



The Fairview Town Crier

JULY 2023 VOL. 27, No. 7 | FAIRVIEW, NC | fairviewtowncrier.com  

INSIDE New Storage Facility in Fairview p8 // Fairview Elementary Principal Retires p18 // How to Help Fireflies p22

Enter the Crier's Haiku Contest!

by Clark Aycock

Last month, Jim Carillon, one of our local poets, sent me a haiku (at right), and I thought it would be interesting to see what our readers might create.

A haiku has a total of three lines and 17 syllables—5 on the first line, 7 on the second and 5 on the third. If you want to get in on the fun, email your haiku by July 17 to clark@fairviewtowncrier.com or put it in the dropbox outside our office.

Jim and I will pick our favorite and send the winner a \$25 gift card.



Calling All Crafty Kids (and their Parents)

By Ashley Haywood

Do you have a child who is 12 or under and is crafty, artsy or a rising pastry chef? If so, help them apply to be a vendor and showcase their wares at the Summer Fairview Kids' Makers Market, which will be held at the Spring Mountain Community Center on August 5.

I make and sell my teas at markets and events regularly, but this time I want to give my boys an inspiring project to work on and learn what it's like to sell their own creative goodies. Space will be limited to 25 vendors, and the fee is \$20. Handmade items only, such as art, crafts, confections, woodwork, jewelry, ceramics and clothes.

To submit an application, please contact me at ashleybhaywood@gmail.com.

Ashley Haywood owns Embrew Tea, which is made locally and can be found at Signs for Hope Global Marketplace at 379 Old Charlotte Highway.

At right: Ashley's son, Eli, being crafty.



CELEBRATE THE 4TH OF JULY WITH GERTON NEIGHBORS!

The Upper Hickory Nut Gorge Community Center will once again hold its July 4 celebration. Hot dogs, hamburgers, and veggie burgers will be provided by the club, and you bring the sides.

After dinner, there will be bingo and a chance to win money. Each game will have a different cash prize taped to the back of a giant candy bar. Come and enjoy a rousing game of bingo with your neighbors. It's fun when you win and an example of how life goes when you lose!

July 4, 6:30 pm, 4730 Gerton Highway, Gerton



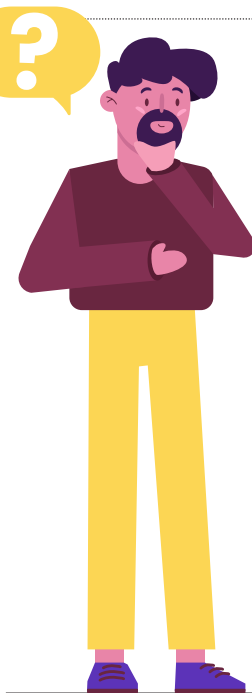
A NOTE ABOUT FIREWORKS

- ★ If you plan to set off your own fireworks, let your neighbors know ahead of time so that they can secure their dogs, cats and horses. Be a good neighbor, and be careful!
- ★ Instead of fireworks or sparklers, try pinwheels, glowsticks, noisemakers and silly string.



The Crier's office will be **CLOSED** on July 4.

Have a Safe & Happy Holiday!



Can You Help Answer This Reader Question?

One of our readers sent in the following question:

We've been told by neighbors that there was, at one time, a waterwheel or gristmill at 721 Old Fort Road. Does anyone in the area have more information about that mill, the past residents, or the history of this spot?

If you have information to share about this question—or if you have a question of your own—get in touch with the editor! Contact clark@fairviewtowncrier.com or text or call 828-771-6983.



The Fairview Town Crier
P. O. Box 1862
Fairview, NC 28730

NON-PROFIT
U.S. Postage Paid
Permit #100
Fairview, NC 28730

Postal Patron
Fairview, NC 28730

COMMUNITY EVENTS & UPDATES

Barn Door Ciderworks

JULY 14 Dr. Will Memorial Marmalade (Jam) Session, 5:30-8 pm. Come remember Dr. Will with friends. 23 Lytle Rd., Fletcher. For more info, call 917-504-1503.

Cedar Mountain Missionary Baptist Church

JULY 22 Vacation Bible School, 9 am-3 pm. The theme will be "Building Blocks on Faith." For more info, call Pastor Jimmy Page at 273-2458. 27 Reeds Creek Rd., Fairview.

Emma's Grove Baptist Church

JULY 10-14 Vacation Bible School 6-8:30 pm. From pre-K to middle school. See ad on page 9. 417 Emma's Grove Rd., Fletcher.

Fairview Area Art League

JULY 10 Monthly meeting, 11 am-12:30 pm. Annual \$25 membership fee. **JULY 22 Christmas in July**, 12-5 pm. Get a jump on your holiday gifts or décor and enjoy some holiday cookies and refreshments. Register for workshops ahead of time by clicking on "Events" on Fairview Area Art League's website or "workshops" on Re.Imagine's website. See ad on page 21 for more info. For more info on FAAL, email FaArtLeague@gmail.com or visit facebook.com/fairviewart. Re.Imagine, 15 Spivey Lake Dr., Fairview.

Fairview Business Association

JULY 11 Member Meeting. At The Joint Next Door. See page 27 for more info.

Oak Grove Baptist Church

JULY 17-20 Vacation Bible School, 6:30-8 pm. Preschool to 5th grade. See ad on page 7. 1552 Cane Creek Rd., Fletcher.

Re.Imagine Studios

JULY 6, 13, 20 & 27 Fundamentals of Drawing workshop, 10 am-12 pm. With Terrilynn Dubreuil. **JULY 15 Lettering As Art**, 10 am-4:30 pm. Part two of two, with Mary Alice Ramsey. **JULY 21 The Spirit of Summer Wine & Cheese Evening**, 5-8 pm. Free event. For more information on all events and workshop pricing, visit re-imagine.corsizio.com. 15 Spivey Lake Dr., Fairview.

Root Cause Farm

Volunteer Days, Sundays, 3-6 pm, Mondays, 9 am-12:30 pm. **Potluck Dinner**, last Sunday of every month, 5 pm. **Share Market**, Mondays, 12-1 pm. 26 Joe Jenkins Rd., Fairview. rootcausefarm.org.

Rusty Dog Arts & Crafts Show

JULY 8 9 am-3 pm. See ad on page 23. 379 Old Charlotte Hwy., Fairview.

Seventh Day Adventist Church

JULY 20 Plant-based Cooking Class, 6 pm. Featuring Thai cuisine. See ad on page 13. 57 Cane Creek Cir., Fairview.

Straightaway Café & Pub

JULY 20 Live Music with LyriSmith, 5-7 pm. See the ad on page 29. 1722 Highway 9, Black Mountain.

Trinity of Fairview

STARTING IN AUGUST GriefShare. For

those who have lost a loved one. \$25, includes workbook. To register or get more info, see ad on page 22.

COMMUNITY CENTERS

Upper Hickory Nut Gorge 4730 Gerton Hwy., Gerton **WEDNESDAYS Yoga**, 11 am. Weekly with Stephanie Tames. Bring your own mat. \$13 donation suggested. **JULY 4 July 4 Celebration**. See front page.

FOOD PANTRIES

Food for Fairview MONDAYS 3-6 pm. For food assistance and to volunteer (shifts run from 1-6 pm.) **TUESDAYS Restocking**, 8:30-10:30 am. Fairview Community Center, 1357 Charlotte Hwy., Fairview.

The Place Fellowship Church

TUESDAYS 4-6 pm. 2 Laura Jackson Rd., Fairview (next to Food Lion). 581-0588.

Trinity of Fairview TUESDAYS

9 am-12 pm at back of church grounds. 628-1188. 646 Concord Rd., Fletcher.



NC Legislator Town Hall

July 16 4-5:30 pm

Biltmore Plaza Barbershop
4 Olde Eastwood Village Blvd., Asheville

State Reps. Eric Ager (D), Lindsey Prather (D) and Caleb Rudow (D) and Sen. Julie Mayfield (D) will be speaking.

For more information about this event, contact Chuck at chuk9637@gmail.com or 703-638-0093.

IDENTIFICATION STATEMENT

The Fairview Town Crier is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 8,900+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, NC.

The Fairview Town Crier is located at 1185H Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$30 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

Editorial Policy: The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier.

Submissions: Announcements, community news, upcoming events, personal notices, letters, etc. will be published free as space allows. Email clark@fairviewtowncrier.com. For staff directory, contacts and additional info, please visit fairviewtowncrier.com or see page 31.

Be a Groundbreaker!



Volunteer with AARP!

- Advocacy
- Aging in Place
- Brain Health
- Caregiving
- Financial Security
- Fraud and Scam Prevention
- Healthy Living
- Livable Communities
- Work and Jobs

AARP
Mountain Region

For more information, contact Rebecca Chaplin
828-380-6242 | rchaplin@aarp.org

aarp.org/mountainnc | aarp/nc | aarpmountainnc | aarpmountainnc

SUMMER'S HERE! GET IN SHAPE WITH SPECIALIZED!



COMMUNITY CLASSES!

GYM OPEN 24 HOURS!

SPECIALIZED FITNESS
specializedfitnessnutrition.com



BOOK A PERSONAL TRAINER TODAY!

Fees increase August 1.

FOLLOW US
for updates!

Call for more information **767-2632**

19 Kristie Scott Lane, Fairview behind KD's gas & Trout Lily



Summer Program Is On!

From now until August 31, every library across the county will be taking part in the county's Summer Reading program.

Kids and teens are encouraged to pick up the Summer Learning Activity Sheet at any Buncombe County Public Library. The sheet is filled with fun and interesting challenges. When participants complete four challenges, they get to pick out a free book!

The Buncombe County Library System has lots of fun events for kids of all ages all summer long. Check out the library events calendar on our website to see them all. buncombecounty.org/library.

UPDATES

Closed for July 4th

All Buncombe County offices and libraries will be closed for Independence Day.

Friends Of Fairview Library Meeting

August 1 from 7-8 pm

The Friends will hold their regular meeting. Note that this is a change from the normal meeting day of the second Tuesday in August.

FOR KIDS

Fancy Nancy Gala

July 21 from 2-3 pm

Fancy crafts and activities throughout the library. Dressing fancy is encouraged but not required. Merci! Ages 3 and up.

Saturday Outdoor Story Times

July 15 from 10:30-11:30 am

Join us once a month throughout the summer for a special Saturday story time. For preschoolers.

Weekly Story Time at the Library

Tuesdays, 10:30 am, 3-6 years

Thursdays, 10:30 am, 18 months to 3 years

Lego Club

July 28, 3:30 pm

The library provides the Legos, you provide the creativity. Perfect for ages 6 and up.

CRAFTING AND CREATING

Take Home Kit:

Fancy Nancy DIY Party-in-a-Bag

Come by the library and pick up a Fancy Nancy craft kit. The bag includes a mini-notebook, crayons, activities, stickers, and more. For preschool age and up, while supplies last.

In-House Activity:

Fancy Greeting Cards

Make a fancy greeting card for someone you love the next time you're in the library. For all ages.

PARTY TIME!

Professor Whizzpop's Bubble Brigade Foam Party

July 7 2-3 pm

There's nothing like a fabulous, foamy Bubble Brigade party to celebrate summer! There will be music, beach balls and lots of foamy fun.

Wear clothes you don't mind getting wet. Wear shoes you don't mind getting wet. **You will get wet.** For babies, kids, moms, dads, grandmoms and granddads—everyone is invited!

The foam is bio-degradable, non-staining, non-toxic and hypoallergenic. It does not damage the environment. The foam is made up of sodium lauryl sulfate, glycerol and water. These are the same main ingredients used in things like shampoo, dish soap and even toothpaste but without the additional chemicals and perfumes.

This program is financially supported by the Friends of Fairview Library.



FOR ADULTS

Fiber Arts Club

July 11 from 6:30-8 pm

A monthly gathering of those who enjoy knitting, crocheting, and hanging out with friends. This is not an instructional group, but newcomers are most welcome. Come ready to meet fun people.

FOR EVERYONE

Summer Bingo

July 18 from 3:30-4:30 pm

Come one, come all. Come kids and parents and teens and grandparents and...did I mention that everyone is invited? Bingo is back for the summer!

There will be corny jokes, zany prizes, and hardcore competition. Bring your neighbors! Bring your kids! Bring your neighbors' kids!

Jaime McDowell is the head librarian at Fairview Public Library. She can be reached at jaime.mcdowell@buncombecounty.org.



UNEXPLAINED ACNE?

I can help!

As a seasoned esthetician, I've assisted countless clients with acne, which became my specialty in 1984.

I can help get you the clear skin you deserve.

—**BREA GRATIA** Owner, Gratia Botanica, and Fairview resident

LEARN MORE!

Scan the code or visit gratiabotanica.com/unexplained-acne



JULY SPECIAL

REFRESH *Express* FACIAL **only \$15**

FREE with \$150+ purchase
One facial per day by appointment

FREE consultations



Gratia Botanica
BEAUTY GRACE LOVE

4 Olde Eastwood Village Blvd., Asheville | 828.333.5345 | gratiabotanica.com

STORE HOURS Monday, Tuesday, Friday 11-4 | Wednesday, Thursday 11-6 | Saturday 12-2

Hometown Guarantee
 a portion of our closings will go to the local Fairview charity, or your choice



COOL MOUNTAIN REALTY & CONSTRUCTION

Buy • Sell • Build

771 CHARLOTTE HWY, FAIRVIEW
 www.coolmountainrealty.com
 828.628.3088

Your Local Hometown Realtor



Jenny Brunet Karen Cernek Emily Dalton Omar Fakhuri Andy Gilbert Allen Helmick



Susan Lytle Devon Satchell Justin Schmidt Wanda Treadway Sophia Underwood Donna Webb Renee Whitmire

LAND FOR SALE

To see all our land listings visit
coolmountainrealty.com

BEAR CLIFF SUBDIVISION, NEBO 1.41 acres Live and play at this Lake James waterfront community! Build your dream home or summer retreat. **\$29K** Call Susan 828-301-1410

194 ACRES BURNSVILLE! Private expanse of land with springs, creeks and several old buildings. Exceptional mountain property with STUNNING long-range mountain views & multiple home sites. **\$1M**

COMMERCIAL! 2+ ACRES Unique to the current market. Wonderful opportunity in the heart of Fairview, corner of Emma's Grove and Hwy 74. Incredible 2.85 level acres great for your home or business. Level with creek and mountain views. **\$600K**

MOUNTAIN VIEWS WITHOUT THE CLIMB! Paved access, long-range views with additional clearing, end of road privacy. Adjoins large tract of land **\$100K**. Call Karen 828.216.3998

HOWLAND RD, ASHEVILLE 2.07 acres. Spectacular views located off Town Mountain Road in Peach Knob Meadows Subdivision. Just minutes to downtown and the Blue Ridge Parkway, located off Town Mountain Rd. **\$220K**

NEARLY ONE MOSTLY LEVEL ACRE shared well, short term rentals allowed, prime Cane Creek Valley location. Land with this type of topography won't last long. Call Karen today. 828.216.3998. **\$125K**

GORGEOUS PRISTINE 6-ACRE PARCEL w/ potential for long-range views thru Mine Hole Gap. Includes part of a level knoll; had been perked for a 3BR home. Call Karen 828.216.3998 **\$125K**

INVESTOR ALERT! PRICE REDUCED to compensate for development costs. Paved access through the rolling portion of lot. Actual home site is sloping and has view potential. **\$15K** Owner financing considered. Call Karen 828.216.3998

THINKING OF SELLING YOUR HOME?

Now is the time to prepare your home for sale. Small projects can bring more money for your home. Call one of our expert agents today to find out what you should do to be ready to sell now! **CALL TODAY! 628-3088**



PRICE REDUCED!
FAIRVIEW PRIVATE HOME 3BR2BA, 2,359 SF, 1+ AC. Open floor plan on main. Updated BA on main, wood floors, newer fridge. No HOA, no restricts, only \$90/qtr rd maint agreement. **\$457K**



INVESTOR PROPERTY
INVESTOR HOME/PROPERTY, 3 BR/1BA, 2.5 acres. Great bones, needs roof, cosmetic fixes. Beautiful property w/ stream & lvl land. Could split into sev lots. City H20 runs in front. **\$349K**



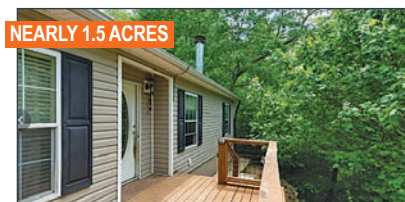
PROPOSED BUILD
DON'T MISS OUT! Prime loc mins from DT AVL & the BRP. Off Town Mountain Rd, one of the most scenic roads in AVL, 2+ acre lot w/ 2 home sites. **\$1.5M** Call Sophia 828-691-0311



NEW LISTING!
GENERAL EDDY TRAIL, TRYON. 3BR/3BA custom log cabin. Built in 1994 w/ the finest materials & craftsmanship. Impeccably maintained by orig owners on 5.82-acres **\$599K**



PRICE REDUCED!
38 ACRES IN FAIRVIEW Private, lush with views of Echo Lake and mtns. Front of property is level to gently sloping w/ easy access off Old Fort Rd. **\$395K REDUCED! NOW \$350K**



NEARLY 1.5 ACRES
NEWER 2BR2BA DOUBLEWIDE ON 1.44 ACRES in Fairview/Garren Creek. Potential bldg site for addl home or wkshop w/easy access from Marcellina/Garren Creek **\$240K**

2021 TOP AGENT OF THE YEAR

Call Allen!



329-8400

ALLEN HELMICK, GRI

FAIRVIEW REALTOR FOR 38 YEARS

SOLD hundreds of homes
SOLD thousands of acres
SOLD numerous commercial



FIVE ACRES! more land available **\$1,000,000** MLS# 3912632



30 ACRES ON 5 LANE HWY 74A, water, sewer, gas, electric, cable w adorable cottage & acres of gardens **\$1,950,000** MLS# 388748



10 ACRES ON 5 LANE HWY 74A, 900' on Hwy74A, 60' on Cedar Mountain Rd, 300' on Atherton. Water, sewer, gas, electric, cable on property, 3 miles to I-40. Commercial or multi-family w zoning variance. **\$950,000.** MLS# 3644935.



SOLD IN 3 DAYS! 65 Crossings Circle, Fairview **\$869,000**

Albertus Burgin Fortune Sr.

Albertus Burgin Fortune Sr was born in the North Fork section of the Swannanoa Valley of Buncombe County, NC, on March 7, 1845. He was the son of Fletcher Fortune (1799–1874) and Jane Allison (1803–1880). He attended school in the Black Mountain section of Buncombe County.

