



THE VOICE OF OUR COMMUNITY

# The Fairview Town Crier

SEPTEMBER 2018 VOL. 22, No. 9 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

## INSIDE

Support the Fairview Fire Department & Win a Harley! **P 8** >> Wilderness First Aid **P 14** >> Are You BearWise? **P 22**



These little gardeners weren't even born when the Lord's Acre began!

## THEN AND NOW

### 10 Years for The Lord's Acre

By Susan Sides

First, thank you Fairview, Gerton and Reynolds for the support you've given us over the years. Most of us who have been on the board have lived in Fairview a long time and one of our early goals was that you would be proud to have us as neighbors and that folks from every socio-economic, political, racial and religious persuasion would feel welcome. We certainly hope that's been true.

We began as an idea longtime Fairview resident Pat Stone had, to grow fresh produce for the Food For Fairview pantry, and that commitment has never changed. Whereas we used to drop off vegetables at the pantry, our produce is now available at the outdoor market we created so we can get to know folks face to face.

We quickly realized that while growing and sharing fresh, organic produce was a great emergency service, it did not address

the root causes of hunger. Being folks who like to "look upstream," we began trying to understand why folks struggle to put food on the table and why our culture as a whole has little knowledge of where food comes from and the fragility of the food system as a whole.

As the physical boundaries of the garden/farm went from a quarter acre to a half and eventually to one full acre, we grew more food, added more distribution locations, connected with hundreds of folks doing food security work, and came to better understand why many of the issues we care about came to exist. Below are just some of the changes since year one.

We've gone from growing four tons of produce to an average of 10.5 tons per year. We now distribute at Food for Fairview, Bounty & Soul, Fairview Welcome Table, Green Opportunities Kitchen Ready Training Program, the Fairview Share Market, and occasionally at 12 Baskets in

*continued on page 36*

## Support Your Local Fairview Artists!

The Fairview Area Art League will hold its annual art show on Saturday, September 15, from 10 am-3 pm, at the Fairview Community Center, 1357 Charlotte Highway, Fairview. Local professionals will be selling ceramics, fiber art, jewelry, painting, metal art and more. Admission is free, so come



out and support your local artists! See ad on page 13 for more information.

## Sales Family Donates Practice Field to Reynolds High School Band

In honor of Chief Richard Sales, who passed away in April, his family has donated land to be devoted to a practice field for the marching band at A.C. Reynolds High School.

On August 11, band members, supporters and other local volunteers came out to ready the field for use.

"We're going to put a sign up that definitely says this is in memory of Richard Sales. Having traveled with him on band trips and chorus trips over the years, he was so dedicated to the arts in our school and he would be so honored to think that this property is going to be there as a gift from his family to our students and our school," Reynolds Principal Doris Sellers said.



*Sorry* WE'RE  
**CLOSED**

## CRIER OFFICES AND THE HUB CLOSED MONDAY, SEPTEMBER 3

Anyone wishing to drop off payments, submissions, etc., can do so in the blue dropbox on the wall outside the offices at 1185 Charlotte Highway in Fairview.

## A.C. Reynolds 1978 Class Reunion

The AC Reynolds Class of 1978 is planning a 40th class reunion for September 29. The event will take place at Land of the Sky Shrine Club, 39 Spring Cove Road, Swannanoa. The Reunion Planning Committee is searching to find contact information for all classmates.

For more information, email ACReynolds78@yahoo.com or contact Jeff Brown at 231-4117 or Penny Williams Freeman at 410 409-1655.

## NEXT CRIER LABELING DATES

SEPTEMBER 28, OCTOBER 30 (10:30 AM) at the main Fairview Fire Station.  
Email [pattiparr@yahoo.com](mailto:pattiparr@yahoo.com) or call 628-2211 for information.

The Fairview Town Crier  
P. O. Box 1862  
Fairview, NC 28730

NON-PROFIT  
U.S. Postage Paid  
Permit #100  
Fairview, NC  
28730

Postal Patron  
Fairview, NC 28730



## COMMUNITY EVENTS

SEPTEMBER 1 (SATURDAY)

### "What's Killing the Bees?"

9 am-12 pm. Dr. Samuel Ramsey will take a fresh look at what's affecting honey bees. You don't have to be a beekeeper to enjoy this talk. \$10 per person. Reserve ahead at [wncbees.org/event/dr-ramsey](http://wncbees.org/event/dr-ramsey) or pay at door. Mountain Horticultural Crops Research & Extension Center, 455 Research Dr., Mills River.

SEPTEMBER 4 (TUESDAY)

### Brain Therapy Lecture

5:15-6 pm. Learn about new therapies that may help with brain injuries or diseases of the brain, such as concussions, MS or Parkinson's. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### Peter Sellers Film Series

6 pm. "The Mouse That Roared" (1959), the first in a four-part series at the Fairview Public Library. See page 7 for more information. 1 Taylor Rd., Fairview.

### Sons of Confederate Vets Meeting

7 pm. The Cane Creek Rifles meets at Fletcher Fire Department. The group focuses on Confederate ancestry and

Southern heritage. For more information, call 230-6523.

SEPTEMBER 5 (WEDNESDAY)

### At the Hub: Kid Craft & Snack Time

10-11 am. DIY bird feeders. See page 34 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

SEPTEMBER 6 (THURSDAY)

### At the Hub: Clay & Glycerin Crafts

6-9 pm. DIY soap and soap dishes. See page 34 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

SEPTEMBER 6-8

### Annual Harvest Conference

Hosted by the Organic Growers School, the conference will host workshops for DIY organic enthusiasts. At Warren Wilson College in Swannanoa. See page 17 for more information.

SEPTEMBER 7 (FRIDAY)

### Fairview Farmers Market

4:30-7:30 pm. The local farmers market will be held at Whistle Hop Brewery, 1288 Charlotte Hwy., Fairview.

SEPTEMBER 8 (SATURDAY)

### Friends of the Library Open House

1-3 pm. Learn about the many existing and upcoming programs at the public library, including the 20th anniversary celebrations. 1 Taylor Rd., Fairview. See page 7 for more information.

### Spring Mountain Playground Remodel

8 am-until finished. Volunteers are needed to finish the playground remodel. Anyone can help, and you don't need your own tools. *The playground will be closed Friday and Saturday to children for safety.* Call 712-6857 to sign up. 807 Old Fort Rd., Fairview.

### Yard Sale at Fairview Sharon

4-7:30 pm. Yard sale at Fairview Sharon United Methodist, featuring BBQ and all the fixins plus The Fox Family Quartet from Weaverville singing gospel music. All are welcome. Donations will go to help buy a storage building for the BEAR Closet. To reserve a table, call Susie at 628-1568. 2 Laura Jackson Rd., Fairview (across from Fairview Elementary and beside Food Lion on US 74).

### Renaissance Faire at HNGF

11 am-4 pm. There will be swordplay, jesters, fire spinning, costumes, costume contest, feasting, food, ale, mead and more. Come in your finest olde costume; it can be historical or fantastical. Presale tickets: \$10 for ages 13+, \$5 for kids 5-12, and kids 4 and under free. Buy tickets at [hickorynutgapfarm.com/product/renaissance-faire-at-the-farm](http://hickorynutgapfarm.com/product/renaissance-faire-at-the-farm). 57 Sugar Hollow Rd., Fairview.

### Pop-Up Cat Cafe

11 am-4 pm. For \$10 person, hang out for 30 minutes with kitties to benefit Asheville Humane Society. Enjoy a free coffee or cold beverage. Visit [ashevillehumane.org](http://ashevillehumane.org) for details and to sign up in advance. Asheville Outlets, 800 Brevard Rd. #801, Asheville.

### Gardening with Children

10-11 am. Buncombe County Master Gardener Volunteers will give hands-on gardening demos geared toward kids. Bring your kids and grandkids, as all will have fun. If you can't bring your kids, come anyway and then pass along the knowledge. Education Room at the Black Mountain Library, 105 N. Dougherty Rd., Black Mountain.

## You are invited! Barn Dance & Dinner

Saturday, Sept. 15 - Fundraiser - 6-9 p.m.  
at Hickory Nut Gap Farm  
Family-style buffet by Corner Kitchen  
Live band & Fairview Cloggers  
\$50 per person (12 and under free)

Friend. Neighbor. Farmer.  
**JOHN AGER**  
NC House 115

Paid for by Elect John Ager. Tickets at [ElectJohnAger.org](http://ElectJohnAger.org)



## COMMUNITY EVENTS

SEPTEMBER 9 (SUNDAY)

### Cane Creek Cemetery Meeting

2 pm. The cemetery association will hold its annual meeting. Anyone with relatives buried in Cane Creek Cemetery or who owns lots there is invited to attend. For more information, call Bruce Whitaker at 280-9533. In the basement of the Spring Mountain Community Center, 807 Old Fort Rd., Fairview.

### Annual Doggie Dip

12-5 pm. Dogs 35 pounds and under swim from 12-2 pm. 36 pounds or more swim from 2:30-5 pm. Rain or shine, but will be canceled for lightning. Your dog will need current vaccination records and should be spayed or neutered. \$5/dog with one handler through September 8 and \$10/dog and handler the day of the event. Admission for spectators is \$1. For rules and more information, go to [ashevillenc.gov/parks](http://ashevillenc.gov/parks). Recreation Park Pool, 65 Gashes Creek, Asheville.

SEPTEMBER 10 (MONDAY)

### FAAL Monthly Meeting

10 am. Fairview Area Art League members and others interested in the arts are welcome. 704 975-0095. Fairview Public Library, 1 Taylor Rd.

SEPTEMBER 11 (TUESDAY)

### Neuropathy Treatment Seminar

5:15-6 pm. Learn about the causes, diagnosis, and treatment of peripheral neuropathy. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### Guitar League Meeting

6-8 pm. Amateur guitar enthusiasts gather to learn, play and share guitar tips and techniques. All skill levels welcome. First meeting always free. For more information, go to [guitarleague.com](http://guitarleague.com) or call 941-786-8137. 312 Haywood Rd., Asheville.

SEPTEMBER 12 (WEDNESDAY)

### FBA Monthly Meeting

11:30 am. This will be a lunch meeting. For more information, see page 35.

SEPTEMBER 13 (THURSDAY)

### Local History Talk at Library

Bruce Whitaker, who writes the "Days Gone By" column for the *Crier*, will present part two of his local history of Fairview. See page 7 for more information. 1 Taylor Rd., Fairview.

### GOP Women's Club Meeting

12 pm. The club meets at member Dorothea Alderfer's home for a pot-

luck lunch and swim party. RSVP to [lisabaldwin4kids@gmail.com](mailto:lisabaldwin4kids@gmail.com).

### Asheville FM Anniversary Benefit

103.3 Asheville FM is celebrating its 9th anniversary with a benefit party. Several Fairview residents, including Scott Bunn and Vance Pollock, are longtime DJs at the station. Live music and station DJs. Tickets start at \$25, with food and beer or wine included. Go to [ashevillefm.org](http://ashevillefm.org) to purchase tickets. Ambrose West, 312 Haywood Rd., Asheville.

SEPTEMBER 14 (FRIDAY)

### Mission Hospital Needs Artists!

12 am deadline. Mission Health is looking to purchase art for display at the new Mission Hospital for Advanced Medicine. This call is open to all artists who are residents of western North Carolina. For more information and to apply, go to [missionhealth.org/mission-hospital-for-advanced-medicine/call-for-artists](http://missionhealth.org/mission-hospital-for-advanced-medicine/call-for-artists).

SEPTEMBER 15 (SATURDAY)

### FAAL for Art

10 am-3 pm. The annual art show of members of the Fairview Area Art League. Free admission. A variety of media will be presented, including oil, acrylic and water color paintings,

pottery, jewelry, ceramics, photography and fiber arts. Please come and support local talent. For more information, go to [facebook.com/fairviewart](http://facebook.com/fairviewart). Fairview Community Center at 1357 Charlotte Hwy.

### Fairview VFD Pancake Breakfast

8-11 am. Fundraiser at the main station. 1586 Charlotte Hwy., Fairview. See page 8 for more information.

SEPTEMBER 16 (SUNDAY)

### Awana at Reynolds Baptist

6-7:30 pm. This fall on Sunday nights, come for games, learning, and snacks for ages 3-18. See ad on page 13 for more information. Reynolds Baptist Church, 520 Rose Hill Rd., Asheville.

### Pet Adopt-a-thon

11 am-3 pm. Asheville Humane Society will have pets to adopt at PetSmart. 150 Bleachery Blvd., Asheville.

SEPTEMBER 18 (TUESDAY)

### Knee Replacement Seminar

5:15-6 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.



**OCTOBER 5 | 8:00 PM**  
THOMAS WOLFE AUDITORIUM

WITH SPECIAL GUEST DRIVIN' N CRYIN'

**TICKETS ON SALE NOW!**



TICKETS AVAILABLE AT THE AUDITORIUM BOX OFFICE, [TICKETMASTER.COM](http://TICKETMASTER.COM) AND 800.745.3000.



## COMMUNITY EVENTS

SEPTEMBER 15-22

### National Farm Animal Awareness Week

11 am-5 pm. From Tuesday to Saturday, support the rescued farm animals at Animal Haven of Asheville. [animalhavenofasheville.org](http://animalhavenofasheville.org)

SEPTEMBER 20 (THURSDAY)

### At the Hub: Make Your Own Jewelry

6-9 pm. Create your own dragon or cat eye jewelry. See page 34 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

SEPTEMBER 21 (FRIDAY)

### Fairview Farmers Market

4:30-7:30 pm. The local farmers market will be held at Whistle Hop Brewery, 1288 Charlotte Hwy., Fairview.

SEPTEMBER 22 (SATURDAY)

### Cool Mountain Community & Customer Appreciation Day

11 am-4 pm. Cool Mountain Realty & Construction welcomes the community to their offices for food, music, prizes, inflatables, face painting, and more. Local supporting businesses will also be participating. See ad on page

6 for more information. 771 Charlotte Hwy., Fairview.

### Meet New Trout Lily Owners

Meet the new owners, grab some coffee and pastries, and enter to win a gift basket giveaway. See ad on page 9 for more information. 1297 Charlotte Hwy.

### At the Hub: Repurpose Your Favorite Clothes

10 am-12 pm. Learn tips and tricks to save an old favorite. See page 34 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

### Genealogy Society Annual Fall Workshop

8:30 am, registration; 9 am, program starts. Early registration (before Sept. 1): \$35 members, \$40 non-members. After Sept. 1, it's \$40 and \$45. Registration fee includes lunch if received by September 15. 128 Bingham Rd., Asheville. Call 253-1894 or visit [OBCGS.com](http://OBCGS.com). Open to the public.

### Garage Sale

9 am-2 pm. Multi-household garage sale will be held at the Reynolds Volunteer Fire Department, 1 Charles A Lytle Ln., Asheville.



SEPTEMBER 23 (SUNDAY)

### Tweed's Chapel Cemetery Committee Meeting

2pm. Cemetery maintenance and administration will be discussed. For information, call Call Franklin Young at 693-4814. 1370 Cane Creek Rd., Fletcher.

SEPTEMBER 25 (TUESDAY)

### Sciatica Seminar

5:15-6 pm. Learn about new treatments and technologies that may help you avoid back surgery and eliminate the need for drugs. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

SEPTEMBER 26 (WEDNESDAY)

### At the Hub: Ladies Night

5:30-8 pm. Design, sand, distress, and paint your own wine dinner tray. See

page 34 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

SEPTEMBER 28 (FRIDAY)

### Florence Nature Preserve Cleanup

10 am-3 pm. Volunteer workday removing non-native, invasive plant species to restore native habitat. Morning-only shifts are fine, too. Bring lunch and plenty of water, and wear closed-toe shoes and long pants. Extra water, snacks, and necessary tools will be provided. Plant ID will be taught. RSVP to [volunteer@conservingcarolina.org](mailto:volunteer@conservingcarolina.org) or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton.

### Town Crier Labeling

10:30. Meet other folks from the community and help us get the next issue of the *Crier* into the mail!

SEPTEMBER 29 (SATURDAY)

### ACRHS Class of '78 Reunion

The AC Reynolds Class of 1978 is planning a 40th class reunion. The event will take place at Land of the Sky Shrine Club, 39 Spring Cove Rd., Swannanoa. See front page for more information.

# CONCUSSION?

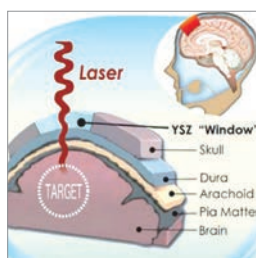
**Advanced treatments right here in Fairview!**



**NEUROFEEDBACK**  
CAN IMPROVE BRAIN WAVE  
PROCESSING!



**PHOTOBIOSTIMULATION**  
INCREASES BLOW FLOW  
TO BRAIN TO SPEED HEALING!



**PEMF**  
(Pulsed Electro Magnetic Field Therapy)  
IMPROVES BRAIN METABOLISM  
AND HELPS HEAL BRAIN!

**CALL TODAY FOR YOUR FREE CONCUSSION/  
BRAIN INJURY CONSULTATION! 628-7800**

ASHEVILLE  
Neuropathy & Class 4 Laser  
CENTER

ASHEVILLE  
PEMF Center

ASHEVILLE  
Neurofeedback Center

FAIRVIEW CHIROPRACTIC CENTER 628-7800 | [WWW.FAIRVIEWDC.COM](http://WWW.FAIRVIEWDC.COM) | 2 FAIRVIEW HILLS DRIVE, FAIRVIEW, NC



## COMMUNITY EVENTS

### ONGOING EVENTS

SEPTEMBER 10 (MONDAY)

#### Stitches of Love Meeting

7 pm. Stitches of Love donates hand-made articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. All skill levels welcome. For info, call 575-9195 or email [imjstewart@att.net](mailto:imjstewart@att.net).

SEPTEMBER 16 (SUNDAY)

#### Ethical Humanist Meeting

2-3:30 pm. "Home is the Key." 227 Edgewood Rd., Asheville. 687-7759 or [EHSAsheville.org](http://EHSAsheville.org).

### LOCAL BASKETBALL

Fairview Athletics is taking online registration in September. Evaluations

will be in October (and onsite registrations) and season begins in November. Go to [fairviewathletics.website](http://fairviewathletics.website), [siplay.com](http://siplay.com) for more information and to sign up.

### COMMUNITY CENTER EVENTS

#### Spring Mountain CC

807 Old Fort Rd.

Slow Flow & Yin Yoga with Anna: Mondays, 8:30-9:45 am. \$5-10 suggested.

Yoga with Sabrina: Thursdays 6:15-7:30 pm. \$5-10 suggested.

### SAVE THE DATE

OCTOBER 5

#### Fairview Elementary's Fall Festival

4-7 pm. This year's festival will include inflatables, carnival games and prizes, hay rides, raffle baskets, face painting, cake

walks, carnival foods and sweets, a dunk booth, and much more. See page 25 for more information.

OCTOBER 6



#### 39th Annual Western Gala Breakfast

9 am-12 pm. Anita Earls, candidate for the NC Supreme Court, is the guest speaker. This is the Democratic Women of Buncombe County's major fundraising event. Tickets are \$40 each and include a silent auction of dining and entertainment packages, a continental buffet and background music of singer/guitarist Chris Rhodes, and a cash bar for those wanting a blue mimosa or

bloody mary. Throughout the ballroom, a number of Asheville artists will "paint it all blue," as each creates a one-of-a-kind painting, in a full array of blues, to be sold at the end of the event. Registration opens at 9:15 am. The Renaissance Hotel, Asheville. For ticket information, check [facebook.com/DemWomenBuncombe](http://facebook.com/DemWomenBuncombe) or email [buncombedemwomen@gmail.com](mailto:buncombedemwomen@gmail.com).

OCTOBER 7-9

#### Empower Bible Conference

Special guest speakers. See ad on page 15 for more information. 646 Concord Rd., Fletcher.

OCTOBER 31

#### Trinity of Fairview Fall Festival

Free festive fun for kids and adults. See ad on page 16 for more information. 646 Concord Rd., Fletcher.

NOVEMBER 15

#### Floral Design Demonstration

The flower guild of First Presbyterian Church Asheville (40 Church St., Asheville) presents author Sybil Sylvester, who will present her stylish design ideas at 10 am in the sanctuary (\$40), followed by an optional book signing at 11:30 am (book price \$30). Register at [fpcasheville.org](http://fpcasheville.org) (choose "Sign-up Forms").

### IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (3) (c) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit [fairviewtowncrier.com](http://fairviewtowncrier.com) for details or to order online.

**Editorial Policy:** The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to [copy@fairviewtowncrier.com](mailto:copy@fairviewtowncrier.com). For staff directory, contacts and additional information, please see page 38.

## Community Canvass & Picnic Fundraiser – Sept. 15th



Paid for by Elect Amanda Edwards

At Lake Louise in Weaverville: Drop by for doughnuts, coffee & canvassing 10 AM-12:30 PM. Enjoy catered picnic 12:30-2 PM. Hosted by Maggie Smith. RSVP at [ElectAmandaEdwards.org](http://ElectAmandaEdwards.org)



**FOOD! MUSIC! PRIZES! INFLATABLES! FACE PAINTING!**



**COOL MOUNTAIN**  
REALTY & CONSTRUCTION

*Buy • Sell • Build*

# COMMUNITY & CUSTOMER APPRECIATION

**Saturday, Sept. 22**  
11 am-4 pm

*Day*

**COOL MOUNTAIN** 771 Charlotte Highway, Fairview

## PRIZE DRAWING

**EVERY HALF HOUR!**

**\$100 Ruth's Chris gift card**  
**Local Gift Baskets**  
**Free Oil Change**  
*... and more!*



**FAIRVIEW**  
**OWNED & OPERATED!**

## LOCAL PRIZE PARTNERS

Stop by these businesses on Saturday, September 22nd for more prizes and opportunities to save!



### THE HUB OF FAIRVIEW

Local resources for fax/scan/copy, locally-made soaps, gifts & edibles, gift baskets, fine art, workshops and meeting space.

#### GIFT BASKET GIVEAWAY (11-4pm)

Stop by the store for a free raffle ticket to win a gift basket!

828-628-1422

1185-G Charlotte Highway in Fairview  
[www.thehuboffairview.com](http://www.thehuboffairview.com)



### MOUNTAIN GLASS WERKS

From concept to completion, Mountain Glass Werks designs custom engineered stained glass panels for your home, business or lifestyle.

#### 15% OFF GLASS ART PURCHASE

Purchase a piece of Glass Art during Customer Appreciation hours and save 15%!

1961 Cane Creek Road in Fletcher  
[www.mountainglasswerks.com](http://www.mountainglasswerks.com)



### TROUT LILY MARKET

Fresh, local, quick deli foods, sweet and savory baked goods, espresso coffee bar, smoothies and more.

#### GIFT BASKET GIVEAWAY

Stop by the store to meet the new owners with a Free coffee bar & pastry samples. Fill out an entry to win a gift basket of assorted coffees and pastries!

1297 Charlotte Highway in Fairview  
[www.troutlilymarket.com](http://www.troutlilymarket.com)



### TROYER'S COUNTRY AMISH BLATZ

Country furniture store, deli, fresh-baked goods, grocery, vacation rentals and wedding/event venue.

#### 10% OFF TOTAL PURCHASE

Shop at Troyers during Customer Appreciation hours and save 10%!

828-280-2381

14 Bonn E Lane in Fairview  
[www.troyerscountryamishblatz.com](http://www.troyerscountryamishblatz.com)



### TURGUA FARMSTEAD BREWERY

An amazing place to end the day of celebration with a nice cold beer or cider. Family Friendly, Too!

#### TURGUA GEAR GIVEAWAY

Stop by September 22nd to complete an entry to win sought-after gear. Let us say thank you for all of your support (Open 1-8pm)

27 Firefly Hollow Drive in Fairview  
[www.turguabrewing.com](http://www.turguabrewing.com)



Congratulations to all the Fairview-area kids that completed this year's Summer Reading Program. Great job on visiting the library this summer, and best of luck in your new school year!

## EVENTS

### New Film Series Starts

September 4 at 6 pm

#### The Mouse That Roared (1959)

The life and career of Peter Sellers was one of contradictions. On screen, he was hailed as a comedic genius. Behind the scenes, however, he was often overtaken by depression, addiction, and erratic behavior. His work would influence comedians and actors for generations, with his irreverent style and dedication to craft earning multiple awards and nominations. Join us for "The Mouse that Roared," the first of a four-part retrospective, "Peter Sellers—A Life & Career in Four Films."

