



# The Fairview Town Crier

APRIL 2024 VOL. 28, No. 4 | FAIRVIEW, NC | fairviewtowncrier.com

fairviewtowncrier.com



(l to r) Natalya Zoe Weinstein and Fairview Library's manager Jaime McDowell and her daughter Matilda distributed free copies of *The Violin Conspiracy* by Brendan Slocumb.

## Out and About in Fairview

by Ralph Grizzle

If, like me, you thumbed through last month's *Crier* noting events of interest to you, then you likely had a busy March. My red pickup was burning up the roads as I went from one happening to another. First up was Natalya Zoe Weinstein's performance at Turgua Brewing. Natalya's "Fiddle Tasting" was presented in conjunction with Fairview Library. More than 100 people listened as Natalya serenaded us. She teased *Crier* readers in March, promising to reveal the difference between a fiddle and a violin. "It's how you play them," she said with a smile.

My next stop was Barn Door Ciderworks for a Raclette Pop Up. Barn Door teamed up with Blue Ridge Mountain Creamery to serve up the traditional Swiss dish, paired with cider. It was a match made in heaven, or rather, in Fairview.

On the way to photograph the Sad-Eyed Barn (see page 7), I came upon a clean-up crew clad in orange vests. Keep Fairview Clean and Garren Creek Community volunteers combined forces to collect 26 bags of litter along 1.5 miles of Garren Creek Road. If you'd like to lend a helping



Dan Fowler and Katie Moore of Barn Door Ciderworks

hand next time, check out [facebook.com/groups/keepfairviewclean](https://facebook.com/groups/keepfairviewclean).

Speaking of volunteers, you might remember Jane Hambley and Wanda Lytle, who last month asked for ideas about activities at the Fairview Community Center (FCC). I ran into Wanda at the post office. She said they'd gotten a good response from the *Crier* article, the most interesting of which was to offer roller-skating. Don't start polishing your skates just yet.

Later, I talked with Jane at the Fairview Library, where we were attending an excellent presentation by Buncombe County about rewilding your space (see page 13). Jane told me that what the FCC



Victor Chiarizia and Tricia Welsh serving raclette from Blue Ridge Mountain Creamery

really needs are volunteers. If you're willing to lend a hand, reach out to [fairviewcommunitycenter@gmail.com](mailto:fairviewcommunitycenter@gmail.com).

Turn the pages to check out the events happening in April so that you can plan your outings this month. I hope to see you out and about in Fairview.



The clean-up crew on Garren Creek Road

## FES Spring Festival Is Here!

Fairview Elementary's PTA's spring festival will take place on April 26 at the Fairview Community Center and FES gym from 4-7 pm, rain or shine.

The FES Dad's Club will provide an obstacle course that will challenge festival goers to run, climb and crawl their way through a maze of fun. There will be GellyBall,

interactive inflatables, a dunk tank and more. The school's chorus and percussion groups will perform. Students will compete in a Fairview's Got Talent talent show. DJ Christopher will play music. And the Fairview Fire Department, Freddy the Cardinal, the Asheville Tourists' Mr. Moon, and Ninjaville will be special guests.

Coordinators have been collecting donations from local businesses and have put together some amazing raffle baskets. Tickets are \$2 each, and there will also be a 50/50 raffle.

There will be many food options, including pizza, homemade ice cream and shaved ice.

Wristbands for unlimited fun can be purchased for \$10 each. Children under 2 and adults are free. **Please bring cash**

**and credit cards, as some things will be cash only.**

If you can't make it to the festival, you can always mail a donation to the school to the attention of FES-PTA, 1355 Charlotte Highway, Fairview, NC 28730. Please make checks payable to FES-PTA.

There are many opportunities to help out—everything from filling raffle baskets to set-up to clean-up. Email [fesvolunteers@gmail.com](mailto:fesvolunteers@gmail.com) for info or call the school at 628-2732.

Money raised through donations and at the festival will support many programs and activities, as well as aid with the purchase of literacy materials and technology that will benefit every student and staff member at Fairview Elementary.



## CALLING ALL YOUNG ENTREPRENEURS: THE KIDS MAKERS MARKET RETURNS

By Ashley Haywood

Calling all crafters, artists, and budding pastry chefs between the ages of 5 and 12. The next Fairview Kids Makers Market will be held on May 19 from 11 am-3 pm at Root Cause Farm (26 Joe Jenkins Road, Fairview). This is another big opportunity for our local young entrepreneurs to showcase their talents and sell their handmade goods.

Last fall's market was a success at Root Cause Farm, and we're excited to bring it back. The farm grows and gives away 100% of its produce to the surrounding area and is the perfect location to host this event. Come enjoy being outside in the beautiful spring weather, listening to a local musician, grabbing lunch from a food truck, and of course, supporting budding entrepreneurs.

If your kid is 12 or under and hand-makes their creative wares, please apply. We have room for 35 vendors (we sold out of spaces for the previous two events) and three sponsor booths reserved for kid-focused local businesses. Vendor booths cost \$20, and applications are now being accepted. For more info and to apply, please contact me at [ashleybhaywood@gmail.com](mailto:ashleybhaywood@gmail.com). The deadline to apply is April 30.



The Fairview Town Crier  
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# COMMUNITY CALENDAR

## APRIL 1

### OPENING DAY

#### Sales Farm & Greenhouses

See ad on page 13 for hours and more info. 25 Sales Farm Drive, Asheville.

## APRIL 2

### WNC PROSTATE SUPPORT GROUP

6:30 pm. Medical professional speakers. Free. First Baptist Church of Asheville or Zoom. wncprostate@gmail.com or 419-4565.

## APRIL 6

### OLD FORT ROAD ROADSIDE CLEANUP

10 am–12 pm. Join your neighbors at Spring Mountain Community Center (807 Old Fort Rd.) to get your bags and safety vests. Wear brightly colored clothing and bring gloves. Bring a trash-grabber if you have one. Special hidden items along the route can be turned in for prizes.

## APRIL 7

### BOOK SIGNING

#### The Joint Next Door

2–4 pm. Book signing for Mark Tullis's new book. See page 23 for more info. 1185 Charlotte Highway, Fairview.

## APRIL 7

### OLD-TIME AND BLUEGRASS MUSIC Turgua Brewing

3–6 pm. Warren Wilson College student

old-time and bluegrass bands. 3131 Cane Creek Rd., Fairview.

## APRIL 9

### FAIRVIEW BUSINESS ASSOCIATION MEETING, POTLUCK AND BYOB Gratia Botanica

6–8 pm. Open to the public. Come learn about the FBA and meet members. For more info on the FBA, see page 27. 4 Olde Eastwood Village Boulevard, Suite 202, Asheville.

## APRIL 12

### DRINKS WITH DEMS

#### Buncombe County Democrats

6–7:30 pm. Join Buncombe Democrats and like-minded independents for an evening of socializing at Cultivated Cocktails. For more info, contact Sarah Beaver at Sarah.matney.beaver@gmail.com or 980-229-6636. 161 Charlotte Highway.

## APRIL 13

### BUD SAYLES 5K RACE

#### A.C. Reynolds High School

10 am. In addition to the run, a community yard sale will start at 8 am and a creek clean-up will take place throughout the day. See page 18 for more info.

## APRIL 13

### RUSTY DOG ARTS & CRAFTS SHOW

9 am–3 pm. See ad below. 379 Old Charlotte Hwy., Fairview.

## APRIL 15

### PRIORITY REGISTRATION DEADLINE FOR SUMMER ADULT EDUCATION Warren Wilson College

See ad on page 7 for more info.

## APRIL 18

### PLANT-BASED COOKING CLASS Seventh Day Adventist Church

6 pm. Italian cuisine. See ad on page 12. 57 Cane Creek Cir., Fairview.

## APRIL 19

### REOPENING & DR. WILL MARMALADE SESSION Barn Door Ciderworks

4–8 pm. Come remember Dr. Will and play with friends as Barn Door reopens for the season. For info about the event, call 917-504-1503. See ad below and story on page 26 for more info. 23 Lytle Rd., Fletcher.

## APRIL 26

### FAIRVIEW ELEMENTARY SPRING FESTIVAL

4–7 pm. See front page for full info.

## APRIL 26–27

### HOPE FOR THE JOURNEY Signs for Hope and Trinity of Fairview

See ad on page 18 for times and other dates. Designed to empower parents and caregivers to meet the needs of children impacted by adoption, foster care and/or trauma, the conference provides teaching, resources, and practical experiences. 646 Concord Rd., Fletcher.

## APRIL 30

### DEADLINE TO APPLY

#### Fairview Kids Makers Market

See front page for full info. Event will be held on May 19. Save the date!

## APRIL 30

### LABELING

#### Fairview Town Crier

10 am. Come chat with your neighbors as

we put labels on the papers that go to Fletcher and Reynolds. Text or call the editor to volunteer or get more info (see contact info on page 31). At Re.Imagine Studios, 15 Spivey Lake Dr., Fairview.

## MONTHLY

### VOLUNTEER DAYS

#### Root Cause Farm

Sundays, 3–6 pm, Mondays, 9 am–12:30 pm; Potluck Dinner, last Sunday of every month, 5 pm; Share Market, Mondays.

— SAVE THE DATE —

## MAY 18

### YARD SALE FUNDRAISER

#### Reynolds Youth League

All sales and donations benefit the Reynolds Youth League. Get more info on Facebook (@Reynolds Youth League) about items that can and can not be accepted for donation to sale.

## Happy 90th Birthday to Julia!

Julia Prida celebrated her 90th birthday last month in her new home in the The Cliffs Community in Reynolds. She moved here last year from Miami with her daughter, Annie Haberkorn, and Annie's wife Judi.

Julia has very limited English and is looking for other Cubans to befriend in the area. Her favorite Saturday morning routine includes breakfast in Black Mountain at Cousins Cuban Cafe, sipping café con leche and enjoying empanadas and pastelitos.

Welcome to Fairview, and feliz cumpleaños!



Judi and Julia

## FOOD PANTRIES

### Food for Fairview

Fairview Community Center, 1357 Charlotte Hwy., Fairview

**MONDAYS** 3–6 pm

For food assistance and to volunteer (shifts run from 1–6 pm)

**TUESDAYS RESTOCKING**, 8:30–10:30 am

### The Place Fellowship Church

2 Laura Jackson Rd., Fairview

**WEDNESDAYS** 4–6 pm

### Trinity of Fairview

646 Concord Rd., Fletcher

**WEDNESDAYS** 9 am–12 pm

**IDENTIFICATION STATEMENT** *The Fairview Town Crier* is a 501 (c) (3) company that publishes a monthly community newspaper. Twelve issues per year are delivered free on or about the first of every month to 9,000+ households. Distribution is limited to Fairview, Gerton, and contiguous parts of Reynolds and Fletcher, NC.

*The Fairview Town Crier* is located at 1185H Charlotte Highway, Fairview, North Carolina 28730; mailing address is PO Box 1862, Fairview, North Carolina 28730. Subscriptions may be purchased for \$35 per year and will be mailed First Class postage on or about the first of each publication month. Visit fairviewtowncrier.com for details or to order online.

**Editorial Policy:** *The Fairview Town Crier* reserves the right to refuse any advertising or editorial submission deemed inappropriate for the tone and style of the publication. A best effort has been made to verify legitimacy of information received and published. Views expressed in columns and/or articles do not represent those of *The Fairview Town Crier*.

Submissions: Announcements, community news, upcoming events, obituaries, personal notices, letters, etc. will be published free as space allows. For staff directory, contacts and additional info, please visit fairviewtowncrier.com or see page 31.

## BARN DOOR CIDERWORKS

# New 2024 Schedule

opening monthly every third weekend

Fri- 4/19	Sat- 4/20	Sun- 4/21
<b>Back Yard Marmalade</b> <i>in Honor of Doctor Will</i> Hosted by John Templeton 4-8 pm	<b>Come visit!</b> 2-8 pm	<b>Little Oven Pizza Truck</b> 2-7 pm

23 Lytle Road, Fairview/Fletcher 828.484.1586  
 more info at [barndoorcw.com](http://barndoorcw.com)

# RUSTY DOG

## ARTS & CRAFTS SHOW

<b>2nd Saturdays</b> April through November 9am to 3pm	<b>379 Old Charlotte Hwy</b> Between Daymoon Coffeebar & Signs for Hope
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## One Book, One Buncombe

The Buncombe County Public Libraries launched a community read for Spring 2024 called "One Book, One Buncombe." We have selected *The Violin Conspiracy* by Brendan Slocumb for our first book. The novel deals with themes such as musical talent and expression, family, the value of art, greed and commerce, and racism. The author is from Fayetteville, NC, and has taught at UNC-Greensboro. Our goal for One Book, One Buncombe is to create a shared experience of reading among a wide spectrum of people.

Library staff can assist patrons in accessing circulating library copies of the book. Limited free downloads of e-reading and audiobook versions are available digitally through the Libby app.

Copies of the book will also be available for purchase at Daymoon Coffeebar, which is offering a 10% discount through the end of April.

### UPDATES

#### Friends Meeting

April 2, 7 pm  
Friends of Fairview Library will hold their regular meeting, which is open to the public in the library's Community Room.

#### Community Engagement Market

April 5, 3-4:30 pm  
Buncombe County's Community Engagement Markets offer free food, medical services, and information about mortgage, rental, and weatherization assistance, as well as other resources directly to those most in need by meeting them in their neighborhoods.

#### Staff Day Closing

April 18  
All Buncombe County Libraries will be closed for staff training and development.

#### Art On Display

Julie Bagamary is an innovative textile artist who skillfully creates narratives using colors and stitching. Visit the library any time it is open to see this exhibit.

### FOR KIDS

#### Weekly Story Time at the Library

Tuesdays, 10:30 am, 3-6 years  
Thursdays, 10:30 am, 18 months to 3 years

#### Baby Gym

Every Wednesday, 10:30-11:30  
Ages 4 to 18 months. Babies and their caregivers are welcome to come play in our Community Room. There will be mats and things on which to roll, bounce on and climb. Play with other babies and meet other caregivers.