He joined the Confederate Army at age 17. During the Civil War, he was a Sergeant in Company C, 16th Battalion. After the war, he attend Stephen Lee's school in the Chunns Cove section of Buncombe County. He then studied law under Judge Bailey and became an attorney.

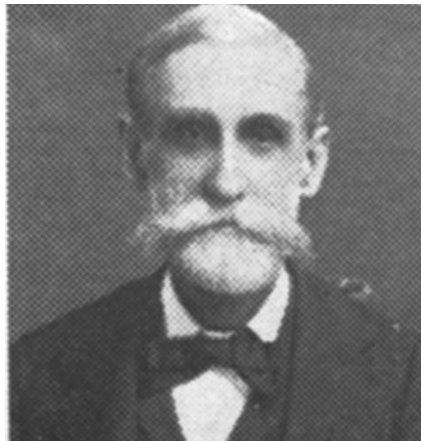
Fortune went to work on the Western North Carolina Railroad in Swannanoa and became a contractor on the Asheville and Spartanburg Railroad.

He married Leah Adeline Burgin on March 10, 1870. She was from Swannanoa and was the daughter of John Burgin. Leah Fortune died on December 8, 1877. Albertus then married Mary Johnson Patton on December 10, 1878. She was born on April 14, 1858 and died on December 18, 1946.

Fortune built a section of railroad from Buena Vista (which is just south of Biltmore) to Fletcher. He also built a section of railroad from Luther to Turnpike (I believe this is in the Candler area). He then went to Virginia and helped build the railroad from Martinsville to Patrick Courthouse.

He then worked for the Seaboard Airline Railroad in Georgia. He was said to have constructed the belt line around Atlanta.

Fortune came back to Asheville and went to work for Buncombe County Treasurer E. W. Patton. He then ran for



Buncombe County Register of Deeds in 1902 and served two terms in that office. He was re-elected for a third term as Register of Deeds but only served three weeks before dying on December 27, 1906.

He is buried in Riverside Cemetery in Asheville. As a member of the Mount Herman Lodge of Masons, he was buried with Masonic honors. The Asheville Newspaper said, "His life was a wholesome example and his death is a source of grief

to his many close friends, his political associates and the county in whose public life he was a conspicuous character."

Albertus and Leah Adeline Fortune had four children.

1. **Albertus Burgin Fortune Jr.** was born in 1871.
2. **Elizabeth "Lizzie" Fortune** was born in 1873 and died in 1961. She married John George Phillips (1858–1944). Both are buried in Riverside Cemetery.
3. **George D. Fortune** was born in 1875.
4. **Adeline Fortune** was born in 1877.

Albertus and Mary Johnson Patton Fortune had four children.

5. **Cornelia J. Fortune** was born on November 24, 1879, and died on November 25, 1969. She married William Ernest Shuford (March 26, 1870–June 5, 1941). Both are buried in Riverside Cemetery.
6. **Albertus Fortune Jr.** was born on March 27, 1881, and died on March 15, 1926. He is buried Riverside Cemetery.
7. **Alice Fortune** was born on April 15, 1883, and died on January 18, 1962. She married Thurman Gail Baird Sr. (February 2, 1873–September 22, 1933). Both are buried in Riverside Cemetery.
8. **Bessie Fortune** was born in 1886.

Bruce Whitaker documents Fairview-area genealogy. To get in touch with him, contact the Crier at editor@fairviewtowncrier.com or 828-771-6983 (call/text).

IMPORTANT COMMUNITY CONTACTS

PUBLIC SERVICE

Sheriff's Department 250-6670
 Fairview Fire Department 628-2001
 Garren Creek Fire Department 669-0024
 Gerton Fire & Rescue 290-6194
 Reynolds Fire Department 298-5200

CALL 911 FOR EMERGENCIES

SCHOOLS

A.C. Reynolds High 298-2500
 A.C. Reynolds Middle 298-7484
 Cane Creek Middle 628-0824
 Fairview Elementary 628-2732

COMMUNITY CENTERS

Cane Creek 768-2218
 Fairview 338-9005
 Spring Mountain 545-9092
 Upper Hickory Nut Gorge 625-0264

POST OFFICES

Fairview Post Office 628-7838
 Fletcher Post Office 684-6376
 Gerton Post Office 625-4080

MISCELLANEOUS

Fairview Business Association 585-7414
 Fairview Library 250-6484
 Food for Fairview 628-4322
 Meals on Wheels 253-5286
 Root Cause Farm 628-3688

SEPT | PHYSICAL THERAPY

Better movement for better LIFE

LOCALLY OWNED AND OPERATED!

specializing in: shoulder pain • low back pain • balance • pre & post - op care • return to sport

SEPT | PHYSICAL THERAPY 338-0707
 1356 Charlotte Highway
 (across from Fairview Elementary School)
 WWW.SEPTPHYSICALTHERAPY.COM

Serving Fairview, Fletcher, Gerton and Reynolds
 All referrals and insurances welcome
WALK-INS WELCOME!



Meghen Merrill, PT
 Primary Provider

Grey Beard REALTY

Eastwood Village
across from Ingles
Highway 74

Serving the community since 1999

828.298.1540
greybeardrealty.com

FEATURED LISTING



3 BR | 2.5 BA | 2,491 SF | 7.61 ACRES

Arden

548 Avery Creek Road

Surrounded by nature, this charming log cabin in the woods offers unparalleled tranquility and privacy! Originally a hunting cabin, it has been updated with all the comforts of home but has kept its original character and charm, as seen in its exposed logs and original pine floors. Upstairs features a living room, a kitchen, 2 bedrooms, 2 updated bathrooms, and an enclosed porch. The lower level features a den with a half bath, a bedroom, a washer/dryer, and ample storage space. Outside offers a large deck, a fenced area, and a two-car carport with storage for outdoor equipment.



ACTIVE LISTING Chip Craig
\$729,000 | MLS ID 4023391

ACTIVE LISTINGS

Black Mountain



3 BR | 2.5 BA | 2,875 SF

3148 Sand Branch Road
\$899,000 | MLS 4035857

Fairview



3 BR | 2 BA | 1,830 SF

34 Weeping Cherry Forest Lane
\$389,900 | MLS 3932226

Black Mountain



3 BR | 3.5 BA | 2,870 SF

610 Creston Road
\$1,200,000 | MLS 4030423

FAIRVIEW REAL ESTATE SALES MAY 2023

LISTING PRICE	NUMBER SOLD	AVERAGE SALE PRICE	AVERAGE DAYS ON MKT	AVERAGE % LIST-SALE PRICE
UNDER \$300K	1	\$140K	6	101
\$300K-599K	4	\$448K	13	99
\$600K-899K	2	\$752K	11.5	96.5
\$900K+	3	\$1.1M	6.5	106.5

Data is sourced from Canopy MLS and compiled by Greybeard Realty Broker Sara McGee.

Agent Spotlight KATHY BEGLEY



“
Kathy was a stellar realtor who truly put my best interests as a buyer first. She was honest, knowledgeable about the housing market, patient, and all around a great person. I would highly recommend her!

—Janet Kopenhaver

”

CONTACT KATHY TODAY!
828-712-7930 | kathy@greybeardrealty.com

Improving Predictions and Wetter Weather

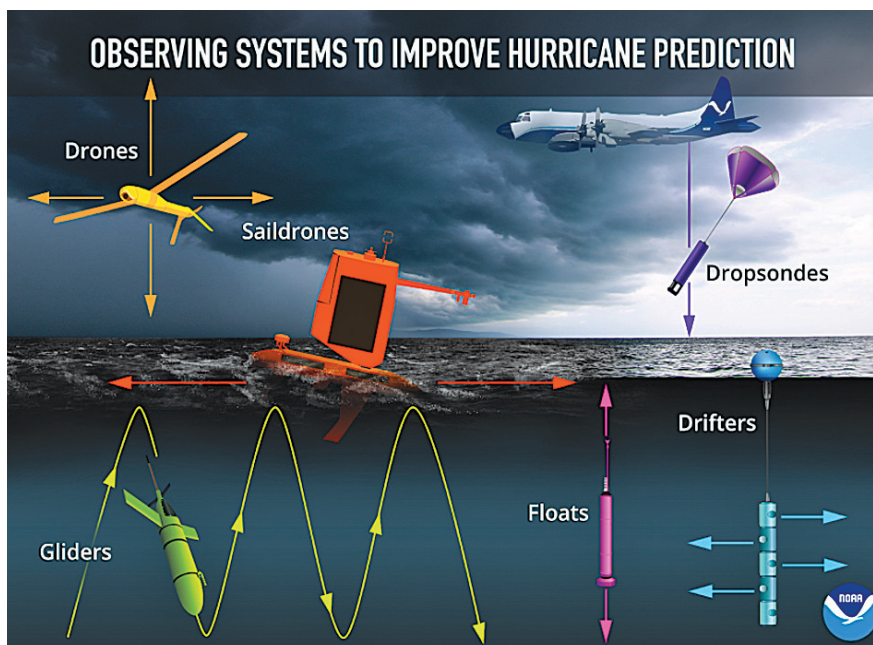
It'll start with a little something different this month, as attention turns to the tropics. Researchers at NOAA are always seeking new techniques to advance hurricane forecasts to better protect life and property.

In preparation for the upcoming 2023 hurricane season, which began on June 1, here are five ways that NOAA researchers are improving hurricane track and intensity forecasts:

- **Developing NOAA's next-generation tropical cyclone model**
- **Co-locating ocean observing instruments**
- **Improving small unmanned aircraft systems**
- **Developing new instruments**
- **Flying aircraft further east to study how storms begin**

You can read about all of these at the link provided below, but I want to focus on the second point: co-locating ocean observing instruments. In 2022, for the first time, NOAA deployed underwater gliders and saildrones in the same area of the Atlantic Ocean to obtain nearly co-located measurements of the upper ocean and air-sea interface. Because of the strong interaction between the ocean and the atmosphere during a hurricane's passage, better representation from multiple sensors in nearly the same area of the ocean and atmosphere in weather models has led to more accurate intensity forecasts. This season, NOAA and its partners will deploy 20 to 30 underwater gliders, 12 unmanned surface vehicles, a small unmanned aircraft system, and numerous traditional expendable sensors such as GPS dropsondes, which are launched from a NOAA hurricane hunter aircraft. (A "sonde" is a device that measures winds, and a dropsonde does so after being dropped from a plane or drone.)

To learn more about the co-located ocean observations from the 2022 hurricane season, visit the NOAA Ocean Observations Viewer to visualize near-real-time data collected from observing systems



throughout the season. Links and more information along with videos and data collection systems working in the eye of the hurricane are available. The website and links are at aoml.noaa.gov/noaa-research-improves-hurricane-forecasts.

NOAA also makes predictions about seasonal hurricane landfalls, which are largely determined by the weather patterns in place as the hurricane approaches, which are only predictable when the storm is within several days of making landfall.

Thunderstorms and Tropical Systems

Closer to home, our precipitation over the next several months will generally come from two sources: thunderstorms and tropical systems. The jet stream mostly lifts into Canada for the summer, and our rainfall is mainly from convective showers and thunderstorms, not cold fronts. Showers and thunderstorms develop when the air is unstable, which is caused when there is a layer of warm air near the ground hovering underneath a layer of much colder air. Storms are more common in the summer when the days are longer, as there is more sunshine and therefore more energy. As the sun heats up the air near the Earth's surface, the air

rises; and as it rises it cools, condenses to create moisture, and forms a cloud. If conditions are right, the cloud will continue to build into a cumulonimbus cloud, typically reaching a height of 25,000 feet. Generally, these storms wax and wane over the summer, and our WNC terrain affects them greatly.

Tropical systems from the Atlantic and Gulf can affect us anytime from June

QUESTION of the MONTH



What is the definition of a muggy day, and why do so many of them occur in August?

Find out in next month's Weather Wonder!

through November, with a seasonal peak in early September.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

WEATHER WONDER

Can you actually fry an egg on a hot sidewalk?

Yes, you can—under the right conditions, such as in July 2013 when it reached 127 in Death Valley. A quote from the National Park Service: "An employee's posting of frying an egg in a pan in Death Valley was intended to demonstrate how hot it can get there, with the recommendation that if you do this, use a pan or tin foil and properly dispose of the contents. However, the Death Valley National Park maintenance crew has been busy cleaning up eggs cracked directly on the sidewalk, including egg cartons and shells strewn across the parking lot. This is your national park, please put trash in the garbage or recycle bins provided and don't crack eggs on the sidewalks or the Salt Playa at Badwater." And that's no yoke! It's eggs-traordinary.

OAK GROVE BAPTIST CHURCH

Jesus My Savior and Friend

Operation Auca

Monday, July 17–Thursday, July 20

6:30–8 pm

Preschool–5th grade

Register Today!

Call Lynn Carter
828.776.5600

Snacks will be provided

1552 CANE CREEK ROAD, FLETCHER

oakgroveministries.org

oakgroveministries@gmail.com

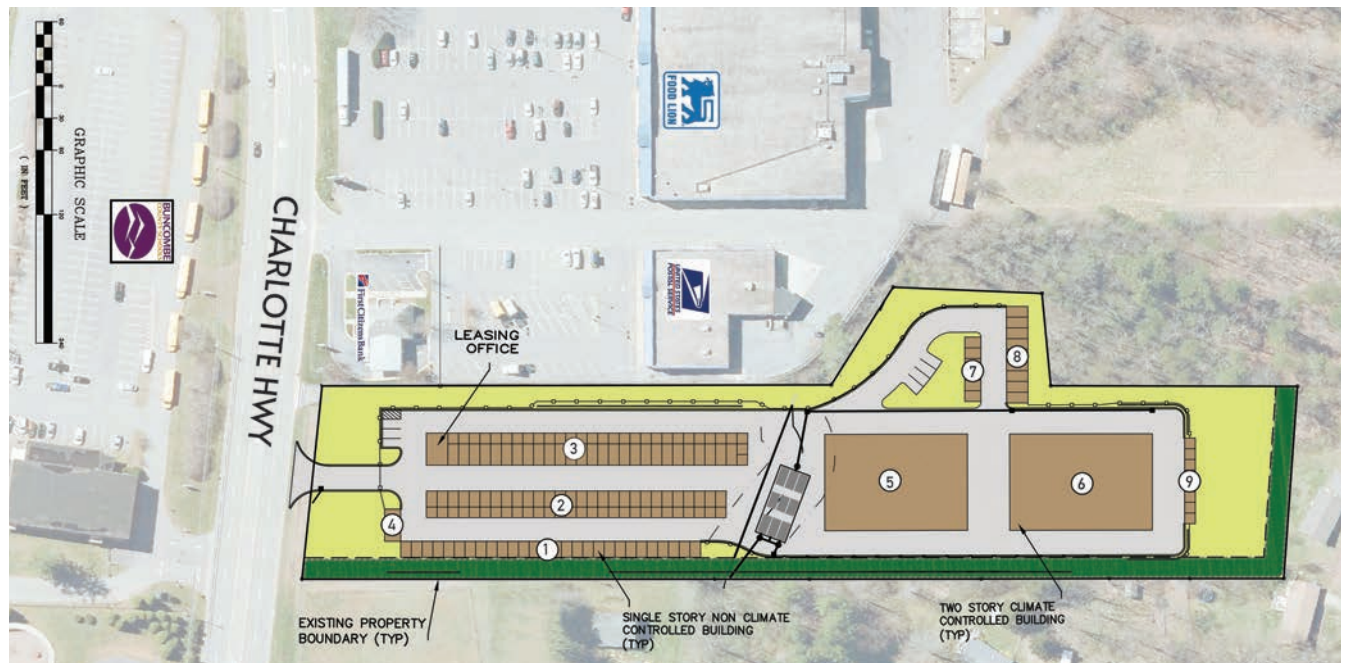
New Fairview Storage Facility Opening this Fall

On a drive down Charlotte Highway, you will pass by many new construction and building sites, but the one adjacent to First Citizens Bank and the Post Office has been much watched. It is the site of the new Fairview mini storage facility (site plan shown at bottom). The *Crier* got in contact with Brian Miller, a partner in the real estate firm overseeing the project and got some details to share with the community.

While just about everyone in Fairview was sad to see the old 1927 farmhouse demolished, it turns out the new owners were too. Apparently, they tried to literally give the historical home away in order to preserve it, but the height and width of the building made the cost of moving it prohibitive. And so, like many beloved things of the past, time was forced to move on.

Locally Owned and Operated

The good news is that the storage facility is locally owned and operated. The property manager, Kevin Leebrick, oversees multiple facilities in the area, and the largest investor/partner in the project is a nearby neighbor. The site plan shown here provides a simplified overview of the final layout of the business. Phase 1 of the Class "A" self-storage facility will include Buildings 1-5 and will be finished later this year. The remaining buildings will be built



Buildings 1 through 5, indicated with circled numbers above, will be finished later this year.

at a future date. Phase 1 will include both climate-controlled and non-climate-controlled buildings with various unit sizes and drive-up options. The property will include a state-of-the-art security system, including cameras, fencing and an electronic gate with keypad access. The owners expect to open the leasing office

in the third quarter of this year. When speaking to Miller, he emphasized that "everyone is excited to be in Fairview and [he and everyone involved] looks forward to serving the community, as well as being a part of it."

For pre-leasing details, feel free to email Leebrick at arep@mystorageops.com.



The old 1927 family home that just couldn't be saved.

GOT JUNK?



FILL OUR DUMPSTER— 15-Yard Dumpster
WE'LL COME PICK IT UP! for Rent Locally



Bahnon Lovelace

CALL BAHNISON

828.242.2410

OTHER SERVICES AVAILABLE

GOT A ROUGH PATCH?



WE'LL SMOOTH IT OVER—
OR MOVE IT!

- Driveway Grading
- Pothole Filling
- Dirt, Gravel, Mulch Moving

SIGNS FOR HOPE



379 Old Charlotte Highway, Fairview NC - 828-222-2180

Support Local!

100% of proceeds directly support Signs For Hope



Come Visit Us

Tuesday- Saturday

9:30am-4:30pm

FOLLOW US ON SOCIAL



@signsforhope

@sfhmarketplace



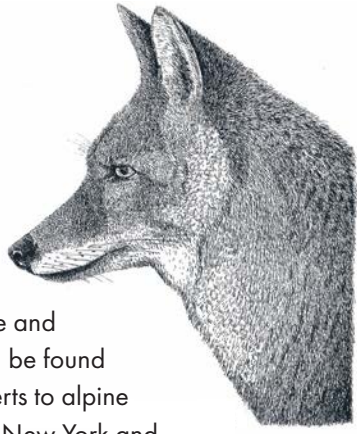
Signs for Hope

Signs for Hope Marketplace

LOCAL CRITTERS
LEE PANTAS

COYOTE

FUN FACTS



Lee James Pantas

- Coyotes are one of the most adaptable and cunning canines on the planet and can be found in a wide variety of habitats, from deserts to alpine meadows, and even in large cities like New York and Los Angeles.
- They are social animals and prefer to live and hunt in packs.
- Coyote howls, referred to by scientists as group yip-howls, are short howls that rise and fall in pitch, punctuated with staccato yips, yaps, and barks. These group yip-howls are often mistaken for a large pack of animals all raising their voices at once. Because of the variety of sounds produced by each coyote, and the way sound is distorted as it passes through the environment, two coyotes can sound like six to eight animals.
- When walking or running, the coyote carries its tail downwards rather than horizontally as wolves do.
- They are very strong swimmers.
- Coyotes can and do breed with wolves and dogs.
- Coyotes raise their pups in dens or holes in the ground.

