



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

JULY 2019 VOL. 23, No. 7 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

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Neighbors Helping 'Neigh'bors



Old-fashioned transportation technology, aka Raz (left), worked better than the newfangled stuff on this day.

Bonni Hannah, a teacher at Cane Creek Middle School, recently had some car trouble. Good thing it happened in Fairview, where people are still ready and willing to help each other. She shared her story and pictures to her Facebook page at the end of last month, and gave us permission to share it here (slightly edited).

Fairview is the best community! My truck was acting funny, so I pulled over at Fairview Station. The attendant said, "Sure, you can wait under the bay in the shade."

A gentleman stopped, and he was glad to double check my tires for separation. Anastasia Held, a waitress at The Local Joint, came out and went to get her husband's truck to haul

my trailer back to the farm. Her ball didn't fit my hitch, and my hitch put the trailer too high to connect. Then Julie Shelton, a pharmacy technician at Americare, came out and said she could use her truck to haul me back, but she didn't have a brake system. Finally, Joe Lyle, another pharmacist, came out and let me use his brand-new, very nice truck to haul Raz home. He did not know me!

I am amazed by people's kindness and generosity. Raz took it all in stride and got lots of love and pets from customers.

You can see the shared post and comments on the Crier's Facebook page. We featured Bonni and her horse FinderZkeepers in our April 2018 issue.

Detour Ahead!

If you're traveling from Charlotte Highway to Spring Mountain Community Center or other spots on Old Fort Road, or cutting through to get to Swannanoa, you should be aware of a detour on Church Road. The county is replacing the bridge that crosses Cane Creek on that stretch, and traffic is being detoured via Village Road, Garden Creek Road, Whitaker Road and Blue Ridge Development Road. The



Say goodbye to the old bridge. (WLOS staff)

work, which started early last month, should be done by early October. We'll keep an eye on the progress and keep you updated.



Thursday, JULY 4TH

GERTON The Upper Hickory Nut Gap Community Center will celebrate all day long. Breakfast at 9, with games starting at 10. Activities include many types of races and a balloon pop. A cookout with burgers (including veggie options) and hot dogs will start at 6:30 pm. Bring your own sides. Bingo with prizes will be played until dark, followed by fireworks.

BLACK MOUNTAIN Family fun and fireworks beginning at 7 pm, with fireworks starting when it gets dark.

HENDERSONVILLE The parade is at 11 am, free concert from 7-9:30 pm at 201 South Main (visitors center), and a fireworks display starts at dark, viewable from downtown.

PACK SQUARE PARK—DOWNTOWN ASHEVILLE Children's activities and games run 2-6 pm. Live music after 5 pm. Beer and wine available for purchase. Fireworks at 9:30 pm can be best seen from the park (buildings will block the view in other parts of downtown). Bring a chair or blanket to picnic. Food trucks and nearby restaurants will offer food. Park in parking decks, on the street or in private lots. No outside alcohol, coolers or pets.

Crier Needs Office and Bookkeeper Help

The *Crier* is losing our dear Annie MacNair as Office Manager and Bookkeeper as she moves her total attention to an expanding family business. Her position could be filled by one or two people; various structures are still being considered, so details are evolving.

If you have strong admin skills plus either bookkeeping or editing/writing skills in addition to a fierce desire to immerse yourself in all things Fairview—including this non-profit community newspaper—this may be the position for you.

The *Crier* needs someone with strong Quickbooks ability to create monthly invoices, generate reports and keep financials in order. Business experience and knowledge of basic tax structure is a must. This position might also fill in as admin in the office, a position that requires good people skills, the ability to work alone, and organizational and basic computer skills. Hours can be tailored to fit but basically we need coverage in the office three days a week. An ideal schedule would be Monday, Wednesday and Friday, four hours a day or 12 hours a week. The admin position would also pick up mail at the post office, handle emails and phone calls, and be the "face" of the *Crier* to those who come by the office for info on advertising, submissions, or community resources.

If we use an independent bookkeeper, the office position would need admin skills as listed above but also strong writing and computer skills. Social media, website, and contract negotiating skills are desirable. Hours are the same for the admin-only position.

This is not a beginner's position, but salary is limited as we are a non-profit. Please email your bio and background to publisher Sandie Rhodes at sandie@fairviewtowncrier.com.

The Fairview Town Crier
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Fairview, NC 28730

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Sorry WE'RE
CLOSED

Crier Offices Will Be Closed July 1-3

Anyone wishing to drop off payments, submissions, etc., can do so in the blue dropbox on the wall outside the offices at 1185 Charlotte Highway in Fairview. **Happy Fourth!**

COMMUNITY EVENTS

Spring Mountain Community Ctr.

Community Leadership Meeting: Usually first Tuesday, 6:30 pm.
Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Call 628-7900 or 628-1938.
Berrypickers' Jam: Tuesdays at 7 pm.
Slow Flow & Yin Yoga with Anna: Mondays, 8:30–9:45 am. \$5–10 suggested.
Yoga with Sabrina: Thursdays 6:15–7:30 pm. \$5–10 suggested.
 807 Old Fort Rd. springmountaincc.com

JULY 2 (TUESDAY)

Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Dept., 49 East Fanning Bridge Rd., Fletcher. 230-6523.

Foot Pain Seminar

12:30–1:30 pm. Learn about the causes of foot problems, DIY treatments, and professional help. Fairview Chiropractic Center. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

JULY 6 (SATURDAY)

Food for Fairview Fundraiser

5:30 pm. A fundraiser featuring a fellowship meal and the Fox Family Singers. Admission is donation of one or more staple food and/or paper

products. For information contact Linda Dotson at 684-4338. Bethany United Methodist Church, 212 Bethany Church Rd., Fairview.

Planning a Fall Vegetable Garden

10–11 am. Barb Harrison, Buncombe Extension Master Gardener Volunteer, will give advice on what and when to plant and tips on extending the growing season with row covers, hoops and cold frames. Free. Black Mountain Library, 105 N. Dougherty Street, Black Mountain.

Shindig on the Green

7–10 pm. The latest season of Shindig on the Green, a free event in the heart of downtown Asheville with a stage show and informal jam sessions, takes place on Saturday evenings in Pack Square Park, starting on this date. For more information, go to folkheritage.org.

JULY 8 (MONDAY)

Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome. 704-975-0095. Fairview Public Library, 1 Taylor Rd.

Stitches of Love Meeting

7–9 pm. Group donates handmade articles to local charities. New Hope

Presbyterian Church, 3070 Sweeten Creek Rd., Asheville. Call 575-9195 or email Janet at imjstewart@att.net.

Learn to Make Tortillas

11 am–12:30 pm. Learn to make easy, homemade tortillas. Free and open to the public. Mountain Branch Library, 150 Bill's Creek Rd., Lake Lure.

JULY 8–12

Trinity of Fairview VBS

In the Wild: Amazing Encounters with Jesus. See ad on page 17 for more information.

JULY 9 (TUESDAY)

Knee Replacement Seminar

12:30–1:30 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Fairview Chiropractic Center. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

JULY 11 (THURSDAY)

FBA Member Meeting

6 pm. The meeting will be hosted by Laura Telford of Trout Lily Market & Deli, 1297 Charlotte Highway in Fairview. See page 27 for more information.

Welcome Table

11:30 am–1 pm. A lunch served to anyone in the area seeking food, fellowship, and community. Donations are greatly appreciated. The meal will only be served once a month until more volunteers are available. Behind the library in the fellowship hall of Fairview Christian Fellowship. 596 Old US Hwy 74, Fairview.

JULY 13 (SATURDAY)

Learn to Can Green Beans

9 am–2 pm. Safely canning green beans requires using a tested and reliable method. Old-fashioned methods, such as using boiling water or ovens, can be dangerous. \$10, with all ingredients supplied. For information and to register, call Maria Horton at 778 0279. Spring Mountain Community Center, 807 Old Fort Rd., Fairview.

Second Saturday in the RAD

10 am–8 pm. River Arts District gallery walks with demonstrations, music, wine tastings, and snacks. Be on the lookout for Fairview artists at Trackside Studios, 375 Depot St. (Lynn Stanley, Steve Fulgham and Dona Barnett); 310 ART, 191 Lyman St. (Fleta Monaghan); and Pink Dog Creative, 344 Depot St. (Mary Alice Ramsey). Park once and ride the free trolley from 11 am–4:30 pm. Free

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Diesel! Exhaust brakes, tilt, cruise, tow package.

REDUCED TO SELL!

\$28,995

COMMUNITY EVENTS

parking at Riverview Station, Wedge Studios, and on Depot Street.

JULY 14 (SUNDAY)

2nd Sundays @ Center for A&I

3 pm. Marvin Cole has been impersonating Mark Twain and interpreting his writings for 40 years in over 20 states and the paddlewheel river boats on the Mississippi, Ohio and Sacramento Rivers. See ad for other events on page 13. Tickets \$15 in advance, \$18 at door. Purchase tickets at thecenterai.com or call 828-697-8547. The Center for Art & Inspiration, 125 S. Main St., Hendersonville.

The Big Crafty

12–6 pm. The Big Crafty revives the tradition of the community bazaar, a lively celebration of handmade commerce, featuring local food, beer, music, and fine wares from a juried group of 170+ artists and crafters. thebigcrafty.com. Pack Square Park, Asheville.

JULY 16 (TUESDAY)

Sciatica Seminar

12:30–1:30 pm. Learn about new treatments and technologies that may help you avoid back surgery and eliminate the need for drugs. Fairview Chiropractic Center. Free and lunch

will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

JULY 19 (FRIDAY)

Fairview Homeschoolers Meet-n-Play

10 am. Come and meet other Fairview homeschool families and share information about local resources and co-ops while the kids play. For more information, email shadryn.long@gmail.com. Spring Mountain Community Center, 807 Old Fort Rd., Fairview.

JULY 20 (SATURDAY)

Garren Creek Fire Department Pancake Breakfast

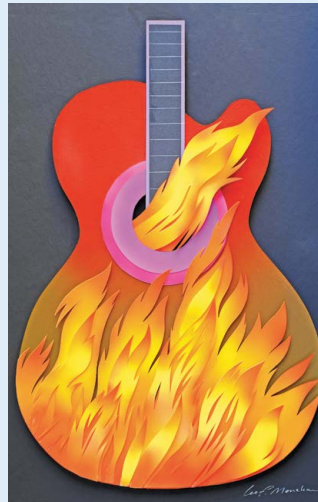
8–10 am. A fundraiser for the auxiliary, which support fire fighters and rescue workers. Everyone is welcome and donations are accepted. For more information please call Melony Higdon at 669-3992 or Elizabeth Simmonds at 230-3986. 10 Flat Creek Rd., at the corner of Flat Creek and Old Fort/Chestnut Hill Roads.

Old Buncombe County Genealogy Society Meeting

2–3 pm. Gravestones often carry messages portraying a person's life, expressed through epitaphs, symbols

North Carolina Arboretum 'Covered in Color' This Summer

Open daily, 8 am–9 pm



From now until September 2, visitors to the Arboretum will experience the broad spectrum of color found in flowers and foliage while learning about color theory and design through floral displays, art, creative landscapes, guided programs and more. A new exhibit showcases the complex composition of art and music through various representations of paper-made guitars and other images. And color-themed plantings will accompany a special student photography exhibit, which will feature images of colors found in nature captured by K-8 students.

For more information about summer programs, visit ncarboretum.org.
100 Frederick Law Olmsted Way, Asheville.

and art reflecting religious affiliation, occupation, social status and other aspects about the deceased. In this presentation, Karen Marcus will share the history and symbols of these messages from cemeteries in WNC

and how these can be used to solve genealogical mysteries. Call 253-1894 or visit obcgs.com. 128 Bingham Rd, Suite 950, Asheville.

continued on page 4

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FLETCHER! 99999 Denise Lane. Beautiful cul de sac in Columbus Acres off Emmas Grove Road. Last lot available in established neighborhood in coveted Fairview Elementary/Cane Creek/Reynolds school district.



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COMMUNITY EVENTS

JULY 21 (SUNDAY)

FAAL Potluck Picnic

2 pm. The Fairview Area Art League's annual picnic will be held at Spring Mountain Community Center, 807 Old Fort Rd., Fairview. For more information, call 704-975-0095.