After an American company ruins the economy of the Duchy of Grand Fenwick, the tiny nation declares war. Their intention is to immediately surrender, taking advantage of American largesse toward its defeated enemies. This hilarious Cold War farce stars Peter Sellers (in multiple roles), Jean Seberg, and William Hartnel.

All screenings will be hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce each film and lead a discussion after.

The remaining films in this series will be "Pink Panther," October 2; "Dr. Strange-

love," November 6; and "Being There," December 4. Popcorn is provided by Grail Moviehouse.

### Book Club Is Back

September 18 at 7 pm

Fairview Evening Book Club will be reading *The Burgess Boys* by Elizabeth Strout and discussing it. "Pulitzer Prize-winning Strout delivers a tightly woven yet seemingly languorous portrayal of a family in longtime disarray...[Her] tremendous talent at creating a compelling interest in what seems on the surface to be the barest of actions gives her latest work an almost meditative state, in which the fabric of family, loyalty, and difficult choices is revealed in layer after artful layer."

No sign up or registration is required to join our book club, and new members are always welcome.

### Future Book Club Dates and Titles

October 16 – *Shadow of the Wind* by Carlos Ruiz Zafon

November 20 – *Mountains Beyond Mountains* by Tracy Kidder

December 18 – *Eleanor Oliphant is Completely Fine* by Gail Honeyman

January 15 – *The Spirit Catches You and You Fall Down* by Anne Fadiman

February 19 – *Homegoing* by Yaa Gyasi

March 19 – *The Wife* by Meg Wolitzer

April 16 – *Hour of the Land* by Terry Tempest Williams

May 21 – *White Houses* by Amy Bloom

## FOR THE COMMUNITY

We want to welcome all students and teachers back to school. The Fairview Public Library is here to support you in any way we can. Teachers and homeschool parents should check out the Teacher Materials Request form on the library's website. You can use this form to request materials for your classroom. Our librarians will pull books and other materials relating to any area of classroom study



## Friends of the Library Open House

Saturday, September 8, 1-3 pm

You are invited to an open house that will highlight and review the many programs supported by the Friends of the Library. You'll hear about ways you can become involved in the Friends of the Library organization and have interactive discussions about existing and upcoming projects, including the following: upcoming 20th anniversary celebrations; volunteer opportunities; ZOOM; LEGO Club; AWE Children's Learning Computer station; monthly programs for adults and families; Fairview History Project; large-print books; used book sale; and landscaping.

(e.g., ancient Egypt, seasons, emotions or families). The children's staff has a high level of familiarity with our collection and can set materials aside for you, saving you time and energy. Best of all, the teacher request service is free. The library looks forward to working with you.

### Library Database of the Month



The library isn't only about books. We also provide the community with access to tons of helpful electronic resources to meet your needs. Each month in the *Crier* and on the

library's Facebook page, we will be highlighting one of those resources. The databases highlighted are available to library cardholders every month, not just the month they are featured.

Did you know you can check out digital magazines from the library? "RB Digital" is September's database of the month, and this resource is awesome. Download the RBDigital app, log in with your library card, and gain access to over 60 magazines that you can check out directly to your device, including *The Atlantic*, *US Weekly*, *Vogue*, *Dwell*, *Car and Driver*, *Forbes*, and more. You can even check out children's magazines. As always, feel free to contact the library with any questions you may have on how to use this resource.

### ZOOM not Just for Summer

Buncombe County Libraries have teamed up with local attractions and museums to offer free admission for library cardholders with a ZOOM pass. Visit the library website to reserve your pass, and come to the Fairview Library up to one week in advance to pick it up. Some of the area attractions you can visit with a ZOOM pass are: Western North Carolina Nature Center; Buncombe County pools; Ashe-

ville Museum of Science; and the Hands On! Children's Museum. Call the library for more information and/or to find out how it works. This program is sponsored by the Friends of the Library.

### Book Sale

The Friends of the Library are running a special book sale this month—"Back to School BOGO." Buy one children's book and get a second one of equal or lesser value free.

## FOR KIDS

### Kids Programs

Baby Storytime – Tuesdays at 11  
Toddler Storytime – Wednesdays at 11  
Preschool Storytime – Thursdays at 11  
LEGO Club – first Friday of every month at 3:30

Jaime McDowell is the head librarian at Fairview Public Library.

## Fairview's Early History, Part 2

Saturday, September 11, 7 pm

Local historian Bruce Whitaker charmed and informed us about Fairview's early history from Cherokee time through settlement and up to the Civil War last February. The Friends of the Fairview Library are pleased to sponsor part two of his presentation.

The longtime author of the "Days Gone By" column in the *Crier*, Bruce is a resourceful and dedicated historian. He started collecting history and photos in high school and continues to this day. Don't miss this rare in-person presentation by Bruce at the Fairview Library.



**THE LIBRARY WILL BE CLOSED FOR LABOR DAY, SEPTEMBER 3.**

We will be open again on Tuesday, but **don't forget the Digital Library never closes.**



Visit the Friends of the Fairview Library Book Store, located just inside the library doors. All funds raised from the sale go directly to the Friends, which supports library programming and much more!



## Fall Is Full of Fun and Fundraising

**T**he Fairview Volunteer Fire Department will be holding numerous events over the next couple of months. Mark your calendars and check our website for more information and exciting updates, [fairviewfire.com](http://fairviewfire.com)

### Pancake Breakfast

On Saturday, September 15, from 8-11 am, a fundraiser will be held at the main station (1586 Charlotte Highway, Fairview). \$8/plate for pancakes, sausage or bacon, scrambled eggs, and a beverage.

### Community-Sponsored Fundraiser

On Thursday, October 25, from 5:30-8 pm, members of our community will come together to support our fire department and its needs. The county did not give us enough of a tax increase to fix our bay doors that are literally falling apart. Some have one-inch gaps, allowing for terrible drafts in the winter (increasing the heating costs). Fixing these doors and the machinery has been estimated (by a wonderful local company) at \$50,000.

Please watch our website for tickets, updates and additional information.

The fundraiser will be held at the Highland Brewing event center, located at 12 Old Charlotte Highway, Asheville. [www.highlandbrewing.com](http://www.highlandbrewing.com)

### Fairview Family Fun Fest

Instead of the uncertainty of trick-or-treating, bring your kids to the Fire Department for a safe, fun environment on Halloween (October 31). Lots of unique games, bobbing for apples, cake walk, prizes and candy, of course. This will take place at the main station (1586 Charlotte Highway, Fairview).

### Board Meetings

The Board of Directors and the Support Operations Team is fully in support of our fire department and their efforts to make our local fire department a great place to work and a well-run department. We have an excellent board that is a good cross-section of the community and members that serve in the profession. I've learned a lot over the years about rules and regulations, funding, and how the fire department is relied upon more and more every single day to take care of needs in Fairview. I invite you to come to a board meeting and learn more, too. We are completely transparent and welcome all to attend. Board meetings are the third Monday of the month at 7 pm, at the main station on Charlotte Highway.

*Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.*



## Enter for a Chance to Win a Harley-Davidson Motorcycle!

Our friends at Asheville Harley-Davidson in Swannanoa are working with us on a raffle to help meet our goal of \$50,000 for the bay doors.

A Black 2018 Heritage 114 Cubic Inch Harley Davidson Motorcycle can be yours for \$100! The Harley will live at the main station (1586 Charlotte Highway, Fairview) if anyone would like to see it. Tickets are \$100 each and will be sold in person (at the station, H&H Distillery, and Smokey and the Pig BBQ—all on Charlotte Highway) or online ([raffles.ticketprinting.com/?r=8127](http://raffles.ticketprinting.com/?r=8127)). Only 500 tickets will be sold. The drawing of the winner will be in conjunction with the community fundraiser (see item at left) and a ride near the date of the event.

Special thanks to the Howard family for their ideas, organizing, and being the main reason behind the fundraiser and obtaining the Harley.

## Protect your savings with FDIC coverage up to \$1.5 million.

Our Insured Bank Deposit program offers the assurance of Federal Deposit Insurance Corporation (FDIC) protection.

This interest-bearing savings solution gives you the convenience of having your savings and investments on one statement.

**Getting started is easy. Call your financial advisor today to learn more.**

Deposits are FDIC-insured up to \$1.5 million or \$3 million for joint accounts of two or more people. More information about the Insured Bank Deposit program, including the program disclosure, is available from your financial advisor or at [www.edwardjones.com/bankdeposit](http://www.edwardjones.com/bankdeposit). For more information about FDIC insurance, go to [www.fdic.gov](http://www.fdic.gov).



**Stephen M Herbert, AAMS®**

Financial Advisor

1185 Charlotte Highway Suite I  
Fairview, NC 28730  
828-628-1546

[www.edwardjones.com](http://www.edwardjones.com)  
Member SIPC

**Edward Jones®**  
MAKING SENSE OF INVESTING



## Caves, Earthquakes and Floods

**B**at Cave is located where the road from Hendersonville and the road to Fairview meet. The town, not surprisingly, is named after a real bat cave located nearby. Just south of the town of Bat Cave, a trail crosses the Broad River and winds its way up Chimney Rock Mountain to the entrance to the bat cave, 25 to 30 feet up. The cave is a fissure cave, which is formed by the cracking of rock due to the contraction and expansion of the earth. In the case of the bat cave, this is likely due to its location on an earthquake fault. (Chimney Rock is also on the fault.) The first chamber of the cave is around 100 feet deep. The entrance to the inner chamber, in the rear of the front cave, is tiny and has never been thoroughly explored. The inner chamber is completely dark and serves as a refuge for thousands of bats that hang from a high ceiling.

### Hard to Reach

Locals say entering the cave with an oil lamp or flashlight disturbs the bats, causing them to swarm around the person carrying the light. A flow of air from the center of the mountain keeps the cave at a constant temperature. It is cool in the summer and warm enough in the winter that the entrance doesn't freeze. The cave is not visited much today. It is extremely difficult to reach, dark, and covered with bats—and then there are the snakes. Many rattlesnakes congregate on the rocky granite surfaces at the cave's entrance, and they hibernate inside during the winter.

There are Civil War tales of runaway slaves, Confederate deserters, escaped Yankee prisoners, and Union sympathizers hiding in the cave while attempting to flee the area. Tourists staying in Hendersonville for the summer from around 1900 until World War I would take carriages, called hacks, to visit the cave. The trip would take all day. Guides would meet the carriages and guide the tourists up the steep narrow trail to the cave and serve them a picnic lunch on the side of the mountain. It would be dark by the time they returned to Hendersonville. After the end of World War I, tourism began to drop off.

The area around Bat Cave has little land that is good for farming, and the population has always been small. Joe Williams bought a section of land that was particularly narrow just east of Bat Cave, on the Rutherford County side of the line. He set up a tollgate, which was legal to do at the time. People would often buy the gap of a mountain and river crossings and then charge a toll for crossing their property. Mrs. Frank Hudgens, Joe Williams's daughter who was 94 years old in 1957, said her father had a narrow path that a person or man on a horse would use to go around the tollgate. If the gate had to be raised for a wagon or livestock, her father would charge a toll. Williams charged 25 cents for a wagon or buggy to pass through. He charged 5 cents a head for cattle, horses, hogs, mules and sheep.

### Lost Toll

Mrs. Hudgens told of an occasion her father got cheated out of his toll. A man on a white horse leading a drove of several hundred mules came to the gate. The mules had been trained to follow the horse. The man told Williams he did not know how many mules he had. He told Williams to count them as he went through the gate and he would pay the toll for each animal after.

The gate was raised and the man on the horse went through. He then gave a loud whistle and galloped away. The mules stampeded after the horse and Williams was unable to close the gate. The mules soon disappeared down the road and Williams was cheated out of his toll.

The people of Rutherford County eventually rebelled against the toll. Joe



Credit (above): North Carolina Collection Photographic Archive

Williams then moved the tollgate closer to Bat Cave on the Henderson County side of the line, and it operated several more years in that county.

### Earthquake Epicenter

On January 3, 1874, Bald Mountain was the epicenter of an earthquake that was felt from Rutherfordton to Asheville. Boulders came tumbling down the sides of the mountains into the gorge from Bat Cave to Chimney Rock. This was not a one-time event. Every day from January 3 until the end of June, an earthquake was felt. People would start to get into a wagon or mount a horse and suddenly the animal would sense a quake a few seconds before it occurred and run away from its owner, throwing them to the ground. Dishes rattled and cabins shook. Landslides occurred, and people fled their homes.

On August 31, 1886, a major earthquake hit Charleston, SC, causing millions of dollars in damage. At 10 pm the next day, Bald Mountain was at the center of another earthquake for a few minutes. People in Hendersonville fled their homes and ran into the streets. People living where Lake Lure is now located said that when they ran out of their houses into the moonlight, they

could see Bald Mountain moving. Streams disappeared, never to reappear. A giant waterfall that fell from the top of the mountain near Chimney Rock disappeared.

The July 1916 flood hit Bat Cave particularly hard. Eight people drowned in Bat Cave. Rock boulders in Broad River from Bat Cave to Chimney Rock were tossed around like rubber balls even though they weighed hundreds of pounds. Hundreds of heads of cattle drowned before they could reach high ground. The sides of mountains gave way and slid down to the valley. A farmer on Middle Fork, between Bat Cave and Gerton, helplessly watched the side of a mountain start to slide. It engulfed his home, burying his wife and children before they could escape. Every store from Bat Cave to Chimney Rock to Lake Lure was washed away. The road through Hickory Nut Gorge was washed away.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or [brucewhitaker@bellsouth.net](mailto:brucewhitaker@bellsouth.net).

*Thanks for letting our family serve your family!*

**STEAM MASTER**  
CARPET & UPHOLSTERY  
CLEANING, INC.

828-9495 698-0083 452-3866  
ASHEVILLE HENDERSONVILLE HAYWOOD CO.

Emergency Flood Service  
Mold Rem.

**STEAM MASTER**  
CARPET & UPHOLSTERY CLEANING

828-628-9495 | 3082 Cane Creek Rd | [www.steammasterwnc.com](http://www.steammasterwnc.com)

**COMMUNITY & CUSTOMER APPRECIATION DAY SATURDAY, SEPT. 22!**

**MEET THE NEW OWNERS!**

Stop by Sept. 22nd to check out our coffee tasting bar and pastry samples!

**Gift Basket Giveaway!**

Fill out an entry form for a drawing to win a basket of coffees & pastries!

**TROUT LILY**  
DELI & MARKET  
Artisan Pantry with Local Roots

1297 Charlotte Hwy 828.628.0402 [troutlilymarket.com](http://troutlilymarket.com)



# GreyBeard REALTY



*Local agents, local knowledge.*

Serving the real estate needs of Black Mountain, Montreat, Asheville and the Swannanoa Valley since 1999.



**Our Asheville location is conveniently located in Eastwood Village across from Ingles on Highway 74.**

4 Olde Eastwood Village, Unit 201  
828.298.1540 | greybeardrealty.com

## FEATURED LISTINGS See all available listings at [greybeardrealty.com](http://greybeardrealty.com)



2-bedroom, 2-bathroom Swannanoa home on .3 acre lot.  
\$185,000 MLS 3418155



3-bedroom, 2.5-bathroom Leicester home with year-round views of Mt. Mitchell.  
\$382,000 MLS 3395397



4-bedroom, 3.5-bath Asheville home in the Eastmoor neighborhood with .85 acres.  
\$479,000 MLS 3411208

### GATEWAY MOUNTAIN COMMUNITY LISTINGS



3-bedroom, 3-bathroom Tudor-Style Home on 3.96 acres.  
MLS 3404788 \$250,000



3 Bedroom 3.5 Bath Gateway Home with Mountain Views on 4.8 Acres.  
MLS 3264131 \$649,900



1-bedroom, 1-bathroom Biltmore Forest Home with 1.64 acres of land.  
\$845,000 MLS 3330312



3-bedroom, 3-bathroom Fairview Home on 2.47 acres with winter views.  
\$315,000 MLS 3403091

### LOTS AND LAND

**SOLD** Echo Valley Estates, Old Fort Rd,  
2.05 acres \$29,500 MLS 3349855

Byers Park Lot with .61 Acres  
\$55,000 MLS 3277895

.92 Acres in Briar Ridge  
\$85,000 MLS 3296442

Cul-de-sac lot in Moores Valley neighborhood in Leicester  
1.10 acres and mountain views  
\$50,000 MLS 3406765

Rambling Ridge Road lot, 2.45 acres  
\$240,000 MLS 3419220

6.5 Acres in Chestnut Mountain Subdivision \$350,000 MLS 3324420

## Looking for a property management company?

Greybeard's Property Management division manages over 400 vacation and long-term rentals in the Asheville area. Learn more at [greybeardrentals.com](http://greybeardrentals.com) or call 855.923.7940.



# Summer Rainfall: Feast or Famine

Our weather certainly varies over time. Looking back to last summer, we couldn't practically *buy* any rain in June; landscapes turned dusty and brown. The pattern started to change later in the summer, with those brown lawns and wilting landscapes giving way to lush lawns and vegetation and even some mold and mildew, if one wasn't careful.

This year, we've had an abundance of moisture associated with decaying frontal systems and also a southeast-to-southerly pattern that has drawn more moisture from the Gulf and the Atlantic. These conditions typically result in increased showers and thunderstorms. If you combine this with the fact that the air coming in from the south and east is traveling uphill or rising as it hits the eastern spine of the Appalachians, we get an extra uplift—or "upward motion"—which increases and enhances rainfall as that uplifting air hits the escarpment and mountains along and east of the French Broad River Valley.

This extra uplift, along with light upper-level winds and heating, causes heavy rains, thunderstorms and flash floods. We have been in this pattern for several months, more or less, and have received 48 to 50 inches of precipitation this year. So much for crunchy, brown lawns!

As stated last month, we will have to keep a watchful eye on the tropics. The

hurricane season for the North Atlantic basin runs from June 1 to November 30, sharply peaking from late August through September; the season's climatological peak of activity occurs around September 10 each year.

Another feature of September weather is the "end" of the summer. Actually, meteorological summer—defined as the three warmest months of the year (June, July and August)—has already ended. The amount of solar radiation, hence the length of day, started out at 12 hours 54 minutes on the first of the month and will go down to 11 hour 50 minutes at month's end. That's a decrease of an hour or so of daylight. September temperatures will also decrease: normal temps begin the month at a high of 80 and a low of 60, and drop almost 10 degrees by month's end (72 and 50).. So those cooler days and nights will be a certainty by the end of September.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.



Debris collected near the Asheville concrete bridge at the height of the Great Flood of 1916. Credit: NOAA

## WEATHER WONDER



**Which September hurricane(s) caused the most damage in our region?**

Tropical cyclones have affected North Carolina in every month between May and December. About 35 percent of the storms struck in September, and 80 percent affected the state between August and October, which coincides with the peak of the hurricane season. The strongest storm was Hurricane Hazel on October 15, 1954, which made landfall as a Category 4, causing 11 deaths across WNC.

In September 2004, the remnants of Hurricanes Frances and Ivan, arriving nine days apart, delivered a one-two punch to the mountains in the form of flooding and landslides. One hundred and forty homes were destroyed, and another 16,234 were damaged. More than \$200 million in total damages were incurred, including \$87 million in lost tourism. And 2004 wasn't even the worst storm season we've had. For the record, the flood of 1916 is still the most devastating, dumping a record 22 inches of rain in 24 hours and causing the equivalent of \$4 billion in damages in today's dollars. Interestingly enough, this flooding event also was caused

by the remnants of two tropical systems. For an excellent article about that event, visit [ncdc.noaa.gov/news/investigaing-the-great-flood-of-1916](http://ncdc.noaa.gov/news/investigaing-the-great-flood-of-1916).

**QUESTION of the MONTH**

**Why do rainbows form?**



**HIGH COUNTRY**  
TRUCK & VAN INC.

Family owned for over 40 years!

**WNC'S COMMERCIAL TRUCK CENTER!**

1021 Charlotte Highway, Fairview, NC // 828-222-2308

[www.HIGHCOUNTRYTRUCKANDVAN.com](http://www.HIGHCOUNTRYTRUCKANDVAN.com)

**Easy Financing!  
Low Rates!  
Extended Warranties  
Available!**



**2017 FORD TRANSIT T-350 XLT  
MID-ROOF 15 PSGR VAN**

One owner! PW, PDL, cruise, back up camera and more.

**\$31,995**



**2006 FORD F350 SD  
CREWCAB DUALY**

31K miles! One owner. PW, PDL, tilt, cruise, gooseneck hitch and more.

**\$17,995**



**2010 FORD E350  
11' STEPVAN**

28K miles! One owner. Great camper, food truck or service vehicle.

**\$22,995**



**2013 FORD E350  
SD 10' KUV**

One owner! PW, PDL, tilt, cruise.

**HARD TO FIND!**

**\$26,995**



**2011 FORD F250SD  
4x4 LONGBED**

65K miles! One owner. 6.2 V8, auto, A/C, tilt, AM/FM CD player and tow package.

**\$22,995**



**2008 CHEVY G3500  
10' BOX TRUCK**

1,000-lb liftgate! 6.0 v8, auto, A/C, AM-FM stereo.

**\$12,995**



## How to Parent in the Digital Age

**H**ave you caught your teen on Instagram in the middle of the night? Has your 3-year-old thrown a tantrum when you pull the iPad away? Has your 9-year-old begged for their own cell phone? Does your 13-year-old demand to play a game rated for ages 18 and up because everyone else gets to play it? Welcome to parenting in the digital age.

There is not a parent that I know, either personally or in my capacity as a family physician, who does not struggle with at least some of these issues. Parents are talking about this more and more with their healthcare provider as they sense that something is amiss, yet they feel helpless in the battle to change their kids' behaviors. So how important is it to curb these behaviors, and how do you do it?

The early years of life are a time of tremendous neurological growth and development. In order to develop their language, motor, and social-emotional skills, young children need social interaction with trusted caregivers and hands-on exploration. They are simply unable to learn as well from digital media and have difficulty transferring that knowledge to a three-dimensional experience. Several studies have linked excessive television viewing in early childhood with cognitive, language, and social/emotional delays. While it is unclear

exactly why this is, one contributing factor is thought to be that the parent-child interaction that is so important to development is decreased when the television is on. Watching a screen is a passive activity when what young developing brains need is active stimulation.

Older children and teens have their own set of problems to contend with when it comes to excessive screen time. Almost 75 percent of teens own a smartphone with which they can access the internet, watch video and TV, play games, etc. Twenty-five percent of teens describe themselves as "constantly connected" to the internet. While the data so far is limited in describing long-term effects of this constant digital connection, numerous negative, short-term effects have been observed. Excessive screen use, as well as having a TV in the bedroom, can increase the risk of obesity. Exposure to light and stimulating content from screens can disrupt sleep or cause a delay in sleep, thus interfering with school performance and putting teens that sleep with mobile devices in their rooms at greater risk for sleep problems down the road. There are risks associated with "sexting." Twelve percent of children ages 10-19 have reported sending a sexual photo to someone else. There are risks of cyberbullying, internet predators, and the



development of "internet gaming disorder," in which kids spend the majority of their free time online and show less interest in "real-life" relationships.

The American Academy of Pediatrics has recently updated their recommendations on screen time as follows:

- For children younger than 18 months, avoid the use of screen media (it's OK to video-chat).
- For children 18-24 months, parents should choose high-quality programming and watch it with their children to help them understand what they are seeing.
- For children ages 2-5 years, limit screen use to one hour per day of high-quality programming and co-view with your children.
- For children ages 6 and older, place con-

sistent limits on the time and types of media, making sure that it does not take the place of adequate sleep, physical activity, and other behaviors essential to good health.

- Designate media-free times together, such as dinner or driving, as well as media-free locations at home, such as bedrooms.
- Have ongoing communication about online citizenship and safety, including treating others with respect on- and offline.

This information as well as many other useful tools, including a tool to develop a family media plan, can be found at the American Academy of Pediatrics website.

While it is tempting to place the blame on kids and teens and their insatiable desire to connect to the digital world, it is important to remember that as adults we are modeling behaviors around screen use to our children every day. How many times per day do you check your phone, read an email, check out Facebook, read the news, watch a video, send a text? How often does that interfere with real social interaction with your children, family, friends or community? We would all be wise to be aware of our media consumption and perhaps just UNPLUG a bit.

