-in-law Randy Davis and grandchildren Kendall Davis, Kayla Watson, Keaton Davis and Kelsey Watson. The family spent a wonderful week cruising around the islands.



Welcome New Members

- Nikki and David Weiner of *OMH Solutions*
- Devin Walsh of *Mountain Mojo*

Know what our 100 members have learned? Networking and socializing with local business folks pays off. This was proven ten fold at August’s FBA picnic after work on Friday, August 4. Despite the threatening rain it was a great time. Special thanks to Janet Peterson and Jeff Hambley of Cloud 9 Farm, Justin Purnell of Town Mountain Realty, Frank Dixon of The Cove at Fairview and others who jumped in to help.

September’s Member Meeting

The next member meeting will be a lunch meeting at The Fairview Welcome Table on Thursday, September 7, 11:30 am. The weekly lunch is held at the community room of Fairview Christian fellowship behind the Fairview Library. The FBA supports their efforts by bringing members to a lunch when we also provide desserts. Members who have committed to bringing dessert, please bring with you at 11:30am or drop off earlier that morning. Members who have not said they will bring dessert, we need you. Just bake some cookies or a cake or pie and bring it to share. The last time the FBA met for lunch there were well over 150 people in attendance. Desserts are always provided by outside groups or churches while the healthy hot and cold buffet are provided. Members are asked to make a donation for lunch.

Future Membership Meetings

- Tuesday, October 10 @ Whistle Hop Brewery** 1288 Charlotte Hwy
- Monday, November 13 @ The Hub** 1185 Charlotte Hwy, Fairview
- Monday, December 4 @ Highland Brewing** FBA Holiday Party

Why Join the FBA?

All FBA members live or do business within our community. When you choose a local business, you help our community thrive... and your community thrive.

Your \$60 membership includes:

- Listing in the Directory at right printed in the *Fairview Town Crier* each month
- Opportunity to display business cards in the enclosed case on the bulletin board outside of the Fairview Post Office.
- Listing on FairviewBusiness.com (logo, photo and link to email and/or website).
- Networking events at member meetings and social gatherings throughout the year.
- Opportunity to host a member meeting.

Visit fairviewbusiness.com to join online via Pay Pal or your credit card. Be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications.

You can mail your \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730 or drop it by the The Hub/*Town Crier’s* office at 1185-G Charlotte Highway, Monday–Friday, 10am – 5:30pm (cash or check only). A fourth option is to join at any members’ meeting.



[L–R, Top–Bottom]: Janet Peterson offers brownies; Morgan Pelly meets new member Patrick Nichols; Patrick and Sandy Bryant, Mike Bostic (hat) and Sandie Rhodes share a laugh; Bill Scobie and Justin Purnell deep in discussion.



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- Balken Roofing.....628-0390
- Cane Creek Concrete.....230-3022
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- Bostic Builders.....606-6122
- Cool Mountain Construction...778-2742
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- Fairview Preschool338-2073
- Rising Star Magic/Comedy/ Motivational Speaker321-626-2622
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- The Hub of Fairview.....628-1422

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- Prime Time Solutions.....628-3889
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- Fairview Pizza.....776-6705
- H&H Distillery.....338-9779
- Mountain Mojo.....338-0550
- Nachos & Beer.....298-2280
- Subway of Fairview/Reynolds...628-3080
- The Local Joint.....338-0469
- Troyer’s Amish Blatz.....
- Whistle Hop Brewery231-5903

Saw Mills

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Veterinarians

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- Cedar Ridge Animal Hospital ..575-2430
- Fairview Animal Hospital.....628-3557

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- Fairview Massage & Bodywork 216-1364
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Can You Save for College and Retirement?

Few of us have unlimited financial resources — which means that almost all of us need to prioritize our financial goals. Consequently, you'll have some decisions to make if you'd like to help pay for your children's college educations someday while, at the same time, saving for your own retirement.

Your first step in addressing these objectives is to maintain realistic expectations. Consider the issue of paying for college. Right now, the average four-year cost (tuition, fees, room and board) is about \$80,000 for in-state students at public universities and approximately \$180,000 for private schools, according to the College Board. And these costs are likely to keep rising in the years ahead. Can you save this much for your kids' education?

