INSIDE Remembering the Nesbitts P 12 >> Easter Services & Events P 17 >> Chimney Rock Park Update P 20

# The Trailhead Starts in Fairview!

his year's Sale on the Trail, a 19-mile yard and sidewalk sale that runs along Highway 74A, will take place on Saturday, April 20.

You can get an early start on the shopping at two stores in Fairview. Rust and Found, at 1484 Charlotte Highway, will be open from 8 am–1 pm, and New Moon Marketplace, right down the road at 1508 Charlotte Highway, will be open from 8 am–6 pm. At both spots, you can buy table space for \$10 each to sell your own goods. Visit either store to reserve space or call New Moon, 222-2289, or Rust and Found, 777-8922.

On your way up the mountain, stop by the Upper Hickory Nut Gap Community Center (4730 Gerton Highway, aka 74A, right past the post office in Gerton) to enjoy their annual pancake and sausage breakfast from 8-10 am and homemade baked goods until they run out. Their community center yard sale runs from 8 am-1 pm.

From Gerton you'll wind through Bat Cave, Chimney Rock, Lake Lure and Bill's Creek—miles of private and



community roads—to find bargains from residents and merchants including arts and crafts, clothes, sporting goods, household items, and more. Vendor space is also available on the concrete pad by the Lake Lure Welcome Center for \$10. Call the chamber office at 625-2725 or email info@hickorynutchamber. org. We hope you drive safely and score some bargains!



# Garren Creek Group Keeps Roadside Clean

The Garren Creek Road cleanup crew did great work last month. Fifteen volunteers collected 67 bags (up from 7 and 49 last year). Those extra hands allowed the team to cover some of Village Road as well. Two deputy sheriffs, Mark Warren and Chris Kuhl, helped keep everyone safe.

If you are interested in learning how to help keep your roadsides clean, contact Daniel Byers at the NCDOT Environmental Roadside Division at 225-6496 for information on the Adopt-A-Road program.

Thanks to all for keeping Fairview a beautiful place!

We'll have an update on the Spring Mountain Community Center cleanup next month.

# Class Ring Returned after 50 Years

By Vance Pollock

Memories from 50 years ago are hard to recall. Mementos lost 50 years ago are even harder to come by. But this Fairview story has a happy ending.

Fifty years ago, Jim Mizner found someone's class ring. Was it when he was stationed at Quantico, VA, after his return



MIZNER FAMILY

from Vietnam? Or maybe it was before then, when he worked in the bowling alley at Camp Lejeune, NC, around 1967. He wasn't sure where he found it, but he did know two things: It belonged to a fellow Marine and it had the initials "JWN" inscribed on the gold band.

He could also see the ring's owner had graduated in 1965 from A.C. Reynolds High. But 50 years ago, before the Internet brought easy access to information, it wasn't much for Mizner to go on. With young recruits assembling from all over the country, it could have come from anywhere.

"I was going through my junk several years ago and ran across the ring," said Mizner, now 85 and living in his hometown of Aledo, IL, "and decided I would try to find out who it belonged to." He had kept it in a box with his own class ring and assorted personal mementos. He was easily able to locate A.C. Reynolds High here in the mountains of WNC and send an email about "JWN." But he heard back that no one with those initials was on the list of '65 graduates.

Last month Mizner's daughter took a good photo of the ring and posted it to the A.C. Reynolds Band page on Facebook along with the initials and year. Folks closer to home started to dig. The 1965 yearbook led some people to take a closer look at Joe Newman, but his middle name didn't match. But what about his twin brother, Jim?

Continued from page 16

# Hear Ye, Hear Ye! The Crier Office Has Moved



A new tenant has been found for the space that formerly held The Hub (see page 34 for more information). That means that the *Crier*'s office, along with office manager Annie MacNair, will move—but not far! You'll

find us in our original location right next door, in Unit F along with the The Electric Guitar Shop.

The office will be open Monday–Wednesday from 11–5 pm.

# Food for Fairview Wagon Moves to Americare

The donation wagon for Food for Fairview that used to be in the *Crier*'s office has been pulled practically next door to Americare Pharmacy. This will make it more convenient for you to donate as their hours are Monday to Friday, 8 am–6 pm. Thanks to Patrick and Sandi for taking on this important community service!

# **NEXT CRIER LABELING DATE**

**APRIL 30 (10:30 am)** at the main Fairview Fire Station. Contact Patti Parr for more information: pattiparr@yahoo.com or call 628-2211.

The Fairview Town Crier P. O. Box 1862 Fairview, NC 28730 NON-PROFIT U.S. Postage Paid Permit #100 Fairview, NC 28730

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# Spring Mountain Community Ctr.

Community Leadership Meeting: Usually first Tuesday, 6:30 pm. Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Call 628-7900 or 628-1938.

Berrypickers' Jam: Tuesdays at 7 pm. Slow Flow & Yin Yoga with Anna: Mondays, 8:30–9:45 am. \$5–10 suggested.

Yoga with Sabrina: Thursdays 6:15–7:30 pm. \$5–10 suggested. 807 Old Fort Rd. springmountaincc.com

# APRIL 2 (TUESDAY)

# 20th Anniversary Library Event

Storyteller Sheila Kay Adams will be coming to the library for a special program. See page 8 for more information. Fairview Christian Fellowship, 596 Old US Highway 74.

# **Neuropathy Treatment Seminar**

Causes, diagnosis, and treatment of peripheral neuropathy. Fairview Chiropractic Center. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

### **Prostate Cancer Support Forum**

7 pm. Us TOO of WNC. Open discussion; no fee. 5 Oak St., Asheville. 242-8410, wncprostate@gmail.com.

# Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Dept., 49 East Fanning Bridge Rd., Fletcher. 230-6523.

## APRIL 3, 10, 17 & 24

### **Fairview Preschool Open House**

10 am. The preschool will hold an open house every Wednesday this month. Call for information, 330-2073. 596 US Hwy 74, Fairview.

# APRIL 4 (THURSDAY)

# **Hendo Story Club**

7 pm. The Center for Art & Inspiration's monthly Story Club. \$10 at door. Participants are chosen randomly to tell five-minute stories (no notes). Judges are selected from the audience and prizes are awarded. The theme for April is "Dues." Alcohol and soft drinks are available. For more information, visit the Center's website at thecenterai.com or call 828-697-8547. 125 S. Main St., Hendersonville.

## APRIL 4-6

# Singin' in the Rain

7 pm. A.C. Reynolds High presents the classic musical from Thursday

# No Fairview Farmer's Market

The *Crier* has learned that there will not be a farmer's market held in Fairview this summer. If you don't want to drive into Asheville, the closest options to get fresh produce are listed below, along with times and start dates.

- East Asheville Tailgate Market. 954 Tunnel Road, Asheville. Fridays, 3–6 pm. Opens May 3
- Black Mountain Tailgate Market, 130 Montreat Road, Black Mountain. Saturdays, 9 am-noon. Opens May 4
- Henderson County Tailgate Market, 100 N. King Street, Hendersonville. Saturdays, 8 am-noon. Opens April 6

Visit appalachiangrown.org for a full list of all regional markets.

to Saturday. Box office opens at 6; doors open at 6:30. Tickets will be available at the box office, or you may buy in advance at acrhs. buncombeschools.org/arts/theatre\_season/purchase\_tickets.

# APRIL 6 (SATURDAY)

### **Watercolor Class**

1-3 pm. In the "Crazy Chickens  $\rm H_20$  Color Unleashed" class, learn about color, color mixing, paper, brushes, types of paint and the importance of water while having fun. Participants will leave with a small flock of

their own chickens. \$50 (all supplies included). To reserve your space, call 828-697-8547. The Center for Art & Inspiration. 125 S. Main St., Hendersonville.

### **Protect Your Hemlock Trees**

1–4:30 pm outdoor demonstration, 5–6:30 pm indoor class. Protect your hemlock trees from the woolly hemlock adelgid, a widespread insect pest. For those who pre-register for both sessions, a light supper will be served. See page 29 for more information.



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# Growing & Eating Heirloom Tomatoes

10 am. The Sowing Circle series continues with Chris Smith of Sow True Seed. He will explore the growing and culture of heirloom tomatoes, with a special emphasis on tomatoes in the southern Appalachians. There will be a limited stock of free heirloom tomato seeds for you to start your own plants. Black Mountain Library, 105 N. Dougherty Street, Black Mountain.

### APRIL 6-7

# **Asheville Orchid Festival**

9 am–5 pm. This annual event features hundreds of orchid displays from local and regional orchid societies, as well as orchid vendors from across the US and from Ecuador. As part of the two-day event, there will be educational programming on orchids, including a native orchid track. Cost is \$5 per person to attend (children 12 and under free). NC Arboretum, 100 Frederick Law Olmsted Way, Asheville. Standard Arboretum non-member parking fees apply.

# APRIL 7 (SUNDAY)

# 2nd Sundays @ Center for A&I

3 pm. Fairview's own Becky Stone portrays Maya Angelou, with jazz accompa-

niment by Leo Bjorlie and Friends. \$15 in advance, \$20 at door. Purchase tickets at thecenterai.com or call 828-697-8547. The Center for Art & Inspiration. 125 S. Main St, Hendersonville.

# APRIL 8 (MONDAY)

# **FBA Member Meeting**

6 pm. The meeting will take place at The Clothes Mentor and Frame It Asheville, both at 1829 Hendersonville Road. See page 35 for more information.

## Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome. 704-975-0095. Fairview Public Library, 1 Taylor Rd.

# **Stitches of Love Meeting**

7–9 pm. Group donates handmade articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. Call 575-9195.

## APRIL 9 (TUESDAY)

# **Sciatica Seminar**

12:30–1:30 pm. Eliminate prescriptions, avoid surgery. Fairview Chiropractic Center. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.



# **Easter Egg Hunt**

Mark your calendar for Saturday, April 20 for Trinity of Fairview's Community-wide Easter Egg Hunt!

Young ones will share the old-fashioned fun of an Easter egg hunt, plus candy and gifts, from 10 am to 12 pm.

For information, visit trinityoffairview.com or their Facebook page. Trinity of Fairview is located at 646 Concord Road in Fletcher.

## APRIL 11 (THURSDAY)

## Welcome Table

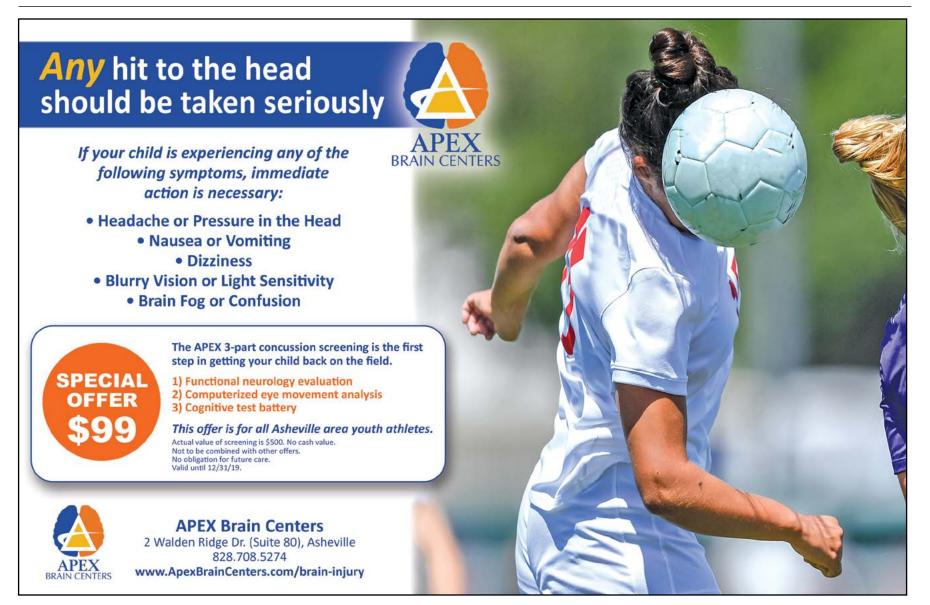
11:30 am–1 pm. A lunch served to anyone in the area seeking food, fellowship, and community. Donations are greatly appreciated. The meal will only be served once a month until more volunteers are available. Behind the library in the fellowship hall of Fairview Christian Fellowship. 596 Old US Hwy 74, Fairview.

### APRIL 13 (SATURDAY)

## **Food for Fairview Fundraiser**

5:30 pm. The Hightop Mountain Harmony singers will perform a concert to benefit Food for Fairview. Attendees must bring at least one item to donate, such as staple food items or paper products. 212 Bethany Church Rd., Fairview.

continued on page 4



## Wildflower Walk

1–3 pm. Trinity of Fairview Baptist Church will lead a half-mile wildflower hike at Collier Cove Nature Preserve in Arden. See page 29 for more information.

# Old Buncombe County Genealogy Society Meeting

2-3 pm. "Abandoned or Neglected Cemeteries: NC State Laws and Current Practices in Buncombe County." Betsy Couzins will examine state laws regarding the responsibilities of landowners toward cemeteries considered abandoned or neglected. Using examples from WNC and especially Buncombe County, the legal difference between "abandoned" and "neglected" will be discussed, among other topics. There will be a visual presentation, an informational handout and a time for questions. Free and open to the public. Call 253-1894 or visit OBCGS.com. 128 Bingham Rd., Asheville.

# Second Saturday in the RAD

10 am–8 pm. The River Arts District will hold gallery walks with live demonstrations, live music, wine tastings, and snacks. You can see Fairview artists at Trackside Studios, 375 Depot St. Lynn Stanley, Steve Fulgham and Dona Barnett); 310 ART, 181 Lyman St. (Fleta

Monaghan); and Pink Dog Creative, 344 Depot St. (Mary Alice Ramsey).

## **Asheville Bookfest**

The 10th anniversary Asheville Bookfest will take place at the Asheville Outlets mall. More than 50 local authors, including some who are Fairview-related, including Donna Lisle Burton, will be in attendance to read, sign, and sell their books. Laura McCaskill, who works at Americare Pharmacy, is involved in the planning. The event is free and open to the public. For more information, contact Micki Cabaniss at 277-0998 or micki@gratefulsteps.org.

### **APRIL 14 (PALM SUNDAY)**

See Easter services and events on page 17.

## APRIL 15 (MONDAY)

# Tax Day

Don't forget to send in your returns.

# APRIL 16 (TUESDAY)

## **Library Book Club**

7 pm. The group will discuss this month's selection, *Hour of the Land* by Terry Tempest Williams. See page 8 for more information. Fairview Public Library, 1 Taylor Rd., Fairview.

# Fairview Fire Department Barbecue Fundraiser, May 3 & 4

Smokey & the Pig has partnered again with

the Support Group of the Fairview Volunteer Fire Department to raise needed funds for the fire department. Mark your calendars now so that you can eat some delicious food and support a great cause

See next month's Crier for more information.

## APRIL 18 (THURSDAY)

## **Knee Replacement Seminar**

12:30–1:30 pm. Eliminate prescriptions, avoid surgery. Fairview Chiropractic Center. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

## **Epilepsy Support Group**

6:15–7:15 pm. MyHealthyLife Wellness Center, 275 McDowell St.

Asheville. For more information, call 213-9530.

**SAVE THE DATE** 

# **Democratic Women Dinner**

5:15 pm, registration; 5:30 pm, dinner; 6 pm, program. For dinner reservations, RSVP to buncombedemwomen@gmail.com by April 14. 951 Old Fairview Rd., Asheville.

### **APRIL 21 (EASTER SUNDAY)**

See Easter services and events on page 17.



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# **Ethical Humanist Meeting**

2-3:30 pm. "How High Should the Wall Be? Immigration Myths and Realities." 227 Edgewood Rd., Asheville. Call 687-7759 or go to EHSAsheville.org.

## APRIL 23 (TUESDAY)

## **Neuropathy Treatment Seminar**

Causes, diagnosis, and treatment of peripheral neuropathy. Fairview Chiropractic Center. Free and dinner will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

## APRIL 26 (FRIDAY)

# Florence Nature Preserve Cleanup

10 am-3 pm. Morning-only shifts are fine, too. Bring lunch and water; wear closed-toe shoes and long pants. Water, snacks, and tools provided. RSVP to volunteer@conservingcarolina. org or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton.

# APRIL 27 (SATURDAY)

### Wildflower Walk

1–3 pm. Trinity of Fairview Baptist Church will lead a 1.5-mile wildflower hike at Bearwallow Mountain in Gerton. See page 29 for more information.

## Swap It Like It's Hot!

2-4 pm. Fairivew Library will host its first baby and children's clothes swap. See page 8 for more information.

# **County Day Hike Series Starts**

Enjoy butterflies and breezes on Snowball Trail, a hilly, moderately strenuous 3-mile hike just off the Blue Ridge Parkway. Several picnic tables are available to enjoy a lunch from home afterwards. Meet at Craggy Gardens Picnic Area (Blue Ridge Parkway MP 367.6 in Barnardsville).

The series will have five more popular treks with trained leaders on Saturday and Sunday mornings. Explorers of all skill levels are invited. To see the other hikes and get more information, visit the link at fairviewtowncrier.com/links.

## APRIL 28 (SUNDAY)

## **Carolina Mountain Cheese Fest**

12 pm-5 pm. A benefit for the WNC Cheese Trail. General admission is \$14. Local businesses participating include Hickory Nut Gap Farms and Looking Glass Creamery. For more information, go to mountaincheesefest.com. Rain or shine at Highland Brewing, 12 Old Charlotte Hwy., Asheville.

## APRIL 30 (TUESDAY)

# **Town Crier Labeling**

10:30 am. Meet other people from the community and help us get the next issue of the Fairview Town Crier into the mail! 1586 Charlotte Hwy., Fairview.

