

INSIDE

See page 12 for a spooky search-and-find activity in this issue...if you dare! HAPPY HALLOWEEN!



Kim said she "could never see a cardinal long enough to get a photo," so she improvised. We approve!

Scavenger Hunt Winner!

The winner of our scavenger hunt from last month's issue is Kim Christman. She and her husband, Ken Dotson, seemingly drove all over Fairview, taking pictures and learning some local history. We hope you all enjoyed the hunt. Congrats to Kim!

Answers to the clues:

1. The state bird of NC is the cardinal.
2. The sky-high swine can be found at Smokey & the Pig.
3. The oldest known building still standing in the county is Sherrill's Inn.
4. The metallic mutt can be found outside Signs for Hope.



Thirty area volunteers came together to help with the cleanup on Sept. 11.

Community Starts Cleanup of Morgan Hill Road Dumpsite More Help Still Needed

By Natalie Furniss

On Saturday, September 11, 30 area volunteers came together to begin the cleanup of an illegal dump site that had been 45 years in the making. Located off of Morgan Hill Road, the logistics of the clean-up effort were complicated due to the remote location of the site, the steep incline of the bank, the limited shoulder area, and the distance to the staging area.



The site before the volunteers got started.

GET INVOLVED!
NEXT CLEANUP: OCT. 2
Details on page 11

A 40-cubic-yard commercial trash container was staged at the Broad River Fire Station, approximately 2.5 miles away from the dump site, with a ground crew waiting for loads to arrive. At ground

zero on Morgan Hill Road, a full lane of traffic remained closed while volunteers rappelled down the side of the steep bank with harnesses and climbing ropes. Climbers waded through 4-foot-thick piles of discarded trash—which they nicknamed Mt. Trashmore—that went from the edge of the road into the Flat

continued on page 11

Crier Names Business Manager

By Clark Aycock

The Crier is pleased to have Natalie Furniss join our staff as the paper's Business Manager. Her face and name may be familiar to you, as she has written a few articles over the past few months and is founder and chief trash-picker-upper of Keep Fairview Clean, which does roadside cleanups around Fairview.



Natalie Furniss

It was during a KFC event that I learned of Natalie's commitment to the community—and her diverse business background (including time as a professional organizer of scavenger hunts). As our publisher, Sandie Rhodes, looks to retire more fully, the Crier needed someone to manage broader financial duties, work with advertisers to assist in marketing efforts, and cover newsworthy events. And we found that Natalie fit the bill!

Natalie worked previously as Director of Marketing and Internal Relations for Hickory Nut Gap Farm and Meats, has two boys at Fairview Elementary School, assists with her husband's business and, as mentioned, cleans up the local roads. So we know she's intimately connected to Fairview and will bring a new network and perspective to our coverage.

You can reach Natalie at natalie@fairviewtowncrier.com or 222-3659.

The Crier would like to thank Elizabeth Trufant for her dedication and service as office manager and bookkeeper over the past two years.

Crier Office Hours

Over the next few months, Natalie will be in our office at 1185H Charlotte Highway on Wednesdays from 11:30 am–2:30 pm. The office number is 628-2211, and we check for messages daily. And I will try to be in the office most Tuesdays from 1–5 pm. Folks can always drop off payments, classified ads, etc. in the blue dropbox attached to the wall outside our door, which is available 24/7 and checked daily. More changes to our hours may be coming soon.



What do we need?
Yes, we still need JOY!

Details haven't been confirmed, but the event will be held outdoors in early December. Anyone interested in working as a volunteer or sponsoring an event, please email Sandie Rhodes at sandierhodeswnc@gmail.com or call 280-8270. Look for more event details in the November issue.

The Fairview Town Crier
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Fairview, NC 28730

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BBQ Fundraiser for Fairview VFD

Stop by Smokey & the Pig from October 26–30 to help raise funds for equipment for a large animal rescue team at the Fairview Volunteer Fire Department.

Order a Family Meal Deal from the BBQ joint (913 Charlotte Hwy, Fairview) and \$5 from every purchase will go directly to the VFD. Also that week, all funds from the restaurant's 50/50, raffle baskets and bake sale will benefit the department. Kids in costume who stop by on Saturday, October 30 will get candy!

Five VFD team members recently went to Statesville to train in large animal rescue. The department has been called out many times to rescue horses or cattle in multiple types of distress, and specialized knowledge and experience is needed in these situations. There is currently no dedicated large animal rescue team in our area.

OCTOBER 5 (TUESDAY)

Prostate Cancer Support Group
7 pm. Medical professional speaker when available. Free, via Zoom.
wncprostate@gmail.com or 419-4565.

OCTOBER 9 (SATURDAY)

Fairview Arts and Crafts Show
9 am –3 pm. Local artists and craftspeople.

See the ad on page 5 or classified ad on page 31 for more information. 379 Old Charlotte Highway.

Old Fairview Sharon Church Yard Sale Fundraiser

8 am–2 pm. To get a table, call Susie at 242-4493. From 11 am–2 pm; BBQ will be available for purchase. Money raised will go toward preserving the church. 291 Sharon Rd.

OCTOBER 12 (TUESDAY)

Garren Creek VFD Annual Meeting

7 pm. The station will report on the operations of the department and elect officers (president) and directors. All residents of the Garren Creek Fire District are encouraged to attend and participate. For information, call or text Elizabeth Simmonds at 230-3986. 10 Flat Creek Rd. (at the corner of Flat Creek Rd. and Old Fort/Chestnut Hill Rds.)

OCTOBER 17 (SUNDAY)

Cane Creek Cemetery Association Annual Meeting

2 pm. Anyone who owns lots or has friends or relatives buried in the cemetery is invited to attend. 94 Graveyard Rd., Fairview.

Animal Haven Fundraiser

2–6 pm. Live music, vegan food, beer, wine, water, soda, and an afternoon to visit the animals. \$25 cover charge. Children under 12 free. All proceeds benefit the ani-

mals. Share a ride with friends, as parking is tight. For more information, call 299-1635. 65 Lower Grassy Branch Rd., Asheville.

OCTOBER 30 (SATURDAY)

Fall Festival at Trinity of Fairview

10 am–12 pm. Free lunch, inflatables, games and more. 646 Concord Rd., Fletcher. See ad on page 24.

UPDATES

Center for Art & Entertainment

The Center will hold two events this month. *October 15 at 7 pm:* Asheville medium Anthony Mikolajski and friends. \$53. *October 23 at 7 pm:* Blue Ridge Big Band Dance Party. Tap your feet (or dance) to the high-spirited sounds. Tickets start at \$25. For

more information, visit thecenterae.org or call 697-8547. 123 S. Main St., Hendersonville. See ad on page 9.

Garren Creek VFD Nut Sale

The VFD Auxiliary is selling nuts again this year: pecans—both halves and pieces—and black walnuts in one-pound bags. Great for holiday baking and healthy snacks. \$12 a pound, cash or check. Call/text Elizabeth Simmonds at 230-3986 to arrange for delivery.

Keep Fairview Clean

Join volunteers every week to remove roadside litter. Vests, trash grabbers, bags, gloves and great conversation are provided. Follow the Facebook group (@keepfairviewclean) for information on cleanup locations or contact Natalie at keepfairviewclean@gmail.com or call 222-3659.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,900+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, North Carolina.

The Fairview Town Crier is located at 1185H Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: *The Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email editor@fairviewtowncrier.com. For staff directory, contacts and additional information, please visit fairviewtowncrier.com or see page 31.



BEARWALLOW

Provision Company.

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Gerton, NC 28735
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BRANDED APPAREL

Stop by to snag some of our branded merch, including a variety of shirts, hats, and beanies.



LOCAL MARKET

We carry a variety of local Asheville snacks and products.



WATERING HOLE

Swing by after your hike to drink a local beer on the deck, including Hi-Wire, Highland, & Whistletop Brewing.

@BEARPROCO
MAKE THE TREK

2 | THE FAIRVIEW TOWN CRIER October 2021



Looking Back to Move Forward: BCPL Seeks Your Memories of Asheville Colored Library

A technology-saturated world can make it feel like our past is further away than it really is. Truth is, we've enjoyed some modern-day conveniences longer than we've had an integrated society. Buncombe County is full of people able to recall stories of our segregated past and the effort it took to gain civil rights. With that in mind, Buncombe County Public Libraries wants to collect information about the Asheville Colored Library (also known as the Eagle-Market branch) while sharing stories about this historic facility.

In 1927, the library began lending books to the county's Black population at its location in the YMI Building. After an organized and determined push by the

Asheville Student Committee on Racial Equality (ASCORE), Asheville-Buncombe libraries became integrated in 1961. As we celebrate 60 years of integrated libraries, we are looking for those who can share their stories about the days of the Asheville Colored Library, its beloved librarian, Irene O. Hendrick, and other related information about this historic facility. We'll add it to our Special Collections at Pack Memorial Library.

Collectible and Book Sale

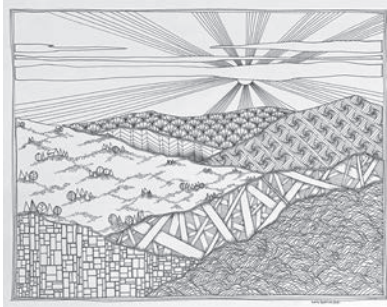
Book collectors will want to mark their calendars for the Friends of Fairview Library Collectible and Special Books Sale on November 6. The one-day sale will be held in the Community Room at the library from 10 am–3 pm, indoors, with masking required and social distancing observed. There will be a wide variety in subjects and age levels of the books, plus some special CDs as well. Proceeds from the sale will support the excellent children's and family programming at the library.

Leaf Scratch Art

During the month of October, kids are invited to pick up a "Scratch Art" autumn leaf for a take-home activity. Scratch away the black matte surface of the leaf to reveal vibrant colors beneath. Beautiful, fun and easy. This kit will be offered on a first-come, first-serve basis and will only be available while supplies last. Great for ages 3+.



Mountain Landscape Art Classes
with Nate Barton



Join local Fairview artist and art teacher Nate Barton for a series of fall art classes. A landscape of our mountains will be created in each class, but a different medium will be explored each time. No experience is necessary, as you will be guided through the whole process. Classes will be taught virtually via Zoom.



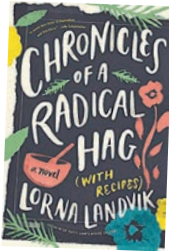
- **October 30, 2 pm** **Playing with Pen and Ink**
- **November 13, 2 pm** **Watercolor Our World**
- **December 11, 2 pm** **Oil Pastels: Crayons for Grown-ups**

Nate has made and sold art in Asheville for the past eight years and taught for 16. See his work at natebartonworks.com or on Instagram @etannotrab. **Registration is required, and class size is limited. Call the library at 250-6484 or email jaime.mcdowell@buncombecounty.org to register.**

PROGRAM

Evening Book Club

October 19 at 7 pm
On Zoom, we'll be reading and discussing *Chronicles of a Radical Hag* (with recipes!) by Lorna Landvik.



The Book Club meets the third Tuesday of the month at 7 pm. Email jaime.mcdowell@buncombecounty.org for more information.

Jaime McDowell is the head librarian at Fairview Public Library. She can be reached at Jaime.McDowell@buncombecounty.org.

CAN REGENERATIVE THERAPIES HELP WITH:

FOOT PAIN?

SCIATICA?

KNEE PAIN?

REGENERATIVE THERAPIES OF THE CAROLINAS

- MEDICATION/PT NOT HELPING?
- TOLD NOTHING CAN HELP?
- CAN SURGERY BE AVOIDED?
- STOP MISSING OUT ON LIFE!

CALL FOR A \$49 CAN WE HELP EVALUATION
X-RAYS INCLUDED IF NECESSARY

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\$49 OR CONTRACTED COPAY. IF YOU DECIDE TO PURCHASE ADDITIONAL TREATMENT, YOU HAVE THREE DAYS TO CHANGE YOUR MIND AND RECEIVE A REFUND

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Hometown Guarantee
a portion of our closings will go to
the local Fairview charity of your choice



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Allen Helmick



Susan Lytle



Devon Satchell



Justin Schmidt



Wanda Treadway



Sophia Underwood



Renee Whitmire

PRICE REDUCTION!



PRICE REDUCED Prime Haw Creek loc, 5 min to DT. Main lvl lg BR w/en-suite & gran counters. Lg LR w/ corn stove. High-end finishes & cherry cabinets in kitch. Upper lvl 2 BRs/1 BTH. Partially fin bsmt, gar w/storage. **\$460K.** Call Sophia 828-691-0311

NEW LISTING



2/2, 1-STORY RANCH, walk-out bsmt, carport, fenced yard, barn, stable on 2.62 ac. Huge cvred bk porch w/ hottub, root cellar, rv pking (rv could convey). Newer radon sys. Could easily convert to 3 BR. airbnb or farm homestead! **\$450K.** Call Jen 828-575-8276

GATED COMMUNITY



1.05 ACRES IN HIGHLY DESIREABLE WATERFORD LAKES Community of Fletcher. Year round mtn views! Gated, ponds, & mature trees make for stunning surroundings. City water in place. Close to everything! **\$125K.** Call 828-628-3088.

LAND FOR SALE

To see all our land listings visit
coolmountainrealty.com

TOP OF THE WORLD VIEWS 10 Ac in The Summit of Asheville. New dev, gated & convenient to Asheville & Waynesville. Comm Garden, Horseback & Hiking trails, Mtn Creeks /Cascades + Wildlife. Perfect private equestrian estate, 2nd home, or family compound. Call Justin 828-450-9578. **\$229K**

WAYNESVILLE 3.2-6.42 Acres - Top of the ridge homestead, end of the road privacy. Great views & potential for more w/ clearing. Call Karen 828-216-3668. Starting at **\$22.5K**. Will divide.