*Amy Santin is a family practice physician at MAHEC Family Health Center at Cane Creek.*



**Fairview Realtors  
for 35 Years!**

*Allen Helmick*



**Cool Mountain Realty**

**828 329-8400**



**We've Sold 100s  
of Homes and  
1000s of Acres**

*Burton Helmick*



**SPECTACULAR ROCK OUTCROPPING, BEAUTIFUL VALLEY VIEW**, easy build home-site, paved drive, miles of hiking trails, like living on the Blue Ridge Parkway, 2 acres, **\$119,900. MLS# 3280521**



**2 STORY HOME AND GUEST HOUSE ON 2.5 VIEW ACRES, TOP OF FLAT TOP MOUNTAIN**, 180 acres of community property with 10 acre lake. **\$450,000. MLS# 3425057**



**2 ACRES, PAVED STATE ROAD, AREA OF BEAUTIFUL HOMES AND ESTATES**, views overlooking Cane Creek Valley, **\$79,900. MLS# 3419497**



**31 ACRES, COZY CABIN, WELL & PUMP W GENERATOR, LONG LEVEL RIDGETOP VIEWS**, valley creek, trails thru-out, no close neighbors, no restrictions, **\$365,000**, will divide, **MLS# 3155768**.



## What You Need to Know about Frozen Shoulder

When I was in my last semester of chiropractic school, I developed frozen shoulder and it was likely I would not be able to complete my clinical rotation for graduation. I went to the college athletic team's orthopedic surgeon; he did an injection, sent me to PT, and recommended surgery in four to six weeks if there was no progress. At two weeks there was no progress, and I sought out a board-certified chiropractic sports physician. He performed many of the procedures I discuss below and I was back to normal in several weeks. The experience led to my passion to help others with shoulder problems.

The shoulder is made up of three bones that form a ball-and-socket joint. They are your upper arm, shoulder blade, and collarbone. The tissue surrounding the shoulder joint holds everything together. This is called the shoulder capsule. With frozen shoulder, the capsule becomes so thick and tight that it's hard to move. Bands of scar tissue form and there's less synovial fluid to keep the joint lubricated, limiting motion even more. Frozen shoulder's pain and stiffness develops gradually, gets worse, and then finally goes away. This can take anywhere from a year to three years.

### Symptoms

The main symptoms of a frozen shoulder are pain and stiffness that make it difficult

or impossible to move it. If you have frozen shoulder, you'll likely feel a dull or achy pain in one shoulder. You might also feel the pain in the shoulder

muscles that wrap around the top of your arm. You will likely have trouble putting your hand behind your back, getting your wallet, or putting on a bra. You may feel the same sensation in your upper arm. Your pain could get worse at night, which can make it hard to sleep.

Other general symptoms can include:

- You develop pain (sometimes severe) in your shoulder any time you move it.
- It slowly gets worse over time and may hurt more at night.
- You're limited in how far you can move your shoulder.

This initial stage can last anywhere from six to nine months.

At the frozen stage, symptoms include:

- Pain might get better but your stiffness gets worse
- Moving the shoulder becomes more difficult



Image: Mayo Clinic

and it becomes harder to do daily activities. This stage can last four to 12 months.

At the thawing stage, symptoms include:

- Range of motion starts back to normal.

This can take

anywhere from six months to 2 years.

### Causes

It's not clear why some people develop it, but some groups are more at risk.

Frozen shoulder happens more often in women, and you're more likely to get it if you're between 40 and 60. Your risk might also go up if you're in the process of recovering from a medical condition like a stroke, surgery like a mastectomy, or shoulder surgery that keeps you from moving your arm.

Certain medical conditions can increase your risk, too. You may also be more likely to get frozen shoulder if you have diabetes. About 10 percent to 20 percent of people with diabetes get frozen shoulder. Other medical problems like heart disease, thyroid disease, or Parkinson's disease are linked to frozen shoulder, too.

### Treatments

Typical treatments include medications for pain, long duration of physical therapy—often with limited benefit—shoulder injections, and manipulation under anesthesia (a medical procedure under anesthesia where the surgeon manually manipulates your shoulder).

Recent advances that may dramatically decrease pain and increase range of motion include:

- Trigenics Technique: A neurological treatment that can immediately increase range of motion and decrease pain. Learn more at [trigenics.com](http://trigenics.com).
- Class 4 laser: Class 4 photo-biomodulation in the higher-power ranges (25 watts and above). This can help to “unfreeze” a shoulder. Learn more at [litecure.com](http://litecure.com).
- Radial shock wave therapy: Sound wave therapy that can break up adhesions in the “capsule.” Learn more at [miraclewave.com](http://miraclewave.com).
- Graston Techniques: The most advanced form of myofascial technique (breaks up shoulder adhesions) used in many pro sports locker rooms. Learn more at [grastontechniques.com](http://grastontechniques.com).



Dr. Reilly is past president of the NC Chiropractic Association. [drreilly@fairviewdc.com](mailto:drreilly@fairviewdc.com), [fairviewdc.com](http://fairviewdc.com), 628-7800.



# FAAL for Art

FAIRVIEW AREA ART LEAGUE  
presents

## THE ANNUAL FAAL FOR ART SHOW

### SEPT. 15, 2018

10 AM UNTIL 3PM

AT THE FAIRVIEW COMMUNITY CENTER  
1357 CHARLOTTE HIGHWAY / HWY. 74  
FAIRVIEW NC 28730

**LOCAL PROFESSIONAL  
ARTISTS SELLING  
CERAMICS, FIBER ART,  
JEWELRY, PAINTING,  
METAL ART, AND MORE**

REFRESHMENTS PRESENTED BY  
THE FAIRVIEW COMMUNITY CENTER STAFF

FOR MORE INFORMATION VISIT  
OUR FACEBOOK PAGE:  
[WWW.FACEBOOK.COM/FAIRVIEWART](http://WWW.FACEBOOK.COM/FAIRVIEWART)

**FREE ADMISSION!!**

Come out and support your local artists!

# Awana

Because Kids Matter to God

GAMES!
SNACKS!

## LEARNING!



## JOIN US THIS FALL!

**SUNDAY NIGHTS 6-7:30, STARTING SEPT. 16TH. AGES 3-18.**

Contact Preacher Bobby: 828-779-9783, [pastor@reynoldsbaptistchurch.org](mailto:pastor@reynoldsbaptistchurch.org)



**REYNOLDS  
BAPTIST CHURCH**

520 Rose Hill Road, Asheville 828-779-9783 [reynoldsbaptistchurch.org](http://reynoldsbaptistchurch.org)



# Training to Be Prepared When Things Go Wrong in the Woods

**Y**ou are camping in a remote area with two other friends. It is morning and you are packing up to head out on a hike. One friend picks up a small ax and heads toward some logs. All of a sudden your friend yells out in pain. What do you do next? What split-second thoughts should be going on in your mind? Do you run right over to see what happened? Do you call out to the other friend that so-and-so is hurt and needs help? Do you take time to grab your first aid kit? Do you think about what time of day it is so you can note the time of the incident? Do you know exactly where you are and do you have cell service?

After taking some time to introduce ourselves, our group was given this scenario to ponder and then discuss. Everyone had suggestions and questions about the situation. The instructor our group hired, Charly Aurelia, guided us through the scene using our answers and more than 25 years of experience in dealing with and teaching others how to handle emergency medical situations.

Is the scene safe to enter? How critical is the injury? What's more important: stopping bleeding or having an open airway? How long before a person bleeds to death? The questions kept coming and so did the answers. It was an information-packed first few hours.

We had four days of scenario-based training with Charly. Each was realistic,

**The difference between receiving medical assistance in an urban vs. wilderness environment is EMS arriving in eight minutes vs. one hour**

relatable and backed up with real-life events. We used critical-thinking skills, common sense, and current first aid protocol provided by Charly to work each scenario. At the end of each day came the question, "Was today helpful?" "Oh, yes!"



Above: Charly with his hands at Jim Stilwell's neck, which is the beginning process for checking for discomfort in the chest cavity. Above right: Charly shows Ruth and me how to immobilize a leg with a board. Right: Charly shows, Ruth, Jim and me how to roll a person over properly.



was always the resounding reply.

Our natural environment is full of great wonders and beautiful sights; it nourishes our souls and is a good way to break away from daily stress. But, let's face facts—things happen. Educating oneself on things that could go wrong and then receiving proper training on ways to deal with medical emergencies makes good sense.

For many of us, if an accident occurs we dial 911. We count on a medically trained person arriving on the scene quickly. There's a great deal of comfort in the thought that we will be taken care of if something goes sideways: a bad cut, burns, falling off a ladder, etc.

Then there are those of us who live in remote areas or enjoy being out in the wilderness. The difference between receiving medical assistance in an urban vs. wilderness environment is EMS arriving in 8 minutes vs. one hour. Or maybe you are a mile from where EMS would park their vehicle and then hike to the injured or ill person. It is possible that help may not arrive for several hours, or even days—if at all. Therefore, several questions may arise: What could happen? Broken bone, snake bite, asthma attack, laceration, seizure, heat exhaustion, blood sugar

issues, anaphylactic reaction—just to mention a few. Will you recognize the signs and symptoms of specific medical situations? Do you have the skills you need? Do you have the supplies you need to deal with these situations? What should you carry in your first aid kit?

Every person in our four-day training class had various personal reasons for participating, but there was one common theme: the desire to be able to better care for themselves and others. One person shared this of their experience: "I really enjoyed the training. Charly covered an amazing number of topics. He would give us scenarios of medical emergencies in the woods and guide us through how to assess the situation, keep ourselves safe, be respectful to the person having the issue and teaching us different techniques on how to treat them." Another stated this: "Joe and I are generally the only two people available when we are together in the woods, hiking and poking about. I am a magnet for minor disasters and Joe is not much different. We took this class so we

could learn to take care of each other in case of emergencies and, as an extra benefit, maybe we can be of service to others. The knowledge that you are not helpless when bad things happen is powerful, and I feel that we got that knowledge from Charly. We explored some frequently encountered scenarios, found out what we needed to do and keep in mind and, most important, learned that taking care of each other is not that hard. We can do this. I feel like that sense of empowerment is the most valuable thing we got from Charly."

Learning how to deal with some of the most common emergency medical situations should be fun and engaging. It is easier to retain information you enjoy learning. Because of our training, we each became more self reliant, gained confidence and gained critical skills we can share with others, possibly save a life—and maybe even our own.



**Fall crops are coming!**  
...grown right here in Fairview  
and available every day  
at our farm stand.

Self-serve, honor system, cash,  
check or PayPal accepted.

**flyingcloudfarm.net**

828.768.3348

1860 Charlotte Highway, Fairview

**AA DIAMOND TILE**

**RONNIE YOUNT**  
Over 40 years experience!

**LICENSED NC GENERAL CONTRACTOR**



**SHOWER LEAKS  
REPAIRS  
TUB-TO-SHOWER  
CONVERSIONS  
KITCHEN/BATH  
REMODELS  
HANDICAP ACCESSIBLE  
APPLICATIONS**



**Call Ron!**  
450-3900

visit us today at **aadiamondtile.com**



## Taking Social Security Benefits

**M**y wife and I are in an intense debate as to when to take our Social Security benefits. To take the benefits now or later, that is the question, and a complicated question at that. A quick disclaimer: I am not an expert on this topic or on taxes. I urge you to seek out professional advice and do your due diligence for your situation before making any decisions.

### Doing the Math

Here's a brief, simplistic overview of Social Security: The fund is like a savings account into which you, the beneficiary, contribute through FICA taxes taken out of your paycheck. To determine your benefit, Social Security averages the highest 35 years of IRS-reported gross earnings throughout your work history. Benefits can be applied for starting at age 62 (with some exceptions); however your benefit check, fixed for the rest of your life (except for cost-of-living allowance increases), will be reduced by approximately 8 percent per year for every year before your full benefit year, which in my case is age 66. Conversely, if you want to continue working or delay your benefits, you can receive an 8 percent per year increase in your check until age 70. And 8 percent is a pretty good rate of return. I

stand to gain an extra \$500 per month if I wait till age 70, so why not?

### Not So Fast

Life expectancy must be considered when calculating the "crossover" point, at which the total of the potential benefits (48 months x \$500 = \$24,000) not taken at 66 is recovered by the larger benefit check received at 70. That happens around 75 for us. Men at age 66 are expected to live another 16.5 years; women, for another 19.1 years. So, the real question is: Will I die too soon or live too long? A Social Security payment that's \$500 larger could be mighty helpful if I live longer and savings are dwindling. On the other hand, that extra money now would be nice to pay off debt or buy that new car for the long haul. The other consideration is the burden of taxes on your check. For that, consult your tax advisor, financial planner, or accountant.

While it seems like a roll of the dice, the bottom line is: Do your homework. Your decision will last a lifetime.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or 275-5863.

## Food for Kids All Year Long

**T**his month's article is easy to write because it contains a lot of factual information about what the Food for Fairview Pantry does for school-age children during the summer and what MANNA FoodBank does for school-age children during the school year. The difficult part is that there is a need for these programs for children.

During the school year, children can get breakfast and lunch at school. When they go home on Friday, they get what is called a "MANNA pack." If there are three school-age children in a family, all are provided with the packs, which contain snacks, soup, canned Italian meals, cereal, and mac 'n cheese, so that the children will have food to eat over the weekend.

During the summer, the Food for Fairview pantry provides a designated area with items for our clients' children. If there are three or fewer school-age kids in the family, the parent can choose five items; if there are more than four kids, the parent can choose seven items.

Currently, staples include cereal, Tasti Taters, individual frozen pizzas, bologna, peanut butter, mac 'n cheese, and mini raviolis. Snack items include pickle snacks, fruit spread, pudding snacks, pop taster pops, baked chewy bars, fruit bars, and raisins. The canned fruit items include

fruit cocktail, sliced peaches, applesauce, and mandarin oranges. There are cheese choices, including single slices and a box of Velveeta. The children's section also includes milk. These child-specific items are in addition to what the client has already picked out for their household on their trip through the pantry. Also during the summer, The Lord's Acre offers fresh produce to the clients of the pantry—all at no cost.

We know our program can't completely eliminate the situation of the "summer learning loss," which can be exacerbated by poor nutrition. In one study I read, children from second to ninth grades in an unnamed southern state had a 25 to 30 percent loss over the summer. A majority in the study had at least one month's worth of loss of the previous school-year's learning.

Last year the pantry received a sizable donation directed to children's nutrition. Also, during our early spring fund drive, donations can be earmarked for the summer children's program. These donations have helped us expand the program, allowing our clients more selections and a greater variety of items.

Jeff Cole is the Executive Director of Food For Fairview, which is a tax-exempt 501(c)(3) Corporation. For more information, please call 628-4322 or go to [foodforfairview.org](http://foodforfairview.org).

# EMPOWER BIBLE CONFERENCE

Sunday, October 7 through  
Tuesday, October 9 • 6:30 p.m.

## WITH SPECIAL GUEST SPEAKERS

Steve Harris • Stuart Hall  
Greg Mathis • Mark Hunnicutt



**Trinity of Fairview**  
646 Concord Rd. Fletcher, NC 28732

VISIT [WWW.EMPOWERBIBLECONFERENCE.COM](http://WWW.EMPOWERBIBLECONFERENCE.COM) OR CALL  
(828) 628-1188 FOR INFO ON SPEAKERS, TIMES, AND MORE!

Have a  
great  
year!



Compassionate care for children and adults



Family Health Center at Cane Creek

Office Hours: Monday–Friday: 8:00am–5:00pm

**628-8250**

1542 Cane Creek Road, Fletcher, NC



## Preserving Puzzles in the Landscape

This summer, the Southern Appalachian Highlands Conservancy (SAHC) purchased 234 acres adjoining Pisgah National Forest in the Highlands of Roan. This conservation acquisition at Yellow Spot permanently protects rare plant and animal habitat, wildlife corridors, scenic views, and sources of clean water along a high-elevation ridgeline connecting conserved lands.

"This property contains a remarkable combination of features that have made it a conservation priority for decades," explains Marquette Crockett, SAHC's Roan Stewardship Director. "We conserve some properties to preserve exceptional water quality and native trout habitat and we protect others because they contain rare, high-elevation open areas or exceptional forest habitat—but Yellow Spot has everything. It's a microcosm of the Roan Highlands. SAHC's acquisition of this tract secures a perfect puzzle piece, surrounded by National Forest and protecting the main spine of the Roan Massif" (a massif is a cluster of mountains containing separate peaks).



Located within the state-designated Roan Massif Natural Area, the property rises to 5,100 feet at the peak of Yellow Spot and will provide a buffer for sensitive habitat in Pisgah National Forest. The Audubon Society's Roan Mountain



Left, hiking Yellow Spot; above, view of Yellow Spot

Important Bird Area covers approximately two-thirds of the tract.

"Yellow Spot has all the interesting and rare high-elevation species you would expect in a property of this caliber—Gray's lily, Carolina Northern Flying Squirrel, Northern Saw-whet Owl, Eastern Spotted Skunk, Indiana Bat, and more," continues Crockett. "A biological inventory of the property identified six rare animal species and 12 rare plant species, including Bog Goldenrod and Trailing Wolfsbane."

The tract contains over two and a half miles of stream corridor, including 10 headwater tributaries of Cook Creek and Pineroor Branch, both of which are designated as Trout Waters by the NC Division of Water Resources.

"Much of the land is full of boulders and streams, and it contains some of the more rare habitat found in the Roan," says Crockett. "Although rugged and remote, it is also highly visible from popular vantage points across the region. You can see the boundaries of this property from both sides of the Massif—from Buladean to Bakersville. Drivers along the scenic NC 261 and visitors to the world-famous Catawba rhododendron gardens near Carvers Gap

enjoy scenic views of this protected land."

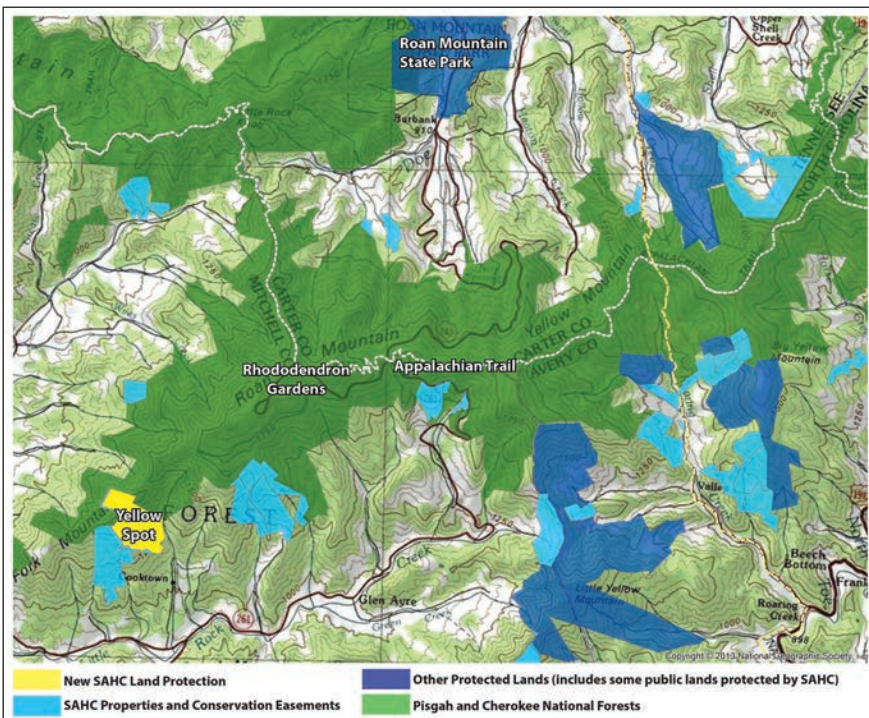
The Yellow Spot property was a long-standing conservation priority both because of its important strategic location and its outstanding conservation values. SAHC's acquisition of this property fills

**"This is an investment both in the future of conservation and in outdoor recreation and the economic vitality of local communities."**

**Marquette Crockett, SAHC's Roan Stewardship Director**

in a gap in the network of protected lands along the primary ridgeline of the globally significant Roan Massif.

"We are extremely grateful to philanthropists Fred and Alice Stanback, Tim Sweeney, and The Biltmore Company for enabling SAHC to protect this incredible tract," says Crockett. "This is an investment both in the future of conservation and



# -Fall Festival-

**Hay Rides • Pie Social • Music • Games • Crafts  
Candy • Horse Rides • Food & More!**

**Wednesday, October 31**

**Trinity of Fairview • 5-8 p.m.**

**FREE Festive Fun for  
Kids & Adults of All Ages!**

Find us at: 646 Concord Road, Fletcher, NC 28732  
(828) 628-1188 • [www.TrinityofFairview.com](http://www.TrinityofFairview.com)



## New Moon Marketplace

an ever-changing selection of antiques, collectibles, vintage signs, jewelry, pottery, crafts, gifts & more.

Now accepting vendor applications

NOTARY NOW AVAILABLE!

10am-6pm Tuesday-Sunday  
Closed Mondays

Gift certificates available!

1508 Charlotte Highway 828.222.2289 [newmoonmarketplace.com](http://newmoonmarketplace.com) [contact@newmoonmarketplace.com](mailto:contact@newmoonmarketplace.com)

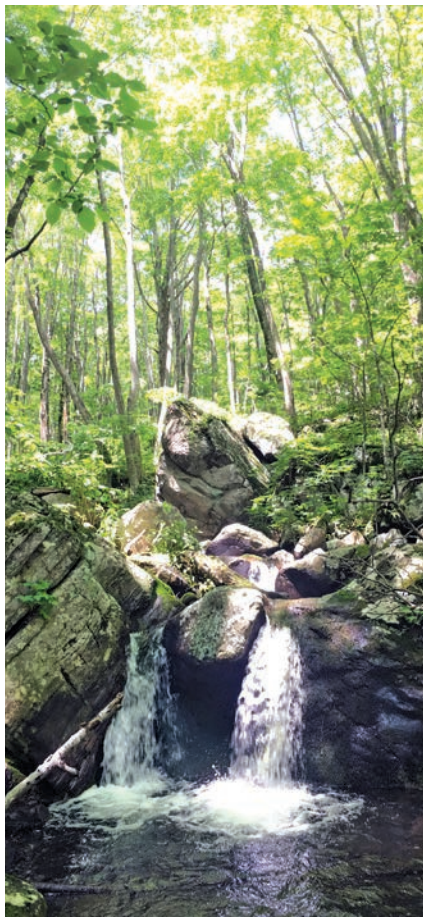


in outdoor recreation and the economic vitality of local communities. Keeping viewsheds in the Roan Highlands intact and beautiful is a valuable asset to our state.”

SAHC plans to own the property for the long term, managing it for habitat and clean water. Visitors to popular outdoor recreation hotspots, including the Appalachian Trail and rhododendron gardens atop Roan Mountain, will be able to enjoy views of the untouched land for generations to come.

“Viewing the property from the Pisgah National Forest and realizing that we have now secured this part of the vista was very moving for me,” adds Crockett. “After one site visit, my favorite part of the day was drinking a milkshake in Buladean and looking back up at where we had come from... and knowing that this incredible place will now be protected forever. It’s very humbling to be part of this effort, and I’m so grateful to everyone who made it possible. I look forward to many years of research, discovery, and caring for this land.”

Angela Shepherd is Communications Director of the Southern Appalachian Highlands Conservancy in Asheville. She can be reached at 253.0095 ext. 200 or by email at [sahc@appalachian.org](mailto:sahc@appalachian.org). To join in saving the places you love, visit [Appalachian.org](http://Appalachian.org).



A small cascade

## Annual Harvest Conference in Swannanoa

Returning for the fifth year, the annual Harvest Conference hosted by the Organic Growers School (OGS) will host workshops for DIY organic enthusiasts.

The conference will take place September 7-8, 9:30 am-4:30 pm at Warren Wilson College in Swannanoa.

The following workshops will be offered.

**The Sustainable Poultry Flock: Breeding, Growing, and Marketing at Any Scale** with instructor Jim Adkins of the Sustainable Poultry Network USA. Adkins will explain how to bring back heirloom breeds of pastured poultry to our plates, farmyards, and communities through sustainable production. The workshop will include a breeding analysis and a slaughter and butcher demo.

