



THE VOICE OF OUR COMMUNITY

The Fairview Town Crier

SEPTEMBER 2019 VOL. 23, No. 9 | FAIRVIEW, NC | WWW.FAIRVIEWTOWNCRIER.COM

Make Your Plans for the Fall Festival



The Fall Festival put on by Fairview Elementary is always a great evening of family fun and a wonderful way to show community support. This year's fest will

feature new and exciting games and prizes, a hay ride, a cake walk, face painting, raffle baskets, food options (pulled pork sandwiches, beef hot dogs, chicken chili, and sweet treats), the Fire Safety House and crew from the Fairview Fire Department, officers from the Sheriff's Department, and much more. A few non-profits, such as Muddy Sneakers and the Fairview Public Library, will also be there.



FRIDAY, OCTOBER 11, 4-7 PM

This is a PTA-sponsored event and all money raised will go directly to support programs designed to help FES students succeed. A \$10 wristband will allow unlimited access to the entire festival, with no charge for adults or children under 2. Concessions and snacks sold separately.

There is still a chance for area businesses to get in on the fun. If you are interested in being a festival exhibitor, would like to contribute something to a raffle basket, or would like to be an event sponsor, please email ptafairviewelementary@gmail.com.

Gettin' Snappy. Enter Our Photo Contest!



Calling all photographers! And with smartphones, isn't that many of us these days? (Cameras are still cool, too.) Let's see what you got. We're holding a contest for the best photo that captures the theme "end of summer."

Send your photo by September 16 (details below). We'll announce the winners and share their photos in our next issue and on our Facebook page. The winners will receive a gift certificate from Trout Lily Deli & Market, 1297 Charlotte Highway, Fairview, or The Local Joint, 1185 Charlotte Highway, Fairview.

CONTEST RULES

- Send your photo to contest@fairviewtowncrier.com.
- We need the highest-quality version of your photo (usually the largest size).
- The photo can be from a phone or camera. No Photoshopping, please.
- Amateurs only. (Sorry, pros! But we already know you take great pictures.)
- Include your phone number in the email.
- If you are under 18, include your age.



Above: Christen Ray in front of the finished mural she created in Fairview Elementary School's library. Below: a close-up of one part of the mural.

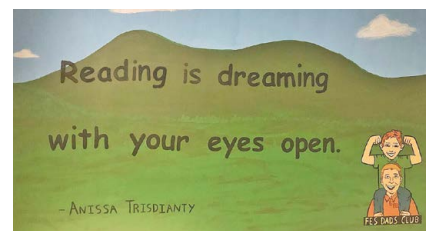
Former Student, New Mural Bring Color and Life to FES Library

Students and teachers are excited about a new mural in the library at Fairview Elementary. There was a blank wall, and Karen Yutzy, the media specialist, wanted to bring more color and life to the space. She turned to Christen Ray, a Fairview native and former student at FES who went on to WCU, where she received an art education degree with a concentration in ceramics.

"I have been working hard to ensure that the Fairview media center is a space our students truly want to be, the true hub of our school community," said Yutzy. "This beautiful mural is one piece of those efforts, and I have enjoyed the excitement of students coming back to school and seeing it for the first time."

"The school wanted something whimsical and book-themed," said Christen. "Mrs. Yutzy liked the idea of incorporating some quotes and possibly showing that one side of the library was for fiction and the other side was for non-fiction." The FES Dads Club provided the funding for the project.

Christen had painted a mural before, but it was a much smaller piece in a private home and only took a few days to complete. In comparison, it took her approximately two weeks to finish the FES mural. "I definitely ran into some speed bumps," she said, "with figuring out how to transfer my original idea onto such a long, narrow wall. The right side of the mural showcases the fiction side, so I chose to incorporate things



like mythical creatures, personified trees and a castle. The other side represented non-fiction, so I included real animals that children can identify with and things with historical backgrounds, such as Mount Rushmore and a ship in the water. I was excited to take on this challenge and just have fun with it."

And what does it feel like to know that generations of kids will have a memory of her mural from their time at the school? "I am extremely blessed to have had this opportunity and I am so excited to have this mural be part of Fairview Elementary," she said. "I think it's so important to show the kids what they are capable of achieving in the future and help push and inspire them to work hard and do their best."

In addition to being a nanny, Christen creates art on the side, including hand painted t-shirts. She'd eventually like to be an art teacher. On her Instagram feed (@crayofsunshine_ceramics), you can find photos and videos of the creation of the mural.

For a closer look at the mural and some student reactions, turn to page 19.

The Fairview Town Crier
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Fairview, NC 28730

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**Sorry WE'RE
CLOSED**

CRIER OFFICE CLOSED MONDAY, SEPTEMBER 2 FOR LABOR DAY

Anyone wishing to drop off payments, submissions, etc., can do so in the blue dropbox on the wall outside the offices at 1185 Charlotte Highway in Fairview.

COMMUNITY EVENTS

Spring Mountain Community Ctr.

Community Leadership Meeting: Usually first Tuesday, 6:30 pm.
Quilting Bee: Meets every second Tuesday, 10 am–2 pm. Call 628-7900 or 628-1938.
Berrypickers' Jam: Tuesdays at 7 pm.
Slow Flow & Yin Yoga with Anna: Mondays, 8:30–9:45 am. \$5–10 suggested.
Yoga with Sabrina: Thursdays 6:15–7:30 pm. \$5–10 suggested.
 807 Old Fort Rd. springmountaincc.com

SMCC Needs Help

Younger volunteers are needed to take over for the long-time volunteers who keep the center running. Volunteers meet monthly to make decisions about repairs, maintenance and community programs. For more information, call Maria Horton at 778-0279.

SEPTEMBER 3 (TUESDAY)

Prostate Cancer Support Group

7 pm. Us TOO of WNC. Medical professional speakers; no fee. 5 Oak St., Asheville. 419-4565, wncprostate@gmail.com, and on Facebook @WNCProstate.

Knee Replacement Seminar

12:30–1:30 pm. Find out about eliminating drugs from your life and avoiding surgery with a lengthy recovery. Fairview Chiropractic Center. Free and

lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

Sons of Confederate Vets Mtg.

7 pm. The Cane Creek Rifles meet at Fletcher Fire Dept., 49 East Fanning Bridge Rd., Fletcher. 230-6523.

SEPTEMBER 4 (WEDNESDAY)

Foot Pain Seminar

5:15–6:30 pm. Learn about the causes of foot problems, DIY treatments, and professional help. Free, but you must reserve. Call 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr., Fairview.

SEPTEMBER 5 (THURSDAY)

Embroiderers' Guild Meeting

9:30 am–12 pm. 3 Banner Farm Rd., Etowah/Horse Shoe. If interested, contact Roberta Smith at 243-6537 or Janet Stewart at 575-9195.

SEPTEMBER 7 (SATURDAY)

Library Fall Fun Festival

10 am–1 pm. See page 6 for more information. 1 Taylor Rd., Fairview.

Eating Disorder Awareness Walk

9:30 am. A fundraising walk to bring awareness to eating disorders. For

more information, go to facebook.com/events/334896987409694. Carrier Park, Asheville.

SEPTEMBER 7 (SATURDAY)

Fairview Fire Dept. Fundraiser & Senior Community Outreach

8–11:30 am. The department's fall pancake breakfast fundraiser starts at 8 am. The cost is \$8 per plate. Starting at 9 am, the fire department, Sheriff's office, and local non-profits will be on hand to focus on seniors in our community. See page 14 for more information. 1586 Charlotte Hwy., Fairview.

SEPTEMBER 9 (MONDAY)

Fairview Area Art League Mtg.

10 am. FAAL members and others interested in the arts are welcome. 704-975-0095. Fairview Public Library, 1 Taylor Rd., Fairview.

FBA Member Meeting

6 pm. The meeting will be at The Cove of Fairview, 24 Fairview Cove Road. See page 27 for more information.

Stitches of Love Meeting

7–9 pm. Group donates handmade articles to local charities. New Hope Presbyterian Church, 3070 Sweeten Creek Rd., Asheville.

Call 575-9195 or email Janet at imjstewart@att.net.

SEPTEMBER 10 (TUESDAY)

Sciatica Seminar

12:30–1:30 pm. Learn about new treatments and technologies that may help you avoid back surgery and eliminate the need for drugs. Fairview Chiropractic Center. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

SEPTEMBER 11 (WEDNESDAY)

An Evening with Ron Rash

7 pm. The library's Town Wide Read of *One Foot in Eden* will culminate with a discussion with the author. See page 6 for more information. Fairview Christian Fellowship Church, located just behind the library, 1 Taylor Rd., Fairview.

Brain Therapy Lecture

5:15–6:30 pm. Learn about new therapies that may help with brain injuries or diseases of the brain, such as concussions, MS or Parkinson's. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr., Fairview.



Jenny Brunet



Karen Cernek



Bonnie Dotson



Omar Fakhuri



Allen Helmick



Susan Lytle



Devon Satchell



Wanda Treadway



Sophia Underwood



Renee Whitmire

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\$100 Ruth's Chris gift card
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COMMUNITY EVENTS

SEPTEMBER 12 (THURSDAY)

Welcome Table

11:30 am–1 pm. Lunch served to anyone seeking food, fellowship, and community. Behind the library in the fellowship hall of Fairview Christian Fellowship. 596 Old US Hwy. 74, Fairview.

SEPTEMBER 13 (FRIDAY)

A.C. Reynolds Booster Raffle

A 50/50 raffle to benefit the Rockets' booster club will be held at halftime of the football game.

SEPTEMBER 15 (SUNDAY)

Ethical Humanist Meeting

2–3:30 pm. "Is it Just? Is it Justice?" with Todd Williams, Buncombe County DA. Call 687-7759 or go to EHSAsheville.org. 227 Edgewood Rd., Asheville.

Empower Bible Conference

Special guest speakers will be attending this conference at Trinity Baptist Church. 646 Concord Rd., Fairview.

SEPTEMBER 17 (TUESDAY)

Library Book Club

7 pm. The group will discuss this month's selection, *Killing Commendatore* by Haruki Murakami. See page 6

for more information. Fairview Public Library, 1 Taylor Rd., Fairview.

Fire Dept. Auxiliary Meeting

6 pm. The Support Operations Team will host the auxiliary's annual meeting at the main station, 1586 Charlotte Hwy., Fairview.

Neuropathy Treatment Seminar

12:30–1:30 pm. Learn about the causes, diagnosis, and treatment of peripheral neuropathy. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

SEPTEMBER 18 (WEDNESDAY)

Brain Therapy Lecture

5:15–6:30 pm. See September 11 entry for details. Fairview Chiropractic Center. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr., Fairview.

SEPTEMBER 19 (THURSDAY)

Garren Creek Fire Dept. Mtg.

7 pm. The regular board meeting of the Garren Creek Volunteer Fire Department. 10 Flat Creek Rd., Fairview. The public is welcome to attend.

An Evening with Bob Travers: Artist in Nature

Tuesday, October 1, 7 pm

Wildlife artist Bob Travers will discuss how he got his start, his time in New York (including the time he spent illustrating book jacket covers for Harlequin Books) and his life as an award-winning and internationally recognized wildlife artist. Fairview Public Library, 1 Taylor Rd., Fairview.

SEPTEMBER 21 (SATURDAY)

FAAL Fall Art Show

10 am–5 pm. A juried show sponsored by the Fairview Area Art League with inside and outside booths available. FAAL members, \$40. All others, \$50. (FAAL membership is \$25/year.) Download an application at facebook.com/fairviewart. Booth payment is not due with application. After you receive acceptance email, mail fee to: 99 Wanoca Avenue, Asheville NC 28803. For more information, email FAArtleague@gmail.com. Fairview Community Center. 1357 Charlotte Highway, Fairview.

Genealogy Society Fall Workshop

8:30 am–4 pm. The workshop, "Genealogy Potpourri," features speakers on

apprentice and bastardy bonds, the history of Asheville, dating old photographs, and Family Tree DNA's "Big Y 700" test. Register at obcgs.com or call 253-1894 (before September 2 is \$35 for members, \$40 for non-members.) Unitarian Universalist Church, 1 Edwin Pl., Asheville.

SEPTEMBER 24 (TUESDAY)

Billy Wilder Film Series

6 pm. The last film in a four-part series at the Fairview Library is "The Private Life of Sherlock Holmes" (1970). See page 6 for more information. 1 Taylor Rd., Fairview.

Sciatica Seminar

12:30–1:30 pm. See September 10 entry for details. Fairview Chiropractic

continued on page 4

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HUGE PRICE REDUCTION!



1.5 Story, 3/3.5, 4,412 SqFt custom Lindal Cedar Home w/ full Unfinished daylight basement on 2.33 acres. Tons of Extras, mountain the valley views. **\$800,00** Virtual Tour Video: bit.ly/2OWH1hc

REDUCED PRICE



Mini-farm on 2.62 acres w/ amazing mtn views. Lg windows, ceramic tile, hdwoods, wkshop off full basement. Bonus room. **\$350,000** Virtual Tour Video: <http://bit.ly/2OV90sY>

REDUCED PRICE



Recently completed! Top-quality custom home on 1.6 unrestricted acres, just 15 mins to AVL. Open floor plan w/ cathedral ceilings, fab kitchen, FP and many creative touches. **\$430,000** Call Karen Cernek 828.216.3998

LAND FOR SALE

To see all our land listings visit
coolmountainrealty.com

NEW! 7+ ACRES OF SPECTACULAR MOUNTAIN TOP VIEWS. Road cut in, several spots to build. Build one house or three, great VRBO possibilities \$50,000

NEW! 0.63 OF AN ACRE IN BEAUTIFUL GATED COMMUNITY Lots of amenities in this private secure community. Green space, playground, paved roads and running creek. Mountain views from this property, potential to be a beautiful build spot. \$59,000

NEW! PRIVATE, WOODED CUL-DE-SAC LOT IN CANDLER. The Cumbres subdivision is a peaceful neighborhood w/ plenty of buffer space between neighbors. Close to the Blue Ridge Pkwy & Mt. Pisgah.; 25 min to DT AVL. Call Devon 828.747.2694. \$45K

NEW! AWESOME PRIVATE HILLTOP 1+ Acre Lot with huge view potential. VRBO Builds OK! Lot is very accessible. ONLY \$41,000 Call Karen, 828-216-3998

NEW! 3.58 PRIVATE ACRES with breathtaking long-range views. They are not making anymore lots like this! Level access from paved road, sloping lot in beautiful gated community. Pool, tennis and golf membership option. Call Karen 828.216.3998. \$100,000

REDUCED PRICE! 4 PRIVATE, WOODED, LOTS in Mountain Shadows. 5-4.5 acres from \$25,000-50,000, most with potential for spectacular views. great neighborhood just 15 min. from downtown Waynesville. Call Karen 828.216.3998

NEW! SPECTACULAR VIEWS FROM VERY PRIVATE 5 ACRES of improved property. 3 bedroom (per owner) septic tank. Driveway extends beyond present home site, to an area cleared to build. Great potential for vacation rentals as well as owner-occupied home. \$55K Call Karen (828) 216-3998

REDUCED! 6.98 ACRES OF UNRESTRICTED WOODED SOUTH FACING PROPERTY in wonderful Fairview location only 15 mins from DT AVL and Blue Ridge Pkwy. Property lays well and is very buildable. Creek & lg mature trees. Build your dream home or family compound. \$100K Call for more info.

