



THE VOICE OF OUR COMMUNITY

# The Fairview Town Crier

OCTOBER 2017 VOL. 21, No. 10 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

## Fairview Area Art League Outdoor Art Show

The newly formed Fairview Area Art League (FAAL) will host its free fall outdoor art show on Sunday, October 22, 1–5 pm in Fairview. Member artists will showcase and sell a variety of art including painting, pottery, sculpture, fiber arts, jewelry, stained glass and more. There will be more than 20 artists represented on the sidewalk and inside The Hub of Fairview. Come enjoy a glass of cider and add some pizzaz to your life with local art. Location is 1185 Charlotte Highway just after The Local Joint in Fairview.

For information contact The Hub at 628-1422 or visit Facebook.com/fairviewart.



One of FAAL member Cindy Christensen's unique carved ostrich eggs.



Fans of Kimberly Dow's fine art would be surprised that this amazing realistic artist has a body of work best described as "whimsical" while painting under the pseudonym of Roz. One sees this firsthand in her signature cows and other animals.



Tony Embrey's Mandana Hug™ design and quality has received great attention for this relatively new textile artist. This one is hand dyed and hand woven of alpaca and silk.

## Come One, Come All! It's Fall, Y'all!



The Fairview Elementary Fall Festival is this Friday, October 6, 4–7 pm on the school's ball fields. This is a great community event that helps support multiple PTA programs and school improvements that benefit more than 740 students and the wonderful staff who help them grow.

There's lots of fun planned for all ages! Carnival games, hay rides, a dunk booth, cake walks, inflatables, face painting, and more – something for everyone. Lots of yummy food will be available from our vendors including Luella's Bar-B-Que, Chick-fil-A, D.O.G.S. food truck, and Sweet Treats.

Purchase unlimited pass wristbands (includes everything but the dunk tank and food) before noon on Friday for only \$10 each — a 50% savings! Get these from any FES student. Adults and children under 2 are free.

A number of super baskets will be raffled and awarded at the festival. The themes are: Dining Out, The Great 828, The Bro Basket, Family Fun, Relaxing Retreat, Home & Garden, and Teacher Appreciation.

Raffle tickets are \$1 each and will be on sale from 4–5:30 pm. Winners will be announced at 6 pm.

This is a wonderful community event you don't want to miss!



## Going Nuts Again!

The Garren Creek Fire Department Auxiliary is selling nuts again this year. They have pecans (halves and pieces) and black walnuts in one-pound bags for \$10 each. They're great for holiday baking or healthy snacks. To buy, call Elizabeth Simmonds at 669-2846 or 230-3986 or purchase (check or cash) at The Hub/Town Crier office, 1185 Charlotte Highway, Suite G (Americare Pharmacy center).

## LOST CAT



This is Irma Gray. She has been missing from her home in Fox Ridge off Emmas Grove Road since Saturday, September 16. She was newly adopted from the Humane Society and was just let out of her transitional cage that day, so she may not know where home is. She has no collar but is microchipped. She may be a little skittish. If you have seen her please call Beth at 776-8131.

## LOST DOG



He ran off Sunday, September 25. Fairview area off of Bethany Church Road and Upper Brush Creek! Microchipped but no tag. Please call Staci 989-2093.

## Get Your Hot Pink Awareness T-Shirt and Support Our Fire Department

The Fairview Fire Department's Support Operations group is selling t-shirts that show support and awareness of Breast Cancer (October is National Breast Cancer month) and also raise funds for the "underfunded" needs of the fire department. Shirts are available at the fire department or at The Hub/Town Crier. They are sized S–M–LG–XL–XXL for \$15 each and 3X and 4X for \$17 each. Call to preorder any size at 628-1422 or stop by The Hub at 1185 Charlotte Hwy, Suite G.



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COMMUNITY EVENTS

OCTOBER 3 (TUESDAY)

Prostate Cancer Support Meeting

Us TOO of WNC for men, caregivers and family members, 7pm. Dr. Scott Sech from Victoria Urological presents treatment developments. First Baptist Church of Asheville, 5 Oak Street. For info: 242-8410 or visit: wncprostate@gmail.com.

OCTOBER 4-6 (WEDS-FRI)

Bead Workshop and Sale

Big Bead Workshops, 9:30am-7pm. Featuring 100,000+ quality beads, tools and supplies to design custom jewelry. No registration required, drop in and bring a friend. 100% of net proceeds support Ugandan schoolgirls. 56 Spy Pointe Lane, Fletcher. Visit knickersfornewlife.org for info.

OCTOBER 6 (FRIDAY)

Fairview Elementary School Fall Festival.

4-7pm on the school's ball fields. Inflatables, carnival games, hayrides, raffle baskets, pony rides, food vendors and more. Unlimited Pass wristbands can be pre-purchased for \$10 (50% off \$20 day-of price). Children under 2 and adults free. Raffle tickets for gift baskets \$1. Tickets available through any FES family.

OCTOBER 7 (SATURDAY)

Fairview Fire Dept. Support Operations Breakfast

8-11am with pancakes, eggs, sausage patties, grits, biscuits & gravy, juice milk and coffee. All are welcome.

38th Annual Democratic Women's Gala Breakfast

Guest speaker is Roy Cooper's Chief of Staff, Kristi Jones. See ad on page 5 for details.

Habitat for Humanity Annual Customer Appreciation Sale

Take 25% off everything at the ReStore annual sale, 9am-6pm. See ad on page 4 for complete details.

"Thought to Image" Opening Reception

Join Fairview's Fleta Monaghan at her gallery/school, 3:30-6pm, for a scavenger hunt with a drawing for prizes, a community "Storytelling" mural painting and new art. 310Art, 191 Lyman St. in the RAD. For info visit 310art.com.

OCTOBER 8 (SUNDAY)

The Lord's Acre 5K Color Fun Run

Spend the evening walking or running a 5K getting splashed with vibrant "glow in the dark" colors AND raise some funds to support The Lord's Acre? You bet. See ad on page 5 details.

OCTOBER 10 (TUESDAY)

FAAL Meeting

FAAL meeting 10am at The Hub of Fairview, 1185 Charlotte Highway in the Americare shopping center. Final planning for the upcoming Fall Outdoor Art Show and Sale. Art appreciators and artists of all kinds welcome. For info call 628-1422.

Garren Creek Volunteer Fire Department Annual Meeting

7pm. Main station, 10 Flat Creek Road, corner of Flat Creek Road and Old Fort/Chestnut Hill Roads. Report on operations and election of officers and directors. All residents of Garren Creek Fire District encouraged to attend and participate. Refreshments. For info, call Elizabeth Simmonds at 669-2846.

OCTOBER 12 (THURSDAY)

Faurview Business Association's Member Meeting

6 pm at Whistle Hop Brewing on Charlotte Highway. Park down below. Bring a snack. Find out how networking with the 103 members of the association can help you. See page 35 for details.

Basics - Seasonal Essential Oils

Free class at The Hub, 1185 Charlotte Hwy at 6p. Contact Marie Fornay to register, 713-2798.

OCTOBER 14 (SATURDAY)

Live Naturally with Essential Oils

Free class at 11am at The Hub, 1185 Charlotte Hwy. Call 713-2798 to RSVP.

Fairview Sharon BBQ & Bluegrass

Featuring 21 North Band at Fairview Sharon UMC. BBQ with beans, slaw, tea & dessert, 4-7pm. All are welcome. Proceeds go to Gods Missions such as creating healthcare kits for the homeless with mylar blankets and \$5 McDonald's gift cards. Fairview Sharon UMC is located at 2 Laura Jackson Road, beside the Food Lion.

OCTOBER 15 (SUNDAY)

Drover's Road Preserve Community Event

Come tour the property, 1-4pm.

Ethical Humanist Society Meeting

Presenting "Latin America: What the Left Got Right and What It Got Wrong" by Dada Maheshvarananda 2-3:30 pm, Friends Meeting House, 227 Edgewood Road. Call 687-7759 or visit EHSAsheville.org.

OCTOBER 17 (TUESDAY)

Fairview QuickBooks & Accounting Meetup Group

Brendan Almand presents subjects relating to key operations within your business. "How to Stop QuickBooks

COMMUNITY EVENTS

from Blowing Up and Losing your Data," 5-7pm. Bring your laptop or company file backup. For info go to: meetup.com/fairview-quickbooks/

OCTOBER 22 (SUNDAY)

FAAL Outside Art Show & Sale

Fairview Area Art League, 1-5pm at The Hub of Fairview, 1185 Charlotte Highway. More than 20 artists will be on hand around the perimeter of the building housing The Hub and Americare Pharmacy. See front page for details.

OCTOBER 28 (SATURDAY)

Trunk or Treat

Free, fun, family time at Nesbitt's Chapel UMC, 1225 Garren Creek Road, 4-6pm. Games, trunk or treating and BBQ Dinner for everyone. Contact Brittany Meiners, 828-545-0273.

OCTOBER 31 (TUESDAY)

Fairview Fire Family Fun Fest

Come out for a night of family fun, 6-8pm. Treat bags, games, cake walks. Anyone interested in donating bags of individually wrapped candy can drop them off 8am-5pm at the Fairview Fire Department, 1586 Charlotte Hwy. Cake donations for the cake walk are also needed and can be delivered at the fire department October 29. Thank you from the Fairview Fire Department.

OCTOBER 31 (TUESDAY) CONT'D

Town Crier Labeling

Get a little newsprint on your hands and help label your community paper. Volunteers meet at 10:30am at the Fairview Fire Department community room. It only takes an hour. For info, call 628-2211 or email pattiparr@yahoo.com

Spring Mountain Community Center Trunk or Treat

The annual fun event at at Spring Mountain Community Center Park is from 4 - 6pm with lots of activities. See page 26 for full details.

ONGOING EVENTS

Fairview Farmer's Market

The market has closed for the year.

Fairview Welcome Table Lunch

A community lunch every Thursday, 11:30am-1pm, in the Community Room/basement of Fairview Christian Fellowship, located behind the Fairview Library. Visit their Facebook page or fairviewwelcometable.com.

Stitches of Love

Formerly WNC Knitters and Crocheters for Others, the new name comes with a new mission to include hand sewn quilts, fleece blankets and hats, scarves and lap robes, and knitted and cro-

cheted items. Meets 2nd Mondays, 7-9pm at New Hope Presbyterian, 3070 Sweeten Creek Rd. Call Janet Stewart at 575-9195 or visit their page at Facebook:CharityKnitting4Others.

Buncombe County Democratic Party Women's Club Dinner

BCDP monthly dinner meetings are held the 3rd Thursday of the month, 6-7:30 at Democratic Party HQ, 951 Old Fairview Rd., Asheville. Dinner by Artisan Catering, \$12. Information and RSVP at buncombedemwomen@gmail.com

Buncombe County Republican Women's Club

BCRWC meets each second Thursday of the month, 11:30am-1:30pm, at the Olive Garden, 121 Tunnel Road, Asheville. For info: lisabaldwin4kids@gmail.com

Watercolor Wednesday

Fairview artist Fleta Monaghan's 310Art school in the RAD is hosting an ongoing class taught by Nadine Charlsen, 6-9pm. \$27 per class; 4 classes for \$95. Classes are not sequential; register for the dates that work for you. For info or to register, visit 310art.com.

Brain Tumor Support Group

Every third Thursday at MAHEC, 6pm. Refreshments. Visit wncbraintumor.org..

Reynolds/Fairview Scrabble & Cribbage Club

Wednesdays, 12:30 - 4:30pm, at Mountain Mojo Coffee Shop, 381 Old Charlotte Hwy, Fairview. Contact 216-7051.

BEAR Closet

Fairview Sharon UMC operates a Baby Equipment and Resource (BEAR) Closet for newborns-5 year olds. 1st and 3rd Mondays of the month, 3-5pm. Free clothing, shoes and baby equipment to benefit pregnant women and people preparing for a baby. Volunteers, as well as donations of clean, new or like new clothing and equipment are welcome.

THE LORD'S ACRE

Wednesday Volunteer Night. Dig in and learn more about gardening while sharing in the experience of growing in community, 6pm-8pm. Email susan@thelordsacre.org with subject "Wednesday Night Volunteer." The Lord's Acre garden, Joe Jenkins Road, Fairview. For info: Thelordsacre.org

HICKORY NUT GAP FARM

hickorynutgapfarm.com  
Sunday 10/1, 9-10am: Sunrise Barn Yoga with MaryBeth. \$10 suggested donation.

continued page 4



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## COMMUNITY EVENTS

### HICKORY NUT GAP FARM CONT'D

**Friday 10/6**, 6–9pm: **Swing Dance** with The Roaring Lions. \$6 (kids 4 and under free). 7pm: **swing dance lesson** with Sparrow & Keith. Dinner and drinks available for purchase.

**Sunday 10/8**, 9–10am: **Sunrise Barn Yoga** with MaryBeth. \$10 suggested donation.

**Friday 10/13**, 6–9pm. **Contra dance** with Jenny & The Hog Drovers. \$6 (kids 4 and under free). Contra dance with Phil Jamison. Dinner and drinks available for purchase.

**Saturday 10/14**, 11–4pm: **Sausage Festival**. \$9 (kids 4 and under free). Flights of sausage, sides and sauces. Buffet style in the Big Barn.

**Sunday 10/15**, 9–10am: **Sunrise Barn Yoga** with MaryBeth. \$10 suggested donation.

**Friday 10/20**, 6–9pm: **Zydeco Night** with Zydeco Ya Ya. \$6 (kids 4 and under free). Zydeco dance lesson with Deborah Swanson. Dinner and drinks available for purchase. Fundraiser for Fairview Elementary PTA.

**Saturday 10/21**, 7–9pm: **Haunted Corn Maze**, \$10. Meet ghosts, ghouls & zombies as you run through the maze. Halloween costume parade for kids 12 and under.

**Sunday 10/22**, 9–10am: **Sunrise Barn Yoga** with MaryBeth. \$10 suggested donation.

**Friday 10/27**, 6–9pm: **Contra dance** with Crooked Pine Band. \$6 (kids 4 and under free). Big Circle Mountain dance from WNC. Dinner and drinks available for purchase. Fundraiser for Evergreen Community Charter School.

**Saturday 10/28**, 7–11pm: **Haunted Maze & Party in the Barn with DJ**. \$12. Serving alcohol for those 21+. Spooky Maze 7–9; dance party 8–11. Costume contest for the adults.

**Sunday 10/29**, 9–10am: **Sunrise Barn Yoga** with MaryBeth. \$10 suggested donation.

### SPRING MOUNTAIN COMMUNITY CENTER

**springmountaincc.com**

### BARRE/Pilates Workout

The 2nd, 3rd, and 4th Tuesdays of the month, 6:15pm. Ages 16 and up welcome. Bring a mat, water, a friend and a suggested donation of \$5-10 (a portion goes directly to the SMCC). Email Mary at barrefairview@gmail.com for more information and to join the email/update list.

### Concert Series

Tuesdays in October beginning at 7:00pm, enjoy an eclectic music mix from the Berry Pickers; bring your instrument to jam. Refreshments available for a freewill offering. For info contact Jim Stilwell, jamesstilwell@bellsouth.net.

### Mondays in the Garden

Meet Jim and help work in the SMCC garden, 5–7pm.

### Quilting Bee

Meets every 2nd Tuesday, 10am–2pm. Bring a project and your lunch. Quilters make items to donate to worthy causes. Call 628-7900 or 628-1938.

### Thursday Yoga Classes

Thursdays 6:15–7pm; \$5–\$10 suggested donation. Call 243-8432 or email sabrina.alison.mueller@gmail.com

### THE LIGHT CENTER

### urlight.org

**Saturday 10/7**, 3–5 pm: **Afternoon of Spirit Insight** with Charley Castex. Tickets: \$25.

**Sunday 10/8**, 2–4 pm: **Toning for Peace and Transformation** with Yvonne Rainbow Teplitsky. Suggested donation: \$12.

**Saturday 10/14**, 9 am–Noon. **How Can I Find My Bliss So I Can Follow It?** with Larry Pearlman. Tickets: \$15 advance; \$20 onsite.

**Saturday 10/14**, 2–4 pm: **Intro to Reiki and Healing Circle** with Odilia Forlenza. Suggested donation: \$19

**Sunday 10/15**, 3–5 pm: **“Choosing Love”** Marina Raye in Concert. Tickets: \$15 advance; \$20 onsite.

**Saturday 10/28**, 7:30–9 pm: **Jonn Serrie in Concert**. Tickets: \$15 advance; \$20 onsite.

For info visit urlight.org. Email: dome@urlight.org. Phone: 669-6845.

### PET EVENTS

### Asheville Humane Society ashevillehumane.org

**Sunday 10/1**, 11am–2pm: **Low-Cost Vaccine & Microchip Clinic** at Asheville Humane Society. \*Cash Only\* 14 Forever Friend Lane, Asheville

**Saturday 10/7**, 12–3pm: **Community Day** at the Asheville Outlets. Adoptable pets available. 800 Brevard Rd.

**Saturday 10/14**, 10–11am: **Cats and Yoga** with Adi Westerman of Hot Yoga Asheville. Class with cats will be gentle and non-heated in AHS conference room, 14 Forever Friend Lane. All cats available for adoption for free or at a greatly reduced price. Bring your own mat. Donation based, minimum \$10. Advanced sign-up recommended: hotyogaasheville.com/schedule.