A Holistic Approach

Instead of committing yourself to putting away this type of money, take a holistic approach to saving for your children's higher education. After all, you probably won't be the only one to help pay for college. Depending on your income and assets, your family might be eligible for some needs-based financial aid awarded by the college. Also, you should encourage your children to apply for as many scholarships as possible — but keep in mind that most scholarships don't provide a "full ride." Here's the bottom line: Don't assume you

will receive so much aid that you don't need to save for college at all, but don't burden yourself with the expectation that you need to pick up the full tab for your children's schooling.

A 529 Plan

On a practical level, you may want to commit to putting a certain amount per month into a college savings vehicle, such as a 529 plan. You can generally invest in the 529 plan offered by most states, but in some cases, you may be eligible for a state income tax incentive. Also, all withdrawals from 529 plans will be free from federal income taxes, as long as the money is used for a qualified college or graduate school expense of the beneficiary you've named. (Withdrawals for expenses other than qualified education expenditures may be subject to federal and state taxes and a 10% penalty on the earnings.)

By starting your 529 plan early, when your children are young, you'll give the investments within the plan more time to grow. Plus, you can make smaller contributions on a regular basis, rather than come up with big lump sums later on. And by following this approach, you may be in a better financial position for investing in your IRA and your 401(k) or other employer-sponsored retirement plan. Obviously, it's to your benefit to contribute as much as you can to these plans, which offer tax

advantages and a wide range of investment options. If you're investing in a 401(k) or similar employer-backed plan, try to boost your contributions every time your salary increases. At the very least, always put in enough to earn your employer's matching contribution, if one is offered.

Discontinue Savings

And once your children are through with college, you can discontinue saving in your 529 plan (although you may want to open another one in the future for your grand-

children) and devote more money to your retirement accounts.

It can certainly be challenging to save for education and retirement — but with discipline and perseverance, it can be done. So, give it the "old college try."



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

JULY FAIRVIEW REAL ESTATE STATISTICS				
		Max \$	Lowest \$	Average \$
Homes Listed	35	1,495,000	159,000	465,669
Homes Sold	41	1,465,000	105,900	363,384
Land Listed	20	2,300,000	12,000	243,130
Land Sold	8	275,000	16,500	90,125

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730).

Raleigh and Charlottesville

As I sit down to write, it is mid-August and Charlottesville is on everyone's mind. Pundits from all angles are trying to frame this tragedy in a way that suits the various political flavors in our fractured American electorate. After a short description of our early August Special Session in Raleigh, and the prospects for the next one in late August, and I want to get back to Charlottesville.

On August 2, I drove down to Raleigh to attend a Special Session called in order to vote on the override of four bills that were vetoed by Governor Cooper. The next day those vetoes were read into a 10 am session, but not voted on because not enough Republicans showed up and the leadership was afraid that they might not be able to muster the 60% threshold to override these bills. Ten out of the 50 Senators were AWOL. At noon, a second session was called in order to deal with a few "non-controversial" bills left over from the Long Session. The rest of the day was marked by a stop-and-go session full of adjournments and long periods of being "at ease."

In the late afternoon, a new version of HB 162 came out of nowhere and was anything but non-controversial. The earlier version of the bill passed the house almost unanimously, but the Senate added provisions that would make it difficult to manage environmental problems and disasters in our state. Also, the Cape Fear River basin

was (and is) in the midst of the discharge of the chemical GenX in the water, a likely carcinogen. HB 162 was not sent to a committee for further work, or to allow the citizens to have a say. We were told to eat dinner and come back to vote on it. Democrats threatened to block the vote until the next day, and enough outrage blew up that the bill was removed from the calendar.

What did occur the next day was a committee meeting regarding the drawing of new districts for the 2018 North Carolina elections. The courts had declared 28 districts "unconstitutional," and the justices had castigated the General Assembly for dragging their feet in getting these districts drawn. A Friday committee meeting voted to add two criteria to the map drawing effort: The race of voters would be ignored and incumbents would be protected from being drawn into someone else's district. (The next day I received an email from the Legislative staff asking me to designate on a map where I currently lived, although there was little chance my district would be changed at all.)