MOUNTAIN LOT WITH STREAM & WATERFALL. Paved access. Hard to find, easy access w/ topo for easier site prep. Perfect for mtn retreat. Lush wooded area of Fairview. Call Allen 828-329-8400. **\$50K**

READY TO BUILD LOT in Fairview Forest. Driveway & home site in place, house plans available. Borders green space, walking trails & bold creek. Nice trail on prop. Community hiking trails, creek & clubhouse w/ full kitchen. Call Jenny 828-779-4473. **\$59K**

3.72 AC VIEW OF CEDAR CLIFF MOUNTAIN. Over a mile of hiking trails thru 88 acres of wilderness, lg hardwoods, flora, boulders, cliffs, spring fed streams w/ reflection pools. Site evaluation for a 4 BR home. Call Allen 828-329-8400. **\$60K**

REDUCED BY \$25K 3.26 ACRES ON TOP OF THE WORLD! Spectacular views, overlooking Reynolds, E Asheville! Close up views of Cedar Cliff Mountain. Site Evaluation for 4 BR home. Call Allen 828-329-8400. **\$150K**

PRIVATE CAROLINA MOUNTAIN LOCATION IN HAWKS LANDING. Well spaced homes. End of the road - no thru traffic. Beautiful homes & just a short drive to Asheville. Call Karen (828)216-3998 **\$70K**

COMMERCIAL! 2+ COMMERCIAL ACRES w/ Charlotte Hwy frontage or Emmas Grove access. Investment property w/ proposed commercial plan if needed. Call for info. 828-628-3088 **\$550K**

VIEWS! 2 ACRES ABOVE-THE-ROAD SETTING WITH VIEWS of Cedar Cliff, AVL and beyond! Sunny home-site connected to hiking trails through pristine 89 acres of wilderness, hardwoods, rhododendron, rock, boulders, cliffs, spring fed reflection pools. **\$120K** Call for more info (828) 329-8400

17 AC SOUTH VIEW! Total privacy, cascading waterfalls, 1200 ac of restricted wilderness like community: hiking trails along rushing mtn stream. Comm clubhouse, greenspace. Property is all wooded w/ lvl home-site on ridge. Call Allen 828-329-8400. **\$250K**

5+ ACRES W/ NEW SURVEY. Several possible build sites. Sloping wooded lot, potential for great views. Perk & Soil test complete. Convenient to Asheville yet private. Call Jenny 828-779-4473. **\$400K**

IDEAL FOR SHORT TERM RENTALS! Level top of the world with panoramic winter views. Concrete drive, public water, underground elec. Part of Buncombe Cty approved and recorded Special Subdivision. No single wide mobile home allowed. Call Allen (828) 329-8600, **\$79,900**

EXCEPTIONAL 2.26 ACRE MOUNTAIN PROPERTY w/ potential for gorgeous long-range views, near end of priv rd. Driveway put in years ago, to area previous owner intended to build. **\$70K** Call for info 828.216-3998

AMENITIES Spectacular view, privacy buffer w/ paved access w/ all amenities of High Vista. Golf, tennis, pool and lovely country club on site. 3 lots sold together or separately (828)628-3088 **\$75K**

5.2 ACRES IN FAIRVIEW w/ spectacular views, high elevation & end of rd privacy. These are 2 properties surrounded by large wooded lots. Call Karen 828-216-3998. **\$150K.**

EASY TO BUILD ON SHUMONT LAKEFRONT home site, frontage on private inlet adjoining only 1 neighbor. Inc rights to Rumbling Bald resort & access to Lake Lure. Boat slips can be rented from the town. Call Karen (828)216-3998 **\$125K**

SPECTACULAR VIEWS, PRIVACY & ELEVATION. 2 possible home sites make ideal for another family member or friend. Paved access, gentle grade to building site & long range view potential! Call Karen (828)216-3998 **\$150K**

INVESTMENT OPPORTUNITY! CASH INVESTOR WANTED FOR JOINT VENTURE. Ideal for 3 lg multi-family units w/ lower & upper parking areas. Public water, sewer, gas, elec, cable & phone available on prime corner, 1800 ft rd frontage. Call Allen 828-329-8400. **\$600K.**

LAKEFRONT GATED BEAR CLIFF SUBDIVISION! Lake James Waterfront Community - Affordable 1.41 acres and all the Amenities of Lakeside Living at it's Best!! Hiking Trails, Black Bear Marina close by! Access to the Lake! Call Susan (828)301-1410 **\$34.9K**

10 ACRES OF ABSOLUTE WILDERNESS PRIVACY in established community of new homes on lg acreage. 4 miles to schools, stores, PO, bank, etc. all heavily wooded with lg trees, boulders and cliffs. Call Allen (828) 329-8400 **\$50K**

HISTORIC WAREHOUSE busy Hwy 74A. Rough-sawn wood & metal roof. New bthm, septic drainfield, pump system installed, shared septic w/ neighboring prop. No water on property. **\$100K** Call Allen 828-329-3400

INCREDIBLE VIEWS! 11Ac-3 parcels, ready to build amazing private mtn estate or compound. Comm has clubhouse, hiking trails, forests & creek. Call Jenny 828-779-4473. **\$289K.**

MAJESTIC OAKS



LOT 6 0.51 \$64,500
LOT 9 0.521 \$63,000

+ ALMOST 1/2 ACRE OF
GREEN SPACE!

VIRTUAL TOUR VIDEO: bit.ly/2TFNMy8

PRICE REDUCTION!



CANE CREEK VALLEY 1.55 acres flat prop. High ceilings, orig wood floors. Roof, HVAC, water htr replaced in last 5 yrs. Septic permit perked for 3 BD. Fin bsmt w/ 1bd/1ba, kitchenette. Short-term rentals ok! Huge outbldg. **\$750K.** Call Jen 828-575-8276

PRICE REDUCTION!



3BR/1BA ON 0.38 ACRE. 2 tracts combo. Potential for second bldg lot. Flat & open. Shade trees in front. Lg 2 car gar w/ hi ceiling. Conv loc, access to I40, mins to Biltmore Vill & DT AVL. Public trans avail. **\$450K.** Call Devon 828-747-2694.

FANTASTIC LOCATION!



SUPER CLEAN HOME in Haw Creek area. New paint, gar door. Cathedral ceiling in LR & sky window. Parquet foyer. Wood burning FP. Great rm overlooks fenced bk yd. Newer heat pump & roof. Make offer! **\$375K.** Call Allen 828-329-8400.

NEW LISTING



FRESHLY DIVIDED & DEVELOPABLE 7.91 acres w/ access rd in Candler. Clear trees for yr round views of Mt Pisgah! Easy access off 151, perf for priv estate, compound, or subdivision. Bk of prop in steep slope. **\$200K.** Call Justin 828-450-9578

MOUNTAIN VIEWS



PRIME, VERY PRIVATE HOMESITE perched on a hill in the Cane Creek area. Potential mountain views. Driveway installed, homesite cleared. No HOA, short term rentals OK. Will divide \$375,000. Call Karen 828-216-3998

MOUNTAIN ESTATE



PRIVATE LOG LODGE ESTATE in Cane Creek Valley. Wraparound cvred porch on 3 sides w/ open deck in rear, overlooks pastoral setting, creek w/falls. 2 car gar w/ apt above & private deck. Call Allen (828) 329-8400. **\$1.25M**

UNDER CONTRACT



PRIME FAIRVIEW/FETCHER AREA! Close to AVL Arpt. All-lvl prop. House clean w/ fresh paint inside. New windows, well water filtration, pump, piping & wiring. Wraparound deck, priv fenced yd. Fin bsmt w/ half bth, patio, 2-car gar. Call Allen 828-329-8400. **\$300K.**

HORSE LOVERS PARADISE



BREATHTAKING VIEW totally priv lvl knoll. Year round creek in valley ideal for deep pond. Lg fenced pasture, neighbors have house for sale w/ horse barns, outbldgs, guest house etc. Priv rd w/ steel train bridge. Call Allen 828-329-8400. **\$350K**

PROPOSED BUILD



ARTS & CRAFTS STYLE HOME with open floor plan, 3BR/2BA on one level. Vaulted ceiling in living area, covered back porch. Master suite w/ lg tub & sep shower. Real wood floors. 1565 sq ft on 1/2 acre. **\$534K.** Call 828-628-3088.

NEW IN WAYNESVILLE



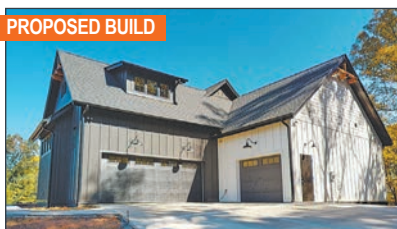
3/2, 1295 SQ FT, 1-LEVEL, WELL-MAINTAINED RANCH manufactured home. Carport, workshop w/ elec. Newer heat pump (2019). Upgraded appliances, low maint yard. **\$207K.** Call Jen Duke 828-575-8276.

PROPOSED BUILD



3/2.5, 2-STORY W/CATHEDRAL CEILINGS. Open floor plan w/ huge great room, dining area & kitch w/ bfast bar. Master on main, walk-in closets. New aghood subdivision in heart of Fairview. Many plans available. **\$480,000**

PROPOSED BUILD



LAND/HOME PKG W/ CURB APPEAL! Modern farmhouse, 3 BRs w/ lg walk-in closets. Formal entry & dining rm, lg open living area, lg kitch w/ views to rear porch & island w/ bar, lg pantry. Bonus room/guest suite. **\$750K** Call 828-628-3082.

A Bloody Night in Downtown Asheville, Pt. Four

The armed men left to go their stations and Bernard told the rest of the crowd to go home. Bernard went back to his office. He asked, "How is Captain Page?" He was told that the bullet had gone through Page's arm without hitting the bone. They felt sure he would be sore for a while but that he would be alright.

Officer J.L. Ballenger asked Chief Bernard if he knew that officer Bailey's badge number was 13 and that he died on the 13th? Captain Bernard didn't even answer Ballenger. He did not believe in superstition and did not think the question deserved an answer.

The police chief said, "We need a bloodhound." A bystander said, "I know a man who has got one." The chief was told it belonged to a man who lived near Tryon. The man told the chief the dog was so good "[t]hat he could track a snake through the river."

Chief Bernard took down the information and called the Southern Railway dispatcher. "Frank," he said, "we have got to get a bloodhound up here as soon as possible from Polk County. Could you get the Melrose Helper to bring him?" The dispatcher told the chief he would check and call back. The Melrose Helper was located at the foot of Saluda Mountain and was used to help heavily loaded trains climb the steep grade.

The dispatcher soon called back. He told the police chief, "There's a freight due to leave Spartanburg six minutes from now.

As soon as the helper gets the train up the mountain, we'll get the hound and its handler and bring them on."

Just as it began to get daylight, Bernard's phone rang. The railroad dispatcher said, "Your bloodhound is here. What do you want me to do with him?" Bernard said, "Commandeer a streetcar. Get [him] here as quick as you can!" The bloodhound and its handler were at the police station in 15 minutes. Patrolman Ballenger took the hound and its trainer to Pearl Maxwell's apartment so the hound could get the scent of Harris. The dog traced the scent up Eagle Street to South Main (now Biltmore Avenue). The dog turned and headed toward Pack Square. The dog lost the scent there. He headed back down South Main. In front of the Coca Cola Building, at 100 South Main Street, the dog turned left off the street. Ballenger found vomit on the ground. The bloodhound yelped and then headed toward the woods at a fast pace.

Another policeman joined Ballenger and the dog's handler, and they followed the hound across Valley Street and on up the mountain. Near the top, they came to a barbed wire fence. Ballenger noticed the frost had been disturbed on a fence post. He knew someone had recently crossed the fence. The dog then turned south and followed the scent down the mountain toward the Kenilworth Inn. He then cut

right to South Main just above the bridge across the Swannanoa River at Biltmore.

Ballenger called Chief Bernard and told him to send three saddled horses to Biltmore. "This dog is going to run us to death," he said. Chief Bernard already had three horses saddled in case they were needed, and he told a police officer to take them to the Biltmore Bridge in a hurry. Unfortunately, snow began to fall around 9 am; the ground was covered by more than an inch within an hour, and Harris' scent was gone.

Just after dawn, Ben Rymer, who lived on a farm on the west side of the French Broad River, headed toward a barn with a milk pail. He saw a man walking north in the distance but did not recognize him. It was Harris, who raised his rifle as if to shoot. Rymer dropped his pail and ran for the house. Harris knew Rymer would tell everyone he was headed north, so he ran south.

Chief Bernard had not been to bed since he was notified of the murders. He was embarrassed when he found out no one had notified Buncombe County's Sheriff Reed. Reed didn't have any idea what had happened until he arrived at his office the next morning. Reed had been defeated for reelection earlier in the month by T.F. Hunter. He was humiliated that no one had contacted him.

Reed went to Chief Bernard's office to discuss the situation. Reed and Bernard both believed the killer would head north toward

Knoxville because the territory was less settled and there would be less of a chance of being caught. Reed agreed to lead a posse up the French Broad River toward Marshall.

Buncombe County Attorney Louis M. Bourne was waiting at City Hall for Chief Bernard. Bourne told him, "I have a judgement adjudging the murderer to be outlawed. Will you verify it so that I may present it to Judge Allen this morning?" Chief Bernard read the application and signed his name to it. Bourne went straight to Judge O.H. Allen, who immediately approved it. This meant Harris could now be shot on sight by any citizen, deputized or not.