JULY 23 (TUESDAY)

Billy Wilder Film Series

6 pm. The second film in a four-part series at the Fairview Library is "Sunset Boulevard" (1950). See page 5 for more information. 1 Taylor Rd., Fairview.

Brain Therapy Lecture

12:30–1:30 pm. Learn about new therapies that may help with brain injuries or diseases of the brain, such as concussions, MS or Parkinson's. Fairview Chiropractic Center. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

JULY 25 (THURSDAY)

The Medicine in Your Spice Rack

1–2 pm. Uncovering the medicinal properties of culinary herbs. The Lord's Acre, 26 Joe Jenkins Rd., Fairview.

Summer Cooking Demo

7 pm. Preparing eggplant in a whole new way. Sponsored by the Lord's Acre. Fairview Christian Fellowship, 596 Old US Hwy. 74, Fairview.

JULY 26 (FRIDAY)

Florence Nature Preserve Cleanup

10 am–3 pm. Morning-only shifts are fine, too. Bring lunch and water; wear closed-toe shoes and long pants. Water, snacks, and tools provided. RSVP to volunteer@conservingcarolina.org or call Olivia at 697-5777 ext. 211. 3836 Gerton Hwy., Gerton.

JULY 26–27

Little Theatre in Gerton

7:30, doors open; 8, play begins. The Hickory Creek Players will host its annual summer Little Theatre in Gerton on Friday and Saturday. Tickets can be purchased at the door for \$20 (or earlier for \$15). See page 23 for more information. Upper Hickory Nut Gorge Community Center, 4730 Gerton Hwy., Gerton.

JULY 28–AUGUST 2

Emma's Grove Baptist VBS

To Mars and Beyond. See ad on page 18 for more information.

AUGUST 2 (FRIDAY)

Town Crier Labeling

10:30 am. Meet other people from the community and help us get the next issue of the Fairview Town Crier into the mail! At the Fairview fire station, 1586 Charlotte Hwy., Fairview. Contact Patti Parr for more information: pattiparr@yahoo.com or call 628-2211.

SAVE THE DATE

AUGUST 17

SMCC Annual Picnic

Picnic and play with your community neighbors. Enjoy food, watch your children as they enjoy the new playground and the Rubber Duck Derby in Cane Creek. Adults will enjoy a dessert contest, so bring your favorite and best desert and you could win a prize. Spring Mountain Community Center, 807 Old Fort Rd., Fairview.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. The Fairview Town Crier is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please page 30.

IN PAIN ?



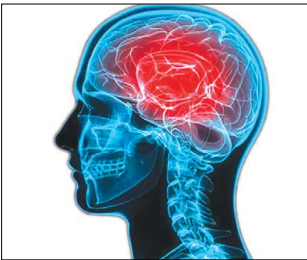
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KNEE PAIN



SCIATICA



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GET RELIEF THE NATURAL WAY!

DON'T MISS THESE FREE JULY LUNCH SEMINARS PRESENTED BY DR. REILLY!

FOOT PAIN SOLUTIONS
for the 21st CENTURY!

TUESDAY, JULY 2
12:30-1:30 PM

AVOID KNEE
REPLACEMENT
SURGERY!

TUESDAY, JULY 9
12:30-1:30 PM

SCIATICA
RELIEF!

TUESDAY, JULY 16
12:30-1:30 PM

NEW HOPE for
BRAIN-RELATED
CONDITIONS!

TUESDAY, JULY 23
12:30-1:30 PM

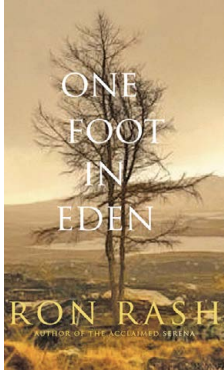
RSVP REQUIRED: 828-490-4207

All seminars held at Ryan's, 1000 Brevard Rd., Asheville, NC



Town Wide Read

Fairview Library is inviting everyone in the community to come together this summer through the shared experience of reading the same book in Fairview's first ever Town Wide Read.



The book chosen for this summer's Town Wide Read is *One Foot in Eden* by Ron Rash. The library has plenty of books in circulation for people to check out, and the Friends of Fairview Library will be selling

copies of the book for \$5.

Small group book discussions are planned throughout the months of July and August at several Fairview businesses, and the library will be hosting "An Evening with Ron Rash" on September 11 at Fairview Christian Fellowship Church.

We also encourage you to host your own book groups as well.

You can pick up a Town Wide Read Guide at several of our 2019 Friends of Fairview Library Business Member locations, at our book discussion locations, or at the library.

For more information, please contact the library staff at 250-6484.

Schedule of Book Groups and Locations

- Wednesday, July 10 at 3 pm: Mountain Mojo/Daymoon Coffeebar
- Friday, July 19 at 4 pm: Whistle Hop Brewery
- Thursday, July 25 at 4pm: Turgua Brewery
- Monday, August 5 at 2 pm: Rise Above Bakehouse
- Tuesday, August 13 at 2 pm: Trout Lily
- Tuesday, August 20 at 7 pm: Fairview Library

EVENTS

Billy Wilder Film Series

July 23 at 6 pm

Sunset Boulevard (1950)

1 hour 50 minutes. Not rated

In a career that spanned five decades, Billy Wilder is considered one of the most brilliant and versatile filmmakers of Hollywood's Golden Age. Join us for a four-part retrospective of his career.

Set in sunny Los Angeles, "Sunset



Boulevard" tells the tale of an aging silent film star (Gloria Swanson) and an unsuccessful writer (William Holden). With eccentricities and delusions of grandeur left and right, this film noir is considered one of the best satires ever produced about the Hollywood system.

All screenings are hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce the film and lead a discussion after. Popcorn provided by Grail Moviehouse.

The other films in the series are "Some Like it Hot" (1959), August 27; and "The Private Life of Sherlock Holmes" (1970), September 24.

FOR KIDS

A Universe of Stories

Have you been visiting the library this summer? We are giving away a free book to any child that visits the library just four times between June and August.

To earn a free book, children and teens must pick up a special summer reading bookmark from the library. Each time they visit the library over the summer they need to bring the bookmark with them to collect a stamp. Once they have collected all four stamps they can pick out a book to keep forever.

July Reading Program Events

DIY Fairy Houses. July 11 at 3 pm. Create a

house that any fairy would love. Materials will be provided but bring any small items you would like to add. For school-age kids.

Star Wars Jedi Training Academy. July 18 at 3 pm. Are you strong with the Force? Find out at our annual Jedi Training Academy. For school age kids.

Sun, Stars, Shadows, Oh My! July 26 at 3 pm. With the Asheville Museum of Science, live a day in the life of our solar system inside an inflatable planetarium. **This is a ticketed event**, with tickets available July 1.

Regular Kids Programming

Baby Storytime: Tuesdays, 11 am

Baby Gym: Tuesdays, 11:30 am

Toddler Storytime: Wednesdays, 11 am

Toddler Gym: Wednesdays, 11:30 am

Heroes Unlimited RPG for Tweens: first Wednesdays, 4 pm (Only the first six kids to sign up are guaranteed a spot.)

Preschool Storytime: Thursdays, 11 am

LEGO Club: first Fridays, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

HOLIDAY CLOSING

The library will be closed Thursday, July 4, in observance of Independence Day.



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WALK A BLOCK TO THE HIP WEST ASHEVILLE SCENE from this completely remodeled original bungalow. 3BR, 2B, custom gourmet kitchen, new everything! **\$327,500** MLS# 3499063



SOUTHCHASE, FLETCHER. Big level yard with fruit trees and berry bushes, new roof, new water heater, new microwave, new carpet, new flooring, new tile in kitchen. **\$400,000** MLS# 3519507



FOUR-PLEX APARTMENTS (2 UP & 2 DOWN) 2 BR & 1 BATH EACH. Separate garage apartment with 2 bedrooms, 1 bath, bonus room & garage with laundry. Additional 3 bay garage/workshops. **\$575,000** MLS# 3485737



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1.5 story, 3/3.5, 4,412 SqFt custom Lindal Cedar Home w/ full unfinished daylight basement on 2.33 acres in beautiful Smith Knolls. Tons of extras and the valley to mountain views are breathtaking. **\$859,000**

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Great Investment properties! 2.2 acres with a house, singlewide and double wide homes. Two are rented and owner lives in one. Pole barn offers lots of storage. Great location! **\$325,000** Call Susan Lytle 828.301.1410

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Recently completed! Top-quality custom home on 1.6 unrestricted acres, just 15 mins to AVL. Open floor plan w/ cathedral ceilings, fab kitchen, FP and many creative touches. **\$430,000** Call Karen Cernek 828.216.3998

LAND FOR SALE

NEW! 7+ ACRES OF SPECTACULAR MOUNTAIN TOP VIEWS. Road cut in, several spots to build. Build one house or three, great VRBO possibilities \$50,000

NEW! 0.63 OF AN ACRE IN BEAUTIFUL GATED COMMUNITY Lots of amenities in this private secure community. Green space, playground, paved roads and running creek. Mountain views from this property, potential to be a beautiful build spot. \$59,000

NEW! 2 BEAUTIFUL LOTS 15 MINS TO DT ASHEVILLE. All the work is done for you. Driveway cut in, water line run and septic installed. \$65,000 Call the Office for more information 828.628.3088

NEW! AWESOME PRIVATE HILLTOP 1+ Acre Lot with huge view potential. VRBO Builds OK!! Lot is very accessible. ONLY \$41,000 Call Karen, 828-216-3998

NEW! 3.58 PRIVATE ACRES with breathtaking long-range views. They are not making anymore lots like this! Level access from paved road, sloping lot in beautiful gated community. Pool, tennis and golf membership option. Call Karen 828.216.3998. \$100,000

NEW! 4 PRIVATE, WOODED, LOTS in Mountain Shadows. 5-4.5 acres from \$30,000-65,000, most with potential for spectacular views. great neighborhood just 15 min. from downtown Waynesville. Call Karen 828.216.3998

NEW! REYNOLDS COMMUNITY LOT. City Water, Sewer & Natural Gas Available. Gentle Slope with lots of trees. No city taxes. \$79K. Call Jenny Brunet 828.779.4473.

NEW! SPECTACULAR VIEWS FROM VERY PRIVATE 5 ACRES of improved property. 3 bedroom (per owner) septic tank. Driveway extends beyond present home site, to an area cleared to build. Great potential for vacation rentals as well as owner-occupied home. \$55K Call Karen (828) 216-3998

REDUCED! 6.98 ACRES OF UNRESTRICTED WOODED SOUTH FACING PROPERTY in wonderful Fairview location only 15 mins from DT AVL and Blue Ridge Pkwy. Property lays well and is very buildable. Creek & lg mature trees. Build your dream home or family compound. \$100K Call for more info.

NEW! 0.53 ACRE LOT WITH INCREDIBLE VIEWS from Graylin Estates in the heart of Fairview. Only 5 mins to AVL, Blue Ridge Pkwy and the interstate. \$75,000 Call for more info 828.628.3088

NEW! UNBELIEVABLE PRICE FOR BEAUTIFUL 1-ACRE LOT in Fairview Forest. Incredible mountain views in well-established neighborhood. \$20,000 Call for more info 828.628.3088

NEW! 4.5 ACRE WOODED, RESTRICTED HOMESITE at end of road adjoining LG undeveloped tract. Potential for spectacular valley/Mountain views. Very Private and in area of nice homes. Owner will consider financing. \$50K Call Karen Cernek 828-216-3998

LAKE ADGER, NEARLY 5 PRIVATE LAKEFRONT ACRES w/ deep water access & boat slip at dock area. Plenty of room for a guest house. Gated comm w/ walking trails. \$150,000 Call Karen 828.216.3998

2 READY TO BUILD ACRES W/ LONG RANGE MOUNTAIN VIEWS. Driveway cut in; two ready to build spots to choose from. LG Mature trees and mountain laurel to help keep your setting very private. Call our office for more information. 828.628.3088 Priced at \$35K

NEW! 1.75 ACRES GREAT FOR DUPLEX, TINY HOME, VRBO'S or divide pending septic approval. Great bldg sites unrestricted property that just can't be beat. \$50,000 Call Karen 828.216.3998

NEW! 4.92 ACRES W/ SEPTIC PERMIT ON FILE. Complete privacy & breathtaking views. Mostly level w/ babbling brook, abundant wildlife. \$60,000 Call Karen 828.216.3998

NEW! 3+ ACRES WITH GENTLY SLOPING KNOLL perfect to perch your mountain home. \$70,000 Call Karen 828.216.3998

NEW! 3 BEAUTIFUL LAYING ACRES; EASY TO BUILD HOMESITE in Gateway Mountain, Old Fort. Great for vacation, retirement homes or year-round residency. \$40,000 Call Karen 828.216.3998

NEW! 0.26 ACRES PRICED BELOW TAX VALUE. Access to lot is level then lot slopes downhill. Beautifully wooded neighborhood 5 mins from Black Mountain. \$20,000 Call Karen 828.216.3998

MAJESTIC OAKS

	LOT 1 0.5	SOLD
	LOT 2 0.5	\$59,000
	LOT 3 0.5	SOLD
	LOT 4 0.521	SOLD
	LOT 5 0.482	SOLD
	LOT 6 0.51	\$59,000
	LOT 7 0.64	\$64,000
	LOT 8 0.526	\$59,000
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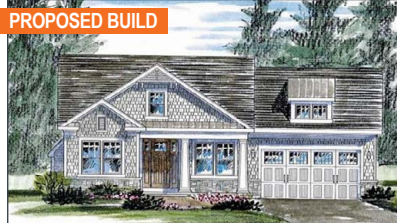
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Samuel Murray Sr. and Family, Part One

Samuel Murray Sr. was born in Swatara (near Harrisburg) in Dauphin County, Pennsylvania, on June 1, 1739. He was the son of William Murray Sr. (1689–1773) and Isabella Lindley. Samuel Murray's father, William Murray Sr., and grandfather John Murray (1660–1732) both moved to Pennsylvania from Scotland around 1723.

