



THE VOICE OF OUR COMMUNITY

# The Fairview Town Crier

MARCH 2019 VOL. 23, No. 3 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

**INSIDE** Socializing Your Dog **P 19** >> Roadside Cleanup Groups **P 22** >> New Managers at The Lord's Acre **P 28**

## Kids Honor, Support Vets with Play



Back row (L-R): Michael Ireland and Steve Henderson of Brothers Like These; Dr. Richard Kelly, VA Medical Center; and Sharon West, Director of Women's Services at the VA Medical Center. Front row (L-R): Sara Barlowe, Savanna Reimels, Caleb Cole, and Graham Carter of the Like CCMS Destination Imagination team.

Last year, a group of students at Fairview Elementary interviewed Steve Henderson, one of the school's bus drivers. What they learned from him led them to an intensive project, a trip to Tennessee, and, now, an event with the VA Medical Center.

Steve told them about the struggle of Vietnam vets like him, particularly those with PTSD, to return to civilian life. The students, who were part of a 5th and 6th grade Destination Imagination team at FES, used his story to create a play that placed 14th out of 77 teams at a global competition in Knoxville.

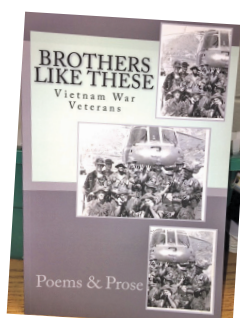
Four of those team members are now at Cane Creek Middle School, and they'll be part of a free event to bring more public awareness to the struggles of returning veterans.

On Saturday, March 9, from 3–5 pm, at

the Fairview Public Library, the students will perform their play and veterans will sign copies of a book of collected stories (from a therapy program at the VA), which will be on sale for \$12. Proceeds will benefit the CCMS team in this year's effort to once again take this project to the state and global competitions.

The future goal of this project is to help inspire the beginnings of a "Sisters Like These" program to encourage female veterans to work through their own struggles with PTSD through writing.

The library is located at 1 Taylor Road, in Fairview.



## The Hub of Fairview Is Closing

The Hub of Fairview will be closing effective March 1. The rental room is still available for now and can be scheduled by calling 628-1422. Anyone interested in renting the room or Hub space, please call Sandie Rhodes at 280-8270. See story on page 26.



## Vintage/Antique Sale at The Hub

Love to scrounge around old things? Appreciate the beauty of hand-hewn small furniture pieces? Enjoy dining on delicate, vintage china? Come to the Hub's big **Vintage/Antique Weekend Sale** starting Friday, March 22 from 3–7 pm. The sale will continue on Saturday, from 10 am–4 pm, and also Sunday, from 1–4 pm. Anyone interested in obtaining a space to sell vintage or antique pieces, please contact Sandie at 280-8270. Note: This is not a garage sale—please, only real vintage and antique items. For other items, the Fairview Community Center is holding a fundraising flea market on Saturday, March 30, 8 am–2 pm, and tables are available for a \$10 fee. See info below and call 538-9005 to reserve.

## Come Help Herston!

By Frank Wartman

Our longtime board member, Fairview Community Center caretaker, and friend, Herston Owenby, recently retired as a UNC-Asheville groundskeeper and was looking forward to time with his children, grandchildren, and friends from his church and our community. However, some recent health problems have led to a diagnosis of ALS (amyotrophic lateral sclerosis or Lou Gehrig's disease). Please join us to honor him and help raise money for all the costs that come with a long illness.

Saturday, March 30, 8 am–8 pm will be Herston Day at Fairview Community Center, 1357 Charlotte Highway, Fairview. See the lineup of the day's events in the box at right.

There will also be a 50/50 raffle and silent auction with items provided by vendors of the Fairview Craft and Gift Fair.

You don't need to know Herston to participate any time of the day. It's a

### Herston Day

8 am–2 pm (rain or shine): **Indoor yard sale** and **hot dog lunch** (continental breakfast also available). Space and 8-foot table available for \$10 each; larger space/additional tables available for slight extra charge. Call 338-9005 to reserve a space to make some money with your spring cleaning, pick up a few items you've been looking for, get a great lunch, and help out a community friend.

5:30–7 pm **Spaghetti dinner** with all the fixings

6:30–8 pm **Square dance** called by Franklin Sides

great opportunity to meet new and old members of the Fairview community. All proceeds will go toward Herston's medical and travel expenses.

## New Town Crier Hours

Effective March 1, the *Town Crier* office will only be open and manned (or womaned) on *Monday, Tuesday and Wednesday from 11 am to 5 pm*. The blue dropbox on the outside wall is available 24/7 for drop-offs.

Office Manager Annie MacNair (office@fairviewtowncrier.com) will answer emails on Monday–Wednesday only. Any submissions or questions about getting something into the paper should be directed to our Editor, Clark Aycock, at copy@fairviewtowncrier.com. Deadline is always the 10th of the month for all editorial and display ad submissions. There is some leeway and everyone will do their best to accommodate needs. General information about advertising and editorial guidelines can be found on our website at fairviewtowncrier.com.

If someone has an urgent issue where time is of the essence, please email Publisher/Editor-in-Chief at sandie@fairviewtowncrier.com.

## NEXT CRIER LABELING DATES

**APRIL 2 and APRIL 30 (10:30 am)** at the main Fairview Fire Station. Email pattiparr@yahoo.com or call 628-2211 for information.

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## COMMUNITY EVENTS

### Spring Mountain Community Ctr.

**Community Leadership Meeting:** Usually first Tuesday, 6:30 pm. **Quilting Bee:** Meets every second Tuesday, 10 am–2 pm. Call 628-7900 or 628-1938. **Berrypickers' Jam:** Tuesdays at 7 pm. **Slow Flow & Yin Yoga with Anna:** Mondays, 8:30–9:45 am. \$5–10 suggested. **Yoga with Sabrina:** Thursdays 6:15–7:30 pm. \$5–10 suggested. 807 Old Fort Rd. springmountaincc.com

SMCC's garden project will be starting soon. They are looking for donations of seeds, plants, money, and workers—especially those who want to learn about gardening.

The center also wants to raise \$5,000 from the community for a new electronic sign. They are also open to getting a used sign from a local sign company, if available.

#### MARCH 2 (SATURDAY)

### Black Mountain Library Talk

10 am. Fairview's Mary Alice Ramsey, Buncombe County Master Gardener Volunteer, will present "Planning Your Vegetable Garden." She will cover topics of identifying a gardening site, selecting your vegetables, improving soil, keeping records, and more. She will also give a mini-workshop on starting your seeds. You'll get seed starter soil, containers,

and seeds to take home. 105 N. Dougherty Street, Black Mountain.

#### MARCH 5 (TUESDAY)

### Success with Seeds

7 pm. John Murphy of Bullington Gardens in Hendersonville will discuss how to successfully sow seeds indoors and directly in the garden. Fairview Public Library. See page 5 for more information.

### Info Session for New School

6:30–8 pm. Trinity of Fairview Academy, a Christian, college prep school, will open in August. 646 Concord Rd., Fletcher. See page 16 for more information.

### Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Department, 49 East Fanning Bridge Rd., Fletcher. 230-6523.

### Prostate Cancer Support Forum

7 pm. Us TOO of WNC. Open discussion; no fee. 5 Oak St., Asheville. 242-8410, wncprostate@gmail.com.

#### MARCH 6 (WEDNESDAY)

### FBA Member Meeting

6 pm. The meeting will take place at the Gloria Berlin Agency, 131 Charlotte Hwy., Fairview. See page 27 for more information.

### Knee Replacement Seminar

5:30–6:30 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

#### MARCH 6, 20 & 27

### Fairview Preschool Open House

10 am. The preschool will hold an open house every Wednesday, except the second. Call for information, 330-2073. 596 US Hwy 74, Fairview.

#### MARCH 7 (THURSDAY)

### Hendo Story Club

7 pm. The Center for Art & Inspiration will hold its first monthly Story Club. \$10 at door. Participants are chosen randomly to tell five-minute stories (no notes). Judges are selected from the audience and prizes are awarded. The theme for March is "Turning Point." Alcohol and soft drinks are available. For more information, visit thecenterai.com or call 828-697-8547. 125 S. Main St., Hendersonville.

### Embroiderers' Guild Meeting

9:30 am–12 pm. Registration starts at 9:30 and is followed by a short business meeting and the program until noon. 3 Banner Farm Rd., Etowah/

Horse Shoe. If interested, contact Roberta Smith at 243-6537 or Janet Stewart at 575-9195.

#### MARCH 9 (SATURDAY)

### CCMS Play and Veteran's Benefit

3–5 pm. CCMS students will perform a play they wrote and veterans will sign copies of a book of collected stories. See front page for more information. Fairview Public Library, 1 Taylor Rd., Fairview.

### Make-a-Blanket Day

10 am–2 pm. The WNC Chapter of Project Linus will take part in Make-a-Blanket Day. Supplies and snacks provided. 2 Compton Rd., Asheville. Contact Ellen at 645-8800 or gknoefel@charter.net for more information.

#### MARCH 10 (SUNDAY)

### 2nd Sundays @ The Center

3 pm. Bobbie Pell shares Celtic music and stories. \$15. Purchase tickets at thecenterai.com or call 828-697-8547. The Center for Art & Inspiration. 125 S. Main St., Hendersonville.

#### MARCH 11 (MONDAY)

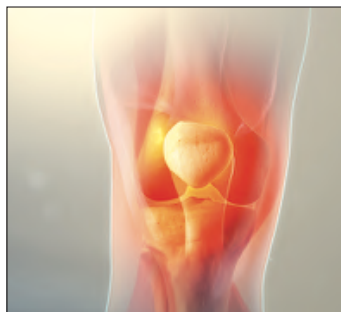
### Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome.

## IN PAIN ?



NEUROPATHY



KNEE PAIN



SCIATICA

## GET RELIEF THE NATURAL WAY!

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### KNEE PAIN

WEDNESDAY, MARCH 6  
5:30 PM

### SCIATICA

THURSDAY, MARCH 14  
5:30 PM

### NEUROPATHY

THURSDAY, MARCH 21  
5:30 PM

### KNEE PAIN

THURSDAY, MARCH 28  
5:30 PM

**RSVP REQUIRED: 828-490-4207**

All seminars held at Ryan's, 1000 Brevard Rd., Asheville, NC





## COMMUNITY EVENTS

704-975-0095. Fairview Public Library, 1 Taylor Rd.

### Stitches of Love Meeting

7–9 pm. Group donates handmade articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. Call 575-9195.

MARCH 14 (THURSDAY)

### Welcome Table

11:30 am–1 pm. A lunch served to anyone in the area seeking food, fellowship, and community. Donations are greatly appreciated. The meal will only be served once a month until more volunteers are available. Behind the library in the fellowship hall of Fairview Christian Fellowship. 596 Old US Hwy 74, Fairview.

### Sciatica Seminar

5:30–6:30 pm. Learn about new treatments and technologies that may help you avoid back surgery and eliminate the need for drugs. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

MARCH 16 (SATURDAY)

### Dutch Oven Cooks Meetup

9 am–5 pm. Cook with dutch ovens or learn how to with the "Blue Ridge

Cast Iron Posse." Breakfast and a main meal will be served. Bring your own chairs. Free and open to the public. For more information, email Chet at ke4vxc@yahoo.com. At Bopp Park (private property): Go to the intersection of Miller Rd. and The Old Run Rd., where a sign will direct you.

### Roadside Cleanup

9 am. The Garren Creek Community Adopt-A-Road group. See page 22 for more information.

MARCH 17 (SUNDAY)

### Ethical Humanist Meeting

2-3:30 pm. 227 Edgewood Rd., Asheville. Call 687-7759 or go to EHSAsheville.org.

MARCH 19 (TUESDAY)

### Library Book Club

7 pm. The group will discuss this month's selection, *The Wife*, by Meg Wolitzer. See page 5 for more information. Fairview Public Library, 1 Taylor Rd., Fairview.

MARCH 21 (THURSDAY)

### Democratic Women's Dinner

5:15 pm, reg.; 5:30, dinner; 6, program. For dinner reservations, RSVP by March 15 to lindalstover@gmail.

com. 951 Old Fairview Rd., Asheville.

### Info Session for New School

6:30–8 pm. Trinity of Fairview Academy, a Christian, college prep school, will open in August. 646 Concord Rd., Fletcher. See page 16 for more information.

### Neuropathy Treatment Seminar

5:30–6:30 pm. Learn about the causes, diagnosis, and treatment of peripheral neuropathy. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

MARCH 22 (FRIDAY)

### Florence Nature Preserve Cleanup

10 am–3 pm. Morning-only shifts are fine, too. Bring lunch and water; wear closed-toe shoes and long pants. Water, snacks, and tools provided. RSVP to volunteer@conservingcarolina.org or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton.

MARCH 22-24

### Vintage/Antique Sale at The Hub

Friday, 3–7 pm. Saturday, 10 am–4 pm. And Sunday, from 1–4 pm. See front page for more information. 1185G Charlotte Hwy., Fairview

MARCH 23 (SATURDAY)

### Genealogy Talk

2–3 pm. Old Buncombe County Genealogy Society presents "Historical Building and Deed Research," by Karen Kort, a local real estate agent and Fairview resident who researches property ownership and its history. For more information, visit obcgs.com or call 253-1894. 128 Bingham Rd., Suite 950, Asheville.

### An Improper Royal Tea Murder

2 pm. Ticket includes interactive murder mystery plus a "Compleat Royal Tea." \$44. Purchase tickets at thecenterai.com or call 828-697-8547. The Center for Art & Inspiration. 125 S. Main St, Hendersonville.

### Digital Citizenship Session

10:30 am. Presentation and discussion of best practices for how to be a responsible user in the digital world. Fairview Public Library. See page 5 for more information.

MARCH 26 (TUESDAY)

### Documentary Film Series

6 pm. "When We Were Kings," about the Ali-Frazier boxing match in 1974. Fairview Public Library. See page 5 for more information.

*continued on page 4*



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**31 ACRES, COZY CABIN, WELL & PUMP W GENERATOR, LONG LEVEL RIDGETOP VIEWS,** valley creek, trails thru-out, no close neighbors, no restrictions, no road noise. **\$300,000**, will divide MLS# 3155768



## COMMUNITY EVENTS

MARCH 28 (THURSDAY)

### Knee Replacement Seminar

5:30-6:30 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

MARCH 30 (SATURDAY)

### Fundraiser for Herston Owenby

8 am-2 pm: Yard sale, breakfast, and lunch. 5:30-7 pm: spaghetti dinner. 6:30-8 pm, square dance. See front page for more information.

### Pancake Breakfast for Fire Dept.

8-11 am. \$8 per plate recommended donation. All proceeds go directly to the department. See page 14 for more information. 1586 Charlotte Hwy, Fairview.

### Roadside Cleanup

10 am-12 pm. Spring Mountain Community Center cleanup along Old Fort Road. See page 22 for more information.

### Sewing Class Seminar

3-4 pm. Introduction and talk on how to redesign and create clothing. 22 Old Fort Rd., Fairview. 273-1375 or redesignit2@gmail.com.

APRIL 2 (TUESDAY)

### Town Crier Labeling

10:30 am. Meet other people from the community and help us get the next issue of the *Fairview Town Crier* into the mail! 1586 Charlotte Hwy., Fairview.

SAVE THE DATE

APRIL 2

### 20th Anniversary Library Event

Storyteller Sheila Kay Adams will be coming to the library for a special program. This is a free event but you must pick up a ticket to attend. Tickets will be available at the library starting March 5. See page 5 for more information.

APRIL 13

### Asheville Bookfest

The 10th anniversary Asheville Bookfest will take place at the Asheville Outlets mall. More than 50 local authors, including some who are Fairview-related, including Donna Lisle Burton, will be in attendance to read, sign, and sell their books. Laura McCaskill, who works at Americare Pharmacy, is involved in the planning. The event is free and open to the public. For more information, contact Micki Cabaniss at 277-0998 or micki@gratefulsteps.org.