NEW! 0.53 ACRE LOT WITH INCREDIBLE VIEWS from Graylyn Estates in the heart of Fairview. Only 5 mins to AVL, Blue Ridge Pkwy and the interstate. \$75,000 Call for more info 828.628.3088

NEW! UNBELIEVABLE PRICE FOR BEAUTIFUL 1-ACRE LOT in Fairview Forest. Incredible mountain views in well-established neighborhood. \$20,000 Call for more info 828.628.3088

LAKE ADGER, NEARLY 5 PRIVATE LAKEFRONT ACRES w/ deep water access & boat slip at dock area. Plenty of room for a guest house. Gated comm w/ walking trails. \$150,000 Call Karen 828.216.3998

NEW! 1.75 ACRES GREAT FOR DUPLEX, TINY HOME, VRBO'S or divide pending septic approval. Great bldg sites unrestricted property that just can't be beat. \$50,000 Call Karen 828.216.3998

NEW! 4.92 ACRES W/ SEPTIC PERMIT ON FILE. Complete privacy & breathtaking views. Mostly level w/ babbling brook, abundant wildlife. \$60,000 Call Karen 828.216.3998

NEW! 3+ ACRES WITH GENTLY SLOPING KNOLL perfect to perch your mountain home. \$70,000 Call Karen 828.216.3998

NEW! 3 BEAUTIFUL LAYING ACRES; EASY TO BUILD HOME-SITE in Gateway Mountain, Old Fort. Great for vacation, retirement homes or year-round residency. \$40,000 Call Karen 828.216.3998

NEW! 0.26 ACRES PRICED BELOW TAX VALUE. Access to lot is level then lot slopes downhill. Beautifully wooded neighborhood 5 mins from Black Mountain. \$20,000 Call Karen 828.216.3998

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LOT 1	0.5	SOLD
LOT 2	0.5	\$59,000
LOT 3	0.5	SOLD
LOT 4	0.521	SOLD
LOT 5	0.482	SOLD
LOT 6	0.51	\$59,000
LOT 7	0.64	\$64,000
LOT 8	0.526	\$59,000
LOT 9	0.521	\$59,000

**+ ALMOST 1/2 ACRE
OF GREEN SPACE!**

VIRTUAL TOUR VIDEO: bit.ly/2TFNMy8

NEW LISTING



Mobile home on private. 38-acre lot in well-maintained subdivision. The road in was recently paved. Front porch/back deck. Lots of privacy and space between neighbors. Property currently has tenant. Great investment opportunity. Call Devon Satchell 828.747.2694 **\$97,000**

REDUCED PRICE



One level home on private 1 acre. Full remodel in 2006, open floor plan, huge master suite. Patio overlooks level, fenced backyard with garden space. Paved access and driveway, 1 mi from Hwy 74A. Additional land may be available. Call Karen Cernek 828.216.3998 **\$420,000**

NEW LISTING



Impeccably maintained inside & out, this one-level home features a lg screened porch & gorgeous mountain views. Wonderful woodsy neighborhood w/ lots of space between homes. Selling w/ most furnishings **\$275,000** Call Karen Cernek 828.216.3998

NEW PROPOSED BUILD



3 BR modern farmhouse plan. Incredible view from lot in heart of Fairview. 5 mins to AVL, Blue Ridge Pkwy & interstate. Lot in cul-de-sac perfect for single-family home. City water, lots of extras. Call Jenny Brunet 828.628.3088 **\$555,000**

REDUCED PRICE



Fairview Pointe! 0.88 acre lot w/ year-round views, paved access. Located in a cul de sac w/privacy. Stream nearby & natural waterfall. Build your dream home! Priced under tax value. Call Sophia Underwood 828.691.0311 **\$23,500**

NEW LISTING



0.43 acre lot in Solairus eco village in Old Fort. 7.5 acres of common area is pasture with playground. 2 BR, septic, site graded. Gently sloping w/mtn views. 15 min Blk Mtn, 30 min DT AVL. Call Devon Satchell 828.747.2694 **\$38,000**

NEW LISTING



Rare opportunity for a restricted building site w/4 lots of level to rolling land, creek & frontage on a small lake. This rural property has end of the road privacy and excellent paved access. **\$100,000** Call Karen 828.216.3998

NEW LISTING



Echo Lake beautiful gently sloping homesite level access to lot. Private & wooded with elevation to keep you cool and afford nice views with some clearing. Nearly 2 Acres for only **\$80,000**. Call Karen Cernek 828-216-3998

NEW LISTING



Perfect for cabin, tiny home or VRBO, no restrictions HOA fees, 2 BR septic permit on file. Private level to rolling site in pastoral Fairview Community, just 15 min. to AVL. Paved access. Rare opportunity! **\$42,000** Call Karen 828.216.3998

PROPOSED BUILD



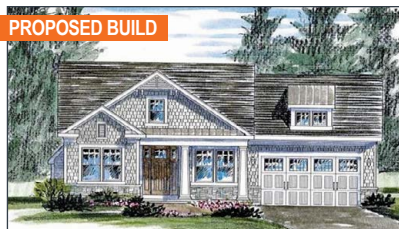
Brand new Arts & Crafts! Open floor plan, 3/2, one-level. Covered back porch. Wood floors throughout. New subdivision in the heart of Fairview, agrihood community with a 1/2 acre lots. **\$395,000**

PROPOSED BUILD



3/2.5, 2-story w/cathedral ceilings. Open floor plan w/ huge great room, dining area & kitch w/bfast bar. Master on main, walk-in closets. New agrihood subdivision in heart of Fairview. Many plans available. **\$425,000**

PROPOSED BUILD



Proposed 3/2 all one level living in an amazing New Agrihood development in Fairview. Wood floors and vaulted ceiling in open floor plan. Right off US 74. Custom plans or bring your own. **\$425,000**

COMMUNITY EVENTS

Center. Free and lunch will be served, but you must reserve. Call 628-7800. Ryan's, 1000 Brevard Rd., Asheville.

SEPTEMBER 24-25

Day Break with Dads

Tuesday and Wednesday morning, before school starts, dads and their kids gather in the FES auditorium for breakfast and important conversations. Check the FES Dads Facebook page (@fesdads) for more information.

SEPTEMBER 25 (WEDNESDAY)

Neuropathy Treatment Seminar

5:15-6:30 pm. See September 17 entry for details. Free, but you must reserve your space by calling 628-7800. Fairview Chiropractic Center, 2 Fairview Hills Dr., Fairview.

SEPTEMBER 27-29

Annual Greek Festival

11 am-9 pm, Friday and Saturday; 11 am-4 pm, Sunday. Greek food, beverages and music. Free admission. Food from \$2 to \$17. Takeout available. For more information call 253-3754 or go to holyltrinityasheville.com/greek-festival. Holy Trinity Greek Orthodox Church, 227 Cumberland Ave., Asheville.

SEPTEMBER 28 (SATURDAY)

Bob Travers' Emerging Artists Showcase & Opening Reception

2-4 pm. Free and open to the public, with refreshments and conversations with the artists. See page 6 for more information. Fairview Public Library.

OCTOBER 1 (TUESDAY)

Town Crier Labeling

10:30 am. Meet other people from the community and help us get the next issue of the *Crier* into the mail! At the Fairview fire station, 1586 Charlotte Hwy., Fairview. Contact the *Crier* for more information at 628-2211.

SAVE THE DATE

OCTOBER 5

New Health Ministry from Trinity of Fairview

The objective of "Quest: Salt and Light" is to create an outreach to the community in order to offer free resources, information and services as part of the church's health and wellness initiative. This first seminar will feature Dr. Sean Simonds of Specialized Physical Therapy of Asheville, who will address problems facing those with arthritis, limited mobility and general joint pain. He will offer suggestions, solutions and options

to achieve a better quality of life. A free lunch will follow. Preregistration is required. Go to trinityoffairview.com or call 628-1188 by October 1. 646 Concord Rd., Fletcher.

OCTOBER 11

FES Fall Festival

See front page for more information. 1355 Charlotte Hwy., Fairview.

NOVEMBER 2-3

Beginner Bee School

Buncombe County Beekeepers will

host a two-day (beginner) and one-day (advanced) bee school. At Warren Wilson College. For more information, go to wncbees.org.

NOVEMBER 9

Fairview Craft and Gift Fair

Handmade arts and crafts. Friends of Pack Library used book sale. Lunch and refreshments available. Crafters should call or text Wanda Lytle at 367-8187 or email fairviewcommunitycenter@gmail.com for application or questions. Handmade crafts only, no vendors/re-sellers. Fairview Community Center.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,400+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. *The Fairview Town Crier* is located at 1185G Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: *The Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 30.

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**2013 F350 SD CREWCAB
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67K miles! One owner! PW, PDL, tilt, cruise, bedliner, CD player

\$15,995

Fall Fun Festival

September 7 from 10 am–1 pm

Is there a better way to kick off the fall season than with a Fall Fun Festival? Of course not! There are just two months left in our 20th anniversary year, and we are continuing the celebrations. Join us for carnival games, cakewalks, giant bubbles, Asheville Hoops, roving performers, fire trucks, and so much more, all at the library.

This has been an incredible anniversary year, and we wouldn't be able to do what we do as a library without the support of our incredible community. So mark your calendars and come have fun with us.

Welcome Back to School

Congratulations to all the Fairview kids who completed this year's Summer Reading Program.

Teachers and homeschool parents, be sure to check out the Teacher Materials Request Form on the library website. You can use this form to request materials for your classroom. Our librarians will pull books and other materials relating to any area of classroom study, e.g., ancient Egypt, seasons, emotions or families. Our librarians have a high level of familiarity with our collection and can set materials aside for you, saving you time and energy. Best of all, the service is free.

The library is happy to support our teachers and we look forward to working with you.

EVENTS

An Evening with Ron Rash

September 11 at 7 pm

Our Town Wide Read of *One Foot in Eden* by Ron Rash will culminate at the Fairview Christian Fellowship Church, located just behind the library.

Rash is an award-winning and bestselling author of poetry, short stories and novels. Best known for *Serena* and *The Cove*, Rash is a leading voice of Appalachian and Carolina literature. He is a professor of Appalachian Cultural Studies at WCU.

Malaprop's Bookstore will be on site for anyone wanting to purchase Rash's books.

Bob Travers' Emerging Artists Showcase & Opening Reception

The students of wildlife artist Bob Travers will be displaying their work in a showcase in the Community Room. The public is invited to attend an opening reception on Saturday, September 28th from 2–4 pm, to enjoy refreshments and conversations with the artists.

The exhibit will be open to the public anytime the Community Room is open through October 31.

Book Club Is Back

September 17 at 7 pm

The Fairview Evening Book Club will be reading and discussing *Killing Commendatore* by Haruki Murakami. No sign up or registration is required to join, and new

members are always welcome.

Future Book Club Dates and Titles

October 15–*News of the World* by Paulette Jiles.

Billy Wilder Film Series

September 24 at 6 pm

The Private Life of Sherlock Holmes (1970)

2 hours 5 minutes. PG-13

In a career that spanned five decades, Billy Wilder is considered one of the most brilliant and versatile filmmakers of Hollywood's Golden Age. Join us for the last entry in a four-part retrospective of his career.

This unconventional look at the incomparable Sherlock Holmes is rife with subtext and sardonic wit provided by the writing team of Wilder and longtime collaborator I.A.L. Diamond.

All screenings are hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce the film and lead a discussion after. Popcorn provided by Grail Moviehouse.

Event registration is not required, but it helps us collect important data about our programming and attendance numbers. Registered attendees will also get email updates and reminders about the films we'll be watching. Visit the Library Events Calendar at buncombecounty.org/library to sign up.

FOR KIDS

New Afternoon Storytime

Sometimes children nap in the morning and can't make it to our storytimes, so we are excited to introduce an afternoon storytime on Thursdays at 3:30.

Role-Playing Games

September 4 from 4–5:30 pm

The final campaign in Marvel Super Heroes RPG. A new campaign will begin in October with Dungeons and Dragons.

No experience necessary. Snacks and supplies provided. Space is limited. Stop by, call, or go to our events calendar online to guarantee your spot. Grades 6–12 welcome.

Regular Kids Programming

Baby Storytime: Tuesdays, 11 am

Baby Gym: Tuesdays, 11:30 am

Toddler Storytime: Wednesdays, 11 am

Toddler Gym: Wednesdays, 11:30 am

Role-Playing: first Wednesdays, 4 pm

Preschool Storytime: Thursdays, 11 am

Afternoon Storytime: Thursdays, 3:30 pm

LEGO Club: first Fridays, 3:30 pm

Jaime McDowell is the head librarian at Fairview Public Library.

HOLIDAY CLOSING

The library will be closed Monday, September 2, for Labor Day.



