



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

NOVEMBER 2018 VOL. 22, No. 11 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

INSIDE UPDATED & REVISED ELECTION GUIDE — GET OUT AND VOTE! **P 20** >> New Business Roundup **P 32**

Fall Festival Success!



The Fairview Elementary PTA would like to extend a very big thank you to the community for its support at this year's Fall Festival. The event was a true success, and funds raised will be used

to help purchase classrooms supplies, assist with student activities, and support programs designed to help students succeed.

Thank you to all local businesses that donated items, assisted with advertising, and came out to enjoy the Fall Festival. Thank you to community volunteer Anastasia Held, who did a fantastic job coordinating the event, and to the army of volunteers who helped make the event possible. The sense of community this event creates year after year is unmatched. The students and staff at Fairview Elementary are amazed by your support and are very appreciative. Thank you for everything! — Kenya Hoffart

Keep Your Trailer Safe and Secure

Editor's note: Recently, someone called the Crier to let us know their trailer had been stolen. Increasing thefts are definitely a concern to many in our community. We asked Sgt. Pierson from the Buncombe County Sheriff's Department to provide some advice to trailer owners. This will be the first in a series of articles on protecting your property.

By Larry Pierson

Do you have a trailer for your excavator, lawn mower, ATV, boat, horses, or an enclosed trailer full of work tools? What about a camper for

those awesome summer trips? Then you have a target for a criminal who loves the quick grab of towable items. I also have a couple trailers for different purposes, and like most of you, I don't have the means to just go out and replace one of them if one is stolen. Such a loss can degrade a quality of life, a sense of security, or even ruin a small business.

Following are some ideas you can take to secure your trailers. You don't have to do them all at once, but pick one and start from there.

- Start a Community Watch and build a network of neighbors looking out for one another. Neighbor A should know if Neighbor B isn't the one hooking up to that trailer right now.
- Increase your general home security measures. Security camera coverage, signage that says "Say hello to our security camera," lighting plans, visibility lanes and other measures can increase your home plan's effectiveness.
- Plan your stops and increase situational awareness while on the road, at the campsite, or jobsite. If you have a well-thought-out and implemented security plan at home you can study what deficiencies exist at other locations and compensate even when choosing the best spot in a parking lot during lunch.
- Invest in towing security devices. Hitch, tongue, coupler, and trailer wheel locks are all options to hamper a thief's

continued on page 5



Who's Stealing Flags?

First Bank in Reynolds needs help finding out who has been stealing the American flag outside their building. It's been taken three times since March. If you have any information, please call the branch at 298-8711.

SHOP LOCAL AND HANDCRAFTED for the HOLIDAYS!

ANGELA'S ARTWORKS STUDIO SHOW AND SALE

Saturday, November 3, 9 am-3 pm

Multiple vendors. Items for sale will include oil paintings, birdhouses, jewelry, crocheted arts, and barn quilts. Off 74A at 106 Lytle Rd. Fletcher; follow the yellow and blue signs. Contact Angela at 778-1901.

FAIRVIEW BAPTIST CHRISTMAS BAZAAR AND FARMER'S MARKET

Saturday, November 10, 9 am-1 pm

Booths will include gifts for the kitchen, jewelry, decorations, desserts, teas, coffees, bath and beauty, and canned items by local farmers. There will be a photo booth and food and drinks. 32 Church Road, Fairview. For more information call 628-2908 or 231-5035, or see ad on page 8.



15TH ANNUAL FAIRVIEW CRAFT AND GIFT FAIR

Saturday, November 10, 9am-3pm

Great handcrafted gifts made by local artists, as well as the Fairview Library Book Sale, at the Fairview Community Center on Route 74A next to Fairview Elementary School. Refreshments and lunch will be available. For more information call 301-3932 or email fairviewcommunitycenter@gmail.com.

Ellen Freeman

IN MEMORIAM

The *Crier* received word that Ellen Freeman, known to so many Fairview and Gerton residents as the lady who walked or hitched up and down the mountain every day, has passed away. Ellen was married to Sonny Freeman. May she rest in peace. Photos: Amelia Caristo



NEXT CRIER LABELING DATES

NOVEMBER 30 & JANUARY 4 (10:30 AM) at the main Fairview Fire Station. Email pattiparr@yahoo.com or call 628-2211 for information.

The Fairview Town Crier
P. O. Box 1862
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COMMUNITY EVENTS

NOVEMBER 2 (FRIDAY)

Book Launch Honoring Party Rock Firefighters

11 am. *Catching Fire*, a new book about the firefighters who served during the Party Rock Fire of 2016, will have its launch at a party hosted by the Friends of the Mountains Branch Library. Call or stop by the library to RSVP. Checks (to "Friends of the Library") for \$25 can be sent to 150 Bills Creek Rd., Lake Lure, NC 28746. For information, call 287-6392. The Pavilion on Lake Lure Beach, 2724 Memorial Hwy., Lake Lure.

NOVEMBER 3 (SATURDAY)

Angela's Artworks Studio Show and Sale

9 am-3 pm. See front page.

Garren Creek Fire Department Turkey Dinner

5:30-7 pm. At the Garren Creek station, at 10 Flat Creek Road, at the corner of Flat Creek and Old Fort/ Chestnut Hill Roads). See page 22 for more information.

NOVEMBER 5 (MONDAY)

Local Artist at Farm Burger

6-8 pm. Becky Ledbetter will be the featured artist at the Farm Burger

on Hendersonville Road for November. She'll be in store on this day to answers questions and sell her artwork. 1831 Hendersonville Rd., Asheville.

NOVEMBER 6 (TUESDAY)

Peter Sellers Film Series

6 pm. "Dr. Strangelove" (1964), the third in a four-part series at the Fairview Public Library. See page 7 for more information.

Brain Therapy Lecture

5:15-6 pm. Learn about new therapies that may help with brain injuries or diseases of the brain, such as concussions, MS or Parkinson's. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

NOVEMBER 8 (THURSDAY)

Creative Journey at Cane Creek Baptist Church

6 pm. Experience a time of fellowship structured around God and art. Learn to tie beautiful bows for the upcoming Christmas season. Ribbon will be supplied or bring your own. Other classes will follow at later dates. Ages 13 and up. Text or call 230-5877 to RSVP. 506 Old US Highway 74.

SMCC Playground Repair

Saturday, November 10, 8 am-until done

Volunteers are needed to help repair the playground at the Spring Mountain Community Center. This is the new date after having to reschedule. The repair will take all day or until finished. In case time is needed to clean up, the following day is booked as well. The playground will be closed to children for safety during repairs.

Anyone can help! You don't have to have your own tools. Call 712-6857 to sign up.

Republican Women's Meeting

12 pm, program; 11:30 am, lunch. J&S Cafeteria, River Ridge Shopping Center (Fairview Rd.)

Neuropathy Treatment Seminar

5:30-6:30 pm. Learn about the causes, diagnosis, and treatment of peripheral neuropathy. Free, with dinner, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

NOVEMBER 10 (SATURDAY)

Fairview Craft & Gift Fair

9 am-3 pm. See front page.

Fairview Baptist Bazaar

9 am-1 pm. See ad on page 8 for more information. 32 Church Rd., Fairview.

At the Hub: Make a Wire-Wrapped Ornament

1-3 pm. Everyone will create a 3-inch Tree of Life ornament. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview. (A second class will be held on December 15.)

SMCC Playground Repair

8 am-until done. This is the rescheduled date. See box above for more information.

A.C. Reynolds High Band Mattress Sale Fundraiser

8 am-5 pm. Top brands on sale from 30% to 50% below retail costs, all with outstanding full replacement warranties. Delivery is available. All styles and sizes are available. At the A.C.

- MEMORY PROBLEMS?
- TRIGEMINAL NEURALGIA?
- BELL'S Palsy?

CONCUSSION?

- BRAIN INJURY?
- MS?
- PARKINSON'S?

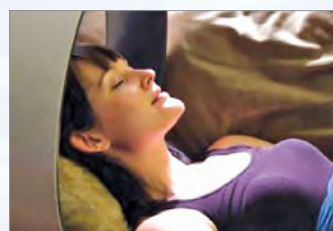
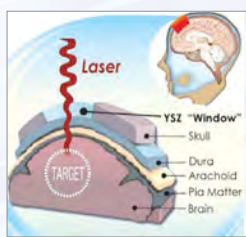
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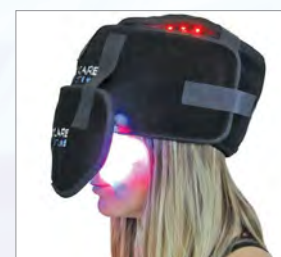
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If you decide to purchase additional treatment, you have 3 days to change your mind and receive a refund.

FAIRVIEW CHIROPRACTIC CENTER 628-7800 | WWW.FAIRVIEWDC.COM | 2 FAIRVIEW HILLS DRIVE, FAIRVIEW, NC

COMMUNITY EVENTS

Reynolds High Commons Area.
1 Rocket Dr., Asheville.

NOVEMBER 13 (TUESDAY)

Dr. Dan Pierce at the Library

7 pm. Friends of the Fairview Library are pleased to present Dr. Dan Pierce, author of *Hazel Creek: The Life and Death of an Iconic Mountain Community*? See page 7 for more information. 1 Taylor Rd., Fairview.

Knee Replacement Seminar

5:30-6:30 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

At the Hub: The Impact of Weight Loss on Your Health

6:30-8 pm. Receive free product samples and learn about the health benefits of Ideal Protein. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

NOVEMBER 15 (THURSDAY)

Democratic Women's Meeting

5:30 pm-7:30 pm. Registration at 5:15 pm. Catered dinner: \$12 members, \$15 guests. Bring food and blankets

for the animals and/or cash donations for the Asheville Humane Society. To RSVP or for more information, email buncombedemwomen@gmail.com. 951 Old Fairview Rd., Asheville.

At the Hub: Advanced Acrylic Drip Painting Class

6-9 pm. Learn new techniques using the acrylic drip method. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

Floral Design Demonstration

The flower guild of First Presbyterian Church Asheville (40 Church St., Asheville) presents author Sybil Sylvester, who will present her stylish design ideas at 10 am in the sanctuary (\$40), followed by an optional book signing at 11:30 am (book price \$30). Register at fpcasheville.org (choose "Sign-up Forms").

NOVEMBER 17 (SATURDAY)

Bethany United Methodist Thanksgiving Meal

5:30 pm. 212 Bethany Church Rd., Fairview. See page 22 for more information.

NOVEMBER 20 (TUESDAY)

UHGCC Thanksgiving Meal

6:30 pm. 4730 Gerton Hwy., Gerton.

See page 22 for more information.

Spinal Surgery Seminar

5:15-6 pm. Learn about technology and exercises that may be able to help with spine problems. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

NOVEMBER 27 (TUESDAY)

Neurofeedback Seminar

5:15-6 pm. Learn how neurofeedback may be able to retrain your brain and help with depression, anxiety, PTSD, ADD/ADHD, and autism. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr.

NOVEMBER 28 (WEDNESDAY)

At the Hub: Make a Handmade Wooden Ornament

5:30-7:30 pm. Create a holiday orna-

ment with a photo or graphic of your choosing, or paint with a precut design. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

NOVEMBER 29 (THURSDAY)

Neuropathy Treatment Seminar

5:30-6:30 pm. Learn about the causes, diagnosis, and treatment of peripheral neuropathy. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

DECEMBER 1 (SATURDAY)

At the Hub: Holiday Market

12-4 pm. Meet the talent behind the many local gifts at The Hub and do your holiday shopping. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

Don't Go Nuts-Get Nuts!

The Garren Creek Fire Department Auxiliary is selling nuts again. Purchase pecans (halves and pieces) and black walnuts in one-pound bags for \$12 each. (Exact change greatly appreciated-or donate the change to the FD!) They're great for holiday baking and healthy snacks. Call Elizabeth Simmonds at 669-2846 or 230-3986 or purchase (check or cash) at The Hub/Town Crier office, 1185G Charlotte Hwy.





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COMMUNITY EVENTS

ONGOING EVENTS

FAAL Art Show at Mountain Mojo

The Fairview Area Artists League will be presenting a group show through Dec. 1. Painting, photography, and fiber art, with a wide range of styles and works for sale. Mountain Mojo is at 381 Old Charlotte Hwy., Fairview and hours are M-F, 7 am-5 pm, and weekends, 8 am-3 pm.

SAVE THE DATE

DECEMBER 2

"Home for Christmas" at Fairview Baptist

A musical drama to support and care for the troops. See ad on page 13 for more information. 32 Church Rd., Fairview.

DECEMBER 10

Cane Creek Middle School Regional Holiday Fair

The annual fundraiser for minigrants that award teachers cash amounts to purchase special project supplies, curriculum, special supplies etc. The application and payment deadline for vendors is December 1. Manufactured items will be allowed for sale this year. To download application, go

to fairviewtowncrier.com/1118links. In the CCMS cafeteria, 570 Lower Brush Creek Road, Fletcher. 100% of funds raised benefit the Cane Creek students. For more information, call Cynthia Moses at 333-8287.

DECEMBER 16

At the Hub: Hands-On Bookbinding Class

5:30-7:30 pm. Learn the art of Coptic Stitch bookbinding. See page 9 for more information. At The Hub of Fairview. 1185 Charlotte Hwy., Suite G, Fairview.

MONTHLY EVENTS

Spring Mountain Community Ctr.

Community Leadership Meeting: Usually first Tuesday, 6:30 pm. **Quilting Bee:** Meets every second Tuesday, 10 am-2 pm. Call 628-7900 or 628-1938. **Berrypickers' Jam:** Tuesdays at 7 pm. **Slow Flow & Yin Yoga with Anna:** Mondays, 8:30-9:45 am. \$5-10 suggested. **Yoga with Sabrina:** Thursdays 6:15-7:30 pm. \$5-10 suggested. 807 Old Fort Rd. springmountaincc.com

NOVEMBER 2 (THURSDAY)

Embroiderers' Guild Meeting

9:30 am-12 pm. Registration starts at 9:30 and is followed by a short

Winter Lights at the NC Arboretum

November 16 to December 31, 6 pm-10 pm



The North Carolina Arboretum's fifth annual Winter Lights holiday light exhibit will be open nightly for its outdoor walking tour. More than 500,000 lights will illuminate the natural beauty and landscapes of the Arboretum. This year, there will be a variety of vibrant new displays and themes, as well as a new

Polar Express model train. Festive food and beverages, including hot cocoa, cider, s'mores, wine and beer will be available for purchase.

Tickets are date-specific and must be purchased in advance (\$5 convenience charge applied when purchased at door on non-sell out nights). Guests must select an entry time (6, 7, or 8 pm) when purchasing tickets. For tickets and details visit ncarboretum.org/exhibits-events/winter-lights.

NOVEMBER 8 (THURSDAY)

Welcome Table

11:30 am-1 pm. A free community lunch served to anyone in the area seeking food, fellowship and community. *The meal will only be served once a month until more volunteers are available.* 596 Old US Hwy 74, Fairview.

FBA Monthly Meeting

6 pm. Rainbow Restoration at 16 National Ave, Unit B, Fletcher. See page 35 for more information.

NOVEMBER 6 (TUESDAY)

Prostate Cancer Support Forum

7 pm. Us TOO of WNC. 5 Oak St., Asheville. 242-8410, wncprostate@gmail.com.

Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Department, 458 Hoopers Creek Rd., Fletcher. Call 230-6523.

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COMMUNITY EVENTS

NOVEMBER 12 (MONDAY)

Stitches of Love Meeting

7 pm. Group donates handmade articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. Call 575-9195.

NOVEMBER 18 (SUNDAY)

Ethical Humanist Meeting

2-3:30 pm. 227 Edgewood Rd., Asheville. Call 687-7759 or go to EHSAsheville.org.

NOVEMBER 19 (MONDAY)

Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome. 704-975-0095. 1 Taylor Rd.

NOVEMBER 20 (TUESDAY)

Library Book Club

7 pm. The group will discuss *Moun-tains Beyond Mountains*. See page 7 for more information. 1 Taylor Rd., Fairview.

NOVEMBER 30 (FRIDAY)

Florence Nature Preserve Cleanup

10 am-3 pm. Help restore native habitat. RSVP to volunteer@conservingcarolina.org or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton. See article on page 18 for more information.

Town Crier Labeling

10:30 am. Meet other people from the community and help us get the next issue of the *Crier* into the mail!

IDENTIFICATION STATEMENT

The *Fairview Town Crier* is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The *Fairview Town Crier* is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 38.



DON'T FORGET: Daylight Saving Time ends on Sunday, November 4.
Set your clocks **back** one hour.

Keep Your Trailer Safe and Secure

continued from page 1

efforts. I would even suggest locking/securing your tow chains so they cannot be used in lieu of normal towing.

- Movement alarms can sound an alert when a door is opened and tracking devices can pin down your trailer's location by GPS. These are measures that can be weighed based on the value you are trying to protect.
- Make your trailer quickly identifiable. Company logos, paint schemes, reflective material or anything that makes your trailer stand out may deter a trailer thief or make it easier for witnesses and law enforcement to notice.
- Make sure your trailer's paperwork is solid and secure. Keep your VIN, a thorough description, and photos ready at a moment's notice to help law enforcement or to spread a fast alert on social media or Nextdoor.com. This is the same approach as "Operation ID," in

which an owner records serial numbers of tools, guns, appliances, weed eaters and any other item. One tool, properly engraved and recorded, might be the key to connecting a criminal to your trailer theft.

Start Locking

There is seldom an easy answer for achieving a 100 percent assurance against theft. Each additional security step you take knocks another a few criminals out of the scenario. A typical statistic with theft from motor vehicles is that around 80 percent are from unlocked vehicles. The act of locking and securing can have a tremendous impact on crime opportunity.



Sergeant Larry Pierson works for the Buncombe County Sheriff's Office. Contact the Crime Prevention office at 250-4427.