Asheville Mayor Alfred S. Barnard, after talking with Chief Bernard, ordered all saloons in Asheville to be closed until further notice. They both believed the city had enough problems without having a bunch of drunken men out seeking vengeance. The mayor and city aldermen voted to offer a \$500 reward to the man or men that brought Harris in dead or alive. Governor Glenn of North Carolina wired that the state would add \$400 to the reward money. The Buncombe County Commissioners added \$500. Private citizens added another \$100 to bring the total to \$1,500, which was a huge amount of money in 1906.

Part five will be in next month's Crier.

Bruce Whitaker documents Fairview-area genealogy. To get in touch with him, contact the Crier at editor@fairviewtowncrier.com or 828-771-6983 (call/text).

Not vaccinated yet? Still hesitant?

SELF-TEST FOR

COVID AT HOME!



**HELP
STOP the
SPREAD!**

Call 768-2369 for a **FREE** home self-testing kit!

The Institute for Preventive Healthcare & Advocacy will deliver a kit to your door. You may also pick up a kit at the Fairview Fire Department: call 628-2001. **HELP STOP THE SPREAD!**

For more information, please visit www.ifpha.org

LOCAL ARTS & CRAFTS SHOW

**Saturday, October 9
9am - 3pm**

Last show of the year!

Get your unique, locally-made holiday gifts early—straight from the artists!

379 Old Charlotte Hwy

*Between Daymoon Coffee
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Spectacular Fall Foliage and Frosty Mornings

October weather can really turn out to be a mixed bag. We can't rule out tropical systems bringing us rain, especially in the first half of the month. As fall becomes more established as the month rolls on, frost is likely in many spots. The changing fall colors also blanket the mountains with an array of colors that can vary from valley to valley. Temperatures continue their downward trend. In October, the turn to fall becomes even more apparent, with the average high dropping from 72 at the beginning of the month to 64 by month's end. The average daily low drops from 50 at the beginning of the month to 40 by the end, and we usually see several frosty mornings at the end of the month.

Frost forms on solid objects when the water vapor in the atmosphere changes from its vapor phase to small ice crystals. If you see frost, then you know that the temperature of the object has reached 32 or lower. However, the air temperature is officially measured at five feet above ground. Conversely, not every air temperature recorded at or below 32 means frost



will form on solid objects in the area. The average date of the first autumn frost is October 23 for Asheville, October 17 for Black Mountain, October 9 for Bent Creek and October 12 for Hendersonville. To know the extremes, add or subtract about 12 days to get the earliest or latest dates. In Fairview, our dates run pretty close to Bent Creek, and deeper valleys will tend to have frost/freezing conditions later in the spring and earlier in the fall than the surrounding hilly terrain.

October can be a month of feast or famine in terms of precipitation, depending on how you look at it. The tropics can be quite active, and if a particular storm

heads for WNC, we can get copious precipitation. In October 1990, we had 10.39 inches of rain, with about half of that total from tropical storms Marco and Klaus. October can also be quite dry, as in 1991, with only 0.13 inches for the entire month.

What a contrast in those two Octobers—only a year apart! The average October precipitation is right around 3 inches, which makes the month our driest on average.

We will be going through the annual fall

colors here in the mountains over the next four to six weeks. In some years, our mountains look like a patchwork quilt of glorious color, but other years not so much. At the links at fairviewtowncrier.com/links, you can check out two good maps to get estimated dates of peak fall colors across WNC. The map from Appalachian State takes into account changes in elevation and latitude. The map from smokymountains.com shows color expected and predicted across the US. It also has good information on why the colors change and the leaves fall.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

WEATHER WONDER

Has it ever snowed in Fairview in October?

We have had snow flurries on several occasions in October, more likely toward the end of the month. The largest snowfall was from October 23 to 24, 1923, when three inches of snow fell. And some higher elevations reported up to eight inches of snow.

QUESTION of the MONTH

What is Saint Elmo's Fire?

SIGNS FOR HOPE

This sign represents American Sign Language, the language of the Deaf community in our country! This sign means "I love you" and is globally understood.

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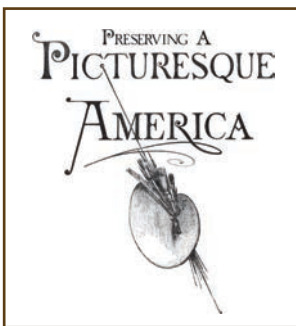
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USING ART TO PRESERVE NATURE

By LYNN MAX

Fairview artist and printmaker Scott “Doc” Varn’s journey of discovery began in 2011 when he bought a few classic engravings of the French Broad River from an online estate auction. He was enamored by the classic technique and the detail in the composition. After discovering that the engravings were actually pages removed from a book, he was determined to find a copy of the book, with its beautiful artwork of the American landscape. The title of the book is “Picturesque America,” and it was not easy to find. Luckily for Varn, a friend owned a rare bookstore in Ashe-



nonprofit with the purpose of raising awareness of and educating and protecting natural and historic places across the country through the power of the arts.

He works with local artists to recreate the original drawings so

others can see how these places have changed over time. He is also working on a book that combines the original and updated versions.

“The original writers and artists were instrumental in shaping America’s concepts of conservation and the need to protect historic and natural landmarks,” Varn said. “By using their works as inspiration and a guide, we rediscover their original vantage points

and research current needs for preservation. We intend to inspire Americans again by locating and recreating artwork of all the original locations.”

The original book came out after the Civil War, when the country was still healing. The original writers and artists wanted to celebrate what was great about



ville. She helped him search through a vast collection, and much to his delight, they found a copy of the series released in 48 parts and then bound into two very large, heavy volumes with over 900 engravings, published in the 1870s. This publication contains drawings of natural lands and historic places all throughout the US, done by some of the best American landscape painters of the 19th century.

This was the beginning of Varn’s journey to find the same locations depicted in the original Picturesque America series. In 2015, MountainTrue, a local environmental and conservation organization, served as his fiscal sponsor as he embarked on this special project. With the encouragement of many people he met along the way, such as artists, historians and park rangers, Varn and his wife Sam revisited many locations from the original book so that he could sketch the landscapes.

Varn later founded Preserving a Picturesque America (PAPA), a

the country to help heal the divisions. Varn thinks that the new version can help with the same goal. The natural world sustains and calms us. The love of this beautiful land, and its protection, is a common, unifying theme that brings all people together.

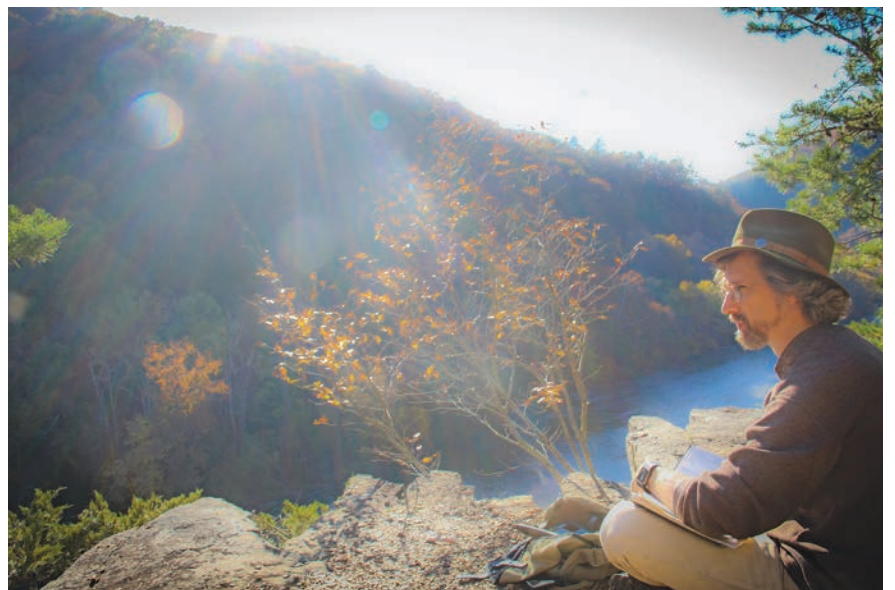
In collaboration with local artists and conservation groups, PAPA raises funds needed to help with protection efforts in regions across the US, such as invasive species removal, vandalism protection and trail maintenance, to name just a few.

You can support this important conservation mission by attending PAPA’s fall art sale and exhibition and buying a beautiful piece of artwork by a well-known, local artist.

Lynn Max is the Conservation Program Coordinator for Preserving a Picturesque America. To get involved with or for more information about PAPA, please visit | preservationthroughart.org or call 844-727-2278 ext. 702.



Scott Varn sketching in Maine’s Acadia National Park (above) and along the French Broad River.



ART SHOW FUNDRAISER

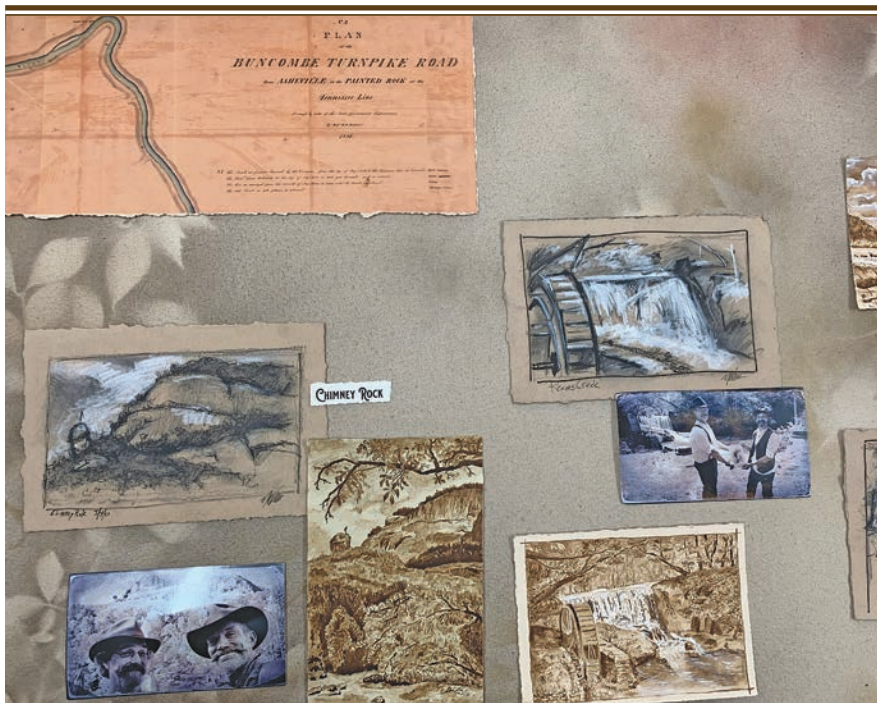
PAPA is hosting its fall art sale and exhibition to raise money to protect WNC natural wonders along the French Broad River. Over 30 conservation artists have worked for years to produce over 90 pieces of art for patrons to purchase in support of the “Preservation Through Art” mission. There will also be opportunities to meet the artists and hear more about their involvement with PAPA.

“Preservation Through Art: Along the French Broad”
Fall Art Sale and Exhibition through October 27
Cloud Room at the Wedge at Foundation, 5 Foundy Street, Asheville

Artist Reception Dates: September 29 and October 13, 6–8 pm

Meet the Artists Q&A: October 6 and 20, 6–8 pm

For more information and to see the art for sale, visit preservationthroughart.org/current-show.



The 2021 Sojourn



In May of this year, Scott Varn and Mike Wurman recreated the 1870 journey of Picturesque America artist Harry Fenn and writer E.G. De Fontaine through the mountains of WNC.

Dressed in period clothing and carrying their art supplies, Varn and Wurman donned began their journey at Chimney Rock, which was where Fenn and De Fontaine also began. By horseback, foot and boat, Varn and Wurman covered 80 miles to Del Rio, TN. They traveled through the Hickory Nut Gorge and Asheville and along the French Broad River to Marshall and Hot Springs. They stopped at the 12 sites in the original Picturesque America on that route and sketched and wrote about their journey just as Fenn and De Fontaine had (see examples at left and above). Their intention was to see how these locations have changed over time and to evaluate if we have been good stewards of the natural landscape the original artist and writer had so fondly depicted over 150 years ago.

About Scott Varn



Originally from South Carolina, Scott Varn knew about WNC from spending summers enjoying the cooler temperatures and beauty of the Appalachian mountains.

He moved to the area 25 years ago, settling first into Asheville's Montford neighborhood. Then, he and his wife, along with their two sons, moved to Butler Mountain in Fairview in 2010. They wanted the boys to live in a place where they could really explore and play in the woods. He is a passionate nature experience educator and scoutmaster for local troop 91.

He comes from a printing background and grew up in his father's print shop. Varn became a traditional typesetter and had a career as a graphic designer, later working for Adobe. He left the software industry to start a custom audio business so he could spend more time with his family. After years of running a business and a nonprofit, he sold his business to focus full-time on the mission of PAPA.


Doooh! Look What's Happening in October!




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A Misfortune of Flies

all is quickening and the late season bloomers are emerging. Many of us have readily succumbed to the enticements of fall; the nostalgia of the holidays, the feasts of autumn harvests, the blissful release from the oppressive heat of summer. It's a sad time of year for the plant lovers. We slowly, painfully accept another year's end of the verdant swaths of forests, flowers swaying on the hillsides, rarities tucked away in dark coves. I look longingly at the leaves on the trees, watching the maples begin to turn and cursing my motivation to live somewhere with defined seasons. Winter is, without a doubt, unbearably long for the plant lover (but perhaps not so for the bryologists or conifer geeks).

While the sun is still warmly blazing and daylight isn't diminished enough for the plants to leave us completely, there is no lack of interesting things afoot in this final stage of the growing season. Animals are busy scampering about accruing a wealth of protein for the onslaught of scarcity, insects begin their cyclical hibernation tactics, and I notice strange things happening to our friend and trusted ally, goldenrod.