**Saturday 10/14**, 10am: **Tails & Trails Adventure Run** at Charles D. Owen Park in Swannanoa. \$20 for adults, \$10 for children ages 4 – 12, plus 2 cans of dog food donated to AHS. Advance registration at Eventbrite.com. 875 Warren Wilson Rd, Swannanoa.

**Saturday 10/14**, 12–2pm: **Cookout &**

## COMMUNITY EVENTS

**adoption event** hosted by StoneCreek Health & Rehabilitation. \$5 or pet food donation in exchange for cookout-style food. 455 Victoria Rd, Asheville.

**Tuesday 10/24**, 6–7pm: **Pilates with Puppies**. Bring your own yoga or pilates mat and a small towel. Do not bring your own puppy. \$10 per person and pre-registration required, space is limited. Visit ciscopilates.com/pricing.14 Forever Friend Ln, Asheville.

**Saturday 10/28**, 11am–2pm: **Low-Cost Vaccine & Microchip Clinic** at Leicester Community Center. \*Cash Only\* 2979 New Leicester Highway.

### Brother Wolf

**bwar.org**

**Sunday 10/8**: **Petfest** at Asheville Outlets. 12–3pm.

Standing adoption events Wednesdays 4–7pm and Saturdays 11am–3pm at Petco, Brevard Road, Asheville.

### SAVE THE DATE

#### NOVEMBER 4 (SATURDAY)

Animal Hospital of North Asheville presents 14th Annual Taste of Compassion, 6–9pm; pre-gala reception 5–6pm.

#### NOVEMBER 11 SATURDAY

9am–noon: Cane Creek Cemetery Work Day. For info call 273-2528.

#### NOVEMBER 14 (TUESDAY)

5–7pm: Fairview Quickbooks Meetup "How to Make QuickBooks Run Faster." For more information, see description in Events for 10/17.)

### IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues are delivered free on or about the first of every month to 8,400+ households in Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185F Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions are \$30 per year and will be mailed First Class on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

**Editorial Policy:** The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 39.

## POLITICS

## Chris Winslow Running for Buncombe County Sheriff

Retired Sheriff's Detective Chris Winslow is running for election as Buncombe County Sheriff, saying "I have officially thrown my hat into the 2018 Buncombe County Sheriff race. After years of serving as a detective for the department, I believe I can move our county in a positive direction as we seek a new chapter in the department's history."

Detective Winslow has worked in law enforcement for nearly 30 years and was a member of The Buncombe County Sheriff's Department for seven years, until he retired in 2014. Winslow has also worked as a volunteer fireman at The Reems Creek Fire Department for over 27 years. He is now a lieutenant there, and also works as a smoke chaser for The North Carolina Forest Service.

He is also a United States Army veteran and a graduate of Western Carolina University's Criminal Justice Program, earning his Bachelor's Degree in 2006. He has been married to his wife Michelle for 29 years and is a big animal lover.

Detective Winslow proposes a new direction when it comes to prioritization of drug arrests, given the huge problem of heroin and opioid use in our area. "After retiring as a law enforcement officer and having worked in narcotics, I have to say I have seen people at the lowest point in their lives



and am dismayed that the abuse of heroin and opioids has risen to this level. We must immediately spend more of the department's time and resources going after the dealers who are providing our mountains with heroin and opioids.

"As the campaign progresses, I hope to meet with a diverse group of voters throughout our county. And after listening to their concerns, I hope to finish my extensive plan for moving the department and Buncombe County citizens into the future."

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**CUSTOMER APPRECIATION SALE**

**Saturday, October 7<sup>th</sup>**  
9am - 6pm

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**BEST OF WNC 2017 HALL OF FAME**

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**38th Annual WESTERN GALA BREAKFAST**

special guest speaker  
**Kristi Jones**  
Chief of Staff to Governor Roy Cooper  
and the first African-American woman to hold this position.

October 7  
8:30–10:30 am  
Renaissance Hotel  
Downtown Asheville

FEATURING A CLOSED BID **ART AUCTION**  
Kick up your heels and bid to win and support our local candidates!

Tickets are \$45 and include a seated breakfast. Reservations are required. Three ways to RSVP or get further information...

**SEND CHECK:** Payable to Democratic Women of Buncombe County and mailed to PO Box 2117, Asheville, NC 28802-2117. (\*Must include your name, address, email, phone number, occupation and employer.)  
**RSVP BY EMAIL (pay at the door):** buncombedemwomen@gmail.com  
**BY PHONE (pay at the door):** 818-519-8656.

\*Required for tax recording

**UV Color Glow 5K**

**Fun Run/Walk to benefit** the Lord's Acre

The UV Splash is an untimed, family-friendly, 5k night fun run/walk. Start with our custom white t-shirt and blast through to the end of the 5k course soaked with brilliant UV glow in the dark-colored water!

**SUNDAY, OCTOBER 8th, 2017**  
Asheville Outlets, 800 Brevard Road, Asheville  
Packet pick up: 5:30 pm | Race start: 7:00 pm

**REGISTER TODAY! www.cd5k.com/**



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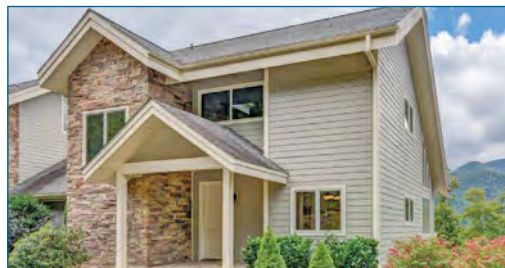
3-bed, 3.5-bath Canton Luxury Log Home on 4.87 acres. \$591,000 *MLS 3292128*



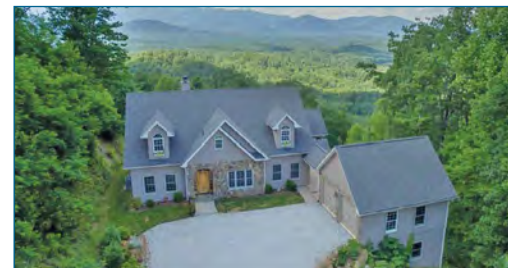
2-bed, 1-bath Asheville Home. \$184,900 *MLS 3287578*



3-bedroom, 2-bathroom Swannanoa home on 14 acres of land. \$350,000 *MLS 3311302*



3-bed, 3.5-bath gated community home across the street from the Mt. Mitchell Golf Course. \$439,000 *MLS 3290193*



4000-square-ft, 3-bed, 3.5-bath home on nearly 5 acres in Gateway Mountain Development. \$699,900 *MLS 3264131*



2-bed, 1 bath Asheville updated home. Convenient to Hendersonville Rd., Fletcher, and Biltmore Park. \$192,000 *MLS 3281444*



1-bedroom, 1.5-bath Weaverville home with nearly an acre to expand. \$149,000 *MLS 3308366*



3-bedroom, 3.5-bath contemporary Asheville home on over 1 acre. \$469,900 *MLS 3310925*

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## FRIENDS OF THE LIBRARY JAIME McDOWELL

### ADULT PROGRAMS

#### "The Weight of This World"

The Friends of the Fairview Library present *The Weight of This World* author David Joy, who will read from and discuss his new novel at the Fairview Library at 7 pm on Tuesday, October 3.

Combat veteran Thad Broom can't leave the hardened world of Afghanistan behind, nor can he forgive himself for what he saw there. His mother, April, is haunted by her own demons, a secret trauma she has carried for years. Between them is Aiden McCall, loyal to both but unable to hold them together. Connected by bonds of circumstance and duty, friendship and love, these three lives are blown apart when Aiden and Thad witness the accidental death of their drug dealer and a riot of dope and cash drops in their laps.

"Bleakly beautiful...[a] gorgeously written but pitiless novel about a region blessed by nature but reduced to desolation and despair."—*Marilyn Stasio, The New York Times Book Review*

Refreshments to be served after the program courtesy of the Friends of the Library. Plan on attending what should be a remarkable program.

#### Local History at Fairview Library

On Saturday, October 7 at 2 pm the Fairview Public Library and the North Carolina Room of Pack Library will present "Greetings from Asheville! Postcards in the North Carolina Room Collection."

The Collection has over 3,654 individual postcards and 300 souvenir postcard folders in its ever-growing collection, plus 11 large postcard books that Asheville Postcard Company salesmen carried on their calls.

The early part of the 20th century was the Golden Age of the Postcard. Postcards were an inexpensive and colorful means of communication. Postcards served the purpose social media does today. On vacation? You bought a postcard of your favorite scenic wonder, wrote a message, added a one-cent stamp, and mailed it. Share a family photo? You'd take a photo with your cumbersome Kodak, deliver the film to a developer, and then order copies. Later in the century, people would purchase postcards by the dozen to write "wish you were here" to their friends back home. Today these postcards are fascinating footnotes documenting social and cultural history.

Join guest speaker Terry Taylor as he presents a selection of postcards from the North Carolina Room Collection. You'll see Asheville (and Western North Carolina) as never before, from the early years of the 20th century into the more recent past.

This program is part of a new initiative to bring more local history programs and events, as well as exhibits from the North Carolina Room Collection, to the Fairview Community.

#### Fairview Evening Book Club

The Evening Book Club will read *The Night Bird* by Brian Freeman for October's discussion on Tuesday, October 17 at 7 pm.

In *The Night Bird*, a dedicated cop and a brilliant doctor race to solve a puzzle before a cunning killer claims another victim. *Publishers Weekly* suggests you "read it with the lights on."

No sign up or registration is required to be a part of Evening Book Club, and you can join anytime.

### FRIENDS MEETUP

The Friends of the Fairview Library will meet Tuesday, October 24 at 7pm. All are invited to attend.

### KIDS PROGRAMS

#### LEGO Club

LEGO Club is back Friday, October 6 at 3:30 pm. Join us for special builds, creative challenges, and a whole lot of fun. You bring your creativity, and we'll provide the blocks!

#### Maker Space

Creative opportunities abound in our Maker Space! Self-directed activities will be available all month long for children and teens. Past activities have included decorating bannanas for shelter dogs, book cover selfies, and black-out poetry. The station is always changing, so make sure to check out the latest project when you are in the library.

#### Storytimes

Mother Goose (4-18 months): Tues. at 11  
Bounce n' Books Movement (2-5 years): Weds. at 11  
Preschool (3-5 years): Thurs. at 11.

#### Teachers and Homeschool Parents

The Fairview Library is here to support you in any way we can. As you move through the fall semester, be sure to check out the Teacher Subject Request Form on the Library website. Our librarians will pull books and other materials relating to any area of classroom study (e.g., ancient Egypt, seasons, emotions, and families) and then email you when they are ready to be picked up.

### USED BOOK SALE

Visit the Used Book Store inside the library to get some great deals on gently used books. All of the profits from the Book Sale goes to the Friends of the Fairview Library.

### NEW BOOKS COMING IN OCTOBER

#### Adults

*Origin* by Dan Brown (10/3)  
*Winter Solstice* by Elin Hilderbrand (10/3)  
*Manhattan Beach* by Jennifer Egan (10/3)  
*The Last Ballard* by Wiley Cash (10/3)

#### Teens

*Magnus Chase: The Ship of the Dead* by Rick Riordan (10/3)  
*Harry Potter and the Prisoner of Azkaban* Illustrated by J.K. Rowling (10/3)  
*Turtles all the Way Down* by John Green (10/10)  
*Mr. Lemoncello's Great Library Race* by Chris Grabenstein (10/10)

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## Hannah Fouts Garrens Pfautz/Fouts Family

Theobald Pfautz was born in Rohrbach, Kris Sensheim, Palatinate, Germany in 1722. He was the son of Hans Michael Pfautz born in Palatinate in 1682. Hans was an innkeeper and the son of the local mayor. He died in Strasburg, Lancaster County, Pa., on February 2, 1741. Hans married Ursula Muehlenhauser (name changed to Millhouse in America). She was born in Steinsfurt, Germany in 1682. She died May 14, 1772 in Strasburg. Theobald Pfautz sailed with his parents to America aboard the ship *William and Sarah* in 1727. At this period of time, the Pfautz family were all German Lutherans. Theobald Pfautz's German nickname was Dewald. It eventually became David and the spelling of Pfautz became Fouts.

Theobald (now called Dewald) Pfautz married Catrina Spengal on May 27, 1743 at St. Matthews Lutheran Church in Hanover, York County, Pa. Catrina was born in 1725 in Alsace, Berks County, Pa. Dewald and Catrina Pfautz moved to Pipes Creek in Fredrick County, Maryland. Dewald Pfautz was still a Lutheran as late as 1753 when he swore a court oath in Frederick County, Maryland as a witness in a local law suit. I say this because by 1755 Dewald Pfautz was a Dunker. Dunkers were not allowed to take an oath in court or anywhere else.

Dunkers called themselves The Brethren. The public, in derision, called them Tunkers, derived from the German word *Tunken*,

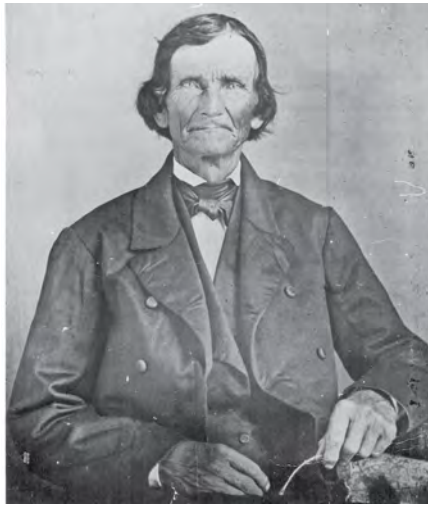


Rebecca Garren, granddaughter of David Fouts, (1816-1900); David Garren, grandson of David Fouts, (1801-1894).

which means to dip bread in gravy. They were also called Dunkers, Tunkers, Dunkards and Dumpers.

The Baptist Rev. Morgan Edwards visited many Dunker/Tunker churches in the 1770s. He said they kept no written records nor did they record the names of their founders, baptisms, membership roles, or even their beliefs. He wrote, "They use great plainness of language and dress like Quakers, and like them, will neither swear nor fight. They do not go to the law nor take interest for the money they lend."

A border conflict developed between



Maryland and Pennsylvania. The vague wording of Lord Baltimore and William Penn's Royal grants brought discord between the two states. A 20-mile-wide strip of land between the two states was claimed by each state. As a result, both states were selling the same land to different settlers. This resulted in the Walton War between North Carolina and Georgia over what is now Transylvania County. The dispute was the cause of many lawsuits between settlers on both sides of the line. King George sent two surveyors, Mason and Dixon, to America to settle the dispute. The Mason-Dixon line was completed in

1768. The line favored Pennsylvania and the Maryland deeds became worthless.

The Dunker settlement at Pipes Creek, Maryland decided to move to North Carolina. Dewald Pfautz sold his property on Pipes Creek and joined a wagon train led by Rev. Daniel Leatherwood. Andreas Huber and his wife Margaret Fouts (Dewald's sister) were also members of the wagon train. Andreas Huber changed his name to Andrew Hoover when he arrived in North Carolina. President Herbert Hoover descended from Andrew and Margaret. Peter Garren and his sons Jacob, Andrew and James were also with this group. The Hooper's Creek Garrens descend from Andrew and the Garren Creek Garrens from James. They settled on the Uwharrie River in what is now Randolph County. Randolph County, along with Lincoln and Catawba Counties, became the three German Counties of the Piedmont.

Dewald Pfautz started appearing on Randolph County records as David Fouts Sr. He and his brothers Michael and Jacob bought 1,000 acres of land from Henry McCulloh, who had a vast Royal land grant in the area. David Fouts was the only one of the German Dunkers to interact with his English neighbors. He was appointed Overseer of the Roads in 1768. David's property bordered the road from the Uwharrie River to Caraway Creek, which he was in charge

*continued on page 19*

## Multiple Ways for You to Help

In my previous article I described how the volunteers of the Food for Fairview Pantry work to address the problem of food insecurity in Fairview. This is done Monday afternoons from 12 - 6 pm and Tuesdays from 8 am until around noon. Other tasks performed by our volunteers include maintaining the records for the federal government's Emergency Food Assistance Program; filing with the state for sales tax reimbursement, since we are a nonprofit organization; and meeting with individuals and organizations in the Fairview/Asheville area regarding the pantry. Other volunteers have the responsibilities for all the concerns with soliciting donations and applying for grants — both efforts that help keep the items free to the pantry's clients.

Food For Fairview is currently in need of a Tuesday morning volunteer with a good-sized SUV or pickup truck. That person's responsibility would be to pick up food items at MANNA Food Bank around 8:15 am and bring them to the Food for Fairview pantry. The commitment does not have to be every week as we already have a volunteer who will handle this task except when he and his wife travel. The new volunteer does not have to be physically strong as MANNA staff will load the boxes and the volunteers that stock the shelves of the pantry can unload the vehicle. The time commitment would be only several morning hours per month. If you think you can help with this, please give

me a call or email.

