THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

DECEMBER 2017 VOL. 21, No. 12 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

Meet Santa!

Saturday, December 2

Breakfast with Santa

Fairview Community Center, 8:30-10 am. Pancake and sausage breakfast, kids' crafts and photo with Santa.

December 9, 10, 16 and 17

Farmstead Christmas Meet Santa

Hickory Nut Gap Farm Holiday horse rides! Sip on hot cider and hot chocolate, and enjoy the festive farm. This is a free event.

Saturday, December 16

Christmas Brunch with Santa

Spring Mountain, 9-11:30 am

Potluck meal starts at 9 am. Please bring a dish to share; beverages will be provided. The Berry Pickers will lead singing holiday favorites. Santa, our special guest, will join us at 10 am with treats for the kids and photo ops. Festivities will be followed by neighborhood caroling to seniors and those confined to their homes. Call Maria at 828 778-0279.

The Spirit of Country Living Is Giving

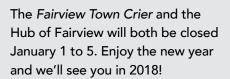
By Roger Klinger

have lived in Fairview for more than nine years now and before that, we spent two decades in the Shenandoah valley of Virginia in a county without a traffic light. I could not live near or in a big city again, as life in the country suits me just fine. One of the greatest gifts of living a rural life is the spirit of generosity of the heart and giving. It is very reassuring and nurturing, especially in an increasingly wounded and fractured world and culture.

In September, my life took a radical turn, as I have always been a high-octane man, filled with enormous energy reserves and a lot of passion for living. Right before the Fairview garden tour began, I was busy getting ready for it, working around the clock, and began experiencing dizzy spells, nearly blacking out. I thought it must be allergies or inner ear problems. I ended up overnight in the hospital but got a clean bill of health after observation but the spells continued. So I eventually got a second opinion at Duke and found out I have a rare, genetic heart defect and was in late-stage heart failure, even though most of my heart and body were in perfect order.

That two-hour appointment was sobering and shocking, as I was told I easily could have died two dozen times this summer on my hikes and that if I did nothing I would be lucky to be alive in two years. So I was told no more welding, no more hiking, swimming, farming – life must change radically, as there is no cure, and if all else fails, a heart transplant is a last resort. After four days, I had surgery and had a defibrillator installed. I call it a deFABulater, as a fib doesn't sound good but the machine is rather fabulous, like having a 24/7 ER in my

continued on page 30





Sorry WE'RE CLOSED

Found: Dog & Parakeet

This little dog showed up around November 27 on Emma's Grove Road with no collar. Call Darla Pinkerton at 273-5899. This parakeet was found on a bird feeder across from Fairview Fire Department November 19. Call Greg at 338-0475.



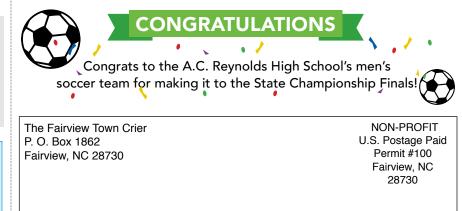
Four Local Shops & Stops Brim with Holiday Cheer at Festive Fairview Friday, December 8!

Stop at **The Hub of Fairview**, 4–8 pm. Home to the *Crier* and a gift shop full of pottery, books, soaps, jewelry, unique gifts, bags, honey, jams, and gift baskets, plus a gallery overflowing with fine art. And on this night: a nine-foot Victorian Christmas Tree adorned with 1,500+ ornaments and a "Festive Fun Foto" booth with props and a photographer to capture you, family, and friends. Meet the artists and enjoy hot mulled cider, wine, cookies and more while shopping from one-of-a-kind gifts.

Climb aboard **Whistle Hop Brewery**, Fairview's unique cable car tap house, for Whistle Hop beers as well as guest taps and cider. This night enjoy a live Appalachian roots experience with Chicken Coop Willaye, 6-8 pm, capped by the "Lighting of the Caboose" debut of their Christmas light display at 8 pm. Festive Friday also kicks off Whistle Hop's blanket drive for Full Moon Farm Wolf Dog Sanctuary, so grab an old blanket to donate and know it will go to keep some four-legged friends warm this winter.

Speaking of four-legged friends, just a hop down the byway is **Woof in the Woods**, where Santa will pose for photos with you and/or your pets in the training building. Dogs can get some playtime in the fenced areas and several dog trainers will be on hand to offer tips and answer questions. Refreshments and stocking stuffer treats will be served. Shop for your dog or kitty in their retail store for gifts, unique natural treats, and more. Santa will pose for pics from 4-7 pm.

Just before the intersection of Cane Creek Road is Fairview's very one-of-akind **New Moon Marketplace**, a cool shop filled to the brim with vintage collectables, antiques, handmade gifts of body scrubs, candles, stained glass, metal work, and just about anything else you can imagine. Santa's on double duty this night because he'll be on hand from 5–8 pm to spread holiday cheer along with the amazing live performance from Asheville's Lyric from 5:45–6:45 pm. Also enjoy apple cider, wine and finger foods.



Postal Patron Fairview, NC 28730

COMMUNITY EVENTS



Fairview Preschool is once again a collection spot for Toys For Tots!

CHRISTMAS DONATIONS

Toys For Tots

WNC Toys for Tots is a of the U.S. Marine Corps Reserve Toys for Tots Foundation that has been in operation for 18 years. Everything collected goes to children right here at home. Leave your unwrapped toys for girls and boys at The Fairview Fire Department (1586 Charlotte Highway) through Monday, Decem-

ber 11 or Fairview Preschool (596 Old US Hwy 74) Mondays, Wednesdays and Fridays from 8 am-2:30 pm until December 15. (Realistic-looking toy weapons and food will not be distributed.)

DECEMBER EVENT

Tree Sale Fundraiser

Christmas Tree fundraiser for Boy Scout Troop 42. Come to CVS in Swannanoa.

Trees are from 6 feet to 8 feet, for \$35 to \$45. Monday through Friday 4 pm-9 pm, Saturday and Sunday 10 am-9 pm.

DECEMBER 2-17

Montford Park Players "A Christmas Carol"

Montford Park Players is proud to continue their 40-year tradition of presenting Charles Dickens' A Christmas Carol to the Asheville community. Preceding this show, for the second year in a row, is a holiday craft festival, A Day with Dickens. Saturdays and Sundays at 5 pm. 92 Gay Street, Asheville.

DECEMBER 2 (SATURDAY)

FES Garden Work Day

Volunteers are needed to assist in a garden work day at Fairview Elementary School from 11 am-2 pm. Community members and friends of FES are encouraged to join the effort! General garden maintenance and some structural repairs will be done. Participants are encouraged to bring tools to assist (e.g., weed trimmer, power drill, trash bags, hedge clippers). For questions or more info contact Mary Walton, Project POWER AmeriCorps member, at Maryw@childrenfirstbc.org.

Tiffany & Co. Trunk Show

From 9 am-1 pm, join Elite Eye Care

for an afternoon of prizes, discounts, and giveaways. 140 Airport Rd., Suite L. See ad on page 8 for more info.

Democratic Men's Club Breakfast

8:30-10:30 am. Democratic Men's Club of Buncombe County quarterly breakfast. Breakfast is available at no charge for members, \$12 for non-members, and will be catered by On The Spot Cookin'. Doors open at 8 am. Keynote speaker will be Todd Williams, district attorney, BCDP Headquarters, 951 Old Fairview Rd., Asheville, NC 28803

DECEMBER 5 (TUESDAY)

Fairview Chiropractic **Neuropathy Seminar**

4:30-6:30 pm at Ryan's Family Steak House, 1000 Brevard Rd. Learn how you can get back to doing the things you love with safe, effective, non-surgical, FDA-cleared neuropathy treatment program. Seminar is free and dinner is provided. However, you must call 628-7800 to reserve your spot.

Prostate Cancer Support Group

Us TOO of WNC, a support forum for men, caregivers and family members will meet at 7 pm at First Baptist Church of Asheville on 5 Oak Street. Dr. Mehul Bhakta from Mission Health will speak. No fee to attend. For information 828-242-8410 or wncprostate@gmail.com



business and friendship is to us, and we would like to offer our sincere gratitude for the confidence you have shown us! Our goal for the coming year is to maintain and strengthen our relations with valued customers like you.

May you have a wonderful holiday season filled with happiness and the love of family and Friends, and may the New Year bring you and yours peace and prosperity.

Sandí and Patrick Bryant



Remember "Ugly Sweater Mondays"

COMMUNITY EVENTS

QuickBooks & Accounting Group

Resolution 2018 – Simplify Your Accounting System from 5-7 pm at The Hub of Fairview. Accounting is the language of business. What is your Accounting telling you? Even a basic understanding of QuickBooks will reveal to you what large corporations have known for a long time, an effective Accounting System is key to the financial success of your business. QuickBooks questions answered and help to fix things, too. Just bring your Laptop or a backup of your company file.

Avoiding Back Surgery

5:15-6 pm at Fairview Chiropractic Center, 2 Fairview Hills Dr. Seminar is free but reservations are required. Call 628-7800.

DECEMBER 8 (FRIDAY)

Festive Fairview Friday

Four Fairview businesses will be hosting fun this night: The Hub of Fairview, Whistle Hop Brewing, Woof in the Woods, and New Moon Marketplace. (See front page for more info.)

DECEMBER 9 (SATURDAY)

Essential Oils Benefits of "The Brain – Adults & Kids"

11 am at the Hub, 1185 Charlotte Hwy Suite G.



DECEMBER 7 (THURSDAY)

December on Depot Street

Studios will be open until 8 pm. Visitors can meet the artists, see demos, enjoy snacks and beverages and shop for artistic gifts. Be sure to stop by 375 Depot and say hello to Lynn Stanley, the Crier's former copy editor, and other Fairview artists.

DECEMBER 10 (SUNDAY)

Abiding Savior Christmas Feast

Annual Christmas Feast at 5 pm. All are asked to bring a salad, side, or dessert to share. The church is also seeking a few people willing to cook a ham or turkey breast. Details on the sign-up sheet in the gathering space. 801 Charlotte Hwy.

Christmas Musical

Fairview Baptist Church will be presenting "Be Not Afraid" a Christmas musical at 3 and 6 pm. For more info, check the church's Facebook or Twitter or call 628-2908. A nursery will be provided.

Christmas Play

"Why Christmas?" at 5 pm at Brush Creek Baptist Church.

DECEMBER 11 (MONDAY)

Progressive Democrats of Buncombe County

6:30-8 pm at 951 Old Fairview Road. For more info, contact Kris Kramer at pdobpresident@gmail.com



The Montford Park Players present "A Christmas Carol," December 2-17.

DECEMBER 12 (TUESDAY)

Essential Oils Seminar

5:30-7:30 at Fairview Chiropractic Center, 2 Fairview Hills Dr. Jen Alonso, doTERRA Gold representative, will explore essential oil basics and discuss usage and safety. Call 628-7800.

DECEMBER 14 (THURSDAY)

Buncombe Republican Women's Christmas Lunch

From 1-3 pm at the Bonefish Grill, 105 C River Hills Road. Father William Martin will speak on "The Meaning of Christmas." We will also be collecting personal care items for men and women veterans. All are welcome. RSVP to dalderfer2567@charter.net

Avoid Knee Replacement **Surgery Seminar**

5:15-6 pm at Fairview Chiropractic Center, 2 Fairview Hills Dr. Learn how you can avoid knee replacement surgery utilizing state-of-the-art treatments! The seminar is free but you must make reservations. Call 628-7800.

Senior Dems Monthly Meeting

6-7:30 pm. Buncombe County Senior Dems monthly meeting. We will have a Pot Luck dinner. Please bring a covered dish to share or pay \$5.00. Email Nancy Detweiler at nancydetw@aol. com. 951 Old Fairview Rd., Asheville.

DECEMBER 15 (FRIDAY)

Preschool Christmas Program

Weekday Kids Preschool Christmas Program at 11 am. Trinity of Fairview.

DECEMBER 16 (SATURDAY)

Joy to the World 5K

10 am at Fletcher Park. All proceeds will benefit Trinity of Fairview's senior class trip to Nicaragua. To register and get info, go to joytotheworld5k.com.

BCDP Monthly Meeting

10 am-12 pm. Buncombe County Democratic Party officers will meet at BCDP HQ to discuss the past month and plan for the coming month. The meeting is

"I have come that they may have life, and have it to the full."

- John 10:10

ParkRidgeHealth

Adventist HEALTH SYSTEM

open to all. 951 Old Fairview Rd., Asheville. For info, contact Jeff Rose at jeff@ buncombdems.org or call 333-2595.

DECEMBER 17 (SUNDAY)

Ethical Humanist Winter Festival

The Ethical Humanist Society of Asheville celebrates the holiday season with a "Winter Festival" led by Joy McConnell. There will also be a pot-luck meal; please bring food to share. 2-3:30 pm at The Friends Meeting House, 227 Edgewood Rd, Asheville. All are welcome! For info call 687-7759, email EHSAsheville@ amail.com, visit EHSAsheville.org or see meetup.com/Ethical-Society-of-Asheville.

Christmas Musical

Fairview Baptist Church presents the SPK Kids children's musical "I Wish You Jesus" at 6:30 pm.

Song Service

Christmas Song Service at 5 pm at Brush Creek Baptist Church.

Children's Choir

Trinity Children's Choir presents "We Three Spies" at 9:15 am and 10:45 am. Trinity of Fairview.

DECEMBER 20 (WEDNESDAY)

Christmas Musical

Fairview Baptist Church presents the SPK Kids Children's musical at 7 pm.

Meal and Bake-off

Annual Christmas Meal & Holly Jolly Christmas Bake-off and Silent Cake Auction at 6:30 pm. Trinity of Fairview

DECEMBER 21 (THURSDAY)

Foot Pain Solutions Lecture 5:15-6 pm at Fairview Chiropractic Center, 2 Fairview Hills Dr. Free lecture on the causes of many different types of foot problems; do it yourself treatments as well as when to get professional help will be discussed. Pre-registered attendees can receive a free digital foot scan. Free but reservations required. Call 628-7800.