## Save the Date for Easter Eggs

Mark your calendar for Sunday, April 20 for Trinity of Fairview's Community-wide Easter Egg Hunt!

Young ones will share the old-fashioned fun of an Easter egg hunt, plus candy and gifts, from 10 am to 2 pm.

For information, visit trinityoffairview.com or their Facebook page. Trinity of Fairview is located at 646 Concord Road in Fletcher.

### IDENTIFICATION STATEMENT

*The Fairview Town Crier* is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. *The Fairview Town Crier* is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

**Editorial Policy:** *The Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 30.

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tow pkg and much more

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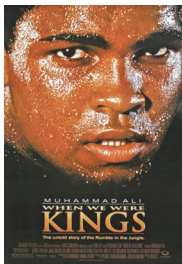
EVENTS

## 20th Anniversary Event!

Tuesday, April 2 at 7 pm

World-renowned storyteller Sheila Kay Adams will be coming to the library for a special program in honor of our 20th anniversary. This is a free event *but you must pick up a ticket in order to attend*. Tickets will be available at the library starting March 5.

### Documentary Film Series



March 26 at 6 pm

**When We Were Kings (1996)**

1 hour 28 minutes.

Rated PG

A four-part film series dedicated to the art of documentary filmmaking.

"When We Were Kings" chronicles the build-up to the famous boxing match between Muhammad Ali and George Foreman in 1974. It won the 1996 Academy Award for Best Documentary.

All screenings are hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce the film and lead a discussion after.

Remaining films in the series are "Grizzly Man" on April 30 and "The King of Kong" on May 28. Popcorn provided by Grail Moviehouse.

### Digital Citizenship Session

March 23 at 10:30 am

Wes Bullock of the Biltmore Learning & Development Team and East Carolina University will present a program on Digital Citizenship. The presentation will include some thought-provoking questions and discussion of some of the best practices for how to be a responsible user in the digital world. It is suitable for all individuals, especially families.

### Book Club

March 19 at 7 pm

Fairview Evening Book Club will be reading and discussing *The Wife* by Meg Wolitzer. No sign up or registration is required to join the book club, and new members are always welcome.

### Future Book Club Dates and Titles

April 16 – *Hour of the Land*,

Terry Tempest Williams

May 21 – *White Houses* by Amy Bloom

### FOR KIDS

### Art Adventures for Kids

March 29 from 3:30–4:30 pm

Join us for the first session in this new program that celebrates famous artists.

## "Success with Seeds" — A Gardening Program

Tuesday, March 5 at 7 pm

John Murphy of Bullington Gardens in Hendersonville will discuss how to successfully sow seeds indoors and directly in the garden. He'll talk about collecting seeds, seed dormancy, germinating media, and considerations for growing indoors. John has promised this program will be a messy one, so be sure to mark your calendars for some indoor, messy gardening fun.

Presented by the Friends of Fairview Library. Refreshments will be served.



Learn about Henri Matisse, and then create an original masterpiece inspired by his techniques.

This monthly club is for kids 8–12. Upcoming sessions include Frida Kahlo (April) and Pablo Picasso (May).

### Toddler Gyms

Weekly on Tuesdays and Wednesdays from 11:30 am–12:30 pm

Parents and children ages 0–18 months are welcome to join us on Tuesdays after Baby Storytime. Parents and toddlers (ages 18 months–3 years) are welcome to join us Wednesdays after Toddler Storytime at 11. We have baby- and toddler-sized toys, climbing structures, tunnels, and more.

Come enjoy some indoor fun for you and your little one during the winter months.

### Heroes Unlimited Role Playing

March 6 at 4 pm

Role-playing games are a great way to cultivate creativity, encourage teamwork and cooperation, and teach problem-solving skills. They're also a lot of fun. No experience necessary. Snacks and supplies provided. Space is limited. Stop by or call to guarantee your spot. Grades 6–12.

### Regular Kids Programming

Baby Storytime: Tuesdays, 11 am

Toddler Storytime: Wednesdays, 11 am

Preschool Storytime: Thursdays, 11 am

LEGO Club: First Friday, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

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### NEW LISTING



Great Investment properties! 2.2 acres with a house, singlewide and double wide homes. Two are rented and owner lives in one. Pole barn offers lots of storage. Great location! **\$350,000** Call Susan Lytle 828.301.1410

### LAND FOR SALE

**NEW! 7+ ACRES OF SPECTACULAR MOUNTAIN TOP VIEWS.** Road cut in, several spots to build. Build one house or three, great VRBO possibilities \$50,000

**NEW! 0.63 OF AN ACRE IN BEAUTIFUL GATED COMMUNITY** Lots of amenities in this private secure community. Green space, playground, paved roads and running creek. Mountain views from this property, potential to be a beautiful build spot. \$59,000

**NEW! BEAUTIFUL 4.75 ACRES** with driveway cut in and house site ready to build. 15/20 minutes to DT Asheville and the Blue Ridge Parkway. Call Susan Lytle for more info on this property 828.301.1410 \$79,000

**NEW! PRIVATE 2.4 ACRE** with view, pond, creek, well, septic, and homesite graded. Paved road access. Call Karen 828-216-3998 \$100,000

**NEW! AWESOME PRIVATE HILLTOP** 1+ Acre Lot with huge view potential. VRBO Builds OK!! Lot is very accessible. ONLY \$41,000 Call Karen, 828-216-3998

**NEW! 3.58 PRIVATE ACRES** with breathtaking long-range views. They are not making anymore lots like this! Level access from paved road, sloping lot in beautiful gated community. Pool, tennis and golf membership option. Call Karen 828.216.3998. \$100,000

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**NEW! REYNOLDS COMMUNITY LOT.** City Water, Sewer & Natural Gas Available. Gentle Slope with lots of trees. No city taxes. \$89K. Call Jenny Brunet 828.779.4473 for more information.

**NEW! SPECTACULAR VIEWS FROM VERY PRIVATE 5 ACRES** of improved property. 3 bedroom (per owner) septic tank. Driveway extends beyond the present home site, to an area cleared to build. Great potential for vacation rentals as well as owner occupied home. \$55K Call Karen Cernek for more Information (828) 216-3998

**NEW! 6.98 ACRES OF UNRESTRICTED WOODED SOUTH FACING PROPERTY** in a wonderful Fairview location only 15 minutes from DT Asheville and the Blue Ridge Parkway. This property lays well and is very buildable. The property has a creek and large mature trees. Build your dream home or family compound here. \$175K Call the office for more info.

**NEW! ECHO LAKE, GORGEOUS PRIVATE WOODED LOT** with pristine mountain brook. Build on upper portion of lot for mountain views. Lake rights may be purchased. \$80,000 Call Karen 828.216.3998

**NEW! JUST UNDER 1/2 ACRE UNRESTRICTED** lot, lightly wooded, very nice laying land. Paved, state maintained road, 2 BR septic permit, no HOA. Newer homes in area, only 15 min. to Asheville. \$42,000 Call Karen 828.216.3998

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Beautiful N. Asheville home! Updated throughout & open floor plan. Outdoor space w/hot tub & fire pit. City water/sewer. 5 mins to Weaverville, 10 mins to DT AVL. A must-see! Call Sophia Underwood 828.691.0311 **\$625,000**

### NEWLY REDUCED!



One level home on private 1 acre. Full remodel in 2006, open floor plan, huge master suite. Patio overlooks level, fenced backyard with garden space. Paved access and driveway, 1 mi from Hwy 74A. Additional land may be available. Call Karen Cernek 828.216.3998 **\$425,000**



1.5 Story, 4,412 square foot custom home design with full basement on 2.33 Acres in beautiful Smith Knolls. Home has lots of extras and the valley views below are amazing. Call Jenny Brunet for more info: 828.779.4473.

### NEW LISTING



Must see! Build your dream home in this new development in North Asheville. Private subdivision in the rolling hills. Easy access to I-26, 10 mins to DT Asheville, 5 mins to Weaverville. Call Sophia Underwood (828) 691-0311

### REDUCED PRICE



Fantastic location in Asheville. Country living in the city! Lot #2 **\$80,000**. Lot #3 4.89 acres **\$135,000**. Lot #4 **\$85,000**. Lot #5 **\$85,000**. Lot #6 **\$70,000**



5 bed/3.5 bath on 5.37 Acres. Post & Beam home w/ panoramic views! Lg loft, BRs & bath on all 3 levels. Currently used as investment property. Decks for entertaining w/hot tub. **\$650,000**

### UNDER CONTRACT



Custom brick home overlooking Cane Creek Valley. 2 kitchens, 2 family rms, formal dining rm, livingroom. Eat-in kitch on main, custom cabinets, walk-in pantry, granite, SS appliances. Custom closets, much more! **\$599,000**

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### PROPOSED BUILD



Brand new Arts & Crafts! Open floor plan, 3/2, one-level. Covered back porch. Wood floors throughout. New subdivision in the heart of Fairview, agrihood community with a 1/2 acre lots. **\$395,000**

### PROPOSED BUILD



3/2.5, 2-story w/cathedral ceilings. Open floor plan w/ huge great room, dining area & kitch w/bfast bar. Master on main, walk-in closets. New agrihood subdivision in heart of Fairview. Many plans available. **\$425,000**

### MAJESTIC OAKS! LOTS GOING FAST — DON'T WAIT!



LOT 1	0.5	<b>SOLD</b>	LOT 6	0.51	\$59,000
LOT 2	0.5	\$59,000	LOT 7	0.64	\$64,000
LOT 3	0.5	<b>SOLD</b>	LOT 8	0.526	\$59,000
LOT 4	0.521	<b>SOLD</b>	LOT 9	0.521	\$59,000
LOT 5	0.482	<b>SOLD</b>			

**+ ALMOST 1/2 ACRE OF GREEN SPACE!**



## How We Help the Hungry in Fairview

**T**his month I want to describe the operations of the Food for Fairview Pantry and tell you about some of the experiences of food-insecure clients in Fairview.

Food for Fairview is open on Monday afternoons from 3–6. Some of our volunteers get to the pantry as early 11:30 am to help set up for the afternoon and head to Food Lion to pick up their very generous donations. The line into the pantry is closed at approximately 5:45 because it usually takes a client about 15 to 20 minutes to shop the pantry with the assistance of a volunteer.

Tuesday mornings between 7:30 and 10:30, some of the same volunteers that were there on Monday afternoon, along with additional volunteers, restock the pantry shelves with the weekly order placed by the Pantry Manager with MANNA Foodbank, and with items purchased that morning from MANNA. About twice a month, volunteers also pick up supplies by trailer for the federal government's Temporary Emergency Food Assistance Program (TEFAP).

### TEFAP Details

TEFAP is a free government program based on the number of people on the federal food stamp program in the county. This can be up to 2,800 pounds

of dry goods, canned goods, meat, and poultry, and lately it has included frozen spare ribs, apples, potatoes, and milk. Food for Fairview is one of only 12 pantries of the 36 in Buncombe County that is part of this program. There are requirements for record-keeping (monthly reporting), storage (the TEFAP items must be stored separately from the pantry's regular items), and maintenance of demographic information on the households receiving TEFAP.

We maintain separate storage areas for the TEFAP dry and canned goods, and separate freezers and refrigerators. Donations have allowed us to replace and add additional refrigerators to accommodate the milk that has recently been a part of TEFAP. TEFAP is not pick-and-choose like the pantry. The recipient gets a prepared box of food items weekly when available. The items are the same every week. If the pantry's clients have enough pinto beans, kidney beans, split yellow peas, canned tomato sauce, etc., they donate it back at the collection site at The HUB.

### Reasons for Need

I am sometimes asked why people need to come to the pantry for free food. The reasons vary. Some are elderly and trying to subsist only on their Social Security

payments. Some are people who are either unemployed or underemployed and cannot stretch their budgets to cover their basic needs.

Recently a person who had not been into the pantry in over nine months signed in for TEFAP. I asked why they were back, and this individual said that their spouse had lost their job. TEFAP, requires us to ask a person's past week or previous month's income.

Another person, an adult child shopping for their parent, said the parent's previous month's income amounted to \$900. I asked if that was Social Security, and it was. They said that if their parent's home wasn't paid for, they didn't know where the parent might live.

Sometimes it works the other way. I recently saw a person working who I recognized as a pantry client. They had not been back to the pantry since finding employment.

Food insecurity affects individuals from many different walks of life, and that is why we do what we do.

*Jeff Cole is the Executive Director of Food For Fairview, which is a tax-exempt 501©(3) Corporation. For more information, please call 628-4322 or go to [foodforfairview.org](http://foodforfairview.org).*

## How You Can Help

Donation of money allows Food for Fairview to purchase food, taking advantage of Manna Food Bank in Asheville where food can be purchased in bulk at a savings. We also shop local stores. You can donate directly from their website, [foodforfairview.org](http://foodforfairview.org).

Donation of food is always appreciated. The food should be non-perishable canned goods and food staples in good condition within the expiration date. Produce from local gardens, diapers, paper products, and hygiene items are welcome. You can drop off items at the The HUB, 1185G Charlotte Highway, from 11 am–5 pm Monday to Friday.

Donation of time is a rewarding way to give back to your community. Volunteers are needed to greet clients, assist them in shopping, stock shelves, carry boxes to cars, transport food from MANNA Food Bank to the pantry, and help with fundraisers. As little as four to five hours a month is of tremendous help.

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- Week 2** June 24–28
- Week 3** July 1–5
- Week 4** July 8–12
- Week 5** July 15–19

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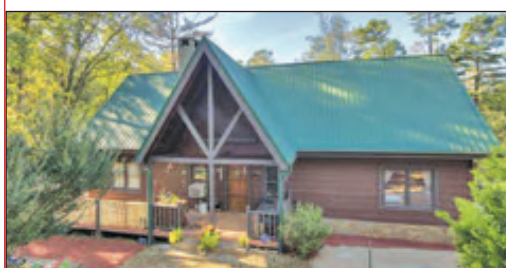
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\$315,000 MLS 3453948



Arden: Updated end unit townhome in the desirable Village at Bradley Branch. 3BR/2.5BA  
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## Growing Up in Swannanoa in the 1950s and '60s, Part 2

**H**enry H. Ingle Sr. (1884-1973) was my grandfather. In the 1940s, he was living on the Young farm near Beacon Manufacturing Company.

By that time, most Beacon employees had cars, and parking spaces for them at work were getting hard to come by. To solve this problem, Beacon bought the Young farm and moved 14 houses to that property, which freed up space for a parking lot.

This meant my grandfather had to move. Bordering the Young farm on the east was land that had belonged to the late Rhoda Alexander White. Rhoda was the daughter of George C. and Elizabeth Foster Alexander, who had built the Alexander Inn in Swannanoa that stood on Old 70 near Grovemont. (It fell down in the 1990s.) Elizabeth (1799-1885) was an older sister of my grandfather Henry Ingle's grandfather, Benjamin Franklin "Frank" Foster (1817-1893). My grandfather bought part of the former Alexander-White property and built two houses. One was for my parents, who moved in in February 1950. I had not been born yet. The other was for him, his wife, his grandparents, and their unmarried daughter, Dorothy Ingle. They all moved in in March 1950.

My grandparents were getting old in the mid 1960s, so they decided to divide their land. The Rhoda Alexander White land had been laid out as a development by her husband T.L. White after her death. The development went nowhere but the land was still laid out in lots.

My grandfather got all his information on the land from a woman called Mother Mann, who had rented the land for many years and lived on part of it across US 70. I do not know if my grandfather had misunderstood what she said or he really did not know what she was talking about—or both. Anyway, I was told that there were supposed to be two rows of lots across the driveway from my parents' and grandparents' houses, a row of lots across from the land where my parents and grandparents lived, and a strip of land in back that was not in lots.