### CRAFTING AND CREATING

**In House Activity: Blackout Poetry**  
April is National Poetry Month, so all month long, you can stop by the library and create blackout poetry, which is made by crossing out some words and leaving other

words in a piece of existing text. Easy and somehow always profound. Ages 10 and up.

#### Take Home Craft: Galaxy Collage

We're celebrating April's rare total solar eclipse. While supplies last, pick up a take-home craft featuring a DIY galaxy collage. Ages 5 and up.

#### Clay Day

April 12, 3:30-4:30 pm  
You bring the creativity (and whatever hilarity you have), and we bring the clay (and maybe some hilarity)! Ages 5 and up.

#### LEGO Club

April 26, 3:30 pm

#### Eyes on the Solar System

April 27, 1-2 pm  
Students will live a day in the life of our solar system through interactive play and inquiry-based exploration with our inflatable planetarium. They will take ownership over research and practice science communication through group sharing. With the Asheville Museum of Science. Ages 8-15.

### FOR ADULTS

#### Fairview Fiber Arts Club

April 9, 6:30-8 pm  
A monthly gathering of those who enjoy knitting, crocheting, and hanging out with friends. This is not an instructional group, but newcomers are welcome.

#### An Exploration of Watercolors with Nate Barton

April 10, 5-6:30 pm  
In this adult studio classroom, we will learn about the materials and techniques to make working with watercolors attainable for people at all levels. Each participant will create a mountain landscape to take home.

In addition to making and selling his original art, Nate Barton also teaches art at the ICIImagine school and adult classes in and around Asheville. He lives with his wife and two sons in Fairview.

Participants must register for this class via the library events calendar online ([buncombecounty.org/library](http://buncombecounty.org/library)) or by calling the library at 250-6484.

#### Fairview Online Book Club

April 16 at 7 pm  
The book club will discuss *The Violin Conspiracy* by Brendan Slocumb via Zoom. For information or to register, email [jaime.mcdowell@buncombecounty.org](mailto:jaime.mcdowell@buncombecounty.org).

#### A Morning with Authors Adele Myers And Joy Callaway

April 19 at 10:30 am  
Join us for a morning of readings and conversation with bestselling authors (*The Tobacco Wives* and *What the Mountains Remember*) and NC natives Adele Myers and Joy Callaway. Coffee and pastries will be served. Presented with financial support from the Friends of Fairview Library.

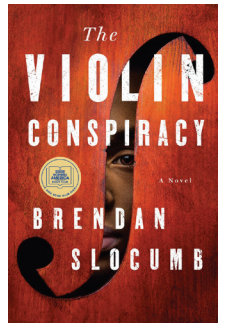
#### NCDOJ Safety Presentations with Holly Jones

### AUTHOR EVENT

## One Book, One Buncombe: Brendan Slocumb

April 27, 2 pm at Ferguson Auditorium at AB-Tech, 19 Tech Drive, Asheville

One Book, One Buncombe culminates with a community event featuring author Brendan Slocumb. Admission is free and everyone is welcome. No advance registration is required to attend this program. Slocumb will speak about the book and sign books after the formal program. Books will also be available for purchase.



### AVOIDING SCAMS AND FRAUDS

April 11, 3:30-4:30 pm  
Learn how to identify prevalent scams and frauds, respond if you think you've been scammed, and keep yourself and your information safe.

### STAYING SAFE ONLINE

April 25, 3:30-4:30 pm  
Parents and youth-serving professionals can learn about keeping children out of dangerous situations online. The presentation includes an overview of the current online landscape that youth may encounter and offers tips on how to be alert to scams, cyberbullying, cyberstalking and online predators.

#### Love is Like a Butterfly: A Dolly

### Parton Poetry Writing Workshop

April 30, 6:30-8 pm  
What could the songs of Dolly Parton teach us about writing, craft and perspectives in poetry? In this in-person workshop, poet Dustin Brookshire guides participants through exploring the discography and cultural impact of Dolly Parton. We'll use this as inspiration for writing new poems via thematic prompts.

Dustin Brookshire is the co-editor of *Let Me Say This: A Dolly Parton Poetry Anthology*. No registration is required for this workshop.

Jaime McDowell is the head librarian at Fairview Public Library. She can be reached at [jaime.mcdowell@buncombecounty.org](mailto:jaime.mcdowell@buncombecounty.org).



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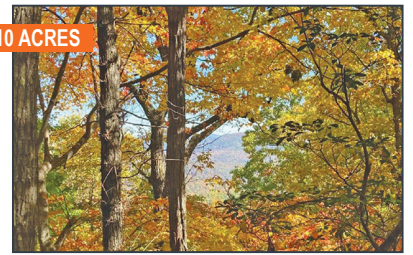
NEW FLOORS!

**OLD FORT RD, FAIRVIEW!** 3BR/2.5BA Revel in privacy on the porch, offering mountains views. Built in 1999. Paved driveway, parking. 1,736 sq ft. **\$470,000.**



SOLD!

**CANE CREEK ROAD, FLETCHER!** 28 acres of pasture. Cane Creek Frontage, views and brick ranch home. Under Contract. Taking backup offers. **\$750,000.**



10 ACRES

**IDYLWILD LN, BLACK MOUNTAIN!** 10 acre property offers a once-in-a-lifetime opportunity to own a slice of paradise. Immerse yourself in nature. **\$100,000.**



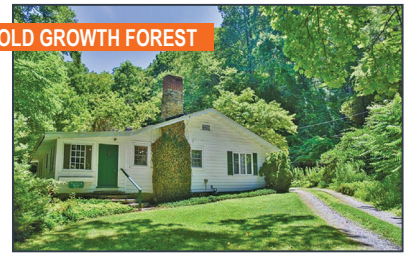
6-STALL BARN & PASTURE

**80 SHARON RD, FAIRVIEW!** 9 acres, mostly fenced in the desirable Cane Creek Valley. Includes a Paddock Paradise-type track system. **\$1,000,000.**



CREEKSIDE PROPERTY

**BURNEY MTN RD, FLETCHER!** 5 acres. 3BR/3BA Private log lodge estate made with 13" Montana Western Pine Logs in Cane Creek Valley. 3,037 sq ft. **\$890,000.**



OLD GROWTH FOREST

**705 CHARLOTTE HWY, FAIRVIEW!** 3BR/2BA Adorable cottage with split bedroom floor plan hidden in landscaping on 29.69 acres. 1,440sq ft. **\$1,790,000.**

## LAND FOR SALE

To see all our land listings visit [coolmountainrealty.com](http://coolmountainrealty.com)

**RED OAK FOREST, FAIRVIEW** 2.27 acres, Mountain Land, needswell and septic. **\$70,000**

**4 LOTS — 30 MINS FROM AVL** 4 lots ranging from 1+ to 3+ acres. Driveways in, excellent access, views. **\$120,000**

**COMMERCIAL! 2+ ACRES** Unique to the current market. Corner of Emma's Grove and

Hwy 74. 2.85 level acres with creek and mountain views. **\$600K UNDER CONTRACT**

**MOUNTAIN VIEWS WITHOUT THE CLIMB!** Paved access, long rang views with additional clearing, end of road privacy. Adjoins large tract of land. **\$100K** Call Karen 828.216.3998

**CHARLOTTE HWY, FAIRVIEW** 40 acres,

Property has water, gas, electric, cable, sewer. **\$2,740,000.** Call Sophia 828.691.0311

**DOGWOOD FOREST RD, FAIRVIEW** 5.8 acres, South facing ridgetop knoll. Expired 3 bedroom septic on file. **\$125,000.** Call Karen 828.216.3998

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# Early-season Experiments

**M**y boys and I planted 100 dahlia seeds during the first weekend in March. Being semi-serious about my gardening as well as a subscriber to long form learning, I'm interested every year in conducting some experiments just to see how things play out. These seeds are my first experiment for this year.

You may ask: Why? Well, it's probably a little early to start plants that will be fragile for nearly two more months. The likelihood of freeze is still strong through most of April, so growing something that can so easily be destroyed by a dip below freezing could be precarious. However, the reward could be great—essentially, having flowers possibly a month or more before we would normally expect them.

There is a wonderful flower farmer and incredible resource by the name of Kristine Albrecht, who manages her small farm out in California. She has some great books as well as over 100 videos on YouTube showing pretty much everything you need to know about growing dahlias. She has been growing her dahlias outside since February, and they are nearly knee high. Her intention is to have dahlias for cutting by Mother's Day.

She does have to worry about the risk of freeze, maybe not to the level that we do, but she goes to some lengths to protect

her young plants. One of the things she does is plant them under Agribon, which is a protective covering that can act as a blanket when the cold comes. The other thing she does—because this is how she makes her living—is grow backup plants. This came in handy the other day when gophers ate a bunch of her tubers.

Because we collected so many dahlia seeds at the end of last season, I feel I have the space to test some theories. Today (in the second week in March), I am going to plant 100 more dahlia seeds. What would I do with more than 200 dahlias, you may ask? That's the wonderful thing about plants. Most people are more than happy to receive the gift of a plant, and if my experiment should happen to be a grand success (pretty rare for that to happen), then I expect to give away probably half of what I grow and maybe even more.

There is something about gifting dahlias that I do not believe I will ever tire of. The cut flowers are one thing, but the idea of

tubers (essentially, the opportunity for someone to have their own dahlias in perpetuity) is kind of beautiful. I have a good friend I

work with at school who has been on my dahlia train for a few years now. She'll frequently tell me how much joy her flowers bring her, which in turn, fills me with joy.

Here are a few other experiments that I hope to undertake this season:

Last year at the end of the season I collected seeds from our sunflowers, celosia, cone flowers and zinnias.

If you have never collected your own seeds, then you may not be aware of the abundance of seeds that are generally found in one flower. My hope is that I will be able to expand our abundance of flowers through only our labors.

My mother and grandmother and I have ordered special zinnia seeds from Floret this year. These seeds are supposed to produce the same kind of flower again and again from the seeds that are collected throughout the season. (I learned this

year that if you collect seeds from one particular kind of zinnia you cannot reasonably expect that seed to produce the same kind of flower again. This is due to cross-pollination.)

The layout for planting our flowers this season will be different from what we have done in years past. Mainly, we are hoping to grow some wide rows that will allow us to easily walk through the garden to cut flowers and manage weeds.

I'm sure there will be more throughout the season, as I'm always coming across some new tidbit that sends me off on a tangent or two.

I don't know about you, but I am ready for the coming season. I am ready for green—for long days and a little bit of sunburn on my nose and cheeks. I am ready to continue to learn the humbling lessons that nature has to offer. Cheers to spring and cheers to you and yours.



Nate Barton is an artist who teaches art. He lives with his wife and two sons in Fairview, where he maintains a flower garden with his mom and grandmother, who are also his neighbors. You can find him on Instagram (@etannotrab).

# Grey Beard REALTY

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## FEATURED LISTING



**2 BR | 1.5 BA | 2,019 SF | 1.58 ACRES**

### Fairview

246 Miller Road

Fall in love with this spacious, move-in-ready creek-side home on 1.58 acres! Complete with a massive renovation, it features an open floor plan, 9'7" ceilings, and a sunroom perfect for entertaining. Enjoy seasonal views through a wall of windows from the huge primary bedroom with a walk-in closet and lounge space. Sliding doors in the primary bedroom and kitchen lead to a large deck by the babbling creek with forest views. The second large 450sf bedroom, a former sound proof music studio, offers versatility with a private entrance and a built in murphy bed.



**ACTIVE LISTING** Adam Johnson  
\$499,900 | MLS ID 4117304

## ACTIVE LISTINGS

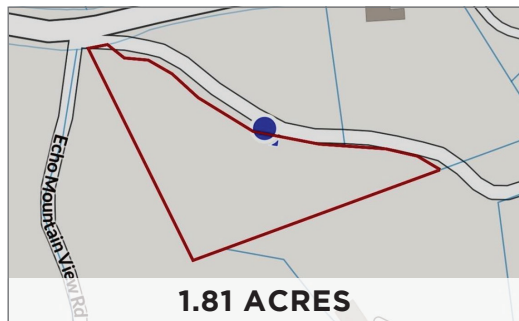
### Black Mountain



**5 BR | 4.5 BA | 4,899 SF**

1265 Arcadia Falls Way  
\$1,657,000 | MLS ID 4094204

### Fairview



**1.81 ACRES**

0 Old Fort Road  
\$37,500 | MLS 4108160

### Black Mountain



**2 BR | 2 BA | 1,504 SF**

107 9th Street  
\$990,000 | MLS 4109768

## FAIRVIEW REAL ESTATE SALES FEBRUARY 2024

LISTING PRICE	NUMBER SOLD	AVERAGE SALE PRICE	AVERAGE DAYS ON MKT	AVERAGE % LIST-SALE PRICE
UNDER \$300K	2	\$222K	10.5	100.5
\$300K-599K	3	\$409K	150.5	96
\$600K-899K	2	\$773K	161	94
\$900K+	2	\$1.4M	49.5	102.5

Data is sourced from Canopy MLS and compiled by Greybeard Realty Broker Sara McGee.

## Agent Spotlight SARA MCGEE



“ We loved working with Sara to find our new home. She was patient, responsive, and flexible. She took time to get to know us, our family, and our home wish list. [She] truly went above and beyond to make sure our questions were answered and that we were comfortable with the home-buying process. I can't say enough good things about working with Sara and highly recommend her.

— Leslie T.

**CONTACT SARA TODAY!**  
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# Beulah Murray and Her Sad-eyed Barn

Everyone who travels Garren Creek Road out past Pleasant Grove Church knows the interesting old barn with the diagonal siding. It is probably still standing because that unique building style adds a lot of strength to the structure. Sara LaStella, who delivers for Meals on Wheels, got to talking to one of her clients about that barn, and learned it was owned by Beulah Murray, a widow since the early 1960s. She operated a small dairy on her farm, selling milk and butter in the local community. Sara learned that local boys would come by and use her dasher churn to separate out the butter. She then used a butter mold to press it for sale, and it always had a little flower printed on top.