Lee Pantas is an author and artist who's lived in Fairview for more than 30 years. From time to time, we share illustrations and animal facts from his book Wild & Furry Animals of the Southern Appalachian Mountains (available on Amazon).

FOOD FOR FAIRVIEW JEFF COLE

FES 3rd Graders Get Pizza Prize

The third graders at Fairview Elementary School (FES) finally got their reward for winning the food donation drive back in October/November 2022. The donation drive at FES is the biggest donation event of the year for Food For Fairview.



Last month, 20 pizzas were delivered to the seven classrooms of the 126 third graders. The event was held in each individual classroom. As the executive director of Food For Fairview, I went to each classroom to personally thank the students, their parents, the teachers and staff, and to encourage them for next year. With third grade currently the largest class at FES, we expect to be doing this again next school year for them.

A thank you also goes out to all the teachers, staff, principal Dr. Angie Jackson and all the Food For Fairview volunteers.

Donated Items Per Grade

Grade	M	Tu	W	Th	F	Total
K	2	24	7	67	269	369
1	13	5	0	47	174	239
2	0	16	48	75	189	328
3	26	56	24	74	342	522
4	0	0	35	52	89	176
5	53	3	52	57	187	352
Daily total	94	104	166	372	1,250	1,986

Three Pantry Donation Wagon Locations

- **First Bank**
5 Olde Eastwood Village Boulevard, Asheville.
- **Americare Pharmacy**
1356 Charlotte Highway, Fairview.
- **Re.Imagine Gallery & Studios**
15 Spivey Drive, Fairview (open Friday to Sunday).

Jeff Cole is the executive director of Food For Fairview, which is a tax-exempt 501©(3) corporation. For more information, call 628-4322 or go to foodforfairview.org.

EMMA'S GROVE BAPTIST CHURCH



JULY 10TH-14TH

6-8:30 PM

Pre-K-Middle School

417 Emma's Grove Rd,
Fletcher
1.5 miles off Charlotte Hwy



828.628.1953
emmasgrovechurch.org

NOW OFFERING BUSH HOGGING!

FAIRVIEW LANDSCAPING

PLUS

- retaining walls
 - storm debris cleanup
 - drainage issues
 - clearing and grading
 - gravel road repair
 - backhoe service
- ...and much more!



Over 30 Years of Honest and Reliable Experience!

fairviewlandscaping.com
828 628-4080

SUFFERING FROM FOOT PAIN?

- Plantar Fasciitis • Shin Splints • Heel Spurs
- Metatarsalgia • Ankle Arthritis • Morton's Neuroma
- Achilles Tendonitis • Neuropathy



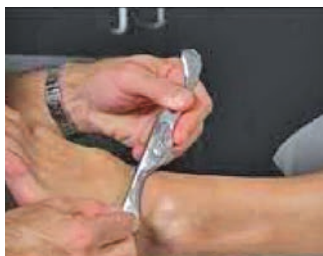
HELPING WITH REGENERATIVE THERAPY PROTOCOLS

THESE ARE PRO SPORTS LOCKER ROOM THERAPIES!

REGENERATIVE THERAPIES THAT HEAL!



Laser Tissue Repair Therapy-Class 4 Laser



Scar Tissue Repair-Graston



Shockwave Repair Therapy



Neuromuscular Rehab (Trigenics)



Tissue PEMF Repair Therapy



Movement Therapy Manipulation

OUR PATIENTS SAY...

"My brother is a patient of Dr. Reilly's and suggested I give him a try when I started having trouble with Achilles tendonitis and bone spurs. I had already gone to one of the best orthopedic doctors in town and all he had to offer me in the way of treatment was foot surgery, which would leave me incapacitated for months. I decided to take my brother's advice — I am so glad I did! After getting Graston, Trigenics, and laser therapy, I feel great. I can now say NO! to debilitating foot surgery." —Nancy F.

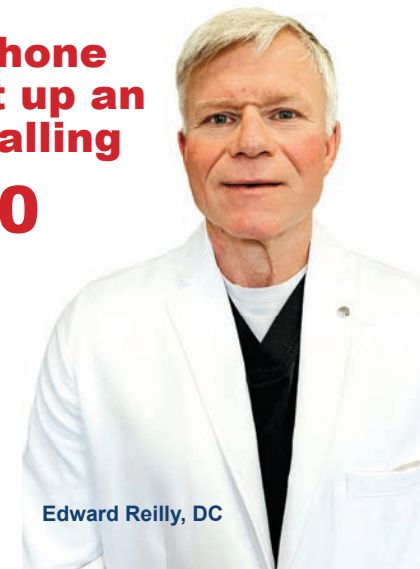
"I'd been to several doctors and massage therapists, none of whom could give me answers. A friend who was a patient of Dr. Reilly's recommended I give him a try. Dr. Reilly diagnosed me with plantar fasciitis and heel spurs and recommended Graston Therapy and Class 4 laser treatment. After only a week or so, I began to feel better. Great news, especially since I'd been seeking relief for nearly two years!" —Mark H.

"I had severe pain in my heels and the bottom of my feet. I'd been dealing with it for years with no end in sight. Dr. Reilly diagnosed me with heel spurs, Morton's neuroma, and plantar fasciitis. After only a month of Graston and laser therapies, I am much better, much improved. The staff is great! You cannot go wrong by coming here!" —Greg S.

"I came in two years ago with foot pain. I had gone to a podiatrist who put me in a boot. It was awful! I heard about Dr. Reilly and decided to give him a try. He diagnosed me with plantar fasciitis and a bone spur. After about a dozen treatments, the pain was gone! When I was diagnosed this year with plantar fasciitis in my other foot, I knew just where to go! I am pain-free after only a few sessions. Come to Dr. Reilly for foot pain relief!" —Joe P.

Call for a FREE phone consultation or set up an appointment by calling

628-7800



Edward Reilly, DC



2 Fairview Hills Drive, Fairview 628-7800 fairviewdc.com

Easy Organizing Before Your Vacation

Summer is here, and many of us will be traveling for some much-needed vacation time. Are you prepared to pack like a pro? One of the best things I ever did was invest in packing cubes, which are zippered bags that allow you to pack like items together. They are the best way I've found to keep your luggage organized while traveling.

By using these cubes, you can easily find and identify what you're looking for without having to rummage through your entire bag. I would suggest buying bags that are breathable and see-through. Or you can label the bags so you know what is in them. All of the items stay folded and in place, and the cubes make traveling easy by allowing you to lift them out of your bag, place them in drawers, and then put them back in your luggage without having to fold and repack.

If you are a heavy packer, you can roll your items (such as slacks) and place them in the bags. They will not wrinkle and will be easy to see when the bag is opened. You can pack the cubes by type of clothing (such as pants and shorts, underwear, etc.) or by individual—for baby, child, or parent. Don't forget to bring a laundry bag, pillowcase or use one of the cubes to separate and store dirty laundry in your luggage.

Stay Neutral

When selecting the clothing you will take, try to stick to neutrals. If you bring a different outfit for every day of the trip, your luggage will burst with the variety of choices you packed. With neutrals, you can mix and match several tops and bottoms.

If you are flying to a destination, wear the heaviest/bulky items, like sneakers or a heavy coat, rather than pack them. These days, many carriers charge a hefty price for additional and overweight luggage. Take a small carry-on with you. Place important documents such as passports, reservations, jewelry and medicine in this bag and keep it near you at all times. Make sure you have a copy of these documents in a separate piece of luggage or backed up on your phone or computer.

If you plan to drive, take your vehicle in for a thorough pre-vacation inspection. Check the tires and all fluid levels. Inspect windshield wipers, hoses and belts for



Level up your packing game with clear packing cubes. Traveling with children? Pack clothing for each child in their own cube.

wear. Don't forget an emergency kit that includes jumper cables, flares, a first aid kit and a flashlight. Place a blanket in the trunk in the event that you need to stay in your car for an extended period of time.

Vacation Basics

- **Let friends or family know when and where you are going.** Take a few minutes to write a brief itinerary to leave with them in the event they need to reach you in an emergency.
- **Let credit card companies know in advance if you will be traveling out of state or country** so they are aware that you might be charging items

in places you wouldn't ordinarily travel to. You don't want to encounter problems when using your credit cards.

- **Before you leave your house, hide your valuables.** Move jewelry to a secure location in the event the house is burglarized.

By taking the suggestions that are listed above and making time to organize and plan, your vacation will be off to a great start. Go enjoy!

Diana Soll is a Certified Professional Organizer living in Fairview. For more information, you can email her at diana@grandsolutions.net.



1 IN 4 HOUSEHOLDS HAS A SMALL BUSINESS

If you're that one, Progressive can help.

CONTRACTORS • RETAIL
WHOLESALE • OFFICES

PROGRESSIVE
COMMERCIAL

ESCO
insurance agency
Family owned and operated
since 1960



CALL JOANNE!

828.231.6577

Learn more at
ESCO1960.COM

At Unified Therapies,
our focus is on **you.**



PHYSICAL
THERAPY

OCCUPATIONAL
THERAPY

SPEECH
LANGUAGE
PATHOLOGY

MENTAL
HEALTH
SERVICES



Allison Fender, Owner

Our team works together to identify the obstacles our clients face. We customize treatment plans to increase resilience and independence, providing new hope and a greater quality of life.

NO REFERRAL NEEDED!

Contact us today to learn how we can help you!

**UNIFIED
THERAPIES**
Physical & Mental Balance

145 Charlotte Highway, Suite 40, Asheville
(828) 414-2368 unifiedtherapies.com

Speed, Power, Torque... Oh, My!

Disc golf is a relatively new and upcoming sport. It requires strength, flexibility, agility and power. The throwing motion is a very explosive athletic move that places high demands on the body. Progressive injuries can occur over time if the sport is not performed properly. Physical training in disc golf is often overlooked, but it's an essential way to prepare your body and take your game to the next level.

Physical training offers many benefits, including increased throwing distance, better endurance that will allow you to play longer, and better concentration that will help decrease the number of strokes off of your average score. Practicing is the best way to become a better player, but getting your body in the proper physical condition is beneficial to prolonging your playing career.

The shoulders, upper back and arms generate a lot of torque for throwing a distance shot. Of those, the shoulders are very vulnerable to injury if not properly conditioned. Stretching and strengthening the deltoids (front, middle, and rear muscles) are the most important exercises. Make sure you complete an exercise for each part of the deltoid to balance the shoulder, but the rear and middle deltoids are mainly used

in throwing the disc. The upper back muscles are part of a large group of muscles that generate power. The arm offers the most speed during the throwing motion, primarily utilizing the triceps throughout the pulling movement across the chest to the final release of the disc.

The shoulders are critically important because of how often they are worked during each disc golf round. If you are playing an 18 hole, par three course, you will use your shoulders to throw the disc a minimum of 36 to 54 times. That means you are putting a lot of strain on your shoulders.

The core and lower back help generate speed when throwing and allow for great flexibility throughout the body. The core joins the upper and lower back, enabling the torso to have a smooth, fluid rotation while providing good overall body stabilization. The core is important for disc golf because throwing power stems from the rotation of the core. Strong abdominal muscles will protect your spine, upper and lower back while helping maintain their proper alignment to reduce the chance of possible injury. The stronger the core, the better you will be able to throw your disc. The legs and hips generate force by driving the lower body forward while also stabilizing the upper body. The legs and

hips are responsible for a majority of the power and torque produced during the throwing motion.

Most Common Injuries

Elbow pain is the most common disc golf injury, especially with forehand throwers. It is usually a result of trying to "arm" the throw instead of flicking with your wrist, placing unnecessary stress on your tendons. Improving the flexibility of wrist muscles can improve flicking the wrist to help decrease the risk of elbow pain. Shoulder injuries can occur if new players attempt to throw hard with poor form. Usually, the pain builds up over time as the player puts more and more undue stress on the rotator cuff, subacromial bursae and/or labrum. Learning proper form and what the disc is meant to do can greatly reduce the risk of shoulder injuries.

The third most common disc golf injury is back pain, which is typically caused by the thrower overextending on the back reach while underutilizing their hips, causing undue stress on the spine. Back pain can also occur if the opposing side is not worked and the throwing side is overdeveloped, increasing muscle tightness.

Knee and ankle pain is mostly a result of either a preexisting condition or poor foot placement. Make sure to avoid throwing near the very end of the tee pad, as doing so can cause the player to accidentally step off and injure themselves. Another

common culprit of pain is the lack of follow through on a throw. Not completing the throwing motion can harm the hips, ankles and knee joints.

The best way to prevent injuries while playing disc golf is to throw with the proper technique. First, find a professional movement specialist or a physical therapist with disc golf experience to analyze your form to determine what is occurring to create the pain. After your form is corrected, perform exercises that will strengthen your throwing muscles as well as the other side of the side of the body to create balance for normal functional mobility and activities of daily living.

It is very important to maintain the body in balance to decrease the risk of prolonged malalignment, such as spinal rotation or scoliosis due to overactivation of one side of the body. Stretching daily throughout the body will help maintain a good range of motion in all joints to allow for more throwing and follow through movement.

Last but not least, go have fun!



Allison Fender is the co-owner of Unified Therapies, located at 145 Charlotte Highway, Suite 40, Asheville. She has a Doctorate of Science in

Physical Therapy with a concentration in Neurology. For more information, go to unifiedtherapies.com or call 414-2368.

Edward Jones
> edwardjones.com | Member SIPC



Your IRA shouldn't stop working when you do.



Stephen M Herbert, ChFC®, AAMST™
Financial Advisor

1185 Charlotte Highway Suite I
Fairview, NC 28730
828-628-1546

MKT-5894L-A-A1 AECSPAD



Count on us for the *doggone* cleanest rugs!

DROP OFF YOUR RUGS FOR DEEP CLEANING TODAY!

CALL NOW FOR A **FREE** ESTIMATE!

STEAM MASTER

CARPET & UPHOLSTERY CLEANING

PICKUP SERVICE AVAILABLE

828-628-9495 | 3082 Cane Creek Rd | www.steammasterwnc.com

Now Trending

It's not uncommon for celebrities and social media influencers to become an overnight sensation in our age of digital sharing and trending. If you are like me, you probably learned more about submarines than you cared to ever know due to a recent event.

If you know what I'm talking about, then you are probably also familiar with a drug called Ozempic, whose fame soared to great heights after multiple celebrities touted its weight loss benefits on the red carpet in February 2023. Ozempic is a relatively newer diabetes medication that is seeing immense rates of off-label use for weight loss in people with and without diabetes.

The prescription drug, also known as semaglutide, works as an agonist (or activator) for GLP-1 receptors in the brain. These receptors are located in the hypothalamus, a tiny midline organ, located deep in the cerebrum, that helps our brain control every organ system of the body. When a GLP-1 receptor is activated, it increases the sense of "fullness" and, thus, suppresses appetite. Semaglutide also signals the pancreas to secrete more insulin and the stomach to slow down the rate of emptying. This helps our body feel fuller with less food. Put simply, it reduces our hunger signals, making it easier for those with

weight troubles to lose weight by taking in fewer calories.

Weight Loss and the Brain

Being overweight or obese is a well-documented risk factor for a number of health conditions affecting the brain, including but not limited to cancer, cognitive decline and mental health disorders. The ability of semaglutide to help people lose weight seems to be effective, according to available clinical data. It would stand to reason that this medication is actually good for the brain and health in general.

However, there is a great difference between a healthy weight and a beach body weight for most people. Our brain is highly sensitive to changes in blood glucose and energy production. Too few calories for too long can be just as, if not more, detrimental to brain health as being obese. In my opinion, most of the off-label Ozempic users have the beach body in mind over the healthy brain body.

Additionally, like most medications, this weight loss often comes with side effects: nausea, fatigue, brain fog, muscle loss and weakening and diarrhea/constipation, among others. Serious side effects can include kidney damage, severe dehydration due to diarrhea and vomiting, pancreatitis and hypoglycemia (low blood sugar). While some of these side effects are more

documented than others, social media forums are seeing a large number of claimed Ozempic side effects ranging from sleeplessness to brain fog to bizarre dreams.

Brain Control of Hunger and Satiety

The effects of GLP-1 on the hypothalamus represents just one of the three pathways in the brain that deal with hunger and satiety. The other two ways the brain understands whether we want to eat or not is through our dopamine reward system (aka, the hedonistic pathway) and our executive (or cognitive) system, which involves higher brain centers like the prefrontal cortex. The hedonistic pathway is what overrides your fullness and logic to eat more junk food, candy, dessert—the type of food choices you make in the middle of the night standing in front of the fridge. The executive pathway is essentially our "mature" brain that weighs the consequences of our food choices. This is the voice inside your head that says, "I could eat these cookies, but then I'll have heartburn and feel bad about myself, so I'm going to eat something else instead."

The brain is a complicated web of connections. These hunger systems interact with each other in complex ways that are not fully understood within the scientific community. For example, it's been observed that semaglutide users have reduced cravings, showing effects on the hedonistic pathway. The neurochemistry of hunger is something we are still learning about.

Many experts in clinical neuroscience have been saying for years that being overweight or obese is more likely due to the neurological circuitry of the brain than to inborn metabolism errors. The reported neurological side effects from the off-label use of this new diabetes drug support that case, in my opinion.

As companies and businesses scramble to capitalize on this trendy use for a diabetes medication, this doctor recommends that prospective users proceed with caution.

Non-invasive, FDA-approved treatments for fat loss are available. For example, the Zerona Z6 laser utilizes concentrated sources of light to help shrink fat cells, normalizing overactive inflammatory processes and improving the health of our adipose tissue. This treatment is proven to be safe and effective with an extremely low rate of adverse events or reactions. In cases where those pounds don't seem to want to shed, I recommend looking to existing, proven treatments over experimental uses of prescription medications, from a safety and whole health perspective.



Dr. Henry Zaremba is an associate and lead clinician at APEX Brain Centers. He is a board-certified chiropractic neurologist. Visit ApexBrainCenters.com or call 708-5274.

FREE!
COOKING CLASS



Join us for a PLANT-BASED meal featuring Thai cuisine—
Summer Rolls, Red Curry, Papaya Salad, and more!