DEMOCRACY DEPENDS ON YOU

VOTE FOR DEMOCRATS

Election Day November 6

**VOTE AGAINST ALL
CONSTITUTIONAL AMENDMENTS**

For information on Democratic candidates, visit vote.buncombedems.org.

Buncombe County Democratic Party
A Community for Everyone



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Paid for by the Buncombe County Democratic Party. Not endorsed by any candidate or candidate committee.

Keep Making North Carolina Great!

VOTE REPUBLICAN

Buncombe County General Election Day is Nov. 6th

2018 GENERAL ELECTION EARLY VOTING

DATES	TIMES
Wednesday, October 17 – Friday, October 19	7am – 7pm
Saturday, October 20 and Sunday, October 21	12pm – 5pm
Monday, October 22 – Friday, October 26	7am – 7pm
Saturday, October 27 and Sunday, October 28	CLOSED
Monday, October 29 – Friday, November 2	7am – 7pm
Saturday, November 3	8am – 1pm

LOCATIONS

Asheville Mall
3 South Tunnel Road, Asheville 28801
Buncombe County Permits & Inspection Building
30 Valley Street, Asheville 28801
Black Mountain Library
105 N. Dougherty Street, Black Mountain 28711
Enka-Candler Library
1404 Sandhill Road, Candler 28715
Fairview Library
1 Taylor Road, Fairview 28730
Leicester Library
1561 Alexander Road, Leicester 28748
North Asheville Library
1030 Merrimon Avenue, Asheville 28804
South Asheville Library
260 Overlook Road, Asheville 28803
Weaverville Town Hall
30 South Main Street, Weaverville 28787
Wesley Grant Southside Center
285 Livingston Street, Asheville 28802
West Asheville Library
942 Haywood Road, Asheville 28806

PLEASE Vote for all Candidates

Conservative Candidate Sample Ballot

THIS DOCUMENT WAS NOT PRODUCED BY A BOARD OF ELECTIONS AND IS NOT AN OFFICIAL BALLOT. (2001-466, v. 3.)

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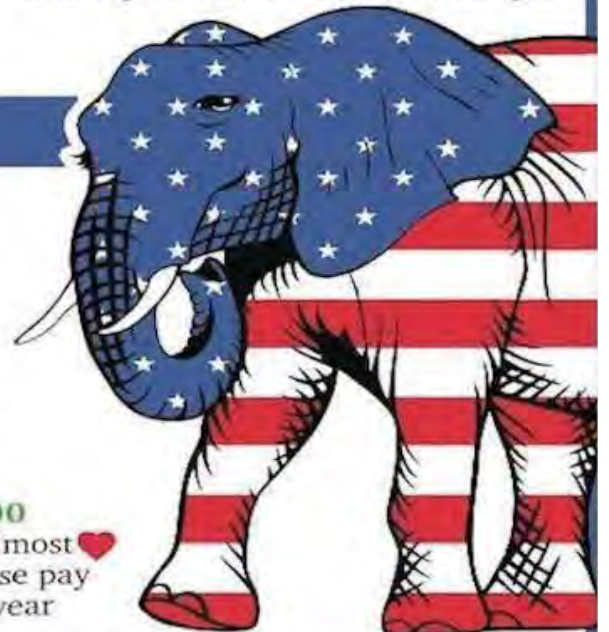
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US HOUSE CONGRESSIONAL DISTRICT 10	NC HOUSE DISTRICT 116
Patrick McHenry (INCUMBENT)	Marilyn Brown
US HOUSE CONGRESSIONAL DISTRICT 11	NC SUPREME COURT
Mark Meadows (INCUMBENT)	Justice Barbara Jackson (INCUMBENT)
NC SENATE DISTRICT 48	NC COURT OF APPEALS
Chuck Edwards (INCUMBENT)	Jefferson Griffin Andrew Heath Chuck Kitchen
NC SENATE DISTRICT 49	COMMISSIONER DISTRICT 2
Mark Crawford	Glenda Weinert
NC HOUSE DISTRICT 114	COMMISSIONER DISTRICT 3
Kris Lindstam	Robert Pressley (INCUMBENT)
NC HOUSE DISTRICT 115	SHERIFF
Amy Evans	Shad Higgins

Sample Republican General Ballot
Buncombe County, North Carolina

Sample Republican General Ballot
Buncombe County, North Carolina**Constitutional Amendments**

- 1) **Right to Hunt and Fish** - What the ballot will say: "Constitutional amendment protecting the right of the people to hunt, fish, and harvest wildlife." **[X] FOR**
- 2) **Victims' Bill of Rights** - What the ballot will say: "Constitutional amendment to strengthen protections for victims of crime; to establish certain absolute basic rights for victims, and to ensure the enforcement of these rights." **[X] FOR**
- 3) **Bipartisan Board of Ethics and Elections** - What the ballot will say: "Constitutional amendment to establish an eight-member Bipartisan Board of Ethics and Elections Enforcement in the Constitution to administer ethics and elections law." **[X] FOR**
- 4) **Income Tax Cap** - What the ballot will say: "Constitutional amendment to reduce the income tax rate in North Carolina to a maximum allowable rate of seven percent (7%)." **[X] FOR**
- 5) **Judicial Vacancy Appointments** - What the ballot will say: "Constitutional amendment to change the process for filling judicial vacancies that occur between judicial elections from a process in which the Governor has sole appointment power to a process in which the people of the State nominate individuals to fill vacancies by way of a commission comprised of appointees made by the judicial, executive, and legislative branches charged with making recommendations to the legislature as to which nominees are deemed qualified; then the legislature will recommend at least two nominees to the Governor via legislative action not subject to gubernatorial veto; and the Governor will appoint judges from among these nominees." **[X] FOR**
- 6) **Voter Photo ID** - What the ballot will say: "Constitutional amendment to require voters to provide identification before voting in person." **[X] FOR**

**Compare North Carolina: 2010 to 2018**

Under Democrat control

2010

\$2.5 billion **debt**
11.3% unemployment rate
 Tax Foundation Rank: **44**
3.8 million people employed
 Sales tax rate **5.75%**
 Corporate tax rate **6.9%**
 Top income tax rate **7.75%**
 Family standard deduction **\$6,000**
 Teacher furloughs, pay cuts

Under Republican control

2018

\$2 billion **savings** reserve
4.5% unemployment rate
 Tax Foundation Rank: **11**
4.4 million people employed
 Sales tax rate **4.75%**
 Corporate tax rate **3%**
 Flat income tax rate **5.49%**
 Family standard deduction **\$17,500**
 ❤ Increased teacher pay an average of almost 10% over two years, raising average base pay nearly 20% since 2013-2015 school year ❤

Remember, income taxes go down again Jan. 1 2019 to **5.25%** and the standard deductible goes up to **\$20,000**.

(Paid for by the Blue Ridge Republican Women's Club)

Holiday Giving Tree

Make the holidays bright for a child in Fairview: our annual Holiday Giving Tree program places books in the hands of local children in need. Throughout November, visit the Fairview Library and select a child from our tree. Purchase a new book (\$10 minimum retail value) and return it to the library or donate \$10 and the Friends of the Fairview Library will do the shopping for you. Please bring donated books unwrapped. For more information, call 250-6484.

EVENTS

Peter Sellers Film Series

November 6 at 6 pm



Dr. Strangelove (1964)

1 hour 34 minutes, Rated PG

"Dr. Strangelove" is the third in a four-part series exploring the life and career of Peter Sellers. The film will be introduced by James Rosario (thedailyorca.com), who will lead a discussion after.

Peter Sellers once again plays multiple characters in Stanley Kubrick's political satire and dark comedy. This time around he's

accompanied by hilarious performances by George C. Scott, Sterling Hayden, Slim Pickens, and many others. Popcorn generously provided by Grail Moviehouse

The final film in this series will be "Being There" on December 4.

Book Club

November 20 at 7 pm

Fairview Evening Book Club will be reading and discussing *Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, the Man Who Would Cure the World* by Tracy Kidder.

No sign up or registration is required to join book club, and new members are always welcome.

Future Book Club Dates and Titles

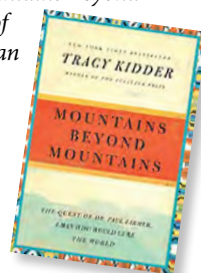
December 18 – *Eleanor Oliphant Is Completely Fine*, Gail Honeyman

January 15 – *The Spirit Catches You and You Fall Down*, Anne Fadiman

February 19 – *Homegoing*, Yaa Gyasi

March 19 – *The Wife*, Meg Wolitzer

April 16 – *Hour of the Land*, Terry Tempest Williams



FOR KIDS

Heroes Unlimited Role Playing Game (Middle & High Schoolers)

November 7 at 4 pm

Join us for the inaugural session of

Dr. Dan Pierce

Tuesday, November 13, 7 pm

The Friends of Fairview Library are proud to host Dr. Daniel S. (Dan) Pierce, author of *Hazel Creek: The Life and Death of an Iconic Mountain Community*. Dr. Pierce is an NEH Distinguished Professor in the Humanities and resident professional hillbilly at the University of North Carolina, Asheville. Hazel Creek is an exploration of one of the most iconic watersheds in the Southern Appalachian region, focal point of the infamous Road to Nowhere controversy, research subject for Horace Kephart's classic work "Our Southern Highlanders," and the haven of legendary moonshiners, trout fishermen, and bear hunters. *Hazel Creek* was a 2017 Finalist for the Thomas Wolfe Literary Award. Refreshments will be served after.



Heroes Unlimited. A team of heroes is being assembled. Do you have what it takes to defend the planet from the forces of evil? Role-playing games are a great way to cultivate creativity, encourage teamwork and cooperation, and teach problem-solving skills. They're also fun! Snacks and supplies provided. Space is limited. Stop by or call the library for details. Grades 6-12 welcome.

Regular Kids Programming

Baby Storytime: Tuesdays, 11 am

Toddler Storytime: Wednesdays, 11 am

Preschool Storytime: Thursdays, 11 am

LEGO Club: first Friday each month, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

Holiday Closings

The library will be closed November 12 for Veterans Day and November 21-24 for Thanksgiving.



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The Murder of Luther H. Merrill

Everett Williams gave me some information on a murder that took place in the Fairview area in 1921.

Luther H. Merrill was born in the south section of Fairview in 1886. He was the son of William B. Merrill (1856-1942) and Rebekah Garren (1855-1894). Luther married Ada Cunningham, who died in 1914. He then married Melissa ("Lissie"). After serving in World War I, Luther returned to Buncombe County. He rented a farm in the Concord Road-Merrill's Cove and Williams Road area. He also began turning in moonshine stills for extra money. The reward at that time was \$10 for every still (around \$200 in today's money).

Two brothers, Solomon and Latt Slagle, lived near the Merrills. Latt had also just returned from the war, brining his Army pistol with him. The Slagles believed that Luther had turned in their still at least once.

Solomon stopped by Luther's house one day. He invited Luther to come with him to his still and have a drink of liquor. Luther left home around 2 pm on January 31, 1921 with Solomon and never came home again.

Onie Kilpatrick and his father Eli both testified that they were eyewitnesses to the murder of Luther Merrill. Eli said, "I was on the other side of the branch from the still, within 25 or 30 yards of it. I saw Sol and Latt and Luther Merrill there at the still. Luther Merrill was sitting down when I first noticed



This setup from a museum in Kentucky could be similar to the Slagles' riverside still.

him, and Sol and Luther were arguing somehow or another. I could not understand exactly what they were saying. They were arguing and Luther raised up and Latt shot him. Luther just raised and began to turn like he was going to run, and when he did that, why he just lit in shooting him, Latt did. I saw him until the shooting was over and he fell; and I just went on home, moved pretty fast. I didn't go back up there. I never said anything to either one of the Slagle boys about it. I stayed at home that night."

It was also said that Luther got down on his knees and begged Solomon not to shoot him. But he shot him anyway and the bullets went through the palms of Luther's hands and destroyed all the bones up to his shoulders. Early in the morning of the next day the Slagles loaded Luther's body on a wagon. They hauled the body across Williams Road

to Mills Gap Road and down toward Cane Creek. They intended to take the body to a mill pond and dump it in. The horses became restless and daylight was coming, so they decided to turn aside and dump the body in a field near Lower Christ School Road. A rabbit hunter came by a short time later and found the body.

Lissie Merrill was taken on February 2 to the place where the body was found, lying 116 yards from the public road. Luther's hat and an extra pair of shoes were placed next to his body, with his overcoat thrown over him.

The law found out that Solomon Slagle had threatened Luther the previous year, saying that if Merrill ever fooled around with him, Solomon would kill him. The law said Sol Slagle, Charlie Slagle, and Latt Slagle were operating a still near their home with Eli Kilpatrick. It was in a dugout on the side of a creek and covered with leaves.

Deputy Dillingham discovered where a wagon had been backed up against a bank. The horse prints showed the horses had been standing there quite a bit of time. Dillingham followed a little ravine near where the wagon had been, which led to the dugout and still. It was 238 steps from the still to where the wagon had been. The deputy examined the red clay dirt in the back of the wagon. He found well-defined tracks of a man in the soft earth. He compared a shoe he had gotten at Sol Slagle's house with these tracks and

it was a match. Dillingham compared the width of the wagon wheels at the scene with the wheels of Sol Slagle's wagon, and they were a match. The deputy noticed the horse prints. He could tell two new nails had been driven into a horse's shoe sometime after they had been originally put on. This caused them to stick out further than the other nails. He checked Solomon Slagle's horses and one of their shoes had two new nails in one shoe.

Deputy Dillingham also found blood in the back of Sol Slagle's wagon and on Solomon Slagle's jacket.

Latt and Solomon Slagle were both convicted of the murder. Years later Latt broke out of prison and came to his sister's house on Old Concord Road. Her husband drove him to South Carolina. Latt was never recaptured and lived the rest of his life a free man. He probably was taken to area known as the "Dark Corner" of South Carolina (the far northwest counties). The law seldom entered this area. When they did, they often were never seen again. Solomon served his time. He moved to Swannanoa upon his release. I can remember him but I never knew all this at the time. Jail never hurt him much. He died two weeks before his 91st birthday.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net.

FAIRVIEW BAPTIST CHURCH

CHRISTMAS BAZAAR AND FARMERS MARKET

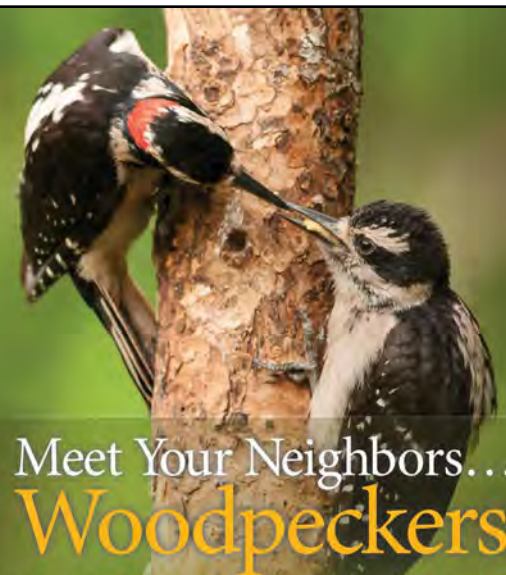
SATURDAY, NOVEMBER 10TH
9 am - 1 pm

Christmas booths including gifts for the kitchen, jewelry, decorations, desserts, teas, coffees, bath & beauty, and canned items from local farmers!

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A Time to Be Grateful

Thankful is the best word to express how our Fire Department feels. The outpouring of support from the community regarding the latest fundraising effort has truly been overwhelming. The numbers are still being calculated and a final tally will be revealed in the year-end report.

The nominating committee appointed by the Board Chair recommended three people from the community to go on the board for a three-year term. Those members are Lori Robinson, Taylor Howard, and Keith Owenby. Keith was a member of our board for three years but declined to serve again due to a very busy personal schedule. We thank Keith for his service and dedication to our community and the Fire Department.

The Support Operations Team attended the countywide Buncombe County Ladies Auxiliary meeting in September where I, Robin Ramsey, was elected president of the organization for the 2018-2019 term. The



Fairview Volunteer Fire Department now has its very own Smokey the Bear Air Monitor.

Fairview team will host the group's 2019 event at our Fairview's main station.

Thanks to a grant and a member of our community donating the remaining funds, we now have our very own Smokey the Bear Air Monitor. This

will allow the community to see what the fire danger is for the day and safeguard our community from a spreading fire.

And last, but certainly not least, we are grateful to our fire department and the staff who work there. Four of our firefighters went to help in eastern NC during Hurricane Florence. Thank you Chance Hensley, T.J. Hill, Ross Garren, and Riley Zavos.

We are very grateful for all that our fire department does for our community plus the sacrifices they make for our neighbors.

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.

We're gearing up for the fall/winter holidays at The Hub. We've got a great assortment of pumpkins, including hand-crafted cloth versions in a variety of sizes and patterns, and pumpkin stained-glass light boxes by Barbara Brinson—either would add a festive, homespun touch. New merchandise includes mother/daughter bracelet sets by Motherhood on Purpose,



meant to remind us every day to count our blessings, an expanded section of eco-friendly soaps and natural body products by Mandelin Naturals, and caramel candies by Postre.



HUB CALENDAR

Make a Wire-Wrapped Tree of Life Ornament

Saturday, November 10, 1-3 pm &

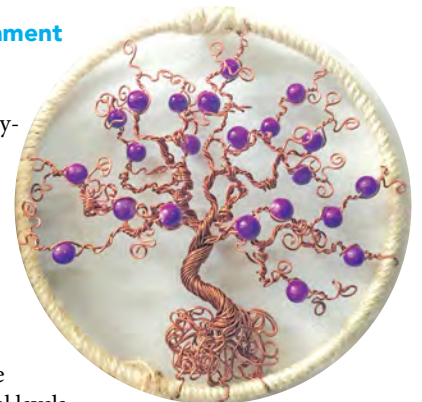
Saturday, December 15, 12-2 pm

Bean's Bonsai will instruct a class in which everyone will create a 3-inch Tree of Life ornament. Cost is \$25 including all materials, and **preregistration is required.**

Ideal Protein: The Impact of Weight Loss on Your Health

Tuesday, November 13, 6:30-8 pm

Learn how even a modest weight loss can have an enormous impact on your health. You can achieve improved blood pressure, blood sugars, cholesterol levels, more energy, and better sleep, all while reducing risk for heart disease and stroke. Join Ameri-care Pharmacy coaches with Ideal Protein's Regional Consultant Julie Hesse for this seminar and receive free product samples and learn about the health benefits of Ideal Protein!