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Twenty Years of Serving Children

When the big burgundy doors of Fairview Public Library opened in November 1999, the children's department book collection was tiny. In order to flesh out the new shelves, many books were placed with their covers facing out. There was a collection of VHS tapes, as well as a collection of books on audio cassette. The young adult department consisted of one shelf of books. There was one story time a week.

Twenty years later, the shelves in the children's department are full. Worn out and outdated books are weeded out regularly. New titles are purchased monthly. The VHS tapes are long gone. Instead, there is a collection of DVDs. The audio cassettes are gone as well. In their place are books on CD. The book collection is enhanced even more with 24/7 access to the North Carolina Digital Library.

The Friends of the Fairview Library purchased an Early Literacy Station several years ago, and it continues to be a popular feature. The young adult department has flourished and includes the latest, most sought-after titles in teen fiction. Several years ago, Friends of the Fairview Library generosity enabled the librarians to purchase core graphic novel collections for both the children's and young adult departments, and both collections are thriving.

The once-a-week story time has burgeoned into a plethora of children's events.



There are three story times a week, two toddler gym times each week, a monthly Lego Club, and a monthly table-top role-playing event. The annual Star Wars Academy and Fancy Nancy galas continue to draw people every year. Artists, musicians, storytellers, and naturalists round out children's programming with seasonal concerts and classes.

Why does the library do all of this? Because well-developed literacy skills are the foundation for success and life-long learning. These skills can be developed and honed at the library. The library and the Friends of the Fairview Library care about the success of Fairview's youth, and the varied and morphing collection of materials and fun, engaging events are designed to further that. The library's collection and services have changed, but its mission remains the same.

Jennifer Prince is the Youth Services Specialist at Fairview Public Library.

FES Food Drive Starts Soon

By the time this article appears, school will have started for the county. Food For Fairview is once again on Fairview Elementary's schedule for the annual food drive the week of September 30 to October 4. Notices for the students to take home to their parents or guardians will go home before the start of the drive. This is our largest drive of the year. The same class has won the past two years, first as kindergarteners and last year as first graders. It helps that they are the biggest class at the school. And they like pizza, because they've chosen Mountain View Pizza to cater the party the winning class receives.

For the drive, these are the type of items Food For Fairview is looking for:

- Personal care items, such as shampoo, soap, toilet paper, toothpaste and disposable diapers (any size).
- Food and staple items, such as canned fruit and canned vegetables, kids' cereal, canned tuna, white and/or brown rice, and mac 'n cheese.

If these items aren't donated, the pantry must purchase them at retail prices. Food For Fairview can also purchase items from MANNA Foodbank at a reduced price. We also get a generous weekly donation of meat, bread, pastries, and fruits and vegetables from Food Lion. During the summer months, Root Cause Farm (formerly The Lord's Acre) provides fresh

vegetables for our clients. All of these items are provided at no cost to our clients.

We also need volunteers, especially an assistant manager. That role requires a person to be at the pantry on Monday afternoons and alternate Tuesday mornings (about 15 hours a week), as well as have or possess computer skills. We also need a volunteer with a pickup truck on alternate Tuesday mornings, when we get supplies for The Emergency Food Assistance Program. We can receive up to 5,000 pounds of items for this program, which are picked up at MANNA around 8 am and delivered to the pantry. On-site volunteers organize the items so clients can easily take them home. These volunteers usually finish around 10:30. Volunteers do not need to commit to being at the pantry every Monday and Tuesday, so please get in touch if you're interested.

You can donate to Food For Fairview at two local locations: Americare Pharmacy (1185 Charlotte Highway, Fairview), Monday to Friday, 8 am-6 pm; and the library (1 Taylor Road, Fairview), Monday to Friday, 10 am-6 pm (8 pm on Tuesdays), and Saturdays, 10 am-5 pm.

Jeff Cole is the Executive Director of Food For Fairview, which is a tax-exempt 501(c)(3) Corporation. For more information, please call 628-4322 or go to foodforfairview.org.

IN PAIN ?



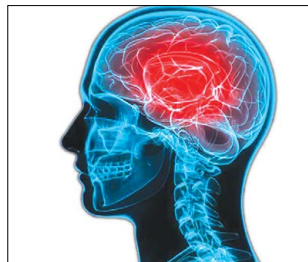
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Remembering Hugo as Hurricane Season Nears

Thirty years ago around midnight on September 22, Hurricane Hugo made landfall just north of Charleston, SC, at Sullivan's Island. Hugo was a Category 4 storm, with estimated maximum winds of 135–40 mph and a minimum central pressure of 934 millibars (27.58 inches of Hg).

Hugo produced tremendous wind and storm surge damage along the coast, as well as hurricane-force wind gusts several hundred miles inland into WNC. In fact, Hugo produced the highest storm tide heights ever recorded along the East Coast: around 20 feet in Bulls Bay, SC, near Cape Romain. At the time, Hugo was the strongest storm to strike the US in the previous 20-year period and was the nation's costliest hurricane on record in terms of monetary losses (around \$7 billion in damage). It is estimated that there were 49 deaths directly related to the storm.

As I have mentioned in several columns, we will have to keep a watchful eye on the tropics. The hurricane season for the North Atlantic basin runs from June 1 to November 30, peaking sharply from late August through September. The season's climatological peak of activity occurs around September 10. To read about how to be prepared for hurricanes, go to this page on NOAA's website: nhc.noaa.gov/prepare/ready.php.

Another feature of September weather

Seasonal Start Dates

WINTER Meteorological December 1 Astronomical December 21 or 22	SPRING Meteorological March 1 Astronomical March 20 or 21	SUMMER Meteorological June 1 Astronomical June 20 or 21	AUTUMN Meteorological September 1 Astronomical September 21 or 22
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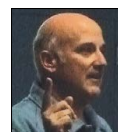
is the "end" of summer. Actually, meteorological summer (the three warmest months of the year) has already ended. The amount of solar radiation (aka the length of day) starts out at 12 hours 54 minutes on the first of the month and decreases to 11 hours 50 minutes by month's end. The temperatures also show a marked

decrease, with normal high and low temperatures starting out at 80 and 60 and then dropping to 72 and 50 by month's end. So those cooler days and nights will be a certainty by the end of September.

So far this year we have had an ample amount of rainfall with just a couple of dry periods earlier in the year. We're still quite a bit above our long-term average but are running several inches behind our wettest year on record last year.

QUESTION of the MONTH

What is the average low for the month and the coldest temperature on record for October?



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

WEATHER WONDER

How many meteorologists are there in the US?

According to the U.S. Bureau of Labor Statistics, there are about 9,300 employed meteorologists in the United States. The meteorology job market is very competitive, with the supply of meteorologists exceeding the demand. Universities and colleges in the US graduate 600 to 1000 meteorologists each year. One research study indicated that the number of entry-level meteorology positions available each year is approximately only half the number of newly degreed meteorologists. The number of new, traditional, entry-level positions has not been increasing along with the number of meteorologists entering the workforce, and it is not expected to in the next few years. Trends suggest there will be an increasing oversupply of meteorology graduates in the coming years, and that some meteorologists will have a difficult time finding a traditional weather-related job.

Drovers Road PRESERVE



Drovers Road Preserve is a 190-acre community with 110 acres in conservation easement. Located in the heart of Fairview farm country, it offers privacy and convenience. Residents enjoy the simple amenities of hiking trails, wildlife, picnic pavilion, and produce from nearby organic farms. Vibrant Downtown Asheville is a short, 15-minute drive. The eight available homesites, ranging in size from 1.6 to 8.9 acres, offer a wide range of size and topography.

Come discover Drovers Road Preserve for yourself!

Contact us for your personal tour

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Scott Ambler

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Emma's Grove Baptist Church announces Joshua and Berkelee Wynn as new Pastor and wife team



Joshua's first Sunday as Pastor will be September 15th 2019.

We are so excited to see what God is going to do here at Emma's Grove Church — come meet Joshua and Berkelee!

"And I will give you pastors according to mine heart, which shall feed you with knowledge & understanding." Jeremiah 3:15

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The Livingston Family of Hooper's Creek

John Livingston Sr. was the ancestor of the Hooper's Creek Livingston family. He was born in Scotland on April 11, 1714 and migrated to America around 1740. He married Elizabeth Clark around 1770 in Brunswick County NC. A shipbuilder by trade, he was working in Jamaica when he was murdered in 1778. He was buried there, and his wife and children returned to NC. John Livingston Jr. moved to what is now Cabarrus County, NC, and married Elizabeth Niesler. She was born on April 24, 1782, and was the daughter of a Methodist minister.

John and Elizabeth moved to Hooper's Creek around 1808. Several other families moved from Cabarrus County to Hooper's Creek around this time, including James Russell and his wife Barbara Milster and Lewis and Mary Russell Townsend.

Over the course of 30 years, Livingston, a farmer and schoolteacher, bought 1,138 acres in the Hooper's Creek area: 200 acres on March 23, 1808 from Valentine Keagle; 164 acres on Hooper's Creek on June 30, 1815 from Adam Garren; 100 acres on Hooper's Creek on August 22, 1815 from David Jay; 50 acres on Hooper's Creek on February 29, 1827 from the State of NC; 60 acres on Hooper's Creek on December 29, 1827 from the State of NC; 60 acres on Hooper's Creek on October 4, 1828 from the State of NC; 100 acres on Hooper's and Clear Creek on December 21, 1829 from the State of NC; and 386 acres on

October 17, 1831 and 18 acres on June 20, 1838, both from John Ashworth.

Livingston died on December 10, 1839. His wife Elizabeth died on March 23, 1876. Both are buried in the Livingston Cemetery off Jackson Road. They had 11 children:

1. Mary Livingston was born on October 6, 1802. She married Alfred Raney Gash (January 13, 1809–February 13, 1888). Mary died on May 2, 1882. Both are buried in the Mills River Methodist Church Cemetery.
2. John S. Livingston was born on July 20, 1804 and married Elizabeth Foster of South Carolina on September 23, 1830. She was born on February 22, 1808 and died on January 7, 1893. He died on July 13, 1876. Both are buried in the Livingston Cemetery.
3. Hugh Livingston was born around 1806.
4. Susanna Livingston was born on June 22, 1808 and married Robert Russell (March 28, 1804–November 3, 1878). Susanna died sometime after 1880.
5. David Livingston was born around 1810.
6. Daniel Livingston was born around 1812.
7. Col. Joseph Livingston was born on October 13, 1813 and died on October 15, 1890. He married Harriett C. (February 19, 1835–June 27, 1906).
8. Sarah Emaline Livingston was born on November 9, 1815 and died on March 23, 1909. She is buried in the Livingston Cemetery.

9. George Wesley Livingston was born in 1820 and died during the Civil War.
10. Lewis T. Livingston was born on March 27, 1823 and died on July 14, 1904. He married Celia Ann Jimison (December 16, 1845–April 28, 1927). Both are buried at Patty's Chapel.
11. Allen Livingston.

Joseph Franklin "Frank" Livingston

Joseph Franklin Livingston was the son of John S. Livingston and Elizabeth Foster. He was born on April 27, 1845 at the old Livingston homeplace of his grandfather John Livingston Jr. on Hooper's Creek. He served in the Confederate Army. He was at the siege of Petersburg, Virginia, where he was shot in the chest. He survived and built a new house at the old Livingston homeplace. Joseph was a farmer, a blacksmith and grew fruit. He taught the craft of budding and grafting fruit trees. He married Serepta E. Stroup (December 29, 1848–April 13, 1889), daughter of Silas Stroup (1817–1896) and Susan Harper Henry (1812–1894). His second wife was Ida Elizabeth Bagwell (September 1, 1886–October 18, 1957). Joseph died on March 9, 1926. He and his first wife are buried at Patty's Chapel. His second wife is buried at Oakdale Cemetery in Hendersonville.

Joseph and Ida had nine children:

1. Elizabeth Ida Livingston (April 8, 1892–December 1, 1939);
2. Harriett Melinda Livingston (June 14, 1893–August 7, 1969). She married Jones McCrary (November 7, 1883–May 10, 1948) and both are buried at Oakdale Cemetery;
3. Edgar A. Livingston (August 17, 1894–December 30, 1937) married Linwood Patterson (April 24, 1905–March 21, 1929) and both are buried at Oakdale Cemetery;
4. Cora Mae Livingston (Nov 4, 1896–October 16, 1950) married Joseph L. Souther (1898–1984);
5. George Dewey Livingston (May 28, 1899–December 12, 1955) is buried in Oakdale Cemetery;
6. Sara Ruth Livingston (November 22, 1900–December 10, 1989) is buried in Oakdale Cemetery;
7. Homer Lee Livingston (June 17, 1903–September 12, 1964) married Eulala Waddell;
8. Sue Emma Livingston (February 6, 1906–April 11, 1990) married Ernest Lee Justus (February 23, 1900–September 29, 1994); and
9. Franklin Glen Livingston (1908–August 29, 1982) married Louise Stepp.

Local historian Bruce Whitaker documents genealogy in the Fairview area. He can be reached at 628-1089 or brucewhitaker@bellsouth.net.

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How to Get Started with Organizing

Many people want to organize their homes but don't know where or how to start. Here are a few simple steps to get you on the road to organization.

Before you start, though, here's an important tip: Do not buy storage until you have purged and know what you are keeping.

If you are organizing without help from friends, professionals, or family, always start with small projects. Don't try to tackle your garage on your own, and don't empty the contents of your entire closet on the bed. Start by organizing something like a sock drawer or a kitchen drawer. Organizing and purging is tiring and you need to make sure you can finish your project in a reasonable time period. The last thing you want is half of your clothes on your bed when it is time to go to sleep.

The first step is to get five boxes or bags and label them like this: trash; donate, sell or consign; return to store or friends; fix or clean; and "other room."

Five Steps to Start

Now that you are ready to start, follow these five steps:

1. Pick up and look at every item.
2. Decide what you want to do with each item.
 - a. Keep things that you use or love.

Don't keep something because you

can find a use for it or because it was a gift.

