



YOUR NONPROFIT, COMMUNITY NEWSPAPER SINCE 1997

The Fairview Town Crier

NOVEMBER 2020 VOL. 24, No. 11 | FAIRVIEW, NC | FAIRVIEWTOWNCRIER.COM

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What Do We Need? Joy!

by Sandie Rhodes, Publisher

This year has been unsettling for all of us. The holidays are almost here, and what we need is a good old-fashioned dose of joy. Let's have a Joy Fest!

This event will be a JOY-FULL explosion of all that's bright and beautiful in our community and world. A day to kick 2020 in the rear end and welcome 2021 with open arms and hearts. A day to reconnect with families, neighbors and friends—in a safe way—while letting our hearts touch each other again in celebration.

Get ready for caroling, hot chocolate, cider, cookies, candy canes and more.

JOY FEST

**SUNDAY, DECEMBER 20,
3:30 PM**

Join the fun at the parking lot beside the Fairview Community Center (opposite Food Lion).

In the event of severely bad weather, we'll gather the following Sunday, December 27, 3:30 pm.

More details coming in next month's issue of the Crier.

Parents can snap photos of their kids getting a double thrill of seeing Santa riding in on a Fairview Fire Department ladder truck. There will be goodie bags filled with holiday surprises for all the children. Multiple small bonfires will fill the parking lot so everyone can roast marshmallows at a safe distance. There will also be music and singing of longtime favorite songs celebrating the season. And there will be snow!

Well, we can't actually promise real snow, but you won't be able to miss the giant snowflakes that will stay lighted atop the bulletin board from Thanksgiving to the year's end, heralding the season of joy and ushering in the new year of hope.

Please join us in filling the air with happiness and the comfort of sharing and caring with our neighbors. At the event, donations will be accepted for Food For Fairview and Asheville Humane Society.

Joy Fest guests will have plenty of room to stay at a safe distance, and masks, scarves and gloves can provide another layer of safety as needed when approaching crowded areas. All beverages and food will be prepackaged with lids and bags.

Wanted: Joy Fest Helpers!

We all know that joy must be shared, so we ask you to join in and help bring this celebration to life. Some jobs needing to be filled are listed below.



- **Event Elves:** to help folks navigate—not a job for introverts.
- **Fire Pit Sponsors/Monitors:** to lay a fire, stoke it, and keep it lit while ensuring small children don't get toasted.
- **Singers:** people with a strong voice and a good range are important but an occasional off-key note will be just fine.
- **Music Maestro:** or musicians who know their way around sound equipment.
- **Sharing Agents:** food squad and goodie

bag handlers to prepare take-away beverages and stuff bags beforehand.

- **Holiday Haulers:** a few folks with sturdy trucks willing to haul wood and pick up oil drums and concrete bricks and then haul them away.

- **Flexible Flyers:** those indispensable dears ready on the spot to do whatever comes up and needs to be done. Patience and initiative are a plus.

And we need our amazing, joy-hungry community to come out to share and spread the joy. It'll be a perfect way for a family, church or business group to spend time together safely.

To volunteer or support, email Sandie at sandie@fairviewtowncrier.com or call/text 828-280-8270.

BUSINESS SPONSORSHIPS!

A joyful way to spend the very last of 2020's donation/promotion budget. What better way to spread joy in your community?

\$100 sponsorships cover the costs of decorations, children's gift bag treasures, bonfire bins, reindeer food, etc.

LOCAL AND HANDCRAFTED GIFTS

ANNUAL FAIRVIEW CRAFT AND GIFT FAIR

Saturday, November 14, 9 am–2 pm

The Fairview Community Center's annual craft and gift fair will be a great place to get out and make holiday purchases without big crowds and in support of local crafters of handmade goods. Refreshments will be available.

Mandatory and proper mask wearing and social distancing will be in effect. The number of crafters has been reduced to facilitate social distancing, but a great, diverse group of crafters will be on hand. Free admission and free parking. For more information, call 301-3932 or email hdlwhl@aol.com. Fairview Community Center, 1357 Charlotte Highway, Fairview.

Fairview Baptist's Christmas Bazaar and Farmer's Market will not be held this year.



DON'T FORGET

Turn your clocks back one hour on November 1 and check the batteries in your smoke alarm(s).

Nut Sales Support Garren Creek Fire Department

The Garren Creek Fire Department Auxiliary is selling nuts again. Purchase pecans (halves and pieces) and black walnuts in one-pound bags for \$12 each. Exact change greatly appreciated—or donate the change. Call or text Elizabeth Simmonds at 230-3986 for delivery to your house. (We will not be offering them at the Crier office this year.)



The auxiliary is also selling Rada knives to raise funds and will be taking orders until November 14. Call or text Misty Owenby at 768-1620 for a catalog. You can also order online through the Garren Creek Fire Department Auxiliary Facebook page.

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COMMUNITY EVENTS & UPDATES

NOVEMBER 3 (TUESDAY)

Prostate Cancer Support Group

7 pm. Medical professional speakers when available. Free, via Zoom. wncprostate@gmail.com or 419-4565.

NOVEMBER 6 & 19

Free Medicare Info Classes

2-3:30 pm. The Council on Aging of Buncombe County will hold free classes via Zoom. To register, visit coabc.org or call 277-8288.

NOVEMBER 9 (MONDAY)

Concealed Carry Class at SMCC

8 am-4:30 pm. To attend, you must be 21 years old, have no criminal record of any kind of violence and/or felonies, and have a valid NC driver's license or government ID with your picture and current address. \$85 per person with lunch and snacks included. Go to springmountaincc.com for more info, to sign up and to see payment details. For information, call 628-1334. 807 Old Fort Rd., Fairview.

NOVEMBER 14 (SATURDAY)

Fairview Area Art League

10 am. The group will be meeting virtually via Zoom to share art inspirations and projects. Email

Paula.entin@gmail.com for more information and the Zoom link.

NOVEMBER 15 (SUNDAY)

Ethical Humanist Meeting

11 am. "Research-based perspectives on police reform vs. defunding vs. abolition of police" via Zoom. Connection info at EHSAsheville.org. All are welcome to attend. For more information, call 687-7759.

NOVEMBER 19 (THURSDAY)

GriefShare at Trinity of Fairview

5:30 pm. The support group will begin meeting weekly on this date. See ad on page 19.

NOVEMBER 20-JANUARY 10

Winter Lights at NC Arboretum

5:30 pm-10:30 pm. The Arboretum has converted its Winter Lights event into a one-mile, drive-through show. Tickets are \$25 per vehicle if purchased ahead of time online and \$30 at the gate. Purchase tickets and get more details at ncwinterlights.com. 100 Frederick Law Olmsted Way, Asheville.

COMMUNITY UPDATES

Services for Local Seniors

You may be eligible for the Council on

Aging of Buncombe County's curb-side pick-up of nutritious meals, caregiver respite, cost-savings programs and other resources. Hours at Spring Mountain Community Center or at-home visits. Call 277-8288 for more information, visit coabc.org or see the ad on page 3.

Spring Mountain Comm. Center

The Berry Pickers Bluegrass Jam will perform in November (Tuesdays at 7) but then take a break until at least March. *Yoga with Sabrina* outdoors on Thursdays, 6:15 pm. Suggested donation \$5-10. 243-8432.

Trinity Food Pantry

Open every Tuesday from 9 am-12 pm. For more information, call the church at 628-1188. 646 Concord Rd., Fletcher, in the back of the church grounds (follow the signs).

Woof in the Woods Classes

Basic Obedience and Manners class starts November 1. Puppy class begins November 3. Intermediate class starts November 8. Call 222-2222 or go to woofinthewoods.com for more information. 1451 Charlotte Hwy., Fairview.

Masks are mandated in North Carolina in all public areas where social distancing is not possible.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,900+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina. *The Fairview Town Crier* is located at 1185H Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: *The Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email to copy@fairviewtowncrier.com. For staff directory, contacts and additional information, please see page 31.

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2017 RAM 1500 QUAD CAB 4x4

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\$27,995

UPDATES

We Are Open!

Fairview Library opened its doors on October 13, and we are so happy to have you back.

The safety of our patrons and staff is our highest priority, and we have been working diligently to allow metered access in accordance with the Governor's orders for 50% capacity.

New Schedule

- Tuesday, 2–7 pm
- Wednesday, 1–6 pm
- Thursday, 1–6 pm
- Friday, 10 am–2 pm
- Saturday, 10 am–2 pm
- Sunday and Monday, closed

During these hours, the library will provide in-person check out and browsing. As we comply with reduced occupancy limits, we are encouraging “grab-and-go” visits to allow us to serve a larger number of patrons. Computer use is available, and seating will be provided for computer users only. The meeting rooms and study spaces are available for public use.

Wi-Fi is still available in our parking lot and at the new picnic tables and patio seating around the exterior of the library. At this time, the only services we can provide inside the building are grab-and-go browsing and public computer access.

Per the Governor's mandate, anyone over the age of 5 will be asked to wear a

face covering for the duration of their visit in the library. If you don't have a face covering, we can provide one for you.

We are grateful for our community's patience and the commitment of our staff while our services have been modified to minimize the opportunities to spread COVID-19. Buncombe County has taken precautions and audited our public-facing facilities to determine the safest way to operate.

At each library we have:

- installed plexiglass barriers where needed;
- increased sanitation and cleaning schedules;
- increased the public accessibility of hand sanitizer and disposable face coverings;
- added social distancing markers and signage.

Additionally, the county has created comprehensive internal procedures for employees to foster a safe workplace, including a daily employee self-screening tool.

Curbside Still Available

We are happy to offer curbside pickup during our new operating hours for those who prefer it. Just call the library when you arrive. We will check your items out over the phone and bring them to our pickup table at the front door.

Your Input Needed

Buncombe County Public Libraries are developing a long-term facilities master

plan, and we want to hear from you. Libraries are a fundamental part of a thriving community, so your input is key to guiding the long-term development of public spaces and ensuring that it meets the needs of everyone in our community for years to come.

Go to fairviewtowncrier.com/links to find the link to the survey—and fill it out by November 16.

Holiday Giving Tree

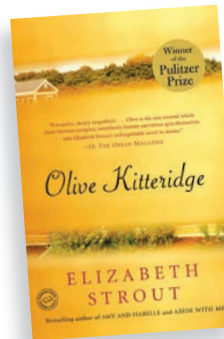
Support the Friends of Fairview Library as they raise money to put books in the hands of children that need them. This year's annual Holiday Giving Tree will be a little different, but the mission is the same. The Friends are asking for monetary donations only. They will be raising money at the library starting November 1, as well as at the craft fair at the Fairview Community Center on November 14.

PROGRAMS

Evening Book Club

November 17th at 7 pm

On Zoom, we'll be reading and discussing *Olive Kitteridge* by Elizabeth Strout. “Though loneliness and loss haunt these



pages, Strout also supplies gentle humor and a nourishing dose of hope. People are sustained by the rhythms of ordinary life and the natural wonders of coastal Maine, and even Olive is sometimes caught off guard by life's baffling beauty.” —*BookList*

The Book Club meets the third Tuesday of each month at 7 pm. Email jaimemcdowell@buncombecounty.org if you would like more information or would like to attend one of our discussions.

Future Book Club Titles

December—*The Dearly Beloved* by Cara Wall
January—*The Sacred Depths of Nature* by Ursula Goodenough
February—*Where the Crawdads Sing* by Delia Owens
March—*Pride of Baghdad* by Brian K. Vaughan
April—*On the Plain of Snakes* by Paul Theroux

Jaime McDowell is the head librarian at Fairview Public Library. She can be reached at Jaime.McDowell@buncombecounty.org.

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- fairview.library@buncombecounty.org

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Save a trip out of the house or into Asheville! Office hours at the Spring Mountain Community Center or by home visits, by appointment.

Council on Aging of Buncombe County serves the Fairview community with curbside pick-up of nutritious meals, caregiver respite, cost-savings programs and other resources.

Special thanks to a gift from the estate of Edwina Varner to the Foundation through Mercy UrgentCare to aid the elderly and homebound in the Fairview Community

FOR MORE INFORMATION
Call 828-277-8288 or visit coabc.org

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FEATURED LISTINGS See all available listings at greybeardrealty.com



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GERTON 3 bedroom, 2 bath cabin in the mountains with a creek and privacy. \$289,000 *MLS 3638041*



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ASHEVILLE 2BR/1.5BA RED HOT OAKLEY! Beautiful tree-lined street. Covered front porch with 180-degree nature views! New kitchen with butcher block counters, laundry area with clever storage. \$239,000 *MLS 3655813*

LOTS AND LAND

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Organizing a Young Child's Room

Most new parents get overwhelmed with the challenges of a new baby. Newborns take almost all of their attention and often leave them with little sleep. And when there is time to relax, the last thing parents want to do is clean up and organize.

People love to give gifts of baby clothes, toys and books when a newborn arrives, which starts the accumulation of “stuff.” After a short period, these items need to be reviewed, purged or stored once they are no longer needed or are outgrown. And if they are in use, they need appropriate storage.

One of the biggest areas of disorganization in a child's room is the amount of clothing. Different sizes seem to accumulate overnight, and every so often the pile needs to be tamed. Closets are overflowing with hanging items, boxes of diapers, blankets, and all of the other things that have been received. Chests of drawers are stuffed, and there is little room to store new items.

Here are tips to control kids stuff:

Clothes

Every so often, clothing needs to be reviewed. The easiest way to review clothing is to separate it into piles.

Label separate areas on the floor, bed or table, such as 0–6 months, 6–12 months, 18 months, 24 months/2T, shorts/pants/short sleeves/long sleeves/sweaters, etc.

Start with shirts and sort them into the appropriate piles.

If your child has outgrown the size and you want to keep them for the future, put the shirts in a labeled container with the description and size. If you no longer want them, donate or discard torn and stained items. If an item was not used, you could save, return or re-gift it. If the baby is currently wearing the shirts or will grow into them soon, place them in drawers and closets.

Follow the same directions as above as you continue to pants, pajamas, shoes, underwear and the rest of the clothes. The clothing that is no longer needed should be placed in long-term storage (attic, garage, closet shelves) or donated.

In order not to get overwhelmed, follow these instructions and do one type of clothing at a time. Do not dump all of the clothing in a pile at the same time. By focusing on one type of clothing at a time, it will be manageable and you can organize like items in a short amount of time.

Toys

Outgrown toys should be washed and placed in boxes for donation or put away for long-term storage. If they are broken, throw them away.

Sort toys into groups of like items, such as board games, cars and trains, and puzzles and learning games. Once toys are sorted, you



A cubed organizer shelf keeps things tidy.

will know what you need to purchase. The right storage is needed for toys and books:

- Large toy boxes are good for oversized toys such as trucks or balls.
- Small containers (12 x 12) are good for housing trucks, cars, trains, etc.
- A low bookcase (fastened to the wall) can be used to store games, books, etc.
- Colorful milk crates can be used to store anything, and kids can participate in cleaning up and putting toys back.
- A tall laundry bin can be used to store stuffed animals.
- A cubed organizer shelf is a great way to house containers and unusual-sized toys.

And if there are just too many toys even after you purged? Some solutions:

- Store large items (like tents or teepees) and take them out occasionally for a fun play day.

- Hang oversized and regular-size animals from the ceiling in a net.
- Hide a bunch of toys away and reintroduce or rotate them occasionally.

And here's one solution to keep from having family and friends add to the pile. Set up a college fund, and suggest donations instead a toy. On a piece of paper, note the name of your child, the financial institution and account number and make copies. Hand it out when people ask for gift ideas.