Samuel served in the Continental Army, where he became a skilled wagon master. Later, he purchased land in Buncombe County, from Lake Julian to Fletcher, and started a community and opened an inn.

Samuel Murray Sr. and his older brother William Murray Jr. moved to the Ninety-Six District of what is now Newberry County, South Carolina, around 1760. They settled in the Lone Lane Community. Samuel Murray Sr. married Elizabeth Rees on October 27, 1763. The Ninety-Six District was an area of constant conflict. The two Murray brothers not only had to deal with raids from nearby Native American tribes but also with their neighbors.

Many of the locals were Tories who held a sentimental attachment to England. They still had relatives there. Many had business connections with Britain and were afraid of gaining independence. They feared it might result in anarchy and loss of their land. They did not know

what type of government would take the place of British rule. The Patriots, or Whigs, hated England. They wanted their own country. Patriots resented what they considered a foreign power telling them what to do. They believed England only did what was best for England and did not care about what was best for the colonies. These opposing beliefs resulted in constant conflict between the Tories and Patriots beginning in 1770. The Murray brothers backed the Patriots.

Both sides committed numerous atrocities against each other. Men from the Tory Cunningham and Elmore families captured two Dugan boys who were related to the Murray family by marriage and "hewed them to pieces." The next morning the boys' mother picked up the pieces of their bodies, wrapped them in a sheet, and buried the pieces without a casket.

Samuel Murray Sr. volunteered as a soldier with the 2nd South Carolina Regiment under Lt. Colonel Francis Marion on November 4, 1775. He also served as a wagon master under General Sumter and Colonel Silas Casey.

Samuel Murray and his brother William both owned large cotton plantations on Indian Creek in Newberry County. William Murray married Margaret



Samuel Murray Sr. is buried in Old Salem Cemetery in Fletcher.

Johnston. Her father, John Johnston, moved to the Mills River section of what is now Henderson County in the late 1780s. William sold off all his land in Newberry

County. With this money and a daring spirit he moved to the mountains of WNC as his father-in-law had done. He proved to be successful at his farm in Mills River, and he sent word to his brother Samuel about how happy and prosperous he was in the mountains.

Samuel Murray moved his family to WNC around 1795. He had lived in Newberry County for 20 years and had done well. It was a major undertaking to sell his land and pack up to move to the mountains.

Samuel and his family arrived near the present site of Fletcher. He built his home on what is now Cane Creek Road. Samuel's first land grant from North Carolina was dated July 22, 1797 for 110 acres on Cane Creek. He paid the state 105 shillings for the land. On September 25, Samuel bought a 150-acre tract of land on Cane Creek and a 640-acre tract on Cane and Hooper's Creek, both from John Bradley.

Samuel built the Murray Inn around 1800. He owned the land from where Cane Creek enters the French Broad River to Hooper's Creek. The area where Fletcher is now located became known as Murrayville.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net.



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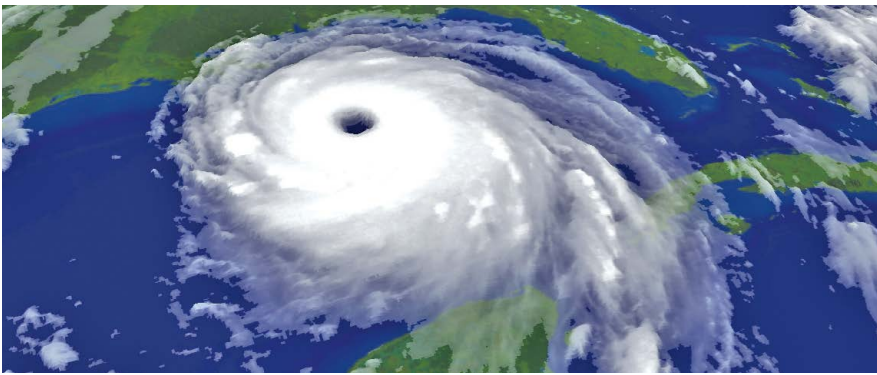
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Hurricane Season Approaches as Hot, Dry Spell Comes to End

Let's talk about heat, in particular the highly variable number of 90-degree days in Asheville each year. One measure of a warm summer is the number of days the temperature reaches or exceeds 90 degrees. In any given year in Asheville, that can happen about 10 days or so. The year with the most 90-degrees days was 1952, with 32. The longest consecutive string of 90-degree days was in 1977, with 16 days (July 6 to 21). The longest recent string of 90-degree was in 1993 (July 3 to 12). So far this year, we've had four 90-degree days. Last year, we had a total of seven.

The early heat wave this year brought along a phenomenon we hadn't experienced for several years: a three-week dry spell from mid-May to early June. I had to water my nursery and garden constantly during that period. In addition, there were low humidity and drying winds most of the time. This led to more frequent watering than usual to avoid lush green lawns turning crunchy and brown. We did finally work our way out of that pattern and go back to some much-needed rain by mid-June.

NOAA's outlook for the 2019 Atlantic hurricane season indicates that a near-normal season has the highest chance of occurring (40%), followed by equal chances (30%) of an above-normal season and a below-normal season. The Atlantic hurricane region includes the



Peak hurricane season starts in August.

North Atlantic Ocean, Caribbean Sea and Gulf of Mexico.

NOAA does not make seasonal hurricane landfall predictions. Hurricane landfalls are largely determined by the weather patterns in place as the hurricane approaches, which are only predictable when the storm is within several days of making landfall.

QUESTION of the MONTH

How many more coastal dwellers are at risk from hurricanes now vs. the 1950s?

The 2019 outlook calls for a 70% probability for each of the following ranges of activity: nine to 15 named storms, four to eight hurricanes, and two to four major hurricanes.

The seasonal activity is expected to fall within these ranges in 70% of seasons with similar climate conditions and uncertainties to those expected this year. These expected ranges are centered on the 1981–2010 seasonal averages of 12 named storms, six hurricanes, and three major hurricanes. Most of the predicted activity is likely to occur during the peak months (August to October) of the hurricane season.

The Atlantic hurricane season officially runs from June 1 through November

30. This outlook will be updated in early August to coincide with the onset of the peak months of the hurricane season. For more on hurricanes, see the link to the full NOAA outlook at fairviewtowncrier.com/links.

Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

WEATHER WONDER

What is an isobar?

It's a place where two meteorologists meet for a drink. (No, not really, but I've wanted to use a joke in this column for a while!)

An isobar is a line of equal pressure that is used in analyzing pressure on a standard weather map. These lines are often measured in 2-, 4-, or 10-milliard increments. When you see lots of isobars over an area, that area most likely is experiencing lots of wind (due to the difference in air pressure).

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Old-time Stories and Skills Are Fading Away

When we first moved onto the farm, we spent a lot of time learning how to do things that many folks no longer bother to learn. I had watched my aunts and grandmother make jam, can vegetables, and make pickles but had never learned myself. I had eaten rabbits that my uncle raised but never butchered them myself. I had helped in the garden as a kid but never really asked why things were done the way they were. I had harvested poke salad with my great-grandmother but never learned about wild harvestables.

Since moving to the farm, I've learned those things plus much more. I've learned to appreciate how interesting these topics and other fading skills are and it's given me a better feeling for just how intelligent our ancestors were without "proper schooling."

In the days before YouTube, learning these skills was much more challenging. We actually had to use books, from the local library system and those we bought (Foxfire books come to mind). We also had to use actual humans, too. We spent time with many of Walter's extended family, including his lovely aunts and humorous uncles, not to mention the prankster cousins. We were lucky enough to have family nearby. And we were lucky that they wanted to share with us, and not just the useful skills but also the stories that make a family.



Spending time with extended family is rarer these days. *(These folks aren't related to the author.)*

I think the present system of using the internet is awesome, and I use it frequently, but I think we've become a mostly impersonal society. I wouldn't give up the memories of the hours we spent with the family for anything. To have missed the family stories that went along with the skills would have been shameful. And to see and hear a true storyteller is an amazing experience. It's not something you can get from TV, movies or even radio.

Recounting history is a most important

human skill, one that we are losing at an alarming rate. We know about the history of our country from school but very few of us know much at all about our grandparents or great-grandparents. With the current mobile society, not many of us got to grow up with our extended family close enough to have daily contact.

As a child, I knew most of my extended family on my mother's side. They had come from the rural areas around Shelby to work in the cotton mills. My grandmother and her eight siblings had grown up during the Depression and learned the many hard lessons that came from that time. All of them grew gardens and canned, and many hunted or raised their own meat.

But in trying to make a better life for their own children, they had not stressed the need to learn a lot of those skills. They wanted their children not to need those skills, but I think they cheated the next generation a little. We don't necessarily need those skills but they sure do tie us to nature in a way that is quickly slipping away from us as a society.

Unfortunately, my parents and my sister's family live about 90 minutes away. That's not very far and we see each other every few weeks, but I often feel like we are missing much of each other's lives. I rarely get to see my nephew play baseball.

They missed my son Andy's performance at the school talent show.

Using some of the skills I learned from them and my extended family growing up, I feel closer to them. Every time I weed or water the garden I think about my aunt and uncle who babysat me while my parents worked. They were hard-core gardeners. They also developed my taste for homemade pickles and cake baking. When I go out blackberry picking I think about my mother's sister and her husband who lived on a small farm in Rutherford County. We went there most summers to pick blackberries and crabapples for my grandmother to make jams.

Last month, I wrote about our personal garden, and things are going well so far. I got everything in the ground except for two plants that the dog sat on. The squash have fruit on them almost big enough to pick (my husband is not a squash fan, so this is not a success in his opinion) and the tomatoes have tiny fruit as well. The eggplant look a little puny but we're not super fans, so I don't think we'll miss them. So far, we've had no cows or moles but there's a lot of summer left.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. Imladrisfarm.com



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Summertime Sun Is a Double-edged Sword

Sunshine is a vital resource for helping our bodies make vitamin D, which is essential for many important elements of our health, including calcium absorption and even our mood. However, too much of it can cause burns and cancer down the road. We are seeing more and more young people who have skin cancer these days. This is in part due to our changing environment, but also because we live at a higher altitude in the WNC mountains.

How long does one need to be in the sun to produce adequate amounts of vitamin D? Typically, about 15–20 minutes a day is enough for most people to make a sufficient amount. Other factors that influence the total amount of available vitamin D include skin darkness and weight. The darker one's skin, the more time is required for the same amount of vitamin D production. Lighter skin absorbs the sun's UV rays more easily.

No One Is Immune

Although darker skin is more resistant to the sun in general, it is not immune to skin cancer. Obesity also tends to lead to lower vitamin D levels because it is a fat-soluble vitamin and tends to get stored rather than being accessible for use by our body.