Goldenrod (genus name *Solidago*) is a late perennial that emerges like sabers of lightning, mostly in early successional habitats: meadows, roadsides, forest edges, ditches, wetlands, etc. It is in the aster family,

Asteraceae, related to sunflowers, daisies, and all the rest of the composite lovelies that make up this giant plant family. There are about 120 species of goldenrod in North America.

Goldenrod is not the villain of allergy season; ragweed (*Ambrosia*) blooms at the same time and is the reason for congestion and headaches come fall. (Fun fact: thoroughly rinsing the leaves of ragweed and then steeping them in a tea may help alleviate allergy symptoms.) Goldenrod has a pleasant, delicate fragrance of lemon and jasmine. But be careful where you stick your face—many insects love the flowers too, including wasps, bees and beetles, as well as insects using it as a stakeout for a good meal, such as assassin bugs and crab spiders. Caterpillars roll themselves up in the leaves and flies migrate to the plants to lay their eggs on the upper epidermal cells. Wait, what?

Have you ever noticed the strange things that happen to goldenrod? They can develop large, tumor-like lumps on the stalk, a sudden halting of leaves that clump together and swirl about one another, like



Stem gall formed by the goldenrod gall fly. PHOTO KATE LOUGHRAN

a green rose. This is not an isolated growth anomaly of goldenrod. This is a rude interruption, caused by the goldenrod gall fly (*Eurosta solidaginis*) or the goldenrod bunch gall midge (*Rhopalomyia solidaginis*). See how the species' names refer to their host plant? The goldenrod gall fly and goldenrod bunch gall midge are native fly species that use goldenrod for their larval stages. The goldenrod gall fly finds a suitable goldenrod and lays its eggs on the stem. The larvae hatch

and one generally makes it into the stem, burrowing through the epidermal cells and secreting a plant-mimicking hormone. This hormone causes the plant tissues to multiply and swell around the larva, creating a gall and protecting the developing insect from predators and winter weather.

The midge does the same, but at the apex of the stem instead, targeting the emerging leaves to lay its eggs. The midge larva burrows into this apical meristem, halting the plant from lengthening its stem with a secretion of chemicals. This causes

a hormonal disruption in the goldenrod and the leaves continue to emerge on top of each other, forming a dense swirl of compacted vegetation. This also creates a safe haven in which to develop.

This ancient interaction helps facilitate a healthy food web. The goldenrod gall fly larvae provide an excellent source of protein for winter resident birds as the goldenrod withers. Chickadees perch sideways on these dead stalks, pecking at the galls and eating the developing insects within. For the gall fly larvae that make it through winter predation, they emerge as adult flies in the spring to continue this bizarre but important life cycle.

Leaving dead stems in your gardens, as well as leaves on the ground in your yard during the winter months creates not only habitat for hundreds of species of animals but also important food sources for the animals you love most, like Carolina chickadees.



Kate Loughran works in plant conservation and is the co-owner of Bearwallow Provision Company. For more about her, go to chlorophyllcompanions.com. For more information about

Bearwallow, visit bearwallowproco.com or call 625-9693. 4612 Gerton Highway, Gerton.



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MORGAN HILL CLEANUP continued from page 1

Creek Ravine roughly 150 feet away. Trash was then loaded into thick contractor bags or five-gallon buckets and hoisted back to the top. Roadside volunteers collected the trash, sifted through it looking for names and addresses, and then placed the bags in the back of a flatbed pickup. Once the pickup truck was full, the load was driven back to the fire station to be unloaded and reloaded into the commercial bin.

An Eyesore and a Safety Hazard

After 4.5 intense hours, the volunteer crew had completely filled the commercial trash bin and safely removed about one-fourth of the site's garbage. Although this was the first of several attempts to restore this parcel back to its original state, local neighbors were delighted to see progress being made. "These local, decades-old dump sites are an eyesore, a safety hazard, and risk polluting local ponds, streams and ultimately the French Broad River," said Broad River resident George Prohoda, who joined the cleanup effort.

Members of the Broad River Fire Department volunteered to assist on multiple levels: directing traffic, bagging trash, lending their tow vehicle for tying off rappelling ropes, and offering the station lot to house the commercial trash bin and volunteer base. Stuart Cowles of Climbmax Climbing brought rappelling equipment for the volunteer climbers, and

a volunteer arborist crafted a rope and pulley system to help the trash buckets reach the top more efficiently. French Broad Outfitters lent the use of their passenger van for transporting volunteers to the dumpsite throughout the day. Buncombe County Solid Waste provided the dumpster and will be managing the proper disposal of the container contents throughout the cleanup process. Experienced climbers, nearby neighbors, and volunteers from Keep Fairview Clean, the Fairview Town Crier, and Asheville GreenWorks started as strangers but quickly tackled this enormous project with great precision. "It was so cool to see that group of strangers become a team," stated Keep Fairview Clean volunteer Sara Hall.

The second scheduled clean-up date is set for Saturday, October 2 from 10 am to 2 pm. "We're going to employ a different tactic hauling the trash up the bank," said Eric Bradford, who organized the event for Asheville GreenWorks, "We will rappel the volunteers down and have them load up a sled that we will use a truck to pull up the bank. This 'should' speed things up."

We need climbers, ground crew, haulers with flatbed trucks, volunteer support, and traffic wranglers. Anyone wanting to volunteer is encouraged to sign up online at AshevilleGreenWorks.org (click on "Upcoming Events" and "Flat Creek Ravine Cleanup") or call Natalie at 222-3659.



Left, thirty volunteers gathered at the Broad River Fire Department for instructions. Below left and right, looking up from the pile of trash and looking down at the volunteers. Bottom, the "after" picture at the end of the first day. Compare this photo to the one on the front page to see the difference.

(Photos from Natalie Furniss, Cassia Imholz and GreenWorks)



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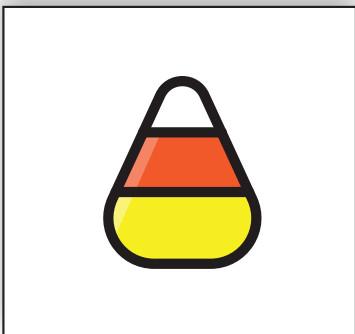
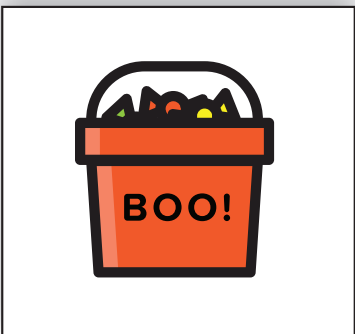
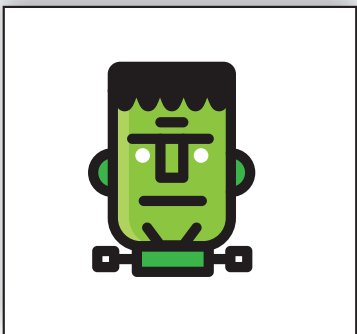
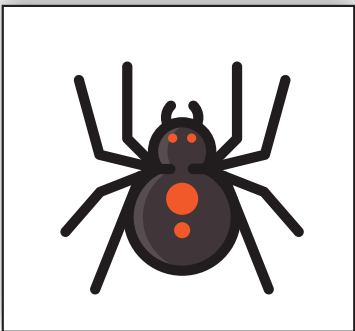
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HALLOWEEN HIDE-N-SEEK!

We've hidden these spooky icons throughout this issue. See if you can find them all. Cross them out when you do, or maybe color in the boxes. The locations of all the icons are shown below. Boooo!



Icon locations (page numbers only): bat, 1; owl, 3; Frankenstein, 10; candy corn, 18; spider, 20; candy bucket, 27; haunted house, 28 candle, 29.



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A Pain in the Rib?

Have you ever had pain in your back that you couldn't quite place?

Pain that made moving your arm difficult or even your breathing uncomfortable and was just an "all-around pain in the side"? Or have you felt pain in your back located underneath a shoulder blade that you can't quite press on or stretch out? Pain like this can be due to multiple sources, such as vertebral disc degeneration, poor posture, strained muscles or vertebral joint hypomobility (lack of spine movement), to name a few. One source, not as common but often overlooked, is a dysfunction of the rib called rib torsion.

There are 24 ribs, with 12 on each side of the chest protecting the organs in the thoracic cavity.

The Three Types of Ribs

- **True Ribs (1st-7th)**—Ribs that are attached to the sternum (breastbone) by costosternal joints and ligaments.
- **False Ribs (8th-10th)**—Ribs that are attached to each other through a weaker cartilaginous or fibrous band.
- **Floating Ribs (11th-12th)**—Ribs that are not attached to the sternum or each other.

Rib torsion describes a rib that is rotated relative to your spine (more specifically, your thoracic spine). The ribs are attached to the vertebrae (bones of the

Pain and symptoms can increase when taking a deep breath, lying flat on your back, getting out of bed or rising from a chair, twisting your trunk, reaching, lifting, coughing or carrying loads.

spinal column) on the sides, forming the costovertebral joints, and these joints are surrounded by cartilage, which normally allows for small degrees of movement. Due to the connection between the thoracic vertebrae and the ribs, any movement of the spine will affect the positioning of the rib cage. Breathing in and out also affects the movement of rib cage; breathing in results in the upward and slightly outward movement of the ribs, while exhaling causes a downward and slightly inward movement.

A "Jutting Out"

A dysfunction occurs when either a vertebral joint is limited in its movement or when a rib has rotated out of position. Most commonly, a rib will rotate outward, resulting in a "jutting out" of the top edge of the rib, which can sometimes be felt during a thorough physical therapy examination by a skilled clinician. This

rotation dysfunction can result in pinpoint tenderness and pain in the back at the site of dysfunction and/or refer pain to the front of the chest wall, shoulder or shoulder blade, if the muscles surrounding the rib contract and spasm. Since this type of dysfunction, in addition to more serious problems, can cause chest or abdominal pain, it is always important to have any pain in these regions addressed by a licensed professional without delay to determine the source of the pain.

Pain and symptoms can increase when taking a deep breath, lying flat on your back, getting out of bed or rising from a chair, twisting your trunk, reaching, lifting, coughing or carrying loads. Symptoms of 1st rib torsion can mimic cervical (neck) dysfunctions, rotator cuff syndrome or bursitis of the shoulder.

Less Common Pain

Although not as common, rib torsion that occurs in the lower floating ribs can cause abdominal or lower chest pain. Symptoms are usually on one side of the body, but at times can present on both sides.

Many times, people undergo unsuccessful treatments for neck or shoulder diagnoses because the root cause of their pain—rib malalignment—was not addressed. Again, it is important that any systemic or disease-related causes of the

pain be ruled out by a licensed medical professional first.

Sometimes, rib torsion can resolve on its own. Rest, avoiding strenuous activities, applying heat or ice to the painful spot, and performing gentle rotational stretches may relieve the pain. If pain persists, however, the condition can be diagnosed and treated by a skilled physical therapist. During an evaluation, certain questions will be asked and special tests performed to determine the source of the pain. If rib torsion is suspected, then specialized, hands-on treatment, mobilization with movement and strengthening techniques will be utilized to move the rib back into its correct position. This technique is followed by specialized exercises to assist with maintaining the rib in its true position. Education is also a key component of rehabilitation. Learning specific body positions that reduce the pain, as well as movements to avoid in order to reduce any exacerbation of symptoms, are key components to a full recovery from this injury. Patients are trained in self mobilization and stabilization techniques to be performed as needed at home to help manage the rib pain.

Steven Mack, PT, SCS, is a physical therapist specializing in orthopedic and sports medicine physical therapy at AVORA Physical Therapy. avorahealth.com.

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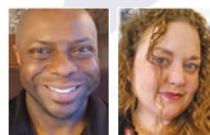
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Arts Integration in Education

We all know the power of art in education. If you grew up with Sesame Street or The Electric Company, you probably remember the catchy jingles and crafty puppetry that pulled you into lessons on spelling, counting or social skills. I was a personal fan of Oscar the Grouch and the Cookie Monster. A contemporary example would be The Magic School Bus. The show teaches science lessons as the wacky animated bus travels to various locales, such as the human body or the bottom of the ocean, mutating its shape in each episode.

As a language arts teacher at a performing arts magnet school, I practiced arts integration regularly. I had to. My students took my writing class along with “super fun” electives such as theater, dance and band. As an educator, it was my job to engage students in the curriculum, and arts integration was the answer.

The Kennedy Center defines arts integration as the educational model wherein “Students explore connections between an art form and another subject area to gain a greater understanding of both.” The art form is the vehicle in which the academic content is presented and practiced. In arts integration, students are evaluated on both artistic and academic standards.

But you don’t need a degree in education to engage your child academically with art. In an arts-enhanced curriculum, the art form hooks the learner. Learning the alphabet through the ABC song or by jumping rope are both examples of art enhancement. And it works.

Below are a few suggestions for using the arts to engage your child academically.

- Is your child studying pollination? Have them grow flowers on the porch to photograph the process for themselves.
- Are your kids learning about global warming? Have them create a scene or concept using repurposed items only.
- Create a drum (using a bucket and an old balloon) to learn about the physics of sound.
- Does your child have trouble creating commentary in essay writing? “Interview” your child on a topic (bananas make great microphones), and you will be surprised at the opinions and elaboration that spill forth.
- Kid-friendly video games can do wonders to cement a child’s understanding of first-person vs. third-person point of view.
- Are your little ones struggling with geometry? There are tons of origami activities to help get math concepts under wraps.
- Maybe your child has trouble remembering a math rule (like the order of operations)? If so, create a rap that will solidify the process in your child’s mind.

And if you haven’t discovered Flocabulary, check out their videos on YouTube. You’re in for a treat.

- As most teachers and parents know, children love choice. Arts integration allows students to select the type of art that matches their learning style. Visual learners may opt for an illustration; kinesthetic learners might act out a scene or mold an object from clay; auditory learners could demonstrate tone and pitch (in prose and poetry) by singing.