ONGOING EVENTS

Buncombe County Democrats Serves Veterans

Every Second Wednesday, 9:30 am-1:30 pm. ABCCM Veterans Restoration Quarters, 1329 Tunnel Road, Asheville. Prep and serve food. Contact Ingrid Campbell at Icamp359@pacbell. net or 515-2002 to sign up for a shift.

LIGHT CENTER EVENTS

urlight.org or call 828-669-6845 Sunday, December 10, 2-4 p.m. Toning for Peace and Transformation with Yvonne Rainbow Teplitsky and Bob Hinkle. Suggested donation: \$12. Saturday, December 30-Sunday,

December 31. Ringing in the New Year with Peace and Light Prayer Celebration with Tully Moss. Suggested donation: \$10.

Saturday, December 30, 7-9 p.m. **Richard Shulman presents a Pre-New** Year Solo Concert on the grand piano. Advance tickets: \$15

PET EVENTS

Asheville Humane Society

Saturday and Sunday, December 2 & **3**: Come meet some adoptable animals at **Petco's Adoption Event** at the Brevard Road location! AHS will be there from 11 am-3 pm each day with some furry friends!

Tuesday, December 12 4:30-5:30 pm.

Winning Costume **Could Be Yours!**

The winner of the Fairview Town Crier's Halloween Costume Contest (out of the three we received) is this incredible, homemade AT-ST Walker by Bob Balken. (Go to goo.gl/mtBC5p to see a video of Bob and his costume in action).

Bob would like to donate this costume to a good home. Please contact the Crier if you're interested.

"Pilates with Puppies" is a basic Pilates class with puppies provided by AHS! Please BYO yoga or Pilates mat and a small towel. Do not bring your own puppy! The cost is \$10, which will be donated to AHS. Pre-registration is required. Pre-register at ciscopilates. com/pricing. Space is limited and this event is expected to sell out! Questions? Email alexis@ciscopilates.com

SAVE THE DATE

Fairview Area Art League Meeting

Note: There is a holiday party in December and no regular meeting. The next regular monthly meeting is January 10, 10 am. The Hub, 1185 Charlotte Hwy, Suite G.



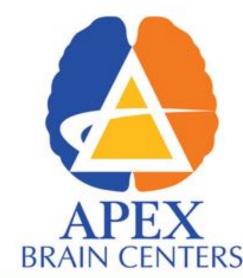
Give a Gift of Books!

You can make the holidays bright for a child in Fairview! Our Holiday Giving Tree program places books in the hands of local children in need. Throughout the month of November, visit the Fairview Library and select a child from our tree. Purchase a new book (\$10 minimum retail value) and return it to the Fairview Library OR donate \$10 and the Friends of the Fairview Library will do the shopping for you. Please bring donated books unwrapped. All monetary and book donations need to be turned in by December 6. The donations will be given to children in need at Fairview Elementary School. For more information, call 828-250-6484.

Cards for Texas

Come by FPL any time in December to make a friendship card for the people of Sutherland Springs, Texas. Cards will be collected and mailed at the end of December. For adults and kids.





Call us today at 828.708.5274 to learn about our unique Day of Discovery ... your chance to connect the dots between your experience of life and your current state of brain and body health

FRIENDS OF THE LIBRARY JAMIE MCDOWELL



Homeschooler Help

Teachers and Homeschool Parents of Fairview - Have you seen the new Teacher Subject Request Form on the Library website? Fill out the form and our Library Staff can set materials aside for you, saving you time and energy. Best of all, the teacher request service is free! Please allow at least one week for materials to be selected. You will be notified by email when your resources are ready for pick up and they will be held in your name for one week. This service is absolutely free.

KIDS PROGRAMS

LEGO Time

LEGO Club will be back on Friday, December 1 at 3:30 pm. Join us for special builds and fun challenges. You bring the creativity, we'll provide the LEGOs. Lego Club is the first Friday of every month at 3:30. For elementary school age kids.

Storytimes

Mother Goose Time, ages 4-18 months, Tuesdays at 11. Bounce 'n' Books: A Movement based storytime for toddlers and preschoolers, Wednesdays at 11. Preschool Storytime for 3 to 5 year olds Thursdays at 11

ADULT PROGRAMS

Book Club

Evening Book Club: December 19.7 pm Join other enthusiastic readers to discuss A Sand County Almanac, Sketches Here and There by Aldo Leopold.

Neighborhood History Project

The North Carolina Room and the Fairview Public Library are about to embark on a several-months-long mission to engage residents in preserving neighborhood history and the history of Fairview in a rapidly changing community.

We will be collecting oral histories, photographs, maps, family histories, yearbooks and the like for archiving and preservation in the Public Library. We want to collect the history of Fairview as told through its people.

How can you be involved? Tell us your story. Show us your photos, architectural plans, maps, yearbooks, family histories, church directories, etc., or volunteer to help.

Holiday Schedule

The Buncombe County Public Libraries will be closed December 25-27 for the Christmas holiday. The Libraries will be closed January 1 for New Year's Day.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper twelve issues per year that are delivered free on or about the first of every month to more than 8,400 households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town* Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts, and additional information, please see page 30.



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5-bedroom, 3.5-bath Swannanoa Home in Alpine Mountain. \$649,000 MLS 3318219



3-bedroom, 2-bathroom Swannanoa home on 14 acres of land. \$334,900 MLS 3311302



1-bedroom, 1-bathroom Biltmore Forest Home with 1.64 acres of land. \$899,900 MLS 3330312

3-bedroom, 3.5-bath Canton Luxury Log Home on 4.87 acres. \$577,000 MLS 3292128



3-bedroom, 3-bathroom Swannanoa Home with an acre of land. \$325,000 MLS 3320739

LOTS AND LAND

Two building lots in Echo Valley Estates .91 acres \$39,500 MLS 3270342 .83 acres \$41,500 MLS 3270837 Byers Park lot with .61 acres

\$55,000 MLS 3277895

10 Acres on Copperhead Cove \$57,500 MLS 3300178 .92 acres in Briar Ridge

\$86,000 MLS 3296442



3-bedroom, 2-bath Farmhouse. Over 34 acres, mountain views, creek, more. \$489,900 MLS 3315452



3-bedroom, 2.5-bathroom Home in Leicester. \$275,000 MLS 3328133

Four parcels on Emmas Grove Road

\$179,000 MLS 3270410

Looking for a property management company?

Greybeard's Property Management division manages over 400 vacation and long-term rentals in the Asheville area. Learn more at greybeardrentals.com or call 855.923.7940.

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Our Asheville location is

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Eastwood Village across

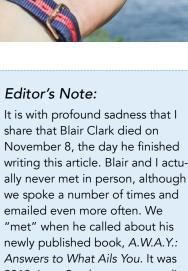




3.25 acres \$269,750 MLS 3264823 3 acres \$249,000 MLS 3264859 10 acres \$500,000 MLS 3309046 2.85 acres \$750,000 MLS 3305323

6.5 acres in Chestnut Mountain Subdivision \$350,000 MLS 3324420

10 acres in Rosy Hills Subdivison



"met" when he called about his newly published book, A.W.A.Y.: Answers to What Ails You. It was 2010. Lynn Stanley, our copy editor, and I were so captivated by the structure and content that I asked him if he would consider writing a monthly column.

Rather than lengthy, detailed chapters on emotional issues. Blair's style was short and to the point, written to make the reader feel understood, accepted and empowered to change. He wrote in the way I imagine he spoke to patients in his practice as a counselor. The rest is history. Blair has written for the Crier for these many years since. He always put great thought into what he wrote and how he wrote it. It isn't easy to identify an issue and offer constructive steps to exploring

Finding New Ways to Engage with Your Journey

riting last month's article got me interested in the steps toward personal peace, which I identified as awareness, recognition, acceptance and engagement. I was especially interested in how to get better at the last step: engagement. The physical limitations from my illness have the potential to make my life much smaller since I have had to let go of certain activities and the independence I have been blessed with most of my life. I have chosen to find new ways to engage with my journey rather than focus on the losses. Writing these articles with other people involved in the process is one of the

ways I have chosen to engage.

Engaging in new and different ways requires practice. It took me a long time to get to the place where I accepted the need for help and practice. Currently I am engaging with other people by practicing asking for help with physical tasks. I am sharing thoughts and feelings with others who are putting my ideas in writing. I am no longer alone in my efforts, but learning to work with a team. There are a lot of new things that I have to practice in order to make the team work.

We all resist practice in some ways, and it is important to be aware that such resis-



world smaller. Practicing engagement may help you to experience your journey in different, more expansive ways. So developing a better understanding of resistance and engagement can be valuable as you make choices on your journey. An expanded world offers more choices while a smaller world has fewer.

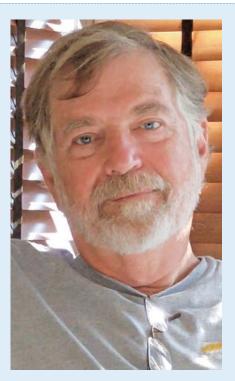
tance may make your

A smaller world may be one that focuses on routine. The routine of life can draw you toward a more fixed journey and may dis-

Engagement and Practicing Accessing Your Humanitv

- **1. Try coming in a different door**, sitting in a different chair, driving home a different way, using a different greeting, brushing your teeth before you drink coffee - just to shake up your routine in non-threatening ways.
- 2. Choose to engage with one of your senses when you first wake up, either listening or looking or smelling, or whatever.
- 3. Notice two road signs on the way to work or school.
- 4. Say "I don't know" to yourself when confronted with a different political or religious opinion from someone rather than immediately going to your place of opposition and resistance to what they are saying.
- 5. At least once this week, with someone important to you, ask them if they have finished speaking before you begin to even think about your response - which means to engage in what they are saying and not in your response. And maybe say "Thank you. Are you finished?" before you begin to speak
- 6. Memorize a poem or a prayer and say it to somebody who is trustworthy.
- 7. Spend some focused time with your pet and then tell somebody about the experience.

tract you from practicing engagement. For many, routine provides a lot of comfort. Routine is part of something that I have called "autopilot." Cell phones have become integrated into many people's autopilot, through Facebook, email, Instagram, and never being out of touch. Other autopilot activities might include watching TV, your morning routine, where you sit in the house, how you drive home, or interacting with others in shallow,



and perhaps altering behavior in 500 to 800 words. Blair often incorporated his poetry as another means of reaching his readers. After his ALS diagnosis, his writing took an inward turn as he began sharing his feelings, changes and growing awareness along his new, unrelenting journey. Over the last months

a number of readers had written to let him know how much his writing meant to them, how he had touched them, how they wished him well. This meant the world to Blair.

As his physical abilities diminished, his Crier column, You Are Here, became even more important to him as a means to reach and help people. With the assistance of his good friend Betsy Gardner, he was still able to "make deadline." This column was his last focus and imperative for him to finish, which he did at about 4 pm. Later that night he died unexpectedly at home

Blair Clark offered himself to his community throughout his life. In spite of the fact that he was seriously compromised by ALS, it was his strong desire to continue to give back, up to and including his final day alive. This will be his last article for the Fairview Town Crier but to Blair, remember, You Are Here.

- Sandie Rhodes

Read Blair Clark's obituary on page 21.

surface-level conversation. Autopilot can be useful and can allow you to do things in the world without a great deal of effort, but it is important not to allow your autopilot to be in charge. The more you engage with your journey, and practice stepping out of your routine, the more likely you will expand your experience.

There may be some value in self-assessment of your journey and its routines to see if your world is expanding or contracting. If you prefer to expand your world, then you need access to I call your "humanité" (the part of you capable of engaging with life outside your normal routine). You can practice purposefully accessing your humanité in non-threatening ways, helping to make it possible to engage with things you might have missed if you stayed in auto-pilot.

You're born with your humanité; it is always there, and you never lose it. You may find that if you haven't been using it lately, it may be rusty; and you may need practice in order for it to be available to you. By trying something as simple as leaving your phone in a different room, sitting in a different chair or driving home a different way, you are offering yourself an opportunity to experience life outside of your routine and be more engaged with your journey.

Engagement seems to require some form of emotional involvement or commitment. It requires practicing various forms of relationships, and experiencing your own feelings and feelings of others. It involves doing things outside of your routine. Engagement is the ability to grow beyond where your journey has taken you in the past. You Are Here



Blair Clark is a Licensed Professional Counselor Supervisor and author of Answers to What Ails You (AWAY). Copies of Blair's book, A.W.A.Y.: Answers to What Ails You, are

available on Amazon.

FIRE DEPARTMENT ROBIN RAMSEY

The Year in Review

A Pizza Party and Turkeys

he pizza party for the winning kinder garten classes at Fairview Elementary was enthusiastically received by the six classes. Plates and napkins were being distributed as we delivered the pizzas to the classrooms. We had the opportunity to thank the kids, teachers, and staff in two of the classrooms for their efforts to help our largest food drive of the year. Once again we thank the kids, parents, teachers, staff, Principal Dr. Angie Jackson, and the volunteers of the Food for Fairview pantry for their assistance on the food drive. We also want to thank Sandie Rhodes and the Fairview Business Association for their sponsorship of the event, and Michael at Fairview Pizza for the pizzas and help in delivering the pizzas to the school.

The event that just ended at Food for Fairview was the signup by the clients of the pantry for holiday turkeys. Signups took place during the pantry's openings on October 2 and 9 for any client who wants to prepare a Thanksgiving meal for his or her family and household. Fixings for the holiday meal will also be provided with the turkeys.

There have been six to eight new clients who have signed up over the past two weeks. This is never something we look forward to seeing. The pantry's goal is to assist the people in need, but we are never happy to see new people who are food deficient. This can happen for a number of different reasons, such as a sudden illness, a plant or business closing, or some major financial

"The heart of the work to end hunger comes down to a simple truth: Together we are having a life-changing impact in the lives of people in need in WNC."

MANNA Foodbank

event. Statistics from our agency partner, MANNA Foodbank, state that there are 108,280 people in WNC who struggle with hunger. Food for Fairview is one of MAN-NA's 222 food distribution partners. The pantry serves approximately 50 Fairview individuals, representing about 150 family and household members, every Monday afternoon during a three-hour window.

To quote a MANNA Foodbank mailer, "The heart of the work to end hunger comes down to a simple truth: Together we are having a life-changing impact in the lives of people in need in WNC." Food for Fairview's similar desire is to have that life-changing impact in the lives of the people in need in our local community.

