

# The Fairview Town Crier

OCTOBER 2018 VOL. 22, No. 10 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

INSIDE

Food & Fun at the Fairview Fire Department Fundraiser Oct. 25! PLUS a Raffle to Win a Harley-Davidson! P 5



### Doggone It, We Kid You Not!

n September 10, Pat Snyder sent a photo to the Crier's Facebook page. We get quite a few animal pictures on a regular basis, but they are usually of lost pets. This was different. A big white dog and a small herd of goats—goats! were exploring Cane Creek Road. It's the photo you see above.

We couldn't wait until our October issue to share this photo, so we posted it to our Facebook page. And it went viral. Okay, Fairview Town Crier viral. More than

11,000 people were reached, with 31 comments and 132 shares (so far). Those are amazing numbers for our little Facebook community.

We invite you to share your experiences out and about in Fairview, Gerton, Reynolds, and Fletcher. Connect with us on Facebook or email us at copy@ fairviewtowncrier.com

If you want to see the Facebook post with the dog and goats photo, go to bit.ly/2pjZccz.

### Get Festive to Support Fairview Elementary

Every year, the proceeds from Fairview Elementary's Fall Festival are used to help ensure the safety of students and staff, provide for muchneeded classroom supplies, and support programs designed to help our students succeed.

This year, the festival will take place on Friday, October 5, 4-7 pm on the school's ballfields. It can be enjoyed by kids and adults of all ages. Invite your family, friends, and neighbors!

This year's festival will include lots of games and prizes, inflatables, a dunk booth with some of Fairview Elementary's bravest staff members, a cake walk, face painting, hayrides, yummy foods and sweet treats, the PTA's famous raffle baskets, music, and more-truly something for everyone!



Wristbands providing access to everything but food and the dunk tank can be purchased at the gate. Adults and children under 2 are free. Raffle tickets for raffle baskets can be purchased at the festival until 6 pm. Winners will be announced at 6:30 pm.

# Halloween Happenings

### **HNGF SPOOKY MAZE & COSTUME CONTEST**

**Saturday, Oct 20** Celebrate a family-friendly Halloween early at Hickory Nut Gap Farm. Dress

up (kids and adults!), dance, eat dinner, and solve a scary maze. 7-9 pm, Hickory Nut Gap Farm, 57 Sugar Hollow Road, Fairview.

### BRUSH CREEK BAPTIST TRUNK OR TREAT Saturday, Oct 27

Brush Creek starts a new tradition, with BBQ supper, a cake walk, and lots of treats. See ad on page 9 for more information.

FAIRVIEW FAMILY FUN FEST Wednesday, Oct 31 Bring your kids to the Fairview Fire Department (1586 Charlotte Highway) for a safe, fun trick-ortreat experience. See page 5 for more information.

TRINITY OF FAIRVIEW FALL FESTIVAL Wednesday, Oct 31 Horse rides, health fair, candy, food, crafts, music, games, and more from 5-8 pm. Trinity of Fairview, 646 Concord Rd., Fletcher.



TRUNK OR TREAT AT SMCC Wednesday, Oct 31 Free hot dog supper, plenty of goodies, hay rides, and special games from 4-6 pm. Call Maria Horton at 778-0279 or email daylightasheville@gmail.com to enter your display and reserve a place for your vehicle. Volunteers also needed. Spring Mountain Community Center, 807 Old Fort Rd.

### **NEXT CRIER LABELING DATES**

OCTOBER 30 & NOVEMBER 30 (10:30 AM) at the main Fairview Fire Station. Email pattiparr@yahoo.com or call 628-2211 for information.

### Learn about Amendments at Info Session

The League of Women Voters of Asheville-Buncombe County and the 28th Judicial District Bar are co-hosting a non-partisan discussion between two legislators about the proposed amendments on this election's ballot. NC Senator Terry Van Duyn (D) and a Republican legislator will present the views of their respective parties and take questions on October 11, 7-8:30 pm at Courtroom 1A, Buncombe County Judicial Complex, 181 College Street, Asheville. This is not a debate or a

political forum. It is an information session to help voters better understand the proposed amendments and their potential impact.

For more on the amendments and election information, see our Voting Guide, pgs. 16-17 - 含合合

Paid parking is available at the College Street deck. Attendees should enter the Judicial Complex at the new building's glass doors and go through security.

### Time to Go Nuts!

The Garren Creek Fire Department Auxiliary is selling nuts again. Purchase pecans (halves and pieces) and black walnuts in one-pound bags for \$12 each. (Exact change greatly appreciated-or donate the change to the FD!) They're great for holiday baking and healthy snacks. Call Elizabeth Simmonds at 669-2846 or 230-3986 or purchase (check or cash) at The Hub/Town Crier office, 1185G Charlotte Hwy.

The Fairview Town Crier P. O. Box 1862 Fairview, NC 28730

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### OCTOBER 2 (TUESDAY)

### **Peter Sellers Film Series**

6 pm. "The Pink Panther" (1963), the second in a four-part series at the Fairview Public Library. See page 7 for more information. 1 Taylor Rd., Fairview.

### Weight Loss Seminar

5:15-6 pm. Learn about a system that may be able to change patterns of bad eating and dieting. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### OCTOBER 4 (THURSDAY)

### **Blood Drive at SMCC**

3-7:30 pm. The Red Cross will holding a blood drive at Spring Mountain Community Center. 307 Old Fort Rd.

### OCTOBER 5-6

### **Model Railroad Show**

12-7 pm, Friday; 10-4 pm, Saturday. New and used model trains, railroadians, and hobby and toy vendors. \$6 for both days, kids under 12 and scouts in uniform free. Free parking. Dealer tables available. For more information, visit fbe.nscale.com. WNC Ag Center, Expo Building, 785 Boylston Hwy., Gate 5, Fletcher.



### **Annual Western Gala Breakfast**

9 am-12 pm. Anita Earls, candidate for the NC Supreme Court, is guest speaker. This is the Democratic Women of Buncombe County's major fundraising event. Tickets are \$40 each and include a silent auction of dining and entertainment packages, a continental buffet, music, and a cash bar for a blue mimosa or bloody mary. Asheville artists will "paint it all blue" (paintings to be auctioned). The Renaissance Asheville Hotel. Must preregister by Oct. 2. TIcket link at Facebook.com/DemWomenBuncombe and click Events or email buncombedemwomen@gmail.com.

# **Outdoor Craft and Vintage Sale**

Saturday, October 20, 8 am-2 pm

Put Fairview's first fall outdoor market on your calendar. The Hub, along with New Moon Marketplace and Whistle Hop Brewing Co., will host the outdoor markets featuring handmade items, vintage, and other finds. The Hub's market will include crafters from its shop along with outside venders. Want to sell your things? Spaces available for \$10. Register and pay at The Hub (1185 Charlotte Hwy., Suite G, Fairview) or by calling 628-1422.

### OCTOBER 7-9

### **Empower Bible Conference**

6:30 pm. Special guest speakers. Trinity of Fairview. For more information, call 628-1188. 646 Concord Rd., Fletcher.

### OCTOBER 9 (TUESDAY)

### **Gary Sizer Talk at Library**

7 pm. Friends of the Fairview Library are pleased to present Gary Sizer, speaker, hiker and author of Where's the Next Shelter? See page 7 for more information.

# Garren Creek Volunteer Fire Department Annual Meeting

7 pm. The meeting will report on the operations of the department and elect officers and two directors. All residents of the Garren Creek Fire District are encouraged to attend.

Refreshments will be served. For information, call Elizabeth Simmonds at 230-3986. 10 Flat Creek Rd., Fairview.

### **Brain Therapy Lecture**

5:15-6 pm. Learn about new therapies that may help with brain injuries or diseases of the brain, such as concussions, MS or Parkinson's. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### OCTOBER 10 (WEDNESDAY)

### Meet Dem. Candidate for NC State 49 Seat

5:30-7:30 pm. Meet Norm Bossert, the Demoratic candidate for NC State District 49. Light refreshments served. The Hub of Fairview. 1185G Charlotte Hwy., Fairview.





**10 ACRE LAKE WITH 180 ACRES OF COMMUNITY PROPERTY,** top of Flat Top Mountain, 2 story home and guest house on 2.5 view acres, **\$450,00**0. *MLS#* 3425057



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BOULDERS, ROCK OUTCROPPINGS, HUGE TREES, VIEWS, PAVED ROADS, TRAILS, 3.78 acres, \$90,000, MLS# 3416081



31 ACRES, COZY CABIN, WELL & PUMP W GENERATOR, LONG LEVEL RIDGETOP VIEWS, valley creek, trails thru-out, no close neighbors, no restrictions, \$365,000, will divide, MLS# 3155768.

### OCTOBER 11 (THURSDAY)

### **NC Amendments Info Session**

7-8:30 pm. Learn about the proposed amendments for the upcoming election. See front page for more information.

# Republican Women's Candidate Forum

12 pm (11:30 am to order lunch). Republican Women's Club forum and Q&A. J&S Cafeteria, River Ridge Shopping Center on Fairview Rd.

### OCTOBER 12 (FRIDAY)

### At the Hub: Kid Craft & Snack Time

3:30-4:30 pm. An afternoon of fall crafting with your kids! See page 26 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

### OCTOBER 13 (SATURDAY)

### At the Hub: Make a Wire-Wrapped Bonsai Dreamcatcher

1-5 pm. SarahJane of Bean's Bonsai will teach the wire-wrapping technique. See page 26 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

### Starscapes-A Galactic Voyage

7-8:30 pm. At the Light Center, with space musician John Serrie. \$18 in

advance. For other events and more information: 669-6845 or URLight.org. 2196 NC Hwy 9 South, Black Mountain.

### OCTOBER 16 (TUESDAY)

### **Knee Replacement Seminar**

5:15-6 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### OCTOBER 17 (WEDNESDAY)

### At the Hub: Acrylic Drip Painting

6-9 pm. Create and take home a finished canvas. See page 26 for more information. At The Hub of Fairview.

### OCTOBER 20 (SATURDAY)

### **Outdoor Craft & Vintage Sale**

8-2pm. The Hub, New Moon Marketplace and Whistle Hop Brewery. See page 2 for information.

### OCTOBER 23 (TUESDAY)

### Friends of the Library Meeting

7 pm. All members are welcome.

### **Foot Pain Seminar**

5:15-6 pm. Learn about the causes of foot problems, DIY treatments, and professional help. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### OCTOBER 24 (WEDNESDAY)

# At the Hub: Ladies Night (DIY Design & BYO Wine)

5:30-7:30 pm. Make a decorative air plant holder. See page 26. At The Hub of Fairview.

### OCTOBER 25 (THURSDAY)

### Fairview Fire Dept. Fundraiser

5:30-8 pm. Live and silent auctions, food, win a Harley! See page 5 for more information. Highland Brewing, 12 Old Charlotte Hwy., Asheville.

### OCTOBER 27 (SATURDAY)

### At the Hub: Distressed Wooden Sign Workshop

12-4 pm. Create a fall-themed rustic sign. See page 26 . At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

### **Cane Creek Cemetery Workday**

9 am. The Cane Creek Cemetery Association will hold a caretaker workday. All help is welcome. For more information, call 280-9533.

### Fairview Baptist "Youth Explosion"

9 am-5 pm. For the community's middle and high school students. Gospel

hip-hop artists will perform. Breakfast and lunch provided. Free. For more information, call 273-583 or visit fbc1806.org. 32 Church Rd., Fairview.

### OCTOBER 30 (TUESDAY)

### **Spinal Surgery Seminar**

5:15-6 pm. Learn about technology and exercises that may be able to help with spine problems. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

### OCTOBER 31 (WEDNESDAY)

### Trunk or Treat at SMCC

4-6 pm. Spring Mountain Community Center, 807 Old Fort Rd.

### **Fall Festival at Trinity Baptist**

5-8 pm. 646 Concord Rd., Fletcher.

### **MONTHLY EVENTS**

### Spring Mountain Community Ctr.

Community Leadership Meeting: Usually first Tuesday, 6:30 pm. Quilting Bee: Meets every second Tuesday, 10 am-2 pm. Call 628-7900 or 628-1938. Berrypickers' Jam: Tuesdays at 7 pm. Slow Flow & Yin Yoga with Anna: Mondays, 8:30-9:45 am. \$5-10 suggested. Yoga with Sabrina: Thursdays 6:15-7:30 pm. \$5-10 suggested. 807 Old Fort Rd. springmountaincc.com

# **DEMOCRACY DEPENDS ON YOU**

# VOTE FOR DEMOCRATS

Early Voting Starts October 17 Election Day November 6

### **MIDTERMS MATTER**

For information on voting locations and Democratic candidates, visit **vote.buncombedems.org. Vote AGAINST all constitutional amendments.** 

Buncombe County Democratic Party
A Community for Everyone





(828) 274-4482 • info@buncombedems.org • Vote.buncombedems.org Paid for by the Buncombe County Democratic Party. Not endorsed by any candidate or candidate committee.