There are numerous sources and ideas for arts enhancement and integration activities online. You don’t need to reinvent the appeal!

Lastly, arts integration involves hands-on activities, which enhance problem-solving skills. A child gains confidence when they master a challenge. I’ll share an example of this magic. I had a sixth-grade student I’ll call Trystan. Trystan was a budding graphic novelist who often shared his work with the class, projecting his dynamic illustrations and compelling characters onto the whiteboard like a tiny graduate student. His plots were spot-on, too. But when it was time for students to write personal narrative essays, Trystan shared that he wasn’t going there. “There’s no way you’ll get me to write an essay,” he told me. After I reminded him that he was a storyteller, I asked him to draw the plot points of the narrative (the event, the response and what he learned.) He illustrated the time he got lost at an airport, with each required component accurately sketched out. “Excellent,” I said, “now just use words to tell the story; use the graphic novel as a guide to write your essay. And voila—his first essay was born. That’s the power of art in education.

Whether your child is learning in a brick-and-mortar environment, home-schooling or learning virtually, arts integration can do wonders to engage your child and enhance any curriculum. As John Dewey famously said, “Art is the most effective mode of communication that exists.”

I think the world would agree.

Zoe Hauser is a writing teacher and author of Galacticab Catastrophe, a novel that incorporates language arts components into a time-travel tale. She teaches writing and is available for private tutoring; she specializes in essay and creative writing. For more information, go to zoehauser.com.

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Thankful for Helpers

We recently received a very nice thank you card addressed to the staff and volunteers.

The outside of the card read, "There are certain special people in this world who really care. Who find joy in helping others, and who have so much to share." On the inside, handwritten on one side: "Thank you to the staff and volunteers at Food for Fairview! You make a difference in the lives of people in Fairview." The other side of the card read, "To the staff and volunteers—Thanks for the wonderful care you give." Also handwritten on this side of the card was, "Thank you for the important services you provide. I have never needed to use a food pantry until this year. You have allowed me to buy medicine that saves my life. Thank you!" This is the reason volunteers come week after week to assist the food-deficient residents of Fairview.

On a more personal note, my wife posted a request last month for people to help me at the pantry in the My Fairview NC Community Facebook group. I had recently learned that I shouldn't be lifting anything of any weight and needed an operation. The previous week I had gone to Food Lion by myself to pick up their donations, which included over 300 pounds of meat. My wife got a lot of offers of help. We picked two men and agreed to meet at Food Lion around 12:30 pm on Monday. One man

is the partner of my wife's friend, and he brought along another friend, but we didn't know the other volunteer.

These three men picked up the donations from Food Lion all in one trip and unloaded them at the pantry, weighed them, and put them near where the donations would go on the shelves. Then I asked if they had a couple more minutes. If they didn't, I figured I could handle 24 trips upstairs to set up the Emergency Food Assistance Program (TEFAP) distribution. They agreed to stay and help, and they set up the TEFAP distribution. I thanked them repeatedly, and they said that if I needed help in the future to just give them a call.

Unfortunately, I did not ask any of these men if I could use their names in this column, but I am so grateful to all of them. They very well could have saved my life.

That afternoon, when the clients shopped the pantry, I had two other helpers. One had shown up for the previous two weeks. The other was a young man who volunteers at the pantry on Tuesday mornings when we need to box up the products that come in for TEFAP. The two of them did all the heavy lifting from 4 to 6 pm.

Jeff Cole is the executive director of Food For Fairview, which is a tax-exempt 501(c)(3) corporation. For more information, call 628-4322 or go to foodforfairview.org.

Extend Power During Outages

When the power goes out and you don't have your phone and/or battery packs charged, there are a few things you can do to extend your phone's battery. Turn on low power mode, turn down the screen brightness, turn off location services and Hey Siri or Hey Google, and close all apps you don't need. And just do less on the phone.

• **Spotify** You may want to limit what it tracks about you and your listening habits and shares with third parties. Most of those changes have to be made via Spotify's website. Log in and go to Account, Edit profile to turn off "Share my registration data with Spotify's content providers for marketing purposes." Save changes and go to Account, Privacy settings to turn off "Process my personal data for tailored ads" and "Process my Facebook data." You'll still get ads, just not personalized ones. You may also want to hide your playlists; they are public by default. Also, there is a private listening mode, but you'll have to turn it on each time.

• **Mac App Volume** Annoyingly, you can't adjust the volume on Macs for individual apps to avoid loud alerts while blasting music. A free third party app, BackgroundMusic (github.com/kyleneideck/BackgroundMusic), lets you set volume levels for each app running on macOS. The app puts an icon in the menu bar that, when clicked, displays the volume levels for various apps,

which can be easily adjusted.

• **Better Searching** Google can search so many things that you have to use modifiers to improve results. You may know that quote marks around words will return exactly that phrase. If you find your term results include word(s) you don't want, put a minus sign in front of that word(s) in the search box. You can include synonyms for terms by putting a tilde (~) in front of that term. I often use site:xyz.com (for example, "site:fairview-towncrier.com") at the start of my search terms to search a site whose own search option may not work as well. And remember that the Google search site has tabs for refining your search to images, maps and books; and under the tools tab you can refine your results to recently published pages.

• **Windows** On October 5, Windows 11 rolls out, and nobody seems to care. At least not those I've talked to. Don't worry about upgrading next year; you have until October 2025, with continued security updates from Microsoft. And I will stop thinking I have to answer questions about Windows 11.



Bill Scobie fixes computers and networks for small businesses and home. Contact him at 628-2354 or bill@scobie.net.

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—Gary G., September 2020



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Getting flu vaccinations for your family this year is more important than ever due to the ongoing COVID-19 pandemic.



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Art You Can Wear

Jewelry has been around a long time, as a way to display individuality, denote status, appreciate beauty or to simply pair two or more materials together. Ancient people strung seashells 115,000 years ago. In Africa, ostrich egg shells were crafted into beads 40,000 years ago. And the Egyptians started the use of gold, combining the precious metal with colored glass and gems around 3,000 years ago.

No matter what inspires the local artists featured here—a love of working with materials, connecting with nature, the ability to express their creativity—they all love making wearable art.



TIM BARNWELL



Linda Caristo

Linda's grandparents operated a historic inn in Edneyville, NC, where she saw guests make all types of arts and crafts during their stay. These memories inspired her to be an artist. When she was 13, she started a business doing leather tooling and making a variety of handbags, belts, hair bows, arm bands and even shoes. Linda always admired the jewelry designs of the Art Nouveau era, especially plique-à-jour pieces (which are like stained glass windows). She took a class in this technique, and later figured out how to use resin instead of glass enamel, which allowed her jewelry to be more durable and be worn without the fear of breakage.



She and her husband bought land in Fairview and built a home and studio, and both became involved in the jewelry business. She loves the solitude of the mountains. "You take the time to observe nature's artistry—the details in the flowers, leaves, butterflies and other insects," she said. "My work is highly influenced by this beauty."

Find out more about Linda's work
caristojewelry.com



PHOTOS BY TIM BARNWELL



Janet Link



Janet's mother did arts and crafts with her and her sisters, including making different kinds of beading and jewelry crafts.

Her usual process involves coming up with different design shapes with wire and then hammering them to create a distinctive piece. She paints on glass with different techniques; makes mini acrylic pours for pendants; loves to make cat eye or dragon eye pendants; has a line of

hammered metal jewelry and wire wrapped jewelry; and uses polymer clay, which she paints with mica powder, bakes, and then covers with resin.

"I love jewelry and wearing jewelry every day. I usually don't feel like I am fully dressed until I have my jewelry on," Link said. "I enjoy seeing the final piece of work and seeing others enjoying wearing them."



Find out more about Janet's work
Facebook:
@Janetleighlink

Elizabeth Maxwell



Elizabeth uses a technique called wire wrapping. She learned it when she hired someone to do it for her. "Although I included a photograph of what I wanted, I was dismayed to receive something completely different," she said. "I realized that if I wanted the piece I had in my mind, I'd have to create it myself. It was a thrill to learn this amazing craft,

which gave me an excuse to handle gemstones and sparkly sterling silver wire for hours on end."

Her goal is to create gemstone settings in sterling silver that honor and showcase the natural beauty of earth-mined crystals. "I choose to celebrate these stones rather than show off my abilities as a wire wrapper."

She usually has a general plan when she starts a new piece, but likes to surrender to the process. "New ideas and directions may lead me down a different path than I'd planned," she said. "As I focus on each twist of wire, I am frequently delighted and surprised with the final outcome."

Find out more about Elizabeth's work
wirewrapjewelryart.com



A Day in the Life of a Kindergartner

By Kenya Hoffart

Told from the perspective of a Fairview Elementary kindergartner

I woke up this morning, excited about going to school. I've made so many new friends already and can't wait to see what fun and exciting things we get to do today. My mom helped me get dressed, made me brush my teeth, and put some kind of goo in my hair. I don't know why she does that. She tells me every day when I get home that I look like I've been rolling in dirt, so why does it even matter?

I ate breakfast and watched some cartoons while my mom finished getting ready for work. My dad left before I woke up, but I'll get to see him when I come home. I always look forward to hanging out with him after school. I tell him about my day, making sure to include every little detail.

When it's time to go, my mom realizes I haven't put my shoes on yet and she is not happy. This happens every day so I'm not sure why she still gets so upset. I know when she finds out I'm not sure where my device is, she's going to be mad, so I decide not to mention that now. Maybe I'll wait until she gets to work and have my teacher call her.

My mask is on, my backpack is on my back, I've said good-bye, and I'm ready to make my exit as soon as the car stops.

We get in the car and drive to school. The car line at school is really long, but it goes much faster than you think it will. I look over at the playground and think about all the fun I will have with my friends this afternoon. We pull up to the front of the school. I'm ready to get out. My mask is on, my backpack is on my back, I've said good-bye, and I'm ready to make my exit as soon as the car stops. My mom doesn't want me to hold up the car line, so we have a routine to get me out fast.

I walk into school. The nice ladies up front tell me good morning and ask me if I want breakfast. I ask what it is because, even though I've already had breakfast, I might want to save it for a snack. It's a blueberry muffin, so I say, "No, thank you." I make my way to my hallway and find my classroom. I remember it's the first classroom on the right. Ms. Burleson is waiting for me. She tells me hello and Mrs. Margaret helps me put my things in my cubby. I find my device in my backpack. My mom must have put it in there for me. I'm so glad. It's really embarrassing when they call you to the office over the intercom because you left something at home.

I go to my seat and start on my morning work. Today we get to work with blocks and practice counting. I'm really good at



counting! If I have time, I'm going to draw a special picture for Ms. Burleson. Our morning meeting is next. That's when we talk about our day, get to share stories, and sometimes sing songs.

After our morning meeting, we talk about the sounds the letters make. Today we talked a lot about the letter T. I love it when we talk about a word and then find words that rhyme with it. Rhyming is so fun! Seat...meet...greet...neat!

Now we're going to LAUNCH. That's when we get in small reading groups. That way, the teachers can give us lots of extra help if we need it. The kids in my group are great readers. We take turns reading a story together. Our teacher's name is Mrs. Douthit. She is so nice and always helps me if I need it. Foundations is next. That's hard for me to say, but it really is fun. This is when we practice writing letters. We also talk more about the sounds they make. I write the letter S backward, but Ms. Burleson tells me she's sure I will remember to do it the right way soon. I sure hope so!

Rockin' Readers

The really neat thing is, after we've talked about our letters and practiced writing them, then we read books and search for those letters and keep talking about them. We call this part of our day Geodes. I thought geodes was something to do with rocks. I asked about that, but my teacher said we call it that because soon we will be rockin' readers.

Now it's time for Centers and Snack. Today, I'm pretending to be a construction worker. I'm building a three-story house! I hope none of my friends knock it over. I get out my snack and see my mom gave me a banana and some crackers. I only eat my crackers and put my banana back in my backpack.

We go to our block class next. Today it's art with Mr. Caldwell. We've been working on cutting and gluing. We are also learning about colors, lines and shapes. We are making a scissor salad like the one in the book One Giant Salad. We are cutting

red, yellow and green paper for our salad ingredients. Mr. Caldwell is so nice. He always tells us that if we make a mistake, we should just keep going. He doesn't even get mad!

I hope one day soon we can all eat together and not worry about masks, but wearing a mask is not too hard. You get used to it.

After block we go to lunch. I love it when it's lunchtime. Half of my class goes to the lunchroom to eat and the other half stays in the room. Sometimes, we even get to eat outside. They said they do it this way so we don't have to be so close to each other when we eat because we take our masks off. I hope one day soon we can all eat together and not worry about masks, but wearing a mask is not too hard. You get used to it.

We're off to recess now. I go up and down the slide about a million times. It's my favorite thing to do! Someone throws mulch at me, but my teacher stops that right away. I think she can see everything!

Now it's time for Wit & Wisdom. We read a story and talk a lot about what things mean. We learn about the words we don't know yet and sometimes we even guess how we think the story will end. A lot of times we end up telling stories about things that have happened to us that are like what happened to a character in the story. I really look forward to this part of our day because I know that means math is next, and I love math!

After math, it's time for Essential Standards. This is when we learn about science and social studies. Right now, we are learning about showing respect, having integrity (that means doing the right thing even when no one is watching), using self-control and putting forth our best effort. Next week we are going to learn about the jobs scientists have, and I think that will be really cool.

The school day is coming to an end

now. We get all our stuff packed up in our backpacks and sit down for Ms. Burleson to read us a book. Yesterday she read us a really funny book called The Book with No Pictures. Today she is reading Enemy Pie. It's a book about friendship, kindness and first impressions. After she reads the book, we talk about making friends and always doing the right thing.