**Tending Your Inner Garden: Tools for Cultivating a Healthy Gut** with instructor Monica Corrado of Simply Being Well. Corrado will discuss the mounting evidence that chronic conditions (such as cancer, depression, and allergies) find their origin in the digestive system and will offer accessible and non-clinical advice about healing the gut. A teaching chef and holistic nutritionist, Corrado will address health issues holistically through simple, DIY techniques on nutrient-dense cooking and whole-foods eating.

**Mushrooms, Molds, and Mycorrhizae: Infinite Possibilities for Innovation** with instructor Tradd Cotter of Mushroom Mountain. Cotter will cover how to iden-

tify, prepare, collect, and store medicinal mushrooms; incorporate edible mushrooms and beneficial fungi into farm and gardens; understand mycelial life cycles



and inter-kingdom interactions; cultivate mushrooms on logs, stumps, wood chips, compost, straw, and agriculture waste; recycle mushrooms for home and business waste; and clean contaminated soils and polluted water through mycoremediation.

The cost for the mushroom workshop, which includes a \$15 materials fee, is \$165 for Friday and Saturday and \$105 for Friday only. The cost for each of the other two workshops is \$150 for Friday and Saturday and \$90 for Friday only.

OGS is also hosting a free event with Monica Corrado, **Reclaim Nutrition to Reclaim Your Health**, September 6, 6:30-8:30 pm (also at Warren Wilson).

To register or for more information, go to [organicgrowersschool.org/conferences/harvest](http://organicgrowersschool.org/conferences/harvest).

Organic Growers School is a 501(c)3 nonprofit offering affordable classes on organic growing and sustainable living.

## FOR ALL YOUR BRAIN HEALTH NEEDS...



### WOULD YOU LIKE TO:

Improve function after a brain injury?  
Decrease struggles with learning or behavioral disorders?  
Enhance memory, attention and focus?  
Perform to the best of your abilities?

If so... Take a survey for a FREE consultation at  
[www.ApexBrainCenters.com/take-a-survey/](http://www.ApexBrainCenters.com/take-a-survey/)



Dr. Michael S. Trayford is a Board Certified Chiropractic Neurologist since 2001 and recipient of the 'Functional Neurologist of the Year' award from the International Association of Functional Neurology and Rehabilitation.

828.708.5274

2 Walden Ridge Dr. (STE 80) | Asheville | NC



Use the code BETTERBRAIN when calling to receive \$100.00 off of our 8-part Day of Discovery that will help us uncover the potential causes of your symptoms. No cash value. No obligation to purchase future services.

## GOT TOO MUCH STUFF?



We may be able to help you. We have 10, 20 and 30 yard roll-off waste containers for residential, commercial and industrial use. They work great for construction and demolition material and our fast delivery and pick-up service helps to get your project done in a timely and efficient manner. We serve the Buncombe and surrounding counties.

For information on prices and services, give us a call.

**Mitch Contracting Company**

**828 252-0694**

[www.MitchContracting.com](http://www.MitchContracting.com)





## Harvesting the Past to Run the Future

**M**oving to a new location always has its challenges. Moving to an old farm has some unexpected challenges. It was quite a process to sort and dispose of all the artifacts that were left by previous generations, plus all the trash left by teenagers using an empty house and those who just dump. It was kind of a scavenger hunt—and still is even after 20 years on the farm.

I believe we removed four bathtubs in the first few years from the various buildings and pastures on the farm. The newer plastic models that had been left were not so hard to move around and load in the truck, but those old ones of cast iron were a devil. The cast-iron tub was the last to go; we used it for several years to water the first of our goats. Then it was a playground item for the goats for another few years, but then we finally decided it had to go.

We also learned from older family members that before the days of trash pick up it was customary to dig a pit and fill it with trash (or put an outhouse over it). When it was full you put a little dirt on top and dug a new pit. That explained why we kept finding all kinds of broken glass and pottery all over the farm. I have a small collection of bottles that we've dug up that somehow managed to stay intact. I refuse to contemplate the



Over 100 years old, the old barn holds lots of mystery parts.

pockets of rich, black soil we found in various areas.

And, apparently, no one ever removed old car or tractor parts. Any time we mucked out the barn or dug in an area around the old barn, we found parts. Some I could identify (battery cables, distributor caps, hubcaps, tractor seats) but others were just a mystery. I strongly believe that had we kept all those pieces we could have rebuilt at least one tractor and most of a car (kind of like that old Johnny Cash song). We made a lot of trips to Biltmore Iron and Metal. Strangely enough, we almost never came home with an empty truck. For anyone not familiar with Bilt-

more Iron and Metal, it's like a very primitive version of Lowe's or Home Depot for men. They just can't seem to resist the urge to go out and watch the heavy machinery and dig through the piles of scrap metal to see

what might be handy in the future.

In fact, one of the challenges of a working farm is keeping enough old bits so that you don't need to run to town and either spend money every time something breaks on you or buy a gizmo you forgot to pick up on your last store run. It never fails to amaze me how many pieces it takes to keep even basic equipment running: fencing pieces, plumbing pieces, mower parts, weed eater parts, etc. There is always a running list of things to buy. We try to reuse as much as we can, both for conserving resources and for conserving funds. We have spent years using old pieces of fence wire to use as trellising on our raspberries and blackberries. We

keep any plumbing parts to reuse (although it always seems like there is one piece that you never have on hand). We strip the parts from old weed eaters and mowers and try to buy the same models whenever we can so that we can recycle the old parts on the new machines when needed. I believe we're keeping up a tradition if the parts we've found are any indication.

I have the idea that long after Walter and I are gone that there will be a new minder on the farm who will have to deal with all those mower parts that we're storing for future use. I think it's a mindset that every farmer comes to: You have to hold on to pieces from the past to make the future work. Many of the ideas for farming that we use now have just been lying around, waiting for us to need them again. I guess that's true of life in general. We need the pieces of the past to make the future. We needed the knowledge of older family members to make the farm work for us. We're leaving our knowledge to the next generation. The tractor and mower parts are just the physical manifestations of that process—lots of manifestations, which are sometimes heavy and hard to dig up.

*Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. [Imladrisfarm.com](http://Imladrisfarm.com)*



Meet Your Neighbors...  
**Goldfinches**

**Hurry In! Good thru Sept 30th!**  
**\$10 OFF \$50\***

\*Valid only at the participating store listed. One discount per purchase. Offer not valid on sale items, optics, DSC memberships, gift cards or previous purchases. Offer expires 9/30/18.

**BIRD FOOD**  
**GARDEN**  
**ACCENTS**



**Wild Birds Unlimited®**  
Nature Shop

**FEEDERS**  
**UNIQUE**  
**GIFTS**

[www.wbu/asheville](http://www.wbu/asheville)

**10 Crispin Court, Ste D-102 • Publix Center • 828 687-9433**  
**946 Merrimon AVE, Ste 120 • Fresh Market Center • 828 575-2081**

**Ray's Landscapes**  
828 628-3309 office  
828 279-5126 cell



**Located in Fairview**

Our services include:

- Residential landscape design
- Stone patios and walkways
- Retaining walls — stone and wood
- New lawn seeding
- Sod installation
- Mulches and compost
- Fertilizing
- Aeration

**It's a good time to plant trees and we can do it!**



**Call Ray's Landscapes today!**  
**INSURED & LICENCED CONTRACTOR**

[www.RaysLandscapes.com](http://www.RaysLandscapes.com)



## Comfy Laptops and Private Videos

**M**any of us use laptops, and there are ways to make them as comfortable as desktops. Get a stand to angle the keyboard and place the screen at an ergonomically correct position, then pair it with a wireless keyboard and mouse. If you lack extra USB ports, add a USB hub.

If you don't have a great photo printer or you've found it too costly to buy special paper and ink, consider online photo printing services. Many let you create calendars, photo books, coffee mugs, pillows, clothing and more, using your uploaded photos. Check out Snapfish, Shutterfly, York Photo, CVS Photo, Walgreens Photo, Walmart Photo, AdoramaPix, or even FedEx.

### Good Vibrations

Use different smart phone vibrations to know what your silenced phone is alerting you. Both iOS and Android let you set vibration patterns for different apps, and for calls you can even change the default vibration patterns for various contacts. Now you can recognize that true emergency call without disturbing those around you.

There are a variety of ways to reduce mobile or cellular data usage that can often save you money. Manually cap your data on your phone, only use Wi-Fi, stop apps from syncing automatically or only let them sync on Wi-Fi, and definitely store music

and such on the phone so you don't need to stream them. And when you use these tricks to cut your data plan needs, you may find that your battery life goes up.

### Sharing Home Videos

Use your YouTube (Google) account and mark your video as "Private" when you click into "Upload Video," which means you can invite up to 50 YouTube users. If you select "Unlisted," you can share what is basically an unlisted link to your video, even to people who don't have a YouTube account. Other services with similar private options include Vimeo, Facebook, and other cloud storage services like Google Drive, Dropbox, OneDrive, and others have options for sharing a link to a video without them ending up indexed by search engines for the entire world to enjoy.

A tech note for those who have previously submitted websites to Google for search word indexing: Google will soon require you to have and use your Google account with their "Search Console" site. If you have a website and would like to use Google Analytics to gather more information on how people get to and move through your site, look at [support.google.com/webmasters](http://support.google.com/webmasters).

*Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or [bill@scobie.net](mailto:bill@scobie.net).*



*Give your car a new clean and shine.*



PICKUP/DROPOFF AVAILABLE  
**828.423.2408**



*All makes and models!*



**SMOKEYMOUNTAINAUTODETAILING.COM**

# FIRST BANK

## Comprehensive Mortgage Services

We offer personalized loan programs, great rates, and exceptional service—every time, for everyone.

CONVENTIONAL LOANS

JUMBO LOANS

DREAM IT, OWN IT PROGRAM

SPECIAL HOME LOANS FOR DOCTORS  
AND OTHER MEDICAL PROFESSIONALS\*

FHA, VA, RURAL HOUSING LOANS

ONE-TIME CLOSE CONSTRUCTION  
TO PERMANENT LOANS

Visit one of our  
13 locations across  
Western North Carolina.

Or you're welcome to check out  
**LOCALFIRSTBANK.COM/MORTGAGE**

\*Physicians, dentists, optometrists, Pharm.D pharmacists, ophthalmologists, podiatrists, osteopathologists, and veterinarians. Loans subject to credit approval. First Bank NMLS ID 474504. Equal Housing Lender. Member FDIC.





# COOL MOUNTAIN

## REALTY & CONSTRUCTION

*Buy • Sell • Build*

## Your Hometown Realtor

# KEEP YOUR MONEY LOCAL!

Trust the local experts when it comes to buying and selling in Fairview and Fletcher.

We know the area and the market —  
let us do the heavy listings!

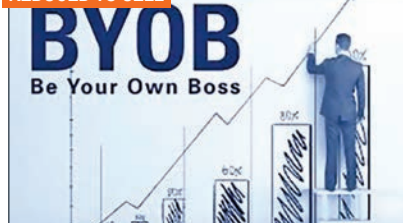
Our staff of 15 is waiting to serve you!

**CONTACT US TODAY FOR A FREE COMPARATIVE MARKET ANALYSIS!**

771 CHARLOTTE HWY, FAIRVIEW 828.628.3088 [www.coolmountainrealty.com](http://www.coolmountainrealty.com)

### COMMERCIAL BUSINESS IN FAIRVIEW 4 SALE

REDUCED TO SELL



Great opportunity to own your own business in prime, established Fairview location with lots of road traffic. Call for more info on this exciting opportunity 828-628-3088.

### QUAINT 1,300 SQ FT 3/2 STARTER

UNDER CONTRACT



Perfect for first time buyers or investors! 20 mins to AVL, 15 to Lake Lure/Chimney Rock. Partially wooded 1/2 acre with private driveway. Call Susan for more info 828-301-1410, **\$120,000**

### FIXER RENTAL INVESTMENT



3 bed, 1 bath single wide on .32-acre lot. Great investment property. Call Susan Lytle for more information 828-301-1410. **\$30,000**

### LAND FOR SALE

**NEW! 7+ ACRES OF SPECTACULAR MOUNTAIN TOP VIEWS.** Road cut in, several spots to build. Build one house or three, great VRBO possibilities \$54,000

**NEW! 0.63 OF AN ACRE IN BEAUTIFUL GATED COMMUNITY** Lots of amenities in this private secure community. Green space, playground, paved roads and running creek. Mountain views from this property, potential to be a beautiful build spot. \$59,000

**NEW! 1.17 ACRES OF MOUNTAIN MAGNIFICENCE** Beautiful mountain community to build your dream home. Lots of amenities and benefits to this wonderful property. Home plans available with this buy \$20,000

**REDUCED TO SELL! 4+ ACRES READY TO BUILD.** Hike from your back door. Gravel driveway and existing building site. Long-range mountain views. Perked for 3 bd in 2008. Mature hardwoods, rhododendrons, lots of wildlife. \$35,000

**NEW! PRIVATE 2.4 ACRE** with view, pond, creek, well, septic, and homesite graded. Access off paved road. Call Karen 828-216-3998 \$100,000

**4-ACRE, PRIVATE WOODED PARCEL** with beautiful laying homesite and excellent access. \$75,000. Owner will consider financing. Call Karen 828-216-3998

**NEW! AWESOME PRIVATE HILLTOP** 1+ Acre Lot with huge view potential. VRBO Builds OK!! Lot is very accessible. ONLY \$41,000 Call Karen, 828-216-3998

**GORGEOUS PARTIALLY CLEARED,** level to rolling homesite in gated community. Stunning views, underground utilities, low HOA fees, easy paved access. \$125,000 Call Karen 828-216-3998

**STUNNING 39-ACRE PARCEL** with commercial potential. Pasture, woods, level, rolling & hilly, potential views. Stone entrance, creek, small stream, 2 ponds. City water & small box sewer treatment possible. Call Karen 828.216.3998. \$2.5M

**NEW! 3.58 PRIVATE ACRES** with breathtaking long-range views. They are not making anymore lots like this! Level access from paved road, sloping lot in beautiful gated community. Pool, tennis and golf membership option. Call Karen 828.216.3998. \$100,000

**STUNNING RIVERFRONT LAND WITH HISTORIC GRIST MILL.** Possible owner finance. Driveway and septic installed, site graded, pasture and mountain views. Call Karen 828.216.3998. \$100,000

**GORGEOUS 2 ACRE PARCEL IN VALLEY** adjoins conservancy land. Potential potential for pasture & long-range mountain views. Pave access in new home area. Call Karen 828.216.3998. \$135,000

**NEARLY 5 PRIVATE ACRES.** Several homesites, creek, driveway, great view potential, landscape architect plan. A steal at \$65,000. Call Karen 828-216-3998

**NEW! 4 PRIVATE, WOODED, LOTS** in Mountain Shad-ows .5-4.5 acres from \$30,000-65,000, most with potential for spectacular views. great neighborhood just 15 min. from downtown Waynesville. Call Karen 828.216.3998

### 2/2 HOME ON 0.8 ACRES

NEW LISTING!



5 mins to Food Lion, post office, pharmacy and more. Well cared for home w/ updates. New wiring, floor and HVAC. Year-round views. Front privacy fence w/ solar lights, back has patio w/ grill and fence. All furniture stays except king bed including TVs, gun safe. Call Susan 828-301-1410. **\$145,000**

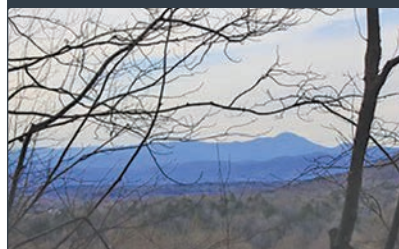
### 4/5 HOME W/ PICTURESQUE VIEWS ON 1+ ACRE

NEW LISTING!



Custom brick home overlooking Cane Creek Valley. 2 kitchens, 2 family rooms, formal dining room, living room. Eat-in kitchen on main, custom cherry cabinets, walk-in pantry, granite countertops, SS appliances. Custom closets, many more amenities! **\$649,900**

### BEAUTIFUL MTN LOT WITH 360° VIEWS



1.79-acre lot with 360° long-range mountain views at 3,000 ft. Private, wooded lot. Build your dream home! Located between Hendersonville, Asheville, and Lake Lure. Call Sophia 828-691-0311. **\$59,000**

### WHY BUY / BUILD? NEW FOR THE SAME PRICE

NEW LISTING!



Brand new Arts & Crafts! Open floor plan, 3/2, one-level. Covered back porch. Wood floors throughout. New subdivision in the heart of Fairview, agrihood community with a 1/2 acre lots. **\$395,000**

### MOTIVATED SELLER / ALL LOTS REDUCED

REDUCED PRICE



Fantastic location in Asheville. Country living in the city! Lot #2 **\$87,000 UNDER CONTRACT**. Lot #3 4.89 acres **\$155,000**. Lot #4 **\$95,000**. Lot #5 **\$95,000**. Lot #6 **\$75,000**

### POPULAR FULLY FURNISHED VACATION RENTAL

NEW LISTING!



5 bed/3.5 bath on 5.37 Acres. Post & Beam home w/ panoramic views! Lg loft, BRs & bath on all 3 levels. Currently used as investment property. Fully furnished. Decks for entertaining w/hot tub. **\$695,000**

### MOUNTAIN SIDE ESCAPE ON 2+ ACRES

NEW LISTING!



Spectacular rock & cedar chalet style home. 2 fireplaces, open floor plan, cathedral ceilings, views & privacy. Private quarters on lower level & detached workshop. Immaculate! Great value at **\$635,000** Call Karen 828.216.3998

### BUILD NEW!!!! 1 LEVEL RANCH



3/2, Space-efficient ranch offers all the features you've been looking for. Master BR suite, full-size bath, walk-in closet, huge great room. New agrihood subdivision in the heart of Fairview. Many plans to choose from. **\$350,000**

### MAJESTIC OAKS! LOTS GOING FAST — DON'T WAIT!



LOT 1	0.5	<b>SOLD</b>
LOT 2	0.5	<b>\$59,000</b>
LOT 3	0.5	<b>SOLD</b>
LOT 4	0.521	<b>UNDER CONTRACT</b>
LOT 5	0.482	<b>SOLD</b>
LOT 6	0.51	<b>\$59,000</b>
LOT 7	0.64	<b>\$64,000</b>
LOT 8	0.526	<b>\$59,000</b>
LOT 9	0.521	<b>\$59,000</b>

**+ ALMOST 1/2 ACRE OF GREEN SPACE!**



# ICELAND

## LAND OF FIRE AND ICE

The fastest-expanding travel destination in Europe is also actually getting bigger. Iceland sits on the intersection of two tectonic plates that are moving away from each other; fissures appear and enlarge, volcanoes erupt, lava flows, geysers spout, and every year this little island gets about two inches wider. In Iceland we saw that our planet is still being formed, changing everywhere in massive and stunningly beautiful ways.

ALL PHOTOS BY STEVE FULGHUM AND LYNN STANLEY



**The Icelandic Seas**

"A huge iceberg has strayed here from Greenland," said the captain of our cruise ship, as he circled carefully around it at the mouth of a northern fjord.



**Tectonic Rifts of Þingvellir**

Near the center of Iceland two tectonic plates pull apart, opening fissures and chasms that widen and deepen over millennia. Steve helped the process along in one large fissure.



**66 Degrees North**

Iceland touches the Arctic Circle at the tip of the northern island of Grimsey, home to thousands of puffins, terns and other sea birds, scores of Icelandic sheep, and vast fields of lupine.



**News Up North**

Also at 66 degrees north, Lynn kept up to date on Fairview news.



**Getting to the Glacier**

Seen from the refitted NATO missile launcher climbing the Langjökull glacier, the landscape was a study in black and white.



**The Langjökull Glacier**

A small tunnel opened into caverns of ice 50 meters under the glacier's surface.



**Inside the Glacier**

A small tunnel opened into caverns of ice 50 meters under the glacier's surface. Crossing a wooden bridge, we could look down—and up!—into a long crevasse in the glacial mass. An utterly astonishing experience!



**Towns and Cities**

Our ship sailed out from Reykjavik a day after the Iceland-Nigeria World Cup match, which Icelanders watched on huge screens in seemingly every city square. We then visited smaller cities and towns among the fjords, each with a unique character and beauty.



## You'll Just Have to Grin and Bear It

**A**re you wise about bears? I thought I was, but I was wrong.

Like most in our community, I have felt the escalating presence of bears over the 18 years I have lived in Fairview, but this year it seems to be out of control. While having coffee with a friend on my back deck late one recent morning, I sensed something large in my peripheral vision. I had just put my bird feeder out because we all know not to leave them outside overnight. Much to my surprise (and that's putting it mildly!), there was an extremely large black bear artfully emptying the contents of my bird feeder into his gaping mouth. It should be noted he was only about 10 feet from us and paid no attention as we sipped coffee and chatted away. After making a great deal of noise as I retreated into my house, he just sauntered off.

Okey dokey, then. I thought bears only rummaged around for food at night. This was definitely something new—in broad daylight!



Britt Allen and Mike Carraway

### Learning about WNC Black Bears

A week or so later when the *Crier* received an invitation to attend a Southcliff neighborhood Bear Safety Event to assist residents regarding the increasing bear activity in our area, I jumped at the opportunity to attend. Britt Allen, a Broker-in-Charge with Ivester Jackson Blackstream, the real estate firm handling Southcliff properties, had planned to hold the event on site but the response was so overwhelming it moved to the Fairview Library's community room to accommodate the crowd. The library seats 65 or so and there was standing room only when the talk began. Obviously, bears are a hot topic these days.

The presentation was given by Mike Carraway, a biologist, researcher and Mountain Region Supervisor with the NC Wildlife Resources Commission. Mike has been directly involved with a research program designed to learn more about the bear population in these parts. By locating bear dens and tranquilizing adult bears and outfitting them with tracking collars, the program has been able to gather a wealth of data on when and where the bears went, what they ate, etc. I soon learned why this study was important.

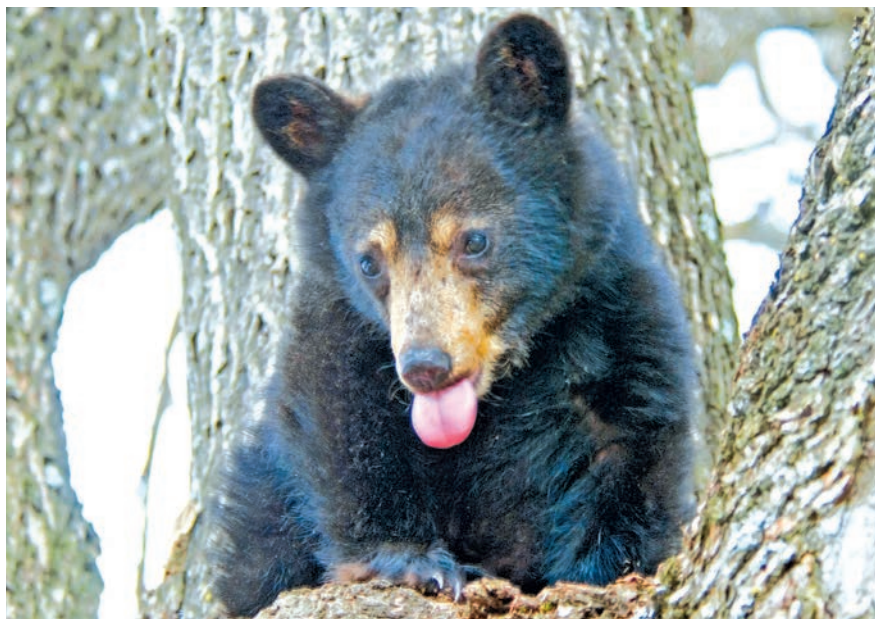


PHOTO: MIKE CARRAWAY

### A Bit of History

The forests of WNC had been a perfect habitat for black bears and they thrived here until the late 1800s. The inhospitality of our mountains to humans meant development was sparse, and food, such as chestnuts, acorns, and wild berries, was plentiful. This began to change as human-bear interactions increased. The direct cause of this was 1) extensive logging of vast tracts of wooded land to create croplands, 2) the blight of WNC's chestnut trees (virtually all mature chestnut trees were dead by the early 1950s), and 3) intensive and unregulated killing of bears for both sport and the perceived threat to livestock and humans. By the early 1900s, the black bear population in WNC was on the road to extinction.