Food for Fairview is a Tax Exempt 501 © (3) Corporation. For more information on our organization, please call 628-4322.

very positive year for the Fairview Volunteer Fire Depart ment. The Support Operations Team was formed officially and raised enough money through pancake breakfasts, barbecues with Smokey and the Pig, and t-shirt sales to buy needed

n 017 has been a



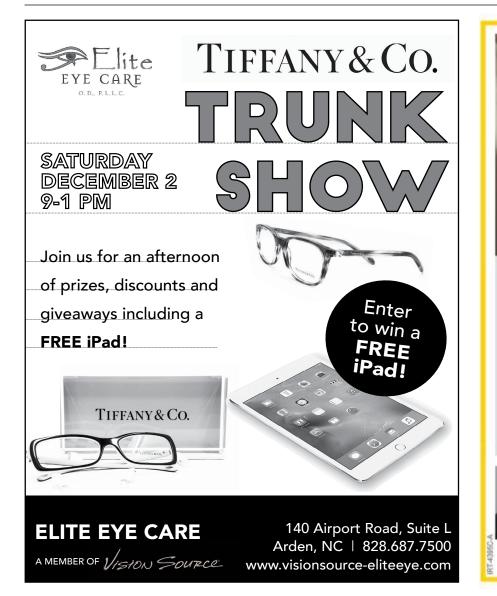
furniture to replace dilapidated pieces in the firehouse. The t-shirts were designed for Breast Cancer Awareness month, with a portion of the proceeds along with additional donations to be given to Hope Chest for Women. The American Red Cross conducted a blood drive on September 23 and will return in the spring (stay tuned for that date). On Halloween we had around 200 people come through for the Fairview Fire Family Fun Fest. Our current project is raising money for a federal matching grant for Exercise Equipment. Donations can be made to help with this endeavor.

The purpose of the Support Operations team is to assist the Fire Department in Fund Raising Projects, provide food and drinks to Firefighters and Emergency Responders working on incidents such as structure fires, wild land fires, severe weather incidents, etc. The Support Operations Unit also raises funds and support to purchase needed equipment and supplies for the Firefighters and Fire Department.

In June the Fairview Volunteer Fire Department obtained a Class 3 rating. (See the July Town Crier for additional info.) Factors that are involved and necessary for the bet

ter grade include equipment, water supply, training, and readiness to respond, which is overall great for the community. For some homeowners, a Class 6 is the best rating recognized by their insurance company and the Class 3 rating offers no premium reduction. However, other insurance companies recognize the Class 3 rating and offer reduced premiums. For businesses, the Class 3 rating and possible benefit depends on each individual business. This rating went into effect on October 1, 2017 Some people have already received letters from their insurance company stating that their insurance has been reduced. Please check with your insurance company to see how this new rating may affect your policy.

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire . Department





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n hopes for a white Christmas, let's take a look at the historical record. These snowfall numbers/percentages are based on the records taken at the Asheville Airport, and the early years of the record are based on the data from the old Asheville city office, which was in the Grove Arcade building. So the probabilities for the rural Fairview area may be a couple of percentage points higher, but generally it will be very close.

The percentage chance of seeing at least a trace or a few flakes of snow on Christmas day is about 26 percent. This is based on the daily snowfall records that go back continuously from 1888 through 2016. There has been at least a trace of snow reported on 34 separate occasions on Christmas day. The largest snowfall on Christmas day actually happened in 2010. In that year, between 8 to 10 inches of snow fell, making it the snowiest Christmas on record since reliable daily snowfall records began. The probability of getting accumulating snow - let's say a third of an inch or more – isn't that high, only about 7 percent. This happened on only nine out of 126 occasions on Christmas day since 1888.

A Wet Year

In terms of precipitation, for a good part of the year we've had an active pattern bringing plenty of moisture our way. In the Fairview area, most places have received over 60 inches of precipitation this year, and the wettest locations closest to the escarp-



A Very Wet Year, and Chances for a White Christmas

Historical Christmas Weather in Fairview

Year	Max Temp	Min Temp	Weather
2016	65	47	Mild
2015	67	59	Rainy
2014	48	31	Cloudy
2013	38	18	Sunny
2012	50	35	Showers
2011	46	34	P/Cloudy
2010	34	28	Snow 7"

ment in the eastern part of the county were approaching 70 inches as of mid-November. If you think it's been cloudy and wet recently, you're right! The wettest year I have experienced was back in 1997, with 75 inches of precipitation, and we're within striking distance of breaking that record if the year remains wet.

The old adage of "as the days grow shorter, the days get colder" has a bit of truth for December. In terms of averages, temperatures continue to drop as we head through the month, with average highs about 53 at the start of December, dropping to 47 by month's end. The lows drop from 32 at the beginning of the month to 27 by the end of December. The warmest day on

record was 81 on December 31, 1951; the coldest was a numbing -7 on the Christmas Day in 1983. The average precipitation for the Fairview area is around four inches in December, with the average snowfall for the month close to two inches.

Next month's article will talk about Cold

November Trivia Answer

What is black ice and why is it so dangerous?

From Wikipedia, the term black ice in the United States is often incorrectly used to describe any type of ice that forms on roadways, even when standing water on roads turns to ice as the temperature



Air Damming (CAD) and its role in our

Meteorologist Tom Ross

Database Modernization

Program at the National

managed the Climate

Climatic Data Center.

weather.

falls below freezing. Correctly defined, black ice is formed on relatively dry roads, rendering it invisible to drivers. It occurs when the textures present in all pavements, very slightly below the top of the road surface, contain water or moisture, thereby presenting a dry surface to tires until that water or moisture freezes and expands. Drivers then find they are riding above the road surface on a honeycombed, invisible sheet of ice. At very cold temperatures, below 0 degrees, black ice can form on roadways when the moisture from automobile exhaust condenses on the road surface.

Not Doing Something You Want to Do

mpulse control. We've all had struggles with it at one time or another. Maybe it was that pair of shoes, that delectable frozen custard, checking our phone when we should be listening to someone, or something more serious like tobacco, drugs, or alcohol.

Our ability to exert (sometimes much needed) control over our desire to seek immediate rewards, whether harmful or not, comes from a part of our more evolved front brain, the prefrontal cortex. Disconnection of this more

"human" brain from deeper, more primitive centers of motivation, emotion and desire can occur for many reasons. Learning and behavioral disorders, brain injuries and even following those desires long enough without giving them a second thought can cause us to lose our ability to inhibit (stop) those impulses that drive us to seek pleasure

A paper published in 2013 from the University of California, San Francisco detailed how a brain can actually lose size in the impulse control areas with prolonged use of cocaine. It also demonstrated how, when one stopped using, those areas would grow back to normal – and in many cases even larger - size.

Why is this? Staying away from some-

thing your brain desires requires sustained cognitive (thinking) effort. This exercises the higher functioning prefrontal (executive) control centers of your brain, leading

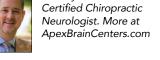
to better impulse control. As an exercise, one can use techniques like mindful meditation to focus on not doing something you want to do. Repetitively performing exercises where you are sitting quietly and thinking of what it is your brain desires, then allowing the desire to diminish or fade

(even visualizing it decreasing in size or intensity), will train your brain in a positive manner to decrease the power of the reward your brain seeks (i.e., growing vour brain!).

It is important to note that if you are dealing with desires that can have life-altering consequences (e.g., drugs, alcohol, gambling, risky behaviors, etc.), you should seek the services of a qualified mental health provider in conjunction with activities such as this brain-building exercise.



Dr. Trayford is a Board Certified Chiropractic Neurologist. More at



Transition: Preparing Kids to Take **Control of Their Health Care**

reparing kids for independence and adulthood presents many challenges and transitions for parents. These challenges often start to increase during pre-teen years. For example, one very important topic is your child's health care.

As most pediatric offices are geared toward infants and younger children, many adolescents tend to feel uncomfortable in a pediatric office at some point. It is very important that your child feels comfortable with their health care setting, independently, in order to have a very positive experience toward a healthy path to adulthood. Family physicians can help make that transition

As early as pre-teen years, children are learning the potential outcomes of their choices. Family physicians can help encourage them early on to take charge of their own health. We want them to be well-established and comfortable in their health care setting before the age of 18, smoothly making the transition to getting health care as an adult

Family physicians can assist in that process. They are trained in comprehensive care for all ages, from newborns through adulthood. They offer the convenience of caring for the whole family in one location. Since emotional, health and social issues that affect your child are often related to

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HOME

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family histories and dynamics, family physicians are often able to address those by knowing the family.

Family physicians maintain extensive, continuous education and board certification. Their main emphasis is on preventive care and wellness. They can treat a wide range of diseases and offer specialist referral when needed.

Dr. Teresa Bradley cares for families at Park Ridge Health at South Asheville. She is board-certified in Family Medicine. Her care includes well-child checks, physicals, vaccines, same-day sick appointments and continued comprehensive care. To learn more call 855.774.5433 or visit myPRH.com.

LIFE

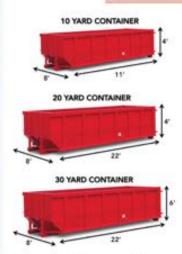
ninal neuralgia (TN), also known as tic douloureux, is a rare but life-altering condition of the face and head. TN is a nerve disorder that is characterized by sudden and severe episodes of electric shock (lancinating) pain along the side the face, the eyebrow line, and under the eye or chin. Pain can present itself while eating, talking or even sleeping. It can come and go at will, or be constant. Despite having an annual incidence of only 4.7 per 100,000 people, TN remains one of the most frequent causes of facial pain worldwide. Even though the occurrence isn't that common, chances are there are people in your community that suffer from TN. It usually occurs more often in women, and is most common in people in their 50s or older. The causes of TN are mostly unknown. but can occur as a result of a brain lesion, such as multiple sclerosis, stroke, facial trauma or as a side effects of cosmetic, facial or dental surgery. Depression is common in people who suffer persistently from TN. The pain and discomfort associated with TN coupled with the intense periods of pain have caused it to be dubbed the "suicide disease" because people who suffer from it can no longer deal with the pain. So where does that leave those suffering?

Modern medical treatments offer only two solutions. The first is drugs, such as Carbamazepine and Oxcarbazepine, which are antiepileptic drugs, just to name few.









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10 THE FAIRVIEW TOWN CRIER December 2017

Trigeminal Neuralgia: Treatments

Some studies show that these medications can help control the pain levels in some cases, but control is not a cure. The second treatment approach includes surgical interventions, microvascular decompression, radiofrequency ablation and gamma-knife radiosurgery. Moderate success rates (25% +) have been reported with surgery, where a portion of these patients experience a relapse in symptoms, meaning that surgery failed

Over the last 15 years, research has shown promising non-drug, non-surgical treatments. Laser therapy and pulsed electromagnetic frequency therapy have many references in PubMed (the government's referenced peer-reviewed research database), showing excellent study results using one or both of these therapies. Research shows that these therapies can reduce nerve inflammation and actually heal nerve damage while significantly reducing pain. In treating over 600 people with peripheral neuropathy, we have recently begun using these same technologies on TN, helping our patients regain joy and happiness in their lives.

Brvan Gennett, DC, is a state and national board certified physician with advanced training as a chiropractic sports physician. Call Fairview Chiropractic Center at 628-7800 for a no-cost consulation.

OF INTEREST TO SENIORS MIKE RICHARD

Planning Ahead Really Works

The Story

A few years back, I was asked to handle a particularly delicate insurance situation that was confronting a wonderful couple, Charles and Bev (not their real names), who have been my clients for many years. They wanted to trade in their Medicare supplements and switch to a Medicare Advantage program to save money. He had retired from a large company that provided a good prescription drug retirement benefit that they wanted to keep. Only one course of action was available: a medical-only Private Fee For Service (PFFS) Advantage plan, the only one allowed by Medicare to accommodate their wishes. All the others would have canceled their prescription plan, thus forfeiting thousands of dollars of benefits.

The Conundrum

This year they were notified that their plan wouldn't be renewed in 2018. They were losing their plan and would have to choose another. Herein lies the conundrum. They wanted to keep the low Medicare Advantage premiums and liked the benefits but would risk losing their prescription benefits if they did.

The Solution

I knew that Medicare would give Charles and Bev a Special Enrollment Period (SEP) because they were involuntarily losing their coverage. The SEP extended their enrollment period from December 8 to the end of February next year and allowed them to enroll in another MA plan or a guaranteed issue Medsup Plan F of their choice from any company. Their current coverage will end December 31 and a replacement was needed before then. Medicare Advantage was off the table, which left a Medicare Supplement as the only option allowing them to keep their prescription coverage. Charles and Bev are 82, which would mean a substantial premium increase.

The Surprise

The day of our meeting, I explained their options and the higher cost they'd be facing with the Medicare supplement. Much to my surprise, despite being on a tight, fixed-income budget, they seemed unfazed by the higher premium they would be facing. Then they reminded me of the advice I'd offered when they first enrolled in the Advantage plan: They had faithfully taken the difference in premiums from their previous supplement and the lower cost PFFS and set up a savings account to build up a reserve to help pay for the copays and other cost-sharing they would be experiencing in their PFFS. Now they've accumulated a nice little nest egg and the impact on their budget is minimal, making their decision easier. It really works!



Mike Richard is president of Prime Time Solutions. If you prefer a trusted local agent, feel free to call for a no-obligation consultation 628-3889 or 275-5863.



Murnhy Kanupp

Rick Javnes



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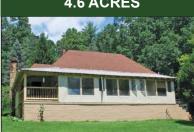












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tial driveway to home site which has been graded. Call Karen 828.216.3998. \$65,000

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READER'S POV GREG PHILLIPS

Christmas Time Down South

travel a lot. I leave the Fairview International Airport so frequently they have a Garrett Super Scanner with my name on it. There's lots of down time. Some call this wasted time - mechanical delays, weather problems, all sorts of things. I just expect it, plan for it, and chalk it up as part of my travel day.

To make this time useful, I listen to books of all kinds: business, self improvement, historical books, and my favorite books – biographies. Robin Williams, Dick Van Dyke, Walt Disney, hundreds of hours of audio books. I like when the person who they are about reads them. It's all downloaded to my phone.