The announcement for bus riders to go to the buses comes over the intercom. My mom brings me to school, but I ride the bus home. We quickly line up and wait for our hallway to be called, then we're off to the bus area. I climb on the bus, check in with the bus driver, and then sit in my assigned seat. I'm so glad I get to sit with one of my friends. I have the best bus driver. Her name is Mrs. Lynch. She takes really good care of me and makes sure I get home safely. She does have to remind me to pull my mask up sometimes, but I'm trying to be better about that.

My dad is at the bus stop waiting on me. Mrs. Lynch has to remind me to stay seated until she stops, but I can't help it. I'm very excited to see him. I run to the car and we head up the driveway. My dad lets me choose a snack. I get the banana out of my backpack because I know my mom would not like it if I chose a cookie. Sometimes my dad plays video games with me after school, but we don't tell my mom that. She likes it better if we do other things.

After we play for a little while, my dad says it's time to start dinner. My mom is going to be home late, so we are going to surprise her. My dad grills some chicken and asks me to help by tearing lettuce for a salad. I don't really like helping in the kitchen, so I try to get out of it. I even told him I thought I should go ahead and take my bath, but he didn't buy it.

My mom comes home just as dinner is ready. We sit at the table and talk about our day. My mom doesn't feel great. She hasn't felt great in a long time. I blame it on that baby she says will be here soon. I don't know why they think I need to be a big brother. I know I will be a good big brother, but I like things the way they are now. I know it will all be okay, though.

The Best Thing Ever

After dinner I play in my room for a little bit, then my mom tells me it's time for a bath. I don't want to take a bath now! But I grab my pajamas and head to the bathroom. After my bath, my mom tucks me in bed and reads me a story. I don't tell her, but Ms. Burleson is much better at making funny voices when she reads. My mom kisses me good night and turns out the light. Now I have to go to sleep. It's hard, though, because all I can think about is all the fun I will have tomorrow. I love school. Being a kindergartner is the best thing ever.

In addition to having a child who attends Fairview Elementary, Kenya Hoffart is also a staff member and PTA Communications Chair at the school.

A Future Full of Things I'll Miss

Over the last few months, I've been thinking a lot about my future. I started my senior year of high school last month, and it's been kind of a shock to my system. So many things are changing around me, and it's so overwhelming that it can be hard to breathe. At a recent football game, some of my newly graduated friends came back to visit. I yelled to some of the other kids



Avery Love
TEEN PERSPECTIVE

in my section that "the seniors are here!" My friend Nick looked at me and said, "You mean last year's seniors, right?" The realization bowled me over.

One of the things that I've been wondering lately is what I will miss the most after moving away. Obviously, every kid who goes away to school misses having a quiet place to do laundry, but what specifically will hit the most to leave behind?

One thing that I'm nervous to leave behind is my family. For seven out of my 14 school years, I've been at a school and/or taken classes with my teacher-parents. Not only have I been dependent on them

in home life, but I've also become very dependent on them at school. My mom's planning period is at the same time as my lunch, so I eat in her room to reduce the spread of COVID. If I feel sad or upset, I can drop by her classroom to give her a hug between classes. On top of that, my sister is one of my closest friends. Over quarantine, she and I have become really close, and she's one of the people I'm going to miss the most when I leave. She's really stubborn and acts like she doesn't care, but recently she said, "I'm going to miss you so much when you go off to

college." As little siblings do, she immediately took it back, saying, "I'm going to have to go back to waking up and riding with mom and dad in the mornings." In that uncharacteristic moment of weakness, it really showed me how much I would be leaving behind.

I'm also going to miss my time with the A.C. Reynolds marching band. I'm not going to lie: I've had some rough seasons in marching band. I've had days where I told myself that I was going to quit and that I never wanted to march again. But over and over again,

something stopped me, and this year I finally understood why. I'm the section leader for the sousaphones and the baritone, and I'm happier than I've ever been during the marching season. My section is filled with incredible people who I am lucky to consider my friends, and having the chance to get to know them this year has given me many good memories. Every time I think about graduating, I think about how I may never talk to some of them again after this year. While I'm happy we're able to have this year, knowing that there's a clock ticking scares me. I'm going to miss the Friday night football games. I'm going to miss bonding with my section and competitions where we don't get back to school until after midnight. And I'm going to miss my friends.

While I'm only just beginning my senior year, my heart can't let go of all the things I'm going to miss. Every year of high school has been a different kind of adventure, and I'm not sure what this year—and the years to follow—will bring. The one thing I do know, though, is that I will take a deep breath and face it when it comes.

Avery Love is a senior at A.C. Reynolds High School. She lives in Fairview with her mom, dad, and sister Zoe.



ACRHS STUDENT OF THE MONTH
Eli Kohatsu

The A.C. Reynolds Student of the Month is Eli Kohatsu. Eli has been at Reynolds for several years and has grown and developed so much during his time. He is a hard worker and continues to give his all in all of his work tasks. He has become a classroom leader in job skills within our school community. He helps pick up recycling throughout the school as one of his jobs, and does his work with a joyful face and positive attitude. Helping others is a passion for Eli. As he continues to work in the community in the future, he will do great things for all those around him. His joy and love of life are contagious, and we're proud to honor him as our student of the month. Eli, congratulations on your senior year! Winners receive a special mug from the Crier.

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MAGIC WITH GREG

YOU DO AS I DO

magic!

What You Need

Two groups of cards with four cards each. Each group should have the same cards.

Preparation

Before you start, secretly turn over the bottom card of your group of cards. The audience must never know this!

Performance

Give a group of four cards to a volunteer. Then have them follow along as you both do the following steps in order, as instructed by you:

- "Turn your first card face up and put it on the bottom."
- "Turn over the entire pack."
- "Turn over the first card and keep it on top."
- "Turn the bottom card over and keep it on the bottom."

If they followed the instructions exactly, their pack will not match yours. No matter how closely the audience follows you, they won't be able to catch on.

Greg Phillips is a professional speaker, magician and comedian. Contact him at Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.



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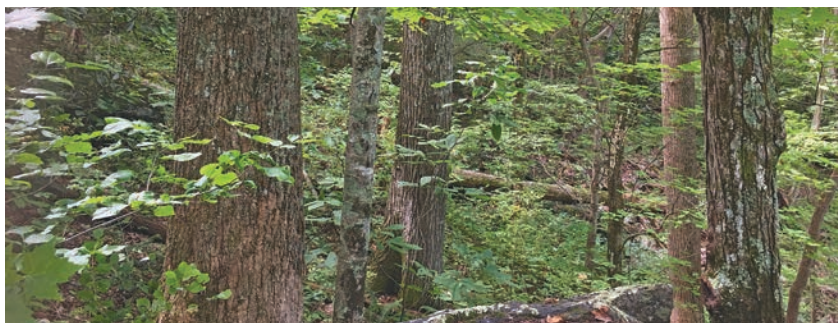
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Five Things that Fall Doesn't Mean

The leaves are changing. The temperatures are dropping. WNC is in one of her most beautiful seasons. Autumn is a lovely time to get outside with your pet and enjoy this respite from our hot summer. Dress your cat up for Halloween. Take your dog apple picking. There are so many benefits of this time of year, but here are a few things to remember to keep your pet safe this fall.

1 Fall does not mean you can stop your heartworm, flea and tick prevention. Mosquitoes that carry heartworms are most active when the temperature is around 80, but they can be active anytime the temperature gets over 50. Only adult fleas die when exposed to freezing temperatures, and even for them it takes several days. The eggs, larvae and pupae all survive the cold and start to hatch as soon as the temperature starts to warm back up. Ticks don't die from the cold, but do go dormant below 35 to 45 degrees. They are back in full force by the time it warms up to 50. Considering that we didn't have any months in 2020 with average highs below 45 in WNC, and the temperature of your pet's body surface and your home is almost always higher than 60, it is unlikely that the fleas and ticks will even notice that it's cold outside. Your pet needs heartworm, flea and tick prevention all year in this area.



Fall does not mean that it is time to celebrate by sharing Halloween candy with your pet.

2 Fall does not mean that your pet is safe to wait in the car, even in the shade. We still have many days of hot weather left during fall, and your car can still heat up by 20 degrees or more in a matter of minutes. Even shady spots will cause the inside of your car to get hotter than you anticipated. Dogs and cats only sweat through their paw pads and their only other way of self-cooling is panting. Depending on your pet's coat, conformation and health, it may take very little time for heat exhaustion and heat stroke to start. Brachycephalic (smushed faced) dogs and cats have an even lower tolerance for heat than other dogs and cats and can die from heat stroke much earlier than you think. Please avoid a potentially deadly event and don't leave your pet in the car.

3 Fall does not mean that your pet is good to live outside all the time.

While the lingering heat of summer may be here during the day, the nights do start to get colder. For some dogs like huskies and Great Pyrenees, the cool nights may be just what they want, but for others like hound dogs and labs, the nights are getting too cold for comfort. This becomes especially important when we start to get freezes at night. A warm, dry place is a life saver for dogs and cats once the temperatures start to drop. If living inside your home is not a possibility for your pet, please make sure you use the fall to winterproof a shed or at least a dog house for your pet. If you could not stay warm wearing only a coat in your pet's accommodations, neither can your pet; it takes more than thin walls to create a warm spot. Consider insulation, additional bedding and a safe heat source when you are winterizing your pet's place.

4 Fall does not mean that it is time to celebrate by sharing your holiday food with your pet. From Halloween candy to Thanksgiving dishes, holiday food is not a great choice for your dog or cat. We see toxicities from common holiday foods like chocolate, raisins and onions, as well as GI upset and pancreatitis from rich, fatty foods that your pet is not used to eating. Pumpkin by itself can help with some dietary issues, but pumpkin pie

mix in a can and actual pumpkin pie will not. Green beans can be a great tool when putting your dog on a diet, but green bean casserole is not. For a smaller dog, it only takes a few raisins to reach the toxic dose, and Halloween candy has additional risks of chocolate toxicity and GI blockage from the wrappers. If sharing your holiday food with your pet is important to you, then make them their own small dish of safe foods and avoid an emergency vet visit.

5 Fall does not mean that you need to feed your pet more or exercise your pet less. While fat can be insulating, a much healthier approach to winter warmth is to keep your pet a healthy weight and provide appropriate housing for cold weather. Extra fat can be extra hard for animals already struggling with conditions like arthritis, diabetes, heart disease and pulmonary disease. The cold weather already makes arthritic joints stiffer and more painful; pets with these conditions do not need extra weight stressing their joints. In fact, just a 10% weight loss in an overweight arthritic dog can reduce the amount of prescription medicine that dog needs to be pain free. Please don't spend the fall trying to put extra weight on your pet.

Margaret Moncure is a Doctor of Veterinary Medicine at Cedar Ridge Animal Hospital. 184 Charlotte Highway. 527-2430





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Fairview Artist Donates Vietnam Diorama to Brevard Museum

by Janis Allen

Volunteers and guests were dazzled by the authentic and detailed depiction of a Vietnam War scene designed and hand-crafted by Dale Wall, who donated his one-of-a-kind diorama to the Veterans History Museum of the Carolinas in Brevard.

The diorama is 1:72 scale with hand-painted figures, a helicopter and foliage that Wall collected and carved from nature.

The diorama includes 148 figures, all of which were hand-painted by Wall. "When I was a kid," he said, "all my parents had to do to make me happy was buy me a bag of Army men. I was in hog heaven. When I got too old to play with soldiers, I came up with another way to keep up this hobby. I've been making scenes ever since."

Wall has built 22 dioramas of historic scenes, from Biblical times to Afghanistan, including Hannibal and the elephants coming across the Alps. "I've always been a history buff," he said. "I research the history and stories thoroughly to get the details correct, down to the buttons on uniforms and exact colors of the foliage. My paint brushes are almost as small as a straight pin."

When not making dioramas, Wall works making parts for and assembling performance gun parts at his family business, Galloway Precision, in Asheville.

The museum is located at 21 East Main Street in Brevard. Admission is free and hours are Wednesday to Saturday from 11 am–3 pm. For more information, call 884-2141 or visit theveteransmuseum.org.



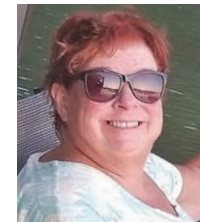
Dale Wall (second from right) and others admire the diorama he donated (detail below).



IN MEMORIAM

Jeanne Kelleher Lund

January 12, 1952–September 21, 2021



Jeanne Kelleher Lund passed away peacefully last month. She is survived by her loving and devoted children Matt Lund and Kasey

Lund, her sister Leigh Mullen (Bill), her brother Mike Kelleher, her sister-in-law Sharon and many nieces, nephews and cousins. She was preceded in death by her parents Blair and Sonny Kelleher and her brother Teddy Kelleher. Jeanne was very fortunate to have extended family and friends around her who loved her. She enjoyed being out at the lake, cooking and entertaining. She was the cheesecake queen and made one for every occasion.

Jeanne was a big part of the Fairview community for almost 30 years, helping at school functions and community fundraisers. She loved her community and the people in it.

A celebration of life service will be held on October 23, from 2–5 at the Fairview Community Center. Please bring a dessert to honor Jeanne's love of sweets. If you are comfortable wearing the craziest or silliest hat you have, Jeanne will love it. RSVP to conorth-one71@gmail.com or text 704-414-0346.

In lieu of flowers, please donate in Jeanne's name to helpmateonline.org, which is a domestic violence and abuse shelter in Asheville.

A memorial site has been set up at tinyurl.com/nr2h28x9, where you can leave comments and add photos.

PERFORMANCE

Becky Stone Portrays Rosa Parks

by Dana Irwin

Fairview's Becky Stone brought Rosa Parks back from the past at the History Comes Alive Festival last month at Warren Wilson College.