WHEN | July 20th, 2023 at 6PM

WHERE | Fairview SDA Church
57 Cane Creek Cir., Fairview, NC 28730

CALL FOR MORE INFO | 828. 577. 5822

A *free* monthly cooking class, every third Thursday
of the month.





STROM & TAYLOR

ATTORNEYS AT LAW

DISABILITY • CIVIL LITIGATION
WORKERS' COMPENSATION

ASHEVILLE

190 Charlotte Hwy
Asheville, NC 28803
828.296.7550

WAYNESVILLE

95 Depot Street
Waynesville, NC 28786
828.452.5801

wncjustice.com

Watch Out for Online Fraud

By Ellen Westbrook

It happened to me! I logged into my account for an online store and saw two orders that had just been placed and were being shipped to a person and address I didn't recognize. Suddenly, I realized someone had my login information for the online store as well as my credit card. I called the credit card company and they canceled my card and started an investigation. I also changed my password for the online store.

Fraudsters can gain access to your credit cards, debit cards, bank accounts and financial services like PayPal. They may also commit identity theft by opening bank accounts and credit cards in your name, using your health insurance to receive medical care, and even claiming your tax return if you haven't filed.

Fraud and scams are on the rise, particularly online. Following is some useful information on warning signs, prevention strategies and who to contact if you become a victim.

To prevent others from getting access to your online accounts, use strong passwords and don't share them with anyone. Microsoft recommends that passwords should: 1) be at least 12 characters long; 2) include a mix of uppercase and lowercase letters, numbers and symbols; 3) not include names of a person, pet, character, product or organization; and 4) be significantly different from your previous

passwords. Also, do not use the same password for all your accounts.

To detect fraud as soon as possible, review financial transactions like bank account and credit card activity on a regular basis. If you see transactions or purchases you didn't make, report them immediately to the credit card company or bank.

Some warning signs of identity theft include: 1) bills for items you didn't buy; 2) calls from debt collectors for accounts you didn't open; 3) loan application denials; and 4) accounts you didn't open appearing on your credit report.

If you are a victim of identity theft, contact: 1) the Federal Trade Commission, online at IdentityTheft.gov or 877-438-4338; 2) the three major credit card reporting agencies, and ask them to place fraud alerts and a credit freeze on your accounts; and 3) the fraud department at your credit card issuers, bank and other places you have financial accounts. You should also file a report with your police department.

For more information on fraud and scams, visit the AARP Fraud Watch Network at aarp.org/fraud and the Federal Trade Commission at IdentityTheft.gov and consumer.ftc.gov/features/identity-theft.

Ellen Westbrook is an AARP volunteer who lives in Fletcher. For more info on AARP, go to aarp.org or see the ad on page 2.

Library Tip

Use your library to avoid binge shopping, at least for physical books, ebooks, audiobooks, music, films and periodicals. It might seem like a game, but "ordering" things to download or physically pick up can scratch that itch to get something new—and it's free. And your "shopping" will help increase circulation numbers, maybe leading to more purchases by the library.

Scanning files for malware sounds great for safety, but scanning password-protected zipped files for malware makes you realize that password-protecting files doesn't limit all forms of access. Microsoft seems to now scan zipped files stored in their cloud system for malware, even those files you have put a password on. So far, Google doesn't do that, though they may flag them in Gmail as something they couldn't scan.

Some people make a variety of personal Google accounts and different Gmail addresses for different functions. Now, Google will start deleting inactive accounts, or accounts that have not been logged into for more than two years. If you have such sleeping accounts, you may want to "wake" them up again. This does not apply to organizational accounts, like those for schools, businesses or non-profits.

Microsoft is finally retiring Cortana, the search and answer helper that not many liked. It will be replaced by Bing Chat and

Copilot. Who remembers the infamous Office Clippy from 20+ years ago? That type of assistant is back as Copilot in Office products to help you create documents, but with the promise of AI-powered help. Likely, you will still have to review and edit whatever the assistant creates, but hopefully editing is faster than starting from scratch.

Wintoys is a Windows-tweaking tool to access and use otherwise hidden or hard-to-find features. It also includes options to improve boot-up time, and easier access to many privacy-oriented features that Microsoft hides in Windows 10 and 11. It is free and doesn't seem to collect much, if any, marketing information. You can get it through the Microsoft Store (apps.microsoft.com) by searching for "Wintoys."

Emails always seem to build up in the inbox, so it can be useful to try to "touch" each message once. Open it and respond immediately, then delete it or archive it if you think you will need it later. For those who have many emails to actually respond to, respond immediately to those you can quickly answer and flag or snooze other emails for later when you have time to reply. The real goal is to never feel intimidated by your inbox.



Bill Scobie fixes computers and networks for small businesses and home. Contact him at 628-2354 or bill@scobie.net.

Thanks for your stuff!



We're getting your **Books** **CDs** **DVDs** ready for a **BIG SALE**

Attention Buyers!
Stay tuned for our next sale event!



(828) 628-8250



We are welcoming new patients!

Family Health Center at Cane Creek

1542 Cane Creek Road, Fletcher, NC
Monday-Friday, 8am-5pm



Mike Coladonato, MD | Benjamin Gilmer, MD
Angela Zarrella, FNP | JT LaBruyere, PA | Olivia Caron, PharmD, BCACP, CPP

Invasive Knotweed Have You Tied Up?

If you see one...well, there's never just one. The old adage is true for cockroaches and invasive plant species. Why? Conditions that create openings for one invasive species increase the likelihood of others proliferating as well. Invasive plant species are opportunists with attributes that help them outcompete other plants, but they didn't get here on their own. Humans imported lush plants from outside our native ecosystems, prizing quick-growing root structures for erosion control, ornamental foliage or other characteristics. Invasive plant species are generally found where human habitat occurs—where the land has been disturbed—like a forest that has been logged, farmland cleared or perhaps a lot in an old subdivision standing idle for decades. Invasive plant species are often spread unintentionally by human activity in the landscape. Around my home, I've discovered that Japanese knotweed is yet another component of the invasive plant cocktail I need to remedy.

Japanese knotweed can change the soil's natural pH levels, harming the ability of native plant species to grow and reproduce. This creates a loss of biodiversity. Like other invasive species, it exhibits a significant talent in reproducing. Native to Japan and other parts of Asia, it was introduced to the US in the late 1800s and



has spread to 42 states, as well as eight Canadian provinces.

While kudzu, another invasive species, seems to "eat" everything in its path during the growing season, Japanese knotweed also has an interesting tenacity. It has been found in some places to penetrate concrete walls and the structural foundation of buildings, causing infrastructure damage that requires expensive repairs.

What Does It Look Like?

Japanese knotweed plants can grow up to 15 feet tall. They typically grow in clusters, forming large masses as the

plants reproduce. The stems of these plants are light green, and the leaves are heart-shaped with red lines and purple spots, measuring 3 to 6 inches in width. During the early stages of the plant's life, the stems can grow at a rate of almost an inch per day. A mature Japanese knotweed plant can grow up to four inches per day! Beneath the plant, its roots are dark brown and can penetrate the ground up to 10 feet.

Japanese knotweed seeds are heart-shaped and white, with a small gray spot in the center and a touch of red at the top. They grow among the knotweed's leaves and are often mistaken for blooming flowers. The seeds of a Japanese knotweed plant are called "winged fruit seeds."

What Can We Do About It?

Most people encounter Japanese knotweed infestations due to its reproductive capacity and ability to disrupt ecosystems. There are two solutions to this issue: remove it yourself or seek professional assistance. Given Japanese knotweed's resilience, most do-it-yourself options are ineffective, making professional help the preferred choice. But, if you are a consummate DIYer, below are some techniques to try.

Smother with tarps. Trim the plants down to the ground and cover the patch of Japanese knotweed with a thick, non-canvas tarp. After four and a half to five

years, remove the tarp, and the Japanese knotweed will have died. This method requires time but yields positive results.

Cut it back. This method is a simple way to suppress the growth of Japanese knotweed. Use clippers to cut the knotweed down to the ground. The crucial second step is to dispose of the cut knotweed properly to prevent the unintentional expansion of its territory.

Dig out the roots. This method can be used in combination with the cutting method. Once you have cut the knotweed down, you can see where the stem was coming up out of the ground. This is where the roots are. You have two options. You can pull at the base of the stem and try to pull off the roots that way, or you can use a shovel to dig around the area of the stem and pull the roots up for some of the larger plants whose roots will be longer. Pulling up the roots is a sure way to reduce the number of Japanese knotweeds. Just be sure to bag and dispose of them properly.

For more info, visit invasivespeciesinfo.gov/terrestrial/plants/japanese-knotweed.

Cullen Harvey is a copywriting intern with SAHC. Angela Shepherd is Communications Director of the SAHC in Asheville. She can be reached at 253-0095 ext. 200 or sahc@appalachian.org. Visit Appalachian.org.



Safely Get Rid of Body Fat, Improve Brain Function!



Studies show a connection between belly fat and cognitive decline

The APEX Brain Body Fat Reduction Solution



Baseline Testing



Individual Care Plan



Fat Reduction Treatments

FREE CONSULTATION

with one of our board-certified physicians


CALL TODAY

828.708.5274

APEX BRAIN CENTERS 2 Walden Ridge Dr., Suite 90, Asheville


APEXBRAINCENTERS.com





For your many sides, there's Nationwide.

AUTO | HOME | BUSINESS | LIFE



Chad McKinney
McKinney Insurance Services
 (828) 684-5020
mckinncl@nationwide.com
nationwide.com/mckinneyinsurance

Products underwritten by Nationwide Mutual Insurance Company and Affiliated Companies. Home Office: Columbus, OH 43215. Subject to underwriting guidelines, review, and approval. Availability varies. Nationwide, Nationwide Is On Your Side, and the Nationwide N and Eagle are service marks of Nationwide Mutual Insurance Company. ©2017 Nationwide CPO-0836AO (08/16) 5600390

GINA MICELI

On the Right Track at Whistle Hop

Care to describe Fairview's Gina Miceli? You'll need a dictionary: interior designer by trade, costume connoisseur by choice, musician, history buff, landscaper, ski patroller, party planner, business owner. And then some.

Gina (Donatelli) Miceli commuted to AC Reynolds High School to participate in the celebrated music program there. As a student, she sang in the chorale and in the elite Madrigals chorus. In her spare time, she competed in figure skating competitions.

"It turns out, the skills needed for figure skating transfer to snow skiing," Miceli said. "I learned to ski because Tom was a snowboarder and I wanted to spend time with him."

Tom Miceli and Gina Donatelli met after college and married in 2011. Their daughter, Ilaria (Italian for "cheerful"), came along in 2019. Today they own Whistle Hop Brewing along with Tom's parents, Frank and Lulu Miceli.

"Tom had always enjoyed home brewing," Miceli explained, describing the beginnings of Fairview's Whistle Hop, the award-winning, family-owned brewery stationed on Charlotte Highway next to Angelo's restaurant. "And his parents had these cabooses in their yard . . ."

Yeah, we're going to need to back that up.

Miceli explained further. "In the 90s, as computers took a greater role in train operation, fewer people were needed to run them," she said. From a practical standpoint, the caboose—the bunkhouse for train employees—became less necessary as crews shrunk to only a couple of people. So, the cabooses got scrapped.

"But people love the caboose," Miceli said. "To most people, a train is three cabooses." And the caboose is the favorite. "We all grew up watching for it, waving

to the crew as the last of the train disappeared down the track."

So, train enthusiasts like Gina's in-laws rescued the cabooses. "They saved three: one they sent to a museum, one is still in their yard, and the other one," Miceli gestured toward Whistle Hop's taproom on her right, "is here."

That's not all that is there, though. Now the property includes much more—all of it carefully laid out and decorated with obvious intention, clearly the work of an interior designer. The train theme is tastefully done, exactly the right amount of railroad references mixed in with eclectic antiques and scavenged treasures. There's a covered deck complete with tables featuring repurposed oak barrels, a boxcar with indoor seating where vintage train photos blend with framed awards won by the brewery, and a sign on the back deck labeled Platform 9—a requisite inclusion for all Harry Potter fans.

Huge Outdoor Space

Outside, you'll find a huge space with picnic tables, a firepit and games for all ages. In addition to all that, the property is landscaped with native plants. "We have so much compost," Gina explained. "I had to put it to good use."

A quick glance at the beer menu reveals why Whistle Hop produces so much compost. Pineapple Vanilla Milkshake IPA and Honey Fig Vanilla Saison are just two of the options offered. "My favorite is the Blackberry Mojito Hydromel," Miceli said. "Or the Banana Wheat."

Whistle Hop products are made from all-natural ingredients, and all organic waste is composted. With a 10-barrel brewing system and 16 to 18 options on the menu, that's a lot of compost.

"I started studying the native plants and designed the landscaping based on what



Tom, Ilaria and Gina Miceli in front of Whistle Hop's brew tanks.

grew here naturally. I've also restored a creek on the property," Miceli said. In the process, she learned a lot about pollination. "We have so many local farmers. Without pollinators, you can't grow crops." Miceli's selections have drawn the attention of Asheville Greenworks, the Audubon Society, and other environmental groups. The placards Whistle Hop has received for their efforts are displayed prominently, and Miceli's pride in this accomplishment radiated from her. "We are a certified pollinator habitat. All these trees and plants," she indicated the carefully placed foliage around the sprawling complex, "help to sustain a healthy environment for all of us."

When Miceli isn't elbow-deep in soil, you might find her shopping for her next costume. "We host Renaissance festivals twice a year," she said, her eyes brightening as her smile broadened. "I love history and dressing up in costumes. Plus, we have the perfect space." Knights in armor compete at fencing and other courtly sports, vendors peddle their wares from tents in the field, and medieval wannabes participate in period games while enjoying beverages served from a vehicle yet to be invented—so far as their characters know.

Miceli doesn't limit her event planning to those of the renaissance variety. She schedules trivia competitions, live music events, and pop-up hookah nights—costumes to match the theme appreciated, but not required. Also, each Wednesday, Asheville Humane Society (AHS) goes to Whistle Hop with adoptable pets in hopes that they will connect with forever families. "We love having them here," Miceli said. "Plus, we donate 10% of our profits to AHS at the end of the night."

In the winter, when things slow down a



bit at Whistle Hop—after she gets the massive holiday light display set up—Miceli heads up the mountain to Wolf Laurel Ski Resort, volunteering for ski patrol. "We're the lifeguards of the snow," she quipped. The patrollers help protect skiers from dangerous situations and offer assistance when accidents do happen. "They fall, we haul," Miceli summarized her role, flashing the smile that fills her face and brightens her eyes.

Yep, Gina Miceli sure is a lot of things. She's adventurous, enthusiastic and intentional, with a wonder-filled zest for life. From A to Z, Gina Miceli is one of Fairview's finest.



Above and right: The well-designed interior of Whistle Hop Brewing.



Rev. Dr. Aileen Mitchell Lawrimore is the pastor of Ecclesia Baptist, which meets at 607 Fairview Road. She blogs regularly at aileengason.com.



Whistle Hop's signature red caboose being moved onto the property in July 2016.



The caboose and the property all decked out for Christmas.

Bringing Worn Asphalt Back To Life.

Enhance your home's curb appeal, while protecting your driveway from deterioration and costly future repairs.

- Seal Coating Driveways and Parking Lots
 - Asphalt Patching and Potholes
 - Crack Sealing
- Residential & Commercial
 - Call for **FREE** estimate



SealProSolutions@gmail.com • 828-768-7325
Locally Owned and Proudly Serving WNC



The Fairview Town Crier Really Gets Around!

Every month,

the Fairview Town Crier fills mailboxes and hits the streets – and is posted online at fairviewtowncrier.com. We also regularly stay in touch with 2,000 people via our Facebook and Instagram accounts.



More than 9,000 copies

are directly mailed to every home in Fairview and Gerton and most of Reynolds and Fletcher.

An additional 350 copies

are available for pickup at our offices, the library, and many businesses around the area.



Advertise with us!

For information, contact our office at
828-628-2211 | office@fairviewtowncrier.com

Farewell, Forever Friends of Fairview Elementary

By Kenya Hoffart

The end of the school year is often filled with excitement. Everyone is looking forward to vacation, down time at home, time at camp with friends and so much more. But while there is a lot to be celebrated, the end of the school year sometimes brings farewells to friends as well. Some rising sixth graders will attend different middle schools than others, some will have to relocate due to jobs and family obligations, and others will be off to new adventures.

This year, Fairview Elementary (FES) sends congratulations to several staff members who have chosen to retire and to others who have relocated. Aubree Cauble and Stephanie Garrett, two fabulous kindergarten assistants, have found new homes outside of our area and have many exciting things ahead of them. Their time at FES was well-spent, making a significant difference in the lives of many, and they will be greatly missed.

Christen Davidson will soon leave her post as assistant principal to serve as principal at Haw Creek Elementary. She

is well-equipped to do wonderful things. Mrs. Davidson handles everything that is thrown at her with ease. She is kind, caring, professional and determined. Her knowledge of curriculum and district procedures makes her a fantastic school administrator. She inspires everyone she meets, and with 18 years of experience under her belt and as a nationally board-certified educator, she is sure to move mountains.

Coach Greg Cheatham, teacher Tony Horning and custodian Paul Kertesz also chose to retire this year. Coach Cheatham has been an administrator, classroom teacher and PE coach during his career.

With a huge heart for the success of children and support from their families, it is almost certain we will see him making a difference in some capacity again sometime soon. He is one that is always will-

ing to lend a helping hand, always has a positive outlook on things, and is fantastic at reasoning things out and leading others down the right path.

Mr. Horning finished his teaching career as a third-grade teacher. He also served as an administrator during his career, and his talents and determination have always kept him extremely focused on his students. His

fortitude led students to feel more confident in their work and more willing to advocate for themselves. He made an impression on staff and students alike. Mr. Kertesz was only at FES a brief time, but he definitely made his mark. He loved sharing stories and jokes, always had a friendly greeting for anyone in his path, and made many special connections with students and staff.

And finally, the fearless Dr. Angie Jackson, FES principal and forever friend, has chosen to retire. Dr. Jackson (shown below) has worked for Buncombe County



Schools since 1993. She was a classroom teacher for four and a half years, an assistant principal for four and a half years, and a principal for 21

years. She has experienced a lot of change and challenges during her 30 years of service and has navigated through everything with ease and perseverance. She has advocated for staff members and students, taken measures to ensure school safety, and made many tough decisions to make sure every student in her care was happy, safe and well. She has collaborated with community members, county officials and

many others to help make sure the staff and students at FES had everything they needed to both meet and exceed expectations.