My grandparents gave my Uncle Bud (Henry H. Ingle Jr.), my Aunt Mildred, my Aunt Frances, and my parents each a lot and then sold the "strip" to my father. My parents deeded their house to the unmarried



Dorothy. This left a lot between my parents' house and my grandparents' house that belonged to my Aunt Dorothy. My grandparents decided to sell that lot to me.

I was raised as my grandparents were. You were expected to start working, at least a little, at age 6. You were also expected to save most of the money you earned. I would plow with a push plow, sell strawberries, and do other jobs. My Aunt Mildred and Aunt Frances sold their lots to my parents for \$500 each. My grandparents sold me the lot between my parents and Aunt Dorothy for \$500. Even though I was 12 years old I had the money.

I was excited about being a landowner. I got the plat for the development and grandfather's 50-foot-tape and decided to find out the exact boundaries of my lot. There were supposed to be two rows of lots between the driveway and the railroad. One row faced the driveway, and the other faced the railroad. This would be a distance of around 300 feet. I measured the distance and it was only around 150 feet. I told my grandfather that his house (now my Aunt Dot's) and my father's were not on their property. My grandfather said, "I don't give a [darn] what you measured. Mother Mann said there were two rows of lots across the driveway and that is it."

I went to my daddy as soon as he got off from work. I told him I had measured the land across the driveway and there was only one row of lots across the driveway and he did not own his house. My father laughed and said the bank (Swannanoa Bank and



Far left: Bruce's grandparents, Henry Harrison Ingle Sr. (1884-1973) and Ollie Davis Ingle (1887-1964)

Left: Bruce, age 12, with his grandfather, Henry Harrison Ingle Sr. in 1965

Trust, which was owned by Roy Alexander, a great nephew of Rhoda Alexander White) had loaned him money when he built his house. If a bank lent him the money, he knew it was OK. I asked him if Roy Alexander had the property surveyed. He said no. Roy lived across the Swannanoa River in back of the house on a hill. He said he saw (from his house) that daddy was building a house on his Aunt Rhoda's land and asked if he wanted to borrow some money. Daddy told him yes. Roy Alexander handed him a check and father signed a piece of paper and that was it.

Father smiled at me and said he would measure the lot and show me I was wrong. He did, but his eyes got as big as saucers. "You're right!" he said. The next day father called his lawyer, George Winston Craig (1894-1985), who was the son of North Carolina Governor Locke Craig (1860-1924) and had represented Buncombe County in the state House of Representatives in the 1930s. He told Craig what I had found. Craig said, "When you punch out at work don't you even stop to go to the bathroom. You get your [butt] over to my office! If we don't get this mess straightened before that old man and woman [my grandparents] die, it will take 20 years to get it fixed."

Grandfather always used Paul Young as his lawyer. He married the daughter of grandfather's first cousin (also through the Fosters).

George Craig called Paul Young and asked him, "How in the [heck] did you make those deeds for Henry Ingle." Young

told him, "He would make Mr. Ingle a deed for Buncombe County if he asked him to." Craig had a fit at that answer. Young and Craig were connected, so nothing was done to Young. George Craig went to the court house and had Register of Deeds George A. Diggs Jr. withdraw the bad deeds from the register.

I was out in the back yard playing with my dog Jack a few weeks after George Craig got all the deeds straightened out. A car pulled up in the driveway and Buncombe County Tax Collector Eskridge got out. He said to me, "I want to know if you can tell me what in the heck is going on up here. I have never seen such a mess in all the years I have been in office." I told him the story of what I had found. Eskridge asked me, "[Who] drew up those deeds?" I said Paul Young. Eskridge said, "Say no more; that tells it all." Eskridge laid down a tax plat on the ground of all the surrounding area, including the Rhoda White property. He asked this 12-year-old boy to tell him who owns each piece of property on the map as he pointed to each one. I told him and he wrote it down on the map. After we finished, he said, "Well, I will go back to the courthouse and change them to what you said. Thanks." He got in his car and left. That was the end of it.

*Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net.*



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## How to Minimize Paper Clutter

**A**re you feeling overwhelmed by piles of papers filling your kitchen table, bed stand, desk, or coffee table? You are not alone.

A major source of paper is our mailbox. Think of all the catalogs, magazines, medical bills, invoices, solicitations, financial documents, and credit card offers that creep into your house every day. Still more paper comes from our computers. We see an article, a recipe, or a great joke and feel compelled to print it. But then what do we do with it? We put it on the pile of other paper already on our desk because we don't have a home for those new papers.

The real problem comes when we miss paying bills on time, when memberships are canceled, or we can't find the tickets to the concert we've been planning on attending because we don't know where we put them.

### 10 Tips to Get Started

- Start by placing a trashcan or recycling bin next to the location where you open and review your incoming mail.
- Toss or recycle solicitations and junk mail immediately.
- Designate a location where mail and papers can be placed until you have an opportunity to review them.
- Place personal mail in a designated spot so family members can check their mail

easily.

- Put bills in a designated bin, shelf, cabinet, or box that is clearly labeled for easy identification.
- Place magazines, catalogs, flyers, etc. in a basket, magazine rack or other place where family members can access them.
- Store important records (financial, medical, insurance, car, home, etc.) and other important documents separately in one drawer of a file cabinet, desk drawer, or banker's box.
- Label a shoebox for easy storage of scattered bank, store, and other receipts.
- Make household files for classes, hobbies, recipes, jokes, correspondence, gift ideas, etc. so they can be easily accessed.
- Hang a calendar to display family schedules and events. Choose one with pockets that can hold concert/theater tickets to keep in one place.

These simple strategies can help you remove paper clutter from all over your home and allow you to enjoy your living space again.

*Diana Soll is a Certified Professional Organizer living in Fairview. She is a past president of the New York chapter of the National Association of Productivity and Organizing Professionals. For more information, you can email her at [Diana@grandsolutions.net](mailto:Diana@grandsolutions.net).*

## Changes Coming to Flickr & Google+

**A**re you using Google+? If you have a personal account, you should have received a notice from Google about that service going away on April 2 and the steps you should take to download your content. If you are not sure and are worried that you might lose something, go to [plus.google.com](https://plus.google.com) and sign in to see if you did anything in Google+. Google+ was an attempt to make an online community system of Google users, sort of like Facebook. It looks like Google thinks it failed.

If you're a Mac user and have been waiting to purchase Office 365 through the App Store and not straight from Microsoft, you can now download it to your iOS and MacOS devices the Apple way. After installing the app, you can then purchase the software from inside the app. If your iOS screen size is less than 10.1 inches, you can use the core basic editing functions for free.

There is an app to help you figure out which cell provider has better coverage. Crowdsourced data gathered by OpenSignal ([openseignal.com](https://openseignal.com)) is used in their app, available for iPhone or Android. Search for OpenSignal and read more about their worldwide coverage maps at [openseignal.com/networks](https://openseignal.com/networks).

Learn how to spot phishing email attempts to gather your login credentials and passwords by taking Google's phishing quiz at [phishingquiz.withgoogle.com](https://phishingquiz.withgoogle.com).

Live Transcribe from Google, currently for Android phones only, uses Google's speech recognition to translate between over 70 languages on the fly, and provides live captioning of what you are trying to hear or understand. Learn more at [android.com/accessibility/live-transcribe](https://android.com/accessibility/live-transcribe).

Are you a Flickr user from way back? Don't forget that March 12 is the deadline to download your photos if you have more than 1,000 on the service—unless you have already sprung for one of their Pro accounts. Grab your old images first or get them all by logging into your Flickr account, going through User Account, then Settings, to the bottom where you will find a "Request my Flickr data" button. Click that and wait for an email confirming they are ready to download.

Brush up on your Pirate or learn one of 70+ languages available via Mango Languages ([mangolanguages.com/available-languages](https://mangolanguages.com/available-languages)). It's all free with a library card. And check out many other online resources and databases via NC Live and the Buncombe County Public Library at [buncombecounty.org/governing/depts/Library](https://buncombecounty.org/governing/depts/Library).



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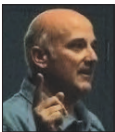
# Spring Is Coming, But Don't Be Fooled by Early Warmth

We had a breath of spring at times over the last two months. Each time it was during the first half of the month, with above-average temperatures followed by temperatures closer to average. Last month, February temperatures rose to 70 or higher on a couple days. The last time we had days that warm was back in the early part of November.

I doubt we will go very far in March without feeling the “warmth of Spring.” I have mentioned several times in this column that my greatest weather fear is for the atmosphere to warm up too quickly. Many of you would be quite happy with early warm temperatures, but this is not good for farmers and gardeners. An early spring can lead to premature bud burst on plants and trees, creating new vegetative growth that is not cold-hardy and is quite susceptible to late season frosts and freezes in April.

during April, producing hail that caused tree damage, and also late frosts that caused me to cover and move newly leafed Japanese Maples into protective areas. I usually breathe a sigh of relief when mid-May arrives, as my plants are usually out of danger—at least in terms of killing frosts.

In terms of precipitation, we started out at average or a bit above average after our wettest year on record last year. There is a pretty good surplus of water flowing in our rivers and streams. Ground water reserves are quite adequate, and no portions of the state are currently in a drought. Hopefully, we will get abundant precipitation as we go into the growing season.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

I have had two or three “bad” springs when my plants flushed out early. Our region is notorious for late freezes in the middle and latter half of April. I grow a large variety of plants and trees at my nursery. April can be, and usually is, wildly variable, with sudden and abrupt changes. As a nursery owner, April is my most difficult month. In past years, I have had my most destructive thunderstorms

QUESTION of the MONTH

How many different types of clouds are there, and how are they classified?

WEATHER WONDER

On average, how quickly do temperatures rise during the month of March?

We have time and the length of daylight on our side. In March, we gain almost an hour of daylight and increasing amounts of daily solar radiation. These changes on average boost temperatures on an upward track with normal highs and lows at 54 and 32 at the start of the month, rising to 63 and 37 by month's end. And daylight saving time begins at 2 am on March 10.

However, in March we can also get snow, as shown in the chart at right. Snow that falls in March usually melts quite quickly due to the increasing amount and duration of solar radiation. As the chart shows, March snowfall is possible, but amounts are usually low. March also averages from 4–5 inches of precipitation. We can get some heavy snowfalls if the pattern is just right. In fact, 10 of our largest 25 snowfalls have fallen in March. One of the most famous was the “Blizzard of '93,” from March 12–14, when 1½ to 2 feet of snow fell, with some drifts of 4 feet.

MARCH SNOW TOTALS

in inches

1991	3.1
1992	0.5
1993	18.2
1994	0.1
1996	1.5
1998	0.4
1999	4.2
2001	6.4
2003	2
2005	0.3
2009	5.1
2010	9.8
2013	0.3
2014	0.4
2017	2.1
2018	1.2

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THE FAIRVIEW TOWN CRIER March 2019 11



## How Meditation Can Help Your Everyday Life

**M**any of us go through our daily lives consumed by thoughts, fears, hopes, and fantasies from an overactive and under-controlled brain. Once these thoughts appear at the center of our attention, they often drive us to act in irrational ways or do or say things that we regret.

Different parts of our brains have evolved to do different things. Our brains are highly complex supercomputers that work on multiple levels all at once and integrate that information, as well as our response to that information, in real time. Sometimes our brains are successful at accomplishing these various complex tasks, but sometimes they do not perform as well as we would like.

One common example of this is the myth of multitasking. Many of us like to think that we are good at doing several different tasks at once, and that our performance does not suffer when our attention is unfocused. Scientific studies clearly show that we are in fact not good at multitasking. One clear example of this is traffic accidents and cell phone use. Texting while driving is as dangerous as drinking alcohol and



driving. Multitasking decreases attention to detail and increases the amount of time required to refocus on a project. Our brains work best when focused on a single task without distraction.

Another common challenge faced by our brains is the tendency to regret the past or be anxious about the future. Our large brains have evolved to be able to recall historical information and reprocess it repeatedly. This is problematic if it brings unhealthy stress to our lives or prevents us from living in the present moment. We are also able to conceptualize an infinite number of possible futures, some good and some

bad. Our brains tend to focus on the worst-case scenarios and get our emotional engines running. Once our emotional brain centers are activated, it is hard to stop them from controlling our lives.

Fortunately for us, our ancestors have dealt with these same challenges over the millennia. They found a solution: meditation. Meditation takes many different forms, but in the simplest sense it is the practice of mind control. When we truly take control of our thoughts, our emotions, and our actions, we see the chaos of our racing minds for what it is: a circus of drama. Meditation allows us to quiet our minds, to focus, and to see the world as it is.

Meditation, like any other life skill, takes time and practice to perfect. Like riding a bike or getting good at crossword puzzles, meditation requires practice. But this is time well spent. Meditation improves concentration and decreases distractions. It improves memory and improves performance on standardized testing. Meditation makes us more compassionate and less reactive. It decreases anxieties and lessens fears.

So how do you meditate? That is a complicated question with many possible

answers. A simple starting point is focusing on your breath. Close your eyes and focus your mind on your breath. See how many inhalations you can count before you notice your mind wandering to a different thought or feeling. Most people cannot get further than a few breaths before they get distracted. This is normal and a symptom of an uncontrolled mind. Simply refocus your attention on your breath and start the counting over again. And again.

Each time you notice your mind wandering, bring it back to your breath. Each time that you do this your mind will get stronger. Each time you do this the more reasonable parts of your brain will wield greater control over the more emotional parts, and it will slowly change into a calmer supercomputer.

There are meditation classes available locally and many meditation books in libraries. There are meditation apps available for your smartphone, as well as meditation retreats. But all you really need to start is your breath and the desire to make your life (and the lives of those around you) better. Start now and see where this path leads you.

*Mike Coladonato, MD, is a family practice physician at MAHEC Family Health Center at Cane Creek.*

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## Shoulder Tendinopathy vs Tendonitis

**A**s winter weather rapidly changes from one extreme to another, our daily activities change along with it. Activities that we only perform a few times a year can cause shoulder pain and dysfunction. The day after shoveling snow or washing the car, tightness and soreness on the outside of the shoulder might be felt. Noticing that it is harder to reach overhead, wash your back, or grab for the seatbelt are common symptoms of shoulder dysfunction. These symptoms may be an indication of rotator cuff tendonitis. Tendonitis is an acute inflammation of the soft tissue structure, called a tendon, that connects muscle to bone. Tendonitis usually resolves in two to three weeks if treated properly with rest, ice, anti-inflammatory medicine, and restricting repetitive overhead movements. The focus is to reduce swelling in the shoulder.

If shoulder pain and decreased function persists longer than a couple of weeks, the problem may be rotator cuff tendinopathy. This is caused by repetitive microtrauma to the rotator cuff tendons, causing the tendon to begin to degenerate. Rotator cuff tendinopathy is a more likely cause of shoulder pain than acute tendonitis and is treated differently. Because it is a degenerative process, blood flow to the shoulder is promoted, not deterred by medicine or

ice. Strengthening muscles in the rotator cuff and shoulder blade is an integral part of the treatment. If the root cause of the tendinopathy is not treated properly, it can progress to a tear in the rotator cuff, which then can lead to surgery. It's important to seek treatment early when shoulder pain, stiffness, and decreased function occur to reduce the chance of needing surgery.

The bones in the shoulder area include the scapula, clavicle, and humerus. The rotator cuff is made up of four muscles that attach to the ball of the humerus. Its job is to keep the ball in contact with the shoulder blade as the arm is raised. For proper shoulder mechanics to occur, all these tissues and bones must work properly and in unison. A good analogy is the footings of a bridge. If one of the footings is crumbling, then the bridge is at risk of falling.

To effectively treat rotator cuff tendinopathy, the abnormal component in the shoulder must be determined. One must find the cause of the problem and not just treat the symptoms. Remember, seek assistance and early treatment when shoulder pain and stiffness occurs to prevent further damage. It might just prevent surgery.

*Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. [avorahealth.com](http://avorahealth.com)*

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## Getting Energy-Efficient and Raising Bears

**T**he new year has started out on a positive note for the FVFD. As many of you have seen, the new bay doors have been installed and from initial reports the bays are much warmer. This will certainly help with heating bills, too.

As you may remember, the community came together to buy raffle tickets, donate auction items, and sponsor an event put on by the Howards in October. It was a monumental undertaking, and with the help of Fairview Door and a grant from Buncombe County the final goal was made and the doors were installed. And we could not be more thrilled. Thank you again to all who donated.

The new doors are not the only energy-saving measure. Duke Progress completed a lighting assessment of the station. They were able to replace a lot of the lighting and upgrade many of the lighting sources inside and outside of the station to brighter, more energy-efficient lighting options. This too will help us become more sustainable and reduce our electricity bill.

We also have a new bear at the main station. Two of the firemen, Chip Myers and Philip Davis, wrote a successful grant application to State Farm for Fire Prevention and received \$500 toward the purchase of a Smokey The Bear air quality sign. The purchase required an additional \$1,000 and a private donor stepped



The C Shift with the main station's new sign. From left to right are Tyler Vess, Darren Franklin, Chip Myers, Phillip Davis, Jared Dillon, Tony Gowan, and Jimmy Rogers.

forward to contribute the remaining funds necessary to buy the sign. We wish we could have one at each station and will strive to make that happen.

The Support Ops Team plays a vital role in helping around the station, from making food to raising money for the projects occurring around the station. One need was to improve some of the mattresses. We were not able to buy new mattresses, but we did purchase mattress toppers for

all the beds. The bulk of the money for this project came from last year's pancake breakfast. Plans are for another breakfast on March 30 from 8–11 am. Come join us and see the new bay doors and Smokey.

The county budget is being negotiated in the first part of the year. Last year's one-cent tax increase allowed some staff to receive a raise. We are still not up to state average nor competitive with other fire departments in the area. We thank the

### Pancake Breakfast

A pancake breakfast will be held March 30 at the main station in Fairview, at 1586 Charlotte Highway, from 8–11 am.

\$8 per plate is the recommended donation. Breakfast includes pancakes, sausage, bacon, grits, scrambled eggs, gravy. Coffee, juice, or milk is available.

All proceeds go directly to the department.

county commissioners for the opportunity to support our first responders and have opened a discussion with them for the remaining needs, particularly pay and apparatus. Pancake fundraisers are not going to meet the needs for this department (or any department).

Please join us for our monthly board meetings to learn more about the calls answered, the maintenance needs, and the overall status of the fire department. The board meets the third Monday of every month at 7 pm at the main station in Fairview.

*Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.*

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## GREG'S MAGIC TRICK

### Arrow-Cadabra!

Which way did it go?

#### BEFORE YOU PERFORM

You'll need a marker, index card, straight-sided glass, jug of water, and a table.

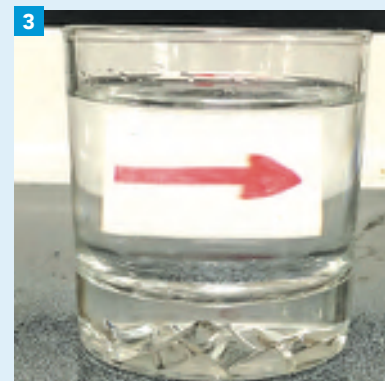
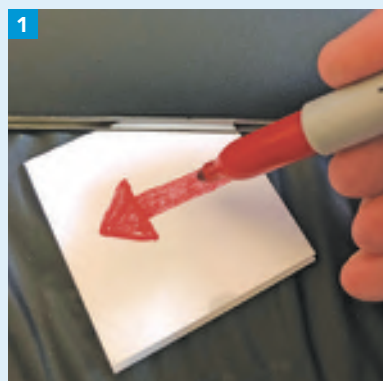
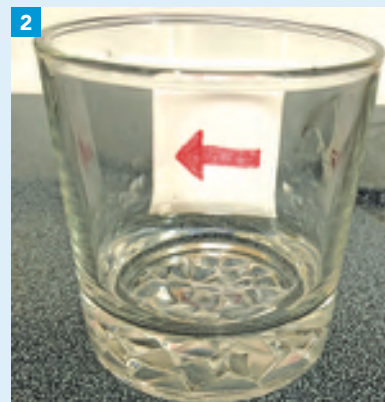
#### THE TRICK

1. Fold the card in half and draw an arrow on the middle of one side. Stand the folded card on a table with the arrow facing the audience.
3. Place the empty glass in front of it. Now challenge the audience to turn the arrow around without touching the paper or the glass.
4. The audience can't do it! Take your jug of water (which was hidden until now) and fill the glass with water.

5. Abracadabra! The arrow turns to face the other way. **Magic!**

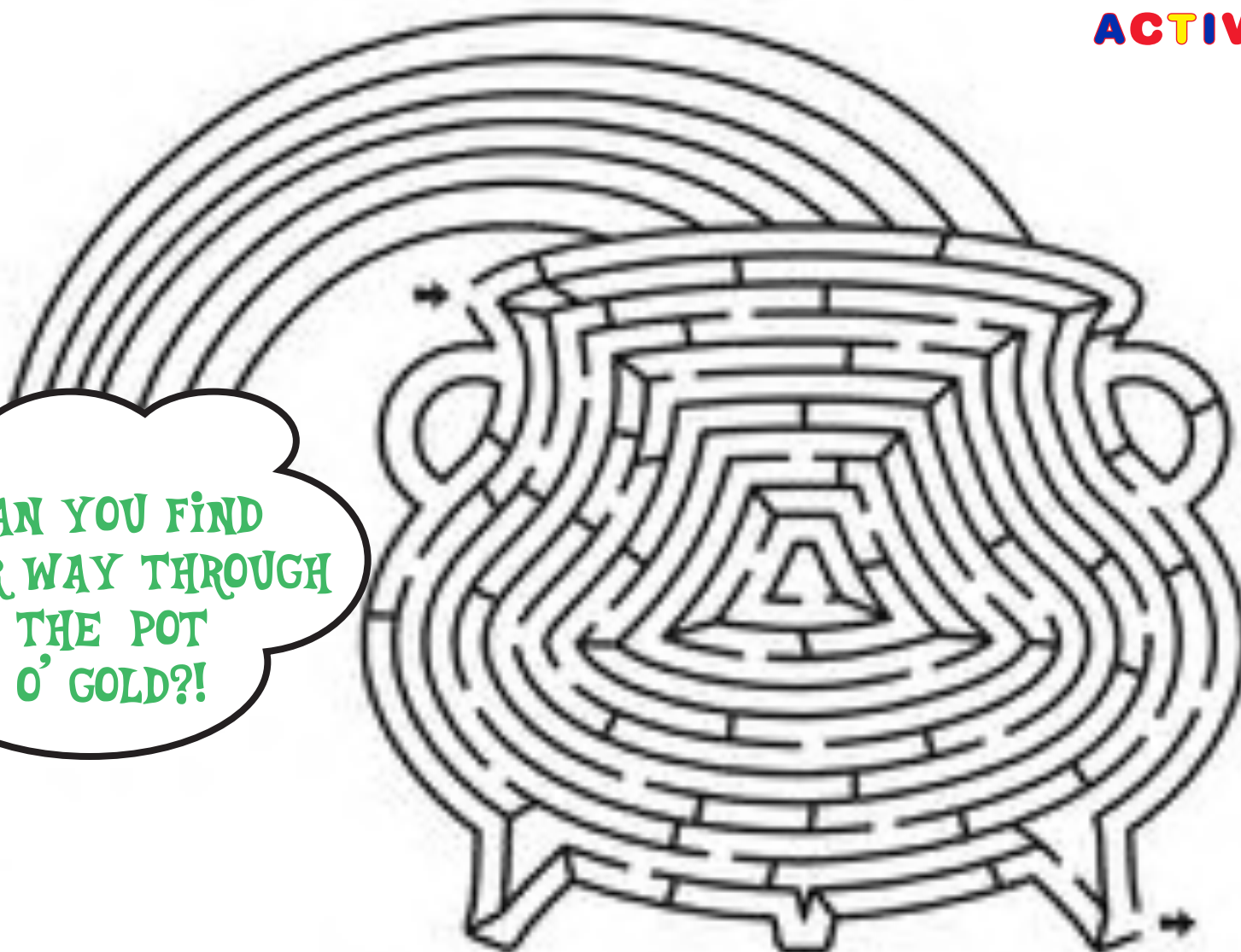
Watch for magic classes during Spring Break. Email [Greg@GregPhillipsMagic.com](mailto:Greg@GregPhillipsMagic.com) for more information. Class size is extremely limited.

Greg Phillips is a professional speaker, magician and comedian. Contact him at [Greg@GregPhillipsMagic.com](mailto:Greg@GregPhillipsMagic.com) or [MountainMagicAcademy.com](http://MountainMagicAcademy.com).



## ACTIVITY CORNER

CAN YOU FIND  
YOUR WAY THROUGH  
THE POT  
O' GOLD?!





## Media Makeover at FES

By Kenya Hoffart

The Media Center at Fairview Elementary is much more than a school library. It's a hub of activity where students can explore their imaginations, fine-tune different motor skills, and try new things. A recent makeover has created seven new learning zones where students can work on areas of personal interest like coding, robotics, puzzles, Legos, and more. They can also read quietly in the reading campground (complete with cozy tents and beanbag chairs), and learn about broadcasting and video editing in the green screen zone. There is something for everyone, which allows for a personalized educational experience for each student. There are many valuable educational tools students can easily access and all the new zones have been met with a high level of excitement.

Parents, students, and staff members played a part in re-imagining the school's media center. A team of staff members explored ideas that would benefit all students, several parents donated things like puzzles and Legos, the PTA helped purchase robotics and other technology, and the Dad's Club and several students



Having fun in one of the new learning zones

helped assemble new furniture.

In addition to lots of new media, the library has also received several pieces of handmade furniture from an area volunteer, Cliff Dodson. Mr. Dodson retired from Buncombe County Schools 10 years ago after serving as the school system's superintendent. He started several hobbies. One involved hiking the Appalachian Trail three summers ago, after which his wife suggested he find a hobby that was less physically demanding. She

### Be the Change

Fifth graders at Fairview Elementary have been studying about water troubles around the world. They have learned that approximately 780 million people don't have access to clean water and that many young girls and women have to walk miles every day to get very dirty, bacteria-filled water. Two classrooms were inspired to raise money to help build a well in Nano, Tanzania, and help nearly 3,000 people have daily access to clean drinking water. They are close to their goal and would love community support. If you are interested in making a donation, please send a check made payable to FES-PTA to Fairview Elementary, 1355 Charlotte Highway, Fairview, NC 28730. Thank you for your support!



### Info Sessions for New Fairview School

Trinity of Fairview Academy, a new school in Fairview, will open in August. It will be associated with Trinity of Fairview as one of its ministries.

According to Diane Hinline, one of the founders, it will be the first University-Model school in WNC.

A University-Model school is a Christian, college prep, five-day-a-week academic program in which two to three days of the week (depending on the grade level) are taught at a central campus by professional teachers with other students from like-minded families. Students are taught at home the other days of the week by parents who are equipped with teacher-prepared lesson plans. Lessons are formed around a Biblical worldview that includes parental influence in character

formation and values. Trinity of Fairview will also classify itself as a Classical school.

Hinline grew up in Fairview and graduated from A.C. Reynolds (as Diane Weber) and taught in public school in Raleigh for 12 years. In 2014, she founded a University-Model school in Raleigh, where she served as an administrator and part-time Spanish and Latin teacher.

Info sessions will be held at Trinity of Fairview (646 Concord Road, Fletcher) on March 5 and March 21 from 6:30–8:00 pm. RSVP by email at [tofacademyinfo@gmail.com](mailto:tofacademyinfo@gmail.com) or call 919-413-2465. You can also visit their website at [ToFAcademy.org](http://ToFAcademy.org).

For more information on University-Model schools, including the Classical school division, go to [umsi.org](http://umsi.org).

### STUDENT OF THE MONTH: ALEX FLYNN

The AC Reynolds High School Student of the Month is Alex Flynn.

Alex is an outstanding young man. He exemplifies the Rocket Pride that is expected at A.C. Reynolds. He is stellar in the classroom and on the football field. He is kind and courteous to everyone. He has spent four years at ACRHS demonstrating to others how successful a student can be in high school.



bought him a jigsaw for a gift and his love of woodworking quickly developed. He spends four to five hours each day building benches, tables, and more out of woods such as oak and maple. He has donated woodworking pieces to at least eight area schools and has always enjoyed visiting Fairview Elementary, where he says the teachers and students are always friendly, compassionate, and very welcoming.

The students and staff at Fairview Elementary would like to extend an extra

special thank you to Mr. Dodson, as well as to parents and community members who have helped make the Media Center makeover possible. These updates help the school grow every child every day and help make our Media Center a place of endless educational possibilities.

*Kenya Hoffart is the VP of fundraising and communications chair for the Fairview Elementary School PTA.*

### ACRHS Mock Trial Team Snags Award



Chuck Palmer (Coach), Mackenzie Martin, Colby Hensley, Ava Meigs, Grace Mincher, Ansley Whitaker, Ciara Mitchell, Bryce Sweeney.

A.C. Reynolds High School's first-ever mock trial team finished first runner-up at the WNC Regional High School Mock Trial Competition in February at the Henderson County Courthouse. The ACRHS team went undefeated in the preliminary rounds and faced Hendersonville High School in the championship. After a close round, the Reynolds team finished just out of first place.

Mackenzie Martin and Ava Meigs earned the Judge's Choice Best Attorney Awards, and Mackenzie also earned the Judge's Choice Best Witness Award. Ava Meigs and Grace Mincher earned Student's Choice Best Attorney awards, and Mackenzie Martin and Grace Mincher earned Student's Choice Best Witness Awards. Ava Meigs also earned Student's Choice Best Attorney Award and Colby Hensley earned Student's Choice Best Witness Award in the Championship round.

The other students on the ACRHS team are Ciara Mitchell, Bryce Sweeney, and Ansley Whitaker.

The team would like to thank the A.C. Reynolds' PTSO for their support.



## Growth and Change for Fairview and Haw Creek

We all know it's true: Fairview is a great place to live for young families. And apparently the word is getting out. Fairview Elementary is the fastest-growing elementary school in Buncombe County. To accommodate the growth, we must plan ahead. New space doesn't appear overnight.

Back in January 2018, I wrote about changes coming from the state that would exacerbate the space challenge at Fairview. Here's what I wrote back then:

It all started with the 2016-17 NC budget, passed by the Legislature on July 1, 2016. This budget included a provision that school systems must significantly shrink class sizes in kindergarten through third grade for the 2017-18 school year. With no funding to support this effort, this change would have had severe negative impacts on local school systems.

Recognizing these challenges, Representatives McGrady, Elmore, and Malone introduced House Bill 13 in January 2017. This bill, while still requiring school systems to shrink class sizes and providing no extra funding to do so, eased the transition by instituting a two-year phase-in period for class sizes. The final HB 13 passed on April 27, 2017.

House Bill 90, which became law on March 16, 2018, extended the timeline to a

four-year phase-in period for smaller class sizes (and therefore more classrooms). While this bill gave us a little more time to prepare, current projections indicate that if we don't get more classrooms at Fairview, we will still outgrow the space available by August 2020. Further complicating the picture, Fairview Elementary is land-locked because of its topography: There is not a good option for adding a new wing.

Never fear—we have a plan!

One whole wing at Fairview is dedicated to the Intensive Intervention (I.I.) program, which provides extensive services for children with special needs from all the Reynolds District elementary schools. At our February Board of Education meeting, we unanimously voted to make changes necessary to move the Reynolds District I.I. program to Haw Creek Elementary, thereby freeing up that wing of Fairview to accommodate the growth. The current I.I. wing will be renovated to create the larger classrooms and restrooms needed for standard kindergarten through second grade classes. This plan has the added benefit of offering I.I. programming at a more central location for all four elementary schools in the district.