# **Documentary Film Series**

6 pm. "Grizzly Man," about the death of grizzly bear activists. Fairview Public Library. See page 8 for more

### **Knee Replacement Seminar**

12:30-1:30 pm. Eliminate prescriptions, avoid surgery. Fairview Chiropractic Center. Free and dinner will be served.

but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

# **SAVE THE DATE**

### MAY 3-4

## **Garren Creek FD Plant Sale**

The Garren Creek Fire Department Auxiliary is having a spring plant sale at the station (10 Flat Creek Rd.). Locally grown plants, including hanging baskets, annual flats, perennial pots and garden veggie starters. Proceeds go to support two local nonprofits, Garren Creek Fire Department and First Step Farm.

## **IDENTIFICATION STATEMENT**

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ house holds. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 38.

# IN PAIN ?



**NEUROPATHY** 



**KNEE PAIN** 



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# **SCIATICA**

**TUESDAY. APRIL 9** 12:30-1:30 PM

# **KNEE PAIN**

THURSDAY, APRIL 18 12:30-1:30 PM

# **NEUROPATHY**

**TUESDAY. APRIL 23** 12:30-1:30 PM

# **KNEE PAIN**

TUESDAY, APRIL 30 12:30-1:30 PM

# **RSVP REQUIRED: 828-490-4207**

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Candler 2BR/2 bath. Town House in active community 9 minutes from downtown Asheville. \$374,000 *MLS* 3447795



Biltmore Forest: 1.64 acres with 1BR/1 bath 1930's cottage. \$845,000 MLS 3431368

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# The Story of Magda, Part 1

have never written about an animal before and probably never will again. Janet Peterson, Sandie Rhodes, and others suggested I write an article about my cat, Magda. I named her after Magda Gabor, the older sister of Zsa Zsa and Eva Gabor. That is who I thought of the first time I saw her.

My father died in 2005 and that left my mother living alone in Swannanoa. She had always hated cats. Every time she saw a cat, she would try to scare it off. Around 2006, a cat took up residence underneath my grandfather Ingle's toolshed, next door to mother's house. It appeared someone had been very mean to the cat and dumped it out at my grandparents' house, or it had escaped its tormentors and took up residence there. My mother and I would look out the window, and the cat—50 feet away—would run for its life when it saw us.

To my surprise, my mother started putting food out for the cat. Confused, I asked her why. "I don't have nothing else to do," she said. The cat, who became Magda, was so afraid that she would only eat the food late at night. Eventually she began to sneak up the steps and eat the food in daylight. One day when it was raining hard, I opened the door and Magda shot in the door. I thought there would be a dead cat soon, but mother

petted her and didn't throw her out.

Magda started staying on the closed-in back porch at night from then on. She would go down the steps into the basement at night. When she wanted to go outside, Magda would sit in front of the porch door and stare at the doorknob. When Magda wanted back in, she would jump on the step rail and stare in the back-porch door window until mother saw her from the kitchen window and let her in.

One day, I found Magda lying on mother's couch. I thought the world had finally come to an end. "You let an animal inside the house? I asked. "Kitty won't hurt anything," she said. From then on, the cat was allowed in the house but had to sleep in the basement. Magda also started letting me touch her. She would tap me with her paw and want to roughhouse.

Mother wanted everything done fast—eat faster, walk faster, read faster. She would pet Magda so fast you could barely see her hand. Magda soon began to like me better because I would take time with her.

Mother battled a shingles infection for 25 years, and eventually told me she could no longer live alone. She moved into a room at Mayflower Rest Home in Reems Creek, owned by



my first cousin Evet Trantham, and brought Magda along.

By this time, Magda had confidence and was used to ruling the roost. Evet had a cat, but Magda made it clear she was in charge. The other cat was limited to the dining room and the kitchen. The rest of the place, including the deck, belonged to Magda. If she was lying on the deck, she would recognize the sound of my car and go lie on the bed to be petted.

One night, not long before mother



Bruce and Magda

died, she had a bad night and Evet stayed up to tend her. Magda must have thought others were hurting mother, and somehow she escaped the building. I hunted for her everywhere. Three weeks later someone saw her near an abandoned trailer and I rushed out there and rescued her.

Evet told me to take Magda home with me. Mother was near the end and couldn't pay her much attention. I brought Magda to Fairview, where she would run things for seven or eight years.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@ bellsouth.net.





# **International Day Camp**

Intercultural day camp with foreign language classes, educational and adventure activities with international teens. Activities include hiking and swimming at waterfalls, a trip to Carowinds, scavenger hunts, ropes courses, tubing, rafting, cross-cultural team competitions, community service projects, cultural workshops and more.

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# EVENTS

## **Documentary Film Series**

April 30 at 6 pm

# Grizzly Man (2005)

1 hour 44 minutes. Rated R A four-part film series dedicated to the art of documentary filmmaking.

"Grizzly Man" is an award-winning film following the devastating and heart-rending story of grizzly bear activists Timothy Treadwell and Amie Huguenard, who were killed in October 2003 while living among grizzly bears in Alaska.

All screenings are hosted by North Carolina Film Critics Association member James Rosario (thedailyorca. com), who will introduce the film and lead a discussion after.

The remaining film in the series is "The King of Kong" on May 28. Popcorn provided by Grail Moviehouse.

### **Book Club**

April 16 at 7 pm Fairview Evening Book Club will be reading and discussing Hour of the Land by Terry Tempest Williams. No sign up or registration is required to join the book club, and new members are always welcome.

# **Future Book Club Date and Title** May 21 – White Houses by Amy Bloom

## Friends of the Library Meeting

April 9 at 7 pm

All dues-paying members are welcome to attend.



## **Art Adventures for Kids**

April 26, 3:30 pm Join us for this new program that celebrates famous artists. Learn about Frida Kahlo, and then create an original masterpiece inspired by her techniques.

This monthly club is for kids 8-12. The next session will feature Pablo Picasso.

# Swap It Like It's Hot!

April 27, 2-4 pm

Fairview Library will host its first baby and children's clothes swap. Bring your clean and gently used baby and children's clothes (size preemie to child size 12) to the library to swap for new-to-you clothes.

Clothing swaps are a great way to recycle items in good condition that no longer fit. Or freshen up your child's wardrobe at no cost. Leftover items will be donated after the swap.

# Storytelling with Sheila Kay Adams

Tuesday, April 2 at 7 pm

Award-winning storyteller, author, and musician Sheila Kay Adams will present a special concert in celebration of the library's 20th anniversary. It will take place at Fairview Christian Fellowship, 596 Old US Highway 74, Fairview (directly behind the library).

This is a free event, but you must have a ticket. Tickets are available now at the library.



Presented by the Friends of Fairview Library. Refreshments will be served.

# **Preschool Musical Review**

Every year Buncombe County Children's Librarians put on a book-inspired musical review for kids called "Preschoolers We

This year promises to be the best show yet, with puppets, dancing, and other lighthearted fun. Each year, these shows regularly draw over 1,000 children for the multiple performances.

There are six shows in April:

- Pack Memorial Library, April 9, 9:30 am and 10:45 am
- Black Mountain Library, April 10, 9:30 am and 10:45 am
- Weaverville United Methodist. April 11, 9:30 am and 10:45 am

### **Regular Kids Programming**

Baby Storytime: Tuesdays, 11 am Baby Gym: Tuesdays 11:30 am Toddler Storytime: Wednesdays, 11 am Toddler Gym: Wednesdays, 11:30 am Heroes Unlimited RPG for Tweens: First Wednesdays, 4 pm Preschool Storytime: Thursdays, 11 am LEGO Club: First Fridays, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

# **Holiday Closings**

The library will be closed April 19 and April 20 for the Good Friday and Easter Holidays.





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# **New Library Part of Changing Fairview in 1999**

he year was 1999, and Fairview was undergoing an incredibly active year of change. A major highlight was the opening of the Fairview Library.

The massive construction of the Drovers Road Scenic Byway was under way, and the new Cane Creek Middle School was being built. Fairview Elementary School had just welcomed a new principal, Marty Mann.

In June, the Fairview pool on Cane Creek Road opened, allowing up to 330 swimmers to enjoy the state-of-the-art pool. The Food for Fairview pantry began in July, under the direction of Susan Parks.

The *Town Crier* had started publishing a year earlier, and by 1999 it had received nonprofit status from the IRS. A group of freelancer writers—"free" being the operative word here—brought the *Crier* to life, with Mike Patterson as publisher.

Meanwhile, Fairview was busy creating a new meeting place. Up by the old Hamilton and Wander Medical Building, sharing a parking lot with Fairview Christian Fellowship, the Fairview Library was going to be the 10th and largest branch of the Buncombe County Library System.

Architect Keith Hargrove planned the architecture and materials in keeping with the architectural spirit of WNC. The new library would be 7,500 square feet with a



Above: A family looks at architectural plans for the library at the groundbreaking ceremony, October 20, 1998. Right: volunteers landscaping in front of the library, November 1999.

metal roof, stone foundation, and cedar shingles on the gable.

Friends of the Library, led by Chairperson Annie Ager encompassed Susan Bakewell, Celeste and David Baldwin, Paul and Genny Bryant, Elspie and Jamie Clarke, Joan Clark, Lina Evans and Ira Sloan, Leslie and Jurgen Dierks, Mary Jane Hunter, Ridgeway and Mary Lynch, Thelma and John Nesbitt, Les and Jane Mitchell, and many others. A successful book sale was conducted to help fund the library in August.

Jim Webb, resident landscape expert, headed up the Landscape Committee, which also included his wife Jeannie Webb, as well as Barb Appelbaum, Paul



and Genny Bryant, Jurgen and Leslie Dierks, Bob Henderson, David Rhodes, and Gary Swinea.

The Fairview Library dedication ceremony was held on Monday, November 8. An a cappella rendering of "The Star-Spangled Banner" was performed by Fairview fifth-grader McKinley Knapp. Tours of the facility were offered. Bernard Smith, Chairman of the Library Board of Trustees, and County Commissioner Tom Siebel both gave speeches. Jim Webb conducted a tree-planting ceremony.

The early weeks at Fairview Library were brisk, but the team got things in

order. Betsy Parker (head librarian), Beth Garrison (children's services), Shirley Henion (library assistant), and Donna Hawthorn (library page) processed an average of 30 library cards per day. The new library hosted a weekly toddler story time and preschooler story time, and quickly expanding to include baby story time, and a summer reading program.

"For young parents, the library was important. Parents would stay after to socialize and let their kids play," said Beth Garrison.

A monthly evening program for adults was created. The 1999 events were offered by, among others, Orville Hicks, a well-known storyteller, and Ed Osada, who shared beginning beekeeping tips. With one computer for public Internet access and one for word processing, 15,000 books, and a new community room seating 55 comfortably, Fairview Library was off to a great start. Book groups began early in 2000.

Twenty years later, the Fairview Library is still our centerpiece, our meeting place for children, adults, and books. The year 1999 heralded many beginnings still positively affecting our community today.

Dara Kiely is a member of the Friends of the Library.

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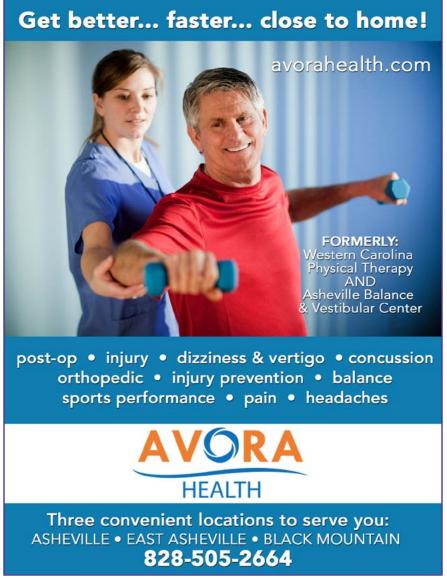


**Family Health Center at Cane Creek** 

Office Hours: Monday - Friday: 8:00am - 5:00pm

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3/2.5, 2-story w/cathedral ceilings. Open floor plan w/ huge great room, dining area & kitch w/bfast bar. Master on main, walk-in closets. New agrihood subdivision in heart of Enimies. Master of Enimies. in heart of Fairview. Many plans available. \$425,000

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LOT 2	0.5	\$59,000
LOT 3	0.5	SOLD
LOT 4	0.521	SOLD
LOT 5	0.482	SOLD

LOT 7	0.64	\$64,000
LOT 8	0.526	\$59,000
LOT 9	0.521	\$59,000

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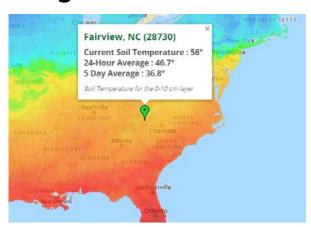
# April Is a Month of Change

nis is the month of fast and furious changes. Now that we have turned our clocks ahead, we are enjoying later sunsets and higher springtime temperatures due to the increasing amount of solar radiation. Our days really start to lengthen in April, and gain just over an hour of extra daylight between the start and end of the month.

We are above average in precipitation for the year, which is good. This past winter continued the trend for a fairly wet first quarter of the year. This continued to help recharge our streams and rivers as we head toward summer.

Precipitation in the fall, winter, and early spring tends to occur with well-defined, strong frontal systems. These systems usually bring widespread rains everywhere across our area. However, when we get into summer, our precipitation tends to be more convective, which means that rainfall is spottier and more localized. Having ample moisture at the beginning of the year sets us up for a nice, lush spring.

For many folks, spring begins when we can plant that early lettuce or perhaps with the first mowing of the yard. That time is at hand. Our April average high temperature goes from 64 at the beginning of the month to 71 by month's end, with the lows moving as well from



Plants and trees usually wake up in May.

an average of 39 to 47. Plants and trees usually wake up during this period as well, and local farmers' markets typically have early season produce. April can also be a month of extremes, and one needs to keep an eye out for late-season frosts that can harm tender vegetation, especially if trees and plants "greened" up earlier than usual.



so many tornadoes?

In terms of planting, I still wouldn't run out and plant all your summer crops. Our region is notorious for late freezes in the middle and latter half of April. The month can be, and usually is, wildly variable, with sudden and abrupt changes.

In past Aprils, I've experienced destructive thunderstorms that have produced hail that caused tree damage as well as late frosts, which caused me to cover and move newly leafed

Japanese maples into protective areas.

I usually breathe a sigh of relief when mid-May arrives. I follow the old belief of not planting tomatoes or any warm garden crop outside until Mother's Day. They really don't grow that much until the soil temperatures warm up close to 60 degrees, which doesn't happen until May anyway. You can check our soil temperatures in the region at climate.ncsu.edu.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

# **WEATHER** WONDER

# How many types of clouds are there and how are they classified?

Clouds are given Latin names corresponding to their appearance—layered or convective—and their altitude. Clouds are also categorized based on whether they are precipitating.

You can find more on cloud classification and a PDF version of a NOAA cloud chart at www.weather.gov/ jetstream/cloudchart #myModalx1.

The World Meteorological Organization's International Cloud Atlas defines 10 basic cloud types:

High Level Clouds Cirrus, Cirrocumulus, and Cirrostratus appear thin and white but can appear in a magnificent array of colors when the sun is low on the horizon.

Mid-Level Clouds Altocumulus, Altostratus, and Nimbostratus are composed primarily of water droplets, but can also be composed of ice crystals when temperatures are low enough.

Low-Level Clouds Cumulus, Stratocumulus, Stratus, and Cumulonimbus are low clouds composed of water droplets. Cumulonimbus, with its strong vertical updraft and tower, can extend to over 60,000 feet in the atmosphere.





# J.C. and Thelma Nesbitt: A Full Life in Fairview

# Faith, Family, and Community

by Mary Spivey

ohn Charles (J.C.) and Thelma Nesbitt were for decades major forces on Fairview's growth. In light of their deaths last year, it's worth remembering their contributions, from agriculture to education.

As young J.C. pedaled his tricycle down dusty Cane Creek Road in the 1930s, did he glance at the corner of Cane Creek Road and Lower Brush Creek Road and dream of starting a dairy that would become one of the largest in Buncombe County? Probably not. And he likely also had no idea he would manage that dairy for over 40 years and then sell the land to Buncombe County to build Cane Creek Middle School, one of the highest-rated schools in our area.

During the same time, Thelma Florena Weinmann was growing up in Philadelphia and then New York City where her mother, also named Thelma, married a second time, to Leopold

More than 300 dairies existed in Buncombe County in the 1970s, with J.C.'s one of the largest with 175–200 cows. Tony Nesbitt, owner of Cane Creek Dairy, was told that there were 33 dairies between Fairview and Fletcher alone.

Bernhard, a renowned Lutheran pastor. Thelma attended Berkeley Institute, a private girls' high school, in New York. After graduating, Thelma attended Lenoir Rhyne College (now University), a private Lutheran school in Hickory, where she would not only earn a bachelor's degree in elementary education but also meet her future husband.

J.C. graduated from Lee Edwards (now Asheville) High School and went on to study pre-med at Duke University. After a bit he decided to change his career plan and transferred to Lenoir Rhyne College where he went on to earn a business degree and find the love of his life. J.C. and Thelma married June 24, 1956 in New York City at St. Peter's



Above, J.C. and Thelma Nesbitt.

At right, in 2013, J.C. was inducted into the Mountain State Fair Livestock Hall of Fame.

Attending the event with him were daughter Debra, Thelma, and son Michael. Below, a picture of the dairy land in 1967.

Lutheran Church, where Thelma's stepfather was pastor.