Turn Clean-Up into a Game

Once the room is organized, it is never too early to teach children to clean up.

Tell your kids a few minutes in advance that it is almost time to clean up. When the time comes, ring a bell, bang a pot or signal to them that it's time to put everything away.

At first, you will need to work together to put items away in their correct home to show them how it's done. Praise your child for the great clean-up job.

Continue to practice the clean-up game each day. Stickers on a piece of paper or just continuous praise will teach your child organizational skills that will keep their rooms organized as they grow.

Diana Soll is a Certified Professional Organizer living in Fairview. For more information, you can email her at Diana@grandsolutions.net.

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On Our Future**



Anthony Penland

COUNTY COMMISSIONER

anthonyfordistrict2.org ★ 828-230-0297

Buncombe County is my life-long home. As a public servant for 30 years, I have taken risks for others and dedicated my life to the safety of our community. As Commissioner, I will continue the same level of dedication to your quality of life.

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NEW LISTING



Log cabin in Cane Creek/Fletcher/Fairview. Wraparound deck, hot tub off main BR. Great rm w/ gas log stove, lg kitch, loft w/ 2 BRs. 2 custom carports/storage/workshop. No restrictions on short-term rentals! Call Allen Helmick (828) 329-8400 **\$425K**

NEW LISTING



4/2 near PG Elementary. Pool, wood stove, new appliances. 3 BRs, master on main. Full bath downstairs. Lg laundry on main. Upstairs one huge suite or partition for bonus rm. 2-car gar + carport. Stream runs in back. Call Susan Lytle (828) 301-1410 **\$289K**

BRAND NEW BUILD



NEW 3BR/2BA farmhouse-style home w/ open floor plan on 0.49 acres. Kitch w/ granite countertops. Upgrades available — choose colors & finishes. Great new community right off Charlotte Hwy. Call for info (828) 628-3088 **\$359,000**

LAND FOR SALE

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PRICE ADJUSTED BY \$30K 9+ beautiful acres just outside AVL city limits. Access off US74 w/ driveway & house site. Call for info **\$198K**

NEW! OUTSTANDING, BEAUTIFUL, LARGE 1+ ACRE LOTS in Fairview. Running creek through the subdivision. Lots of amenities like underground power, city water and each lot has already been metered. Will be paved by seller. Call for more info 828.628.3088

NEWLY REDUCED! PRIVATE, WOODED CUL-DE-SAC LOT in Candler, the Cumbres subdivision is a peaceful neighborhood w/ plenty of buffer space between neighbors. Close to the Blue Ridge Pkwy & Mt. Pisgah.; 25 min to DT AVL. Call Devon 828.747.2694. **\$36.5K**

BACK ON MARKET FABULOUS BUILDING LOT in well-known Fairview gated community, nestled in Cane Creek Valley w/ mtn views. Security, gazebo, creek, green space, playground. Call the office for more info **\$59K**

3.58 PRIVATE ACRES w/breathtaking long-range views. Level access from paved rd, sloping lot in beautiful gated comm. Pool, tennis, golf membership option. Call Karen 828.216.3998. **\$75K - \$25K**

REDUCED PRICE! 2 PRIVATE, WOODED, LOTS in Mountain Shadows 5-4.5 acres, \$25K-50K, most with potential for spectacular views. Great neighborhood just 15 min. from DT Waynesville. Call Karen 828.216.3998

NEW! 17 SPECTACULAR ACRES south-facing view, total privacy. Waterfalls, 1200 acres of restricted wilderness-like community w/ trails along mtn stream. All wooded with level home-site. **\$275K** Call for more info (828) 329-8400

REDUCED! 6.98 ACRES WOODED PROPERTY in Fairview 15 mins from DT AVL & Blue Ridge Pkwy. Creek & lg mature trees. Build your dream home or family compound. **\$100K** Call for info.

2+ COMMERCIAL ACRES w/ Charlotte Hwy frontage or Emmas Grove access. Investment property w/ proposed commercial plan if needed. Call for info. 828.628.3088 **\$550K**

NEW! 2 ACRES ABOVE-THE-ROAD SETTING WITH VIEWS of Cedar Cliff, AVL and beyond! Sunny home-site connected to hiking trails through pristine 89 acres of wilderness, hardwoods, rhododendron, rock, boulders, cliffs, spring fed reflection pools. **\$120K** Call for more info (828) 329-8400

0.53 ACRES LOT W/ INCREDIBLE VIEWS from Graylyn States, heart of Fairview. 5 mins to AVL, Blue Ridge Pkwy and I-40 **\$75K** Call office for info 828-628-3088.

NEW! RARE IMPROVED 4.50 MOUNTAIN ACRES. Very private but not far off the main road. Call listing agent as parcel is a bit tricky to find the first time. Mobile home has been removed, well and septic in place. **\$65K** Call for more info (828) 216-3998

NEW! IDEAL FOR SHORT TERM RENTALS! Level top of the world with panoramic winter views, Concrete drive, public water, underground elec, Part of Buncombe City approved and recorded Special Subdivision. No single wide mobile home allowed. Call Allen (828) 329-8600, **\$79,900**

NEW! EXCEPTIONAL 2.26 ACRE MOUNTAIN PROPERTY w/ potential for gorgeous long-range views, near end of priv rd. Driveway put in years ago, to area previous owner intended to build. **\$70K** Call for info 828.216-3998

2 ADJOINING LOTS W/ MATURE TREES + RHODODENDRONS. Easy access, SE sun exposure. Walk to clubhouse w/access to hiking trail & waterfalls. Call 828.628.3088 **\$99.5K**

VERY AFFORDABLE LOT, PRIVATE SETTING. Paved access to mtn home w/ all High Vista amenities. Call Karen 828.216.3998. **\$25K**

RARE OPPORTUNITY: RESTRICTED BUILDING SITE 4 lots level-rolling land, creek & frontage on small lake. Rural property, end of road privacy, excellent paved access. **\$100K** Call Karen 828.216.3998

NEW! PRIVATE, LEVEL RIDGE HOME-SITE off paved road, 10-acre tract, prop on both sides of road assures privacy, spectacular south-facing views over Echo Lake, easy access for, swimming & kayaking. Call Allen (828) 329-8400 **\$100K**

NEW! PREMIERE LOT AT KING OF THE HILL, end of road, top of Chestnut Mtn! Unsurpassed views of Fairview, Cedar Cliffs, Reynolds, AVL & beyond! Pristine 10 acres of wilderness beauty, hiking trails, rocks, cliffs, creeks, rhododendron, wildflowers, trees, wildlife. **\$400K** Call for info 828.329-8400

NEW! RARE 4 IMPROVED MTN ACRES w/ trees & wildlife, private but not far off main road. Well & septic in place. 4WD a must to access at this time. Finding the property is a little tricky, call Karen Cernek 828.216-3998 **\$65K**

NEW! 10 ACRES OF ABSOLUTE WILDERNESS PRIVACY in established community of new homes on lg acreage. 4 miles to schools, stores, PO, bank, etc. all heavily wooded with lg trees, boulders and cliffs. Call Allen (828) 329-8400 **\$50K**

NEW LISTING



4.39 acres, private park-like setting. 4 BR suites (2 up/2 down), stone FP in LR; tile FP in fam rm. Bonus rm w/ sauna & office. Lg eat-in kitch opens to fam dining rm. Creek w/ waterfalls, private pond-site. Grand priv estate w/ so much potential! Call Allen Helmick (828) 329-8400 **\$394,500**

UNDER CONTRACT



2 comm bldgs on 2.87 level acres, open use zoning, heart of Fairview. Will consider owner financing. 1st bldg: 7600+ SqFt, 3 loading docks, restrooms, office. 2nd bldg: 4600+, loading dock, porch, restrooms, offices, warehouse, etc. **\$875K** prop as whole. Can also be divided. Call our office for specific pricing.

NEW! COMMERCIAL



Historic bldg, corner of Village Rd/Hwy 74A. Wood bldg, metal roof. New shared septic. New meter to public water 500 ft away. Ideal for offices, antique store, art shop/gallery, pottery, or retail. Next door to convenience store/gas station. Seller will consider owner financing. Call Allen Helmick (828) 329-8400, **\$100K**

PROPOSED BUILDS AVAILABLE



2 Beautiful lots left in this desirable New Subdivision in Fairview. Road access is dirt but will be paved. 2 acre private lots with mature trees. Proposed builds available. Call the office for more info - **\$130K ea.**

MOUNTAIN VIEWS



11-acre mountain estate with long-range year-round views at 3500ft. Ideal for estate, solar home and/or family compound. Cleared site with graded driveway Call the office for more info **\$239K**

UNDER CONTRACT



Top of the world views — 4+ acres along ridgeline at 4000'. Parcel straddles the mountain in Fairview Forest, adjoins 150-acre nature preserve. Great paved roads. 15 mins to AVL. Call the office for more info **\$249k**

NEWLY CLEARED VIEWS



Build your dream home w/ priv mtn views! Driveway is in & house site cut-in—just bring your house plans! Prop borders green space w/ trails & creek. Located in Fairview Forest. Call for more info. **\$59,000**

NEWLY REDUCED



Horse Lovers! 9.5 pastoral acres in picturesque Cane Creek Valley w/ incredible mtn views. Cleared pastures & a bold creek meander thru the property. Build your dream home! Call our office for more info **\$410,000**

UNDER CONTRACT



40.26 acres w/ potential valley/long-range mtn views. Rare privacy from bordering props (inc land conservancy). Mult sites for priv res, fam compound, short-term rentals, event venue. End of road, can be gated. Call Karen Cernek 828.216.3998 **\$385K**

BRAND NEW BUILD PLAN



Brand NEW! Arts & Crafts plan. Open concept w/ main-level living inc master suite. Daylight bsmnt - 2 bd/ ba. Wood floors, tile in the baths. New agrihood subdivision in the heart of Fairview. Many Plans available. **\$450,000**

PROPOSED BUILD



3/2.5, 2-story w/cathedral ceilings. Open floor plan w/ huge great room, dining area & kitch w/bf/bar. Master on main, walk-in closets. New agrihood subdivision in heart of Fairview. Many plans available. **\$425,000**

NEW PROPOSED BUILD



3 BR modern farmhouse plan. Incredible view from lot in heart of Fairview. 5 mins to AVL, Blue Ridge Pkwy & interstate. Lot in cul-de-sac perfect for single-family home. City water, lots of extras. Call Jenny Brunet 828.628.3088 **\$650,000**

MAJESTIC OAKS

	LOT 1 0.5	SOLD
	LOT 2 0.5	\$59,000
	LOT 3 0.5	SOLD
	LOT 4 0.521	SOLD
	LOT 5 0.482	SOLD
	LOT 6 0.51	\$64,500
	LOT 7 0.64	\$64,000
	LOT 8 0.526	\$59,000
	LOT 9 0.521	\$63,000

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OF GREEN SPACE!

VIRTUAL TOUR VIDEO: bit.ly/2TFNMy8

October Brought Rain and Cold

October showed us two sides to seasonal weather changes. We picked up several inches of rain from the remnants of Hurricane Delta by mid-month. This was basically our big precipitation maker for the month. Also, one or two cold fronts from Canada crossed the region and brought cooler temperatures, and some lows at night dropping into the 30s, with some scattered frost by month's end. We will continue our slide to more fall and wintry weather in November.

Snow Days

It is not too early to talk about snow. In any given November, about an inch of snow falls across our area, usually in the middle and end of the month. I am reminded of the November 1st snowfall back in 2014, which brought three to five inches of wet snow to Fairview.

Temperatures start out at an average of about 63 at the start of November and drop to 53 by month's end. The lows drop from 40 to a frosty 32. The warmest day on record

was 83 degrees on the first of the month in 1950, and the coldest was a numbing 8 degrees on the 25th, also in 1950. Precipitation averages about four inches in any given November, and this calendar year has been quite wet. We are going to end up with another above-average year for precipitation, which is good for our groundwater supplies.

Warmer Winter?

Some of the latest trends and forecasts are predicting a weak La Niña for the winter months. This basically translates to average precipitation and a better-than-ever chance for above-average temperatures. These are just broad forecasts on the overall winter season. We could still have periodic cold events and snowfall. If you do a web search on "winter weather forecast 2020-2021" or something similar, you can find numerous forecasts—and probably one to your preference. Some of my favorites include NOAA's long-range weather forecast, Ray's Weather winter forecast, the Weather Channel and Accu-Weather.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

GET LOCAL FORECASTS AND WEATHER!

Go to ashevilleweather.com and click on "Fairview."

WEATHER WONDER

Aeroelastic flutter was responsible for what historic weather-related disaster in November?

If you said it was the "Galloping Gertie" bridge, you are correct!

Construction began in September 1938 on the Tacoma Narrows Bridge in Washington state. From the time the deck was built (the deck is the part you drive across), it began to move vertically in windy conditions, and construction workers nicknamed it "Galloping Gertie." The motion continued after the bridge opened to the public despite several damping measures. The bridge's main span collapsed in 40 mph winds on November 7, 1940. As the deck oscillated in an alternating twisting motion that

gradually increased in amplitude, it tore apart.

The bridge collapsed because moderate winds produced aeroelastic flutter, which is basically uncontrolled vibrations that occur with constant wind speed above 35 mph. The bridge came down just over four months after opening to traffic. While the bridge had many design flaws and issues, it was the plate girders that officials blamed for its ultimate demise. Similar bridges use open lattice beam trusses to support the roadbed. This allows wind to pass through the structure. The plate girders installed on the Tacoma Narrows Bridge were built out of carbon steel sealed in solid blocks. Because they were solid, wind was forced to pass above and below the roadbed, which led to the up-and-down, wave-like shaking. Search for "Tacoma Narrows Bridge collapse 1940" online and you can see footage of the bridge vibrating.

QUESTION of the MONTH

We all know that sunset times continue to get earlier as we head toward winter. However, how long does it usually stay light outside after sunset?

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VOTE FOR JOE BIDEN AND KAMALA HARRIS



ELECTION DAY NOVEMBER 3

FEDERAL OFFICES

President and Vice President
Joseph R. Biden
Kamala D. Harris

US Senate
Cal Cunningham

US House of Representatives
District 11
Moe Davis

STATE OFFICES

Governor
Roy Cooper

Lieutenant Governor
Yvonne Lewis Holley

Attorney General
Josh Stein

Auditor
Beth A. Wood

Treasurer
Ronnie Chatterji

Secretary of State
Elaine Marshall

Commissioner of Agriculture
Jenna Wadsworth

Commissioner of Insurance
Wayne Goodwin

Commissioner of Labor
Jessica Holmes

Superintendent of
Public Instruction
Jen Mangrum

(Your ballot will show either
District 48 or 49)

NC Senate District 48
Brian Caskey

NC Senate District 49
Julie Mayfield

NC House of Representatives
District 115
John Ager

COUNTY OFFICES

Board of Commissioners
Chairman
Brownie Newman

Board of Commissioners
District 2

Jasmine Beach-Ferrara

Register of Deeds
Drew Reisinger

JUDICIAL OFFICES
NC Supreme Court
Chief Justice Seat 1
Cheri Beasley

NC Supreme Court
Associate Justice Seat 2
Lucy Inman

NC Supreme Court
Associate Justice Seat 4
Mark Davis

NC Court of Appeals Judge
Seat 4
Tricia Shields

NC Court of Appeals Judge
Seat 5
Lora Christine Cabbage

NC Court of Appeals Judge
Seat 6
Gray Styers

NC Court of Appeals Judge
Seat 7
Reuben F. Young

NC Court of Appeals Judge
Seat 13

Chris Brooks

NC District Court Judge
District 28 Seat 6
Andrea Dray

NC District Court Chief Judge
District 28 Seat 7
Calvin Hill

NON PARTISAN OFFICES

Buncombe County
Soil and Water Conservation
District Supervisor
Gary Higgins

Buncombe County Schools
Board of Education
At-large
Amanda Simpkins

Buncombe County Schools
Board of Education
North Buncombe District
Ann B. Franklin

Buncombe County Schools
Board of Education
Owen District
(You may vote for ONE)
Linda Tatsapaugh
Margaret (Peggy) Buchanan

CITY OFFICES

Asheville City Council
(You may vote for THREE)

Sandra Kilgore
Rich Lee
Sage Turner
Keith Young

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ELECTION DAY – NOVEMBER 3

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- ✓ Metatarsalgia ✓ Ankle Arthritis ✓ Morton's Neuroma
- ✓ Slow Healing Wounds ✓ Achilles Tendonitis ✓ Neuropathy



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Neuromuscular Rehab (Trigenics)



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OUR PATIENTS SAY...