Another way to assist the pantry's mission is to donate items that are distributed at the pantry. Items can be donated at the pantry, 1357 E. Charlotte Highway, on any non-holiday Monday afternoon or Tuesday morning, or donations can be left in the collection wagon at the Fairview Post Office or Fairview Christian Fellowship (look for the yellow box, lower level of the church). The most important things needed are baby food, diapers and other baby items, as well as health and hygiene products, cleaning and laundry items. As always, staples like flour, sugar, rice, beans, canned fruits and vegetables, macaroni and cheese, and salt are appreciated. In order to get a receipt for your donation, you will need to bring them to the pantry at the designated times.

One more way you can contribute to the pantry is through a financial donation. We currently solicit contributions twice a year from our fellow Fairview residents. Food for Fairview is a tax exempt 501(C)(3) corporation, so donations are fully tax deductible.

As you can see, there are many ways you can assist the Food for Fairview Pantry mission to address the problem of food insecurity affecting some of your neighbors. All contributions are greatly appreciated.

*Jeff Cole is the Director of Food for Fairview.*

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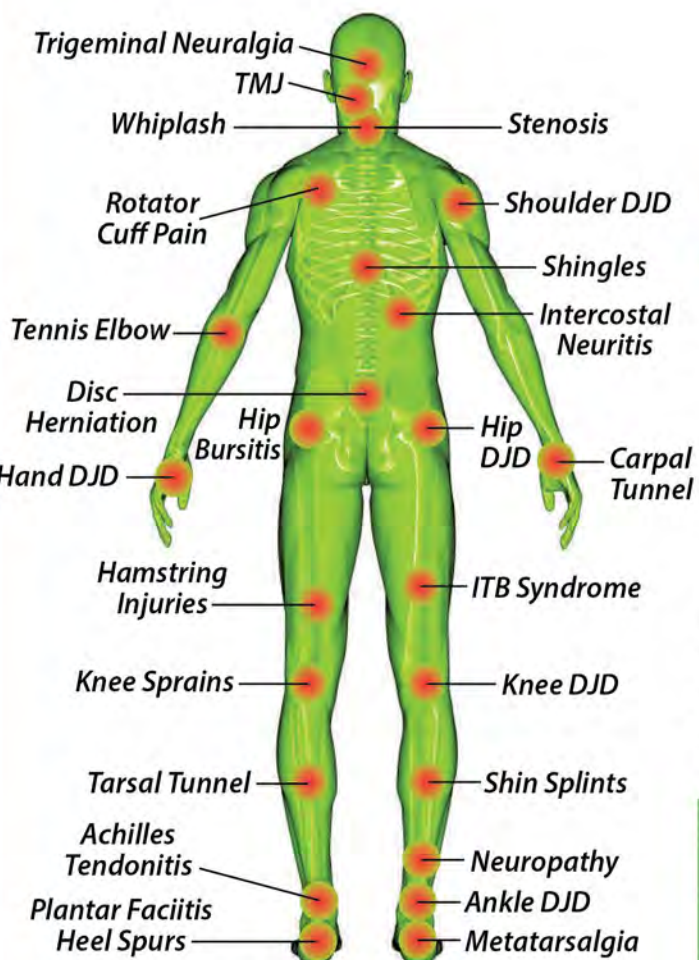
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## WEATHER CORNER TOM ROSS

### Seasons Change: October Brings Switch from Summer to Fall

Last month, we discussed how September 10th was traditionally the peak of hurricane season — wow! That certainly was the case this year with Harvey and Irma and Maria and José. Cleanup and rebuilding will continue well into 2018. If you take another quick peak at last month's graphic, you can see how the frequency of hurricanes and tropical storms now drops through October, which is good news. If we contrast the last two summers, this year was more of a "cool green Asheville" summer, with the exception of two or three hot weeks in July. In contrast, last summer we had 18 days with a high of 90 or better; this year it was only five days, all in July.

The amount of solar radiation received drives our climate. The length of daylight in October drops from about 11 hours 48 minutes to 10 hours 44 minutes, with corresponding highs and lows of 72 and 50 on the Oct. 1 and 64 and 40 on Oct. 31.

We should expect some frost by month's end. Frost forms on solid objects when the water vapor in the atmosphere changes from its vapor phase to small ice crystals. If you see frost, the temperature of the object reached 32 or lower. However, the air temperature, measured at 5 feet above ground in the vicinity of this object, is likely several degrees higher. Conversely, not every air temperature recorded at or below 32 means frost formed on solid objects in the area. The average date of the last spring frost is April

10 for downtown Asheville, April 27 for Black Mountain, May 5 for Bent Creek and April 26 for Hendersonville.

The average date of the first autumn frost is October 23 for Asheville, October 17 for Black Mountain, October 9 for Bent Creek, and October 12 for Hendersonville. To get the earliest date of the last frost, add 14 days to the average or subtract for the latest frost. In autumn, add or subtract about 12 days to get the earliest or latest dates. In Fairview, our dates run pretty close to Bent Creek; deeper valleys will tend to have frost/freezing conditions later in the spring and earlier in the fall.

On a final note, we'll enjoy fall colors in the mountains over the next 4-6 weeks. In some years, our mountains look like a patchwork quilt of glorious color and other years not so much. Take a look at the map at [smokymountains.com/fall-foliage-map](http://smokymountains.com/fall-foliage-map) to see estimated dates of peak fall colors across WNC.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

#### October Trivia Question

When were the wettest, driest and snowiest Novembers?



#### September Trivia Answer

What is the mechanism of why low clouds so often form in the valleys between our mountain ridges?

Valley fog is most common when it is clear and calm during late and early morning hours. Rivers and streams that flow in the base of valleys can also enhance the fog potential because of the relatively warm water. If the air temperature around a river, stream or in a sheltered valley cools down to the dewpoint, an instant source of condensation and water vapor becomes available for the production of fog. Visibility as a result of valley fog can drop from unrestricted across higher terrain down to near zero in just a few hundred feet! Valley fog can also make for some picturesque scenery during the morning hours as the sun is rising.

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Lunchtime at the Cove



photo by Steve Fulghum

No, it's not a new kind of fish taco or fancy gourmet lettuce wrap. It's a very hungry koi fish that flopped up on a lotus leaf in pursuit of a bit of food tossed into the pond by The Cove at Fairview owner Frank Dixon one recent summer day.

It's a common occurrence, Frank says — when the floating fish kibble is gobbled up, the koi in the pond start scooting up on the leaves to find whatever leftovers they can. It's a delightful reminder that however serene and Zen-like the blooming lotus pond may be, the turbulence of life is going on under the surface—and sometimes on top of it.

ON THE ROAD: MINNEAPOLIS, MINNESOTA



The *Fairview Town Crier's* own Lisa Witler poses in front of the iconic Spoon-bridge and Cherry at the Walker Art Center's Sculpture Garden in Minneapolis, Minnesota.

Lisa recently vacationed in the “-otas” — North Dakota, South Dakota, and Minnesota — and has now visited all 50 states.

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To purchase a raffle ticket (or make a donation) visit [fairviewtowncrier.com](http://fairviewtowncrier.com), call 828 628-1422, or stop by the *Crier*/Hub office at 1185-G Charlotte Highway any Monday to Friday 10-5 pm. The *Crier* is not only your community newspaper but it is a non-profit, 501(3)(c) so your donation is tax deductible. **Hurry, raffle ends October 31.**



**1** It was really heartbreaking...she was abandoned when she needed us most. Left to linger outdoors, her only friends were the local squirrels who took refuge in her ample bosom.

**2** You can tell she was a beauty in her youth.

**3** We stripped her down to her skivvies (blush!) to see what we were dealing with. Good bones, but sagging skin and poor muscle tone.

**4** Surgery was really the only viable option.

**5** First, we shored up her front.

**6** Then we added some bracing on her back to improve her posture.

**7** At that point, her torso was looking pretty good, but her bottom was still sagging, so we began a derriere lift.

**8** We tightened things up from underneath.

**9** But we still had some jiggle seat issues to deal with!

**10** But it was nothing that a nice eight-way hand tie couldn't handle.

**11** She's now ready for the next step in her transformation.

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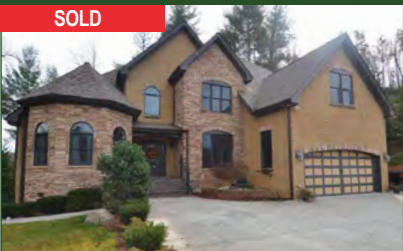
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## LARGE FAMILY HOME W/ MOUNTAIN VALLEY VIEWS

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2 Story 4 bed / 2.5 bath 3,500 sf home with garage. Beautiful views in a great neighborhood and access to great schools. **\$489,900**

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**NEW LISTING 0.74-ACRE MOUNTAIN VIEW** piece ready to build. Creek runs through it, priced to sell: **\$25,000**

**NEWLY REDUCED 4+ ACRES READY TO BUILD**. Hike from your back door. Gravel driveway and existing building site. Long-range mountain views. Perked for 3 bd in 2008. Mature hardwoods, rhododendrons, lots of wildlife. **\$40,000**

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**NEWLY REDUCED 33+ ACRES ON GARREN CREEK** w/ pasture, running creek, several mountain build sites w/ views. **\$189,000**

**NEW LISTING STUNNING 39-ACRE PARCEL** with commercial potential. Pasture, woods, level, rolling & hilly with potential for views. Stone entrance, creek, small stream, 2 ponds. City water & small box sewer treatment possible. Call Karen 828.216.3998. **\$2.5M**

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**GORGEOUS 2 ACRE PARCEL IN VALLEY** potential for pasture & long-range mountain views. Pave access in new home area. Call Karen 828.216.3998. **\$135,000**

**4.7 ACRES, SMALL CREEK, GREAT VIEW** potential driveway to home site which has been graded. Call Karen 828.216.3998. **\$65,000**

**7+ BEAUTIFUL, PRIVATE ACRES** in the Old Fort Road Community. Mature hardwoods, rhododendrons, mountain laurel, small stream. Long-range mountain views, multiple build sites. Call Susan Lytle 828.301.1410.

## CONSERVATION ANGELA SHEPHERD

### (Unfortunately) Coming to a Forest Near You: Emerald Ash Borer

The Emerald Ash Borer is an invasive insect native to Asia that has killed millions of ash trees in North America. First discovered in Michigan in 2002, this destructive beetle has been identified in 30 states (primarily in the Midwest, mid-Atlantic, and Southeast). In 2013, Emerald Ash Borer presence was confirmed in eastern North Carolina.

"Although ash stands do not make up a significant portion of our region's forests, Emerald Ash Borer will be devastating where it does take hold," says Southern Appalachian Highlands Conservancy (SAHC) Stewardship Associate Sarah Sheeran. "In this area, ash trees occur in rich cove forests and bottomland communities, and as beloved ornamentals. Unfortunately, once you see the symptoms of infestation it may be too late."

Early symptoms of Emerald Ash Borer infestation include thinning of the foliage crown and yellowing of leaves. Up to half of a tree's branches can die within a year, and most of the canopy will be dead within two years.

"Tree mortality can be swift — sometimes within 2-3 years — and identification of infested ash trees can be difficult," continues Sheeran. "The beetle larvae feed on the inner bark of ash trees, disrupting the tree's ability to transport water and nutrients."

Adult beetles are dark metallic green, approximately ½ inch long and ¼ inch wide. They lay eggs on the outside of ash trees, and the cream-colored larvae bore into the bark, feeding on the tree. Increased woodpecker activity can be a warning sign of infestation as the birds attempt to reach larvae below the bark. Emerging adult beetles leave small (¼-inch) D-shaped exit holes, but these can be harder to spot than other symptoms.

The Emerald Ash Borer spreads naturally when adult beetles fly to a new host. However, a greater threat is long-distance spread caused by humans transporting wood from infested areas. Using local firewood can help minimize such spread. The NC Forest Service suggests using firewood within 50 miles of where it was cut.

This summer, SAHC intern Thomas Hatling has been carrying out an inventory of white ash trees on SAHC-owned lands in the Highlands of Roan to help the conservancy plan for response to this invasive beetle.

"I go into forested SAHC properties with a GPS, a basal area gauge, a clipboard with maps and tables and a tree diameter tape," explains Hatling, a forestry major from Sevanee University. "I try to find stands of ash trees, record their position on the GPS and measure each tree's



Above: White Ash tree, not infected (photo Thomas Hatling)

Above right: invasive beetle (courtesy of David Cappaert, Bugwood.org)

Right: assorted tools used in inventory (photo Thomas Hatling)



diameter. This will provide SAHC with an idea of how many white ash trees it has and where they are located."

Hatling hopes the inventory will help SAHC protect white ash trees from encroaching invasive beetles.

### How Can Landowners Help Protect Ash Trees on Their Property and Elsewhere?

Educate yourself: Visit the Emerald Ash Borer website, [emeraldashborer.info](http://emeraldashborer.info), to learn more about this invasive pest, including how to identify it and what your treatment options may be. The NC Forest Service also provides information about Emerald Ash Borer at [ncforestservice.gov/forest\\_health/fh\\_eabfaq.htm](http://ncforestservice.gov/forest_health/fh_eabfaq.htm).

Follow the beetles: Researchers have been tracking areas where the beetle has been found. Visit the Emerald Ash Borer Detection webpage, [emeraldashborer.info/documents/MultiState\\_EABpos.pdf](http://emeraldashborer.info/documents/MultiState_EABpos.pdf), for up-to-date information on beetle detection and distribution.

Angela Shepherd is Communications Director or the Southern Appalachian Highlands Conservancy in Asheville. She can be reached at 253.0095 ext. 200 or by email at [sahc@appalachian.org](mailto:sahc@appalachian.org). To join in saving the places you love, visit [Appalachian.org](http://Appalachian.org)



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Beam me up Scotty! What do more than 350 college and professional sports teams use to get their injured million-dollar athletes back on the playing field faster? It's called Laser Therapy — a surgery-free, drug-free natural option that harnesses the body's own inherent healing mechanism for those suffering from both acute and chronic pain. Treatments are fast, safe and painless. Laser therapy has been used in Europe for over 30 years and over 3,000 research studies have been conducted in the field demonstrating its effectiveness with a wide range of human health conditions. Laser treatment is endorsed by professional clinical organizations including the World Health Organization (WHO), American Physical Therapy Association (APTA), and the International Association for the Study of Pain (IASP®). Given the opioid epidemic in this country, this may be a reliable alternative for chronic pain.

Laser Therapy is clinically proven to reduce pain and inflammation associated with many common musculoskeletal conditions, such as neuropathy, tendonitis, plantar fasciitis, post-hepatic neuralgia, trigeminal neuralgia, nerve pain, chronic pain of arthritic joints and much more. But how does it work?

Therapeutic lasers emit light in a colli-

dated, coherent, focused beam using light energy in those frequencies that have been proven to speed the healing of human tissue. Its therapeutic effects include an increase in microcirculation (up to 700%), analgesia or pain relief, and the stimulation of proper tissue healing. Laser beams (made up of photons) interact with a chromophores, light-sensing structures inside the human cell nucleus, turning on the cell's natural ATP or energy factory to speed healing. The most important factor with lasers is their power or wattage. Laser pointers have milliwatts (1/1000 of a watt of power) while the most advanced lasers are capable of up to 25+ watts of power.

### Careful, Though

Contraindications against using Laser Therapy include application over pacemaker, tumors or cancer, growth plates in children, pregnant women, and use over reproductive organs, the eyes or thyroid.

To find out if laser is right for you, get a proper evaluation by a physician with advanced training in deep tissue laser therapy.



Dr. Reilly is past president of the NC Chiropractic Association. dreilly@fairviewdc.com, fairviewdc.com, 628-7800.

## Cool Weather Preparedness

As the leaves change color and cooler weather descends upon us here in the mountains, there are several other cycles we see in our medical office every year around this time: blood pressures and blood sugar levels start to go up, some people develop more depressive moods, and many people start to gain weight and have increased aches and pains.

We often hear that "it is too cold to go outside" or "my joints hurt more in cold weather." Unfortunately, diabetes, high blood pressure, obesity, arthritis, and depression do not take time off, so you can't either. The best way to prevent these seasonal maladies is to have a plan in place and begin working on it now, before cold weather settles in.

**Exercise.** It is the best antidepressant and antianxiety treatment known. It will help keep your blood pressure down. It will help control your diabetes. It will help you sleep better. And best of all, it's free! You can exercise inside or outside: a burned calorie is a burned calorie either way. So dust off that treadmill and put it to good use. Go to an exercise class at the gym. Watch and follow an exercise video online. Go for a walk at the mall. Find something active you enjoy doing and do it. Regular exercise is an essential and effective treatment for osteoarthritis.

**Go outside.** Not only when the foliage is beautiful in the fall, but also during the

depths of winter. As humans, we are not bound by the environmental limitations of our birthday suits. Winter is a beautiful time of year to explore nature or your neighborhood.