There is a balance between protecting your skin and getting enough sunlight to maximize the health benefits. Particularly



during the summer, it is extremely important to wear sunscreen when you are going to be outside for extended amounts of time, particularly on the body parts that are the most vulnerable such as your head, neck, chest, back and extremities. I recommend using sunscreen each morning on your face, head and neck if you are planning to be outdoors. Think of it as part of your daily routine: brush your teeth and then apply sunscreen. Make it accessible and keep it in places where you anticipate using it, such as in your car or backpack.

It is hard to choose which type of sunscreen to buy as there are so many different types and brands. For starters, all sunscreens offer some protection, but some are better than others. The Sun Protection Factor (SPF) will indicate how protective the sunscreen is. For example, SPF 15 filters



There is a balance between protecting your skin and getting enough sunlight to maximize the health benefits.

about 93% of harmful UVB rays and SPF 50 filters about 98%. Nothing is 100%. The American Academy of Dermatologists recommends an SPF that is 30 or greater.

UVA radiation from the sun also exists, but there is no SPF rating for it. This is the type of radiation that can penetrate glass and cause wrinkles. Choose a sunscreen that is labeled as "broad-spectrum" because it also affords some UVA coverage in addition to blocking UVB rays.

Sunscreen that you rub on is more protective than the aerosol kind because it is generally applied better. The *New York Times* recently published an article based on an exhaustive comparison of many different types of sunscreens and found Coppertone Ultra Guard (SPF 70) to be its top pick. It is easily applied, water resistant for up to 80 minutes, smells good

and is considerably cheaper compared to other name-brand sunscreens. Coming in second was the No-Ad Sport Sunscreen (SPF 50). The Times liked it because it is comparable to the Coppertone product in efficacy but cheaper and available in bulk. For the record, I don't endorse any brand but have used both of these products and had a good experience with each of them.

More important than the brand is that you are intentional about using sun protection, which also includes wearing long sleeves and broad-brimmed hats. And don't forget to protect your children. They are the most vulnerable. Burns in younger children can put them at greater risk for cancer as adults.

Dr. Gilmer is a family practice physician at MAHEC Family Health Center at Cane Creek.



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Reduce Your Risk of Injury

Now that summer has arrived, many people are going to be spending more time enjoying the outdoors. With opportunities to explore new territories comes the risk of injury. Fortunately, many injuries can be prevented by following a few simple strategies.

Get into a regular stretching/warming-up routine. Stretching can improve flexibility and help prevent excessive strain on muscles that are not yet accustomed to the increase in demand. A good general stretching and warming-up routine should involve your hamstrings, quadriceps, calves, shoulders, and back.

Dress for the occasion. If hiking is your passion, then proper footwear is a must. Shoes that give proper support can decrease the risk for ankle sprains and potential falls, which are the most common injuries for hikers. Check the tread of the shoes. Layer your clothing. Wear loose-fitting clothing to prevent dehydration and overheating.

Stay hydrated. Keep a water bottle with you, especially if you are going to be outdoors for extended periods of time. Drinking fluids before, during, and after exercising is important. Waiting until you feel thirsty before hydrating is waiting too long.

Know the signs of overheating. Heat exhaustion is a serious issue that can

occur when an untrained body has not adapted to the increased temperature and humidity. Symptoms include nausea, heavy sweating, headache, and weakness. Drink plenty of fluids and get into a shaded or air-conditioned area if you notice these symptoms. Signs of heat stroke include decreased sweating, confusion or anxiety, fainting, nausea, and vomiting. If you suspect a heat stroke, call 911.

Don't be a hero. Start out slow and ease yourself back into where you left off last season. If you reduced your activity level during the winter, then easing back into a routine will prevent overuse-type injuries and muscle exhaustion.

Avoid falling into a rut. Your body is going to adapt to the way it is trained, so it's a good idea to change things up and avoid reaching a plateau. This may also prevent boredom that leads to stopping activity altogether.

Listen to your body. Don't push yourself through pain or to the point of exhaustion. If you develop some aches and pains that become persistent, don't wait to seek treatment.

Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. avorahealth.com

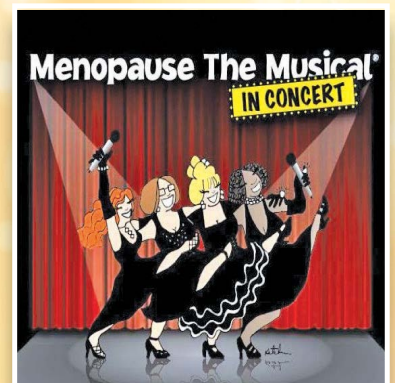
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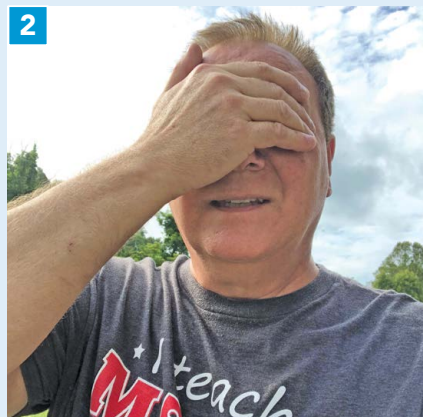
GREG'S MAGIC TRICK

Talking Coin

This trick is so simple but really amazing. Don't forget that a good "story" or patter will help to really fool your audience. You'll need four coins of different value and a table.



- 1 Place four coins on a table while talking about how you have the power to read minds. Ask an audience member to take a coin while your back is turned. Tell them to hold it tightly and to concentrate hard on what coin they are holding so you can “pick up the vibrations” from their mind.



2 Concentrate quietly for a few moments, as if you're reading their mind, but what you are really doing is slowly counting to 30. When you reach 30, with your back still turned, say in kind of a disappointed way that you aren't receiving any

thoughts from them. Accuse them of not concentrating hard enough. Whatever they say, ask for the coin to be placed back on the table with the others. (Remember you are still not looking.) Say that you will try to get the coins to "tell" you which one was selected.



3 Ask the volunteer to tell you when the coin is back in place, and then turn around. Pick up each coin, one at a time, and hold it up to your ear to “hear” it “talking” to you. What you’re really doing is feeling each coin because the one that has been held by your volunteer will be warmer than the others.

4 Once you find the warmest coin, show it to the audience. **Magic!** (You don't have to reveal it as soon as you know which one it is. You might want to struggle a bit. When you finally reveal the coin the audience will be amazed.)

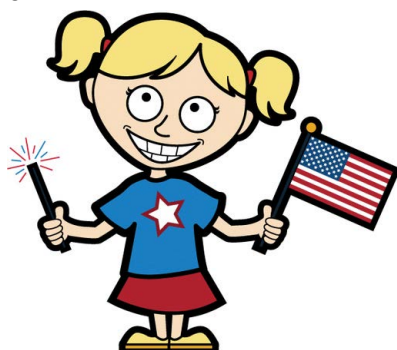
Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.



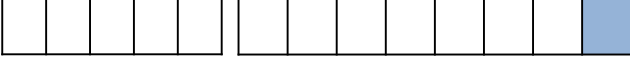
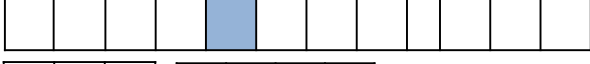
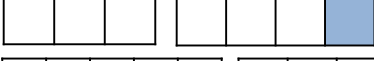
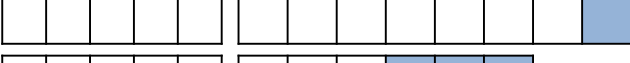

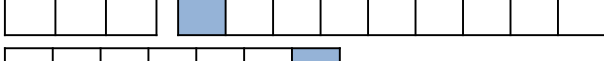


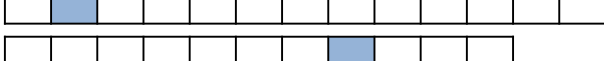
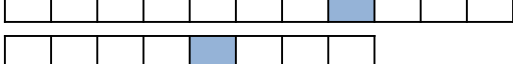

ACTIVITY CORNER

FOURTH OF JULY JUMBLE

The 13 red and white stripes on the American flag stand for the 13 original colonies. The 50 stars stand for each state in the US.

Unscramble each colony and then copy the shaded letters in order on the blanks below to complete the sentence.



WREADALE	
LARYMAND	
THORN LINOCARA	
SYLPENVANINA	
EWN OKRY	
HOUST CLORANIA	
HODER DISLAN	
WEN HIRES PAMH	
AIGROEG	
WNE YESREJ	
CHUMASTTESSAS	
CUTONINECTC	
GINVIRIA	

The last two stars on our flag belong to...

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Getting Started

Do you know the names and dosages of your medications? Here is an easy way to “organize” your medications so that you recite them off the top of your head:

- Get a piece of paper, pencil and ruler. Make several columns on the sheet. If you know how to use a computerized spreadsheet (like Excel), that is even better.
- Gather all of your medications and place them on a table in front of you.
- Gather all of your vitamins and other medicines (herbals, etc.)
- Have your phone/address book available. For each drug/vitamin, look at the bottle or box for the following

[illegible]

An example of an Excel spreadsheet

information and write it down (or enter it on your spreadsheet):

- The name of the drug/vitamin/over-the-counter medication, exactly as it is printed;
- The strength (1 mg, 500 mg, etc.);
- The frequency and how often (For instance, “Take 1 tablet by mouth daily”);

- The name of the doctor who prescribed the medicine;
- The reason you are taking this medication.

Additional Information

I also list the name and number of the pharmacy I go to, the names of medications I am allergic or have a reaction to,

and the name and number of my emergency contact. I keep a copy in my wallet so when I go to doctors' appointments I can give the office the exact information they need. In an emergency, it is in my wallet if I am unable to respond. I keep a copy of the medication list in my home medical file, and bring a copy with me whenever I travel. When my prescriptions change, I make sure to update the list.

Having this list with me at all times is extremely comforting. I know this information will be presented to a health care provider in an emergency and I do not have to worry about drug interactions or reactions if more medication needs to be prescribed. This document can be copied and given to neighbors if you like (in case of an emergency) or taped on the refrigerator for easy access. This is one of the most important documents you should have. Take time now to organize your medical information, as it may save your life. You will feel better knowing you're prepared and organized.

Diana Soll is a Certified Professional Organizer living in Fairview. She is a past president of the New York chapter of the National Association of Productivity and Organizing Professionals. For more information, you can email her at Diana@grandsolutions.net.

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Feeding Students in the Summer

During the school year, in the 16-county area of WNC, 45,000 students get free lunches at school. On Fridays, the schools send home 186,716 MANNA packs to provide meals over the weekend for these students. School ended in early June here in WNC and those weekly programs also came to an end.

Food for Fairview has established a student area where parents and/or grandparents can pick up items for the school-age children in their household. These items are in addition to the items the pantry's clients normally can pick up for their households. Over the summer, the following items will be available from the student area: brownie mix, toaster pastries, pudding snack packs, breakfast cereal (apple and crunch berries), applesauce, raisins and dried fruit, granola bars, fruit roll-ups, mac 'n cheese, canned mini ravioli, loaves of bread, American cheese slices, and frozen individual pizzas. The Emergency Food Assistance Program (TEFAP) will provide milk to the pantry's clients.

These items are almost exclusively purchased at retail by the pantry to provide for the needs of the children. You can donate these types of items at Americare Pharmacy at 1185 Charlotte Highway. And starting July 1, you'll be able to leave donations at the Fairview Library (1 Taylor Road, Fairview).

As I mentioned last month, the pantry is still looking for an assistant manager. The job description calls for 10 to 15 hours per week of involvement. We are looking for someone who wants to be active in the pantry and has some computer skills. If you are interested in volunteering, it would be best to contact the pantry on Monday afternoon, when we are open, to speak to the pantry manager. You can also contact the pantry by email at food4fairview@gmail.com or leave a message by phone at 628-4322.

Jeff Cole is the Executive Director of Food For Fairview, which is a tax-exempt 501(c)(3) Corporation. For more information, please call 628-4322 or go to foodforfairview.org.

How You Can Help

Donation of food is always appreciated. The food should be non-perishable canned goods and food staples in good condition within the expiration date. Produce from local gardens, diapers, paper products, and hygiene items are welcome. You can drop off items at Americare Pharmacy, 1185 Charlotte Highway, from 8 am–6 pm Monday to Friday.

What to Do When Tech Gets Wet

Whether you get caught in the rain or spill a glass of water, it's good to review what to do if your phone or laptop gets wet.