"My brother is a patient of Dr. Reilly's and suggested I give him a try when I started having trouble with Achilles tendonitis and bone spurs. I had already gone to one of the best orthopedic doctors in town and all he had to offer me in the way of treatment was foot surgery, which would leave me incapacitated for months. I decided to take my brother's advice — I am so glad I did! After getting Graston, Trigenics, and laser therapy, I feel great. I can now say NO! to debilitating foot surgery." —Nancy F.

"I'd been to several doctors and massage therapists, none of whom could give me answers. A friend who was a patient of Dr. Reilly's recommended I give him a try. Dr. Reilly diagnosed me with plantar fasciitis and heel spurs and recommended Graston Therapy and Class 4 laser treatment. After only a week or so, I began to feel better. Great news, especially since I'd been seeking relief for nearly two years!" —Mark H.

"I had severe pain in my heels and the bottom of my feet. I'd been dealing with it for years with no end in sight. Dr. Reilly diagnosed me with heel spurs, Morton's neuroma, and plantar fasciitis. After only a month of Graston and laser therapies, I am much better, much improved. The staff is great! You cannot go wrong by coming here!" —Greg S.

"I came in two years ago with foot pain. I had gone to a podiatrist who put me in a boot. It was awful! I heard about Dr. Reilly and decided to give him a try. He diagnosed me with plantar fasciitis and a bone spur. After about a dozen treatments, the pain was gone! When I was diagnosed this year with plantar fasciitis in my other foot, I knew just where to go! I am pain-free after only a few sessions. Come to Dr. Reilly for foot pain relief!" —Joe P.

Call for your FREE Helping Foot Pain consultation!



2 Fairview Hills Drive, Fairview 828-628-7800 fairviewdc.com

If you decide to purchase additional treatment, you have three days to change your mind and receive a refund.



What's in a Name?

There are many designations for at-risk species—rare, endangered, federally listed and endemic, to name a few—but what do they all mean?

Although the adjectives rare, threatened, or endangered could all describe something at risk, some of these terms carry extra weight as federal or state designations of special plant or animal species status, which can also mean different levels of protection.

For example, the Carolina northern flying squirrel (*Glaucomys sabrinus coloratus*) is listed as an endangered species, but Gray's lily (*Lilium grayi*), a native species whose survival is threatened by loss of habitat and fungal infections, does not carry the federal designation of a "threatened" species.

The Carolina northern flying squirrel can trace its roots back to the last ice age. During that time, ice sheets covered much of northern North America, forcing cold-climate plants and animals further south. As temperatures warmed and ice sheets receded, those cold-climate species migrated north, and some found refuge on the high, cold peaks of the Southern Appalachians. Over thousands of years, these isolated, mountain-top populations became increasingly distinct. The endangered Carolina northern flying squirrel is a subspecies of northern flying squirrel found only in the high-elevation areas of



Carolina northern flying squirrel

North Carolina, Tennessee and southwest Virginia. Habitat destruction, clearing of forests, invasive species and climate change can all affect populations. To help this endangered species, Southern Appalachian Highlands Conservancy (SAHC) works to protect wildlife corridors and high-elevation habitat, such as spruce-fir forests.

American botanist Asa Gray discovered the Gray's lily in 1840 in the Highlands of Roan. This rare native flower blooms in June and July. It has bright-red, trumpet-shaped flowers with black spots inside. Adult plants can grow up to five feet tall. It can be found on grassy balds and in wet meadows and moist forests, usually at higher elevations of the Appalachian mountains. SAHC helps protect and manage habitat for Gray's lily, which suffers from Lily Leaf Spot Disease, a fungal infection spread by contact. The disease causes tan spots to appear on the plant, eventually killing young plants and preventing adult

plants from reproducing.

The Endangered Species Act, federal legislation passed in 1973, is administered by the US Fish and Wildlife Service and the National Oceanic and Atmospheric Administration's National Marine Fisheries Service. Under the Endangered Species Act, species may be listed as either endangered or threatened. "Endangered" means a species is in danger of extinction throughout all or a significant portion of its range. "Threatened" means a species is likely to become endangered within the foreseeable future. All species of plants and animals, except pest insects, are eligible for listing as endangered or threatened.

However, species that do not appear on the federal list can still have special status or protection at the state or regional level. State-listed species in North Carolina are separated into three categories: North Carolina Endangered, North Carolina Threatened and North Carolina Special Concern.

Designations are defined by the NC Wildlife Resources Commission (WRC):

- **North Carolina Endangered.** Any native or once-native species of wild animal whose continued existence as a viable component of the state's fauna is determined by the WRC to be in jeopardy or any wild animal determined to be an "endangered species" pursuant to the Endangered Species Act.

- **North Carolina Threatened.**

Any native or once-native species of wild animal that is likely to become an endangered species within the foreseeable future throughout all or a significant portion of its range or one that is designated as a threatened species pursuant to the Endangered Species Act.

- **North Carolina Special Concern.** Any species of wild animal native or once native to North Carolina determined by the WRC to require monitoring but that may be taken under regulations adopted under the provisions of Article 25.

For the lay person, the terms threatened or endangered may seem interchangeable, but biologists have a slightly different perspective, as these words are not merely descriptive. They can carry special designation, with implications for how a species is treated, managed or protected.

For more information on these terms, visit the sites at fairviewtowncrier.com/links.



Gray's lily

Angela Shepherd is Communications Director of the SAHC in Asheville. She can be reached at 253-0095 ext. 200 or sahc@appalachian.org. Visit Appalachian.org.

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OR



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Defund Police
Less Jobs
Struggling Economy
Less Personal Freedom
Open Borders
Higher Healthcare Costs
More Gun Control
Bigger Federal Government
Global First

Less Taxes
Support Police
More Jobs
Healthy Economy
Personal Freedom
Secure Borders
Better Healthcare Overall
Strong 2nd Amendment
Smaller Federal Government
America First

America is worth fighting for!

2020 Buncombe County Sample Ballot Law and Order Candidates

This Ballot includes all Republicans running for office in Buncombe County. Depending on the area you live will determine which candidate you need to vote for to represent you. The actual ballot is front and back.

PLEASE VOTE THE WHOLE BALLOT

This Ballot was not produced by any Board of Elections and is not an official Ballot

Sample Ballot

Federal Offices	NC Secretary of State	NC Senate 49
President and Vice President of the US Donald J. Trump Mike Pence	E.C. Sykes	Bob Penland
US Senate	NC Sup. of Public Ins.	NC House 114
Thom Tillis	Cathrine Truitt	Tim Hyatt
US Congress 11	NC Treasurer	NC House 115
Madison Cawthorn	Dale Falwell	Mark Crawford
State Offices	NC Supreme Court Chief Justice	NC House 116
NC Governor	Paul Newby	Eric Burns
Dan Forest	NC Supreme Court Seat 2	Buncombe County Offices
NC Lt. Governor	Phil Berger, Jr.	County Commissioner Chair
Mark Robinson	NC Supreme Court Seat 4	Robert Pressley
NC Attorney General	Tamara Barringer	County Commissioner 1
Jim O'Neill	NC Court of Appeals Seat 4	Glenda Weinert
NC Auditor	April C. Wood	County Commissioner 2
Anthony Street	NC Court of Appeals Seat 5	Anthony Penland
NC Commissioner of Agriculture	W. Fred Gore	County Commissioner 3
Steve Troxler	NC Court of Appeals Seat 6	Joe Belcher
NC Commissioner of Insurance	Chris Dillon	Buncombe County Board of Education
Mike Causey	NC Court of Appeals Seat 7	Mark Watman
NC Commissioner of Labor	Jeff Carpenter	Everett Pittillo
Dosh Dobson	NC Court of Appeals Seat 13	Amy Churchill
	Jefferson Griffin	
	NC Senate 48	
	Chuck Edwards	

**Your
Vote
Matters!**



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Paid for by the Blue Ridge Republican Women's Club

County Ranger Can Help Manage Your Forest

Some people like to plant a forest because they love the way it looks. Some want to generate revenue by responsibly harvesting trees. Are you one of these people, who also has some empty land? The county Ranger's Office of the NC Forest Service can help.

The Buncombe County Ranger would work with you to plan the forest and/or develop a plan for turning it into a long-term investment. There is also financial assistance available for landowners interested in starting or improving a forest through state and federal cost-share programs. You could also get a tax break, depending on what type of plan you use.

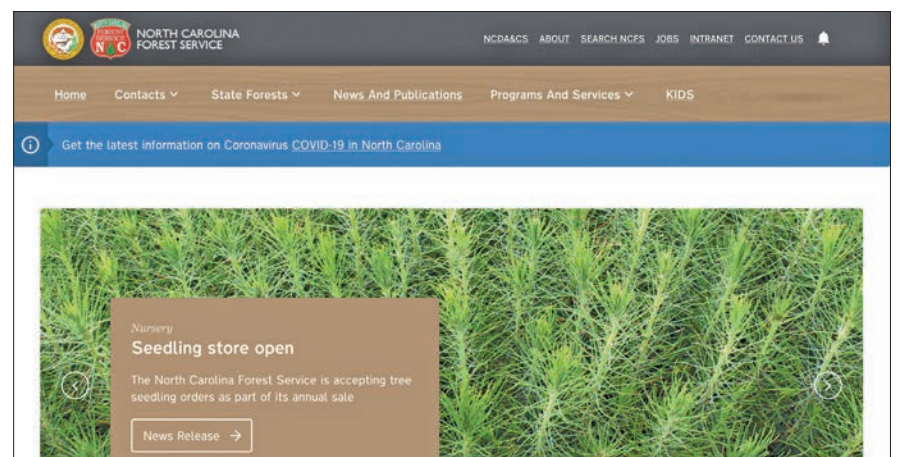
Costs for reforestation vary depending on site conditions after timber harvest, the terrain, geographical location, and size of the area. In most cases, site-preparation and reforestation activities are available at a cost from the Forest Service.

"It's important that landowners work with a forest management professional to get the maximum benefit from their property," said Dillon Michael, the Buncombe County Ranger.

Reforestation is the planting of a stand of trees or forestland, and it may include future income from timber harvests and non-timber practices, improved and diverse wildlife habitat, and much more. Afforestation is converting uncultivated fields to forest. The ranger can help you with both.

The Forest Service also has more than 50 different species of pine and hardwood seedlings available for purchase. To check availability of seedlings, call 888-628-7337 or visit nc-forestry.stores.yahoo.net.

For more information on ranger programs, email robert.michael@ncagr.gov, call 686-5885 or go to ncforestservice.gov.



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152 Families Living in Fairview in 1860, Part 1

The 1860 census was the last one before the Civil War. It did not list enslaved people, so all the individuals listed are white. Fairview's enslaved population was less than 10 percent of the general population. None of the residents were foreign-born, and very few were born in any state other than North Carolina. There was almost no foreign immigration to the south after the Revolutionary War. In 1920, more than 92% of NC residents were born in the state.

I have copied the names exactly the way they are listed on the census. The numbered order reflects the way the census taker traveled, so people are listed next to their neighbors. First names, second names and maiden names are included in parentheses; "m" and "f" listed after names stand for male and female. All were born in North Carolina unless noted "(SC)" for South Carolina, "(TN)" for Tennessee, "(NH)" for New Hampshire or "(GA)" for Georgia.