### Connect with friends and family.

As people move indoors with the colder weather, some can feel isolated. Call a friend. Drop by for a visit. Bring some healthy food to share. Make an exercise date to go walking at the mall or the park. Or volunteer.

**Get adequate sunlight.** Some people suffer from a seasonal form of depression that worsens in the winter; this can be related to decreasing vitamin D levels. Taking a vitamin D supplement during the winter can help some feel better. The more time you spend outside, the more natural vitamin D your body will make. Outdoor exercise is a great way to get both natural vitamin D and all the benefits of exercise.

**Quit smoking.** Winter is a great time to stop smoking. Smoking is the #1 preventable cause of death in the US. You will feel better and younger after you stop smoking. And with the money you save you'll have tons of extra cash to spend on a vacation in 2018!

Wishing you good health.

Mike Coladonato, MD, is a Family Practice Physician at MAHEC Family Health Center at Cane Creek.

## See the World Through a Different Lens – Your Brain May Benefit

Various frequencies and wavelengths of light can have a dramatic impact on brain function. Different-colored glasses (essentially



nerve calming **Pink:** Potential appetite suppressant While these are general examples for use of colored lenses, care should be taken when

starting to use them. If any symptom you are experiencing is worsened using colored lenses, discontinue wearing them immediately. Do not drive or perform and physical activity while using certain colored lenses, especially darker shades, as they can alter the color of lights, depth perception, and your ability to fully visualize your surroundings.

For those dealing with significant neurological, mental health, or physical impairment, in-depth evaluation can be done to determine what colors are best suited to your condition. While blue may be soothing to one, it may stimulate anxiety in others, particularly if pre-existing conditions are present.

Is it time for you to see the world through a different set of lenses?



Dr. Trayford is a Board Certified Chiropractic Neurologist. More at ApexBrainCenters.com

## The Dreaded AEP

### And So It Begins

By the time you are reading this, the Annual Enrollment Period, or AEP, will be only days away. Every year I get on my soap box and proclaim the rules and warnings of this much-anticipated time of the year. Each AEP seems to bring with it a new twist or wrinkle to contend with, and this year is no exception. As I pen this, BCBSNC and Mission Health have not come to terms in their deliberations on contract renewal due to expire October 5. If they do by the time you read this, then hooray! All is well! But if not, those folks who have Blue Medicare Advantage HMO or PPO plans have some decisions to make.

### How Does This Impact You?

If you have an emergency this won't affect you. All Advantage plans require health care providers to bill emergency care as in network. Refer to your policy or contact the insurance company for additional details. If you have a PPO or HMO plan, Mission Health will no longer be in network for either one. Out of network for a PPO means you will have coverage but at a significantly greater cost. If you have an HMO plan, there will be no coverage for Mission Health providers except in an emergency. This won't affect you at all if you don't use or intend to use Mission Health providers. Contact BCBS if your current doctors are Mission Health pro-

viders and you have on-going treatment or procedures planned after the October 5 deadline. BCBS has a "continuity-of-care" program that may be of help to you. The company determines your eligibility for the program.

### Alternatives

One option is to consider other plans accepted by Mission Health. The AEP (11/15–12/7) is available to make a change to another plan if you wish. This doesn't solve the coverage gap for Mission Health from October 5 through the end of the year, however. Changing doctors is also a possibility. BCBS has a list of available providers on their website or customer service. My hope is that an agreement is reached and all will be right with the world again.

### ANOC

Have you read your ANOC (Annual Notice Of Change) yet? If you have an Advantage or Rx plan, you should have received it by now. It's your go-to source to preview any changes to the premiums and benefits of your plan for next year. Call me if you need help sorting it all out.



Mike Richard is president of Prime Time Solutions. Contact: 628-3889 or 275-5863.

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## From Oneness to Awareness – and Back Again

In a land not unlike our own, the rainy season was nearly ended. Floodwaters would soon return to their banks, choosing again to follow ancient paths. The waterlogged soil would begin to dry and shrink, leaving the spider web of cracked, hard earth. The intense heat that always followed the cooler rainy season had arrived. Each forest creature found its own way to deal with the heat. Most remained motionless. Some waited for night to fall before beginning to forage or hunt. One exception was the odd-looking, two-legged creature. This unusual creature chose to continue to move slowly, breathing purposefully, forcing the dense steamy air into resistant lungs. The two legs were not strong but had an unusual capacity to find nourishment from many sources. Two legs also were much less specialized and already possessed an endurance that allowed them to adapt to different environments.

### Islands of Light

Hidden deep in the dark, thick canopy of the forest were rocky outcroppings, islands of light filled with small bushes. One island was a gathering place for many creatures. The combination of fresh spring water and a bounty of fruits and berries fed those brave enough to enter.

One clearing was located on a rise well above the flooding. The two legs had discovered the prize while seeking safety

from the high waters the previous season. Once again it was the time of berries, a rare chance to fill the belly day after day. Predators were also aware of this island of light. There was a kind of truce in the clearing among many foraging creatures when the fruit was abundant — meat-eating predators played by different rules.

### Chase and Survival

The two legs had cautiously moved out of the forest into the growing shadows toward the sweet-smelling fruit and began to eat. A shifting breeze wove its way through the clearing, collecting olfactory information that told the story of the island of light. One traveler, a large cat, downwind in the forest, was reading the story. Its long red tongue moved across sharp-yellowed teeth. The traveler slinked into the breeze.

There was a crack of a twig as the slink became the lope. When it passed the last of the large trees around the clearing the cat's eyes met those of the two legs and the race for low-hanging tree limbs began. They both left the ground at the same time, as the cat lunged for the legs of its prey and the two legs jumped to reach a branch. The thought of missing never crossed the mind of either creature. Hands hit the tree branch with enough momentum to cause the thin body to swing just out of the reach of the cat, which rolled awkwardly in the

leaves below the tree. The two legs swung up onto the branch and quickly moved up the tree.

Clinging to the tree a new feeling came from somewhere deep inside the two legs. Something changed in its eyes. Something changed in its heart. The feelings somehow turned to a replay of the chase and narrow escape of the cat's sharp claws, inches from reaching their goal. The two legs had seen the effects of those claws on flesh and the picture of the lifeless remains replayed over and over in its head.

### Awareness Arrives

The chase had not been unusual. Survival or becoming food in the cycle was "the way." What was different was a strange new awareness. Still unnamed, the awareness would become a recognition of death versus life. The awareness shocked the two legs as it became more intensely aware of its body clinging to thin branches high in the darkness. Something about the survival experience and new awareness left the young creature feeling very much alone. It was a feeling of self. The two legs had become "Two Legs." Along with awareness came a pain that no other creature had ever experienced. Two legs had gone from being a part of the whole to separate from the whole. There was an urgency to understand and to develop new relationships.

Without language there was no way to have an internal conversation to help relate experiences. Images became symbols: the cat represented fear; a protruding belly meant food; and water flowing from rocks was quenched thirst.

Another level of confusion came with the realization that Two Legs was no longer living totally in the moment. Awareness of life and death had come with a great price. In those first few moments of awareness Two Legs had discovered time. Now there was what is, what had been, and what was to be.

### Where Is the Oneness?

Awareness separated Two Legs from the oneness and the simple cycles of life. Awareness would be passed on to future generations, who struggled to live in the moment and search for a way back to oneness. They also inherited the ability to see and experience such dichotomies as beauty, ugliness, joy, sadness, war, and peace.

Identify three ways you can come back to oneness. When it comes...

*You Are Here*



Blair Clark is a Licensed Professional Counselor Supervisor and author of *Answers to What Ails You (AWAY)*.

## Hannah Fouts Garrens Pfautz/Fouts Family

*continued from page 8*

of maintaining. He is believed to be the only German in the settlement who knew enough English to understand the road maintenance assignment.

The Moravian missionary George Soelle wrote that he spent the night at the home of David Fouts in November 1771 and met many of his neighbors. "This is a unique species of people," wrote Soelle. "They have Moravian, Quaker, Separatist and Dunkard principles, know everything and know nothing, look down on others, belong to no one and spurn others." When the Revolutionary War came, the Dunkers, including the Fouts and Garrens, refused to take the Oath of Allegiance, bear arms, or pay taxes to support the war.

David Fouts Sr. died in Randolph County North Carolina around 1784. David and Catrina Fouts had the following children: **John Daniel Fouts** was born in Maryland in 1744, married Mary Garren. He died in 1802 in Randolph County. He was a Baptist. **David Fouts Jr.** was born 1745 ca in Maryland, married Elizabeth Hoover, daughter of Andrew and Margaret Fouts Hoover. They were the parents of the five blind Fouts children. He was a Dunker. David died in 1821 in Randolph County, NC.

**Jacob Fouts** was born 1747 ca in Maryland. He married Mary Waymire. Jacob died in Clark County, Indiana in 1829. He was a Universalist Dunker.

**Andrew Fouts** was born in 1749 ca in Maryland. He married Elizabeth Garren. He died in Randolph County in 1782 ca. They were Quakers.

**John Fouts** was born in Maryland 1755 ca, married Catherine Shearer. They were Dunkers. **Lewis Fouts** was born in Maryland 1761 ca. He first married Mary Gallimore and next Christina Lingle. He died after 1840 in Cabarrus County, NC.

**Peter Fouts** was born 1767 in Randolph County, NC. He married Catherine Younce. He died in 1838 in Carroll County, Indiana. They were Dunkers.

**Barbara Fouts** was born 1769 in Randolph County, NC. She married Jacob Mast. She died in Wilkes County, NC, 1796 ca. They were Baptists.

**Hannah Fouts** was born July 11, 1771 in Randolph County, NC. She was married to John Garren, son of James Garren, from February 18, 1769–April 14, 1843. John and Hannah moved to Fairview. They settled on what was then Woods Creek that soon became known as Garren Creek. Hannah died in Fairview in November 1855. Both are buried in Cane Creek Cemetery. They were Baptists.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or [brucewhitaker@bellsouth.net](mailto:brucewhitaker@bellsouth.net)

all signifies a change in seasons and so it is with The Hub, as well. Lots of new things to share. Our gift shop has gotten a facelift with new shelving (*Thank you Steve Norris for your carpentry skills!*) that allows us to display our variety of local products in a "less jumbled" way. There are so many beautiful, locally crafted items it was difficult to see everything because we got so crowded. So we're going with the "less is more" philosophy, although it really isn't less – just less cluttered.

New at the Hub shop are some lovely hand-crocheted baby items by Tina Frady. We're particularly smitten with the adorable bunny hat. We've got blankies, lovies, swaddlers, layettes, booties and even a mermaid outfit.



We've just discovered Stan Starika of Fairview, who works with exotic skins and leathers. We've got some of his alligator bracelets now that are totally cool, with smaller sizes suitable for kids. Excited to see the other things he'll be bringing in later this month, as well.

Lindsay Bostic's signature Fairview mugs have been with us from the start, but now we also have Lindsay's one-of-a-kind stoneware bowls. A Fairview mug and cereal bowl seems like the perfect gift for anyone.



One of our favorite jewelry artists has retired so we scooped up a few of her more unique creations like the necklace at left, made from pieces of vintage hand-painted plates.



Halloween is October 31 this year (just like every year) and we're not sure how many folks actually decorate or dress up or celebrate in any fashion, but just in case someone is looking to give (or own) a hand-felted somewhat ghoulish pumpkin head, we've got one right here. Handmade by Sabrina Miller, a woman of many talents. He/she/it is awfully cute. You might need to come in for a face to face.

### FIRST EVER OUTDOOR ART SHOW

The Fairview Area Art League — FAAL for short — is holding its first outdoor art show and sale on **Sunday, October 22, 1–5 pm** right here at Hub central. Over 20 members of the newly-formed league will have tables set up under the portico around the building selling their creations. There's a surprising mix of mediums represented from paintings, photography, watercolors, pottery, fiber arts, silk scarves and even carved ostrich eggs. Inside The Hub we'll serve hot cider and goodies. Please support this first effort from our community of talented artists.

### COMING UP

We've suspended our Second Friday at The Hub so as not to compete with other events like HNGF's Friday Dances and Whistle Hop Brewery's music nights, but we're planning special "pop up" evening events like an Antique & Vintage Sale, a Jewelry Sale and a Christmas Kickoff Sale. Follow us on [Facebook.com/thehubfairview/](https://www.facebook.com/thehubfairview/) for info.



**BEWARE! FALL IS ON ITS WAY! GET READY NOW!**  
Seeding and hydroseeding needs to be done before the ground temperature drops so a good root system can be established before winter. It is time to **plant trees and scrubs** and **mulch**. Also **mulch your bulbs** to protect against the cold of winter. Now is the time to get the **rock patio** and **firepit** built to enjoy the cool fall evenings. Why not go on now and get that **driveway** worked on, and **ditches put in or cleaned out**. Dont forget we do all types of **grading, storm drain work and ridge-top ordinance**. We are a fully-insured, licensed contractor and we show up the first time, and every time.  
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# Halloween Costume Trends Through a Historic Lens

On the last night of October, dusk descends upon an ancient Celtic settlement. The late autumn air chills the bones, and the scent of cold, wet earth and decaying leaves assails the senses. Jagged outlines of leafless trees are softened by a smoky haze. Folks congregate to celebrate Samhain, a Gaelic festival marking the transition of seasons — fall to winter; harvest to hibernation. Communal bonfires, symbolic of the sun's power, illuminate hilltops. In the garish orange glow radiating from the flickering flames, festivities of folk song and dance commence. People thrust torches into the scintillating inferno to take its fire back to light ablaze the hearths in their homes. The smoke and ashes from the fire are thought to cleanse and protect the people in the cold months to come.

The prevailing belief is that on this night, the “veil” that separates this world from the next thins, allowing fairies and spirits of the dead (known as the Aos Si) to emerge from doorways opened to the “Otherworld.” And thus people leave food, drink, and remnants from the harvest outside their front doors in order to placate and satiate the Aos Si. When leaving their homes, they don masks to imitate and disguise themselves as fellow Aos Si.

Fast forward to the 8th century. Early Church practices influence and merge with ancient traditions. As the sun sets and darkness falls on the eve of All Saints’ Day (observed on November 1), the Church begins its vigil celebration. This celebration lasts through All Souls’ Day on November 2, and honors saints, martyrs, and the souls of the departed. This observance, lasting three days, was known as “Allhallowtide.” And thus is born “All Hallows’ Eve,” shortened later to “Hallow E’en” and then to Halloween.

The precursors of modern-day trick-or-treating — “souling” and “guising,” can be observed in the bustling streets of medieval England during this hallowed celebration. The sweet scent of “soul cakes,” given to “soulers” in exchange for prayers for deceased relatives, wafts in the air. The soulers’ sweet, solemn prayers can be overheard departing their lips. “Guisers,” or young people dressed in costume, go door-to-door hoping to receive treats in exchange for recitation of poetry, performances of song and dance, and relaying of stories and jokes.

Immigrants and migrants alike came from costume-wearing countries to the United States, and they brought with them their own unique traditions. As the 19th century unfolded, Scottish immigrants transported their customs to the New World. In Mexico, a similar celebration, Día de los Muertos, or Day of the Dead, has been observed for centuries, and it too has taken root (and transformed) in the United States. Much like the ancient festival of Samhain, this celebration comprises the giving of gifts and offerings to the deceased (including ethnic food

“A mask you ask? Optional I find! Masks lend appeal of a mysterious kind.”

— E.A. Bucchianeri



Left: the winner of a costume contest circa 1939. Above: school girls in costume circa 1908. Right: a little witch circa 1935 (photos courtesy Library of Congress)



Vintage Mickey and Minnie Mouse costumes used in a 1930s Macy's Thanksgiving Day Parade.



Cute little girls dressed as traditional witches with colorful dresses and headscarves



Día de los Muertos (the Day of the Dead) is a lively Mexican holiday that draws on indigenous and European traditions.

and treats) and the wearing of sugar skull masks called *calaveras*. As people from these countries came to the United States to travel, work, and live, elements of their own cultural traditions fused, and the seeds of modern-day trick-or-treating and costume-wearing were planted.

In the mid-20th century, today's commercialized version of trick-or-treating materialized. Prior to the 1950s, tricks were more common than treats. Costumes depicting characters from popular culture emerged alongside a shift toward a kid-friendly and family-centered holiday. Not until many decades later did adults begin to more actively participate in costume-wearing and other Halloween festivities. Since the advent of these phenomena, the Halloween costume industry has grown exponentially — in the United States alone, it draws revenues exceeding a half trillion dollars each year, with nearly half of that coming from costumes sales alone.



The author's mother-in-law in 1967 wearing a homemade “flower power” costume.

Costume trends since the 1950s appear to be guided by Hollywood and other areas of popular culture. Some common themes remain consistently popular over time, such as heroes, superstars, favorite television and/or Disney characters, horror film ghouls, and famous personalities. For example, “Star Wars” soared to the top of the list in the 1980s, made a comeback in the 1990s, and will likely be popular again this year with new episodes recently released. Captain Jack Sparrow from *Pirates of the Caribbean* has been a smashing hit since the turn of the century. In recent years, costumes depicting Lady Gaga, Snooki, and Disney's Princesses Anna and Elsa became popular. These themes have all coalesced into the modern holiday.