### **MONTHLY EVENTS**

### OCTOBER 2 (TUESDAY)

### **Prostate Cancer Support Forum**

7 pm. Us TOO of WNC, a prostate cancer support forum for men, caregivers, and family members, at 5 Oak St., Asheville. No fee. 242-8410 or wncprostate@ gmail.com.

### Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Department, 458 Hoopers Creek Rd., Fletcher. The group focuses on Confederate ancestry and Southern heritage. For more information, call 230-6523.

### OCTOBER 4 (THURSDAY)

### **Embroiderers' Guild Meeting**

9:30 am-12 pm. Laurel Chapter of the Embroiderers' Guild of America will hold its monthly meeting. Sandy Washington will be instructing members on how to create a no-sew needle book. 3 Banner Farm Rd., Etowah/Horse Shoe. For more information, 243-6537 or 575-9195.

### OCTOBER 5 (FRIDAY)

### **Fairview Farmers Market**

4:30-7:30 pm. Whistle Hop Brewery, 1288 Charlotte Hwy., Fairview.

### OCTOBER 8 (MONDAY)

### Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome. 704-975-0095. 1 Taylor Rd.

### **FBA Monthly Meeting**

6 pm. Americare Pharmacy, Edward Jones Financial, and the The Hub, all at 1185 Charlotte Highway. See page 27 for more information.

### **Stitches of Love Meeting**

7 pm. Stitches of Love donates handmade articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. Call 575-9195 or email imjstewart@att.net.

### OCTOBER 11 (THURSDAY)

### **Welcome Table**

11:30 am-1 pm. A free community lunch served to anyone in the area seeking food, fellowship and community. The meal will only be served once a week until more volunteers are available. See page 22 for volunteer information. 596 Old US Hwy 74, Fairview.

### OCTOBER 16 (TUESDAY)

### **Library Book Club**

7 pm. Fairview Evening Book Club will be reading and discussing

**Shadow of the Wind** by Carlos Ruiz. See page 7 for more information. 1 Taylor Rd., Fairview.

### OCTOBER 19 (FRIDAY)

### **Fairview Farmers Market**

4:30-7:30 pm. Whistle Hop Brewery, 1288 Charlotte Hwy., Fairview.

### OCTOBER 20 (SATURDAY)

### **Genealogy Society Meeting**

2-3 pm. Program is "How to Use Social Security Numbers in Genealogy Research." Refreshments served after meeting. Free and open to the public. Call 253-1894 or visit OBCGS.com. 128 Bingham Rd., Asheville.

### OCTOBER 21 (SUNDAY)

### **Ethical Humanist Meeting**

2-3:30 pm. "Conversations with America: Confronting the Divisive Challenges of Our Time" 227 Edgewood Rd., Asheville. 687-7759 or EHSAsheville.org.

### OCTOBER 26 (FRIDAY)

### Florence Nature Preserve Cleanup

10 am-3 pm. Volunteer to restore native habitat. Morning-only shifts are fine, too. Bring lunch and water; wear closed-toe shoes and long pants. Water, snacks, and tools provided. RSVP to volunteer@ conservingcarolina.org or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton.

### OCTOBER 30 (TUESDAY)

### **Town Crier Labeling**

10:30 am. Meet other people from the community and help us get the next issue of the *Crier* into the mail!

### **ONGOING EVENTS**

# FAAL Art Show at Mountain Mojo

The Fairview Area Artists League will be presenting a group show through Dec. 1. Painting, photography, and fiber art, with a wide range of styles and works for sale. Mountain Mojo is at 381 Old Charlotte Hwy., Fairview and hours are M-F, 7 am-5 pm, and weekends, 8 am-3 pm.

### **PET EVENTS**

### OCTOBER 13 (SATURDAY)

### **Humane Society Auction & Gala**

6-9 pm. A fun-filled night with local cuisine and libations, silent and live auctions, and dancing. All proceeds benefit homeless animals. Tickets are \$75 and VIP tickets are \$125. Tickets at ashevillehumane.org/TOC2018.



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### 2005 F450 SD 35' ALTEC BUCKET TRUCK

6.8 V10, auto, PW, PDL, ladder rack, and more.

<sup>\$</sup>19,995



### 2012 MERCEDES SPRINTER 12-PASSENGER VAN

One owner! PW, PDL, rearview camera, Bluetooth, cruise, and much more.

\$29,995



### 2011 SILVERADO K1500 EXTCAB 4x4

**One owner!** 5.3 V8, auto, A/C, PW, PDL, tilt, cruise, tow package, and more.

Warranty included!

\$19,99**5** 

A-B Tech Conference Center, 340 Victoria Rd., Asheville.

### OCTOBER 28 (SUNDAY)

### **Animal Haven Fall Fundraiser**

2-6 pm. Vegan buffet, craft beers, wine, silent auction, and live music. \$20, with children under 12 free. All proceeds benefit the animals. For more information, call 299-1635. Check animalhavenofasheville.org for parking details. 65 Lower Grassy Branch Rd., Asheville.

### **SAVE THE DATE**

NOVEMBER 10

### Fairview Craft & Gift Fair

9 am-3 pm. Handmade arts and crafts–get your holiday shopping done early! Used book sale, and lunch and refreshments available. Fairview Community Center.

# New Date for Spring Mountain Playground Remodel

8 am-until finished. Volunteers are needed. Anyone can help; tools provided. Call 712-6857 to sign up. 807 Old Fort Rd., Fairview.

### NOVEMBER 15

### Floral Design Demonstration

The flower guild of First Presbyterian Church Asheville (40 Church St., Asheville) presents author Sybil Sylvester, who will present her stylish design ideas at 10 am in the sanctuary (\$40), followed by an optional book signing at 11:30 am (book price \$30). Register at fpcasheville.org (choose "Sign-up Forms").

### **IDENTIFICATION STATEMENT**

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see back cover.

### FIRE DEPARTMENT ROBIN RAMSEY

# You Could Win a Harley This Month!

he Fairview Volunteer Fire Department will have a busy October. Read on to find out what we have in store.

# Community-Sponsored Fundraiser

Thursday, October 25, 5:30-8 pm at the Highland Brewing event center. To support your local fire department, a community-supported benefit will feature silent and live auction items and food stations from local restaurants. Urban Orchard will sponsor the cider. Tickets can be obtained online at fairviewfire.com or at the door. \$50 per person, or \$25 if you purchase a raffle ticket. Sponsorships are available; signup forms and a benefit breakdown can be found at fairviewfire.com.

### Harley-Davidson Raffle

Our friends at Asheville Harley-Davidson in Swannanoa are working with us on a raffle to help meet our goal of \$50,000 to pay for the repair of our building's bay doors. A Black 2018 Heritage 114-cubic-inch Harley-Davidson Motorcycle can be yours for \$100. The Harley will live at the main fire station on Charlotte Highway if anyone would like to see it. Tickets are \$100 each and can be purchased either in person (at the station, H&H Distillery or Smokey and the Pig BBQ-all on Charlotte Highway) or online at

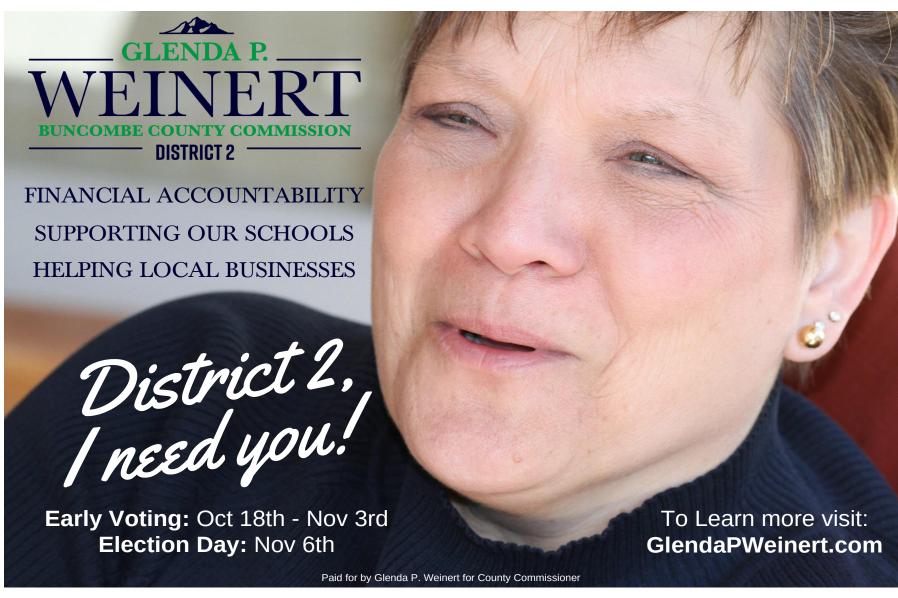


raffles.ticketprinting.com/?r=8127. Only 500 tickets will be sold. The drawing of the winner will be in conjunction with the Community-Sponsored Fundraiser (see above) and a ride near the date of the event. A special thank you to the Howard Family for all of their ideas, organization and for the inspiration for this fundraiser and obtaining the Harley.

### **Fairview Family Fun Fest**

Instead of the uncertainty of trick-ortreating, bring your kids to the fire department for a safe, fun environment. Lots of unique games, bobbing for apples, cake walk, prizes—and candy! Wednesday, October 31 at the main station (1586 Charlotte Highway).

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.







# Local agents, local knowledge.

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### FEATURED LISTINGS See all available listings at greybeardrealty.com



3-bedroom, 2.5-bathroom Swannanoa home. Private setting with mountain views. \$514,000. *MLS* 3426959



3-bedroom, 2.5-bathroom Leicester home with year-round views of Mt. Mitchell. \$382,000 *MLS* 3395397



4-bedroom, 3.5-bath Asheville home in the Eastmoor neighborhood with .85 acres. \$479,000 *MLS* 3411208

# GATEWAY MOUNTAIN COMMUNITY LISTINGS



3-bedroom, 3-bathroom log home with views on over 4 acres. Includes a creek and waterfall. MLS 3239865 \$575,000



3-bedroom, 3-bathroom home with 4.83 acres. *MLS* 3381523 \$424,000



1-bedroom, 1-bathroom Biltmore Forest Home with 1.64 acres of land. \$845,000 *MLS 3330312* 



3-bedroom, 3.5-bathroom Asheville home on over 5 acres. \$515,000. *MLS 3425808*.

### **LOTS AND LAND**

Echo Valley Estates, Old Fort Rd, 2.05 acres \$29,500 *MLS* 3349855

**Byers Park Lot with .61 Acres** \$55,000 *MLS 3277895* 

**.92 Acres in Briar Ridge** \$85,000 *MLS 3296442* 

Cul-de-sac lot in Moores Valley neighborhood in Leicester 1.10 acres and mountain views

1.10 acres and mountain views \$50,000 *MLS* 3406765

**Rambling Ridge Road lot**, 2.45 acres \$240,000 *MLS 3419220* 

**6.5 Acres in Chestnut Mountain Subdivision** \$350,000 *MLS* 3324420

### Looking for a property management company?

Greybeard's Property Management division manages over 400 vacation and long-term rentals in the Asheville area. Learn more at greybeardrentals.com or call 855.923.7940.

### **EVENTS**

### **Peter Sellers Film Series**

October 2 at 6 pm

The Pink Panther (1963)

1 hour 13 minutes
Not rated
The life of Peter
Sellers was one of
contradictions. On
screen, he was hailed
as a comedic genius.
Behind the scenes,
however, he was
often overtaken by
depression, addic-



tion, and erratic behavior. His work would influence comedians and actors for generations, with his irreverent style and dedication to craft earning him multiple awards and nominations.

Join us for "The Pink Panther," the second of a four-part retrospective on the turbulent life and career of Peter Sellers.

Ownership of a rare jewel known as the Pink Panther is in dispute. Interested parties include a glamorous princess (Claudia Cardinale), a sophisticated thief (David Niven), and the inspector hot on his trail (Peter Sellers). Deceit and double crosses reign in this comedic romp across picturesque Italy.

All screenings are hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce the film and lead a discussion after.