I just finished the new book by Charlie Daniels called "Never Look At The Empty Seats." It was Charlie's story of a Carolina boy growing up in show business. A great book. I've been a Charlie Daniels fan since the

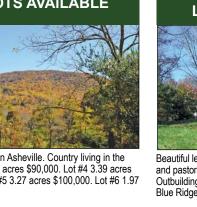
days of his "Uneasy Rider" album. I had the opportunity when I was in the radio business to interview him in 1996. I opened for him as well. I didn't realize there was going to be a Fairview connection that would manifest some 20 years later. You see, it's December and Christmas is

nearly upon us. I'm sure you are wonder-



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shop





ing what the holidavs. Charlie Daniels, and a Fairview connection have in common?

Hang with me. One of my favorite albums came out in 1990. It was Charlie Daniels' "Christmas Time Down South." It featured great songs, including one that, at the time, I didn't realize was going to remind

me of our home in Fairview

So as I wind down my 2017 season and get ready for the holidays, Charlie himself reminded me what it's like to be home in Carolina, in Fairview..

"Well the creek's froze over and the geese fly

And the storm clouds hanging in the western sky

Everybody's got a twinkle in their eye *Out on the rural route*

Granny's in the kitchen cooking up a storm Fire in the fireplace cozy and warm It must be Christmas time down South"

Google to get the rest of lyrics or buy the album and enjoy the song!

Greg is a professional magician who relocated to Fairview after 30 years in Florida. He will be starting new magic classes for kids ages 7-12 in January. Check out Mountain-MagicAcademy.com for further details.

COMPUTER BYTES BILL SCOBIE

Upgrade Now, Go Gray, Blast Off & More

icrosoft is ending their last way to get a free Windows 10 upgrade, the one where you could claim you needed their "assistive technologies" built into Windows. This free upgrade from Windows 7 or 8 ends December 31. If you've been holding off but wish to upgrade, do it this month.

There is a cute brain hack that might make it easier to take time away from your smart phone. Go gray, turn off color. Both Android and iOS have features, usually in accessibility, to turn the screen to grayscale and it is amazing how that alone can dampen interest in always looking at the screen.

Google Maps has moved into outer space. There are five planets and nine moons you can explore without suffering the heavy Gs of a space launch. Simply go to Google Maps on a computer (not on a phone), make sure you are in satellite mode, zoom out until you see the planet Earth and a list of the planets and moons listed on the side.

A thousand (and maybe one) fonts can be sorted and previewed, with some interesting results, at The Anatomy of a Thousand Typefaces (getflourish.github. io/anatomy-of-typefaces). It could be more productive than staying on Facebook.

It might be time to discover different music or to find out what people are listening to outside the U.S. Both Spotify and SoundCloud offer ways to find the top 50 songs in different countries, as do other services like indie artist favorite bandcamp.

com. And even services like Tunein.com and Shazam.com have ways to find and filter music popular in other countries.

If you're using a Mac and a PC and miss being able to copy and paste between the two, you can now make that happen. With a Google account and a login and app downloaded from 1clipboard.io, you can have your clipboard and history of previous clips shared and used between all your computers. Of course, some might ask why you use so many different computers, but that's a different column.

When using Google Docs and your fingers are getting tired, turn to its built-in Voice Typing. You must have the latest version of the Chrome browser on Mac or Windows and, of course, a microphone (something all laptops have built-in, as do all-in-one computers). Open a Google doc, click on the Tools menu and then click on Voice Typing. Activate the microphone icon, and be aware of ambient noise. You can turn off the mic icon when you don't want vour voice transcribed. Somewhat similar features are available in the smartphone versions of Chrome

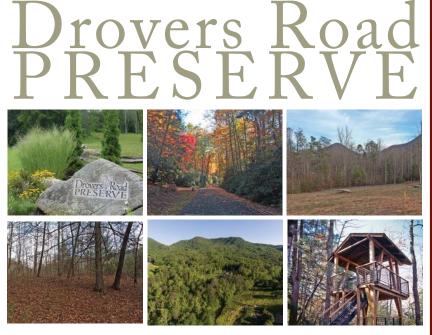
Encrypting your hard drive is a great security trick and may even be "required" in some industries. But don't forget to encrypt those backup drives and USB sticks also.



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EDUCATION UPDATE CINDY MCMAHON

The March to San Antonio: TJ Kane and the US Army All-American Band

ublic schools change lives, and it's not just the core subjects. As Reynolds High School principal Doris Sellers is fond of saying, it's the triple excellence of academics, athletics, and the arts that makes Reynolds High School stand out.

This month, Reynolds senior TJ Kane shines as an example of excellence in the arts It was recently announced that he was chosen as one of only 125 students from across the US to participate in the marching band for the U.S. Army All-American Bowl.

TJ is the eighth Reynolds band student to attain this honor in seven years, which attests to the excellence of the Reynolds band program. Students who are chosen for this prestigious program exhibit exceptional musicianship, marching achievement, character, and leadership. As part of his application, TJ submitted several one-minute videos: a solo on the alto saxophone, a marching and playing video, and a self-introduction video, which his mom, Lori Kane, described as "dang funny."

TJ has come a long way to get to this point. He is a triplet, and weighed only 2 pounds and 3 ounces when he was born. Both of the other triplets are musical stars in their own right. His sister Megan is drum major with TJ in the Reynolds marching band, and all three played in the NC state honors band two years ago, the first set of triplets to make it to that level in NC.

In the official announcement ceremony for the All-American Band, TJ made a special point of thanking his siblings. With

STUDENT OF THE MONTH

Jessica Villatoro

The A.C. Reynolds student of the month is Jessica Villatoro. She was nominated by two math teachers, Katie Klinker and Heather Loftin

Ms. Klinker wrote, "Jessica has great character and always has a positive attitude. She works hard in class and she is involved with our community. She recently started a multicultural club here at ACRHS and it is off to a great start. She is also on student council,

where she is very involved and demonstrates great leadership skills."

Ms. Loftin said, "Jessica is a very dependable, mature student. She works very hard and does anything needed for student government. She also spearheaded the creation of the Multicultural Club. She is considerate of everyone and has a great attitude. She also does very well academically."

What does Rocket Pride mean to Jessica? She says, "It means being proud of an amazing school body and holding true to the Rocket Pride values of respect, pride and integrity."

We asked Jessica to describe her fondest high school memory, and she said it was "being a part of Homecoming this year and being voted on by my peers and also dressing up was nice."

What would Jessica do if she could fast forward to after college and choose any job? "My goal would be to become a doctor or physician's assistant, but even becoming a CNA would be a job I would choose because so many people need help with simple things in life. And the fact that I could make someone's day makes my heart absolutely happy."

Congratulations, Jessica! All of us at the Crier wish you all the very best!



TJ Kane (center), with his family, Band Director Sean Smith, Principal Doris Sellers, and School Board Member Cindy McMahon

a smile, he said, "They have been there for me since I was born." The triplets started their musical careers as 6th graders at Cane Creek, and are a familiar sight in the Asheville busking scene, playing trios on sax, flute, and tuba.

The U.S. Army All-American band will take TJ much further from home. He'll get an all-expenses paid trip to San Antonio, Texas January 1-7, 2018, where he will have master classes with musicians from the U.S. Army Field Band, experience the chance to play with an all-star marching band staff made up of directors from the most respected high school and collegiate marching band programs in the US, and perform at halftime in front of 50,000 spectators.

At the announcement event, Band Director Sean Smith praised TJ, saying, "TJ is a talented musician, with an innate way of expressing himself through his instrument. He is one of the most musical students I

have had the pleasure of teaching and is a fantastic leader as well: he has been drum major for the marching band for the past two years."

Smith was also chosen for a free trip to San Antonio for this event, to participate in the Band Directors Academy. This is the first year that band directors could also apply, and it was a high honor to be selected. Hayley Knighton, a senior at North Buncombe High School, will be a member of the Color Guard as well. Buncombe County will be well represented!



Cindy McMahon is the Reynolds District Representa tive, Buncombe County School Board, Contact: cindy, mcmahon@bcsemail.edu.

December Calendar for Reynolds Schools

	· · · · · · · · · · · · · · · · · · ·
MON, DEC 4- FRI, DEC 8	Fairview Elementary Holiday Store Oakley Elementary Holiday Shop
UES, DEC 5	Fairview Winter Concert 6 pm Reynolds High String Orchestra Concert 7 pm
HURS, DEC 7	Bell Elementary Global Holiday Night 5:30 pm Oakley Chorus/Drum Club Concert 6 pm
RI, DEC 8	Early Release
TUES, DEC 12	Reynolds High Holiday Band Concert 7 pm
HURS, DEC 14	Reynolds High Holiday Choral Concert 7 pm First Baptist Church of Asheville
VED, DEC 20- MON, JAN 1	Winter Break

KIDS, SCHOOL, SPORTS

Introducing Avery Love, Teen Reporter

My name is Avery Love. I'm a teenager, and I go to school, just like most kids my age, but I'm more than that. Writing is my passion and solace, and one day I want to be a journalist. I'm really excited to share these bits of my soul laid bare, but first I'd like to tell you more about myself. My mom is an English teacher, and she loves reading and writing like me. My dad is the one who favors music and making things by hand. I think I'm about the perfect mixture of the two. I like writing, reading, acting, sewing, drawing, and music (both making and listening to it).

I write as often as I can, and try different styles. Avery Love I've even taken my shot at writing novels, but I'll only work on them until I think of a new one, then abandon the old, half-written manuscripts. I usually stick to short stories, poetry, and articles. I'd always hoped I'd get one published - and here we are now. I guess dreams really can come true! Some of my favorite books are the Harry Potter and Percy Jackson series, The Hunger Games trilogy, the Divergent trilogy, the Maze Runner quartet, Gentleman's Guide to Vice and Virtue, and Carry On.

I play euphonium in the school band, first chair of low-brass. When I'm not making music, I'm usually listening to it. I keep speakers in my room and I have a master playlist of over 200 songs that I'll shuffle. It includes, but isn't limited to: Broadway musicals, Regina Spektor, the Dixie Chicks, and Queen. It's a strange mix, but it suits me just fine. This has been your crash course in welcoming you into my brain! It's kind of a

with her mom, dad, and sister Zoe

Buncombe County Teacher of the Year: Fairview's Own Beth Love



graduate from there as well. It matters to me that the students become good citizens because I want to see them make positive contributions to our home town."

Each spring, teachers at all schools nominate and vote on an outstanding colleague to represent them. Each school winner creates a portfolio that reflects on their work and accomplishments, then interviews with a committee of former teachers of the year. Winners of each district then give speeches and host classroom visits in the final round before a county winner is announced.

Students love her because she's "good at explaining things and she makes class fun," according to sophomore Olivia Stienke. Freshman Eddie Hewer likes that "she can always retain a personal connection with any student. I feel like this connection helps the learning environment feel safe because she will always understand your questions and concerns." She also runs many extracurricular activities as well, such as A.C. Reynolds's Key Club, the annual MANNA Student Food Drive, and the Cedar Cliff Echoes yearbook staff. "I hope that my recognition as Teacher of the Year sheds light on the positive ways we influence kids in our public schools every day," said Love. "Free, public education is one of the forces that has shaped this country, and I'm proud to represent the people whose hard work makes it possible."

Avery Love's mom is none other than Beth Love, and next year Avery may get to find out first-hand what it is like to be one of her students! (Photos above by Zoe Love)



mess, but I get things done. I hope that you'll get to read more of my thoughts in the future. This is Avery Love, signing off.

Avery Love is an eighth-grader at A.C. Reynolds Middle School. She lives in Fairview.

By Avery Love

This year's Buncombe County Teacher of the Year isn't only a great teacher, she's a new resident to our community, having just moved from Bent Creek to Fairview in May. Beth Love, mother of two girls and two dogs, is a ninth grade honors English teacher at A.C. Reynolds High School. She's been teaching for 20 years, 15 of them at Reynolds. "At least a part of this honor comes down to my commitment to my school and community," said Love. "My husband and I graduated from A.C. Reynolds, and our kids will



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First Bank acquired Asheville Savings Bank on October 1, 2017. We will continue doing usiness as Asheville Savings Bank until March 2018, at which time all locations will become First Bank locations.

Tracing The Roots of the Christmas Tree Tradition

he night was cold and clear — the kind of magical mid-winter's eve when legends are born. A German church reformer walked briskly through a tranquil evergreen forest. Just years before, he'd nailed his Ninety-Five Theses to the chapel doors at the University of Wittenberg, a move that boldly challenged the Roman Catholic Church. As he inhaled the dense winter air, words for a sermon formed in his head. Snow crunching underfoot, this renowned middle-aged theologian admired the trees that stood like majestic green giants against the backdrop of twinkling stars in the midnight-blue sky.

This pristine snow scene so inspired him that he chopped down a tree from the forest that very night. The moon lighting his way, he — Martin Luther himself — hauled it home and lit it with tapered candles. Their shimmering flames reminded him of the stars that glittered like gold in the sky above Bethlehem on the first Christmas Eve. According to legend, this was the first Christmas tree to be brought into a home. A symbolic tradition was born that night, and would continue to thrive and grow for centuries to come

Adding Color

As the winter solstice approaches, the days grow darker. People seek color and light amid the darkness. In Roman times, when the festival of Saturnalia was drawing near, temples were festooned with fir trees. Pagans in European countries decorated their homes with viridian-colored branches and boughs, a reminder of the spring to come. Early Christians hailed these perennial plants as a sign of everlasting life. In parts of northern Europe, evergreens could be witnessed hanging upside down from ceilings, and other flowering plants were brought inside to add a splash of color to the darkest days of the year.

Trees were paraded through European villages to town squares where people danced around them before setting their branches ablaze. As reported by the History Channel, palm fronds garnished ancient Egyptian homes, symbolizing "the triumph of life over death."

While Martin Luther may have been the first to bring a Christmas tree home, the very first Christmas trees served a more communal purpose. In 16th century Latvia, townsfolk gathered in the marketplace to sing and dance around the first "community" Christmas tree. Today, visitors to this site observe a plaque dedicated to this tree. Communal Christmas tree lightings are still in vogue today, even in our own locale. A prime example is the Grove Arcade's annual Christmas tree lighting, a precursor to the Asheville Holiday Parade.