1. Clayton, (Lambert) C., 53; Eliza (Burgin), 42; G.M. Clayton, 16 m; W.B., 14 m; R.C., 10 m; Sarah, 4.
2. Clayton, W.S., 36 m; Adeline, 34 (NH); G.N.L., 4 m; D.L., 1 f.
3. Cooper, A. (Alexander), 52; Diana, 45; J.E., 21 m; E.A., 18 f; Mary 16; Amanda, 14; Eugenia, 12; Nancy, 1; W.H., 6 m; Delian, 2 f.
4. Davis, George, 24; P.R. (Patience Rhodes), 17 f; James P., 6 months.
5. Lytle, S., 47 m; M.A., 24 f; R.A., 21 f; Thomas B., 18; George B., 16; J.N., 13 f; Milton, 10; Leah, 8; John, 6; William, 8 months.
6. Lanning, Joseph, 71; Margaret (Morrison), 62; Zilpha, 34; Naomi, 33; R.A. (Rose Ann), 30; Emmy (Emma), 29; Brazilla, 26 m; Rosila Jenkins, 9; Julius Jenkins, 7; Samantha Jenkins, 5 f.
7. Lanning, Amos, 73; Mary (Gallimore), 59; Elizabeth, 40; Sarah, 32.
8. Lanning, Mitchell, 25; Sarepta, 22; Martha, 1.
9. Lanning, John, 66; Rebecca, 39; Cynthia, 30; Sarah, 19.
10. Lanning, E.R. (Elliot Riley), 27; Nancy (Yelton), 21; C.A. (Candis), 1; James M., 3 months.
11. Ownby, Oliver, 31; Em (Cynthia Lanning), 29; M.M., 4 f.
12. Lanning, L. (Elbert Lorenzo), 34; Mary, 34; S.W. (Scion), 12; R.A. (Rufus), 10; Harriet, 8; Caroline, 6; John, 3; Wm. (William Hardy), 1.
13. Harper, A. (Alexander), 45; Lucinda (Sales), 43; Foster, 18; Ann (Anner), 14; Roxe (Rosannah), 12; James, 10; John, 8; Thomas, 4; Miram, 3 months.
14. Reed, James, 60; Nancy (Grant), 58; Sarah Ann, 19; Charles, 17.
15. Reed, Jesse, 24; Molly (E. Milly Pinkerton), 22; Sarah, 2; William H., 8 months.
16. Reed, Henry, 32; Susan (Whitaker), 34; Silas, 7; M.S. (Marcus L.), 6; M.R. (Merion Rebecca "Becky"), 5; H.M. (Harvey Marion), 3; Elias (Elias Josephus "Joe"), 1.
17. Sais (Sales), Margaret, 58; W.H., 26 m; John, 23; Joseph, 21; James M., 16; Mary, 12; Julius, 9; Elias, 7; Thomas, 4.
18. Cross, Joseph, 45; Mary ("Polly" Chatham), 48; William, 60.
19. Ballard, William, 39; Rachel, 34; M.E., 12 f; J.B., 8 m; S.C., 3 m.
20. Lanning, S.A. (Lossen Alexander Lanning), 35; Charlotte (Reed), 37; Eliza (Elizabeth "Betty"), 8; Philetus E., 3.
21. Grant, Sarah (Whitaker), 29; Henry, 16; Nancy, 14; John, 10.
22. Grant, James, 22; M.J. (Martha Jane Pinkerton), 22.
23. Cooper, James (Henry), 56; Elizabeth (Maxwell), 58; Andrew, 24; Minerva, 20; Columbus, 17; William, 10; R.M. (Robert Marion) Clayton, 8 months (GA) (grandchild, son of daughter Matilda Ann Cooper Clayton, 1830-1859).
24. Dotson, Harris, 31; Catherine, 25; George, 9; Calvin, 7; Bynum, 5; Dolphus, 2; William, 1 month; Easter, 60.
25. McConner, E., 21 m; Mary, 24; Minerva, 1.
26. Ownby, Ambrose, 55; Jane, 55.
27. Dotson, Josiah, 63; Easter, 66.
28. Hamilton, J.J., 23 m; Sarah, 19; Harriet, 1; Elizabeth, 2 months.
29. Lewis, Josiah, 26; Narcissa, 30; John D., 2; Ged H., 2 months.
30. Right (Wright), David, 55; Mirah, 45; Narcissa, 20; Ham, 19; William, 16; Henry, 15; John, 12; Laura, 5; Milly, 22; Haley, 1 m.
31. Pack, Alford, 47 (TN); Mary 43 (SC); Sarah, 18; Julia, 17; George, 15; John, 13; William, 12; Mary, 5; Thomas, 1.
32. Ruff, Daniel, 48 (TN); Delila, 15; Cynthia, 11; Jedford, 9; Amanda, 7; Emiline, 5.
33. Ruff, Hosea, 22; Elizabeth, 18; Mary, 10 months.
34. Williams, W.R., 41 m; Sarah, 31; James, 15; John, 7; Jesse, 9; Manerva, 5; Matilda, 3.
35. Rhodes, William, 33; Susan, 60.
36. Right (Wright), Margaret, 24; Juleta, 7; Martha, 5; Harriett, 3.
37. Merrell, John (Mc), 43 (TN); Jane, 27; William, 13; Jane Merrell, 70.
38. Merrell, Samuel 41; Elisa, 32; David, 10; Laura, 7; John, 4; Samuel Patton, 26.
39. Brevard, D. (David) S., 28; Candace, 27 (TN); Albert, 8 months; Joseph, 30; Margaret, 20; Mahaley, 17; Thomas Trantham, 23 (son of Joseph and Mary Whitaker Trantham).
40. Harper, Peter, 49; Mary (Stroup), 45; Rachel, 19; Nancy, 17; Catherine, 14; Samuel, 12; Sarah, 10; Elizabeth, 7; James, 6.
41. Smart, John, 53 (SC); Elmira, 50; Elizabeth, 19.
42. Potelo (Pittillo), Matilda, 45; John R., 19; Sarah, 17; Rebecca, 15; Thomas, 13; Robert, 10; Martha, 8.
43. Hornby, S.S., 26 m; Mary, 22.
44. Yearwood (Earwood), Thomas, 46; Elizabeth (Trantham), 40; Christina, 18; Bartly (Bartlett), 16; Joshua, 15; Thomas, 13; Joseph, 10; John, 7; Mary, 5.
45. Trantham (Wright), Mary, 40; Alexander, 20; John, 15; Joseph, 14; Merritt, 12; Leander, 10.
46. Cheatam (Chatham), Lucrecia (Lucretia), 39; Margaret, 12; Benoni (Benoi), 5 months.
47. Right (Wright), John, 60; Nancy (Plemmons), 51; Alexander, 20; Matilda (Plemmons), 25; Nancy, 5.
48. Right (Wright), R.F. (Robert Franklin "Frank"), 30; Malinda (Plemmons), 29; Sarah, 1; William, 6 months; Manerva, 8; John, 6; Newton, 3.
49. Lyth (Lytle), M., 50; Rebecca, 44; John Harper, 24.
50. Trantham, Mary (Whitaker), 65; David Trantham, 22.
51. Trantham, James, 26; (Hannah) Manerva (Wright) (Grant), 26; Jane, 6; Susan, 2; Mary, 1.
52. Smart, Thomas L., 28; Mary, 24; Rebecca, 2.
53. Jenkins (Whitaker), Sarah 58; Columbus, 24; Henry, 21; Mary (Jenkins) Owen, 23.
54. Clemons (Clements), Preston, 59; Lucy (Pinkerton), 5; Mary, 25; David, 22; Nancy, 17; Andrew, 14; Norma, 99.

Part two of three will appear in next month's Town Crier.

Bruce Whitaker documents Fairview area genealogy. To get in touch with him, contact the Crier at copy@fairviewtowncrier.com or 828-771-6983 (call/text).

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Vaccine Myth Busters

With the pandemic still looming large at the advent of the flu season, there has been a lot of discussion about vaccines. But what exactly is a vaccine? Are there risks? Let's review some common vaccine myths.

Myth #1 – The vaccine will give me the disease it's trying to prevent. In many cases, this is impossible. Most vaccines are inactivated (killed) germs, and dead viruses or bacteria cannot cause disease. In some rare cases, people experience mild symptoms that are actually a sign of the immune system learning to recognize and respond to the virus or bacteria. It is not possible to get the full-blown disease from an inactivated vaccine, and the mild symptoms sometimes experienced do not outweigh the overall benefits of the vaccine. The flu vaccine is an example of an inactivated vaccine.

Myth #2 – I never get sick, so I don't need a vaccine. Vaccines are an important part of keeping people from getting sick. Not only do they help prevent disease in the person getting the vaccine, but it also helps prevent the spread of diseases, a phenomenon called herd immunity. Herd immunity is especially important for people who are not able to get vaccines due to compromised

immune systems (i.e., people who are on some chemotherapy regimens or have certain disease states). Therefore, getting vaccines even if you do not typically get sick helps to protect yourself and the rest of the community.

Myth #3 – Other ingredients in vaccines are harmful. Other ingredients besides the killed virus or bacteria are necessary to formulate vaccines. While some of these ingredients in very large quantities can be toxic, the amounts present in vaccines are so small that there is no evidence of harm. Some vaccine ingredients that may sound scary include formaldehyde, aluminum, and mercury. Formaldehyde is used in some vaccines to detoxify the virus or bacteria to be used in the vaccine (ensuring that it does not actually cause the disease itself). Tiny amounts of formaldehyde used in



this process may be leftover and incorporated into the vaccine itself, but the tiny amounts are considered safe. Many people are not aware that formaldehyde is found in many everyday household items, such as paper towels and carpeting, and in fact humans typically have more formaldehyde in their bloodstreams created by our own metabolic systems than is present in vaccines.

Aluminum is added to some vaccines to help promote an immune response and can actually decrease the amount of killed virus or bacteria needed to develop immunity. While it may sound unnatural to get aluminum through a vaccine, aluminum is

one of the most common elements found in nature. Infants who are breastfed will get more aluminum through breast milk or formula than they would from being exposed to vaccines. This should tell you that the amount of aluminum in vaccines is not harmful.

Mercury used to be present in vaccines in the form of thimerosal, a preservative to prevent the growth of bacteria or fungi in vials of vaccines. While mercury is present in the environment and can be found in certain types of fish that humans eat, the type of mercury found in thimerosal (ethylmercury) is more easily and quickly broken down and eliminated by the human body. Nevertheless, because of concerns about the potential buildup of mercury, thimerosal is no longer routinely used for vaccine formulation. Today, thimerosal is only used in multiple-dose vials of the flu vaccine.

It's clear that vaccines not only help protect us from disease but also help others by slowing the possible spread of diseases. For additional reliable information on vaccines, check out cdc.gov/vaccines. Do your part and get vaccinated.

Irene Ulrich is a clinical pharmacist at MAHEC Family Health Center at Cane Creek. 1542 Cane Creek Road, Fletcher. 628-8250.



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Speed Up Safely to Live Longer

There are many factors that play a role in living a long, happy life. Much attention has been devoted to eating right, getting adequate rest and exercising regularly. Health professionals measure our blood work and body mass index and routinely check four of the six vital signs: temperature, blood pressure, pulse, and respiration. The fifth vital sign is pain. And many professionals agree that the sixth vital sign is walking speed. How fast you walk reflects your general health. While many of us slow down as we get older, which is normal, there are age- and gender-related walking speed norms that have been identified as a measure of good health.

A study in the *Journal of the American Medical Association* analyzed over 34,000 community-dwelling adults aged 65 years or older and followed them for six to 21 years. The study found that gait speed was associated with survival in older adults. As the results below show, those that walked faster lived longer.

Men, 75 years old, who lived another 10 years

Slow walkers: 19%

Fast walkers: 87%

Women, 75 years old, who lived another 10 years

Slow walkers: 35%

Fast walkers: 91%

A recent article in *The Mayo Clinic Proceedings* supports these findings. The study observed 475,000 participants over seven years and determined that brisk walkers had a longer life expectancy than slow walkers. These findings were consistent no matter the person's weight, BMI, waist circumference, or percentage of body fat. It showed that women who walk faster than four miles per hour could improve their life expectancy up to 15 years.

Assess Before Starting

Trying to walk faster when you are not physically capable is a very bad idea. There are a variety of reasons why walking speeds decrease. A thorough physical therapy assessment will identify the causes. One program does not fit all. To improve walking speed, it is important to have adequate strength, flexibility, and endurance. Factors often overlooked but crucial for improving walking speed are confidence, reaction time, and vestibular (inner ear) function. All these factors can be assessed and improved upon with a customized, individualized treatment program.

Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. avorahealth.com.



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Watson J., August 2020



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Anne C., June 2020



A Time to Give Thanks

In honor of November's holiday, I thought I'd take an opportunity to think about what I'm thankful for during this year of stressful strangeness. When things are less than optimal, I think it's particularly important to take a few moments to focus on the good aspects; the parts that are working in life. It helps me put the bad things in perspective and see that things aren't as bad as I initially thought. I encourage you to reflect on the awesome (or at least the not negative) parts of your life and current situation and hope you'll realize that things could be a lot worse.

Life Goes On

Thankfully, no one in my family (immediate or extended) has been sick with COVID-19. That's not to say there's been no medical issues, but they have all been of the mundane variety related to aging or our day-to-day existence—issues such as arthritis, broken bones, stitches, and pregnancies. In fact, before the end of the year, we'll get to welcome two new baby girls to the family. We're extremely excited about this, as it proves that life goes on even during a pandemic. It reminds us always to look forward, because it's only the future that we can affect.

I am grateful for the fact that our

business is still supporting us financially. We've been lucky that we had co-pack accounts to see us through the total shutdown and that none of our restaurant accounts have had to permanently close. We're not where we usually are with our local orders, but things are picking up, and we've expanded with one of our large out-of-state accounts to help cover the slowly recovering local scene. Hopefully, everyone will soon enjoy a return to financial success as well, and we'll get to work with a whole new group of restaurants as the economy recovers.

I have been really pleased that our food supply chains have weathered the pandemic, both nationally and, more importantly, locally. It's good to know that our local farmers and markets have stuck with it during the uncertainty of the growing season (late frosts, lots of rain), whether or not we'd have markets, and how the markets might be run. And while markets are

not the social events of years past, I have appreciated the continued support of our customers, as well as their willingness to flow with the changes in the way the market is run (limiting shoppers and vendors, requiring masks, etc.) and accepting those changes with grace and humor for the most part. It truly is good

to know that we can make it work even during tough times. Though we may not be able to find canned tomatoes at the grocery store one week, we have other options available if we're willing to be flexible and look around.

I know that Thanksgiving will not be the traditional event we all expect. We probably won't be able to get all the

nieces and our nephew (with a cousin, grandparent, or farm hand thrown in for good measure) together for a Chinese takeout dinner and a rousing game of Headbands on the Wednesday before Thanksgiving. That's been our tradition

since Walter's mother passed away. Thanksgiving day itself is usually spent in Shelby with my parents and sister's family. What this holiday holds is still uncertain. It may just be the three of us and a schedule of Zoom calls around a turkey. If that's what it is, I'm grateful we still have those folks to reach out to on Zoom and a turkey to share. Actually, the boys don't like turkey, so they might like the possibility that we could have lasagna instead of the usual dreaded giant poultry.

Sense of Community

All in all, I think we're pretty lucky here at Imladris. The new normal is taking hold, and we're seeing it's not what we dreamed of but it's still not the disaster it could be. I hope those who have been most hard hit by this pandemic due to lost income, housing, and loved ones will recover and excel in the future. We are lucky in our area that we have a relatively strong sense of community to see us through this situation and to make the best of whatever comes out of it in the long term.

Wendy Harrill is co-owner of Imladris Farm, a sustainable supplier of jams, jellies, and preserves made from locally sourced fruit. Imladrisfarm.com.

Soon, our extended family will get to welcome two new baby girls. We're extremely excited about this, as it proves that life goes on even during a pandemic. It reminds us always to look forward, because it's only the future that we can affect.

FRIEND ■ NEIGHBOR ■ FARMER

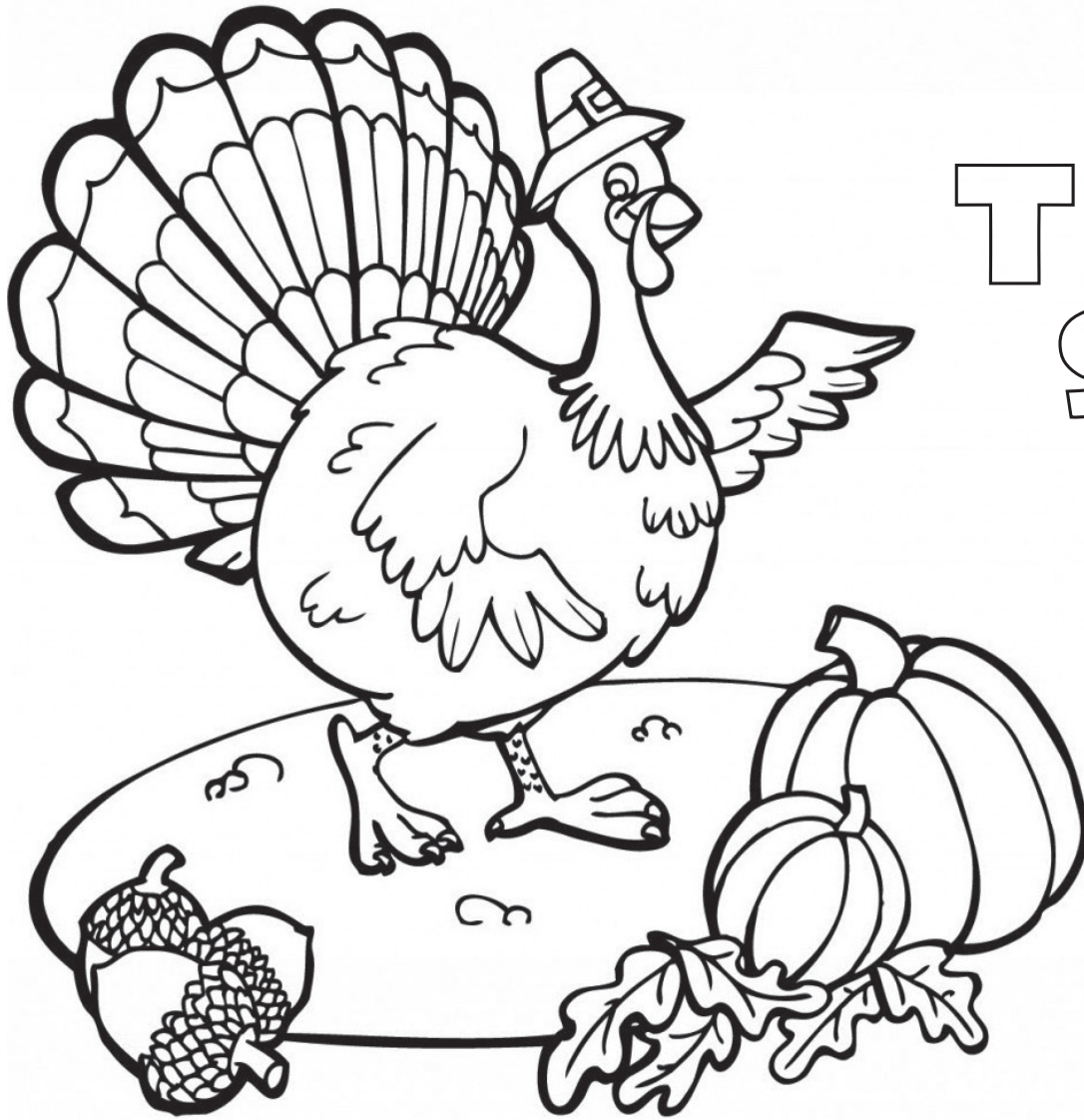
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FOR NC HOUSE 115

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REGISTRATION

The deadline to register was October 9. If you have already registered, or if you have voted in Buncombe County before, you should be able to vote on Election Day.