Beulah's cows grazed in the pasture across the road, and she was often seen out in the middle of Garren Creek Road with a stop sign to stop traffic, especially the school bus coming home in the afternoon. Perhaps she grabbed a few boys off the bus to churn as well! Sara's client mentioned that her son would often help Mrs. Murray sweep out her barn. And she went on poetically to say about the barn, "It stares at you with sad eyes every time you pass by."

My brother-in-law Doug Clarke was one of the boys often sent to Beulah's barn to help her with chores. He said that she no longer had dairy cows in those days

(1970s) but still grew tobacco. She had a hired man, known as JR, but when his "head got to leaning" he could no longer work. Doug remembers that Beulah's sister, who was living with her at the time, was sent to buy the biggest "deep freeze" she could find. They filled three big freezers full of food, staving off fears of going hungry through the winter.

Beulah's dairy was one of many in Fairview in those days, including Hickory Nut Gap Farm. After meeting Annie Clarke in college in 1969, I spent the summer courting her and milking the family cows. When you drive around, you can see a lot of old concrete silos built to store silage for the cows. Since everyone had a milk cow or two on their farm for home consumption, adding a few cows and a barn with stanchions (head clamps) was an option for those who could find the money for the improvements. There was a market for your milk, with processors like Biltmore and Skyline nearby in Asheville. But the race was on—"Get Big or Get Out."

One of the last dairy farms in Fairview was over on Lower Brush Creek, the Nesbitt farm. George Nesbitt bought the land in 1903 and grew vegetables. His son, John, who was well-educated in agriculture, took over and started the dairy in 1954 with 13 Holstein cows. His



Beulah's barn and a concrete silo

son, Tony, took over in 1986 and grew the herd from 75 to 550 cows. They were shipping out almost a million gallons of milk a year. It must be said that Tony's wife Celia was an equal partner in the dairy—and in raising their nine children! But the headwinds in the dairy world are tough, and the Nesbitt family finally gave in to the pressures and are no longer milking cows. Only one dairy farm remains in Fairview—the Ramseys.

The Fairview community has seen great changes from the days of Beulah Murray and her neighborhood milk and butter farm. We may soon regret the loss of the farmland and agricultural knowledge that was once prevalent in our community.

*John Ager is a board member of the Town Crier and the Fairview area's former Representative in the NC House.*



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# Spring Is Moving North

The equinox (March 20) was the official start of spring, but the actual beginning—the day when new plant growth rises and migrating birds return—varies from place to place. In WNC spring came right on time this year, with a couple of days in March hitting the 70-degree mark but also some chilly days, with the proverbial March winds making an entrance. Spring moves north as the sun climbs higher, progressing, according to an old rule of thumb, at the rate of about 100 miles per week. For many folks, spring begins when we can plant early lettuce or perhaps at the first mowing of the yard. Last month, our splashes of spring color began with a splash of yellow with daffodils and forsythia, followed by flowering cherries and magnolias. The progression will continue, and next month I'll explain why Mother's Day is the traditional date to get your warm season tomatoes in the ground.

Correspondingly, our average temperatures start to take off in April with the help of increasing solar radiation. High temperatures will go from 64 at the beginning of the month to 71 by month's end, with the lows moving from 39 to 47. Plants and trees will continue to wake up during this period as well, and local farmers' markets

will typically have early-season produce during this time. April can also be a month of extremes, and one needs to keep an eye out for late-season frosts that can harm tender vegetation, especially if trees and plants "greened" up earlier than usual.

This increase in surface temperatures combined with still cooler air aloft in April can create a large vertical temperature gradient from the surface to 40,000 feet. Because of this gradient, which is most prevalent in April, we are at a greater risk of hail here in WNC. The critical factor in all of this is where the "freezing level" is aloft. This level, which is defined by the 32 isotherm, represents the altitude at which the temperature is 32. The freezing level determines the depth of the atmosphere that is above freezing. If this level is high in the atmosphere, hailstones will have more time to melt as they fall than if the freezing level is closer to the surface.

In terms of precipitation, we are above average for the year. This past winter continued the trend for a fairly wet first quarter, helping to recharge our streams and rivers as we head toward summer. Precipitation in the fall, winter and early spring tends to occur with strong, well-defined frontal systems. These usually bring widespread rains across our area.

However, when we get into summer, our precipitation tends to be more "convective," which means that rainfall is spottier and more localized. So, having ample moisture at the beginning of the year sets us up for a lush green spring. It's hard to believe that summer and thunderstorm season are right around the corner.



Meteorologist Tom Ross managed the Climate Database Modernization Program at the National Climatic Data Center.

## WEATHER WONDER

### What is waste heat? How does it affect our metropolitan areas?

According to the Our Future Energy website, more than 50% of all energy produced by humanity is lost as heat. This happens everywhere, from large power stations and industrial sites to people's homes and cars. Business Insider states, "Projects in Europe and Canada are already capturing and using what's known as waste heat. In a Glasgow nightclub, sweaty parties' body heat gets funneled to colder rooms. A London district is capturing heat from subway tunnels and channeling it to nearby homes. Pipes beneath a German road circulate fluid that absorbs the asphalt's heat in summer, which then warms and de-ices the road in winter."



### QUESTION of the MONTH

Why is Mother's Day the traditional date to plant warm season vegetables and plants?

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# Cane Creek’s “Other World Down Under”

In this issue’s column, we’ll take a different sort of look at Cane Creek. For most of us land-lubbers and air-breathers, all we ever see is the surface of the creek flowing by. This time, we’ll go deep and visit a world “down under”—a world that many of us never see.

When you think about Cane Creek’s underwater life, at first you may think of fish, salamanders, frogs and turtles. These familiar friends certainly are the celebrities, but they are vastly outnumbered by the lesser-known but no less important aquatic insects.

These are creatures of incredible variety, including the beautiful, the bizarre, and the downright scary. Their amazing life cycles alone are fascinating. Let’s take a closer look at some of them.



Figure 2: Adult mayflies can be found fluttering along Cane Creek mostly in April & May.

Mayflies, as “the beautiful,” are a great place to start. You’ve probably heard the old adage that “mayflies live just a day.” This is false and based only on the brief flying adult stage. In fact, almost all of a mayfly’s up to two-year lifespan occurs completely underwater as buggy-looking nymphs (Figure 1B) living beneath rocks. Cane Creek has many different kinds of mayflies, which vary in size, color and even diet. Most eat plant debris or algae.

Mayflies fascinate me for a couple reasons. As adults, they are among the most beautifully shaped creatures; at rest, a mayfly adopts a pose like a tiny rocking horse (Figure 2). What’s more, their transition from aquatic nymph to flying adult is rapid and filled with peril. After a year or more in water, the aquatic stage of most mayflies must rise up to the creek surface, where its outer shell cracks open (sometimes audibly!) and an adult mayfly emerges and flutters away in a matter of just seconds. This is probably the mayfly’s greatest risk of being eaten by fish in its entire lifespan. During warm spring days, you may see a cloud of mayflies fluttering just above the water or maybe even catch the fleeting moment of one hatching from Cane Creek.

Stoneflies (Figure 3) also inhabit Cane Creek’s depths for most of their nymph stage (Figure 1C). Many kinds perform a valuable “public service” by shredding dead leaves on the creek bottom for food, and others are predators on smaller nymphs. Like mayflies, there are many different species that vary in appearance, size and behavior. Little Black Stoneflies

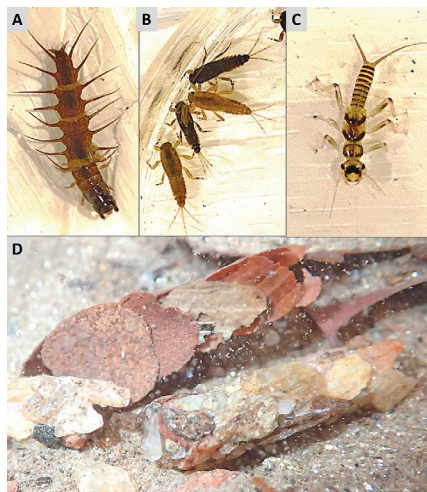


Figure 1: Some aquatic stages of Cane Creek insects. A: hellgrammite; B: mayfly; C: stonefly; D: caddisfly cases made of leaves and stones.

appear in late winter when you’d least expect to see a flying insect. Giant Stoneflies can take three or four years to complete their life cycles, and then spend just a couple weeks as night-flying adults. Their transition to adult isn’t as dramatic as mayflies—their nymphs crawl out of the water and attach to trees or shrubs before hatching. You may find their empty shells along creeks in June or July.

One bizarre trait of stoneflies is the habit of “drumming” by males to attract females for mating. Both males and females drum, and move closer in response to the vibrations. Why? I guess they just can’t sing...

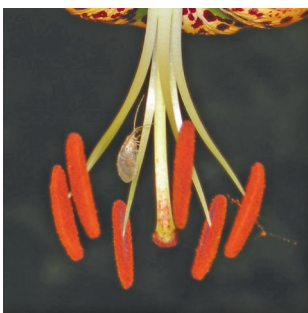


Figure 4: A caddisfly hides on the stamens of a wild lily.

A close second for bizarre behavior goes to caddisflies (Figure 4), of which many species inhabit Cane Creek and its tributaries. Although some are free-swimming, most caddisflies in the aquatic stage have the unusual skill of building camouflaged cases (Figure 1D) out of natural materials on the stream bottom. These cases are protective yet portable—a caddis larva

crawls around the creek much like a tiny hermit crab with a shell. After hatching, the empty cylindrical cases made of tiny stones are so attractive that they have been used by local artisans in jewelry. Not to be outdone in the “bizarre” category, adult caddisflies can actually re-enter the water for as long as 30 minutes due to air bubbles trapped in body hair. This enables the female to submerge and attach her eggs to rocks and logs for the next generation.

These may be interesting factoids, but why do these insects matter? They are hugely important as major



Figure 3: An adult stonefly (right) freshly emerged from its nymphal skin.

components of the aquatic food chain for more charismatic wildlife like fish, turtles, frogs and salamanders, but the adult insects are important food for terrestrial birds and small mammals as well. Their aquatic stages process the dead leaves, branches and other materials that would endlessly build up in streams without their services. They limit potential overgrowth of algae by feeding on it. These are all important roles in the balanced interactions between healthy streams and their surrounding landscapes. In fact, widely used standard methods to assess stream health are based on whether expected numbers and varieties of the aquatic stages of mayflies, stoneflies and caddisflies are found there.

## Beautiful, bizarre and—oh, yes—also downright scary.

One of the scariest and largest aquatic insects has to be the hellgrammite (Figure 1A) and its adult form, the Dobson Fly (Figure 5), with its six-inch wingspan. Although non-poisonous, both stages can pinch if provoked. Your chances of encountering hellgrammites



Figure 5: A very scary male Dobson Fly.

are slim unless you turn over stream rocks, but Dobson Flies may visit outdoor lights. The male’s jaws are more than an inch long, and he is capable of threatening poses suitable for a horror movie. If scary is your thing, this is your bug; but leave them unharmed to give others the spine-tingling willies. It seems only right to share.

Doug Norton ([dougnorton99@gmail.com](mailto:dougnorton99@gmail.com)) is a retired watershed ecologist and online science educator who lives in Fairview. Cane Creek Chronicles explores the Cane Creek Watershed.

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# Battling Invasives On Your Property

by Raven Sterling

## Bradford Pears are showing their pretty blossoms this time of year,

as a few planted here and there have rapidly spread along our roadsides, into yards and up our mountains. As nice as they may be to look at, these ornamentals should be unwelcome, as they outcompete native trees and damage our natural ecosystems. They cross-pollinate with fruit-bearing pear trees, making them infertile, thereby creating food deserts for birds and other wildlife.

Many of the invasive plants we battle in WNC are spread from mature plants that have gone to seed and are moved by nature, equipment, wildlife, pets and people. To make matters worse, plants classified as invasives are sold, traded and planted every day. But NC state leaders are taking notice.

Earlier this year, Governor Roy Cooper signed into law Executive Order No. 305, An Order to Protect and Restore North Carolina's Critical Natural and Working Lands. The bill is lengthy and covers a lot of ground. It includes several aspirational goals to restore and protect our forests and wetlands and the life that depends on them.

The bill also includes mandates that state-owned properties only use plants native to the Southeast, with a "strong preference" for plants native to NC. It

encourages local governments to enact similar policies. For more info, go to [tinyurl.com/ncorder305](http://tinyurl.com/ncorder305).

You can help minimize the spread of invasive plants by choosing native plants. A good plant ID app on your phone can help with information on plants you're considering for your yard. Find one that labels invasive plants.

What follows is a partial list of invasive plants that you may want to remove from your property—or at least avoid planting.

↪ **Burning Bush**, a popular plant for its fall color, spreads quickly and outcompetes native plants.

↪ **Nandina**, also known as heavenly bamboo, contains arsenic in every part of the plant. If enough is ingested, anything that eats it will die. Yet, it is planted around our schools, homes and businesses.

↪ **English Ivy** is "one of the worst invasive weed problems in North Carolina," according to the NC State Extension. This invasive kills trees as it aggressively spreads into native forests.

↪ **Chinese Barberrry**, Asian Wisterias and other invasive plants line shelves in nurseries, garden centers and grocery stores. Several federal agencies have directives and laws prohibiting or restricting the introduction of invasive species.

↪ **Chinese Silver Grass** originated in Asia, has a high flammability rating and should not be planted near your home—or preferably not at all.

The NC State Extension provides a list of alternatives to invasives on its website ([ces.ncsu.edu](http://ces.ncsu.edu)).

NCwildflower.org has fantastic resources, including lists of invasives by threat level and lists of recommended native plants. Check the watch list, as these plants will likely be labeled invasive at some point.

If you have invasives in your yard, work

toward removing them and replacing them with natives—ideally, those native to the area in which you live. Love birds, butterflies and bees? Plant their food and habitat, and they will come.