Advanced Acrylic Drip Painting Class

Thursday, November 15, 6-9 pm

Janet Link of JL Art will teach new techniques using the acrylic drip method. Take home a finished canvas. The cost is \$25, including all materials. Feel free to BYO wine or beverage and snacks. **Registration required.**

Make a Handmade Wooden Ornament

Wednesday, November 28, 5:30-7:30 pm

Create a holiday ornament with a photo or graphic of your choosing, or paint with a precut design. Cost is \$15, including all

materials, and **preregistration is required to select a photo or design of your choice.** Additional ornaments can be made for \$5 each.



Holiday Market

Saturday, December 1, 12-4pm

The Hub will be all decked out with handmade gifts and Santa's elves—or, to be more precise, many of the Hub's local craftsmen and vendors. A great time to meet the talent behind the many local gifts at The Hub and do your holiday shopping Fairview-style—no stress! Free to attend, so just drop by.

Coptic Stitch Hands-On Bookbinding Class

Sunday, December 16, 1-5 pm

Learn the art of Coptic Stitch bookbinding. This style of book is known for its ability to lie flat when open, lending itself to writing and drawing with ease. The class will cover each step of the process: covering hardback book board, preparing pages and signatures, and sewing the signatures into a book. Participants will leave with a finished book (\$40 value), reference handouts, and the skills to continue the craft on their own. Registration includes \$15 materials fee. Additional material sets will be available for purchase for those wanting to make books for gifts. Visit thepatchworkunderground.com/workshops.html to register. Cost is \$75. Taught by Alyssa Sacora of Patchwork Underground. **Must preregister.**



To register for any classes or workshops,

email thehuboffairviewnc@gmail.com, call 628.1422, stop by the shop at 1185 Charlotte Highway in Fairview, Monday-Friday, 11am -5pm or Saturday 12-4pm. If you are dropping off payment, the blue dropbox on the outside wall is open 24/7.

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20 Farm View Road, Fairview | \$1,439,000 | MLS# 3329899

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- 356' road frontage
- City water available
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- Great Fairview location



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3-bedroom, 2.5-bathroom Swannanoa home. Private setting with mountain views.
\$495,000. *MLS 3426959*

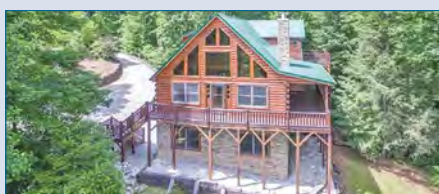


Adorable 2-bed, 2-bath Swannanoa home. Spacious/private back yard, mountain views from front porch. \$175,000 *MLS 3418155*



4-bedroom, 3.5-bath Asheville home in the Eastmoor neighborhood with .85 acres.
\$479,000 *MLS 3411208*

GATEWAY MOUNTAIN COMMUNITY



3-bed, 3-bath log home with views on 4+ acres. Includes creek and waterfall.
MLS 3239865 \$575,000



1-bedroom, 1-bathroom Biltmore Forest Home with 1.64 acres of land.
\$845,000 *MLS 3330312*



3-bedroom, 3.5-bathroom Asheville home on over 5 acres.
\$499,000. *MLS 3425808.*

LOTS AND LAND



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.92 Acres in Briar Ridge.
\$85,000 *MLS 3296442*

Cul-de-sac lot in Moores Valley neighborhood in Leicester. 1.10 acres and mountain views. \$50,000 *MLS 3406765*

Rambling Ridge Road lot, 2.45 acres
\$240,000 *MLS 3419220*

6.5 Acres in Chestnut Mountain Subdivision \$265,000 *MLS 3324420*

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Hurricane Season Finally Draws to a Close

Hopefully, Hurricane Michael was the last storm of the season to bring devastation to the southeast. The storm struck near Mexico Beach, Florida, as a Category 4 storm with sustained winds of 155 mph (156 mph is Category 5). It was the fourth strongest on record to make landfall in the continental US, behind only the Labor Day storm of 1935, Camille (1969) and Andrew (1992). It was the strongest storm on record to hit the Florida Panhandle and the name will be officially “retired” at the end of the season. Preliminary damage estimates for insured losses from Michael are \$8 billion to \$10 billion, and total losses will run much higher.

The official end to the hurricane season is November 30. Since 1950, there have been 37 named tropical storms and hurricanes in November, which equates to about one every other year. The majority of these storms affect areas in the Caribbean. Hopefully, this November will be a quiet one for us.

We also finally got our leaf color changes, which started late this year, along with our first push of fall temperatures, beginning about mid-October. Color change is mostly a function of sunlight. The bright colors of autumn leaves and the subsequent drop of those leaves are a precautionary tactic used by trees to



Adults rake leaves, and kids play in them!

protect themselves during the rigors of the winter season. As the amount of sunlight diminishes with the onset of autumn, trees shut down activity in their leaves, drawing in the sugar and protein stored there and ceasing to produce chlorophyll. The colors that remain in the leaves are carotenoid pigments that were there all along but were masked in the warmer season by the bright green of the chlorophyll cells. Leaf fall begins when hormones stimulate a layer of cells at the base of each leaf stalk to die and form a seal between the leaf and its branch. As those cells congregate and die, they form a corky layer of dead tissue. When the seal is complete, it takes only a light breeze to separate the leaf from the tree and send it spiraling to the ground. This is the month for kids to get out there

and build forts from the blanket of leaves that drop in our yards and properties!

Usually at this time of year, interests change from wet to white, and folks start to look at prospects for the winter. We’ve had very few early-season cold snaps to start the fall, but I suspect there will be plenty to come.

Temperatures continue to drop as we head through the month, with average highs about 63 at the start of November and then dropping to 53 by month’s end. The lows drop from 40 at the start of the month to a frosty 32 by month’s end. The warmest day on record was 83 degrees on the first of the month in 1950, and the coldest was a numbing 8 degrees on the 25th—also in 1950. In any given November about an inch of snow falls across the area.

In general, many meteorologists believe we are going into an El Niño event this winter. This typically means that winter and early spring temperatures are cooler than average with above-average precipitation in the central and eastern parts of the state and drier weather in the western

WEATHER WONDER



Which date of the year has the earliest sunset, and why?

Check this space next month for the answer!

part. (La Niña, in comparison, usually brings warmer than average temperatures with above average precipitation in the western part of the state while the central and coastal regions stay drier than average.)

For a winter forecast, you can go traditional—the woolly worm or the Farmer’s Almanac—or a more scientific route, such as NOAA’s long-range winter forecast. You can visit bit.ly/2IW1yaA to see some links to sites I have gathered that have winter forecasts. If you search “2018-2019 winter forecast” online, you’ll find many other options. And there are interesting things on Youtube and Twitter, too. Ray’s Weather (ashevilleweather.com), a site specializing in Asheville-area weather, usually issues a winter forecast sometime in the fall as well.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

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Common Cold Treatments Demystified

With cooler weather often comes illness. In addition to potentially deadly illnesses like the flu—remember to get your flu shot!—the common cold can be rampant this time of year. According to the Centers for Disease Control, the average adult will have 2 to 3 colds per year, and these colds are the main reason adults miss work and children miss school.

Fortunately, common cold symptoms in otherwise healthy individuals will go away on their own in about seven to 10 days. The best treatment is rest, but if that is not possible there are some medicines that help. Over-the-counter medications do not usually shorten the duration of symptoms, but they can be helpful in lessening the severity of them. However, the cough and cold aisle of the pharmacy can be quite overwhelming, as many products contain ingredients that may or not be necessary for your symptoms. Examining the ingredients of over-the-counter medications is important.

Pain Relief

Pain relievers can improve the body aches and pains that often accompany a cold. The most common pain relievers are acetaminophen (Tylenol), ibuprofen (Advil, Motrin) and naproxen (Aleve). You will also find these medications as active ingredients in many multi-symptom cough and cold



products. Heavy drinkers of alcohol should be especially careful with acetaminophen, taking no more than 2,000 mg total in a day, and the manufacturer recommends all others take no more than 3,000 mg in a day. At doses higher than these, acetaminophen can be toxic to the liver. If you choose to take multiple over-the-counter products, it is extremely important to look at the acetaminophen content of each one to make sure you do not get too much.

NSAIDs

Ibuprofen and naproxen are in a family of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). These medicines are also very effective at treating pain from the common cold. However, these

medicines should be taken cautiously because they can increase risk of bleeding with heavy use. Anyone taking aspirin or other blood thinners should be very cautious about using NSAIDs.

Decongestants

Decongestants help to clear your sinuses and nasal passages when you are sick. There are two main decongestants: pseudoephedrine (Sudafed) and phenylephrine (Sudafed-PE). Of these, pseudoephedrine is less accessible because it is kept behind the counter at pharmacies. It can be abused, so you must present identification to purchase it. Phenylephrine is less sought after for illicit purposes, so it can be found in pharmacy aisles and purchased without identification. Both medicines, however, can increase blood pressure, so they should be avoided by those who already have high blood pressure at baseline.

Antihistamines

Antihistamines are traditionally used for allergy symptoms, but they are also helpful in treating runny noses and sneezing caused by the cold. The most common antihistamines found in over-the-counter cold medicines are diphenhydramine (Benadryl) and chlorpheniramine (Chlor-Trimeton). The most important thing to know about these ingredients is that they

are sedatives and often found in “night-time” cold medicines. The sedation can be risky for some people, especially older adults or those taking certain medicines such as benzodiazepines for anxiety.

Newer antihistamines such as cetirizine (Zyrtec), loratadine (Claritin) and fexofenadine (Allegra) can also help with runny noses and sneezing but are not as sedating as diphenhydramine- or chlorpheniramine-containing products.

Cough suppressants help to quiet the dry, hacking cough that often lingers after other cold symptoms have resolved. The most common ingredient for cough suppression is dextromethorphan (Delsym). You will commonly find this medicine combined with those above in products advertised to treat multiple symptoms.

Expectorants help to loosen mucous so that it is easier to cough up. The most common expectorant you will find in the pharmacy is guaifenesin (Mucinex). Similar to dextromethorphan, this medicine is frequently found combined with other ingredients in multi-symptom products.

Never hesitate to talk your pharmacist or provider if you are not sure product would be the safest and most effective for you.

Irene Ulrich is a clinical pharmacist at MAHEC Family Health Center at Cane Creek.

Grateful for gifts big and small



Happy Thanksgiving



Family Health Center *at* Cane Creek

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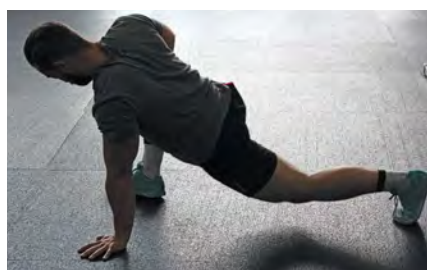
The Facts about Running and Arthritis

Running is a great form of exercise that provides many health benefits. It improves cardiovascular function, increases bone mineral density, releases hormones, and improves muscle strength. It is inexpensive and can be done in different settings. There is a misunderstanding or mistaken belief that running causes arthritis. This is not true.

Arthritis is one of the most debilitating diseases that affects millions of people. It develops from an injury to a joint or a joint that is affected by a systemic disease. Normal running without any muscle imbalances does not injure the knees. In fact, studies show that moderate-intensity running reduces joint swelling and has a protective effect on cartilage. Running on healthy knees will not cause them to deteriorate or cause arthritis. It is important that muscle imbalances do not develop in order to maintain proper running.

Running Program Considerations

1) Consider what type of surface you are running on to reduce the amount of joint impact. Dirt, mulched trails, and asphalt are softer surfaces than running on concrete. 2) Small changes in running technique can alter the amount of joint loading and reduce the chance of developing muscle imbalances. 3) Change your running shoes every 300 to 400 miles or every 6 months. 4) Be consistent



Stretch before and after running.

with warming up and performing stretches before and after running. 5) Start small and gradually increase time and distance. Don't suddenly increase mileage or intensity. 6) Allow enough rest in between running days. 7) Running can aggravate a previous injury. 8) If pain develops, stop and cross train to keep active until the pain subsides.

If pain persists, consult your doctor for a strength and flexibility assessment to check for muscle imbalances. Some physical therapy clinics can perform running assessments with wearable technology, and the data collected can reveal imbalances. Because the sensors are wearable, the running assessment can take place on your preferred running surface and not on a treadmill.

Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. avorahealth.com

Get Help Paying for Your Prescriptions

You really know you need help if your money is long gone before the end of the month or you're trying to decide between groceries or prescriptions. Paying for prescriptions is perhaps the single greatest stress on a senior's paycheck. Since 2003, Part D Rx plans have helped somewhat but still there is the premium, deductible, and copays when buying prescriptions. So what do you do when you can't live without your prescriptions but can't afford them either? Fortunately, help is available.

What Is Extra Help?

If you have limited income and resources, are receiving Medicare, and reside in one of the 50 states or the District of Columbia, you may qualify for Extra Help, a government program to pay for some health care and prescription drug costs associated with Part D plans. Drug costs in 2018 for people who qualify will be no more than \$3.35 for each generic drug and \$8.35 for each brand-name drug, including through the coverage gap (the "donut hole"). Benefits may also include paying part or all the Part D deductible and premium. The Extra Help program is estimated to be worth about \$4,000 per year. Many people qualify for these big savings and don't even know it.

How Do I Qualify?

After you add up your combined savings, investments, and real estate, you can qualify for Extra Help in the following cases: your total worth is not worth more than \$28,150 if you are married and living with your spouse; or your total worth is not more than \$14,100 if you are not currently married or not living with your spouse. Resources include such things as bank accounts, stocks, and bonds. Not counted are your home, car, or any life insurance policy.

Annual income must be limited to \$18,210 for an individual or \$24,690 for a married couple living together. Even if your annual income is higher, you still may be able to get some help—for example, if you have a higher income but support other family members who live with you.

How Do I Apply?

It is easy to apply for Extra Help. Apply online at socialsecurity.gov/extrahelp or call Social Security at 800-772-1213. You can also apply at your local Social Security office. They will have the latest information and will let you know if you qualify.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or 275-5863.



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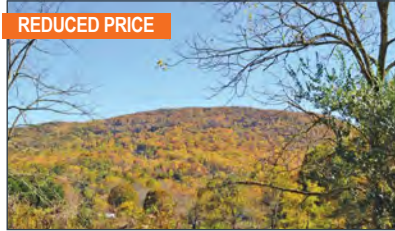
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Me, My Dad, and Johnny: A Tale of Two Heroes

The father of my youth was a tough, emotionally lean man. In the 17 years that I lived with my parents, I never saw him dance with my mother, hug or kiss her, or even hold her hand. Not once. My sister and I fared a little better. I was told that he wasn't like that before he went off to fight in WW2. The army took a few years of his life and gave him back a chest full of medals and a scarred psyche from seeing things that shouldn't be seen and doing things that I cannot imagine. For reasons only known to himself and his God, instead of displaying his medals for all to see, he kept them in a shoebox high in the closet as if they held little importance in his post-war life. He didn't need to talk about them. He didn't need accolades. He had just done what needed to be done. I guess that's what real heroes do.

It's been 31 years since he passed and I still miss him every single day. In fact, for some reason I find myself missing him more the older I get. Sadly I only have a handful of pictures of us together. Perhaps as I approach the age that he died, I have a clearer understanding of the man, what he must have gone through in the war, and the pressures of supporting a family of four. Just last week I found myself in tears at the thought that I'll never see him again in this life or hear his voice. I wonder if he'd be proud of me.

He was raised old school. While I know my father loved me, I have few memories of father-son activities. I do remember

February 21, 1963 was a chilly but sunny day. My dad, who was supposed to be at work, walked through the door near lunchtime. He never took days off so something was up. 'Let's go get something to eat,' he said. Minutes later, we pulled into a Shoney's restaurant that was having a grand opening.

him taking me fishing a few times, having a catch now and then, and him teaching me how to make homemade ice cream in one of those hand-crank machines that was required of every household in the '60s. And the few times he took me for rides on his motorcycle changed me forever. I wish I had thanked him for the effort he put into fatherhood. My guess is a simple "thank you" would have meant a lot to him.

I thought I was a normal kid, but my mother tells me I was a loner and explorer from birth. My favorite pastime? When I wasn't riding my bicycle, I was exploring "the woods" behind our house in



Two heroes: Sgt. James D. Finley of the 824th in France in 1945, and Johnny Weissmuller as Tarzan.

east Nashville. It was my own personal jungle in the middle of an ever-expanding suburbia. I spent endless hours alone in the woods building forts and tree houses, swinging on grape vines, and enjoying the freedom and independence that only wilderness solitude brings. In hindsight, it's clear now that I was trying to live like my hero, Tarzan, played by Johnny Weissmuller. I wanted to be Tarzan. I wanted a chimp. I wanted Jane. I tried to yell like him. I remember taking off my shoes and shirt and running the various wooded trails as fast as I could with my opened pocketknife in my hand because I'd seen my hero do it.

This brings me to one memory with my father that stands out above the rest.

February 21, 1963 was a chilly but sunny day. My dad, who was supposed to be at work, walked through the door near lunchtime. He never took days off so something was up. "Let's go get something to eat," he said. Minutes later, we pulled into a Shoney's restaurant that was having a grand opening.

There was a large crowd in the parking lot, at least a hundred people, but they weren't in line for burgers. We joined the crowd and slowly but surely moved closer toward its center. I asked my dad what we were doing, and he just said, "You'll see." Finally the crowd parted and standing in front of us was the one and only Johnny Weissmuller.