YOUR INFORMATION

To confirm your registration status and to find your senate and house districts and polling place, go to vt.ncsbe.gov/RegLkup and enter your name, then click on your name on the next screen. You will also find a sample ballot there. You can also call the county's voter registration specialist, Joyce Kanavel, at 250-4209.

IDENTIFICATION

You do not need ID to vote.

CANDIDATES AND RACES APPEARING ON FAIRVIEW-AREA BALLOTS

The candidates and races on the facing page should be the ones you see on your ballot. However, we do have readers who live in Asheville and Henderson County, so yours may look different. See at left for how to get information about candidates and races in your area. Campaign websites have been provided where available so that

you can research the candidates further.
Do Your Homework
You can research races and candidates at the following websites, which all claim to be nonpartisan:
Votesmart.org
Ballotpedia.org
[League of Women Voters \(lwwab.org\)](http://League of Women Voters (lwwab.org))

PARTY INFO

Buncombe County Democrats
buncombedems.org
274-4482
facebook.com/BuncombeDems

Buncombe County Republicans
buncombegop.org
253-5800
facebook.com/buncombegop

Buncombe County Libertarians
lpbuncombe.com
508-1248
facebook.com/LPBuncombe

DO YOU LIVE IN HENDERSON COUNTY?

For more information for our readers who live in Gerton, please visit hendersoncountync.gov/elections



PRECINCT 37.1
Garren Creek Fire Department
10 Flat Creek Road
Fairview

PRECINCT 38.2
Cane Creek Middle School
570 Lower Brush Creek Road
Fletcher

PRECINCT 38.3
Trinity of Fairview Church
646 Concord Road
Fletcher

PRECINCT 39.2
Fairview Fire Department
1586 Charlotte Highway
Fairview

PRECINCT 39.3
Fairview Community Center
1357 Charlotte Highway
Fairview

PRECINCT 60.2
Reynolds Fire Department
1 Charles A Lytle Lane
Asheville

PRECINCT 60.4
Abiding Savior Lutheran Church
801 Charlotte Highway
Fairview

PRECINCT 57.1
Skyland Fire Department
(Bishop Substation)
310 Williams Road, Fletcher



November 3, 6:30 am to 7:30 pm



PARTY DESIGNATION

(C)ONSTITUTION (D)EMOCRAT (G)REEN (L)IBERTARIAN (R)EPUBLICAN *Incumbent Candidates are listed alphabetically by last name.

NATIONAL

US PRESIDENT

JOSEPH R. BIDEN, D joebiden.com
DON BLANKENSHIP, C
donblankenship.com
HOWIE HAWKINS, G
howiehawkins.us
JO JORGENSEN, L jo20.com
DONALD J. TRUMP*, R
donaldjtrump.com

US SENATE

SHANNON BRAY, L shannonbray.us
CAL CUNNINGHAM, D calfornc.com
KEVIN E. HAYES, C
hayesforussenate.com
THOM TILLIS*, R thomtillis.com

US HOUSE 11

MADISON CAWTHORN, R
madisoncawthorn.com
MOE DAVIS, D
moedavisforcongress.com
TRACEY DEBRUHL, L Search Facebook for
"DeBruhl For Congress"
TAMARA ZWINAK, G
twitter.com/ZwinakNC11

STATE

GOVERNOR

ROY COOPER*, D roycooper.com
STEVEN J. DIFIORE, L
stevenfornorthcarolina.com
DAN FOREST, R danforest.com
AL PISANO, C
alpisanoforncgovernor.com

STATE GENERAL ASSEMBLY

NC SENATE 48

BRIAN CASKEY, D briancaskey.com
CHUCK EDWARDS*, R
chuckedwardsonc.com

NC SENATE 49

JULIE MAYFIELD, D
mayfieldforncsenate.com
BOB PENLAND, R
bobpenland.com

NORTH CAROLINA HOUSE 115

JOHN AGER*, D electjohnager.org
MARK CRAWFORD, R
No campaign website

LT. GOVERNOR

YVONNE LEWIS HOLLEY, D
Yvonnelewisholley.com
MARK ROBINSON, R
markrobinsonfornc.com

NC ATTORNEY GENERAL

JIM O'NEILL, R
jimoneillnc.com
JOSH STEIN*, D
joshstein.org

NC AUDITOR

ANTHONY
WAYNE STREET, R
streetfornc.com
BETH A. WOOD, D
bethwoodcampaign.com

NC COMMISSIONER OF AGRICULTURE

STEVE TROXLER*, R
stevetroxler.com
JENNA WADSWORTH, D
jennawadsworth.com

NC COMMISSIONER OF INSURANCE

MIKE CAUSEY*, R
mikecauseync.com
WAYNE GOODWIN, D
waynegoodwin.org

NC COMMISSIONER OF LABOR

JOSH DOBSON, R joshforlabor.com
JESSICA HOLMES, D
Jessicaholmesnc.com

NC SECRETARY OF STATE

ELAINE MARSHALL, D
elainemarshall.com
E.C. SYKES, R ecfornc.com

NC TREASURER

RONNIE CHATTERJI, D
ronniechatterji.com
DALE R. FOLWELL*, R dalefolwell.com

NC SUPERINTENDENT OF PUBLIC INSTRUCTION

JEN MANGRUM, D
jenmangrumfornc.com
CATHERINE TRUITT, R catherinetruitt.com

NORTH CAROLINA SUPREME COURT

SEAT 1 (CHIEF JUSTICE)

CHERI BEASLEY*, D
ChiefJusticeBeasley.com
PAUL NEWBY, R
PaulNewby.com

SEAT 2

PHIL BERGER JR., R
PhilBergerJr.org
LUCY INMAN, D
LucyInmanForJustice.com

SEAT 4

TAMARA BARRINGER, R
TamaraBarringer.com
MARK DAVIS*, D
JusticeMarkDavis.com

NORTH CAROLINA COURT OF APPEALS

SEAT 4

TRICIA SHIELDS, D
ShieldsForJudge.com
APRIL C. WOOD, R
JudgeWoodForCOA.com

SEAT 5

LORA CHRISTINE CUBBAGE, D
CubbageForJudge.com
FRED GORE, R JudgeFredGore.com

SEAT 6

CHRIS DILLON*, R
JudgeChrisDillon.com
GRAY STYERS, D StyersForJudge.com

SEAT 7

JEFF CARPENTER, R
ElectJeffCarpenter.com
REUBEN F. YOUNG*, D
KeepJudgeYoung.com

SEAT 13

CHRIS BROOK*, D
KeepJudgeChrisBrook.com
JEFFERSON G. GRIFFIN, R
JeffersonGriffin.com

NC DISTRICT 28 COURT JUDGES

SEAT 6

ANDREA DRAY, D No campaign website

SEAT 7

CALVIN HILL, D No campaign website
These candidates are running
unopposed.

COUNTY

BOARD OF COMMISSIONERS CHAIRMAN

BROWNIE NEWMAN*, D
brownienewman.com
ROBERT PRESSLEY, R
facebook.com/voterobertpressley

BUNCOMBE COMMISSIONER DISTRICT 2

JASMINE BEACH-FERRARA, D
jasmineforbuncombe.org
ANTHONY PENLAND, R
anthonyfordistrict2.org

BUNCOMBE COUNTY REGISTER OF DEEDS

DREW REISINGER*, D drewfordeeds.org
This candidate is running unopposed.

BUNCOMBE COUNTY SOIL AND WATER CONSERVATION DISTRICT SUPERVISOR

(NONPARTISAN OFFICE)

ALAN DITMORE Search Facebook for
"Elect Alan Ditmore for Buncombe
SWCD"

GARY HIGGINS No campaign website

BUNCOMBE COUNTY SCHOOLS BOARD OF EDUCATION

(NONPARTISAN OFFICE)

AT-LARGE

AMANDA SIMPKINS

MARK WATMAN

NORTH BUNCOMBE DISTRICT

ANN B. FRANKLIN*

OWEN DISTRICT

MARGARET (PEGGY) BUCHANAN*

EVERETT D. PITILLO

LINDA TATSAPAUGH

ROBERSON DISTRICT

AMY CHURCHILL

See last month's Crier for more info
about the school board candidates.



QUESTIONS? Call 250-4200 or visit buncombecounty.org/vote

Everybody Wins: New Solar Projects for Buncombe County Schools

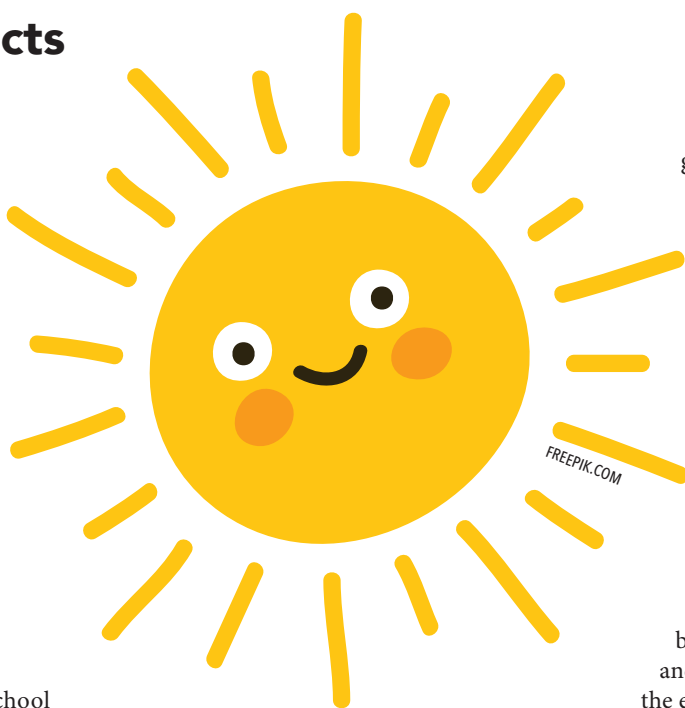
If you follow local news, you know it's been a controversial and difficult time to serve on the Board of Education. Though we all want what's best for students in these complicated times, we don't necessarily agree on the best way to get there. But at the October meeting, there was an item we agreed on unanimously: the county-wide solar project.

This ball started rolling with a vote of the county commissioners in July, when they unanimously approved a \$10.1 million collaborative solar project, with a total of 47 solar installations on facilities owned by the county, Buncombe County Schools, Asheville City Schools, A-B Tech, and the City of Asheville. (The city will pay for their own projects but was part of the joint bidding process). According to the Asheville Citizen-Times, North Carolina is second only to California in the generation of solar energy, and

this project will be the biggest publicly owned solar project in the state. The final bid was awarded to M.B. Haynes Corporation of Asheville.

Nine Buncombe County schools plus the aquatic center will have photovoltaic systems installed during this process, with three roof installations and the rest on the ground. The projects will be spread across the six school districts. The county will pay for all of our new systems, but then they will become the property of Buncombe County Schools, which will maintain them.

We anticipate a savings of approximately \$303,000 for the first year, which would mean savings



ground-based system at Cane Creek Middle School. The solar panels will be on the south side of the school, with 13 panels on the right side of the driveway as it curves left toward the bus parking lot. Installation will likely happen next summer when students are not on campus.

In these turbulent times, it was a delight to vote for a project that appears to have no downsides. This is an opportunity to build goodwill by collaborating with the county, and it will save tax dollars and help the environment. Additionally, with the system on the ground where students can observe it, this project will provide scientific learning opportunities for our Cane Creek students as they chart their paths toward the future. Everybody wins!



Cindy McMahon is the Reynolds District Representative, Buncombe County School Board. Email her at cindy.mcmahon@bcsemail.edu.

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Thankful Through It All

by Kenya Hoffart

The last several months have been full of change. Through it all, the staff at Fairview Elementary has worked hard to adapt and move forward with each new challenge they have faced and have remained thankful for a wonderful school community. When the school staff was asked what they were most grateful for during this season of thanksgiving, they replied that they are thankful:

- for families who are patient, understanding and show grace during a time when we are all trying to do our very best.
- for technology that is provided to students at no charge so that every student can continue to learn, no matter the distance.
- for community members who have provided treats, encouraging words, special surprises and notes of thanks for teachers and staff who sometimes need a little encouragement.
- for the time we have with our students, whether it is in the classroom or online.
- that children are fed and meals are provided to families in need.
- for those who make the tough decisions that are sometimes met with opposition.
- for custodians who have met the challenge to sanitize every area of our school every single day.

- that, through it all, Buncombe County Schools has provided job opportunities for custodians, bus drivers, teacher assistants, cafeteria workers, and office personnel so that none lost their job or missed a paycheck.
 - for students who desire to learn and families that are willing to support and assist them.
 - for an administration team who works endless hours to make sure schedules are made, protocols are followed and changes are communicated—all with the goal to keep students and staff safe and healthy.
- And we are hopeful that, very soon, our halls will be filled with happy, healthy and successful children.

If you are an FES family, we thank you. Thank you for trusting the staff at Fairview Elementary to do its very best to serve your children. If you are a community member who supports FES in some special way, we thank you. Thank you for your kind thoughts and encouraging words. If you are a staff member at FES, we thank you. You have faced these challenges with open minds and a willingness to move forward. We truly are all in this together. For all these things, we give thanks.

In addition to having a child who attends Fairview Elementary, Kenya Hoffart is also a staff member and PTA Communications Chair at the school.

ACRHS STUDENT OF THE MONTH EDDIE HEWER



The A.C. Reynolds Student of the Month is Eddie Hower. He was nominated by History teacher Shelby Lewis, who said: "Reynolds Rockets are motivated, adaptable, passionate advocates for themselves and others. This embodies Eddie. He attended Governor's School two summers ago, came back to ACRHS, and began a philosophy club that he organizes and leads with his fellow Rockets. In the midst of the current climate and the pandemic, Eddie refuses to allow the circumstances to define his academic success nor the success of others. He sought out opportunities to better himself and the club and has adapted by moving this club online to allow for discussions and debates."