Haw Creek is not ready to receive the I.I. program right away. At the February meeting, we approved a multi-year lease

for modular classrooms at Haw Creek that will be specially upfitted for Intensive Intervention and “ganged” together to create eight new accessible classrooms with restrooms and a hallway.

We anticipate that the I.I. program will be moved to the new location at the beginning of the 2019-20 school year, allowing renovation to begin at Fairview in the summer of 2019. A new wing ultimately will be constructed at Haw Creek to house the I.I. program. Superintendent Tony Baldwin assured the board that accessible playground equipment will be moved to Haw Creek for the I.I. students.

At the meeting, we also approved architects and construction managers for the projects at the two schools. Legerton Architecture was approved to design the Fairview renovation, and Novus Architecture to design the new wing for I.I. at Haw Creek as well as a much-needed reconfiguration of the existing classrooms to enhance building security.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu

## Student Design Challenge



The Illustration Creation committee members are (left to right) Jan Widener, Julie Bagamary, Jamie McDowell, Cheryl Smith and Mary Alice Ramsey.

The Fairview Area Art League (FAAL) and Friends of the Library are sponsoring a book design challenge called “Illustration Creation” for students in the Reynolds High School district from grades K through 12. Students can design an art piece that represents an element of their favorite book, such as a character, plot, mood, or even their own reactions to the book.

Entries must be two-dimensional and measure 12" x 18" or less, mounted on black paper. Entries are due to the Fairview library by April 26, with receptions on May 2 and May 4. Detailed instructions about size, materials, etc. can be located on the FAAL Facebook page (@fairviewart). Instructional sheets will be distributed to teachers. Questions can be directed to E.J. Haack at 704-975-0095.

*Fairview Area Art League is a non-profit organization consisting of local Fairview artists, craftspeople, and lovers of the arts. Their mission is to support local artists and art hobbyists and build community through the arts.*

### MARCH CALENDAR FOR REYNOLDS SCHOOLS

<b>FRI, MARCH 1</b>	<b>Oakley Elementary PTO Movie Night, 5:30 pm</b>
<b>THU, MARCH 7</b>	<b>Fairview Elementary 2nd Grade Musical, 6 pm</b> <b>Reynolds High Band Concert, 7 pm</b>
<b>FRI, MARCH 8</b>	<b>Early Dismissal for all schools</b>
<b>MON, MARCH 11</b>	<b>Teacher Work Day</b>
<b>THU, MARCH 14</b>	<b>Reynolds High Choral Concert, 7 pm</b> <b>Cane Creek Middle Band Concert, 7 pm</b>
<b>FRI, MARCH 22</b>	<b>Oakley Elementary PTO Talent Show, 6 pm</b>
<b>WED, MARCH 27</b>	<b>Early Dismissal for all schools</b>
<b>FRI, MARCH 29</b>	<b>Fairview Elementary Boosterthon Fun Run</b>

### EVERY LOVE, TEEN REPORTER

## Loss Is a Powerful Thing

Whether it's a family member, pet, or a close friend, loss can affect different people in different ways. And I'm not just referring to death. The dictionary also defines loss as “the harm or privation resulting from loss or separation” and “an instance of losing.”

One kind of loss that people may not necessarily always remember is the loss of a friend, which is basically a platonic breakup, but it can hurt a lot worse than a regular breakup. It can happen for many reasons, such as from an argument or that two people just aren't compatible. Sometimes it's from not living close together, and sometimes friends just grow apart. I think it hurts worse than a regular break-up because with a close

friend you miss hanging out with them, talking with them, and sharing inside jokes. It's a totally different thing from a romantic relationship. It's hard to deal with because sometimes there will be things you experience that remind you of your friend.

Of course, death is another kind of loss that affects us all. My family has been pretty lucky on that front so far, with only a few close people passing away. We're pretty sensitive to such things because we haven't been through it often.

No matter your belief system, one of the hardest things about death is the thought that a person you've known for a while has just ceased to exist. Even if you believe in reincarnation or an

afterlife of some sort, the physical form is gone. The fact that you'll never get to hug them or see them smile or touch them again is one of the saddest parts about it. There'll be good memories, but for a while, when the pain is fresh, you won't be able to think about them without wanting to cry.

The same advice applies for any kind of loss, whether it be death, breakups, growing apart, or a friend moving away. You're allowed to be sad for a while because it hurts. But sooner or later, you need to learn to be okay. You can't let it end you. Remember all the time you spent together, think of the good memories, the things that remind you of them, and focus on that. Even if it makes you sad

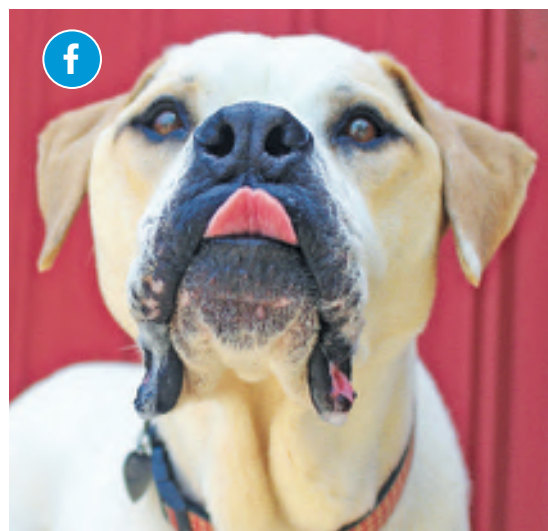
at first, you'll eventually be able to think of them and remember how much fun you had. Keep as positive as you can, and stay strong. There's no shame in crying or asking for help if that's what you need to get through it.

I'd like to dedicate this month's article to my Granny Anna. Even though you passed, as long as I live, I'll make sure people remember you and all the amazing things you did. I hope I can make you proud of me one day. I love you.



Avery Love is a ninth-grader at A.C. Reynolds High School. She lives in Fairview with her mom, dad, and sister Zoe.





**a. Cinnamon** is a 10-year-old Shih Tzu who is very sweet and affectionate. Besides love, Cinnamon has a couple of other needs. She has to be on a special diet to prevent bladder stones, and she needs eyedrops twice a day. She loves to eat and is cooperative about her eye drops. *Humane Society*

**b. Shelby** is one of the sweetest girls you'll ever meet. She's a Cattle-dog/Hound mix, 60 pounds, born approximately in September 2017. She graduated from Leash on Life and is pretty good with her manners. She has medium energy, loves her toys and tug of war, is super affectionate, and gives great kisses. *Charlie's Angels*

**c. Myrtle** is a potbelly pig, about 1 1/2 years old. She currently resides outside at Brother Wolf's Sanctuary location with her siblings. Myrtle could live indoors if you're willing to work on house training and have a fenced-in yard where she can root around. She also would be quite content living outside with one of her littermates in a cozy, weatherproof home with shade and a mud pit or baby pool. *Brother Wolf*

**d. Pepper** is a sweet 2-year-old girl who is ready to fill your home with purrrsonality! She is active, friendly and outgoing—the perfect companion for a family who wants an interactive and playful pet. She lived with another cat and a dog in her previous home. *Humane Society*

**e. Bermuda** is a laid-back 1-1/2-year-old bunny who's sweet and affectionate. He loves to chill with his people. He will need a home that is dog- and cat-free where he can be the center of attention. He will do OK with older, relaxed dogs that will leave him alone. *Brother Wolf*

**f. T-Rexx** is a Saint Bernard/Great Dane mix, which means he's big. However, he's well behaved and fun to be around. He likes some other dogs, but is probably best as the only dog at home. Because of his size, older kids are probably better than little ones. He loves to go hiking. *Brother Wolf*

**g. Kahn Kahn** is a sweetheart but can be a bit cranky when overstimulated. He enjoys a peaceful, quiet environment. Once he gets to know and trust someone he is very loving, affectionate, and cuddly. He would do best in a home with older children and adults who understand that he can be a little nervous until he gets to know people. He enjoys playing with toys and chasing a laser light. *Brother Wolf*

**f. Cassie** is a Domestic Long-Haired beauty who is approximately 3 years old. She is super sweet and affectionate and loves to be loved. Make room because she just might also want to snuggle up to you when you go to bed at night! *Charlie's Angels*

#### Local Animal Shelters and Rescue Organizations

**Animal Haven of Asheville**  
299-1635  
animalhaven.org

**Asheville Humane Society**  
761-2001  
ashevillehumane.org

**Brother Wolf Animal Rescue**  
885-3647  
bwar.org

**Charlie's Angels Animal Rescue**  
885-3647  
wnanimalrescue.org



## Socializing Your Dog

**S**pring is near and that means lots of people will be out enjoying time with their dogs. Just step out on a trail or attend an event or outdoor venue and you will see a range of inappropriate dog issues. Proper socialization of your dog can make a world of difference in how your dog behaves around other people and dogs. Unfortunately, too many dogs are not properly socialized during key developmental periods, resulting in behavioral challenges later in adulthood.

Puppies go through important skill development between seven weeks and four months of age that shape their socialization skills for life. During this time, when puppies are developing their immune systems, they are extra-sensitive to their environment. It is an ideal time for them to learn proper socialization skills.

Socialization does not mean turning your dog loose in a crowded dog park and hoping for the best outcome. Nor does it mean spending the day at a crowded music event that will cause your pup anxiety. It does mean slowly, incrementally exposing your dog to a variety of sounds, sights, smells, and textures while reinforcing appropriate behaviors and helping build confidence in new situations.

### Baby Steps

Start by teaching your pup basic, foundational skills, such as sit, down, walk/heel and place. Consistently practice these skills and praise your puppy for doing them correctly. As they learn, gently correct the wrong behaviors and guide them to the right ones. Don't leave them guessing what is right and what is wrong.

As these skills develop, slowly add new distractions, get them comfortable with that distraction, and then increase to the next, more difficult distraction. Don't rush to your ultimate goal but take small steps to reach the goal with your dog in a positive manner.

### Rewards

Rewards do not mean shoveling treats into your dog's mouth to get its attention and focus on you. That will result in a dog working for treats instead of for its handler. It does mean letting your dog know, in a way that is meaningful to your dog, that you like the behavior and want to encourage it. If you begin a new skill by rewarding with food, quickly randomize the use of food (lower its use) and taper off so your dog's good behavior is not dependent upon you having treats. Light, gentle petting, verbal praise, and toys can also be rewards and reinforcers.



### Co-existing

Yes, it is good to find dogs for your dog to play with. Dogs teach dogs many things that humans cannot come close to teaching them. However, it is imperative that those dogs be nice, stable dogs and that you have control over your dog's play. You need to be able to start and stop play as needed, in case play becomes too intense for anyone involved. A single bad incident with another dog can shape your dog's view of the world for years to come if not handled appropriately.

You can use the energy of a dog park to help your dog learn that just the sight of

Socialization does not mean turning your dog loose in a crowded dog park and hoping for the best outcome.

another dog does not mean it is playtime. Do that by working your dog's obedience skills outside the dog park. To get your dog to co-exist around other dogs, teach it the "place" command and have its dog friends place in an area with it where there is no pressure to play.

### On and Off Switch

Teaching your dog when play is appropriate is critical to having a well-mannered dog that is welcome out on the town with you. Just the sight of another dog should not send your dog into hysterics. Instead, he should be able to walk past other dogs without thinking "game on...it's playtime!" Leadership is an important skill for the human of the dog/owner team. You do not need to be a dictator to be a valuable pet parent, but you do need to assess what behaviors are appropriate and when, encourage the go-to behaviors, correct inappropriate behaviors, and appropriately praise all the good he does.

*Tracy Peabody is the owner and head trainer of Woof in the Woods and Specialized K9 training services. For info on lessons, classes, and products, call 222-2222. 1451 Charlotte Highway, Fairview. woofinthewoods.com*



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# Feeling Blue

**A**lthough bluebirds live here all year, this is a great time to talk about them in more detail. They will eat a variety of things, including insects, mealworms, sunflower seeds, and more. They can spot small insects from 150 feet away and zoom in on those bugs by flying up to 45 miles per hour. They consume about four grams of food per day, which is about 12 percent of their body weight. If you compared that to humans, a 200-pound person would eat about 90 hamburgers a day.

But are bluebirds really blue? Actually, the feathers of a bluebird have no blue pigments. Their feathers absorb all wavelengths of color except blue, so the blue wavelength is reflected and scattered, causing their blue appearance. Eastern bluebirds appear duller after molting in late summer but their dull feather tips wear off during winter, leaving them colorful for breeding season.

As days grow longer, male bluebirds release hormones that stimulate the area of the brain responsible for singing behavior. Unpaired males can sing between 400 to 1,000 songs per hour.

## Cavities Are a Good Thing

All bluebirds are cavity nesters and will use artificial nest boxes. From the late



Did you know? The feathers of a bluebird have no blue pigments.

1800s to the 1960s, the Eastern bluebird population declined almost 90 percent. A major factor was competition for nesting space from the imported House Sparrow and European Starling. Human intervention helped stop the decline by establishing consistent availability of nesting boxes. Since 1966, the bluebird population has increased 2.4 percent per year.

Bluebird nesting behavior includes the use of new and previously occupied

cavities. It seems like they prefer a new home. They have a 60 percent nesting success rate when reusing existing cavities and an 85 percent success rate when using new ones. When using natural cavities, bluebirds select abandoned woodpecker nests 75 percent of the time.

## Baby Time

Adult bluebirds will return to the same breeding territory annually. They are generally monogamous during breeding

season and may raise two or three broods per season. The males defend territory edges while the females defend the nest site. Males will carry material to the nest but they do not participate in the actual building. If other male bluebirds show an attraction to a female who's "already involved," the male will guard its female from mating with other males. Nesting occurs from March through August and only the female incubates the four to six eggs.

## Warning

It is really fun to put up your own bluebird nesting box. (We generally recommend facing them east to southeast with an open field/yard area in front.) But make sure to include a defense from snakes. We recommend a pole with a baffle or snake-guard. Do not put a box on a tree undefended or one day you might look out the window to see your wife yanking a four-foot black snake out of the box! Yes, that did happen to us some years ago...

For more information go to the National Bluebird Society website at [nabluebirdsociety.org](http://nabluebirdsociety.org)

Enjoy all the birds and babies of spring and summer!

Steve Muma is co-owner of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. [asheville.wbu.com](http://asheville.wbu.com)

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## A New Kitten Makes a Kid of Us All

Since October we've had a new critter on the farm. In the past we've always required our animals to have a "job." We've had chickens for composting, eggs, and pest control. We've had goats and sheep for clearing fields and producing meat. We've had rabbits for making fertilizer and meat. Our dogs (in theory but not so much in practice) were for herding the goats and sheep. We've kept farm cats for managing rodents in the barns. All had a role to play in the working of the farm.

In October I was visiting with family for my birthday. They have a yearly Halloween tradition of RV camping at a local lake with my brother-in-law's family. The kids carve pumpkins, dress in costumes, and trick-or-treat at all the RVs in the campground. This year when everyone arrived, a pair of abandoned kittens was discovered living at the campground. Over the weekend, the families took turns feeding the little scamps and the kids (particularly the little girls) took turns making sure kitten paws need never touch the ground. On Sunday, as the campers began breaking down to go home, questions about the fate of the kittens were discussed.

At the end of the day, one of the kittens came home with me. This

required a lot of sweet talking to my husband, as he was not enthusiastic about the idea of having another farm cat. But since it was my birthday, he gave in because he understands his wife has a soft spot for little lost souls.

Almost all our pets have come to us this way. A year after we were married we adopted Tucker, a dachshund basset mix from a shelter in South Carolina. He was another birthday gift. We found our first farm cat, Vinegar, under the front porch of Walter's mother's house. I bottle-raised Vinegar, a beautiful calico, because her mother was unable to feed her. Our herd dog, Cherokee, was an Australian shepherd given to us by a breeder because he was the wrong color pattern. Our second farm cat came from a friend of my parents in Shelby because his farm had become the local dump site for kittens. After Tucker and Cherokee passed away, we adopted Hank from the Henderson County Humane Shelter for Andy's 12th birthday and because every boy needs a dog.