The new Mr. and Mrs. J.C. Nesbitt returned to Fairview and spent their early married days living in the garage apartment of J.C.'s parents, Carl and Hulda Nesbitt. In those days, J.C. worked as an engineer for General Electric in Hendersonville. The job, while a good one, confined him to an office and it wasn't long before he traded the desk for farming, his true calling.

# **Fairacres Farm**

In 1959 J.C. bought that corner acreage from his grandparents and a smaller adjacent piece from his aunt and uncle to establish a dairy he called Fairacres Farm. Thelma taught elementary school in Arden through the '50s and then left the classroom to work alongside J.C., keeping the books for the business. "My parents were partners in business and life," said their daughter Debra.

Tony Nesbitt, owner of Cane Creek Dairy and third cousin of J.C., says Nesbitts have lived in the Fairview area since the late 1800s and the land his ancestors purchased then is some of the same land still owned and farmed by the current generation of Nesbitts. According to Tony, more than 300 dairies existed in Buncombe County in the 1970s, with J.C.'s one of the largest with 175–200 cows. Tony's uncle told him there were



33 dairies between Fairview and Fletcher alone, each one with 20–30 cows each. According to Annie Ager, whose father was a dairyman during the same time as J.C., "milk was a successful commodity and a good way to make money in those days. Milk was sold by the hundred weight, and J.C.'s cows averaged 45 pounds of milk per cow each day."

As the dairy expanded, so did J.C. and Thelma's family. In the early 1960s, they moved into their own home a bit further west on Cane Creek Road and soon welcomed their children Debra and Michael. J.C. acquired other parcels in the area to graze cows and grow corn for silage. He opened a dealership for milking parlor equipment, including that used in the pit systems that were becoming the norm in the industry.

Michael attended NC State and returned to work

alongside his father at the dairy until it was sold.

Family, faith, and community were important to the Nesbitts. In 1962, J.C. and Thelma were charter members of the Lutheran Church of the Nativity

in Arden and they actively supported the church for the rest of their lives. Thelma taught Sunday School, was a member of the Church Council, sang in the choir, and made quilts to donate to others.

J.C.'s community interests stayed close to agriculture. He served on the boards of the state's American Dairy Association and the state Division of the Dairy and Food Nutrition Council of the Southeast, was chairman of the WNC Dairy Commission, and was active with the local dairy cooperatives.

# **Compassionate People**

As Debra puts it, "My parents were unselfish, compassionate people. Dad was always willing to help someone repair farm machinery, nurture sick livestock, or assist a stranger with a flat tire on the side of the road. Mom was a talented artist and cook and



especially enjoyed preparing Thanksgiving dinner for the family."

By the 1990s times were changing in the dairy industry. The weather hurled two curveballs in the form of a 50-year flood in May 1973 and a blizzard in March 1993. The flood washed away crops planted for silage and the blizzard dumped so much snow that the roof of J.C.'s barn partially collapsed. Without power, they were unable to milk the cows for three days. The Nesbitts were not alone in their struggles to keep a profitable dairy under these and other stresses and through the 1990s. They saw dairies across the county closing their doors.

J.C. held on. He loved his land and loved farming. He was also realistic, and in 1997 he sold the dairy site to build Cane Creek Middle School. Debra remembers the decision, while difficult, gave him peace knowing

the land would be used for education and not a housing development or strip mall.

# Friends of the Library

In the years after the sale of the dairy, the Nesbitts were perhaps best known for support of the Fairview Library when it was built in 1999. Thelma joined the newly created Friends of the Library, then under the leadership of president Annie Ager. As Annie remembers, one of the first goals of the Friends was providing landscaping for the library. "To raise funds for the landscaping, Thelma and her friend, June Thorne, spent hours organizing book sales at the Fairview Community Center. J.C. helped by cleaning one of his cattle trailers so he could transport the books from Jim Thorne's warehouse to the Community Center. This first effort raised \$12,000, which went a long way toward landscaping the new building."

The couple continued to give back to their community. Thelma visited residents at Flesher's. J.C. worked with other dairies in the area. He helped plan the WNC Regional Livestock Center and volunteered at the Mountain State Fair, and in 2013 was inducted into the Mountain State Fair Livestock Hall of Fame. Debra, who moved back to the area in 2012, recalls that two months prior to his death J.C. drove a friend's cattle to the Canton stockyard. After the close of the Asheville stockyard in 2005, J.C. was part of a group instrumental in opening, in 2008, the WNC Regional Livestock Center in Canton, a move which kept a stockyard in WNC.

Thelma, age 87, died on July 17, 2018. J.C. at 85 joined the love of his life on December 28 of the same year.

Today four dairies continue to operate in Buncombe County. Cane Creek Dairy is the last one operated by Nesbitts.





A comparison of the Nesbitt dairy land then and now.

The land was sold in 1997, and in the 1998 image, you can still see the dairy buildings on the land. In the 2016 image, Cane Creek Middle School, with its building and ball fields, is in that space. The school was built in 2000.

FAMILY IMAGES FROM NESBITT FAMILY / MAP IMAGES FROM GOOGLE EARTH

Mary Spivey lives in Fairview and writes about science and the community. She can be reached at maryspivey03@gmail.com.

# Do the Work: Tips for Health Progress

ood (and even great) things come to those who do the work. It doesn't even have to be hard work; it just needs to be consistent.

### The Evidence

In his book *Outliers*, Malcolm Gladwell writes about how apparently average people who were good at certain tasks became great, even legendary, with enough work or practice. This book was based, in part, on the work of Swedish psychologist K.A. Ericsson, who showed that deliberate practice over time leads to superior performance in a given task (music, sports, academics, games, etc.).

While not all of us are striving to be the next Michael Jordan, Albert Einstein, Madame Curie, Bill Gates, or Serena Williams, the rules still apply: How good we get at a given task or set of tasks is determined by how much time we put into our work or practice.

Genes, luck, connections, physical abilities, and other factors play a part, but they're not nearly as important as doing the work.

### Do the Work

The concept of "doing the work" is of vital importance when it comes to one's health.

No single meal, exercise, meditation, or brain game is going to create the lasting improvements everyone wants. It is the



successive performance of improved nutritional intake, physical activity, mindfulness and stress reduction techniques, sleep hygiene, positive thinking, brain training, and more that can create a big difference.

This is in sharp contrast to conventional medical and cultural wisdom that aggressively encourages us to seek a quick fix for our health struggles.

There are many ads for the latest and greatest exercise craze, weight loss product, erectile dysfunction/sleep/diabetes medication, brain enhancement supplement, or self-help tool. These often do nothing to

address the underlying cause of poor health. The people using these methods do not do the work.

There are instances when a medication, surgical procedure, nutritional supplement, chiropractic adjustment, or acupuncture session will eliminate a problem altogether, but this is the exception and not the rule.

# Do It Right

You need to eat, move, sleep, and think in the right way. Those who adhere to these principles most often live longer, healthier, and happier

lives with greater resistance to the impacts of ill-health and disease, as well as to internal and external environmental stressors.

**Eat right.** Varied whole food diets that eliminate refined and processed foods, reduce sugar and increase healthy fat intake, decrease overall caloric intake, and include proper hydration (with water) have shown to enhance longevity and reduce disease risk. As Hippocrates wrote, "Let food be thy medicine."

**Move right.** Daily physical activity— whatever you can do—should result in a better life. The more we move, the better

should be our physical, mental, and emotional health, and the more resilient we will become to stressors and discord in our lives. Choose activities you like and do them with others, which will make it easier to form the habit.

**Sleep right.** Sleep is likely the most important factor when it comes to brain and body health. To increase your probability of obtaining restorative sleep, you should do the following: establish a sleep schedule, get seven to nine hours restful hours of sleep each night, eliminate all technology from the bedroom, have no screen time for at least two hours before bed, and use high-quality bedding materials.

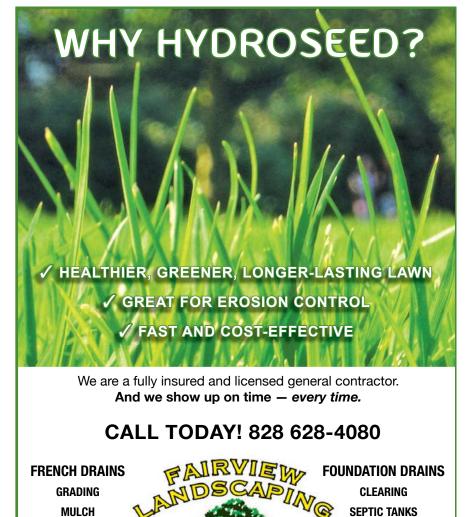
**Think right.** It has been well established that thoughts of gratitude and thankfulness cam neutralize the most damaging emotions of fear and worry. Meditation (particularly mindfulness), gratitude journals, and not engaging in negative talk with friends, family, and on social media is a great start.

This work needs to be done every day.



Michael Trayford, DC, DACNB is a functional neurologist, published journal author, international speaker, and advisor for the Dementia Society of America. He can be

reached at ApexBrainCenters.com or 708.5274.





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...AND MORE!

**EROSION CONTROL** 

# Tennis Elbow and Golfer's Elbow

ennis Elbow and Golfer's Elbow are forms of epicondylitis, an inflammation of tendons that attach to the elbow. Tennis Elbow affects the lateral, or inside, epicondyle (tendon), while Golfer's Elbow affects the medial, or outside, epicondyle. These conditions can occur in anyone—such as plumbers, painters, and cooks—who uses an arm repetitively. Seasonal activities such as raking, gardening, and chopping wood can also cause Tennis Elbow. Golfer's Elbow can also occur in those who play racquet sports, baseball, or softball or engage in weightlifting, carpentry, painting, and other similar activities. Elbow pain for more than three to four months is called tendinosis, which is due to developing scar tissue.

Symptoms include pain at the elbow, often with radiation down the forearm to the wrist or hand. There may be a constant ache at the elbow, or it may be felt only while reaching, grasping, or lifting (likely Tennis Elbow) or while lifting the wrist or hand, when lifting the forearm, or making a fist (likely Golfer's Elbow). The painful area may be slightly swollen or tender to the touch. Long term, these conditions can cause stiffness in the elbow and weakness in the hands or wrists.

The first line of treatment is rest. Icing the area may also help. In the short term, over-the-counter pain medication may be used. Braces, exercises to strengthen the area, and learning the proper form are all helpful

in preventing reinjury. If you continue to be bothered by symptoms after completing these treatments, additional care may include the following options

Myofascial release involves applying gentle sustained pressure to the forearm and elbow. This type of treatment can often produce quick results while getting at the underlying cause. It's most effective while moving the wrist in flexed and extended motions. TheraBand FlexBar is an exercise protocol that involves using a flexible bar and forearm strengthening exercises. **Elbow** taping using kinesiology tape to support the damaged tissue and speed healing. Elbow, wrist and shoulder manipulation to ensure there are proper joint mechanics (this alone sometimes resolves elbow pain). Laser therapy, which has been shown to be highly effective in reducing pain and speeding healing. And nutrition therapy, using specific tendon protocols for maximum healing.

I have found that most acute and chronic problem can be addressed quickly and easily, even when other methods have failed. If the injury is new, start with ice and take a break from painful activities.



Dr. Reilly is past president of the NC Chiropractic Association and team chiropractor for ACRHS since 1999. Call 628-7800 for your always-free consultation. fairviewdc.com

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# **FES Students Compete in Food Drive**

he annual Food for Fairview cannedfood drive will be held the week of April 22-April 26 at Fairview Elementary School. This is a competition among the different grades to see which can donate the most items during the week. Last year the kindergarten classes won with 521 items. As a result, the kindergarteners received a pizza party at the school, sponsored by the Fairview Business Association. A total of 1,851 items were received from all the classes. The great effort of the students and their parents helped Food for Fairview assist food-deficient Fairview residents.

# Requested Items

- Peanut Butter and/or Jelly
- Canned Fruits
- Dry Pasta and/or Rice
- Canned Vegetables
- Canned Pasta Sauce
- Dry and/or Canned Beans
- Macaroni and Cheese
- Canned Meats and/or Fish If your company or organization is interested in sponsoring this year's pizza

party, please call us at 628-4322 or email food4fariview@gmail.com. Sponsor info will be included on flyers that will go home with students the week before the drive.

The above list of items can also be donated directly to the pantry. Our Radio Flyer donation collection wagon has moved to Americare Pharmacy (1885 Charlotte Highway) open weekdays from 8 am to 6 pm. It's located in the same business park as the Crier's office.

We are always looking for new volunteers. If you are interested in volunteering on either our normal Monday afternoons or Tuesday mornings, please stop in to the pantry when it's open. There is a short form to fill out that can be found at foodforfairview.org, and you can get started that very afternoon or morning. We'd welcome your participation. The pantry is located at 1357 Charlotte Highway and is open Mondays from 3-6 pm.

Jeff Cole is the Executive Director of Food For Fairview, which is a tax-exempt 501©(3) Corporation. For more information, please call 628-4322 or go to foodforfairview.org.

# **COMPUTER BYTES** BILL SCOBIE

# It's the Little Things That Count

o you try to quiet your children by handing them your iPhone? There's stuff on there you don't want messed up by curious little fingers. There is a way to lock the iPhone, by using Guided Access, that will still let your little one use

Go to Settings, General, Accessibility, Guided Access. Then turn on "Guided Access" and "Accessibility Shortcut." Now open your kid's app and press the home button three times in a row (for iPhone X, triple-click the side button instead.) The first time you do this, it will prompt you to enter a passcode (you create one at this point) to start the access. When you need to exit guided access, hit the home button three times again and enter your passcode. (Don't forget your code.)

# Do a Little More

You can optimize your ever-growing and changing list of tasks by assigning blocks of time to each task in your computer's calendar. This is called "timeboxing." You create an estimate of how long a task might take and put that block of time on your calendar. Seeing those blocks of tasks with their time estimates can make them easier to reprioritize and move around.

# Learn a Little More

The Goodwill Community Foundation offers a variety of online learning tutorials

at edu.gcfglobal.org/en. The site helps anyone who wants to use it learn the essential skills they need to live and work in the 21st century. From Microsoft Office and email to reading, math, and more, the site offers more than 180 topics, including more than 2,000 lessons, more than 800 videos, and more than 55 interactives and games, completely free. These go beyond technical computer skills training to include work and life skills. And it's put together in Raleigh.

## **Correct a Little Error**

If you use Facebook Messenger, you can now unsend messages. You have 10 minutes after sending your message to retrieve it.

Use the three horizontal dots (on a computer) or press and hold on the message (on a touch device) to find the Remove option. If you don't see it, you may not have the latest version of Messenger (update to get this feature) or you may have gone over the 10-minute mark. If you delete something, there will be a gray placeholder left in the message thread that indicates something was there.



Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or bill@scobie.net.

# **RING RETURNED**

Continued from front page

Members of the Newman family soon were getting tagged in comments, and the photo being shared more than 600 times in a few hours.

And then early that afternoon came a message from James William Newman, Joe's twin brother. It was his ring. As best he could recall, the last time he saw it was when he went bowling with some friends at Camp Lejeune.

# Saving Up

Jim Newman, 73, is a retired stonemason and steel plant worker who has lived in Claremont, NC, for more than 30 years. While still in high school he did rock work with his father for 50 cents an hour, saving up the \$30 or so for his class ring. While that doesn't sound like a lot of money today, it was hard to come by at that time. He had the choice of a red or green stone. He chose the green.

So why wasn't he in the yearbook or graduation roll? "I was one English credit short of graduating in 1964," he said. At his father's encouragement, he took the class during summer school that year. After that, he enlisted in the U.S. Marine Corps. "If I'd known then about Parris Island [the Marine boot camp in South Carolina] I might have stayed in school another year. Another 10 if I could," he said, only half joking.

While Newman was in the service, his family back in Fairview opened J&J



Jim Mizner / MIZNER FAMILY

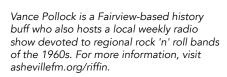
Grocery, which operated in the area for

Mizner and Newman spoke over the phone and shared foggy recollections of losing and finding the ring. On the morning of March 15, a package arrived in Claremont, NC, near Hickory, addressed from one James to

another. Newman opened the package to see a familiar green stone set in 10-karat gold with his initials carved in the band.

It doesn't quite fit the way it would have all those many years ago. He's put on a few pounds, his family teases. But he's glad to have it back after all these

years, and still proud of the education and achievement it symbolizes.





Jim Newman / NEWMAN FAMILY

# **EASTER SERVICES & EVENTS**



















### PALM SUNDAY, APRIL 14

# Fairview Baptist Easter Egg Hunt and Cookout

The egg hunt will be outdoors, weather permitting, and indoors otherwise. 5 pm at the church, 32 Church Road,

## **Trinity Greek Orthodox Luncheon**

11 am-2 pm (takeout begins 10:30 am). Phone 253-3754 weekdays to order for pick up or 254-7424 on the day of the luncheon. Feast on lamb shank, pastichio, spanakopita, keftethes (meatballs) and more. Desserts include baklava, kourambiethes, and galatoboureko. Enjoy Greek music and dance presentations. Proceeds support charities worldwide and locally. 227 Cumberland Ave.

# APRIL 17 (WEDNESDAY)

# **Passover Seder at Fairview Baptist**

Celebration starts at 6:30 pm at the church, 32 Church Road, Fairview.

### **APRIL 20 (SATURDAY)**

# Fun With the Bunny Day at SMCC

An Easter egg hunt will take place at Spring Mountain Community Center at 1 pm. Bring baskets and be ready to have some fun, weather permitting. There will be different areas for smaller children and toddlers so they will have an opportunity to find treasures without having to compete with bigger kids. There is no charge for participating and light refreshments will be served. And the resident bunny will be on hand. 807 Old Fort Road, Fairview.