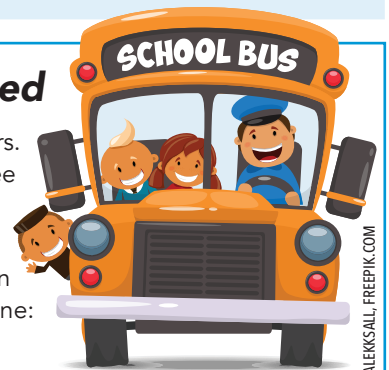
Sharp-eyed readers may remember that Eddie has also written a few articles for the Crier.

All winners receive a special mug from the Town Crier. Congrats, Eddie!

School Bus Drivers Needed

Cane Creek Middle School needs bus drivers. Drivers can earn up to \$15.94 per hour. Free training is provided, and the next class starts on November 17.

For more information, email amberle.dalton@bcsemail.org or call 775-3275. Apply online: buncombecountyschools.org.



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MAGIC WITH GREG *The Vanishing Coin*

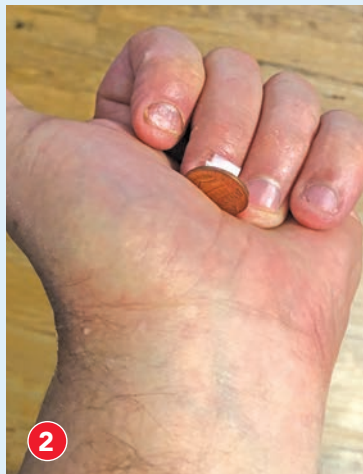
Is the coin in your hand or not? Practice this trick and fool your audience!

SET UP You need a coin and double-sided Scotch tape (or Blu Tack, which is normally used for holding up posters). Take a small piece of tape and place it on your fingernail that is nearest the coin when the coin is held in the palm of your hand. It will most likely be your middle finger.

Note: The trick is easier with a lighter coin.



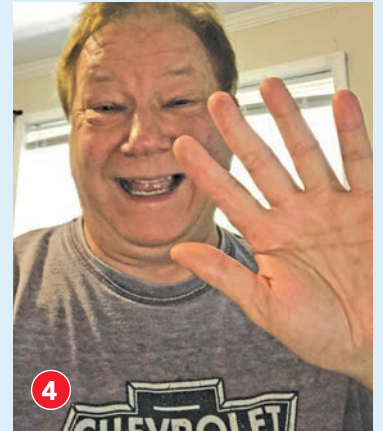
1 Show your hand with a coin in it to the audience. Keep your nails turned toward you so the audience doesn't see the piece of tape.



2 Close your hand into a fist and press the nail with the tape onto the coin.



3 Wave your other hand over your closed fingers in a "magical" way to block your audience's view.



4 Quickly open your hand to show that the coin has disappeared. Only you will know that it is stuck to your nail.

5 To get rid of the coin, put your hand in your pocket and let it fall off your finger. **Magic!**

Greg Phillips is a professional speaker, magician and comedian. Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.



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Many Variables Make Training Time Different for All

When does training end? This is a common question that pet trainers get asked. We also get asked to let pet owners know when dogs can be trusted off their leashes.

Those are tough questions for even the most experienced trainer to answer because there are so many variables. Each dog training professional organization—and they are numerous—has some established guidance, but there are no universal standards in training dogs. At our business, we train dogs to our standards and coach owners on how to maintain those standards, but those are just our recommendations after years of training hundreds of dogs.

Ultimately, owners will choose to maintain the parts and pieces that work for them. Owners may come back after a few months and tell us that they're ready to learn more of what we recommend. We prefer to understand what goals our clients want to achieve for their dog so we can cover that in our coaching, too. Obedience and manners for dogs start with a foundation of skills that are built upon as the dog learns more and as the owners meet existing goals and set new ones. We think good training starts with coaching to the standards and then helping the owner continue to teach, maintain and build upon these skills.



Things, such as specialty leashes, collars and harnesses, are not what trains the dog. It's the person holding the leash that does it.

There are many nuances to training. A dog's genetics and instinct greatly affect the success of training, as well as the frustration level of an owner. Some dogs are genetically very nervous, and others are overly confident. Some are stubborn, and others have not been socialized to the world outside of their home and crate. Most are hungry for more structure and guidance from their owners. Each dog requires a slightly different approach to training. It is imperative that owners and trainers alike recognize that each dog is unique and his or her training

may need to have many different approaches to be successful. For instance, if you have a nervous dog that won't take a food treat as a reward but just keep trying to give them treats, your training is dead in the water. Things, such as specialty leashes, collars and harnesses, are not what trains the

dog. It's the person holding the leash that does it. The tools are just helpers to make training easier and quicker and to keep the attention of the dog.

There is no bag of pixie dust that we sell that suddenly changes a naughty dog into a magnificent companion. If there was, I would be selling it by the case.

Below are what we consider standard goals for dog owners.

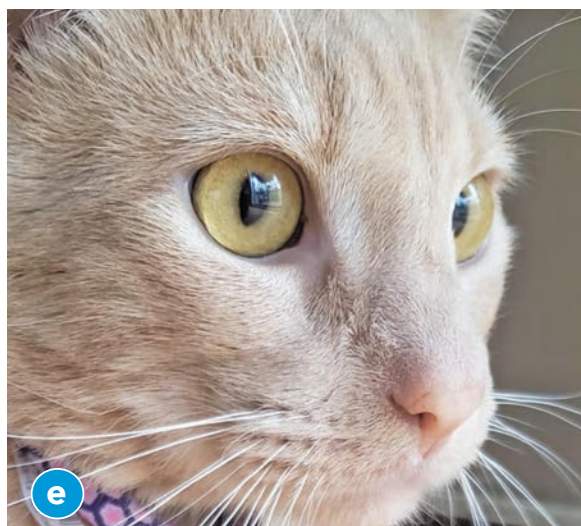
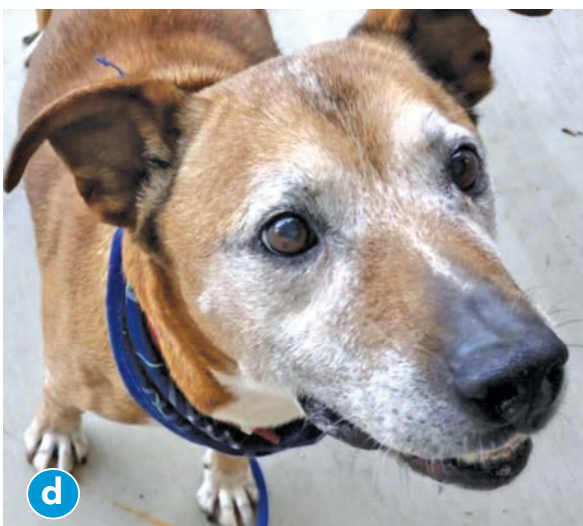
- The ability for an owner to comfortably take their dog on a walk in public on a loose leash, without the dog pulling or being reactive.

- A dog that can remain calm and relaxed in the face of typical, daily distractions, both in and out of the home.
- A dog that has an on-and-off switch and does not assume that all dogs or people around them are there to be played with.
- A dog that can enjoy a hike or travel in a way that allows their owner to have a fun, peaceful experience with family or friends.
- An owner who does not unduly stress out their dog, and a dog that has the same respect for their owner.
- An owner that has hobbies that they can do together safely and happily with their dog.

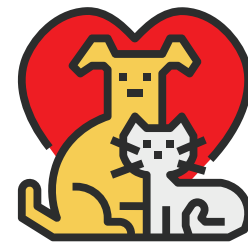
I love seeing a dog enjoying a ride with their human companion, with the windows down and the breeze blowing through their fur. Other dogs are couch potatoes, which is perfectly fine as long as their owners are fine with that. We are supportive of all that removes stressors and increases respectful behaviors and joy in the human-canine bond.



Tracy Peabody is the owner and head trainer of Woof in the Woods and Specialized K9 training services. For info on lessons, classes, and products, call 222-2222. 1451 Charlotte Highway, Fairview. woofinthewoods.com.



ADOPT A PET!



- a** **Mia** is a seven-year-old pit bull-terrier mix. She's 67 pounds and loves belly rubs and neck scratches. She's is an easy dog that would be great for first-time dog owners. *Charlie's Angels*
- b** **Dill** is a sweet four month old. He's a little shy and would love a home that will help build his confidence. He would do well with another kitten or a social, confident cat. *Charlie's Angels*
- c** **Nova** is an eight-year-old kitty. She would do best in a quiet home with no small children, and would also prefer to be the only animal in the house. She likes attention and head rubs, but also enjoys her alone time. *Humane Society*
- d** **Cobbler** is a 10-year-old Retriever mix. He enjoys wearing dashing bandannas and sleeping on cozy blankets. If you're looking for a cuddly couch potato to keep you company, this is the guy for you. *Humane Society*
- e** **Rusty** is shy but can be coaxed out of his shell with playtime. He's laidback and affectionate and does well with other cats and dogs. He needs a patient, loving home. *Brother Wolf*



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www.fbc1806.org
contact us @fbc1806.org

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Angels of Fairview Seek Donations for Annual Drive

Angels of Fairview is a non-profit group made up of community members who assists families in need. Their clients are identified by counselors at Fairview Elementary and Cane Creek Middle schools.

During this holiday season, a donation of \$50 will secure a complete prepared meal for a family of four to six people. The meal includes a 10- to 12-pound turkey, two side dishes, rolls and a dessert.

Tax-deductible donations will be accepted through December 31. Checks should be sent to Angels of Fairview,

PO Box 94,
Fairview,
NC, 28730
or dropped
off outside
the Town

Crier office in the blue dropbox (please do not bring your donations inside).

*The Angels
of Fairview*

Meet Branson, Fletcher's Snowboarding Champ

Sharon and David Winkler live in Sarasota, Florida, but rent a small place in Fletcher to be near their son Chris and grandson Branson. Sharon got in touch with the *Crier* to tell us more about Branson.

Ever since Branson moved to Fletcher in 2017, he's been snowboarding in the Cataloochee area. He became a member of the United States of America Snowboard Association in order to compete in events.

In March of this year, he won two gold medals in giant slalom in the Southeast Division, which qualified him to compete in the national competition in Colorado. In addition to his



medals, Branson also earned a special award for always being courteous and considerate and having a great attitude on and off the slopes.

Along with the award, Branson received an offer to attend a summer camp in Tahoe, California, for free.

Unfortunately, the COVID-19 pandemic put an end to Branson's excitement after two weeks. The slopes in Colorado closed and the national competitions were canceled. And then the summer camp was also canceled. The good news is that Camp Woodward will honor his award next season.

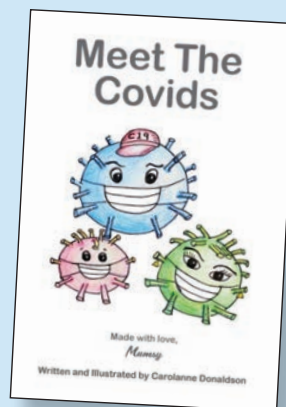
Congrats from all of us at the *Crier*, Branson!

Local Writes COVID Book for Grandkids



Fletcher's Carolanne Donaldson was heartbroken when the state's Stay-at-Home orders stopped her regular visits with her three grandchildren. Since they are all under five and didn't understand why this was happening, Carolanne (at left) began writing letters to them. With a positive spin, she explained what the coronavirus is and the need for social distancing. The letters turned into a poem, and then, after she added illustrations, into a book called *Meet the Covies*.

Carolanne hopes to teach her grandkids—and all kids—to always look for joy, be kind and wash their hands.



You can buy the book in e-book or paperback from Amazon.com. Print copies can also be purchased at Tru Salon, 11 Crispin Court, Suite 102, Asheville, where Carolanne works. She will autograph the book for free when she's there from Tuesday through Friday.

Gerton Author Pens Second Book

Kim Jones, a book designer and illustrator who lives in Gerton, published *The Silly Letters of Agnes Buttons*, her first book, in June, and she's already completed her second.

Monsters Love to Dance is now available in print and digital formats at Amazon, Barnes & Noble and other online stores. The words and illustrations encourage kids age 3 to 8 to find music wherever they go and to get moving.

For more information on Kim or the book, go to facebook.com/bluegatedesign.



Girls on the Run's Holiday Fundraiser

Girls on the Run of Western North Carolina will be selling 22-inch holiday wreaths throughout the months of November and December to benefit their programming across a 14-county area of the WNC region.

These full, fresh, locally-sourced wreaths with a red bow are available for \$25 each. Call 628-3591 to place an order. If there is no answer, leave a message with your name and phone number and a representative will contact you.

Girls on the Run is a nonprofit dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.



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Protect Your Family from Long-term Care Costs

Like everyone, you want to remain physically and financially independent throughout your life. But if you lose some of this freedom, the last thing you'd want is to become a burden on your family. How can you keep this from happening?

First of all, you need to be aware of the risk. Someone turning 65 today has almost a 70 percent chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services. Of course, this doesn't necessarily mean that you face that 70 percent likelihood. In reality, you have either a zero percent chance of requiring long-term care (you'll never need it) or a 100 percent chance (you'll definitely need it).

Nonetheless, if you think you've got that zero percent chance, you're taking a gamble—and it could be a big one, because long-term care is expensive. The median annual cost for a private room in a nursing home is over \$102,000, according to Genworth, an insurance company. Other long-term care services, such as those provided by a home health care aide, also don't come cheaply.

Furthermore, you can't count on Medicare paying all these costs—in fact, it would probably only cover a small portion of a nursing home stay and provide limited assistance for home health care.

So, if you were financially unprepared for the expense of long-term care, the burden might fall on your loved ones. This could be a big financial challenge, in two ways.

First, if a family member had to become your caregiver, this individual might have to abandon a career, or at least substantially reduce their working hours. Not only would this result in a loss of income, but it could also lower the amounts that could be contributed to a 401(k) or similar employer-sponsored retirement plan.

Second, if your family members couldn't leave their jobs or cut back on their hours, or they were simply unable to provide the type of long-term care you need, they might be forced to pay for a nursing home stay or home health care worker out of pocket.

To avoid these outcomes, you have a couple of options:

- Self-insure—You could conceivably “self-insure” against the costs of long-term care by devoting a portion of your investment portfolio specifically to this purpose. However, if at some point you require admission to a nursing home, it may require a significant commitment of your resources.
- Purchase protection—Over the past decade or so, there's been an increase in the types of long-term care protection

vehicles available. These instruments vary widely in cost and in what they cover, but by choosing a protection option, you may greatly lower the financial risk you might face. By consulting with a financial professional, you should be able to find an arrangement that's appropriate for your situation.

Preserving your financial independence and helping protect that of your family should be a key financial goal. And

you can make progress toward accomplishing this by recognizing the potential cost of long-term care and taking steps to deal with it.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert. Contact 628-1546 or stephen.herbert@edwardjones.com.