Early Americans abhorred the Christmas tree's pagan roots. Thus, they shunned



Hauling the massive, 35-foot-tall Fraser Fir to the Biltmore House Estate's main house.

it. William Bradford, second governor of Plymouth Colony, called it a "pagan mockery." Puritans and other influential leaders spoke out against this and other Christmas traditions they considered to be sacrilegious, sometimes penalizing those who engaged in frivolity at Christmastime And yet, the Christmas tree continued to be popular. This can be accredited to England's Queen Victoria and Prince Albert. In 1848, a sketch in the Illustrated London News showcased them gathered around their family tree in the royal pal-

with Thomas Edison's electric light bulbs. Because of his conservationist leanings, Theodore Roosevelt banned live-cut Christmas trees in the White House during his presidency (they'd been a White House tradition since Franklin Pierce took office), and Calvin Coolidge hosted the first National Christmas Tree Lighting Ceremony on the White House lawn in 1923. A group of construction workers erected the first Rockefeller Center Christmas tree in 1933. And locally, the Biltmore Estate is known for its splendid showcase of dozens

little sapling, this everlasting evergreen took the lead in many a Christmas narrative. Large department stores placed massive trees in their atriums. Variations of "O Christmas Tree" swept the nation. And Christmas trees stole the show in beloved Christmas movies, like the more recent "National Lampoon's Christmas Vacation." Watching "A Christmas Story" (or listening to it play all day in the background) on Christmas Day, we are reminded of the innocence of childhood and the joy of finding an anticipated gift under (or behind)

C...freshly cut Christmas trees smelling of stars and snow and pine resin – inhale deeply and fill your soul with wintry night..." — John Geddes, A Familiar Rain

ace. Once the publication reached American shores, the upper class — especially those living on the East Coast — readily adopted the custom.

Christmas trees reflected the changing times, and continued to make history. By the turn of the century, they were commonplace in American homes, now larger (and more lavishly decorated) than their counterparts in European parlors. While Germans continued to garnish their trees with more traditional ornaments - nuts, berries, gingerbread, colored paper — Americans elevated tree decorating to a whole new level, illuminating their trees

of trees. A 35-foot-tall Fraser Fir sits on display in the Banquet Hall of the main house: a 55-foot Norway Spruce stands like a giant statue on the front lawn; and countless other lighted trees are artfully placed all over the grounds of the Estate.

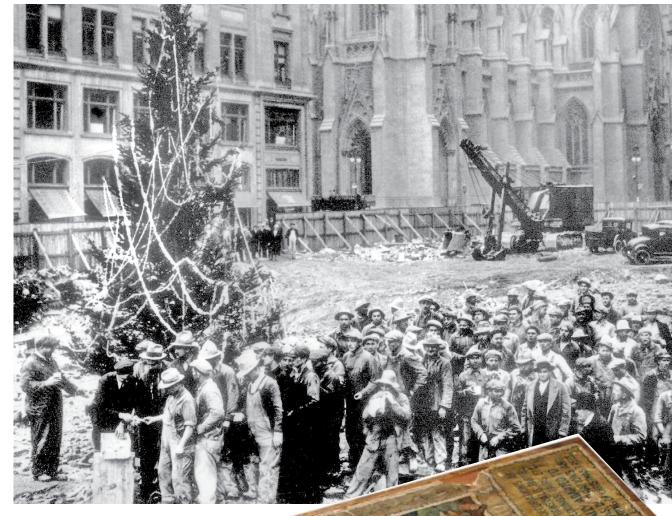
The Commercialized **Christmas Tree**

Christmas trees — once communal, then personal — went commercial. As the nation industrialized and grew, the Christmas tree commercialized, becoming a cornerstone in the American holiday. From the magical growing Christmas tree in Tchaikovsky's Nutcracker ballet to Charlie Brown's sad

the tree. In a sense, this festive evergreen symbolizes the eternal power of giving, especially in an era of fast-paced technological advances and impersonal interactions.

The Nation's Best

Originally, all Christmas trees were cut in the wild. Today, the vast majority are grown on Christmas tree farms, many of which reside in Western North Carolina. The first commercial Christmas tree farms dotted the American countryside in the mid 19th century. With nearly 15,000 farms in the U.S., around 25 million trees are sold annually. Annual tree sales exceed \$1 billion, and



Above, A group of construction workers erected the first **Rockefeller Center Christmas** tree in 1933. Photo: Rockefeller Archive Center. Right, the General Electric Christmas lighting outfit, the first set offered for sale to the public. Circa 1903-1904. Photo: The Antique Christmas Lights Museum.

North Carolina is second only to Oregon in tree production. Trees are bought and sold wholesale, on "choose & cut" farms, on retail lots, and by mail order. While the nation's best-selling tree is the Scotch Pine, the aromatic and soft-needled Fraser Fir is the most popular

Christmas tree grown in our state. Occupying nearly 40,000 acres in the western counties, the mountains are a prime growing location for this species. Selected as the White House's official Christmas tree over a dozen times, the Fraser Fir has been "judged the Nation's Best through a contest sponsored by the National Christmas Tree Association," according to the North Carolina Christmas Tree Association. And although it is native to our neck of the woods, it is shipped and sold all over the world.

Artificial trees first appeared in 19th century Germany. With advancing

symbolized the life-giving promise of spring following the death brought on by frosts of fall. Most legends and lore and even historians — acknowledge the Germans for first conceiving the Christmas tree tradition. Today, this tradition is represented around the globe. From Mexico to Japan, and Greenland to South Africa, Christmas trees stand tall. Like the icy filigree unique to each individual snowflake, no two Christmas trees are alike. And yet there's just something about an illuminated tree that serves

Originally, all Christmas trees were cut in the wild. Today, the vast majority are grown on Christmas tree farms, many of which reside in Western North Carolina.

to unite. Perhaps it's the intoxicating, fresh-forest scent. Or the way it draws the whole family around, engaging them in light-hearted laughter and conversation. Maybe it's the brightly colored lights, softening the harsh image of our world and the depths of our hearts. It could be nostalgia or a common connection to Christmases past. Whatever the reason, and to whomever the tradition can be traced, the Christmas tree still serves to brighten lives even on the darkest days of the year. 🔳

urbanization, the demand for livecut trees decreased. Conservationists worried about deforestation. Live-cut trees became less practical for apartment living. The desire for artificial trees grew, and soon spread to the U.S. Originally, artificial trees were made of dyed green feathers – goose feathers, to be exact – secured to wire branches. By the 1930s, artificial trees made of brush bristles became popular. In mid-century, aluminum was the primary material, and today artificial trees are generally made of PVC plastic (for both practical and aesthetic

reasons). Eventually, the pendulum swung back — seeking to re-connect with nature and traditional Christmas roots, many Americans living in urban centers now opt for live trees.

In many cultures, the immortal evergreen has long commemorated the festivities of winter, both secular and sacred. From time immemorial, evergreens have

Right, By mid-century, aluminum was the primary material for Christmas trees.



WORSHIP / OUTREACH

ON THE ROAD



Children's Clothing Drive

Winter is almost here and there are many children living in poverty without proper clothing to keep them warm — in particular, the low-income housing communities in Asheville. There is a true need for children's clothes and shoes. New Moon Market-



place will accept your used children's clothing throughout December. Please drop off bags or boxes of kids coats and other outerwear, clothing and shoes at the front counter of New Moon. We can each and all make a difference this winter! Call 222-2289 or email contact@newmoonmarketplace.com for more information. New Moon Marketplace is located at 1508 Charlotte Highway just before the intersection of Cane Creek Road.

Christmas Events and Services

Abiding Savior Lutheran Church 801 Charlotte Highway Sunday, December 24 **Christmas Eve family-friendly** worship service 11 am **Christmas Eve candlelight**



Angels of Fairview **Holiday Meal Drive**

ngels of Fairview cordially invites you to participate in our 10th Annual Holiday Meal Drive. Tax-deductible donations will be accepted through December 20. Checks should be made payable to "Angels of Fairview." A donation of \$50 secures a complete prepared meal for a family of four to six people (meal includes 10- to 12-pound turkey, 2 side dishes, rolls and a dessert).

Angels of Fairview is a 501-3c non-profit group of community members who want to make a difference. Families in need are identified by the counseling departments at Fairview and Cane Creek schools. In addition to providing holiday meals at Thanksgiving and Christmas, we have also assisted families in need with power bills, car repairs, eyeglasses and clothing. We have provided gas and restaurant cards to families with a loved one in the hospital. Several victims of house fires have benefitted from our assistance. Our endeavors are funded by the generous donations of this community

From our family to yours, thank you for your continued support of Angels of Fairview and more importantly our community! Contact Ron Gortney at 775-7750, Laura Booth at 216-6002 with any questions.













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a. Martha and Ross Sloan took the Town Crier to Italy when they visited their daughter Grayson, who is studying art history in Cortona. After visiting Grayson, they spent a few nights in Cinque Terre and Rome.

b. Grandma, star of the Big Apple Circus, reads the Crier between shows at Lincoln Center. Greg Phillips was performing in New York City and bumped into Grandma, star of the Big Apple Circus, who was looking for some reading material between shows. Greg pulled out a Crier and gave Grandma a peek into our community here. Apparently "she" was amazed.

c. Randy and Claudia Sullivan in front of one of the colorful trams of Lisbon, Portugal.

d. Lisa Cullum Pelly and Morgan Pelly took their Fairview Town Crier on vacation to the Upper Peninsula of Michigan for their 25th anniversary. They had a fantastic time camping right on the edge of Lake Superior in Munising, MI.



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James E. (Jim) Webb

im Webb, of Smith Knolls Road in Fairview, passed away November 7, just a little more than seven weeks after the death of his wife Jeanne. Jim and Jeanne were a special couple, devoting countless hours to enriching the Fairview community. They had been married 61 years.

A native of Asheville, Jim was a graduate of Swannanoa High School and NC State. He had a 33-year career with the U.S. Forest Service and had a deep love of the natural world. He shared that love with his community, spending his retirement years on projects that both beautified and enhanced landscapes in our area. Not only did his neighbors ben efit from his patient advice, but he also

spearheaded the Scenic Byway Project, designed and implemented the landscaping for the new Library, and served as a board member of the NC Arboretum.

Fairview has lost a very special individual, someone who set a high standard for personal involvement and tireless giving to his community.



Above: Jim even donned a wig and robe to perform

another stalwart supporter of the library, Jane Mitch-

ell). Right: Planting one of many trees at the library.

in a children's play at the library. (Seen here with



active with Friends of the Fairview Library. Jeannie (fourth from left, Jim (fifth from right) unloading books for the annual book sale at the community center. Above: Jim giving one of his frequent talks at the library





Richard Morgan Celebrates 100th Birthday

Garland Richard Morgan (better known as Richard) of Fairview will be having his 100th birthday in December.

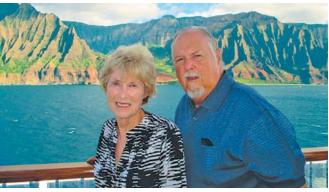
Richard was born and raised in Fairview, is a WWII veteran and served in the Military Police with the Air Force from 1941- 1946. Richard then worked second shift at Beacon Manufacturing Company in Swannanoa from 1946 to



1966 while doing road work, grading, landscaping and various other odd jobs in the morning.

After leaving Beacon, Richard ran his own business, as well as a saw mill, until his retirement. Richard married Margaret Keever in 1948. They had five children Tony, Doris, Wanda, Randy and Sandra; six grandchildren; and seven great-grandchildren. Richard was a faithful member and Deacon of Laurel Spring Baptist Church for many years. He has always been a loving husband and father and a pillar of our community

A 50th Wedding Anniversary Cruise for the Lankfords



Three Generations Enjoy Dinner Date



Larry and Lois I ankford celebrated their 50th wedding anniversary on November

They commemorated the occasion over the summer on a family trip to Hawaii

Three generations enjoying some Mexican food at Nachos and Beer Grandma Betsv Vainio, mom Leigh Johnson, and baby Iris Johnson, who was only two weeks old in this recent photo.



We are a veterinary relationship!

828.628.9908 1548 Cane Creek Road in Fletcher

Blair Holland Clark

D

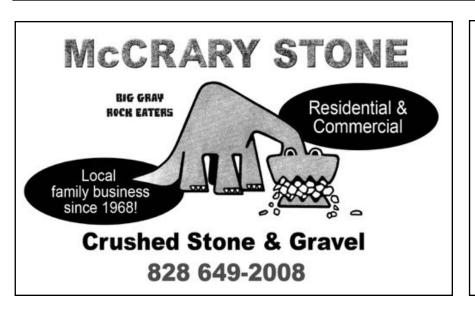
He was born June 2, 1952 in Houston, TX, to Fred and Patricia Clark. He attended high school at Tehran American School in Iran, undergraduate at East Texas State University, and received a Masters in Counseling from James Madison University. He met and married Kay on June 14, 1986 and in 1991 moved to Asheville with his family. Blair worked tirelessly in the mental health and substance abuse community of Western North Carolina, where he made a transformative and permanent impact on everyone who was fortunate enough to know him professionally and personally. He enjoyed gardening, motorcycles, and writing. He was a regular contributor to the Fairview Town Crier with his column "You Are Here" and authored a book entitled A.W.A.Y.: Answers to What Ails You.

Services will be held Friday, December 1 at 2 pm at The Cathedral of All Souls in Biltmore Village. Memorials may be made to the Sunrise Recovery Center by going to their website at sunriseinasheville.com.



(left to right) Craig DeBrew of Duke Energy presents the Community of Promise Award to Upper Hickory Nut Gorge Community Center members Jean Bradley, Susan Bancer, Jim Sane, Sylvia Sane, Margaret Whitt, James Earnhardt, and Lynn Morehead

The WNC Honors Awards gives \$1,000 each to rural community development clubs for their innovative ideas and grassroots solutions.



lair Holland Clark died in character at home peacefully after a protracted battle with ALS on the evening of November 8 at the age of 65.