Remaining films in the series are "Dr. Strangelove," November 6, and "Being There," December 4. Popcorn provided by Grail Moviehouse.

### **Book Club**

October 16 at 7 pm

Fairview Evening Book Club will be reading and discussing *Shadow of the Wind* by Carlos Ruiz

"...[T]his international sensation...has books and storytelling—and a single, physical book—at its heart. Part detective story, part boy's adventure, part romance, fantasy, and gothic horror, the intricate plot is urged on by extravagant foreshadowing and nail-nibbling tension. This is rich, lavish storytelling..." (BookList)

No sign up or registration required to join; new members are always welcome.

### **Future Book Club Dates and Titles**

November 20 – *Mountains Beyond Mountains* by Tracy Kidder
December 18 – *Eleanor Oliphant Is Completely Fine* by Gail Honeymoon

### FOR THE COMMUNITY

### Library Database of the Month

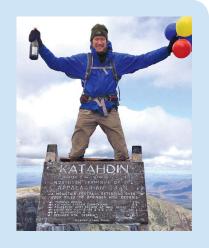
The library isn't only about books. We also provide the community with access to tons of helpful electronic resources to meet your needs. Each month in the *Town Crier* and on the library's Facebook page we will be highlighting one of those resources. The databases highlighted are available to

### Gary Sizer; Author, Hiker, and Speaker

Tuesday, October 9, 7 pm

Friends of the Fairview Library are pleased to present Gary Sizer, author of Where's the Next Shelter?

Gary was born in New Castle, PA Years of military service and software consulting fed his passion for travel, which he chronicles in his latest book, *Home is Forward*. After walking the Appalachian Trail in 2014, his before and after pictures went viral, and since then millions



of people have seen him in his underpants. Now Gary hikes and lives in the hills near Asheville, where he occasionally records stories for NPR's "The Moth." Gary is also co-host of the podcast "Stories From the Trail."

library cardholders every month, not just the month they are featured.

The Testing and Education Reference Center is this month's database. This resource allows you to prepare for entrance, certification, and licensing exams using online practice tests and study guides. Tests include GRE, SAT, GMAT, TOEFL, US Citizenship, ACT, LSAT, and many more. You can also use this resource to search for schools and scholarships, as well as build resumes and get career advice and training.

The Testing and Education Reference

Center can be used from any computer at any time. Just visit the Virtual Library Featured Resources tab on the library website, and log in with your library card number.

### FOR KIDS

Baby Storytime: Tuesdays, 11 am Toddler Storytime: Wednesdays, 11 am Preschool Storytime: Thursdays, 11 am LEGO Club: first Friday each month, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

# FAIRVIEW FIRE FIRE PRINT Bundraiser Jundraiser

Thursday
OCT 25



HIGHLAND BREWING

**Event Center** 

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### Nathaniel Robinson Freeman and Catherine Seward Freeman

athaniel Robinson Freeman was born in Brunswick County, Virginia, in June 1775. He was the son of Jesse Freeman (1749-1816) and Elizabeth Catherine Malone, who moved to Cathey's Creek in Rutherford County, NC, when Nathaniel was 13 years old.

When he was older, Nathaniel met a widow named Catherine Seward Moore. She was the daughter of John Seward and was born in Virginia. Catherine married Edward Moore (1770-1801) and had one child by him, a daughter named Bethany Bessie Moore. Bethany married James Marlow (1799-1867). The Marlows lived and are buried in Montford's Cove in Rutherford County. All the Marlows in the Fairview area descend from James and Bethany Marlow.

After the death of her first husband, Catherine Seward Moore quickly married Nathaniel Robinson Freeman on October 7, 1801. Nathaniel and Catherine begin their married life on Cathey's Creek in Rutherford County and all 10 of their children were born there.

James Marlow was a teacher. He was very close to his wife's mother and stepfather and he tried to see that his wife's half-brothers and -sisters received good educations.

Nathaniel and Catherine moved their family to the Bat Cave-Bearwallow (now Gerton) area in the early 1820s. Nathaniel was considered a very good gunsmith. He



PAULETTE JOHNSTON B./FINDAGRAVE.COM

also was a farmer and road builder. The state of North Carolina contracted him to build a portion of the Hickory Nut Gap Road from the Chimney Rock/Bat Cave area to Fairview.

Nathaniel died on June 23, 1831 in the Bearwallow section of Henderson County, NC, and was one of the first persons buried in the Freeman (now Bearwallow) Cemetery.

Catherine Seward Freeman was known for being a very particular woman. She demanded neatness and cleanliness in her home and of her children. She died in Bearwallow (now Gerton) in the mid 1850s. She is buried next to her husband in the Freeman (now Bearwallow) Cemetery.

# Nathaniel and Catherine had 15 children, 10 of whom reached adulthood

1. John Whittington Freeman Sr. was born in Rutherford County, NC, on November 1, 1802. He married Patsy Watkins

(1809-1845). John died October 1, 1856 in Blairsville, Union County, Georgia.

2. Jarrett Winfield Freeman was born in Rutherford County, NC, in 1804. He was married on June 3, 1827 to Anna Porter. They lived in McDowell County, NC. He died in 1858.

3. Dobson Burroughs Freeman was born in Rutherford County, NC, in 1806. He died in Raleigh, Wake County, NC, on April 8, 1871. He married Elizra Watkins (1808-1849ca).

4. Larkin Lawson Freeman was born in Rutherford County, NC, in 1808. He married Jane Rhodes (1818-1891). He died in 1895 in Bearwallow/Gerton.

5. Sophia G. Freeman was born in Rutherford County, NC, on December 24, 1810. She married Theophilus Simon Offie Sales (1807-1890). They lived on Gashes Creek (now called Reynolds). Sophia died on July

19, 1897. She and her husband are buried at Gashes Creek Cemetery.

6. Joel Terrill Freeman was born in Rutherford County, NC, on July 27, 1812. He married Isabella Manerva Porter. Joel died on April 3, 1891.

7. Isaac Freeman was born in Rutherford County, NC, in 1814. He married Elizabeth Harper (February 1814-1901). She was the daughter of Lot Harper and Mariam Whitaker. Isaac and Elizabeth divorced and Isaac then married Sally Dobbins. Isaac died after 1880 and he and his second wife were buried on Little Pisgah.

8. Jonathan Freeman was born in Rutherford County, NC, in 1817.

9. Felix Moten Freeman was born in Rutherford County, NC, on January 16, 1818. He had three wives: Mira Bagwell (1821-1853), Agnes Stepp, and Tabitha Bytha (1849-1919). Felix died on December 5, 1888

10. Plenny P. Freeman was born in Rutherford County, NC, in 1822. He had two wives: Cynthia Jane Edney (1823-1890ca), and Nancy Cathleen Edney (1835-December 23, 1903).

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@ bellsouth.net.





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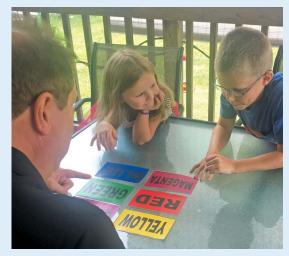
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### **GREG'S MAGIC TRICK**

### Clever Colors

Using some unique color names will help you fool your audience when you perform this simple trick!



You'll need to prepare by writing the name of a color on six index cards. Be creative with the names of the colors because you need a different number of letters for each color. I've used the following: red (three letters), blue (four), green (five), yellow (six), magenta (seven), and lavender (eight).



Lay the cards randomly on the table with the color names facing up and ask a volunteer to secretly pick a color and to not to tell anyone which they chose. Then ask them to spell the name of their color, one letter at a time, as you touch each card. When your volunteer reaches the last letter of the color they chose, they must yell "stop!" Your hand will be on their chosen color. **Magic!** 

**SECRET:** For the first two letters you can touch any card you want, but next you must touch the card with three letters (red), then four letters (blue), then the five letters (yellow), and so on. You will always be on the correct color when the volunteer stops.

If you would like a version of the cards I use (as shown in these photos), please send me an email to Greg@gregphillipsmagic.com and I'll send you a PDF to download and print.

Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.

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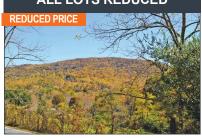
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LOT 7	0.64	\$64,000
LOT 8	0.526	\$59,000
LOT 9	0.521	\$59,000

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### **Hurricane Florence Drenches the Carolinas**

reliminary estimates indicate that Hurricane Florence may have caused \$15 billion to \$25 billion in damages in her trek across the Carolinas. Florence was only a category 1 at landfall. Hurricane categories are delineated by wind speed and pressure and are not the only telling signs of a dangerous storm. Florence had a most unusual track, creeping along for several days after making landfall. That stalling across coastal areas, as well as moving only 2-4 mph for almost two days, brought record-breaking rains and flooding to the Carolinas.

Harvey dumped 60.58 inches of rain from August 24 to September 1 in 2017. In August 2018, Hurricane Lane bombarded the eastern slopes of Hawaii's Big Island with more than 50 inches of rain and became Hawaii's rainiest tropical storm. (The western end of the Big Island, due to a down-sloping and drying effect, received less than 2 inches.) In comparison, Florence dropped 35.93 inches of rain on Elizabethtown, NC, setting an all-time state record for the most rain from any tropical storm or hurricane. Meteorologists estimate that Florence dumped 11 trillion gallons of water along its path.

The western Carolinas weren't left out of picture either. The rainfall in our neck of the woods was greatly enhanced by an upslope or easterly flow around the storm at the surface and in the midlevels of the atmosphere. This forced the moisture from



Coast Guardsmen and members of the N.C.
National Guard assist residents in Old Dock, N.C.
COAST GUARD PHOTO: CHIEF PETTY OFFICER STEPHEN KELLY

Florence upward across the Piedmont into the eastern slopes of the Appalachians across the Carolinas. This upslope flow, or "escarpment," runs along western McDowell and eastern Buncombe and Henderson counties in our area, and it greatly enhanced the precipitation amounts. Preliminary twoday rainfall totals ranged from 1.33 inches at the Asheville airport, an estimated 5 to 6 inches of rain in Fairview along Charlotte Highway, and almost 8 inches of rain at my site near Echo Lake in east Fairview. An estimated 10 inches or more fell at High Rock Acres along Number 9 on the way to Black Mountain, and an impressive 15.47 inches at Mount Mitchell State Park.

### Fall Is Here

The amount of solar radiation received drives our climate. The length of daylight

in October drops from about 11 hours 48 minutes at the start to 10 hours 44 minutes at the end of the month, with the corresponding high and low temperatures of 72 and 50 and then 64 and 40. Believe it or not, the average date of the first frost is October 23 for Asheville, October 17 for Black Mountain, October 9 for Bent Creek, and October 12 for Hendersonville. In Fairview, our dates run pretty close to Bent Creek, and deeper valleys will tend to have frost/freezing conditions later in the spring and earlier in the fall than surrounding terrain.

### **Color Maps**

We will be going through the annual fall colors here in the mountains over the next four to six weeks. Some years, our mountains look like a patchwork quilt of glorious color but other years not so much. Here are two links to tree color maps. The first map (biology.appstate.edu/fall-color-report/fall-color-map-north-carolina) takes into account changes in elevation and latitude. The second map (smokymountains.com/fall-foliage-map) shows color expected and predicted across the United States.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

# WEATHER WONDER



### Why Do Rainbows Form?

According to Wikipedia, a rainbow is caused by reflection, refraction and dispersion of light in water droplets resulting in a spectrum appearing in the sky. It takes the form of a multicolored circular arc. Rainbows caused by sunlight always appear in the section of sky directly opposite the sun.

In a primary rainbow, the arc shows red on the outer part and violet on the inner side. This rainbow is caused by light being refracted when entering a droplet of water, then reflected inside on the back of the droplet and refracted again when leaving it.

In a double rainbow, a second arc is seen outside the primary arc, and has the order of its colors reversed, with red on the inner side of the arc. This is caused by the light being reflected twice on the inside of the droplet before leaving it.

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### TO YOUR HEALTH MICHAEL TRAYFORD

### **Tendinitis and Tendinosis**

endons are cord-like bands of tissue that connect muscles to bone. Tendon tissue is made of a tough, fibrous substance called collagen that can withstand quite a bit of force and tension. However, severe forces or repetitive force over time can cause tiny microtears, leading to injury.

Tendinitis is inflammation that occurs when the body's immune system detects an injury and responds. Tendinosis is a degenerative injury to the tendon that occurs when repetitive stress over time causes breakdown of collagen, growth of abnormal blood vessels, and thickening of the tendon's sheath.

Sudden, severe trauma can damage the tendons instantly. However, most tendon injuries are caused by repetitive injury.