Dr. Jennifer Reed, Buncombe County Schools Associate Superintendent, said, "Dr. Angie Jackson is a dedicated educator who has spent her career serving the students and families of Buncombe County with skill, diligence and compassion. In collaboration with teachers and families, she has been masterful at building school cultures that focus on the needs of students first. We are so thankful for the positive and lasting impact she has made on so many young lives in our county." Dr. Jackson's impact at Fairview Elementary will definitely be felt for many years to come.

These fine folks will always be friends of FES and will forever be honorary FES Cardinals. There will be many fond memories shared and stories told about the things these individuals did while at FES. While each of these individuals have left big shoes to fill, they have also filled hearts with joy and admiration. Thank you all for your service and your commitment. You will never be forgotten.

In addition to having a child who attends Fairview Elementary, Kenya Hoffart is also a staff member and PTA Communications Chair at the school.

BEFORE



AFTER





BART DROPPED
163 LBS
IN 44 WEEKS!

Reverse Type 2 Diabetes, Sleep Apnea, and High Blood Pressure

Empowering you with long-term nutrition and behavioral support

CALL TODAY 828-552-3333
In-Office or Virtual At-Home Sessions!
myphdweightloss.com

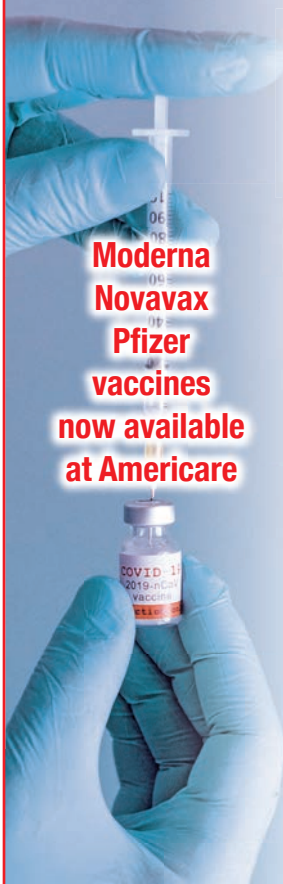


YOUR TEAM
LIFE CHANGE

Follow us on Facebook and Instagram! @PHDWeightLoss

Locally owned and operated by Dr. Ashley Lucas, doctorate in nutrition, registered dietitian

SERVING ASHEVILLE, GREENVILLE & CHARLOTTE



COVID-19 UPDATE
BIVALENT mRNA VACCINES
NOW AVAILABLE


Moderna
Novavax
Pfizer
vaccines
now available
at Americare

WHAT YOU NEED TO KNOW

- Most people who've had a monovalent COVID-19 vaccine who haven't had a bivalent vaccine may receive a single dose.
- Those who have already received a single dose of the bivalent vaccine are not currently eligible for another dose. The FDA will provide new guidelines later this month.
- Those 65+ who have received a single bivalent shot may receive one additional dose if 4+ months have passed since the first shot.
- Most immunocompromised people who have received a bivalent vaccine may receive one additional dose at least 2 months after the last dose. Healthcare providers can provide guidance.

QUESTIONS? CALL TODAY!

Fairview's Hometown, Locally Owned & Operated Pharmacy



Fairview Business Park
1185 Charlotte Highway
Fairview, NC 28730

Phone: (828) 628-3121
Hours: Mon-Fri 8am - 6pm
americarepharmacy.net



MAGIC WITH GREG

THE MISSING SQUARE

This is more of a puzzle than a trick, but it will still fool your audience!

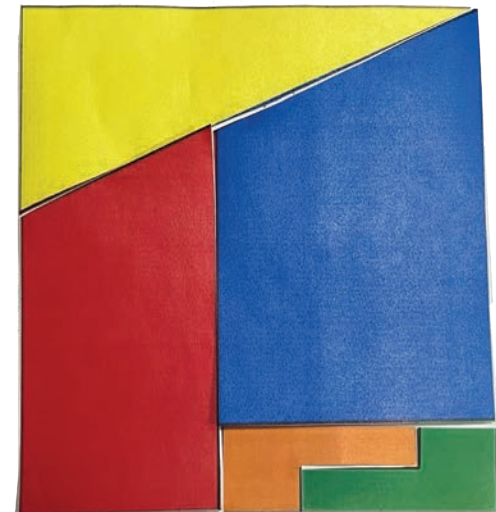
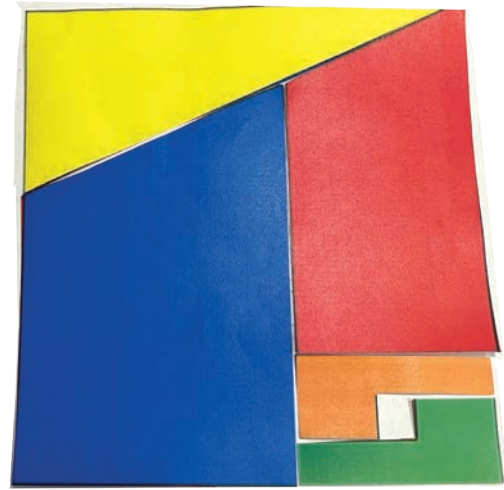
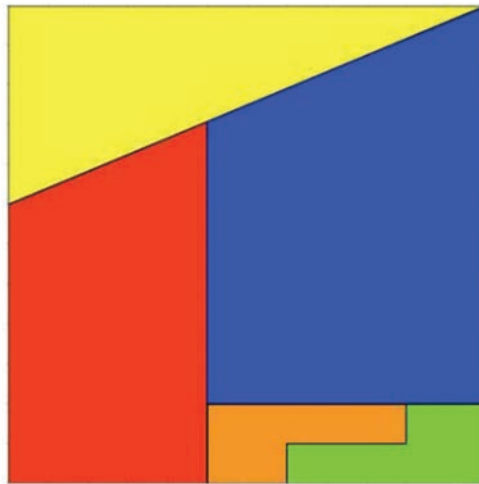
What You Need

Print out the puzzle image at right and then cut out the pieces—very carefully—along the black lines.

To Perform

Take the cut-out pieces and arrange them as shown in the top far right image, with the small empty space. Next, rearrange the pieces as shown in the bottom far right image—and the empty space has vanished!

(You can do this in reverse, as well.)



magic!

Greg Phillips is a professional speaker, magician and comedian. Greg@GregPhillipsMagic.com or MountainMagicAcademy.com.

Real Help in Real Time.



Optimal health for residents of Buncombe County and beyond

EDUCATION • RESOURCES • COMMUNITY NURSE • HEALTH WORKER SUPPORT

NCCARE 360 Navigation uses the statewide resource tool to find resources needed by individuals and families.



Kathey Avery
CEO and
Community Nurse

EDUCATION Call IFPHA's Community Nurse to schedule your community's health education at your church or rec center, or for your individual health needs. Issues include infant mortality, smoking, mental health, chronic illness, epigenetic stress, and more.

DISEASE MANAGEMENT IFPHA's Nurse offers educational sessions promoting healthy choices in chronic disease management, reaching hundreds of people often overlooked or dismissed in rural and urban settings.

SMOKING CESSATION IFPHA's Community Nurse is a certified tobacco treatment specialist (CTTS).

TRANSPORTATION IFPHA partners with Capital Xpress to transport clients to appointments, banks, grocery stores, and COVID-19 clinics.

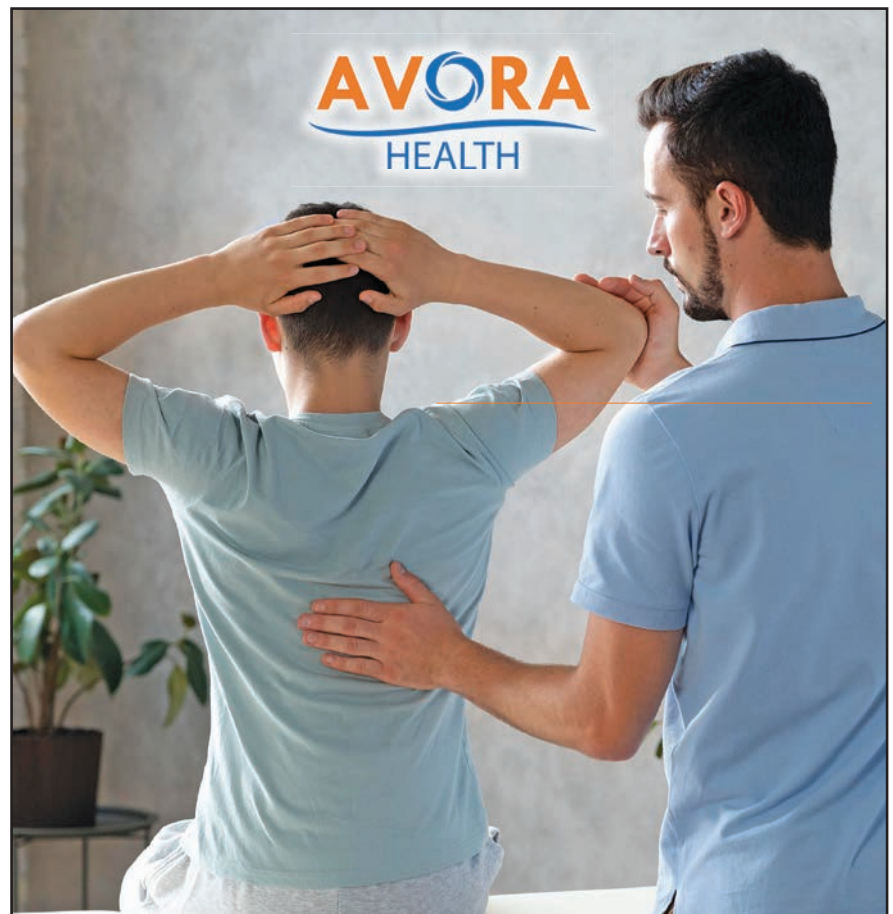
IFPHA is a 501 C(3) organization

Call us today!
828.768.2369

SPONSORS



To donate or for more information, visit www.ifpha.org



post-op • injury • dizziness/vertigo • concussion • orthopedic
injury prevention • balance • sports performance • pain • headaches

avorahealth.com

226 Charlotte Highway 828-298-0492

additional locations in Asheville and Black Mountain

HEY KIDS!

**HAPPY
Independence Day!**

Have fun coloring
these new 4th of
July friends!



123kidsfun.com

TRUSTED FOR GENERATIONS. TRAINED FOR THE FUTURE.



BOLTON SERVICES

PLUMBING • HEATING • BOILERS • WATER HEATERS

Bolton Services is a family business dedicated to serving our WNC neighbors.

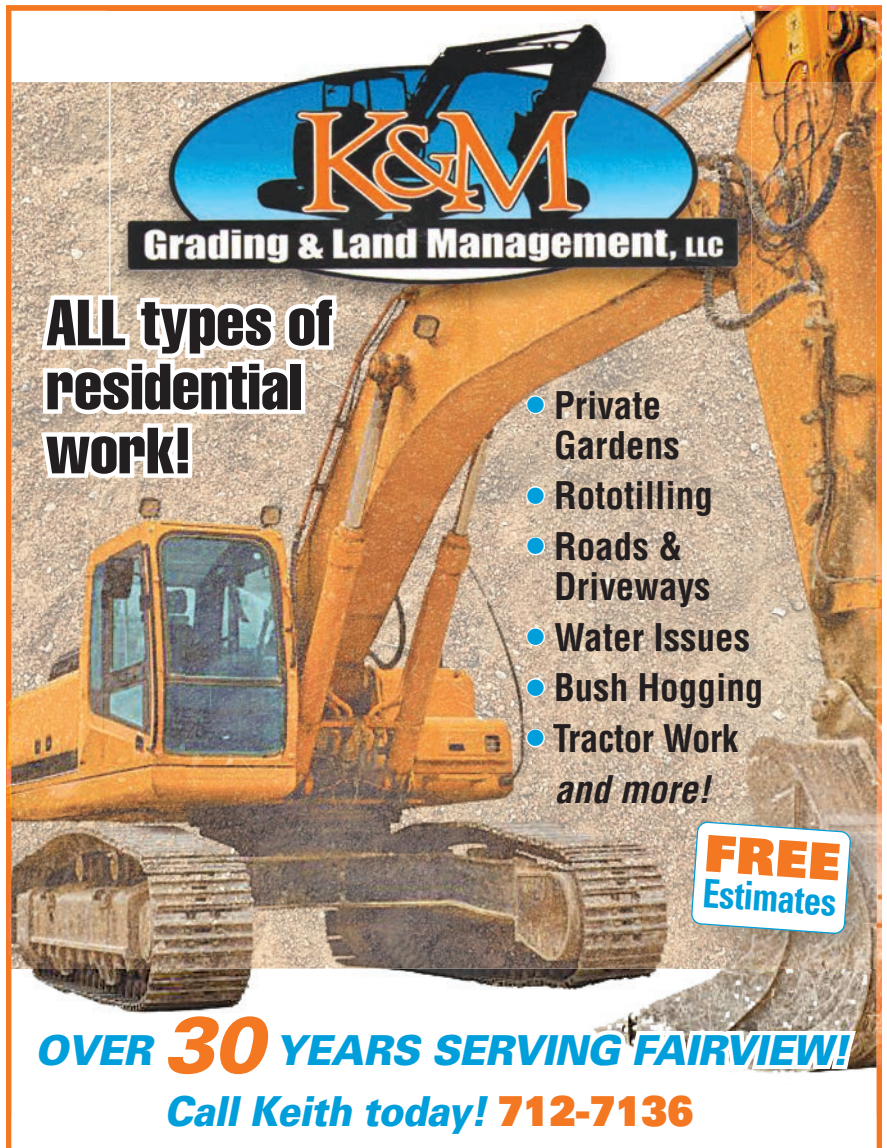
Give us a call today! 828-253-3621
Monday-Friday, 8 am-5 pm

EMERGENCY AFTER-HOURS SERVICE AVAILABLE
boltonservicewnc.com

BUSINESS NORTH CAROLINA **2020 SMALL BUSINESSES of the YEAR**

★★★★★
On time, friendly, informative. Very good work, and they cleaned up afterwards.
—Candy B., December 2022

★★★★★
We've used Bolton a number of times for our older home and have been pleased with the service and response. This time, our AC went out in the middle of a heatwave. We were thrilled with how quickly they came out and it was a quick fix, too.
—Maria Z, June 2022

K&M
Grading & Land Management, LLC

ALL types of residential work!

- Private Gardens
- Rototilling
- Roads & Driveways
- Water Issues
- Bush Hogging
- Tractor Work and more!

FREE Estimates

OVER 30 YEARS SERVING FAIRVIEW!
Call Keith today! **712-7136**

Dogs Can Suffer from Allergies Too

For many of us, warmer weather means seasonal allergies. Whether you have a runny nose, itchy eyes or endless sneezing, seasonal allergies can be a real pain.

Just like us, some dogs suffer from seasonal allergies. Besides chemicals, like those found in household cleaning products, cigarette smoke and certain perfumes, dogs can also be allergic to natural, seasonal substances. This can include plant and tree pollens, mold spores, dust, feathers and fleas.

A dog's allergy symptoms are generally similar to those experienced by humans: the immune system overreacts, leading to itchiness and irritation. Your dog may lick or scratch, develop irritated eyes or sneeze repeatedly. Some dogs experience itchy, swollen skin, while others suffer from diarrhea and vomiting. In some cases, a secondary infection can develop.

Here are a few things you can do to help control any discomfort your dog may be dealing with due to seasonal allergies and reduce the risk of more serious problems.

Change Your Daily Walk Routine

If possible, avoid walking your dog in the early morning or late afternoon, when pollen levels are typically highest. Steer clear of the fields and parks where



Just like humans, some dogs suffer from seasonal allergies.

offending plants are common. When you return home, wipe your dog's body and paws with a moist cloth or a hypoallergenic, fragrance-free grooming wipe from your local pet store. This will remove excess pollen and allergens from your dog's fur and skin without the hassle of a full bath. Pay special attention to their paws, as the sensitive skin here is often affected by allergens.

Clear the Air and Surfaces

Regularly change your home air filters to cut down on airborne allergens that enter through open doors and windows. Running an air conditioner or a dehumidifier will help remove moisture from interior air, making it harder for mold to grow in your home.

Minimize the amount of time your dog spends in damp environments, such as basements, bathrooms or laundry rooms, as these places are more susceptible to mold growth. Vacuum at least once a week, and remember to clean curtains and rugs that may have picked up dust and pollen.

Don't Sleep on It

Your dog's bedding can become covered in allergens, so make sure they're kept clean by being washed in hot water every week. Put towels or blankets on top of beds (yours and theirs) and chairs to make cleaning easier. Also, make sure your dog's toys get washed regularly.

Take a Bath

Prevent dry, itchy skin by giving your dog a bath more often, with your veterinarian's advice. Wash their fur with a gentle, hypoallergenic anti-itch shampoo that contains a soothing ingredient such as oatmeal or aloe.

Supplement Your Dog's Diet

You may try giving your dog a natural dietary supplement, such as fish oil or a fatty acid (omega-3 or omega-6 oil), to reduce itchiness and improve overall skin health. Coconut oil has also been shown to suppress allergic reactions while contributing to healthier skin. Be sure to introduce these oils gradually, as they can cause gastrointestinal upset if a whole dose is given all at once. Finally, make sure your dog's drinking water (and bowl) are kept clean.

Further Treatments

If you're unable to stop your dog from licking, scratching and chewing, or if your dog has red and irritated skin or hair loss, it's time to make an appointment with your veterinarian. Depending on the severity of the problem, a professional can administer more aggressive treatments, such as antihistamines, steroids and/or allergy injections, also known as immunotherapy.



Stefani Cotten is the owner of Fairview Boarding, located at 1923 Charlotte Highway, Fairview. For more info on boarding your dog, call 628-1997 or go to FairviewBoarding.com.

Have a story idea for the Crier?



There is no fee to submit an article. Write it yourself, or send us details and we'll help.

Make sure it's local, positive, and not political or advertorial. We work hard to produce a paper for everyone.

Your pictures are important! Email them, or bring them to the Crier's office to be scanned.

FIND OUT MORE! Email clark@fairviewtowncrier.com to get started. We look forward to sharing your story!

FAIRVIEW TOWN CRIER 1185 Charlotte Highway, Fairview



FAAL la la la la la la la!

Fairview Area Art League presents "Christmas in July" workshops

**SATURDAY
JULY 22 • 2023**

15 SPIVEY LAKE DRIVE, FAIRVIEW NC 28730

Fun Art Workshops*
Holiday-themed Crafts
Tasty Festive cookies

* Alcohol Ink Glass, Polymer Clay,
Acrylic Pour Mini Canvas &
Mini Knitted Sweater Ornaments

Register by clicking "workshops" on Re.Imagine's or FAAL's websites:
reimaginefairview.com fairviewareaartleague.org

it's a beautiful time to be in the fields!