Apparently he was making appearances at Shoney's restaurant openings that year. Easy money, I suppose, for the actor on the backside of his career. He was 59 at the time but looked young with thick, dark hair and broad shoulders. Still an athlete. He was the tallest man I'd ever seen.

My dad walked over to him, put an arm



over, stuck out his hand and said, "Nice to meet you, little man. I'm Johnny." I was so star-struck that I didn't say a word, although I am sure the massive smile on my face spoke volumes. I shook his massive hand. It was a damn fine handshake—one I've never forgotten.

Looking back after all these years I now realize that my dad had planned it from the start, probably days or weeks in advance. He had taken off work specifically to take me to see my hero. This is the stuff a little boy's dreams are made of. A memory for all time.

While my father didn't tell me he loved me very often, I never doubted it. He was always there for me and, now and then, on days like February 21, 1963, the words weren't even necessary.

(So how did I remember the exact date we met Weissmuller? I didn't. I contacted Shoney's and they have an aging "historian" on staff who has been with the company since day one. She researched the opening at that particular location and had the date within a few hours. I was 8. My dad was 42. Weissmuller was 59.)

Jerry Finley is the owner of Pirates' Lair Motorcycle Accessories in Fairview. The original, unedited version of this story can be found on his website at pirateslair.net/Johnny.htm

around the legend's shoulder like they were old friends, and whispered something in his ear. Immediately Weissmuller turned and looked down at me, leaned



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Even entirely volunteer-run organizations can use more volunteer help. We had two groups of school-age volunteers from Asheville Youth Ministry help us out recently for two days over the summer. The first group gave the pantry a good house cleaning. The second group came into the pantry on another day and helped stocked the shelves of the pantry with donated items.

Our Radio Flyer collection wagon is now at The HUB, at 1185G Charlotte Highway, Fairview. The HUB is open Monday to Friday, from 11 am-5 pm and Saturday, from 12 pm-4 pm. At the pantry we have even stricter restrictions than MANNA Foodbank about what we will put on the shelves for our clients. This is for the protection of our clients. We will not put on our shelves items that are too far past their expiration date. On a recent donation at The HUB, there was a can of soup with an expiration date of September 2007! If it is older than one year, we can only throw it away.

We are grateful for our donors, and we are not expecting them to examine everything that is donated, but if you are aware that something is well beyond the expiration date or it has been previously opened, think twice before donating. On most cans of soup and vegetables the expiration date is printed on the bottom of the can. Sometimes, however, the date is not easy to find.



One of the volunteer groups that helped out over the summer

We recently received a great donation of baby food. The expiration date was finally found on the lip of the resealable metal lid of the jar. In this case, the date was fine and we put it on the shelf.

I once volunteered with a preacher at MANNA Foodbank. He said he grew up poor and people would give his family food. His mother would look for the expiration date and say, "If the people giving us these items wouldn't eat it, just because we are poor doesn't mean we will eat it." Our goal is to provide good, safe food to our food-deficient neighbors in our community of Fairview.

Jeff Cole is the Executive Director of Food for Fairview, a tax-exempt 501(c)(3) corporation. For more information, call 628-4322 or go to foodfairview.org.

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How to Improve Your Home Office

Working from home: Is it an advantage or hindrance? For many people, it sounds like an ideal situation, avoiding a commute and time wasted shuffling around a crowded office. For others, working from home may spark some hesitation, with the ever-present distractions of household chores or Netflix.

I recently did a home office evaluation for a client who works out of a small home, in a tight corner of his master bedroom, with his wife and three very young and energetic children also at home during the day. His home was pure chaos—that is, until you walked into his office space, which felt like a sanctuary. Every workday, he shoved pillows up against the door to mute sounds of children screaming, took a deep breath, and ran a successful business out of his home. His ability to work from home undoubtedly had much to do with careful consideration and modification of his physical workspace.

Ideally, a home office space should maximize productivity and efficiency but also emphasize personal well-being by boosting mood and energy levels and reducing aches and pains that come from prolonged or repetitive work. Here are tips to improve your home office.

Use a designated workspace.

Experts recommend the use of a designated workspace in a quiet part of the home. Keeping your work in a designated space pro-

motes consistency and lessens the potential for distraction. Although it can be tempting, avoid working from the couch or bed, as this promotes poor body mechanics and can lead to neck and back discomfort over time.

Make deliberate art choices. Align your personal work demands with the type of art on the walls. If your job requires a high level of energy, alertness, and creativity, choose abstract art with movement and bright, energizing colors like reds, oranges, and yellows. If you are dealing with challenging or high-stress situations in your work, consider natural elements in the soothing blues or greens. When choosing wall color and decor, delve into the psychology of color to elicit specific thoughts and feelings when you walk into the space.

Bring nature indoors. Extensive research supports the countless benefits of bringing the outdoors inside. A view of nature replenishes our mental resources, enhances creativity, and reduces feelings of isolation. If your home office lacks a natural view, a few houseplants can do the trick. Studies show the numerous advantages of plants in workspaces, including improving air quality, mitigating noise, and even boosting productivity.

Organize the desk space for efficiency. Frequently used items should be within easy reach so that you can work with greater efficiency but also avoid repetitive

or awkward postures that involve bending, twisting or stooping. Place your phone on your dominant side to limit awkward cross-body reaching. Consider using a document holder, storage caddy, or vertical files to make better use of limited space.

Sit ergonomically. Attention to ergonomics reduces the risk of developing work-related musculoskeletal disorders. The common office chair is typically adjustable but seldom appropriately fitted to the person. When seated in front of a computer, you should have feet flat on the floor, shoulders relaxed, forearms parallel to the floor, and wrists in a neutral position. A space of at least two fingers' width between the back of the knees and the seat pan, as well as avoidance of crossing the legs, ensures good circulation to the lower extremities.

Take regular movement breaks.

There are ample opportunities to get up and move when working from home. Make it a goal to get out of your chair at least every 30 minutes, even if it's just to let the dog out or toss in a load of laundry. Consider getting up and pacing during phone conversations, which also adds confidence to your voice. You can better commit to movement by using strategies like a timer or Post-It reminders. Another way to say "no" to the chair is by using a sit-stand workstation, which is becoming increasingly popular as the negative health benefits of sitting are being exposed. Desk-mounted sit-stand risers are a relatively

inexpensive option for those with hesitations on making big furniture changes.

Optimize environmental conditions. Environmental conditions like noise, temperature, and lighting all have an impact on our nervous systems and work performance. Irregular sound and noise can be distracting and cause errors. Consider using headphones or a white noise machine, especially for tasks that require a high degree of concentration. The ideal temperature zone for productivity and reduction of errors is 69.8 to 71.6 degrees, with peak performance at 71.6 degrees. Make sure you have adequate task and ambient lighting. When at all possible, take advantage of natural lighting, which also provides orientation information and enhances mood. Exposure to daylight regulates our circadian rhythm, ultimately contributing to less fatigue during the day and better sleep at night.

Working from home is a great option and is becoming increasingly common and widely accepted by many workplaces. Creating your "just right" workspace not only increases your personal comfort and work performance but also extends beyond the work realm into daily life and function.



Dr. Nikki Weiner, OTD, OTR/L, is a licensed occupational therapist and co-founder of The Rising Workplace. She performs workplace ergonomic assessment, consultation, and training. nikkiw@risingworkplace.com

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Saving One of the Seven Sisters

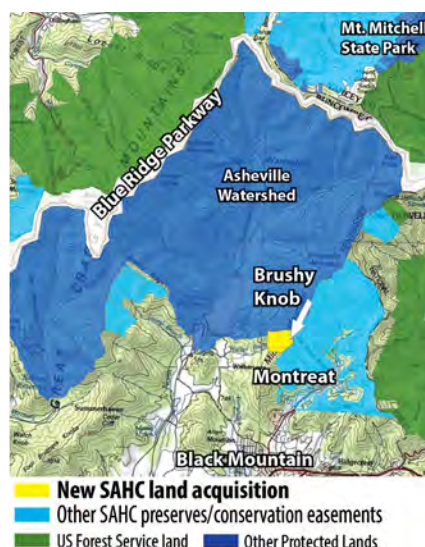
North of I-40, a group of mountains preside over the surrounding landscape like venerable elders sharing secrets. Although officially named the Middle Mountains on USGS maps, this tight cluster of peaks near Greybeard Mountain is more commonly known as the Seven Sisters. These mountains form a prominent, beloved part of the view from Black Mountain, the Craggy Mountains, and the Swannanoa area east of Asheville.

This year the Southern Appalachian Highlands Conservancy (SAHC) purchased 123 acres to permanently protect the western crest of Brushy Knob, one of the Seven Sisters. It is the third “sister” in the chain of summits straddling the Asheville watershed and Montreat, counting from the southwest to the northeast. Brushy Knob is also known as Big Piney.

“Our purchase of this tract will protect the western flank of Brushy Knob from ever being developed,” says Carl Silverstein, SAHC’s executive director. “Its eastern slopes are already protected by a conservation easement that we have held since 2004 on the 2,450-acre Montreat wilderness.”

Tucked in a corner between the vast protected areas of the Asheville watershed and Montreat Wilderness (which SAHC began protecting in 1998), the newly purchased Brushy Knob preserve encompasses forested slopes, rock outcroppings, and the summit of Brushy Knob itself (over 4,160 feet in elevation).

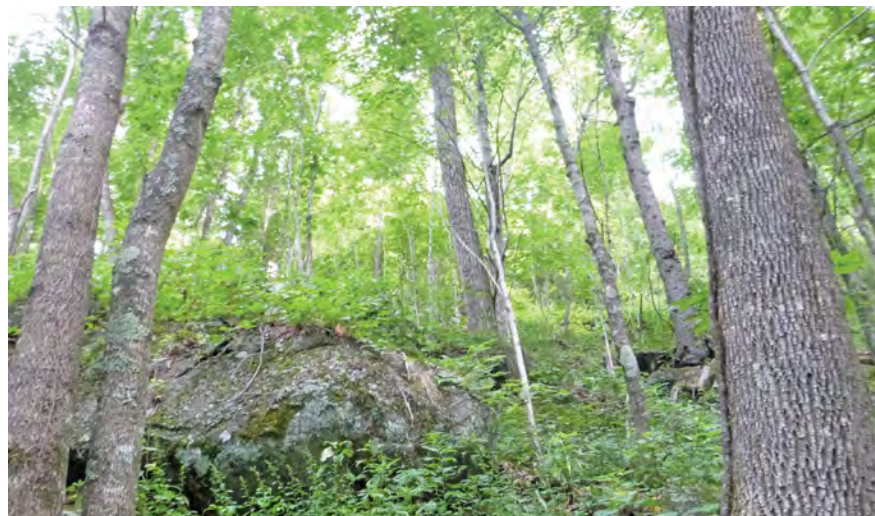
“We love the beauty of the steep slopes, the unique rock formations, the lovely stands of a variety of old trees, and the quiet of the forest at higher altitudes,” say the former owners of the land, Jim and Marcia Verbrugge. “We wanted to preserve it as it is for the enjoyment of future gener-



ations. The SAHC is the best organization to accomplish this, and we are pleased to have the opportunity to work with them.”

SAHC plans to own and manage this property for the long term as a nature preserve. It contains multiple headwater tributaries and more than a half-mile of Walker Branch, which flows into the North Fork of the Swannanoa River. It adjoins hundreds of thousands of acres of contiguous, protected land in the Black Mountains, which include the Asheville Watershed, Pisgah National Forest, Mount Mitchell State Park, and the Blue Ridge Parkway.

SAHC’s acquisition of the land protects important biological and ecological areas, including a portion of the Audubon Society’s Black and Great Craggy Mountain Important Bird Area. According to the Audubon Society, 91 species of nesting birds have been recorded in this Important Bird Area, including the Northern Saw-whet Owl.



The newly purchased preserve encompasses forested slopes, rock outcroppings, and the summit of Brushy Knob itself. The Stanbecks (inset) wanted to preserve it for future generations.

The purchase was made possible by a generous donation from Brad and Shelli Stanback and several generous SAHC members who have asked to remain anonymous. The former landowners made a significant contribution of land value, as they sold the property to SAHC for less than half its appraised value. They also made a major gift for the transaction costs and long-term stewardship of the new preserve.

“We are deeply grateful to Jim and Marcia for being so committed to seeing their land protected forever,” adds Silverstein.

Angela Shepherd is Communications Director of the Southern Appalachian Highlands Conservancy in Asheville. She can be reached at 253.0095 ext. 200 or by email at sahc@appalachian.org. To join in saving the places you love, visit Appalachian.org



Volunteers and staff from September’s clean-up rest in front of the trailhead after a completed day of work. From left: Todd Johnson, Emily Powell, Hannah Phillips, Olivia Dannemiller, and Duane Bowker.

Florence Nature Preserve Monthly Clean-Up

On the final Friday of every month, volunteers and staff from Conserving Carolina meet for an invasive species clean-up at Upper Hickory Nut Gorge Trail (3836 Gerton Hwy, Gerton) in the Florence Nature Preserve. The removal of invasive species is integral to keeping the wilderness of WNC healthy and attractive. This act and other forms of habitat restoration are a key priority for Conserving Carolina, a non-profit organization that works—through programs like this—to protect a number of preserves across southern WNC.

As a volunteer at these events, you are given the opportunity to enjoy the beautiful, mountain scenery and a behind-the-scenes look at how a nature preserve is maintained. You will learn about the identification and removal of invasive species—knowledge you can put to work at your own home! These volunteer events are also a great opportunity to meet others with a shared passion for the outdoors and its protection.

The work involved in an invasive clean-up isn’t terribly strenuous. However, it does involve stepping into the brush, so be sure to bring close-toed shoes, long pants and other clothes suitable for outdoor work; all other equipment will be provided. It is also recommended to bring lunch and plenty of water as clean-up events last from 10 am to 3 pm.

For more information about this (or any other) event, contact Olivia by email at volunteer@conservingcarolina.org or by phone at (828) 697-5777 ext. 211.

The Crier thanks Andrew Dundas for attending this event and writing about it for us.

Everything You Always Wanted to Know About Raising Chickens

We received our annual fall shipment of chicks the second week of September. We order chicks in the fall instead of in the spring so that they reach laying age about the time we start markets in the spring. This year, as in most years, we ordered something new: New Hampshire Reds. Over the 10 years Andy has been raising hens for egg production we've had about that many breeds of hens (our only repeat being Buff Orpingtons, the breed he started his operation with).

Here are the steps involved in raising chicks to hens. (We only order hens because we only want eggs. If you want a meat product it's much cheaper to order just males. Of course, it's not that unusual to get the odd rooster with your chick order, so be thinking of what happens to him in the long term.)

The first phase is deciding what kind of chickens to order. We always buy brown egg layers because folks at market expect brown eggs. Nutritionally brown and white eggs are the same. The nutritional differences people think of come from the differences in the nutrition the hens receive while producing the egg. A hen given access to the outdoors has a more varied diet than a cage-raised hen and therefore the eggs are more nutritious and flavorful. We also usually pick non-sex link hens. The older breeds tend to be more savvy to dangers in a free-range setting. The downside is they are generally heavier-bodied and therefore take longer to reach egg-laying age. An upside is that they are generally too heavy for hawks to carry away.

Next comes prepping a location to house the chicks until they have true feathers and can maintain their own body temperature. We have a large bin that we set up in a room of our rabbit barn for this purpose. The chicks will need heat lamps to keep them warm for about the first six weeks (and sometimes longer depending on the weather). We use two heat lamps: one white just for heat and one red for both heat and to keep the chicks from picking at each other. We line the bin with paper because certain kinds of shredded bedding can be toxic to the chicks. The paper is renewed daily because chicks are pretty messy between pooping, spilling feed and water, and scratching the floor (chickens as adults scratch to uncover food in the wild).

In the early days, most chick death is due to heat issues. The chicks can get so cold that they die if a heat lamp fails. Even if they survive the lamp failure, the chicks are susceptible to what's called pasty butt. The temperature shock causes stress that leads to a pasty excrement that can harden and block the elimination of waste products. We check daily for pasty butt in the first couple of weeks because even slight temperature changes can trigger the problem. If we find a problem, we slowly and carefully clean chick bottoms with warm water and a cloth.

After the danger of pasty butt passes, the chicks are fairly hardy. The weeks pass and we change paper, increase feeder and



waterer sizes, and start mixing feed. Chick starter is the first food the chicks receive. Its protein content is anywhere from 18 percent to 24 percent. As the chicks grow their need for protein decreases, but there is no availability of crumble (smaller bits of food) with decreasing protein content in our area. We've learned over the years to use a Pearson Square to make up feed ratios of starter crumble and cracked corn to fill that need. Every two weeks or so we have to calculate a new ratio for the chicks. If chicks receive too much protein it can lead to leg and foot deformities, so this step is fairly important to their growth and development.

Once the chicks have true feathers, they can be moved outdoors to our moveable chicken tractor (a chicken coop on wheels). The chicks will call this structure home until they actually start to lay eggs. We keep them separated from our older hens for several reasons. First, there really is a pecking order and the little ones just would not be able to stand up to the full-grown girls. The second reason is a feed issue. The laying pellet we give our full-grown hens free choice (meaning we keep a feeder of food available for them at all times for those days when it rain, snows, or food is just not readily available due to the season) is too high in calcium for the chicks. The hens need that calcium for making strong shells. Since the chicks aren't laying eggs, they would need to excrete the excess calcium, which is hard on the kidneys.

When we find those first eggs in the chicken tractor, we know it's time for the final move for the pullets. These first eggs can be kind of weird as the bird's body has to develop the correct steps and timing for making an egg. It takes about 26 hours to make an egg and several stages have to occur in the correct order to make an egg as we know it. During these early days, we find very small eggs and eggs with all kinds of steps skipped or doubled up. We'll get eggs with double yolks, no yolk, and sometimes no hard shell (just the membrane that is on the inside of the shell).