### **Examples**

- Typing, clicking a mouse, clenching a steering wheel or using power tools
- · Gardening, shoveling, raking and painting
- Golf, tennis, baseball, basketball, bowling, running and swimming.

The incidence of tendon injury increases with age, and it's especially common after 40. Symptoms of a tendon injury usually occur near a joint at the attachment point between the bone and muscle.

The first sign is often dull, aching pain that worsens with movement. The affected area is frequently tender to the touch. Some mild swelling may be present.

People with tendinitis of the shoulder may notice an occasional "snapping" sound during movement and may experience freezing (loss of motion) in the shoulder joint. Other common tendon problem areas include the wrist, elbow and knee.

Tendon injury is usually mild and doesn't require a doctor's care. To care for tendinitis/tendinosis at home, try the following:

- Avoid activities that aggravate the injury
- Apply cold packs
- Compress the area with an elastic bandage to further reduce swelling
- After swelling has stopped, apply heat.
- Elevate the area to promote circulation
- To control pain and swelling, take overthe-counter anti-inflammatory medications like ibuprofen

After a few days of rest, try gently moving the affected are to prevent joint stiffness.

Some excellent braces can help, we like the Serola tennis/golfers brace.

For more serious tendinosis, there are various therapies, such as laser, myofascial release and eccentric exercises that can increase blood flow to the area and promote healing and strengthening.



Dr. Reilly is past president of the NC Chiropractic Association. drreilly@fairviewdc.com, fairviewdc.com, 628-7800.

### Don't Type It-**Write It Down**

ome of the most successful people I know still carry small notebooks or daily planners to jot down ideas and thoughts. They don't want to forget potentially valuable ideas; they intuitively know the simple act of writing things out makes whatever it is they are wanting to do or remember a much greater reality. (Fact: Notable names like Richard Branson, Thomas Edison and Napoleon Hill are or were famous for writing things down.)

Everyone learns a little differently. However, most people can learn much more effectively through this simple method. Writing things out can help brain organization, memory, attention and other aspects of cognitive ability. Even if you don't go back later and read what you wrote, it still delivers numerous benefits to your brain and body.

Bottom line: if you get it on paper, you'll enhance your brain function. Research at Indiana University showed that the act of handwriting engages areas of the brain associated with learning that remain largely inactive with tracing or typing. Studies since show a significant difference in brain activity between people that write with their hand and those who type (as most of us do now).

The coordination necessary to form shapes, letters, words, sentences and paragraphs in a spatial relationship that conveys



meaning is a dance choreographed by your brain, especially your frontal lobes. This frontal area is also responsible for higher cognitive abilities. Using your hand in this manner, coupled with the thought processes involved, is a massive workout for your brain.

You don't even have to be working on big, fancy ideas that will change your life or the world. You can just write down a shopping list before you to the supermarket. Studies have shown if you take the time to write it out, rather than type it out, you'll be more likely to remember and be more organized while you're at it.

Go grab a pen and some paper and get to it. Your brain will thank you for sure.



Dr. Trayford is a Board Certified Chiropractic Neurologist. More at ApexBrainCenters.com

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### COMPUTER BYTES BILL SCOBIE

### It's AEP Time Again

very year about this time, I revisit the ins and outs of the Medicare Annual Election Period (AEP). The AEP is from October 15 to December 7. Many Medicare plans are affected by this yearly ritual. Whether you have a Medicare Advantage or Rx plan, this is the time to make changes (if you want to).

For those of you who currently have a Medicare Advantage or Rx plan, be sure to look for the Annual Notice Of Change (ANOC) arriving in early October. The package you'll receive has information about plan benefits or premium changes for next year. You absolutely need to read this! Don't be intimidated by the size of the package; just look for the page that gives you the side-by-side comparison of any changes from this year to next. If you're happy with what you see, the plan will generally automatically renew and therefore no action is required. If you want to change, you better do it before December 7, as after that you're generally stuck with what you've got through next

### "But I Have a Supplement..."

If you have Original Medicare and a supplement and wish to change to a Medicare Advantage plan, there are a few things

you need to know. If you currently have a standalone Medicare Rx plan, typically it will be automatically canceled by the Advantage plan. If that plan is an HMO or PPO without Rx coverage, you cannot get another or keep your standalone Rx plan. Also, the Advantage plan benefits start January 1 for most people. Be sure to cancel your supplement. Remember, a supplement won't work with an Advantage plan, and an Advantage plan isn't a supplement. The supplement company isn't obliged to refund your premium.

### A Social Security Follow-up

In last month's article, I addressed the importance of consulting a Social Security expert when making decisions about when to take your SS benefits. After writing that article, my wife and I went to see such an expert. In our case, we were unknowingly eligible to jointly receive an extra \$733 per month more than expected! It influenced our decision as to when and how to take the benefits. While there is no guarantee that your experience will be the same, it's definitely worth finding out.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or

### **Good News for 365 Users**

here's some good news from Redmond for Office 365 subscribers, Microsoft is changing how they count devices against your plan limit of one or five devices. As of the beginning of October, the limit will be how many devices are actually active and signed in, not the previous hard count of the first one or five devices.

### Mapping

In the category of what will they think of next, what3words.com has created a new physical location system, assigning three different words (available in quite a few languages) to a three-meter-square location on Earth. The most fun part of this for me is finding that my front door has a different address than my back door which could greatly help with package deliveries. Go to their website to see how it works.

### **Netflix**

As Netflix tries out new features, including ads for some of its other shows, you might want to opt out of being a guinea pig. Log into your account (on a computer is easiest) and click on your profile image in the upper right of the page so you can get to and click on Settings. Find "Test participation" and slide it to off. This won't prevent ads if Netflix decides we should all see them, but at least you will be saved until then.

### Siri: Show Me Passwords

On the iPhone Siri can show you saved website passwords if you are using your iCloud Keychain. Ask Siri to show your passwords and you will be taken to the Settings pane for displaying your passwords. If you have a recent version of Chrome on Android, you can see what Chrome has saved in Settings, then Save passwords.

### **OneDrive Syncing**

OneDrive, from Microsoft in Windows 10, now supports syncing/backing up folders outside of the traditional OneDrive folder. If you have OneDrive installed in a recent version of Windows 10, you can include Desktop, Documents, and Pictures in your account. Select the OneDrive cloud icon down in the system tray, in the lower right of the screen, then click More, then Settings. Click Auto Save and, finally, Update folder. You should be able to choose the local folders to include in OneDrive. Certain types of files cannot be backed up, like the "pst" file type used by Outlook. Pay attention to the amount of data you are putting into OneDrive. (PC only as of now.)



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### **CONSERVATION** ANGELA SHEPHERD

# Warblers Singing a Sad Tune

s we start to see the leaves turn and fall, our migratory avian friends prepare to wing their way south for the winter, with some soaring all the way to South America.

Protecting land and water resources on a local level can have far-reaching effects, potentially across multiple continents. As a neo-tropical migratory songbird, the Golden-winged Warbler (GWWA) nests in high-elevation areas of the Southern Appalachians and then flies to spend the winter in Central and South America. Unfortunately, habitat loss has seriously impacted GWWA populations.

According to the Cornell Lab of Ornithology, "The Golden-winged Warbler is a sharply declining songbird that lives in shrubby, young forest habitats in the Great Lakes and Appalachian Mountains regions. They have one of the smallest populations of any songbird not on the Endangered Species List. An estimated 400,000 breeding adults remain—a drop of 66 percent since the 1960s. In the Appalachian Mountains the situation is even worse: the regional population has fallen by 98 percent."

Although the Southern Appalachian Highlands Conservancy (SAHC) and other partners in the collaborative Golden-winged Warbler Working Group have made headway in new research and habitat restoration, the situation remains dire.

"These birds rely on a very ephemeral type of habitat for their breeding grounds," explains Marquette Crockett, SAHC's Roan Stewardship Director. "They require scrubby openings adjacent to mature forest. GWWA nest in the more open space, but their fledglings need the forest canopy, which helps protect them from predators like hawks. This kind of habitat is called 'early successional habitat' because it occurs in the area where one type of habitat begins to develop into another – such as the transitional area on the edges of farms. Part of the challenge in maintaining



this habitat is that it ... naturally occurs as one type of habitat starts to replace another-and it is disappearing faster than we can make it."

SAHC has successfully launched habitat restoration projects on several preserves it owns in the Highlands of Roan, and in recent years new breeding pairs of GWWA have been observed in these restoration areas. Although deforestation in their wintering territory is a threat to these migratory songbirds, habitat loss in their breeding grounds continues to be the major factor in the population decline.

"In our region, farmland is disappearing faster than forests," continues Crockett.
"Farmland is easier to develop because it is already cleared and open, and some lands return to forest because they are no longer being farmed."

SAHC continues to work with partners like the Audubon Society and Appalachian Mountains Joint Venture to survey populations and manage habitat for GWWA in our mountains, while other partners work with groups like Southwings to address impacts in South America.

### **How You Can Help**

- Support your local land trust
- Learn about the Golden-winged Warbler Working Group at GWWA.org.
- Purchase certified shade-grown coffee.
   Deforestation in their wintering grounds impacts GWWA populations from the Southern Appalachians.

Angela Shepherd is Communications Director of the Southern Appalachian Highlands Conservancy in Asheville. She can be reached at 253.0095 ext. 200 or by email at sahc@appalachian.org. To join in saving the places you love, visit Appalachian.org.



The Golden-winged Warbler spends the winter in Central and South America.

# **Fall Beginnings Bring Summer Regrets**

t always amazes me how quickly fall begins. One day in late August or early September, I'll walk out the door and there it is...a change in the air, a different sound from the insects, a flurry of yellow leaves on a breeze. It's not the cold of a first frost; to me that's already the tail end of fall. This is the dry, crisp heat that sears the lush, green grass to yellow and crunchy. There's still plenty of warm left but I can tell that it's definitely on the decline.

For me, there's always a touch of sadness in that first kiss of autumn. I'm not sure why. School starts back and I always loved school as a kid. (I was a little more ambivalent as a homeschool parent.) My birthday is around the corner. (Again, as I've gotten older I've gotten more ambivalent about that, too.) It might be summer regrets. I should have picnicked more, attended more outdoor events, gone to the beach, etc. I should have done a better job with maintaining my yard and the few flowers and shrubs I manage to keep alive. I always feel like I should have done more before the doors and windows need to be shut for the cold weather.

It's about this time that we start winterizing the farm. We order new chicks to be ready for laying in the spring (New Hampshire Reds this year; they'll arrive the second week of September). We test the water heating system in the rabbit barn and

put up tarps if we're wintering overbreeding stock. If we're not, then we're pulling down cages and solarizing them to be clean for spring. We store a little extra feed for the animals for when we get snowstorms and can't get to the feed store. The orchards will be getting their final weeding and mowing and cover crops are being planted. (We put in a new type of clover this year instead of our usual groundhog radish.) We test the generator and lay in a store of fuel since we usually have several long power outages over the winter and need to keep the freezers running. We start ordering extra jam and shipping supplies for the holiday rush.

We also start winterizing the house. I have to constantly remove spiders and mice as they start moving in and preparing to spend the winter with us. We make sure we have enough firewood, and fuel for the camp stove and oil lamps and easy foods to cook on them. We make room in the house for the farm cat. (When it gets really cold, she'll finally tolerate us and the dog for more than a few minutes). I put a few new used books aside to read when the snow hits.

There's still plenty to do, but it's kind of like the routine of putting your kids to bed. It's all about the tucking in of another year on the farm. Putting away all the toys left on the floor (putting away all the tools), washing up and putting on a cozy set of jammies (clean-



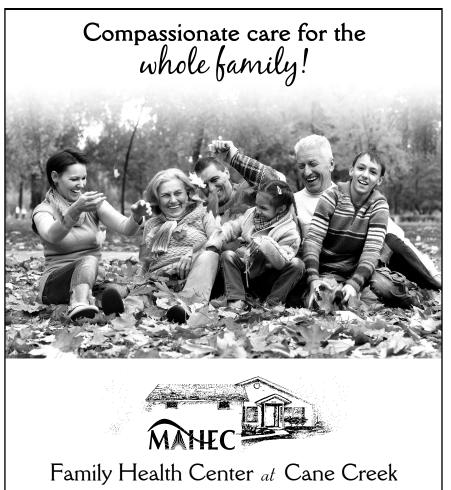
There's always a touch of sadness in that first kiss of autumn.

ing up the barn and covering the walls), reading a good bedtime story (studying up for next year's projects), and tucking in the sheets (finishing up all the details).