- b. If you no longer want an item, donate or sell it (garage sale, eBay, etc.).
 - c. If it's not yours, return the item to its owner.
 - d. Return items to the library, stores, or schools.
 - e. Bring clothing to the dry cleaner or tailor.
 - f. If an item is broken, ripped, old, dirty, etc., trash it.
3. Place item in appropriate box or bag.
 4. Continue until all items have been sorted.
 5. Put things you're keeping in storage containers.

Two Easy Projects to Get You Started

Plastic Containers in the Kitchen

Take them all out and place them on a table or counter. Match the bottoms to the tops. Extra tops and bottoms that don't have a match should be put in the trash or recycling. Keep only those containers that you use. Toss those that are discolored, cracked, etc. Return containers to neighbors and friends if they are not yours.

After you have sorted and matched all the containers, you will most likely find that you don't have as much as you started



with. Place them all back in a drawer or cabinet. The next time you need a container, it will be so much easier to grab what you need.

Organize Those Socks

Dump all of your socks on a bed. Look at each one. Is it ripped, too small, old? Match all of the socks. Donate those you don't wear or don't want. Toss or repair socks that are ripped. After you finish reviewing all of the socks, place them back in a drawer. You might want to place them in small boxes or use dividers if you prefer to store them by color, weight or style.

Store them any way that makes you happy.

Many organizing projects can be tackled in similar ways. Sometimes you may need assistance to tackle larger jobs. It's helpful to have someone offer objective opinions when reviewing and purging household belongings. Not everyone knows how to be organized, but you can learn. You can gain control of your life by following these simple steps.

Diana Soll is a Certified Professional Organizer living in Fairview. For more information, you can email her at Diana@grandsolutions.net.

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Is a Pain in the Butt Really Sciatica?

There is a medical condition in which the sciatic nerve becomes compressed and causes pain in the lower part of the back, the buttock, the thigh, and the back of the leg. It is a fairly common diagnosis and can be eliminated with effective treatment.

But what if the pain in the buttock is not stemming from the sciatic nerve? These are cases where the location of the pain is consistent with sciatica, but treatments have not been effective at relieving the pain. Do you decide that nothing is going to help and that you just have to live with it? Or do you investigate thoroughly to find the root of the problem?

As with many musculoskeletal conditions, only after appropriately diagnosing the cause of pain and dysfunction will treatments and interventions be effective. Just because the pain is felt in the low back and travels into the buttock, that does not necessarily mean that you have sciatica.

If a nerve becomes pinched or compressed, pain can be felt anywhere along the pathway of that nerve. The dysfunction is not usually at the location of the pain. Just because pain is felt on the outside or front of the hip does not necessarily mean that the hip is the problem.



Thoracolumbar Junction Syndrome

There is a condition called thoracolumbar junction syndrome. It is a dysfunction located at the junction between the thoracic spine (upper back) and the lumbar spine (lower back). At this spot, several nerves branch off the spinal cord. One of these is called the cluneal nerve, which detects information on the skin along its distribution pathway and sends a signal to the brain. The information collected can be pressure, temperature, or pain.

The cluneal nerve runs in the lower back, buttock, lateral thigh, and groin.

Pain can be felt anywhere along this area, and mimics sciatic nerve entrapment, hip pathology, or a disc problem in the spine. Because of this, people often receive unnecessary and sometimes quite expensive treatment. Often, hip surgery, lumbar spine surgery, or a series of injections to relieve pressure on the sciatic nerve will be performed, but without much pain relief.

Thoracolumbar junction syndrome can be properly diagnosed through a thorough examination of the thoracic and lumbar spine, determining which movements cause pain and the specific locations of

pain. Stretching of the hip muscles—primarily the piriformis muscle—which is commonly prescribed for sciatic pain, will not relieve the pain from cluneal nerve entrapment.

A recent article in the *Journal of Orthopedic and Sports Physical Therapy* covered the treatment of several patients who had chronic hip and groin pain. Typical treatments for the hip and groin were unsuccessful. An in-depth physical therapy examination revealed musculoskeletal problems at the thoracolumbar junction. Successful treatment included appropriate and specific stretching, mobilizations, stabilization, and strengthening exercises at the thoracolumbar junction. The patients' hip pain was relieved without any specific treatments performed on the hip.

Thoracolumbar junction syndrome is often misdiagnosed. If traditional or typical treatments for other diagnoses are unsuccessful at treating your pain, be your own advocate. Seek further assessment by a skilled medical provider who can determine the root cause of the pain and correct the dysfunction.

Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. avorahealth.com.

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3 Sheldon Lane, Arden
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Lot 11 Cedar Hill Drive, Biltmore Forest
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Important Facts about Calcium

Your skeleton is made up of 206 bones that give your body structure and enable movement. We tell kids from a young age to drink lots of milk to build strong bones. Most of us know that calcium is important to bone health. But how much calcium do we need as we age?

FACT 1: There is such a thing as too much calcium.

Calcium is involved in the electrical conduction of your heart. Because of this, too much calcium can actually cause heart problems. This means that getting just the right amount of calcium is key. The National Osteoporosis Foundation recommends that men older than 50 get 1000 mg of calcium daily and women get 1200 mg of calcium daily. These recommended amounts include any calcium that you get in your diet, not just supplements. More than these amounts can be harmful to your cardiovascular health, so make sure to look at your diet and supplements to ensure you are not getting too much calcium.

FACT 2: Your body only absorbs a set amount of calcium at a time.

One way that your body naturally protects you from getting too much calcium is by absorbing only a certain amount at a time. Your body will naturally only be able to absorb about 600 mg of calcium at a time.

Some calcium manufacturers may make products with 1000 mg of calcium in a tablet, but the truth is that your body is not going to get that full amount. Additionally, if you take a calcium supplement with a large serving of dairy (i.e., milk, cheese, yogurt, ice cream) that is naturally high in calcium, you may not absorb the full amount from your supplement. This limited absorption makes it important to space out your calcium doses to get the full daily recommended amount.

FACT 3: Medications for heartburn interact with calcium absorption.

Other medications, particularly medications for heartburn, such as omeprazole or ranitidine, will limit your body's ability to absorb most types of calcium supplements. If you take these medications regularly, you should look for a specific type of calcium supplement called calcium citrate. Your local pharmacist can help you find the right product for you.

Healthy bones are vital to living a full and active life, and calcium is an important part of keeping your bones strong. Use these facts to help ensure you are getting the right amount.

Irene Ulrich is a clinical pharmacist at MAHEC Family Health Center at Cane Creek. 1542 Cane Creek Road, Fletcher. 628-8250.

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Busy September for Department

The Fairview fire department's fall pancake breakfast fundraiser will be held on September 7 from 8–11:30 am. The cost is \$8 per plate with many breakfast items to choose from, including pancakes, biscuits, sausage, sausage gravy, scrambled eggs, and grits. Coffee, juices and milk will be available. All proceeds will go toward purchasing a year-end gift for the staff.

On the same day, there will be a community outreach event, with a focus on seniors in our community. The Buncombe County Sheriff's Office will have a resource table with tips on how to prevent fraud. There will be a free shred truck for personal documents from 9–11 am sponsored by the Land of Sky Regional Council. The first 100 older adults in attendance will receive a free tote bag with some goodies. The vendors participating are the Area Agency on Aging,

Council on Aging of Buncombe County, Bright Star, Mountain Mobility, YMCA, Pisgah Legal, Legal Aid of NC, Holistic Elder Services, and AARP.

On September 17 at 6 pm, the Support Operations Team will host the auxiliary's annual meeting at the main station (1586 Charlotte Highway, Fairview).

On the third Monday of each month, the Board of Directors holds its meeting at the main station at 7 pm. Any tax-paying citizen of Fairview is welcome to attend. The board is made up of citizens of the community and voted on by the citizens of the community.

Robin Ramsey is the Treasurer of the Support Unit Group of the Fairview Volunteer Fire Department. More information about the department can be found at fairviewfire.com and Facebook—search for "Fairview VFD (Buncombe County)."



Windows Security and Updates

One of the top antivirus programs for Windows 10 is Microsoft's free Windows Defender, which is surprising to many who feel that free programs are less capable. The independent IT security institute AV-TEST found that Windows Defender was one of a few programs to attain top scores across its testing criteria. One of the least capable was Webroot's SecureAnywhere 9.0.

Signs of a scam computer support call will often include the following:

- The caller paints a dire picture of all the bad things that will happen to your computer if you don't immediately pay quickly to resolve the issue. They often want you to pay with gift cards.
- Often, they will ask to gain control of your computer to help you "fix" the problem and then show you the very scary-looking Event Viewer. Even on a brand new computer, Event Viewer (which tracks all sorts of results from tasks/events happening in the background) can show many errors but they are not at all critical. The more they threaten you, the sooner you should hang up.

With more Windows 10 computers trying to update to the latest version, numbered 1903 and called the Spring or May 2019 version, some people are having problems. Make sure you have the latest updates from Check for Windows Updates, and ensure

you have at least 20 to 30 GB of free space. Then double-check at the support website for the latest drivers for your computer, especially graphics drivers and BIOS updates. The update is not critical yet, as even version 1803 will still get security updates until November. You can check your version by clicking on the Windows logo/icon in the lower left corner of your screen and typing "about" in the search box to find and click on "About your PC." Scroll down to find the version number. If you have version 1809, don't worry until May 2020.

"Confirm your Unsubscribe" emails are a great way for email spammers to find if you really read your email. You should only trust such emails if you have just initiated an unsubscribe at a website—and even then, most of those don't require a confirmation.

If you are worried about a human listening to your smart speaker or smart phone voice commands, do a web search for how to disable companies from occasionally passing your voice commands onto humans to improve their recognition accuracy. It is not hard, but the instructions vary by device.

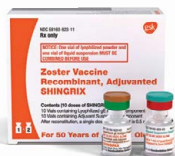


Bill Scobie fixes computers and networks for small businesses and home. 628-2354 or bill@scobie.net.

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Demand for the new shingles vaccine Shingrix is far outstripping the pace at which the manufacturer can supply it. Shortages will likely continue through 2019, predicts the CDC. Shingrix's rate of preventing shingles is 96-97% for 50-69 year olds, and 91% effective in people 70 and older. **Call for an appointment today: (828) 628-3121.**

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Every Thorn Has Its Rose

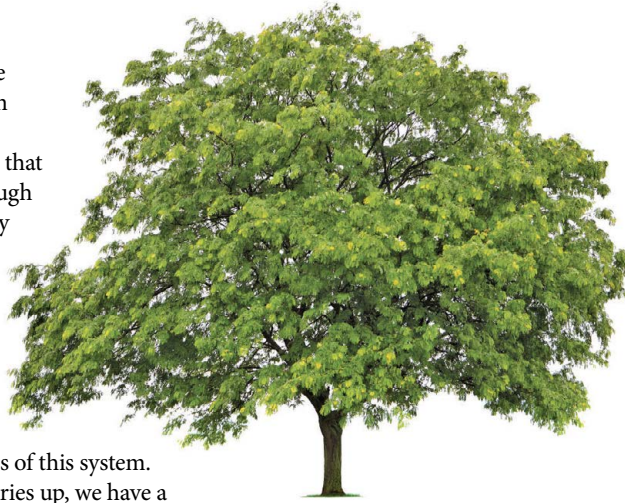
As most folks around here know, locusts are not a favorite tree. They don't produce much of anything edible. They don't make beautiful flowers in the spring. They do, however, produce some of the most painful and largest thorns. That's why most folks try to get rid of any locust trees that sprout in their yard. For many years, we were the same way. We spent a lot of time cutting down any saplings that sprouted. But a few years ago, Walter attended a seminar and found out that locusts are a nitrogen-fixing species. They also produce rot-resistant wood, which is why old-style wooden fenceposts are made of locust and many barns were built from locust poles. Newer applications include outdoor porch railings and handrails for upscale homes and even some furniture.

With these ideas in mind, Walter started converting some of our land to locust groves. We were contacted by a local furniture maker about supplying him with small-diameter locust poles to use for making porch pickets and handrails on rustic-style homes in the area. We planted about 100 locusts on an unused part of the property to see how long it would take to grow branches of the right diameter. With very little care other than mowing (which we were going to have to do anyway), in addition to the initial planting and once

a year pruning, we'd have a "crop" of locust poles in about three to five years.

We've also figured out that any poles not pretty enough for furniture are perfectly good firewood. Locust is a long-burning wood that puts out a good amount of heat. Most of our firewood the last couple of years has come from the scraps of this system. If the furniture market dries up, we have a sustainable system of firewood production for ourselves and possibly for selling. We have planted several hundred more locust trees since that initial planting. We now have two areas on the main farm and a small stand at the blueberry patch.

The locusts fill four roles. One, we can harvest individual stems to be used for furniture. Two, any branches not suitable for that go to a sustainable source of firewood. Three, the locusts make great trellising for blackberry production. We zip-tie the canes of blackberries to the tree trunks using reusable ties. This seems to be working well, but we'll know better when we have a few more years of this type of production under our belts. (The old trellising system



we used allowed the canes to grow together overhead into a tunnel if we got behind in the pruning.) And finally, the locusts fix nitrogen that the blackberries use as a component of fertilizer without us having to apply industrially produced fertilizer.

Of course, all of this is still in a trial phase. We've been able to sell some pieces for building materials. We've even used some in building a small shed at the blueberry patch. We've used scraps as firewood. We've been picking our first crop of blackberries this summer from around the locusts. The first few years we just let the trees get some size. Then we spent a year moving the blackberry canes and giving them a chance to settle into their new spots.

Everything seems to be good so far, though we are seeing some issues with leafminers, which are bugs that make tunnels in the leaf tissue as larva and then skeletonize the leaves as adults before overwintering in leaf litter. The locusts seem to be able to handle the damage most years without permanent damage; as young trees, though, we think the growth rate seems to be slowed. They tend to look a bit raggedy by mid-summer, with rusty reddish leaves. The leafminers don't injure the wood, and the trees survive multiple years of attack without permanent damage, unless some other natural element like drought becomes involved. We've been lucky that Mother Nature has been kind to our trees since we planted them.