Fairview resident Raven Sterling is the owner of Raven Invasive Plant Management. Visit her site, [ravenncc.com](http://ravenncc.com). You can look for more articles on invasives from her in future issues.

## Reaping The Rewards

Did you know that the NC State Extension will pay you to remove Bradford Pear trees from your property? There's a catch, though. Payment is in the form of native replacement trees such as the Eastern Redbud, Serviceberry, Paw Paw, Red Maple and many others. The NC Bradford Pear Bounty is a collaborative program between the NC State Extension, NC Urban Forest Council, NC Forest Service and NC Wildlife Federation. (As this article went to press, only Henderson County residents qualify for free native trees in exchange for felled Bradford Pear trees, but we're told that Buncombe County Commissioners will soon approve the program for Buncombe residents.)

To qualify, you must remove the Bradford Pear trees, treat the stumps with herbicide (or preferably, uproot the stumps) to avoid resprouting, and take before and after photos as proof of removal. In return, the NC Bradford Pear Bounty will give you up to five native trees to plant. For more info, see [treebountync.com](http://treebountync.com). —from the Town Crier editors

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# Fletcher Resident Honors Revolutionary Patriots

Garry Linton, who lives in Fletcher, serves as the Vice President, Color Guard Commander, and Co-Chairman of the Educational Committee in the Blue Ridge Chapter of the Sons of the American Revolution (SAR). Although Linton's family is originally from NC, his grandparents moved out of the area for work. In 2019, Linton moved back to NC and the Fairview area, into the Meadow Wood neighborhood off Emmas Grove Road.

Linton is an instructor at UNC-Asheville's Osher Lifelong Learning Institute (OLLI) and a member of the OLLI Math, Science and Technology Curriculum committee and OLLI Men's Wisdom Works group. He also volunteers as a living history member of the National Park Service's Volunteers in the Park program at national battlefields.

Linton's family settled in NC during the late 1600s through the early 1700s. His ancestors served in the NC militia during the American Revolution, and this legacy, along with a love of history, led him to join the SAR.

The Blue Ridge Chapter is the oldest SAR chapter in WNC and has nearly 90 members. The mission of the SAR is to honor the Revolutionary War Patriot ancestors of its members by promoting patriotism, serving members' communities, and educating and inspiring future generations about the founding principles of our country. Garry and his SAR compatriots provide educational programs on the American Revolution and participate in National Park Service commemorations and events on national battlefields throughout the south.

Marking the graves of Revolutionary War Patriots is also an important service of the SAR. And one such event is the upcoming grave marking ceremony for five patriots of the American Revolution buried in the Newfound Baptist Church cemetery in Leicester. The ceremony will take place at 11 am on April 27. The public is welcome to attend. Patriots Joseph Cole, Joseph Harrison, John Hays, Peter Plemmons and Valentine Thrash will be remembered and honored by the reading of their histories, placement of wreaths by SAR and Daughters of the American Revolution (DAR) members, and a flintlock musket salute by the SAR Color Guard.

*More information about the SAR can be found at [sar.org/sar-missions-and-goals](http://sar.org/sar-missions-and-goals).*



## Night vs. Day Skincare

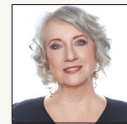
Ever found yourself staring at a bottle of lotion or serum, pondering, "Should I use this in the morning or at night?" Truth is, the distinction between day and night products is often more about marketing than functionality.

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"Night" products are typically richer, perfect for indulging your skin with extra moisture while you sleep. However, they might leave your skin looking a tad too shiny for daytime wear and may not mesh well with makeup. Additionally, they often contain ingredients like retinol, which are sensitive to sunlight.

On the flip side, "day" products are lighter and may be formulated to complement makeup or provide instant skin improvements. And here's a surprise: products containing sun-sensitive actives like Alpha Hydroxy Acids don't necessarily need to be reserved for nighttime use. The increased sun sensitivity they induce can persist for days, so sunscreen is a must regardless of when you apply it.

Many active ingredients require consistent use over days or weeks to show results, regardless of the time-of-day application. Ultimately, it's about finding what works best for you. Maybe you prefer an oil serum before bed and a lighter moisturizer during the day. Or perhaps your favorite cream clashes with your go-to foundation, relegating it to nighttime use. The key is understanding your skin's needs and adapting your routine accordingly.



*With 45 years as an esthetician and the founder of the first day spa in Texas, Brea Gratia excels in acne and aging skin expertise, offering sought-after solutions. She is the owner of Gratia Botanica, 4 Olde Eastwood Village Blvd., Asheville. 333-5345.*

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# Understanding Metabolism for Healthy Weight

In the ever-evolving landscape of health and wellness, the term “metabolism” often takes center stage; but what exactly does it entail, and why is it crucial for maintaining a healthy weight? Your metabolism is like the engine that powers your body, dictating how efficiently you burn calories and use energy. Understanding its intricacies is key to achieving and sustaining your weight goals.

At its core, metabolism refers to the biochemical processes that occur within your body to sustain life. It’s a complex interplay of various factors, including your basal metabolic rate (BMR), which is the energy expended at rest to maintain basic physiological functions like breathing and circulation. Additionally, your metabolism encompasses the energy used during physical activity and the thermic effect of food—the energy required to digest, absorb, and process nutrients from the foods you consume.

A common misconception is that metabolism is solely determined by genetics. While genetics play a role, lifestyle factors such as diet, exercise, and sleep quality significantly influence your BMR. One of the fundamental aspects of maintaining a healthy metabolism is preserving and building muscle mass. Unlike fat, muscle tissue is metabolically

active, meaning it burns calories even at rest. Incorporating resistance training into your exercise routine can help increase muscle mass and rev up your metabolism.

Protein also plays a crucial role in supporting a fast metabolism. Not only does it help in building and repairing muscle tissue, it also has a higher thermic effect compared to fats and carbohydrates, meaning your body expends more energy digesting and processing protein-rich foods. Aim to include sources of protein like red meat, poultry and fish in your meals.

Furthermore, staying adequately hydrated is essential for optimal metabolic function. Research suggests that drinking water increases the BMR and enhances fat burn. Dehydration, on the other hand, can lead to a slowed metabolism, so make sure to sip on water throughout the day to keep your metabolism firing on all cylinders.

But it’s not just about what you eat and how much you exercise—stress management and sleep quality also play pivotal roles in maintaining a healthy metabolism. Chronic stress triggers the release of cortisol, a hormone that promotes fat storage, particularly around the belly area. Finding ways to mitigate stress through relaxation techniques like meditation, yoga, or spending time in nature can help

keep cortisol levels in check and support a more efficient metabolism.

Similarly, prioritizing quality sleep is

## A common misconception is that metabolism is solely determined by genetics.

paramount for metabolic health. Studies have shown that inadequate sleep disrupts hormone regulation, leading to increased hunger and cravings for high-calorie foods. Aim for seven to eight hours of uninterrupted sleep each night to allow your body to rest and recharge, optimizing metabolic function in the process.

Another silent yet potent contributor to metabolic dysfunction is the presence of excess inflammation. Consuming excessive sugar and inflammatory oils can exacerbate inflammation and impair metabolic health. Opting for anti-inflammatory foods such as animal proteins, vegetables, berries, nuts, seeds, and omega-3 fatty acids can help reduce inflammation and support optimal metabolic function.

Lastly, let’s address the elephant in the room—visceral fat (i.e., belly fat). This type of fat accumulates around the abdominal organs and is associated with a higher risk of metabolic disorders like

insulin resistance, diabetes, and heart disease. Unlike subcutaneous fat, which lies just beneath the skin, visceral fat is metabolically active, releasing inflammatory chemicals that can disrupt metabolic processes. Fully collapsing visceral fat requires a multifaceted approach involving your diet, movement, stress management and sleep habits.

Your metabolism is not a fixed entity but rather a dynamic system that responds to various lifestyle factors. By nourishing your body with nutrient-dense foods, staying active, managing stress, prioritizing sleep, targeting inflammation and collapsing visceral fat, you can unlock the full potential of your metabolic engine and achieve your weight goals.

Remember, small changes can lead to significant improvements over time, so embrace the journey toward a healthier, more vibrant you.



Ashley Lucas, who lives in Fletcher, has a Ph.D. in nutrition and is a Registered Dietitian. Her company, PHD Weight Loss and Nutrition, is located at 1833 Hendersonville Road, Suite 170, Asheville. 552-3333 or myphd-weightloss.com.

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# Rewilding Your Space

In late March, I took a seat at the Fairview Library to listen to Jen Knight discuss the merits of rewilding. It's a topic of interest to me, as I'm ridding my land of invasive plants and restoring my patch to what it was decades, if not centuries, ago: native habitat. Knight is an environmental educator with the Buncombe County division of Soil & Water.

What is rewilding? It's the intentional practice of restoring native plants to reverse habitat loss, support ecosystems and bring nature back into our daily lives. "It's not just letting your yard get overgrown," Knight told a small audience on a spring day when many of us would have preferred to be outside. But this moment was important, and Knight's presentation was valuable. One attendee told me that she was working to restore her land to native habitat, battling kudzu, multiflora rose and other invasive plants.

"We live in a time of eco-anxiety, climate-anxiety, ecological grief, and it's easy to get bogged down in that," Knight said. "It's important to bring ourselves back to what we can control in our little corner of the world. Take action on what brings you joy. That could be planting for a specific bug or bird or flower that you want to get to know better, to connect to nature in a way that brings you joy."

Rewilding requires that you first ask what your outdoor space means to you. For some, your outdoor space may be a retreat; a spot that is "just yours." For others, your space may be window dressing, or curb appeal to frame your home. Others desire their space to be wildlife habitat; some see their outdoor spaces as status symbols; others as works of art; some as a grocery store, and for others, a playground for their children.

Aim for creating a mix of at least 70 percent native plants mixed with 30 percent for whatever purpose you desire—a mowed lawn, for example. The 70/30 mix marks the tipping point for bird-life sustainability. "You don't have to kill off your peonies and cultivated roses," Knight said. "We just want to shift the balance."

Bird data is used to monitor the ecological health of a region because birds are widely observed and counted. It's easy to see the connections. What do birds eat? Insects. How are insects nourished? Plants. But not just any plant. Native plants. "Monarchs can drink nectar from any flower," Knight said. "But they can only rear their young on milkweed. If we don't have milkweed, we've interrupted that life cycle. Every insect has a similar set of plants that is needed for some part of their life cycle. When we lose native plants

we start to lose insects, and when we lose bugs we are in trouble."

Knight showed two slides. The first was a survey compiled by Doug Tallamy, who has penned several books, including *The Nature of Oaks: The Rich Ecology of Our Most Essential Native Trees*.



Jen Knight

Tallamy counted more than 300 caterpillars on a white oak tree. He then surveyed a Bradford Pear tree: one caterpillar.

"Insects are important because they bring energy up through the ecosystem," Knight said. "And birds are a good way to check the pulse because the best food for baby birds are caterpillars." The number of caterpillars required to nurture a single clutch for the average songbird is staggering: up to 9,000 caterpillars.

According to Tallamy, topping the list of the 20 most valuable native plants for biodiversity in our region are oaks (supporting more than 500 species of insects) and goldenrod (supporting more than 100). Asters and sunflowers also rank high on the list.

## How to Get Started

1. Start small and do it right. Think about what is important to you. Do you want a grocery store (aka garden), playground, curb appeal, wildlife habitat?
  2. Get a free soil sampling kit at the NC Extension office in Hendersonville or Asheville.
  3. Assess what's growing—you may already have some native plants.
  4. Think of your yard as a nursery. Why feed adults if you don't feed the babies?
  5. Prep your space. This could include amending the soil to get the desired soil pH.
  6. Buy from nurseries and seed suppliers that specialize in native plants.
  7. Ditch the pesticides and herbicides.
  8. Let go of control. Nature is dynamic.
  9. Use certification as a jumping off point to educate neighbors. Asheville Greenworks, for example, provides pollinator garden certification.
  10. Don't get overwhelmed; gardening should be fun.
- "This is going to be a journey," Knight said. "And it can be overwhelming. If it stops being fun, find what brings you joy in your garden and focus on that."

Aspiring rewilder Ralph Grizzle is the editor of the Fairview Town Crier.

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# Help with Mac Settings

With so many things to change on the fly in macOS, installing OnlySwitch can help you access things otherwise scattered around in Preferences or Settings—such as hiding unwanted menu bar icons at the top of the screen, turning on dark mode outside of normal dark hours, preparing your Mac for presentations by hiding the dock and desktop icons, and turning on Keep Awake. You can customize what you see by going into Settings and hiding actions you don't use. Find out more at [github.com/jacklandrin/OnlySwitch](https://github.com/jacklandrin/OnlySwitch).

Users of the DuckDuckGo browser can now sync passwords and bookmarks via their end-to-end encrypted backup and syncing service. Unlike some services that force you to use an account, DuckDuckGo enforces privacy with either a QR or one-time code to make the connection. (You will also end up with a lengthy backup code you can store somewhere safe.) The whole encryption process is done on your computer or smartphone. DuckDuckGo doesn't handle any of that process. They can't even help you if you lose your backup code, as they won't have it.

I got excited when I learned that Microsoft was coming back with a movie editor. They discontinued Movie Maker seven years ago. Clipchamp is the new

official video editor for Windows 11, with a catch of two pricing tiers. The free tier includes a range of decent basic video editing tools and will suffice for most home use. Since it is installed on up-to-date Windows 11 machines, you should at least try it or look at the free or non-Studio version of DaVinci Resolve ([blackmagic-design.com/products/davinciresolve](https://blackmagic-design.com/products/davinciresolve)).

If you have jumped into Signal for securely messaging others, you should know they are releasing a set of new features to help hide your phone number, allowing you to create a username that you share, rather than people only finding you with your phone number. You still need a phone number to sign up for Signal, but you will be able to create a unique username that you can share. Find out more at [signal.org/blog/phone-number-privacy-usernames](https://signal.org/blog/phone-number-privacy-usernames).