The performance was part of the Chautauqua experience, which is a nonprofit, experiential oral tradition that brings history to life through interactive theater and compelling discussion aimed at stimulating critical thinking. It's history began in 1904 as a traveling cultural tent show. One of the 10,000 communities Chautauqua toured in that early period was Greenville, SC, where performances were held in McPherson Park. Today the group is based out of Greenville and sends shows to Asheville, Brevard and other communities across the US.

Stone admirably revived Rosa as the endearing, humble yet ever-strong character she was. After her portrayal of Rosa, Becky answered questions from the audience, first as Rosa and then as herself. Heartfelt and historically accurate details of the civil rights movement and its leaders, in addition to those about Mrs. Parks, were revealed in this part of the performance.

At the same event, Judith Kalaora portrayed Hedy Lamarr, an actress who became better known as a movie star even though she was an accomplished inventor and scientist. In other Chautauqua events, Ben Franklin, Thomas Edison and Nikola Tesla are featured.



PHOTOS: DANA IRWIN



Becky Stone has been a regular storyteller-performer at the Biltmore Estate for many years. She has performed as a storyteller at schools, libraries, and festivals throughout WNC, specializing in African-American, Appalachian and world tales. She has lived in the Fairview community and contributed her talent for many years. In 2003, she performed her first Chautauqua character: Pauli Murray—civil rights activist, lawyer, and the first black woman ordained an Episcopal priest. She has since added Harriet Tubman and Maya Angelou to her repertoire. She has performed in numerous Chautauqua events nationwide.

Look for the next Chautauqua event at historycomesalive.org.

What Does Retirement Security Mean to You?

October is National Retirement Security Month. But what does retirement security mean to you? And how can you work toward achieving it? Here are some suggestions:

- Build your resources.** While you're working, save in tax-advantaged accounts such as your IRA and 401(k) or similar employer-sponsored retirement plan. In your 401(k), contribute at least enough to earn your employer's match, if one is offered, and increase your contributions whenever your salary goes up. Remember, especially early in your career, time is often your biggest asset. Be sure to save early, since the longer you wait, the more you'll need to save to help reach your goals.
- Look for ways to boost retirement income.** When transitioning to retirement, you can take steps to align your income with your needs. For example, consider Social Security. You can start collecting it as early as 62, but your monthly payments will be much larger if you can wait until your "full" retirement age, typically between 66 and 67. (Payments will "max out" at age 70.) So, if you have sufficient income from a pension or your 401(k) and other retirement accounts, and you and your spouse are in good health with a family history of longevity, you may consider delaying taking Social Security.

You also might want to explore other income-producing vehicles, such as certain annuities that are designed to provide a lifetime income stream.

- Prepare for unexpected costs.** During your retirement, you can anticipate some costs, such as housing and transportation, but other expenses are more irregular and can't always be predicted, such as those connected with health care. Even with Medicare, you could easily spend a few thousand dollars a year on medical expenses, so you may want to budget for these costs as part of your emergency savings, and possibly purchase supplemental insurance. You may also want to consider the possibility of needing some type of long-term care, which is not typically covered by Medicare and can be quite expensive. The average annual cost of a private room in a nursing home is more than \$100,000, and it's about \$55,000 per year for a home health aide, according to Genworth, an insurance company. To address these costs, you may want to consider some form of protection, such as long-term care insurance or life insurance with a long-term care component.
- Do your estate planning.** It's hard to feel totally secure in retirement if you're unsure of what might happen if you have an unexpected health event,

become incapacitated or die earlier than expected. That's why you'll want to create a comprehensive estate plan—one that might include documents such as a durable power of attorney, a will and a living trust. A review of your insurance coverages and beneficiaries can also help protect your assets and ensure they are distributed the way you want. In creating your plan, you will need to work with your financial advisor and a legal professional, and possibly your tax advisor as well.

Thinking holistically about your retirement security and developing and executing a strategy aligned with your goals may help free you to enjoy one of the most rewarding times of your life.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert. Contact 628-1546 or stephen.herbert@edwardjones.com.

August 2021 Fairview Real Estate Statistics

		Max \$	Lowest \$	Average \$
Homes Listed	12	950,000	295,000	622,500
Homes Sold	19	2,550,000	236,000	1,393,000
Land Listed	6	350,000	64,000	207,000
Land Sold	6	1,300,000	12,000	656,000

Cool Mountain Realty provides the monthly real estate stats for the Fairview area (zip 28730). When selecting a real estate company, remember to shop local. Cool Mountain Realty has been in Fairview for 13 years and our agents have been selling in our area for 33 years. Keep and multiply the dollars in your local community's economy.

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Are We There Yet?

Once our family has driven more than one hour in any direction, the chorus starts from the back seat: Are we there yet? It's often all three kids at once, with our two-year-old twins doing their best to imitate their big brother. To them, it feels like we're on a journey that will never end and it's not even clear that each passing mile means we are closer to our destination. This is no doubt a familiar story to anyone who has traveled with kids recently.

At times, the ongoing COVID-19 pandemic can feel like this, too—a long journey that we all want to end as soon as possible. I hear this from working parents, from senior citizens, and from health care providers and first responders who are dealing first hand with the continued impacts of the pandemic. As we see transmission rates, hospitalizations and, tragically, deaths increase, it is soberingly clear that we must continue to treat the pandemic as the serious threat that it is.

Community Coming Together

It is inspiring, and often moving, to see how our community is coming together through this time. Senior citizens in Buncombe County have gotten vaccinated at incredibly high rates. General vaccination rates continue to increase as well. With the number of childhood cases rising,

Acts of heroism happen on a daily basis, from our schools to fire departments to small businesses.

many parents are anxiously awaiting the availability of the children's vaccine for 5- to 11-year-olds.

For those not yet vaccinated, it's easier than ever to do so. You can now receive a \$100 gift card for getting vaccinated. Buncombe County is offering free vaccines, no appointment necessary. Just go to 40 Coxe Avenue in downtown Asheville, Monday to Friday, 9 am–4 pm. For folks who cannot easily leave home due to health conditions or age, you can also make an appointment to receive a vaccination at home. Call 419-0095 or email ready@buncombecounty.org. For more information, go to the link at fairviewtowncrier.com/links.

American Rescue Plan

Buncombe County has begun to administer local funding from the American Rescue Plan. The county was awarded almost \$51 million to support COVID-19 response and recovery efforts, and more than \$100 million in local aid is flowing into WNC as a whole. This is truly a historic opportunity to use this funding to create change that will help people across our community.

County commissioners voted unanimously on August 31 to issue \$11 million in funding for projects, including a major expansion of rural broadband, an expansion of early childhood education hours to support working parents returning to the workforce, and grants to small businesses impacted by COVID-19.

Community Listening Sessions

During September, we held a series of community listening sessions to hear ideas and input about what issues we should prioritize as we allocate the remaining \$39 million, which will happen on a rolling basis.

As your commissioner, I want to thank you for all that you are doing to help our community through this challenging time. I am so proud of Buncombe County and the countless, often unsung, acts of heroism that happen on a daily basis, from our schools to fire departments to small businesses.



Jasmine Beach-Ferrara is one of the District 2 representatives, along with Amanda Edwards, on the Buncombe County Board of Commissioners. Reach her at jasmine.beach-ferrara@buncombecounty.org or 250-4004.



— DR. ASHLEY LUCAS

Losing Belly Fat

Want to just lose fat in the belly? Unfortunately, we can't choose where we want to drop weight. You can do crunches until you're blue in the face, but it's not going to make you look trim in the midsection unless you actually let go of the fat through overall weight loss.

If you put on weight in the belly first, that will be the last to go. If you think, "I look and feel good enough," you'll stop before you get where you need to be. Go all the way! The belly fat will melt away, and you'll gain a more efficient metabolism.

Special foods to burn belly fat? Nope. Just dedication, desire and a commitment to see it through.

Ashley Lucas has a Ph.D. in nutrition and is a Registered Dietitian. Her company, PHD Weight Loss and Nutrition, is located at 1833 Hendersonville Road, Suite 170, Asheville. 552-3333 or myphdweightloss.com.



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Sileage, Earlage and Baleage—Oh My!

If you missed the intro to this column in the last issue, it's for my fellow Yankees and city dwellers to learn a bit about rural living.

Perusing Facebook, I saw some pics posted on Facebook by Bart Ramsey, who runs the Ramsey Dairy Farm here in Fairview. His photos depicted the process of creating sileage. I assumed it just flew off the corn stalks and became food for the cows (stretch of the imagination).

Here's what Bart wrote:

 "We covered the silage pile this afternoon. I really appreciate the people who helped us. First we put down plastic then heavy covers on top of the plastic to keep raccoons and birds from making holes in the plastic followed by solid tires. Everyone kept pushing to get it done even though ants kept biting us constantly. I have been covering silos since I was very young and this was the worst year for ants."

Such is the life of a farmer. So what is sileage, and how is it different from earlage? (I bet you never heard of earlage!)

 Sileage is the fodder (food for cattle and livestock) made from green foliage crops. It feeds cows during winter when there is less fresh grass. But just piling cut corn stalks in a heap would produce a rotting pile. It must be preserved by fermentation before storing, and it must be protected from moisture so it won't mold. Corn sileage is harvested at about 70% moisture (although Bart like his around 72-73%). This is how it's done.



Cut, chop and transport green foliage



Lay nutrient-rich crop in a large, dry trench



Cover in layers of plastic and shield with old tires



Sileage



Earlage

In my brief research, I learned that earlage was similar but had more of the corn and cobs in it, rather than mostly green stalks and leaves. It is baled when wet (50-60% moisture) and wrapped to seal out oxygen to get anaerobic fermentation. Dairy cows need to be kept healthy if they are to produce good, vitamin-rich milk. Sileage delivers more nutrients to ensure that. A farmer whose livestock is to be sold for meat is likely to feed his cattle the higher-carbohydrate



Baleage

earlage, which will add body fat.

 And that brings us to baleage, those giant marshmallows you see in the field at the end of the growing season. They are simply sileage that is baled and covered in plastic to protect them from moisture, which would cause mold and rot and make it unusable as feed. They are round to allow better rain runoff and easier transport.



If you'd like to know more about working a dairy farm, follow the seasonal activities at facebook.com/RamseyDairyFarm. The Ramsey Dairy Farm is a third-generation farm producing about 1,500 gallons of milk a day sold at Ingles under the Laura Lynn brand. Drink (local) milk!

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Into the Wild



Wilderness owner Emma Luyckx (right)



FBA members enjoyed the wide plant selection.

September's meeting took place in Fairview's own tropical paradise, Wilderness Botanical Shop at 1538 Cane Creek Road. After being open a year, you wouldn't guess that it was once the old car wash beside Cane Creek Station. Emma Luyckx, the owner, has started expanding outside to provide a space for community and a place to hang out and enjoy the scenery, as well as her huge selection of houseplants. Her knowledge of each plant is almost encyclopedic, and she includes a very handy care card with each one to let you know exactly what kind of light and watering it needs. She offers classes so that you can expand your knowledge and hosts plant swaps that are great for enthusiasts who want to share their plants, as well as collect new ones. House plant services are also offered, such as repotting or diagnosis of problems. Ten of our members left feeling transported to another world.

Every three months, we have a drawing for two \$100 gift certificates that must be spent at FBA businesses. It's a win-win for all of us. To get your name in the hat, drop off a business card each time you attend a meeting. Our next drawing will be at

NEW MEMBER

■ Nor Nor's Tea Company

the Christmas gathering (location to be announced). The lucky winners were Shelby Emerson of To the Brim: Refill Store and Janet Peterson of Cloud 9 Farm vacation rentals and weddings.

November Meeting

Our next meeting will be on October 11 at 6 pm at AVORA Physical Therapy, 226 Charlotte Highway, across from Ingles. Steven Mack, director of orthopedics and sports clinical specialist, will host. We want to find out why so many of AVORA's patients come from across the county to seek out their two locations in the Asheville area. We are especially curious in their use of advanced technology like the Gyro-Stim, a computer-controlled, multi-axis rotational chair. If needed, we can meet outdoors at the practice.

Wear your name tag and come with requests for how we can promote your business.



Note: Because the Fairview Business Association is regularly featured in the paper, some readers think that there is a connection between the FBA and the Crier. The FBA pays to publish updates and the member listing at right (and we thank them for their support!). The FBA and the Crier are not affiliated.

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As the Season Eases into Fall

As the season eases into fall and we come into October, this year seems to fly past us, bringing lots of change and opportunity for growth. This is a time of reflection and critical thinking regarding the land and land practice, how we've connected and supported each other as a community, and ways we can grow as an organization working with the land. In these times of uncertainty and crisis, Root Cause Farm offers a safe space for healing and connection that we want to share with folks who are wanting to get their hands in the soil.

In recognition of Indigenous Peoples' Day being on October 11 alongside Columbus Day, we also reflect on how we can best honor indigenous land sovereignty and indigenous land practices. The celebration of Indigenous Day allows us to reimagine Columbus Day in a way to recognize the historical truths of the oppression of Indigenous peoples while commemorating their knowledge and cultures. Given that Root Cause Farm is built on values of inclusion, sustainability and community and is stewarded on Cherokee land, we feel that it is more than necessary to pay respect to indigenous land practices and the history of this beautiful land we feel so connected to. We continue to reflect on this heritage and on how we can continue to show up in this community.



As we approach winter, we're beginning to prepare for the upcoming first frost. Below are some things you can do in your garden to get ready for the winter.

- **Leave fallen leaves.** As leaves fall, use them in your compost pile or as mulch for newly planted trees, shrubs and perennial plants. This is wonderful for your garden and keeps leaves and leaf bags out of our landfills and waterways. If you don't want your leaves, we will gladly take them!