Once winter comes (the first of the year because we are stupid crazy busy until the week after Christmas), it's all about beginnings. It's about making sure the small chicken tractor is holding up to the halfgrown hens (pullets). We get to clean the big chicken tractor to prepare it for the addition of the new pullets when they start laying eggs. (Plus without the heat, it's a much less smelly job.) It's time to start breeding the rabbits for spring kits. Walter and the farmhands begin to prune the berries. We worry about late frosts that might damage the crops and count the number of chilling days on the blueberries to produce a good bloom.

I stepped outside one day last week and there it was, that change in the air. I immediately started thinking about all the chores to be done and having all those regrets about summer. It's almost an unconscious thing after all these years. I realized we haven't put up any firewood. I've started checking up on food, oil for lamps, camp stove fuel, and propane for the generator—it's all looking good. The cover crop is planted and the chicks are ordered. Rabbit cages are down. Best of all, I've picked a few (hopefully) good books to read during the snowstorms.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. imladrisfarms.com



Office Hours: Monday-Friday: 8:00am-5:00pm

628-8250

1542 Cane Creek Road, Fletcher, NC



# **★★★ UPDATED & REVISED ★★★**

In our October issue, we left off one local race (NC State Senate 49) and identified the District 48 candidates as running to represent District 49. We regret the errors. Please review this revised and updated voting guide.

Note: We only highlight local races. You can use ballotpedia.org or other resources to find information on statewide campaigns, such as court seats.

# The Midterms Are Here: Get Out and Vote on November 6!

### **EARLY VOTING**

The one-stop "in-person" absentee voting process permits voting at any designated early voting locations prior to election day.

No photo ID is needed.

# **Dates/times for all sites October 17-November 3**

Weekdays: 7 am-7 pm Saturday and Sunday: 12-5 pm November 3 (Saturday): 8 am-1 pm

### **Local voting site**

**Fairview Library** – 1 Taylor Road, Fairview

### **Other Buncombe County sites**

Asheville Mall 3 South Tunnel Road Black Mountain Library
105 North Dougherty Street
Buncombe County Permits & Inspections Building
30 Valley Street, Asheville.
Enka-Candler Library
1404 Sand Hill Road, Candler.
Leicester Library
1561 Alexander Road
North Asheville Library
1030 Merrimon Avenue

**South Buncombe Library** 

260 Overlook Road, Asheville

### West Asheville Library

942 Haywood Road

Weaverville Town Hall

30 South Main Street
Wesley Grant Southside Center

285 Livingston Street, Asheville

### Absentee voting

For active duty military, their family members, and US citizens living abroad, go to FVAP.gov and follow the absentee ballot instructions to receive a ballot. Call 250-4222 with questions.

All others may request an absentee ballot for any reason as long as they complete a request form (bit. ly/2xmvA2w) and return it:

**Mail**: P.O. Box 7468 Asheville, NC 28802

**Scan/email**: absenteeballot. request@buncombecounty.org **Fax**: (828) 250-6262

**In person**: 77 McDowell Street, Asheville

Once your form has been received, an absentee ballot will be mailed. Absentee ballots must be postmarked on or before November 6 and received by November 9 at 5 pm.

(A voter's near relative may also request an absentee ballot at the 77 McDowell Street office.)

### Find your district

To confirm or find your senate and house districts, go to vt.ncsbe.gov/RegLkup and enter your name, then click on your name on the next screen. (You may also call the county's voter registration specialist, Joyce Kanavel, at 250-4209.)

### **REGISTRATION**

To vote in NC, one must be a US citizen and resident of NC who has lived in the county he or she intends to vote in for at least 30 days. A citizen must also be at least 18 years old. If the individual has been convicted of a felony, his or her right to vote must have been restored. A voter in NC cannot claim the right to vote elsewhere.

The deadline to register is October 12.

How to register (or update your registration)

1. Fill out a registration form

**Online forms** can be found at ncsbe.gov/Voter-Information/

VR-Form. If you have Acrobat on your computer, you may fill out the form online and print it. Or you can print it and then fill it out.

**Printed forms** should be available at county election board offices, public libraries, high schools, and college admissions offices.

**2. Mail the signed and completed form to:** Election Services, PO Box 7468, Asheville, NC 28802-7468

North Carolina does not allow online voter registration.

### **College students**

College students can register and vote in the jurisdiction of their residence. If a college student considers his or her school address to be his or her residence, the college student may register and vote in the county where the school is located.

# LIVE IN HENDERSON COUNTY?

For our readers who live in Henderson County, please visit hendersoncountync.gov/ elections for more information.

# On the Ballot: Six Proposed State Constitutional Amendments

In order for the legislature to put a proposed amendment on the ballot, it must be approved by a 60 percent majority of both the legislative chambers. Once on the ballot, constitutional amendments must be approved by a majority of the electorate.

The summaries of the proposed amendments are taken from Ballotpedia.org, a non-partisan political website, and may be different on your ballot\*. You can also read Rep. John Ager's comments on these amendments in the September issue of the *Crier*. The *Crier* does not claim authority on these issues and purposely stays apolitical. You'll vote either "Yes" or "No."

### Right to Hunt and Fish

If approved, the ballot measure would establish a state constitutional right to hunt, fish, and harvest wildlife for the people of NC. It would also declare that hunting and fishing are the preferred means of managing and controlling wildlife in NC.

# North Carolina Marsy's Law Crime Victims Rights

If approved, the ballot measure would strengthen protections for victims of crime, establish certain, absolute basic rights for victims, and ensure the enforcement of these rights.

# North Carolina Income Tax Cap

If approved, the ballot measure would reduce the income tax rate in NC to a maximum allowable rate of 7 percent.

### **North Carolina Voter ID**

If approved, the ballot measure would require voters to present a photo ID to vote in person.

# NC Legislative Appointments to Elections Board

If approved, the ballot measure would make the NC Legislature responsible for appointing commissioners to the eight-member Bipartisan State Board of Ethics and Elections Enforcement, which administers ethics and election laws.

# North Carolina Judicial Selection for Midterm Vacancies

If approved, the ballot measure would create a new process of filling judicial vacancies that occur between judicial elections for state courts.

\*There have been court cases disputing the legality and language of some of these amendments, and so details may change between now and the printing of ballots.

For more information, visit ballotpedia. org/North\_Carolina\_2018\_ballot\_measures. Ballotpedia.org is nonprofit and nonpartisan. Also, see the front page for information on the League of Women Voters info session about these amendments.

### QUESTIONS? Call 250-4200 or visit buncombecounty.org/vote

### NC SENATE 48 ★ ★

**CHUCK EDWARDS\*** (R)



**NORM BOSSERT (D)** 

chuckedwardsnc.com

norm4nc.com

### 

### US HOUSE 10 ★★★



**PATRICK MCHENRY\*** (R)





**DAVID WILSON BROWN (D)** 

mchenryforcongress.com facebook.com/DWB4Congress

### 

### US HOUSE 11 ★★★











price4wnc.org



facebook.com/ clif4congress

**JOHN** 

AGER\* (D)

### **♦ ♦ ♦ NC HOUSE 115 ♦ ♦ ♦**









electjohnager.org

### **PARTY INFO**

**Buncombe County Democrats** buncombedems.org 274-4482 facebook.com/BuncombeDems

**Buncombe County Republicans** buncombegop.org 253-5800 facebook.com/buncombegop

**Buncombe County Libertarians** Ipbuncombe.com phone: N/A facebook.com/LPBuncombe

### ★★ NC SENATE 49 ★★

**MARK** CRAWFORD (R)



no campaign website

**TERRY** VAN DUYN\* (D)



LYNDON JOHN SMITH (L)

no image available

no campaign website



# BUNCOMBE COUNTY DISTRICT ATTORNEY

votevanduyn.com



**TODD** WILLIAMS (D)



(running unopposed)

toddwilliamsforda.com

### BUNCOMBE COUNTY **SHERIFF**



**SHAD** HIGGINS (R)



QUENTIN MILLER (D)



shadforsheriff.com quentinforbuncombe.com

**TRACEY DEBRUHL (L)** 



facebook.com/ Tracey-DeBruhlfor-Sheriff-1020051694852061

# DISTRICT 2



### **GLENDA** WEINERT (R)





**EDWARDS (D)** 

**AMANDA** 

glendapweinert.com electamandaedwards.org

### Kindness Matters at Fairview Elementary



The "Bring a Flower to the Office Staff" deed was a big hit, naturally, with the office staff.

Students and staff at Fairview Elementary participated in a "Kindness Week" last month. The school's Positive Behavior Team organized the event to help create a culture of positivity and kindness in the school that they expect to last throughout the year.

All students and staff members were given a copy of the "Great Kindness Challenge" checklist and were challenged to perform as many kind deeds as they could in one week. Suggested acts of kindness included things such as "Hold the Door Open for Someone," "Thank a Bus Driver," "Hug Your Friend," "Recycle Your Trash," and "Invite a New Friend to Play/Hang Out with You."

FES students and staff learned that kindness really does go a long way and

have continued the practice to always be kind. —Kenya Hoffart



### **Fairview Preschool Begins School Year**

Fairview Preschool has started its fall semester with extended days in the program for 2- to 3-year-olds.

The new year brings two new staff members and a second playground space. The

school, a ministry of Fairview Christian Fellowship, has full classes with waiting lists

For more information, go to fairview-preschool.org or call 338-2073.

AVERY LOVE, TEEN REPORTER

# **Tips for Easy Halloween Costumes**

ctober is here, which for my family and me always means it's officially Halloween season.

My family adores Halloween. We have a ton of different traditions. Sometimes we carve pumpkins—and when we do, it's always exciting. My dad usually carves a big, intricate, fancy pumpkin; my sister attempts to carve an animal; and I always do something different. We listen to Halloween music while singing and dancing, and we eat popcorn balls! They are a oncea-year treat, so it feels special when we get to have them.

Costumes are one of the best parts of Halloween. Every year, without fail, my Nona helps my sister and me hand-make whatever costume we've chosen that year. She's an amazing seamstress and always helps us without complaint. There have definitely been some special ones. My sister has gone as a toilet, a garbage can, an Ewok, and a gas station. Some of my favorites have been a genie, a flapper, Cleopatra, and a vampiress.

Since some of you might be stuck in a rut with no clue what to do, here's my Grade-A list of totally awesome Halloween costumes.

**Option #1: Fandom Character**. I like this option because it's a good way to express yourself and what you like. And

then, if you meet someone who also likes that character, you've made a new friend. And, not to mention, if you ever go to a concert you have a ready costume!

**Option #2: Pun Costume.** An example of a good pun costume would be a chick magnet: You dress all in black and tape Barbies to yourself. Be a "cereal" killer with a knife and a box of cereal. If done correctly, you can make a lot of people smile, and when folks are giving you free candy, a laugh is the least you can do. Also, depending on which pun you do, it makes for a relatively quick and easy costume.

Option #3: The Throwback. How about dressing up as a person from a different time period? 1920s flapper? Awesome! '70s disco hippie? Great! '50s greaser? Perfect! Throwback is back and all the rage. So if you want to throw back—and throw down—this is a good way to do it.

I hope you have a spook-tacular Halloween. Sending you all love and hopes for lots and lots of candy! Avery Love, signing off.



Avery Love is a ninth-grader at A.C. Reynolds Middle School. She lives in Fairview with her mom, dad, and sister Zoe.

### **DAR Sponsors Essay-Writing Contests**

The local chapter of the Daughters of the American Revolution (DAR) is sponsoring two essay-writing contests for local students (including homeschoolers).

American History Essay (for 5th to 8th graders). The 19th Amendment was passed by Congress in 1919 and ratified in 1920. It granted all women the right to vote and hold elective office. Imagine you are living in 1919 when the women's suffrage movement was influencing Americans politically and socially. Discuss the pros and cons of the new amendment Congress has just passed. Email your essay to Sharon Conner at connersharon@

bellsouth.net by October 15.

Christopher Columbus Essay (for 9th to 12th graders). The three-ship fleet of Christopher Columbus included two ships known as caravels (the *Nina* and *Pinta*) and one larger ship (*Santa Maria*). In your essay, discuss the advantages and disadvantages of the late-15th century ships compared to modern ships and how they would have been prepared for Columbus's voyage. Email your essay to Becky Wood at beckywfwood@gmail.com by October 15.

Go to fairviewtowncrier.com/essays for detailed information on the essays.