The author (left) and her brothers in the 1980s dressed for trick-or-treating.

Popular fads aside, the stuff of folklore, legend, literature and myth remain fashionable. Witches and werewolves; skeletons and swamp creatures; monsters and mummies; ghosts and goblins; vampires and villains — the spooks that have haunted imaginations for centuries — continue

## CONTEST

Show us your Halloween best! Share pictures of yourselves, your kids, your pets — in homemade costumes ONLY — for a chance to win a fabulous prize, courtesy of the Fairview Town Crier and the Hub!

Email photos to [contest@fairviewtowncrier.com](mailto:contest@fairviewtowncrier.com) or post to [facebook.com/The-Fairview-Town-Crier](https://www.facebook.com/The-Fairview-Town-Crier) for a chance to win!

Note: All photos will post on Facebook.



Kids trick-or-treating circa 1950.

to influence the psyche of Hollywood, the Halloween industry, and costume selection. And speaking to residents in the local community, it appears that timeless trends will persist this year. When asked what costume her middle-school aged son would wear for Halloween this year, one Fairview mother responded, “Anything that scares other people to death!”

As the Halloween costume industry grows, so too does the Halloween costume frenzy. We're increasingly inundated with, and overwhelmed by, a greater selection. Costumes and accessories become more expensive (and in some cases, more elaborate) each year. A Fletcher resident recalls nearly all her friends making costumes growing up in the 1950s and 1960s. She says, “It was just simpler then. My mother helped us put costumes together, hand-

made.” Today, many people head to specialty costume stores for their costumes, push through frantic crowds, and wait in long lines just to assure that they secure the perfect ensemble for Halloween night.

Many, however, maintain customs of old while still relishing in the new. Trick-or-treating, organized and offered by many local churches, is a relatively new (and typically safer) alternative to traditional trick-or-treating (which is still common in many area neighborhoods). Bobbing for apples, navigating corn mazes, lighting bonfires, roasting marshmallows, telling spooky tales, and making creative costumes can all be done in good fun, and on a budget (especially with the advent of e-commerce).

Costume-wearing traditions of the past are akin to those we've forged today. Modern traditions, such as trick-or-treating, trace their origins back to ancient Celtic, medieval, and other ethnic celebrations, both secular and sacred. Those who celebrated the harvest all those centuries ago paved the way for Hollywood-inspired trends and a multi-billion-dollar costume industry. Though they've evolved over time, some costume trends (especially stock, scary ensembles) outlast the test of time. Whether we don our masks to mimic or to spook; to stand out or to fit in; to enlighten or entertain; to escape or to feel more connected, one thing's for certain — we all do it to have fun. And surely, it's a tradition that will continue to evolve but remain the same in many ways for years to come.

What will *your* guise be this year?



## A Funbelievable Life — Fairview Edition

October already! Well into the “BER” months we go! Feels like it was just a few days ago that I finished my summer tour. Ten thousand miles, 16 states and dozens of magical programs at libraries, day cares, church/kids’ camps and vacation bible schools. I even stopped in Weaverville for a packed library program.

Many of my shows for the past 20 years are tied into the theme selected by libraries each summer to encourage kids to read while school is out. I write a program around this theme. This year it was “Build a Better World,” a program about diversity, working together, Lego and Gears. It was record attendances nearly everywhere we went. Next year’s theme is musical (“Libraries Rock!”) and I am already writing the magic pieces for it, including one where I turn the audience into a human xylophone.

I’m not a pioneer, though, in keeping kids excited about reading and libraries. A couple of months ago the *Crier’s* Sandie Rhodes gave me a “Cereal Box Puppet.” She wasn’t sure what it was other than a decorated box



Greg Phillips with the cereal box puppet.

with a plastic bag attached for a mouth and several “animal” cutouts. I immediately took the pieces and began to sing, “I Know an Old Lady That Swallowed a Fly.” Cereal box puppets were a big thing in the 70s. Someone had spent a great deal of time putting this together as a teaching aid.



Greg and children at one of his summer library programs.

Sandie mentioned it was her mother-in-law Peggy Rhodes who had created the puppet. Peggy, now 96, emailed me the following information when I inquired about her “Library Days.”

“In the early time of segregation, there was a small Mississippi town that had an

inviting little brick library,” wrote Peggy. “The librarian was a nice lady, but unfortunately did not encourage black folks to use the library. Later, another lady (Sara ‘Peggy’ Rhodes) moved to town and started a ‘Friends of the Library Group.’ She wanted all of the town’s children to have the joy of



Peggy Rhodes hand drew, colored and cut out each of the animals that were dropped into the “Old Lady’s” mouth.

reading books, which gave her the idea to start a reading group. She created a puppet named Sister Sadie, the Library Lady. The group grew, pictures were put in the town paper and soon both black and white children came to hear her stories; and then they began reading books. One of the favorite song stories was “The Old Woman Who

Swallowed a Fly.’ The children loved being the ones to think up new verses and to drop the items into the poor puppet’s tummy.” Sara (“Peggy”) was a pioneer in getting kids excited about reading, and I’m honored to carry on this worthwhile tradition. My shows are typically filled with racially and economically diverse groups and families.

For many children, the library represents their only access to books, reading and the Internet. In my life it was Mrs. Stihle, my librarian, who nurtured my love of magic and books. Now I regularly visit librarian Jaime at our Fairview Library with my grandchildren, and I try to instill the same excitement into them. Kids who read do better in school; if they do well in school, they will likely go to college; and if they go to college they’ll get better jobs and pay taxes and buy houses and have kids who do the same. This is why they say that every dollar invested in a library returns at least five dollars to the community. Please visit your local library today.

I’m looking forward to a busy fall. Our next Discover Magic class begins soon. It’s a funbelievable life, Fairview style!

### MAGIC TRICK GREG PHILLIPS



#### Jumping Rubber Band

How to make a rubber band seem to “jump” from one set of fingers to another

- 1 Wrap the rubber band around your right first finger and middle finger.
- 2 Hold your hand up with your palm facing you.
- 3 Use your left hand to pull the band out, proving to your audience that it’s stuck on those two fingers. Do this several times.
- 4 On the final time, you will pull the band toward you at the same time you close your right fist. You will need to secretly sneak all four of your right fingers underneath the band as you let go with your left hand.
- 5 Keep your fist closed and point out again that the band is around your first and second fingers.
- 6 Snap your left hand fingers and at the same time open your right hand. As you open your fist, the rubber band will jump across!
- 7 Set up the trick a second time, with the band around your first and second fingers.
- 8 Now, place the second band around the tips of your four fingers. Inter-weave it between each finger to make it look more complex. Explain that it’s now impossible for the band to come off and jump across.
- 9 Repeat the secret move and get your fingers underneath the band.
- 10 Open your fist to show it’s jumped again!

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Bringing the World Home to Fairview

Global education: it's a top priority for Buncombe County Schools. We want our students to understand their place in the larger network of the world, and that starts with the teachers. What's the best way for teachers to bring the world to their classroom? They need to get out in it!

Jennifer Williams, a 6th grade teacher now in her 14th year at Reynolds Middle School, was granted a wonderful international and educational experience this past summer, thanks to the Tropical Ecology Institute.

The Tropical Ecology Institute is one of several Educators of Excellence Institutes offered by the NC Museum of Natural Sciences. The purpose of the Educators of Excellence Institutes is "to enable exemplary educators to experience the natural world in selected outstanding environments, increase the use of reflection and direct environmental experience in teaching, become inspired and recommitted to the teaching profession, and become part of a

"I experienced many different environments during this trip. I am able to talk with my students about a rain forest and share a real-life experience with them.

Jennifer Williams  
6th Grade Science Teacher

statewide network of exceptional educators for continued support and learning." Science teachers and school administrators may apply for these programs, which are subsidized by the Friends of the Museum Educators of Excellence Fund.

The Tropical Ecology Institute began in 1987. Nearly every year since then, a group of outstanding NC educators has traveled to Belize, where they are joined by Belizean teachers. This select group explores Belize for nine days, finding learning, adventure, and volunteer opportunities from the mountains to the sea.

Williams' group, made up of twelve NC teachers (including one other from Buncombe County) and two from Belize, arrived in Belize City on July 25. From there they made their way west to the Bermudian Landing Howler Monkey Sanctuary and then to the Cayo District, where they spent three days. The group went into the jungle and found tracks of a tapir, the national animal of Belize and exceedingly rare in the wild. They canoed down the Macal River and hiked to Mayan ruins. All along the way they learned about the jungle wildlife around them: tropical flowers, huge caterpillars, colorful birds, iguanas hanging from trees, and much more.

The Educators of Excellence then left the mountains for the Cockscomb Basin Jaguar Preserve, located near the village of Maya



Left: Jennifer Williams (bottom left) and the Tropical Ecology Institute  
Below right: a baby turtle  
Bottom: quilt at the Monkey River Town School



Center. Though sleeping in the Jaguar Preserve felt a little dicey for some, they enjoyed the night hike, where they were able to see tree frogs in the dark. They met Sharon Matola, environmentalist, founder of the Belize Zoo, and author of *The Last Flight of the Scarlet Macaw*. And in nearby Monkey River Town, they volunteered at the K-8 school, where Williams helped a group of students create a paper quilt of hand-drawn Belizean animals.

The final third of the trip was spent on, around, and under the ocean. The group took a boat to South Water Caye, located on the Great Barrier Reef of Belize, the second largest reef in the world. This part of the trip included both highs and lows. They saw teeming sea life while snorkeling around the reef and watched five newborn turtles make their way to the sea. But they also faced the disturbing experience of snorkeling through a part of the ocean clogged with plastic garbage.

The trip to the tropics was clearly an amazing experience for Jennifer and the other Educators of Excellence on this trip. But the impact of the Tropical Ecology Institute is intended to stretch far beyond the nine days in Belize.

So I asked Williams: how has this experience changed your approach as a 6th grade science teacher? She answered, "I experienced many different environments during this trip. I am able to talk with my students about a rain forest and share a real-life experience with them. We talk at great lengths about the plastic in our environment and how it's polluting our oceans — seeing the plastic in the ocean makes it that much more real and brings an awareness to my teaching that I didn't have before."

This is precisely the purpose of Buncombe County's global education focus: to bring the whole world into the classroom, and make learning come alive for our students.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.



October Calendar for Reynolds Schools

FRI, OCT 6	Fairview Elementary Fall Festival 4-7 pm
SAT, OCT 7	Reynolds Cedar Cliffs Marching Band Competition
MON, OCT 9	Teacher Work Day
WEDS, OCT 18	Early Release Day
TUES, OCT 24	Reynolds High Band Concert 7 pm
THURS, OCT 26	Reynolds High Chorus Concert 7 pm
	Bell Elementary Curriculum Night 6:30 pm
TUES, OCT 31	Early Release Day

Reynolds Student Lobbies on Capitol Hill



Audrey Meigs (at extreme right front row) with the NC Girl Up delegation with Senator Thom Tillis' staff on Girl Up Lobby Day 2017.

Audrey Meigs, a junior at A. C. Reynolds High School and daughter of Thomas Meigs and Karen Wallace-Meigs of Fairview, recently attended the 6th annual Girl Up Leadership Summit in Washington, DC. This was the second summer that Meigs has participated in the summit and the first time she was asked by summit conveners to serve as a Lobby Day leader for attendees from across North Carolina.

More than 300 girl advocates from around the world attended the three-day summit, participating in leadership and mentorship trainings by Girl Up experts, Teen Advisors, Canadian First Lady Sophie Trudeau, celebrity champions such as actress Cara Delevingne, and corporate executives. Summit participants developed core leadership skills, training in community-building and advocacy, and experienced interacting with members of Congress on Capitol Hill.

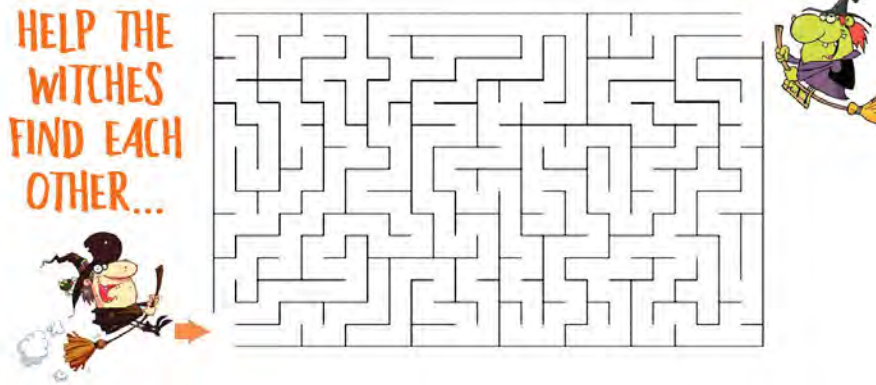
Girl Up is a program of the United Nations Foundation and supports comprehensive programs that give adolescent girls in developing countries an equal chance for education, health, social and economic opportunities, and a life free from violence. During Lobby Day, summit

participants lobbied members of both houses of Congress on behalf of HR 2408, the *Protecting Girls Access to Education in Vulnerable Settings Act*. The bill has received favorable attention from both sides of the aisle, thanks, in part, to the efforts of Girl Up participants.



Audrey is the founding president of Girl Up Reynolds High School. The club started last year at the school and raised, through bake sales and personal solicitation by club members, over \$500 for refugee girls' education and more than \$600 in needed items for HELPMATE, the local domestic violence shelter. Girl Up Reynolds will soon kick off its second year of learning and service. Boys are also welcomed as members of Girl Up.

Girl Up clubs are also at North Buncombe High School, T. C. Roberson High School, and Asheville High School. Leaders of these clubs hope to form a Western North Carolina Girl Up Coalition to collectively further their advocacy efforts.



STUDENT OF THE MONTH ANNIE McNAIR



Matthew with Coach Gladys

Matthew Kennedy

The A.C. Reynolds Student of the Month is Matthew Kennedy. Matthew is Student Body President this year and was nominated by Principal Doris Sellers:

"Matthew is our Student Body President. He is also a team captain on our Soccer team, having been recognized on the news this year as a valuable member of the team and has had 2-3 hat tricks already this season. He is a kind person. He has a genuine smile. Recently, as our Student Body President and a member of our School Improvement Team, he visited several classrooms, explained a change in our school schedule, and conducted a Google

Poll to best represent the Student Body. He has a really high GPA and a very high rank in the Senior Graduating Class."

The *Town Crier* asked Matthew a few questions about his high school memories and what he's looking forward to. He writes:

"My fondest memory of high school would be scoring three goals to beat Asheville High. They are one of our biggest rivals for the conference championship and it meant the world to me to make so many people happy with what I could do on the soccer field."

What is the best news Matthew could hear right now?

"The best news I could hear is that I've gotten into the college of my choice. College applications are the center of my attention and a source of stress right now so it would be a weight off my shoulders to know that I'm into college."

What makes Matthew laugh?

"People who you wouldn't expect to be good at something, doing that thing incredibly well. For example, an administrator shredding the harmonica or a science teacher being ridiculously good at ping pong."

We at the *Town Crier*, along with his principal, teachers, and "Rocket" friends, congratulate Matthew and hope he gets that college acceptance news soon.

Back in Session!



Director Chris Lance talks with a group of new and returning families during orientation week.

Fairview Preschool is back in session and off to a wonderful new year with full enrollment. They want to thank the Fairview community for all the support and love felt by their staff and students. Learn more at [fairviewpreschool.org](http://fairviewpreschool.org).



## Trunk or Treat at Spring Mountain Community Park

Tuesday, October 31 is the time for all spooks and fairy princesses, spidersmen and My Little Ponies to get ready for the annual Trunk or Treat Gathering at Spring Mountain Community Center Park.

The fun event will run from 4 – 6pm. A hot dog supper, s'mores by the campfire, apple bobbing, and hay rides are just part of the excitement waiting for everyone to enjoy.

All folks who are participating in the lineup of trunks for the goodies for the children are asked to be in place by 3:30 pm. This year we are asking for a \$5 per-car donation, if possible, to help with playground maintenance.

Please RSVP to be a car in the lineup to Maria at 778-0279 or daylightasheville@gmail.com.



Participants at last year's Trunk or Treat at SMCC Park

## Nesbitt's Chapel United Methodist Church Trunk or Treat



On Saturday, October 28, 4 – 6 pm, Nesbitt's Chapel UMC Community Building will host a Trunk or Treat.

Families are invited to join together for a free, fun time. The kids will enjoy playing games and trunk or treating, plus there will be a BBQ dinner for everyone.

If you have any questions, contact Brittany Meiners at 545-0273. The church is located at 1225 Garren Creek Road.

## Arts & Wellness Program for Wounded Veterans

The Asheville Area Arts Council (AAAC) has begun an Arts & Wellness program for veterans who carry wounds of war or life.

Through innovative collaborations with organizations and specially trained artists, the AAAC plans to bring the creative arts to this unique population in support of their recovery and healing through programming that provides avenues of expression beyond those traditionally offered.