Little things can make Windows nicer to use, such as making the Taskbar translucent or totally transparent. If you'd like to try, check out TranslucentTB at [github.com/TranslucentTB](https://github.com/TranslucentTB).



Bill Scobie fixes computers and networks for small businesses and home. Contact him at 628-2354 or [bill@scobie.net](mailto:bill@scobie.net).

# Adult Learning at Warren Wilson

By Amy Ager

Now that the daffodils, lenten roses and trout lilies have emerged in Fairview, we can trust that spring has indeed arrived. As we come out of our winter nests, turning our faces toward the sun, our hands toward the garden and our bodies to outdoor activities once again, those of us with kids have most likely already planned every week of summer. I would like to extend an invitation for those of you who have it all figured out (or don't, like me) and are now wondering why you are so good at planning things for your family and not for yourself. Harness the energy of spring and look ahead toward summer by imagining yourself with your favorite person, working with your hands, building skills and new friendships, just over the mountain in the beautiful Swannanoa Valley.



The newly established Mountain Institute at Warren Wilson College is the place to immerse yourself in the wonders and curiosity of learning and personal development in subjects such as art, multimedia, craft, history, writing and science. At the heart of the institute's ethos is a commitment to experiential education delivered by Warren Wilson College's faculty and other experts in their fields. Participants are invited to embark on a transformative, week-long journey through hands-on workshops led by seasoned experts.

Whether you're seeking reflection and renewal, time with an old friend to reconnect and learn together, or a summer camp of your own while your children are occupied, this is an amazing place to explore, learn, and grow for the adult lifelong learner.

## Details

These 25 individual, week-long courses run on the campus, Monday through Friday, in May and July from 9 am–3 pm. On-campus housing is available, with options for daily childcare and meals. Current students, staff, faculty and alumni receive a 20% discount off the \$650 tuition fee. For more information, go to [mountaininstitute.warren-wilson.edu](https://mountaininstitute.warren-wilson.edu) or contact Liz Brace at [lbrace@warren-wilson.edu](mailto:lbrace@warren-wilson.edu).

Amy Ager is a longtime Fairview resident, the co-owner of Hickory Nut Gap in Fairview, and has recently accepted a position at Warren Wilson College as the Executive Director of Strategic Ventures, Partnerships and Programs. See the ad on page 7.

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# Farm Pathways: It Takes a Community to Grow a Farm

**W**e all depend on farmers. So, I want to start this article with a huge thank you to all the farmers working so hard, often underappreciated, to provide our communities with healthy, fresh, local food. You are superheroes!

The challenge of making a living through farming has led to a troubling trend: fewer folks going into farm businesses while a long-toiling generation of veteran farmers prepares to retire and enjoy well-earned rest. Several years ago, the Southern Appalachian Highlands Conservancy (SAHC), Organic Growers

in large part to expanded educational programs offered by OGS.

“We know that beginning farmers face significant barriers starting and sustaining a career in farming,” said Cameron Farlow, OGS Executive Director. “They’re often under-funded, don’t have access to capital or land, and come from non-farming backgrounds. The Farm Pathways project creates a new trajectory for ... aspiring and beginning growers to gain production knowledge along with important business and financial planning skills... By providing classroom and field learning within the context of a cohort of peers and mentors, OGS helps participants find connection and mutual support in the farming community.”

The Farm Pathways partnership creates an intentional network and process to connect emerging farmer and farm businesses with the training, resources, networks, infrastructure and client base they need to create successful farm businesses. This all begins with extensive training programs offered by OGS, such as the Farm Beginnings and Journeyperson programs.

At an intermediate stage, SAHC’s Farm Incubator Program provides land and infrastructure support while entrepreneurial farmers grow their farm business. Recently, SAHC updated the certified commercial Value-Added Kitchen (VAK)

at the SAHC Community Farm, which participants can use to earn more money from their farm products by turning fresh produce into shelf-stable goods like jams and hot sauce. SAHC’s participation in Farm Pathways also includes permanent protection of farmland through conservation easements, ensuring that future generations of farmers will have something to farm when they are ready.

Farmers who are ready to find land to farm on their own can browse the Find a Farm database on the NC FarmLink website or create a farm seeker profile in the Find a Farmer database. The NC FarmLink program, an initiative of NC State Extension, helps match aspiring, beginning and experienced farmers with land waiting to be farmed.

by the process of transition and legacy planning. In 2023, we started offering free farm succession consultations... and I think that has been really successful... For instance, after meeting with one older couple who had a 100-acre farmstead but didn’t have any children, we were able to connect them to a young farming couple. They recently signed a three-year lease...”

“My biggest advice for landowners and senior farmers is to start early with transition and succession planning,” said Bishop. “My advice for young farmers is to go slow and get experience working or volunteering on farms. Landowners are a lot more likely to work with you if they see that you’ve got some experience and are dedicated.”

The beauty of the Farm Pathways project is that it is a multifaceted collaboration. Working together, these organizations weave a web of connections and opportunities that provide pathways to lay the foundation for strong agricultural production in WNC.

“I love connecting with our colleagues at these different organizations and seeing the creativity and innovation in approaching different problems,” said Jess Laggis, SAHC’s Farmland Protection Director.

*For more information, visit [Appalachian.org](http://Appalachian.org), [OrganicGrowersSchool.org](http://OrganicGrowersSchool.org) and [NCFarmLink.ces.ncsu.edu](http://NCFarmLink.ces.ncsu.edu).*

## NC STATE EXTENSION

### NC FarmLink

School (OGS) and NC FarmLink teamed up to lay out ways to help. The resulting collaborative project—known as Beginning Farmer Success: Farm Pathways to Long-Term Land Tenure (“Farm Pathways”)—is funded by the U.S. Department of Agriculture’s Beginning Farmer and Rancher Development Program, and is in the third year of a second three-year grant cycle. Thus far, the program has exceeded expectations in several goal areas, due



“Through the partnership, we’ve been able to build our capacity to help farmers with transition issues,” said Stephen Bishop, NC FarmLink Western Director. “Transitions are vulnerable times... and often farmers and landowners are overwhelmed

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## Trout Lily's Laura Telford

Want to sit outside?" Laura Telford said when I arrived at her artisan grocery market and deli, Trout Lily, in Fairview. A socially conscious entrepreneur who loves the outdoors, Laura led me to the space where customers can pull up a chair and enjoy their Trout Lily goodies with a side of fresh mountain air.

Laura, originally from Wisconsin, moved with her family to Atlanta when she was still in grade school. She attended high school and college there, graduating with a bachelor's in psychology from Georgia State University. After college, she worked with AmeriCorps—a volunteer agency that offers participants a small stipend in exchange for their service. The work was rewarding, but Laura realized that in the long-term, she would need more autonomy.

"My mom was an entrepreneur. I guess I get it from her," Laura said. "I started my first business by selling gifts like beeswax candles and handcrafted soaps." She marketed her products through craft shows and festivals. "It was the late '90s and early '00s. There was no real internet then, no online sellers."

Plus, the business could travel with her when she moved north from Atlanta to the border between Georgia and



Tennessee. I study the parent companies of the products we sell," she said, crossing her arms as if closing herself off to all unethical practices. "I've actually discontinued products due to disagreements with company policies."

Laura is just as intentional with her other business, Round Earth Roasters on Hendersonville Road. She purchased the coffee shop in 2011, seven years before she acquired Trout Lily, which had operated in Fairview for more than two decades by the time she purchased it in 2018. The store's website explains that "Trout Lily provided the ability to expand . . . bringing pastries and coffee to Fairview . . . and bringing Trout Lily sandwiches, grab-n-go snacks and local artisan items to the Hendersonville Road location."

Though Round Earth Roasters was her first official business in WNC, she spends most of her time now at Trout Lily. "I've got a great manager over at the coffee shop, and there are so many different things happening here all the time," Laura checked her watch, then glanced toward Charlotte Highway. "In fact, I've got a delivery coming soon."

Deliveries are not at all uncommon, as Trout Lily's shelves are filled with products from over a hundred different WNC vendors. "A lot of locals were already in place when I bought the shop," Laura said. Familiar Fairview names like Hickory Nut Gap, Whistle Hop and Turgua are just a few of the labels you'll see there. "I love supporting small businesses, especially those owned by women," Laura said, leaning in with a conspiratorial grin. "Obviously."

Have a product you think might appeal to Trout Lily's clientele? Reach out. "Sometimes people come in, other times they email me," she said of her product selection process. "If it's something unusual, occasionally I'll take an item on consignment just to see if it will be a hit." And if her customers like something, Laura does too.

"We have wonderfully loyal customers who are so appreciative of our presence here," she said, looking towards Fairview. "Gary comes over from the sawmill for lunch, and Chris from VDub stops by for his daily americano and sandwich." Then she gestured to the edge of the seating area. "And see those fairy houses over there? I put those out for kids who come by with their parents." The tiny village is apparently inhabited too. "Little Henry stops by to visit the gnomes while his parents shop," Laura said, eyes sparkling.

Trout Lily really is a magical little place with something for everyone. Laura Telford has made sure of it.

Running two businesses is a lot, and even a time management maven like Laura needs a vacation. That's how she made her way to Fairview. "I visited a friend here and just loved the area," she said. "It's beautiful here: great weather, fun hikes, and the people are so welcoming and friendly."

So, not long after that first encounter with Fairview, Laura moved to WNC. "I closed my café, but I kept the candle business for a while," she said. "I set up my shop in what is now the tasting room of Pisgah Brewing Company in Black Mountain." Laura smiled at the memory and added, "Did you know it was the first organic brewery in the area?" I did not.

Organic products form a good percentage of Trout Lily's stock. Also, when you buy from Trout Lily, you can be certain that you are supporting other businesses that operate at the same standard of excellence as Laura does. Her products are ethically sourced, and her values are apparent on the shelves. "I do my



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Rev. Dr. Aileen Mitchell Lawrimore is the pastor of Ecclesia Baptist (607 Fairview Road). She blogs at [aileenmitchelllawrimore.com](http://aileenmitchelllawrimore.com).



# The Wonderful World of Kindergarten

By Kenya Hoffart

**Gearing up for kindergarten** opens a whole world of excitement for a child. They can't wait to make new friends, learn lots of new things, play on the playground, eat in the cafeteria and so much more. It's just as exciting for the teachers, too, and they spend months preparing to grow and learn the next set of Fairview Cardinals. Caitlin Sullivan, who has been teaching kindergarten at Fairview Elementary School (FES) for 13 years, said, "One thing I look forward to most is meeting a new set of kindergarten students and families, and building that community together from day one." She added, "We do so many fun community building activities in our classroom, and it's really neat to watch friendships develop even on the first day of school."

So, what does a day in the life of a kindergartner look like? The bell rings promptly at 7:55 am and all students are in their seats or designated areas, ready to start the day. The first thing on the daily agenda is Morning Work. Sometimes this is a coloring sheet to introduce the letter they will be focusing on that day, or a group of blocks students can use to practice counting with a new math strategy. Once they are done, students come together to meet with the teacher and talk about what's ahead in

their day, share stories and sing songs.

Next, kindergartners move on to Foundations, where they work on phonics, spelling and handwriting. After that, in Launch, students move into small reading groups, which allows teachers to help with specific reading levels and goals. This is often a time when students read books with teachers and start learning how to analyze the parts of a story.

Geodes is next. This is when teachers help reinforce phonetic knowledge and help kindergartners build strong content knowledge and vocabulary skills, which is a great transition into Wit & Wisdom, where the kids continue to work to develop reading, writing, speaking, listening, vocabulary and language skills. They read books, talk about the words in the story they don't yet know, and sometimes even try to guess how they think a story will end.

After a morning of hard learning, it is then time for snacks and Centers. Centers is a favorite of many students because they can choose from a variety of play centers.



Kindergarten teachers (from left): Mary Wommack, Averi Estep, Dana Satterfield, Tina Dula and Caitlin Sullivan

They can put on a puppet show, dress up like a construction worker or nurse, prepare a meal for their friends in the play kitchen, or build something cool with blocks.

Another favorite for many is Block class, which is different each day. Sometimes, they do art or music. They can go to the STEM Lab to practice engineering skills or to the gym for physical education. They also get to visit the Media Center to learn about different types of technology and pick out library books. There are even times when they meet with a school counselor to talk about their friends and feelings. After that, students

return to their classroom for a Heggerty lesson to learn about rhyming, blending letters, syllables and other phonetics.

Next, it's lunch. Students are served a hot meal every day, but can also choose to bring a packed lunch from home. On warm days, teachers sometimes allow their students to eat outside. After a nice meal, kindergartners return to the classroom for a special read-aloud time with a teacher, the teacher assistant or even a special guest reader.

Next, students start their math lesson. They learn counting, basic addition and subtraction, and more. Then, it's time for recess. Kindergartners have a special play area where all classes can play together safely.

After recess, they move on to Essential Standards to learn about science and social studies. They end their day with Community Time, where they reflect on their day, talk about expectations, discuss their hopes for days ahead and get ready to go home. The school day ends at 2:25 pm.

The Kindergarten team at FES has five teachers and five teacher assistants. They are preparing for this year's kindergarten registration on April 16. If you have a rising kindergartner, please call the school at 628-2732 to schedule an appointment. It's a great time to be a Fairview Cardinal, so don't miss out!

Kenya Hoffart is a staff member and PTA Communications Chair at Fairview Elementary School.

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# 5K at A.C. Reynolds High School

On April 13, ACRHS will hold its first Bud Sayles Memorial 5K race. In addition to the run, a community yard sale will start at 8 am and a creek clean-up will take place throughout the day.

The race starts at 10 am at the school, and you can get more info and register online at [acrhsptsa.betterworld.org/events/Reynolds5k](http://acrhsptsa.betterworld.org/events/Reynolds5k). Rain date is April 14.