The maps will need to be drawn by September 1, and the General Assembly will thus reconvene in late August to finalize the plans. That will be old news for the readers of this column. We will also presumably deal with the vetoes, and other bills like HB 162 that are lurking in the shadows.

The link between these districts and Char-

lottesville, like so much in Southern politics, is race. Our original sin as a country was creating a government based on "liberty for all" that also protected race-based slavery. Almost 250 years later, we are still striving to create a nation that does not allow discrimination against citizens for inherent qualities like ethnicity, skin color, and gender. We all tend to feel insecure outside of our culture; having grown up in the South during the days of segregation, I struggle with the stereotypes my culture taught me. I can remember the KKK being considered a normal part of the political discourse in Atlanta, a city striving to become a "city too busy to hate." I can remember the Grand Dragon running for mayor and the cross burnings on Stone Mountain.

But since those days, the White Supremacists have been pushed to the fringes of our society, though they remained alive and well out in the social hinterland and on the internet. The "Unite the Right" rally in Charlottesville brought many of these groups back out into the open. Certainly, the Trump political campaign legitimized their views, as he tapped into a broad sense of frustration felt by many of our rural and white citizens. I am sympathetic to these frustrations, but reject the white supremacist solutions that demonize immigrants and minority groups.

My Christian faith demands that we recognize that every person stands equally

before God, seeking His redemption, just as every American stands equally before the law. We are all made in His image, of infinite and equal value. Ethnic idolatry is a poison to be shunned. Think of the miracle of the day of Pentecost. Think of Paul bringing the gospel to non-Jews. And think about 2000 years of missionaries laboring among alien cultures. The sin of racism is as old as mankind.

And to think that the focus of the trouble in Charlottesville was a statue to Robert E. Lee, a man I grew up believing to be the epitome of Southern virtues. Here are some of his statements.

- "So far from engaging in a war to perpetuate slavery, I am rejoiced that Slavery is abolished. I believe it will be greatly for the interest of the South."

- "I believe it to be the duty of everyone to unite in the restoration of the country and the reestablishment of peace and harmony."

- "I cannot trust a man to control others who cannot control himself."

Let's all come together in search of a new American peace, and join hands in harmony — and yes, in self-control.



Rep. John Ager, District 115 North Carolina House of Representatives



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Looking Ahead: Winter Cover Crops

One of the greatest gifts that gardening has offered me is the opportunity to be utterly absorbed in the present moment, mind and body fully engaged in the sensations and details of the work at hand. And yet, one of the fun quirks of gardening is that it also requires



a whole lot of planning ahead. This is how, quite often, we find our physical selves and our thoughts in entirely different seasons: Perusing seed catalogues and dreaming of a colorful harvest in the depths of winter, seeding tomatoes and peppers while nights are still dropping below freezing, planting squash at the end of spring and craving the pie we'll enjoy at Thanksgiving.

It may seem strange, while the days are still long and warm and the garden in peak production, to start talking about winter — though on a sweltering, frenzied summer day, perhaps you too find yourself longing for the chill and retreat it offers. Winter can be an invaluable time of rest and restoration, for both the garden and

the gardener. Left bare and exposed to the harsh elements, however, our gardens don't fare much better than we would. Now is the time to start planting cover crops that will nourish, protect, and improve the soil over the winter.

There are three main types of cover crops, each with a distinct purpose:

Legumes for fixing nitrogen

Legumes have developed a special relationship with soil bacteria that transforms nitrogen from the air into a plant-accessible form. This nitrogen becomes available to future crops once these cover crops are returned to the soil in the spring.

Here at TLA, we seed legume cover crops in mid-August through mid-September, as they take a while to get established, though we have planted up until mid-October in a pinch. Austrian winter pea, hairy vetch, fenugreek and crimson clover have proven to be some of the most appropriate and successful covers. They are easy to manage with hand tools and offer a few additional perks as well: Crimson clover flowers team with bees and make a wonderful tea; fenugreek doubles as a culinary seasoning; and Austrian winter pea shoots are quite a delicacy in the early spring when most veggies aren't even a seed in the ground yet! Beware of white clover, however, as it is spreading perennial and can be extremely difficult to remove once you show it the welcome mat.