Arts & Wellness will offer hands-on workshops in ceramics, creative writing, mask making, painting, poetry, dance, and textiles to veterans free of charge. In collaboration with the Charles George VA

Medical Center (CGVAMC) and Odyssey Clay Works, the AAAC's goal is to help this population tackle their own stories and seek healing through art.

The AAAC will reach out to Buncombe County veterans to assist them in building resilience, enhancing coping skills, increasing self-esteem, and generating wellbeing.

For more information, please visit [ashevillearts.com](http://ashevillearts.com) and [facebook.com/ashevillearts](https://www.facebook.com/ashevillearts).

## Fletcher's "Li'l Church that Could" Seeks Restoration



By Pastor Alexander Ravenel II

We are an interfaith group of people, formerly called Brickton Missionary Baptist Church, who aim to restore the church located at 139 Old Hendersonville Road in Fletcher, which has been closed for over thirty years. Established, built and owned by the Livingston family of Edneyville, NC, in the early 1950s, the property has a covenant that it may only be used as a church.

Two years after the original pastor, Colin Livingston, passed away in 1982, the church closed. It has not been used again except by the homeless and vandals. Recently, a group of interfaith individuals led by me met with the Livingston family. The desire to rebuild and reorganize the church for community

purposes was discussed. A Council of Elders was formed and it was decided to call the new church "The Li'l Church That Could." Services are held on Sunday afternoons at 4 pm under the pavilion next to the church. All are welcome!

Due to vandalism, the church is in shambles. Two years ago, an attempt to rebuild was initiated but was not successful. Very few necessary supplies for rebuilding are left although the original pews and piano remain. Some volunteers have come forth to offer labor but many more are needed. Building supplies are needed for them to use. The group is now presenting the need to the public, requesting building supplies, volunteer labor and monetary donations to complete the restoration of the church.

Restoring this property to open use by an interfaith group is an asset for the local community. Included in our mission statement are the principles of love, peace, forgiveness, and interconnections among all people. We believe that by promoting the practices of tolerance, goodness, love and joy, social outcomes are improved for individuals, the community and the world.

Can you help us? Please email [TLCTC139@gmail.com](mailto:TLCTC139@gmail.com) if you can help or for further information. Building supplies and labor needs to be assessed and obtained. Monetary donations can be made by going to the website, [thelilchurchthatcould.org](http://thelilchurchthatcould.org), and clicking on the donate button. Thank you for your support and for serving your community.

## Jeanne Webb



Jeanne Webb, 80, of Smith Knolls Road in Fairview, died unexpectedly on September 20 after a brief illness.

Jeanne and her husband Jim worked tirelessly to beautify their community, and their efforts can be appreciated with every visit to the Fairview Library or on a drive along 74-A, Fairview's "Scenic Byway." Both Jeanne and Jim were also active volunteers at the N.C. Arboretum.

Jeanne was an Asheville native, having graduated from Lee Edwards High School, class of 1954. But she and the family accompanied Jim on his various assignments in the U.S. Forest Service to Alaska, Montana and Virginia before retiring to Fairview in 1990.

Jeanne could always be counted on to help, whether planting bushes or serving as Head Judge at her precinct on Election Day. She will be greatly missed.

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Wednesday Evening 7:00

## The Little Free Library Movement Has Come to Fairview!

by Sarah Giavedoni

You may have noticed a happy green box outside of Food for Fairview recently. It sits on a post outside the food pantry, with a clear door that opens at about eye level to a selection of new and gently used books.

The box is one of thousands around the world representing the Little Free Library program, a grassroots movement designed to inspire reading, community, and creativity. Next time you pass it, peruse the selection. Take a book from the library (either to keep or return later) or leave a book you'd like to share with others in your community.

This particular little green box is the only

library in Fairview officially registered with the international nonprofit Little Free Library. With its proximity to both Food for Fairview and Fairview Elementary, gently used books in this box are available for readers of all ages and interests. New books for preschool and elementary-aged readers are provided through grant funds from the Duke Energy Foundation.

This library, along with two others currently accessible in Buncombe County, was built by students in the Green Opportunities GO Build Program. The Asheville-based job training program allows students to participate in life and employment skills training, as well as personal and professional development activities, throughout the course of their program.

It is also one of several official and unofficial Little Free Libraries maintained by the POP Project, a local volunteer-led nonprofit that works with other literacy and advocacy agents in Western North Carolina to improve community members' access to books, and ultimately their ability to succeed. POP coordinated the construction and installation of the box and has pledged to make sure the box stays full.

For more information about the Little Free Library movement and to find other free libraries near you, visit [littlefreelibrary.org](http://littlefreelibrary.org). Learn more about the POP Project at [thePOPproject.org](http://thePOPproject.org).

A Little Free Library like the one at right is now located outside of Food for Fairview.







## ADOPT ME!

**a Buff** may not seem not too original a name, but it just seemed to suit this handsome, short-haired boy. Buff's most favorite thing ever is wet food and when he eats, he's also talking...a lot! He was born on 4/10/17. CA

**b. Bobo** is an almost 2-year-old Chihuahua mix boy with energy to spare! He's a happy fellow who likes other dogs (but can be a bit picky about people, though he usually warms up quickly.) If Bobo lives with another dog, know that if he's in your lap, he'll want no other dog near you. Bobo will need to go to an adult home. CA

**c. Maggie** is an adorable, social pig who loves belly rubs. She is content as an outdoor-only pig with shade, mud and shelter. She loves food a bit too much so she is on a diet to ensure a long, happy life. Email Carol at clatre@aol.com. AHS

**d. Two Paws** suffered an untreated injury and will never walk normally and needs some help pottyng, but he is just the happiest kitten around! He even has a special 3-D printed wheelchair! He can climb, run, and play like any other kitten. Two Paws is seeking a new family with time, patience, and love to provide for his special needs. Contact Crystal at loves.all.critters@gmail.com. AHS

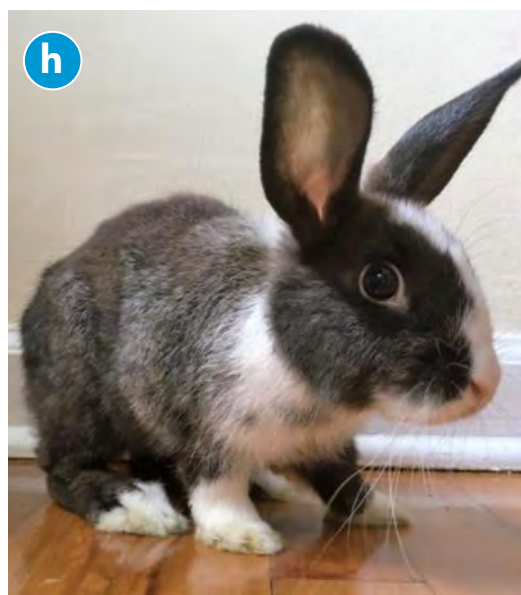
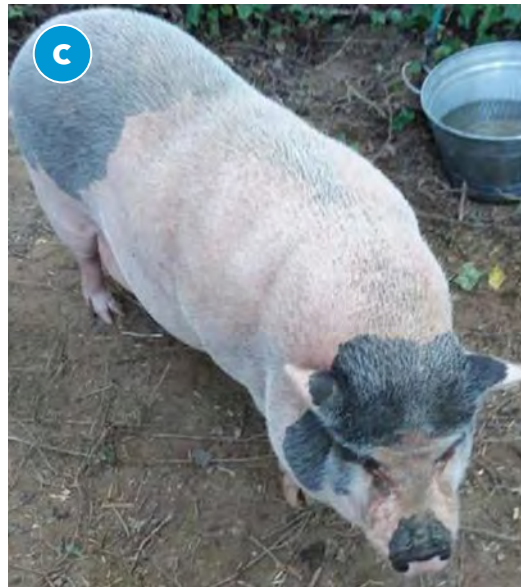
**e. Bones** is a 3-year-old hound mix who is full of love and tries his best to be a lap dog. Like some hounds, he loves to carry on a conversation. He also loves going on walks. Come meet Bones to see if he's the guy for you! AHS

**f. September** is a sweet, young guinea pig. He's very active and loves to run around his obstacle course. He doesn't much care to be picked up, but once you've got him, he'll happily sit on your lap while you brush him or rub his chin. While currently a solo, he could bond with another guinea pig. Contact Julie Jewlz4884@gmail.com. AHS

**g. Tonka** is a 1-year-old petite kitty who had a rough start in life, but you'd never know it! She loves affection and will purr during chin scratches and head rubs. Tonka is independent but loves to be around people. She'd be a great indoor cat for a family looking for a first pet. AHS

**h. Trey** currently resides in one of our loving foster homes. Contact Natalie at naataliestanley@gmail.com. AHS

**i. Bongo** is a 10-pound bundle of joy, but is very calm and relaxed. He's a cuddler and very gentle and is social and not afraid of meeting new people and dogs. He's wonderful with children. Visit Facebook.com/adoptBONGO or email pattiposner@gmail.com. AHS



### Local Animal Shelters and Rescue Organizations

**Animal Haven of Asheville**  
299-1635  
animalhaven.org

**Asheville Humane Society**  
761-2001  
ashevillehumane.org

**Brother Wolf Animal Rescue**  
885-3647  
bwar.org

**Charlie's Angels Animal Rescue**  
885-3647  
wncanimalrescue.org

## YOUR PET MARGARET MONCURE

### Don't Leave Your Pets Behind

In Hurricane Katrina, over 100,000 pets were left behind and only 15,500 were ultimately rescued, according to estimates by the Louisiana SPCA. With Houston still reeling from Hurricane Harvey; Hurricane Irma hitting Florida as I write this; Jose on her heels; and Maria and who know who's next, I thought this would be a good time for a reminder to take your pets with you if you find yourself evacuating from a disaster. The likelihood is that if it isn't safe for you, it isn't safe for your furry family either.

Margaret Moncure, DVM, is a veterinarian at Cedar Ridge Animal Hospital



### What to Do Before Emergencies Happen

- 1 Make sure your pets are current on vaccines, testing, and preventative medicines. If your pet has to board with other animals, the risk of contagious disease increases. Current vaccines can help protect them from most contagious disease. Most boarding facilities will not accept animals that are unvaccinated or don't have current routine testing done.
- 2 Make sure you have refills of all necessary medications to take with you. Don't assume you will be able to pick these up wherever you wind up.
- 3 Get current copies of your pets' medical records. Email these to a friend or family member outside of the danger zone. Include current photos of each pet. If you had to leave, your vet likely had to leave too and will not be available to provide these to a boarding facility or other vet.
- 4 Teach your small pets to ride in a kennel. Teach your larger pets to walk on leash. Teach your horses or other large animals to get in and ride quietly in a trailer.
- 5 Socialize your pets to lots of different people and situations. You are unlikely to be able to provide them with the quiet home life they're used to when evacuating. All pets, large and small, will be less stressed if they're properly socialized..
- 6 Make sure every pet has a collar or halter that fits and has current identification.
- 7 Make sure every pet has a microchip with current information just in case the collar gets lost. Remember that microchips are not just for cats and dogs!
- 8 Make a plan. Know where you are going and where you will be able to keep your pets. Pets are not allowed at many shelters and boarding facilities fill very quickly.

### Don't Miss the Fun at Animal Haven's Fundraiser

Raise your glass for the animals at Animal Haven of Asheville's beautiful 10-acre sanctuary for their annual fundraiser, Sunday, October 15, 2-6 pm.

You'll have the chance to visit with more than 80 animals, bid on fantastic silent auction items, enjoy a variety of vegan dishes and vegan hotdogs/hamburgers, and wash it all down with your choice of a number of craft beers, wine, and non-alcoholic beverages.

In addition, listen to the soulful music by The Southern Style Band, an acoustic duo from Lake James, and shop the goodies at the thrift store. All of this and more for only \$20, and all the funds raised go to benefit



the animals you visited.

Animal Haven of Asheville is located at 65 Lower Grassy Branch Road in East Asheville. Call 299-1635 for more information.



### What to Take When an Emergency Happens

- 1 Take enough food and water to last as long as you think you will be traveling plus a week's worth. Bring bowls for both.
- 2 Take at least a month's worth of your pet's medications. Don't assume you will be able to get refills during a disaster. If these need refrigeration, take a cooler with enough ice to get to where you are going.
- 3 Take copies of current medical records for all pets. Don't assume a new vet or a boarding facility will be able to contact your old vet in the evacuated area for records!
- 4 Bring your microchip company's information and a list of your animals' numbers. If one of your pets gets lost, you should be able to notify the microchip company of your new location so you can be reunited.
- 5 Make sure every pet is wearing a properly fitted collar or halter with current identification tags.
- 6 Bring litter boxes, litter, and poop bags to last longer than you think you will be gone.
- 7 Bring a disinfectant cleaner and paper towels to help with unwanted accidents in the car or wherever you are sheltering.
- 8 Bring current photos of your pets. If you pets do get lost, this will help you locate them.

Most importantly, just take your pets with you! Having a plan and knowing what to take will make this easier.

### In Loving Memory of Tiger (aka Mr. Man)

April 2000 – July 2017

Even though we can't still see you physically, your amazing presence still fills our home with a bright light. You were the kindest, gentlest soul I have ever met and I am so happy that you chose me to be your human. Having you in my life for 17 years was an incredible blessing and you have given me so many sweet and funny memories that I will cherish forever. We all love you and miss you with all our hearts! You will forever be the most handsome man in the entire world. — Gretchen DuBose





## A Tasteful Walk in the Woods

On a sunny Saturday in late summer we were privileged to follow “Wild Edibles” expert and *Crier* columnist Roger Klinger up to the top of Flat Top Mountain, which is in fact moderately flat and even features a large lake. Roger had invited us on one of his delightful and educational gastronomic nature walks along the wooded paths and meadows around the lake.

A group of about 19 Flat Top residents and guests gathered near a pretty meadow, and after introducing ourselves we began an amazing discovery-filled afternoon walk. We spent some two hours wandering along forest paths, discovering mushrooms of all shapes and colors among the ferns and grasses, and stopping often as Roger pointed out trees, shrubs, and small tucked-away plants that can be eaten or used in a number of ways. Sassafras and wild violet, white pine needles and bergamot; there didn’t seem to be a square foot of forest without some plant of edible or medicinal value. Within the first 50 feet Roger showed us — and invited us to sample — at least a half dozen edible plants, from wood sorrel to wild clover. We tasted the winter-green-flavored black birch twigs that were the toothbrushes of earlier inhabitants of these mountains, and the amazingly sweet petals of the Rose of Sharon flower.

We did not taste the mushrooms during our walk, however. Roger won’t eat a mushroom, even if he thinks he knows it, until he has researched and is a 100 percent certain of its identification and that it is safe to eat. We did collect a number of beautiful — and some not so beautiful — specimens, and he told us what he recognized about them, but they were placed and stayed in a basket that he would take home with him. Some mushrooms, like some life events, do not give us second chances at being right.

Our enchanting walk ended at a gazebo where Roger had refreshments waiting — a cool delicious tea made from white pine needles, wild mountain mint, wild bergamot and wood sorrel, and an excellent pesto of wild violet leaves, ramps, olive oil and Parmesan cheese. It was the perfect conclusion to a day of wild discovery.

1 The butterfly-magnet Joe Pye Weed, nonedible but with medicinal value, was one of the first plants Roger showed us.

2 The Candy Apple Bolete has an extraordinary reticulated stem.

3 The afternoon’s bounty will not be sampled until 100% identified. The blue crosshatch marks on one mushroom stem are among the criteria for identifying potentially poisonous species of this family.

4 Jewelweed is a natural topical antidote to poison ivy, and what’s more, it conveniently grows right among those noxious poison ivy clumps.

5 Ryder and Rainie Richards were great mushroom spotters and note takers all through the afternoon.

6 Tiny Red Cinnabar Chanterelles glow like little suns.

7 The Turk’s Cap Lily is not edible for humans but its nectar is delicious to butterflies.



PHOTOS BY STEVE FULGHUM

### Roger’s Rules of Mushrooms

Roger emphasized of his personal rules three in particular for choosing, preparing and eating wild mushrooms:

1 He **never** eats a mushroom unless he has 100% identification and is certain it is safe and good. **“Not even 99% — 100%, always.”**

2 Even with full identification he first tries small amounts of wild foods and mushrooms, since with all foods wild or cultivated, many people have allergies or sensitivities that may be unknown.

3 He **always** cooks them thoroughly, as humans cannot digest uncooked mushrooms, and even choice edible species like morels are toxic when raw.

## Thoughts on the Gardens of Fairview’s June Tour

For many years I farmed in South Carolina, and before that I was a landscaper in Asheville. However, some changes came to me during my two tours as promoter of the Gardens of Fairview Tour. I had always used terms like sustainable, integrated, and systems approach, but after the tours I began to see deeper meaning in those terms — deeper in how an owner and caretaker of property, homesite, woods, and roads uses and interacts with each of these components. How do you decide what to keep, use, or leave alone?

Each step in the process can bring you closer to a fully integrated process.