## STUDENT OF THE MONTH Glendy Vijil Hernandez

The student of the month at A.C. Reynolds High School is Glendy Vijil Hernandez. She was nominated by her ESL teacher Ms. Marks, who states that she is an all-around remarkable young woman. "She is a newcomer student from Honduras who has only been in the country for three years," said Ms. Marks. "She is new to the language and meeting peers, yet she is always pleasant and respectful. Glendy has done a wonderful job learning English and has been invited to join the National Honor Society due to her exceptional grades."

All winners receive a special mug from the Crier. Congratulations, Glendy!

CHRISTI HURD

## The Power of the Pause

Effective parents know the best kind of love is the kind that has no strings attached. Our children long to experience that unconditional love. As their parents, we have the privilege of shaping their self-concept into a positive one through our words and our actions. Kids often think "I am what I think you think I am." When we only notice what they are doing poorly or what they need to work on, we erode their mindset and set them up to look for love in all the wrong places as they grow into adolescents and young adults. However, when we draw out their unique goodness and build on their strengths, we help them become resilient and responsible.

A Lighthouse Parent is aware of the "big picture" and seeks to give life and be a safe place for their children throughout their lives. They know their actions speak louder than their words and are committed to making sure the message of love gets through. When the power of the pause becomes a daily habit, parents feel empowered by their choices.

Counting to 10, breathing deeply several times, or even taking a "positive time out" allows us to act as what we want most (a positive and respectful relationship) rather than react in response to the challenging moment or circumstance. It reminds us to seek to understand instead of just wanting to be understood and builds a stronger relationship with our child.



Christi Hurd, M.A., NBCT, who retired from CCMS, is certified through the Parent Coaching Institute. See [hurduddleparentsupport.com](http://hurduddleparentsupport.com) for more info.



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The conference includes research-based tools to promote attachment and connection in families such as **Trust Based Relational Interventions® (TBRI®)** methods developed by Drs. Karyn Purvis and David Cross at the Karyn Purvis Institute of Child Development at TCU. TBRI® is a care model designed to help meet relational and developmental needs of children and youth impacted by trauma.

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## FES Teachers Surprised & Supported

What a great way to start off a Friday morning,” said Brian Fuchs, the founder of the FES Dads Club. The dads surprised all of the teachers and staff last month with coffee and morning pastries. Several dads and kids walked the hallways with the treats, serving the faculty one by one before school started. “It was a great way for dads to model and serve alongside their kids,” Brian said. “We trust the staff felt the love the Dads Club has for each and every one of them.”



### FES DADS CLUB

## Meet the Dads: Jason LaStella



Jason was raised in Charlotte, graduated from NC State, and lived for many years in Colorado, California and abroad. He and his wife Sara met in San Francisco. Both missed smaller mountain towns and moved to Asheville in 2013 and to Fairview in 2018 with a growing family. They have two children: Mirabel, 3; and Eloise, 9, who is a 3rd grader at Fairview Elementary (FES). Jason works in the energy sector for a firm that helps consumers manage energy usage and lower bills while improving the health and safety of their homes and workplaces.

He joined the Dad's Club because of their mission to get dads more involved with their children and the school, and to find a meaningful way to connect with his daughter and other dads.

One of his favorite events is the FES Spring Festival (see date below), where the Dads set up an obstacle course.

The club is always looking for dads or male role models. For more info, email [fesdadsclub@gmail.com](mailto:fesdadsclub@gmail.com), follow the club on Facebook (@fesdadsclub) or call/text 631-741-9606.

**APRIL 26 FES Spring Festival** The Dads will once again host an obstacle course at this year's festival. Come take a shot at the course and partake in the numerous other fun activities, including the awesome raffles. You may even get an opportunity to dunk some familiar faces in the dunk tank.

### APRIL 30 & MAY 1 Daybreak with Dads

All FES dads and male role models are invited to the Daybreak with Dads event. Spend some quality time with your kid while eating breakfast and discussing a character-building topic. Afterwards, dads will have the opportunity to walk their child to class, and if interested, dads can read a book to their child's class. Grades K-2 on the 30th and grades 3-5 on the 1st.

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# Community, Commitment and Success at CCMS

By Norm Bossert

**Not trying to brag...**but in 1998, the staff at Apple Valley Middle School voted me as Teacher of the Year. At that time, I was teaching a reading and writing enrichment program on the “exploratory wheel.” In my hubris, I thought that because I won that honor, I must be a pretty darn good teacher. From day one at Apple Valley, I felt like I landed in the Elysian Fields. It was a great place to be. My principal was incredible. The staff was as friendly and hard working as can be. Most importantly: kids came first.

Around March of that school year, the principal, Bo Caldwell, called me to his office. He wanted me to fill in for his assistant principal. I was flattered that he asked me, but I wondered why. “Well, taking you out of your classroom and putting a sub in your room would have the least impact on our instructional program.” I wondered how to take that.

At that time, I had taken only one class in the Master of School Administration program. I loved being a teacher, but I wondered if I should I try this out. I asked to have the night to think about it. My wife, Shelley, and I talked. She cautioned me that I could be miserable. Perhaps I wasn’t cut out for administration. However, the next morning I said, “Yes.”

My first day on the new job, while walking the halls, I bent over to pick up a piece of paper. Madelaine Owensby, a science teacher, saw me, chuckled, and said, “Now you know what your job is.” I smiled and picked up another!

## 32 of our teachers at CCMS have two or more areas in which they are fully certified.

That day, Bo recommended I visit every class. I was amazed at what I saw. The building was filled with teachers who were funny, entertaining and creative, as well as strong managers, leaders and great disciplinarians. They had skills that left me speechless. I had a lot to learn. Last August, I started work as a part-time administrator here at Cane Creek Middle School (CCMS). I have had the exact same experience here. This place is full of caring, hard-working professionals. I envy their understanding and implementation of both the art and science of teaching.

To know the staff is to understand this extraordinary school. Ms. Britt, the principal, and Ms. Rejzer, the assistant principal, want Town Crier readers to know the qualifications of CCMS staff and to know that many staff work after hours coaching, leading band, chorus, running club, etc.

Staff members do regular professional development to hone their skills and collaborate with one another. And a huge number of students take full advantage of our after-school activities. Underpinning everything CCMS does is an abiding and deep respect for the community in which this school lives. Humbly, the Cane Creek Way is centered on building a strong community.

For example, take Todd Robertson, a teacher and wrestling coach. He is the only staff member who has been at CCMS every year since the doors opened. Leslie Hawes was here on opening day, too, but left for a few years—and got back as soon as she could.

At CCMS, we have two staff members with doctorates. We have six staff members with degrees in administration. Thirteen teachers have National Board Certification. We have six staff with degrees in exceptional children. We have 20 teachers with master’s degrees. And 32 of our teachers have two or more areas in which they are fully certified. At the end of the last school year, we had almost no staff turnover.

## Why Does Our Great Staff Stay at CCMS?

- We have fantastic teachers with big hearts for kids and colleagues.

- Our students are among the best anywhere.
- We have a great support staff, lunch crew, office staff and custodians and the best substitutes anywhere.
- This staff has a wealth of knowledge and experience.
- Our PTA is phenomenal.
- Our setting is beautiful, especially the sunrise in the morning over the mountains.
- Our administrative team is awesome.
- We have a great media center and rockin’ fine arts and athletic programs.
- We have super colleagues and we are great at teamwork.
- We have great food at faculty gatherings. Yes, we like to eat!

If the Cane Creek Way means anything, it’s that this school and all that happens in it is a reflection of the great community our staff and students call home. Like all communities, CCMS has its challenges. They can be impediments or opportunities to grow. This staff chooses to grow. As summer gets closer, we hope everyone in the Fairview community reflects happily on this school and all that we share. And I hope we all can look forward to continuing our growth and improvement in the next school year.

*Norm Bossert is the Assistant Principal of Cane Creek Middle School.*

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# ANCIENT & BIBLICAL GREECE

My dad and I joined a group of 30 students, teachers, and parents from Asheville Christian Academy on a 10-day journey through Greece. We followed in the footsteps of Paul, visiting Athens, Corinth, Philippi, Thessaloniki, and other historical sites.

It was a trip filled with learning, laughter and remarkable community. It was incredible to stand where Paul stood and see exactly what he was talking about and understand the culture of his day. While ancient sites were unforgettable highlights, smaller moments of game and worship nights in hotel hallways will forever be remembered and held dear. My biggest takeaways from this trip include the diverse group of friends that came together, under the same goals and passions for Christ, all while standing in the ancient ruins that were the life of civilization centuries ago.

If you've taken an interesting trip—for business, pleasure or both—let us know about it!



**Thermopylae**

In Thermopylae, we saw the monument dedicated to the 300 Spartans who held off an army of 150,000 for over two days.



**Philippi**

The cell of Paul in Philippi, where he sang praises to God. We too sang. It was an incredible place and a cherished memory.



**Game nights**

We played Bananagrams late at night after cold, rainy days. The spontaneity of events at hotels made for fun-filled evenings that no one was expecting, but everyone loved.



**Delphi**

A famous retaining wall at the Oracle of Delphi. Inscribed in the stones are the stories of freed slaves. You can see their "practice stones," which they used to hone chiseling skills for when it came time to "prove their freedom before Apollo."



**Meteora**

The monasteries in Meteora were originally founded by monks living in secluded caves. Now, they are these gorgeous buildings, nestled in the cliffs of the Pindos Mountains.



**Cats**

Cats, cats, and more cats. Europe is famous (or infamous?) for its stray felines. We counted 174 during our trip!



**Mycenae**

An ancient fortress in Mycenae, believed to be the beginning of Greek civilization. It was one of the clearer days on our trip, so we were able to look out onto beautiful mountains and rolling countryside.



**Mars Hill**

An early morning run led us up to Mars Hill, where Paul was called by the "Supreme Court" of Athens. This early, it was just 10 of us (including me, far right), with the Acropolis lit up beautifully and the sun beginning to rise.

# Swarm Alert

By Walker Overstreet & Mike Spivey



We've all heard that honeybees are important to our food supply and that they are at risk, but do we know just how much we depend on them for our day-to-day nourishment? According to bee experts at the Food and Agriculture Organization of the United Nations, a third of the world's food production depends on bees. It's easy to understand that fruits, vegetables and grains are dependent on pollination, but we must also consider that the feed for the animals who give us our meat and dairy products is also dependent on pollinators. Without pollinators, our grocery store shelves would be sparse indeed.

At the top of the list of pollinators is the honeybee, which is responsible for approximately 80% of the pollination for flowering plants. Unfortunately, populations of honeybees and other pollinator species have dropped alarmingly across North America, mainly due to pesticides and air pollution. Raising awareness of the importance of honeybees is a good first step, but there are other actions that can be taken. These actions include planting bee-friendly plants such as sunflowers, beebalms, lavender and asters. If you have a meadow, you should consider waiting for plants to finish blooming before cutting. And of course, avoid using pesticides that harm bees and,

if you must, only spray on days with no wind.

Bees can be scary to many people, especially those who may be allergic to their sting. And nothing is more misunderstood than a bee swarm. A swarm can blacken the sky when in flight. So what makes bees swarm? To start, you should appreciate that a bee colony is considered a "superorganism" that behaves like a single living organism. The renowned bee expert, Professor Thomas D. Seeley from Cornell University, said, "Just as a human body functions as a single integrated unit even though it is a multitude of cells, the superorganism of a honey bee colony operates as a single coherent whole even though it is a multitude of bees." A bee colony behaves as if it has a singular consciousness.

Generally speaking, bees swarm to reproduce. They typically swarm when there is an abundance of resources available in the environment and/or when the colony lacks space to grow and expand. The bees will undertake several days in preparation



before they swarm to ensure the survival of both the colony left behind and the departing colony. The beekeeper will notice the bees creating queen cells (a queen cup with an egg) in the hive as a first indicator that a swarm is eminent. At this point, they can avert the swarm and losing a significant portion of the bee colony by splitting the hive. This is done by finding the frame

with the queen and moving it to a new hive along with a large number of her worker bees.

As the swarm event approaches, the bees will begin starving the queen so she can lose weight for the flight, while the other bees will engorge themselves to be ready to start building wax in their new home. When it's time, the bees will initiate a dance or "waggle" and release a pheromone to initiate the swarm behavior. Then, they will literally push the queen out of the hive along with a large number of support bees. After a brief flight, they will land within a short distance of the original hive, often on a tree branch, and form a bundle, which can be

as large as a basketball. They will rest in this location for a few hours or even a few days while they send scouts to search for a new location. This new location needs to be well protected, typically facing the morning sun, have a correct entrance size, and not be too damp. Once located, the scouts will return to bring the swarm colony to their new home. Back at the original hive, a new queen will emerge soon after the swarm so the colony can continue.

While they look ominous, swarming bees are not interested in attacking or stinging and are generally not dangerous because they are so focused on relocation and protecting the queen. Unfortunately, the swarm colony has a relatively small chance of survival beyond the year. So, if you should see a swarm, please contact a local beekeeper or the Buncombe County Beekeepers Club via their website (wncbees.org), where you will find a link to report a swarm. Someone will be in contact with you shortly to capture the swarm and give it a good home.

*Mike Spivey is a retired tax consultant living in Fairview who now keeps bees for enjoyment.*

*Walker Overstreet runs Fairview's Little Jay Bird Farm with his wife and three children.*

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IN MEMORIAM

## Dr. Donald Wayne Hinnant

Dr. Donald Wayne Hinnant, 73, of Asheville, passed away on Thursday, March 14, 2024, at the Elizabeth House in Flat Rock, NC.

A native of Wilson Co., NC, Donald was the son of the late Wilton Cleo and Eunice B. Hinnant. He was also preceded in death by his brother, Rick B. Hinnant.

He is survived by his wife, Deborah Hinnant; daughter, Liberty Newberry, of Spencer, WV; son, Tyler Newberry, of Smyrna, GA; grandson, Baehr; and sister, Betty R. Hinnant of Wilmington, NC.

Dr. Hinnant retired as a neuropsychologist and was loved by his patients and colleagues. He was an avid sailor and fisherman with a deep reverence for nature.

Dr. Hinnant and his family had special ties to the Fairview community, as they enjoyed many years of boarding their horses there, building special friendships with longstanding residents, and supporting local small farmers along the way.