This is when we know it's time to integrate the pullets in with our older hens in

the large moveable chicken tractor. We go out after dark one night and move all in the small tractor to the large one. During the day before we do this, we place a temporary water and feed system in the large tractor. The next few days are the only days of the year that you won't see chickens free ranging on our farm. Once the new birds go in, we keep all of them penned up for about three days. This lets the new girls get their bearings in the pecking order and also teaches them this is now their new home come nightfall. After the first few days, most of the new girls fall right in with the flock. Occasionally, if a bird is low on the pecking order, she'll spend a few evenings going back to the old small tractor. We leave it open and will check it in the evening before closing up the big tractor for the night. After a few times of being moved back into the large tractor again, the reluctant hen will learn to put herself up like the rest of the girls.

Thus the cycle of renewing the flock is complete. We do this every year because there are losses to the flock over the course of every year. Some of the girls die of old age. Others fall due to predation to carnivores such as possums, raccoons, bobcats, fox, coyotes and bear, which was new for us this year. Sometimes we lose a large number of birds at once to a wandering dog. Dogs are very destructive to chicken flocks because they kill for sport once the chickens get excited, and they can wipe out an entire flock in a few minutes. Most of our other predators only kill one bird at a time because of hunger.



An example of a chicken tractor IMAGE VERMONTVICTORYGREENHOUSES.COM

Many people ask why we don't hatch our own chicks. There are several reasons. One is because we keep several breeds of hens at all times, so we would get mixed-breed offspring. This isn't always a bad thing, but it can eventually be a problem. For a long time we didn't keep any roosters because they can be extremely aggressive, especially with small people. If you don't have a rooster there are no fertile eggs, so for years we only had unfertilized eggs. As Andy got older and could handle a rooster, we decided to try keeping one to help protect the flock. In addition, a rooster will sometimes keep the girls from being too aggressive in keeping the pecking order. Once we had a rooster,

we decided to try hatching some of our eggs.

Hatching eggs doesn't seem like it would be difficult—just let the hen take care of it, right? In our quest for a hen that lays a lot of eggs in a year, we found out that chicken breeders specifically bred out the desire to sit on eggs for 21 days straight (only leaving once a day for a drink of water and a peck of whatever food is close by). So now most chicks are hatched mechanically. We got a small incubator, collected eggs until we had 24 in the incubator, and then started it up and waited. Sounds simple enough, but unlike mother hens, incubators can't rotate eggs, accurately maintain temperatures, or humidify the air (large commercial incubators can but tabletop versions are not so user-friendly). So several times a day, we had to check temperature and humidity and at least once a day we rolled the eggs around some. You do this for 21 days. At about day 18 or 19 you start to hear little peeps if everything is coming along.

Here's how things worked for us. We put 24 eggs in the incubator. We had 14 eggs hatch. After 24 hours, we had 12 chicks that survived. We raised those 12 chicks to 12 weeks of age to find out that 10 of our 12 chicks were roosters. We are not making many eggs with 10 roosters! It was an awesome experience but not sustainable for a business.

So after 10 years of raising chicks, that's the plan. Sometimes it works better than others. One year about half the chicks had foot issues. We had fed them the same as all the other groups, so we think it might have

been a genetic problem. Another year, the hatchery sent chicks that turned out to be about 25 percent roosters instead of all hens. There was the year we shared an order with a neighbor and had the chicks sent to her. She placed them on cedar shavings when they arrived and every single chick died. So no plan is perfect but we feel we've gotten better at every batch. We even managed to keep all the chicks alive during a power outage the first week we had them this year.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. imladrisfarms.com

☆☆☆ **UPDATED & REVISED** ☆☆☆

In our October issue, we left off a few races and misidentified the district number of one of the state senate races. We regret the errors. Please review this revised and updated voting guide.

The Midterms Are Here: Get Out and Vote on November 6!

EARLY VOTING

The one-stop "in-person" absentee voting process permits voting at any designated early voting locations prior to election day. *No photo ID is needed.*

Dates/times for all sites October 17-November 3

Weekdays: 7 am-7 pm

Saturday and Sunday: 12-5 pm

November 3 (Saturday): 8 am-1 pm

Local early voting site

Fairview Library – 1 Taylor Road, Fairview

Absentee voting

For active duty military and family or US citizens living abroad, go to FVAP.gov and follow the absentee ballot instructions to receive a ballot. Call 250-4222 with questions.

PARTY INFO

Buncombe County Democrats
buncombedems.org 274-4482
facebook.com/BuncombeDems

Buncombe County Republicans
buncombegop.org 253-5800
facebook.com/buncombegop

Buncombe County Libertarians
lpbuncombe.com phone: N/A
facebook.com/LPBuncombe



U.S. AIR FORCE PHOTO: AIRMAN 1ST CLASS JANINE THIBAUT

All others may request an absentee ballot for any reason as long as they complete a request form (bit.ly/2xmvA2w) and return it:

Mail: P.O. Box 7468
Asheville, NC 28802
Scan/email: absenteeballot.request@buncombecounty.org
Fax: (828) 250-6262
In person: 77 McDowell Street, Asheville

Once your form has been received, an absentee ballot will be mailed. Absentee ballots must be postmarked on or before November 6 and received by November 9 at 5 pm.

(A voter or voter's near relative may

also request an absentee ballot at the 77 McDowell Street office.)

Find your district

To confirm or find your senate and house districts, go to vt.ncsbe.gov/RegLkup and enter your name, then click on your name on the next screen. (You may also call the county's voter registration specialist, Joyce Kanavel, at 250-4209.)

REGISTRATION

The deadline to register was October 12. If you didn't register by that date, you may only vote through early voting.

College students

College students can register and vote in the jurisdiction of their residence. If a college student considers his or her school address to be his or her residence, the college student may register and vote in the county where the school is located.

LIVE IN HENDERSON COUNTY?

For our readers who live in Henderson County, please visit hendersoncountync.gov/elections for more information.

OUR COVERAGE

We are not able to highlight every race and candidate that will appear on your ballot.

Not appearing in this guide are the following races:

- NC Supreme Court Associate Justice
- NC Court of Appeals
- NC Superior Court Judge
- NC District Court Judge
- Buncombe County Clerk of Superior Court
- Buncombe County Soil and Water Conservation District Supervisor
- Buncombe County Schools Board of Education, Enka District
- Buncombe County Schools Board of Education, Erwin District

You can research races and candidates at the following websites, which all claim to be nonpartisan: Votesmart.org, RealClearPolitics.com, Ballotpedia.org, and PolitiFact.org.



On the Ballot: Six Proposed State Constitutional Amendments

In order for the legislature to put a proposed amendment on the ballot, it must be approved by a 60 percent majority of both the legislative chambers. Once on the ballot, constitutional amendments must be approved by a majority of the electorate.

The summaries of the proposed amendments are taken from Ballotpedia.org, a non-partisan political website, and may be different on your ballot*. You can also read Rep. John Ager's comments on these amendments in the September issue of the *Crier*. The *Crier* does not claim authority on these issues and purposely stays apolitical. You'll vote either "Yes" or "No."

Right to Hunt and Fish

If approved, the ballot measure would establish a state constitutional right to hunt, fish, and harvest wildlife for the people of NC. It would also declare that hunting and fishing are the preferred means of managing and controlling wildlife in NC.

North Carolina Marsy's Law Crime Victims Rights

If approved, the ballot measure would strengthen protections for victims of crime, establish certain, absolute basic rights for victims, and ensure the enforcement of these rights.

North Carolina Income Tax Cap

If approved, the ballot measure would reduce the income tax rate in NC to a maximum allowable rate of 7 percent.

North Carolina Voter ID

If approved, the ballot measure would require voters to present a photo ID to vote in person.

NC Legislative Appointments to Elections Board

If approved, the ballot measure would make the NC Legislature responsible for appointing commissioners to the eight-member Bipartisan State Board of Ethics and Elections Enforcement, which administers ethics and election laws.

North Carolina Judicial Selection for Midterm Vacancies

If approved, the ballot measure would create a new process of filling judicial vacancies that occur between judicial elections for state courts.

*There have been court cases disputing the legality and language of some of these amendments, and so details may change between now and the printing of ballots.

For more information, visit ballotpedia.org/North_Carolina_2018_ballot_measures. *Ballotpedia.org* is nonprofit and nonpartisan.

QUESTIONS? Call 250-4200 or visit buncombecounty.org/vote

☆☆☆ **NC SENATE 48** ☆☆☆

**CHUCK
EDWARDS***
(R)



chuckedwardsnc.com



norm4nc.com

**NORM
BOSSERT** (D)

☆☆☆ **US HOUSE 10** ☆☆☆

**PATRICK
MCHENRY***
(R)



mchenryforcongress.com



facebook.com/DWB4Congress

**DAVID
WILSON
BROWN** (D)

☆☆☆ **US HOUSE 11** ☆☆☆

MARK MEADOWS* (R) **PHILLIP PRICE** (D) **CLIFTON INGRAM** (L)



meadowsforcongress.com



price4wnc.org



facebook.com/clif4congress

☆☆☆ **NC HOUSE 115** ☆☆☆

**AMY
EVANS** (R)



amyevansnc.com



electjohnager.org

**JOHN
AGER*** (D)

☆☆☆ **BUNCOMBE COUNTY
SCHOOL BOARD** ☆☆☆
(REYNOLDS DISTRICT)

**CINDY
MCMAHON***



cindyforschools.com

(running unopposed;
these seats are
nonpartisan)

☆☆☆ **NC SENATE 49** ☆☆☆

**MARK
CRAWFORD** (R)



no campaign website

**TERRY
VAN DUYN*** (D)



votevanduynd.com

**LYNDON JOHN
SMITH** (L)

no image
available

no campaign website

☆☆☆ **BUNCOMBE COUNTY
DISTRICT ATTORNEY** ☆☆☆

**TODD
WILLIAMS** (D)



toddwilliamsforda.com

(running
unopposed)

☆☆☆ **BUNCOMBE COUNTY
SHERIFF** ☆☆☆

**SHAD
HIGGINS** (R)



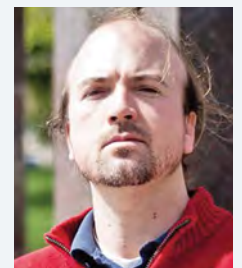
shadforsheriff.com

**QUENTIN
MILLER** (D)



quentinforbuncombe.com

**TRACEY
DEBRUHL** (L)



facebook.com/Tracey-DeBruhl-for-Sheriff-1020051694852061

☆☆☆ **DISTRICT 2
COMMISSIONER** ☆☆☆

**GLEND
WEINERT** (R)



glendapweinert.com



electamandaedwards.org

**AMANDA
EDWARDS** (D)

(R) = Republican, (D) = Democrat, (L) = Libertarian, * = Incumbent

Angels of Fairview Seek Donations for Annual Holiday Meal Drive

Angels of Fairview, a group of community members who want to make a difference, is a non-profit that helps families in need identified by the counseling departments at Fairview Elementary and Cane Creek schools. All of their efforts are funded by the generous donations of this community.

During this holiday season, a donation of \$50 will secure a complete prepared meal for a family of 4 to 6 people. The meal includes a 10- to 12-pound turkey, two side dishes, rolls, and a dessert.

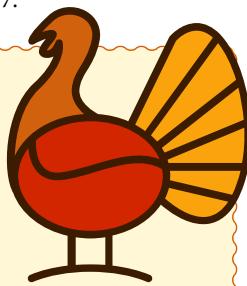
In addition to providing holiday meals at Thanksgiving and Christmas, the Angels have also assisted families in need with power bills, car repairs, eyeglasses,



and clothing. They have provided gas and restaurant cards to families with a loved one in the hospital.

Tax-deductible donations will be accepted through December 31. Checks should be sent to Angels of Fairview, P.O. Box 94 Fairview, NC 28730 or dropped off at the Town Crier office (M-F, 11am-5pm, or Saturday, 12-4pm) or use blue dropbox on outside wall 24/7.

Local Thanksgiving Dinners



Bethany United Methodist Church will hold its annual Thanksgiving meal for the community on Saturday, November 17, at 5:30 pm. The meal is free and everyone is invited to join us in giving thanks. Please call 684-4338 for further information. 212 Bethany Church Road, Fairview.

Upper Hickory Nut Gorge Community Club's Thanksgiving meal is Tuesday, November 20, at 6:30 pm. Turkey and dressing will be provided; guests are asked to please bring sides. 4730 Gerton Highway, Gerton.

Garren Creek Fire Department will hold its annual Turkey Dinner on Saturday, November 3, from 5:30-7 pm. Everyone is welcome and donations are accepted. This is a fundraiser for the Auxiliary, which supports firefighters and rescue workers. Please join us for home-cooked food at the main station (10 Flat Creek Road, at the corner of Flat Creek and Old Fort/Chestnut Hill Roads). Contact Elizabeth Simmonds at 669-2846 or 230-3986 (cell).



Pro Angler from Fairview Catches Rookie Award

Congratulations to Jake Whitaker for winning Rookie of the Year in the Bassmaster Elite Series. He captured the award at the Angler of the Year tournament on Lake Chatuge (on the North Carolina-Georgia border) in September. He also qualified to fish in the Bassmaster Classic, considered the Super Bowl of professional bass fishing, in Knoxville next March.

Jake is a native of Fairview and continues to live here. He was a 2010 graduate of A.C. Reynolds High School and a member of the 2009 4A state high school football championship team. He was a 2015 graduate of UNC Charlotte, where he fished on the college bass team. He and his partner won the 2014 Bassmaster College Championship (also on Lake Chatuge). After college, he pursued his dream of professional bass fishing. He fished the Bass Opens for two years, finishing in third place, which qualified him for the 2018 Bassmaster Elite Series.



James Hudgins

IN MEMORIAM

James Ronald Hudgins, age 81, of Marion, passed away October 2, 2018. Hudgins was born September 13, 1937 in Buncombe County to the late James and Ollie Huntley Hudgins. Ronald retired as a Foreman with Buncombe Construction with over 30 years of service. He also had over 40 years of service with the Fairview Volunteer Fire Department as Assistant Fire Chief, Chief, and Board Member. He was a member of Swannanoa Church of God.



In addition to his parents, he is preceded in death by his wife, Ilia Hunnicutt Hudgins; daughters Vickie Hudgins and Kimberly Bedwell; and sister Peggy Hargiss.

He is survived by his son-in-law, Steve Bedwell; sister-in-law, Opal Harris; brother-in-law, Kenneth Hunnicutt (Margaret), and granddog Jed.

A Celebration of Life Service will be held October 6 at 1:30 pm at Swannanoa Church of God with Rev. Robert Haynie, Rev. Randy Gregory, and Rev. Dale Whitson officiating. Burial will follow in Bethany United Methodist Church Cemetery with the Fairview Volunteer Fire Department serving as pallbearers and Buncombe County Firefighters Honor Guard providing honors.

The family will receive friends from 12:00 to 1:30 pm prior to the service time on Saturday at the church. Flowers are acceptable and appreciated. Those desiring to make a memorial contribution are encouraged to consider Swannanoa Church of God, Building Fund, PO Box 314, Swannanoa, NC 28778.

ON THE ROAD



Kimber and Chuck Kessinger took a copy of the Crier on their recent trip to Europe, stopping first in the Umbria/Tuscany region, where they attended a cooking school, and then in the south of Germany. They rode bicycles to a hilltop castle, Schloss Lichtenstein (shown), in the Baden-Wurttemberg region.

Brothers Earn Eagle Scout Award

C.J. and Sam Gray received their Eagle Scout awards in an Eagle Scout Court of Honor ceremony on September 8 at St. James Episcopal Church in Black Mountain.

The Gray brothers are members of BSA Troop 42 in Black Mountain and began scouting as Cub Scouts. C.J. earned the rank of Eagle Scout on March 5. He earned a total of 34 merit badges. Sam earned his rank on June 25 and earned 27 merit badges. Their Eagle Scout projects were done for Animal Haven of Asheville. C.J. restored a barn and Sam built an animal feeding station and shelter.



Sam (left) and C.J. Gray

C.J. and Sam attend Owen High School and are on the varsity football team. They are the grandsons of Aubrey and Jean Laughter of Fairview.



GREG'S MAGIC TRICK

Obedient Ketchup Packet

A ketchup packet obeys your commands by rising and lowering inside a bottle of water!



You'll need a clear plastic bottle (try different styles and sizes for best effect) and a condiment packet (ketchup packets work perfectly).



Remove the label from the plastic bottle and fill it with water. Leave a small gap at the top. Insert the packet into the bottle and screw the lid on.

Hold the bottle in your hand at the base between the thumb and fingers. By applying gentle squeezing pressure the packet will be forced to float downward. By releasing pressure, the packet will float upward.

Experiment with the bottle and find the right amount of pressure needed to make the packet rise and fall. With practice, it's possible to make the packet stop in the middle of the bottle.

Magic!

SHOWTIME: Show the bottle to the audience. Place it on the table and grip the base between the thumb and fingers. Make a magical gesture with the opposite hand as if hypnotizing the packet. Command the packet to float downward. Continue by having the packet float up or stop. You can even have a spectator give commands!

When you're finished, unscrew the cap and remove the packet and let the audience check it out.

Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.

KID STUFF

Can you spot the differences between these two Thanksgiving meals? Hint: there are nine total. Answers below.



1. Muffin on plate with grapes is missing one of its spots. 2. Carving fork has shorter middle tine. 3. Boy is missing one of his arms. 4. Watermelon is missing its seeds. 5. Holes missing in mom's belt. 6. Extra bottle. 7. Girl's left ear. 8. Bottom of one of the bananas. 9. Dad's pockets.

Learning on the Go at FES



Second graders from Mrs. James' class learned about washboards.

By Kenya Hoffart

Ask any elementary school student and they will tell you that one of the things they look most forward to every year is field trips. Teachers at Fairview Elementary plan field trips with several things in mind. Fun, of course, is very important but as they research to find just the right spot, they consider the standards they are teaching for the year to make sure it all ties together for a great learning experience.

Kindergartners recently enjoyed a morning out at Stepp Orchard in Hendersonville. They learned all about the life cycle of apples and pumpkins and how they are harvested. They also had a chance to pick apples, taste apple cider, and find their way through a corn maze.