When I started organizing the Garden Tours two years ago, I was looking for food production gardens with a focus on increasing awareness of gardening to share with others and providing fresh food options. Each time I visited a garden whose owners offered to be on the tour, my thinking expanded — there could be herbs, even flowers, wildflowers, fruit trees, mushrooms, paths, use of rock, water retention. This year the concept of art was added in a stronger way as members of the newly formed Fairview Area Arts League (FAAL) worked on a number of sites during



the tour. Many owners also used their creativity in planning and nurturing their gardens, so now art goes on my extended list. I’ve also added structures, some using recycled materials, and I’m sure my list will keep growing.

Next year’s tour? I will be working on how we can increase the understanding of those leading words: sustainable, integrated, and systems. This understanding will allow us to be more deeply aware of our natural surroundings; to help find ways to feed those in need and ourselves; to cultivate fresh, nutrient-dense foods and fruits; to help save our dying trees and clean water; and more.

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## Adventure Club Offers Intro to Outdoors

Outdoor recreation abounds with plenty of camping, hiking, fishing and paddling adventure to be had within the Asheville area. While the mountains and rivers call, taking the first leap into the great outdoors can often be an intimidating challenge for beginners.

In an effort to create inviting new experiences for those new to outdoor recreation, Buncombe County Recreation Services has developed the “Buncombe Outdoors Adventure Club” to facilitate first-time and entry-level outdoor programs and outings including fishing derbies, guided hikes, and a “backyard” campout. The focus is to provide a low cost of entry and to reduce barriers to participation. For the most part,

participants need only to register and show up and in many cases the program can provide loaner gear to those who are not yet invested in a particular activity.

As the club develops, the intent is to develop strong partnerships with the local outdoor industry to offer incentives for participating. Diamond Brand Outdoors, for instance, offers a series of boat demo days at Lake Julian Park.

For information, visit [buncomberecreation.org](http://buncomberecreation.org) or [facebook.com/buncomberecreation](https://www.facebook.com/buncomberecreation). Businesses interested in developing partnerships with the program should contact Recreation Services Manager Josh O’Conner at 250-6703 or [josh.oconner@buncomberecreation.org](mailto:josh.oconner@buncomberecreation.org).

### NC Arboretum Exhibits Wicked Plants

The NC Arboretum’s “Wicked Plants” exhibit will entertain, alarm and enlighten as folks walk through the halls of a ramshackle manor in the Baker Exhibit Center through January 7, 2018.

Visitors travel from room to room and learn about various poisonous plants that may be lurking in their homes and backyards. From a crime scene investigation in the potions laboratory, to sniffing stations in the bathroom, to a simulated graveyard featuring 24 of the most common deadly and toxic plants, “Wicked Plants” provides a comprehensive overview of an often unknown side of the natural world.

For more information, visit [ncarboretum.org](http://ncarboretum.org).

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## Match Short- and Long-Term Goals With the Right Investments

Not all investments are created equal. Some are better suited for short-term goals, while others can help you build resources for objectives far in the future. As an investor, then, one of your biggest challenges will be to match your short- and long-term goals with the appropriate investment vehicles. How should you proceed?

For starters, identify your short- and long-term goals. Your shorter-term goals will change throughout your life. When you are starting out in your career, for example, you might aspire to purchase a home in the next three to five years. Later on, though, your biggest short-term objective might be to save enough money for a long tour of Europe – without racking up credit card debt.

As for long-term goals, your biggest one likely will be to enjoy a comfortable retirement. But you may well have other long-term plans, too, such as sending your kids to college in 10 or 15 years.

After you have a clear sense of your short- and long-term goals, you can choose the right investments to help you meet them. Let's start with the short-term ones. When you're saving for a down payment on a home or for an expensive European vacation, you want to make sure that a certain amount of money will be available to you at a certain time. Consequently, you may want to avoid stocks or

stock-based vehicles, which will constantly fluctuate in price, because you don't want the value of your investment to be down at the moment you need the money. Instead, for short-term goals, you may want to consider a fixed-income vehicle, such as a bond, which is designed to provide regular interest payments and return your full principal upon the bond's maturity (providing the issuer doesn't default, which, with investment-grade bonds, is generally unlikely).

### Longer-Term Goals

For longer-term goals, such as college for your kids and a comfortable retirement for yourself, it's a different story. To achieve these goals – and especially for retirement – you generally need to accumulate as much as you can. As a result, you need investments with growth potential, which means you will need to consider stocks and stock-based instruments. As mentioned above, stocks will always fluctuate in value, and they may be worth more or less than your original investment when sold. However, building a portfolio with an investment mix that's appropriate for your risk tolerance, and that contains a reasonable amount of growth-oriented vehicles, can potentially help you overcome short-term volatility and continue making progress toward your long-term goals.

Plus, you have some attractive long-term

options available. With a 529 college savings plan, you can save for college and possibly achieve tax benefits, too. And by contributing regularly to your IRA and 401(k) or similar employer-sponsored plan, you can defer taxes while spreading your dollars among a wide range of investments. But there's one thing all long-term investments have in common: You need patience and discipline to stick with them.

So, there you have some ideas on short-

and long-term investing. Keeping this distinction in mind when you invest can help boost your confidence that you're making appropriate moves for all your goals.



*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.*

### AUGUST FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	25	949,000	160	474,564
Homes Closed	16	1,325,000	175,000	463,906
Land Listed	4	299,000	38,415	167,853
Land Closed	6	259,000	78,500	195,400

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). If you have any real estate questions, give us a call at 828-628-3088.

## Override and Amendment Votes on Special Session Agenda

The North Carolina General Assembly is scheduled to re-convene in yet another "special session" on October the 4th. These sessions bear close scrutiny by the voters, since they often involve controversial bills that can appear out of nowhere and be voted on before legislators, interest groups, and voters have a chance to evaluate them. As Henderson County Republican Chuck McGrady explains, "We just don't do what we used to do in terms of using committees, doing things between sessions, doing a lot of the work on gleaning the facts...Its more about bullying your way through whatever the issue is."

While due process has suffered, the endless string of special sessions is eroding the long-held desire to maintain a citizen legislature that meets on a part-time basis. North Carolina is the ninth largest U.S. state, with about 10 million citizens. Most of our economic and population growth is occurring in the urban areas like Raleigh and Charlotte. Do we give up on the idea of a part-time legislature? I hope not. We just need to stay away from controversial bills that sap the collective time and energy of the legislative body and focus on keeping North Carolina up to date with changing technological and social trends. We lost another young member to the House last week, and it is no mystery that family and business back home suffer from so much time in Raleigh.

One purpose of this special session is to try to override the Governor's vetoes of certain bills, which requires a 60% vote of House and Senate members. There will be at least four potential override bills for the October Session. In the previous special sessions, there were not enough GOP votes to assure the override and so they were not brought before House for consideration even though they were on the agenda. One of the bills, HB 511, would allow non-profit organizations to have "game nights" that would include gambling. Governor Cooper believes that this bill would provide a loophole for the video poker interests. A second bill, HB 576, is known as the Garbage Juice bill (or officially, "A bill to allow the aerosolization of Leachate"). This process has come under criticism because the company that sells it has made large political donations to members of the General Assembly. More importantly, two landfill management companies have determined that the process is ineffective.

Another stated purpose of the session is to consider amendments to the North Carolina constitution. A proposed amendment must pass both houses with 60% aye votes, after which the voters would approve or not in the November 2018 election. The governor cannot veto. Commonly, the amendments are used as a tactic for the party in power to drive voters to the polls. There were 16 constitutional amendments proposed during the Long Session. They

include: eminent domain restrictions, strengthening victims' rights, capping income tax rates, right to work provisions, and the right to hunt and fish.

While the Legislature passed a bill to re-draw some of NC's House and Senate districts as demanded by the courts, the judges could still rule that they are not satisfied with the results. There is also a controversial judicial redistricting bill, HB 717, that would revise the 40-plus districts involving superior and district court judges. HB 717 has not been vetted by the NC Bar, and there appears to be an outcry from the judicial community, on the Democratic and Republican sides, against the process. Many believe these districts are being gerrymandered to give GOP judges an advantage, and will harm the impartiality of our court system. Along with the \$10 million cut to the Attorney General's budget and the reduction of the Court of Appeals from 15 members to 12 (to prevent Gov. Cooper from making the appointments), a major theme of the General Assembly this year has been to make our courts more partisan.

Finally, there remain bills that have passed both the House and Senate but in different versions. When that is the case, a conference committee is appointed and sometimes the bill can return for a vote larded with extra policy not pertinent to the original bill. HB 770 is an example. It was originally an environmental bill but

came out of conference with all sorts of provisions having nothing to do with the environment. Gov. Cooper vetoed the bill but the veto was overridden and it became law in August.

I would like to take a moment to reflect on our late summer storms. While we have largely been spared here in the mountains beyond a few downed trees and power outages, we can see how the partnership between government and our people can bring us all together to fight hardship and adversity. So many groups from our Western North Carolina area have dropped everything to help the people of Texas and Florida. We as Americans are going to pay billions in taxes to bring the lives of affected people back to life. These storms have been more intense this year because the ocean waters that feed their intensity have been warmer, and long term we have to face the fact that dumping carbon in our atmosphere must be curtailed. I look forward to reporting back to you on how the October Special Session worked out. And once again, I thank you for allowing me to serve you in the North Carolina House of Representatives.



*Rep. John Ager, District 115 North Carolina House of Representatives*

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Farmer Gregg’s Produce Stand



Farmer Gregg’s Produce is now open for business on Bleeker Lane and offers an all-or-ganic lineup of locally grown produce. Gregg has been farming the bottoms on Garren Creek for 24 years but until now offered his produce through wholesale and local tailgate markets. Realizing the importance of bringing healthy food to the Garren Creek Community, Farmer Gregg opened the self-serve stand to provide local access to what’s growing throughout the year at the farm. With three greenhouses, the stand should remain stocked nearly year round.

The farm stand is located at the corner of Garren Creek Road and Bleeker Lane in Fairview, just two miles off US 74 and on the way to Turgua Brewery. Say “hey” on Facebook at Farmer Gregg’s Produce. Current hours are 10 am until dusk, seven days a week throughout the fall.

BUSINESS SHORTS

Congratulations to **Mary Palermo** of **Rainbow International** for being chosen “Woman of the Year” by Rainbow’s parent company. One post on their Facebook site said, “You’ve earned it Mary. You are a working machine and an inspiration to all franchisees.” Anyone who knows Mary echoes these sentiments.

Things are... well, hopping... at **Whistle Hop Brewing**. There’s usually live music, food trucks and corn hole going on during their open hours, Thursday 4–10pm, Friday 3–10pm, Saturday 12–10pm and Sunday 12–9pm. Just in case you live further up the highway, they are the bright red caboose at 1288 Charlotte Hwy.

**Sophia Underwood** has taken a break from Pure Addiction soaps and salves after passing her Real Estate License exam. She has just joined **Cool Mountain Realty** to pursue her new career. Congratulations Sophia!

Nothing says local more than **Turgua Brewing’s** new “King Rail”, a pumpkin saison brewed with pale, pilsner, heritage and Appalachian wheat. Malts were mashed with roasted, organic candy roaster pumpkins from **Farmer Gregg’s Produce** and pie pumpkins and hubbard squash from **Flying Cloud Farm**. Phil says it’s “a refreshing, fruity orange colored saison with real pumpkin and a spicy/zesty balance from the hop combination. If you don’t like spicy pumpkin beers, you might want to try this one!”

During a recent visit from **Tim Brewer**, he felt sure (as sure as one can be) that he would be able to open **Smokey & The Pig** by the first week in October. Red tape and slow shipping due to the floods in Texas have pushed his opening date forward. Just keep a look out for the smoke!

Congratulations to **Janet Peterson** on the newest addition to the **Cloud 9 Farm** vacation rentals — **Silver Lining Cabin**. A recent reviewer said “If I had to rate our stay at Silver Lining Cabin it would far surpass your typical top notch 5 stars...” As always, Janet used all local products and green builder Mike Bostic to ensure it was not only beautiful, but efficient and one-of-a-kind. For info, visit Facebook.com/cloud9relaxation.

**Western Carolina Physical Therapy** has a new name — **AVORA Health!**



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- Brenden Almand of **My Office Wizard**
- Thomas & Larin Czyzyk of **Rueger Riley**

The Fairview Business Association has grown and evolved over the many years since it was founded. We’ve taken a turn at different business projects, like doing a trade show or having a coffee “Meet & Greet,” and what we’ve found is that networking and socializing with local business folks works best for actually bringing new customers to our members. When folks can put a face to the name, they remember you. And our community is made up of mostly people who want to support each other and who will choose a neighbor business before a “Yellow Pages” business every time.

And that’s the value of attending a meeting now and then. We have them on different days and even different times, so to get the most for your membership, you should pop in once in a while and let everyone recognize your face and get to know you and what you do.

October’s Membership Meeting

The next member meeting will be at **Whistle Hop Brewing on Tuesday, October 10, 6 pm**. They are not usually open on Tuesday nights, so there will be plenty of room for our meeting. After the meeting, we’ll have a little tour of the train and hear a little bit about their history. Bring a snack to share during social networking after the meeting. There will be beverages to wet your whistle. Whistle Hop Brewing is located at 1288

Charlotte Highway. There’s plenty of parking down below and spots up above as well, but please do not park at Hilltop Ice Cream or Angelo’s Restaurant.

Future Membership Meetings

**Monday, November 13 @ The Hub of Fairview** (hosted by 3 different member businesses) 1185 Charlotte Hwy, Fairview  
**Monday, December 4 @ Highland Brewing** FBA Holiday Party (See below for how you can get involved)

What you get when you join the FBA:

- Your \$60 yearly membership includes:
- Listing in the Directory at right printed every month in the *Town Crier*.
  - Displaying business cards on the bulletin board outside of the Fairview Post Office.
  - Listing on fairviewbusiness.com (logo, photo and link to email and/or website).
  - Networking events throughout the year.
  - Opportunity to host a member meeting.

**Visit fairviewbusiness.com to join online** via Pay Pal or your credit card. Be sure the email you use to set up your profile is one that will reach the correct person in your business for future communications.

You can also mail your \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730 or drop it by the The Hub/*Town Crier’s* office at 1185-G Charlotte Highway, Monday–Friday, 10am – 5:30pm (cash or check only). A fourth option is to join at any members’ meeting. **The point is: join!**



The FBA Holiday Party

Every December FBA members get to enjoy a social event to celebrate the end of a year’s hard work. In early days, these events were held in our community but as membership grew to over 100, we had to find a larger venue and that was Highland Brewing, just past Reynolds. The food will be catered by Barbara Trombatore this year, the amazing director/chef who feeds a hot and cold healthy lunch to hundreds of folks every week at The Welcome Table. Quite a few of our members got to enjoy her cooking first hand at last month’s meeting. Menu will include some vegetarian/gluten-free options as always.

Highland runs a cash bar, which features beer, wine and soft drinks. Live

music will provide the backdrop for good conversation and dancing after dinner. In the past, members have brought dessert items to fill the goodie table but this hasn’t been decided yet.

We are a group of volunteers and we don’t want the party to be a burden to a few, so can you help? Highland and the caterer do most of the work but we need a few volunteers to help with set up, decorating, check in, donation and dessert tables (if we have these), and break down. Some decisions have yet to be made so if you can help at the event, join the Party Planning Group and throw in your ideas. For info, please email fba.president@gmail.com or call Sandie at 828 628-1422.

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Honoring the Humble Turnip

When groups come to volunteer at The Lord’s Acre, we often break the ice by sharing our favorite and least favorite vegetables. It’s fun to learn who shares our taste in produce, that the person next to us finds our most cherished harvest utterly revolting, and the idiosyncrasies of preparation that determine whether a crop is met with disgust or an open mouth. Eggplant, squash, broccoli, and beets come up in almost every conversation. Beans, carrots, cauliflower, kale, and tomatoes have many fans and detractors. There is one vegetable, however, that never garners any attention: the turnip, chronically overlooked and underappreciated.

I cannot profess a life-long love of turnips. Throughout my childhood and college years, I knew turnips only as bitterness in a pan of roasted vegetables. When I began working on farms, however, I was compelled by the laws of supply and demand to explore new ways to ingest the glut of purple-topped orbs.

My first such encounter was while living at Jubilee Partners, an intentional community in northern Georgia. One week in early spring, I found myself on the cooking schedule for Sunday night. This was no small feat, as the entire community, along with many refugee families, visitors, and friends — up to about 80 people — gathered for worship followed by supper. My cooking partner was making rice and beans; anything beyond that was up to me. I was determined to round out the meal with fresh produce from the garden that offered, at that moment, a small patch of kale and a giant field of turnips. I had never cooked turnips before, but a friend came to the rescue with an earmarked copy of *How To Cook Everything*. I spent the morning gleaning about a bushel of the roots that had withstood the winter, then frantically washed, trimmed, peeled, and sliced as many as I could. Despite the help of some community members, only

a fraction of the turnips reached the skillet that afternoon — yet the servers pulled off a “loaves and fish” miracle so that everyone got a taste. Then folks came clamoring to the kitchen for the recipe while stuffing bags full of the remaining washed and trimmed turnips. It was one of the most rewarding moments of my time there, unburying a treasure that was literally right beneath our feet.