In lieu of flowers, the family requests donations be made to the Asheville Humane Society, 14 Forever Friend Lane, Asheville, NC 28806 or to the charity of your choice.

The family wants to thank the staff of the Elizabeth House-Four Seasons Hospice for the loving care Don and the family received.

The family plans to have a Celebration of Life in the summertime at a venue in Fairview to be announced.

Groce Funeral Home on Tunnel Road is assisting the family.

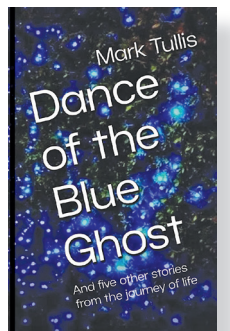


## Local Publishes First Book

Inspired by his participation in the Hemingway Lookalike Contest in Key West, where he met many authors and made some new friends, Mark Tullis hopes his amusing and endearing stories will make you laugh and cry, and awaken your own memories of another day.

*Dance of the Blue Ghost* is available as a Kindle book, or as a paperback on Amazon.

Mark can be reached at [shiitakefarm@proton.me](mailto:shiitakefarm@proton.me) or you can meet him in person at The Joint Next Door in Fairview at his book signing on April 7, from 2–4 pm. Contributing local artists Saige Hopkins (the *Town Crier's* art director) and Ashley Wright may also show up.



### Helpful Insurance Tips

In the last issue, I talked about full coverage. The part that people request is actually the physical damage component. Comprehensive and collision are optional and are not state mandated, but they are enforced if you have a loan on the vehicle. Comprehensive and collision usually go hand-in-hand, but you can remove collision for a vehicle that is stored and not in use. Comprehen-

sive is coverage for the non-crash stuff. Collision steps in for anything you collide with. Of course, these coverages come with a deductible that you may select based on what fits your wallet. Usually, increasing the collision deductible is where you'll see cost savings, since that is what most claims fall under and where the repair costs of vehicles are becoming astronomical.

Joanne Winkler is the owner of ESCO Insurance Agency. 231-6577 or [esco1960.com](http://esco1960.com).



### New Agent at Cool Mountain

Cool Mountain Realty and Construction has added a new realtor. Brent Sandige has lived in the Asheville/Fairview area since 2011. After nearly 30 years in the service/restaurant industry, he found his true passion in real estate. He prides himself on an intimate understanding of the area and a dedication to customer service. When not working, you'll find him exploring the outdoors with his grandson.

## Fairview Practice Offers Lower-Cost, Group Ketamine Therapy

You may have seen references to ketamine in the news, on social media or from friends. It's a drug typically used in anesthesia with a history dating back to the '60s. For some people, ketamine has proven to be an effective medicine for treatment-resistant depression, anxiety and post-traumatic stress.

The practitioners at Fairview Space for Transformation, Ted Riskin and Amy Borskey Duffer, believe that ketamine is just one of the tools needed for personal transformation. Some researchers claim that the true benefit from ketamine comes from its ability to generate what is called neuroplasticity. In this state, the brain is more amenable to rewiring, which facilitates escaping negative thought loops and patterns of behavior. To achieve the true benefit of the medicine, according to some researchers, people need to be exposed to experiences that can shift their habitual thinking to a more useful pattern.

Besides dramatically lowering the cost of treatment, the Fairview practice reports that their group format adds a significant healing element to the experience. Participants supply their own physician-prescribed ketamine and discuss their dosing with the facilitators, typically increasing the amount of medicine each session. A psychotherapist and a trained psychedelic facilitator are available through the entire experience. Before using the medicine, all groups meet online for two sessions to learn about ketamine, become familiar with the process, and clarify their intentions. Though ketamine carries a risk of addiction, the practitioners say that when used with intention in this manner, the risk is dramatically reduced.

Currently, the Fairview practice offers two formats: locals can attend four Saturday workshops followed by Monday evening integration sessions, or week-long visitors can participate in three sessions. Enrollment is currently open. More information is available at [groupkap.com](http://groupkap.com) or see their ad on page 29.

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—Carolyn T., August 2023



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—Thomas B., February 2023



# What Should You Know about Long-Term Care?

**W**e all hope to remain healthy and independent throughout our lives—but life can be unpredictable. If you were ever to need some type of long-term care, would you be financially prepared?

Long-term care encompasses everything from the services of a home health aide to a stay in an assisted living facility to a long residence in a nursing home. You may never need any of these kinds of care, but the odds aren't necessarily in your favor: Someone turning age 65 today has almost a 70% chance of needing some type of long-term care services and support in their remaining years, according to the U.S. Department of Health and Human Services.

And all types of long-term care can involve considerable financial expense. The median annual cost for a home health aide's services is more than \$60,000 per year, and it's more than \$100,000 per year for a private room in a nursing home, according to Genworth, an insurance company. Furthermore, contrary to many people's expectations, Medicare usually pays very little of these costs.

Of course, some people expect their family will be able to take care of their long-term care needs. But this may not be a viable strategy. For one thing, your family members simply may not have the skills needed to give

you the type of care you may require. Also, by the time you might need help, your grown children or other family members might not live in your area.

So, you may need to protect yourself and your loved ones from the potential costs of long-term care. Basically, you've got two main choices: You could self-insure or you could transfer the risk by purchasing some type of long-term care insurance.

If you have considerable financial resources, you might find self-insuring to be attractive, rather than choosing insurance and paying policy premiums. You may wish to keep an emergency savings or investment account that's earmarked exclusively for long-term care to help avoid relying on your other retirement accounts. But self-insuring has two main drawbacks. First, because long-term care can be costly, you might need to plan for a significant amount. And second, it will be quite hard to predict exactly how much money you'll need, because so many variables are involved—your age when you start needing care, interest rates or inflation, the cost of care in your area, the type of care you'll require, the length of time you'll need care, and so on.

As an alternative to self-insuring, you could purchase long-term care insurance, which can provide benefits for home health care, adult day care and assisted living and

nursing home facilities. However, you will need to consider the issues attached to long-term care insurance. For one thing, it can be expensive, though the younger you are when you buy your policy, the more affordable it may be. Also, long-term care policies typically require you to wait a certain amount of time before benefits are paid. But policies vary greatly in what they offer, so, if you are thinking of buying this insurance, you'll want to review options and compare benefits and costs.

In any case, by being aware of the potential need for long-term care, its cost and the ways of paying for it, you'll be able to make the appropriate decisions for your financial situation, your needs and your loved ones.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Stephen Herbert. 628-1546, stephen.herbert@edward-jones.com.

## FEBRUARY 2024 FAIRVIEW REAL ESTATE STATISTICS

PRICE RANGE	NUMBER OF SALES	\$ AVG PRICE	DOM
1-199,999	1	150,000	6
200-299,999	1	294,900	15
300-399,999K	2	347,500	140.5
400-499,999K	1	470,000	162
700-799,99	2	772,500	160.5
900-999,999	1	900,000	4
1.5M-2M	1	1,995,000	95

HOMES LISTED: 2	HOMES SOLD: 9	LAND LISTED: 13	LAND SOLD: 0
Max \$470,000	Max \$1,995,000	Max \$385,000	Max —
Min \$349,000	Min \$150,000	Min \$37,500	Min —
Avg \$409,500	Avg \$672,211	Avg \$158,261	Avg —

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# Spring Trip Back to Raleigh

It's been a quiet winter in Raleigh and on the farm in Fairview, but with the arrival of spring it looks like things are going to pick up as quickly as the daffodils popped out of the ground this March.

The biggest news over the winter that will directly affect our Fairview community is the result of a bill that passed through the legislature back in the summer, even though it was opposed by all three members of the NC House from Buncombe County, including me. House Bill 66 (HB66), which directed changes to the way school boards are elected in Polk County, Hickory and Newton-Conover, also made a change to the way that we elect members to the Buncombe County Board of Education. Importantly, though, it won't change where kids go to school. Currently, the board has seven members: one at-large, and six who are elected by all voters that reside within the Buncombe County Schools border and who must live within the school attendance boundaries of one of the six high school districts. This means that someone from each high school district is always on the board.

HB66 directed the school board to change to a system whereby only those in a certain district can vote for the school board member from that district. In theory, this doesn't sound like a bad idea, as it

allows voters from different districts to elect members who are aligned with their values. However, the devil is in the details. In order to comply with our nation's constitutional "one person, one vote" requirement, an election for any board by district requires that the districts contain equal populations to make sure that each board member represents an equal number of people. Because our traditional high school attendance districts in the county are not all the same size, HB66 required the Buncombe County School Board to draw new election districts, which is an incredibly complicated, costly process requiring significant legal and demographic expertise. The board, led to a large degree by our own Reynolds member, Rob Elliott, has done a great job of going through the process to create these districts in a thoroughly non-partisan manner, but the results are inevitably unsatisfactory and confusing because they will split up our traditional high school districts and even our elementary school districts. Because of demographics and school boundary lines in the county, the Reynolds District looks like it will be the district that is split the most.

In my view, HB66 is an example of bad governance that puts perceived partisan advantage ahead of common sense legislation. I hope to be part of a change in political thinking that avoids raw political

power plays and instead tries to work together as representatives of the people to resolve differences of opinion and move forward on a path focused on what's best for the citizens (or in this case the children). In the meantime, you can learn a great deal more about the process that went into creating these districts and the results of that process on the Buncombe County Schools website ([buncombeschools.org/page/electoralredistricting](http://buncombeschools.org/page/electoralredistricting)).

## I am interested in promoting policies that make our state government work better for all of us.

Though there is always the possibility of change, it looks like the General Assembly will kick off the short session in late April. As I head to Raleigh, I plan to work hard to address several issues. The first is the continued housing crisis that we are facing here in Buncombe County and across the state. While there is no simple solution to this problem, it is clear that we don't have enough housing in the state to ensure prices don't continue to climb. In my view, the General Assembly needs to make sure current law does not constrict local government entities from pursuing innovative approaches to mitigating this crisis. And I also think we need to provide resources to ensure that rapid economic

development does not force populations to relocate in order to secure housing. On the other side of the coin, we need to make sure that we continue to conserve our beautiful mountains and the farmland in the valleys across WNC. I have been working hard to learn about novel solutions to both of these challenges and look to be a voice for common sense solutions.

Finally, I am interested in promoting policies that make our state government work better for all of us. In my opinion, the first step in doing this is to address record employment openings in our state government, driven primarily by the poor level of compensation and cuts to retirement plans and health insurance coverage over the last 20 years. If you get frustrated when you visit the DMV, this is why. Law enforcement officers, teachers, agricultural extension experts, and so many more state workers help make our state work every day, and we need to make sure that our workforce is fairly compensated.

Thanks so much for making it to the end. I look forward to hearing your ideas and thoughts on how we can improve this great place we live in. Don't hesitate to reach out to me at [eric.ager@ncleg.gov](mailto:eric.ager@ncleg.gov).



Rep. Eric Ager, District 115 North Carolina House of Representatives. Contact him at [eric.ager@ncleg.net](mailto:eric.ager@ncleg.net) or 450-4463.



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## New Wine Bar

In May, a new wine bar will open at 1327 Charlotte Highway (at right), beside Sky Mountain Pizza. Rooted in Wine will feature wines and local beers, along with charcuterie boards adorned with local cheeses, artisan crackers, trout dip and olives. Outdoor seating will be available in a “wine garden,” while indoors will feature retail bottles of wine and beer, along with artwork, glassware, plants and more for purchase. The owners, a husband and wife team from Raleigh with ties to WNC, are relocating to the area to bring their collective talents into play. James Garland Jr. was a wine distributor. His wife Renata (from Italy) is a gardener, hence the combination of their talents in the wine bar’s name. For more info, visit [rootedinwine.com](http://rootedinwine.com).



## Piano Lab Closes

Piano Lab is closing its Fairview location (at 3086 Cane Creek Road). Its founding director, Kimberly Cann (right), said, “We have loved every minute of our time here in Fairview, but we’ve realized a longstanding dream recently that requires our full effort.” Cann and her team will be opening The Asheville Conservatory of the Arts, which will offer lessons in music, visual arts and movement arts for all ages. Their new space will be open in April next to EarthFare at 50 Westgate Parkway. Visit [TheAshevilleConservatory.com](http://TheAshevilleConservatory.com) for more info.



## Barn Door Days

Barn Door Ciderworks is reopening their taproom after the winter. But there will be a change in the days they are open. The owners, Dan Fowler and Katie Moore, noticed that the taproom was most successful when the cidery hosted large events. But their smaller space couldn’t handle that volume the four days they were open during the week. So, they’re going to try one weekend a month—the third weekend, that is. Fridays will be dedicated to a backyard music jam hosted by John Templeton (the maramalde sessions honoring Dr. Will Hamilton) from 4–8 pm. Saturdays will feature special events and guests from 2–8 pm. On Sundays, the cidery will host Little Oven Pizza Truck from 2–7 pm.

The cidery is located at 23 Lytle Road, Fletcher. See their ad on page 2.

Flowers [is] a brand new locally owned and operated flower farm right here in Fairview.” Located at 220 Old Fort Road, they sell “affordable bouquets direct to the community.” It seems like they sold out of their first batch of tulips quickly. You can get updates on availability and more info on Facebook (@bloomridge.flowers).



## New Flower Farm

We saw on the “I Love Fairview NC” Facebook group that “Bloomridge

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## Meet a Member: Louise Bijesse



Louise Bijesse, founder and CEO of Uptalent Consulting (center), with her family.

### What brought you to Fairview?

We moved from Long Island to Fairview to shorten my commute to Charlotte. While exploring potential locations in North Carolina, my husband was drawn to WNC for its distinct four seasons. In 2008, we relocated here with our children.

### What were you doing before moving to Fairview?

We resided in Stony Brook, NY, where I balanced remote work in Charlotte with the joys and challenges of raising a family of five, including a set of triplets!

### What got you started in your own business?

I grew weary of the bureaucratic constraints within large corporations, where autonomy to enact meaningful change was lacking. But what really fires me up is creating processes, building up teams and finding ways to make things better.