First graders traveled to Emerald Village in Spruce Pine last month. They enjoyed a tour of an old mining cave and were able to try their luck at gem mining. They have been learning a lot about the properties of rocks and used their observation skills to identify different gems and earth materials.

Second graders went to the Cradle of Forestry in the Pisgah National Forest. They explored over a dozen hands-on exhibits and learned about conservation history, habitats, and forest products. They also saw seven historical buildings including an old school-

house, commissary, and student quarters.

Third graders recently took a trip to Holmes Educational State Forest in Hendersonville. They learned all about plants and how they survive in their environments. They enjoyed many hands-on activities as they learned about how plant roots absorb nutrients, stems provide support, and leaves synthesize food. They also learned about how environmental conditions determine how well plants survive and grow.

Fourth graders went to the YMCA Blue Ridge Assembly in Black Mountain where they participated in outdoor programs and learned about ecosystems. They also took a wilderness survival class where they had to use creative problem solving, decision-making, and leadership skills to learn the most basic survival skills—from shelter building to fire building.

In the spring, fifth grade will take charter buses to somewhere very exciting where they will have hands-on experience learning about many of the science standards they are being taught in the classroom. The exact location has not yet been finalized as teachers want to make sure they pick the site that will enrich students the most.

Kenya Hoffart is the vp of fundraising and communications chair for the FES PTA.

Calling All Local School-age Artists!

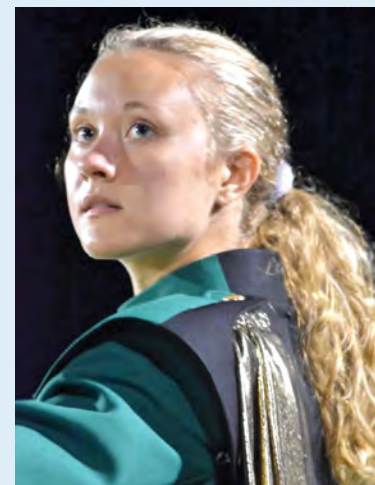
The Fairview Area Art League (FAAL) is sponsoring a book design challenge, "Illustration Creation," for students in Fairview-area schools from grades K through 12. Students can design an art piece that represents an element of their favorite book, such as a character, plot, mood, or even their own reactions to the book.

Entries are due to the Fairview Library by April 5. Art will be displayed in May (date to be announced). Two separate art receptions with refreshments will be held at the library for the younger and older students. Younger students will receive certificates of merit for their art. Older students' work will be judged by local artists from FAAL and given 1st, 2nd and 3rd prize awards of gift certificates to local bookshops. Detailed instructions about size, materials etc. can be located on the Fairview Area Art League Facebook page (@fairviewart). Instructional sheets will be distributed to teachers.

Fairview Art League is a non-profit organization consisting of local Fairview artists, craftspeople, and lovers of the arts. Their mission is to support local artists and art hobbyists and build community through the arts.

STUDENT OF THE MONTH: OLIVIA SENOR

Doris Sellers, Principal at A.C. Reynolds High School, had this to say about the school's student of the month: "Olivia is an outstanding senior at ACRHS. She is one of our Marching Band Drum Majors, demonstrating her leadership on our campus. For her graduation project, she is researching the topic of "Mental Health in the Curriculum" and is leading select ACRHS Faculty Members in mindfulness strategies for their classrooms. She is a friend to everyone and a nominee from ACRHS for the Morehead-Cain Scholarship for UNC-Chapel Hill." Congrats, Olivia!



ACRHS Mini-Grants Need More Support

By Karen Wallace-Meigs

The A. C. Reynolds High School Parent-Teacher Support Organization (PTSO) seeks the annual support of families, community members, and area businesses to aid the group's work within the school. The most important aspect of that work is the annual mini-grant process.

Teachers submit grants for innovative and needed supplies and other support. Each year, it seems, the state offers schools less in financial support while requesting that faculty and staff do more. This year, mini-grant requests far outreached membership donations.

All requests to the ACRHS PTSO have been vetted, and the needs range from novels to cooking supplies, laboratory materials to travel for young musicians, innovative computer programs to support student growth in math to opportunities for academic teams to participate in local, regional, and state competitions. Members of the PTSO Board of Directors are delighted that every student in the school

will benefit from one or more of these grants. However, the budget shortfall means that not every request was funded. Those projects won't get funded or the fund will go into the red for next year.

Please consider making a donation to the PTSO in honor of your potential future doctor, nurse, attorney, or chef. Perhaps you would like to honor a former teacher who was influential in your life or honor your own student. Donations of any amount are welcome and are tax deductible. You will support ACRHS students and the future of our community. Checks may be mailed to the following address: A.C. Reynolds PTSO, 1 Rocket Drive, Asheville, NC 28803

Businesses interested in supporting the PTSO may contact the group at the above address or private message the group at its Facebook page (search for "A. C. Reynolds High PTSO") to discuss sponsorships and recognition.

Karen Wallace-Meigs is vice president of the Reynolds High School PTSO.

Getting Outside with Fairview Preschoolers

Students and families at Fairview Preschool go on a wide array of fun, educational field trips during the school year. They most recently visited Fairview's own Hickory Nut Gap Farm to pick apples, learn about the animals, and see how the farm runs. Students spent several days learning all about apples in the classroom leading up to our hands-on field trip.

Students also enjoyed a morning at Robert Lake Park in Montreat in September. In the spring, they will tour the WNC Nature Center, the NC Arboretum, and more.

In addition to educational trips, students at Fairview Preschool are enjoying the addition of a second playground, which was built by staff and parents to due to consistent growth in enrollment.

Call the school at 338-2073 to schedule a class visit. For info, go to fairviewpreschool.org.



FPS students made predictions and did science experiments using apples.

Making the Grade in Buncombe County Schools

When I was a kid, students brought home grades on their report cards, but schools didn't. Back then the community had a high level of trust in teachers and schools, parents tended to send their children to their neighborhood school without considering other options, and "accountability" was not the buzzword. Public education was not the political football it has become.

Times have changed, and all public schools now receive annual School Performance Grades from the NC State Department of Instruction (NCDPI). Those grades were recently released for the 2017-18 school year, and Buncombe County's grades were highlighted as the Curriculum Feature at our October Board of Education Meeting.

What Are School Performance Grades and Where Do They Come From?

On the surface, School Performance Grades seem quite simple: a single letter grade for each school. But the formula for boiling down the complex areas of school performance is quite complicated.

First there is a School Achievement Score, which is a composite score based on a variety of factors. For elementary and middle schools, the Achievement Score is based on End of Grade and End of Courses tests in math, language arts, and science, as well as the progress for English learners. In high school the formula is much more complicated and combines the End of Course tests for a handful of specific courses in English, math, and biology, along with ACT scores, ACT Work Keys for Career and Technical Education, the graduation rate, and more.

Next comes the School Growth Score, which determines whether a school Exceeded, Met, or Did Not Meet Expected Growth. To determine this score, NCDPI places students into groups based on their performance on previous state tests. The progress of all the students in each group is averaged to get the Growth Standard, and

then the progress of each group is compared to that Standard to determine the School Growth Score. Whereas the School Achievement Score measures whether students meet certain benchmarks, the School Growth Score measures the extent to which groups of students are growing (learning) from the beginning of the year to the end.

In order to determine the final letter grade for each school, NCDPI calculates 80 percent of the School Achievement Score and 20 percent of the School Growth Score. Those two percentage figures are added together to become the School Performance Score, which determines the letter grade.

How Do Buncombe County and the Reynolds District Schools Stack Up?

"Back to basics" was an important theme in Buncombe County Schools last year, and this focus paid off. Steve Earwood, Director of Testing, put it this way as he opened his remarks at the School Board meeting: "It is more pleasant to present this year's data."

Buncombe County's scores outpaced the state in terms of the overall School Performance grades, growth, grade-level proficiency, and graduation rate. Three schools earned A's: Martin Nesbitt Academy, Early College, and Middle College. With the stringent grading system in place, it is typical across the state for such specialized schools with smaller class sizes to be among the few that are awarded A's.

In the Reynolds District, every school's overall Performance Score increased, though letter grades remained the same for all seven schools. All Reynolds schools either met or exceeded expected growth (compared to 88 percent of schools in Buncombe County and 73 percent across the state). Four Reynolds schools exceeded growth and the other three met expected growth. This is great progress over the previous year, when only one school exceeded, four met, and two did not meet expected growth. Our schools' efforts are paying off for students!

Cane Creek Middle School has the highest overall performance score of all the middle schools and the second highest growth score of the 43 schools in the county. Oakley Elementary was the only school in our district with a D, and they exceeded expected growth. Low achievement grades correlate closely with high-poverty schools across the state, and Oakley has the highest poverty level in our district. If the 80/20 percentages were switched and growth (learning) was weighted more heavily, Oakley would have a B instead of a D. Unfortunately, grading is never wholly objective and that includes the grading process for schools.

What Now?

Grades are only indicators. What matters is what we do with the information. As Mr. Earwood pointed out in his presentation, the grades help direct our principals and teachers toward areas where we can improve. Our school leaders create School Improvement Plans, teacher professional

development, and other strategies targeted specifically toward the gap areas while we continue to build on our strengths.

You Can Help!

It takes a village. As Associate Superintendent Susanne Swanger said, "To have excellent student performance at each of the schools in the Reynolds district showcases the high level of commitment for student success by our teachers and staff, our families, and our community." In addition to my work on the School Board, I volunteer directly with students in the classroom. I encourage you to do the same. Call or drop by any of our Reynolds schools, and they'll be more than happy to find ways that you can help make our schools even better.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.

NOVEMBER CALENDAR FOR REYNOLDS SCHOOLS

NOV 6 – Early dismissal for all schools

NOV 6 – Fairview Elementary K-2nd grade Daybreak with Dad, 7:15 am

NOV 7 – Fairview Elementary 3rd-5th grade Daybreak with Dad, 7:15 am

NOV 9 – Fairview Elementary Career Day

NOV 10 – Reynolds High Band Mattress Sale, 8 am-4 pm

NOV 12 – Schools closed for Veterans Day

NOV 15 – Fairview Elementary Spirit Night, Nachos & Beer

NOV 18 – Asheville Holiday Parade. Look for the Reynolds HS band!

NOV 20 – Fairview Elementary Parent Social, 8:15 am

NOV 21-23 – Schools closed for Thanksgiving holiday

NOV 27 – All County Band Concert, North Buncombe High School, 7 pm

NOV 29 – Fairview Elementary Winter Chorus Concert, 6 pm

EVERY LOVE, TEEN REPORTER

Food, Friends, Family & Thanks

Happy November! To people all around Fairview, WNC, the state, and the good, old, U. S. of A, November is a time that means apple cider, hoodie weather, crunchy leaves, and pumpkin spice everything! Of course, that also includes Thanksgiving—notorious for stomach aches and food comas for days on end. This month I talked to my friends Ally Massey and Shae Austin about some of their Thanksgiving favorites and traditions.

Every family has its own traditions for Thanksgiving, and Ally's and Shae's families are no different. Ally says her family goes to her grandmother's house every year to spend the weekend. For about the last three or four years in my family, after the Thanksgiving meal has ended and we all feel less woozy, my Grandma and Pawpaw drive my little sister and me down to Nebo, where our family has a

small house that my grandparents use as a weekend getaway. The next morning, we go Black Friday shopping in Marion with my Grandma and my great aunt, Wanda. We shop until my sister gets too tired to continue, then we get lunch and shop some more!

"I usually go up to my Grandmother's house," Shae says, "watch the Rose Bowl parade and eat a lot of food. It's always been a tradition to hang out with family." It seems each family celebrates Thanksgiving a little bit differently, and that's what makes us all so special.

Thanksgiving is advertised as a time for being grateful for all you have, but I'm guessing deep inside when we hear the word "Thanksgiving" our first thought isn't about giving thanks so much as it's about the massive amounts of food we're going to eat.

The MVP of the meal changes for every

family, and for every person around the table. Shae votes for green beans, my Mom likes mashed potatoes, and Ally and I love pretty much all of it. One thing that's unanimous among the people I asked, however, is that stuffing is gross. I guess we know which food is getting voted off the island now.

I know explicitly that teenagers can act surly and rude sometimes, but I'm here to tell you that it's not a permanent thing. Teenagers smile, love, and are thankful for things just as much as others are, even if we don't show it sometimes. "I'm definitely thankful for the friendships I've made over the years," Shae says. "I don't think I'd be here or be who I am without them." Ally says, "I'm grateful for my family and friends. Just being surrounded by people I love."

I'm thankful for the people that make my life better. Even a small kindness, such as someone saying something nice to me on a day when I'm not at my best, can

make my day so much better.

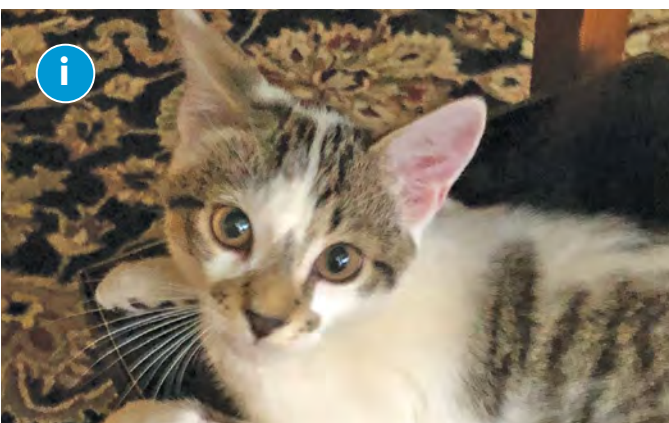
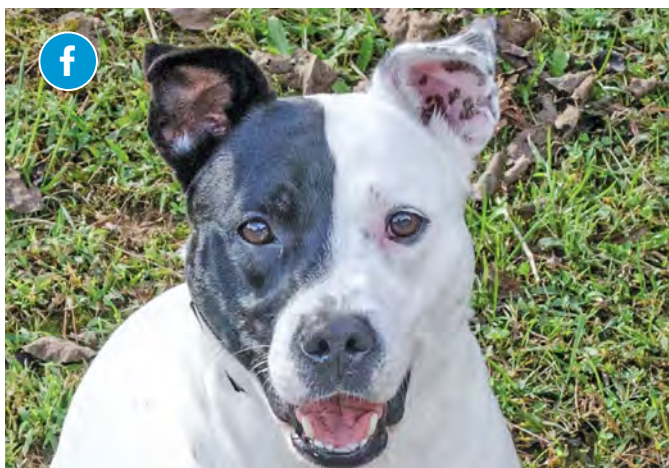
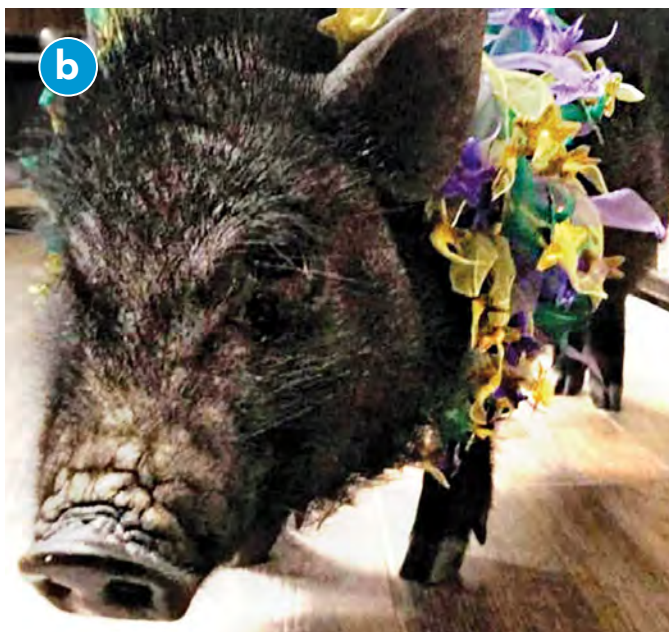
This is Avery Love, as always, wishing you full bellies and happy memories for the holidays.



Avery Love is a ninth-grader at A.C. Reynolds High School. She lives in Fairview with her mom, dad, and sister Zoe.

Congrats!

The A.C. Reynolds High School Marching Band took 1st place in their class at the 35th Annual Southeastern Classic last month in Hickory, NC.



a. Luna is 2 years old and 60 pounds. She talks like a Siberian Husky when excited. She graduated from the New Leash on Life program at Craggy Correctional center. Luna does well with people and other dogs, but not with cats. She needs a strong person who can walk her or a fenced-in yard to stretch her legs. *Animal Haven*

b. Birdie could live indoors or outdoors but she does need a fenced-in yard where she can go be a pig and root around. She is quite social, is responsive to clicker training and basic commands, and walks well on a harness and leash. *Brother Wolf*

c. MJ is a friendly guinea pig born in April 2017. He loves all vegetable snacks and starts squeaking as soon as he sees them. He enjoys being held and is a good snuggler. *Brother Wolf*

d. Yes, this rabbit's name is **Fish!** He is a sweet bunny that lives to be admired. He wiggles his nose to make you giggle. That's what he lives for. *Brother Wolf*

e. Sneaks is a beautiful 12-year-old. She is shy at first, but with the right people, she warms up and becomes quite the love bug. She doesn't enjoy being picked up, but if you're quiet and still, she'll climb in your lap for some gentle head scratches. She has lived successfully with other cats in our Adoption Center. *Humane Society*

f. Lucky is a 4-year-old Boxer/Terrier mix whose previous owners could no longer keep him. He can be picky with his dog friends, so we recommend a dog meet if Lucky will be sharing a home with canine companions. He is house trained and crate trained. We've been told he is great with children and loves meeting new people. *Humane Society*

g. Rufus is a terrier mix born approximately in July 2015. He is almost 30 pounds and has medium to high energy. He's a real athlete and loves to run. He's okay with other dogs as long as there's only one at a time. He also needs an adults-only home. *Charlie's Angels*

h. Sherman and Leroy Sherman and Leroy are a pair of adorable bonded Dumbo rats looking for a new home together. They're very playful and smart, and enjoy their pellets, fresh fruits and veggies and sitting on a shoulder. *Brother Wolf*

i. Bernie was born approximately in May 2018. He is quite energetic and playful but does like to take time out to be cuddled. He was raised with dogs. *Charlie's Angels*

Local Animal Shelters and Rescue Organizations

Animal Haven of Asheville
299-1635
animalhaven.org

Asheville Humane Society
761-2001
ashevillehumane.org

Brother Wolf Animal Rescue
885-3647
bwar.org

Charlie's Angels Animal Rescue
885-3647
wnanimalrescue.org

Holiday Chow Time

We are approaching the holiday season, which in most households means more food and goodies—and more tummy aches. Not only do we have to be careful what and how much we eat, but it is just as important for our pets. Around all the major “food” holidays (Thanksgiving, Christmas, New Year’s, Super Bowl Sunday, and Easter), there are an increased number of pets that experience vomiting, diarrhea and other ailments related to consumption of human food, which includes getting into the garbage with all of the goodies that have been thrown away. It is never a good idea to feed your pets human food, but around the holidays you need to be careful not only of what is on the table but also what is left out. During holiday parties, please be sure that your guests are aware that they should not feed your pets.