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# **Dive into the New Pool for Buncombe County Schools**

s you may know, we have ardent swimmers in the Reynolds District, and they are eager to use the new Buncombe County Schools pool, located next to Roberson High School. The Board of Education voted on a necessary water easement for this project at our September meeting, and I toured the under-construction pool facility shortly thereafter. We're making good progress!

This new pool will be one of the largest in WNC and replaces the aging Zeugner Pool, which is still in use for practice by the Reynolds and Roberson teams despite leaks.

### **New Pool Facility Features**

- 25 meters long, with depths from 4 feet 6 inches to 7 feet
- Ten 7-foot-wide lanes, with lock-in starting blocks and touch pads for electronic timing in each lane
- 40 valves evenly distributed across the bottom of the pool so that water enters gently, without creating turbulence
- Water will completely recirculate every six hours, for a total of four times per day
- Portable handicapped lift and removable steps
- Two lifeguard stands
- Two showers for rinsing off on the pool deck
- Male and female locker rooms with one

shower each, plus a single family/handicapped locker room

• Bleachers to accommodate up to 450 spectators at swim meets

It is too soon to know the opening date for the new pool, but I was assured that it will be ready well in advance of the county-wide swim meet scheduled for January 2019.

Once the pool is open for business, Buncombe County Schools will have first priority for its use and will contract with the YMCA to manage the facility, including the scheduling, staffing, and water quality. All Buncombe Schools will be able to use the facility for swim meets. Reynolds and Roberson teams will practice there when it opens, and other schools may also use the facility. Tony Baldwin, Superintendent, sees other potential benefits for the new pool as well: "My dream would be for the new facility to serve as a site for our partners at the YMCA to provide Safety Around Water training to all children in our

The YMCA will have access to the pool when it is not in use by the schools, and the facility will likely be open for some public sessions for the community as well. The full schedule has not yet been determined.

This beautiful new facility, designed by



The new Buncombe County pool will be one of the largest in WNC.

Novus Architects and constructed by Kearey Builders at a cost of \$6.2 million, represents a substantial investment by Buncombe County. If you'd like to be a part of this historic event, you could get your name on the building by donating the funds for a state-of-the-art timing system and scoreboard. Let me know if you're interested!



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy. mcmahon@bcsemail.edu.



WED, OCT 3	Reynolds Middle Night, Tupelo Honey South, 4-9 pm
THURS, OCT 4	2-hour Early Dismissal for all schools
FRI, OCT 5	Fairview Elementary Fall Festival, 4-7 pm
	Bell Elementary Fall Dance, 6:30 pm
MON, OCT 15	Teacher Work Day
TUES, OCT 23	Reynolds High Band Concert, 7 pm
	Fairview Elementary Health Fair
THURS, OCT 25	Reynolds High Chorus Concert, 7 pm
	Bell Elementary Math Curriculum Night
OCT 27, 29, 30	Reynolds High Production of "Frankenstein," 7 pm (Sat, Sun & Tues)
TUES, OCT 30	Fairview Elementary Fall Conference Night, 3-6 pm
WED, OCT 31	2-hour Early Dismissal for all schools



When finished, the pool will be 25 meters long, with depths from 4 feet 6 inches to 7 feet.



Wednesday, October 31

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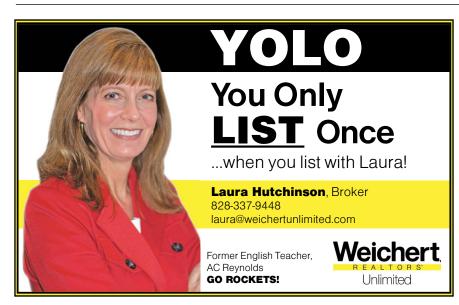


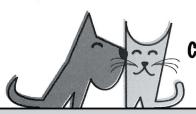


Charlie's Angels
Animal Rescue
885-3647
wncanimalrescue.org



- a. Lexi is a mellow 7-year-old Boxer/ Hound mix. She is a sweet girl who just wants to lie in your lap and cuddle. Lexi loves everyone she meets and would like a companion who will give her plenty of love and attention. Humane Society
- b. Sherman and Leroy are 10-monthold Dumbo rats. They've been handled since they were babies so they are very sweet and don't bite. They are currently living in a foster home. Brother Wolf
- **c. Birdie** is a friendly, spayed 5-year old. She enjoys searching for treats, fetching, relaxing, and playing with puzzle toys. She's an active walking partner and good lounging companion. She just earned her training diploma from the New Leash on Life program. *Animal Haven*
- **d. Pita** is a 3-year-old kitty who is active, playful, and super loving. She would do best in an adult-only household, but does great with other confident cats. Pita came to us declawed, so she will need to be an inside-only cat. *Humane Society*
- e. **Dill** enjoys playing with dog friends and learning new languages. Currently he is teaching himself to speak Wookie! Dill likes long baths in the mud and lots of scratches. If you want a worldly piglet then maybe he is the perfect fit for your family. *Brother Wolf*
- **f. Gracie** is a Domestic Short Hair Tortoise Shell cat who was born in April. She is fun-loving and very sweet. She likes to lie on her back so you can gently rub her tummy. *Charlie's Angels*
- g. Macy is a year-and-a-half-old Boxer mix who still has a lot of puppy in her. She is super active, very sweet, loves people, and appears to like other dogs. Going for walks is great fun but she needs training on how to walk well on a leash and learn her good-girl manners. Charlie's Angels





### Cane Creek Animal Clinic

Leigh Ann Hamon, DVM

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### Possible Causes for Your Cat's Behavior Issues

ne of life's joys can be petting your cat as it lays in your lap or near you. Living with an animal that is not ever going to seem fully domesticated can be interesting. While you can adopt a dog, it seems more likely that we are chosen by our cats.

Behavior issues are one of the primary reasons cats are taken to shelters or are made to live only outdoors. Outdoor cats can be happy, so there's no judgement there, although they do have an effect on our native birds and small mammal populations.

One of the main issues that cat owners can face is inappropriate elimination—otherwise known as not using the litter box.

There can be a number of reasons why this may be happening.

### **Medical Reasons**

Cats can get urinary tract infections or inflammation within their urinary tract. They can have other illnesses related to their kidneys and thyroid function or have diabetes—all which can change their urination habits.

The first thing I would recommend if you are noticing changes in your cat's habits is to make an appointment with your veterinarian to investigate if your cat has a medical reason for this behavior. Running a urinalysis, blood work, and taking an x-ray may be part of the exam. Your vet will then discuss the

best course of action from there. This could include antibiotics, a change in diet, or pain medications. If your cat is unable to urinate, spending more time in the box, or vocalizing, this can be an emergency. Male cats in particular can get blocked. Please contact your veterinarian as soon as possible in these cases.

### **Stress**

Stress from moving, going on vacation, and the addition of new pets or new family members can make a cat have unwanted behaviors. Working on gradual introductions can work for family changes. You can also talk to your vet about appropriate medications that can help with stress. Sometimes the stressor may not be something obvious. Wildlife or neighborhood cats coming onto the porch can make an indoor cat mark doors or walls. Additionally, moving the litter box or changes to the type of litter pan or litter can stress them.

### **Litter Boxes**

If you have more than one cat, ideally you should have one more litter box than the number of cats (for instance, three cats and four litter boxes). These should be in different places in the house. Some cats prefer boxes that are open, and others like boxes with tops. Cats will also not use a box if they don't feel safe. In some multicat households, a dominant cat may guard resources, which can include water, food,

litter boxes, or a prime sunning spot on the couch. If a more passive cat is getting pounced on when getting into or out of the box, they will usually stop using it.

Keeping litter boxes clean is also important. Some cats will not use a dirty litter box. There are different clumping litters that are easy to clean, and you can also find some automatic litterscooping boxes.

Litter boxes are something that we use to best mimic the environment that cats would like to use. That's why we generally don't have to spend as much time training kittens as puppies or other animals that live in the house. When they stop using provided facilities, they are most at risk for losing their place in the family.

If you work through the medical concerns with your veterinarian and everything seems normal, than what? I have



If you've got a grumpy cat that's not using its litter box, check with your vet, as it could be something serious.

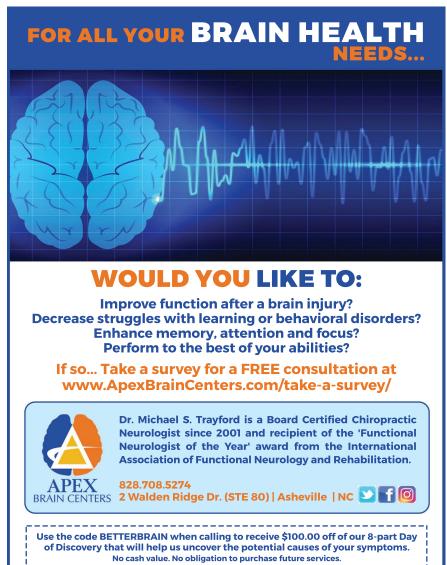
had some cats respond well to behavioral medications

Please let your veterinarian know if you have concerns about your cat before you are driven to rehoming them (or getting mad at them). There are many things we can do to try to figure out why they are having behavioral issues.

Sarah Hargrove is a Doctor of Veterinary Medicine at Cedar Ridge Animal Hospital.



www.RaysLandscapes.com



### Welcome Table Is Back-But Needs **More Volunteers!**

By Barbara Trombatore

e hope everyone had a wonderful, relaxing, and fun summer. All our volunteers enjoyed their time off, and we so appreciate all of you understanding why we needed a break.

We did get three new volunteers this summer but five of our regulars can only commit to once a month now, so the schedule for the Welcome Table lunch is changing—hopefully just temporarily. The Board of Directors met at the end of July and decided to have the Welcome Table on the second Thursday of each month until we can get enough volunteers to return to the every-week schedule.

Lunch will be served on September 13, October 11, November 8, and December 13. We know this is disappointing to many, but it was the only solution that would allow us to continue and not have to shut down the lunch completely. We will continue to actively recruit more volunteers.

If we can get a group of 24 volunteers

that each can commit to at least one week each month for the cooking and serving on Wednesdays and Thursdays (we currently have 12), then we can divide into four groups of six people. Each group would be in charge of the lunch for one week each month, and that would allow us to return to the every week schedule.

We also need 20 volunteers (we currently have five) who can commit to one week each month for set-up on Wednesdays and cleanup/break-down on Thursdays. That would give us four groups of five people. Again, each group would volunteer one week each month..

### **Volunteer Hours**

### **Wednesdays**

Cooking, prepping: 10 am Set-up tables and chairs: 1 pm

### **Thursdays**

Final prep: 9:30 am Serving: 11:30 am-1 pm Dishwashing: 12-1:30 pm Clean-up/break down: 1:00- 1:30 pm

### **Brian Weaver**

Brian Weaver, 54, of Fairview went home to be with the Lord on August 31, 2018. Brian loved living in the Fairview community, where our mother, Garnold Guffey grew up. Brian enjoyed delivering his homegrown fresh eggs and making his various shelves and tables for others. He made many good friends with whom he shared his daily smiles and positive attitude. Brian was a great guy. He was always ready to help others and share his stories. Thank you for making Brian's life happy and fulfilled.

Brian was dedicated to the care of his dad,

John Kelly (Jack), and his dog, Baby. He enjoyed working with wood and creating furniture. He was loving, kind, and lived a simple life. Brian will be missed by family and friends. He is preceded in death by his mother, Garnold Guffey Kelly, brother Cpl. James O. Weaver; niece, Amanda Weaver; and numerous aunts and uncles.

In addition to his dad, Brian is survived by his siblings Pat Rouse (Chuck), Robin Sleeth, and Skip Weaver (Penny) and numerous nieces and nephews whom he loved very much. A private service was held with the immediate family. —Pat Rouse



Runners taking the first hill on the 8K/15K course.

### Fairview Runners Place in New Local Race

Over 120 trail runners from across WNC and the country came to Hickory Nut Gap on September 1 for the inaugural Drovers Road/Hickory Nut Gap 15K/8K race. Hosted by the Drovers Road Preserve and Hickory Nut Gap Farm, the event featured a 15K and 8K race on the trails of the private community and surround-

And Fairview was well represented. Jeff Ray was the third overall finisher in the 15K, and Jill Littlejohn was the first female finisher in the 8K. Overall, 15 Fairview-area residents took part.

"It was a glorious morning for a run in our beautiful mountain neighborhood," said John Ager, who initiated the idea for event. "Thanks to our volunteer crew, all went well. My mother-in-law, Elspeth Clarke, always said that she wanted to share her land with others, and we hope to be able to continue sharing for years to come."

For more information on the race, you can visit GloryHoundEvents.com.