Grains for holding the soil and nutrients in place

If you've ever pulled out a clump of grass, you know that its extensive web of roots and tenacious grip on the soil are a force to be reckoned with. Grasses and grains protect against erosion, and also hold nitrogen and other nutrients that would otherwise leach away in heavy rain and snowmelt. Unlike the grasses we battle as weeds, however, grain cover crops die readily when cut just before they go to seed, providing a wealth of organic matter.

Grain cover crops such as oats, barley and wheat can be planted from mid-August through the end of September though we've planted in mid-October in a pinch. The earlier you plant, the more organic matter your garden will receive. In spring, we often



cut or pull these grains and drop them right onto the bed, providing mulch on the spot for veggie transplants. We avoid winter rye in the garden beds, however, since its tough stalks are very hard to manage without machinery.

Radishes reach deep

The first thing I noticed when I arrived at TLA was the heavy red clay. If you are gardening in heavy or compacted soil, why not let the deep taproot of daikon radish do the hard work of pushing through the crust, breaking up compaction and mining for nutrients while you lounge by the fire? As the roots rot away in the spring, they leave behind loosened, enriched soil. You can also eat some of the daikon through early winter. Daikon should be planted between mid to early August and early September here in WNC.

One caveat: These radishes have a big appetite for nitrogen, so feed them well — we use blood meal or fish meal — or plant a legume cover crop between them.

Cover Crop Mixes

In fact, much like in our human communities, many cover crops work best together, allowing the soil to benefit from the contribution of each, along with the ways they complement and support each other and the biodiversity that fosters balanced and resilient soil life. In beds where we will sow our spring crops, we often plant only Austrian winter pea, because it can be removed earliest and most easily. The remaining beds, where we will transplant summer crops, are planted around May 15 with a mixture of a grain and smaller amounts of our favorite legume cover crops. Their synergy works wonders on our clay soils.

Rachel Brylawski is an intern at The Lord's Acre

WANT TO LEARN MORE?

Managing Cover Crop Profitably (available free online at www.sare.org) is the definitive guide to cover cropping. S.A.R.E. also has excellent online resources on all of these cover crops.

Where to buy seed: We buy most of our cover crop seeds from Fletcher Lawn & Garden. They have a great selection and let you scoop out whatever amount you want. We order fenugreek online from Bountiful Gardens.

Beautiful Begonias

For many years we always planted about a dozen petunia baskets, but about five years ago, tired of deadheading and tending them all summer and into the fall, we said "Uncle." In 2012 we experimented with tuberous begonias, and we've never looked back; they are so easy to care for, seem to be able to withstand a fair amount of dryness and water-neglect and thrive in our climate, producing beautiful blossoms all summer until the first hard frost. By October, the baskets have cascading waterfalls of blooms growing one two feet high and wide, and the hummingbirds love them. We also plant a number of the common wax begonias, which actually naturalize in the wild in Florida and Arizona, as they are also tough and showy and come in great shades of pink, white, or flaming red.

In addition to tuberous varieties and wax begonias, there are at least 15 more edible species of begonias. They are easy to grow either from seed or cuttings and division, and we usually overwinter a few as one reality in our mountain climate is they cannot withstand freezing temperatures here in western N.C. Begonias are a three-season plant, but fortunately they adapt easily to indoor climates for the duration of the winter. One simple caution: if you're going to be adding these flowers and leaves to your menu, be wary of nursery stock, as many pesticides and fungicides are often sprayed on the plants.

Begonias have been cultivated for nearly 1,500 years and are very popular in the U.S. as ornamental flowers — and it doesn't hurt that deer and rabbits avoid them! Begonias are native to South and Central America, Africa, and Asia, but their popularity is worldwide and competition is steep in regard to the creation of new cultivars for landscaping.