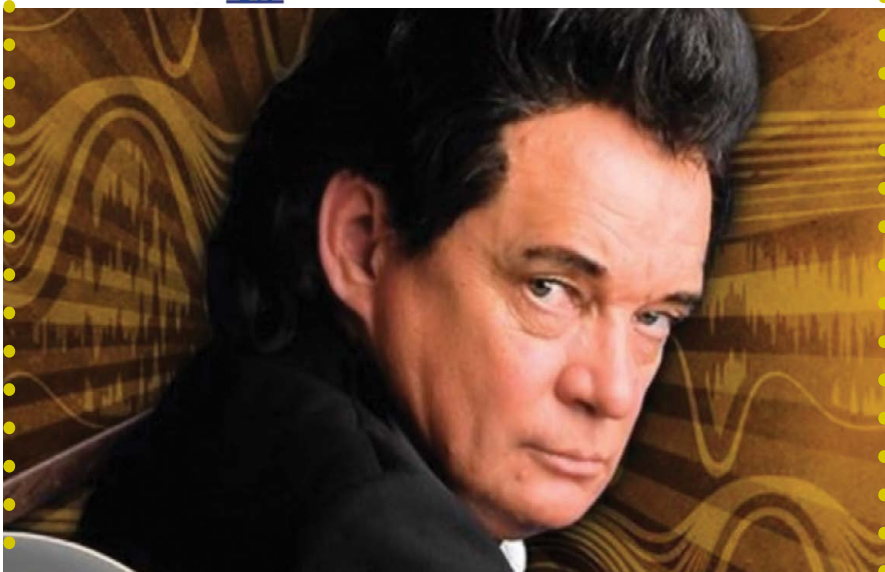
We've had a great summer on the farm. Blueberries came and went with no major problems. Blackberries were a success with the new system of trellising. The garden was a huge success, with more squash being produced by five plants than I thought possible. And I'm pleased to say the boys were great about eating them in all the various ways I cooked them.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. Imladrisfarm.com.

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SOUTH DAKOTA

South Dakota, huh? What's in South Dakota?

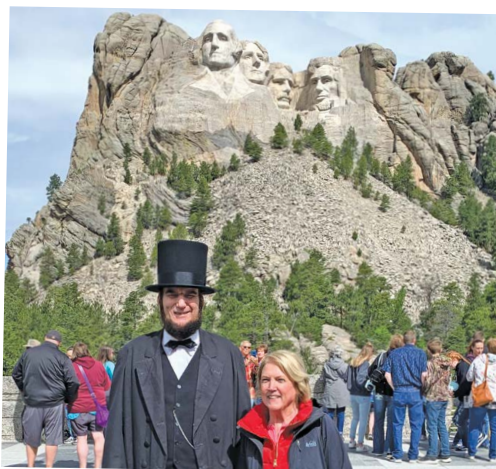
That was mostly the response I got when I would tell friends that my husband Paul and I were going to take a week-long trip there. I have to admit, my preconceived notion was pretty much a blank slate, other than Mount Rushmore.

But after spending six days in June in that beautiful, amazing state, I now know there is much more. Our trip, which included daily hikes and activities, was arranged through Road Scholar, a nonprofit that provides educational travel tours, and was led by David Ireland, a lifelong resident of the area and recipient of a Presidential Award for Excellence in Mathematics and Science Teaching, the highest recognition that a K-12 mathematics or science teacher can receive. We were in good hands.

As we hiked in the Black Hills of South Dakota, Custer State Park and the Badlands, David conveyed his love of the science, culture and history of his home state. In addition to seeing Mount Rushmore and the under-construction Crazy Horse Memorial, we enjoyed a scenic horseback ride and a picture-postcard afternoon paddling a kayak on Sylvan Lake.

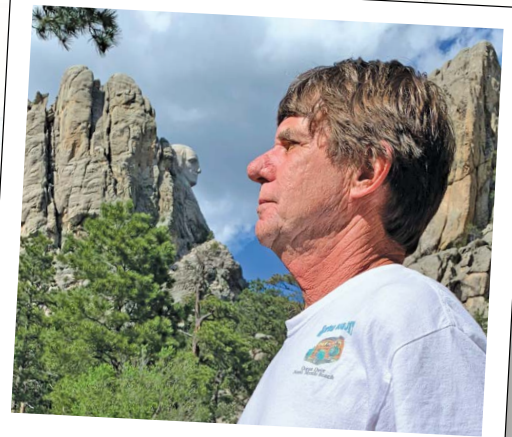
For three evenings we enjoyed speakers who were experts in the history, geology and culture of the Southwestern region of South Dakota. The most moving speaker was Stephen Yellowhawk, a member of the Lakota Tribe. We were very honored to see Stephen dance for us, fully outfitted in a traditional costume that was made for him by his grandfather.

So, what's in South Dakota? Go see for yourself!



Mount Rushmore

We thought we were seeing double when we got to this national memorial.



Mount Rushmore

The memorial from a side angle: George and Paul—two great Americans.



Badlands National Park

Badlands are a type of terrain, but in South Dakota, it's also a national park. On our hike there, we saw bighorn sheep (not shown here). Elsewhere on our trip, we saw buffalo, antelope, marmots and prairie dogs.



Crazy Horse Memorial

This mountain monument won't be finished in our children's lifetime. If completed as designed—showing the warrior riding a horse and pointing into the distance—it would become the world's second tallest statue.



Custer State Park

The Cathedral Spires area of the park, named after George Custer of the "Last Stand," provided dramatic scenery to hike through.



Sylvan Lake

Located in Custer State Park, Sylvan Lake is a beautiful spot for kayaking, as you can see.



George S. Mickelson Trail

Converted from an old train track, the total trail is more than 100 miles long. This trailhead was in Mystic, a former mining camp and railroad town. We rode a five-mile section downhill all the way. Whee!



GREG'S MAGIC TRICK

The Magical Banana

This is a great trick to share with friends, now that kids are back in school.

BEFORE YOU PERFORM

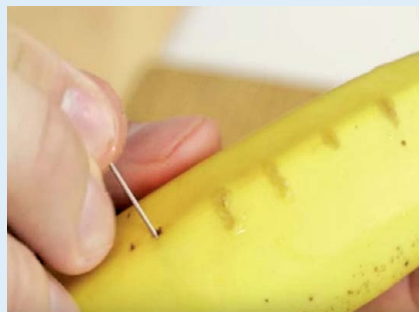
Get a banana that is ready to eat. You don't want one that is too green or has too many dark spots. The idea is that a friend will actually want to eat it.

Find a small needle, which is at least as long as the diameter of the banana. Starting at the top or bottom of the banana, push the needle carefully through the skin of the banana along the seam of the banana. Push it far enough to reach to the other side but don't puncture through. Without messing up the entry point of the hole, move the needle back and forth, creating a clean slice inside the banana.



Once you are satisfied that the spot has been cut, carefully pull the needle out of the spot, move up (or down) the banana about a half-inch along the seam, reinsert the needle, and repeat the procedure.

Continue this process until you have cut several slices along the length of the banana.



THE TRICK

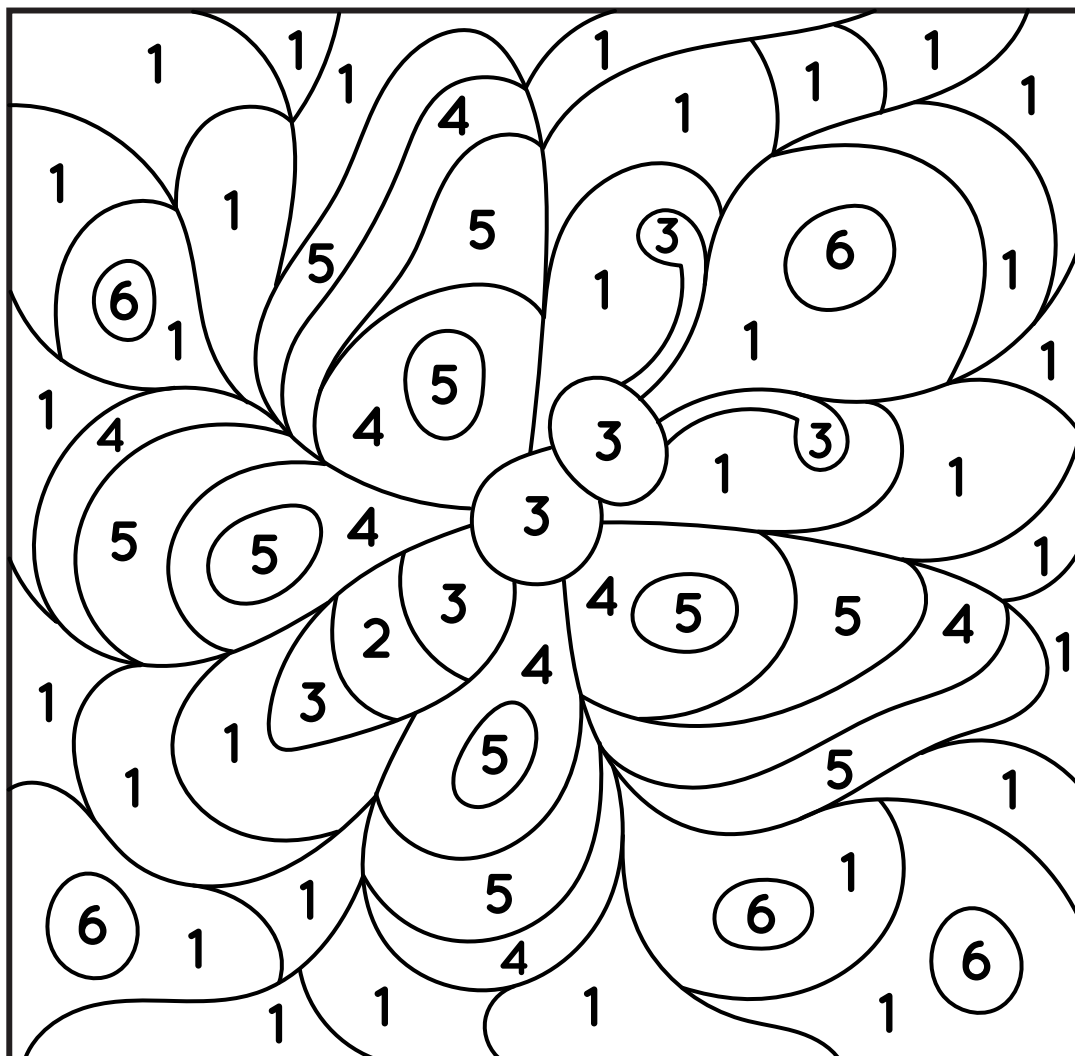
At lunch, take out the banana and show it to your friends. Tell them that you can cut the banana while it is still inside the peel. Give it to a friend, and then make some karate motions and noises toward the banana. Ask the friend to slowly open the banana. As they do, they can see the pieces of banana as if it were sliced inside the peel. **Magic!**



Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.

ACTIVITY CORNER

Color by number to reveal the surprise!



- 1 green
- 2 orange
- 3 brown
- 4 blue
- 5 purple
- 6 yellow

Back to School for This Board Member

It's important to put your money where your mouth is. And sometimes it takes guts as well as money. This summer I took a leap.

For several years, I've noticed increasing numbers of Spanish-speaking families in the area. In tutoring several immigrant students, I've learned about the particular challenges they face. As a member of the Board of Education, I've felt a growing need to be able to communicate with parents in their own language and to let them know that they're welcome in Buncombe County Schools.

After studying Spanish with an app on my phone for several months, I realized that I needed to take a deeper dive, and I decided to enroll in a Spanish immersion school. I had the opportunity to take several weeks off from my work this summer, so this was my chance. I traveled alone to Cuenca, Ecuador, for an amazing learning experience.

First-time Solo Travel

Our family has traveled to various places in Europe and Latin America, but I've never traveled solo. Yanapuma, the language school where I studied, arranges home stays for its students, so I had a place to lay my head. But I had no idea what to expect that first day, when the taxi dropped me off with my luggage in front of a big wooden door on a busy Cuenca street. As the taxi drove away and I rang the bell, I thought, "What will I do if nobody's home?"

Fortunately, my host was right there waiting for me. I spent a weekend exploring the city and getting my bearings (with virtually no Spanish), and then was grateful to jump into an intense learning schedule when classes started on Monday.

During the week, I had four hours of one-on-one classroom instruction every morning, and then a cultural program to

sites around the city with another Spanish teacher for three hours in the afternoons. Dinner with my host family was in Spanish. I fell exhausted into bed every night, and then it would start all over again with breakfast in Spanish the next morning. Before breakfast each morning I walked along the Tomebamba River to clear my head for the day's learning.

Rusty Brain?

I had fairly low expectations of myself going into the experience: with my rusty old brain, how much could I possibly learn in such a short time? I figured I would just be able to plant a seed. I was amazed how much Spanish I learned in just two weeks.

After only a week I realized that I could understand the gist of most of the conversations around me. And though I never felt particularly articulate in Spanish, I realized that even with the limited words I had, I could generally get my point across, especially once I let go of my fear of making mistakes. It was a freeing and empowering experience.

And what now? I'm looking for ways to keep the learning going. I've joined a Spanish conversation group, I'm considering classes at A-B Tech, I'm visiting tiendas around Asheville to practice my Spanish, and I'm ready to fumble through some conversations with Latino parents. I know I won't be perfect, but I'll be trying, and that goes a long way.

To hear more about Cindy's adventures in Cuenca, check out the interview at SpeakingofTravel.net.



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Contact: cindy.mcmahon@bcsemail.edu.



Cindy at el Parque de la Luz in Cuenca. This piece of sculpture stands at the top of a big hill.

New Teachers at A.C. Reynolds High School



Front row, left to right: Raven Olson, Science; Scott Durham, Science, Stephaine Scott-Gaddy, Career Development Coordinator; Andy Morgan, P.E.