He is survived by his wife Kay Mantiply Clark, his son Macon Clark, his brothers Chris and John Clark (Eileen) and his sister Candace Clark (Jeremy Grenade) and several beloved nieces and nephews. He was preceded in death by his parents, and two of his brothers, Don and Patrick.

Kay and Macon are deeply grateful for the loving kindness and support of friends and family and for the services of Dr. Amy Santin and staff of MAHEC Cane Creek, CarePartners Home Health and CarePartners Home Hospice, Dr. John Langlois, and to caregivers Dawn and Eryn and the other buddies and "regulars."

SMCC Seeks Experienced Gardener

At Spring Mountain Community Center, Jim Smith started a community garden just over a year ago. It has done well, with about five volunteers and others that help out. It is in need of someone to take it over and work with Smith to expand.

About four months ago the SMCC purchased land next to its current site. An evaluation was done on the land in the spring. Several areas were iden



tified, one of which has garden potential. Other areas are trails of wild flowers; plantings of more trees, especially more fruit and nut trees and forest gardening; creek protection; and as part of garden area, planting some small fruits.

The need is for someone who can work closely with volunteers, has experience with gardening, and can help promote future projects.

You would work closely with Smith but have freedom to make your own choices in the garden. If interested or for more information, call Jim Smith at (864) 313-5106 or email jimsmith1945@gmail.com.

UHNGCC Wins Community Innovation Award



Fairview Native Hanna Harvey **Crowned Miss** Asheville

Congratulations to Hannah Harvey, Miss Asheville 2018.

Hannah is a junior at Appalachian State University and the niece of David and Penny Dalton of Fairview.

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Choosing a Pet This Holiday

s we enter the holiday season, there will be many families who want to expand by getting a new pet. Puppies under the Christmas tree, a Solstice kitten, maybe a ferret or a reptile.

While pets can bring hours of amusement, years of love and companionship, you are accepting responsibility for the health and welfare of another living thing. You are committing to caring for this animal for its entire life, and are responsible for its impact on the rest of your family, your other pets (if you have them), and your community. Invest time to make an informed decision about the best pet for you, and to have appropriate expectations for them. Below are some good questions to think about before you adopt.

What are you looking for in a pet? A companion while running or mountain biking? A pet that is easy to care for? Some dogs can be very time-consuming with social expectations; some cats prefer limited interactions; and reptiles and other exotics take more care in their husbandry to ensure a healthy life.

Do you already have other pets? How will they tolerate another pet? Do different species live peaceably together?

Does your housing or community present any restrictions for type, size and number of pets?

Are you able to provide the care and time that a pet may require? How long will this pet live? Some birds can live 70 years, but small mammals may only live 3-5 years. Some animals need regular exercise and feeding. If you work long hours or travel frequently, who will provide care?

Can you afford the cost of care for **your pet?** For dogs, cats and horses, regular vaccinations, spay/neuter surgery, and preventative medicine are needed for a healthy life. While most exotics do not need regular vaccinations (except ferrets), they still need checkups and can have health

If you already have a family veterinarian, they can help with some of your questions. They will want you to choose a pet that fits your needs or expectations. Unfulfilled

expectations are the primary reason that animals are given away, abandoned or taken to shelters. While families should involve children with the care of pets, it is ultimately the adults who are responsible for them.

More specific answers may be needed when you have decided what species/breed of pet vou want.

Doas

Are you able to exercise a dog enough? A vizsla needs more running than a chihuahua. A working breed needs a job (whether it is herding sheep or heeling to your mountain bike).

Are you willing to handle the grooming needed? A standard poodle needs more hair care than a short haired pointer.

Rabbits and Ferrets

Can you pet proof your house enough to keep a rabbit or ferret safe? Some may like to chew on cords and furniture. Are you knowledgeable about their diet needs?

Birds

Birds come in many different colors, sizes

and personalities. They all require skill, knowledge and commitment to care for properly. While larger parrots can be very interesting, an inexperienced owner may want to start with a smaller bird, such as a cockatiel or parakeet.

Reptiles

These pets encompass many different species, which requires you to research the animal you want, and provide the environment that they need. Do they eat only insects, meat or plants? What temperature and humidity is best for them? Most health issues come from incorrect diet or husbandry.

There is a fascinating assortment of animals that we choose to live with and care for. Understanding their unique needs will only increase their health and your enjoyment of having another animal to share your life with.

Sarah Hargrove is a Doctor of Veterinary Medicine at the Cedar Ridge Animal Hospital.



Local Animal Shelters and Rescue **Organizations** animalhaven.org

Animal Haven Asheville of Asheville Humane Society 761-2001 ashevillehumane.org

Brother Wolf Animal Rescue 885-3647 bwar.org

Charlie's Angels Animal Rescue 885-3647 wncanimalrescue.org

a. Alfalfa is a brindle Terrier mix puppy who was born sometime in August 2017. He's super sweet and is starting to be curious about everything in his world. Charlie's

b. Cheddar, whose nickname is Yellow Mellow because he's so laid back and doesn't get stressed out easily, is a domestic short-haired kitten who was born on August 6 2017. He's fairly easy to give pills to and you can trim his nails if needed, and even seemed to like his car ride.

c. Xena, an 8-year-old tortoiseshell, lives up to her Warrior Princess namesake. You know, that famous "torti-tude." Xena is a loving kitty, but it has to be on her terms. You don't pet her, she pets you. Just hold out a handful of treats and you'll get all the head bonks in the world. Xena needs a cat-savvy person to love! Her previous owner passed away and she's been waiting two months for a new family. Asheville Humane

d. Precious is a 10-year old Catahoula Leopard dog/Terrier mix. Don't let her age fool you – this older girl still has spunk! She's likes to go for walks and loves treats! We have observed her doing well in our doggie playgroups. Asheville Humane Society

FOR THE BIRDS SIMON THOMPSON

Accipiters at Your Bird Feeder

flash of gray speeds past your window; there's an explosion of feathers and the now-empty bird feeder is slowly swaying in the breeze. There are no birds to be seen and all is quiet. A mediumsized, gray-backed, long-tailed raptor is sitting in a nearby tree pulling feathers from a dead mourning dove.

There are 2 birds of prey that regularly visit bird feeders. The Cooper's hawk is the larger of the two, and a large female may be a little larger than a broad-winged hawk. The smaller sharp-shinned hawk is more uncommon in our area, with only a handful of pairs breeding in our mountain forests. A male can be just a little larger than a robin but just as aggressive at picking off smaller birds in wooded habitats.

Hawks that Hunt Birds

Both Cooper's and sharp-shinned hawks are accipiters, a small group of bird-hunting hawks within the larger birds of prey family. The adults of both species have slate-gray backs with finely barred chest and underparts. Their wings are rounded and their long tails are banded with black and gray – both perfectly adapted to flying very rapidly through thick forests. The birds use their tails as rudders, as they use speed and maneuverability in order to ambush their

The third member of the group is a very rare bird this far south. The Northern





299-1635

Goshawk prefers the spruce-fir and northern hardwoods forests of the far north, where it hunts larger bird species such as ruffed grouse. There are a few records for both North and South Carolina, but overall this species remains a very uncommon bird indeed.

Cooper's hawks are far more common, and have adapted to our more suburban, and even urban, surroundings. As long as there are tall trees, these large hawks are happy to move into our neighborhoods, where they can conceal their nests in dense vegetation high in a tree. The smaller sharpshinned hawk is also a

visitor to our feeders, but they aim to snag a smaller bird, such as a titmouse or cardinal, while the Cooper's hawk prefers birds the size of a mourning dove but will also take smaller birds such as robins

Telling these hawks apart can be challenging. Cooper's is overall a larger bird, but this is very hard to distinguish from just seeing a single bird. One has to then look at



Cooper's hawk. Photo by Simon Thompson

features, such as flight pattern, wing beats and overall shape. A Cooper's hawk flying overhead tends to look like a cross with a prominent head extending in front of the wing's leading edge. The tail is long with a rounded tip, which often has a white fringe at the tip. The flight pattern of the smaller sharp-skin is more rapid and dove-like and the tail has a squared-off tip. Youngsters are similar in shape and size to the adults,

but are browner above with heavy streaking below

Another reason that these accipiters are moving into neighborhoods is due to our habit of feeding birds. By filling our feeders and hanging out suet cakes, we are essentially laying out a buffet for these hungry raptors to enjoy. We can't blame them for taking advantage of a perfect feeding opportunity, and whether we like it or not, these birds are only doing what comes naturally. They have to eat as well, and if all of the data from years and years of Christmas Bird Counts is accurate, there are more small songbirds, such as cardinals and titmice, than ever before.

So, this winter when a Cooper's or Sharpshinned hawk stakes its territory near your bird feeder, take your time and study the accipiter. Look at the size, shape, length of tail and how it flies. Watch how it hunts and forgive it for doing what it is programmed to do when it grabs a bird.

Nature is just doing what comes naturally! And one more thing, the birds will come back to the feeders again after the hawk has left.

Simon Thompson has lived in WNC for the past 20 years. He owns and operates his own birding tour company, Ventures Birding Tours. birdventures.com. If you have birding questions, please drop him an e-mail at the above site.

RALEIGH REPORT JOHN AGER

Can You Afford to Retire Early?

ome people dream of retiring early. Are you one of them? If so, you'll need to plan ahead – because a successful early retirement can't be achieved through last-minute moves.

So, if you're determined to retire early, consider taking the following steps:

- Pick a date. Early retirement means different things to different people. But it's important to pick an exact age, whether it is 60, 62, 64, or whatever, so you can build an appropriate retirement income strategy.
- Think about your retirement **lifestyle.** You may know that you want to retire early – but have you thought about what you want to do with your newfound time? Will you simply stay close to home and pursue your hobbies? Do you dream of spending two months each winter on a tropical island? Or are you thinking of opening your own small business or doing some consulting? Different retirement lifestyles can have vastly different price tags. Once you've envisioned your future, you can develop a saving and investment plan to help you get there.
- Boost contributions to your retirement plans. If you want to retire early, you may well need to accelerate your contributions to your

retirement accounts, such as your IRA and your 401(k) or other employer-sponsored plan. You may need to cut back in other areas of your life to maximize the amounts you put into your retirement plans, but this sacrifice may be worth it to you.

- Invest for arowth. Your investment strategy essentially should be based on three key factors: your goals, risk tolerance and time horizon. When you change any one of these variables, it will affect the others. So, if you shorten your time horizon by retiring early, you may well need to reconsider your risk tolerance. Specifically, you may need to accept a somewhat higher level of investment risk so you can invest for greater growth potential.
- Keep a lid on your debt load. It's easier said than done, but try to manage your debt load as tightly as possible. The lower your monthly debt payments, the more you can contribute to your retirement plans.

Life is unpredictable. Even if you take all the steps described above, you may still fall short of your goal of retiring early. While this may be somewhat disappointing, you might find that adding just a few more years of work can be beneficial to building resources for your chosen retirement lifestyle. For one thing, you can continue

contributing to your IRA and your 401(k) or similar employer-sponsored plan.

Plus, if you're still working, you may be able to afford delaying your Social Security payments until you're closer to your "normal" retirement age, which, as defined by the Social Security Administration, likely will be 66 or 67. The longer you put off taking these benefits, the bigger your monthly checks, although they will max out once you reach 70.

And even if you are not able to retire

early, some of the moves you took to reach that goal – such as contributing as much as you could afford to your IRA and 401(k), controlling your debts, and so on - may pay off for you during your retirement - whenever it begins.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor Stephen Herbert contact 628-1546 or stephen. herbert@edwardjones.com.

OCTOBER FAIRVIEW REAL ESTATE STATISTICS				
		Max \$	Lowest \$	Average \$
Homes Listed	17	1,600,000	183,000	480,529
Homes Sold	13	\$640,000	150,000	360,200
Land Listed	8	2,500,000	35,000	432,500
Land Sold	8	679,000	25,000	226,738

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.







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The Dillon Rule: Does Raleigh Know Best?

sheville and Buncombe County have been targeted by the North Carolina General Assembly in the era of Republican dominance in Raleigh. Voters in Asheville in the recent election resoundingly rejected Raleigh dictating district elections in the city by a 3 to 1 margin, setting up yet again a costly battle in the courts. Districts have been in place for Buncombe County Commission races for three election cycles. Moreover, the General Assembly unsuccessfully attempted to transfer the Asheville water system to the MSD (Metropolitan Sewage District) after years of back and forth litigation. The Asheville Airport board was successfully reconfigured. Sales and Privilege tax revenues have been lost to the city, and the list could go on. What then is the legal arrangement between the General Assembly and local government entities? Is a Raleighknows-best approach a disavowal of small government Republican values?

Local governments in the United States have two basic structures: Home Rule or Dillon's Rule. As the name implies, Home Rule allows local governments (municipalities and counties) wide discretion in making policy decisions. On the other hand, Dillon's Rule states only allow local authority over specifically granted powers. If the state legislature has been silent, local governments have no authority to act. North Carolina is a Dillon's Rule state.

From a political science point of view, there

are pros and cons to both arrangements. Statewide consistency in rules and regulations is a desirable outcome of Dillon's Rule, especially for companies considering a move into the state. On the other hand, local governments, especially large cities, often have policy issues that they need resolved and resent the meddling from the state house.

Historically, North Carolina has been a rural, small-town state. State management of policy makes more sense when that is the case. However, our state is growing rapidly, especially in large urban areas around Charlotte, Raleigh, Durham, Greensboro, and Winston-Salem. Managing large cities requires a lot more planning, transportation, zoning, education, and so on. In short, they require a lot more political decision-making to be successful. Urban areas tend to be more Democratic than Republican, in part because robust government is a necessity. Urban areas tend to be more ethnically diverse, and they are engines of economic vitality and wealth creation. North Carolina is now the ninth most populated state, at just over 10 million residents.

What happens when state government is dominated by rural legislators who bring with them an anti-urban bias? The result is likely to be Dillon's Rule overreach in trying to micromanage local governments. It was a state legislator that famously called Asheville the "cesspool of sin." And it is a debate that goes back to Jefferson and Hamilton and the founding fathers. Jefferson extolled

the virtues of the independent yeoman farmer (even while he lived off the labor of slaves), while Hamilton believed the future of the nation was business and commerce.