SEPTEMBER FAIRVIEW REAL ESTATE STATISTICS

		Max \$	Lowest \$	Average \$
Homes Listed	11	1,498,000	349,000	702,556
Homes Sold	25	1,225,000	152,000	467,104
Land Listed	5	1,335,500	55,000	438,600
Land Sold	8	630,000	53,000	205,063

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

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Big Investments in Industry and Housing

It is an exciting time to be a Buncombe County resident. As you may know, Pratt & Whitney, a division of Raytheon Technologies Corporation, recently announced plans to invest approximately \$650 million through 2027 in a new Buncombe County manufacturing facility. The milestone investment in new building, technology, machinery and equipment is intended to create hundreds of new jobs through 2027, including career opportunities in engineering, technology, production and management. The Board of Commissioners has taken our goals (from the strategic plan) to diversify our local economy and improve wages seriously. The announcement from Pratt & Whitney is a significant step in helping to ensure we meet the goals we have set forth for the county.

Pratt & Whitney is a world leader in the design, manufacture and service of aircraft and helicopter engines, as well as auxiliary power units. Raytheon Technologies is an aerospace and defense company that provides advanced systems and services for commercial, military and government customers worldwide.

At full buildout, the operations of Pratt & Whitney are intended to create over 800 jobs at an average wage of \$68,000, approximately 60% above the average wage in the county. The project is expected to generate over \$54 million in new annual labor income for the

county and the Asheville Metro Region, according to estimates by the Department of Commerce. The hiring process for the facility is expected to begin in late 2021.

A-B Tech Partnership

The company has partnered with A-B Tech and the North Carolina Community College System to train the first generation of Pratt & Whitney employees in Buncombe County. A dedicated training facility will be constructed adjacent to the plant for both pre-hire, post-hire and continuing education initiatives of the company. I am excited to be able to work to support this investment in both of my roles in our community, and I think I bring a unique perspective to the work. As the executive director of the A-B Tech Foundation, I will lead efforts to support grants that help purchase equipment for the training facility and fundraising to support the needs of the trainees, such as the costs associated with recruiting and training students.

Pratt & Whitney's plans call for the development of a new, one million-square-foot advanced manufacturing facility that will be situated on an approximately 100-acre tract overlooking Interstate 26 south of the French Broad River. The company is environmentally conscious and is pursuing LEED certification on the facility. The planned facility marks

the first private investment to be located in the Biltmore Park West development, located in south Buncombe County and developed by Biltmore Farms LLC. The collaboration between Pratt & Whitney and Biltmore Farms will catalyze important site, access and infrastructure improvements at Biltmore Park West, helping to pave the way for future employment and economic development in that part of the county.

Jobs and Revenues

In addition to the planned 800 new hires, 464 additional indirect and induced jobs (jobs created when new employees spend on local goods and services) will generate over \$76.4 million in new labor income. Furthermore, the one-time impact from the construction of the facility is expected to support 1,029 total construction jobs. The collective labor income from these jobs is estimated to exceed \$52.7 million. Once direct jobs are established, the county anticipates that local tax revenues of over \$2.5 million will be generated.

The Board of Commissioners is also working on its goal to increase the availability of affordable housing. At our October 20 meeting, we unanimously approved nearly \$1.3 million for projects that will help provide 892 affordable housing units. The Affordable Housing committee considered 14 applications requesting more than \$5 million before landing on nine projects that met the task force's criteria. Those initiatives will provide new construction,

rental assistance and emergency repairs. This was a new process for determining awards, and I am pleased with the in-depth conversations we had to ensure that we are investing funds into the programs that have significant impacts in affordable housing.

The projects are: Jasper Apartments, \$1,068,476 to help build 84 units; Eblen Charities, \$156,000 for rental assistance; Eliada Homes, \$10,050 for rental assistance; Asheville Area Habitat for Humanity, \$228,449 for emergency home repairs; Mountain Housing Opportunities, \$300,000 for emergency home repairs; CIMA, \$25,000 for emergency home repairs; Eliada Homes, \$25,000 for the construction of affordable units; On Track Financial Education & Counseling, \$25,000 for homeownership programming for 592 people; Buncombe County, \$40,000 for four employee assistance benefit program loans.

The Affordable Housing committee has a balance of \$673,297 still to be allocated. I'm glad we have additional funds, as we don't know what will happen with the pandemic. I anticipate a continued need to support those most impacted by job losses, and I want us to have the capacity to assist them.



Amanda Edwards is one of the District 2 representatives, along with Anthony Penland, on the Buncombe County Board of Commissioners. She can be reached at amanda.edwards@buncombecounty.org or 484-6385.

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Fairview Welcomes Four New Businesses

Wayne's Subs

When Raynatta Waters closed the Fairview Subway to put her full energy into her store in Reynolds, it created a perfect opportunity for Wayne Al-Abed to expand his presence in that location. He has owned



and operated the Citgo Station at the same location since the early 1990s, and now his wife Finan (and daughter Diala and son Kareem) have joined him to open Wayne's Subs. The food is fresh with generous portions, and the bread is baked fresh. There are also a few Middle Eastern delights, such as spinach pie, stuffed grape leaves, vegetable and meat pies, and baklava. Prices are fair, with six-inch subs starting at \$3.49. They also have 12-inch subs and wraps. In a fun coincidence, Wayne told us he actually worked on the construction of the previous Subway in early 1999.

■ **Wayne's Subs** 1395 Charlotte Highway, Fairview • 338-5090

Open every day 9 am–8 pm

f facebook.com/Waynes-Subs-101253021762789 (or search for "Wayne's Subs")



B & M Insurance Group



There is a new insurance agency moving into the space that Gloria Berlin Allstate Agency vacated on Charlotte Highway (see below). Folks will recognize Tim Wilson and Angie LaRowe at B & M Insurance Group, as they both worked at the Gloria Berlin Agency. Tim took Angie's place at Gloria Berlin's, and Angie filled Tim's old spot at a Hendersonville agency. The two got to know each other doing business over the phone. B & M owner Brian Davis (left), graduated from AC Reynolds High School and joined



the United States Army, serving for 8 years based in Maryland. Two years ago, Brian opened B & M in Maryland. Since he and Tim were longtime friends, it was a natural for the two to work together and bring Brian's business back to his hometown. The agency writes policies in North Carolina, Maryland, Virginia and DC. As Angie put it, "We provide insurance for everything with wheels and walls, including boats, ATVs, landlord/investment property coverage and even builder's risk policies—everything except health insurance."

The office will be open the first week of November, and all involved are excited to be back in the extended Fairview community.

■ **B & M Insurance Group** 131 Charlotte Highway, Reynolds • 571-0700

Monday–Friday, 8:30 am–5:30 pm; Saturday, 9:30 am–1 pm

bminsurancegrp.com

Gloria Berlin Allstate Agency Closes

Fairview is saying goodbye to Allstate agent Gloria Berlin as she starts on her next life journey. She will start her retirement on the same day—November 2—that she opened her business 12 years ago. Gloria said, "It is bittersweet, as I loved working with and taking care of people." She is grateful for the past 12 years but is looking forward to having more time for family and taking care of herself.

Shannon's Deli

Shannon's Deli has opened in the space of the former Rocket Grill location in Kounty Line station.

The early menu has biscuits with lots of fixins and breakfast sandwiches. Lunch features burgers,



hot dogs, a variety of hot and cold sandwiches and sides.

Everything is priced fairly, and specials are offered almost every day. Owner Shannon Beam said she's enjoying seeing so many familiar faces. She told the *Crier* that she worked in the same location eight years ago, and now she owns it. You can call ahead to order pick up. And check their Facebook page for specials.

■ **Shannon's Deli** 195 Charlotte Highway, Asheville • 424-7561

Monday–Friday, 6 am–3 pm, breakfast and lunch; Saturday, 6–11 am, breakfast

f facebook.com/shannonsdelifairview

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+ ADD SAUSAGE	.75
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+ LET TOM. MAYO. TOAST	
+ MEAT, EGG, CHEESE	
+ LUNCH +	
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Wilderness

Wilderness, a new gardening store, has opened in Cane Creek Station, but it offers more than just plants.

The owners, Adam and Emma, specialize in unusual and hard-to-find indoor plants, carry locally-made products (organic teas, CBD and pottery), and offer services such as repotting and plant care advice and interior landscape design consultations for residential and commercial clients. They will also host yoga classes, herbalism and medicine-making workshops and other classes.

Adam and Emma fell in love with the Fairview area and decided to settle down here after years of traveling the world. "[Our] passion for plants and the will to work for ourselves made us turn an abandoned car wash into a little oasis that brings some goodness to an area that is easily overlooked yet possesses so much magic," said Emma.

Due to COVID-19, masks are required, curbside pickup is available, and local delivery is coming soon so you can shop safely from your home.

■ **Wilderness** 1538 Cane Creek Rd., Fletcher (Cane Creek Station) • 338-0160

Wednesday–Sunday, 12–7pm; Monday and Tuesday by appointment only (for interior landscape design consultations)

connect@wildernessplantshop.com • wildernessplantshop.com

@Wilderness.homeofthewild • f facebook.com/Wilderness.homeofthewild



by Candi Yount

Our October meeting was held at To the Brim: Refill Store at 145 Charlotte Highway, Suite 60.

Shelby Emerson, a new FBA member, explained to members what a “refill” store is: bring in your empty plastic containers, such as for dish soap or kitchen cleaner, and refill them with the products she sells. In addition to helping reduce plastic waste, the store’s refill options are eco-friendly and often gentler on the skin. The store also carries other interesting eco-friendly items and health supplies, such as toothpaste tablets and bar soaps.

Meeting Updates

A new executive board was voted in and will begin their term in January. Katherine Morosani, from Edward Jones, was named the new president. Michelle Shuford, from Sunrise Sawmill, remains as vice president. Brandy Lampert, from Frame It Asheville, remains as treasurer. Heather Ward, from First Bank, was named the new secretary. Janet Peterson, from Cloud 9 Relaxation Home, remains as meeting coordinator. And Bill Scobie, from Scobie.net, remains as webmaster.

November Meeting

We will gather on Monday, November 9 at Steam Master Carpet and Upholstery Cleaning, located at 3082 Cane Creek Road in Fairview. The meeting will be

Welcome,
NEW MEMBER!

A&R Car Detailing



Shelby Emerson, owner of To The Brim, spoke to FBA members.

jointly hosted by Steam Master and Carolina Mobile Optics. Lyle and Juanita Boyd will bring eyeglass frames to try on, with proper care being taken for safety concerns with COVID. Bring your nametags and a folding chair.

Holiday Party

Save the date! Our holiday party will be held on Monday, December 7 at Turgua Brewing Company at 3131 Cane Creek Road. RSVPs are required.

Candi Yount is the secretary of the FBA.

Keep it Local!

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Art			Dana Irwin Design	712-0013
M. Moore Woodturning	365-8787		Postnet	298-1211
Auto/Truck Sales			Serengeti Studio	280-8270
A&R Specialists—Car Detailing	708-3718	Markets/Farm Stores/CSAS		
High Country Truck & Van	222-2308		Cane Creek Asparagus	628-1601
Building & Maintenance Services			Fairview Seafood Company	337-5190
AA Diamond Tile	450-3900		Flying Cloud Farm	768-3348
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Cane Creek Concrete	230-0322		Sweet Farm on Cane Creek	242-4425
Daylight Asheville	778-0279		Trout Lily	628-0402
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Turgua Brewery	338-0218		Fairview Chiropractic Center	628-7800
Whistle Hop Brewery	231-5903		Front Porch Physical Therapy	712-1340
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Dream Roper	338-9506		Southeastern Physical Therapy	338-0707
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Rainbow International	333-6996		Tom Schunk—Mutual of Omaha	707-3493
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MacWorks	777-8639	Non-Profits		
Scobie.net	628-2354		Food for Fairview	628-4322
Contractors/Builders			Root Cause Farm	628-3688
Balken Roofers	628-0390	Organizing		
Cool Mountain Construction	778-2742		Grand Solutions LLC	516 238-6979
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Fairview Preschool	338-2073		Elena the Groomer	628-4375
Mighty Oaks Montessori	338-0264		Living Harmony Pet Sitting	582-3363
Emporium/Flea Markets/Gifts			Woof In the Woods	222-2222
New Moon Marketplace	222-2289	Pharmacy		
Equipment Rentals/Repair Services			Americare Pharmacy	628-3121
Carolina Equipment Rental	628-3004	Photography		
Ed's Small Engine Repair	778-0496		Laurie Johnson	275-2097
Event Venues		Picture Framing Services		
Peaceful Hollow Venue	777-7094		Frame It Asheville	808-0923
The Poplars at Bearwallow Mtn	712-2651	Real Estate Sales		
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Edward Jones—Stephen Herbert	628-1546		Sandy Blair Real Estate	768-4585
Edward Jones—Katherine Morosani	628-1546		Cool Mountain Realty—Jenny B.	628-3088
First Bank—Heather Ward	298-8711		Greybeard Realty—Rosie Johnson	778-2630
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Cozy Mountain Hideaway	232-1042		Smokey & the Pig	222-2595
Sabél Apartments	280-2381		Subway	628-3080
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The Cove at Fairview	628-4967	Retail		
Insurance			Clothes Mentor-Women's Resale	274-4901
Butch Greene Hemlock	338-9125		To the Brim: Refill Store	674-3438
Gloria Berlin Agency/Allstate	298-2483	Saw Mills		
Parker Utter ISA	989-1843		Sunrise Sawmill	277-0120
Prime Time Solutions	628-3889	Veterinarians		
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What Happens Under the Hickory Tree

Interning at Root Cause this summer has taught me that language tends to fall short next to the power of feeling and listening to the land. I have constructed a poem (at right) that truly captures my time at Root Cause. Much of this piece stems from the song in my head of “what happens under the hickory tree.” The hickory tree hangs over the circle of benches where each day at the garden began. This circle is a gathering place.

I cannot tell you how much my body relearned how to learn. I look across this space and can feel the way it felt to talk about poetry with Oksana in the potato patch, how it felt to harvest potatoes with Lena while the conversation flowed in and out of book recommendations, how it felt to stand next to Hayley and the maypops, which seemed to dangle from her words.

Quilted garden, quilted people, hanging quilts in windows, hanging out with hickory trees, humbled to be tumbling toward the piles of mulch on the sudden Friday sprint. The words I would use to describe the summer at Root Cause hold no boundary; they fall from my mouth, mid-laughter. The words run from the fire in my stomach and stretch all the way to the foggy mornings of the onion harvest.

Root Cause Farm feels like moving the body to conversation. Allied bodies, allied conversation. Listening.

I asked the summer interns what happened and what happens under the hickory tree and these were their responses.

The hickory tree holds. Its motherly branches hold inlets and outlets of what



CREDIT: BOUNTY & SOUL

Lena would call an ecosystem of honesty. The ecosystem that feeds the revolution, I can see her explaining, as she pauses for a moment, and exhales the mural she created. Ursula K. Le Guin said, “You cannot buy the revolution. You cannot make the revolution. You can only be the revolution. It is in your spirit, or it is nowhere.”

Bean prayers happen under the hickory tree. Hannah said, “My prayer was to the earth and the sun, the water and the seed. [I] prayed that the phenomenon that has occurred for thousands of years would

happen once again.” And it did—not only the miracle of a bean plant but one of community. The community of just-born poetry, as Hannah calls it, the quintessential circle of full spectrum brilliance and messiness. The community of snake synchronicity, where the land is alive and the people are alive. Where reciprocity is reverberating and humans are medicine-making.

What happens under the hickory tree is Oksana effortlessly putting flowers into her pockets. Poem to poem and poet to poet, the crew moves through the garden as if creating one giant poem.

What happens under the hickory tree is Sasha’s mind flinging ideas, and connections, and the great power of doing as she shares clothing with the scarecrows.