Back row, left to right: Ivy Briggs, Math; Amber Alford, Social Studies; Chris Love, Science. Not pictured: Laura Dowell, Spanish

September Calendar

SEPT 2	Labor Day holiday
SEPT 16–20	Fairview Elementary Fall book fair
SEPT 17	Early dismissal for all schools
SEPT 19	Fairview Elementary open house, 4:30–7 pm Reynolds Middle 6th grade math night, 5:30 pm
SEPT 24	Fairview Elementary K-2 Daybreak with Dad, 7:15 am Reynolds High School open house, 6 pm
SEPT 25	Fairview Elementary 3-5 Daybreak with Dad, 7:15 am
SEPT 26	Fairview Elementary volunteer training, 8:15 am

Calendar Sales Support Rocket Athletics



Everyone needs a calendar, especially one listing all A.C. Reynolds High School Athletics' team, band, club and school events and conference game schedule, plus the school calendar for 2019–2020. This calendar also includes just about every holiday celebrated in the United States to add to its value. Your purchase of a calendar directly supports important athletic programs at the school.

Purchase yours for only \$10 at any ACRHS home game or at the Crier office, 1185F Charlotte Highway, M, W, F, 12:30–4 pm.

Getting Muddy Is Good at FES

by Kenya Hoffart

Fairview Elementary was recently chosen to be a



MUDDY SNEAKERS®
THE JOY OF LEARNING OUTSIDE

advanced in their thinking but still filled with wonder and interest for the natural world.

“Muddy Sneakers” school. Muddy Sneakers is an outdoor science education program for fifth-grade students that uses hands-on teaching methods while supporting the state’s science curriculum standards. The program, which began in 2007 as a pilot program, is based out of Brevard and serves 11 counties in WNC and six counties in the piedmont of South Carolina. A limited number of schools are chosen to participate.

The founders of the Muddy Sneakers program—Sandy Schenck, founder/owner of Green River Preserve Summer Camp; Rep. Chuck McGrady, former director of Falling Creek Camp in Tuxedo; Aleen Steinberg, who helped save DuPont State Recreational Forest from development; and John Huie, former director of the N.C. Outward Bound School—had a desire to connect local children with the conserved natural areas of the surrounding communities, all while making learning both fun and meaningful. They eventually decided to focus on fifth-grade science education, as they believe children at this age are

In addition, fifth grade is a test year for science in NC schools.

Fifth graders at FES will explore nearby protected lands, streams and more as they examine the natural world and learn about things such as weather, terrestrial and aquatic ecosystems, forces and motion, matter, energy, and more. Muddy Sneakers will tailor scheduling to the needs of the school and will teach groups no larger than 12 students per instructor. All instructors are highly qualified naturalist educators with an array of experiences and teaching styles.

Students will see, touch, smell, and ultimately understand the science curriculum before their eyes and in their backyards. There is a cost for the program, and sponsors for the program would be greatly appreciated. A \$50 donation will sponsor one student. For information on how to help, email ptafairviewelementary@gmail.com. Sponsorship checks can be written to FES-PTA and mailed to 1355 Charlotte Highway, Fairview, NC 28730.

Kenya Hoffart is the VP of fundraising and communications chair for the FES PTA.



NEW MURAL continued from page 1

Fairview Elementary School students had a lot to say about the new mural. Following are a few select quotes.

“The painting is so inspiring and creative, just like our library.”
—Mallory D.

“Wonderfully crafted, with minuscule details that add much liveliness to the painting. The shading is rather realistic and graceful. Amazing!”

—London J.

“The new painting brings life to books. The fairy tale creatures look real, like they will jump out the wall, and the quotes are inspirational.”

—Joshua T.

Asst. Principal at CCMS Is Familiar Face



Students at Cane Creek Middle School (CCMS) are back at school, and a former student has joined them. The *Crier* got a tip that former student Amberle Dalton was now at the school as assistant principal, so we recently asked her some questions to find out how she had come full circle.

Amberle (pronounced “Amber Lee”) is a Fairview native. She attended Fairview Elementary and A.C. Reynolds in addition to CCMS. She went on to NC State for her bachelor’s and then Gardner-Webb for her master’s (in educational leadership).

She began her educational career at T.C. Roberson, where she taught marketing and was the DECA advisor. She also coached volleyball, basketball and track there. (She coached basketball and track at CCMS for a few years during this time as well.)

So what’s it like to work in a school you attended? “It is an indescribable feeling to come back to a building that hasn’t changed a bit, with the exception of the 6th and 7th grade halls switching, in a new role,” she said. “There are some familiar faces still in the building, but none that I had as teachers. Never would my middle-school self ever have imagined that I would be an administrator in the same school I attended.”

She’s been hard at work all summer getting ready for the new school year. “I am excited to be back at Cane Creek,” she said. “It has always been near and dear to my heart, as a student and coach. I’m so thankful for the opportunity to be an administrator in such a positive school environment and community and to be able to help students have the same incredible middle school experience that I had here.”

And what does she want readers to know about CCMS? “Cane Creek has an excellent reputation because of the tradition, community, and hard work that the staff members do each and every day to impact the lives of students,” she said, adding that if parents had any questions or community members want to get involved at the school, she would love to help. Contact her at amberle.dalton@bcsemail.org or call the school at 628-0824.

Why Teens Love Their Phones

No matter how you slice it, smartphones are a huge part of society. Adults don’t seem to fully understand why all teens love their smartphones, so let me try to explain.

One reason phones are so important to us is that they are our lifeline to all of our friends. For example, the last three years I’ve been at band camp, I’ve met really cool people. If I didn’t have my phone, I probably would never have spoken to those new friends again because they didn’t come back again the next year and because they live in different districts and I don’t get to see them. But I’m in contact with all these people from different schools, which makes other band events such as All-County or All-District so much more fun.

Here’s another example: If I have a friend who goes to my school but doesn’t share any classes with me, a phone is the best way to keep each other updated about what’s going on in our lives.

Lastly, adults can text their friends and meet up to hang out but because younger teens can’t drive yet, and we still depend on our family for rides everywhere. When you can’t get a ride but still want to see friends, a phone is a really good option. A lot of parents hate smartphones.

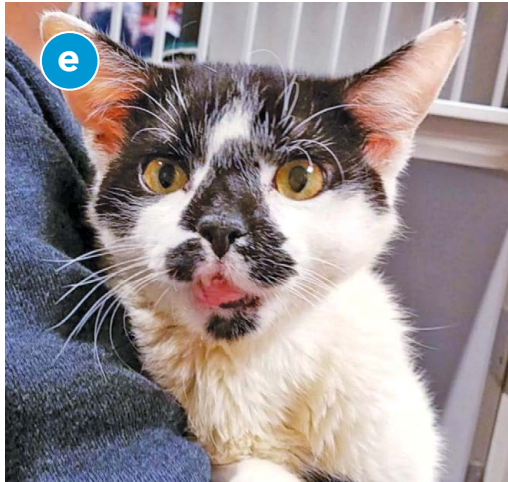
They’ll get their kid a phone so they can be in touch with them or their friends but will hate how attached we get to the phones. I know that when older generations were my age their idea of fun was running around outside and playing. It’s not exactly an either/or, but now kids are less likely to want to go outside. The truth is that having access to pretty much everything we need in a rectangle smaller than a softcover book is super helpful.

Truly though, I think the reason adults are so against phones is because it’s something new. It’s a change from the way they grew up, and they always want things to stay the same. Have you ever heard a parent say, “Oh, I remember when you were just a little kid. I miss those days.” See? Every human is a little scared of the unknown, and since smartphones are still uncharted territory for adults, they don’t like it.

I’ll have more to say about smartphones, and why they’re so important to teens, next month.



Avery Love is a tenth-grader at A.C. Reynolds High School. She lives in Fairview with her mom, dad, and sister Zoe.



a. Ringer **b. Gingersnap** **c. Kaleb**
d. Theodore **e. Quigley**



a. Ringer is a beagle mix around 5 years old. Ringer is heartworm-positive and will have to go through treatment before adoption. After treatment, he will be on eight weeks of strict bed rest. This has not stopped him from having a positive and loving attitude. Adoption fee is \$150. *Charlie's Angels*

b. Gingersnap is a sweet, healthy 3-year-old domestic shorthair with excellent litter and house manners. *Animal Haven*

c. Kaleb is a Maine Coon/Domestic medium-haired kitten. He is about 4 months old. The adoption fee is \$100. *Charlie's Angels*

d. Theodore is an exuberant, fun and goofy guy who looks forward to walks and hikes. He will need to meet any potential doggie roommates to be sure they're a good match. *Humane Society*

e. Quigley is a 3-year-old kitty who has been through a lot. His pelvis, back leg and skull were all fractured after being hit by a car. Despite his rough start, he loves life. *Humane Society*

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299-1635
animalhaven.org

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Not All Dogs Are the Same, So Why Train Them All the Same?

A one-size-fits-all article of clothing will not fit properly or look the same on a tall, slender, athletically built young female adult as it would on a shorter, curvy, full-figured older woman. That is just a fact of life.

This is true in caring for your dog, too. Go online and you will easily be overwhelmed with a gazillion ways to “fix” the problem you are having with your dog, be it behavioral training or even a health issue.

As humans, we all come to the table with different genetics, different life experiences and different goals, and it's the same for dogs. We often hear people try to compare their new dog to their old dog of the same breed. When we love and cherish what our old dog gave us, and try to replace that hole in our heart when they leave us by getting the same type of dog, we are easily frustrated when the new dog isn't the same. Each dog should be treated and thought of as unique.

I have had two dogs with horrible allergy issues. Everyone had advice: shots, sublingual drops, testing, changing foods, changing laundry detergents, different pharmaceuticals, homeopathy, etc. I spent thousands of dollars on recommended cures. But all dogs are not alike, even if they suffer from what is seemingly the same issue. They should be managed as individuals, trying different approaches to

find what works for each particular dog, and watched closely for any additional “tweaks” that need to be made. I have always taken the suggestions, researched them, tried the ones that seemed helpful and monitored these dogs for success or for signs to try again. Sometimes the successes were short lived, some longer term, and some failed miserably.

The same holds true to approaches to training your dog. Some dogs are easygoing and just need a little guidance and lots of positive reinforcement to become the perfect dog. Other dogs have more deep-rooted genetic issues or profound life and/or environmental experiences that manifest in behavioral issues. It takes more than just a pocketful of treats and over-the-top affection to help them. There generally is not just one particular way to help these dogs. It takes a combination of approaches and trial and error to find the key to unlock the puzzle to help these dogs.

Working with a Trainer

When choosing a trainer to work with there are some things to consider:

- Talk to friends and neighbors who have dogs that behave the way you want your dog to act. Their trainer might be the right one for you.
- Call and schedule a time to speak to the trainer and get a feel for their ideas

and views on dogs, training, tools, and approaches to training.

- As trainers, we are still trying to perfect the pixie dust to sprinkle on your dogs to make them magically perfect for you. In the meantime, take time during your sessions to develop a relationship with your trainer. If you don't understand something, let them know so they can approach the concept for you in a slightly different way and better help you understand how and when to use a technique. After all, we are here to help you, the owner, as much if not more than your dog.
- In order for a training approach or concept to work, the owner needs to be comfortable with it and understand the real-life application. Ask questions on how to comfortably apply what you are learning to your lifestyle.
- Trainers often come with big egos. In reality, it does not matter if we are able to handle your dog successfully; you need to see what your dog's capabilities are. In the long run, you are your dog's handler and owner, and a trainer should be able to transfer the concepts to you. If your trainer is falling short on helping you understand, call, let them know, and ask for more help and understanding.
- There are a variety of owner styles and goals for their dog. Make it clear what you want. As trainers, we should all be helping

with the foundational concepts to build upon. It is tough to make a long-lasting change in your dog without having basic concepts in place. Often, when you fix one issue, you recognize other issues that were previously overlooked or that arise if your dog is not well-balanced. We also often see that when the dog learns and follows the basics, many other inappropriate behaviors disappear when they are no longer reinforced.

- It's a big milestone when an owner realizes that he or she, rather than the dog, needs to change. We all do better when we know better. Teamwork is needed among the owner, pup and trainer.

All trainers should be in the business of helping their clients succeed, whatever that looks like for each client. Make sure you have a level of comfort with your trainer and feel you can speak openly and express any concerns you have while you are going through training. Your trainer should be able to help you make training an easy part of your everyday life and not a burden.



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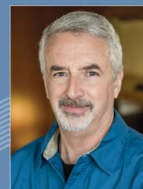


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A Helping Hand When Needed

By Gayland Welborn

The best judges of the effectiveness of the Council on Aging of Buncombe County (COABC) are local seniors who receive services or support through the COABC, such as James and Martha Hare, lifelong residents of the Fletcher community.

The Hares are typical of citizens their age. Born into farming families during the Great Depression, they developed a lasting respect for hard work and self-reliance. His father was a farmer and a local Baptist minister who preached every Sunday morning. James recalls his father working for \$5 a week and still being able to support those less fortunate in his congregation. Martha remembers how hard her parents worked to provide for their seven children.

The Hares started their family and eventually raised five children. James made a living as a landscaper and mill worker, and did some farming along the way. Martha raised the kids and later worked at Dia Compe, a local bicycle company, and at Christ School in the school cafeteria. There was not much money to go around. A favorite family activity was watching a movie in downtown Asheville (tickets 25¢ each).

James and Martha do not consider themselves wealthy, but they are thankful for and proud of the life they made together. Recently, they found themselves in a difficult situation financially and called on



the COABC for support. Their old furnace needed maintenance work and their leaky commodes needed repair. The COABC helped them apply for an emergency grant with Mountain Housing Opportunities. Their bathrooms were updated with new commodes, a new shower, and added handrails for safety. The Hares also received a new heat pump that will keep their home warm during the winter.

James and Martha appreciate the services provided by the COABC. "I can truthfully say the Council on Aging has done wonderful things for us," James said. "I would encourage anyone needing help to call."

We at the COABC are thankful and proud to support families like the Hares. If you know a senior citizen in need of support, call the COABC at 747-2127 or 277-8288.

Gayland Welborn is the Fairview and Fletcher services coordinator for the Council on Aging of Buncombe County.