The first thing to do, as soon as possible, is power off your device. Hold the power button down on a laptop for 10 seconds or hold it in on a smartphone until you get the prompt to turn off your device. If you are comfortable with popping out the SIM card and micro SD card on your phone (if you have one), do so. Dry and shake out all the water you can, then point a hairdryer on a low-temperature setting at your device. (See article at fairviewtowncrier.com/links about using isopropyl alcohol—and not rice—to displace water.) Now comes the hard part: Wait for at least 24 hours. Fight that urge to check every few hours.

Other things that gunk up smartphones include the charging port gathering lint (use tweezers or a plastic toothpick to get it out), dirt in the speakers or microphone holes (blast it with compressed air), and dirt and food on the screen (use eyeglass cleaning cloth and spray). Unidentified sticky stuff might come off with rubbing alcohol and finger action.

Solid State Drives (SSDs) don't give you that same audible steady clicking of impending failure that traditional spinning hard drives do. But there are

good free apps to check the health of an SSD. You can run either CrystalDiskMark for Windows or Smart Reporter Lite for macOS (see links at fairviewtowncrier.com/links). Both will run in the background and let you know of flaws before they totally eat your hard drive.

Don't get stuck just on YouTube or Vimeo. There are many videos on Metacafe, Dailymotion, Veoh, The Open Video Project, 9GAG, TED Talks, or even The Internet Archive.

Digital photos can rot, meaning that those old external drives containing family photos do need to be recopied to newer drives every three to six years. The really important or valued photos should be stored in multiple places, maybe including online.

With all the hoopla over top commonly used search engines marketing what you look for, you should know that there are search sites out there that don't. Wolfram Alpha (wolframalpha.com) is an example of a browser that doesn't show ads and provides a different level of information than you might be used to.



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Fairview's Musical Monk

Life's different angles lead to Brush Creek

by Clark Aycock

It was during that extra-hot stretch in early June when Adi the Monk showed up for our interview in his suit, tie and hat. He seemed out of place at the library, among all of the rest of us in our t-shirts and shorts. He was cool, calm, not sweating at all.

I had told him I wanted to take a few photos after we talked, so I thought he chose to dress like people would see him at one of his gigs. He was “in character,” so to speak. But after spending an hour with Adi, I learned that there is no character—just a cool, calm, determined person who seeks balance in his life. It's perhaps what you'd expect from a former monk. But how many monks go on to win a Toughman competition?

A love of music has run through Adi's life. Alongside that, though, is an ability—or a drive—to dedicate himself to new pursuits.

At 19, after having spent time studying the spiritual literature of India (especially Bhagavad Gita) and practicing meditation, he decided to move into a temple. “I became convinced that there was no more important purpose for me in life than to understand our original, spiritual existence—beyond the body and mind—and to learn how to properly conduct myself on that platform,” he said.

He had to give up his attachment to Western ways, including his guitar. He'd been a bluesman, listening to and playing along with Muddy Waters, Howlin' Wolf, Hubert Sumlin and Robert Johnson. (It probably didn't hurt that he spent his teens just south of

Chicago.) “I loved the soulful expression of the blues,” he said.

After years in Chicago, Nepal and India, Adi (pronounced ah-dee, which is short for Adi Purusa das, a spiritual name given to him) moved to Kansas City, where his guru is located. The temple there had an all-monk rock band, and this led him back into playing guitar.

Then that same drive to experience new things and seek balance that led him into the temple also pushed him out. He began to feel an itch. “I wanted to see the world from a different angle,” he said, so he moved to the Philippines—where his mom is from. He experienced many new things there—learning about his cultural heritage, mastering a new language (the Ilongo dialect), marriage to his wife Ace, having a child, and learning and teaching Filipino martial arts.

He did this in his characteristic head-on, determined style. “I ran a store with my wife. Buying and selling things is an excellent way to get immersed in a language,” he told me. So, no, he didn't use an app.

And through all these experiences, he still loved music, loved playing the guitar, and always wondered if he could make money doing it. So how did he get from working in the Philippines to playing gigs at Whistle Hop? (And what about that Toughman competition?) Stick with me.

After those five busy years in the Philippines, he heard the call of the wild again. Literally. Looking at job listings in the US, he saw opportunities to be a wilderness therapy instructor. “When I



Adi at the crossroads. No, not in Mississippi. It's the intersection of Brush Creek Road and Bethany Church Road, near where he lives.

found out that I could make a living by being a teacher in the woods and living out of a backpack—sign me up,” he said. And so he packed up his family for a job in Old Fort. And that's why he's in this area.

After that, he owned several martial arts studios. Remember those Filipino martial arts a few paragraphs above? He teaches the Kuntao and Eskrima styles, which are rare in the US. His last studio was on Merrimon Avenue across from the Harris-Teeter. He practiced what he preached, winning the middleweight division of the Asheville Toughman Boxing Competition in 2010. After a few years of success for him and his studio, though, he began to feel like he had achieved many of his goals. And that love of music was still there.

“I started playing professionally in 2016 ... with my favorite local singer, Rhoda Weaver [also a Fairview resident],” he said. “I spent a couple years performing solo on the street...until I started to gain some recognition and get regular gigs.” The musical style, like the man, is hard to pin down. That's what happens when you combine classic rock, blues, Sanskrit chanting, and Filipino folk music. When people ask what kind of music he plays, he says “blues, jazz and

soul. Soul is my favorite word to describe what I play.” But he doesn't like using labels for his music (or himself). He just plays “what's in me, whatever comes out.”

He just released his latest album, “Soul of the Streets,” on which he played all the instruments, including keyboards, except the saxophone parts.

He recorded it at his home studio in the Brush Creek area, where he moved in 2016. He and Ace had always kept an eye on Fairview when looking for houses. “We always liked it east of Asheville,” he said. “We wanted a patch of woods, and to be out of the city...It's so peaceful here. We're really happy to be here.” Ace owns Sew & Sew Custom Sewing & Alterations on Tunnel Road in east Asheville. They have two daughters, Lila, 13, who will attend A.C. Reynolds Middle School, and, Nina, 5.

In addition to regular gigs at the Biltmore, Carmel's Kitchen & Bar, and Sunny Point Café, you can catch him locally at Whistle Hop Brewery every other Thursday and the last Saturday of every month.

For more information, go to his website at adithemonk.com.

Clark Aycock is the editor of the Fairview Town Crier.



Adi and a young fan at Whistle Hop Brewery (Photo by Barbara Miceli)

New Faces at Fairview Elementary

by Kenya Hoffart

The administration and staff at Fairview Elementary is excited to welcome four new members to their team. These new teachers are eager to grow every child, every day.

Tina Dula was a stay-at-home mom who discovered her calling to teach while volunteering in her children's classrooms. She went back to school and graduated from UNC-Asheville in 2011. She has been teaching kindergarten for eight years and will continue that exciting journey at FES. Dula and her husband have a blended family with six children, three of which were Fairview Cardinals. For her, teaching at FES feels like coming home again.

Taylor Dale earned her undergraduate degree from Appalachian State University in 2018 and continued on to earn her graduate degree in 2019. Dale comes from a long line of teachers and feels like teaching is in her blood. She is a big advocate for global learning and has taught in Costa Rica, Mexico and Nepal. She will be a second grade teacher.

Leah McMinn has been teaching for 13 years. She has taught both fifth and sixth grades. She finished at Western Carolina in 2004 with an undergraduate degree and then again in 2007 with a graduate

degree. McMinn lives in Fairview with her husband and two children. She will be a fifth grade teacher.

Andrea Sellers graduated from Appalachian State with a undergraduate degree in 1991 and from UNC-Charlotte with her graduate degree in 2001. She has taught third, fourth and fifth grades. She also worked as a Title 1 Literacy Specialist for six years before working as a literacy coach for the last three years. As a literacy coach, she worked mostly with teachers. She really missed teaching children, though, so she's getting back in the action of supporting student's literacy needs as the Title 1 Literacy Specialist. Sellers grew up in Buncombe County and after living in Georgia and Charlotte, she returned to the Asheville area to make a home with her husband and daughter.

Each of these highly qualified teachers is eager to welcome students back to school on August 19.

Kenya Hoffart is the VP of fundraising and communications chair for the FES PTA.

Clockwise from top left: Taylor Dale, Andrea Sellers, Leah McMinn, Tina Dula



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Buncombe County's Virtual Academy Isn't Science Fiction

Ansley Fuchs, recent Fairview Elementary graduate, has enrolled in the Virtual Academy and will travel to parts unknown in the next year with her family in their self-contained transportation unit. They launched on June 15. Sounds like Star Trek, doesn't it? That's appropriate for a future Reynolds Rocket.

Actually, their transportation unit is an RV. And here's what Ansley told me about their Earth-bound itinerary: "We don't have the whole year mapped out but as of now, the highlights are Kentucky Horse Park, Indiana Dunes, Chicago (my mom is a big Bears fan), Mt. Rushmore, Yellowstone, Glacier National Park and Seattle. We cruise from Seattle to Alaska and back to Seattle in late August.

Home for Thanksgiving

"Once we are back on land, we will head to Crater Lake, the redwoods, San Francisco, Yosemite, Los Angeles, Grand Canyon, Carlsbad Caverns and Denver. We hope to be home for Thanksgiving, and we will travel the southeast next.



Ansley Fuchs

In addition to her core classes of English, science, math, and social studies, Ansley will take health, photography, and creative writing. BCSVA even provides a free laptop computer for students through the Digital One-to-One program.

"In spring 2020 we will hit the northeast once it thaws out." It sounds like a family-friendly movie plot, and the trip of a lifetime.

From an educational perspective, this amazing excursion is possible for Ansley because of the Buncombe County Schools Virtual Academy (BCSVA), a new program we're launching next school year for students in grades 6-12.

Free Laptop

In addition to her core classes of English, science, math, and social studies, Ansley will take health, photography, and creative writing. BCSVA even provides a free laptop computer for students through the Digital One-to-One program (families provide online access). Ansley's dad, Brian, has figured out how to access Wi-Fi in the RV, even in remote places. As mom Joy said, "Hopefully he succeeded, but I guess we will find out in Yellowstone."

Brandon Rice, Buncombe County Schools' Distance Learning Coordinator, has helped the Fuchs family and many others enroll in this new program. There's an easy pre-application form on the website, which is followed by a personal meeting with Rice to discuss next steps. BCSVA



The Fuchs kids at the Kentucky Horse Park, one of the family's first stops on their journey.

is free for Buncombe County families, whether they are on the road or prefer to homeschool, as long as the students take two or more online classes. Students who want to take only one class or live outside of Buncombe County can participate for a fee. In addition to the Fuchs family, there are BCSVA students who will be traveling to Ecuador, France and Chile.

Policy Changes

As you can imagine, launching a new program of this magnitude has many ripples. At our regular June meeting, the Board of Education approved two policy changes to address BCSVA: Policy 3101 (Dual Enrollment) and Policy 3105 (Home-school Dual Enrollment for Athletics).

With this second policy, homeschool students who participate in BCSVA

and take at least one class in the school building may participate in high school athletics. For more details, visit the "District Policies" page at buncombeschools.org.

If you'd like to learn more about the Buncombe County Virtual Academy, check out virtual.buncombeschools.org. And the plan is for Ansley to document her family's travels in the Town Crier. Her world just turned upside down, though, so it may take a while for her to get started.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu

STUDENT OF THE MONTH: GEORGE MARTINEZ

Our June ACRHS Student of the Month is George Martinez.

According to his teachers, George is an incredible young man. He has been recognized as the most improved senior, an award that takes into account academics and character. He is always thoughtful and respectful, and is a hard worker at school and for the football team.

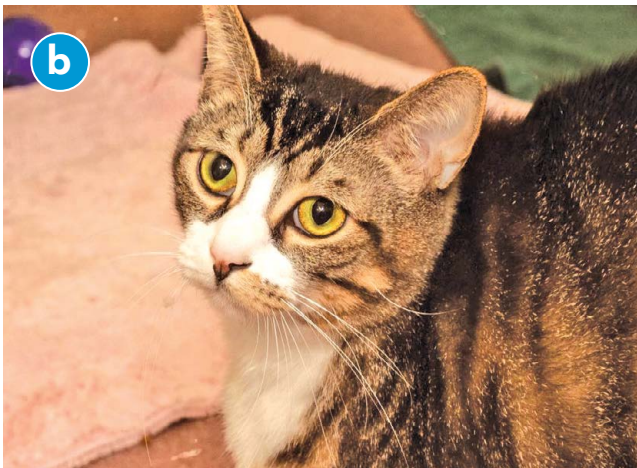
All winners receive a special mug from the *Town Crier*.