# **Trinity of Fairview** Easter Egg Hunt

Young ones will share the old-fashioned fun of an Easter egg hunt, plus candy and gifts, from 10 am to 12 pm. 646 Concord Road, Fletcher.

# **Blue Ridge Cowboy Church Easter Egg Hunt**

Event starts at noon. Hunt starts at 1 pm. Pony rides, food, games. Bring

your own basket. Get a photo with the Easter Bunny. 49 Saxon Hill, Fairview.

# **Easter Egg Hunt at Hickory Nut Gap Farm**

The hunt will be divided into two groups at two times, one for younger children and one for older children. Kids 5 and under: 12–12:30 pm. Kids 6 and up: 1:45-2:45 pm. Bring a basket for your child. Egg decorating and coloring station will be set up at tables. 57 Sugar Hollow Road, Fairview.

### **EASTER SUNDAY, APRIL 21**

# **Sunrise Service at Bethany United Methodist**

Bethany United Methodist Church, 212 Bethany Church Road, Fairview, will host a service at 7 am. Everyone is welcome. Regular Sunday School and Worship will be held at 10 and 11 am.

# Easter Egg Hunt at UHNGCC

Upper Hickory Nut Gorge Community Center in Gerton will host an Easter egg hunt at 2 pm for kids 12 and under. 4730 Gerton Highway, Gerton.

# **Fairview Baptist Sunrise Service** at Cane Creek Cemetery

Easter morning, 6:30 am. Following the service, breakfast will be served in the Fairview Fellowship Building,

# **Fairview Baptist Resurrection** Celebration

All are invited to join in celebrating the hope of the risen Christ, at 11 am in the Fairview Baptist Church Sanctuary, 32 Church Road. A nursery will be provided.

# **Trinity of Fairview Sunrise Service** and Breakfast

All are invited to a sunrise service at 7 am in the Family Life Center, 646 Concord Road, Fletcher, with breakfast following. Easter worship services at 9 and 10:45 am.

# A blessed Easter to our community!

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# **GREG'S MAGIC TRICK**

# Hanky Panky Coin Trick

Drape a handkerchief over your left fist, then you push a coin into its center. Make a magical pass and when you shake out the handkerchief the coin has vanished!



A small rubber band makes it all possible.

# THE TRICK

Drape the handkerchief over your left hand and immediately bring the hand into an upright position so that the rubber band around your fingers is directly beneath the center of the handkerchief.

Pull the left finger and thumb apart, stretching the rubber band. With your right hand push a coin into the center of the handkerchief. It goes through the opening of the stretched rubber band taking a little of the fabric with it.

Remove your left finger and thumb and the rubber band will snap shut, trapping the coin in a secret little pocket.

Shake out the handkerchief and the coin has vanished.

# Magic!

Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.



Secretly place a small rubber band around your left index finger and thumb.





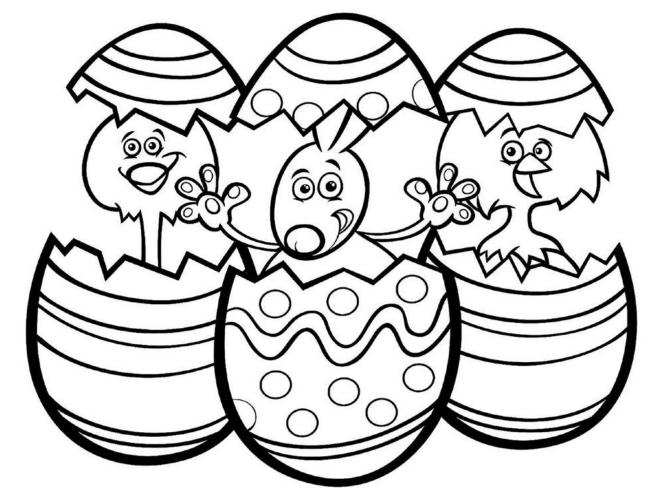






# CORNER

# **COLORING FUN!**



Share your child's completed image for a chance to be featured on the *Crier*'s Facebook page!

Email images to copy@ fairviewtowncrier.com

HAPPY EASTER!

# **FES Teacher Receives State Honor**

By Kenya Hoffart

The North Carolina Science, Mathematics, and Technology (SMT) Education Center in Raleigh recently named Jennifer Tatum, a fifth-grade teacher at Fairview Elementary, an Outstanding Educator in Science, Mathematics, and Technology Education.

The annual award recognizes a North Carolina educator who excels in fulfilling the mission to improve performance in science, mathematics, and technology education. Tatum will be honored in Cary at the Celebration of Science, Mathematics, and Technology on April 27.

According to the Center, Tatum demonstrates enthusiasm for teaching, inspires independent learning and the development of critical thinking skills, has command of the subject matter and presents it imaginatively, and emphasizes student engagement in the classroom. As a finalist for this award, Tatum was observed in the classroom by representatives from the SMT Education Center.



Jennifer Tatum

Tatum has been teaching for 16 years and has taught media, third, and fifth grades. She has been part of the FES team for nine years.

Kenya Hoffart is the VP of fundraising and communications chair for the Fairview Elementary School PTA.



Fairview Elementary's 2018-2019 Battle of the Books competition team

# Battle of the Books at Fairview Elementary

ach year, Buncombe County holds a trivia-style battle of the books competition that is open to all the district's elementary schools. Fairview Elementary's Battle of the Books team began reading from a list of pre-selected books and meeting early every Tuesday morning many months ago to prepare for the competition, held on March 15 at Buncombe County School's central office. FES students competed against all district elementary schools and tested their knowledge of the content and author of each book.

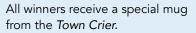
Any fourth or fifth grade student who was interested in participating in Battle of the Books was welcome to join the team, and the 12 students with the best quiz scores and attendance record were invited to participate in the district-wide

competition. The purpose of the Battle of the Books program is to encourage reading and expose students to quality literature that represents a variety of literary styles and viewpoints. There was much fun and excitement had by these young readers as they improved reading skills and acquired a broader knowledge base.

Karen Yutzy and Sandra Thompson served as coaches for the FES team this year, and Yutzy continues to serve as the WNC regional coordinator. "Coaching our team is one of my favorite things as the media specialist" she said. "It's the perfect excuse for me to hang out with awesome kids who, like me, love books. The moment when a kid is genuinely excited about a book they just read never gets old."

# STUDENT OF THE MONTH: ASTRID FUENTES

The AC Reynolds High School Student of the Month is Astrid Fuentes. She has overcome many obstacles to be successful in school and get her diploma. She has been a great help in her Principles of Business class, assisting a limited-language learner with assignments and translations. Astrid shows true Rocket Pride by helping fellow students.





# Last Month to Enter Student Design Competition

The Fairview Area Art League (FAAL) and Friends of the Library are sponsoring a book design challenge called "Illustration Creation" for students in the Reynolds High School district from grades K through 12. Students can design an art piece that represents an element of their favorite book, such as a character, plot, mood, or even their own reactions to the book.

Entries must be two-dimensional and measure 12"  $\times$  18" or less, mounted on black paper. Entries are due to the Fairview library by April 26, with receptions on May 2 and May 4.

Detailed instructions about size, materials, etc. can be located on the FAAL Facebook page (@fairviewart). In addition, instructional sheets will be distributed to teachers.

Questions can be directed to E.J. Haack at 704-975-0095.

# Bike Safety at Fairview Preschool

Fairview firemen came to Fairview Preschool to teach the students about bike safety. The firemen adjusted helmets, checked out the bikes and trikes, and talked about the importance of always watching where you ride. The firemen visited on the day of the preschool's Trike-a-Thon. Each spring, Fairview Preschool students raise money to benefit St. Jude Children's Research Hospital through the Trike-a-Thon. This year \$1,667 was raised, the highest total raised in school's history.



# Cane Creek Middle School Seeks Sign Assist



CCMS is looking for donations of letters for their school sign.

If any local businesses have extra letters, the school would love to have them.

For information, email canecreekmiddlepta@gmail.com or call 628-0824.

# What's New at Chimney Rock State Park, Part 1

# Repairs and Upgrades Will Make Your Visit Even Better

By Ryan Lubbers

here has been a lot of change at Chimney Rock State Park in the last few years. In addition to an expansion to nearly 7,000 acres (from 996 acres in 2007), new trails and infrastructure have been created, the elevator has been repaired, and a new access area has been developed for the public.

# **Chimney Rock Access**

This is the area of the park most people are familiar with. It has the iconic rock monolith (the chimney) with an American flag, the 404-foottall Hickory Nut Falls made famous by the movie "Last of the Mohicans," and the well-known elevator that travels through solid granite. This area is managed by Chimney Rock Management LLC in partnership with the State of North Carolina. It has an entrance fee that depends on the season and the visitor's age. For locals, the Annual Pass (\$32) is the best deal. Annual passholders can visit the Chimney Rock Access as often as they like for the entire year, except for Thanksgiving Day and Christmas Day, when it is closed.

The elevator has had its ups and downs in recent years. Built in 1947, it has needed many upgrades to bring it up to modern standards. Those proved very challenging and dragged



The view from Peregrine's Point, named after the birds often seen from here, offers sweeping vistas of the Hickory Nut Gorge from Bearwallow Mountain down to Lake Lure. (Source: All photos from Chimney Rock Management LLC)

on for years. It's now fully functional and allows visitors of all ages and abilities to experience an unforgettable panoramic view.

Due to erosion from record-breaking rain amounts last year, the Chimney Rock Access area suffered some major damage to roads and parking lots. (See photos below.)

When the Rocky Broad River flooded and undermined its bank, the entrance road leading to the mountain collapsed. This damage has been repaired and the entrance road is now open. This road winds up the mountain to the upper parking lot. This lot suffered serious damage in the deluges of 2018 and a portion of the parking area

collapsed. With parking there limited until repairs can be made, visitors looking for a parking spot are directed to "The Meadows." From there you can hike up the mountain on the Four Seasons Trail or take the free shuttle back and forth to the upper parking area near the elevator entrance, gift shop, and various trailheads.





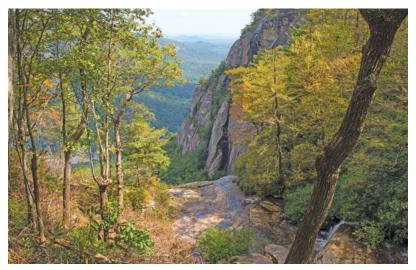
Record-breaking rain amounts caused major damage to roads and parking lots at Chimney Rock State Park.





New stairs (far left and left) lead up to the Chimney, and there's a new deck along the way that provides (below left) great views. At the end of the new Skyline Trail (below) you'll find a great vista of the Hickory Nut Gorge.





If you decide to take the shuttle, there is a stop near the rock-climbing tower. This is a good opportunity to view the Animal Discovery Den. Behind that, a fun and interactive loop called the Great Woodland Adventure Trail makes for a short but unique hike, with nature art and educational exhibits perfect for inquisitive minds.

If you skip the shuttle and hike the Four Seasons Trail, be prepared for an uphill climb (400 feet) that leads through a beautiful, rich cove forest filled with massive trees, house-sized boulders, and wonderful spring wildflowers. The trail connects with the Hickory Nut Falls Trail, which you can take to the bottom of the falls before making your way up toward the Chimney.

As you approach the stairs that lead to the Chimney, you'll notice new infrastructure projects that improve visitor access. The new steel and wooden stairs, pictured above, lead to a massive new deck that cantilevers off the mountain, allowing you a bird's-eye

view of the forest canopy. The deck is shaded and has picnic tables for lunch in the treetops. There are often educational programs and special events in this new space.

# A New Trail



The Skyline Trail is a new trail with a backcountry feel. It's a moderately strenuous, out-and-back trail

(2.2-mile round-trip) that leads you past big chestnut oaks, through mountain streams, and into a more secluded area of the park. It offers fantastic views in all four seasons as you hike the ridgeline toward the top of Hickory Nut Falls. One of the most memorable views comes at Peregrine's Point, named after the birds often seen from here. You have a sweeping view of the Hickory Nut Gorge from Bearwallow Mountain down to Lake Lure. There are a few picnic tables in a clearing here, which is a nice place to rest and refuel. The trail meanders

up and down the mountain until it brings you to the Upper Cascades of the Hickory Nut Falls. At the trail's end you can watch the water disappear over the cliff's edge with a fantastic vista of the Hickory Nut Gorge in the background. It's a great option for those who want to stretch their legs and explore the far reaches of the park.

Check out next month's issue to read about the Rumbling Bald Access and the new Weed Patch Mountain Trail.



Ryan Lubbers is a trail guide and co-author of A Hiker's Guide to the Hickory Nut Gorge. You can purchase his "Adventure Map of the Hickory Nut Gorge" at the Town Crier's office (1185 Charlotte Highway). You'll be donating to the Crier as well, since a portion of sales go to the paper.

You can also purchase online at

hickorynutgorgetrailguide.com.



# **Grain-Free Dog Diets Can Be Dangerous**

ver the past decade, boutique and specialized diets have become very common for dogs, including those with exotic meat sources and grain-free options.

About two to three years ago, cardiologists at UC Davis School of Veterinary Medicine and other referral hospitals and veterinary schools noted that Dilated Cardiomyopathy (DCM) was being seen in dog breeds that are not normally at risk, such as Doberman Pinschers, boxers and Cavalier King Charles Spaniels. These breeds were primarily being fed grain-free diets, sometimes with more exotic ingredients. The US Food and Drug Administration Center for Veterinary Medicine, along with veterinary cardiologists, is currently investigating this issue.

Grains do not generally contribute to health problems and are a nutritious source of proteins, vitamins, and minerals. Food allergies are not extremely common in dogs and are primarily caused by the protein in the diet.

DCM is a disease of the heart muscle that causes the heart to beat weakly and increase in size. It can lead to abnormal heart rhythms, congestive heart failure with fluid in the lungs or abdomen, and death.

The cardiology group at N.C. State's Veterinary Medicine school has studied

echocardiograms in dogs with DCM that have been fed different diets, with results showing more advanced disease in dogs on grain-free diets.

The research does not show a simple link between DCM and diet. It was first thought to be caused by a lack of an amino acid, taurine. But further investigation shows there may be two separate issues: one with taurine deficiency, and one stemming from an unknown problem. There does seem to be a higher likelihood of issues in dogs fed a grain-free diet with exotic ingredients.

If you're a dog owner looking to navigate this issue, here are some recommendations.

- If you are feeding a grain-free or boutique diet with exotic ingredients, consider changing to a diet without these properties.
- If you are feeding a boutique or grainfree diet, watch for signs of heart disease, which can include weakness, coughing, collapse/fainting, not wanting to be as active, or difficulty breathing. Your veterinarian may hear a heart murmur or change in rhythm of the heart. Additional testing may include chest X-rays, bloodwork, ECG, and an echocardiogram (ultrasound of the heart).
- Try to only feed diets from reputable companies following AAFCO



Try to only feed diets from reputable companies following AAFCO guidelines.

(Association of American Feed Control Officials) guidelines. If your dog needs home-prepared meals due to medical issues, talk to a veterinary nutritionist (visit acvn.org for more information) to

visit our website at

canecreekorganics.com

828-338-0188

Be careful where you get your information. Personal opinions aren't facts, and Facebook is not a reputable resource.
 Look for studies from veterinary schools, peer-reviewed articles by veterinary nutritionists, and infor-

ensure that all its nutrient needs are met.

mation from professional veterinary organizations.

If your dog is diagnosed with DCM, work with your veterinarian or veterinary cardiologist for guidance with medications, diet changes, and follow-up needed. It can take months for improvement in most cases of diet-related DCM. Blood taurine levels can be tested and taurine supplementation may be needed.

Additional research is in progress at multiple facilities, working with pet owners. I have not found there to be any current reports of concerns with commercially available prescription protein diets.

Talk to your veterinarian about your concerns. We may not have all the answers, but we can share what we know and can continue to inform you as additional research is published.

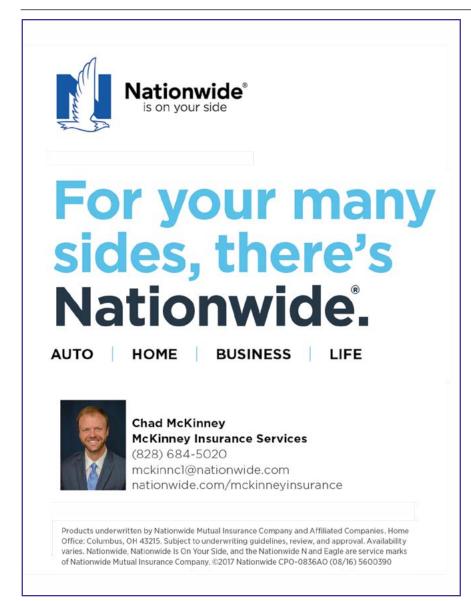
For more information, see the links at fairviewtowncrier.com/links.

Sarah Hargrove is a Doctor of Veterinary Medicine at Cedar Ridge Animal Hospital.

> we've got a lot to share. We'll offer classes, talk-

n-walks and hands-on

learning experiences.

