The infamous House Bill 2 (the bathroom bill) was primarily an assertion by the General Assembly of its power as a Dillon's Rule state. The preamble to the bill cites the state constitution and declares that local governments must have permission from the legislature to enact certain policies. It arose out of an effort by the Charlotte City Council to make accommodations for transgender bathroom use. The bill also forbade local governments from enacting minimum wage requirements and other commercial rules. While the bill was supported by the state Chamber of Commerce, political opposition and actual boycotts came from sports leagues and many corporations. It was a highlight of the different policy outlooks in the urban/rural political divide in our state.

Interestingly, the partial repeal of HB 2 (HB 142) restated that "No local government in this State may enact or amend an ordinance regulating private employment practices or regulating public accommodations." But this provision sunsets at the end of 2020, seemingly opening the door to more home rule after that date.

Circling back to the Asheville Districts vote, North Carolina's Dillon's Rule appears to be heading to court once again. The bill, introduced and championed by Senator

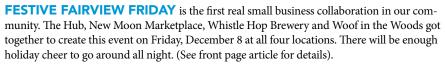
Chuck Edwards (who represents much of Fairview, including yours truly), requires that six districts be drawn for the six Asheville city council members. Only those living in each of these districts would vote for their single representative. The mayor would run "at large." (Everyone in the city would vote for the mayor). The bill required that the districts be drawn by November 1, a week before the last election. The city placed a referendum on the ballot that they believed was binding. and the districts were voted down handily. Every precinct with over 10 votes voted "No" although the TC Roberson District was close. A group created to encourage people to vote "Yes" was funded in large part by hotels in Asheville. After the vote, Senator Edwards declared the vote a sham. The city, on the other hand, said the vote precluded them from drawing any districts, and that there was state law supporting this view. Once again, the bulls eye will be on Dillon's Rule as the court unravels the legal conflict. I salute my readers for wading through this arcane but important matter regarding how the General Assembly and local governments interact with each other. And as always, I thank you for the opportunity to serve you in Raleigh.



Rep. John Ager, District 115 North Carolina House of Representatives



HUB HAPPENINGS SANDIE RHODES



SATURDAY HOURS FOR DECEMBER will be 11 am-3 pm. Both The Hub and the Crier are closed the first week of January but will be back starting Monday, January 8, 11 am-5 pm.

STOCKING STUFFERS, ONE OF A KIND GIFTS & GIFT BASKETS We've got unique little gifts from \$4 to \$400, depending on your budget. Stop by and let our Head Elf help you make someone very happy with a unique and beautifully wrapped gift. Free wrapping with purchase of \$20 or more all through December.



NEW AT THE HUB Wow – have we gotten in some different things! We're in Hub love with these sturdy feed bags, fully lined and ready to do duty, created by Beth Duhaime of Imagine Design Crafts.

Ever heard of a Firecracker vase? Well, clay artist Pat Van

West got creative and decided o see what happens when a ighted firecracker is put inside a a small formed pot. The results are always different but also amazing. Each is as unique as you can get, ready for a little lower to hang on your wall.

How about an extra-special nostess gift this season? Cindy Christenson's carved goose egg ornaments with tea lights will do the trick. Remember when we all sent

out 50 or 60 Christmas cards? Well if you're at all like me, that's lown to 5 to 10, so make them special, hand-crafted cards that will stand out among the rest.





and so much more

GIFT WRAPPING is available for those with two left thumbs. Just bring your packages in and we'll give them back all gussied up.

PARTY ROOM

Want to have a staff lunch in a beautiful setting with privacy and room to spread out? The Hub Meeting Room is only \$25 per hour and you'll be surrounded by spectacular local art and a gorgeous Victorian Christmas tree. We have a kitchen and seating for 30. Call 628-1422 to book

BUSINESS SHORTS



Congratulations to Michael Trayford of Apex Brain Center, who has been named "Functional Neurologist of the Year" by the International Association of Functional Neurology and Rehabilitation

Lots of congratulations to go around this month. Culture Magazine (culture as in cheese culture, not upbringing!) named Looking Glass Creamery's classic English-style cheddar, a dense, raw, buttery cow's milk cheese, as **Best Cheese of the** Year! Congratulations! More news on the horizon about their

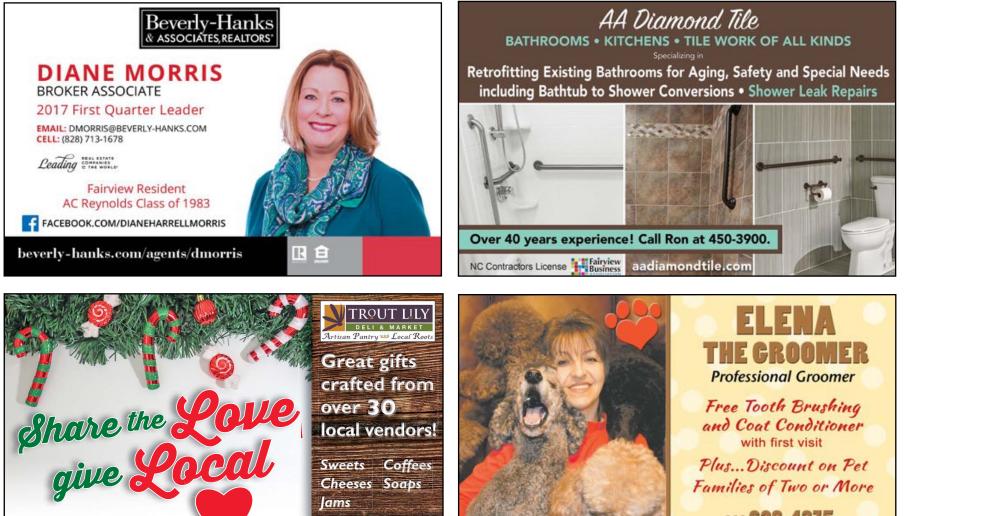
expansion of product line and facilities. Late congratulations to Mary Palermo of Rainbow International

of Asheville for being selected 2017 "Woman of the Year" by Rainbow International, Inc. in late September.

Folks have inquired about the building on the corner of Charlotte Highway and Sharon Road. Well, we hear it's going to be a **used** car dealer. Stay tuned.

Some big news coming in the new year from Cindy and Larry Harrington of Steam Master Carpet & Upholstery Cleaning on Cane Creek Road. You'll just have to wait and see.

The temporary Consignment Shop in the old stone building opposite Food Lion (1349 Charlotte Highway) has been closed and the space has been rented. New hours in 2018 for the Fairview Town Crier. Come January the Crier and The Hub will open Monday–Friday, 11 am–5 pm and by appointment for other hours.



828 628-4375 1185-E Charlotte Hwy, Fairview



Welcome New Members

• Andrea Bryson & David Huebner of Clothes Mentor

The Fairview Business Association has grown and evolved over the many years since it was founded. We've taken a try at **NEW MEMBERSHIP SPECIAL** different business projects, such as doing a trade show, having a coffee "Meet & Greet," etc., and what we've found is that networking and socializing with local business folks works best for actually bringing new What You Get as a FBA Member customers to our members. When folks can Your \$60 yearly membership includes: put a face to the name, they remember you. • Listing in the Directory at right printed And our community is made up of mostly every month in the Town Crier. people who want to support each other and Displaying business cards on the bulletin who will choose a neighbor business before a "Yellow Pages" business every time. • Listing on fairviewbusiness.com (logo, And that's the value of attending a meet ing now and then. We have them on dif-• Networking events throughout the year. ferent days and even different time. To get the most for your membership, you should

pop in once in a while and let everyone recognize your face and get to know you and what you do.

December FBA Holiday Party

On December 4, FBA members will enjoy a social event to celebrate the end of a year's hard work. The event is at Highland Brewing and starts at 6 pm with buffet dinner at 7 pm and dancing to Dulci Ellenberger's trio, Fwuit, starting at 8 pm and going until 9:30 pm. The food will be catered by Barbara Trombatore, who feeds a hot and cold healthy lunch to hundreds of folks every





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TROUT LILY MARKET 628.0402 | 1297 Charlotte Hwy | troutlilymarket.com

week at The Welcome Table. Highland runs the cash bar, which features beer, wine, and soft drinks. Members should bring dessert items to fill the goodie table and a \$25-\$35 door prize if they'd like to participate.

Join now and get the rest of 2017 olus 2018 membership, all for \$60!

- board outside of the Fairview Post Office.
- photo and link to email and/or website).
- Opportunity to host a member meeting.

Visit fairviewbusiness.com to join

online via Pay Pal or your credit card. Be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications.

You can also mail your \$60 check payable to FBA to: Fairview Business Association. PO Box 2251, Fairview, NC 28730 or drop it by the The Hub/Town Crier's office at 1185-G Charlotte Highway, Monday-Friday, 10 am-5:30 pm (cash/check only). A fourth option is to join at a members' meeting.

1003 Charlotte Hwy (across from Dollar General)

KEEP IT LOCAL with FBA Members

Accounting/Bookkeeping
My Office Wizard
Architecture
Rueger Riley
Artists/Artisans
Mountain Glass Werks 424-1077
Silverpoem Studio
Auto/Truck Sales
High Country Truck & Van 222-2308
Financial Planning/Mortgages
Union Home Mortgage Bankers243-4687
Edward Jones
Building/Maintenance Services
AA Diamond Tile 450-3900
All Seasons Heating & AC 651-9998
Balken Roofing
Cane Creek Concrete
Daylight Asheville778-0279
Vintage Remodeling
Business Services
Asheville SCORE
Crunch Media
OMH Solutions (Wellness)
PostNet of Central Asheville
The Hub of Fairview
Cleaning Services
Cinderella Cleaning Service
Rainbow International
Steam Master Carpet &
Upholstery Cleaners
Computer Services MacWorks
Mac works
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Bostic Builders
Cool Mountain Construction
Moose Ridge Design & Const
Richard Killian Construction
Dance Lessons/Events
Dance For Life
Education/Instruction
Advanced Educ. Tutoring Center 628-2232
Fairview Preschool
Rising Star Magic/Comedy/
Motivational Speaker
Mighty Oaks Montessori School 338-0264
Emporium/Flea Market/Gift Shop
New Moon Marketplace
The Hub of Fairview
Equipment Rental & Repair Services
Carolina Equipment Rental
Ed's Small Engine Repair
Eyecare Center
Elite Eye Care
Flooring – Retail and Commercial
CC Flooring
Home Inspections
Mountain Home Inspections
House Rentals – Short Term/Vacation
Bearwallow Cottage 712-2651
Cloud 9 Relaxation Home 628-1758
Sabél Apartments
Sunset Hollow Vacation Rental
The Cove at Fairview
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Financially Complete 230-8168
Gloria Berlin Agency/Allstate 298-2483
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A Cycle of Life and Trees

s the holiday season comes around, some folks face a quandary over environmental repercussions of and sustainable alternatives for enjoying festive Christmas trees. If you enjoy the fragrance of a fresh tree, what are some of your options?

Tree farms constitute a significant portion of the WNC agricultural market, with NC growers producing over 20 percent of real Christmas trees in the United States. Shopping local can be one community-conscious way of choosing your tree. NC has over 300 growers, many of whom offer a variety of pick-your-own-tree services.

"NC Cooperative Extension certifies Integrated Pest Management (IPM) farms, which minimize the use of pesticides as much as they can," says Roan Stewardship Director Marquette Crockett.

According to NC Cooperative Extension, IPM is a way to use less pesticides and fertilizer to grow Christmas trees. Farmers learn new skills for cultivating trees, such as scouting to identify pests early on, differentiating pests from beneficial insects, and growing a cover crop around trees to reduce erosion and promote biodiversity. IPM techniques minimize the use of pesticides and fertilizer, which helps protect water quality. Studies of aquatic insects have shown that Christmas trees grown using IPM have little effect on bordering streams. Although IPM methods may require more work, they have less environmental impact, can save money



The remnant agricultural conifers removed to improve Golden-winged Warbler habitat.

by using fewer fertilizers and pesticides, and often result in better-quality trees because problems are identified early.

"Another sustainable option would be a balled and burlapped tree, native fir or otherwise, that could be planted after its festive use has passed," says SAHC Stewardship Associate Sarah Sheeran. She recommends that purchasers consult with a local nursery for these alternatives.

Returning the Forest to the Birds

Last year, the Southern Appalachian Highlands Conservancy (SAHC) received support from Audubon NC to perform Golden-winged warbler habitat restoration on a conservation property adjacent to

the Hampton Creek Cove State Natural Area in the Highlands of Roan. A portion of the land had previously been used to grow Christmas trees. Six acres of leftover agricultural conifers were removed to restore native open and shrubby areas. with the hope that neotropical migratory Golden-winged Warblers (GWWAs) would expand their nesting territory from neighboring Hampton Creek Cove.

"GWWAs tend to be averse to conifers (evergreen trees), meaning the six acres of remnant Christmas trees growing on a tract of land SAHC had acquired were theoretically keeping GWWAs from nesting in this area despite its close proximity to a

healthy breeding GWWA population," says Aimee Tomcho, conservation biologist with Audubon NC. "As part of a National Fish and Wildlife Foundation grant, Audubon NC was able to help SAHC work with Blue Ridge Aromatics to harvest the remaining Fraser Firs, opening approximately 10 total acres of high-elevation successional fields to make room for the GWWA. Spring 2017 surveys revealed two new GWWA territories were established in this area!"

True to the spirit of sustainability and resource repurposing, Blue Ridge Aromatics, a craft essential oil distillerv based in Asheville, recycled the removed trees to produce Fraser Fir Essential Oil. Blue Ridge Aromatics Fraser Fir Essential Oil is available for purchase online, and the company will donate 10 percent of profits from the batch processed from these trees back to SAHC for future land stewardship in the Roan Highlands.

SAHC works to conserve the unique plant and animal habitat, clean water, farmland, scenic beauty, and places for people to enjoy outdoor recreation in the mountains of North Carolina and Tennessee for the benefit of present and future generations. More info at Appalachian.org.

Angela Shepherd is Communications Director of the SAHC in Asheville. She can be reached at 253,0095 ext. 200 or by email at sahc@ appalachian.org. To join in saving the places you love, visit Appalachian.org.