### ON THE ROAD



Chuck and Dee Besecker took the Crier along as they panned for gold in a camp near Nome, Alaska. They stayed two weeks at a rustic lodge, searching for precious metal and eating lots of fresh salmon.



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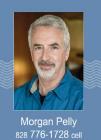


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Affiliated with the Presbyterian Church in America



Worship 10:00 am

Pastor: Rusty Harper 628-1044

www.fcfpca.org

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### **Take Steps to Boost Your Retirement Security**

or aise awareness about the importance of saving for retirement, Congress has dedicated Oct. 21-27 as National Retirement Security Week. And the evidence shows that increasing this awareness is indeed important. Consider this: Some 50 percent of households are considered at risk of not having enough money to maintain their living standards in retirement, according to the National Retirement Risk Index, produced by the Center for Retirement Research at Boston College.

What can you do to help yourself stay out of the "at risk" category? Here are a few suggestions:

- Define what retirement security means to you. Everyone has different ideas about what a secure retirement looks like. You might feel that true security means being able to remain in your current home and live independently throughout your life. Or you might only feel secure if you know you can afford to travel or help your grown children or grandchildren financially. Once you've identified your own vision of retirement security, you should be able to determine the financial resources you'll need to reach your desired outcome.
- Create an appropriate financial strategy.
   To achieve your idea of a secure retirement, you can't just hope for the best-you need to create a comprehensive financial

strategy, accounting for your various sources of retirement income: Social Security, pensions, employer-sponsored retirement plans, your investment portfolio and so on. You need to know how much you can expect from these sources, and how you can strengthen them.

- Be diligent in your retirement savings. You could spend two or three decades as a retiree, so you'll want to accumulate as many resources as you possibly can and that means you'll need to save and invest diligently during your working years. Put in as much as you can afford to your 401(k) or other employer-sponsored retirement plan-and every time your salary goes up, try to increase your annual contributions. But you can also go beyond your employer-backed plan and contribute to an IRA. In all your retirement accounts, you'll want to include a reasonable percentage of growth-oriented investments, within the limits of your personal risk tolerance.
- Establish an appropriate withdrawal strategy. Your retirement security isn't just based on how much you've built up before you retire—it also depends on how you manage your assets and investment income during retirement. As you begin to take out money from your 401(k), IRA and other investment accounts, you need to establish

a withdrawal rate appropriate for your age, retirement lifestyle and asset level. If you take out too much each year, you risk outliving your resources, but if you withdraw too little, you might be shortchanging yourself on your quality of life. You may want to work with a financial professional, who can review your entire situation—income, expenses and so on—and recommend an appropriate annual withdrawal figure.

These aren't the only keys to attaining retirement security—but they can still help you move toward that goal. Keep them in mind as the years go by.



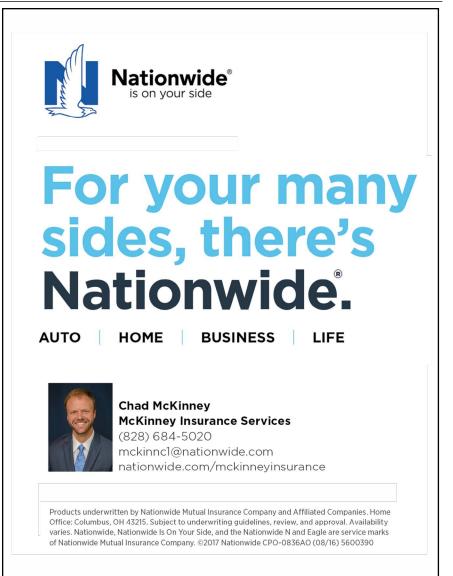
This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen. herbert@edwardjones.com.

### **AUGUST FAIRVIEW REAL ESTATE STATISTICS**

		Max \$	Lowest \$	Average \$
Homes Listed	27	1,550,000	30,000	684,507
Homes Sold	23	875,000	203,500	445,163
Land Listed	12	2,300,000	69,900	735,708
Land Sold	4	399,000	25,000	136,500

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.





# The Ravages of Hurricane Florence

s I write this column, rivers in eastern NC are cresting after record amounts of rainfall brought ashore by Hurricane Florence. Some parts of the state suffered over 3 feet of precipitation as the storm crept along at 2 miles an hour. Rivers rose and vast quantities of water began the journey back to the ocean through communities already flooded. Farmers worked long hours to harvest crops before the deluge, and hogs were moved to higher ground. WNC was largely spared the devastation. Lives in our state were lost and forever altered by Florence.

While the grinding recovery has begun, thousands of heroic first responders deserve to be honored for preserving safety and saving lives. Our own Fairview Fire Department sent a team east to Bladen County prior to landfall to help manage the disaster. Crews from all over the US arrived too, along with volunteers bringing food and water and other necessities. Many church teams deployed, such as Buncombe County's Hearts with Hands ministry. The brunt of the effort fell on the shoulders of various levels of government: fire and rescue; the National Guard; Highway patrol; local police and sheriff departments; the Coast Guard; and on and on. The organizing of all of this help required extraordinary leadership to be effective. Long hours of training made the success possible, along with your tax dollars.

Hurricane Florence created what has been called a 500- or 1,000-year flood. It followed by two years the 500-year flood caused by Hurricane Matthew, from which NC is still recovering. Last May, the sub-tropical storm Alberto moved through Alabama and brought torrential rain and landslides to WNC. And before that, we had a severe drought and terrible forest fires. Clearly, the effects of a changing climate are staring us in the face and wreaking havoc to our state.

Our atmosphere has been changed dramatically since the advent of the Industrial Revolution. We have been dumping carbon dioxide, methane, and other gases into our air, making the atmosphere more dense or thicker. As the sun beats down, heat that used to be reflected back into space is trapped by this thicker atmosphere heating up the planet slowly but surely. This heat dries out the land, providing conditions for fires and challenging our farmers. However, 90 percent of the heat is absorbed by the oceans. They have now warmed down to 2,000 feet below the surface. Hurricanes that once were cooled down and diminished by the colder water are now being supercharged, ramping up wind speeds and the quantity of water pulled up into the storm. Moreover, the higher water temperature in our latitudes diminishes the normal trade winds, causing the storms to move more slowly.

Scientists have also been able to measure the dramatic increase in melting ice in the polar regions, Alaska, Greenland, and glaciers around the world. This water goes into the oceans, causing sea level rise that is already affecting our shorelines. The NC General Assembly in 2012 passed a law mandating that the measurement of sea level rise for our state not be based on actual mathematical data but on a lesser scale that would allow developers to build homes in more of our coastal regions. I believe the images of storm surge damage to beach houses after Florence proves the folly of trying to pass laws against the force of nature.

It would be easy to despair in the face of such a daunting problem, but solutions exist. We need to roll up our sleeves and take on the challenge. Fortunately, there is reason to hope that we can clean up our atmosphere and return to a more normal climate.

We can begin by reducing and then eliminating the dumping of harmful gases into the air. Much of the heavy lift involves the energy created with fossil fuels, which has been the foundation of the Industrial Revolution. Automobiles are much cleaner today, and electrical generation is phasing out the burning of coal. Natural gas is much cheaper than coal, and burns cleaner, but still releases some gases in its production. It is hoped that it will be a short-term bridge fuel.

The big surprise is the rapid development

of inexpensive solar electricity in NC. Our state has been a national leader in solar, and the rapid decrease in the cost of solar technology is a big reason. Cost-effective battery storage is looming as a technological breakthrough that would revolutionize how electricity is created and distributed.

Wind power can be another source of renewable energy in NC. Amazon has already built a huge wind farm in the state. Wind mapping off our shores is promising. Another interesting energy source has been the creation of methane generators using hog waste. I do not know how these plants compare cost-wise, but burning the gas before it can go into the atmosphere helps solve the problem.

Finally, agriculture will play a large role in pulling carbon out of the atmosphere and storing it underground. Promising research has identified "regenerative" agriculture as a boon to better soil and a cleaner atmosphere. Through the buildup of extensive root structures underground (made from carbon), soil fertility is enhanced over time.

I am once again proud to be your Fairview farmer in Raleigh.



Rep. John Ager, District 115 North Carolina House of Representatives. Contact john.ager@ncleg.net or 713-6450









### **BUSINESS SHORTS**

**New Moon Marketplace** welcomes Mary Macon as a new employee. A Fairview native, Mary brings social media expertise to the shop. Olaf Snyder, a new vendor, is a carpenter and local artist who creates wooden animals, wooden trivets and the like out of up-cycled and reclaimed materials.

Cool Mountain Realty & Construction will be participating in the 2018 Asheville Home Builders Association parade of homes. Visit them at 124 Clay Street in Fairview from 1-5 pm on October 13, 14, 20, and 21.

Fairview Chiropractic has added Dr. Krista Hilliard to its practice. Originally from Texas, Krista grew up in a ranching family whose active lifestyle led to both her and her father experiencing chronic back pain. Chiropractic care gave them their lives back, and she wanted to give that experience back to others. After a visit to the area, she fell in love with our beautiful mountains and moved here in April.

If you've driven down Charlotte Highway lately, you must have noticed the spruced-up building and landscaping right across from Hot Dog King. And the star...an old, rusted car! It's the new home of **Rust & Found, LLC**. Haven't been able to locate the owner prior to deadline but a look in the window shows it's going to be a very cool store. We've heard through the grapevine that Rebecca Lytle is opening the shop, loaded to the gills with vintage, shabby chic and reclaimed pieces. Keep a look out for the "Open" sign.

If you head down Cane Creek Road, you'll also notice that old Dotson's Flower is now **Old Town Salvage Co**. Bradley Barrett has opened the shop where you will find a large assortment of reclaimed doors, windows, plumbing, lighting, and more. Get a tease by visiting his website oldtownsalvage. com. For the time being, he is open by appointment only but that will change in the future. Give him a call at 216-7175.

**Hilltop Ice Cream** is taking its fall/winter hiatus so Barb Bergerson can recoup for it all to start over next spring. The good news is that if you want some of Hilltop's homemade ice cream for a special event, give her a call at 489-2506 and you can pick from her 24+ flavors for a special order (gallon or more).

# Drovers Road PRESERVE









# Come discover Drovers Road for yourself. Join us on Sunday, October 21st from 2-4 for a property tour.

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### **HUB HAPPENINGS** MANDY OVERSTREET

As we fall into October, we are stocking the store with gift items for the holidays! New this month are unique works from a local woodworker including hexagon, beehive-inspired shelves, cell phone holders, soap dishes and a one-of-a-kind ambrosia maple bench. Noted Fairview artist Amy Flagler dropped off several new original paintings for the



gallery, as did several other local artists. We've received fall seasonal teas from Asheville Tea Company, including Ginger Turmeric, Pumpkin Pie Chai, Spiced Apple Rooibos and Chocolate Habanero, and Mandelin Naturals has two new soaps: Cider Soap and a Pumpkin Sea Salt Beer Soap. Our jewelry selection is always changing, so stop by to see what's new.

### **HUB CALENDAR**

**Kid Craft & Snack Time** Friday, October 12, 3:30-4:30 pm. Join us for an afternoon of fall crafting with your kids! We will create mason jar luminaries with fall colors and trees. All materials and light snacks are provided for \$7 per child. Registration preferred but not required.

**Make a Wire-Wrapped Bonsai Dreamcatcher** Saturday, October 13, 1-5 pm. SarahJane of Bean's Bonsai will teach the wire-wrapping technique needed to create your own one-of-a-kind dreamcatcher. Cost is \$55, which includes all materials and 3-hour class. Registration required!

**Acrylic Drip Painting** Wednesday, October 17, 6-9 pm. Janet Link of JL Art will teach everyone how to create a distinct work of art using the the acrylic drip method. Everyone



will create and take home their own finished canvas. The cost is \$25 for the 3-hour class, which includes all materials. Feel free to BYO wine or beverage and snacks. Registration required!

### Ladies Night Out DIY Design & BYO Wine

**Night** Wednesday, October 24, 5:30-7:30 pm. We'll be making decorative air plant holders. Participants will design and paint the wooden holder, choose a handle, and then accessorize with air plants. The 2-hour class is \$20, which includes materials for wooden holder. Air plants can be purchased at \$5 each. Light snacks and water will be served, but feel free

to bring a wine or beverage of choice. Registration required!

**Distressed Wooden Sign Workshop** Saturday, October 27, 12-4 pm. Create a custom fall-themed rustic sign in about 2-1/2 hours. All materials are covered including wooden sign (either 16 x 16 or 12 x 24). You can finish your project in about 2½ hours so plan on arriving anytime between 12 and 2 pm. The cost is \$30 and all materials will be provided. Registration required!