Local Animal Shelters and Rescue Organizations Animal Haven of Asheville 299-1635 animalhaven.org Asheville Humane Society 761-2001 ashevillehumane.org Brother Wolf Animal Rescue 885-3647 bwar.org Charlie's Angels Animal Rescue 885-3647 wncanimalrescue.org



- a. Brie. This one-year-old beauty is a Catahoula mix who loves people but needs to be an only-dog as she's very protective of her family. She adores being outside and while walks are fine, swims are even better! And, if you'll play Frisbee with her, she'll be in heaven! There is something which makes Brie is deaf and doesn't know what sound is, she just knows what love, affection, joy, and fun feel like and that life is amazing! There are dog trainers who can teach you how to communicate through hand signals and this will only improve a very special relationship you can have with this sweet, wonderful girl. Charlie's Angels
- b. Craig is a loving eight-year-old cat who likes to be rubbed on the cheeks. He came to Asheville Humane Society declawed, so he will need to stay indoors, but you won't have to worry about scratched furniture! Craig is very calm and enjoys sitting on your lap. His foster parents said he was very tidy with his litter usage! Asheville Humane Society
- c. Myrtle is a potbelly pig, about 1 1/2 years old. She currently resides outside at Brother Wolf's Sanctuary location with her siblings. Myrtle could live indoors if you're willing to work on house training and have a fenced-in yard where she can root around. She also would be quite content living outside with one of her littermates in a cozy, weatherproof home with shade and a mud pit or baby pool. Brother Wolf
- **d. Bermuda** is a laid-back 1-1/2-year-old bunny who's sweet and affectionate. He loves to chill with his people. He will need a home that is dog- and cat-free where he can be the center of attention. He will do OK with older, relaxed dogs that will leave him alone. *Brother Wolf*
- e. Zip. This little Domestic Medium Hair Gray Tabby was born approximately in April 2018. He is full of energy and loves his climbing tower and his toys. He has a great appetite with his favorite being his canned food! Charlie's Angels
- f. Buddy came to Asheville Humane Society when his previous owners could no longer keep him, at no fault of his own. Buddy loves going for walks and getting the chance to explore! He's a social butterfly who won't hesitate to say hello. He's been in our doggie playgroups and has been known to be picky with doggie friends, so we recommend a dog meet. He loves treats and is eager to please. He already knows sit, down, and shake! Asheville Humane Society

# Bear Down and Feed the Birds

e love the spring and summer months here in WNC. The birds are busy, the bird babies are coming, the hummingbirds are back, and the weather is beautiful. There is no greater pleasure than having our feeders out where we can see them from various windows in the house and observe the bird happiness.

We get so many great customers in our stores telling us their bird stories, and we love hearing them. But we also hear something else quite often: "The bears broke my bird feeder!" Many people tell us that they're going to take their feeders in for the summer.

Birds hate to see that since they are busy with babies to feed. Molting season is also approaching. There are also environmental impacts (such as drought) that limit food. Birds find a lot of their food in nature (up to 80 percent), but it is still very important for them to have a reliable source of high-quality foods that contain a healthy mix of protein, fat, and calcium. So how does a bird lover feed the birds and not feed the bears? Or raccoons or squirrels, for that matter?

# **Smelling Something**

Bears have a tremendous sense of smell and taste. They have nasal mucous

membranes 100 times more sensitive than humans. And they also have a great memories.

How do we, as bird lovers, take advantage of some of these bear characteristics to discourage them from visiting our bird feeders? We create a food environment that is distasteful to the bear-and the bear will remember it.

### Make It Hot

Try using "hot" bird foods. These are foods that are very high in capsaicin, which is found in pepper oils such as habanero. Bears can feel the heat, but birds do not. In fact, birds eat peppers found in nature and it is good for them. Even better, there are bird foods you can buy that utilize habanero oil. If you want, you can purchase the hot juice in a bottle and coat vour own seed blend. Bears are tough and I won't guarantee this will work, but the point here is to create a distasteful eating experience for the bear.

# **Tidy and Proper**

There are other things to consider as you manage your bird feeding while bears are present. Bears are attracted to food sources that have a scent. Quite often a bear will stumble upon bird feeders while chasing down scents from barbecue grills, pet food, compost, and other garbage. So

keep a tidy yard and bird feeding station. Bring your feeders in at night and put them out early the next morning.

Don't overfill your feeders. Fill them with as much seed as you think will be eaten by the birds in a single day. Hang them up high on a wire or device that can be lowered and raised. Use 150-pound test wire and have the bottom of the feeder at about 12 to 13 feet. If you have a setup like we do, with multiple feeders on a second-level deck, you can wrap the deck posts, or trees, with aluminum or stainless steel to stop the bear from climbing.

Feeding birds is such a fun and therapeutic hobby, so whether you're an avid bird feeder or just starting, don't give up too quickly on summer bird feeding. It's important for the health of our feathered friends and it is possible to create an environment in your yard where those pesky bears will simply choose another food source.

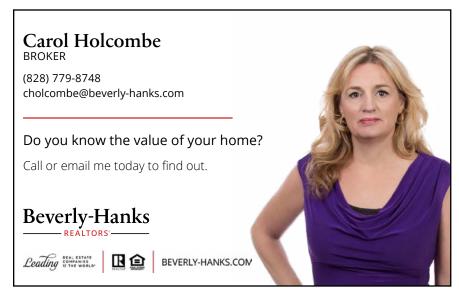
Steve Muma is co-owner of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. asheville.wbu.com

A bear will stumble upon bird feeders while chasing down scents from barbecue grills, pet food, compost, and other garbage. So keep a tidy yard and bird feeding station.











# **Every Day is Earth Day for SAHC**

arth Day is April 22, but for conservation organizations like the Southern Appalachian Highlands Conservancy (SAHC), every day is Earth Day.

For a land trust like SAHC, conservation means saving scenic views we appreciate from our front porch, forested hillsides and fields where we loved to roam as children, places to hike and picnic on a beautiful afternoon, and clean streams flowing into our water supply.

Conservation often focuses on protecting the environmentally significant resources that directly affect our quality of life. Numerous studies have shown that being out in nature can affect physical and mental health—from lowering blood pressure to helping alleviate PTSD. In addition to protecting the places that make us feel good, conservation helps secure productive agricultural lands and drinking water.

SAHC's work is divided into three parts: protecting important land and water resources, stewarding protected resources to ensure they remain protected, and connecting people with protected places to understand and enjoy the benefits of land protection.

# **Protecting**

SAHC protects land and important natural resources through conservation easements, land purchases or donations, and by assisting other entities, such as national forests or the state wildlife resources commission.

Conservation easements are voluntary. They allow landowners to retain ownership of their properties while permanently protecting certain conservation values—aspects of the land that can serve the community, like fertile farmland or stream sources. Select development rights, such as mineral rights, can be separated from the rest in order to protect specific natural resources.

The process of protecting land through conservation easements can, however, sometimes take years, especially when SAHC needs to apply for grant funding. Agricultural conservation easements ensure that land will continue to be available for future generations to farm, and families can continue to live on and farm the land.

In some very special cases, SAHC may be able to purchase land outright, and sometimes can do so in the short term to protect land to be transferred eventually to public ownership. For example, SAHC purchased 324 acres of land on the slopes of Hump Mountain very near the Appalachian Trail in 2017, and in 2018 we transferred the property to the Cherokee National Forest when funds from the Land and Water Conservation Fund became available.

Some landowners feel so passionately about protecting their property they may donate it directly to SAHC. As an example, a farm of more than 100 acres that was donated in 2010 has become a



**Protect** This plaque at Houston Ridge on the Appalachian Trail in the Highlands of Roan commemorates SAHC founder and early conservation efforts.



**Connect** SAHC leads guided outings to connect people with protected lands, like Yoga on the Mountain at Blue Ridge Pastures. SAHC permanently protected the site at Blue Ridge Pastures through a conservation easement.

place for beginning farmers to learn skills, school groups to gather, and volunteers to help with reforestation and stream restoration efforts.

Another way SAHC protects land is by "assists." In these cases, our name does not appear in the title chain of tracts we've helped protect, but our work is crucial to the land protection process. For example, the 10,000-acre Rocky Fork watershed (which you can see in the sweeping views north of the Tennessee/North Carolina border if you drive from Asheville to Johnson City on I-26) was protected by a dedicated collaboration of public-private partners and individuals.

# Stewarding

What happens once land has been protected? Once the project is "closed" and congratulatory announcements have been made, the real work of land protection begins. Since permanent protection of natural resources is the goal of conservation, the "forever" mission requires ongoing work. The key player in this role is our stewardship team. You'll see them out periodically on land in Fairview, with bright-orange vests, clipboards, and handheld GPS units.

The stewardship team monitors each protected property, comparing current conditions to baseline documentation of the state of the land when it was "conserved." We want to make sure it continues to stay that way. Stewardship also means that we manage properties that SAHC owns and strengthen relationships with landowners while monitoring properties that have already been protected.

Our Roan Stewardship program adds a few more challenges into the mix, as we manage the at-risk ecosystems of the Highlands of Roan with a large collaboration of volunteers, landowners, government agencies, state agencies, and other organizations. These programs tackle everything from feral hog management to doing population assessments for rare flowers, like the Gray's Lily.

# Connecting

Dedicated staff and AmeriCorps members help plan events and creative outings

to connect people directly to stunning conservation lands. These include yoga sessions at Blue Ridge Pastures overlooking the Hickory Nut Gorge, educational hikes exploring efforts to control the invasive Hemlock woolly adelgid, hands-on farmer workshops, and fun evenings simply enjoying food and music with family and friends.

Angela Shepherd is Communications Director of the SAHC in Asheville. She can be reached at 253.0095 ext. 200, sahc@appalachian.org. Visit Appalachian.org.



**Steward** AmeriCorps stewardship and volunteer members serving with SAHC help monitor conservation easements in Fairview.



# **Destination Imagination: Adventures in Learning**

got to the Fairview Library a little early for the March 9th event, "Kids Like These," but the meeting room was already packed. I squeezed into one of the few remaining seats, next to an older gentleman in a plaid shirt with colorful suspenders. His timeworn hands held a printed story. The room, filled with folks of all ages, bubbled with excitement.

As the program unfolded, the audience was treated to an intergenerational program of performance, service learning, and healing. Managed by Fairview Elementary teacher Melissa Spruill, a Cane Creek Middle School Destination Imagination team, Kids Like These 4 Vets, had teamed up with the Brothers Like These writing program, which helps veterans who suffer from Post-Traumatic Stress Disorder. Three Vietnam vets shared their stories at the event, and then the kids acted out other stories from the writing group. It ended with a standing ovation and nary a dry eye in the house.

This was only one of many Destination Imagination (DI) teams from our schools.

This international program, whose mission is "to engage participants in project-based challenges that are designed to build confidence and develop extraordinary creativity, critical thinking, communication, and teamwork skills," was founded in 1999 and has grown to include programs in 30 countries.

# **Complex Feats**

Student teams from elementary through university choose a challenge from one of seven categories: Technical, Scientific, Fine Arts, Improvisational, Engineering, Service Learning, and Early Learning. Each student-led team must create props, costumes, a script, and creative ideas for solving the challenge, often including complex engineering feats.

The end result is presented through a team skit of eight minutes or less at the state competition. The other component of the competition is the Instant Challenge, for which they have no details until they walk into the room to solve it. They have to think on their feet as a team. [See the article about



Members of the Kids Like These 4 Vets team from Cane Creek performed at the Fairview Library.

DI in the Crier's February issue to get more details about the program.]

Aliyah Morrow, a senior at A.C.
Reynolds, shared that "DI has helped
me grow as a person and it has brought
me out of my shell." Cane Creek eighthgrader Sara Dickman loves learning
different skills for a creative purpose: "I've
learned how to use woodworking equipment, a CNC router, a laser engraver,
and computer programming." Students
learn how to work as a team (even when
they don't get along) and have great fun
trading DI pins with participants from
around the world.

Malissa Howard, a mom who manages three teams with Teressa Dickman, said, "I have seen quiet kids become public speakers, kids who think they don't fit in learn they have important skills and talents to share. I have seen kids argue and compromise for the good of the team. Destination Imagination is a life changer

for myself, my fellow team manager, and these phenomenal kids who will make amazing adults."

Howard and Dickman also coordinated the state competition this year, which was hosted by Cane Creek Middle School on March 16, with participants from as far away as Wilmington. Forty-three teams participated, including six from Fairview, two from Haw Creek, two from Cane Creek, and one from Reynolds High. Five of these local teams earned first place in their category, with an invitation to the Global Finals in Kansas City in May.

The teams going on to Globals are busily raising funds to pay for the trip. Donations can be made directly to the schools.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy. mcmahon@bcsemail.edu

# APRIL CALENDAR FOR REYNOLDS SCHOOLS

APRIL 1-5 Reynolds Middle Book Fair TUE, APRIL 2 Fairview Elementary K-2 Daybreak with Dad, 7:15 am WED, APRIL 3 Fairview Elementary 3-5 Daybreak with Dad, 7:15 am Reynolds High Spring Musical, "Singin' in the Rain" 7 pm APRIL 4-6 FRI, APRIL 5 Fairview Elementary Picture Day Cane Creek School-Wide Dance Fairview Elementary Kindergarten Registration (call 628-THU, APRIL 11 2732 for an appointment) **SPRING BREAK APRIL 15-19** Reynolds High Band Talent Show, 5 pm THU, APRIL 25 Fairview Elementary, Volunteer Breakfast/ PTA General Meeting, 8:30 am FRI, APRIL 26 All-County Middle/High School Orchestra Concert at Erwin High, 6 pm

AVERY LOVE, TEEN REPORTER

**TUE, APRIL 30** 

# **Understanding Teenage Stress**

Early Dismissal

eenagers and adults face a lot of stress. Adults can be stressed about real-world problems like bills, jobs, and keeping their heads above water. But a teenager's stress is real, too. Maybe our stresses are a little bit different, but they can be equally anxiety-inducing. So this month I'll be spilling about stress in teenagers and how it affect them.

There are lots of kinds of stress that can affect teens. The college application process, the honors and AP workloads, keeping up with chores, extracurriculars, and trying to keep an acceptable sleep schedule while doing all of that. Sound impossible? It kind of is!

At A.C. Reynolds, school starts at 8 am (not counting the five minutes to let students get to class) and ends at 3 pm. Sports practices go from the end of the school

day to roughly 5 or 5:30. For the standard honors or AP classes, there's homework about every night, and with four classes a semester, that can build up really fast. Band kids have to practice regularly, and the amount of time can depend on the band, the instrument, and the person.

Say a student gets home at about 5:30 because they're a sporty person. Or if they're a band kid, there's an hour of practice. And both will have maybe two and a half hours of other homework. And you can't forget dinner! What about a shower? Oh no! You're out of clean underwear; time to do laundry. Look, it's already 10 pm (if not later).

Sleep.org recommends that teenagers (age 14-17) should get anywhere from eight to 10 hours of sleep a night. So let's say after a moderately busy day, a student

gets into bed at 11 and falls asleep pretty much instantly. If he or she rides the bus, wakeup time is 5:30 or 6. That's only eight hours, and most students get less than that.

As you can see, it can be really hard for teens to keep a regular sleep schedule, which can lead to both physical and mental issues. I understand how that feels. Once you've screwed up your sleep schedule, you have trouble focusing in your classes, your academics, and your brain is too tired to function at full capacity.

That feeling is 10,000 times worse when it's a class you don't like or aren't good at. For a class like that, you need to work harder to succeed. But when you're too tired to work even at minimum power, how can you expect to be able to do the necessary amount of work? For me, that's math. Math is my kryptonite. I hate it, I'm not good at it, and it takes me a really long time to understand. It's generally very frustrating and stressful for me. When

I'm tired, I feel like there's no way I can keep up in my honors math class. If my brain isn't working at 2,000 percent, it's not going to click. So I can definitely say that I know firsthand the effects of stress on teens like me.

Those are only some of the stresses that teenagers deal with. I've barely scratched the surface of what goes on in a teen's head, which could explain why the teenage years are so stressful for many of us. I didn't even talk about relationships, getting jobs, and other things that cause stress. I hope that this month's column can help its readers—both teens and adults—understand someone close to them just a little bit more.



Avery Love is a ninth-grader at A.C. Reynolds High School. She lives in Fairview with her mom, dad, and sister Zoe.

# A Tradition Renewed: Tailgate Market Season Is Here

any years ago, when we first started on this crazy ride called farming, we were one of the first vendors at the Fairview tailgate market. It was my first experience with tailgate markets. The market was originally set up next to the library. Annie Louise Perkinson was our market manager and, at that time, a co-owner of Trout Lily Market. After Trout Lily moved to the current location, the market moved behind Angelo's.

Many of you may not remember when Fairview had its own weekly Saturday morning market. At the time, all the vendors were fairly new to farming and marketing. We shared space with Hickory Nut Gap Farm (before Jaimie and Amy were even married). Flying Cloud Farm (when Sidney was a toddler), and New Moon Herbs (when Greg, a former chef, collected various products and cooked sausage biscuits on site to sell). Because we were all new and Fairview's food scene was in its infancy, we weren't always busy at the market, so we started coming up with ideas to draw customers. We did all kinds of crazy things, such as individual vendors supplying parts of the fresh-made biscuits to sell, bobbing for cucumbers, and being as creative with our product selection and packaging as we could.

Unfortunately, the market disbanded as the vendors' production and reputations grew. That's not all that uncommon in the fast-paced world of the local tailgate market.



North Asheville Tailgate Market FACEBOOK

We all start out at the new or small markets and work our way up to the larger and more well-established markets. After the market in Fairview broke up, we moved to the West Asheville Tailgate Market when it was located beside West End Bakery. We also did the Grove Arcade market tables for years in downtown Asheville. We were occasionally vendors at the French Broad Co-op market when they had spots available.

When City Market started, we became a regular vendor there and sold for several seasons when it met at the City Works Building on Charlotte Street. About that same time, we built and received a permit for a street cart to use outside of Early Girl Eatery on Wall Street. It was a match made

in heaven for us. Then-owner John Stehling had been our first commercial customer and was excited to have us selling product just outside his door. This location gave us significant access to the growing tourist population, and so we started a website to sell to tourists after they returned home.