The summer at Root Cause was a summer of storytelling, movement and unlearning, as well as rewilding and rewiring. We were co-conspirators braiding garlic under the unbraided limbs of the hickory tree, as Lena would say.

Julia Weber is an intern at Root Cause Farm. rootcausefarm.org.

Running, like the words running on to this page, we all sprung up from the hickory circle and ran towards the miles of mulch. We ran back, caught our breath and smiled.

*Dancing with chickens.
Dancing with corn.
Dancing with irrigation lines.*

*A safe place of people.
A net.*

*Laughing.
Learning.
We found a dead baby mouse and buried it*

And then buried our heads in a hole in the earth and planted St. John’s wort. We thought about revolution. We thought about transformation.

*Janice is calendula
Oksana, fennel
Lena, cucumber
Hayley, maypop
Sasha, peppers
Hannah, cabbage and funky carrots
Ali, Mugwort*

*Bodies remember.
Bodies remember other bodies.
Bodies remember the great body of the land.*

— by Julia Weber

Root Cause Farm End-of-Season Fundraiser November 1 to December 7

Root Cause Farm will hold a fundraiser to celebrate the end of the growing season and community solutions to hunger. Prizes will include getaways, dining experiences and wine tastings.

For more information or to donate, you can go to rootcausefarm.org or call Emily Brotherton at 276-1156, extension 3. You may also mail a check to Root Cause Farm, PO Box 271, Fairview, NC 28730.



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Fairy Potatoes

The winds of change are in the air, as our beloved mountains are wrapped in a tapestry of brilliant colors and radiant light. One of the unusual gifts of living in this diverse region is that one has the opportunity to experience fall beauty several times in the same season. The leaf color begins much earlier at the higher elevations and then migrates down the slopes to where we live in Fairview. As one travels west where it is generally warmer, one is able to witness the beauty of the last autumn splendor of the season.

Halloween has come and gone, but did you know that “fairy foods” grow wild right here in our own backyards? Fairy potatoes, also called cinnamon vine and Chinese yam, are fairly common here and sprout airborne miniature potatoes from their vines.

The vines typically grow three to five meters long but can be longer, and they twine clockwise. The leaves are up to 11 centimeters long, are wide and heart-shaped, and are a bit elongated at the bottom of each leaf. The little potatoes that form above ground are sometimes called “yam berries” or “bulbils,” and these make new plants that sprout from them once they are in the soil. The flowers are cinnamon-scented.

These vines were first introduced into the US in the 1800s as a food source. Fairy

potatoes now grow in at least 25 states. In springtime, the emerging young leaves have a brownish-cinnamon color hue but eventually turn a deep green. The tiny air potatoes are small, like a pea or marble, or sometimes as large as a golf ball, but I’ve never found any that large around here. The air potatoes are ready to harvest in the autumn. These vines also produce underground tubers or yams that can grow up to several pounds, but I have only tasted the tiny air potatoes, which are delicious.

Fairy potatoes (*Dioscorea polystachya*), like their southern cousins, can become somewhat invasive in states like Texas, and they are spreading into new states over time. The species name (*polystachya*) means “multiple flower spikes,” and each plant can produce a few dozen little air potatoes. These vines, although closely related in family, are not to be confused with a highly invasive cousin that grows profusely in Florida and is reported to be bitter and inedible.

Quick Sauté

My favorite way of eating these miniature potatoes is by first heating up a cast iron skillet, adding butter or olive oil and salt, and then sautéing them until tender, which happens quickly. They are also quite good boiled like our common cultivated potatoes, but only take a fraction of the



time given their miniature size.

In China, the little air potatoes are dipped in sugar, cooked and sold on a stick during New Year celebrations. The underground yams are prized as food and medicine, and they are often cooked with chicken in a special meal for honored guests. The larger roots are peeled and cooked, after which they become sticky and a bit slippery in texture like okra and purslane.

The root has been used as a poultice to speed up healing and as a liquid tonic, and the juice of the vines and leaves has been used to treat snakebites. In traditional Chinese medicine, the underground yam is reported to be beneficial for the kidney



and the spleen and helps balance chi (the energy flow/life force within the human body). In general, the plants are considered to be of great benefit to our stomach's complex ecosystem and highly beneficial to our overall health.



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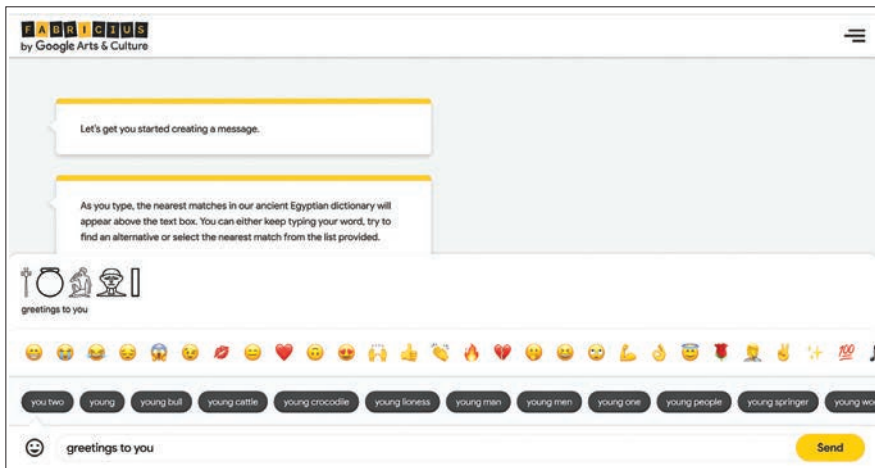
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When to Repair and When to Replace

When deciding between repairing a broken computer and buying a new one, you should consider the age of your computer, the repair cost, the cost of the replacement, and the cost of the new software that you might have to buy. Generally, if the computer is more than five years old, the repair costs may not be worth it, especially if you are spending more than 20% to 30% of the cost of a new or refurbished replacement. For a new Mac running the latest operating system (Catalina), you might have to purchase new versions of software. For both Windows and Mac, if you don't

have the installation discs for additional software like Office or QuickBooks, you will have to buy them again. In the end, repairs are great for keeping hardware out of the landfills, but sometimes a cheap repair may not be the best choice.

Google's Arts and Culture division makes it possible to translate ancient Egyptian hieroglyphs. Started in 2017 with a project at the British Museum, the group has been working with academics to explain the translation process and provide feedback on the tools and models created for three phases of translation: extraction, classification and translation.



You can translate text into hieroglyphs and send it to your friends with help from Google.



Apple's website shows what the colored dots mean in the new iPhone operating system.

You can have fun by translating English into hieroglyphs that you can email. Your results are limited to the available translatable hieroglyphs. For instance, there is no equivalent for "machine learning." I know because I tried. You can explore more at experiments.withgoogle.com/fabricius.

Gmail users have been able to schedule an email to send at a specific time, and now users of Outlook can do the same thing. After composing an email through outlook.com but before sending it, click on the drop-down arrow to the right of "Send" to get to "Send later." You can set the date and time for your email to go out. It will be in your drafts folder until sent, so you can edit or delete it.

In the latest iPhone operating system, iOS 14, Apple has added a small green or orange dot to indicate when your camera or microphone is being used (green for the camera, orange for the mic). This dot is in the upper right-hand corner of the screen near the battery indicator. To

check what apps will use your camera and microphone, go to Settings, Privacy, and then Camera or Microphone.

You can change the search engine used by the Windows 10 start menu. Of course, there is not a Microsoft setting, but there is an app called Search Deflector. The app's creator says it's "a small system utility that redirects searches made from the start menu or Cortana to whatever browser and search engine you prefer, removing ties with Microsoft Edge and Bing." It's available at github.com/spikespaz/search-deflector. If you're looking to switch to a browser that doesn't track you or collect your information, you could make DuckDuckGo (duckduckgo.com) your default search engine.



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Virtual Insurance

A short time ago, very few of us had ever heard of a Zoom meeting. Then along comes COVID-19 and now the video call application is a household word. As Xerox was to photocopying not too many years back, Zoom is to video conferencing today. So, what does this have to do with insurance?

Paradigm Shift

Doing business with my clients face to face is, to me, by far the best way to build personal relationships and lasting trust. However, quarantining, sequestering, and social distancing are now regular parts of controlling the virus. I'm a senior, and so are my clients. They do not want to expose me to the virus, and I don't want them to expose me. And so COVID, as with everything else, is changing the insurance business.

Insurance companies have been developing the means to sell and service policies through the internet or by phone. The pandemic has accelerated those efforts, and virtual sales are rapidly becoming the norm. Virtual platforms like Zoom and Google Meet, among many others, have become the preferred sales meeting method.

Positives and Negatives

Every change has its challenges. An insurance company must initiate the

transition from a paper-based operating system to a digital one sophisticated enough to handle the sales process from beginning to end. Training of agents and employees is a daunting task as they are weaned off the paper trail. Each company has its unique way of doing things, which agents must master before selling. This is a real headache for independent agents who represent many companies.

Program Challenges

There is some resistance from seniors who aren't comfortable or familiar with computers or the internet. Poor or non-existent internet service and program glitches can prolong a meeting, which can make me and my clients pine for the simplicity of paper applications.

On the positive side, digital streamlining of the application and underwriting process can dramatically speed up results to as little as a few minutes. There are also far fewer mistakes on applications, saving time and money for everybody. The paper trail is going the way of the dinosaur. It's a brave new digital world out there due in part to the coronavirus.



Mike Richard is president of Prime Time Solutions, offering local, free, no-obligation consultations: 628-3889 or 275-5863.

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Submissions Announcements, community news, upcoming events, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the *Crier's* editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The *Crier* reserves the right to reject editorial or advertising it deems unfit for publication.

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MEDICARE HEALTHCARE INSURANCE PLANS Offering Medicare Rx, Advantage and supplement plans. Mike Richard, local Fairview independent agent since 1998. 828-628-3889.

LAWN/LANDSCAPING

COMPLETE LAWN MAINTENANCE

General clean-up: mowing, pruning, mulching, clearing overgrowth, tree removal. Call 628-1777 or 242-4444.

CREATE YOUR DREAMSCAPE



with Exterior Solutions Asheville! Landscape Design Work by Alex

Retaining Walls | Masonry | Planting | More
Call (828)346-8998 Visit exteriorsolutions.net

MUSIC LESSONS

PIANO AND GUITAR LESSONS IN FAIRVIEW

Offered by experienced teacher and professional musician. Beginner & intermediate (advanced air guitar). Children and adults. \$20/half hour; \$30/hour. 335-1401 or email: kampjames@hotmail.com

ORGANIZING

OVERWHELMED BY CLUTTER?



Let a professional organizer remove chaos and clutter from your home/office. Call for a free one-hour consultation. www.grandsolutions.net. Member of NAPO. 516-238-6979

CLASSES

YOGA

YOGA, RELAXATION MEDITATION AND TRANSFORMATION WITH TAMI ZO-ELLER

An intimate, fully equipped studio at 90 Taylor Road in Fairview. Call 280-0297 for class schedule and questions you may have. Cost is \$10 per class AND PAYABLE IN ADVANCE.

CLASSIFIED ADS WORK!

Want to promote your services? Have an item to sell? Looking for help? Advertise in the *Crier*!

Min. \$10 for 20 words; 25¢ per word thereafter. Notices and non-commercial personal ads are free.

Contact the *Crier* today!

828-628-2211
office@fairviewtowncrier.com

HELP WANTED

GENERAL OFFICE HELP WANTED
Admin work, filing, organizing, errands, email. 20 hrs/wk. Call (555) 555-5555

FOR SALE

3BR/3 BATH single family home. Property completely renovated, including new kitchen, enormous master suite and large deck with long-range mountain views! Call owner (555) 555-5555.



Putting you first made us #1.

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Tammy Murphy CLU, Agent
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Asheville, NC 28803
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Making you our #1 priority is what's made State Farm® #1* in auto insurance. I'm here to listen to your needs and to help life go right.
CALL ME TODAY.

*Based on written premium as reported by SNL Financial 2014.



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1601917

The Fairview Town Crier
2020 Advertising Rates

The *Town Crier* is mailed free to 8,900 households in Fairview, Gerton, Reynolds and east Fletcher. Copies are available at the Crier office, Fairview Library and retailers throughout the community. A PDF version including all ads is posted on our website for online viewing. Free ad design available.

COLOR DISPLAY ADVERTISING RATES			
	12x/year	6x/year	1x/year
Full page	\$347	\$376	\$404
Half Page	\$225	\$248	\$266
Quarter page	\$139	\$155	\$168
Eighth page	\$99	\$116	\$128
Business card	\$65	\$75	\$80

BLACK AND WHITE DISPLAY ADVERTISING RATES			
	12x/year	6x/year	1x/year
Full page	\$317	\$347	\$376
Half Page	\$191	\$214	\$231
Quarter page	\$109	\$128	\$139
Eighth page	\$65	\$82	\$92
Business card	\$45	\$55	\$60

Nonprofit ad rate is 20% off applicable rate. Note: 1x ads are payable in advance.
SAVE MONEY: On an annual or 6-month contract, you can go up and down in size and/or color and still enjoy the discount. Prepaid annual contracts receive a 13th month free.

CLASSIFIED ADVERTISING RATES

Minimum \$10 for 20 words; 25¢ per word thereafter (example: a 27-word ad is \$11.75). Classified ads must be prepaid. Notices and personal ads not selling anything are free.

Put success on your side — call Jim!



Jim Buff
CRS
828.771.2310

kw PROFESSIONALS
KELLERWILLIAMS. REALTY

86 Asheland Avenue, Asheville, NC
www.jimbuff.com

RESULTS

27 Botany Dr.....	Pending in 3 days	37 Beechwood Rd	Pending in 2 days
88 Johnny Marlow Rd.....	Pending in 1 day	87 Huntington Drive.....	Pending in 10 days
49 McIntosh Ln	Pending in 5 days	1445 Newstock Rd	Pending in 2 days
35 Rolling Oaks Dr	Pending in 2 days	103 Cimarron Drive	Pending in 4 days
38 Folsom Dr.....	Pending in 4 days	93 Stafford Court.....	Pending in 4 days
994 Riceville Rd.....	Pending in 7 days	2 First Street.....	Pending in 1 day
234 Brickton Village	Pending in 1 day	39 Tampa Ave	Pending in 1 day
310 Foxhall Rd	Pending in 13 days	131 Vinewood Circle.....	Pending in 7 days

FEATURED LISTINGS
see complete listings at jimbuff.com



GROVE PARK! 4 bed/3.5 bath home, views of Grove Park Inn and golf course, refinished oak floors, patio area, potential guest quarters with separate entrance, HOME WARRANTY, attached two-car gar. *MLS#3645296, \$895,000!*



LEICESTER Hobby farm on 12.8 acres, 3 bed/3 bath one-level house, attached garage and workshop, horse barn, additional acreage available, HOME WARRANTY. *MLS#3649593, \$680,000!*



CANDLER! 3 bedroom/2 bath home on fantastic .84 acre lot, HOME WARRANTY, attached carport, covered patio, quiet location. *MLS#3654981, \$325,000!*



EAST ASHEVILLE! 2.62 buildable acres, two dwellings — could be salvaged or torn down. Zoned R-2, ideal for single family or multiple units. *MLS#3614844, \$275,000!*



SOUTH! One-acre lot, gently sloping, convenient location, close to downtown, shopping, restaurants, minutes to the Blue Ridge Parkway, private lot in nice area of homes. *MLS#3577494, \$65,000!*

See complete listings at jimbuff.com