At the farm where I spent the following season, we overplanted so many turnips that we ended up mulching with them. Before we resorted to such desperate measures, however, we enjoyed them simmered into soups and stews, chopped into salads, mashed like potatoes, baked into muffins and, most amazing of all, a luxurious turnip pie, full of sugar and spice and everything nice.

And so, just as some of the people that I found the most annoying or difficult to get along with at first have become some of my dearest mentors and friends, I soon went from a grudging appreciation into affection and outright enthusiasm for this most neglected of root vegetables. While there are some people we may never jive with, some foods we may never develop a taste for (turnip greens, for one thing, have not yet won me over), it is remarkable how proximity and familiarity sometimes makes the heart grow fonder, and how much can be transformed by a slight shift in seasoning, approach or perspective.

In that spirit, here are the first two recipes that made me fall in love with turnips. I hope they inspire you to venture a bit further beyond the comfortable and known, inside and outside the kitchen. October is the month, after all, when we try on new identities and confront our fears. You just might find a new friend in the process!

Rachel Brylawski is an intern at The Lord’s Acre.



Turnip Pie

Like pumpkin pie, with a subtle turnip flair. Thanks to my friend Emily Betzler for introducing me to this incredible treat! For the record, this also works great with beets.

- 3 eggs
- ¼ cup maple syrup or ½ cup sugar
- ½ teaspoon salt
- 1-½ teaspoons cinnamon
- ¼ teaspoon ginger, nutmeg, cloves, and cardamom
- 2 cups turnip purée (about 4-5 medium turnips, peeled and steamed or boiled)
- 1 cup cream, half-and-half, buttermilk, or evaporated milk
- Single pie crust

Preheat oven to 450°F. Combine together eggs, sweetener, and seasonings, then mix in turnip purée and finally, the milk. Pour filling into pie plate lined with crust and bake 10 minutes. Reduce heat to 350° and bake another 40-45 minutes, until a knife comes out of the center clean. Any extra filling (or all of it, should you prefer) can be poured directly into greased ramekins, mugs, or pie pan, placed into a deep baking pan half full of water, and baked in the same matter. Let cool, then slice and enjoy!



Photo courtesy Robyn Cooks (Robyn Selman)

Turnips in Mustard Sauce

An instant hit at Jubilee! From Mark Bittman’s *How to Cook Everything*.

- 2 tablespoons butter or oil
- 1-½ pounds turnips, peeled and sliced or cubed
- 1 cup stock or water
- 1 teaspoon sugar (optional)
- Salt and pepper, to taste
- 2 tablespoons prepared mustard (Dijon or spicy brown)

Heat butter or oil in a large skillet and sauté turnips until they begin to brown, about 10 minutes. Add liquid, salt and pepper and simmer for about 20-30 minutes or until the turnips are tender and almost all of the liquid has boiled away. Remove from heat, stir in the mustard, adjust seasoning to taste, and enjoy!

Passion Fruit Vine

The natural world is filled with such a wide and diverse array of unusual delights and wonders, and one of the most amazing plants and fruits I have ever seen is the passion flower. Passion flowers are like a world unto themselves, as their flowers look like something I would imagine growing on some far-off exotic planet in a distant galaxy. But how fortunate we are that they grow right here on earth. The first time I ever saw one of these flowers, I was in awe, as I had never seen anything so wild and cosmic as the blossoms on this vine. It was stunning and took my breath away with its beauty. I thought I was looking into the world of the famous illustrator, M.C. Escher, only this was in full color and real life, growing on a friend’s fence post in the Shenandoah Valley of Virginia. At the time I had no idea this wild flowering vine also produced abundant fruits so unique and delicious.

Passion flowers have many species but the most common are the purple passion fruit and the yellow varieties, used in the culinary world. Nine species of *Passiflora* are native to the United States, found



The first time I ever saw one of these flowers, I was in awe, as I had never seen anything so wild and cosmic as the blossoms on this vine.



from Ohio to the north, west to California and south to the Florida Keys. The vines have their own family called the *Passifloraceae* and they have a long history of being used for food and medicine throughout the world.

Last fall I was at a wild foods banquet and a friend brought a basket filled with passion flower fruits so we could savor their exquisite tart flavors and save seeds to grow them on our own land. I peeled one and popped it into my mouth and loved the tart juicy flavors bursting on my tongue along with the slippery seeds that I squeezed out into a napkin to save and dry for planting. I have also thoroughly enjoyed finding beverages with passion flower extract woven into them, as the fruits have a deep citrus sourness that is rich and complex.

Passion flower fruits are also highly nutritious. They are loaded with Vitamin C and carotenoids (Vitamin A), are an excellent source of fiber and also have

high concentrations of antioxidants and polyphenols, which are found to be helpful in treating cardiovascular disease. The purple passion fruit, although generally a bit smaller than the yellow, is known to contain about 35% more juice than the yellow passion fruit, and is also richer in flavor. The pulp and seeds are nutritious, and can be eaten directly from the fruit. They are often used in the process of making other foods and drinks, such as the candy-making process, ice cream, syrup, jelly, and some alcoholic beverages.

My favorite dessert last fall was a sorbet made with passion fruits and raspberries. We added viola pansies for decoration and between the color of the flowers and the deep crimson sorbet, it was fantastic, refreshing, tart and yummy! I’ve never had it in regular ice cream but hope to make a passion fruit ice cream with lemon and ginger. Stay tuned!

The purple passion fruit is believed to have originated in South America and the



yellow passion fruit from Australia. Some think it may have mutated from the purple variety. Passion fruit also goes by the names parch, Granadilla and Maracuya. The fruits are born on trailing vines and there is a story behind the name: In the 16th century, missionaries landed in South America and when they found passion flowers growing, they considered them to be an omen and the flower become a symbolization of the death of Christ, the corona mirroring the crown of thorns and the five petals representing some of the disciples.

In addition to being a good edible fruit, the passion flower has been used medicinally for a variety of ailments. Years ago during a period of insomnia, I was given an herbal tincture that had valerian root and passion flower extract in it and it

helped me return to a normal sleep cycle. The fruits have also been used to treat hypertension, anxiety, and osteoarthritis. Passion fruits are without question one of the most magical-looking, cosmic flowers on the planet and the fact that the fruits from this unusual vine are edible and good is a wonderful bonus gift from the amazing universe that we all share together. May all our lives be infused with passion and joy with an extra helping of wonder and magic!



Contact Roger at rogerklinger@charter.net.



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## COMPUTER BYTES BILL SCOBIE

## Windows, Google, Siri and More

The Windows 10 Fall Creators Update now has a release date of October 17. And why would you care? If you have one of a few supported virtual reality headsets, then you will find support with its Mixed Reality platform. Honestly, there is not much new for most of us. I see changes in some Settings panes and better OneDrive integration if you use Office 365; otherwise, it is just a big download in the background. Google Drive app is going away to be replaced by Backup and Sync. Like many things Google, you get used to one thing and they change it. Backup and Sync adds more to Google Drive, most importantly better control of backing up files and folders from any place on your computer, including photos, into the Google “cloud.” March 12, 2018 marks the closing of Google Drive, and starting this October you will likely see prompts to “upgrade.” There are more specifics at google.com/drive

You may already know how Siri can help with reading and writing on your iPhone but if you turn on some (or all) of the Accessibility features you can control even more of your iPhone with just your voice. Explore under Settings, General, Accessibility, Speech. And while you are in Accessibility, look at other options in case you find other ones that might also help you.

Recovering data from corrupted memory card or USB drives includes first trying them on other ports and card readers on your computer, then on other computers. If that fails, you may want to try software like EaseUS Data Recovery Wizard Free, with the free version limited to 2 GB of recovered content, (https://www.easeus.com/datarecoverywizard/free-data-recovery-software.htm) with both Mac and PC versions available); Recuva (https://www.piriform.com/recuva) from Piriform (makers of CCleaner); or TestDisk/Photo-Rec from http://www.cgsecurity.org/ Preventing PCs (and Macs also) from sleeping can be useful when you are trying to finish tasks running while you are away from the computer and plugged into AC power. In Windows 10, open the Start menu and go to the Settings, the gear icon, then click on System. Click on Power and Sleep in the left-hand column, scroll down to the Sleep, and click on the dropdown menu under “When plugged in, PC goes to sleep after,” and click it to Never. There is no extra Save button to click now. And remember to change this back to restore the Sleep function. On a Mac, get into System Preferences, then find and click on Energy Saver. Click on the Power Adapter and slide the Computer sleep slider all the way to the right, to Never. When you close this preference pane, the changes are saved.



Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or bill@scobie.net



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**REAL ESTATE AGENTS!** Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

## SERVICES

### ACCOUNTING BOOKKEEPING

**TAKE CHARGE OF YOUR OWN BOOKS! QUICKBOOKS TEACHER.** On site. You learn how. Farms half price! Brenden 828-242-0390. Lecture series: How to Stop QuickBooks from Blowing Up and Losing Your Data, visit meetup.com/Fairview-Quickbooks/

### CONSTRUCTION/HANDYMAN



**ALL CONSTRUCTION SERVICES:** Customized building, turn-key homes, remodeling, decks. 75 Years

of quality customer service. Free estimates. David Frizsell, 458-2223.

**HOME IMPROVEMENT** Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

**SMALL CONSTRUCTION / REPAIR** Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

### MAINTENANCE

**SHELTON TRACTOR WORKS. ROAD MAINTENANCE**, postholes, dig out for storage buildings and retaining walls, tilling. Free estimates. 779-0490.

### HOME CARE / CNA

**COMPANION/CNA** available for Private Duty, In-Home Care. CPR, Hospice Certified. 15 years exp. with excellent references. Flex. hours, 24-hour shifts available. Dependable, non-smoker. Call 400-1699 cell.

### HOUSECLEANING

**TRADITIONAL/GREEN CLEANING.** Experienced, references available. Flexible days and hours. Call Ana at 582-1252.

### LAWN/LANDSCAPING

**JUAN WORX LAWN SERVICES.** Mowing, trimming, blowing, mulching, pruning, leaf removal. Insured. Call for bids and miscellaneous jobs 712-3488.

**PRAYTOR'S LANDSCAPING & GRADING** — Landscape installation, Grading, Lot clearing, Retaining Walls, Excavating, Licensed septic system installer. Matt Praytor, 674-4339.

**NESBITT LAWN MOWING** – Basic lawn mowing, weed eating, blowing, mulching. Free estimates. Call Matthew Nesbitt 243-4759 or 338-5148.

**COMPLETE LAWN MAINTENANCE.** General cleanup, mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444.

### PET / HOUSE SITTING

**DOG AND BIRD WHISPERER** giving exquisite care to your fur/feather babies. House sitting also. References, sure! All critters. 719-354-0326.

**LIVING HARMONY PET SITTING** Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit livingharmoniypetsitting.vpweb.com or call Gretchin DuBose, 582-3363.

**ADORABLE TLC PET BOARDING/SITTING.** Reasonable rates. Local home. References. 216-7051.

**EXPERIENCED PET SITTER** with AAS Degree in Veterinary Medical Technology. Visits and overnight stays. Excellent references. Call 808-4350 or email Littlefriend-spets.com

**PERPETUAL CARE PET SITTERS** in-home pet sitting. Bonded & Insured. All pets and livestock. 215-2119.

### PLUMBING

**RANDY THE PLUMBER** 35 years experience. All types of home repair at reasonable prices. "I can fix it!" 216-2081.

### WINDOW WASHING

**FELIX THE WINDOW WASHER** will make your windows shine. Residential and commercial. References. 398-8977

**FOR CLASSIFIED ADS, CALL ANNIE AT 828 628-2211 OR VISIT OUR WEBSITE AT FAIRVIEWTOWNCRIER.COM**

## CLASSES

### ART

**ART CLASSES — AGE 14 TO ADULT.** Beginner to Advanced Instruction in various mediums, styles and subjects taught by nationally recognized artist, Bob Travers in Fairview location. For more information on classes, visit bobtraversart.com or call 776-6376.

### MUSIC

**PATIENT, COMPREHENSIVE INSTRUCTION GUITAR/MANDOLIN.** Bluegrass and jazz, other traditional styles. Over 40 years experience, references. Rob Hinson 747-9616.

**EXPERIENCED PIANO TEACHER** convenient location on 74A in Fairview. Artistic teaching. Children through adult. Free interview lesson. Call Suzan at 777-0061.

### WEDDING SERVICES

**“WEDDINGS WITH GRACE”.** Simple, sacred ceremonies officiated since 1975. All couples joyfully honored. Asheville and surrounds. Rev. Grace 719-354-0326.

### YOGA

**YOGA, RELAXATION MEDITATION AND TRANSFORMATION** with Tami Zoeller. An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class.

### NOTICES

**NEW SONS OF CONFEDERATE VETERANS CAMP** (Cane Creek Rifles) maating at Fletcher Fire Department, Tuesday, October 3 at 7 pm. Find out about your Confederate ancestors and southern heritage. For more info call 628-1376.

**NEW ART LEAGUE IN FAIRVIEW** Artists and art lovers are invited to find out more about the newly-formed Fairview Area Art League. The group was formed in the spring and already has 35 members. Monthly meetings are kept lively and interesting with member ideas and sharing of tips, deals, inspirations. For more information, call 828 628-1422 or email ellen-haack@gmail.com. October meeting is Tuesday, October 10 at 10 am at The Hub.

celebrating

20 years!

# The Fairview Town Crier

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**LAYOUT EDITOR** Lisa Witler, lisa@fairviewtowncrier.com  
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### Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have a content and tone in keeping with the *Town Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Town Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

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The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The *Fairview Town Crier*. Email editor@fairviewtowncrier.com or mail to *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730. Letters of 400 words or less may be submitted. All letters may be edited and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The *Fairview Town Crier*. Include name, address, and phone. Email letters to editor@fairviewtowncrier.com or mail to: *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730.





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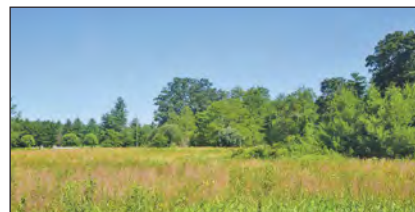
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**NEW LISTING! WEST IN COUNTY!** 3 BR, 3.5 bath, brick, 2.04 acres, HOME WARRANTY, fam room, 2 brick FP's, bonus room, covered deck, patio, 3-car gar on main, add'l gar in bsmt, **MLS#3318098, \$680,000!**



**LEICESTER!** Immaculate 3 BR, 3 bath brick home on 1.05 acres, gas logs, walk-in closets, huge garage space, HOME WARRANTY, long range mtn views, **MLS#3289371, \$469,000!**



**FAIRVIEW!** 4.78 flat acres on Cane Creek Rd in Cane Creek Valley, property not in flood zone, has well, septic tank - buyer to verify, 330 ft of road frontage, call Elizabeth 712-2469, **MLS#3296048, \$425,000!**



**NORTHWEST IN COUNTY!** Spacious home w/4BR, 2.5 bath on 1.55 acres, full bsmt (some finishing), 2-car gar, deck, home warranty, siding, sec sys, LR w/ gas FP, **MLS#3263712, \$365,000!**



**NEW LISTING! ALEXANDER!** Beautiful, 3 BR, 3 bath home on 1 acre, HOME WARRANTY, year round views, partially finished bsmt w/kitchenette & add'l full bath, private back yard, **MLS#3315803, \$345,900!**



**WEAVERVILLE!** 3 BR 3.5 bath, office, cov rear deck, patio, pool, fenced backyard, home warranty, 2-car gar on main + gar in bsmt, den w/FP, fam room in bsmt **MLS#3273008, \$329,000!**



**FAIRVIEW!** 3 BR, 2 bath home on .75 acres, remodeled w/new HW floors, paint, kitchen cabinets, granite countertops & appliances, full unfinished bsmt, 2-car garage, **MLS#3282382, \$324,000!**



**MADISON COUNTY!** Cape Cod w/ 3 BR, 2.5 baths, Large cov front porch, full unfinished bsmt, 1.6 acres, views, privacy, vinyl siding, close to Weaverville, XL garage w/elect & water, **MLS#3281977, \$235,000!**



**FLETCHER!** 3 BR/2 bath, .24 acres, HOME WARRANTY, partially fenced yard, updated, cov back deck, garage, great home, prime loc, call Elizabeth 828-712-2469, **MLS#3309710, \$198,000!**

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 Mitchell Ave.....Pending in 2 days  
 Mtn. Meadow Circle.....Pending in 8 days  
 Rotunda Circle.....Pending in 28 days  
 Fairfax Ave.....Pending in 7 days  
 Liberty Rd.....Pending in 39 days  
 Melody Ln.....Pending in 29 days  
 Richmond Ave.....Pending in 3 days  
 Lakewood Dr.....Pending in 7 days



**NEW LISTING! SWANNANOVA!** Large open front & rear deck, fenced yard, sold "as-is", 3 BR, brick FP in LR, vinyl siding, close to schools, detached 2-car gar, great fixer upper, **MLS#3314706, \$119,900!**