U-PICK NOW OPEN!



Fresh Flowers!

Prices based on stem count

Bouquets of various sizes for sale at the farm stand and at our markets.

1860 Charlotte Highway 828.768.3348 flyingcloudfarm.net

Three Ways to Help Fireflies

Are you among the lucky ones who actually see fireflies in your own yard? Are you still awed by the firefly magic, eager to eavesdrop on their conversation of flashes? It might amaze you to learn that there are 2,000 species of fireflies in the world, with more than 125 different kinds living in the US, each with its own unique flashing pattern. (Though there are some “dark” fireflies that don’t have lanterns as adults.)

When many of us were kids, fireflies marked the end of long summer days spent outside in the sunshine. We have fond memories of running through wet grass in the darkness, laughing as we tried to catch the twinkling beetles, joyful when we could hold the insect in our small hands, watching it in silent wonder as it flickered on and off. We were captivated.

These days, neighborhoods are more plentiful, and wild, grassy meadows are hard to find or not somewhere parents feel comfortable letting their kids roam. There’s more pavement, brighter outdoor lights, and fewer wild places within walking distance from our houses. Seeing fireflies on warm summer nights is not as common. Now, we may have to get in the car and drive somewhere if we want to experience the firefly magic.

But did you know there are simple things you can do to make your yard more firefly friendly? Below are a few things everyone can do, most of which cost absolutely nothing.

Create an Inviting Habitat

If your yard is mostly grass, stop mowing a portion of it, or mow it less frequently. Did you know that fireflies spend their days resting in grass or on vegetation, or that females often wait in the grass for wandering males?



Firefly larva in the leaf litter.

Create “islands” within your yard where you can plant native grasses, flowers, shrubs and trees. Native plants add to the insect and animal diversity, supporting many animals big and small.

Most importantly, leave the leaf litter. Did you know that firefly larvae require leaf litter, or that they live in the leaf litter as larvae for one to three years before metamorphosing into adult fireflies? Firefly larvae are voracious predators; a gardener’s

best friend, as they feed on many garden pests including snails and slugs. Without undisturbed, moist leaf litter, fireflies won’t make it to adulthood. If it’s not possible where you live to leave the leaf litter on the ground where it falls, rake it up and spread it around your trees, or put it in your native plant islands. Don’t mulch your leaf litter, and don’t bag it up—there are many, many animals, including fireflies, that require leaf litter for part of their lifecycles. Keep all of these amazing animals and nutrients in your own yard. It’s free fertilizer!

Bring Back the Night

Did you know that most fireflies need darkness to find each other? When patches of ground are lit up by artificial lighting,

the fireflies can’t see each other and females may fail to mate and lay eggs. Rethink your existing outdoor lighting. Do you really need to leave those lights on all the time? Can you install motion sensors instead? Did

you know you can replace your existing bulb with an adaptor and new bulb that allows it to become a motion sensor? Is it possible to turn off the lights when you’re not using them?

Be smart when installing new lighting. Use dark-sky compliant, shielded lighting fixtures that direct the light downward. Choose the lowest wattage bulb possible. For help, visit the International Dark Sky Association (darksky.org). Take action to join the dark sky movement and commit to leaving the lights off at night.



ALL IMAGES SHARON MAMMOSER

Reduce Pesticide Use

Did you know that fireflies, like many other insects, can be negatively affected by pesticides, insecticides and other chemicals we commonly use in our yards? Avoid using broad-spectrum insecticides like malathion and diazinon. Pull weeds by hand and use mulch and cardboard to kill weeds in large areas.

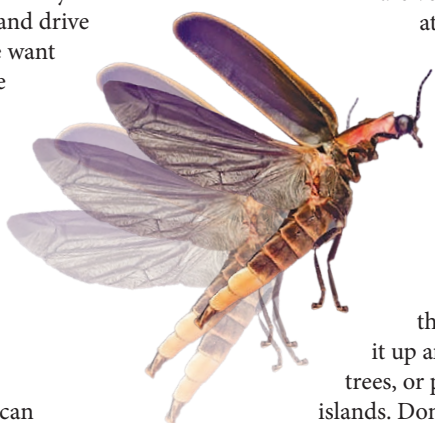
Need a homemade weed killer? Mix one cup of salt, 1 tablespoon of dish soap, and 1 gallon of vinegar. Apply to weeds with a spray bottle, wearing gloves to protect your hands.

Get informed about the health and environmental impacts of pesticides. Many animals, including fireflies, are negatively affected by the chemicals we are using on our lawns and in our gardens.

Getting to see a meadow or someone’s front yard dancing with the twinkling lights of fireflies is a magical experience, and definitely one we don’t want to lose. Let’s all do our part to make our yards more welcoming for fireflies.

This article was lightly adapted from the original on Conserving Carolina’s website.

Sharon Mammoser (natureformysoul.com) is a naturalist and photographer who writes monthly columns as part of Conserving Carolina’s Habitat at Home campaign. Conserving Carolina maintains multiple properties and hiking trails in the greater Fairview area. For more information, go to conservingcarolina.org or call 697-5777.



NEW SESSION

GRIEF SHARE

GRIEF RECOVERY SUPPORT GROUPS

Aug. 10–Nov. 2 Thursday nights, 6-8 PM
Light snacks served. \$25 fee includes workbook.

Pre-register trinityoffairview.com or call Jesse 828.628.1188 x202

Trinity of Fairview 646 Concord Road, Fletcher

ELENA THE GROOMER

Professional Groomer

Open by Appointment
Thursday to Monday
Closed Tuesday & Wednesday

New clients:
FREE tooth brushing
and coat conditioner
on first visit!

318-6814
1185E Charlotte Highway

Wilson Farms Reopens Farmstand

Wilson Farms has reopened their farmstand off of Cane Creek Road.

They will offer produce grown on their farm, other local produce and goods, home gifts and decor, and some gardening supplies as well.



The store is located at 42 Willie Mae Way in Fletcher, at the intersection of Cane Creek Road and Concord Road. Follow the signs to the end of drive, turn left at the tractor and look for the red building).

You'll find updates from Wilson Farms on their Facebook page (@wilsonfarms), or you can call the farm at 691-0048 for more information.



BUNCOMBE COUNTY PUBLIC NOTICE

Certain planned developments in Buncombe County (zoning variance, map amendment, major subdivision, etc.) are required to go through a public hearing process with the county's Board of Adjustment. We will inform our readers when a hearing is taking place for Fairview-area developments in case you'd like to get more information or participate in the hearing, if you believe they have legal standing.

This information is open to the public and is shared by the county. To see all planned developments in the county, go

to buncombecounty.org/governing/depts/planning/development-projects.aspx. To speak to a county planner, you can call 250-4830.

Old Fort Project

Old Fort Vacation Rental Complex SUP

Address: 343 and 347 Old Fort Road

Case Number: ZPH2023-00012

Meeting Date: July 12, 12 pm

Board of Commissioners Chambers

200 College Street, Asheville.

For more on this development or to find out how to participate in the hearing (if eligible), go to tinyurl.com/2kb56ezy.



DR. ASHLEY LUCAS

The Art of Mindful Eating

In a fast-paced world, it's easy to rush through meals without savoring the experience. Try to practice mindful eating, which is all about being fully present and aware of the eating experience.

Being in the moment when eating is about taking the time to appreciate your food without distractions. We can truly enjoy our meals and develop a greater sense of gratitude for the nourishment they provide.

An essential aspect of mindful eating is eating slowly. Take the time to chew your food and appreciate each bite. This not only allows you to fully experience the taste, but aids digestion and helps you recognize when you're comfortably full.

Paying attention to your body's hunger cues is a vital component. Before you start eating, take a moment to assess if you're truly hungry. During the meal, listen to your body and eat only until you feel satisfied.

Mindful eating also involves being intentional. Make thoughtful choices about the food you consume by considering what your body needs to be healthy and strong. Select a variety of vegetables, healthy fats, and lean proteins to give your body the right nutrients.



Ashley Lucas, who lives in Fletcher, has a PhD in nutrition and is a Registered Dietitian. Her company, PHD Weight Loss and Nutrition, is located at 1833 Hendersonville Road, Suite 170, Asheville. 552-3333 or myphdweightloss.com.

CANE CREEK PARKING
RV & BOAT
STORAGE
828-628-4080
Pickup & Delivery Available

Interested in buying or selling?
I CAN HELP!
call
THE SANDY-PATTI TEAM



Sandy Blair
 25+ years of expert real estate business transactions!

Sandy Blair Realtor/Broker
 828 768-4585
sandy.blair@coldwellbanker.com




FAIRVIEW ANIMAL HOSPITAL

SERVING FAIRVIEW SINCE 1984!

Open Monday–Friday
 8 am – noon
 1 pm – 5:30 pm

Saturday
 9 am – noon

828 628.3557

Laser therapy available!
 Emergency service provided by
 MedVet 828 665-4399

867-A CHARLOTTE HIGHWAY IN FAIRVIEW



RUSTY DOG

ARTS & CRAFTS SHOW

Second Saturdays
 through November
 9am - 3pm

379 Old Charlotte Hwy
Fairview, NC

Between Daymoon Coffeebar & Signs for Hope

Retirees: Talk Finances with Your Grown Children

When you're retired, you'll likely have some financial concerns—just like all retirees. However, if you've invested regularly and followed a long-term financial strategy, you should be able to address most issues that come your way. But there's one important action that's sometimes overlooked by retirees: sharing their financial situation with their grown children. And this knowledge can benefit everyone in your family.

You might be surprised by the concern your children have for your financial well-being. Consider these findings from a 2023 study by Age Wave and Edward Jones:

- **66% of millennials** (generally defined as ranging from 27 to 42) worry that their parents or in-laws may not have enough money to live comfortably in retirement.
- **83% of millennials** would rather know their parents are financially secure in their retirement, even if it means their parents pass on less money to them.

If you have children in this age range or older, or who soon will be, how can you address their concerns and potentially improve your financial outlook? Communication is the key. By openly communicating with your family about your financial status, you can reduce anxieties and misperceptions. If you're in good financial shape, your adult children may be reassured that you won't be needing their assistance. And if you are feeling

some financial pressures, you can inform your children of the steps you are taking to improve your situation. One such step may be to reduce your cost of living—the less you spend day to day, the better your ability to preserve your investment and retirement accounts. You may be able to reduce costs in many small ways, such as ending streaming services you no longer use, but you could make an even bigger impact by downsizing your living arrangements. In fact, 72% of today's retirees have downsized or are willing to downsize to reduce their housing costs, according to the Age Wave/Edward Jones survey. Downsizing isn't for everyone, but if it's a possibility for you, it may be worth considering because the savings could be significant.

You may also be able to reduce or consolidate your debts. Start by understanding how much and what kinds of debt you have. Then, consider ways to lower your payments, such as refinancing. For example, if you're carrying a balance on multiple credit cards, you might be able to transfer the amounts you owe onto a single card with a more favorable interest rate. Here's another move to consider: Adjust your investment mix to possibly provide you with more income in retirement. During your working years, you may have invested primarily for growth—after all, you could be retired for two or more decades, so you'll need

to draw on as many financial assets as possible. But once you're retired, your investment focus may need to shift somewhat toward income-producing opportunities. Keep in mind, though, that you'll still need some growth potential to help keep ahead of inflation. One final suggestion: Let your children know if you already have a strategy in place to meet the potentially high costs of long-term care, such as a nursing home stay. This burden is certainly something you won't want your

children to take on. By informing your children about your financial picture, and how you're trying to improve it, you can ease everyone's minds—so keep the lines of communication open.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert. 628-1546, stephen.herbert@edwardjones.com.

MAY 2023 FAIRVIEW REAL ESTATE STATISTICS

PRICE RANGE	NO. OF SALES	\$ AVG PRICE	AVG DAYS ON MKT
100-199,999K	1	140,000	6
300-399,999K	2	342,500	8.5
400-499,999K	1	465,000	23
500-599,999K	1	535,000	7
600-699,999K	2	629,000	21
800-899,999K	1	875,000	2
900-999,999K	2	977,500	12
1M-1.5M	1	1,250,000	1

HOMES LISTED: 8	HOMES CLOSED: 10	LAND LISTED: 9	LAND CLOSED: 7
Max \$2,325,000	Max \$1,250,000	Max \$895,000	Max \$565,000
Min \$225,000	Min \$140,000	Min \$65,000	Min \$85,000
Avg \$809,863	Avg \$554,400	Avg \$363,277	Avg \$221,321

Cool Mountain Realty provides monthly statistics. When selecting a real estate company, remember to shop local. Keep and multiply the dollars in your local community's economy.

Your dog deserves a *Spa Day*

Fairview Boarding now offers **grooming and spa packages six days a week!**

TRAINING • BOARDING • GROOMING

fairviewboarding.com
828-628-1997 | 1923 Charlotte Hwy

Come see us for all your outdoor needs!

WE NOW SELL LANDSCAPE FABRIC

Asheville Stone and Grading has what you need to create the space of your dreams!

Let us help find the right product for you!

mulch • gravel • top soil • fill dirt • landscape stones and much more!

Asheville Stone and Grading | *Give us a call today!* 828.628.ROCK
1003 Charlotte Hwy beside the Garden Spot

Tech Support with a Smile

Mac / PC
Individual - Small Business
(828) 628-2354
bill@scobie.net

Bill Scobie has been helping folks get along with their computers for 35 years

PRINTING | DESIGN | BRANDING

Serving Western NC for over 20 years

828-216-0955
info@828printingandgraphics.com
828printingandgraphics.com

Ron Bradley, Owner & Fairview Native

Raleigh Reflections

During my drives down to Raleigh and back over the last few months, I've had some time to think about politics in North Carolina and across the country. The picture can sometimes seem bleak, with the loudest voices getting the most attention. However, I'm more and more convinced that these voices don't represent the majority of us and certainly don't represent the people of Fairview or WNC. While it can often feel like all politics is a third rail, I would like to encourage everyone to continue to discuss current political issues with their friends and neighbors even when there are disagreements. Whether we're at KD's or Trout Lily or Angelo's or Piazza, I am convinced that if we honestly listen to each other we will agree on more than we disagree about.

In Raleigh, I've often been disappointed politically but have been encouraged by the large number of people from across the state who come to visit the legislature in an effort to make things better. I especially love having visitors from Buncombe County and WNC. Civic engagement is important to a thriving democracy, and I would encourage anyone who is passionate about a certain issue to reach out to me or other legislators to start a conversation about how to change things. I'll warn you that change is hard and takes real perseverance, but it can be done

by mobilizing citizens and having lots of conversations. When citizens aren't paying attention, power politics can take over, so it is imperative that folks stay engaged and hold their lawmakers accountable.

Since my last column in the April edition, there has been a great deal of activity in Raleigh. While the House and Senate have taken action on a large number of bills, several have been noteworthy.

Senate Bills

The first such bill was Senate Bill 20, which passed both houses but was vetoed by Governor Cooper. The General Assembly then overrode the governor's veto to make the bill law. This new law limits abortions to the first 12 weeks of pregnancy and is a significant change to the previous law. I voted against this bill because I believe that healthcare decisions are best made by a patient and their medical providers. The second notable bill was SB157, which should make many teenagers happy. Among a few other things, this bill will allow those who have had a driver's permit for six months to get their provisional license through the end of this year when the time required goes up to nine months. I supported this bill because of the delays that COVID created for kids trying to complete their driver's education in a timely manner. Finally, the General Assembly

passed and Governor Cooper signed House Bill 347, the Sports Wagering/Horse Race Wagering Bill, which will allow sports betting on mobile devices and horse race betting beginning in 2024.

Additionally, there was a local bill that passed through the General Assembly over the objections of most of the members of the Buncombe County delegation. The Senate added a last-minute provision to House Bill 66 that will require a change in the way we elect our school board in Buncombe County. The provision will require that the school board be elected by district instead of by counting votes from across the whole county. While this may make some sense in theory, it means that the county will have to draw special districts within the Buncombe County School district that are equal in population, and these districts will not align with the traditional high school districts that we have used in the past. I opposed this legislation and am worried that it is going to create significant confusion at the polls during future school board elections.

Finally, the General Assembly continues to work on a final budget that we'll need to pass before the end of the session. The majority is hard at work behind closed doors, so I don't have much insight into what is being negotiated. I have real concerns that this budget will not do

enough with respect to salary increases for state employees, which includes teachers, agriculture extension agents, highway patrol officers and prison guards. The state government as a whole has a vacancy rate of about 25%, and it is critical that our government is able to pay competitive salaries and hire great people. At the current rates, state leaders are struggling to provide the services that so many of us need from our government every day.


I am hopeful that the General Assembly will wrap up its work by the end of July, but we may have to go back to conduct another round of redistricting to change all of the NC election districts again.

Though I have had my share of frustrations this session, it has been a great pleasure to serve the people of our community, and I've learned an awful lot. Thanks for reading all the way through this lengthy article and please don't hesitate to reach out to me at eric.ager@ncleg.gov if you have any questions or if there are ways that I can help solve problems in our state government.



Rep. Eric Ager, District 115 North Carolina House of Representatives. Contact him at eric.ager@ncleg.net or 450-4463.

WILLIAMSON CPA PLLC



Income Tax Preparation • Payroll
Accounting • Consulting
Bookkeeping • Electronic Filing

Call today!
828.338.0314

Helping small business
and individuals with tax
preparation and tax issues
for more than 22 years



BOB WILLIAMSON

1185 Charlotte Highway, Suite F
willcpa.com

BARN DOOR CIDERWORKS

TAPROOM & BOTTLE SHOP

Summer Hours!

Thursday and Friday 4-8 | Saturday 2-8 | Sunday 2-7

COME OUT AND SEE US!

Follow us
FOR EVENT
UPDATES



Barrel-Aged Cider • Local Beer • Wine
Small Bites • Non-Alcoholic Drinks

23 Lytle Road, Fletcher 828.484.1586
hours and full menu at barndoorcw.com

Sign up
FOR OUR
NEWSLETTER

AA DIAMOND TILE

RONNIE YOUNT

Over 40 years experience!

LICENSED NC GENERAL CONTRACTOR




SHOWER LEAKS
REPAIRS
TUB-TO-SHOWER
CONVERSIONS
KITCHEN/BATH
REMODELS
HANDICAP ACCESSIBLE
APPLICATIONS



Call Ron!
450-3900



visit us today at aadiamondtile.com



Margaret Moncure, DVM
Sarah Hargrove, DVM
Susan Wagner, DVM

Full service
small animal hospital

Monday-Friday: 8 am-5 pm
Saturday: 9 am-12 pm

184 Charlotte Highway
directly across from AC Reynolds High School

828 575-2430 | cedarridgevet.com

Hard Work, Dedication Can Green Your Thumb

My oldest son Noble has been collecting succulents for the past year or so. I even built a special set of shelves for our front window, where we have kept them. Lately they've been looking pretty rough, so my wife downloaded one of those apps that can diagnose your plants simply from a photograph. Before she started taking pictures, I predicted that these poor plants were suffering from being overwatered. Whenever I would see Noble going to water them, I would ask when had been the last time that he had watered. The answer was always murky, and I would often suggest that he may be watering them too much. Because I hadn't kept track of when they had been watered, I didn't really know one way or another.