- **Replace annuals.** Replace your summer annuals with cool season varieties, such as pansies, snapdragons and garlic.

- **Clean your veggie garden.** Prevent critter visits and diseases by cleaning up and composting dead and dying foliage and fruit. Even as the seasons change, Root Cause

Farm stays constant in our mission to grow and distribute produce, offering learning spaces and initiatives, and being an open door for you to come connect to the land and to each other. We are ecstatic to have made it through the past year, through transitions in leadership, staff, and board, during a pandemic that stripped us of something we might have taken for granted: our community.

As the Delta variant increases, as hunger

Root Cause Farm is not a by-yourself place. This place doesn't function without community.

—founding garden manager and ongoing mentor Susan Sides

marches on, we are in great need of your presence and your support for the work ahead. As our founding garden manager and ongoing mentor Susan Sides said: "Root Cause Farm is not a by-yourself place. This place doesn't function without community."

We thank all of those who have donated to support our garden projects and our wish list during our summer appeals campaign and those who volunteer their time with us. If you didn't get a chance to participate in the campaign but would still like to support us, head to our website to donate or volunteer with us.

Laura Fraser is an AmeriCorps member serving at SAHC for the 2021-22 service year doing Community Engagement and Youth Education. Root Cause Farm is located at 26 Joe Jenkins Road, Fairview. rootcausefarm.org.

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American Beautyberry

Many years ago, I was bushwhacking through a field in the Shenandoah Valley, where I lived, and I came across a mass of unusual, berry-laden shrubs growing in a moist field. The shrubs were covered with unbelievably brilliant purple berries growing in mass clusters. I was amazed, as I had never seen berries with such a luscious, purple color. The shrubs turned out to be American beautyberry (*Callicarpa americana*), and they filled my heart with joy, as there were thousands of these tiny, porcelain berries in dense clusters, cascading in every direction. I felt as though I had discovered some new treasure in the wild. Purple is a favorite color of mine, and these berries are sort of electric purple—dazzling, glossy, brilliant purple hues—and they are perfectly named as “beautyberry.”

For many years, I had no idea the berries were edible, so I used them in flower arrangements every fall, and people were amazed by their color and graceful, unusual beauty. One Japanese friend called them a “purple waterfall” and used them in her Ikebana arrangements. One day, after researching these lovely shrubs, I found out the berries were native and also edible. The first time I ate a few, I was surprised by their delicate sweetness and the delightful crunchy texture of the hard, little berries. Since that day, I have eaten

many a beautyberry every fall and have found many recipes for beautyberry jelly, which I have yet to try.

American beautyberry is also sometimes called “French Mulberry,” which is a strange juxtaposition, as they seem far removed from mulberry fruits on every level and don’t exist in France. Beautyberry is in the Vervain family of plants, which includes lantana. Its scientific name comes from Greek: *kalli*, which means “beautiful,” and *karpos*, meaning “fruit.” These deciduous shrubs are native from Florida into the lower Northeast states; they seem to prefer moist soil, rich in leaf compost, and over time they can grow in masses that are quite stunning to behold. However, they are also fairly drought tolerant and forgiving as a cultivar in the landscape. These shrubs can grow to 10 feet high but usually hover around 6 feet in maturity. Their inconspicuous flowers appear in the summer—but come the turn of the seasonal clock, the purple berries seem to appear suddenly. Birds love the berries and will feast on them even after they have dried and turned into tiny, shriveled purple raisins. Squirrels, raccoons, possums and foxes also enjoy eating these tiny fruits of the forest.

Native Americans used all parts of the



beautyberry plant as medicine, often making a tea to treat rheumatism, dysentery and stomach aches. Both the roots and the berries were used in ceremonies, and the bark from the stems was used to treat skin rashes and itches. Many tribes used beautyberry as a fish poison. And, amazingly, it has a long history of use as an insect repellent.

In Mississippi, farmers would take branches of beautyberries, crush them, and place them on the harness of their horses to repel deerflies and mosquitos. USDA researchers say that beautyberry may be as effective as DEET, and compounds have been isolated from the plants to repel fire ants. One can simply crush the leaves and rub them on your skin as a quick insect repellent, but I am excited to explore possibilities for making homemade insect repellent in the form of a salve or a tincture that might be sprayed on the body during peak mosquito season.

Some research shows that the chemical compounds of beautyberries may have anti-tumor properties, and many believe the berries are likely high in antioxidants. The berries have also been used to make a dye and been paired with other stronger fruits to make wine. Some references report people getting mild stomach upset from eating the berries, so as with all foods, wild or domestic, it’s a good idea to experiment with small quantities to see how you react.

Autumn in our beloved mountains is a

time of remarkable beauty and grace. The dogwood trees are turning red, and Virginia creeper vines are snaking up the tall trees. It seems to be an abundant year for acorns, chestnuts and walnuts. This morning, I decided to take a brief walk through the gardens and migrated to the mature beautybush by our pond, as I had moved it twice to give it the room it needed. It was laden with electric-purple berries.

It amuses me that there are many references that still list beautyberry as a poisonous shrub, but this simply is not true. Many sources state that the berries may be edible but do not taste good, but that is not my experience. As I held a cluster of berries in my hand, I marveled at their luminosity in the early rays of morning sunshine and popped a few into my mouth. Once again, I savored their sweet flavor and unique, crunchy texture. There is a movement here in the Southeast called the “Green Scene,” and one of their mottos printed on t-shirts and bumper stickers states that we should all “eat something wild every day.” Now that’s a prescription I can adhere to in life! On the day I wrote this, my first wild treat of the day was from the purple spectrum of life, and it was delicious.



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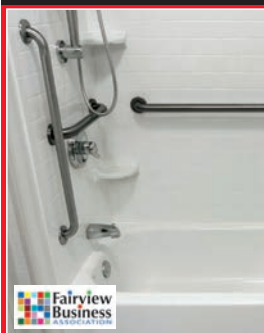
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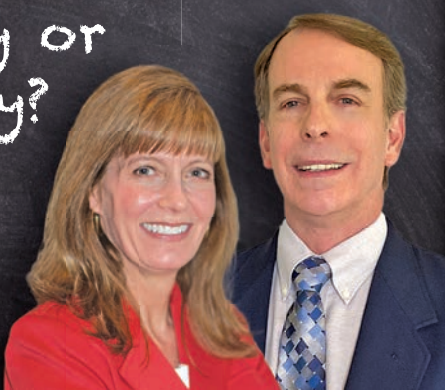


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Save Our Flying Squirrels

The Southern Appalachian Mountains are home to a wide variety of species, from salamanders to fireflies. The mountains, forests, fields and streams host an assortment of plants and animals to watch and learn about. However, several of these species are suffering from loss of habitat and could become endangered, such as the Carolina northern flying squirrel, which was placed on the endangered species list in 1985.

There are two species of the flying squirrel in the Southern Appalachians: the northern flying squirrel (*Glaucomys sabrinus*) and the southern flying squirrel (*Glaucomys volans*). The physical distinctions between the two species can be difficult to distinguish, so the elevation and habitat in which they're found work best for identifying which species you see. The northern flying squirrel is about a third larger in size than the southern flying squirrel and has brown fur on its back, with a bicolored belly. The southern flying squirrel has brown or gray fur on its back with a bright white belly and a defined line separating the two fur colors.

The Carolina northern flying squirrel is considered a subspecies of the northern flying squirrel and is a nocturnal mammal that has large eyes in order to see at night. Although the word "flying" is in its name, the northern flying squirrel actually glides

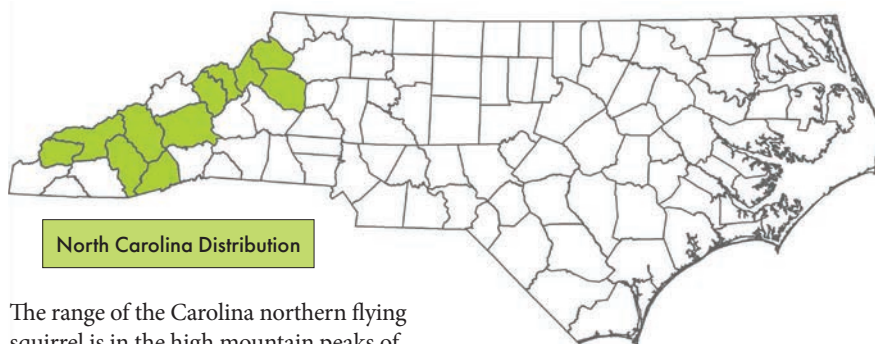


The Carolina northern flying squirrel has remained in the Southern Appalachians since the last ice age.

IMAGES: US FISH AND WILDLIFE SERVICES

by extending a fold of skin that stretches from wrist to ankles and uses its flattened tail as a rudder in the air.

The Carolina northern flying squirrel has remained in the Southern Appalachians since the last ice age. They remained in the high mountain tops and along its ridges once glaciers retreated northward and temperatures in the area increased. The northern flying squirrel can be found in higher elevations that are home to mixed red spruce-northern hardwood and red spruce-Fraser fir forests with a cooler, moist climate. The southern flying squirrel can be found in warmer, drier forests that have mixed oak-pine at lower elevations.



North Carolina Distribution

The range of the Carolina northern flying squirrel is in the high mountain peaks of eastern Tennessee, WNC and southwestern Virginia. In these areas, the flying squirrel feeds on the fungi and lichens found within the forests, as well as fruits, nuts, and insects from time to time.

There are many threats to the Carolina northern flying squirrel, both natural and from humans. Human impacts far outweigh the natural threats of this subspecies and pose an ever-increasing threat to their habitat. Threats include habitat fragmentation, destruction and alterations (the clearing of forests and recreational/residential development) and pollution (heavy metals and acid rain). Another threat is the introduction of exotic pests; more specifically, the balsam woolly adelgid, which attacks and kills Fraser fir trees—the habitat of the Carolina northern flying squirrel.

There are a few things you can do to help slow the decline of the Carolina northern flying squirrel. You can help volunteer in land management projects

in high-elevation forests or support the efforts of local land trusts that protect these dwindling forests. This year, the Southern Appalachian Highlands Conservancy planted 5,000 red spruce seedlings to restore red spruce-Fraser fir habitat in the Highlands of Roan, with the help of volunteers and support from a Keep America Beautiful grant that Wicked Weed Brewing helped secure. Find out more about this exciting project to restore and connect high elevation conifer habitat at appalachian.org/spruce-fir-habitat-restoration/.

For more information about the Carolina northern flying squirrel, visit the Fish and Wildlife Services website at fws.gov/southeast/wildlife/mammals/carolina-northern-flying-squirrel/.

Laura Fraser is an AmeriCorps member serving at SAHC for the 21-22 service year doing Community Engagement and Youth Education. Visit Appalachian.org.

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Don't you just hate all those sales calls? Are you afraid to answer the phone anymore? That's because they have—and that's just the car warranty people. Salespeople hawking Medicare plans add a whole new dimension of aggravation. The Do-Not-Call laws help somewhat, but compliance is sketchy at best. Fortunately, Medicare, in response to consumer complaints, has mandated standards of marketing practices that must be strictly adhered to. Non-compliance has severe consequences not only to agents and agencies but also to companies.

Marketing Rules

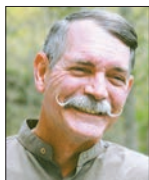
People representing Medicare Advantage and drug plans aren't allowed to:

- Ask for your personal information (like your Medicare, Social Security, bank account, or credit card numbers) over the phone unless it's needed to verify membership, determine enrollment eligibility, or process an enrollment request.
- Come to your home uninvited to sell or endorse anything.
- Call you unless you're already a member of the plan. If you're a member, the agent who helped you join can call you.
- Require you to speak to a sales agent to get information about the plan.
- Offer you cash (or gifts worth more than \$15) to join or provide free meals during a pitch for a Medicare health or drug plan.

- Ask you for payment over the phone or online. The plan must send you a bill.
- Tell you that they're Medigap policies.
- Sell you a non-health related product, like an annuity or life insurance policy, during a sales pitch for a Medicare health or drug plan.
- Make an appointment to tell you about their plan unless you agree. During the appointment, they can only try to sell you the products you agreed to hear about.
- Talk to you about their plan in areas where you get health care, like an exam room, hospital patient room, or at a pharmacy counter.
- Market plans or enroll you during an event like a health fair or conference.

Note: If you applied for Extra Help paying for Medicare drug coverage, someone from the plan may contact you if any information is missing from your application.

There are various options to respond: an answering machine, hanging up or—if you feel proactive in helping Medicare police the solicitor—getting their name, company and phone number. Then, contact Medicare at 800-633-4227 with a complaint.



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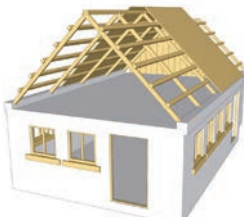
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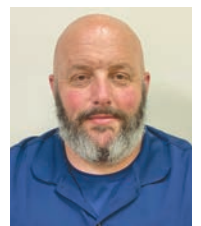
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38 Folsom Dr Pending in 4 days
994 Riceville Rd..... Pending in 7 days
234 Brickton Village Pending in 1 day
310 Foxhall Rd Pending in 13 days
37 Beechwood Rd Pending in 2 days
87 Huntington Drive..... Pending in 10 days
1445 Newstock Rd Pending in 2 days
103 Cimarron Drive Pending in 4 days

93 Stafford Court Pending in 4 days
2 First Street Pending in 1 day
39 Tampa Ave Pending in 1 day
131 Vinewood Circle.... Pending in 7 days
4 Cub Rd Pending in 4 days
51 Florian Lane..... Pending in 6 days
44 Pharis Place Pending in 8 days
61 & 63 Salem Ave..... Pending in 1 day

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