Finally, we got the call to be a day vendor at North Asheville Tailgate Market. They were looking for a new jam vendor. We started out rotating weekends at North Asheville and at City Market.

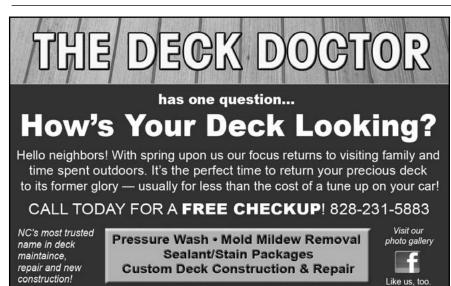
Most vendors will tell you that getting into the North Asheville Tailgate Market is hitting the jackpot. It's Asheville's oldest running market and probably the best known. We did a couple of years as a day vendor there before we were offered a member position. We were lucky, because some day vendors spend years waiting to get a member position. The downside of accepting the member position was that we had to give up our spot at City Market due to lack of staff. Walter was handling the street cart and I would be at North Asheville every week, and that left no one to pick up the slack at City Market.

We missed our City Market customers but found a great following at North Asheville. We've been there for many years and have made great friends. We get to watch families grow and meet the next generation of tailgate market customers. I know many of the kids by name and have seen some of the wee ones grow up and go off to college or a career.

It's also been great watching the kids of the farming families at market grow up, move away, and come back to join in the family business. (We nicknamed them the "market rats.") We keep up with sports successes and college application processes. We ask after the kids in college or on trips far away from home. We check in with each other about aging parents and grandkids. The market is like a secondary family. And like a family, it's exciting when we all get together.

North Asheville Tailgate Market opens April 6.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. Imladrisfarm.com









# Fairview's Needs Have Changed and Grown

t the February meeting of the fire department board, Chief Scott Jones presented "The Past, the Present, and the Future" of the Fairview Volunteer Fire Department.

The Fairview community's needs have changed and increased. Fairview continues to grow and the types of help requested from our fire department, first responders, and ambulance service

continue to grow too. (See 2018 vs. 2017 statistics in the table at right.) Fairview's fire district is 47 square miles, making it one of the largest districts in the county.

District 2 commissioners Mike Fryar and Amanda Edwards attended to hear the presentation and



vote was announced at the January board meeting and the measure was approved in February.

other attendees.

talk to those on the board and

since 2015, left the board. The

decision was made (per the

bylaws) to reduce the board

from 13 to 12 members. The

Board member Allen

Helmick, who had served

The Support Operations Team hosted a very successful pancake breakfast on March 30. Many community members came out to support our efforts, and all enjoyed good fellowship and great food. Thank you for attending.

The fire department's next big event is a barbecue fundraiser set for May 3-4. Local favorite Smokey and the Pig has generously offered to roast a pig again for the department. Last year the proceeds from the barbecue went to replace the fire station's bathrooms, which were in desperate need of repair. Please stop by to see the improvement in these facilities. Thanks to all for your continued support.

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department.

# **COMMUNITY HELP CALLS**

Fire Department and EMS

	2018	2017
January	179	121
February	136	133
March	151	123
April	134	118
May	166	128
June	142	134
July	138	164
August	156	164
September	145	162
October	162	171
November	163	148
December	141	167
TOTAL	1,813	1,733



Members of the Fairview Fire Department's Board of Directors, Chief Jones, and other department personnel were joined by commissioners Mike Fryar (far left) and Amanda Edwards (front row, second from left).





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# **Protect Your Hemlock Trees**

pring Mountain Community Center will host a demonstration and presentation on how to protect hemlocks from the invasive hemlock woolly adelgid, a widespread insect pest that feeds on the tree's sap and can kill the tree in as little as four years. Chemical treatments are expensive and usually done by professionals, but new methods are available that can be done by landowners themselves very inexpensively.

The free program on Saturday, April 6, will be presented by Hemlock Restoration Initiative (HRI), which is sponsored by the NC Department of Agriculture & Consumer Services and the US Forest Service, and managed by WNC Communities, an organization focused on supporting community development and agriculture initiatives across WNC.

The presentation will be divided into an outdoor field demonstration and an indoor talk. Attendance for both portions is strongly encouraged.

For the outdoor field demonstration, those interested should meet at the community center, 807 Old Fort Road, at 1 pm. There will be a carpool to a nearby hemlock grove where HRI staff will demonstrate various methods of hemlock protection and how they can be safely done by landowners. The grove may be at a fairly high elevation, so be sure to dress for the weather. You may

CASH IS ENCLOSED

(Electric Guitar Shop); or donate securely online at FairviewTownCrier.com.

SEND RECEIPT

also want to bring water and a lightweight folding chair. This portion of the program will last until about 4:30. In case of inclement weather, this outdoor portion will be postponed to Saturday, April 20, at 1 pm, also beginning at the community center. If you would like a phone call in the case of postponement of the outdoor demonstration, please leave your name and number with Ruth Atkins at 628-1625.

After the field demonstration, participants will return to the community center for a light supper (pizza and salad) and a classroom presentation. There is no charge for the meal (although donations would be appreciated), but you must pre-register by calling Ruth at 628-1625 by Thursday, April 4. Leave your name, phone number, and the number of people who will be dining. Those who do not pre-register cannot be served.

The indoor presentation will last for 1½ hours and cover the background and context for the field portion. It will include how to identify hemlock trees, why they are important, how to assess the level of infestation of hemlock woolly adelgid, and how to choose and safely apply treatment. Those wishing to attend only the indoor lecture should arrive at the center at 5 pm. This event will be held rain or shine.

For more information, call Ruth Atkins at 628-1625 or go to savehemlocksnc.org.

# **Native Wildflower Walks**

rinity of Fairview Baptist Church will sponsor two short hikes to discover and learn about local native wildflowers, such as trilliums, bellworts, jack-in-the-pulpits, and maybe even Dutchman's-breeches.

A brief, nature-oriented spiritual application will be included as a part of each walk.

On April 13, a walk will start at 1 pm and take about two hours to cover a halfmile. Participants should meet at Collier Cove Nature Preserve, 194 Rhododendron Drive, in the Royal Pines area of Arden. From Sweeten Creek Road (Highway 25A) at the Market Center in Royal Pines, turn east (uphill) onto Royal Pines Drive. Go about 0.7 miles and turn left onto Locust Court. At the stop sign, turn left. Go 0.6 miles (staying left at sign for Mount Royal Drive) then take the fork to the right. Very shortly, take the sharp right onto Rhododendron Drive and continue to the Collier Cove Nature Preserve parking area.

On April 27, another walk will start at 1 pm and take about two hours, but this one will cover 1.5 miles. Participants should meet in Gerton at the intersection of Highway 74A and Bearwallow Mountain Road, just before the post office. Park in the gravel turnout. All will carpool up the paved/gravel road to the trailhead.

While there will be occasional steep

\_\_\_\_ BILLING ADDRESS ZIP CODE \_



**Dutchman's Breeches** 

sections on the trails, the walks will be slow and stop frequently to examine items of interest along the way. Wear sturdy shoes or boots that can get dirty. The trail could be rough and possibly muddy as well.

Bring water, rain gear (umbrella is OK), and personally desired items such as camera, snack, jacket, sunscreen, insect repellent, hiking poles, or wildflower guides. No dogs allowed.

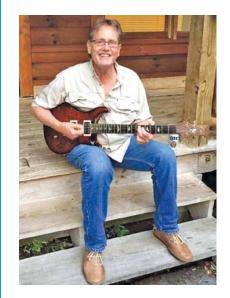
If weather is questionable, call Ruth at 628-1625 to find out whether the walk will be postponed.



MAIL TO: Fairview Town Crier, PO Box 1862, Fairview, NC 28730; deliver to the Crier office or drop off in the dropbox at 1185F Charlotte Highway

SECURITY CODE \_

EXP DATE



# A Celebration of Life

Glenn Michael Gottfried, 64, of Fairview, passed away March 24 at Mission Hospital. He was a native of Trenton, NJ, and the son of the late Joseph and Joyce Nemeth Gottfried.

Glenn worked in the real estate industry and was a very respected member of the Cool Mountain Realty team in Fairview. Glenn was a musician, a fisherman, and a joyful spirit who touched the lives of everyone he met. Surviving are his daughter, Emily Alexandra DeWitt, and her husband, Christopher Alan DeWitt.

A celebration of Glenn's life will be held outside by the back stage of his favorite local pub, The Joint Next Door, 1185 Charlotte Highway. All of his friends are invited to share memories of Glenn, play or enjoy tunes in his honor, share photos, and join together to remember a wonderful friend. The event will be held on Saturday, April 13, 5–8 pm.

# Host an Exchange Student this Summer

Xplore USA is providing families in Western North Carolina with the opportunity to host an international student in the summer for three to four weeks. Studentstypically from Spain, France, Italy, Germany, and Taiwan, and between the ages of 12 and 17participate in a day camp alongside their American

Host families often send their own children to Xplore USA's day camp, as it is a great way for students to



study a foreign language, make new friends from all over the world, and learn about other cultures.

The Xplore USA Intercultural Day Camp is held at Hanger Hall, 64 W.T. Weaver Blvd., Asheville. Weekly sessions are available from July 1 to July 26 for kids ages 8 to 18.

For more information, email info@xploreusa.org, go to xploreusa.org, or see the Xplore USA ad

# You Helped Herston!

This past Saturday, the community came out to support Herston Owenby in his fight against ALS (also known as Lou Gehrig's disease).

The proceeds from the community yard sale, hot dog lunch, spaghetti dinner, a silent auction, and a square dance—all at the Fairview Community Center—will go to help with costs associated with this long illness.

The family thanks you for your support.



Dawn McDade and her dad, Herston Owenby, at the community yard sale fundraiser. DAWN MCDADE

# Swarm Season Is Here

By Janet Peterson

f you see a cluster of honeybees hanging on a tree branch, in a shrub or even on a fence, call one of the following Fairview Beekeepers to come and collect them. We would love to give them a new home in one of our bee boxes. And don't be afraid: they are just resting while finding a new place to live. This is how honeybees reproduce and this happens several times a year, but mostly in the April and May in Fairview.

Janet Peterson 628-1758 Scott Davis 628-3537 Ricky Manning 275-2486

Or go to wncbees.org and click on "I think I have a bee swarm!" Click on the swarm photo and it will take you to a form to fill out. That form goes to all our Buncombe County Beekeepers that have agreed to be ready to catch a swarm.



# Pollinators Garden and **Honey Bee Class**

Ricky Manning and Rose Bruce will lead a discussion about native pollinators and how important they are to our survival, the food chain, and the ecology of our planet.

You'll learn about the current struggles of the honey bee, as well as how you can help, including what types of plants and flowers to grow. There will also be a tour of SMCC's property, with information about plans for a pollinators garden.

This free event will run from 10 am to noon at Spring Mountain Community Center, 807 Old Fort Road, Fairview. For more information on the presentations, call Ricky Manning, Lick Log Branch Apiaries at 275-2486.



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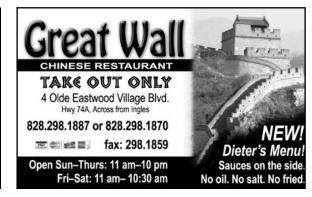


# **FAIRVIEW WELCOME TABLE**

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Morning Life Groups 9:45 am & @1 Sunday Worship 11 am Evening Life Groups & SPK Kids 6 pm

WEDNESDAYS

Family Night Supper 5:45 pm A.M.P. Ministry 6:15 pm Team Kids – X180 – High School – Adults Wednesday Night Worship 7 pm





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WEDNESDAY NIGHT ACTIVITIES 6:30 p.m. to 8:00 p.m. ENERGY | Food, Worship, & Activities for Children THE MIDWEEK | Food, Worship, & Activities for Students PRAYER & BIBLE STUDY | Service for Adults

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# Services

Sunday School 9:45 am Sunday Preaching 11 am Sunday Night 6 pm Wednesday Night 7 pm

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# What Should You Do With an Inheritance?

f you were to receive a sizable inheritance, what should you do with it? This money could help you achieve some of your important financial goals—so you'll want to think carefully about your choices.

Of course, everyone's needs are different, so there's no one "right" way to handle a large lump sum. But here are a few suggestions that may be useful:

- Pay off some debts. Depending on the size of your inheritance, you may want to consider paying off some, if not all, of your debts, such as car loans, personal loans and student loans. You might even consider paying off your mortgage, but you may not want to, as you might be able to get a better return on your money by investing it. Also, if all your money is tied up in a house, you'll typically have less liquidity than you would get from your investments.
- · Contribute more to your retirement accounts. You may now be able to afford to contribute more to your 401(k) or other employer-sponsored retirement plan, as well as to your IRA. These accounts offer tax benefits plus an array of investment choices, so they are excellent ways to build resources for retirement.

- Save for college. If you have children, or grandchildren, whom you would like to someday send to college, you might want to put some of your inheritance into a college savings vehicle, such as a 529 plan, which provides tax benefits and gives you great flexibility in distributing the money.
- Build an emergency fund. If you haven't already built an emergency fund containing six to 12 months' worth of living expenses, you may be able to do so now, using part of your inheritance. Keep the money in a liquid, low-risk account, so that it's readily available to pay for unexpected costs. Without such a fund, you might be forced to tap into your long-term investments.

Above all else, you may want to get some help. If you don't already have one, a financial professional can recommend ways of using the money to help you meet your goals. For one thing, you could further diversify your investments, which is important, because diversification can help reduce the effects of market volatility on your portfolio. (Keep in mind, though, that diversification can't prevent all losses or guarantee profits.)

And a financial professional can help you determine how much your plans

could change due to the inheritance. To name just one possibility, you might be able to move up your retirement date. If so, you'd need to adjust many aspects of your financial strategy, such as when to take Social Security, how much to withdraw each year from your retirement accounts, and so on.

You'll also need to consult with your tax advisor, because some inherited assets, such as an IRA, could have tax implications.

Your loved ones worked hard, and probably invested for many years, to leave a legacy for you. So, to honor their memory, do whatever you can to handle vour inheritance wisely.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen. herbert@edwardjones.com.

# FEBRUARY FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	20	1,300,000	319,900	586,050
Homes Sold	16	850,000	40,000	432,775
Land Listed	28	995,000	29,000	246,518
Land Sold	7	495,000	15,000	173,857

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.



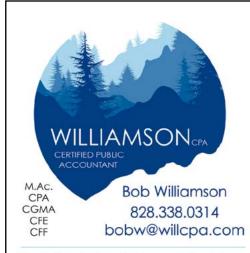
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# **Budget and Bills Keeping Legislators Busy In Raleigh**

egislative activity is heating up in the NC General Assembly after a slow start, as members adjusted to the new political realities following the election.

Governor Cooper has presented and promoted his budget for the next two years (which starts on July 1). The House is working on its version of the budget, which will be debated and sent to the Senate. Other policy areas have included alcohol sales, bicycle registration, school construction, "hands-free" while driving, rural broadband, University board of governors, voter ID, and more. Medicaid expansion and districting efforts (as in, ending gerrymandering) remain top priorities.

The governor's budget would spend more than \$25 billion for each of the next two years. Sixty-two percent would be earmarked for education. Most states pay for schools out of local property taxes, but in North Carolina the state picks up most of the tab. As a rule, counties pay for school buildings and the state pays teacher salaries. This budget provides \$40 million to address public school safety and youth mental health by giving local school districts flexible funding for nurses, counselors, psychologists, social workers, and resource officers. Funds for teacher retention and development are also included. With an estimated \$8 billion needed for school facilities, the governor also proposes a \$2 billion bond for construction money to

help counties upgrade.

Voter ID is back before us in the House. As you may know, a judge has ruled voter ID unconstitutional, but that decision may not stand. The House delayed implementation of the ID rules until 2020. One contentious aspect of this debate has to do with college students being allowed to use their college-issued IDs to vote. Only five of 17 schools in the UNC system had their IDs approved by the Board of Elections. Since these IDs are meant only to verify who the voter is, some of the requirements in the enabling legislation may be too difficult for compliance. Hopefully this problem can be resolved before 2020.

Ray Russell, a Democrat from Boone, introduced the Sunshine Act, which would open the legislature to better scrutiny by the citizens of state. He shared it with a respectable conservative think tank, and it appears they encouraged GOP legislators to support it. A similar proposed bill would create a version of C-SPAN so that the public can watch NC government proceedings on television. Currently sessions and most committee meetings are available only via audio. Rep. Russell also proposed some other reforms, of which I was a co-sponsor. They include limiting how late at night a session can continue and limiting the practice of gutting a bill and inserting a completely different policy matter into it.

There is a range of bills involving alcohol

Policy areas include alcohol sales, bicycle registration, school construction, "hands-free" while driving, rural broadband, University board of governors, voter ID, and more.

sales in NC. As you know, we have a state-run Alcohol Beverage Control system for the sale of distilled spirits. The profits in this system go to local governments and the state. Many say that this arrangement is a relic of Prohibition, and that NC needs to modernize and perhaps privatize alcohol sales. One Blue Law holdover prevents alcohol sales on Sunday. One bill would allow alcohol sales at events at university stadiums, and another would resolve the battle between beer producers and distributors. Many new craft beer companies want to market their beer themselves, but state law forces them to use companies that handle distribution after a certain volume. There was once in NC a strong sentiment against alcohol sales of any sort, and that now seems to have passed away.

One bill that has generated a lot of mail to me involves licensing bicycles. Each adult bicycle would be required to have a \$10 tag or be fined. Because we have a strong tourist bicycle economy in our mountains, there was a lot of worry about what would happen to out-of-state riders when they came to visit. I thought the bill was going nowhere, and when I caught up with the bill's sponsor, he essentially told me I was right.