Again and again, the app informed us that the plant was unbalanced and suffering from overwatering. I thought back through all of my experience with plants and how frequently I had been in my son's shoes. Our brains tell us that plants need water. My son was so sweet as he had come regularly with his spray bottle to give his plants what he thought they needed. Little did he know that he was actually killing them slowly. If you are worried about these succulents, please know that we have moved them to a covered back porch where they will be on a strict diet of no water and generally left alone to see if they can stage a



The sad succulents before the intervention.

comeback. At some point, we will do some research on what kind of soil they need and transfer them into something new.

Here is where many people's story would end. If you've killed a plant, especially one that you have been assured is "easy," then you probably think, like I did for years, that your thumb is brown. Here is where I would like to call you back in. Plants are resilient creatures. Plants grow all over the world, in the most adverse climates, without any help from anyone. If you want to be successful at growing plants, then your job is to learn, as best you can, exactly what they need and attempt to provide that for them.

There are so many resources now that make this easier. Experts on specific plants have written books, blog posts and entire Instagram accounts about their knowledge. There are YouTube videos and TikTok posts

galore. You don't have to dig too deep to find all of the information you need to be successful. Here is the other thing that may surprise you: for many of these knowledgeable folks, their love of their plant runs so deep that they are overjoyed when someone reaches out to them requesting their help. They are more than happy to correspond to help you be successful.

Recently, I watched the new season of "Growing Floret," a show on the Magnolia network that follows Erin and Chris Benzakein in their work at their flower farm. Erin is a very successful flower farmer who has become popular largely through her posts on Instagram. In the show, they introduced us to a woman who spent her life growing and cultivating roses. It is amazing the knowledge that this woman has about one type of flower. I was struck by the thought that many people who garden end up specializing in one type of plant or flower, and I thought that this is likely because the understanding that it takes to be successful with that plant may take years to acquire.

Some of you may be saying to yourself... Wait, didn't you just talk about how resilient plants are and how we shouldn't be intimidated? You are correct, and here is what I will say to that: I believe that everyone can be successful with plants if they work really hard (or semi-seriously) to understand the specific needs of their plant and do their

best to provide. I also believe that if you choose to go beyond the basic knowledge, then you can have a very rewarding experience growing deep knowledge.

I have played the guitar now for more than 20 years. Early on, I came to understand that the guitar is an instrument that can always offer you challenges if you choose to seek them. I will never be as good as I aspire to be with the guitar, and that continually draws me to play. I believe that I have this same relationship with dahlias, and it is exciting to me that there is still so much out there that I might learn about this amazing plant.

I would like to invite you to write to me with your questions about dahlias. I don't have a TikTok account, but I would love to offer some encouragement or advice if I am able. And if I am not, I will do my best to connect you with someone who can help you.

[Editor: Find Nate on Instagram (see below) or the Crier can connect you.]



Nate Barton is an artist who teaches art. He lives with his wife and two sons in Fairview, where he maintains a flower garden with his mom and grandmother, who are also his neighbors. Find him on Instagram (@etannotrab).

Make an impact one ounce at a time!

Out of detergent? Don't throw out that bottle — refill your single use containers at **To The Brim!**

- Cleaning products by the ounce
- Bath & body products by the ounce
- Locally and nationally-sourced eco-friendly products

to the brim
REFILL STORE

OPEN 7 DAYS!
Mon: 12-7pm
Tues-Fri: 10 am-4 pm
Sat: 10 am-5 pm
Sun: 10 am-4 pm

145 Charlotte Highway | 552-3332
tothebrimrefill.com

Cane Creek
Animal Clinic & Equine

TED WRIGHT, DVM
LEIGH ANN HAMON, DVM
ELIZABETH MITCHELL, DVM
WENDY LICHTIG, DVM

1548 CANE CREEK ROAD
FLETCHER, NC 28732

OFFICE
(828) 628-9908

McCRARY STONE

BIG GRAY ROCK EATERS

Residential & Commercial

Local family business since 1968!

Crushed Stone & Gravel
828 649-2008

Deli from **THE LOCAL JOINT**
FAIRVIEW, NORTH CAROLINA

Kerosene Pump open late every night!
6am - 11pm

KEROSENE

CAR WASH

Get a car wash with a gas purchase and save 20 cents per gallon

EBLEN SHORT STOP

828 628-9888
1185 Charlotte Highway in Fairview

A Strong Presence at June Meeting



Crystal White (left) on the new deck of Specialized Fitness.

Seventeen business owners came together last month at Specialized Fitness & Nutrition, which is located at 19 Kristie Scott Lane.

Owner Crystal White explained how she and her husband, Jamie, remodeled the old warehouse on the property to create an indoor workout space, which also has a glass garage door that can open out to an expansive deck to bring in fresh air. When we walked in, the amount of neatly arranged equipment was impressive. With connections to Strong Man and Tactical Games events, as well as Cross Fit Coaching and Prenatal Fitness, it is obvious this is a power couple with diverse classes and personal training offered. Check them out!

July Gathering

July is a busy month for family vacations. We won't skip a month but instead will meet casually on July 11 at The Joint Next Door (1185 Charlotte Highway, Fairview), in their back open-air space. If you're a member and in town, stop by from 6 to 8 pm.



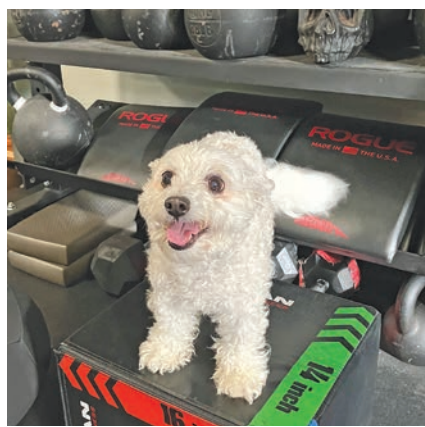
Crystal White and daughter Caroline.



Jenny Brunet cheers on Dr. Zaremba.



Justin Purnell throws a medicine ball.



The occasional on-site mascot.

JOIN US! Future FBA Meeting Dates

- | | |
|---|---|
| August 11 after work picnic, 5:30-8:30 pm, Blue Ridge Adventure Vehicles (BRAV) | Comprehensive Plan 2043 |
| September 12 Steam Master | October 10 Frame It and Clothes Mentor |
| September TBA Special meeting with Shannon Capezali from the Buncombe County Land Planning Board, who will explain the adopted | November 8 Cloud 9 Relaxation Home |
| | December 5 Christmas gathering at Black Bear BBQ |

Keep it Local!

ACCOUNTANT Bob Williamson, CPA 338-0314	Sunset Hollow 788-0120 Sweet Farm on Cane Creek 242-4425 The Cove at Fairview 628-4967
ARCHITECTURE & DESIGN Rueger Riley 407-0437	INSURANCE AFLAC – Raynelle Ritchie 691-0787 Butch Greene Hemlock 338-9125 ESCO Insurance Agency 231-6577 Kimmel HR Solutions 222-0105 Prime Time Solutions 628-3889 Stovall Financial Group 275-3608 Tammy Murphy Agency 299-4522
ART/ANTIQUES Abba's Vintage Resurrections 865-567-7549 Fibersong 712-8391 M. Moore Woodturning 365-8787 Tyrconnell House 774-3662	LANDSCAPING Fairview Landscaping 628-4080
ART GALLERY/ Re.Imagine 773-680-4981	LAND SURVEYING Bately Land Surveying 424-9447
AUTO SERVICE/VEHICLE SALES Blue Ridge Adventure Vehicles 338-9405 High Country Truck & Van 222-2308	MARKETING/PROMO/PRINTING 828 Printing & Graphics 216-0955 Ink 222-4567 Outside the Box Interactive 848-4072 Re.Solutions 280-8270
BANKING/FINANCIAL SERVICES Edward Jones–Stephen Herbert 777-7094 Edward Jones–Katherine Morosani 628-1546 First Bank–Heather Ward 298-8711	MEDICAL SERVICES Apex Brain Center 681-0350 AVORA Health 505-2664 Carolina Mobile Optician 779-2891 Fairview Chiropractic Center 628-7800 Koretz Family Health 220-0125 SEPT Physical Therapy 338-0707 Unified Therapies 414-2368
BREWERY/DISTILLERY/CIDERY Barn Door Ciderworks 484-1586 Turgua Brewery 338-0218 Whistle Hop Brewery 338-9447	NEWSPAPER Fairview Town Crier 628-2211
BUILDER/CONTRACTOR Grace Homes 222-4567	NONPROFITS Food for Fairview 628-4322 Root Cause Farm 276-1156 Signs for Hope 691-2581
BUILDING & MAINTENANCE AA Diamond Tile 450-3900 All Season Heating & AC 651-9998 Cane Creek Concrete 230-3022 Daylight Asheville 778-0279	ORGANIZING Grand Solutions LLC 516-238-6979
BUSINESS SERVICES gk, Inc. 222-4567 Rising Workplace 214-7827	PET SERVICES & SUPPLIES Barn & Home Pet Sitting 280-0056 Fairview Boarding 628-1997 Living Harmony Pet Sitting 582-3363 Woof In the Woods 222-2222
CHEF (PRIVATE) & CATERER Mamonos 651-335-6416	PHARMACY Americare Pharmacy 628-3121
CLEANING SERVICES Steam Master Carpet/Upholstery 628-9495	PICTURE FRAMING SERVICES Frame It Asheville 808-0923
COMPUTER SERVICES Integrity Audio and Video 915-929-3732 macWorks 777-8639 Scobie.net 628-2354	REAL ESTATE SALES Beverly Hanks–Carol Holcombe 779-8748 Cool Mountain–Jenny Brunet 628-3088 Divitia Realty–Beth Cohen 398-9233 Greybeard–Rosie Johnson 778-2630 Keller Williams–Jim Buff 771-2310 Looking Glass–Dara Kiely 707-0345 Purnell Team, eXp Realty 551-3542 Sandy Blair Real Estate 768-4585
CSAS/FARMS/MARKETS Cane Creek Asparagus 628-1601 Flying Cloud Farm 768-3348 Grace Farms 222-4567 Trout Lily Market & Deli 628-0402	RESTAURANTS/CONFECTIONS Angelo's Family Restaurant 628-4031 Embrow Tea 727-564-9003 Subway 299-8451
DUMPSTER RENTALS & HAULING All-In Dumpster Rental & Hauling 776-5517	RETAIL Clothes Mentor 274-4901 To the Brim: Refill Store 552-3332
EDUCATION/INSTRUCTION Advanced Education Tutor 628-2232 Fairview Preschool 338-2073 Mighty Oaks Montessori 338-0264 Uptalent Consulting 450-4197	SECURITY SERVICES ADT Security Services 808-5007
EXERCISE Specialized Fitness & Nutrition 335-0196	VETERINARIANS Fairview Animal Hospital 628-3557
EQUIPMENT RENTALS/REPAIR Carolina Equipment Rental 628-3004 Ed's Small Engine Repair 778-0496	WELLNESS/HEALING Appalachian CBD 338-0039 Blue Ridge EMF Solutions 628-5003 Fairview Fermentory 372-2450 Fresh Ground Health 773-343-0614 LA Massage and Energy Work 372-2450
FLOORING CC Flooring 712-1671	
HEALTHCARE FACILITIES Flesher's Fairview Health Care 628-2800 Silverbell Homestead 844-4634	
HOUSE RENTALS/SHORT TERM/VACATION RENTALS Cloud 9 Relaxation Home 628-1758	

Beautiful Begonias

For many years, we always planted about a dozen petunia baskets. About five years ago, we said “uncle,” as we grew tired of deadheading and tending them all summer into the fall. In 2012, we experimented with tuberous begonias, and we have never looked back: they are so easy to care for, seem to be able to withstand a fair amount of dryness and water-neglect, and thrive in our climate, producing beautiful blossoms all summer until the first hard frost. By October, the baskets have cascading waterfalls of blooms, growing 1 to 2 feet high and wide. And the hummingbirds love them. We also plant a number of the common wax begonias, which actually naturalize in the wild in Florida and Arizona, as they are also tough and showy, and come in great shades of pink, white or flaming red.

In addition to tuberous varieties and wax begonias, there are at least 15 more edible species of begonias. They are easy to grow, either from seed or cuttings and division, and we usually overwinter a few, as they cannot withstand our freezing WNC. They are a three-season plant, and fortunately, they adapt easily to indoor climates for the duration of the winter.

One caution: If you are adding these flowers and leaves to your menu, be wary of nursery stock, as many pesticides and fungicides are often sprayed on the plants.

Begonias have been cultivated for nearly 1,500 years, and they are very popular in the US as ornamental flowers. And it doesn't hurt that deer and rabbits avoid them. Begonias are native to South and Central America, Africa and Asia, but their popularity is worldwide. And competition is steep in regard to the creation of new cultivars for landscaping.

For the edible species, the leaves, stems and flowers can be eaten raw or cooked. They are tart; like many plants, they contain oxalic acid, which one finds in lemons. They mostly are not wild plants but cultivars, with one exception I know of and grow, which is a hardy begonia a good friend gave me seven years ago. It has not only multiplied but also withstood 5 below zero weather in the ground—and always comes back fairly prolific. The edible perennial variety we grow wild is “Begonia grandis variety evansiana.” It is a stunning perennial with beautiful leaves, tolerating nearly full shade and sun, and it easily grows 2 feet tall with cascading pink flowers and really cool winged pendant seedpods. They love shade and seem to reseed everywhere in the garden. This year, so many came up in the walkways that I began pulling them out and adding them to planters, as the deep red undersides of the leaves are brilliant when sunlight hits them and they are tough as nails.

Begonias are high in Vitamin C and were used for centuries to prevent scurvy. In Asian countries, they are used as a potherb, made into sauces for meat, fish and salads and as a tart, lemony flavoring for stews and rice. I have found several references of begonia juice being used to curdle milk for cheese production. There are even references sharing how the stems can be used as a rhubarb substitute, which makes sense as they are very tart.

On the medicinal front, begonias have been used over the years for toothaches, upset stomachs and wound treatment and as a tea for common colds. There is promising research on how chemical components in begonias may assist in the treatment of cancer due to anti-tumor properties within the plants, and there is also potential in using them to treat diabetes to help with blood sugar management.

If you have a propensity for kidney stones, it may be wise to limit your consumption of begonias and other plants that have high concentrations of oxalic acid, which is fairly common in many plants, but nibbling and garnishes should be safe.

Our granddaughter will be visiting later this summer, and we have a goal of going out into the gardens and woods and tasting every wild edible flower we can find, adding them to salads,



making teas and experimenting with new recipes. Since she is a big fan of fish, we are hoping to generate a recipe for a butter-begonia flower sauce and try it out on fresh tuna or salmon and sautéed sunfish from the lake.

It is always a delight to be able to eat flowers, as I feel it is like taking the sun, moon and stars into our bodies. And for a while this summer, begonias will be like a daily dose of lemony candy as I'm heading out the door.



Contact Roger at rogerklinger@charter.net.

HIGH COUNTRY
• TRUCK AND VAN •

COME SEE US!
Monday-Friday
9 am-6 pm

1021 Charlotte Hwy
828.222.2308

Check out our inventory and pricing at highcountrytruckandvan.com

Cane Creek Concrete INC
Insured
Free Estimates

Stamped, Colored & Custom Concrete

Driveways - Walkways
Patios - Pool Decks - Slabs
Steps - Curbs
and MUCH more...
Removal & Replacement
828-230-3022
www.canecreekconcrete.com

** Accredited Better Business Bureau member **

Re • Imagine
gallery . studios . workshops

Reimaginefairview.com
15 Spivey Lake Drive, Fairview • 828-338-0070

Practical, family dog training

Training Dogs.
Coaching Owners.
Achieving Goals.

SCAN THE CODE TO LEARN MORE!

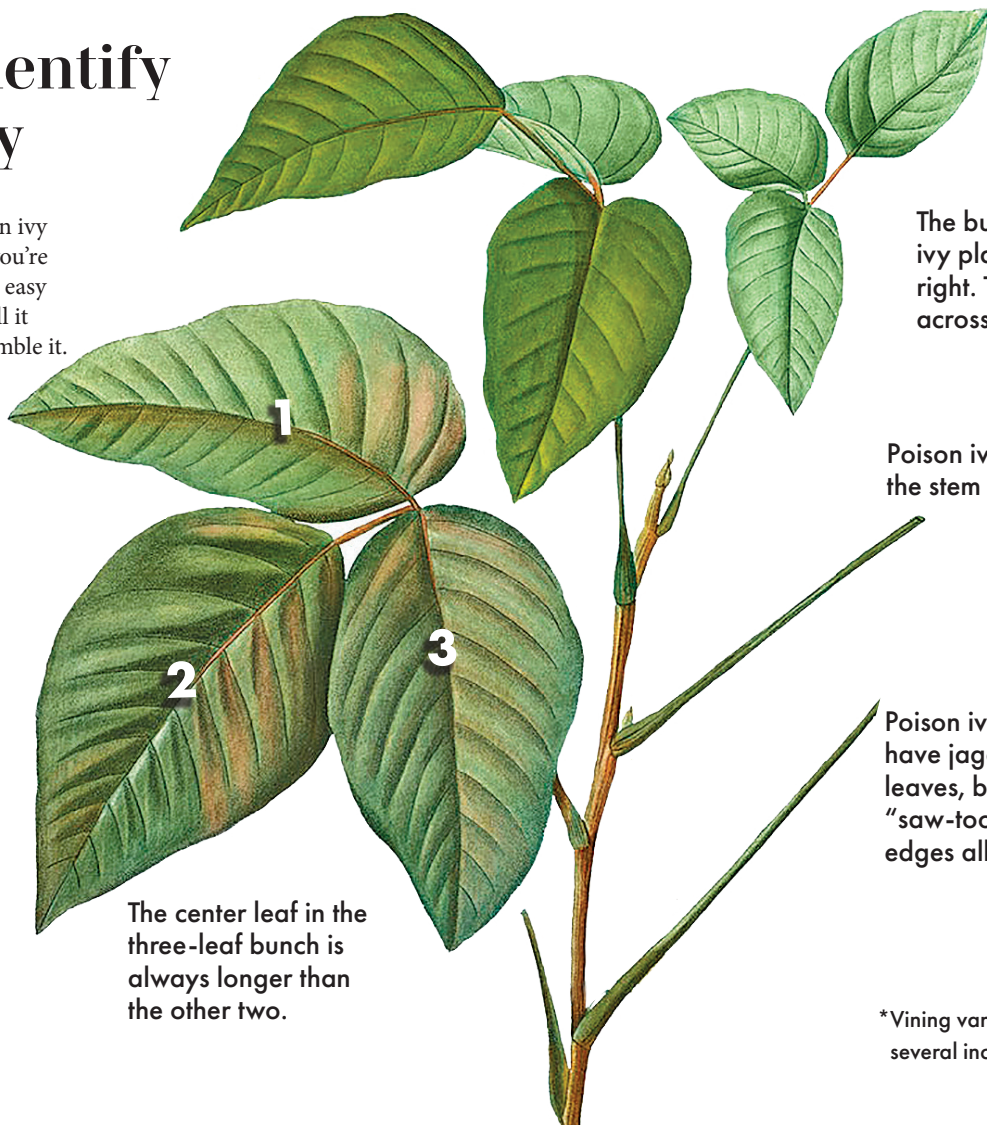
WOOF IN THE WOODS
HEALTH • WELLNESS • TRAINING

1451 Charlotte Hwy | 828-222-2222 | woofinthewoods.com

How to Identify Poison Ivy

It's easy to run across poison ivy during the summer when you're more active. Here are some easy ways to ID the plant and tell it apart from others that resemble it.