Turkey Trouble

Thanksgiving and Christmas, for most people, means having turkey as the main course. When discarding the bones and leftovers in the trash, be sure that the remains are not where the pets can get to them. Turkey bones are especially dangerous to pets because they are brittle and tend to splinter more easily. They can cause perforations in your pet’s stomach and intestinal tract, as well as fecal

impactions. Also, for your safety and that of your pets, do not leave the turkey out for any extended length of time due to the possibility of spoiling.

Deadly Sweets

What would the holidays be like without chocolate? Humans love chocolate, but it can be harmful to your pet. Theobromine is a component in chocolate that can damage the heart, central nervous system, and kidneys of your pet. The type of chocolate is a major factor in determining how much it takes to cause problems. Baking chocolate contains the most theobromine, while white chocolate contains the least. A lethal dose for a pet is dependent on the size of the pet and the amount and type of chocolate consumed. The smaller the pet, the smaller amount of chocolate it will take to cause toxicity.

Other Food Dangers

Onions, raw and dehydrated, can cause a blood disorder called hemolytic anemia. Coffee products that contain caffeine can cause problems with pets—and even death. This also applies to energy drinks that contain large amounts of caffeine. Grapes and raisins have been known to cause acute kidney failure in pets. Xylitol is a sugar-free sweetener used in gums, candies, baked goods, and some toothpaste. Humans typically do not



It is never a good idea to feed your pets human food, but around the holidays you need to be careful not only of what is on the table but also what is left out.

have problems with xylitol, but it can cause a very serious low-blood-sugar crisis in pets.

Made in China?

If you plan on buying treats or snacks for your pets around the holiday times, please be very selective. It is especially recommended that you avoid any treats or snacks that come from China. Over the past few years there have been an ever-increasing number of cases of pets becoming very ill (and some even dying)

after consuming treats from China. Be sure and check the label for where the product was made.

You now know that during the holiday season that not only do you have to watch what you eat but also you need to be very aware of what your pet is getting into. And the most important thing to keep away from both yourself and your pet—fruitcake.

Charles Lloyd is a Doctor of Veterinary Medicine at Fairview Animal Hospital.

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November Is All About the Turkey

As we all start to think about what size turkey we're going to buy for the Thanksgiving day feast, I thought I would take a minute to discuss these beautiful, large, and intriguing birds

Flocking Together

We have a group of five to 15 that comes to our house on a regular basis. Heidi has them trained to come at the shake of a food cup and the "turkey turkey" call she makes. (But maybe the turkeys have Heidi trained to bring food to them as they strut into our yard. They're no dummies.) These big birds do not migrate, and forage mostly by walking around—and believe me, they will clomp on anything. Our mums are toast. But as a reward for the food they will sometimes leave us a beautiful and large feather.

Turkey Facts

The original wild form is a wary and magnificent bird. Although wild turkeys usually get around by walking or running, they can fly well and typically roost overnight in tall trees. There are only two species, ours in North America and the Ocellated Turkey in Central America. They are omnivorous but their diet varies with season and is mostly plant material, including many acorns, leaves, seeds, grains, berries, buds, grass blades, roots, and bulbs. They will also eat insects,

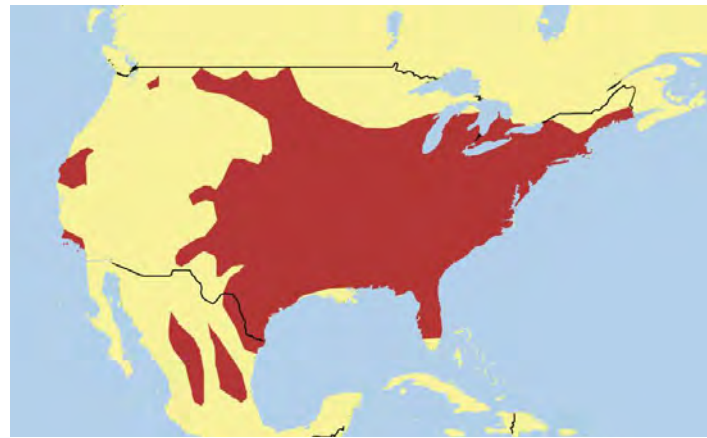


A baby turkey! © KRISTIE GIANOPULOS, FLICKR

spiders, and snails and sometimes frogs, lizards, snakes, salamanders, and crabs.

In spring, the male gives a gobbling call to attract females. In courtship, the males puff out feathers, raise and spread their tail, swell up their face wattles, and droop wings. In this exaggerated posture they strut, rattling the wing feathers and making humming sounds. One male will mate with several females. The nest site is on the ground, often at the base of tree, under a shrub or in tall grass. The nest is a shallow depression, sparsely lined with grass and leaves.

The number of eggs is usually 10 to 15.



Distribution of the wild turkey
© NRG800

They're white to pale buff, dotted with reddish brown. Sometimes more than one female will lay eggs in one nest. Incubation is by female only, for 25 to 31 days.

Moms and Babies

If you haven't seen turkey babies you are missing the cutest things ever! They're downy and leave the nest soon after hatching. The female tends the young and broods them at night for several weeks. The young feed themselves and follow momma closely. Young turkeys can make short flights at the age of 1 to 2 weeks, but they're not full-grown until several months. From what we've seen in our yard, though, they sure get big fast.

Climate Changes

Just a couple words on climate change since it is so important to all of our birds. Turkeys can cover miles on foot, and they have been expanding their range northward in recent years. According to Audubon's climate model, the species will lose 87 percent of their current winter range by 2080. Potential expansion during the summer may give the bird a boost in its trek northward, but only if it can find its favored oaks along the way.

Happy Turkey Day everyone!

Steve and Heidi Muma are the owners of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. asheville.wbu.com

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Are You Ready To Be an Entrepreneur?

As you know, local stores bring vitality, creativity and economic growth to their communities, so it's worth celebrating those "mom and pop" shops. But they aren't the only entrepreneurs in the country—about 10 percent of workers in the US are self-employed, according to the Bureau of Labor Statistics. If you're thinking of joining these ranks, you may want to prepare yourself financially.

For one thing, you may need to pay more in taxes, depending on your income. Self-employed individuals typically have to pay twice the amount in Social Security and Medicare taxes because they have to cover the portion that employers normally pay.

Also, unless you're fortunate enough to have a spouse who can put you on their employer-based health insurance, you'll need to find your own, at least until you're eligible for Medicare.

Furthermore, you will need to take charge of your own retirement savings. Fortunately, several retirement plans are available to the self-employed. These plans typically offer tax-deferred growth potential and tax-deductible contributions.

A Few Options to Consider

- **Owner-only 401(k).** This plan, which is also known as an individual 401(k), is available to self-employed individuals

and business owners with no full-time employees other than themselves or a spouse. For 2017, you can put in up to 25 percent of your annual income as an "employer" contribution, and you can defer up to \$18,000 (or \$24,000 if you're 50 or older). The sum of your employer contribution and your salary deferrals cannot exceed \$54,000, or \$60,000 if you're 50 or older.

- **SEP IRA.** If you have just a few employees or are self-employed with no employees, you may want to consider a SEP IRA. You'll fund the plan with tax-deductible contributions, and you must cover all eligible employees. As an employer, you can contribute the lesser of 25% of your compensation (if you're also an employee of your own business) or \$54,000.

- **Solo defined benefit plan.** Pension plans, also known as defined benefit plans, are still around—and you can set one up for yourself if you're self-employed or own your own business. This plan has high contribution limits, which are determined by an actuarial calculation, and, as is the case with other retirement plans, your contributions are typically tax-deductible.

- **SIMPLE IRA.** A SIMPLE IRA, as its name suggests, is easy to set up and maintain, and it can be a good plan if your business has fewer than 10 employees.

Although planning for your retirement is important, you also need to prepare for unanticipated short-term expenses, such as a major car repair or a new furnace. While everyone should be ready to meet these needs, it's especially important if you're self-employed and have a variable income. So, work to build an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account.

You may find self-employment to be quite rewarding—but you'll likely enjoy it even more if you make the right financial moves.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

SEPTEMBER FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	28	4,000,000	135,000	802,075
Homes Sold	15	989,000	85,500	405,019
Land Listed	16	4,000,000	39,900	512,856
Land Sold	3	247,000	85,000	164,000

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The State's Response to Hurricane Florence

Election Day and Halloween are neighbors on the calendar, and both can bring out the worst in people! 2018 seems especially treacherous for voters trying to find leaders they can trust. The sign wars are on full display, along with campaign attacks and trash talking. Divided families agree to disagree. How in the world can we make elections more informative and less divisive? By the way, our democracy depends on it.

But first, let me tell you about the North Carolina General Assembly and its response to Hurricane Florence. There is nothing more wonderful than the outpouring of emergency workers, neighbors, and church groups coming to eastern NC to bring help, food, water and love to those in need. But the long and expensive haul can only be carried out with government resources, both state and federal. North Carolina has been putting dollars aside in our "rainy day fund," and by gosh did we have a rainy day.

On October 2, the 170 members of the House and Senate re-convened in Raleigh for a special session to bring relief to those in our state needing immediate assistance. The School Employee Pay and Calendar bill made sure school employees were paid for missed days due to the flooding. One special group, lunch room workers, are paid by federal dollars and the state will pick up their pay until they can get the

cafeterias up and running again. The bill also allowed local schools to adjust their calendars to account for the long closures.

In all that day, \$56.5 million was appropriated from the rainy day fund to pay the state match for federal funds coming to North Carolina. There was also a special fund set up to help with the huge mosquito outbreaks that were adding insult to injury in the flooded counties. Some DMV rules were waived and extra voter registration days added as well.

On October 15, I joined my colleagues once again in Raleigh for another session. A lot of work went into trying to determine how to best spend state money. The governor asked for \$1.5 billion, \$750 million now and \$750 million later. The General Assembly appropriated \$800 million, mostly from the rainy day fund, but also from lottery revenues and DOT funds. The Office for Resilience and Recovery was created to manage the funds, under the Department of Public Safety. \$400 million was earmarked for emergency grants that receive federal matching dollars, construction of affordable housing, repairs to damaged public schools and colleges, mental health services, and aid to small or rural hospitals not affiliated with larger health systems.

The General Assembly also appropriated \$50 million to the NC Department of Agriculture for recovery, which includes

One future policy question will be whether to use state money to buy out hog operations near flooding rivers.

pasture repair, reforestation, and rural road repairs. One future policy question will be whether to use state money to buy out hog operations near flooding rivers, and whether to force large hog operations to modernize their waste lagoon system. Money was also allocated to help the commercial fishing industry, conduct beach repair surveys, and clean up marine debris.

By all accounts, the floodwaters were toxic and nasty. There were some problems with hog lagoons and coal ash pits, but many municipal wastewater plants also failed, highlighting one of the many infrastructure liabilities facing North Carolina. Governor Cooper asked for \$25 million to provide grants for drinking and waste water systems, plus \$5 million for dam repairs. He would like another \$25 million set aside land for flood abatement and surface water quality studies in the affected counties. And he asked for \$87.5 million to map and model flood-prone areas and provide better

real-time flood information. There will be some areas where structures will not be allowed to be re-built, and money will be needed to compensate landowners. I am hoping these problems can be addressed when we re-convene on November 27.

Regarding election integrity, if I'm re-elected when the new General Assembly returns in January, I will be working on a series of laws that will end gerrymandering in North Carolina, and find ways to engage more of our citizens in the political process. Democracy by its nature is a fragile process, and even at its best it can be frustrating trying to bring needed change. It is also a covenant between those elected and the citizens to conduct the people's business with integrity and honesty.

Thank you once again for the privilege of representing you in the General Assembly, and I look forward to hearing from you as I continue to work on your behalf. And make sure you vote. The last day of early voting is Sunday, November 3. If you missed the deadline to register on election day, you can still register to vote during early voting.



Rep. John Ager, District 115
North Carolina House of
Representatives. Contact
john.ager@ncleg.net or
713-6450

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Fairview Finds...

from **FUNKY** to **FESTIVE** to **FLAVORFUL** to **FEED** to **FANTASTIC!**

When I heard that there was a new salvage business that had opened on Cane Creek Road, I thought I would get in touch with owner Bradley Barrett and write a little blurb about it. Since that thought crossed my mind, there have been so many new businesses popping up, along with revamps of existing businesses, that this is now a full-blown feature instead of a blurb! Fairview is on the map with a lot to offer the local shopper and passing-by tourist. This article is just a teaser to pique your interest enough to get you in your car with your GPS set for a fabulous Fairview destination! Let's start with Bradley (aka The Sheriff of Old Town)

THE OLD TOWN SALVAGE COMPANY



Bradley Barrett knows firsthand that one man's trash is another man's treasure. He has always had a passion for saving materials others might discard and reconnecting those materials to people who can make use of them. His customers share certain characteristics: they all see the value, usefulness, history, or just a certain quality in objects no longer valued (or needed) by the previous owners.

Barrett started his salvage business in 1996 and has operated from several different venues. Recently he purchased the old Dotson flower shop on Cane Creek Road and is thrilled to be a part of our Fairview community.

Specializing in architectural salvage, he deals mostly in items such as doors, flooring, windows, mantles, hardware, tubs and sinks, etc. But as he is quick to note, "In this business, one runs into a little bit of everything, and always something unexpected."

Bradley is still working on renovations and hopes to open Fridays and Saturdays in January. For now, he is available to buy, sell, or trade, Monday to Saturday, by appointment, so get in touch.



The Old Town Salvage Company • 1454 Cane Creek Road, Fletcher • 216-7175 • oldtownsalvage.com • salvagedoors@gmail.com

RUST & FOUND, LLC

Brad and Brandi Lytle were both born and raised in Fairview, and they both enjoy collecting old things. Turning this hobby into a store-front business has been a long-time goal. "Buying, selling, and consigning antiques and vintage items has been a dream of ours. We are so happy to open our store in our own community," said Brandi. Rust & Found LLC was formed in January 2018.

The shop is a joy to explore. Watching customers smile as they see items they remember from their childhood won't ever get old. And what about that rusty old car out front? "It is a 1935 International pickup truck that became the centerpiece of our collection out front of the store," said Brandi. "We are the third owners of this truck, as it made the journey from the state of Washington to Maryville, Tennessee, where we were lucky enough to come across it. We hope everyone will stop in and check us out!"



Rust & Found LLC • 1484 Charlotte Highway, Fairview • 777-8922 • brandi@rustandfoundLLC.com

FAIRVIEW FEED

John and Bobbi Myers have purchased Fairview Feed (but not Seed) and opened it in a new location across from the main Fairview Fire station. John's tool and mold company is in the front building and the feed store is behind that. Stocking feed of all kinds (plus lime, ice melt, bedding shavings, and even diatomaceous earth to keep the insects out of the grain and feed) takes room, and they have plenty of it. In fact, they carry feed for all creatures big enough to hold in your hand (including birds) all the way up to horses. They feature Nutrena products and have non-GMO and grain-free options. The family pups, Abby and Ginger, keep watch on the feed supply, especially the Nutrena Dog Chow. They're open Monday-Friday, 8:30 am-5:30 pm and Saturday, 9 am-12 pm.



Fairview Feed • 1591 Charlotte Highway, Fairview • 551-7017 • btmyers5@yahoo.com

RISE ABOVE BAKEHOUSE



Brandon Murry and Montana Fain have been working diligently to bring fresh, hot bread to Fairview and they're almost there. They are currently trying different recipes and using the output to supply their other business in Hillman Deli. In talking with Brandon, I found out he has been in the food industry for over 10 years, including a stint as pastry and kitchen manager at French Broad Chocolate Lounge. With that experience, and the help of Sarah Purcell and Chrystina Powers (below right), he plans on offering loaf breads, pastries, croissants, muffins, cookies, and scones to name a few—stop salivating! They will also serve chai and house sodas, plus "Grandma Slices," which are focaccia with pizza toppings. Rise Above Bakehouse will be open 8 am-6 pm Monday-Friday and 8 am-3 pm Saturday and Sunday. Watch for their opening in early November.



Rise Above Bakehouse • 1207 Charlotte Highway, Fairview • 561-271-504 • search Facebook for "Rise Above Bakehouse"

CONTINUED ON NEXT PAGE

BLACK BEAR BAR-B-QUE (WEBO'S)



For years, Wendell (WE) and Bonnie (BO) Kurtz served up great barbecue, but in early August they passed the meat tongs to another great duo, chef AJ Gregson and



Autumn Pittman. The name is changing to Black Bear BBQ and the menu will expand. AJ (above) has been cooking up creative dishes for years, most recently at Mojo Kitchen & Lounge in downtown Asheville. Black Bear's menu includes the familiar brisket, ribs, barbecue, chicken, etc., but also has a lot of creative sides, natural sodas, local beer, and even some vegetarian options. Look for specials like "Burnt Ends" Fridays, as well. Open for lunch and dinner daily.