The first step in protecting the bear population in the Southern Appalachian mountains came in 1936 with the formation of the Great Smoky Mountains National Park. This marked the first bear sanctuary in the state, with more than 300,000 acres protected from hunting, logging, settlement and development. While hunting was still allowed in national forests, large areas were safeguarded and the forests that had been decimated began to recover.

In 1971, North Carolina led the way and created a bear sanctuary system designating 28 areas with over 800,000 acres as "hunting free" bear habitats. These sanctuaries ensured female bears would reproduce in safety, natural food sources would be available, and bear populations would increase and gradually expand into surrounding areas. This sanctuary system was the first and most successful program of bear management in North America. But as they say, be careful what you ask for.

As the ever-adaptive black bear began to thrive, bear habitats have moved further and further into heavily populated areas. As a result of knowledge gained from tracking bears, it is known that there are black bear dens in downtown Asheville—and they aren't eating at any of our myriad

local restaurants, but rather from trash cans, bird feeders, and backyards. It is estimated that there are probably more bears in North Carolina today than there have

concerns over bear activity near or around their yards, it has become obvious that something needs to be done.

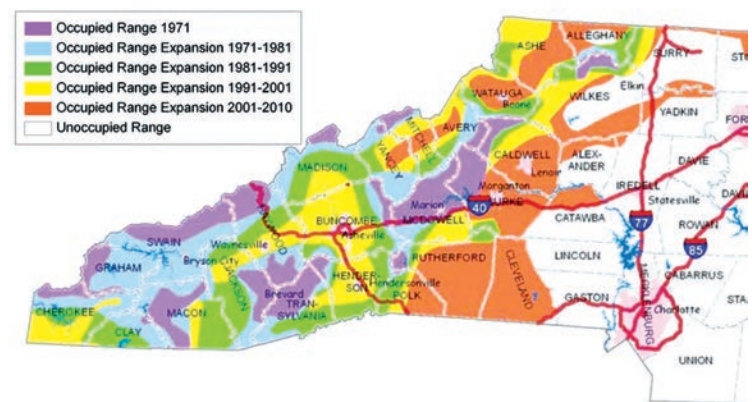
### Can't You Just Trap These Bears and Relocate Them?

The answer to this question is: To where? Even if it were possible to track, tranquilize, lift, and relocate all of the 150- to 500-pound bears that have become a "nuisance," just where could they be taken to that wouldn't be "intruding" on other folks' homesteads? Undeveloped forestland is scarce in our mountains and there aren't sufficient resources to make relocating feasible. Additionally, bears can travel far distances from their home base in search of food and would likely make their way back. And that is where the BearWise program comes in.

### Time to Become BearWise

BearWise is a regional program dedicated to helping people live responsibly with black bears. There are an estimated 6,500-7,500 black bears in our mountains, and they need food, water, and a safe environ-

### Bear Population Growth since 1971



been at any time in the last 100 years. And this is why bear management programs are now critical.

### Bear Hunting Season

Oct 15–Nov 17 & Dec 10–Jan 1  
One bear per hunter per year allowed.



### Back to the Presentation

Mike utilized several slides to illustrate the increase in bear habitat in Buncombe County. As they say, a picture is worth a thousand words. Bear habitats were indicated by pink overlays of a map of our area. In the first slide, there were a few pink areas northeast and west of Asheville. In the second slide, pink blobs covered just about all of Asheville, Fairview, and surrounding areas in Buncombe and beyond. As more and more people call the Wildlife Resources Commission with

ment in which to den. And when unwitting residents provide a food source, bears will come a-visitin'. It's not just bird feeders that attract bears—and not just at night—but literally any food source, or recent food source, within their home ranges.

Black bears have incredibly powerful olfactory senses—as much as seven times more sensitive than bloodhounds. They can detect food from minute particles in the air, and they go on high alert to find it. In the spring, bears will forage for grasses, insects, larvae and roots. In summer, it's berries, acorns and other tree nuts, dogwood, serviceberry, blueberries, wild grapes, chokeberry, and sassafras. When these healthy foods are not readily available, bears will subsidize their diets, as do humans, with less beneficial alternatives like grease left on a grill, food scraps left in trashcans, or dog or cat food left outside. Bears are carnivores, and in need of more food, they will eat dead animals, small mammals, reptiles, frogs, toads, and other amphibians.

It is pretty astounding how much food a bear needs. In the fall, they must put on enough weight in the form of fat reserves



to last through the winter denning/hibernation period. This often requires up to 20 hours of foraging a day leading to a weight gain of up to 100 pounds in a few weeks. In the fall months, bears need about 20,000 calories a day, compared to 5,000 a day in spring and summer.

As more and more natural habitat is removed to make way for housing, it becomes increasingly difficult for bears to find enough natural food to sustain them. Add to this the inevitable side effects of weather changes that affect the

hard mast crops (acorns, hickory nuts, etc.), and it's easy to understand why these black beauties are snorting down birdseed and rummaging through our trash for food scraps.

So what is there to do? Become Bear-Wise, that's what. And then just...grin and bear it!

*Information culled from presentation, bear-wise.org, and the Black Bear Management Plan by North Carolina Wildlife Resources Commission.*



This amazing photo, which has not been Photoshopped, comes to us from Kevin Hogan.

## Steps to Becoming BearWise

### Never Feed or Approach Bears

Feeding bears (intentionally or unintentionally) trains them to approach homes and people for more food. Bears will defend themselves if a person gets too close, so don't risk your safety and theirs.

### Secure Food, Garbage and Recycling

Food and food odors attract bears, so don't reward them with easily available food or garbage.

### Remove Bird Feeders When Bears Are Active

Birdseed and other grains have a high-calorie content making them very attractive to bears. The best way to avoid conflicts with bears is to remove feeders—not just during the daytime, but for the months when bears are active.

### Never Leave Pet Food Out

Feed outdoor pets portion sizes that will be completely eaten during each meal and then remove leftover food and food bowls. Securely store these foods so nothing is available to bears.

### Clean and Store Grills

After you use an outdoor grill, clean it thoroughly and make sure that all grease and fat is removed. Store cleaned grills and smokers in a secure area that keeps bears out.

### Let Neighbors Know

Share news with your friends and neighbors about recent bear activity and how to avoid bear conflicts. Bears have adapted to living near people. Are you willing to adapt to living near bears?

For more information, visit [bearwise.org](http://bearwise.org) and watch for an announcement of another bear talk in upcoming issues of the Crier.

# Drovers Road PRESERVE



A 110 acre conservation easement surrounds this established neighborhood in the heart of Fairview farm country. Enjoy the simple amenities of hiking trails, wildlife, and picnic areas.

Drovers Road Preserve is blooming with 2 homesites under contract and one new custom home underway. Eight homesites are available with 1.6 to 8.9 acres, from \$205,000 to \$265,000.

**Come discover Drovers Road Preserve for yourself!**  
**Contact us for your personal tour.**



**CAROL FISK**

828-674-0441

[carolfisk@beverly-hanks.com](mailto:carolfisk@beverly-hanks.com)

**CHRISTIE MELEAR**

828-776-1986

[christiemelear@beverly-hanks.com](mailto:christiemelear@beverly-hanks.com)

**Beverly-Hanks & ASSOCIATES, REALTORS®**

*Leading*  
REAL ESTATE COMPANIES  
IN THE WORLD



## NATURE'S TRUTH®

*Now offering*

## NATURE'S TRUTH WELLNESS 360

Aromatherapy / Vitamins & Supplements



Providing top quality products with the purest ingredients.



**BUY ONE BOTTLE & GET THE SAME OF EQUAL VALUE 50% OFF**

Quality products to fit your wellness needs.



Fairview's Hometown, Locally Owned & Operated Pharmacy



**Americare**  
Pharmacy

Fairview Business Park  
1185 Charlotte Highway  
Fairview, NC 28730

Phone: (828) 628-3121  
Hours: Mon-Fri 8am - 6pm  
[americarepharmacy.net](http://americarepharmacy.net)



# New Faces at Fairview Elementary

By Kenya Hoffart

Fairview Elementary School's halls are abuzz with students and staff who have settled in to a new school year. Among the friendly faces are several new teachers and faculty members that are already a great addition to the Fairview family.

Ben Jackson is new to FES and serves as an administrative intern, a requirement to complete the Masters of School Administration program at UNC-Chapel Hill. He is a former teacher for the Charlotte-Mecklenburg school system.

Emily Anderson is a new third grade teacher at FES. She comes to Fairview with 18 years of teaching experience. She spent the last 15 of those years at Hominy Valley in Candler, where she was a former Teacher of the Year. Mrs. Anderson and her husband, who is also a teacher, have two children.

Jaime Graeber is a new, part-time music teacher. She has been teaching for 11 years and spent the last three years teaching at Waynesville Middle School. She has been passionate about music for as long as she can remember and enjoys sharing her love of music with others. She will also teach part-time at Estes Elementary. She and her husband, who is a middle school band director, have two children.

Maggie Harvin is a new kindergarten teacher. She is a former third grade teacher and spent the last two years teaching fourth grade at a school in the United Arab Emirates. She comes from a long line of teachers and is very excited to be part of the Fairview team.

Joshua Jordan has started his teaching career at Fairview as a part-time Physical Education teacher. He will also teach part-time at Estes Elementary. Mr. Jordan is an assistant coach for the men's basketball

team at A.C. Reynolds High School.

Melissa Melberg has joined the first grade teaching team. She was a teacher's assistant at Fairview for four years before moving on to Bell Elementary as a certified teacher. She has taught there for the last six years, both kindergarten and second grade, and was named the 2017 Teacher of the Year. Mrs. Melberg is happy to be back at FES, where she was once a student. She and her husband have two sons.

Erin Seickel teaches art and will split her teaching time between Fairview and Estes Elementary. She has taught at elementary schools in Florida for the last nine years. She was named Teacher of the Year in 2014. Mrs. Seickel, her husband, and their two little boys decided to relocate to the Asheville area to be closer to family and enjoy the numerous opportunities for outdoor adventures this area provides.

Anna Smart has also joined the first grade teaching team at Fairview. She has five years of teaching experience and spent last year teaching a first and second grade combination class in Charlotte. Ms. Smart is engaged to be married later this year.

In addition to these new certified teachers, FES has also welcomed a number of new support staff members as well. Xavier Boatright, Kathy Childers, Nicholas Gerstung, and Raynelle Ritchie are working in classrooms with special needs students. Louise Edens and Sarah Redmond are supporting second and third grade teachers and students. And Theresa Brown and Hulda Pollock are working as Title 1 assistants and serving all grade levels.

Kenya Hoffart is the VP of fundraising and communications chair for the FES PTA.

## Meet the New Teachers at A.C. Reynolds HS



Front row (l to r): Kaitlyn Roman, EC; Austin Reece, Science; Alexandra Houle, Science; Brian Hill, Science; Kennedy Forbes, Family and Consumer Science; Shannon Fields, Spanish. Back row (l to r): David Williams, EC Assistant & Baseball Coach; Dan Talvacchio, ISS; Britt Taylor, Mathematics; Justine Becerra, English; Joe Ainsworth, Counselor.



Things heated up on the blacktop. (Photos: A.C. Reynolds High School bands Facebook page)

EVERY LOVE, TEEN REPORTER

## A Band Camp Rookie

I'm back this month to give you the scoop on marching band. In addition to my own experience, I also conducted an interview with another girl in my section who's marched a year longer than me. So here's everything you need to know about marching band from the mouths of teenagers.

This week was my first real experience with marching—the dreaded rookie camp. It's three days learning the basics for the new kids who haven't marched before. The section leader for the baritone players wasn't in the country for rookie camp, so the other section leaders for the rest of the low brass took it upon themselves to teach us. We marched on the football field when possible, but mostly we marched on blacktop. It got really hot, as we were in the final throes of summer; the sun beat down on us while we marched along. It was long, hot, painful work, but the sense of accomplishment was incredible.

### It's All About the People!

When I'm marching, I feel like one part of a well-oiled machine, even though none of us is that great yet. Most of the people I met were super nice; they reminded me what to do, where to go, and gave me fingerings for my instrument when I was confused.

One such person was Margeaux Catlin, a sophomore baritone player at ACRHS. Before camp even started, she sent me tons of advice and support. Once rookie camp started, she didn't have to be there, but because our section leader was missing she came anyway and helped us along.

I asked her what her first experience in marching band was, and she said, "For rookie camp, I was pretty awkward—the only true beginner in all of the low brass section. Everyone was really nice and supportive though, so I survived." In that way, she and I are super similar. The people at camp with me were all so amazing and helpful. Even when my arms and legs were so sore I could hardly move, and when going back felt like a chore, the people were what made it really worth it.

Margeaux gave me lots of amazing advice. When I asked her for survival tips, she said, "That depends on if you're going for physical survival or mental survival. Water helps you survive physically; a good attitude helps you survive mentally."

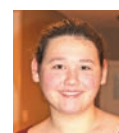
When I wrote this article, rookie camp was my only experience of marching band.



It was hot and hard, and mostly grunt work, and sometimes it didn't feel like all the hard work would ever pay off. Margeaux assured me that wasn't true. Then she told me about her favorite memory of marching band camp.

"Most of my favorite memories happened during section bonding," she said. "One fun time was last year when we went into a grocery store as a section. We ended up getting facemasks for everyone in the low brass section and we put them on in the boys dressing room. We walked around like that for a while, and then there was a panic in the dressing room bathroom when the section leaders couldn't get theirs off."

So far, marching band is really awesome. Working through the pain to get to the gain feels incredible, and the people I'm meeting make it all worth it.



Avery Love is a ninth-grader at A.C. Reynolds Middle School. She lives in Fairview with her mom, dad, and sister Zoe.



## GPS for Buncombe County Schools

We used to think that if you didn't have a road map, you'd be lost. Now it's all about having the right GPS app, but you still have to know your destination! The same is true for Buncombe County Schools. The 2018-2021 Strategic Plan, approved at the August School Board meeting, provides the GPS for our schools' future.

The destination for this journey is articulated in the Purpose and Direction statements of the plan: the Purpose is "To provide safe

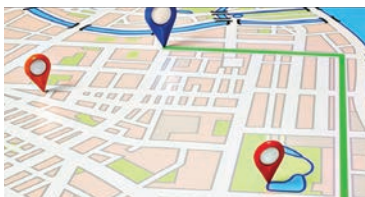
and engaging learning environments that prepare students for their tomorrow" and the Direction states that "Our students will become successful, responsible citizens in an ever-changing global society."

### Four Guiding Principles

The plan has four Guiding Principles, each with a goal statement, action items, and anticipated outcomes.

The first and most important Guiding Principle is Academic Excellence, with a goal that "All Buncombe County Schools take collective responsibility to increase the academic growth and achievement of each student." This section addresses the school system's reason for existence: we need to make sure that students and teachers have what they need for learning, so that our students can graduate with the confidence that they are ready for college or a career.

The next is Safety & Support Systems, where our goal is that "All Buncombe County Schools maintain safe learning environments and enhance wellness for all students and staff." Keeping our kids safe, of course, is a top priority for the entire school system. This effort takes concerted effort from all departments working behind the scenes to keep the school system running smoothly: Communications, Student Services, Technology, Human Resources, Finance, Facilities, Maintenance, Transportation, and School Nutrition. Each department has its own set of outcomes in the plan.



Without excellent Leadership, the third Guiding Principle, our school system goes nowhere. This area focuses on developing our current principals, cultivating new prospective principals from within the system, and nurturing student leadership. The goal: "All Buncombe County Schools are committed to develop a diverse group of highly qualified leaders who empower others."

Finally, we recognize that Buncombe County Schools cannot be successful in a vacuum. The final Guiding Principle is Family & Community Engagement, with a goal that "All Buncombe County Schools fully engage families, communities, and staff to work together for the success of each child."

I don't have space here to go into the interesting details of the plan, so I encourage you to check it out on the Buncombe County Schools' website. Go to BuncombeSchools.org, click on "About," and then "Purpose & Direction." You'll find the plan there.

Our next step will be to keep the plan alive. This will not just be a document to sit on the shelf. Each school will use this GPS to guide their own School Improvement Plan, and the School Board has requested regular updates on the progress toward our outcomes. If you want to know what we stand for, this is the document to tell you. And we have committed to keeping on track with our journey.

### School Board Election Update

As I noted in last month's column, three School Board members filed for re-election in July. No one else filed to run for these seats, so all three incumbents will run unopposed in the November election. Please support local candidates who advocate for public schools!

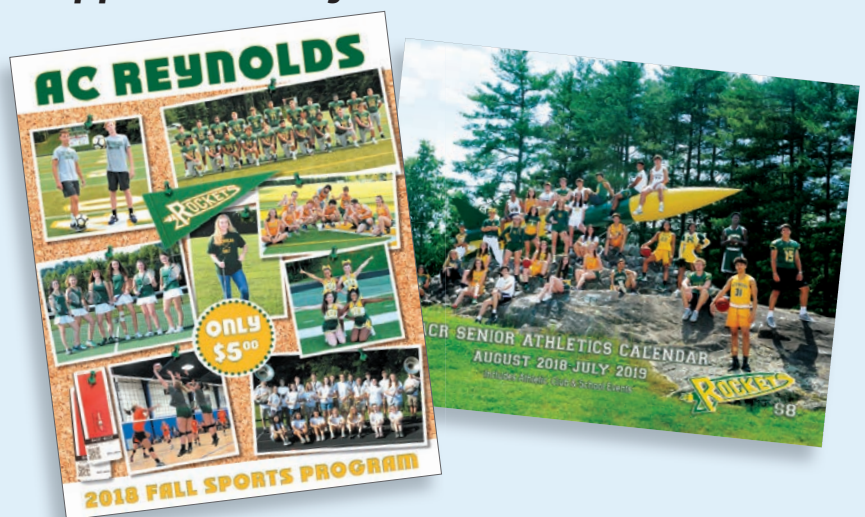


Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

### SEPTEMBER CALENDAR FOR REYNOLDS SCHOOLS

<b>SAT, SEPT 1</b>	Pancake breakfast for Oakley Mural Painting Project, Fellowship Asheville Church 8-10 am
<b>MON, SEPT 3</b>	Labor Day Holiday <b>NO SCHOOL</b>
<b>TUES, SEPT 18</b>	2-hour early release
<b>MON-FRI SEPT 24-28</b>	Fairview Elementary Book Fair
<b>TUES, SEPT 25</b>	Fairview K-2nd Daybreak with Dad 7:15 am
<b>TUES, SEPT 25</b>	Fairview K-2nd Open House 5:30-7:30 pm
<b>WEDS, SEPT 26</b>	Fairview 3rd-5th Daybreak with Dad 7:15 am
<b>THURS, SEPT 27</b>	Fairview 3rd-5th Open House 5:30-7:30 pm
<b>THURS, SEPT 27</b>	Oakley Title I/PTO Open House 6-7:30 pm

## Support A.C. Reynolds Athletics!



A.C. Reynolds High School Athletics programs help our teens channel their talents into positive efforts. These programs are supported by the ACR Boosters Club but another fundraiser for the Rockets Football teams is the sales of the Fall Sports Programs and Senior Athletics Calendar. The program is filled with photos, team rosters and schedules, and everything one needs to follow the teams as their seasons unfold. The calendar has all of the major holidays, as well as all school closings and activities. Game times and locations are included for all athletic teams, varsity and junior varsity.

The program sells for \$5 and the calendar for \$9. Both can be purchased at The Hub of Fairview, 1185 Charlotte Highway, Monday-Friday, 11-5 pm and Saturday, 12-4 pm or at the Gate of Shirt Shack at any home football game. Be more than a fan—be a supporter!



## Fall Family Fun at Fairview Elementary



Mark your calendars: Fairview Elementary School's annual Fall Festival will be held Friday, October 5, from 4-7 pm on the FES ball fields. This year's festival will include inflatables, carnival games and prizes, hay rides, raffle baskets, face painting, cake walks, carnival foods and sweets, a dunk booth, and much more.

Unlimited Pass wristbands for children 2 and over can be pre-purchased for \$10 and will include unlimited access to everything except food and the dunk booth. Adults and children under 2 are free. Tickets for the raffle baskets will once again be \$1 each.

Wristband and raffle tickets sales will begin September 21 and may be purchased through any FES family or by contacting [ptafairviewelementary@gmail.com](mailto:ptafairviewelementary@gmail.com). Everyone is invited to be a part of this event.





## GREG'S MAGIC TRICK

### A Skewer Through a Balloon

Thrust a pointy wooden skewer through a balloon without popping it!



**SECRET:** Blow the balloon up nearly full then let about one-third of the air out. You will notice the balloon is thicker on the end and by the nozzle end where you tied the knot. You will push the skewer through these points. But first rub the skewer with some vegetable oil or dish soap; this will make it easier to push it through the balloon.

Use steady, gentle pressure and push the skewer first into the thicker end of the balloon, and then thread it through the end by the knot. Pull the skewer out and be careful not to poke yourself. The balloon will slowly begin to lose air. Quickly toss it in the air and let it pop as it falls onto the skewer.  
**Magic!**

Greg Phillips is a professional speaker, magician and comedian. Contact him at [Greg@GregPhillips.com](mailto:Greg@GregPhillips.com) or [MountainMagicAcademy.com](http://MountainMagicAcademy.com).



For your many  
sides, there's  
Nationwide.®

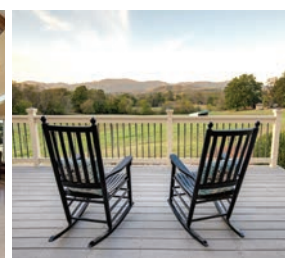
AUTO | HOME | BUSINESS | LIFE



**Chad McKinney**  
**McKinney Insurance Services**  
(828) 684-5020  
[mckinncl@nationwide.com](mailto:mckinncl@nationwide.com)  
[nationwide.com/mckinneyinsurance](http://nationwide.com/mckinneyinsurance)

Products underwritten by Nationwide Mutual Insurance Company and Affiliated Companies. Home Office: Columbus, OH 43215. Subject to underwriting guidelines, review, and approval. Availability varies. Nationwide, Nationwide Is On Your Side, and the Nationwide N and Eagle are service marks of Nationwide Mutual Insurance Company. ©2017 Nationwide CPO-0836A0 (08/16) 5600390

## Views, Privacy & Creek on 15 Acres



20 Farm View Road, Fairview | \$1,439,000 | MLS# 3329899

Enjoy the inspiration of Nature's seasonal changes from the comfort of this beautiful four bedroom home. Private setting on 15 level to rolling acres with amazing year round views in an equestrian friendly community with riding trails.

### 8.8 Unrestricted Acres



99999 Mt Carmel Road, Asheville  
\$475,000 | MLS# 3354808

- 356' road frontage
- City water available
- Level to slightly rolling topography

### Brush Creek Ridge



Two Lots are Available  
\$120,000 | MLS# 3413252

- Small community of 4 homes
- Wooded with views
- Great Fairview location

**Beverly-Hanks**  
& ASSOCIATES, REALTORS®

*Leading*  
REAL ESTATE COMPANIES  
IN THE WORLD

**CHRISTIE MELEAR**

828-776-1986  
[christiemelear@beverly-hanks.com](mailto:christiemelear@beverly-hanks.com)





## Wintering Birds are Moving Through Fairview

We hope everyone is enjoying the summer, or should I say enjoyed the summer. Time sure does fly! And so do the birds, of course. More than 300 bird species found in North America during the summer will make their way to Latin America or the Caribbean, some covering distances of nearly 7,000 miles. Parks, backyards and nature refuges across the country will host these winged visitors for the next few weeks as the birds make their way to fall and winter destinations.

Migration is a fascinating part of bird behavior. Besides the amount of daylight, it appears that age, sex, weather and the availability of food, water and shelter are the major factors in migratory behavior. While migration is still not completely understood, it appears that some birds orient themselves by the stars while others seem to have a built-in magnetic compass.

Some birds travel over large bodies of water, and many commonly lose one-fourth to one-half of their body weight during such over-water migrations. Hummingbirds will fly over the Gulf of Mexico all the way to Costa Rica! In order to survive their grueling trips, birds accumulate fat prior to migration. This physiological change helps the birds maintain their energy reserves. Some birds in the Southern Appalachians migrate short distances



for more hospitable wintering grounds. Basically, they are moving vertically to lower elevations. You might see Dark-eyed Juncos, Winter Wrens, Golden-crowned Kinglets, and Red-breasted Nuthatches. Not too long ago, during one particularly cold and snowy period at our home in Fairview, we were treated to a Yellow-bellied Sapsucker for a few days. Birds are just amazing! Some ducks, leaving from Saskatchewan and Manitoba, make a continuous flight of around 1,500 miles to Louisiana at an average speed of 40 to 50 miles per hour. Finches have been clocked traveling at an average of almost 26 miles per hour.