Preschool Graduation in May



Trinity of Fairview Preschool celebrated the graduation of their Firecrackers class in May.



a. Harley is a gentle 9-year-old with excellent house manners. He needs a home with no cats or small animals and would prefer to meet any other dogs you have before going home. *Humane Society*

b. Awi is the kind of guy who knows what he wants and isn't afraid to tell you. He's lived successfully with both cats and medium-sized dogs. *Humane Society*

c. Cassie is about 3 years old. She loves children and adores being in your lap. She prefers a home without other animals, as she likes to be the queen of her domain. *Charlie's Angels*

d. Aja is a tiny girl who needs to be spoiled. She loves to be held, and wants to be the only pet in the house. Due to her small size she will require an attentive adult family without children. *Charlie's Angels*



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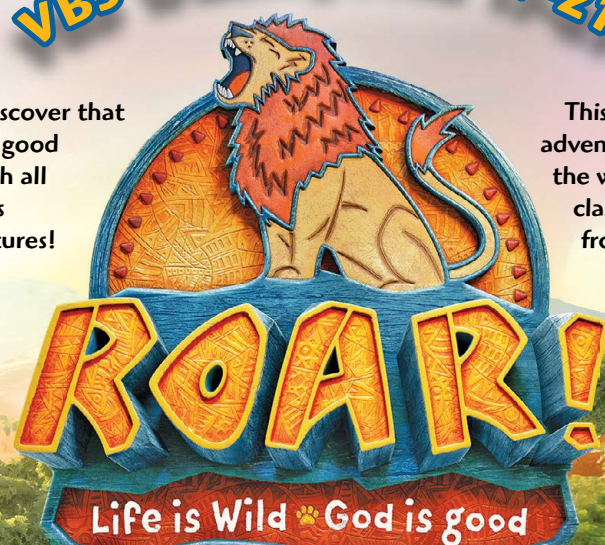
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Common Traps in New Dog Ownership

There's a quote I love and have carried around with me for years: "[U]nderstanding grows confidence, confidence blossoms into deep connection."

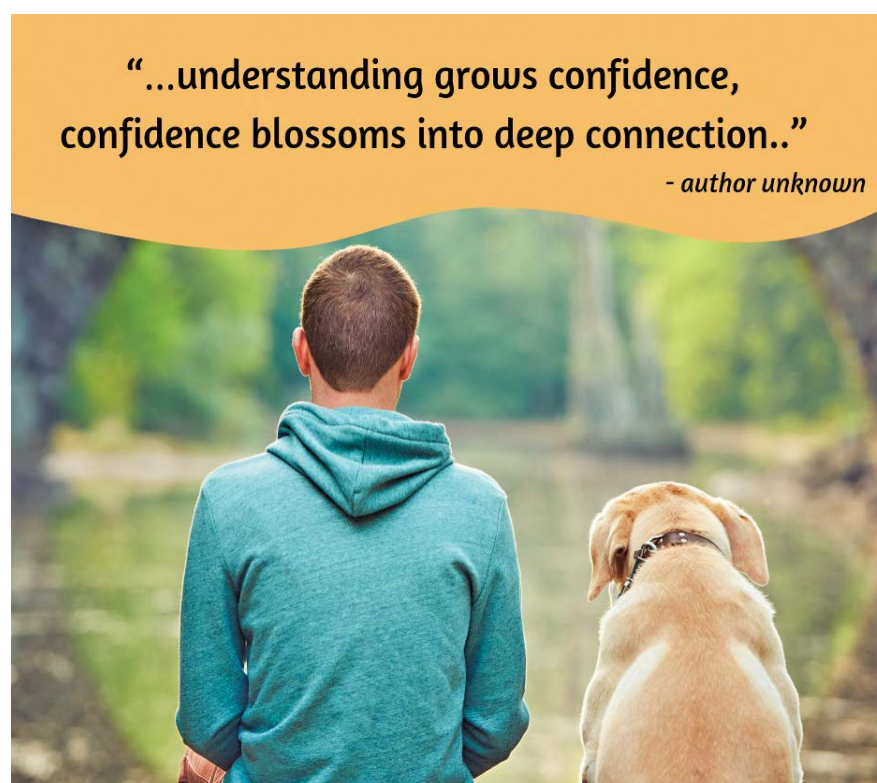
It is very powerful and has applications in so many areas of life, but how does it apply to dog training?

Everyone has formed expectations for their dog. Some of us have very high expectations because we have special needs in our family (small children, elderly parents, etc.) or maybe because we do sport activities with our dog (agility, K9 Nosework, obedience trials, Mondri Ring, Schutzhund, etc.). Others of us just want to let our dog be a dog, so our expectations are lower. Many owners use their dogs for working, like herding. For those old enough to remember Lassie or Rin Tin Tin, or more recently Benji, Bolt, or Marley, some of our expectations have been influenced by Hollywood.

Managing Expectations

We all have expectations of some sort for what's acceptable, what is not acceptable, and what we want our dog to do. (Whatever the expectation, we should all respect our dog for the marvelous creature it is.) But is your dog aware of those expectations you have for her?

How do you communicate those expectations to your dog? Do you correct



your dog for their misunderstanding of a standard you haven't even taught them?

In a human scenario, you choose a life partner and start your “home life” together. There is probably an assumed expectation that both people contribute to

paying the bills and expenses, and maybe there is an expectation of shared work to keep the home presentable. The pets or kids need to be cared for so one partner can occasionally go on a hike with friend. How do we figure all this stuff out?

The answer is communication. If one being in a relationship operates in a vacuum, the relationship is destined to fail.

We don't want our relationship with our dog to fail, but expectations do—a lot. To prevent this, you need to communicate your expectations to your dog, whether you do it on it your own or enlist the help of a professional trainer. Teach your dog what you want and practice it. When they do it right, praise them appropriately. When they do it wrong, let them know (in a loving way—no violence, please!). You have to communicate with them to let the know what is right and wrong.

As your dog's understanding of your expectations grows, its confidence grows (remember that quote?). When your confidence in your dog grows and its confidence in you as its handler and caretaker blossoms, a very deep relationship and connection is built between you and your dog.



Tracy Peabody is the owner and head trainer of Woof in the Woods and Specialized K9 training services. For info on lessons, classes, and products, call 222-2222. 1451 Charlotte Highway, Fairview. woofinthewoods.com

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Evening Life Groups & SPK Kids 6 pm
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'Cupcakes and Crazies' at UHNGCC

The Hickory Creek Players will perform in their annual summer Little Theater at the UHNGCC located in Gerton on the last weekend of July, Friday and Saturday nights, 26th and 27th. Doors open at 7:30 pm and play begins at 8 pm.

"Cupcakes and Crazies" is the name of this year's world premiere, written by Jason Hernandez. The cast of the play will include locally well known and seasoned actors Jason Hernandez, J.D. Nappi, Gloria Anders, and Sadie Moore. Set in the office of a psychiatrist, several patients will appear with their problems, hoping to have them solved with professional help. Come and find out the nature of what is troubling them, how the therapist goes about pointing out what could be helpful, and who, in the end, saves the day. Bring your family and friends. Gerton's summertime theatrical offerings are NOT an evening to miss.

ACRHS Grad Receives Scholarship

Audrey Meigs has been awarded the John Montgomery Belk Scholarship from Davidson College. In the Davidson class of 2023, she was one of eight recipients chosen from more than 1,200 nominees from around the world. The scholarship, which includes full comprehensive fees and special study stipends for travel and study, recognizes academic prowess, integrity, passion for life, and records of distinction in myriad areas of school and community life. Audrey is the daughter of proud parents Karen Wallace-Meigs and Dr. Thomas E. Meigs.

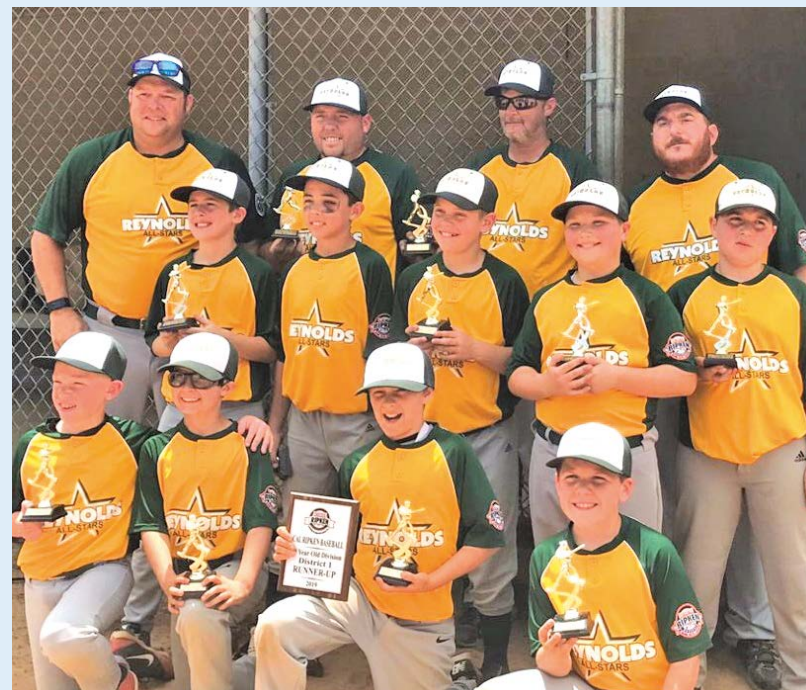
Grief Support Group at Trinity



Trinity of Fairview will be starting a GriefShare ministry that will meet every Thursday from August 1 to October 24, from 5:45-8 pm.

GriefShare is a friendly, caring group of people who have all recently lost a spouse, child, family

member or friend. It's available to anyone in the community, with a cost of \$15 for the workbook (with some scholarships available). For more information or to register, contact Jesse Looney at 628-1188, extension 202 or email griefshare@trinityoffairview.org. You can also register at trinityoffairview.org.



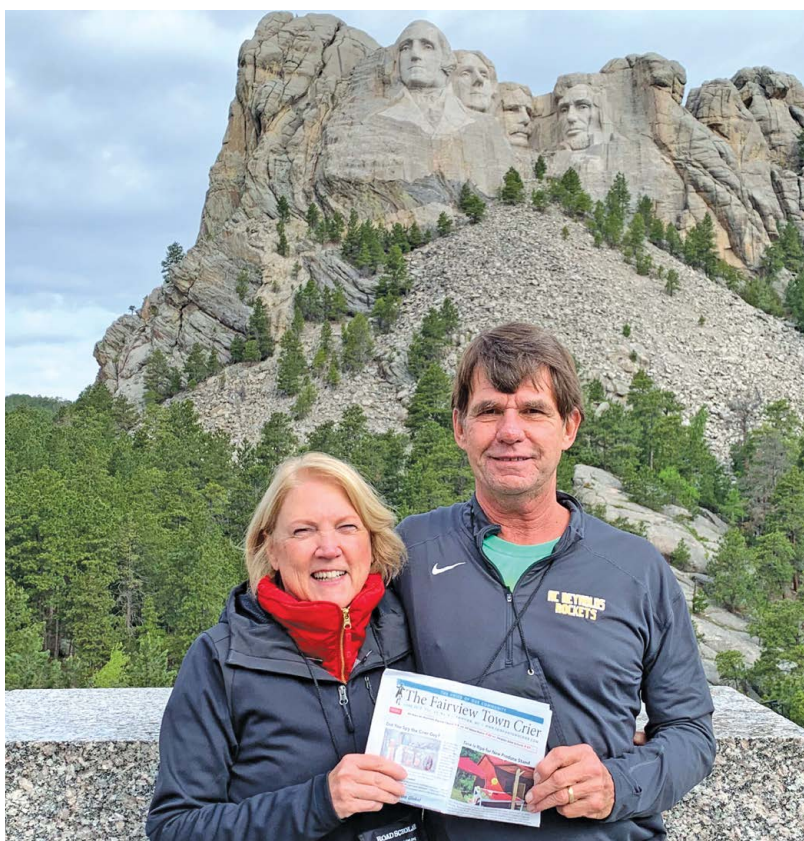
Local Sluggers Make State Tourney

Congrats to Fairview Athletic Association's 10U Reynolds All-star baseball team, who took second place in the Cal Ripken District. The team went on to play in the state tournament at South Buncombe at the end of last month.