Over the years we've also adopted several farm critters as well. Billy, our Angora buck goat, came from a family who could no longer care for him. Rudy, our rooster of many years, was given to us by a neighbor because our rooster was

killed in a hawk attack. We also took in a buck (male) rabbit and a nearly naked chicken. The buck rabbit was given to us because the breeder really liked him but had too many bucks in house already. He was a real sweetie with fantastic eye-lashes. The nearly naked chicken came to us because there really is a pecking order and she was at the bottom. She was always much more comfortable following humans around than hanging out with the rest of the flock.

No matter how animals come to us—whether we find them, or they find us—they always seem to be just what we need at the moment. Most of the time we don't even notice that there is a need, but as soon as we meet the animal of the moment, we realize that the need has been filled.

So it was with Pickles, our new cat. Pickles is a tiger-striped, bob-tailed little fireball. It's been many years since we had a kitten in the house, and I had forgotten how entertaining they can be. Not a day that goes by that she doesn't get at least one of us tickled by her antics.

Hank, our dog, is usually involved in her pranks. He's learned that not all felines are opposed to canines. The old farm cat never thought much of him but Pickles sees him as a great

playmate. Since he recently turned 5 and was starting to finally act a little like a dog instead of a pup, this has sometimes set him back a few years behaviorally. The same seems to be true of Andy as well. He recently turned 17 and, of course, considers himself mostly grown and worldly. To see him crawling around the floor and peeking around corners in search of the kitten is like turning back the pages to his toddlerhood.

Pickles has brought youth back to a house that was beginning to be entirely too grown up, stodgy, and slow. It's not uncommon to see us dancing around the house as we try to avoid the sneak attacks from the feline ninja. Or to have to dodge a wrestling match between Hellhound Hank and Pretty-girl Pickles going on in the middle of the floor. Or to laugh until tears start when Pickles totally misjudges that gigantic leap and splats instead. Thank you, Pickles, for rescuing us. Now if I can just avoid the feline ninja enough to save myself a broken hip...

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. [Imladrisfarm.com](http://Imladrisfarm.com)



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## Visual Journaling Classes Offered

Fairview resident Mary Alice Ramsey will offer classes in visual journaling in April and May. A visual journal is a sketchbook containing both words and mixed media art. No artistic background or drawing experience is necessary.

The first class, "Mixed Media Backgrounds," will meet in April on Thursday evenings from 5–7 pm (April 4, 11, 18, and 25). Topics will be backgrounds and borders, stamps and stenciling, collage and layering, and image transfers. Tuition for April is \$200 plus a \$10 materials fee.

The second class, "Lettering Variations," will meet in May on Thursday evenings from 5–7 pm (May 9, 16, 23, and, 30). Weekly topics will be form, placement, variations, and elaborations. Tuition for May is \$200 plus a \$10 materials fee.

Both classes will be held at Pink Dog Creative, Suite 101, at 342 Depot Street, Asheville.

These classes are designed for both experienced and inexperienced artists who wish to create mixed media pages that include varieties of expressive lettering. Each participant will produce several complex colorful journal pages and will gain the expertise to continue working independently. For best results, students should take both classes. Those who have established backgrounds in sketchbooks



may wish to take only lettering variations and those who are experienced in lettering may wish to take only the mixed media backgrounds class. Both classes are high-energy and hands-on.

Mary Alice Ramsey is an artist, teacher, book-maker, writer, and performance poet who has kept visual journals for 25 years. She taught art at A.C. Reynolds High School for 19 years and is now retired. Contact her for additional information or to sign up at majramsey@gmail.com or at 275-7071. Enrollment is limited.



## Keep Fairview's Roadsides Clean!

Many people live in or move to Fairview because of the beauty of the land. Roadside trash is a big eyesore, so local groups regularly organize to clean it up. If you have time and are able, join one of the groups listed here to help out this month.

### GARREN CREEK ROAD

The Garren Creek Community Adopt-A-Road group will have its cleanup on March 16 at 9 am. (Rain date will be March 23.) Last year the group worked for four hours.

Volunteers will gather at the meeting room at the Fairview Fire Department. Please RSVP as soon as you can, as NCDOT, which is providing the vests, gloves, and bags, needs a headcount. Please call Bill at 688-9820 or Jane at 772-2822.

Children should be older than 13, as some stretches of the road have very limited sightlines.

There is a public group on Next-Door ("Garren Creek Road") for those interested in helping out in the future.

Fairview Fire Department  
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### OLD FORT ROAD

Spring Mountain Community Center will hold a cleanup along Old Fort Road on March 30 from 10 am until noon. Snacks and drinks will be provided. (Rain date will be April 6 from 10 am until noon.)

Special "trash" will be hidden in secret spots along the road. If you find a special item, you'll win a prize if you also turn in at least one orange bag of litter.

Meet at the community center to begin your quest. Volunteers will be briefed as to what the special trash might look like when they check in to get their safety vests, gloves, and trash bags. Children must be accompanied by an adult and should be old enough to safely move along the roadside.

You may do your pickup at another time. Call Ruth at 628-1625 to arrange to get safety vests, gloves, and bags. The scavenger hunt items will only be available on the 30th.

Spring Mountain  
Community Center  
807 Old Fort Road  
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## Fairview Artist in Barcelona Show

Two of Kimberly Dow's paintings will be in the show "Painting Today" at the MEAM, the European Modern Museum of Art in Barcelona, Spain. The museum is celebrating International Women's Day with an all-female show.

The two paintings are titled "Bewitched" and "Soft On Soft."

Dow, whose husband Mark teaches at A.C. Reynolds High, moved to Fairview four years ago and paints in her home-based studio.

For more information on her or the show, visit her website at kimberlydow.com.

Dow with her painting "Beseech," which is not in the show.



**100 Years!** Jean Reese, a loyal reader of the *Crier*, sent in this photo of her parents, Willie and Jane Reese. Originally from Madison County, they lived in Fairview on Webb Creek Road. They had eight children, and three survive, all in Fairview: Jean, Lois Tate, and Rose Woodard. Willie and Jane will be celebrating 100 years of marriage in heaven on March 9.

## Senior Homeowners Can Tap into Their Home Equity

by Tom Schunk

You have probably heard of an elderly couple who struggle to make their money stretch far enough to pay their bills. It's a sad situation and far too common. Usually they retired several years ago and were doing fine until the cost of aging caught up with them. They spent down some of their retirement money and now are an emergency or two from losing it all.

Their home is their biggest asset and they want to live there as long as they can. But this asset is also a liability because, with or without a mortgage, it's expensive to maintain. Many people in this

situation can access some of the equity they have in their homes with a Home Equity Conversion Mortgage or HECM. HECM (pronounced heck-um) is a type of reverse mortgage.

People in this situation are often skeptical of a reverse mortgage. They heard negative things about them years ago and decided they were bad. If they go to a local housing agency for counseling the first thing they will learn is that a HECM is a safe, federally insured program for people 62 and older. It could pay off their existing mortgage, freeing up that money month every month and supplementing their income. They could also be

eligible for either a monthly distribution or a growing line of credit because they have substantial equity in their home.

What's a growing line of credit? In many cases senior homeowners who have enough equity can get a line of credit to use any way they want. It is contractually guaranteed to grow every month and provide a tax-free fund to draw from when necessary. There could be more money available to borrow over time. Unlike a home equity line of credit, it cannot be reduced, frozen, or called due. Many people simply let it grow and use it only when the market is down. Taking money from their IRA would be disastrous. It's a

hedge against a bear market.

HECMs are not for everyone. But for this couple, and others, it might be what they want. It could provide a sense of security and hope.

If you know someone like this, or if this sounds like your situation, consult with a housing counselor who really knows the HECM program to see if it could help.



Tom Schunk is a loan officer with Retirement Funding Solutions and a former housing counselor with OnTrack Financial Education & Counseling. For more information, contact him at 707-3493.



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# Market Outlook for 2019: Uncertainty is Certain

To say the financial markets were a bit bumpy in 2018 may be an understatement. The S&P 500 was down 6.2 percent for the year, the first time this key index fell since 2008, during the financial crisis. So what can you anticipate in 2019? And what investment moves should you make?

Let's review the causes for last year's market volatility. Generally speaking, uncertainty was a major culprit. Uncertainty about tariffs, uncertainty about the continued trade dispute with China, uncertainty about Brexit—they all combined to make the markets nervous. Furthermore, the Federal Reserve raised interest rates four times, and even though rates remain low by historical standards, the increases caused some concern, as higher borrowing costs can eventually crimp the growth prospects for businesses.

And now that we're into 2019, these same uncertainties remain, so markets are likely to remain volatile. Although the Fed has indicated it may be more cautious with regard to new rate hikes, there are indications of slower growth ahead, particularly in China, the world's second-largest economy. And after strong 2018 earnings growth, helped by the corporate tax cuts, corporate earnings may grow more slowly—and, as always, earnings are a key

driver of stock prices.

Nonetheless, the US economy is showing enough strength that a recession does not appear to be on the horizon, which is also likely to be the case globally—and that should be good news, because an extended "bear" market typically does need to be fueled by a recession. Ultimately, the projected continued growth of the US economy and the possible resolution of some uncertainties could help markets rebound.

As investors, we cannot control the everyday ups and downs in the markets, but we can control our decisions, look for opportunities, and keep a long-term perspective within our investment portfolios. Consider these actions for 2019:

- Be prepared for volatility. As mentioned, many of the same factors that led to the market upheavals of 2018 are still with us, along with the impact of the partial government shutdown—so don't be surprised to see continued volatility. The more you're prepared for market turbulence, the less startled you'll be when it arrives.
- Stay diversified. At any given time, different financial assets may move in different directions: stocks up, bonds down, or vice versa. To help dilute risk and take advantage of different opportunities, you should maintain a broadly

diversified portfolio containing stocks, international stocks, bonds, government securities, and so on. You may need to rebalance your portfolio to maintain an appropriate proportion of each asset class, based on your risk tolerance and long-term goals. Keep in mind, though, that while diversification can reduce the effects of volatility on your portfolio, it can't guarantee profits or protect against all losses.

- Take a long-term perspective. It can be disconcerting to see several-hundred-point drops in the stock market. But you can look past short-term events, especially if your most important financial

target—a comfortable retirement—is still years or decades away. By keeping your focus on the long term, you can make investment decisions based on your objectives—not your emotions.

If 2019 continues to be volatile, you'll need to stay prepared and make the right moves—so you can be confident that you did everything you could to keep moving toward your financial goals.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

## JANUARY FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	11	695,000	143,000	381,627
Homes Sold	12	860,000	139,000	355,888
Land Listed	18	1,225,000	25,000	229,428
Land Sold	3	97,000	55,000	82,967

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

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## Policy Efforts and Bombshells: The Long Session Is Underway

The North Carolina General Assembly Long Session for 2019 is now one month old. With the end of the Republican supermajority, the political dynamics have changed. Both Democrats and Republicans are looking for bipartisan support for bills. Interestingly, there have been fewer introduced bills than usual, as legislators want to make sure their policies can move forward. There have been plenty of local bills (having to do with counties, municipalities, airports, etc.), which in general are not controversial.

Two big policy efforts have been introduced. The first was a clean expansion of Medicaid introduced by the Democrats. The governor has made this policy a high priority and may not sign off on the budget without it. There is a Republican version, called Carolina Cares, and I suspect there will be a compromise to get something passed. Medicaid Expansion will provide medical insurance to about half a million citizens in North Carolina, bring billions of federal dollars here (our money coming back home!), provide more financial stability for our hospitals, create jobs, and save lives.

A second policy focus is ending political gerrymandering in NC. A bill was introduced in the House and has been sponsored by over half of the members (67 at last count), a true bipartisan effort.

A second bill would ask voters to enshrine the end to the gerrymander into our state constitution. All of this is timely as the census gets underway in 2020, and new political districts are drawn in 2021. We have had 10 years of litigation, judicial reprimands, re-drawn districts, and disaffected voters, and the time has come for both political parties to end partisan gerrymandering in our state.

Somewhat related to each other, there were two bombshells in February: the new election called for in the US House in District 9, and a superior court judge ruling in Wake County that the Voter ID and tax cap amendments should be declared null and void.

The District 9 evidentiary hearing finally took place with the new Board of Elections, and it was clear from the beginning that a well-orchestrated scheme was in play to benefit the Republican candidate Mark Harris. Harris had done everything he could to have his election certified prior to this hearing. There was so much riveting testimony in the case, none more so than Harris's son, who said he warned his father about engaging in the absentee ballot scheme. In the end, the call for a new election was an easy one for the board. Harris himself conceded to the need for a new election, and the vote of the Elections Board was unanimous. It has

been over 40 years since anything similar has occurred in the US, and I am sure the General Assembly will need to take a look at the safeguards we have to prevent this form of fraud in the future.

Ironically, voter fraud has been alleged by President Trump and others, and was the justification for a voter ID amendment to the NC constitution. It passed last November with 55 percent of the vote. On February 22, Superior Court Judge G. Byron Collins ruled that an "unconstitutionally racially-gerrymandered General Assembly" could not act to put constitutional amendments on the ballot. Judge Collins noted in his decision that in the NC House, voter ID passed with a two-vote margin, and the tax cap amendment by one vote. This ruling is a bombshell and may not survive the appeal process.

Education policy has been in the spotlight in Raleigh as well. "Workforce development" is a constant concern, as our economy becomes more and more technology-dependent. And the technology is changing rapidly. Jobs skills today may well be obsolete tomorrow. It is hard for our community colleges to purchase up-to-date technology with which to train students. There is a need to match up high school and college students with internships in modern manufacturing facilities. To succeed, our state will have to excel in

facing these challenges.

One other troubling trend is the growing disparity between rich and poor counties and their abilities to fund education. The state government has a strong role in providing a quality education to all of its students. The General Assembly pays all public school teachers a base salary, which has had a leveling effect between rich and poor districts.

Counties typically pay for school buildings, but they also pay for teacher supplements, which can be considerable, and have the effect of poaching teachers. Low-wealth counties just do not have the tax base, even though their tax rates are generally quite high, to keep up with school construction and provide a competitive supplement. One focus of the Long Session will be to help out with construction needs across the state. The governor and the House want to pass a \$2 billion bond, while the Senate is advocating for a more pay-as-you-go plan.

Thank you again for your interest, and do not hesitate to contact me about issues you are having with the state.



Rep. John Ager, District 115  
North Carolina House of  
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## Pet Training Co. Gets New Handler

**W**oof in the Woods has changed hands but not services. Dog trainer Tracy Peabody, who had been working with previous owners Steve Canady and Margaret King, now owns the business. Tracy's training methods are very similar to those employed by Steve and other trainers at K9 Obedience. Tracy has expanded the training to include general obedience/puppy training rather than focusing on more serious issues. As a result, she said, "We are seeing more puppies and a wider range of dogs coming for help."

As with many dog trainers, Tracy got started in her training career by learning how to best manage an out-of-control puppy. Petey was adopted from a shelter, and she wanted to help him become the best possible companion. She spent years learning about dog training and the role of nutrition; volunteering with rescues, shelters, and advocacy groups in Florida; attending seminars, studying various methods and obtaining skills from world-renowned trainers; working in a shelter training dogs for Canine Good Citizen testing; teaching volunteer classes; and successfully launching K9 Rules Training Camp in Florida.

Tracy is a certified AKC Canine Good Citizen evaluator and a member of the Association of Canine Professionals. She



and her husband Chip relocated to the Asheville area and are settling into our local community, ready to help more dog owners with their dog problems.

Tracy is excited to be in Fairview and feels that the community aspect of the area is one of its strong points.