ON THE ROAD

Danny and Jenny Lee, who live off Garren Creek Road, recently traveled in China for three weeks. Jenny, an acupuncturist, first spent a month working in a hospital just south of Beijing. On their travels, they saw terra cotta warriors and pandas and visited many cities. In Shanghai (below) they took a picture with the famous Pearl Tower in the background—and the famous *Crier*, of course. Danny said, "The food was incredible, the culture was so rich and the ancient history of the country was fascinating. People loved to talk to us and were very interested to learn about the differences in our cultures." Sounds like a great trip! Maybe we'll get them to do a travelogue for us...



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Life Events Can Lead You to See a Financial Advisor

Over the years, you'll experience many personal and professional milestones. Each of these can be satisfying, but they may also bring challenges—especially financial ones. That's why you may want to seek the guidance of a financial professional. Here are some of the key life events you may encounter, along with the help a financial advisor can provide:

- **New job.** When you start a new job, especially if it's your first "career-type" one, you may find that you have several questions about planning for your financial future, including your retirement. You may have questions about how much you should contribute to your employer-sponsored retirement plan. What investments should you choose? When should you increase your contributions or adjust your investment mix? A financial advisor can recommend an investment strategy that's appropriate for your goals, risk tolerance and time horizon.
- **Marriage.** Newlyweds often discover they bring different financial habits to a marriage. For example, one spouse may be more of a saver, while the other is more prone to spending. And this holds true for investment styles – one spouse might be more risk-averse, while the other is more aggressive. A financial advisor can help recommend ways

for you and your spouse to find some common ground in your saving and investment strategies, enabling you to move forward toward your mutual goals.

- **New child.** When you have a child, you will need to consider a variety of financial issues. Will you be able to help the child someday go to college? And what might happen to your child, or children, if you were no longer around? A financial advisor can present you with some college-savings options, such as an education savings plan, as well as ways to protect your family, such as life insurance.
- **Career change.** You may change jobs several times, and each time you do, you'll need to make some choices about your employer-sponsored retirement plan. Should you move it to your new employer's plan, if transfers are allowed? Or, if permitted, should you keep the assets in your old employer's plan? Or perhaps you should roll over the money into an IRA? A financial advisor can help you explore these options to determine which one is most appropriate for your needs.
- **Death of a spouse.** Obviously, the death of a spouse is a huge emotional blow, but it does not have to be a financial one—especially if you've prepared by having the correct beneficiary named on

retirement accounts and life insurance policies. Your financial advisor can help ensure you have taken these steps.

- **Retirement.** Even after you retire, you'll have some important investment decisions to make. For one thing, you'll need to establish a suitable withdrawal strategy so you don't deplete your retirement accounts too soon. Also, you still need to balance your investment mix in a way that provides at least enough growth potential to keep you ahead of inflation. Again, a financial advisor can help you in these areas.

No matter where you are on your journey through life, you will need to address important financial and investment questions, but you don't have to go it alone—a financial professional can help you find the answers you need.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert, contact 628-1546 or stephen.herbert@edwardjones.com.

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Homes Sold	26	1,225,000	155,000	398,595
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Land Sold	7	240,000	35,000	94,414

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Looking 20 Years into the Future

Where do you see Buncombe County in 20 years? What will life be like here? What priorities do you hope your local government will be addressing?

At the end of July, the Buncombe County Board of Commissioners spent two days working with futurist Rebecca Ryan to answer those questions as part of a new strategic plan to take the county to 2040.

On the first day, the commissioners worked in two teams to review over 30 trends we think will impact the county over the next 20 years. Our staff also completed "The Big Sort." Eight trends rose to the top for both teams of commissioners and also aligned with the staff teams. Those trends are the growing jail population, growing housing costs, growing population, growing racial gaps in educational achievement, rising burden of chronic conditions and obesity, growing public spending on health care, affordable quality childcare options falling short, and loss of farmland.

On the second day, we worked with Donna Warner from the UNC School of Government to determine our personal values and how they come together to form our values as commissioners. We agreed that our most critical values are respect, honesty, integrity, and embracing a culture of collaboration. Additionally, we want to be known for "restoring public trust through honest and ethical decision-making,

transparency, fiscal responsibility, impactful policy making, and good governance."

The commissioners currently are focused on six strategic priorities (affordable housing, clean and renewable energy, diverse community workforce, early childhood education, justice resource support, and opioid awareness). Part of the strategic plan process was to help us determine if those are still the right priorities. On August 20, we were presented with a draft compilation of revised focus areas based on the eight primary trends we identified. Additionally, each focus area will set forth a vision for success. Those new focus areas are as follows:

- an educated and capable community
- environmental stewardship
- vibrant economy
- safe, healthy, and engaged residents

Overall, the six original strategic priorities are very closely aligned with our four new focus areas. However, the new areas are much broader and will allow the county to address many critical issues.

In order to ensure the success of the strategic plan, we must collaborate with staff to create action plans, which will also allow us to track our progress in meeting our goals and then report those results to county residents.

The staff is on the front lines to provide effective, efficient services daily, and they



Commissioner Edwards (left) working with new assistant county manager DK Wesley (right) and commissioner Jasmine Beach-Ferrara during the strategic planning meeting.

have excellent ideas for achieving our goals and the experience necessary to do so. In the coming weeks, we will continue to refine the draft plan with the goal of voting on the final plan this fall, with implementation beginning in January 2020. I remain excited about this plan and the opportunity it affords us to address critical needs in the county.

Finally, the county continues to work closely with the Land of Sky Regional Council on the WestNGN broadband project. Over the past few months, a survey was made available to determine where better internet service is needed. The Fairview ZIP code had 175 responses. More than 63%

who reported not having service said their main reason was that it wasn't available at their house. Of the responses with access, over 69% said they do not have sufficient service, and 6.3% said they do not have any broadband. This is important data that will help inform the next steps. I will keep you updated on broadband as it unfolds.



Amanda Edwards is one of the District 2 representatives, along with Mike Fryar, on the Buncombe County Board of Commissioners. She can be reached at amanda.edwards@buncombecounty.org or 484-6385.

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Gardening for the Birds

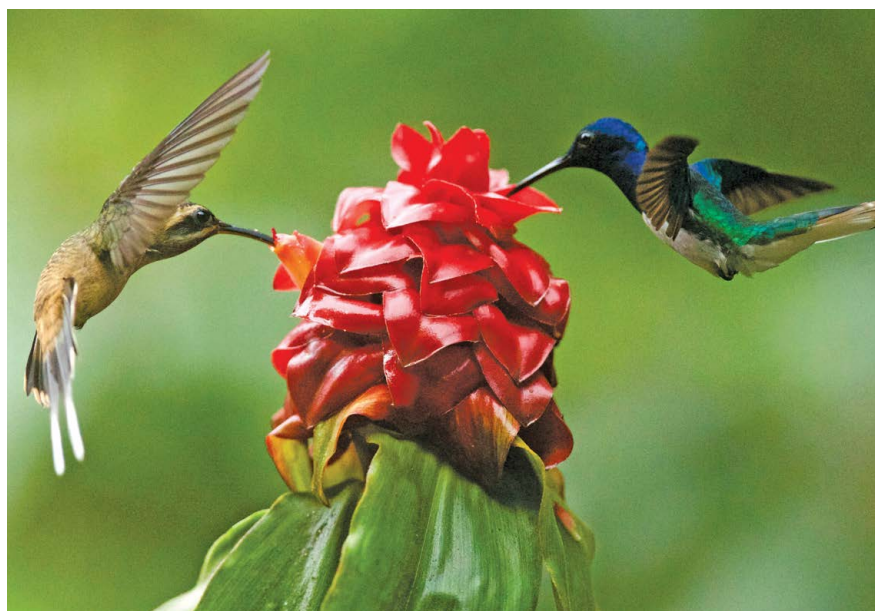
No matter whether you have a large yard or a patio, you can create a wonderful environment that attracts beautiful birds and is healthy for them, as well as environmentally sound. If you're sick of mowing, you'll be happy to hear that the key objective in developing your bird garden is diversity, and not a turf lawn. There are five elements to consider: food, water, shelter, structure and sustainability.

Healthy Foods for Birds

Trees, shrubs, vines, flowers, ferns, mosses, grasses, and local bugs make up around 80 percent of all that birds eat. Use local and/or regional plants to provide seeds, grains, nuts, fruits, berries, and nectar. Decaying matter supports bug life and birds love bugs.

You can take pride in the fact that you are not overly tidy in your garden. Do this by leaving the leaves, stacking the sticks, and embracing no-mow moss, clover and grasses. Don't pick flowers considered to be weeds, and ignore webs, cocoons and nests.

And don't forget supplemental feeding. Your garden will provide a lot, but supplemental bird feeders are a great way to enhance bird access, viewing and health, especially during baby season (March through August), molting season



(August and September), and hummingbird "tank up" time (August to October). To keep birds from flying into windows, put feeders very near or on windows or far away from your house (at least 10 feet). And keep your cats indoors.

If you're itching to add to your garden, there are many native plants. Check out your local nurseries or the book *Native Plants of the Southeast* by Larry Mellichamp.

Water Always

Birdbaths are beautiful and it's fun to watch the birds drink, bathe and frolic. But make sure they are deep enough for a pump and heater, while at the same time using gravel and rocks to make the water shallow enough for birds to be comfortable venturing into. Water movement attracts birds and deters mosquitos, so use a low-profile aquarium pump or water wiggler. Keep the baths clean with

regular maintenance. Remember, any water is better than none—even drips and puddles.

Give Them Shelter and Structure

I really enjoy watching birds dart in and out of growth in my yard or sit cracking open a sunflower on a branch. Providing shelter and structure helps birds stay safe. Use dense growth at the canopy and below. Try keeping some brush piles and rock piles. Walls, overhangs, raised structures, and roosting boxes are all considered good shelters and structures. Keep trees and shrubs healthy so that trunks and branches are ready for access and movement.

Sustainability

Sustainability is the ability for a habitat to maintain diversity with minimal traumatic intervention. Conserve, protect, and control your garden. Install rain barrels and use drip irrigation. Apply enough lightweight mulches and don't till your garden. To protect you, your family, pets, and birds, use organic practices and limit pesticides and fertilizers. Control exotic and invasive species by removing them and planting tame natives.

Steve Muma is co-owner of Wild Birds Unlimited at 10 Crispin Court, Suite D, 102, Asheville. asheville.wbu.com.

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by Candi Yount

The Fairview Business Association was started 20 years ago when a group of small, local business owners had a vision to support each other in common concerns, challenges and opportunities. By focusing on networking and community integration, the FBA found its role as a dynamic local resource.

July Meeting Recap

A quick change of venue (due to rain) for the August picnic proved to be a winning decision, as members were allowed to explore and enjoy Janet Peterson's Cloud 9 Relaxation Home off Bob Barnwell Road in Fairview. Janet's three-bedroom childhood home has been transformed into one of four vacation rentals on the Cloud 9 Farm property.

President Justin Purnell reminded the group that elections will be coming up in November and several positions are available on the executive committee.

September's Meeting

Our next meeting will be Monday, September 9 at 6 pm at The Cove of Fairview, 24 Fairview Cove Road.

We'll gather at Our House, the original homestead and one of the seven

vacation rentals included in The Cove of Fairview. Owners Frank and Marietta Dixon moved to Fairview in 2004, after Frank retired from a career in sales management, to create a place for others to enjoy the very best of our community, as well as what the mountains embody. The Cove includes a hobby farm with chickens, horses, goats, a gurgling koi pond, scenic views and more.

Meeting Reminders

Bring news about your business for the "What's New" minute. Wear your name tag or order one (\$10 each) and bring business cards to share.

Networking is of prime importance.

There will be time for this after the business meeting. When members come to meetings, we can associate a face with a business and are more apt to use that business when we have a need.

Future Meetings

Tuesday, October 8, 6 pm—Carolina Equipment/Bostic Builders

Wednesday, November 6, 6 pm—Fairview Preschool

The FBA is committed to supporting our community. Visit fairviewbusiness.com to learn more about the FBA, how to become a member, and pay your dues.



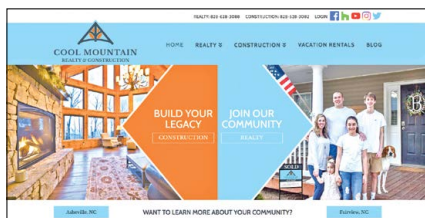
FBA members escaped the rain and enjoyed their time at the Cloud 9 Farm property.

BUSINESS SHORTS



Turgua Brewing Company announced on their Facebook page that they have broken ground on a new taproom on Cane Creek Road. Called Turgua on the Creek, it should feature the same craft beers and relaxed vibe as their current location. The opening date hasn't been announced yet. As their Facebook post said, "Maybe before year's end. Maybe early next year." So stay tuned...

Back in April, we told you that **Cool Mountain Realty & Construction** had rebranded, with updated colors and a new logo. And now that their new website is live, they are totally up to date. Check it out at coolmountainrealty.com.



KEEP IT LOCAL with FBA Members

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Rueger Riley.....407-0437

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Dana Irwin Design.....712-0013

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High Country Truck & Van.....222-2308

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From Roots to Leaves, Addressing the Causes of Hunger

This spring, some of our staff and friends attended a lecture given by Bryan Stevenson, founder and executive director of the Equal Justice Initiative. Stevenson is also an attorney, advocate and activist for educating the public about mass incarceration and its roots (which is also tied to food insecurity).

His four talking points were: to live in proximity, to change the narrative, to have hope, and to do the uncomfortable. The Lord's Acre has valued living in proximity and now, as we step into our new identity, Root Cause Farm is choosing to be part of the community in changing the narrative of food, poverty, inequity, and health. We use food, specifically, as our avenue in addressing poverty, racism, and an unjust system.

We've brought hundreds of people together to grow and to share, and we've given away over 2,000,000 servings of fresh, organic produce. We want, of course, to continue this work. And we want to explore, learn about and hopefully affect the causes of hunger and poverty in our community—and our country. Did you know that in this past year, one out of every six people in WNC received food assistance? That's more than 38,000 households. Of those, 75 percent had to choose to pay for food, rent, heat, or fuel.