Players on the team include Stephen Anderson, Gage Borrosco, Zachery Byrd, Blain Green, Andrew Mincey, Brody Melin, Brady Mitchell, Dane Satterfield, Joshua Thompson, and Branson Winkler. The coaches are Cliff Green, Cody Mincey, Ronnie Thompson Jr., and Lewis Anderson.

ON THE ROAD

Paul and Linda Saylor visited Mount Rushmore on a week-long trip around South Dakota, which also included stops in the Black Hills, Custer State Park and the Badlands. Linda said she had no idea what was there, but "after spending six days...in that beautiful, amazing state, I now know there is much more to South Dakota than Mount Rushmore." Look for a travelogue of their trip in an upcoming issue. Thanks for bringing the *Crier* along!



Weed Patch Mountain Trail Wins Award

Lake Lure's Weed Patch Mountain Trail has been recognized as one of the best new trails in the nation. Last month, the national Coalition for Recreational Trails gave its annual achievement award in the category of trail design and construction to Conserving Carolina and Chris "Shrimper" Khare for their work on the trail.

Peter Barr designed the trail and Khare, of Terra Incognita Trail Specialists, led the construction.

It was the second year in a row that Conserving Carolina won the national award. In 2018, the award went to Barr and Conserving Carolina for Wildcat Rock Trail in Gerton.

Weed Patch Mountain Trail runs 8.6 miles through Lake Lure's Buffalo Creek Park and connects to Chimney Rock State Park. It also provides the first access to Eagle Rock, a newly established destination for rock climbers.

The trail was completed in only one year. In addition to designing the trail, Conserving Carolina helped fund the project through private donations to supplement the Lake Lure's grant. It also facilitated the creation of the 1,500-acre Buffalo Creek Park and its permanent protection via a conservation easement.

A tight timeline due to an expiring grant forced Barr to design much of it with Khare digging just yards behind. The project faced additional obstacles

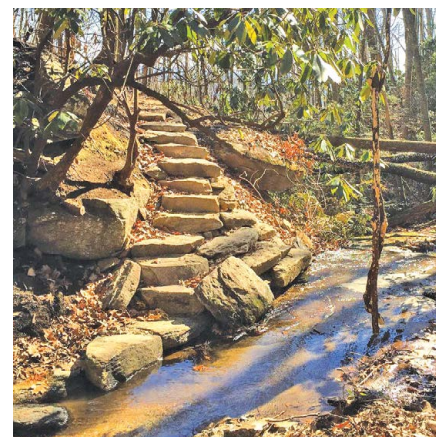


PHOTO BY BRAD ALLEN

including crossing private property, remote and rugged terrain, and the 7,200-acre Party Rock forest fire that engulfed the surrounding landscape during construction.

The trail was designed and constructed to high standards of sustainability, with features that help prevent erosion, minimize impact to natural resources, reduce needs for maintenance, and enhance users' experience. These features include a moderate grade, curvilinear design, and more than 200 masoned stone steps and hundreds of yards of rock armoring of the tread.

You can find more information at conservingcarolina.org/weedpatch.

Women Must Look Beyond Social Security to Help Fund Retirement

Women tend to depend more on Social Security for several reasons, including longer life spans, lower average earnings and more time spent away from the workforce to care for family members. Nearly half of all senior unmarried women receiving Social Security benefits rely on them for 90 percent or more of their total income, according to the Social Security Administration.

But this isn't by choice, because Social Security payments by themselves are not enough to fund retirement. If you're married, your situation is somewhat different, but you don't want to depend on Social Security too much. To help boost your chances for a comfortable retirement lifestyle, what should you know about Social Security and other steps should you take? Here are some suggestions to consider:

- Understand your Social Security benefits. You can start taking Social Security as early as 62, but your checks will be bigger if you wait until your full retirement age, which likely will be between 66 and 67. You can also defer taking benefits up to age 70 and receive even higher benefits. Social Security offers spousal and survivor benefits, so it's important that you coordinate your actions with your spouse. For example, you are entitled to receive up to half of your spouse's full

retirement benefit (offset by your own benefit, and reduced if you claim early). Additionally, the survivor benefit can provide either your benefit or 100% of your deceased spouse's, whichever is larger. It may make sense to have the higher-earning spouse delay taking benefits for as long as possible to maximize the survivor benefit. You might be eligible for spousal and survivor benefits if you're divorced, so it's important to understand all of your options.

- Contribute as much as you can to your retirement plans. Because women take more time away from work to care for their families, they often have lower balances in their employer-sponsored retirement accounts. That's why you may want to put in as much as you can to your 401(k) or similar plan – at least enough to earn your employer's matching contribution, if one is offered. And whenever you get a raise, increase the amount you contribute. Even if you have a 401(k), you may still be eligible to invest in a traditional or Roth IRA. And with both your 401(k) and IRA, fight the temptation to invest too conservatively, especially if you're many years from retirement. To make substantial progress toward your goals, you will need a reasonable amount of growth-oriented investments in all your retirement accounts, while still accommodating your risk tolerance.

- Create an appropriate withdrawal strategy. When you retire, you'll need to calculate how much you can afford to withdraw each year from your 401(k), IRA and any other retirement accounts. You don't want to withdraw too much, too soon, and risk outliving your resources. You may want to consult with a financial professional who can help you determine a withdrawal rate appropriate for your age, income sources, lifestyle, projected longevity and other factors.

The suggestions above can apply to everyone. But as a woman, you may find them particularly import as you strive to achieve the retirement lifestyle you deserve.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

MAY FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	39	3,400,000	170,000	597,113
Homes Sold	15	1,175,000	249,900	484,917
Land Listed	12	600,000	29,000	134,317
Land Sold	2	395,000	132,000	263,500

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

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2020 Budget Supports Education, Housing, Fire Dept.

The Buncombe County Board of Commissioners passed the 2020 budget on June 18 under the leadership of County Manager Avril Pinder and county staff. The total budget projects \$334,454,722 in general fund revenue and expenses and will be accomplished without a property tax increase. Education, human services and public safety, including law enforcement and emergency services, are the largest uses of county funds.

There were long, challenging conversations as we worked toward making the most of your tax dollars while ensuring we provide effective, efficient services for everyone. It was an incredible learning experience for me, and the staff was patient and welcomed with my questions. Responsible government allows for questions, answers and transparency, and I experienced all of those.

The two areas of the budget I am most pleased about are the investments in early childhood education and affordable housing. We are investing \$3.6 million in schools and nonprofit organizations that will be tasked with increasing the availability of high-quality early childhood education and developing workforce training to increase the number of trained preschool teachers. Early childhood education is vital to the success of children, and research has proven that children who have participated in preschool education enter kindergarten more prepared,

and throughout their educational careers they have higher academic achievement and are more likely to attend college.

As a member of the Affordable Housing Committee, I am encouraged to see a commitment of \$3.8 million to affordable housing initiatives to maintain our vibrant county and ensure that everyone has a safe, affordable place to live. Our largest investments will support Mountain Housing Opportunities' East Haven project in Swannanoa and Asheville Habitat for Humanity's Old Haywood Road Neighborhood. We will continue to support the Affordable Housing Services program and A-Hope Day Center. These results-driven organizations are committed to permanently affordable rent projects and homeownership programs. No organization can solve this crisis alone, and the 2020 investment is just one way to address the growing challenge. All organizations and local governments need to be at the table to plan and strategize cohesively.

The budget supports over \$630,000 in strategic partnership grants. These grants will help nonprofit organizations in our community deliver services to many residents, including afterschool and youth development programs, educational enrichment, job training, legal services, and arts and culture programs like Shindig on the Green.

Finally, the budget supports the fire service and law enforcement. I think these

requests are important to fulfill as these people put their lives on the line to keep each of us safe. Five fire districts requested an increase in the fire tax to hire new personnel, increase firefighter wages, and purchase equipment and vehicles. The Fairview Fire Department was granted a three-cent increase to boost current staff wages to the state average salary, hire nine additional firefighters to meet state and national requirements, and replace vital equipment. These are all investments to ensure that all residents of Fairview have a full staff of firefighters equipped to provide fire protection and safety. The Sheriff's Department will hire six new patrol officers and four new detention officers as well as replace several of their aging vehicles.

I would always like to see more funding for our K-12 schools and A-B Tech. However, I am pleased to see that communication is already increasing between commissioners and county staff and school leaders, so that we know their needs throughout the entire year. The budget does include a funding increase of \$3,557,230, 4.24% over the 2019 budget for schools. The needs of our libraries and parks and recreation need to be addressed as we plan for 2021, as this budget did not afford us the opportunity to focus on their needs.

County Manager Pinder recently announced the candidates selected to join

her staff as assistant county managers. Dakisha Wesley will join us from Lake County, Illinois, where she oversees the justice departments. She is also the coordinator of the MacArthur Foundation Safety and Justice Challenge, which is a grant the county is implementing. Also joining the county staff will be Sybil Tate, who worked for Person County, NC, since 2012 and where she currently supervises parks and recreation, planning and zoning, and libraries, among others. She also served as the Economic Development Coordinator and Performance Manager in Chatham County.

Pinder has stated that hiring two county managers will allow her "to take more of a big-picture approach...while allowing the assistants to provide oversight of day-to-day operations of their departments." I am looking forward to working with the assistant managers as we continue to work to restore trust, accountability and transparency.

Over the coming weeks, county staff will begin a strategic plan working alongside commissioners. I am excited about this process and the opportunity it affords us to look at the needs of Buncombe County so we can chart a new course to serve each of you.



Amanda Edwards is one of the District 2 representatives, along with Mike Fryar, on the Buncombe County Board of Commissioners. She can be reached at amanda.edwards@buncombecounty.org or 484-6385.

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To everything there is a season...

Ron Bradley, owner of **PostNet of Asheville**, is closing the storefront business as of July 31. The retirement of longtime staffer Keith, along with Ron's increasing desire to have more flexibility to get out and about, influenced his decision. He won't be retiring, though, and our community won't be losing the variety and quality of services PostNet has delivered for 20 years. Instead, Ron will run the graphics and printing business from his home in Fairview and customers will now enjoy free delivery. Orders can be placed in person or through email and/or phone calls (ron.bradley@postnet.com). Additionally, Ron's new partner has vast experience in graphics and printing, which will allow Ron greater freedom to travel and plan mission trips, his passion. In Ron's own words, "This is not the end, but rather the beginning of a new adventure...a new season. I look forward to continuing to serve you as I move forward into this next season of my life."



While Fairview and the surrounding community has fully embraced the incredible edibles of **Rise Above Bakery & Cafe**, there are still many lamenting the closing of **Ruth & Ranshaw Bake Shop**. For those, there's good news, according to a recent Facebook post by sisters Colleen and Clair. "We're Back!" the post reads, "With all three babes now over the age of one...we are finally ready to tackle some additional orders. Through the rest of 2019 we will be hosting a few pop-up bake shops, taking on individual small orders, and

Happy new season, Ron, and best wishes to Keith on his retirement.



creating items for all of your holiday needs. There will be no brick and mortar location, there will be no big staff...but the same recipes, the same attention to detail, and lots of fun and delicious items coming your way! Taking it back to two sisters and a truck."

If you would like to discuss a potential order, you can email them at RuthAndRanshaw@gmail.com or message them through Facebook at facebook.com/ruthandranshaw/.

Please specify fresh strawberries and whipped cream should you want to order me a cake for my upcoming birthday. :)

Speaking of Facebook, there was a recent scare. I regularly monitor the "I Love Fairview NC" page and someone posted an alarming question: "When did the pizza place close?" They were asking about **Sky Mountain Pizza** just down from



KD's. Apparently they thought there was a "For Sale" and "Closed" sign posted. This misconception didn't last long, as many rose to the occasion to straighten things out. One person wrote: "This is bad information. I just spoke with them and they are not closed and not for sale. Go have a pizza for dinner!" And another went so far as to post: "They're open 6 days a week/ closed on Mondays. They close between lunch and dinner & reopen at 4 pm. Great food and great people!" Phew. Another near disaster averted. Stay in touch with Joe and Ally's happenings at skymountainpizza.com or at facebook.com/pg/Sky-Mountain-Pizza/.