The shop will get a facelift but will carry the same products and services folks are used to. Woof in the Woods is located at 1451 Charlotte Highway and still has the same "easy to remember" phone number of 222-2222.

*Tracy will also be writing regularly on pet training. See her first column on page 19.*

## The Hub of Fairview Is Closing

Sadly, the Hub of Fairview is closed as of March 1st. Proprietor Mandy Overstreet had to reshape her career to make room for another bundle of joy to join her sweet boys, Lawson and Talmadge. Besides being a mom of three, Mandy will still manage her expanding business of Mandelin Naturals, but will stay a bit closer to home... or farm, to be accurate. Mandelin Naturals grew so much in 2018 (adding more than 20 clients) that it just became too much to keep The Hub running, too. Anyone needing to pick up merchandise or to contact Mandy to order products can reach her at 706-248-2847.

The Crier will stay put for now, with Annie MacNair running the office Monday-Wednesday, 11 am-5 pm, and Sandie Rhodes on call to assist and manage room rentals. Contact the office at 628-1422.

Eventually, there will be a business taking over the space that will be a good fit for the community.

## BUSINESS SHORTS

**Steve Canady** has launched a new business of buying, selling, and trading vintage, nostalgic, and antique items. As Steve said, "If it's unique, I'm interested in it." Vintage Variety Co. will have several physical locations, including a space at Sweeten Creek Antiques, 115 Sweeten Creek in Asheville. For more information call Steve at 290-0923 or see the ad on page 14.

**Flying Cloud Farm** will open its farm stand early this month with curly kale from the hoophouse, sweet potatoes, pussy willow, and some of its canned goods. Plants (and perhaps some early spinach) will be added by the end of the month. Get updates on Facebook, Instagram, and by emailing flyingcloudfarmnc@gmail.com.

Lots happening on Cane Creek Road. We noted a few months back that the **Old Salvage Company** has taken over the space where Dotson's Floral used to be. Owner Bradley Barrett hopes to have set hours in the spring.

While we're all sad to see Tractors on the Creek sold, we're excited by the prospect of a brewery filling the space in the future. Word is **Turgua Brewing** has purchased the land and is planning a new and expanded operation.



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The Fairview Business Association began years ago as a group of business owners who had a vision to support each other in common concerns, challenges, and opportunities facing the small business owner in our community. It was readily apparent that this group had much to offer members and the Fairview community in general. By focusing on networking and community integration, the Fairview Business Association found its role as a dynamic local resource.

**Welcome, New Members!**

**Diana Soll, Grand Solutions, LLC**  
Diana is a Certified Professional Organizer and offers solutions for total household and office management. Diana can help eliminate clutter and implement better management skills, saving you stress and time. Great for busy moms or home downsizing.

**Lyle and Juanita Boyd, Carolina Mobil Optics**  
Lyle and Juanita offer convenient, individual eyewear care at your home or office. They style, fit and measure for the perfect frames, fill eyeglass lens prescriptions to your doctor's specs at your convenience, and they come to you!

**February Meeting**

At the February member meeting, 19 FBA members learned that Southeastern Physical Therapy has realized a successful start since opening their 11th WNC location in Fairview. Congratulations, Southeastern Physical Therapy!

Phillip Adams holds not only a Physical Therapist License but a Doctorate in Physical Therapy and an Athletic Training Certification as well. Whether you are recovering from a surgery, are on a doctor's order for therapeutic pain management, have overworked on a home improvement project, or given it your all (and then some) as a weekend warrior, Phillip can devise a recovery plan. Company Marketing Director Ryan Smith added that if you have an injury, soreness, or recurring pain that won't go

away, feel free to schedule an evaluation to get started on a treatment plan. Doctor referrals are required for Medicare, Medicaid, and VA patients. Angelo Goode, Physical Therapy Technician, rounds out the team with administrative support, scheduling, and therapy assistance.

**Charitable Outreach**

Each quarter, the FBA selects one local charity to support. For the first quarter of 2019, we will support the Friends of Fairview Library. And in the second quarter, our charity will be the A.C. Reynolds Sports Program.

**March Meeting**

Gloria Berlin will host the next FBA meeting on March 6 at 6 pm at 131 Charlotte Highway. The Gloria Berlin Agency is an Allstate Insurance & Financial Services one-stop-shop where you can get life, car and home owner's insurance and a full range of retirement services including Medicare supplement, long-term care, annuities, and mutual funds. The staff will review insurance and retirement needs of anyone for free.

Gloria has been in business for 10 years. She and her Allstate staff of four have 65 combined years of local insurance and financial experience.

You can find the office at the corner of Rose Hill Road and Charlotte Highway. For more information, call 298-2483.

**Meeting Reminders**

Bring news about your business, and everyone will have a minute to share. Wear your name tag, please.

Networking is of prime importance. There will be time for this after the business meeting, with snacks provided by Gloria Berlin Agency.

When members come to meetings we can associate a face with a business and are more apt to use that business when we have a need. FBA is committed to supporting our community.

Visit fairviewbusiness.com to learn more about the FBA, how to become a member, and pay your dues.



FBA president Justin Purnell (left) and Phillip Adams, from Southeastern Physical Therapy

**KEEP IT LOCAL with FBA Members**

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<b>Artists/Artisans</b> Mountain Glass Werks .....424-1077 Serengeti Studio .....280-8270	<b>Landscaping   Excavating   Nurseries</b> Asheville Stone.....628-ROCK Fairview Landscaping .....628-4080
<b>Auto/Truck Sales</b> High Country Truck & Van ....222-2308	<b>Markets   Farm Stores   CSAs</b> Cane Creek Asparagus & Co.....628-1601 Flying Cloud Farm .....768-3348 Hickory Nut Gap Farm.....628-1027 Trout Lily Market.....628-0402
<b>Building/Maintenance Services</b> AA Diamond Tile.....450-3900 All Seasons Heating & AC ....651-9998 Cane Creek Concrete.....230-3022 Daylight Asheville .....778-0279 Wood Tech Enterprises (tooling).....628-4414	<b>Medical Services</b> Apex Brain Center .....681-0350 Carolina Mobile (Optician) .....779-2891 Fairview Chiropractic Center.....628-7800 Flesher's Fairview Health Care .....628-2800 Southeastern Physical Therapy .....338-0707
<b>Business Services</b> Grand Solutions.....516-238-6979 The Rising Workplace (Ergonomics) .....214-7827 Solo North Consulting.....619-0348	<b>Mortgages</b> Brand Mortgage.....707-1898
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<b>Dance Lessons   Events</b> Dance For Life.....505-1678	<b>Pharmacy</b> Americare Pharmacy .....628-3121
<b>Education   Instruction</b> Advanced Education Tutoring.....628-2232 Fairview Preschool .....338-2073 Mighty Oaks Montessori.....338-0264	<b>Photography/Commercial</b> Crunch Media .....384-2330 Highlander Unmanned Drone 777-0719 Love in Color .....301-5330
<b>Emporium   Flea Market   Gift Shop</b> The Hub of Fairview .....628-1422 Vintage Variety .....290-0923	<b>Real Estate Sales</b> Allen Helmick.....329-8400 Cool Mountain Realty .....628-3088 Lynelle Flowers (Exit Realty) .337-3077 Greybeard Realty .....778-2630 Justin Purnell (Nest Realty) ...551-3542
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<b>Event Entertainment</b> Peaceful Hollow Venue.....777-7094	<b>Saw Mills</b> Sunrise Sawmill .....277-0120
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## The Changing of the Guard

Hello Fairview, Gerton, Fletcher and Reynolds. I want to introduce you, our home base, to two remarkable women who would love your support as they take on new roles at the garden in 2019. Janice Brewer will become the garden manager, and Ali Stone will be our part-time programs manager. I will be taking an indefinite sabbatical to help care for Finn, the new grandson in my life.

Janice Brewer is a transplant from the rolling hills of southeast Ohio, where she received her bachelor's degree of specialized studies in sustainable food systems. She worked on farms of many scales and served as an AmeriCorps member managing community gardens at a food assistance and community building nonprofit like The Lord's Acre. Being exposed to and growing fresh food transformed the way she interacted with the environment and the community that gathers around these missions. Janice spent the last year as the assistant garden manager, learning all the tips, tricks, and history of the garden. Janice believes that she is not food secure until her neighbors are also.

Ali Stone grew up on the coast of Oregon in a small town called Tillamook, so she often misses the rocky beaches and moss-covered trees. She stayed in Oregon for college and moved to Raleigh after she graduated. She said, "I lived there for five years before moving to Asheville



Janice Brewer

for an internship with The Lord's Acre in 2018. My work within communities throughout the eastern half of the state led me to question how the needs of those communities were being assessed and met. I was hungry for new ideas; a different model that dug deeper and addressed root causes of the daily hardships that individuals and families faced. At the same time, I was volunteering at an urban garden in Raleigh and taking classes at NC State to learn more about horticulture. In all that searching I was led to Fairview and spent seven months growing food and growing personally. I arrived at a time when the organization was experiencing growth spurts, and was asked to transition from intern to program manager." Ali also enjoys reading, crocheting/embroidery



Ali Stone

arts, making kombucha and sourdough bread, and lots of sunshine.

Thank you for welcoming and supporting the new faces of the garden. If you have questions or comments you can reach Janice or Ali at [info@thelordsacre.org](mailto:info@thelordsacre.org) and me at [susan@thelordsacre.org](mailto:susan@thelordsacre.org).

*Susan Sides is the former Executive Director of The Lord's Acre, [thelordsacre.org](http://thelordsacre.org), [susan@thelordsacre.org](mailto:susan@thelordsacre.org).*

## Volunteer Opportunity

The Lord's Acre is looking for volunteers to pick up excess produce and deliver it to Asheville once a week.

The produce goes to Green Opportunities, a kitchen-ready program that builds skills and experience in the culinary world. Their restaurant, Southside Community Kitchen, serves donation-based meals to the public for a suggested donation.

Volunteers pick up on Thursdays and drop off at Green Opportunities by 2 pm. Deliveries run from April to end of the growing season.

The hope is to get enough volunteers so people will not have to deliver every week. And if you need extra motivation, you can grab a free lunch when you deliver.

To sign up, email [info@thelordsacre.org](mailto:info@thelordsacre.org) or call 276-1156.

## More Classes Coming Later This Year

This year The Lord's Acre will be expanding the classes and workshops held in August during our Thursday markets. Last year we offered four workshops that included: Medicinal Plants and Their Uses, Reading Food Labels, Growing for Fresh Salsa, and All Things Herbs. This year we will be holding two classes a month from April through October. Times and dates are to be determined. Classes will include: Season-Extension Methods and Building Cold Frames, Using Mushrooms with Plant Starts, Pillars of Food Insecurity and Their Root Causes, Spring Cooking Demo, Composting and Different Ways to Build a Bin, Medicinal Herb Series, Cobb Oven Making, Summer Cooking Demo, Natural Dyes, Planning Your Fall Garden, Container Gardening, Fall Cooking Demo, Seed Bombs, and Lacto-Fermentation for a Healthy Gut. Class topics are subject to change. If you have any class topics to suggest, send them to [info@thelordsacre.org](mailto:info@thelordsacre.org).



William Hamilton, NC Farmlink; Susan Sides, The Lord's Acre; Roland McReynolds, CFSA  
PHOTO: LEONORA STEFANILE

## TLA Wins Statewide Award

The Carolina Farm Stewardship Association Awards For Leadership in Sustainable Agriculture honor those who have made outstanding contributions to the sustainable food movement in North and South Carolina and who have helped make the Carolinas one of the fastest-growing sustainable agricultural sectors in the country. The Lord's Acre was named Institution/Non-Profit of the Year, honoring an outstanding institution that supports and advances the work of sustainable agriculture leaders in the Carolinas.



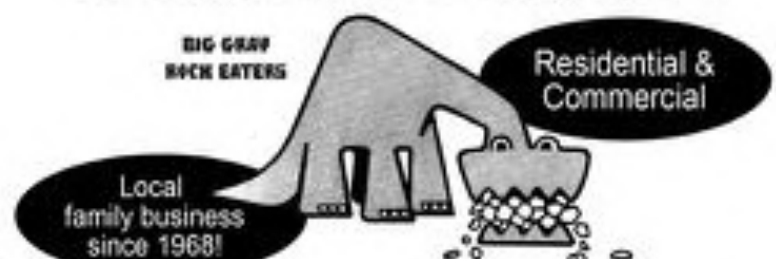
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## What's that Smell? Skunk Cabbage

**Y**ou've heard the saying, "if it smells like a skunk, it probably is a skunk."

In most cases this folk saying is true, as most of us who have been living in the country have encountered skunks. No one ever forgets their powerful scent, especially if one of your dogs or cats has been sprayed. However, some skunks have roots and leaves rather than stripes and legs.

Even though winter is still holding on, one of the first and most unusual wildflowers to bloom is a plant called Skunk cabbage (*Symplocarpus foetidus*). On a woodland walk a few weeks ago, I approached a marshy little swamp and there, growing in the stagnant water with ice crystals all around, were about 20 green, purple, and red, speckled-hooded spathe flowers. The first part of Skunk Cabbage to appear is the fleshy, leathery, shell-shaped spathe. The tips are quite red, but as it grows, the spathe becomes striped and mottled in patterns of dark and light green, deep purple, and dark red. The hood-like spathe envelops a globular spadix on which are borne lavender-colored flowers containing both stamens and pistils.

They are magical-looking flowers that hug the ground and resemble something from *The Hobbit's* enchanted Shire. Skunk cabbages bear no familial relation to cabbage but they do have a strong, acrid, skunk-like aroma when bruised or crushed. Later in the spring as the flowers fade and deteriorate, brilliant green leaves begin to emerge, and by summer, they can grow 2–3 feet tall and 8 to 10 inches wide. The leaves bear some resemblance to a giant loose-leaf cabbage. One characteristic that I love about them is that they love swampy areas. And when there is a whole stand of them in bloom or leaf, the leaves can be almost luminescent, as they are such a bright hue of green.

Technically, skunk cabbage is referred to as a wild edible plant, but I would have to be starving and desperate to eat it—and



Above: Green false Hellebores (left) and skunk cabbage. Above right: the skunk cabbage flower (source: Flickr user Katja Schulz)

even then, with caution and great hesitation. Skunk cabbage is a member of the Arum family, as is Jack in the Pulpit, and it contains poisonous calcium oxalate crystals within the plant tissues. References describe the effect of eating it raw as "a burning sensation on the tongue, like eating shattered crushed glass." Several wild food aficionados say you can use the leaves if boiled in two to three changes of water. In college, we did an experiment on the plant and cultivated it in five different types of soils and environments; and each time we cooked it, we had the same result: a stinky vegetable that no one wanted to eat. According to Euell Gibbons, "the bruised or cut leaves smell like a skunk, the cut stem smells like a mixture of mustard and rotten, raw onions, and the flowers smell like carrion." No wonder we all vetoed a taste test.

Numerous historical references indicate that Native Americans found a way to remove and bypass the toxicity and smell by drying both the leaf and root for at least six

months and adding them to stews and to pemmican as flour substitute.

Skunk cabbage does have an interesting history as a medicinal plant. Virginia Scully, in her *Treasury of American Indian Herbs*, describes a remedy for bronchial asthma: "Skunk cabbage, onion, and honey were deemed an excellent brew ... the Indians sometimes varying the formula with garlic." An American herbal medicinal book published in 1842 recommended an expectorant using the powdered dried roots of skunk cabbage, unicorn root, lobelia seed, and cayenne pepper combined with honey or molasses. Skunk cabbage once won a place in the official *US Pharmacopoeia* and is still listed in the *US Dispensatory*. Its reputed medicinal properties are listed as emetic, stimulant, antispasmodic, and narcotic. In addition, the roots and seeds were once employed as a relief for nervous troubles and asthma, as well as whooping cough.