WNC is a wonderful area for viewing and enjoying migrating birds. But we can



Birds that you may see migrating through WNC include the Ruby-Crowned Kinglet (left) and Broad-winged Hawks (right).

also play a role in their survival by providing food, water, habitat and/or shelter to help them conserve and replenish their energy supply during their journey. Foods high in fat, such as suet and sunflower seeds, helps birds refuel their energy supply.

So what birds might you see outside your window?

- You might have already noticed the hummingbird feeder activity increasing dramatically. They're tanking up on the juice for their long trip.
- Blackbird flocks numbering into the thousands
- Blue-Winged Teal, a duck that does not like the cold at all

- More hawks such as Broadwings
- Flickers and Ruby Crowned Kinglets
- Robins in large flocks
- You might already have seen and/or heard American Goldfinch juveniles harassing adults for food.
- The first Juncos and White-throated Sparrows near the end of the month
- House Wrens

And there's lots more action than just this. You might notice more birds in the area than during any other month. Enjoy it, and help a traveling bird out with food, water and shelter. They'll love you for it.

Steve and Heidi Muma are the owners of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. [asheville.wbu.com](http://asheville.wbu.com)



We can help you create an accessible, beautiful space to entertain and enjoy the outdoors around your property and home. A space with rock patios, fire pits, walkways, retaining walls, and nature trails. There are a variety of materials that can be used and we'll work to create a look and feel that you will love right for you and your family. We can also handle all of your grading, clearing, house site and driveway repairs and drainage issues. We are a licensed contractor, & fully insured. A person will always



answer the phone and we show up every time. Don't forget mulch for these long hot days of summer. And please plant for the bees! Give us a call and we'll get er done..

828 628-4080  
2135 CANE CREEK ROAD IN FAIRVIEW  
[www.FairviewLandscaping.com](http://www.FairviewLandscaping.com)

Get better... faster... close to home!

[avorahealth.com](http://avorahealth.com)



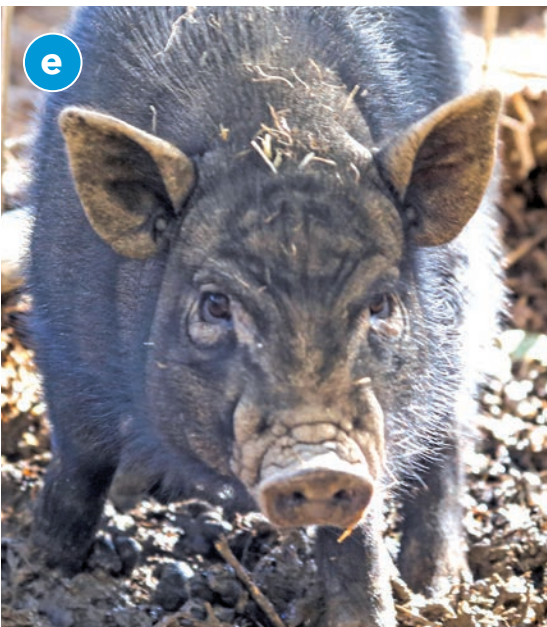
FORMERLY:  
Western Carolina  
Physical Therapy  
AND  
Asheville Balance  
& Vestibular Center

post-op • injury • dizziness & vertigo • concussion  
orthopedic • injury prevention • balance  
sports performance • pain • headaches

**AVORA**  
HEALTH

Three convenient locations to serve you:  
ASHEVILLE • EAST ASHEVILLE • BLACK MOUNTAIN  
**828-505-2664**





**a. Benjamin** is a domestic, short-haired boy whose coat is a lovely shade of gray. He's about a year old, is very sweet and affectionate, and loves to be petted. When it's not loud, if you listen carefully, when he purrs or talks, he's a true baritone! *Charlie's Angels*

**b. Cardi Bunn** is about 1 year old and is the sweetest rabbit ever. He's very tolerant and loves affection. *Brother Wolf*

**c. Garfield** is a hunk of burning love! At 22 pounds, he would benefit from losing some weight, so he'd love a play partner. Garfield is super sweet and loves people, giving licks and love nibbles when he's being petted. *Brother Wolf*

**d. Cheddar** walks well on a leash and is house and crate trained. He likes to swim and makes a great hiking companion. Cheddar loves treats (especially cheese) and he will entertain himself playing with his toys. He would like to be the only four-legged animal in the home and would do best in a quiet house with one or two people. *Humane Society*

**e. Myrtle** is a potbelly piglet who currently resides outside at our Sanctuary location with her adorable siblings. Myrtle could live indoors if you are willing to work on house training and have a fenced-in yard where she can root around. She could live outside with one of her litter mates in a weather-proof home with shade and a mud pit or baby pool. All pigs do need a sturdy, fenced-in area. *Brother Wolf*

**f. Hachi** is a big brown puppy with a big personality and ears to match. He is 10 months old and weighs a lean 60 pounds. He has a friendly demeanor and his antics can't be beat. *Animal Haven*

**g. Bean** is a very handsome pointer mix who was born approximately in April 2013. He is chocolate brown with white accents and is so, so sweet. He is a bit on the shy side so will need a gentle and patient family. *Charlie's Angels*

**h. Papi** is a sweet little guinea pig would love a new home where he can be the only guinea pig! *Brother Wolf*

**i. Harley** has a skin condition that we're working hard to solve, but she is happy and affectionate. She has been excellent in playgroups with other dogs, but she would prefer a home without small animals (cats included) or children. Her adoption fee has been generously sponsored by the Smith family in loving memory of Sam, their beloved senior dog adopted from *Asheville Humane Society*.

#### Local Animal Shelters and Rescue Organizations

**Animal Haven of Asheville**  
299-1635  
animalhaven.org

**Asheville Humane Society**  
761-2001  
ashevillehumane.org

**Brother Wolf Animal Rescue**  
885-3647  
bwar.org

**Charlie's Angels Animal Rescue**  
885-3647  
wnanimalrescue.org



## What to Know About Zoonotic Diseases

A zoonotic disease is not a disease you catch by going to the zoo. It's one that people get from animals. Bacteria, viruses, fungal, or parasitic organisms can cause these diseases. People with either poorly developed or weakened immune systems are at higher risk of becoming sick because their immune system cannot fight off the disease. According to the American Veterinary Medical Association, very young or very old people, people with diseases such as cancer or HIV infection, and people who are receiving medical therapy or medications (such as chemotherapy or steroids) that can affect their immune systems should be especially careful around animals.

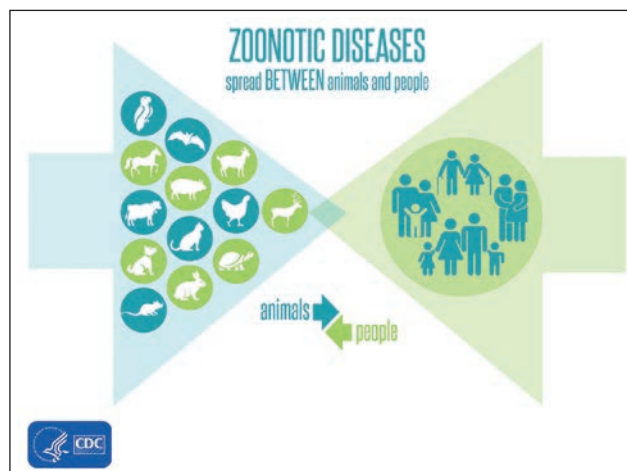
Rabies is probably one of the first diseases most people will think about when discussing zoonotic diseases. It's caused by a virus that is transmitted through a bite or contact with saliva from an infected animal. This disease is especially important to be aware of when traveling to certain foreign countries. In the United States more cases of human rabies are caused by exposure to bats than due to bite wounds from other animals. Be sure and have your pets current on their rabies vaccine and avoid wildlife, especially if it is acting strangely.

Another important disease to be aware of is Toxoplasmosis, especially if you are



Humans can contract infections from cat feces, so consider wearing gloves when cleaning out the litter box—especially if you are pregnant or plan to become pregnant.

pregnant or plan to become pregnant. Toxoplasmosis can infect a fetus and cause a miscarriage or serious birth defects. This disease can be contracted by eating partially cooked meat or contact with animal feces while gardening. Infected cats can shed the organism in their feces, so this is to be considered when cleaning a litter box. If you are pregnant be sure and wear gloves while gardening and have someone else clean the cat's litter box daily while wearing gloves. If you have an outdoor sandbox for the kids, be sure and have it covered when they are not playing in it. Sandboxes can make a tempting litter box both for your pets and



the local wildlife population. (There was an episode of the TV show "House" in which a child contracted a parasite from playing in an outdoor sandbox.)

There are hundreds of diseases that can be classified as zoonotic, way too many to list in this article—hookworm and roundworm (recently a mother posted videos of her son's feet after he had contracted a worm infection when vacationing at a beach in Florida), ringworm (a fungus not a worm), salmonella (some cases recently linked to pet turtles), etc. Now, don't get rid of your pets and shun all animals in order to avoid these diseases. The risk can be very low if you use common sense and good hygiene. Be sure to thoroughly

wash your hands before eating. Healthy pets are less likely to carry diseases that can infect you, so be sure your pets' vaccines are current and that they have regular checkups. Don't handle your pets' feces or urine and be sure to wear gloves when changing the litter box. Use a scoop or something to cover your hand when picking up your dogs' feces.

Zoonotic diseases are out there but don't let that fact consume you. Most of them are easily preventable. If you have questions, contact your physician or even your veterinarian.

Charles Lloyd is a Doctor of Veterinary Medicine at Fairview Animal Hospital.

**List with me!**  
**FREE**

- Market Analysis
- Professional Photos
- Internet Marketing

...and more!

**BUYING OR SELLING, TRUST GLENN!**

**CHECK OUT WHAT SOME RECENT CLIENTS HAVE TO SAY ABOUT THEIR EXPERIENCE WITH GLENN:**

“I moved from Maryland to Asheville and Glenn did an excellent job.”  
— Ruth S. Ganesha

“Not once did he say he was too busy or that we were an inconvenience!”  
— Pat

“Glenn always looked out for our best interests, was always available to be contacted.”  
—Randy & Andy Hardon

“Great personality and down to earth.”  
—Ricky Sutton

**Call me today to learn about special deals on listing or buyer packages!**

Local Expertise. Exceptional Results. **GLENN GOTTFRIED 828.628.6321**

**NOW OPEN IN FAIRVIEW!**

**Southeastern**  
Physical Therapy

**HELPING YOU LIVE LIFE**

Serving Fairview, Fletcher, Gerton and Reynolds

All referrals and insurances welcome

Walk-ins welcome!

**Southeastern**  
Physical Therapy

1356 Charlotte Highway  
(next to post office and Food Lion)

828.338.0707  
[www.southeastpt.com](http://www.southeastpt.com)



## Celebrating 60 Years Together



Thomas and Joyce Vess of Fairview will celebrate their 60th wedding anniversary on September 3.

Thomas and Joyce have been residents of Fairview since early 1970 and members of Trinity of Fairview since 1979.

The Vess family includes sons Eddie of Candler (wife Nikki); Jerry of Annapolis, Maryland; and Mitchell of Fairview; as well as three grandchildren and three great-grandchildren.

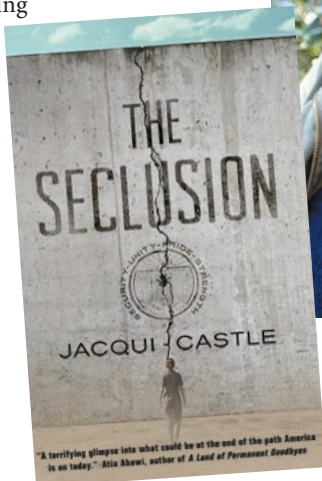
The family is requesting a card shower in Thomas and Joyce's honor. Please send cards of shared memories and congratulations to 7 Carters Sunrise Acres, Fletcher, NC 28732.

## Fairview Local to Read from First Novel

Jacqui Castle, a Fairview resident, will kick off the publication of her first novel, *The Seclusion*, with a reading at Malaprop's, in downtown Asheville, on September 4.

Drawing inspiration from current political events, *The Seclusion* envisions what a totally closed-off United States would look like in 2090. What if building a border wall was only the beginning of our nation retreating further from the rest of the world? In the novel, a female protagonist must find a way to escape, like the lead characters in *The Handmaid's Tale* and the *Divergent* series.

Castle has written for the *Mountain Xpress*, *Asheville Grit* and other local publications (and her hus-



band, Bart Castle, had some of his illustrations featured in the *Crier* in 2014).

The reading will take place at 6 pm at Malaprop's, located at 55 Haywood St., Asheville.

## ON THE ROAD



Jenny Zoeller went to Ireland along with the *Town Crier*. She said the trip along the "wild Atlantic way" was unforgettable. It looks like it!

## In Loving Memory of Dakota (a.k.a. Kota Bug)



December 19, 2002–July 18, 2018

Words are never really sufficient for saying goodbye to someone who has been with you for so long; they are so very limited and could never express everything I want you to know.

You were one of the greatest teachers I have ever had and I will always remember everything I learned from you.

Thank you for being such a wonderful companion and protector for me and my son. I am so very grateful for all of the years you spent with us. We miss you and love you more than words can say.

— Gretchin DuBose

## Local Group Seeks to Find, Maintain Veterans' Gravesites

The Fletcher camp of the Sons of Confederate Veterans (SCV), the Cane Creek Rifles, is asking for help from the public in Buncombe and Henderson Counties to identify the graves of Confederate soldiers and other American veterans.

Many graves and cemeteries are located on private property and the tombstones have fallen into disrepair. The SCV may be able to replace those tombstones, but your help is required. If you are aware of the grave of a Confederate veteran or any American veteran that is damaged or in need of maintenance or repair, or if you wish to assist in this important effort to

preserve the final resting place of veterans buried in our community, please contact the Cane Creek Rifles at 230-6523.



Credit: U.S. Air Force photo/Staff Sgt. Dillon White

GOT A

# QUESTION?

FOR THE CRIER CREW

<p><b>SUBMIT AN EVENT OR NEWS</b></p> <p>Clark Aycok Editor COPY@ fairviewtowncrier.com</p>	<p><b>ARTWORK/COPY FOR DISPLAY ADS</b></p> <p>Lisa Witler Art Director ADS@ fairviewtowncrier.com</p>	<p><b>BUSINESS ISSUE</b></p> <p>Sandie Rhodes Publisher SANDIE@ fairviewtowncrier.com</p>	<p><b>CLASSIFIEDS/ AD CONTRACTS, VOLUNTEERING OR BILLING</b></p> <p>Annie MacNair Office Manager OFFICE@ fairviewtowncrier.com 828 628-2211</p>
---	---	---	---

ADVERTISING MATERIALS DUE ON THE 10<sup>TH</sup> OF THE PREVIOUS MONTH

visit **FairviewTownCrier.com** for more information



**ALL SEASONS**  
HEATING & AIR CONDITIONING



828 651-9998  
PO Box 987  
Skyland, NC 28776  
www.allseasonsnc.com

Morgan Pelly  
828 776-1728 cell  
morgan@allseasonsnc.com

*Love in Color* Weddings,  
Engagements  
Family Photos  
& More!

Photography by Regina

**828 - 301 - 5330**  
www.loveincolorbyregina.com

**NEW flavors & dairy-free options! All homemade!**



**HILLTOP**  
Homemade  
Ice Cream Shop

Cones • Cups • Sundaes • Milkshakes  
Banana Splits • Rootbeer Floats

Sunday–Thursday, 1–9pm • Friday, 1–6pm • Closed Saturdays  
828-489-2506 • 520 Charlotte Hwy between Angelo's & Whistle Hop Brewing

**GALLOWAY MASONRY**



- BRICK
- BLOCK
- STUCCO
- FOOTINGS
- CULTURED STONE

**828-776-4307**

**Asheville Tree Ninja**



Tree Trimming & Removal  
Storm Clean-up • Views Cleared  
Tree Safety/Damage Assessment  
Cabling, Bracing & Crane Removal  
Stump Grinding • Fully Insured

**MATT SIEBERT**  
828.582.4815 • AshevilleTreeNinja.com  
treeninja.avl@gmail.com

**CC FLOORING**  
Home of the Floor Doktor!

Hardwood • Tile • Carpet • Laminate • Vinyl  
Sanding • Refinishing



**828.255.3532**  
www.CCFlooring.net  
246 Old Airport Road, Fletcher

**Great Wall**  
CHINESE RESTAURANT

**TAKE OUT ONLY**  
4 Olde Eastwood Village Blvd.  
Hwy 74A, Across from Ingles

828.298.1887 or 828.298.1870  
fax: 298.1859

Open Sun–Thurs: 11 am–10 pm  
Fri–Sat: 11 am–10:30 am

**NEW!**  
*Dieter's Menu!*  
Sauces on the side.  
No oil. No salt. No fried.

cut • color • perm

**Southern Styles**

a shop for everyone

Open 9:30 am–5 pm, Thursday & Friday, by appointment only

KATHIE EARLEY 628-9596, 27 WALNUT HILL DRIVE, FAIRVIEW

**FAIRVIEW**  
Health & Retirement Center



828 628.2800  
3016 Cane Creek Rd., Fairview  
Fleshers.net


- Medical Care
- Nursing/Rehabilitative Care
- Variety of accommodations
- Assisted Living
- On-site pharmacy

*A family caring for families since 1954*

**Pleasant Grove Baptist Church**  
455 Hollywood Rd., Fairview


Phone: 628-2032  
Pastor: Ron Roberts

We invite you to come worship with us.  
*"A mission-minded community-based church."*



Sunday School	9:45
Worship	10:45
Children's Church	10:45
Evening Worship	6:00
Wednesday Evening	7:00

**Fairview Christian Fellowship**  
Affiliated with the Presbyterian Church in America



Worship 10:00 am  
Pastor: Rusty Harper  
628-1044

www.fcfpca.org

Located on Old U.S. 74—the log church on the hill  
next to the Fairview Library

**T. P. Howard's Plumbing Co., Inc.**

90 Number Nine Road, Fairview

**KOHLER** **MOEN** **SHOW HOUSE**  
Buy it for looks. Buy it for life.

Pat Howard  
President  
path@tphowardsplumbing.com

Phone: (828) 628-1369  
Fax: (828) 628-0130  
Web: www.tphowardsplumbing.com

**Fairview Baptist Church**

32 Church Rd  
PO Box 1339  
Fairview, NC  
28730  
828 628-2908  
www.fbc1806.org  
contact us  
@fbc1806.org

**SUNDAYS**  
Morning Life Groups 9:45 am &  
Sunday Worship 11 am  
Evening Life Groups & SPK Kids 6 pm

**WEDNESDAYS**  
Family Night Supper 5:45 pm  
A.M.P. Ministry 6:15 pm  
Team Kids – X180 – High School – Adults  
Wednesday Night Worship 7 pm

ENTER TO WORSHIP.  
DEPART TO SERVE

**REYNOLDS BAPTIST CHURCH**

**SERVICE SCHEDULE**

Sunday School	9:45 am
Worship	11:00 am
Sunday Evening	5:30 pm
Wednesday	7:00 pm

REYNOLDS BAPTIST CHURCH  
520 Rose Hill Rd, Asheville, NC  
ReynoldsBaptistChurch.org  
828.779.9783



**MIKE SURRETT**  
Lawncare & Handyman

Free Estimates • Insured

Tree Cutting/Removal • Firewood • Mowing  
Drywall Patching • Interior Painting • Carpentry  
Pressure Washing • Moving • Trash Removal

**828.628.2918 • cell 828.230.8494**  
surrettm@bellsouth.net

**Trinity of Fairview**  
Rev. Stacey Harris, Senior Pastor

**SUNDAY MORNING WORSHIP & SMALL GROUPS**  
Two Sessions: 9:15 to 10:30 a.m. & 10:45 a.m. to Noon

**WEDNESDAY NIGHT ACTIVITIES 6:30 p.m. to 8:00 p.m.**  
ENERGY | Food, Worship, & Activities for Children  
THE MIDWEEK | Food, Worship, & Activities for Students  
PRAYER & BIBLE STUDY | Service for Adults

646 Concord Road, Fletcher, NC 28732 • (828) 628-1188  
www.TrinityofFairview.com

Open Hearts. Open Minds. Open Doors.  
FAIRVIEW SHARON UNITED METHODIST CHURCH

Pastor Glenda Hayner  
Sunday Worship – 12:30 pm  
Thursday Bible Study – 6 pm

828-338-0233  
2 LAURA JACKSON ROAD, FAIRVIEW  
f@FAIRVIEWSHARONUMC



**Calvary Baptist Church**  
"Calvary Will Make A Difference"

Located Conveniently  
off Hwy 74 in Fairview

Worship Times:  
Sunday: Sunday School – 10:00 AM  
Morning Service – 11:00 AM  
Evening Service – 6:00 PM  
Wednesday Evening – 7:00 PM

www.calvaryoffairview.org





## Financial Tips for Alzheimer's Caregivers

If you are, or will be, a caregiver for elderly parents or another close family member living with Alzheimer's disease, you may experience some emotional stress – but you also need to be aware of the financial issues involved and what actions you can take to help address them.

You will find few “off the rack” solutions for dealing with the financial challenges associated with Alzheimer's. For one thing, family situations can vary greatly, both in terms of the financial resources available and in the availability and capabilities of potential caregivers. Furthermore, depending on the stage of the disease, people living with Alzheimer's may have a range of cognitive abilities, which will affect the level of care needed.

Here are some general suggestions that may be useful to you in your role as caregiver:

• **Consult with family members and close friends.** It's extremely hard to be a solo caregiver. By consulting with other family members or close friends, you may find that some of them have the time and ability to help.

• **Consider obtaining durable power of attorney.** If you possess a durable power of attorney for finances, you can make financial decisions for the person with Alzheimer's when he or she is no longer able. With this authority, you can help

the individual living with the disease – and your entire family – avoid court actions that can take away control of financial affairs. And on a short-term basis, having durable power of attorney can help you take additional steps if needed. You'll find it much easier to acquire durable power of attorney when the individual living with Alzheimer's is still in the early stage of the disease and can willingly and knowingly grant you this authority.

• **Gather all necessary documents.**

You'll be in a better position to help the individual living with Alzheimer's if you have all the important financial documents—bank statements, insurance policies, wills, Social Security payment information, deeds, etc.—in one place.

• **Get professional help.** You may want to consult with an attorney, who can advise you on establishing appropriate arrangements, such as a living trust, which provides instructions about the estate of the person for whom you're providing care and names a trustee to hold title to property and funds for the beneficiaries. You also might want to meet with a financial advisor, who can help identify potential resources and money-saving services. And a tax professional may be able to help you find tax deductions connected to your role as caregiver.

Finally, use your experience as a care-

giver to remind yourself of the importance of planning for your own needs. For example, a financial professional can suggest ways of preparing for the potentially huge costs of long-term care, such as those arising from an extended stay in a nursing home.

Caring for an individual living with Alzheimer's has its challenges. But by taking the appropriate steps, you can reduce uncertainties – and possibly give yourself

and your family members a greater sense of security and control.



*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.*

### JULY FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	38	3,200,000	175,900	604,666
Homes Sold	42	892,000	65,000	349,222
Land Listed	14	875,000	40,000	182,229
Land Sold	9	280,000	24,000	117,389

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730).

When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.



**ELENA**  
**THE GROOMER**  
Professional Groomer

*Free Tooth Brushing  
and Coat Conditioner  
with first visit*

*Plus... Discount on Pet  
Families of Two or More*

**828 628-4375**  
1185-E Charlotte Hwy, Fairview



**FAIRVIEW ANIMAL  
HOSPITAL**

**SERVING FAIRVIEW SINCE 1984!**

Open Monday–Friday  
8 am – noon  
1 pm – 5:30 pm

Saturday  
9 am – noon

**828 628.3557**

**New – laser therapy available!**  
Emergency service provided by  
REACH 828 665-4399

**867-A CHARLOTTE HIGHWAY IN FAIRVIEW**



**Cane Creek  
Concrete INC**

Insured  
Free Estimates

Stamped, Colored & Custom Concrete

Driveways - Walkways  
Patios - Pool Decks - Slabs  
Steps - Curbs  
and MUCH more...