Black Bear BBQ • 800 Fairview Road, River Ridge • 298-1035

BUSINESS SHORTS

CPA Bob Williamson will soon have a Fairview office when he moves into the stone building at 1349 Charlotte Highway (catty-corner from Food Lion) on November 1. Call 338-0314 for more information and hours.

Wood Tech Enterprises "stocks more profile grinding wheels, corrugated knife stock, and jointer stones than anyone worldwide," but we didn't know until their new sales rep, Koan Jenkins, popped into the *Crier's* office. Actually Wood Tech has been in business over 27 years! They even sell 3D router tool starter sets for beginners. Koan decided Wood Tech should join the FBA, too, so look for her at an upcoming meeting. 628-4414, woodtechtooling.com

Hilltop Ice Cream has closed for the winter but you can special order some of Barb's 24+ flavors of homemade ice cream for your event. Call her at 489-2506 a few days ahead for an order of a gallon or more.

Not New But Always Changing...

NEW MOON MARKETPLACE

Nita Owenby and Amy Spedden keep things moving at New Moon Marketplace. Virtually every day vendors switch out vintage, antique, and just "cool" items, or new vendors bring in some things never seen before. It is an ever-changing world of funky finds—eclectic to say the least. Closed Mondays.

New Moon Marketplace • 1508 Charlotte Highway, Fairview • 222-2289 • newmoonmarketplace.com



TROUT LILY DELI & MARKET

Laura Telford of Biltmore Coffee Roasters took over Trout Lily last summer. While keeping much of the popular features (great soups, sandwiches, breakfast and vegan items), she's brought in new additions like an espresso bar and more local products. Open every day.

Trout Lily Deli & Market • 1297 Charlotte Highway, Fairview • troutlilymarket.com • 828-628-0402

THE HUB OF FAIRVIEW

Since taking over The Hub, Mandy Overstreet has kept the concept the same (locally sourced art, gift items, business services, home of *The Crier*, meeting room, etc.), but has made her own mark and it's definitely funkier. Besides lots of creative classes, her Mandelin Naturals line of all-natural soaps, skincare and CBD products has expanded. Items change weekly. Closed Sundays.



The Hub of Fairview • 1185-G Charlotte Hwy, Fairview • 628-1422 thehuboffairview.com

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Welcome, New Member!

• Wood Tech Enterprises

When folks can put a face to the name, they remember you. And our community is made up mostly of people who want to support each other and will choose a neighbor business before a “Yellow Pages” business every time.

And that’s the value of attending a meeting now and then. We have them on different days and even different times, so to get the most for your membership, you should pop in once in a while and let everyone recognize your face and get to know you and what you do.

October’s Meeting

Thanks to Americare Pharmacy, Edward Jones and The Hub of Fairview for hosting last month’s meeting. We started at the Hub’s conference room with a short meeting and snacks. Mandy Overstreet showed us the many salves and balms she makes, as well as the one-of-a-kind arts and crafts that are locally made for gifts. The Hub also offers premade and custom gift baskets.

Next we walked to Edward Jones Financial, where Stephen Herbert utilized a large screen to outline different retirement scenarios that he can help us plan for.

The final stop was with Sandi and Patrick Bryant, showing how Americare is more than just a personalized pharmacy. Among their many services, they provide blister packs of medicines to nursing facilities all over the region.

Quarterly Charity

Frank Dixon of The Cove at Fairview brought to our attention that Reynolds Middle School teachers need to update their computers, so the FBA chose that effort for its quarterly charity. The FBA donated \$200 and members added another \$200 to that. Reynolds was appreciative.

On October 11, FBA members provided the Welcome Table with desserts, many of them homemade goodies. We like to support this good work once a quarter.

November’s Member Meeting

The next member meeting will be at **Rainbow Restoration of Asheville** on **Thursday, November 8, 6 pm.**

For Ed and Mary Palermo, the franchise of Rainbow Restoration had the “code of values” that resonated with their personal views of helping people in the community. Now growing and with four years under their belt, they moved Rainbow Restoration of Asheville in April out of their home to a larger shop located in Fletcher. They are successfully helping people with water and fire damage restoration plus mold removal.

Food, drinks and dessert will be provided to FBA members and their guests, catered by Surf N Brew. Rainbow Restoration is located off Rutledge Road across from Budweiser in Airport Technology Park, 16 National Ave, Unit B, Fletcher.

Party But No Meeting in December

In lieu of a member’s meeting, the FBA hosts a holiday party for members and their spouses/significant others at Highland Brewing Company’s event venue. This year’s party will be held on Monday, December 3. Instead of a full dinner, guests will enjoy heavy appetizers catered by chef Chris Sizemore of The Local Joint. For entertainment, DJ Molly (Parti) Kummerle will fill the room with the greatest sounds for listening and dancing. Speaking of dancing, members will be in for a treat when Richard and Sue Cicchetti of Dance for Life do a dance demo.

There will be a cash bar with beer and wine and soft drinks.

Ticket price for members is \$15, which includes two tickets and two drink tokens for one member and a guest. Additional guests are welcome at \$15/person. All tickets must be purchased ahead of time.

Members are asked to bring a dessert item (preferably homemade) to fill the goodies table. Also, guests are asked to bring food items to donate to Food For Fairview. Members will receive a list of preferred items when they RSVP to the party.

And finally, if you would like to participate in the Secret Santa giveaway, bring a wrapped gift or gift card valued at about \$25.

IMPORTANT: Members must RSVP at fairviewbusiness.com before the end of November.

NEW MEMBERSHIP SPECIAL

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- Listing on fairviewbusiness.com (logo, photo and link to email and/or website).
- Networking events throughout the year.
- Opportunity to host a member meeting.

Visit fairviewbusiness.com to join

online via Pay Pal or your credit card.

Be sure the email you use to set up your profile is one which will reach the correct person in your business for future communications. You can mail a \$60 check payable to FBA to Fairview Business Association, PO Box 2251, Fairview, NC 28730 or drop it at the The Hub/Town Crier’s office at 1185-G Charlotte Highway, Monday-Friday, 10am-5:00pm (cash/check only) or in the blue dropbox on the outside wall, 24/7.

THE FBA HOLIDAY PARTY

**Can you help with check-in, dessert table, Food For Fairview donation table, set up, or break down?
Please contact event coordinator Sandie Rhodes at sandierhodes@att.net or 828-280-8270.**

KEEP IT LOCAL with FBA Members

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Silverpoem Studio 782-7984

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Balken Roofing 628-0390

Cane Creek Concrete 230-3022

Daylight Asheville 778-0279

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New Moon Marketplace 222-2289

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Tammy Murphy Agency 299-4522

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Hickory Nut Gap Farm 628-1027

Silas’ Produce 691-9663

Trout Lily Market 628-0402

Troyer’s Amish Blatz 280-2381

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Aeroflow 490-7208

Apex Brain Center 681-0350

AVORA Health 505-2664

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Elite Eye Care 687-7500

Fairview Chiropractic Center 628-7800

Flesher’s Fairview Health Care 628-2800

Front Porch Physical Therapy 277-5763

Park Ridge South Asheville 681-5327

Precision Stairlifts 696-8005

Sarai Integrative Health 575 2373

Skyland Family Rehab Center 277-5763

Southeastern Physical Therapy 338-0707

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Fairview Town Crier 628-2211

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The Lord’s Acre 628-3688

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The Local Joint 338-0469

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Cane Creek Animal Clinic 628-9908

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Clothes Mentor 274-4901

Who’s At Your Table This Thanksgiving?

recently read a powerful book by Jonathan Kauffman titled *Hippie Food: How Back-To-The-Landers, Longhairs, and Revolutionaries Changed the Way We Eat*. Kauffman lays out the history of the health food movement during the 1960s and ’70s, when a subset of the American population, recognized then as the counterculture, turned away from preprocessed meals and focused on a diet tuned into community and wholesome foods. Throughout the book, I noticed a commonality between the counterculture history Kauffman described and that of current events.

Nowadays, many young adults are forgoing corporate salaries for life on the road, traveling and working at farms across the nation and igniting a passion for food justice. While that type of lifestyle has its own political and social implications, it highlights a new wave of so-called counterculturalism that is concerned about sustainably and ethically produced food. The counterculture ideals, both old and new, go beyond the fast-paced, hyper-industrialized world of the individual to seek out the needs within the community. Thus, the simple action of preparing and eating food is, at the core of numerous traditions, a communally based activity that brings us to traditions surrounding November and Thanksgiving.

November is nationally recognized as the



Good food comes from a good community.

month of thanksgiving, a month in which I am reminded of the crunch of leaves underfoot as I walk down a wooded trail, the gathering of family and friends in a warm home, and the wafting aroma of pumpkin spice from local eateries and bakeries. However, this November (and this Thanksgiving) will be unlike any I have previously experienced because, for the first time, I have a profound connection to the story of food.

As my internship comes to a close, I am reminded of my newfound hyper-sensitivity

to sustainably and ethically sourced fruits and vegetables through spending time at The Lord’s Acre to learn organic farming methods. However, the most profound gem of knowledge passed down to me that far exceeds any grower’s advice is the urgent importance of cultivating relationships with the land and within the communities in which we live. Without this connection, the dialogue spanning many food justice topics would be mute. Robin Wall Kimmerer, scientist and Citizen Potawatomi Nation

member, sums up this point best in her book *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants*. She writes, “Something essential happens in a vegetable garden. It’s a place where you can’t say ‘I love you’ out loud, but you can say it in seeds. And the land will reciprocate in beans.” Kimmerer so eloquently expresses the dialogue present between the land and the gardeners. She, along with many other individuals spanning the globe, makes the case for wholesome food inextricably linked with community.

Thus, this November, and in particular this Thanksgiving, I ask that you please remind yourself and the many others gathered around the table to give thanks for all the living beings that participated in feeding us. It certainly takes a community: from the microorganisms in the soil to the pollinators in the air, farmers managing the crops through to harvest time, and all the people and processes in-between the field and your plate.

It is with the sincerest gratitude that I write this message of Thanksgiving for the food quelling our hunger, for the friends bringing us laughter, and for the fellowship among living beings that promotes a transcendent peace for all.

Gabriel Whitlock is an intern at The Lord’s Acre.

““

We just moved in and love your paper! Thank you for the wonderful work – it is a treasure!

””

– Brett Egan

♥♥♥

Thank you

FOR YOUR SUPPORT!

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The *Fairview Town Crier* is a non-profit newspaper in its 22nd year of publication. It brings community news and events **FREE** to every mailbox and post office box in Fairview and Gerton and part of Fletcher and Reynolds every month — that’s over 8,500 households. Public support is critical to maintaining our office, which in turn supports other non-profits, community and civic organizations, as well as our non-profit mailing permit. This makes postage affordable for mailing. We appreciate your support, when you can, with whatever you’re able to give. We love our community and want to hear from you so drop us a line from time to time. Or call, Monday–Friday, 1–5 pm, 628-2211. **THANK YOU!**

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36 THE FAIRVIEW TOWN CRIER November 2018

Sweet and Sour: Wild Fox Grapes

The splendor of autumn's glory is upon us with sparkling sunny days, cool nights, and delicious fresh air. The harvest season continues here in WNC as apples, pears, and pumpkins are ripe and ready for picking. Most of the wildflowers and weeds are working full-time to complete their cycle and go to seed, making sure their dormant babies are nestled in the ground so that they will be ready to reawaken in spring to bring new life to these hills and mountains.

Last August, I was weeding and clearing brush behind our studio here at Windsong Farm, trying to get rid of pokeweed before it went to seed, when I noticed a huge tangle of wild grapes cascading over a hickory tree. Dozens of clusters of tiny, green fox grapes were hanging all the way to the ground. Usually, it requires a ladder to harvest these tiny grapes, as somehow the clusters often seem just out of reach up in the trees. I have kept an eye on these grapes now for two months and they finally turned a dark purple-black and miraculously escaped hungry birds.

Fox grapes are quite sour but loaded with flavor. In fact they are one of the most intense grape flavors I have ever experienced, and even though they are small—about the size of a small black eyed pea—they make up for it in flavor, especially in jelly.

Wild fox grapes (*Vitis vulpina*) are very common throughout the mountains and east coast of North America. They are also known as winter grapes or frost grapes, as they actually become much sweeter after a first frost. "Vitis" comes from the Latin word for "vine," and "vulpina" comes from the Latin word for "fox-like" or "belonging to a fox." It is believed that foxes were attracted to this type of grapevine. The grapes and the vine itself have many uses, both as a medicinal plant and as an edible delicacy. The grape vines can grow very high into



trees, and their reddish tendrils are edible as a trail nibble. Since these frost grapes are so hardy and tough, and the berries survive the fall icings on the landscape, they provide a superb source of food for birds and animals—and humans like me with a taste for a sweet wild raisin!

Wild fox grapes are easy to identify. The only plant one might possibly confuse them with is Canadian moonseed, which is extremely toxic and poisonous.

Moonseed has no tendrils and its grape-like berries have crescent-shaped seeds that are highly toxic and reputedly rank and bitter in flavor. After frost, when the leaves are gone, it is imperative to be careful, as the moonseed berries look just like grapes.

The leaves of the fox grape plant were used in the past for liver treatments. Wilted leaves were used as a poultice to relieve tenderness of the breasts after

Fox grapes are quite sour but loaded with flavor. In fact they are one of the most intense grape flavors I have ever experienced, and even though they are small—about the size of a small black eyed pea—they make up for it in flavor, especially in jelly.

childbirth.. The bark can be infused to treat urinary problems. All grapes also increase nitric oxide levels in the body, which helps reduce blood clots, and the seeds are a highly beneficial antioxidant.

When I was 19, my best friend and I spent an afternoon with an extension ladder gathering a few buckets of wild fox grapes. We had to work hard to reach the clusters of little grapes, shuttling down our small buckets and making sure there wasn't any poison ivy mixed into the vines. They were a bit sour to eat, with many raw grapes, but we boiled them until the grapes burst and the next day poured the juice through a jelly bag, added a lot of sugar and pectin, which all made the most flavorful grape jelly I have ever had. It was a lot of work to produce six little jelly jars, but it was a special treat that I have never forgotten. This may be the perfect year to try out that old recipe, as the hard, killing frost that many of us had this spring not only ruined our walnut, apple, pear, and cherry tree crops but also seemed to produce a bumper crop of wild grapes.



Contact Roger at rogerklinger@charter.net.



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COMPUTER BYTES BILL SCOBIE

Headphones, Updates, and Recycling

Apple wants you to think plug-in headphones are passé, as they no longer will include that headphone dongle with new iPhones. You will need to own or buy Bluetooth headphones or a Lightning-to-headphone-jack converter.

Microsoft Updates

You may have heard that Microsoft will extend support for Windows 7 beyond January 2020, but that is only for business clients with Professional and Enterprise customers with Volume Licensing. It will extend security updates for another three years. Of course, it won't be free and the cost will go up each year.

In the (delayed) October 2018 update for Windows 10, you will find that the Disk Cleanup tool will now purge files in your Downloads folder. So be careful and immediately move needed files, photos, documents, and installer files to another location. You should back up your documents and such before updating any software.

The October 2018 update was deleting some upgraders' profiles, thus deleting their data. When the update is re-released, this should be fixed. When installing the update, you may start seeing an alert when installing Firefox, Chrome, or other web browsers, saying that you already have a safer and faster browser called Microsoft Edge. Nothing will prevent the installation

of those other browsers; just click through to the "Install Anyway" button.

Delete Your Account?

If you want to delete your Facebook account, don't log back in to test if it really has been deleted. Facebook has recently lengthened the number of days (to 30) they will keep your account around. They claim they have seen a rise in the number of people trying to log in after 14 days, so this it to "help" those people keep their accounts. I think all those people were just making sure their account was deleted.

Recycling Safely

Some people are getting to the point where they are ready to recycle their Windows 10 computer, and they might be worried about erasing their hard drive. Windows 10 now has an option as part of its ability to perform a factory reset to let you "Remove files and clean the drive." This does take time but is good enough for most people. And if you are recycling any other smart device, remember to at least do a factory reset on it before passing it on. Search Google for instructions.



Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or bill@scobie.net

The Fairview Town Crier

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Submissions

Announcements, community news, upcoming events, Just Personals, Letters, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the *Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

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The *Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*. Email editor@fairviewtowncrier.com or mail to *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730.

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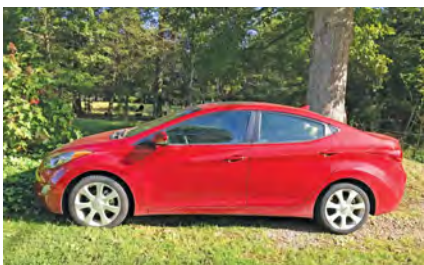
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COLOR DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

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Full page	\$317	\$347	\$376
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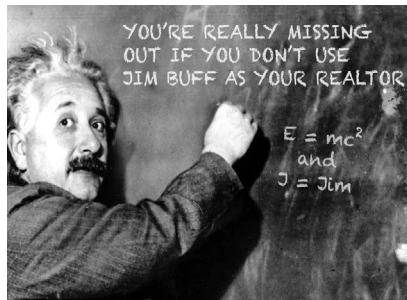
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SOUTH! Priv 4 BR/3 bath on 2.36 acres off Sweeten Creek Rd, master on main, 2 FP, heated sunrm, HOME WARRANTY, screen porch, lg deck, attached gar, + attached 2-car carport, full bsmt, MLS#3443277, **\$649,000!**



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SOUTH! Near airport, totally remodeled older home, 2 BR/2 baths, dining room, level lot, new siding, windows, roof, floors, heat pump! *\$10,995 down, APR 4.83%, P&I \$1,089.99, **MLS#3423403, \$209,900!**



WEST! Large 2 BR, 2 bath, first-level condo, LR w/FP, lg master, enclosed rear porch, HOME WARRANTY, gated comm w/ pool, tennis courts, fitness ctr & biz ctr. Conv loc, **MLS#3435868, \$156,500!**



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