### How do you help your clients?

By supporting their people operations: whether it's fractional HR, writing a custom handbook, identifying the right payroll system for their needs or getting the right people in the right roles. With our support, our clients can focus on their core business goals, confident that their HR needs are in capable hands.

### What's the most unusual thing that has happened to you in Fairview?

I've been acquainting myself with the bear family residing along Miller Road and within my neighborhood. One evening last year, as I was driving home early, a teenage bear unexpectedly darted across the road in front of my car. Thankfully, my quick reflexes and good brakes prevented a collision. Both the bear and I made it back to our families unscathed that evening.

### What are your hobbies/passions?

I've always had a deep love for animals, and my home has always been filled with both kids and furry friends. In recent years, my husband and I stumbled upon a newfound passion for horses. We ended up rescuing two of them. I'm also dabbling in comedy. I've had the exhilarating experience of performing stand-up acts in places like Nigeria, Asheville, Atlanta and even the bustling streets of New York.

### What's on your bucket list?

I've been dreaming of indulging in a month-long working vacation tucked away in a charming villa nestled in the French countryside. And who knows, perhaps one of my children will surprise me with the joy of becoming a grandparent. That would truly be a blessing!

*If you are a member of the FBA and would like to be featured, please get in touch with the editor, Ralph Grizzle. You can find his contact info on page 31.*

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# Forsythia

The spring equinox is coming soon. And even though this winter has been much warmer on the whole, it is without question a wild ride, like being on a meteorological seesaw. Basically, my mantra for each day in March was to prepare for any kind of weather. One morning, we were awakened by an intense thunderstorm in the middle of the night, mostly big thunder and lightning. One day it was 73 degrees and balmy and the next day we had gale force winds with freezing temperatures at night. Our gardens have been filled with daffodils for weeks now, fruit trees began blooming, and the unstoppable forsythia is beginning to bloom, with its cascading yellow flowers that are always one of the many joys of springtime.

Forsythias are members of the olive family and are extremely hardy, deciduous shrubs that are easily grown in this region. My favorite local name for these shrubs is “yellow bells,” and many times I have delighted in listening to the diversely rich nuances of mountain dialects in which I have heard folks telling me about their favorite “yallerbell flowering shrubs.”

These shrubs were named for the 17th century Scottish botanist, William Forsyth. Most forsythia species are native to China, and Forsyth, who was a member of the Royal Horticulturist Society and had been

sent to China to find new plants, gained infamy from smuggling plants out of the country. He posed as a Chinese peasant while he secretly transported a wide number of living plants to India and western Europe. In time, like with so many plants in North America, they migrated here with the colonists and took off, thriving and reproducing in their new habitats.

Forsythias are vigorous, tough shrubs that can reach 15 feet in height and have small, narrow opposite leaves. But their real claim to fame is their abundance of four-lobed brilliant yellow flowers that arrive before the leaves. For decades, it has been a tradition in our household to cut stalks weeks before they might bloom and force them indoors, where they put on quite a show. Their long wispy branches are stunning in arrangements.

I have studied wild edible plants for 40 years and, until recently, never encountered any information about forsythia being edible. I knew that it had been used in medicinal preparations, but the flowers are in fact edible—they can be eaten raw in salads or as a trail nibble—and make stunning garnishes on a plate.

They vary in taste from plant to plant, but I generally find them mildly bitter—although taste buds in humans vary quite a bit. My grandmother was Italian, and

she often incorporated bitter greens in her salads. I am sure she would have used forsythia blossoms, as they were abundant in our family’s home garden.

I have tried to broaden my repertoire of foods, incorporating small amounts of bitter greens and fruits, as they are usually highly beneficial for digestion. I’m not about to make a whole meal out of forsythia blossoms, but it’s fun to nibble on a few. Yesterday, while picking up our mail, I popped a few blossoms in my mouth, as our mailboxes are nestled inside a huge forsythia shrub in full bloom. It felt like getting a yellow taste of spring infused into my body and psyche, and the lingering bitter flavor was simply a way of waking up a bit more fully in life.

Forsythia is one of the 50 foundational plants in traditional Chinese medicine and has been used to clear out toxins and treat issues related to the lungs, gallbladder and heart. The fruits and plant-based materials also have strong antibacterial and anti-microbial properties and have been used to treat skin infections, boils, acne and other dermatological ailments. Forsythia has also been used to treat high blood pressure.



Birds love forsythias’ dense protective cover, as do some children. When I was a kid, my friends and I used to hide underneath a giant forsythia bush during games, where we became invisible to others and felt safe and secure as we spied on our playmates.

In China, forsythia is referred to as a “spring welcoming bush,” and they sure are a beautiful part of our lives. Right now, everywhere I go, regardless of the direction, while driving or walking along our mountain roads and in towns, I am greeted by these beautiful yellow harbingers of spring. And yes, like all wild things, they do indeed make my heart sing!



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# 1880 Fairview Census, Part One

All listed below were born in North Carolina unless otherwise noted by a state's postal abbreviation in parentheses. An "m" or "f" following an age denotes male or female. Families or individuals who were Black are noted with an asterisk (\*).

1. Ashworth, Jason, 31.
2. Lanning, Losson (Lawson), 54; Charlotte, 55; Philetus, 22; Julia Ann, 17; Mary, 14; James R., 12.
3. Harper, Peter, 58; Mary, 64; Nancy, 35; Sarah, 28; James, 24.
4. Harper, Samuel, 28; Mary L., 31; Emma, 8; Rebecca, 7; Allie Jane, 6; Elizabeth, 5; William, 3; Mary, 1.
5. Lytle, Thomas B., 38; Elizabeth 39; Mary M. 12; Harriet 4, William Williams, 12 (nephew).
6. Hamby, Mary S., 41; Merica, 19.
7. Cooper, Adam, 48; James, 11; Nancy, 6.
8. Alexander, B., 54m; Margaret Patton, 17 (niece).
9. Cooper, Alexander, 73 (PA); Dianna, 66 (SC); John, 40; Robert, 10 (grandson); Nancy Brady, 25 (cook).
10. Merrell, William, 22; Matilda, 20.
11. Ownsby, Oliver, 53; Cynthia, 49; Martha, 19.; Amanda R., 17; John A., 14; William J., 12; Cornelius, 9; Robert L., 6.
12. Ramsey, Anderson, 28; Mary, 24; Maning L., 7.
13. Lanning, Rebecca, 60.
14. Reed, Nancy, 78; Millie, 44
- (daughter-in-law); Delia, 17 (granddaughter); Thomas, 10 (grandson).
15. Mitchell, Joseph, 40; Rebecca, 34; Robert Pittillo, 9 (nephew); Alice Bartlett, 70; Matilda Pittillo, 65 (mother-in-law).
16. Mitchell, Elizabeth, 64; Mary, 39; Annie, 35; Lou, 27; Catherine, 26; Maria, 23; William, 21.
17. Pinkerton, Robert, 75; Nancy, 32; Rebecca, 17; Margaret, 14.
18. Ramsey, Daniel, 22; Susan, 22 (TN).
19. Pitillo, John R., 38; Amanda, 31; Thomas J., 10; Ersula, 6; Joseph, 3; Rebecca, 1.
20. Whitaker, Frank, 34; Martha, 26; Virgil, 1.
21. Harper, Foster, 38; Sarah, 38.
22. Pinkerton, William, 18; Henrietta, 24; Sarina Hair, 8; Fannie Hair 5; Ellen Hair, 3 (the last three are step-children).
23. Robertson\*, Alfred, 23; Martha J., 21; George, 9 months.
24. Robertson\*, John, 22; Elizabeth, 20; Charley, 2.
25. Pettillo, Thomas, 22; Susan, 28; Caroline, 5; Margaret, 4; May, 3; Lot, 2.
26. Stroup, William, 29; Harriett, 27; Hall, 2.
27. Whitaker, William, 40; Sarah, 34; Charlie, 8; Mary E., 5.
28. Harper, Alexander, 65; Lucinda, 53; Rose, 28; Jerusha, 19; Samuel, 16; Nathan Bartlett, 79.
29. Lanning, Nancy, 40; Candis, 21; Marion, 20; Lillie, 7.
30. Harper, John, 25; Rebecca, 22.
31. Harper, James, 28; Malinda, 36; Alice M.,

- 6; Albert H., 1.
32. Lanning, Sion, 32; Agnes, 35; Mary, 9; Amos, 7; Lot Cooper (or Hooper), 17.
33. Jenkins, Naomi, 53; Julius L., 27; Samantha, 23; Zilpha Lanning, 54 (sister); Emily, 48 (sister).
34. Townsend, Robert, 33 (SC); Mary, 25; Columbus, 10; Josephine, 5; Majoria, 1.
35. Jenkins, Martha, 79; Elizabeth, 45; Joshua, 44; Russell, 43; Alice Sumney, 12.
36. Duckett, Benjamin, 27; Rozilla, 29.
37. Trantham, John, 37; Mary M., 40, Sarah, 13; Mary, 11; Martha, 10; Thomas L., 8; Dorcus, 7; Hardy, 5; Margaret, 4; Ben Woodson\*, 19.
38. Fletcher\*, Anna, 35; Mariah, 30 (sister), Piffs, 6 (daughter); Burgin, 2; Pearly, 1.
39. Jenkins, Columbus, 17; Susan, 18; William Fletcher\*, 19 (hired hand).
40. Petillo\*, John, 37; Jane, 37; Joseph, 15; Harriet, 9; William, 7; Arris, 3; Maggie, 1.
41. Whitaker, Dicia, 55; Jane Whitaker, 57 (sisters).
42. Shorter\*, Richard, 37; Lou, 26; Selina, 9; David, 6; Andrew, 4; Ella, 2.
43. Allen\*, Van, 37 (SC); Mary, 29; Albert, 6; William, 2; Lazarus, 5 months old.
44. Lytle\*, Ned, 55; Julia, 55; Adeline (granddaughter), 8.
45. Lytle\*, Minor, 50; Mary, 40; Susan, 13; Mollie, 8; Maggie, 6; Mattie, 3.
46. Swayggan, Ben, 69; Elizabeth, 63 (SC).
47. Robertson\*, Alfred, 45; Julia, 50; Henry, 10; Rhoda Hall, 80 (mother).
48. Harper, Thomas, 23; Mary, 19; Luther, born October 18, 1879.
49. Lytle Littleton, 66; Manerva, 42 (wife); Millington, 31m; Lear, 25; Johnny,
- 23; Robert, 18; Joseph, 11; Martha, 7; Margaret, 5; Eliza M., 3.
50. Whitaker, William, 53; Mary, 40, John, 18. Naomey, 13; Martha W., 4.
51. Whitaker, Noah, 48; Martha, 43; David, 18; William, 16; Samuel, 14; Jasper, 11 Malinda, 8; John, 2.
52. Stroup, Margaret, 51; Francis 13f; Arthur, 8; Samuel Smith, 21 (son-in-law); Julia 17 (wife of Samuel); Fannie Stroup 12 (granddaughter).
53. Whitaker, Margaret, 63; Amanda, 23; John, 18.
54. Conner, Rebecca, 43; Joanna, 21; Charley Lanning, 23 (son-in-law); Mary Conner Lanning (daughter); Harriett Lanning (granddaughter).
55. Tweed, Jane, 69; James, 38 (TN); Mary, 30; Martha, 27; John, 25.
56. Balenger, Joel, 30 (SC); Sarah, 33; William, 14; Susan, 10; James, 6; Mary, 4; John, 3; Ella, born July 1880.
57. Lytle, Albertus, 54; Nancy, 48; Ellen, 23; Harriett, 33; Joseph, 21; Ephriam, 20; Frances, 18m; William, 14; John, 12; Emily, 8; Susan, 7; Meritt Young, 16 (mixed race).
58. Stroup, Silas, 63; Susan, 65; Press Cunningham, 23 (son-in-law); Susan 22; Clarence, 1 (grandson).

Bruce Whitaker documents Fairview-area genealogy. To get in touch with him, contact the Crier at [editor@fairviewtowncrier.com](mailto:editor@fairviewtowncrier.com) or 828-771-6983 (call/text).

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\*\*\*

What is the longest word in the dictionary?

Answer: Smiles, because there is a mile between each "s."

\*\*\*

A girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.

\*\*\*

"Sometimes you lie in bed at night and you don't have a single thing to worry about. That always worries me!"

—Charlie Brown

\*\*\*

An Englishman, a Scotsman, an Irishman, a Welshman, a Latvian, a Turk, a German, an Indian, an American, an Argentinean, a Dane, an Australian, a Slovak, an Egyptian and a Moroccan

walked into a fine restaurant.

"I'm sorry," said the maître d' after scrutinizing the group, "But I'm unable to seat you without a Thai."

\*\*\*

"A day without laughter is a day wasted."

—Charlie Chaplin

\*\*\*

Helvetica and Times New Roman walk into a bar.

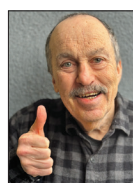
"Get out of here!" shouts the bartender. "We don't serve your type."

\*\*\*

Thanks, Bonnie Sibner, for this riddle:

How do you keep a bagel from getting away?

Put lox on it.



Blaine Greenfield hosts BLAINESWORLD, a podcast, and he publishes a blog with the same name. To send items for possible inclusion in a future issue, email bginbc@aol.com.

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**The Fairview Town Crier**

Managing Editor & Publisher **Clark Aycock** [clark@fairviewtowncrier.com](mailto:clark@fairviewtowncrier.com)  
phone/text 828-771-6983

Editor **Ralph Grizzle** [ralph@fairviewtowncrier.com](mailto:ralph@fairviewtowncrier.com)  
phone/text 828-338-8133

Art Director **Saige Hopkins** [saige@fairviewtowncrier.com](mailto:saige@fairviewtowncrier.com)

Billing Questions **Veronica Flynn** [billing@fairviewtowncrier.com](mailto:billing@fairviewtowncrier.com)

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