Finally, the House was embroiled in a debate over the appointment of members to the NC Board of Governors. This body oversees our 17-member UNC system. The board has been aggressive, first firing an outstanding leader in Tom Ross and then firing his equally capable replacement, Margaret Spellings. The chancellors at UNC-Chapel Hill and East Carolina were also fired. Western Carolina has been without a chancellor for 13 months after the death of David Belcher. The school put forward a candidate who looked promising, but was rejected by the board. The controversy over Silent Sam has also been difficult. The House reappointed five members to this board using a process that appeared unusual, because it was not an actual election as the law requires.

I asked the two county commissioners from our district, Amanda Edwards and Mike Fryer, to write articles in this space. Commisioner Edwards has agreed, and I will alternate with her.

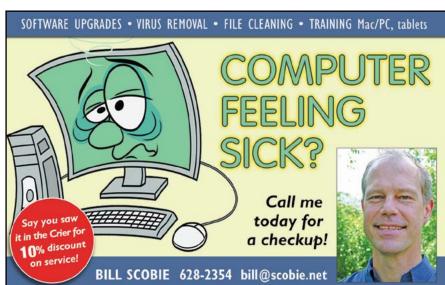


Rep. John Ager, District 115 North Carolina House of Representatives. Contact john.ager@ncleg.net or 713-6450









# Fairview Businesses Rebrand, Relocate, and Repurpose

There's lots going on along Charlotte Highway and Cane Creek Road these days, so we thought we might highlight a few changes. Right at the top of Mine Hole Gap, you'll notice a new sign for **Cool Mountain Realty & Construction**. This year marks 23 years of serving the Fairview community so what better way to commemorate than to "freshen up" the business. After a lengthy rebranding effort, you'll note their new colors, new logo — and, soon — a new website. Note: We love the trendy turquoise with a touch



Along with a new logo, **Piazza** has a bright, new look and a new retail section after a brief closing for its remodel. Owner Justin Bell wanted to expand Piazza's offerings by adding an Italian deli with reasonably priced, quality cheeses, meats, and wines. Look for fresh-baked bread and oils in the near future. Justin wants customers to be able



to stop in and get all the makings for a grand Italian picnic on one of our many beautiful days here in the mountains. Be sure to stop by to see the new look. The dining room has been "warmed up" with a lovely new paint color. A family-style dining table and new bar seating is in



the front room, along with the rich wooden wine wall. Piazza is located across from Ingle's on Charlotte Highway.

The ever-smiling Roberto posed for a quick pic in front of Piazza's new logo.

# vintage stock furniture

We're a bit late on the news but **Vintage Stock Furniture** has closed up shop in that cute little green building on Charlotte Highway. Owner Krista Mosly has moved the business into a space in the Atomic Furnishings Building located at 124 Swannanoa River Road in Asheville.



The building has been "repurposed" and is currently available as the dang cutest little cottage on airbnb.com. Every room is decorated with Krista's unique flair and early reviews attest to everyone's loving the newly purpled rental. To see the incredible redo, visit airbnb and search for 1148 Charlotte Highway, Fairview, NC.

Everyone's heard by now that The Hub of Fairview closed its doors as of March 1. In order to clear the entire unit for a new tenant, office manager Annie MacNair is moving with the *Town Crier* office back to its original location in the front office next door, in Unit F with The Electric Guitar Shop. The office will be open Monday—Wednesday, 11–5 pm.

Keep an eye out for the new resident of Unit G: Molly Hamilton's Folkwear pattern business, which she purchased in late

F@LKWEAR



2017. She expects to be moved in by May and could eventually have some abbreviated retail hours. In the meantime, visit folkwear.com.

Molly Hamilton modeling a Russian settler's dress made from an older folkwear pattern.

Whistle Hop Brewing Company has a very spiffy addition to their "train yard"—a new sign created by Frank Micelli that is actually a railroad semiphore (shown below). You can see the sign in person (1288 Charlotte Highway, Fairview) or on their Facebook page. What's a semiphore? Here's what Wikipedia says:

Semaphore is one of the earliest forms of fixed railway signals. These signals display their different indications to train drivers

by changing the angle of inclination of a pivoted 'arm'. Semaphore signals were patented in the early 1840s ...and soon became the most widely used form of mechanical signal.

Nice job Frank!



# **BUSINESS SHORTS**

With spring budding out, everyone is awaiting Fairview's "spring" specials — Hilltop Ice Cream



and **Silas' Produce**—to open. Nate Ashe, owner of **Silas' Produce**, couldn't commit to
an exact opening date because, as
we all know, it depends on the sea-

Barbara Borgerson and her hubby Bob are finishing up a big project

son. Just keep an eye out for fresh

peaches and you'll know it's time.



and expect to have Hilltop up and running in late April. Barb

said there will be "nothing new" but we know that really means the same homemade, scrumptious, all-natural flavors we know and love, plus a few new ones.

We couldn't connect with Bradley Barrett in time for publication, but we know **The Old Town Salvage Company** is open on Saturdays and by appointment at other times.

Last month he was hoping to expand days and hours open with the warmer



weather. Just keep an eye out when driving past on Cane Creek Road or give a call at 216-7175. As several of his Facebook reviews say, "If Bradley doesn't have it, he'll find it!"

And what about the big elephant in the room, so to speak? We mean the newest **Dollar General** store at Cane Creek Road and Charlotte Highway. We have nothing to say. Folks have said it all on Facebook and Nextdoor and we'll just leave it at that.



# Cane Creek Animal Clinic

Leigh Ann Hamon, DVM

We are not just a veterinary practice. We are a veterinary relationship!

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by Candice Yount

The Fairview Business Association began years ago as a group of business owners who had a vision to support each other in common concerns, challenges, and opportunities facing the small business owner in our community. It was readily apparent that this group had much to offer members and the Fairview community in general. By focusing on networking and community integration, the FBA found its role as a dynamic local resource.

# **March's Meeting Recap**

The March meeting of the Fairview Business Association was held at Gloria Berlin's All State Insurance Agency located at 131 Charlotte Highway (at the corner of Rose Hill Road and Charlotte Highway). Gloria Berlin welcomed 17 members, introduced her staff, and gave information on the various types of insurance and financial investment plans offered. Her staff offers more than 65 years of combined experience and professional skills to our community.

# Charity, Events, and Noteworthy Items

The FBA raised \$200 for charity in the first quarter, which was allocated to the Fairview Elementary School Library. Rob Elliot, from the school's PTA, said that the school's expanding enrollment (approximately 725 students in grades K through 5) means that the school library needs more books and periodicals. The presentation of the FBA donation will be made at the April meeting.

# **April Member Meeting**

Our next meeting will be Monday, April 8, at 6 pm. It will be co-hosted by The Clothes Mentor, an innovative clothing

store located at 1829 Hendersonville Road. David and Andrea Bryson are the owners of the upscale clothing resale franchise where women can bring their gently used clothing, shoes, handbags, and jewelry to get cash on the spot. On April 18, they'll be celebrating two years of ownership. Stop by to say hello.

Also showcasing that night will be Frame It Asheville. Formerly under the Fast Frame franchise, Frame It Asheville is now locally owned by Fairview resident Brandy Lampert and located a few doors down from Clothes Mentor at 1829 Hendersonville Road. Frame It Asheville specializes in taking your artwork and creating a piece that fits your style (and budget) and makes your artwork come to life. Brandy combines her artistic talent with her love of interior decorating to produce amazing results.

It promises to be another fun and interesting evening, so bring your business cards and be prepared to learn and grow with our fellow Fairview Business Association professionals. Guests are welcome.

# **Meeting Reminders**

Bring news about your business, and everyone will have a minute to share. Wear your name tag, please.

Networking is of prime importance. There will be time for this after the business meeting, with snacks provided by Gloria Berlin Agency.

When members come to meetings we can associate a face with a business and are more apt to use that business when we have a need. FBA is committed to supporting our community.

Visit fairviewbusiness.com to learn more about the FBA, how to become a member, and pay your dues.



Members enjoyed learning about the offerings at Gloria Berlin's All State Insurance Agency.

# **JOIN FOR 2019!**

Join at FairviewBusiness.com or send \$60 check to FBA, PO Box 2251, Fairview, NC 28730.

Or join at the Town Crier office, 1185F Charlotte Hwy, Monday-Friday, 1–5 pm or at a meeting.

FBA Voicemail – 585-7414

# **KEEP IT LOCAL with FBA Members**

Accounting   Bookkeeping Bob Williamson CPA338-0314	Gloria Berlin Agency/ Allstate298-2483 Prime Time Solutions628-3889
Architecture Rueger Riley407-0437	Stovall Financial Group275-3608 Tammy Murphy Agency299-4522
Artists   Artisans	Butch Greene Hemlock Insurance338-9125
Mountain Glass Werks424-1077 Serengeti Studio280-8270	Landscaping   Excavating   Nurseries
Auto/Truck Sales	Asheville Stone 628-ROCK
High Country Truck & Van222-2308	Fairview Landscaping628-4080
Building & Maintenance Services AA Diamond Tile450-3900	Markets   Farm Stores   CSAs
All Seasons Heating & AC651-9998	Cane Creek Asparagus628-1601 Flying Cloud Farm768-3348
Cane Creek Concrete230-3022	Hickory Nut Gap Farm628-1027
Daylight Asheville778-0279 Wood Tech Enterprises	Trout Lily Market628-0402
(tooling)628-4414	Medical Services Apex Brain Center681-0350
Business Services	AVORA Health505-2664
The Rising Workplace	Carolina Mobile (Optician)779-2891
(Ergonomics)214-7827 Solo North Consulting619-0348	Fairview Chiropractic Center628-7800
Cleaning Services	Flesher's Fairview Health
Rainbow International333-6996	Care628-2800
Steam Master Carpet	Southeastern Physical
& Upholstery	Therapy338-0707
Computer Services MacWorks777-8639	Mortgages Brand Mortgage707-1898
Scobie.Net	Newspaper
Contractors   Builders	Fairview Town Crier 628-2211
Bostic Builders606-6122	Nonprofits
Cool Mountain Construction778-2742	Food for Fairview
Moose Ridge Design/ Construction777-6466	The Lord's Acre628-3688
	Organizing Grand Solutions516-238-6979
Dance Lessons   Events Dance For Life505-1678	Pet Services & Supplies
Education   Instruction	Barn & Home Pet Sitting280-0056
Advanced Education	Elena the Groomer
Tutoring	Pharmacy
Fairview Preschool	Americare Pharmacy628-3121
Emporium   Flea Market	Photography
Gift Shop	Crunch Media384-2330 Highlander Unmanned Drone 777-0719
New Moon Marketplace222-2289	Love in Color301-5330
Vintage Variety290-0923  Equipment Rental & Repair Svcs	Real Estate Sales
Carolina Equipment Rental628-3004	Allen Helmick
Ed's Small Engine Repair778-0496	Cool Mountain Realty628-3088 Lynelle Flowers (Exit Realty) . 337-3077
Event Venues	Greybeard Realty778-2630
Peaceful Hollow Venue777-7094	Justin Purnell (Nest Realty)551-3542
Financial Services Edward Jones	Restaurants   Breweries   Distilleries Brewskies
(Leslie Apple)505-0490	Whistle Hop Brewery231-5903
Edward Jones	Saw Mills
(Stephen Herbert)628-1546	Sunrise Sawmill277-0120
Flooring, Retail and Commercial CC Flooring712-1671	Solar Systems Sugar Hollow Solar776-9161
Framing Services Frame It Asheville808-0923	Tree Services B & B Tree Service778-1987
House Rentals-Short Term/Vacation	Tattoo Parlors
Bearwallow Cottage712-2651 Cloud 9 Relaxation Home628-1758	Touch of Grey Tattoos778-2742
Sunset Hollow Vacation	Veterinarians
Rental	Cane Creek Animal Clinic628-9908
The Cove at Fairview628-4967	Fairview Animal Hospital 628-3557
Insurance Financially Complete230-8168	Women's Resale Clothing Store Clothes Mentor274-4901

# Tips for Gardeners That Make All the Difference

ollowing these tips will solve the majority of most problems that gardeners regularly face.

# Easiest for WNC

Easiest: okra, peppers, herbs, strawberries, garlic, spinach, onions, leeks, radishes, bush beans, potatoes and sweet potatoes

Fairly easy: Lettuce, greens, turnips, beets, peas, winter squash, summer squash, pumpkins and parsnips

More challenging due to insect or disease pressures: tomatoes, cucumbers, melons, carrots, cabbage, Brussels sprouts, eggplant, broccoli, and cauliflower

### **Know Your Seasons**

Summer crops generally go out after all danger of frost, which is after May 15 here in WNC. Summer crops include tomatoes, peppers, okra, basil, eggplant, summer and winter squashes, melons, sweet potatoes, pumpkins, and beans (which can be planted as early as Good Friday).

Spring and fall crops prefer cool weather. Spring and fall crops include broccoli, cauliflower, cabbage, Brussels sprouts, spinach, kale, collards, peas, radishes, beets, carrots, turnips, and kohlrabi.

Some plants like to be planted in spring but can mature in summer, such as corn, potatoes, lettuce, carrots, beets, turnips, cabbage.

Some crops have varieties that are specific to either cool or warm weather, such as lettuce, carrots, leeks, spinach, and carrots. Look up a planting dates chart for your zip code or area to know when to plant.

# Soil Depth

Plants need a minimum of a foot of loose soil in which to grow properly. Heavy, shallow, or waterlogged soil with a lack of aeration will lead to stunted plants that attract insects and disease.

# Here Comes the Sun

Plants need enough sun to produce fruits. Here in WNC many of us do not get the minimum six to eight hours of sunlight needed per day to grow crops due to the surrounding mountains and trees.

If you don't have the needed amount of sun, consider working with neighbors who do, growing mostly greens or founding a community plot garden where there is sun.

Summer crops must have at least eight

hours of sunlight, though some greens and roots crops can grow with only six.

### Water

A common reason for crop failure is either too much or not enough at the proper times.

Watering in the middle of the day, especially in the summer, is almost a waste of time as it evaporates quickly

Most folks water too shallowly. Check the soil after you've watered by digging down a bit with your finger. You want the soil to be consistently moist at least four to six inches down.

Seeds exist in the top ¼-inch of soil, and until they germinate and their roots go deeper, they will die if that top layer dries out. We water early morning and early evening every day (unless it rains or the ground is moist) until seeds send down roots.

It's best to plant starts (seedlings) in the late afternoon or evening and water them right away by gently soaking the ground around them. If you can plant the afternoon before a rain, that's even better.

Watering the soil during a drought is as important as watering your plants, since it's the microorganisms in the soil that actually feed plants.

This is one of the main reasons gardeners fail to successfully grow crops. For many folks, the thought of pulling out baby seedlings seems wasteful and emotionally draining. However, without thinning all those seedlings will die. And the sooner you thin, the better.

Thin them out when seedlings are about one inch tall. Know how far apart each mature plant should be from its neighbor and pull out all seedlings between the healthiest ones. And don't worry; they're not wasted. What you don't compost or feed to the chickens you can usually eat. Carrot, beet, lettuce, spinach, radish, kale, collard, turnip, and mustard thinnings are considered gourmet microgreens. Dunk them to clean off the soil then add to salads or sauté, roots and all.

# **Plants Need Food**

Many folks mistakenly think that to grow organically means you don't feed your



crops, which isn't true. We feed by various means, including growing cover crops that put nutrients into the soil; making compost; keeping the soil life healthy so the microorganisms can feed the plants; and providing liquid or dry natural fertilization depending on the results of our yearly soil test.

Harvest your "fruit" crops when ready or they'll signal the plant to stop producing.

Fruit crops include beans, peas, cucumbers, tomatoes, peppers, eggplant, melons, and squashes.

# It's Time

Know when a crop is at peak harvest and what time of day to harvest it. Look in your seed catalogs or online for the proper size to harvest each variety of each crop. You'll be surprised. Summer squash and zucchini should be no more than six inches, lettuce shouldn't show the slightest signs of elongating in the center, and beans should not be bulging in the pods.

Harvest all greens, lettuce, and root crops in the early morning. Okra, peppers, tomatoes, squash, melons, basil, eggplant beans can be harvested early but are best when the dew has dried from the plants.

Weed early when weeds are young. We

all know this but it really is a lot simpler.

Know the pests or diseases common to your crops and have a plan ready. Here are three of our go-to's in addition to the holistic practice of IPM (Integrated Pest Management).

- 1) Caterpillars can be easily killed with a dilution of any organic pesticide that contains Bt (bacillus thuringiensis). It sometimes goes by DiPel or Thuricide but will always say it contains Bt. We prefer the liquid sources. Spinosad is another bacteria that targets many types of caterpillars, beetles, and thrips. We've used it on potato beetles with great success. You'll find it in many organic sprays including Monterey Garden Insect Spray.
- 2) Surround is a sunscreen for plants and also deters insects that don't like it's powdery texture.
- 3) ProtekNet (available from Johnny's Selected Seeds) keeps out pests, particularly flea beetles, for which there's little in the way of organic sprays.

Susan Sides is the former Executive Director of The Lord's Acre, thelordsacre.org, susan@ thelordsacre.org.





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# American Beech Trees

ne of the very last trees on the planet to shed its autumn leaves in late spring is a grand old favorite of mine, the American Beech Tree.

The American Beech (Fagus grandiflora) is found from Nova Scotia southwest to northern Florida and over to the Mississippi River and into eastern Texas, Oklahoma, and Arkansas.