The range of colors is amazing, like a kaleidoscope of beauty. With the edible species, the leaves, stems, and flowers can be eaten raw or cooked. They are tart, as like many plants, they contain oxalic acid — which one finds in lemons — and mostly, they are not wild plants but cultivars. One exception I know of and grow is a hardy begonia a good friend gave me seven years ago, and it has not only multiplied but has



Beautiful Begonias! Tuberous Begonias, right; Perennial Begonia, far right

withstood -5° weather in the ground and not only always comes back but is fairly prolific.

The edible perennial begonia variety we grow wild is begonia grandis variety evansiana. It is a stunning perennial with beautiful leaves, tolerating nearly full shade and sun, and easily grows two feet tall with cascading pink flowers and really cool winged pendant seedpods. These plants love shade and seem to reseed everywhere in the garden. This year so many came up in the walkways that I began pulling them out and adding them to planters, as the deep red undersides of the leaves are brilliant when sunlight hits them and are also tough as nails.

Begonias are high in Vitamin C and were used for centuries to prevent scurvy. In Asian countries, they are used as a potherb, included in salads and made into sauces for meat and fish and a tart lemony flavoring for stews and rice. I have found several references showing how begonia juice was used to curdle milk for cheese production, and there are even references explaining how the stems can be used as a rhubarb substitute, which makes sense as they are very tart.

On the medicinal front, begonias have been utilized over the years for toothaches, upset stomachs, and wound treatment, and



as a tea for common colds. There is promising research being done as to how chemical components in begonias may assist in the treatment of cancer due to anti-tumor properties within the plants. They also show potential for treatment of diabetes and blood sugar management.

If you have a propensity for kidney stones, however, it may be wise to limit consumption of begonias and other plants that have high concentrations of oxalic acid, but nibbling and garnishes should be safe.

Our granddaughter will be visiting later this summer, and we have a goal of going out into the gardens and woods and tasting every wild edible flower we can find, adding them to salads, making teas, and experi-

menting with new recipes. Since she is a big fan of fish, we are hoping to generate a recipe for a butter-begonia flower sauce and try it out on fresh tuna or salmon and sautéed sunfish from the lake.

It is always a delight to be able to eat flowers; I feel it is like taking the sun, moon, and stars into our bodies, and for a while this summer begonias have been like a daily dose of lemony candy for me as I'm heading out the door.



Contact Roger at rogerklinger@charter.net.

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BUSINESS

Mountain Mojo Under New Ownership

Devin Walsh is the new owner of Mountain Mojo Coffeehouse on Old Charlotte Highway. Devin is a newcomer to Fairview, but says “I discovered Mojo when living on Busby Mountain with in-laws while our house was being built. Love at first smell.”



Devin's immediate back-ground is in brewing education; he was the chair of South College's Professional Brewing Science program. He also has about ten years experience in coffee shops across three different states. A native Texan, he started working in coffee shops at the age of 16 in Austin. He attended UNCA, where he studied literature and creative writing. His wife Arielle is a

commercial appraiser and a Realtor. They live in Oakley and said “we are bowled over by the delightful friendliness and cheerfulness of the average Fairviewer.”

Mountain Mojo, Devin adds, “has a successful recipe we have no intention of over-tinkering with — that said, do look for a name change coming up in the new year (if not earlier) and possibly the addition of some local craft beer.”



Another New Business

A new tattoo parlor has just opened as we are going to print. Look for more information next issue but welcome “A Touch of Grey Tattoos” to 911 Charlotte Highway (next to Smokey & the Pig who should open this month as well.



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NEW ART LEAGUE IN FAIRVIEW

Artists, art lovers and community supporters are invited to find out more about the newly-formed Fairview Area Art League. The group was formed in the spring and already has 35 members. Monthly meetings are kept lively and interesting with member ideas and sharing of tips, deals, inspirations. Currently there is an outdoor art show and Sale scheduled for Sunday, October 22, 1–5 pm in the parking lot and inside The Hub of Fairview, 1185 Charlotte Highway. There are still a few of the 20+ spots available for members interested in showing and selling. Spaces are only \$20. keep propelling the organization forward. For more information, call 828 628-1422 or email founder EJ Haack at ellenhaack@gmail.com. September meeting is Thursday, September 7 at 10 am at The Hub.