Adventurous herbalists and foragers should be careful. Skunk cabbage often

shares its habitat with the deadly hellebores plant, which also has large bright, stunningly beautiful green leaves. However, hellebores leaves are deeply ribbed and lack any skunky aroma.

Skunk cabbage is a plant worth taking note of, as it is so unusual and beautiful. It is always special to see a plant that can bloom in winter and melt the cold away. Years ago, I remember sitting by the border of a swampy area and wondering at a loud sound I heard nearby. I traced the sound to a honey bee that was caught inside the spathe of a skunk cabbage flower. When it emerged, it was covered in rich, golden-yellow pollen. It was a sure sign that spring was clearly upon us and that the time of winter was passing away quickly.



Contact Rger at  
rogerklinger@charter.net.

## Organic Garden Space—and Assistance—Available at Fletcher Farm

by Amanda Sizemore

Life is a process of ups and down and lessons lived and learned. The 2018 season was catastrophic for Cane Creek Valley Farm, with production rates dropping 60 percent due to nonstop rains and flooding conditions.

This year, we are restructuring the farm and returning to a version of the community-supported model that we started with on this farm in 2006.

We will open two of our organic fields to the community and create garden spots together in order to share the joys, challenges, and experiences of gardening throughout the season together.

If you garden with us, you'll get the personal assistance of experienced organic farmers—that's my husband Jeremy and me.

We will share our personal experiences and knowledge with you throughout the season. There will be classes,

hands-on learning opportunities for all ages, and morning talk-n-walks through the gardens.

We will grow your transplants and take care of the gardens' fertility, water, and spray needs on a weekly basis, and you will learn all about organic gardening as you plant, grow and harvest your own foods throughout the season.

We can teach you many aspects of organic gardening, including but not limited to: irrigation, seeds and starts that grow well in our area, planting, pruning, staking, planting to attract beneficial insects, finding balance with the good and bad, organic sprays, greenhouse building and maintenance, transplants, do's and don't of planting and harvesting, and much more.

We have been farming organic vegetables for the past 13 years and have had many experiences growing on various size scales of organic gardens and farming. We



Jeremy and Amanda Sizemore  
(canecreekfarm.org)

started this farm on 2.5 acres of certified organic land with a farm stand and now sell produce in stores throughout the Southeast.

In the beginning, our farm was rooted in the desire to farm in a way that included

the community. We have done that in various ways over the past 12 years while the farm evolved and changed. We have always enjoyed the connection that was shared when our farm was open and shared with its neighbors.

Your support will not only benefit you and your family but it will also help keep this farmland farming and here in your community. One of the benefits of eating local is that you directly support your community farmer.

If you have extras we will have donation bins in the coolers, and they will be sent to a local non-profit to help feed our community.

Amanda and Jeremy Sizemore are the owners of Cane Creek Valley Farm, 1448 Cane Creek Road, Fletcher. For more information, call 338-0188, email canecreekvalleyfarm@gmail.com or visit their website at canecreekfarm.org.



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OF INTEREST TO SENIORS MIKE RICHARD

Acute Care vs. Long-Term Care

The common assumption is that long-term care is an issue for old age. However, a paralyzing accident or debilitating illness such as a stroke can create a lifetime need for such care at virtually any age, and the cost can be massive not only to your pocketbook but in time, physical stress, and inconvenience to caregivers.

Many people think this is an old-age problem and to some extent it is. However, a paralyzing accident or debilitating illness such as a stroke can create a lifetime need for such care at virtually any age and the cost can be massive both to your pocketbook and to loved ones. And by cost, I don't mean just dollars, but also time, physical stress, and inconvenience experienced by the caregivers.

**Nursing Home Care**

Medicare is an "acute care" short-term health insurance. Medicare has a limited benefit called Skilled Nursing Facility (SNF) care, which is defined as rehabilitation services provided on a continuous, daily basis.

SNF care may include physical therapy or intravenous injections that can only be given by a registered nurse or doctor. SNF care is covered under Part A Hospital benefits. However, a person has to be admitted to a hospital for three or more days (unless you have an Advantage plan)

to be eligible for this coverage, which lasts a maximum of 100 days per benefit period. It is designed to provide a healing pathway, allowing patients to resume their normal lives.

**What's the Difference?**

Long-term care is sometimes referred to as custodial care, which provides nonskilled personal assistance with activities of daily living like bathing, dressing, eating, transferring, transporting, and toileting. Long-term care may also include the kind of health-related care or maintenance that most people do themselves, such as using eye drops or even cutting toenails.

This kind of care can take place at home, in an assisted living facility, or in a nursing home. Many of us take those daily activities for granted until we need help to do them. For people who need this level of care, doctor or hospital services don't or won't provide the kind of care needed. In most cases, Medicare doesn't pay for custodial care.

I'll go into more detail on long-term care next month.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or 275-5863.

The Fairview Town Crier

The voice of our community since 1997

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628-2211  
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www.fairviewtowncrier.com

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**Submissions**

Announcements, community news, upcoming events, letters, and other submissions will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the Crier's editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Crier reserves the right to reject editorial or advertising it deems unfit for publication.

**Editorial Policy**

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

Letters of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address, and phone. Email copy@fairviewtowncrier.com or mail Fairview Town Crier, PO Box 1862, Fairview, NC 28730.





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Only \$10 for 20 words and just 25¢ for each word over!

ADS ARE DUE by the 20th of the PREVIOUS MONTH

For more info, contact Annie at 828 628-2211, office@fairviewtowncrier.com or visit fairviewtowncrier.com



## YARD/ANTIQUE SALES

**VINTAGE/ANTIQUE SALE** Come to the Hub's Vintage/Antique Weekend Sale starting on Friday, March 22 from 3–7 pm, Saturday, 10 am–4 pm and Sunday, 1–4 pm. To register for a space to sell vintage or antique pieces, call Sandie at 280-8270. Only vintage and antique items, no yard sale items please. The Hub is located at 1185 Charlotte Highway in Fairview.

**YARD SALE/FUNDRAISER** On Saturday, March 30, the Fairview Community Center is holding a day-long fundraiser for Herston Owenby (See article on front page). Yard sale runs from 8 am–2 pm, rain or shine. Cost is \$10/space for one 8' table (additional tables for extra cost). Leave reservation voice mail at 338-9005. Light Breakfast and hot dog lunch from 8 am–2 pm and spaghetti dinner 5:30–7 pm. Events will include a silent auction with items donated by members of the center's annual craft sale and a 50/50 raffle. All proceeds will go towards Herston's medical and travel expenses.

## FOR RENT – RETAIL/OFFICE SPACE

### 1200 SF RETAIL/OFFICE SPACE IN PRIME BUILDING ON 74A

Ready to move in. Pull-in parking. Two large rooms, front counter, shelves, etc., large kitchen, bath, plenty of storage, one large room is a blank canvas. Could hold desks/work spaces, large meeting/workshop room, photographers studio... artists' cooperative? Large front windows, high ceiling, recessed LED lights with dimmers, commercial carpet throughout. About 1,200 square feet. Available on April 1 or later. Minimum two-year lease. Call 828-280-8270 for more information.

## FOR RENT – HOUSING

**FOR RENT IN GERTON** 2 bedroom, 2 bathroom house. 1,200 square feet. Large master suite with sitting area. Large front deck and fenced front yard. Beautiful, quiet area 20 minutes from Asheville. \$1,200.00 per month. 828-243-8781.

## FOR SALE

**CUSTOM/ANTIQUE FURNITURE** Custom Cherry Wood Coffee Table and End Table—\$400. Large white children's armoire (all real wood)—\$350. Antique wood Murphy Bed (circa 1905)—\$650. Call 828-222-2216 or email john-podlewski@yahoo.com

**YAMAHA UPRIGHT PIANO MODEL M1E** in excellent condition. The instrument has been played very little, been well maintained and tuned. Must be moved by the buyer. On

first floor (only 3 steps off deck to driveway). Matching bench included. Reduced to \$1900. Call 242-6286.

## HELP WANTED

### REAL ESTATE AGENTS!

Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

**CONSTRUCTION HELPER** Neat appearance. Clean background. Pay rate depending on experience. 828-450-2324

## SERVICES

### ACCOUNTING

**BOB WILLIAMSON, CPA** has served Fairview and surrounding areas for over 9 years. His new office is at 1349 Charlotte Highway in Fairview. Bob is looking forward to helping the community with tax and accounting needs. Phone 828.338.0314

### AIRBNB HOME MANAGEMENT



**WANT TO BE AN AIRBNB HOST? HAPPY MOUNTAIN HOST—AN AIRBNB HOST SERVICE COMPANY EXCLUSIVELY FOR FAIRVIEW PROPERTIES**

Sit back and relax. We'll do it all. We are experienced, bonded and local. Monthly or à la carte services. We provide 24-hour on-call guest support, guest check in and out, guest reviews, house inventory, cleaning, linens, bed-making, landscaping and more. New to Hosting? We can help set up your AirBnB site with pricing, amenities, photos, welcome letters and everything needed to get up and running. Call now before you get busy for a free consultation, 828 484-6444.

### CONSTRUCTION / HANDYMAN

#### ALL CONSTRUCTION SERVICES



Customized building, turn-key homes, remodeling, decks. 75 Years of quality customer service. Free estimates. David Frizell, 458-2223

**HOME IMPROVEMENT** Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

### SMALL CONSTRUCTION/REPAIR

Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

### ELDERCARE

**FURNISHED ROOM WITH PRIVATE BATH** and meals provided by retired eldercare givers/nursing home administrators. Non-medical care with rides to doctor, companionship, etc. Reasonable rate, much better than a nursing home! 828-216-7051.

### ENTERTAINMENT

#### HAVE AN EVENT THAT NEEDS LIVE ENTERTAINMENT?

Fairview's Chris Rhodes, singer/guitarist, regularly performs at Biltmore Estate venues as a one-man band. He is available for private events on Friday or Saturday evenings or most week nights. Visit chrishodessmusic.com or call 242-6286 for info.

### HOME MAINTENANCE



#### HAPPY CLEAN PRESSURE WASHING

We don't just aim to clean, we aim to please!! Call or text Chris Winkler 941-536-7869. Email: winklersurfs@hotmail.com

### HOUSECLEANING

**TRADITIONAL OR GREEN CLEANING.** Experienced, references available. Flexible days and hours. Call Ana: 582-1252

### INSURANCE

#### HEALTH INSURANCE FOR SENIORS!

Medicare Supplement, Medicare Advantage or Rx Plans. 40-plus years' experience. Jack Albright, LUTCF, Agent, Asheville. 919-523-6076

### LAWN/LANDSCAPING

#### COMPLETE LAWN MAINTENANCE

Fall clean-up: mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444.

#### JUAN WORX LAWN SERVICES

Grading, Gutters, Retaining Walls (build & repair), Drainage (reroute and/or lay pipe), Brush Clean-Up, Mowing. Insured. 828-712-3488

**LAWN MOWING SERVICES** Reliable retiree available for complete grass mowing services. Mow, trim, blow, etc. 828.231.7832

### MUSIC LESSONS

#### PIANO AND GUITAR LESSONS IN FAIRVIEW

Offered by experienced teacher and professional musician. Beginner & intermediate (advanced air guitar). Children and adults. \$20/half hour; \$30/hour. 335-1401 or email: kampjames@hotmail.com

### NATURAL HEALING

**THE STILLROOM NOW OPEN!** Certified Aromatherapist/Reiki Master/Chakra Practitioner/Crystal Healer. Classes Available. All your essential oil needs. 1349 Charlotte Highway; 828-738-OILS (6457)

### PET/HOUSE SITTING

#### LIVING HARMONY PET SITTING

Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit livingharmonypetsitting.vpweb.com or call Gretchen DuBose, 582-3363.

#### ADORABLE T.L.C. PET BOARDING AND SITTING

Local home. Reasonable Rates. 828-216-7051.

## CLASSES

### ART CLASSES



#### SUMMER ART CAMPS ARE COMING!

Weekly camps, M-F, 9am to 12noon. Hands-on art & fun: drawing, painting, clay, collage & more. Ages 4-14. Jan Widner, BFA. Visit jansartacademy.com. 828-301-6116. Register early.

### SEWING



#### ENTANGLED THREADS — CREATIVE SEWING CLASSES

Interested in sewing outside the box? Learn to redesign and create awesome clothing using thrift store finds, repurposed fabrics, fabric paint, and more. Contact Concha Wilkinson 828-273-1375 or redesignit2@gmail.com

### YOGA

#### YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZOELLER

An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class AND PAYABLE IN ADVANCE.

## NOTICE

The Hub of Fairview is closed as of March 1. The rental room is still available and can be scheduled by calling 628-1422. Anyone interested in renting the room or Hub space, please call Sandie Rhodes at 280-8270.





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## The Fairview Town Crier

### 2019 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES			
	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

BLACK AND WHITE DISPLAY ADVERTISING RATES			
	12x/year	6x/year	1x/year
Full page	\$317	\$347	\$376
Half Page	\$191	\$214	\$231
Quarter page	\$109	\$128	\$139
Eighth page	\$65	\$82	\$92
Business card	\$45	\$55	\$60

**Nonprofit ad rate is 20% off applicable rate.** Note: 1x ads are payable in advance.  
**SAVE MONEY:** On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

CLASSIFIED ADVERTISING RATES
Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). All classifieds ads must be prepaid. Notices and personal ads not selling anything are free.

Put success on your side — call Jim!



# Jim Buff

CRS

828.771.2310



**KELLER WILLIAMS REALTY**  
 86 Asheland Avenue, Asheville, NC  
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### RESULTS

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109 Wicklow Dr.....	Pending in 2 days	3 GT Dr.....	Pending in 19 days
88 Johnny Marlow R.....	Pending in 1 day	35 Rolling Oaks Dr .....	Pending in 2 days
49 McIntosh Ln.....	Pending in 5 days	2 Beechwood Rd .....	Pending in 11 days
		38 Folsom Dr.....	Pending in 4 days



**CANDLER!** Immaculate home on 1.34 acres, 3 BR/3 bath, bonus rm, office, den, 2-car gar + detached 2-car gar w/stor & 2-car carport, updated kitch, cvred front porch, screened rear porch, *MLS#3469084, \$554,900!*



**CANDLER!** 16.8 Beautiful private acres w/2 BR house and add'l cabin, HOME WARRANTY, 2-car detached garage, 3 sides of property border Pisgah National Forest, *MLS#3443022, \$549,900!*



**SOUTH!** Totally remodeled 4 BR/2.5 bath on .89 acres, outstanding kitch w/stainless appliances, cvred front porch & incredible cvred rear patio w/FP, FP in LR, 2 car-carport, *MLS#3467730, \$399,900!*



**FLETCHER!** Spacious 5 BR/3 bath home on 1.5 acres, HOME WARRANTY, extensive decking, 2 Rock FPs fenced in yard, fam rm, rec room, detached 3-car garage, *MLS#3388105, \$375,000!*



**NANTAHALA RIVER!** 2 BR/2 bath, add'l bath on ground level, deck/cvred porch overlooking river near Nantahala Outdoor Ctr. Well maintained home, great potential. Call James Mullis 828-338-8585. *\$314,000!*



**SOUTH IN COUNTY!** Neat 3 BR/2.5 bath on beautiful .39 acre lot, fam room, deck, many updates/upgrades, garage, storage shed, conv loc, Call James Mullis 828-338-8585, *MLS#3432551, \$287,300!*



**NANTAHALA RIVER!** 2 BR/1 BA home w/huge screened-in porch on river, carport, storage bldg. Fish, float & swim from your backyd. Near Outdoor Ctr, App Trail & Lake Fontana. Call James Mullis 828-338-8585. *\$194,000!*



**WEST IN COUNTY!** Buy one home get one free, two houses on one lot — .68 acres total, each two bedroom, sold "as is", great location, *MLS#3401630 \$145,000!*



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**FAIRVIEW!** Wooded .96 acre lot, this private lot would be good for year round living or vacation home, convenient location, *MLS#3431165, \$29,900!*