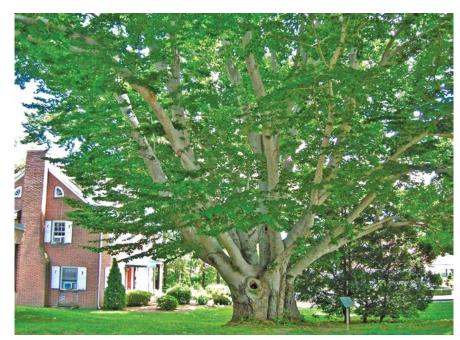
I remember two years ago, on a winter hike in the forest, I came across a giant beech tree with beautiful silver bark and gnarly roots. It must've had every single dried leaf remaining on its branches, whereas all the other forest trees were naked and asleep for winter.

The massive base of this regal forest tree made for a cozy picnic roost. A big breeze came out of nowhere and created a beautiful symphony of the dried leaves rustling in the wind; it was mesmerizing, and I closed my eyes and listened to the magic of the leaves rattling and whispering in the wind.

Only recently have I learned that one of the many edible uses for beech trees is to take the dried leaves directly from the tree and make them into a tea similar to some mild green teas from China or Japan. My favorite British forager, Robin Harford, hypothesized that a possible reason for being able to gather dead, naturally dried beech leaves for tea may mirror what is commonly known in the tea world: Many green and black teas ripen through a process of fermentation and oxidation. In this case the beech tree leaves do it on their own in nature.

One minor caution is that beech leaves have been used historically as an abortive compound, so pregnant women should avoid them. If you are prone to kidney stones, you might want to take a pass on beech leaves, since they are also fairly high in tannins.

The scientific name Fagus grandiflora translates to "edible large leaves," and they are. In late spring, when the bright-green new leaves have just emerged, you can gather a couple handfuls of them from smaller trees and lightly sauté them in butter or oil for a few minutes. You can





eat them that way or add a bit of sumac powder and mix them into jasmine rice.

Beech trees begin producing beechnuts at about 40 years of age, and the trees can live quite a while. The nuts are highly sought after by deer, turkey, and a variety of birds and mammals. The seeds are very edible and mildly sweet but tedious to harvest and work with. They can be crushed into a nut butter. The nuts have small amounts of a chemical called "fagin," which is mildly toxic and is found in the

skin of the kernel; roasting allows that skin to be easily rubbed off. Beechnuts ripen in the autumn months but they do not produce every year and harvests can vary from every two to seven years.

In addition to the leaves and nuts, the inner bark of beech trees is quite edible. I only tried it once after cutting up a beech felled by lightning. I took a knife and scraped off the outer bark and, using an old spoon, harvested some of the inner bark. It was like a mildly sweet pudding.



Beech trees begin producing beechnuts at about 40 years of age, and the trees can live quite a while.

Historically, beechnut oil has been used in cooking and apparently is quite good. The seeds can be been crushed, boiled, and made into nutrient-rich, herbal broth. Native Americans ground the nuts and added the flour to cornmeal and berries to make a bread.

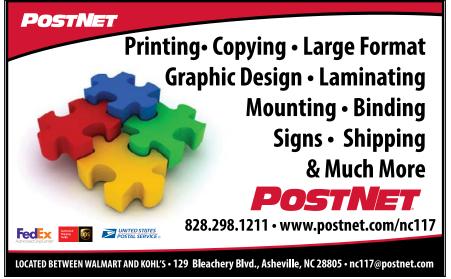
On the medicinal front, the bark has been used as an antacid and expectorant. A tar or creosote, obtained by dry distillation of the branches, is stimulating and antiseptic. It was used internally as a stimulating expectorant and externally as a treatment for various skin diseases. The pure creosote has also been used to give relief from toothache.

Beech trees are renowned for their beauty and grace. Where I grew up, there was a 250-year-old copper beech tree that I loved. The tree was so massive, its branches came down all the way to the ground. I sat on one like an owl many an afternoon or moonlit night, watching the beauty of the world from this giant. No need to carve my initials into this living being, as this beech tree remains etched in my living memory, and I can still hear the leaves singing on a breezy winter day.



Contact Rger at rogerklinger@charter.net.





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# OF INTEREST TO SENIORS MIKE RICHARD

# All About Long Term Care Insurance

ong Term Care insurance (LTCi) is designed to reduce the financial burden when a person needs substantial assistance with everyday activities such as bathing, dressing, eating, toileting, continence, and transferring (the ability to walk or move from bed to wheelchair). It is not a Medicare Supplement or Advantage plan. LTCi can cover home care, assisted living, adult daycare, respite care, nursing home, and Alzheimer's facilities.

In 2017 the average daily cost of a shared room in care facilities was \$227, which totals over \$6,000 per month. And that's just the average—it could be two or three times higher. In addition, a shared residence is 10–20 percent less expensive than a private one. With those costs, how long would your retirement nest egg last?

# How Does LTCi work?

Plans can be tailored to just about any preferences or budget. Rates are determined by six main factors: a person's age, the daily (or monthly) benefit, how long the benefits pay, the elimination period or deductible, inflation protection, and the health rating (preferred, standard, sub-standard). Put simply, you are purchasing a "bucket of money" from which to draw until it is empty. Let's say you want a policy that pays \$200 per day for three years. That bucket would be worth \$219,000.

Most policies will pay out a maximum of your daily benefit, leaving you with the remainder of the daily cost. If your costs are less, the difference will be left in your bucket for another day. Your benefits will begin when it is determined that substantial assistance (hands-on or standby) with two or more activities (bathing, dressing, etc.) is required for at least 90 days. Most policies are tax-qualified, meaning that the benefits received aren't taxable and may have some tax advantages.

To encourage Americans to plan for their long-term care needs, the federal government and a growing number of states now offer tax incentives for LTCi plans. Carolina is one of those states, so check with your tax advisor to see if you qualify. Once a policy is purchased, it's usually guaranteed renewable for life and the language cannot be changed by the insurance company. It can never be canceled by the insurance company for health reasons. It can, however, be canceled for non-payment of premiums, which are also subject to periodic price increases.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or 275-5863.

# The Fairview Town Crier

The voice of our community since 1997

OFFICE OPEN MONDAY-WEDNESDAY, 11 AM-5 PM
BIG BLUE DROPBOX AVAILABLE 24/7

1185-F Charlotte Highway **628-2211** 

Mailing address: P.O. Box 1862, Fairview, NC 28730

www.fairviewtowncrier.com

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# Submissions

Announcements, community news, upcoming events, letters, and other submissions will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the *Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

# **Editorial Policy**

The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier. Email editor@fairviewtowncrier.com or mail to Fairview Town Crier, PO Box 1862, Fairview, NC 28730.

Letters of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of *The Fairview Town Crier*. Include name, address, and phone. Email copy@fairviewtowncrier.com or mail *Fairview Town Crier*, PO Box 1862, Fairview, NC 28730.

Classified Ads WORK! For more info, contact Annie at 828 628-2211, office@fairviewtowncrier.com or visit fairviewtowncrier.com

Only \$10 for 20 words and just 25¢ for each word over! ADS ARE DUE by the 20th of the PREVIOUS MONTH



# **FOR SALE**



2008 TOYOTA TACOMA Extended Cab, 4WD, Cobalt Blue, Matching Hard Bed Cover, Bed Liner. Upgrades. 81,000 mi. \$19,500. 828-628-1706



# 2018 GULFSTREAM VINTAGE CRUISER

Model 19ERD. Teal/White. Used one season. All accessories, upgrades, lots of extras included. \$27,500 828-628-1706

**CHARMING 1 BED/1.5 BATH** with partially finished basement on 9/10 acre in Fairview, NC. Located 10 miles from Asheville with grocery nearby. \$155,000. 828-243-2801

**CUSTOM/ANTIQUE FURNITURE** Custom Cherry Wood Coffee Table and End Table-\$400. Large white children's armoire (all real wood)-\$350. Antique wood Murphy Bed (circa 1905)-\$650. Call 828-222-2216 or email john\_podlewski@yahoo.com

# **WANTED**

1 KITTEN, young (8-12 weeks), has to be orange male, will pay \$100 in advance to reserve ours. Text photo 941-536-7869

VINTAGE VARIETY CO. Buyers, sellers, traders of antique, vintage, collectible and unique items. We're glad to explore old barns/ sheds, attics or other spaces! Let us come and pick through your forgotten items. In search of: advertising, automotive related, signage, vintage prints, toys, antique household items, collectibles, rusty items, anything unique. Call 828-290-0923

# **Classified Ads WORK!** FOR SALE

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For more information, call Annie at 828-628-2211 or visit fairviewtowncrier.com

# **HELP WANTED**

# **REAL ESTATE AGENTS!**

Thriving, established local real estate firm in need of experienced agent. Lots of leads furnished! Call 628-3088.

**CLEANERS** Happy Mountain Host, an Exclusively Fairview Company is seeking people who love to clean. You are the future of hospitality in Fairview and an essential member at a fast-growing, Exclusively Fairview company. You will care for a portfolio of homes, ensuring guests arrive to a pristine, glowing space. You must be honest with a strong work ethic, detail-oriented, time flexible and organized. Pay rate is \$20/ hour. For more information call 828-458-7177 or submit your resume to Sue at service@happymountainhost.com

# **SERVICES**

# **ACCOUNTING**

### **BOB WILLIAMSON, CPA**

has served Fairview and surrounding areas for over 9 years. His new office is at 1349 Charlotte Highway in Fairview. Bob is looking forward to helping the community with tax and accounting needs. Phone 828.338.0314

# **AIRBNB HOME MANAGEMENT**



# HAPPY MOUNTAIN HOST Airbnb Host Services in Fairview, NC

# START AN AIRBNB BUSINESS

Let your home be an income generator! Happy Mountain Host, LLC is a Host Service Company exclusively for Fairview properties. New to Hosting? We can help set up your home for Airbnb. If you have a second/vacation home here in Fairview, you may want to consider turning it into an income generating investment as an Airbnb rental property. Happy Mountain Host can help. As an Airbnb Super-Host Happy Mountain Host specializes is setting up new Airbnb homes from soup to nuts. Sit back and relax. We'll do it all. We are experienced and local. As a Cohost for your Airbnb home, we provide 24-hour on-call guest support, guest check in and check-out, guest reviews, cleaning, laundry and bed-making. Call now to learn more about starting an Airbnb business, 828-458-7177.

# **CONSTRUCTION / HANDYMAN**

## **ALL CONSTRUCTION SERVICES**



Customized building. turn-key homes, remodeling, decks. 75 Years of quality customer service. Free estimates. David Frizsell, 458-2223

**HOME IMPROVEMENT** Does your house need a face lift or just a nip and tuck? 30 years of exp. in home improvement. Reliable and insured. Call Charlie at 989-4477.

## SMALL CONSTRUCTION/REPAIR

Experienced retired builder available. Carpentry, remodeling, repair, concrete work, small barns, porches & gazebos. Steve Norris, 777-7816, earthsun2@gmail.com.

## **ELDERCARE**

# **FURNISHED ROOM WITH PRIVATE**

BATH and meals provided by retired eldercaregivers/nursing home administrators. Non-medical care with rides to doctor, companionship, etc. Reasonable rate, much better than a nursing home! 828-216-7051.

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**NEED HELP?** Certified teacher can help with TUTORING, ERRANDS, HOUSE-CLEANING, HOUSE-SITTING, TEEN, ELDERLY or PET CARE, EXERCISE MOTIVATOR, etc. \$15 -\$30/hr. 776-8131

# HOME MAINTENANCE



# HAPPY CLEAN PRESSURE WASHING

We don't just aim to clean, we aim to please!! Call or text Chris Winkler 941-536-7869. Email: winklersurfs@hotmail.com

# HOUSECLEANING

# TRADITIONAL OR GREEN CLEANING.

Experienced, references available. Flexible days and hours. Call Ana: 582-1252

# **INSURANCE**

# **HEALTH INSURANCE FOR SENIORS!**

Medicare Supplement, Medicare Advantage or Rx Plans. 40-plus years' experience. Jack Albright, LUTCF, Agent, Asheville. 919-523-6076

# MEDICARE HEALTHCARE INSUR-

ANCE PLANS Offering Medicare Rx, Advantage and supplement plans. Mike Richard, local Fairview independent agent since 1998. 828-628-3889.

# LAWN/LANDSCAPING

**COMPLETE LAWN MAINTENANCE Spring** clean-up: mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444.

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Grading, Gutters, Retaining Walls (build & repair), Drainage (reroute and/or lay pipe), Brush Clean-Up, Mowing, Insured, 828-712-3488

LAWN MOWING SERVICES Reliable retiree available for complete grass mowing services. Mow, trim, blow, etc. 828.231.7832

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## PIANO AND GUITAR LESSONS IN **FAIRVIEW**

Offered by experienced teacher and professional musician. Beginner & intermediate (advanced air guitar). Children and adults. \$20/half hour; \$30/hour. 335-1401 or email: kampjames@hotmail.com

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Reliable, experienced care for your best friends. Insured and bonded. Pet CPR and first aid trained. Visit livingharmonypetsitting.vpweb.com or call Gretchin DuBose, 582-3363.

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Local home. Reasonable Rates.828-216-7051.

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# **SUMMER ART CAMPS ARE COMING!**



Weekly camps, M-F, 9am to 12noon. Hands-on art

& fun: drawing.

painting, clay, collage & more. Ages 4-14. Jan Widner, BFA. Visit jansartacademy. com. 828-301-6116. Register early.

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**ENTANGLED** THREADS — **CREATIVE SEWING CLASSES** 

Interested in sewing outside the box? Learn to redesign and create awesome cloth-

ing using thrift store finds, repurposed fabrics, fabric paint, and more. Contact Concha Wilkinson 828-273-1375 or redesignit2@gmail.com

# YOGA

# YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH

TAMI ZOELLER An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class AND PAYABLE IN ADVANCE.



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# The Fairview Town Crier 2019 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES				
	12x/year	6x/year	1x/year	
Full page	\$347	\$376	\$404	
Half Page	\$225	\$248	\$266	
Quarter page	\$139	\$155	\$168	
Eighth page	\$99	\$116	\$128	
Business card	\$65	\$75	\$80	

BLACK AND WHITE DISPLAY ADVERTISING RATES				
	12x/year	6x/year	1x/year	
Full page	\$317	\$347	\$376	
Half Page	\$191	\$214	\$231	
Quarter page	\$109	\$128	\$139	
Eighth page	\$65	\$82	\$92	
Business card	\$45	\$55	\$60	

**Nonprofit ad rate is 20% off applicable rate.** Note: 1x ads are payable in advance. **SAVE MONEY**: On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

# **CLASSIFIED ADVERTISING RATES**

Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). All classifieds ads must be prepaid. Notices and personal ads not selling anything are free.

# Put success on your side — call Jim!



# PROFESSIONALS

86 Asheland Avenue, Asheville, NC email@jimbuff.com www.jimbuff.com

## **RESULTS**

37 High Meadow Rd	Pending in 4 days
2 Kirby Rd	Pending in 20 days
107 Harrison St	Pending in 3 days
109 Tipperary Dr	Pending in 8 days
109 Wicklow Dr	Pending in 2 days
88 Johnny Marlow R	Pending in 1 day
49 McIntosh Ln	Pending in 5 days

54 McIntosh Ln	Pending in 15 days
40 Serenity Ln	Pending in 12 days
40 Blue Ridge Dev	Pending in 19 days
27 Botany Dr	Pending in 3 days
3 GT Dr	Pending in 19 days
35 Rolling Oaks Dr	Pending in 2 days
2 Beechwood Rd	Pending in 11 days
38 Folsom Dr	Pending in 4 days



CANDLER! Immaculate home on 1.34 acres, 3 BR/3 bath, bonus rm, office, den, 2-car gar + detached 2-car gar w/stor & 2-car carport, updated kitch,cvred front porch, screened rear porch, MLS#3469084, \$554,900!



CANDLER! 16.8 Beautiful private acres w/2 BR house and add'l cabin, HOME WARRANTY, 2-car detached garage, 3 sides of property border Pisgah National Forest, MLS#3443022, \$549,900!



**LEICESTER!** 3 BR on 1.94 acres w/ must-see views, 15 mins to downtown AVL, bonus room & office, HOME WARRANTY sep living quarters w/great vacation rental potential, *MLS*#3475221, **\$455,000**!



**SOUTH!** Totally remodeled 4 BR/2.5 bath on .89 acres, outstanding kitch w/stainless appliances, cvred front porch & incredible cvred rear patio w/FP, FP in LR, 2 car-carport, *MLS*#3467730, **\$399,900!** 



FLETCHER! Spacious 5 BR/3 bath home on 1.5 acres, HOME WARRANTY, extensive decking, 2 Rock FPs fenced in yard, fam rm, rec room, detached 3-car garage, MLS#3388105, \$375,000!



**SOUTH IN COUNTY!** Neat 3 BR/2.5 bath on beautiful .39 acre lot, fam room, deck, many updates/upgrades, garage, storage shed, conv loc, Call James Mullis 828-338-8585, *MLS*#3432551, **\$279,000!** 



**SOUTH!** 3 BR 3 bath brick rancher on .43 acre lot, hardwood floors, large kitchen, generous finished basement, huge deck, big private yard, convenient location, *MLS#424763*, **\$238,900**!



WEST ASHEVILLE! One-level home on .42 private fenced acres, large detached 2-car gar & workshop plus carport, 2BR, 1 bath, bonus room, covered from porch & LG rear deck, MLS#3475290 \$194,000!



WEST ASHEVILLE! Bungalow on corner level .18 acre lot, convenient location, 1 bedroom, 1 bath with room to expand, MLS#3472956, \$184.000!



**FAIRVIEW!** Wooded .96 acre lot, this private lot would be good for year round living or vacation home, convenient location, *MLS#3431165*, **\$29,900!**