Sugar Hollow Realty • 9 Sugar Hollow Lane, Fairview, NC 28730 • www.dawnmcdade.com

WILD EDIBLES ROGER KLINGER

Eat the Decorations

ecember is upon us and the holiday season is here; the levels of sunlight are shrinking fast; the days are getting noticeably shorter and the winter solstice approaches. For many decades now, being a lifelong fan of the solstice and holidays, I reserve the winter months as a time to prune many of our evergreen trees and shrubs and wander down the rural highways and roadsides in search of beautiful additions to our winter décor.

Special favorites of mine are juniper swags with their fragrant berries and lovely, silvery-blue colors; red sumacs with their rich, fiery-red clusters of berries; and graceful white pine and spruce branches and the beautiful flowers of pansies and violas. All of these shrubs and flowers are common and abundant on our land and in our neighboring areas.

All of our numerous outdoor pots and planters get stripped down for winter and each is filled with a multitude of evergreen branches. I add sumac and mullein stalks for color and texture. These provide a side benefit when snow or ice comes, as songbirds visit all the pots and baskets to feast on the berries. Every February, we find about a dozen bluebirds descending upon our front porch to strip each container of most of the berries, as times are a little tough in late winter. So it's a special treat for the beautiful birds and us humans who love them

Pines, Juniper and Evergreens

For the last few years, we have been expanding our plantings of evergreen trees, as they provide valuable habitat and shelter for birds and other critters and they bring a lot of needed texture, color and beauty to our winter landscape.

White pines grow abundantly and are often used in decorations as swags and runners for the holidays. They also happen to make an excellent tea, especially when mixed with a bit of spearmint or peppermint and a touch of honey. White pine needles are high in Vitamin C and have been used for centuries as a winter tonic to treat colds and infections. The tea is soothing and easy to make. Bring two quarts of water to a boil and turn it off. Add about a cup or two of white pine needles and honey or maple syrup to taste. Some friends love it just straight up but I like to add a little mint. If you let the tea cool down, it can be refrigerated for a week or more. It is truly a refreshing winter beverage and good for your body!

Juniper trees grow easily in our mountain region, and some years the fragrant berries are especially abundant. I have always loved the luminous colors of the foliage and the texture as well. They provide a wonderful contrast in our



Above, juniper berries; above right, sumac and pine/evergreen decorations; right, pansies are great additions to salads and make wonderful decorations on holiday cakes and desserts

hanging baskets and outdoor planter, and like the other cut evergreens, they last all winter just shoved into the dirt inside the pots. The berries are popular with birds but they also lend themselves to a special treat when infusing their essence into butter. Juniper butter provides a unique flavor for roasted pork and veggies, and some friends love it on pasta, as it gives a different twist. Take a tablespoon of dried juniper berries and two tablespoons of sea salt. Crush the berries using the flat end of a jar or a coffee grinder and mix together with the salt. Melt two sticks of butter and stir the berry-salt mixture into the melted butter. It will keep in the fridge or freezer as long as it's sealed. Juniper is also high in anti-inflammatory properties and can be made into a healing salve for sore muscles

Red Sumac Berries

Sumacs are gorgeous shrubs that seem to thrive near and populate roadsides, meadows and sunny fields. The foliage in the fall is spectacular and after the leaves have dropped, the lovely crimson red berry clusters are stunning throughout the winter months. Many songbirds enjoy the berries, and humans do as well! One of my favorite wild edible tonics is sumac lemonade, and it is so easy to make. Pick the berry clusters after a period of sunny days, as rain tends to wash out the flavor. Bring water to a boil, turn the heat off and drop the berry clusters into the water. I love it with a touch of maple syrup. I have also added a touch of mint or lavender to the brew. Sumac berries are high in oxalic acid, the same ingredient found in lemons, and the pink tea is tart and tangy. The ground berries are also wonderful mixed with salt and used to flavor rice and fish.

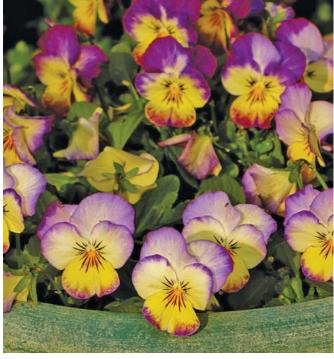
Pansies and Violas

We grow a lot of winter pansies and violas (or "johnny jump ups"), which re-seed vigorously every year and pop up in our walls, driveways and garden beds and bloom profusely all winter. Even after being deluged by ice or snow, they resurrect themselves quickly and begin blooming again. It is great to have a few flowers that can make it through the whole winter. Pansies and violas - which are, in essence, miniature pansies - are great additions to salads and make wonderful decorations on holiday cakes and desserts. The

flowers are mildly sweet, pleasant-tasting and gorgeous. Whenever we make a blueberry pie, cobbler, cake or cheese platter, we usually decorate the outer ring with an assortment of these beautiful flowers, as it makes for a stunning display and kids love to eat the flowers!

So go ahead, be bold, pluck a few of your winter decorations from the yard and try them out in the kitchen. Wow your friends





and families with a bit of wild edible magic from the landscapes of your life. Have fun and enjoy the holidays and drink in the beauty of winter's peaceful essence.



Contact Roger at rogerklinger@charter.net

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Moose Ridge Construction 777-6466
New Moon Marketplace 222-2289
Park Ridge Health 855.774.5433
PostNet of Asheville 298-1211
Prime Time Solutions 275-5863
Ray's Landscaping 279-5126
Scobie.net 628-2354
State Farm Insurance, Tammy Murphy
Steam Master Carpet &
Upholstery Clean 628-9495
Surrett, Mike, Contractor 230-8494
The HUB of Fairview 628-1422
Thomas, Scott, DDS 299-8960
TP Howards Plumbing Co 628-1369
Trout Lily Deli & Cafe 628-0402
Vintage Stock Furniture 318-9166
Western Carolina PT 298-0492
Wild Birds Unlimited 687-9433
PUBLIC SERVICE
Sheriff's Department 255-5000
Fairview Fire Dept 628-2001

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Fairview Fire Dept	628-2001
Garren Creek Fire Dept	669-0024
Gerton Fire & Rescue	625-2779
SCHOOLS	

Cane Creek Middle School	628-0824
Fairview Elementary	628-2732
Reynolds Middle School	298-7484
Reynolds High School	298-2500
	Fairview Elementary Reynolds Middle School

POST OFFICES

Fairview Post Office 62	8-7838
Fletcher Post Office 68	4-6376
Gerton Post Office62	5-4080

COMMUNITY CENTERS

Cane Creek CC	768-2218
Fairview CC	338-9005
Spring Mountain CC	233-5601
Upper Hickory Nut Gorge	625-0264

MISCELLANEOUS

Fairview Town Crier 628-2211
Fairview Business Assoc 338-9628
Fairview Farmers Market 550-3867
Fairview Library 250-6484
Food for Fairview628-4322
The Lord's Acre Garden 628-3688
Meals on Wheels 253-5286

The Spirit of Country Living Is Giving continued from page 1



Go Team Fairview!

chest. So between that and medications that slow the heart way down, a loving partner and great community, I am in good hands and am doing OK.

The outpouring of love and service from my community has been humbling. Friends and neighbors have brought meals, visited and helped out in small and large ways. Last month a friend organized a "Harvest of the Heart" work day and a dozen friends spent the day working to clear out the dead garden stuff. They pulled up dead flowers, dug

beets, chopped kindling, blew leaves and picked up hundreds of black walnuts.

What a great gift of love and community it was for us both and what a lucky man I am, as good friends are gold. Later that day, I thought of how many heartbeats we have over a lifetime. "If you use an average of 80 beats per minute, your heart beats about 4,800 times per hour, 115,200 times per day, 42,048,000 times per year! If you live to be 80 years old, your heart would have beaten about 3,363,840,000 times!"

celebrating 20 years! The Fairview Town Crier THE VOICE OF OUR COMMUNITY" **OFFICE OPEN MONDAY – FRIDAY 10 AM–5:30 PM BIG BLUE DROPBOX AVAILABLE 24/7** 1185-G Charlotte Highway 628-2211 Mailing address: P.O. Box 1862, Fairview, NC 28730

www.fairviewtowncrier.com

CLASSIFIEDS / ADVERTISING / SUBSCRIPTIONS

OFFICE MANAGER Annie MacNair office@fairviewtowncrier.com MANAGING EDITOR Sandie Rhodes editor@fairviewtowncrier.com **EDITOR** Clark Aycock copy@fairviewtowncrier.com **ART DIRECTOR** Lisa Witler ads@fairviewtowncrier.com

EVENTS Annie MacNair events@fairviewtowncrier.com

Submissions/Announcements/Events/Stories

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the Crier's editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Crier reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

Letters of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address, and phone. Email: editor@fairviewtowncrier.com or mail: Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

CLASSIFIEDS

FOR RENT

COMMERCIAL BUILDING right on Charlotte Hwy in Fairview. 1300 sq ft. \$1295. Potential for restaurant, brewery, many possibilities, nice outdoor space along the creek, additional parking available. Up fit to suit. Cool Mountain Realty, 779-4473.

FOR SALE



TAMA IMPERIAL STAR



Hardware & papers included. \$700 or best offer. **IBANEZ ELECTRIC GUITAR**



CHERRY WOOD FULL-SIZE BED, headboard, footboard and wood rails. \$50. Used mattress \$50. Fairview: 628-2069.

FOR SALE (LAND)

FAIRVIEW-WON'T LAST. 3 acres+, guiet, stream, perked for 3 bedrooms. REDUCED from \$79,900 to \$59,900. For directions call owner: 575-4952.

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REAL ESTATE AGENTS! Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

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FAIRVIEW QUICKBOOKS & Accounting Meetup Group QuickBooks Teacher - On Site. You learn how. Farms half price! Brenden 242-0390 Lecture Series: Resolution 2018 - Simplify Your Accounting System, December 5, from 5-7pm www.meetup.com/Fai rview-Quickbooks/

CPA/ACCOUNTANT

20 YEARS EXPERIENCE serving the WNC community. Tax, bookkeeping, payroll, consulting, Business and Personal. Local references. 338-0314

30 THE FAIRVIEW TOWN CRIER December 2017

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ART CLASSES — Age 14 to Adult. Beginner to Advanced Instruction in various mediums, styles and subjects taught by nationally recognized artist, Bob Travers in Fairview location. For more information on classes, visit bobtraversart. com or call 776-6376

MUSIC

EXPERIENCED PIANO TEACHER convenient location on 74A in Fairview. Artistic teaching. Children through adult. Free interview lesson. Call Suzan at 777-0061.

YOGA

YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH **TAMI ZOELLER.** An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class.

NOTICES

NEW SONS OF CONFEDERATE VET-ERANS CAMP (Cane Creek Rifles) meeting at Fletcher Fire Department, Tuesday, December 5 at 6 pm. Find out about your Confederate ancestors and southern heritage. For more information, call 628-1376

Thank you FOR YOUR SUPPORT!

The Fairview Town Crier is a non-profit newspaper in its 21st year of publication. It brings community news and events **FREE** to every mailbox and post office box in Fairview and Gerton and part of Fletcher and Reynolds every month — that's over 8,500 households. Public support is critical to maintaining our office, which in turn supports other non-profits, community and civic organizations, as well as our non-profit mailing permit. This makes postage affordable for mailing. We appreciate your support, when you can, with whatever you're able to give. We love our community and want to hear from you so drop us a line from time to time. Or call, Monday–Friday, 1–5 pm, 628-2211. THANK YOU!

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WEST IN COUNTY! Need lots of space? 3 BR, 3.5 bath, brick, private 2+ acres, HOME WARRANTY, fam rm, 2 FPs, bonus rm, cov front deck, patio, 3-car gar on main, add'I gar in bsmt, *MLS*#3336635, **\$559,900!**



RICEVILLE! Immaculate brick home on level .84-acre lot, 3 BR, 2.5 baths, full unfinished bsmt, wonderful kitch w/dual ovens, den w/FP, heated sunroom, HOME WARRANTY, *MLS#3324002*, **\$369,000**!



LEICESTER! New home, 3 BR, 2.5 bath on .64 acres, kitch w/SS appliances, granite countertops, HW and tile, cov front porch, large open rear deck, 2-car gar, full bsmt, 2 ht pumps, *MLS*#3320486, **\$355,000**!



ARDEN! 2 BR on 1.38 level acres zoned R-3, perfect for multiunit, HOME WARRANTY, fenced yard, cvred porch, back deck, carport, near Ingles & Mission Pardee, *MLS#3321190*, \$310,000!



SWANNANOA! Large open front deck & rear deck, level fenced yard, being sold "as-is", 3 BR, FP in Living Room, vinyl siding, close to schools, detached 2-car gar, great fixer upper, MLS#3314706, \$119,900!



WAYNESVILLE! 3 BR, cottage-like home in a beautiful country setting on .39 acres, very well maintained, close to dining & shopping, out build-ing, long-range views, *MLS*#3296586, **\$70,000**!



FAIRVIEW! 4.78 flat acres on Cane Creek Rd in Cane Creek Valley, property not in flood zone, has well, septic tank - buyer to verify, 330 ft of road frontage, call Elizabeth 712-2469,*MLS*#3296048, **\$425,000**!



NORTHWEST IN COUNTY! Spacious home w/4BR, 2.5 bath on 1.55 acres, full bsmt (some finishing), 2-car gar, deck, HOME WARRANTY, siding, sec sys, LR w/ gas FP, *MLS*#3263712, **\$359,900**!



WEAVERVILLE! 3 BR 3.5 bath, office, cov rear deck, patio, pool, fenced backyard, HOME WAR-RANTY, 2-car gar on main + gar in bsmt, den w/ FP, fam room in bsmt *MLS*#3273008, **\$319,900!**



SOUTH! Wonderfully private 9.54 acres in Hoopers Creek, close to AVL & Hendersonville, wooded, quiet, cascading creek w/waterfalls. Surveyed into 4 lots or suitable for mini estate, *MLS*#3186397, **\$129,500!**



RESULTS!

nding in 13 days
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nding in 14 days
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nding in 1 day
nding in 2 days
nding in 8 days
nding in 28 days
nding in 7 days
nding in 39 days
nding in 29 days
nding in 3 days
nding in 7 days

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