Why is that? Aren't we the wealthiest country in the world? How can so many people here be going hungry? How is it possible that one in five children in North Carolina regularly faces hunger?

One way we've been exploring this problem and trying to understand the root causes of hunger has been through a tree-drawing activity. This was an activity our staff participated in at the biannual Come to the Table Conference, and the workshop was facilitated by Highlander Research and Education Center.

Each week, we host groups of people who volunteer with us on the farm. Our volunteers include middle schoolers, high schoolers, college students, garden clubs, master gardeners, working adults, and retired folks from Asheville, South Carolina, Georgia, Kentucky, New York and beyond. More than half of the groups we host are church-affiliated.

For the activity, we start with an introduction under our beloved hickory tree and allow the opportunity to talk about hunger, the need for a farm like ours, or different models that more deeply address hunger. This year, we have presented each group with a tree drawn on a white board and asked participants about the symptoms they might notice if people (or themselves) are hungry. The answers include fatigue, lack of concentration at school or work, anger, stomach pain, obesity, depression, low immunity, or chronic illness. We write those descriptions on the leaves of the tree.

We then ask about immediate causes that may be less visible. Some groups take time and quietly answer, while others comfortably shout out. Answers include generational poverty, lack of transportation, lack of health care, food deserts, going to jail, being a vulnerable person, wages not matching the cost of living, addiction, unsupportive social systems, and stigma or shame. We write these items on the trunk of our tree.

Lastly, we ask the groups to name root



Left: Ali Stone (left) and Janice Brewer.

Below: recent examples of the white board exercise for new volunteer groups. Symptoms of hunger are written on the leaves, immediate causes on the trunk, and root causes on the roots.



causes—the structural, unseen causes of hunger. Groups identified the prison system, racism, corruption in laws and legislation, corporate greed and controlled media, climate change, individualism, isolation, and exclusion as some of the root causes for structural and intentional inequities within our food system that create hungry communities. We write these causes on the roots of our tree.

At this point in the activity, conversation has either become passionate or flat. These moments call us to sit uncomfortably, and we remind the group that it's okay to feel uneasy or uncomfortable. Either way, we have a very visual idea of the pipeline from causes to symptoms of hunger.

As we end our time together with each

group, we ask them to name an action they can personally take to face any of these symptoms or the immediate or root causes. We encourage this kind of reflection to leave people feeling hopeful, not discouraged. Groups highlight that they feel their work in the garden has made a difference, not just to those who might one day eat the produce, but also for themselves. We agree that staying connected to one another and working in the garden together is an action step that we all benefit from. We hope to see you in the garden because we can only be a "community solution to hunger" with you there, too.

Janice Brewer is the garden manager at Root Cause Farm, and Ali Stone is the programs manager. rootcausefarm.org.

We're Still Listening

by Pat Stone, founder and board chair

Last month in this column we asked anyone who had concerns about our new name to feel free to contact me, and let me hear them. A number of folks did. I want to thank them all for their thoughts—and courtesy. What wonderful examples of caring and consideration these people set.

My offer stands. I'm happy to discuss the garden's name, goals and heart with you. Phone or email me if you want (243-2678; pat@greenprints.com). In the meantime, come to the garden. Let's root out hunger together.



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Milk Thistle: Spiny Harvests for Food and Medicine

Milk thistle is a beautiful, common plant that grows worldwide. The young plant has a beautiful rosette with contrasting white veins that are stunning against the deeper-green background of the thistle leaves. These plants grow in many types of soil and they grow fast; they can grow up to 7 feet high and produce abundant seeds.

Most of the plant is edible, but it does have spiny barbs on the outsides of the leaves, so many folks who harvest them as an edible vegetable use gloves. I have only eaten the leaves and shoots after trimming off the outer spines with scissors, but several friends suggest going an easier route and simply parboiling the leaves until the prickly edges become tender and serving it as a spinach substitute. The trimmed leaves can also be eaten raw in salads. The roots can be eaten raw or cooked, and the stems can be soaked overnight to remove bitterness and then stewed alone or mixed with other veggies.

Milk thistle, *Silybum marianum*, is a member of the large family of plants called Asteraceae, which have an ancient lineage. Historically, these amazing plants have been used for more than 2,000 years, featured prominently by Dioscorides in ancient Greece and in John Gerard's famous herbal masterpiece printed in the 1500s. Culpeper's Complete Herbal (ca. 1653) was one of

the first books by a physician to take note of milk thistle's healing properties in relation to "unblocking the liver," which is one of the main realms of current medical research for this famous plant.

Recently, my partner went to the hospital for an infection, and the main culprit was his gallbladder. One of his specialists recommended he take "milk thistle extract" as a supplement to help ensure proper functioning for both the liver and gallbladder.

There is a tremendous body of current scientific research involving milk thistle's capacity to support healthy liver functioning. It could figure into a potential treatment of liver toxicity and poisoning from acute alcoholism, chemical poisoning from industrial compounds like carbon-tetrachloride and chemotherapy, and acute mushroom poisoning.

In Europe, milk thistle extract is being used successfully in hospitals to treat acute poisoning from toxic mushrooms such as Amanitas. Amanitas, like the "destroying angel" common in WNC, are considered the most toxic and dangerous mushroom variety, as there is no cure or antidote. These pure-white mushrooms, which are just appearing now in our forests, are stunning in their beauty, but half of a mushroom can cause death in an adult. The key problem is that it takes



time—several days—for a human who has ingested them to show flu-like symptoms; at this stage, the mushroom's chemical agents are fully intertwined in the bloodstream. The mushroom has already begun destroying the liver.

In the US, milk thistle extract is not yet approved by the FDA for the treatment of acute death-cap mushroom poisoning, which I find amazing. What is there possibly to lose, when without help, or an extreme treatment such as a liver transplant, death is the guaranteed outcome? I know I would certainly vote for milk thistle and hopefully, as often is the case, we will catch up with our European neighbors.

In China, hundreds of people die each year from Amanita poisoning, and in California last year alone, over 600 people

were hospitalized from mushroom poisoning, with three requiring liver transplants in order to survive.

The good news is that one physician in California, Dr. Todd Mitchell, has been leading a campaign for 12 years to convince the FDA to approve the use of one of milk thistle's chemical compounds, "silibinin," for the treatment of Amanita poisoning. In 2007, a family of six near Santa Cruz were hospitalized with acute Amanita poisoning. After repeated petitions to the FDA, Dr. Mitchell received approval for a one-time use of milk thistle extract; all the family members except the 83-year-old grandmother recovered fully from their poisoning. This stunning success led to what is now called the "Santa Cruz protocol." Dr. Mitchell has now been consulted around the country and world regarding mushroom poisoning, and reports that in his decade-long clinical trials, nearly every subject treated with milk thistle extract has recovered fully. Hopefully, our common and humble milk thistle will find a new place in our history.

Nature is amazing and complex, and milk thistle is a remarkable plant well worth learning about. We all have a lot to learn from our plant friends in the natural world.



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OF INTEREST TO SENIORS MIKE RICHARD

A Change of Philosophy

Preventive visits, house calls, cost-free preventive tests—why is Medicare now so interested in my health? If you've had Medicare for a long time, it used to seem that their long-held philosophy about care was "if it ain't broke, don't fix it." Now that's all changed.

Their new philosophy is "an ounce of prevention is worth a pound of cure," which makes far better sense on a couple of fronts. It saves Medicare money, because fixing what's broken turns out to cost way more than preventing it in the first place. Also, Medicare users taking this proactive approach spend less on healthcare, as they try to lead healthier, happier lives. So how does Medicare go about doing this?

An Ounce of Prevention

The "Welcome to Medicare" preventive visit is one way to put you in control of your health and your Medicare from the start. Offered during the first year that you are enrolled in Medicare, this comprehensive visit allows you and your doctor to get an accurate reference point for your health now and for the future. And it's free for most people on original Medicare or Medicare Advantage.

Even if your doctor is familiar with your health history, this visit, unlike a typical one, is more comprehensive: reviewing your medical and family history,

assessing current health conditions and prescriptions, and conducting tests and screenings to help establish a baseline for future, personalized care. It also allows you and your doctor to discuss short- and long-term steps to prevent disease, improve your health, and make sure that your healthcare wishes are carried out in the future. Call your doctor to set up an appointment within the first 12 months of becoming eligible for Medicare.

Yearly Wellness and House Visits

Free annual Medicare Wellness Visits with your doctor, not to be confused with annual physicals, which aren't covered, are used to identify current health trends and risk factors to update your health prevention plan.

In-home health visits are performed by licensed healthcare professionals and are used by many Medicare Advantage companies as a free benefit to their members. They are used to augment their personal preventive healthcare plan and encourage those who haven't gone or can't go to see a doctor.



Mike Richard is president of Prime Time Solutions, offering local, free, no-obligation consultations: 628-3889 or 275-5863.

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Submissions Announcements, community news, upcoming events, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the *Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

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Free Medicare Info Classes

The Council on Aging of Buncombe County, in conjunction with the N.C. Department of Insurance's Seniors' Health Insurance Information Program (SHIIP), will offer free, informational classes about Medicare in September.

The class, "Introduction to Medicare—Understanding the Puzzle," will explain how Medicare works, the enrollment process, how to avoid penalties, and ways to save money.

Residents who are new to Medicare, caregivers, and others who help senior citizens with their Medicare insurance should consider attending this informative class. The information presented is unbiased and accurate. No products are sold, recommended, or endorsed.

To register, visit the Council on Aging of Buncombe County's website (coabc.org) or call the Council on Aging at 277-8288.

The classes listed below are free and open to the public.

Asheville

September 5, 10:30 am–12:30 pm, Reuter YMCA, 3 Town Square Boulevard
September 13, 2–4 pm, OLLI/Reuter Center, UNCA, One University Heights
September 17, 10 am–12 pm, Woodfin YMCA, 40 North Merrimon Ave #101
September 20, 2–4 pm Goodwill, 1616 Patton Avenue

Black Mountain

September 25, 2–4 pm Black Mountain YMCA, 25 Jane Jacobs Road



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FOOD FOR FAIRVIEW
628-4322

MEALS ON WHEELS
253-5286

ROOT CAUSE FARM
628-3688



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The Fairview Town Crier 2019 Advertising Rates

The *Town Crier* is mailed free to 8,600 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

BLACK AND WHITE DISPLAY ADVERTISING RATES

	12x/year	6x/year	1x/year
Full page	\$317	\$347	\$376
Half Page	\$191	\$214	\$231
Quarter page	\$109	\$128	\$139
Eighth page	\$65	\$82	\$92
Business card	\$45	\$55	\$60

Nonprofit ad rate is 20% off applicable rate. Note: 1x ads are payable in advance.

SAVE MONEY: On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

CLASSIFIED ADVERTISING RATES

Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). Classified ads must be prepaid. Notices and personal ads not selling anything are free.

Put success on your side — call Jim!



Jim Buff CRS
828.771.2310

kw PROFESSIONALS
KELLERWILLIAMS REALTY
86 Asheland Avenue, Asheville, NC
email@jimbuff.com www.jimbuff.com

RESULTS

27 Botany Dr..... Pending in 3 days
3 GT Dr..... Pending in 19 days
88 Johnny Marlow Rd..... Pending in 1 day
49 McIntosh Ln..... Pending in 5 days
40 Blue Ridge Dev..... Pending in 19 days
35 Rolling Oaks Dr..... Pending in 2 days
2 Beechwood Rd..... Pending in 11 days
38 Folsom Dr..... Pending in 4 days

994 Riceville Rd..... Pending in 7 days
21 Clover Mountain Lane..... Pending in 15 days
234 Brickton Village..... Pending in 1 day
310 Foxhall Rd..... Pending in 13 days
37 Beechwood Rd..... Pending in 2 days
87 Huntington Drive..... Pending in 10 days
1445 Newstock Rd..... Pending in 2 days
103 Cimarron Drive..... Pending in 4 days



ERWIN SCHOOL DISTRICT! 4 BR/2.5 bath on 1.84 acres, LR w/FP, attached 2-car gar, fam rm, office, master on main, enclosed porch & screened patio, partially fenced, full bsmt, **MLS#3510406 \$385,900!**



BLACK MOUNTAIN! 4 BR/2.5 BA on level .33-acre lot in convenient loc. Newer roof & heat pump, 2-car gar on main level, cov front porch & rear patio, spacious rooms throughout, **MLS#3522851, \$349,900!**



CANDLER! Spacious 3 BR, 2.5 bath rancher on level .72 acre lot, covered front porch, walk-in closets, outbuilding w/electric & window a/c unit, **MLS#3538511, \$343,500!**



NORTH ASHEVILLE! 4 BR, 2 baths in Beaverdam, sizable kitchen w/breakfast bar, large master bedroom, large outbuilding w/electric, covered porch, **MLS#3536826 \$335,000!**



WEST BUNCOMBE! 2 BR, 2 bath home on private .60 acre lot, LR w/FP, HOME WARRANTY, full basement partially finished- unheated, **MLS#3534964, \$242,000!**



CANDLER! Brick rancher w/magnificent views, 2 lots totaling 1.46 acres, brick FP in LR, HOME WARRANTY, covered front porch, rear deck & patio, attached carport, **MLS#3474507, \$239,000!**



WEST ASHEVILLE! 2 BR/1 bath home on .19-acre lot w/front & backyard, new appliances, flooring & paint, move-in ready, back deck. Call Dawn McDade 828-337-09173 **MLS#3504018 \$219,900!**



SWANNANOA! Newer home in convenient location, 2 BR, 2 Bath on .28 acre lot, spacious master w/walk-in closet, covered front deck, one level living, **MLS#3515368, \$214,900!**



FLETCHER! 2 BR, 1.5 bath condo, freshly painted, updated kitchen w/stainless appliances, convenient location, neat & clean, **MLS#3534779, \$169,900!**



FAIRVIEW! Wooded .96 acre lot, this private lot would be good for year round living or vacation home, convenient location, **MLS#3431165, \$21,900!**