Removal & Replacement  
828-230-3022  
[www.canecreekconcrete.com](http://www.canecreekconcrete.com)

**\*\* Accredited Better Business Bureau member \*\***



**Handyman**

Bahnson Lovelace  
828.242.2410

25 years experience  
residential / commercial

Painting, Plumbing, Electrical,  
Tiling, Pressure Washing,  
Fencing, Punch List Items,  
Hauling items away





## Six Amendments for Your Vote in November

**N**orth Carolina voters are going to be asked to decide on six amendments to our state constitution in November. In the past 20 years, there have been only seven amendments, so six in one election is historic. The Republicans in Raleigh enjoy a super-majority in both the House and the Senate, allowing them to pass by a three-fifths vote the legislation needed to place these amendments on your ballot. Here is my pros-and-cons look at what you are voting on.

Amendment #1 declares that a person's right to hunt and fish shall be "forever preserved," but still subject to laws passed "to promote wildlife conservation and management and preserve the future of hunting and fishing." As part of a farm family that enjoys hunting and fishing, I support these concepts in general, but wonder if our state constitution is the place to put these protections. Hunting and fishing enthusiasts are declining in our state, in part because of the popularity of other forms of entertainment and growing urbanization.

I support activities that encourage people to get out in the woods and appreciate our remarkable mountains. I would also hope that the hunters and fishermen would advocate for the protection of our wild areas and mountain streams. No one wants to eat fish from polluted waters. Daniel Walton of the *Mountain Xpress* wrote a more extensive article on this

amendment in which I am quoted. Read the full article at [mountainx.com/news/constitutional-amendment-on-hunting-and-fishing-rights-may-have-political-motives](http://mountainx.com/news/constitutional-amendment-on-hunting-and-fishing-rights-may-have-political-motives).

Amendment #2 is known as Marsy's Law, and increases the rights of victims in our court system. It would require notification to victims of court actions involving criminal perpetrators, and give them certain rights during a trial or parole hearing. The law is part of a national effort to bolster the rights of crime victims, and was passed in 2008 in California as Proposition 9.

Here is Marsy's story, which stands behind the effort. Marsy was a student at the University of California Santa Barbara when she was killed by her ex-boyfriend in 1983. A week after she was murdered, her parents walked into a store after visiting their daughter's grave only to be confronted by the accused murderer. They had no idea that he had been released on bail.

Critics of the amendment worry about the burdens the law will put on the court system. The estimated cost in North Carolina is \$32.5 million. Requiring the courts to notify victims of trials and hearings could slow down these proceedings if the victims cannot be found. My understanding is that the courts in other states have been able to manage these problems.

Amendment #3 involves the NC Elections Board and shifts the power to appoint mem-

bers to boards and commissions from the governor to the General Assembly (GA). The Elections Board would have an eight members, four Democrats and four Republicans all appointed by legislative leaders. There is really no other way to describe this amendment other than as a power grab by the GA. The separation of powers that is the core of our governance is being tested here.

In response, five former governors joined forces to speak out against this amendment. Former Gov. Jim Martin, a Republican, told the *Charlotte Observer* that this amendment must be defeated. "You have to kill a snake at every opportunity." Pat McCrory, our former Republican governor, called it a "blatant power grab." Democrats Jim Hunt, Mike Easley and Bev Purdue oppose this amendment.

Amendment #4 involves judicial vacancies. In NC, all judges are elected. If a judge resigns, retires or dies in office, the governor appoints a replacement who serves until the next general election. This amendment would change that process, and give the GA most of the power. If the amendment passes, the new process would begin with a commission set up by the GA to declare whether or not certain candidates are eligible under the state constitution. Those names would then come to the GA, who would choose two to send to the governor.

Amendment #5 would place a tax cap in the constitution at a 7 percent rate for the

income and corporate tax. It's currently 10 percent. The actual rate in 2019 will be 5.25 percent for income and 2.5 percent for corporations, which will not be affected by how you vote on this amendment. If passed, future legislatures would be unable, for example, to have a higher rate (over 7 percent) for high-income earners. Longterm, the effect of this cap could be to shift the tax burden to property and sales taxes. There are also worries that our AAA bond rating could be affected. Everyone likes lower taxes, but no one knows what future challenges await.

Amendment #6 requires that all voters produce a photo ID. This requirement has been debated for years now. If this amendment passes, the legislature will decide what IDs would be acceptable.

I should add that there is litigation involving several of these amendments, and the courts have demanded that the NC Board of Elections wait until September 1 to finalize the ballot. It is possible that some of these amendments could be ruled unconstitutional.

Thank you again for allowing me to represent you in Raleigh.



Rep. John Ager, District 115  
North Carolina House of  
Representatives. Contact  
[john.ager@ncleg.net](mailto:john.ager@ncleg.net) or  
713-6450

**COMPUTER FEELING SICK?**  
You might want to call me for a checkup.

SOFTWARE UPGRADES • VIRUS REMOVAL  
FILE CLEANING • TRAINING Mac/PC, tablets

Convert your website  
to WordPress – I can  
show you how!

**BILL SCOBIE**  
628-2354  
[bill@scobie.net](mailto:bill@scobie.net)




**McCRARY STONE**

BIG GRAY  
ROCK EATERS

Residential &  
Commercial

Local  
family business  
since 1968!

**Crushed Stone & Gravel**  
**828 649-2008**



Let us do the  
"HOMEWORK"  
for you!

THE  
**SANDY-PATTI**  
TEAM

**Sandy Blair** 828 768-4585  
[sandy.blair@coldwellbanker.com](mailto:sandy.blair@coldwellbanker.com)  
CRS, ABR, Green, Cartus, USAA Certified

**Patti Turbyfill** 828 691-8053  
[patti.turbyfill@coldwellbanker.com](mailto:patti.turbyfill@coldwellbanker.com)

**COLDWELL BANKER KING**  
1 North Pack Square, Suite 100, Asheville, NC




SAVE 20¢ PER GALLON  
WITH EVERY

**CAR WASH**



GREAT DELI FROM  
**THE Local Joint**  
FAIRVIEW NORTH CAROLINA

**EBLEN**  
**SHORT STOP**

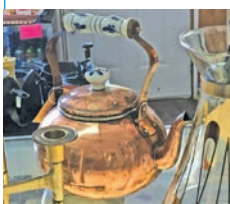
828 628-9888  
1185 Charlotte Highway  
Fairview



## BUSINESS SHORTS

Another reason to shop local...Starting November 1, online retailers that do over \$100,000 in gross sales in a state or have more than 200 in-state purchases a year will have to start paying state sales tax.

Wendell Kurtz has sold **Webo's BBQ** (800 Fairview Road, Asheville) to A.J. Gregson and Autumn Pittman, who also own Mojo Kitchen & Lounge in downtown Asheville. According to a report in the *Citizen-Times*, the new owners will add to the existing menu, including vegetarian options. They'll also expand hours, add catering services, and eventually change the name to Black Bear BBQ.



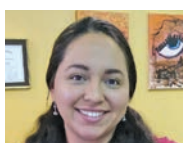
**New Moon Marketplace** is excited to welcome two new vendors to the shop. Sandie Rhodes (aka, the publisher of *The Fairview Town Crier*) specializes in mid-century small items (left) that she will be gradually unveiling as she celebrates her retirement.



And Beau Hudgins has lots of kitsch and sentimental relics (right) from other eras.

Lots of folks are wondering about the new construction on the corner of Cane Creek Road and Concord Road. No, it's not a restaurant, as many had thought, but the new home of **Lewis Builders Of Asheville**. You can find them at [lewisbuildersofashevillellc.com](http://lewisbuildersofashevillellc.com).

Watch out for the new look for **Cool Mountain Realty & Construction**. After more than 20 years in business, they've rebranded. Check out their new logo and colors in their ad on page 20.



Haley Perry from **Elite Eye Care** (140 Airport Road, Suite L, in Arden) has let us know that Yvonne Carol, who is bilingual in English and Spanish, has joined their office as front desk coordinator.

## Cutting-Edge Technology in Asheville

In the late 1990s engineer Kevin Maher's wife gave birth to a girl with cerebral palsy. When she was four, she was prescribed therapy to help with poor balance. This was hard work. Maher thought there had to be a better way, and he created a rotating chair to provide his daughter with vestibular (balance) stimulation. She made unexpected advances, and Maher launched a company to develop the technology, called GyroStim.



During training, a joystick can be used by the participant seated in the GyroStim (like a pilot flying a plane) or by the clinical operator, for an additional level of precisely controlled movement.

The first GyroStim was purchased in 2008 by the Air Force Academy, and the next year one was installed at the Mayo Clinic. It's been used by professional athletes as a treatment for concussions.

There are only around 30 units worldwide, and one is now in Asheville. At the AVORA Health Center for Balance & Dizziness, patients are treated with the GyroStim for concussions, ADD, depression, anxiety, vestibular disorders, brain injuries, difficulty walking or balancing, motion sickness, and other issues. (AVORA has a Reynolds office at 226 Charlotte Highway, but the GyroStim is at their Asheville location.)

"Despite the lack of published research, clinical success stories have been numerous and significant," said Dr. Kim Fox, Clinical Director & founder of AVORA. "The GyroStim is in the process of seeking FDA approval. While results are currently anecdotal, our clinic is working to establish published research to further validate use of the GyroStim."

## HUB HAPPENINGS MANDY OVERSTREET

### AUGUST UPDATE

August has been a whirlwind of activity at The Hub! From DIY bouncy balls to farm-house signmaking and natural pain management, our calendar has been full. We have new items in the store and art gallery. Come on in and see what's new at The Hub!

### NEW MAKERS & PRODUCTS



David Koll brought us a wider selection of his notecards, including photographs of Fairview, Bear-wallow, Chimney Rock and more. Becky Ledbetter of Found Feather Art brought in a few watercolor prints and framed originals including mountain scenes, flowers, and animals. Our CBD product selection has increased to include bath bombs, roll-ons, and lip balm. Stop in from Wednesday to



Saturday and chat with Mandy to learn about the benefits of CBD.



### CUSTOM & LOCAL



We can now print custom dish towels, wine glasses, onesies, t-shirts and more. Choose a design and we will heat press the item for you in-house. Don't forget that we do custom gift wrapping for any occasion. Also, this month The Hub is joining in on the Fairview Community



Appreciation Day with Cool Mountain Realty. Come by on September 22 from 11-4 and be entered to win a gift basket of locally made products. It's also a great opportunity to see the new artwork we have by Annie Cicale, Becky Ledbetter, Janet Link, and more.

### UPCOMING EVENTS

#### Kid Craft & Snack Time (Wednesday, September 5, 10-11 am)

Join us for a fun morning of creating your own bird feeder and meeting other local parents. Light snacks and drinks will be provided. \$5/bird feeder you create.

#### Clay & Glycerin Crafts (Thursday, September 6, 6-9 pm)

Create, bake, and paint polymer clay soap dishes and handmade glycerin small-mold soaps with local artist Janet Link. Bring a beverage of your choice and leave with a bar of soap and soap dish that you make. The cost of the class is \$25 and all materials are provided.



#### Create Your Own Jewelry (Thursday, September 20, 6-9 pm)

Make your dragon's eye or pin necklace with local artist Janet Link. Bring a beverage of your choice and create a masterpiece. Janet will help you create your own piece that resembles a dragon or cat's eye. The cost of the class is \$25 and all materials are provided.

#### Repurpose Your Favorite Clothes (Saturday, September 22, 10 am-12 pm)

Learn to repurpose old clothing with local artist Concha. Bring your own sewing machines and learn tips and tricks on how to save that piece of your wardrobe that needs a little love and that you just can't part with.

#### Ladies Night (Wednesday, September 26, 5:30-8 pm)

Design, sand, distress, and paint your own wine dinner tray. Each tray will be hand built before the class, so you must register to reserve your spot. We will have several options to choose from, or you can pay an additional \$10 to choose any design that you would like. The cost of the class is \$50, and materials and light refreshments will be provided.



**RSVP!** Contact The Hub: 628-1422, [thehuboffairviewnc@gmail.com](mailto:thehuboffairviewnc@gmail.com)





### New Members!

Jean Robbins of *Barn & Home Pet Sitting*  
Regina Myrick of *Love in Color Photography*

### September Meeting

Fairview Fire Department, September 12, 11:30 am

This will be a lunch meeting with sandwiches provided by the FBA and Raynetta Waters, owner of the Reynolds and Fairview Subways.

Did you know that the Fairview Fire Department now has 22 career personnel complemented with volunteers, manning the stations 24 hours a day, 365 days a year?

Fire Chief Scott Jones will explain how the FFD is at a turning point in funding. While standards dictate that equipment

15 years or older be replaced, the FFD has 30-, 22- and 16-year-old equipment still operating. This can endanger the safety of personnel and residents alike.

Do you know what a Class 3 ISO rating is? Well, it can make a difference in homeowners' insurance premiums. Keeping skilled firefighters also means paying them on par with other counties. The lack of funding necessitates extensive fundraising, which begins with a raffle on October 25. The prize? A 2018 Harley Davidson motorcycle! See page 8 for more information.

### Future Meetings

**October 8** (Wednesday). Americare with Sandi and Patrick Bryant/The Hub of Fairview with Mandy Overstreet, 6 pm

**November 8** (Thursday) Rainbow International with Mary Palermo, 6 pm.

**December 3** (Monday). Holiday Party at Highland Brewing Company.



On August 10, about 35 members and their families gathered after work for the FBA's annual summer picnic, at Janet Peterson's relaxing Cloud 9 Farm. The Peterson pond area has a pavilion with picnic tables and a grill, with games such as bocce ball, horseshoes, and croquet, which members had fun trying out. Thanks to Troyer's Country Amish Blatz for the bratwursts and Amish-style potato salad, and thanks to members who brought side dishes. We had plenty to eat before the rains came at the end. That's why we had tents!

### JOIN THE FBA!

- > Visit [FairviewBusiness.com](http://FairviewBusiness.com) or send a \$60 check to: FBA, PO Box 2251, Fairview, NC 28730
- > OR join at the *Town Crier* office, 1185G Charlotte Highway, Monday-Friday 11 am-5 pm
- > OR join at a meeting!

CALL FOR INFORMATION! FBA VOICEMAIL: 585-7414

## KEEP IT LOCAL with FBA Members

### Accounting | Bookkeeping

My Office Wizard 242-0390

### Architecture

Rueger Riley 407-0437

### Artists/Artisans

Mountain Glass Werks 424-1077  
Silverpoem Studio 782-7984

### Auto/Truck Sales

High Country Truck & Van 222-2308

### Building/Maintenance Services

AA Diamond Tile 450-3900  
All Seasons Heating & AC 651-9998  
Balken Roofing 628-0390  
Cane Creek Concrete 230-3022  
Daylight Asheville 778-0279  
SECO Electric 298 9732  
Vintage Remodeling 628-1988

### Business Services

Asheville SCORE 367-7570  
My Office Wizard 242-0390  
The Rising Workplace (Ergonomics) 214-7827  
PostNet of Central Asheville 298-1211  
The Hub of Fairview 628-1422

### Cleaning Services

Rainbow International 333-6996  
Steam Master Carpet & Upholstery Cleaners 628-9495

### Computer Services

MacWorks 777-8639  
Scobie.Net 628-2354

### Contractors | Builders

Appalachian Log Homes 628-3085  
Bostic Builders 606-6122  
Cool Mountain Construction 778-2742

### Dance Lessons | Events

Dance For Life 505-1678

### Education | Instruction

Advanced Education 628-2232  
Tutoring Center 338-2073  
Fairview Preschool  
Mighty Oaks  
Montessori School 338-0264

### Emporium | Flea Market | Gift Shop

New Moon Marketplace 222-2289  
The Hub of Fairview 628-1422

### Equipment Rental & Repair Services

Carolina Equipment Rental 628-3004  
Ed's Small Engine Repair. 778-0496

### Event Entertainment

Rountree Productions 412-656-4792

### Event Venues

Peaceful Hollow Venue 777-7094

### Financial Planning/Mortgages

Edward Jones 628-1546

### Flooring—Retail and Commercial

CC Flooring 712-1671

### Funeral Services

Moore Funeral Home 667-8717

### House Rentals—Short Term/Vacation

Bearwallow Cottage 712-2651  
Cloud 9 Relaxation Home 628-1758  
Sabél Apartments 232-1042  
Sunset Hollow Vacation Rental 768-0120  
The Cove at Fairview 628-4967

### Insurance

Financially Complete 230-8168  
Gloria Berlin Agency/Allstate 298-2483  
Prime Time Solutions 628-3889  
Stovall Financial Group 275-3608  
Tammy Murphy Agency 299-4522  
Trout Insurance 338-9125

### Landscaping | Excavating | Nurseries

Asheville Stone 628-ROCK  
Fairview Landscaping 628-4080  
Ray's Landscapes 628-3309

### Markets | Farm Stores | CSAs

Cane Creek Asparagus & Co 628-1601  
Flying Cloud Farm 768-3348  
Hickory Nut Gap Farm 628-1027  
Silas' Produce 691-9663  
Trout Lily Market 628-0402  
Troyer's Amish Blatz 280-2381

### Medical Services

Aeroflow 490-7208  
Apex Brain Center 681-0350  
AVORA Health 505-2664  
Center for Change 628-2275  
Carolina Mobile (Optician) 779-2891  
Elite Eye Care 687-7500  
Fairview Chiropractic Center 628-7800  
Flesher's Fairview Health Care 628-2800  
Park Ridge South Asheville 681-5327  
Precision Stairlifts 696-8005  
Sarai Integrative Health 575 2373  
Skyland Family Rehab Center 277-5763  
Southeastern Physical Therapy 338-0707

### Monuments

Martin Monuments 298-8282

### Newspaper

Fairview Town Crier 628-2211

### Non-profits

Food for Fairview 628-4322  
The Lord's Acre 628-3688

### Pet Services & Supplies

Barn & Home Pet Sitting 280-0056  
Elena the Groomer 628-4375  
Fairview Kennels 628-1997

### Pharmacy

Americare Pharmacy 628-3121

### Photography

Highlander Unmanned Drone Photography 777-0719  
Love in Color 301-5330

### Real Estate Sales

Allen Burton Team 329-8400  
Patti-Sandi Team 768-4585  
Cool Mountain Realty 628-3088  
Christie Melear, Beverly-Hanks 776-1986  
Greybeard Realty 778-2630  
Nina Kis, Keller-Williams 242-8029  
Justin Purnell, Town & Mountain Realty 551-3542

### Restaurants | Breweries | Distilleries

Brewskies 628-9198  
Fairview Pizza 338-5039  
H & H Distillery 338-9779  
Mountain Mojo 333-1776  
Nachos & Beer 298-2280  
Subway Fairview 628-3080  
Subway Reynolds 299-8451  
The Local Joint 338-0469  
Turgua Brewing 222-0984  
Whistle Hop Brewery 231-5903

### Saw Mills

Sunrise Sawmill 277-0120

### Solar Systems

Sugar Hollow Solar 776-9161

### Tree Services

B & B Tree Service 778-1987

### Tattoo Parlors

Touch of Grey Tattoos 778-2742

### Veterinarians

Cane Creek Animal Clinic 628-9908  
Fairview Animal Hospital 628-3557

### Wellness | Healing | Massage

Artisan Aromatics 338-5155  
Fairview Massage & Bodywork 216-1364  
Mountain View Healing Hands 628-1539

### Women's Resale Clothing Store

Clothes Mentor 274-4901



## September Gardening Tips

Cooler weather is approaching, but that's no reason to stop tending and growing your garden. Here are some timely tips.

- Stop pruning and fertilizing. While some crops are still growing, you don't want to encourage new, tender growth that can be more susceptible to frost. You can divide and move perennials in September, October, November, February and March.
- Pick herbs for drying or freezing.
- Pick, dry, and save seed heads.
- Clean up dead crop material to prevent overwintering of pests.
- Write down what worked and what didn't so you'll remember next spring.

### What Can Still Be Planted

- Mustards – there are many gorgeous ornamental types that are edible and decorative. We love Red Giant, Scarlet Frills, Garnet Giant and Ruby Streaks to add edible purple contrast to the fall garden.
- Radishes – we love to grow larger, colorful types in fall, such as watermelon radish (looks like a mini watermelon), green luobo (lime green) and KN-Bravo (lavender).
- Spinach for overwintering
- Turnips – our favorites are Hakurei and Scarlet Queen Red Stems. Hakurei is small, white, very uniform and quick. Scarlet Queen is slower, large, unaffected by insects, and beautiful as well as tasty.
- Arugula



Scarlet Queen Turnips, unaffected by insects, are beautiful as well as tasty.

- Lettuce – Rouge d'Hiver is an old, French heirloom that performs well in cold weather, especially if given a cover of floating row cover come October.
- Mache
- Cover crops – most home gardeners leave their plots bare, but cover crops will hold the soil in place, capture nutrients that would otherwise leach away in the winter, and provide compost or mulch material in spring. We like to plant the following by themselves: Austrian winter pea, hairy vetch (not crown vetch), crimson clover, and daikon radish (for breaking up hard soil). We also plant the following in combination: crimson clover, hairy vetch, Austrian winter pea, and oats. You can find the above cover crop seed at Fletcher Lawn & Garden and can purchase in bulk, as much or as little as you want.

Susan Sides is Executive Director of The Lord's Acre, [thelordsacre.org](http://thelordsacre.org), [susan@thelordsacre.org](mailto:susan@thelordsacre.org).

## 10 YEARS FOR THE LORD'S ACRE

Continued from page 1

West Asheville.

We offer a comprehensive, 12-week, academic training program for our interns in addition to hands-on experience.

We've added a SPROUTS program for children from 3 to 8 years old.

Our Share Market is trying out a prototype for weekly classes in health and nutrition.

We are founding partners in creating a network of gardens that donate food and food-access organizations. You can find us on Facebook at Gardens That Give WNC.

Our story has been told in three books: *The Way of Love* by Norm Wirzba, professor at Duke University; and *Soil and Sacrament* and *Making Peace with the Land* by Fred Bahnson of Wake Forest (and from Brevard).

Thanks to a grant from Nonprofit Path-

ways, we've begun racial equity evaluation and training.

We wrote two manuals: *Gardens That Give-A Training Manual*; and our intern training manual. And we conducted a comprehensive food access survey in Fairview in 2011.

Though we are known and supported by folks across the country, it's our local community that has donated year after year, contributed to our silent auctions, attended our events, spread the word, published our articles, volunteered, and partnered with us to make what we offer available to thousands of folks. We are beyond grateful, as are the many recipients, interns, schools, churches, businesses and general volunteers. Thank you all! If you ever have questions, feel free to email us at [info@thelordsacre.org](mailto:info@thelordsacre.org)

### Volunteer With Us!

Whether you're a lifelong gardener or have no idea which end of a carrot is up, we would love to have you on board. The Lord's Acre is volunteer-driven and relies on the passion, energy and talent of hundreds of volunteers to help provide fresh, organic produce to those who can least afford it. From sowing seeds to harvesting, compost making to pulling weeds, our volunteers do a little of everything under the guidance of our professional gardeners and their crew. If you prefer participating in other ways, we have more ideas than you might imagine. Standard volunteer times are Wednesdays, 6-8 pm, Spring through October. To get on the volunteer and email update list, email us at [info@thelordsacre.org](mailto:info@thelordsacre.org).

## Asheville Stone & Grading, Inc.



828.628.ROCK • Cell 828.691.6288 • [WNCStone.com](http://WNCStone.com)  
1003 Charlotte Hwy (across from Dollar General)



## Cane Creek Animal Clinic

Leigh Ann Hamon, DVM

We are not just a veterinary practice.  
We are a veterinary relationship!

828.628.9908  
1548 Cane Creek Road in Fletcher

## Fairview Kennels

Open  
Mon-Sat  
8-6 pm &  
Sun 4-6 pm

BOARDING & GROOMING



- 24-hour loving care
- Private playtime included
- All breeds and personalities accepted
- Inspections welcome

Owned by Bob & Kay Sutter  
Managed by  
Jeana Sutter-McClure

628-1997 | [FairviewKennels.net](http://FairviewKennels.net)

[FairviewKennels@gmail.com](mailto:FairviewKennels@gmail.com) | 1923 Charlotte Hwy (2 miles east of Cane Creek)



## Thomas Dental Care

Cosmetic and Family Dentistry

D. Scott Thomas, DDS, PA  
Eastwood Village, Suite 102  
(Hwy 74, Across from Ingles)

New Patients Welcome!