Social media is where we seem to find out what's happening in our little slice of heaven here. A recent post on a local Next Door group noted the sign announcing the construction of "**Asheville Heights Apartments**," which is next to Sayles Nursery. Yup, it's true. 1135 Gashes Ridge Lane, which is about 22 acres of wooded land, was bought by MACP Asheville Hall LLC out of Carmel, California. The scuttlebutt is there will be 190 HUD apartments when finished.



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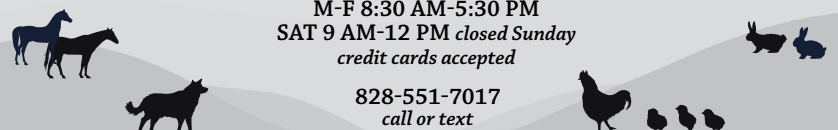
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by Candice Yount

The Fairview Business Association was started 20 years ago when a group of small, local business owners had a vision to support each other in common concerns, challenges and opportunities. By focusing on networking and community integration, the FBA found its role as a dynamic local resource.

New Members!

- Tracy Peabody of *Woof in the Woods*

June Meeting Recap

The meeting at Troyer’s Country Amish Blatz felt more like a party than a meeting. The setting was spectacular and the table was full of delectable offerings. Everyone got a tour of the darling Airbnb rooms and outdoor event venue. (See photos from the event, below.)

July Member Meeting

Our next meeting is Thursday, July 11 at 6 pm, and will be hosted by Laura Telford of Trout Lily Market & Deli, 1297 Charlotte Highway in Fairview. Since buying the business in 2018, Laura has put her mark on Fairview’s favorite

natural store by incorporating a top-notch coffee and espresso bar (she and husband Rick also own Biltmore Coffee Roasters) and expanding the deli offerings, including a wide selection of gluten-free and vegan options. Bring business cards and a camp chair if you want to ensure you have a seat. If you haven’t been to Trout Lily under the new ownership, prepare to be amazed at what you’ve been missing as Laura showcases new products and future plans.

Meeting Reminders

Bring news about your business for the “What’s New” minute. Wear your name tag or order one (\$10 each). There will be time for networking after the meeting.

Future Meetings

- Friday, August 9, 5 pm**—Annual Picnic at Cloud 9 Farm
 - Monday, September 9, 6 pm**—The Cove of Fairview
 - Tuesday, October 8, 6 pm**—Carolina Equipment/Bostic Builders
- The FBA is committed to supporting our community. Visit fairviewbusiness.com to learn more about the FBA, how to become a member, and pay your dues.



FBA members enjoyed a tour of Troyer’s Country Amish Blatz, snacks and sweets, and learning about all Troyer’s has to offer.



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New Moon Marketplace222-2289
Vintage Variety290-0923

Equipment Rental & Repair Svcs

Carolina Equipment Rental....628-3004
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Event Venues

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Cloud 9 Relaxation Home.....628-1758
Rustic Mountain Getaways....450-2324
Sunset Hollow768-0120
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Gloria Berlin Agency/ Allstate.....298-2483
Prime Time Solutions.....628-3889
Stovall Financial Group275-3608
Tammy Murphy Agency299-4522

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Markets | Farm Stores | CSAs

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Flying Cloud Farm768-3348
Hickory Nut Gap Farm.....628-1027
Trout Lily Market.....628-0402

Medical Services

Apex Brain Center681-0350
AVORA Health505-2664
Carolina Mobile (Optician).....779-2891
Fairview Chiropractic Center.....628-7800
Fletcher’s Fairview Health Care628-2800
Higher Ground Pediatric551-5602
Southeastern Physical Therapy338-0707

Mortgages

Brand Mortgage.....707-1898

Newspaper

Fairview Town Crier628-2211

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Picking Corn

It's July, the height of summer. In the spirit of summer fun and relaxation, let's take a break this month from this column's normal content and share a lighthearted gardening story. This, by the way, comes from Fairview's national garden magazine, GreenPrints, "The Weeder's Digest" (greenprints.com), published by The Lord's Acre Board Chairman, Pat Stone.

by Harvey Silverman

One of the things I miss most about my dad is his wonderful and slightly quirky sense of humor. I often think of my dad when I eat sweet corn.

You see, Dad enjoyed sweet corn, but he insisted it be fresh. Given the opportunity,

My dad wanted it fresh. Very fresh.

he would happily explain that as soon as the corn was picked the sugar in the kernels began to be converted to starch and that this conversion continued until the corn was cooked and the enzyme responsible for the conversion deactivated. (This is less true of many varieties today.)

When I was a boy, we had a small

vegetable garden in the backyard. We grew all the usual things—radishes, cucumbers, tomatoes, and the like. We also grew sweet corn.

We normally picked our vegetables and gave them to my mom to prepare for dinner—but not with sweet corn. When it was time to get some sweet corn, my dad would first place a large pot of water on the stove and heat it to boiling. Then he and I would go out to the garden, pick and peel the corn, and head straight back into the kitchen to place it in the boiling water so that it was cooked as fresh as possible.

After I grew up, my folks moved to a new home where they had no garden. My dad still enjoyed sweet corn, so he bought it at a local farm stand where it would be fresher than in the grocery store.

One afternoon on the way home from work, he stopped at the local farm stand and asked for fresh sweet corn.

"I have some right here. It was just picked this morning," said the farmer.

"This morning?" Dad said. "Have anything fresher?"

"Well, I have some here that I haven't put out yet. You can have some of that. It was just picked an hour ago."

"An hour ago? Don't you have anything fresher?"

By then the farmer was becoming just a bit annoyed with my dad. He took him



out into the field just behind his farm stand. He picked some corn, handed it to my dad and said, "Okay, is this fresh enough for you?"

My dad looked at him, paused, and said, "I don't know. You're picking kind of slow."



Janice Brewer is the Garden Manager at The Lord's Acre. thelordsacre.org

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Magnolia Trees and Recipes

When I was living in Maryland in 1976, our two huge magnolias and all of our deodar cedars died as we had one of the coldest winters on record. It had been preceded by a cycle of two excessively dry years, so the trees were already stressed and winter's icy blast pushed them over the edge. It was sad, as these trees were so regal and such a dominant part of our backyard.

My dad noticed that the trees all sent out babies the following year, and he gathered the tiny sprouts and planted them in coffee cans until they were big enough to transplant. My dad had the wisdom of life and years of patience. I was younger, impatient and could only see the huge gaps in our yard, feeling the sadness and loss of these mammoth trees. Once the sprouts had grown enough, he carefully planted them all in the ground and by the time he had passed away 30 years later, we once again had a grove of magnificent trees.

Some Southern friends told us one of their family traditions was to put an enormous white magnolia blossom in a flower bowl, which brought a mysterious sweet, spicy, lemony magic inside the house. My dad and I loved to do this, and the tradition lives on with me.

When my dad died, the magnolias were just blooming, so I plucked a blossom for the house and another to set on his 1940 typewriter, which was an ever-present fixture in the dining room. Years later I also began cultivating Japanese and star magnolias and then fell in love with our native, yellow wild magnolias. I enjoyed both the flowers and the wild seedpods with their flaming red berries, but I had no idea the flowers were also medicinal and edible. I learned this from Robin Hartford, my favorite British forager.

The only blossom petals I have tried to eat so far are from our common southern magnolias. I often find them a bit too bitter, but in England they make pickles out of the slivered petals. I look forward to trying these with rice vinegar, which will likely change the flavor. All the references I have seen refer to magnolia as



a condiment to be used in small quantities. In my case, the portion size was very small—two one-inch blossom pieces.

I have also found references to magnolia blossom-infused vinegar, honey, and fermented blossoms. In many Asian cuisines, the unopened flower buds are pickled and used to flavor rice and also to add scent and flavor to tea. In Japan, the flower buds are broiled and eaten as a vegetable and there is even a particular flavor of a fermented soybean paste called "Hoba Miso" that uses magnolia.

I have yet to try either the Japanese or Chinese magnolia blossoms, which have become common landscape shrubs, known for their beauty in the early spring landscape. Their blossoms are quite different and bloom much earlier—often in February, when they'll get killed by frost. This year, they escaped all harm from frost and bloomed prolifically, well before spring officially launched its arrival.

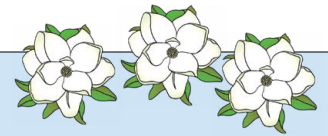
One of the curious aspects of magnolias



is their flowers are not pollinated by bees. Instead, they have evolved to attract beetles as their pollinator, which is why one often finds Japanese beetles inside the flowers. The petals evolved to be much tougher to protect the flowers.



Contact Roger at
rogerklinger@charter.net.



Pickled Magnolia Flowers

Wash and dry 2 cups of magnolia flowers with paper towels and put them in a sterilized jar. Mix 1½ cups of rice vinegar, 1 cup of sugar, and 1 teaspoon of salt in a pan and bring to a boil. Pour the hot mixture over the flowers, allow to cool, and then screw a cap on the jar. Eat them either cold or as an accompaniment with salads.



Magnolia Flower Vinegar

You'll need a jam jar with rust-resistant lid, one bottle of white rice wine vinegar, and a half-cup of edible magnolia flowers cut in small pieces (best to nibble first to find the sweetest petals).

Stuff as many flowers into the jar as you can fit. Next pour the vinegar over, and cap. Store in a cupboard for at least one week—the longer the better. Use in salad dressings, over steamed fish, drizzled with oil over sautéed vegetables, and in a sweet dressing on fruits like papaya, mango, and cantaloupe.



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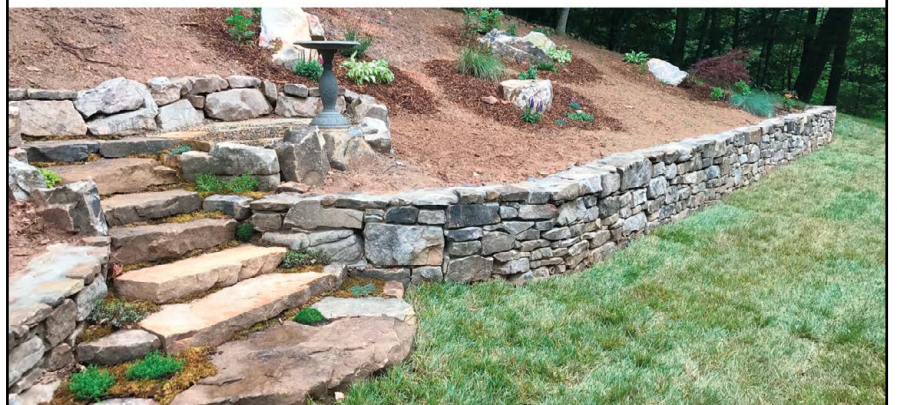
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Opting Out

You can opt out of Medicare Part A, but it will mean losing your Social Security benefits.

Medicare Part A is basic hospital care and if you or your spouse has paid FICA (Federal Insurance Contribution Act) taxes for 10 or more years through Medicare-covered employment, you will receive this benefit for free when turning 65. Basically, you've pre-paid for it while you were working. Whether you're retiring or not, enrollment is automatic the first day of the month of your 65th birthday.

Opting out of Medicare Part A would render you ineligible to collect Social Security and if you've already started collecting Social Security, you would be responsible for refunding all the money you received, as well as any Medicare benefits paid. It seems that the original law enacting the Medicare program was directly linked to Social Security. Therefore, it became mandatory to have Medicare Part A benefits for those receiving Social Security Retirement benefits. If you opt out of Part A, then you're opting out of Social Security as well.

Why?

Despite the implications of opting out of Medicare Part A, there are reasons you might want to opt out.

1. You are enrolled in an HSA (Health Savings Account) compatible group plan and want to continue to contribute to your HSA. Enrolling in Medicare disqualifies you from contributing to your HSA.

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If opting out of Part A is best for you, contact the local Social Security office at 866-572-8361. You can also re-enroll at any time by doing the same.

An alternative through Medicare is a Medicare Savings Account plan (MSA), which is a Medicare Advantage Plan consisting of high-deductible insurance benefits combined with a medical savings account.



Mike Richard is president of Prime Time Solutions offering local, free, no-obligation consultations: 628-3889 or 275-5863.

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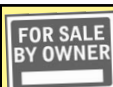
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