To register for any classes or workshops, email thehuboffair-viewnc@gmail.com or call or stop by the shop M–F, 11-5 pm. If you are dropping off payment, the blue dropbox outside is open 24/7.



### **Local Ceramicist Wins Top Award**



Michael Hamlin, whose ceramics can be found locally at The Hub and at New Moon Marketplace, won the Best of Show Award at the 2018 Weaverville Art In Autumn Art Festival last month.

Congrats, Michael!



### October Meeting

Monday, October 8, 6 pm. The business meeting will be hosted by Sandi and Patrick Bryant Americare Pharmacy, who will showcase their services and healthy products for sale. Then we'll walk next door to Edward Jones Financial with Stephen Herbert, who will discuss how he can help with retirement savings. And then we'll go to The Hub with Mandy Overstreet, who will give a tour of the store's unique, locally made art and gifts and serve refreshments and snacks.

### **Future Meetings**

**November 8**, Thursday, 6 pm, Rainbow International cleaning services, with Mary Palermo at their new location, 16 National Avenue, Unit B, Fletcher.

**December 3**, Monday, Annual Holiday Party, at Highland Brewing Company. This year we'll have heavy hors d'oeuvres, a beer and wine bar, DJ Molly Kummerle, and a dance expo/lesson by Richard Cicchetti.

### Membership

Join now and your membership will count

for 2018! Visit fairviewbusiness.com to complete an application and pay or mail \$60 check to FBA, PO Box 2251, Fairview, NC 28730. You can also join at any membership meeting or at *The Fairview Town Crier* office.

### Welcome Table

The Fairview Welcome Table needs our desserts on October 11 by 10:30 am. FBA donates desserts once per quarter. If you can prepare a dessert, please call 585-7414 and leave a message. We also need a volunteer to be the organizer (go-to person) for the holiday party. Anyone interested can contact Justin Purnell at justin@purnellrealestate.com

### September's Meeting

On September 12, 15 members met at Fairview Volunteer Fire Department for a sandwich lunch provided by Fairview Subway. Scott Jones, Fairview Fire Chief, spoke of the drastic need of funds due to the minimal allocation from the Buncombe County Commissioners's budget. Money is needed to retain the paid firefighters with a salary that matches other fire districts. There are a number of fund-raising opportunities to help bridge the gap. You can learn about these at fairviewfire.com and on page 5 of this issue.

### **JOIN THE FBA!**

- > Visit FairviewBusiness.com or send a \$60 check to: FBA, PO Box 2251, Fairview, NC 28730
- > OR join at the *Town Crier* office, 1185G Charlotte Highway, Monday-Friday 11 am-5 pm
- > OR join at a meeting!

**CALL FOR INFORMATION! FBA VOICEMAIL: 585-7414** 





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### Go Ahead: Invite Them In!

nce we're nearing Halloween, I'd like to discuss that often misunderstood and maligned creature, the bat. I blame Bram Stoker and Christopher Lee for peoples' fear of bats. My favorite Batman was Adam West. He presented a more positive portrayal.

Let's start with some myth busters. Most bats are harmless. They are not blind or dirty; and they do not get caught in people's hair or infest homes with bedbugs. And, much like other mammals, less than one-half of 1 percent of all bats contract rabies. In fact, bats are highly beneficial for insect control, as they are the only major predators of night-flying insects. They pollinate fruit flowers, disperse seeds in tropical rainforests (aiding in reforestation), and are an important source of fertilizer (bat guano is mined).

Bats use houses in most areas as nursery colonies. In some areas, they use houses for roosting.

Throughout the northern two-thirds of the US and Canada, the Little Brown Bat and the Big Brown Bat have been known to use bat houses. These bats can also be found in the Southeast but are generally replaced by the Southeastern Bat (Myotis austroriparius). Any bats that roost in crevices or are found under bridges and in buildings are likely tenants for bat houses.



If a house is in the proper location and meets the bats' requirements, bats will move in on their own. Bats like a source of water (streams, marshes, and lakes) and an area plentiful with insects. They will travel up to a mile or more to water sources.

Bats (especially nursery colonies) like attics because of the stable high temperatures and the option to move vertically to select from a range of temperatures under varied weather conditions. Colonies of bachelors tend to like cooler roosts. You can put a box on the side of your house, next to the entrance being used into the attic.

Bat houses can be hung anytime. Fall, winter, and early spring are preferred. It

may take a year to a 18 months to attract bats, although some people report occupancy in only a few hours.

Since appropriate temperatures determine whether a house is used, consider geographic factors.

Cooler areas, such as more northerly ranges or higher elevations, may require that houses be placed in a southerly exposure.

Bat houses need to have at least six to eight hours of direct sunlight. In areas that are cool, the top third of the bat house exterior may need to be painted black or covered with roofing paper.

In southern climates, the top third of

the house exterior may need to be painted white. This may help the house achieve the 80- to 100-degree temperature necessary for nursery colonies. The majority of bats that use bat houses are females. However, a house that is not warm enough for a nursery colony may be

right for attracting bachelors.

Locate houses near a permanent water source and hang them 15 feet above the ground where they are sheltered from the wind. The higher you can hang the house, the better.

Houses in trees tend to take longer to become occupied than those on poles or buildings.

Bats are amazing and so important in nature. Just remember: when you see bats, think Adam West, not Christopher Lee.

Steve and Heidi Muma are the owners of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. asheville.wbu.com



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# **Planning Winter Cover Crops**

utumn is quickly approaching here in the mountains—less daylight, lower temperatures, and the slightest bit of color throughout the wonderful, deciduous forests. The change in seasons is also a good reminder of our backyard gardens, which hopefully produced a bountiful harvest throughout the summer months. Gardeners and farmers alike want continued prosperity in successive seasons, though they are often unaware of a simple trick to rejuvenate soil health through the winter months. The utilization of a winter cover crop is the trick to improving impoverished soil through the winter. And for maintaining good soil in general, winter cover crops have a multitude of benefits for overall soil health. They provide organic material for the soil when the cover crop is turned under, provide a source of nitrogenous compounds that will increase soil fertility, act as a weed suppressant, and mitigate soil erosion, among other benefits. These benefits create a better seedbed for spring transplants and direct seeding. Let's dive into the details of planning for a winter cover crop!

We use a variety of winter cover crops at The Lord's Acre that largely fall into two categories: grains and legumes (plants that make free nitrogen in the soil). Winter rye, winter wheat, oats and barley are all excellent grains to use as cover crops. Winter rye and winter wheat are generally used in the field, as they are difficult to remove or incorporate by hand from our raised beds, but they produce an enormous amount of biomass for compost making. On the other hand, oats and barley are easy to manually remove from raised beds, though they produce less biomass than either winter wheat or winter rve. In order to maximize biomass production, a rough ratio of 80 percent grain to 20 percent legume should be applied, as legumes cover the ground more quickly and provide added biomass by growing in between the grain crop.

Nitrogen-fixing cover crops used at our garden include hairy vetch, crimson clover, and Austrian winter pea. Hairy vetch and Austrian winter pea are used in raised beds in which we want to dig and plant early the following spring season,

as they are easy to remove by hand. Furthermore, Austrian winter pea provides pea tendrils throughout the winter into spring, making it an edible cover crop. Finally, legumes should be inoculated before use to obtain the highest nitrogen fixation. The inoculant allows for the formation of nitrogen-fixing nodules on the plant roots, thereby increasing the amount of nitrogen transferred to the soil. Inoculation occurs by placing the leguminous cover crop seeds into a bucket and moistening them with a small amount of water, then coating them with a prepackaged inoculant before planting.

Winter cover crops can be sown by hand (the hand broadcast method), with a seed broadcaster, or with a seeder (walk behind or tractor-based). The method you choose should be based on plot size and type. For instance, raised beds are often sown by hand broadcasting the cover crop and then using a garden rake to lightly chop the seeds into the soil. When the following spring season arrives, cover crops can be removed in a variety of ways. One method we use is to hand pull the crop and either lay it back on the bed for mulch or move it to the compost pile. Another method involves chopping the plants at ground level with a pair of clippers, hand sickle, or gas-powered machinery.

At this point in the growing season, winter cover crops should be quickly decided upon, acquired, and planted. I highly recommend experimenting with a grain/legume combination based on the above-mentioned biomass maximization. Examples of these combinations include, but aren't limited to: oat/hairy vetch, winter rye/crimson clover, and winter wheat/ Austrian winter pea. Fletcher Lawn and Garden offers many of the aforementioned crops in bulk, while Fifth Season offers many of the same cover crops in prepackaged containers. Generally speaking, winter cover crops in this area can be planted from early September to mid October. If you have questions about cover crops, email us at info@thelordsacre.org.

Gabriel Whitlock is an intern at The Lord's Acre.

# **Purslane: An Amazing Superfood**

his year, due to some health changes, we decided to let our vegetable gardens go fallow and breathe for a season after 10 years of intensive, organic cultivation. It's not a bad idea to give the land a time of rest—and us humans as well. We mulched heavily with woodchips and let nature choose what happened. Many annuals sprung up, and of course fertile soil also brings lots of weeds. Weeds go wild this time of year, trying to spread their progeny everywhere. As a result, I have been working hard, keeping my focus on eliminating the crabgrasses, pilewort, and super-spreader weeds that I don't eat or want.

One common weed that is welcome and around until frost is a low-spreading succulent in the Portulaca family called Purslane. *Portulaca oleraceae* is common everywhere in WNC. It's prized almost everywhere in the world except the U.S. and that's a shame, as it is one of the world's most amazing superfoods. It can spread like a carpet, especially in good soil. It grows low to the ground but can reach six inches tall and is an annual in our climate. Purslane has reddish, smooth stems, leaves that are small and fleshy, and

cancer starts. So who knows, purslane may become a frontrunner in the treatment and prevention of cancer. Amazing! No wonder purslane is sold in markets all over the world.

It's time we wake up in this country and recognize green gold is growing everywhere. You don't have to plant it or weed it, as it's already a prolific weed-and you don't need to water it.

Henry David Thoreau recognized the intrinsic value of the common purslane as he wrote about it in *Walden*: "I learned from my two years' experience that it would cost incredibly little trouble to obtain one's necessary food, even in this latitude; that a man may use as simple a diet as the animals, and yet retain health and strength. I have made a satisfactory dinner, simply off a dish of purslane which I gathered in my cornfield, boiled and salted."

Purslane is native to India and the Middle East but has spread worldwide.
References in history date back to the 7th century in Greece, both as a food and medicine. Aborigines in Australia make seed cakes from the tiny seeds, and the Greeks made bread from the seed flour. The older



can develop small yellow flowers in the growing season. They tolerate drought well and seem to thrive under any condition.

Purslane can be eaten raw, in salads, put in soups and stir-fries, pickled, or juiced. I seem to be in the minority among wild food aficionados, as I am not a big fan of mucilaginous (secreting mucilage) edibles. Other than cooked or used sparsely in salads, my favorite way to eat the plant is to put it in a soup or smoothie with other wild edible plants and fruits. I do enjoy it cooked with other veggies, like okra, as it is one of the most nutritious plants on earth.

Purslane is loaded with Omega 3 fatty acids and huge amounts of vitamins and minerals. It has more than 20 times the antioxidant melatonin than any other fruit or vegetable, six times more Vitamin E than spinach, and seven times the beta-carotene of carrots.

Purslane has been used medicinally for the treatment of arthritis, burns, headache, and diseases of the intestine, liver, and stomach. Two of its pigments have been identified as anti-mutagenic, meaning they prevent cells from mutating, which is how stems are used as a potherb in Holland and India, and in France purslane is used to help reduce the acidity in their famous sorrel potato soup, "bonne femme."

An easy way to incorporate purslane into your diet is to add a handful to your homemade salad dressings. My favorite is to add a cup of purslane to a basic garlic-yogurt marinade that also doubles as an excellent salad dressing. Purée the leaves and stems in a food processor with garlic, olive oil, yogurt, and spices, or add a few handfuls coarsely chopped into soups.

I've had several friends who grew designated patches of purslane with dandelions, as they were so easy and nutritious and basically maintenance free—not a bad recipe in life! So, as you tend your gardens, pulling out unwanted weeds, take some time to learn about this wondrous plant and keep some purslane growing happily in your gardens.



Contact Roger at rogerklinger@charter.net.



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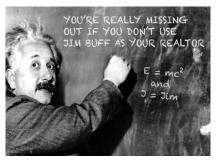
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