Phone: 828.299.8960 • Fax: 828.299.8961  
[www.ThomasDentalCare.net](http://www.ThomasDentalCare.net)



## Marshland Market: The Cattail

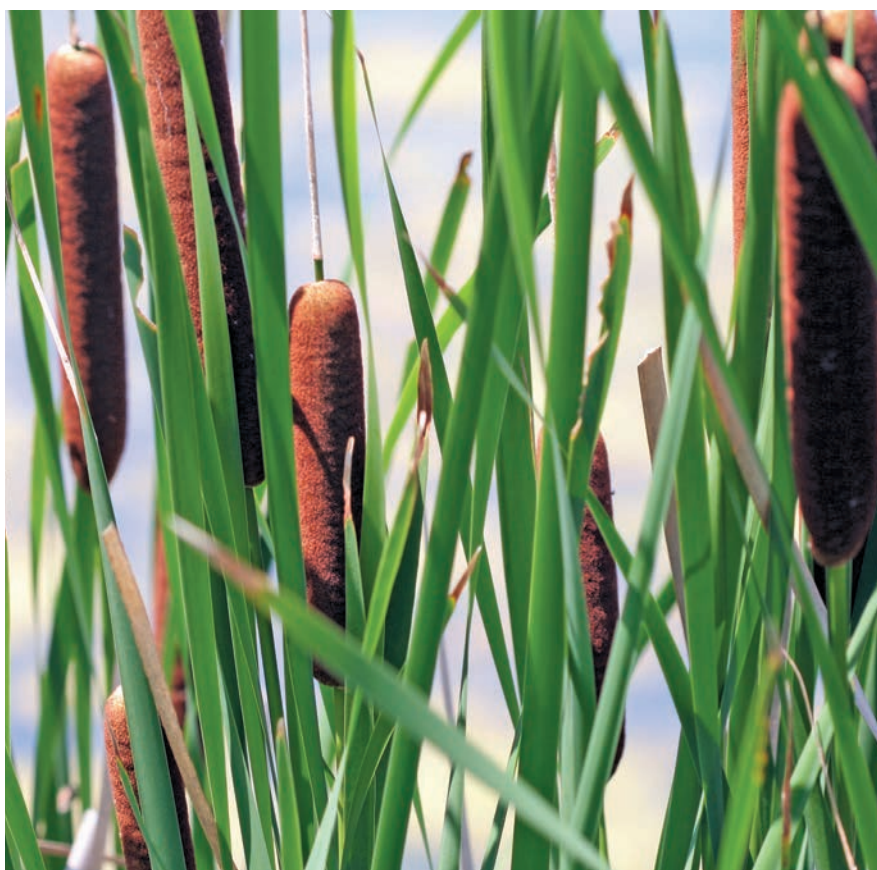
Summer is slowly winding down, and the very first signs of autumn are awakening in the higher elevations of our mountain landscapes. As I recently stepped into the pond we have restored on our land in Fairview, a lone cicada erupted into a buzzing concerto that resounded between my ears at an incredible level of intensity. Insect rock and roll! I was planting a few roots of cattail on the edge of our pond, as they provide a natural filtration system for ponds and marshes. Cattails can be highly invasive but they are a beautiful and essential native plant. The late Euell Gibbons called them the “supermarket of the swamp,” as they are an amazing food source.

The Common Cattail (*Typha latifolia*) and its siblings, the Narrowleaf Cattail (*Typha angustifolia*), Southern Cattail (*Typha domingensis*), can be found throughout most of North America and much of the world. Cattail is a member of the grass family. Some other common names for it are water torch, candlewick, and cat-of-nine tail.

Most people recognize cattails by the long, richly colored, cigar-like flower spikes that grow atop a long stalk nestled in a cluster of narrow-green, sword-like leaves. Cattails provided a year-round food source for Native Americans, as most parts of the plant are edible. The young shoots can be peeled in spring, exposing a white inner core that can be eaten raw (with a taste like cucumbers). A word of caution: In spring, make sure you find the old seed heads, a telltale identification for cattail, as the young shoots can be confused with wild iris leaves and shoots, which are poisonous and grow in the same habitat.

### Cattail Cuisine

Later in spring, the green female bloom spikes and the male pollen spikes begin to emerge. One can peel back the leaves in the same way you would shuck corn, and both the male portion above and the female below can be seen. The female portion will later develop into the familiar brown “cattail” seed head, from which the plant’s name is derived. Both the young male and female pollen spikes can be



Above: Most people recognize cattails by the long, richly colored, cigar-like flower spikes that grow atop a long stalk. Left: Cattail pollen can be added to flour. Buckwheat cattail pancakes, anyone? Left, below: Shoots can be peeled in spring and eaten raw.

boiled and eaten like corn on the cob, and both are delicious.

The golden yellow pollen makes an exceptionally fine and tasty addition to bread and cake flour. Years ago, I gathered a half a cup of pollen and mixed it into my buckwheat flour pancake recipe. I was delighted with the results. Cattail pollen is high in protein and works well mixed into flours for bread making, but it will not rise. Cattail pollen is equal to bee pollen in terms of minerals, enzymes, protein, price, and energy.

The roots, which are high in starch, were dried by Native Americans and ground into bread flour. The enlarged areas along the leading edges of the rootstock have been used as a potato substitute. In addition,

cattail leaves were used extensively in basketry and mat making, evolving into a valuable source for cane seating in post-colonial times. Even the old seed spikes that turn to fluffy down were utilized and prized as a source of tinder and insulation.

Cattails have been used medicinally, as the roots have been made into poultices and applied to wounds, burns, stings and cuts. Ash from burned cattail leaves was used as an antiseptic, and jelly extracted from young leaves was used for toothaches.

Yes, it is messy business to harvest and work with cattail but it amazes me how many ways we can use this single plant. And I must admit, the chocolate brown seed spikes are absolutely gorgeous in



flower arrangements. So move over Food Lion and Ingles, and make room for the “Wild Marshland Market,” where the cattails grow and flourish here in the mountains of WNC.



Contact Roger at  
rogerklinger@charter.net.

**POSTNET**

**Printing • Copying • Large Format  
Graphic Design • Laminating  
Mounting • Binding  
Signs • Shipping  
& Much More**

**POSTNET**

828.298.1211 • www.postnet.com/nc117



LOCATED BETWEEN WALMART AND KOHL'S • 129 Bleachery Blvd., Asheville, NC 28805 • nc117@postnet.com



Margaret Moncure, DVM  
Ted Wright, DVM  
Sarah Hargrove, DVM  
Shawn Williamson, DVM  
Full Service Small Animal  
Hospital and Mobile  
Equine Care

Open M – F 8 – 5  
Sat 9 – 12

184 Charlotte Highway  
(directly across from AC Reynolds High School)

828 575-2430 | www.cedarridgevet.com



ADVERTISER'S LIST — CLIP AND SAVE

AA Diamond Tile..... 450-3900

Allen Burton Group ..... 329-8400

All Seasons Heating & AC ..... 651-9998

Americare Pharmacy..... 628-3121

Apex Brain Center ..... 708-5274

Asheville Stone.....628-ROCK

Asheville Tree Ninja..... 582-4815

AVORA Health ..... 505-2664

Bahnson Lovelace, Handyman/  
Lawncare ..... 242-2410

Beverly Hanks

Carol Fisk ..... 674-0441

Carol Holcombe ..... 779-8748

Christie Melear..... 776-1986

Diane Morris..... 713-1678

Cane Creek Animal Clinic ..... 628-9908

Cane Creek Concrete ..... 230-3022

CC Flooring..... 255-3532

Cedar Ridge Animal Hospital  
and Equine Services ..... 575-2430

Cloud 9 Farm..... 628-1758

Coldwell Banker,  
Sandy-Patti Team.... 768-4574/691-8053

Cool Mountain Realty..... 628-3088

Eblen Short Stop ..... 628-9888

Edward Jones Investments .... 628-1546

Elena the Groomer ..... 628-4375

Fairview Animal Hospital ..... 628-3557

Fairview Business  
Association ..... 585-7414

Fairview Chiropractic  
Center ..... 628-7800

Fairview Kennels ..... 628-1997

Fairview Landscaping ..... 628-4080

First Bank ..... 866-792-4357

Fleshers Healthcare ..... 628-2800

Flying Cloud Farm..... 768-3348

Galloway Masonry ..... 776-4307

Glenn Gottfried, Realtor..... 628-6321

Great Wall Chinese Takeout ... 298-1887

GreyBeard Realty ..... 298-1540

High Country Truck & Van ..... 222-2308

Hilltop Ice Cream Shop ..... 489-2506

Keller Williams,  
Jim Buff ..... 771-2310

Love in Color Photography .... 301-5330

MAHEC Family Health ..... 628-8250

McCrary Stone ..... 649-2008

Mitch Contracting ..... 252-0694

Moose Ridge Construction..... 777-6466

Nationwide,

Chad McKinney..... 684-5020

New Moon Marketplace..... 222-2289

PostNet of Asheville ..... 298-1211

Ray's Landscapes ..... 279-5126

Scobie, Bill, Computers ..... 628-2354

Smokey Mtn Auto Detailing .... 423-2408

Southeastern Physical  
Therapy..... 338-0707

Southern Styles ..... 628-9596

State Farm Insurance,  
Tammy Murphy ..... 299-4522

Steam Master Carpet &  
Upholstery Clean ..... 628-9495

Surrett, Mike, Contractor ..... 230-8494

The HUB of Fairview..... 628-1422

Thomas, Scott, DDS ..... 299-8960

T.P. Howards Plumbing Co ..... 628-1369

Trout Lily Deli & Cafe ..... 628-0402

Troyer's Country Amish Blatz ...280-2381

Wild Birds Unlimited..... 687-9433

PUBLIC SERVICE

Sheriff's Department ..... 255-5000

Fairview Fire Dept..... 628-2001

Garren Creek Fire Dept. .... 669-0024

Gerton Fire & Rescue ..... 625-2779

SCHOOLS

Cane Creek Middle School ..... 628-0824

Fairview Elementary..... 628-2732

Reynolds Middle School ..... 298-7484

Reynolds High School ..... 298-2500

POST OFFICES

Fairview Post Office ..... 628-7838

Fletcher Post Office..... 684-6376

Gerton Post Office..... 625-4080

COMMUNITY CENTERS

Cane Creek CC..... 768-2218

Fairview CC ..... 338-9005

Spring Mountain CC ..... 233-5601

Upper Hickory Nut Gorge ..... 625-0264

MISCELLANEOUS

Fairview Area Art League... 704 975 0095

Fairview Town Crier ..... 628-2211

Fairview Business Assoc. .... 585-7414

Fairview Farmers Market ..... 550-3867

Fairview Library..... 250-6484

Food for Fairview..... 628-4322

The Lord's Acre Garden..... 628-3688

Meals on Wheels..... 253-5286

WORD SEARCH

We took some of the most unique street names in Fairview's 28730 zip code (of six letters or fewer) and created this puzzle.

See if you can find them all. And maybe someday we'll do a story on how these streets got their interesting names!

WZJELMERSRC CBFZ

TXYN OIAUEROTOTX

SSMYRCBLNKLGMDO

HKUEQZOLWXEPUXJ

AUANFABEYHRELKH

MNIYANOEPKSNLXC

COYSLDOAPURLOBV

AOQIFAATOEVAGIT

DTXUVTURTEZEP SA

EOTUGE GXHAEPNSC

NCAERDZORBISNAB

FSNTRDRRBQSNSKO

OOPYPIN EYBFGBNFB

DRRET OOBGCZH XEH

UDANA ZQRQH OIVTR

Danus

Vehorn

Inner

Coys

Grouse

Zanadu

Gollum

Ebby

Sparky

Notta

Aerie

Elmers

Bobcat

Bobo

Bleeker

Rosco

Piney

Booter

Onyx

Retta

Issa

The Fairview Town Crier

The voice of our community since 1997

OFFICE OPEN MONDAY–FRIDAY, 11 AM–5 PM

BIG BLUE DROPBOX AVAILABLE 24/7

1185-G Charlotte Highway

628-2211

Mailing address: P.O. Box 1862, Fairview, NC 28730

www.fairviewtowncrier.com

PUBLISHER Sandie Rhodes sandie@fairviewtowncrier.com

OFFICE MANAGER Annie MacNair office@fairviewtowncrier.com

EDITOR Clark Aycock copy@fairviewtowncrier.com

ART DIRECTOR Lisa Witler ads@fairviewtowncrier.com

Submissions

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the Crier's editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Crier reserves the right to reject editorial or advertising it deems unfit for publication.

Editorial Policy

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

Letters of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address, and phone. Email editor@fairviewtowncrier.com or mail Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

38 THE FAIRVIEW TOWN CRIER September 2018



## CLASSIFIEDS



### Classified Ads **WORK!**

Only \$10 for 20 words and just 25¢ for each word over!

**ADS ARE DUE** on the 20th of the **PREVIOUS MONTH**

For more info, contact Annie at 828 628-2211, office@fairviewtowncrier.com or visit fairviewtowncrier.com



## HOMES/LAND SALES



**LAND FOR SALE** Fairview NC. Won't last long—Reduced! Perked for (3) bedrooms! \$59,900. Enjoy your mountain dream. This great 3.03-acre property is sure

to please. Easily buildable with streams, waterfalls, native wildflowers & rhododendron, privacy, wooded and mountain views. Not too steep. Not too far out. It's just right! Two separate, adjoining properties sold together: Upper tract: security gate entrance & views. Hear the 150-foot cascading crystal waterfall. Lower tract: reclaim old site for pond, relax by stream, two separate entrances, convenient to Asheville. NOT in a flood zone. 5% commission—finder's fee paid if you locate a buyer. No trailers or modulars. No city taxes (Garren Creek Road). Home Owner's Association. By appointment only. Bank qualified, serious buyers, please. Call owner: 276-696-2550.

## FOR RENT

**COMMERCIAL BUILDING** right on Charlotte Hwy in Fairview. 1300 sq ft. \$1295. Potential for restaurant, brewery, many possibilities, nice outdoor space along the creek, additional parking available. Up fit to suit. Cool Mountain Realty, 779-4473.

## FOR SALE

**2016 JAYCO WHITE HAWK 27 DSRL.** Less than 1,000 miles, 10 nights used. All the upgrades. All contents included. \$22,000 OBO. 828-337-0294.



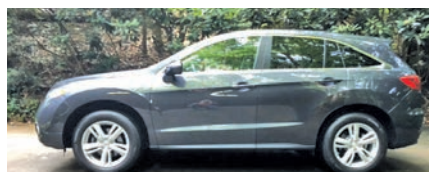
**YAMAHA UPRIGHT PIANO M1ET** serial # 168854. Excellent condition. First owner, played very little, well-maintained and tuned. Buyer

must move from convenient Fairview location (first floor, only 3 steps off deck to driveway). Matching bench included. **PRICE LOWERED** to \$1,999 cash only. 828-242-6286

## FOR SALE



**BEAUTIFUL!** Channel back, sky blue, 8-way hand tied, Ethan Allen upholstered, Hickory House mfg. In excellent condition! \$250, OBO. 828-273-6764



**2015 ACURA RDX, V-6, FWD.** Technology package, moon roof. Metallic gray/beige interior, leather. Excellent condition. 12,865 miles. \$25,900. Contact: farm2@mindspring.com.

## SERVICES

### ALTERATIONS

**NANCY'S ALTERATIONS** for all your sewing needs. 828-691-0521.

### AIRBNB HOME MANAGEMENT



**HAPPY MOUNTAIN HOST**

Airbnb Host Services in Fairview, NC

### WANT TO BE AN AIRBNB HOST?

**HAPPY MOUNTAIN HOST—AN AIRBNB HOST SERVICE COMPANY EXCLUSIVELY FOR FAIRVIEW PROPERTIES**

Sit back and relax. We'll do it all. We are experienced, bonded and local. Monthly or à la carte services. We provide 24-hour on-call guest support, guest check in and out, guest reviews, house inventory, cleaning, linens, bed-making, landscaping and more. New to Hosting? We can help set up your AirBnB site with pricing, amenities, photos, welcome letters and everything needed to get up and running. Call now before you get busy for a free consultation, 828 484-6444.

### COMPUTER SERVICES

**ON-SITE SERVICE FOR DOG-FRIENDLY MACS ONLY!** Setup, Troubleshooting, Upgrades, WiFi, Networking, Installing SSD drives/memory, and other MAC needs. Email John Dickson at mac.works@mac.com. Call 777-8639 or visit macworksnc.com

## CONSTRUCTION / HANDYMAN



### ALL CONSTRUCTION SERVICES

Customized building, turn-key homes, remodeling, decks. 75

Years of quality customer service. Free estimates. David Frizell, 458-2223.

**HOME IMPROVEMENT** Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

**SMALL CONSTRUCTION/REPAIR** Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

### ENTERTAINMENT

**HAVE AN EVENT THAT NEEDS LIVE ENTERTAINMENT?** Fairview's Chris Rhodes, singer/guitarist, regularly performs at Biltmore Estate venues as a one-man band. He is available for private events on Friday or Saturday evenings or most week nights. Visit chrishodnesmusic.com or call 242-6286 for info.

### HEALTHCARE

**FURNISHED ROOM WITH PRIVATE BATH** and meals provided by retired eldercare givers/nursing home administrators. Non-medical care with rides to doctor, companionship, etc. Reasonable rate, much better than a nursing home! 828-216-7051.

### HOME MAINTENANCE

**FELIX THE WINDOW WASHER** will make your windows shine. Residential and commercial. References. 398-8977.



### HAPPY CLEAN PRESSURE WASHING

Residential/Commercial. No job too small. \$79 Single-wides, Storefronts, Service Areas. \$119 Double-wides, Decks, Driveways. Call or text Chris Winkler 941-536-7869. Email: happycleanpowerwashing@gmail.com

### LAWN/LANDSCAPING

#### COMPLETE LAWN MAINTENANCE.

General cleanup, mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444.

## MUSIC LESSONS

**PIANO AND GUITAR LESSONS IN FAIRVIEW**, offered by experienced teacher and professional musician. Beginner and intermediate, children and adults. \$20/half hour; \$30/hour. 335-1401 or email: kampjames@hotmail.com.

### NOTARY

**LOCAL NOTARY IN FAIRVIEW.** Available at New Moon Marketplace, 10AM-5PM. Call Amy at 222-2289 or text, 551-7632

## PET / HOUSE SITTING



**LITTLE FRIENDS PET SITTING** has been happily serving Fairview for 10 years. AAS in Veterinary Medical Technology. Reliable

animal lover who is knowledgeable, bonded & insured. Call Judy: 828-808-4350

### LIVING HARMONY PET SITTING

Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit livingharmonypetsitting.vpweb.com or call Gretchen DuBose, 582-3363.

**YOU CAN PAWS FOR A SPELL** We've got the cuddles covered! Offering quality pet, farm, and house sitting in Asheville and surrounding areas. Check out our website, www.pawsforaspell.com

## HELP WANTED

**REAL ESTATE AGENTS!** Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

**SUGAR HOLLOW SOLAR** is looking for an Administrative Assistant to manage the sales office, serve as the primary customer contact, and perform administrative duties. The ideal candidate has strong computer and communication skills, collaborates well with others, is highly organized, and shares a passion for the environment. Please send resume to info@sugarhollowsolar.com

## CLASSES

### YOGA

**YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZOELLER.** An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class. AND PAYABLE IN ADVANCE.

**VINYASA YOGA** Wednesdays 6:15 to 7:30PM at Long Time Sun Yoga with Brittany (suggested donation \$10).





## Big savings for safe drivers.

**Tammy Murphy Ins Agcy Inc**  
Tammy Murphy CLU, Agent  
135 Charlotte Highway, Suite B  
www.tammymurphy.com  
Bus: 828-299-4522

### Get a discount up to 50%.

I can help lower your premium  
through *Drive Safe & Save™*.

**Get to a better State®.**

**Get State Farm.**

**CALL ME TODAY.**



1301900

State Farm Mutual Automobile Insurance Company  
State Farm Indemnity Company, Bloomington, IL

## The Fairview Town Crier 2018 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

### COLOR DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

### BLACK AND WHITE DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$317	\$347	\$376
Half Page	\$191	\$214	\$231
Quarter page	\$109	\$128	\$139
Eighth page	\$65	\$82	\$92
Business card	\$45	\$55	\$60

**Nonprofit ad rate is 20% off applicable rate.** Note: 1x ads are payable in advance.

**SAVE MONEY:** On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

### CLASSIFIED ADVERTISING RATES

Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). All classifieds ads must be prepaid. Notices and personal ads not selling anything are free.

**kw**  
KELLERWILLIAMS. REALTY



Each office independently  
owned and operated

**Jim Buff, CRS**  
**828.771.2310**

www.jimbuff.com  
email@jimbuff.com  
86 Asheland Avenue  
Asheville, NC 28801



**Put Success on Your  
Side... Call Jim!**

## FAIRVIEW RESIDENT SINCE 1992



**FAIRVIEW!** Unique 3 BR (2 master suites), 3 bath home on 1.36 acres, spacious kitchen, cov front porch & rear deck, HOME WARRANTY, office, tons of storage, LR w/FP, 2-car gar, **MLS#3397363, \$399,900!**



**FLETCHER!** Spacious 5 BR/3 bath home on 1.5 acres, HOME WARRANTY, extensive decking, 2 Rock FPs fenced in yard, fam rm, rec room, detached 3-car garage, **MLS#3388105, \$395,000!**



**MILLS RIVER!** Spacious 3 BR/3.5 bath home, .69 acre, open floor plan, 2-car gar, tons of storage, HOME WARRANTY, cvred front porch, lg rear deck, full unfin bsmt, close to AVL & HVL, **MLS#3383119, \$379,900!**



**NORTH ASHEVILLE!** Spacious 3 BR/2 bath home on gorgeous level .93 acre lot, FP, vaulted ceiling, lg cvred porch, HOME WARRANTY, full bsmt - easily finished, great loc, 2-car gar, **MLS#3389574, \$379,000!**



**WEAVERVILLE!** 3 BR/2 bath, newer custom home, .62-acre cul de sac, great views, open kitch/granite & stainless steel, certified energy efficient, vaulted ceilings, gas FP, huge deck, **MLS#3421376, \$349,900!**



**NANTAHALA RIVER!** 2 BR/2 bath, add'l bath on ground level, deck/cvred porch overlooking river near Nantahala Outdoor Ctr. Well maintained home, great potential. Call James Mullis 828-338-8585. **\$349,900!**



**NEAR AIRPORT,** totally remodeled older home, 2 BR/2 baths, dining room, level lot, everything new — siding, windows, roof, floor covering, heat pump, a real dollhouse! **MLS#3423403 \$228,900!**



**EAST IN COUNTY-RICEVILLE!** Spacious older 2 BR, den, dining room, private level .61 acre lot, HOME WARRANTY, 2-car carport, enclosed front porch, convenient loc, **MLS#3422916, \$169,900!**



**WEST IN COUNTY!** Buy one home get one free, 2 houses on one lot — 68 acres total, each 2 BR, sold "as is", great location, \$8,250 down pyt, APR 4.97%, \$829.53/mo, **MLS# 3401630 \$165,000!**



**WEAVERVILLE!** 3 BR, manufactured home on nice .49 acre lot, well & septic, neat & clean home, large 2-car carport, outbuilding, great Weaverville location, **MLS#4314523, \$69,900!**

**828-771-2310**

**CALL TODAY FOR A  
FREE  
MARKET ANALYSIS**

www.jimbuff.com

### RESULTS!

Timberwood .....	Pending in 13 days
Winding Way .....	Pending in 34 days
Ridgeway Dr .....	Pending in 14 days
Bramblewood .....	Pending in 27 days
Blalock Ave .....	Pending in 35 days
Campground Rd .....	Pending in 4 days
Oregon Ave .....	Pending in 1 day
Mitchell Ave .....	Pending in 2 days
Mtn. Meadow Circle .....	Pending in 8 days
Rotunda Circle .....	Pending in 28 days
Fairfax Ave .....	Pending in 7 days
Liberty Rd .....	Pending in 39 days
Melody Ln .....	Pending in 29 days
Richmond Ave .....	Pending in 3 days
Lakewood Dr .....	Pending in 7 days