Country Dance Social at Fairview Community Center, 1357 Highway 74A. Saturday, September 30, 7–10:30pm. Inclusive — no partner necessary (bring one if possible). One-hour Country Two-Step lesson from 7–8pm; Open dancing 8–10:30pm. Professional DJ. Dance to Two-Step, Waltz, East Coast Swing, Cha-cha, West Coast Swing, Triple-two and Night-club-two. Dance entry is \$10. A lessons is \$5. Dance & Lesson package is \$15. Contact Richard for information and registration at 828-333-0715, naturalrichard@mac.com. Preregister online www.DanceForLife.net

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October	Mon	9/11	9/18	10/2
November	Tues	10/10	10/17	11/1
December	Fri	11/10	11/17	12/4
January 18	Mon	12/11	12/18	1/3

Classified Ads

**Deadline for Classified ads is always
the 21st of the month before.**

The minimum cost is \$10 for 20 words and 25¢ per word
thereafter. Call Annie at 628-2211, M-F, 1-5 pm or
email office@fairviewtowncrier.com.

Classified ads must be prepaid in order to run.



Jim Buff, CRS
828 771-2310
www.jimbuff.com
email@jimbuff.com
86 Asheland Avenue
Asheville, NC 28801



Put Success on Your Side... Call Jim!

Fairview Resident Since 1992



LEICESTER! Immaculate 3 BR, 3 bath brick home on 1.05 acres, gas logs, walk-in closets, huge garage space, HOME WARRANTY, long range mtn views, *MLS#3289371, \$469,000!*



MARS HILL! 28 acres w/well-maintained home, HW floors, massive rock FP, open staircase & balcony, HOME WARRANTY, unfinished bsmt, wraparound cov porch w/views, 2-car gar, *MLS#3216149, \$449,000!*



FAIRVIEW! 4.78 flat acres on Cane Creek Rd in Cane Creek Valley, property not in flood zone, has well, septic tank - buyer to verify, 330 ft of road frontage, call Elizabeth 712-2469, *MLS#3296048, \$485,000!*



NORTHWEST IN COUNTY! Spacious home w/4BR, 2.5 bath on 1.55 acres, full bsmt (some finishing), 2-car gar, deck, home warranty, siding, sec sys, LR w/ gas FP, *MLS#3263712, \$365,000!*



FAIRVIEW! 3 BR, 2 bath home on .75 acres, re-modeled w/new HW floors, paint, kitchen cabinets, granite countertops & appliances, full unfinished bsmt, 2-car garage, *MLS#3282382, \$349,900!*



WEAVERVILLE! 3 BR 3.5 bath, office, cov rear deck, patio, pool, fenced backyard, home warranty, 2-car gar on main + gar in bsmt, den w/FP, fam room in bsmt *MLS#3273008, \$329,000!*



SOUTH! Well maintained 3 BR, 2 bath brick home on .31 acre, HOME WARRANTY, full bsmt, partially finished w/workshop, lots of storage. 10 min from downtown Asheville, *MLS#3304745, \$269,000!*



FLETCHER! 3 BR/2 bath, .24 acres, HOME WARRANTY, partially fenced yard, updated, cov back deck, garage, great home, prime loc, call Elizabeth 828-712-2469, *MLS#3309710, \$210,000!*



SOUTH! Wonderfully private 9.54 acres of land in Hoopers Creek, close to Asheville & Hendersonville - surveyed into 4 lots or suitable for gorgeous mini estate, *MLS#3186397, \$137,000!*



WAYNESVILLE! 3 BR, cottage-like home in a beautiful country setting on .39 acres, very well maintained, close to dining & shopping, out building, long range views, *MLS#3296586, \$80,000!*

RESULTS!

TimberwoodPending in 13 days
Winding WayPending in 34 days
Ridgeway DrPending in 14 days
BramblewoodPending in 27 days
Blalock AvePending in 35 days
Campground RdPending in 4 days
Oregon AvePending in 1 day
Mitchell AvePending in 2 days

Mtn. Meadow CirclePending in 8 days
Rotunda CirclePending in 28 days
Fairfax AvePending in 7 days
Liberty RdPending in 39 days
Melody LnPending in 29 days
Richmond AvePending in 3 days
Lakewood DrPending in 7 days