Poison ivy only has three leaves.

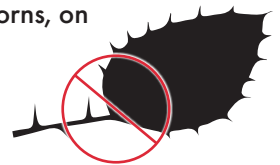


The center leaf in the three-leaf bunch is always longer than the other two.

The bunches of leaves on a poison ivy plant always grow left then right. They never grow directly across from each other.



Poison ivy never has thorns, on the stem or leaves.*



Poison ivy may occasionally have jagged edges on parts of its leaves, but the leaves never have "saw-toothed" or scalloped edges all the way around.



*Vining varieties have dark-brown, hairy roots up to several inches wide that attach to trees.

Since 1985, keeping homes in working order!

HOME FIX

PLUMBING • ELECTRICAL • CARPENTRY
Handyman

sheet
rock

door
locks

marriages
mended!

ceiling
fans

rotten
wood

Charles
828.301.3882

Fully Insured
We fix it all!




LIVE MUSIC!

Upcoming Thursday Show:
July 20 **LyriSmith**
Plus live music Saturday nights
and Sunday afternoons

Menu featuring *local* food!
Eat outside on our beautiful deck

Check out our menu and
music calendar anytime!
thestraightaway.com

  Follow us @thestraightaway



Thomas Dental Care

Cosmetic and Family Dentistry

D. Scott Thomas, DDS, PA
Eastwood Village, Suite 102
(Hwy 74, Across from Ingles)

New Patients Welcome!





Phone: 828.299.8960 • Fax: 828.299.8961
www.ThomasDentalCare.net

Great Wall


CHINESE RESTAURANT

TAKE OUT ONLY
4 Olde Eastwood Village Blvd.
Hwy 74A, Across from Ingles

828.298.1887 or 828.298.1870
fax: 298.1859

Open Sun–Thurs: 11 am–10 pm
Fri–Sat: 11 am–10:30 am



NEW!
Dieter's Menu!
Sauces on the side.
No oil. No salt. No fried.

Wanda McElrath
Notary Public 
691.6700
Convenient Fairview Location



auto titles • boat titles • trailer titles • probates • wills
property easements • deeds • powers of attorney
copies, emails, faxes also available

CC FLOORING
Home of the Floor Doktor!

Hardwood • Tile • Carpet • Laminate • Vinyl
Sanding • Refinishing



828.255.3532
www.CCFlooring.net
246 Old Airport Road, Fletcher

ALL SEASONS
HEATING & AIR CONDITIONING



828 651-9998
P. O. Box 987
Skyland, NC 28776
www.allseasonsnc.com

Aran Pelly
info@allseasonsnc.com

TOTAL HOME INSPECTIONS
Home inspections • Radon testing



RONNIE OWENBY
828.231.4039
totalhomeinspectionsllc.com

GALLOWAY MASONRY
Land Maintenance • Road Maintenance
Retaining Walls • Excavating
...and more!



Serving Fairview for over 20 years!

Call Rick Today!
828.776.4307

FAIRVIEW Health & Retirement Center



828 628.2800
3016 Cane Creek Rd., Fairview
Fleshers.net

- Medical Care
- Nursing/Rehabilitative Care
- Variety of accommodations
- Assisted Living
- On-site pharmacy

A family caring for families since 1954

MIKE SURRETT
Lawncare & Handyman

Free Estimates • Insured

Tree Cutting/Removal • Firewood • Moving
Drywall Patching • Interior Painting • Carpentry
Pressure Washing • Moving • Trash Removal

828.628.2918 • cell 828.230.8494
surrettm@bellsouth.net

Joe's Floor Covering



30 YEARS OF EXPERIENCE IN ALL TYPES OF FLOORING

MASTER CERTIFIED FLOORING INSTALLER


FREE ESTIMATES
sueshamulas@gmail.com 828-551-2053 or 828-222-2336
WE'RE RIGHT HERE IN FAIRVIEW!

Besides installing wood, carpet, LVP and sheet vinyl, we do bath remodels, splash guards, tile repair and more. Get in touch and we can talk over your needs.



GET IT DONE RIGHT!

CEDAR MOUNTAIN BAPTIST CHURCH



SERVICES

Sunday School 9:45 am
Sunday Preaching 11 am
Sunday Night 6 pm
Wednesday Night 7 pm

27 REEDS CREEK ROAD, FAIRVIEW, NC 28730

EMMA'S GROVE BAPTIST CHURCH



Sunday 9:30 am Livestream on Facebook
Wednesday 6:30 pm Fellowship, Bible Study and Prayer
Uplift

417 Emma's Grove Rd, Fletcher 1.5 miles off Charlotte Hwy
628-1953 | emmasgrovechurch.org

Fairview Baptist Church

32 Church Rd
PO Box 1339
Fairview, NC 28730
828 628-2908
www.fbc1806.org
contact us @fbc1806.org

SUNDAYS
Morning Life Groups 9:45 am & Sunday Worship 11 am
Evening Life Groups & SPK Kids 6 pm

WEDNESDAYS
Family Night Supper 5:45 pm
A.M.P. Ministry 6:15 pm
Team Kids - X180 - High School - Adults
Wednesday Night Worship 7 pm

ENTER TO WORSHIP... DEPART TO SERVE

FAIRVIEW
CHRISTIAN FELLOWSHIP (PCA)
fairviewfellowship.com

A Community Renewed
By The Gospel,
Created To Enjoy God
and Love Our Neighbors

Pastor Trevor Allen
828.329.3514
pastor@fairviewfellowship.com
Worship 10 am
Sunday Youth Group 5 pm

596 Old US Hwy 74 log church on the hill beside Fairview Library

OAK GROVE BAPTIST CHURCH
EST. 1941



Tommy Wilkes
Pastor

1552 Cane Creek Road
Fletcher
828-628-1873

SUNDAYS
Sunday School 9:45 am
Worship 11 am

WEDNESDAYS
Prayer & Bible Study 6:30 pm

FRIDAYS
Young Adults Fellowship
ages 18-28 6:30 pm

Oak Grove Baptist Church
Visit us online at oakgrovemministries.org

Pleasant Grove Baptist Church
455 Hollywood Rd., Fairview
Phone: 628-2032

We invite you to come worship with us.
"A mission-minded community-based church."



Sunday School 9:45
Worship 10:45
Evening Worship 6:00
Wednesday Evening 7:00

REYNOLDS BAPTIST CHURCH



SERVICE SCHEDULE

Sunday School 9:45 am
Worship 11:00 am
Sunday Evening 5:30 pm
Wednesday 7:00 pm

REYNOLDS BAPTIST CHURCH
520 Rose Hill Rd, Asheville, NC
ReynoldsBaptistChurch.org
828.779.9783

Spring Mountain Baptist Church



Marc Shumaker
Pastor

11 Spring Mountain Rd
Fairview, NC 28730
828-551-2572 shumakermarc@yahoo.com

Find Us On Facebook

FOOD PANTRY TUESDAYS 4-6PM

THE PLACE
PEOPLE • LOVING • ACCEPTING • CHRIST'S • EXAMPLE
FELLOWSHIP CHURCH
828-581-0588
Pastor Mike Anderson

2 LAURA JACKSON ROAD, FAIRVIEW

Trinity of Fairview
Rev. Stacey Harris, Senior Pastor

SUNDAY MORNING WORSHIP & SMALL GROUPS
Two Sessions: 9:15 to 10:30 a.m. & 10:45 a.m. to Noon

WEDNESDAY NIGHT ACTIVITIES 6:00 p.m. to 8:00 p.m.
AWANA CLUBS | Food & Activities for Children
THE MIDWEEK | Food, Worship, & Activities for Students
PRAYER & BIBLE STUDY | Service for Adults

646 Concord Road, Fletcher, NC 28732 • (828) 628-1188
www.TrinityofFairview.com

Phishing Attacks

Phishing attacks are scams sent by cyber criminals, typically via email, text or the internet, that can sometimes be tough to spot until it's too late. They are designed to trick you into either paying money or sharing personal information such as your accounts and passwords. In fact, they're called "phishing" because these messages are fishing for your information. If you fall for a phishing attack, there can be serious consequences, including financial loss and identity theft. These attacks are on the rise and require extra vigilance if you use a computer.

Seniors are some of the most trusting and also the wariest of any demographic people group I've experienced. Scammers know this and have developed sophisticated ways of taking advantage of seniors. Phishing is one of the most prominent tactics. Identifying a scam is the first line of defense.

The Four Ps of a Scam: Pretend, Problem, Pressure and Pay

- **Scammers pretend to be from a familiar organization** or agency, like the Social Security Administration or your bank or credit card company. They may email attachments with official-looking logos, seals, signatures or pictures of employee credentials.
- **Scammers present a problem** (or a prize). They may say your Social Security number was involved in a crime, ask for

personal information to process a benefit increase, or tell you an account was frozen and requires your identity to restore it.

- **Scammers pressure you** to act immediately. They may threaten you with arrest or legal action.
- **Scammers tell you to pay** using a gift card, prepaid debit card, cryptocurrency, wire, money transfer or by mailing cash. They may also tell you to transfer your money to a "safe" account.

Two main categories of phishing are "shotgun," recognizable by the large audience to whom it is sent, and "spear phishing," which targets you specifically by including actual personal information about you, such as your name. Spelling or grammatical errors in the message warrants an immediate delete. Regardless of what type of phishing message you receive, the goal of the message is to prompt you to open it, click on links, reply with personal information or forward the message to more people. The bottom line is awareness. And remember, when in doubt: don't click, just delete.

Thanks for reading. See you in September.



Mike Richard is president of Prime Time Solutions, offering local, free, no-obligation consultations: 628-3889 or 275-5863.

HELP WANTED



NOW HIRING. Applications for TE Connectivity accepted at Spherion Staffing, 856 Sweeten Creek Rd., Unit H in Asheville. Call 348-0390

FLESHER'S FAIRVIEW HEALTHCARE CENTER

is a 3rd generation family owned and operated skilled nursing facility. We are a great place to work and when you work for us, you become one of the family. We are currently hiring in Nursing, Housekeeping, and Dietary. We offer many benefits including: BCBS insurance, Paid Vacation and Sick Time, Flexible schedules and 401K. Call 628-2800 and ask for the specific department you're interested in for more information!

FOR SALE

12 ACRE LOT



in gated community for sale by owner. Located off Old Fort Road, East of NC 9. 20 minutes

from Black Mountain and Bat Cave. Beautiful views, large trees and year round stream. \$170,000. Serious inquiries by appointment only after mailing name and contact info to: M Drake 1227 Old Fort Road, Fairview, NC 28730 or email sylviamarshall@hotmail.com.

BROAD RIVER VIEWS

3.8 acres, 15 minutes south of Black Mountain off Hwy 9, has power pole, 175 ft. county road frontage, NOT in flood zone, \$35,000. Good investment property. Contact 828-628-2999.

DELAWARE AND BLACK AUSTRALORP PULLETS.

Fully Feathered, Will lay by Fall. \$25 Call Janet 628-1758.

SERVICES

ACCOUNTING/TAXES

BOB WILLIAMSON, CPA has served Fairview and surrounding areas for over 12 years. His office is at 1185 Charlotte Highway, Suite F, in Fairview. Bob is looking forward to helping the community with tax and accounting needs. Call 828.338.0314

CONSTRUCTION/HANDYMAN

ALL CONSTRUCTION SERVICES



Customized building, turn-key homes, remodeling, decks, and light dump truck work. 75 Years of quality

customer service. Free estimates. Call David Frizsell at 828-458-2223.

EVENT SPACE

OPENINGS FOR DIY family events/weddings, Beautiful Cloud 9 Farm, Call Janet 628-1758.

HOUSECLEANING

HOUSE CLEANING by Darlene in business for 10+ years CALL or TEXT for a quote today 828-767-9848

TRADITIONAL OR GREEN CLEANING Now taking new clients. 20 years of cleaning experience. References available. Flexible schedule. Anna: 828-582-1252

INSURANCE

MEDICARE HEALTHCARE INSURANCE PLANS

Offering Medicare Rx, Advantage and supplement plans. Mike Richard, local Fairview independent agent since 1998. 828-628-3889.

LAWN CARE/LANDSCAPING

NESBITT LAWN CARE AND LANDSCAPING Mulching, hedge trimming, weedeating if it's lawn care you need I can do it. 828-243-4759

ORGANIZING

OVERWHELMED BY CLUTTER?

Let a professional organizer remove chaos and clutter from your home/office. Call for a free one-hour consultation. grandsolutions.net. Member of NAPO. 516-238-6979.

NOTICES

STUDY GROUP A Course in Miracles study group meets each Monday 1-2:30PM for discussion and meditation. Welcoming new friends. Call 828-458-1633.

ADVERTISE IN THE CRIER!

\$10 for 20 words; 25¢ per word thereafter. Notices, non-commercial personal ads free.

call/text Clark 828-771-6983 clark@fairviewtowncrier.com



The Fairview Town Crier

Managing Editor **Clark Aycock** clark@fairviewtowncrier.com
phone/text 828-771-6983

Art Director **Lisa Witler** lisa@fairviewtowncrier.com

Billing Questions **Veronica Flynn** billing@fairviewtowncrier.com

Labeling Volunteer Coordinator **Diana Soll** dbsr828@gmail.com

fairviewtowncrier.com | 628-2211  

OFFICE OPEN Tuesdays 11am-3pm Thursdays 11am-3pm

BIG BLUE DROPBOX AVAILABLE 24/7

1185-H Charlotte Highway

Mailing address: P.O. Box 1862, Fairview, NC 28730

SUBMISSIONS Announcements, community news, upcoming events, etc. will be published free as space allows. Send a SASE if you would like your photo returned. Articles submitted must have content and tone consistent with the Crier's editorial policy. All submissions will be edited for clarity, style, and length. Materials must be received by the 10th of the month preceding publication. Include name and phone number. Unsolicited manuscripts/photos are welcomed, and will be returned if a SASE is included. Anonymous submissions will not be published. The Crier reserves the right to reject editorial or advertising it deems unfit for publication.

EDITORIAL POLICY The Fairview Town Crier reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of our non-profit community newspaper. Information provided has been submitted and a best effort has been made to verify legitimacy. Views expressed in columns and/or articles do not represent those of The Fairview Town Crier, PO Box 1862, Fairview, NC 28730; copy@fairviewtowncrier.com.

LETTERS of 400 words or less may be submitted, may be edited, and will print as space allows. No letters will be published anonymously. We will not print letters that endorse or condemn a specific business or individual, contain profanity, or are clearly fraudulent. Views expressed do not represent those of The Fairview Town Crier. Include name, address, and phone. Email editor@fairviewtowncrier.com or mail Fairview Town Crier, PO Box 1862, Fairview, NC 28730.



Jim Buff

CRS

828.771.2310

86 Asheland Avenue, Asheville, NC

Fairview resident since 1992!

kw PROFESSIONALS

KELLERWILLIAMS. REALTY

www.jimbuff.com



FEATURED LISTINGS



ASHEVILLE! Warehouse/Office on 1.22 acres, 1 full, 2 half baths, loading dock + 3 other rollup doors, city water, 10 ton bridge crane supports, natural gas, elec heat, *MLS#3927611 \$1,995,000!*



WEAVERVILLE! 3 BR, 2 bath home on .31 acres, fenced backyard, garage, basement-easily finished, convenient location, *MLS# 4024842 \$299,000!*



SYLVA! Cozy, 2 BR, 2 Bath mountain home, tons of natural light, hot tub, bsmt w/garage, minutes to Sylva & Waynesville, *MLS#3938305 \$310,000!*



WEAVERVILLE! Approx 6 Acre tract, long range views, existing driveway, multiple building sites possible, *MLS# 4010156 \$275,000!*

Savings & service with a smile

Call, click or stop by today



Tammy Murphy Ins Agcy Inc
Tammy Murphy, Agent

135 Charlotte Highway, Suite B
Asheville, NC 28803-9602

Bus: 828-299-4522
tammy@tammymurphy.com
www.tammymurphy.com



State Farm
Bloomington, IL

PUT SUCCESS ON YOUR SIDE

Call the Jim Buff Team



Jim Buff
Sales



Steve Hedrick
Sales



Heather Hendrix
Sales



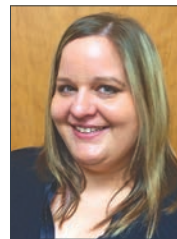
Jason Rice
Sales



Sabrina Howard
Sales



Noah Clarke
Closing
Coordinator



Ashley Nelson
Office/Listing
Manager



Rebecca Guy
Office Assistant

RESULTS

38 Folsom Dr..... Pending in 4 days	39 Tampa Ave..... Pending in 1 day
234 Brickton Village Pending in 1 day	131 Vinewood Circle.... Pending in 7 days
37 Beechwood Rd Pending in 2 days	4 Cub Rd Pending in 4 days
87 Huntington Drive..... Pending in 10 days	51 Florian Lane..... Pending in 6 days
1445 Newstock Rd Pending in 2 days	44 Pharis Place Pending in 8 days
103 Cimarron Drive Pending in 4 days	61 & 63 Salem Ave..... Pending in 1 day
93 Stafford Court..... Pending in 4 days	894 Weston Rd #3..... Pending in 11 days
2 First Street..... Pending in 1 day	38 Cloverfield Rd..... Pending in 4 days

www.jimbuff.com